A table in column one:

1	2	3
4	5	6
7	8	9

End of column one. End of column one. End of column one. End of column one.

More texts in column two. More texts in column two.

Nested explicit table:

Trebeca enpirere tables		
9	8	7
6	5 5 5 5	4
3	2	1

Now one column again.