KULBHUSHAN CHAND

Post Doctoral Fellow, Technology Innovation Hub, Indian Institute of Technology Mandi, HP, India – 175075 Institute Email:Persistent Email:Website:

kulbhushan@tih.iitmandi.ac.in kulbhushan.chand@gmail.com kulbhushanchand.github.io

Broadly my research areas overlap Human Computer Interaction (HCI), Indian Knowledge System (IKS) and mental healthcare. Specifically, I do research in developing biofeedback systems, validating alternate forms of medications (like biofeedback, music, meditation etc.) for mental stress management, and making biofeedback protocols more engaging through gamification.

EDUCATION

PhD 2015 – 2022

National Institute of Technology Jalandhar Electronics and Communication Engineering CGPA: 9.0

MTech 2011 – 2013

Lovely Professional University

Electronics and Communication Engineering

Graduated with Hons. and University Topper, CGPA: 9.12

<u>BTech</u> 2006 – 2010

Guru Nanak Dev University

Electronics and Communication Engineering Graduated with Hons., %Marks: 78.05

RESEARCH EXPERIENCE

Post Doctoral Fellow Nov 2022 – Present

Indian Institute of Technology Mandi

Technology Innovation Hub

Project: Multisensory Human Computer Interaction and Biofeedback; Advisor: Prof. Varun Dutt

Pre Doctoral Fellow Jun 2022 –Nov 2022

Indian Institute of Technology Mandi

Technology Innovation Hub

Project: Multisensory Human Computer Interaction and Biofeedback; Advisor: Prof. Varun Dutt

Project Team Member Apr 2020 – Mar 2024

ISRO Space Technology Incubation Center (S-TIC), National Institute of Technology Jalandhar

 $\textbf{\textit{Project:}} \ Strengthening \ Ridge \ to \ \textit{Valley based NRM planning under Mission Water Conservation using Geospatially enabled Serious}$

Gaming; Advisor: Prof. Varun Dutt

<u>Doctoral Researcher</u> Aug 2015 – Apr 2022

National Institute of Technology Jalandhar

Department of ECE

Dissertation: Low cost multimodal biofeedback for mental relaxation; Advisor: Prof. Arun Khosla

MTech Researcher Jul 2011 – Jun 2013

Lovely professional University

Department of ECE

Dissertation: A new approach for ECG signal denoising using Adaptive Filtering

TEACHING EXPERIENCE

Teaching Assistant Aug 2015 – Jul 2020

National Institute of Technology Jalandhar

Department of ECE

<u>Assistant Professor</u>

Jul 2013 – Jul 2015

Lovely Professional University

Department of ECE

Teaching Assistant Jan 2012 – Nov 2012

Lovely Professional University

Department of ECE

<u>Lecturer</u> Dec 2010 – May 2011

Lovely Professional University

Department of ECE

PUBLICATIONS (PEER-REVIEWED)

Journals

- 6. Kumar, Y., Garg, S., Agarwal, P., **Chand, K.**, Bhavsar, A., & Dutt, V. (2025). Affordable ECG Sensing: A Machine Learning-Enhanced Framework for Scalable Human-Machine Interaction in Telehealth. IEEE Sensors Journal, 1–1. (SCI, IF: 4.5)
- 5. **Chand, K.**, Chandra, S., & Dutt, V. (2024). Raga Bhairavi in virtual reality reduces stress-related psychophysiological markers. Scientific Reports, 14(1), 24816. (SCI, IF: 4.3)
- 4. **Chand, K.**, Chandra, S., & Dutt, V. (2024). A comprehensive evaluation of linear and non-linear HRV parameters between paced breathing and stressful mental state. Heliyon, 10(11). (SCI, IF: 3.9)
- 3. **Chand, K.**, & Khosla, A. (2022). BioNES: A plug-and-play MATLAB-based tool to use NES games for multimodal biofeedback. SoftwareX, 19, 101184. (SCI, IF: 3.1)
- 2. **Chand, K.**, & Khosla, A. (2022). Efficacy of Using Retro Games in Multimodal Biofeedback Systems for Mental Relaxation. International Journal of Gaming and Computer-Mediated Simulations (IJGCMS), 14(1), 1–23. (Scopus)
- 1. **Chand, K.**, & Khosla, A. (2022). MATLAB-Based Real-Time Data Acquisition Tool for Multimodal Biofeedback and Arduino-Based Instruments: Arduino Firmata Data Acquisition (AfDaq). Journal of Information Technology Research (JITR), 15(1), 1–20.

Conferences - research papers/abstracts (*)

- 5. Soni, S., **Chand, K.**, & Chowdhury, S. R. (2025). Development of a Wearable fNIRS System for Non-invasive Cerebral Oxygenation Monitoring. 6th International Conference on Frontiers in Computing and Systems (COMSYS 2025), Warsaw University of Technology, Poland. [In Press]
- 4. **Chand, K.**, Khosla, A., & Dutt, V. (2025). Towards Affordable Biofeedback System for Mental Relaxation. Mind, Brain, and Consciousness Conference (MBCC 2025), IIT Mandi, India. [In Press]
- 3. **Chand, K.**, Chandra, S., & Dutt, V. (2023). Effects of Relaxed and Stressful Mental States on the Heart Rate Variability Parameters. Mind, Brain, and Consciousness Conference (MBCC 2023), India. *
- 2. Chandra, S., **Chand, K.**, & Dutt, V. (2023). Impact of Indian Classical Raga in Immersive Environments on Human Psycho-physiological Parameters. Proceedings of the 16th International Conference on PErvasive Technologies Related to Assistive Environments. PETRA '23, Corfu, Greece.
- 1. Rao, A. K., Fatma, Z., Menon, V. K., Bhavsar, A., Chowdhury, S. R., Chandra, S., Dutt, V., & **Chand, K.** (2023). Prediction of decision-making performance post-longitudinal tDCS administration via EEG features and machine learning. Proceedings of the 16th International Conference on PErvasive Technologies Related to Assistive Environments. PETRA '23, Corfu, Greece.

Book Chapters

- 4. Jain, B., Khosla, A., **Chand, K.**, & Ahuja, K. (2019). The Pursuit of Zero Food Waste: A Gamified Approach Promoting Avoidance of Dormitory Mess Food Wastage in Educational Institutions. In Global Initiatives for Waste Reduction and Cutting Food Loss (pp. 243–267). IGI Global.
- 3. Mukherjee, A., Goyal, P., Singh, A., Khosla, A. K., Ahuja, K., & **Chand, K.** (2019). Pursuit of Research: A Gamified Approach Promoting Research Engagement Among Undergraduate Students. In Fostering Multiple Levels of Engagement in Higher Education Environments (pp. 132–155). IGI Global.
- 2. Padmakar, G. S. V., Khosla, A., & **Chand, K.** (2019). LearnEasy-Android Application as a Technological Intervention for Children With Dyslexia. In Emerging Trends in the Diagnosis and Intervention of Neurodevelopmental Disorders (pp. 236–248). IGI Global.
- 1. Setia, D., Singh, R., Sharma, A., Khosla, A., Ahuja, K., & **Chand, K.** (2019). Enhancing Tourism and Cultural Experience Through Gamification. In Positioning and Branding Tourism Destinations for Global Competitiveness (pp. 152–171). IGI Global.

Manuscripts in Review (*) or Preparation (#)

- 5. Chand, K., Khosla, A., & Dutt, V. (2025). Novelty and familiarity in biofeedback games. *
- 4. Chand, K., Khosla, A., & Dutt, V. (2025). Self-Regulation of Mental Stress in External Stressful Environment. #
- 3. Chand, K., Chandra, S., & Dutt, V. (2025). Heart coherence under different mental states. #
- 2. Chand, K., Chandra, S., & Dutt, V. (2025). Effects of listening to Raga Bhairavi on heart coherence. #
- 1. Chand, K., & Dutt, V. (2025). Affordable HRV based biofeedback device. #

CONFERENCE PRESENTATIONS (PEER-REVIEWED)

Towards Affordable Biofeedback System for Mental Relaxation Mind, Brain, and Consciousness Conference (MBCC) - 2025 Indian Institute of Technology Mandi Jun 2025

Effects of Relaxed and Stressful Mental States on the Heart Rate Variability Parameters Mind, Brain, and Consciousness Conference (MBCC) - 2023

Dec 2023

INTELLECTUAL PROPERTY RIGHTS

Copyrights

Biofeedback Nintendo Entertainment System (BioNES)

Aug 2025

Registration No.: SW-2025021242 | Copyright Office, Government of India

Description: MATLAB-based framework for integrating NES games into multimodal biofeedback systems for mental wellness research.

Realtime arduino based HRV biofeedback system for mental stress assessment

Aug 2025

Registration No.: SW-2025021178 | Copyright Office, Government of India

Description: Arduino code for a low-cost HRV-based mental stress assessment device with real-time IBI acquisition, artifact correction, HR, RMSSD, SDNN, and stress percentage estimation.

Arduino Firmata Data Acquisition (AfDaq)

Aug 2025

Registration No.: SW-2025021174 | Copyright Office, Government of India

Description: Open-source MATLAB tool for real-time multichannel data acquisition and visualization from Arduino boards, used in biofeedback systems and device control.

MCP4251 Aug 2025

Registration No.: SW-2025021177 | Copyright Office, Government of India

Description: Lightweight Arduino library for interfacing with MCP4251 digital potentiometer.

INVITED TALKS / WORKSHOPS / LECTURES	
Invited Talks	
Human Motivation and Engagement Analysis using Octalysis Gamification Framework 5th Winter School on Cognitive Modeling - 2023 Indian Institute of Technology Mandi	Oct 2023
Human Motivation and Engagement Analysis using Octalysis Gamification Framework Winter School on Cognitive Modeling - 2022 Indian Institute of Technology Mandi	Oct 2022
Arduino and Open-Source Technologies DAV Institute of Engineering and Technology	Jun 2019
Octalysis AICTE ATAL Sponsored Online Faculty Development Program on Gamification National Institute of Technology Jalandhar	Nov 2020
<u>Lectures</u>	
Octalysis Gamification Framework Guest Lecture for undergraduate course Gamification (ECOE-496) National Institute of Technology Jalandhar	Feb 2023
Octalysis Gamification Framework Guest Lecture for undergraduate course Gamification (ECX-488) National Institute of Technology Jalandhar	Sep 2022
<u>Workshops</u>	
Arduino workshop for kids Jalandhar	Nov 2017
GRANTS (*PI, #Co-PI)	

Nagarro-NITJ Technology Centre of Excellence for Autism Research, <i>Nagarro, CSR Grant # Status: Under review</i>	2024
Al-Driven Multimodal Fusion Framework for Emotion Recognition of Individuals with Autism in –	2024
Unconstrained Environments, Futures First, CSR Grant # Status: Under review	
Low-Cost Smartwatch for Autism with AI-Enabled Technologies, NXP Semiconductors, CSR Grant # Status: Under review	2024

HONORS AND AWARDS

Post Doctoral Fellowship Indian Institute of Technology Mandi	2022 – 2025
Pre Doctoral Fellowship Indian Institute of Technology Mandi	2022
Doctoral Fellowship National Institute of Technology Jalandhar	2015 – 2022
UGC NET Qualified with JRF	2013

Kulbhushan Chand CV, Updated: October 7, 2025

APT		University Grants Commission	
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			Jan 2024
			Jul 2022

Innovation, IPR and Start-ups National Institute of Technology Jalandhar	Jul 2022
LaTeX for Technical Writing Indian Institute of Technology Mandi	June 2022
The Education Factory National Institute of Technology Jalandhar	Sep 2020
Machine Learning Using Python National Institute of Technology Jalandhar	Sep 2020
Computational Cardiac Engineering - Predictive Modelling and Innovative Sensing Systems Rajasthan Technical University	Sep 2020
IP Commercialization & Technology Transfer National Institute of Technology Jalandhar	Feb 2020
Recent Trends in Biomedical Signal Processing and VLSI Design National Institute of Technology Jalandhar	May 2019
Data Science National Institute of Technology Jalandhar	May 2019
Current Avenues of Research in Electronics and Communication Engineering National Institute of Technology Jalandhar	Mar 2019
Autism and Assisted Technologies (Gian Course) National Institute of Technology Jalandhar	Dec 2018
Brain Science & Technology: Tools and Techniques to understand the Human Brain Indian Institute of Technology Delhi	Dec 2016
How to be your Child's Occupational therapist SOCH Educational Society	Sep 2016
Biology for Engineers Indian Institute of Technology Bombay	Jun 2016
Certifications	
The Recreational UAS Safety Test (TRUST) Academy of Model Aeronautics	Nov 2022
The Octalysis Framework - Level 1 The Octalysis Group	Dec 2017
MOOC Courses (with certificates)	
IITM – Finland – Certificate course on Mastering VR : Fundamentals to Practice Indian Institute of Technology Madras	Oct 2024
DRONE01x: Drones for Agriculture: Prepare and Design Your Drone (UAV) Mission Wageningen University & Research	Sep 2022
Statistics in Medicine Stanford University	Mar 2020
Computer Science 101 Stanford University	Mar 2020
Introduction to CAD: Learn Fusion 360 in 90 minutes Autodesk	Sep 2019
Vital Signs: Understanding What the Body Is Telling Us University of Pennsylvania	May 2018
Advanced MATLAB for Scientific Computing Stanford University	Dec 2017
Introduction to Game Development Michigan State University	Mar 2017
Calculus One The Ohio State University	May 2013
Image and video processing Duke University	Mar 2013
Professional Mempersulp	

PROFESSIONAL MEMBERSHIP

Association for Computing Machinery (ACM)

Professional Member

Aug 2023 – Jul 2024

EDITORIAL AND PEER REVIEW ROLES

Editorial Review Board

IGI Global: International Journal of Gaming and Computer-Mediated Simulations (IJGCMS); International Journal of Game-Based Learning (IJGBL); International Journal of Distance Education Technologies (IJDET)

Ad-Hoc Reviewer

Springer Nature: Discover Psychology; Signal, Image and Video Processing

Cell Press: iScience; Heliyon

Elsevier: SoftwareX; HardwareX; Biomedical Signal Processing and Control

Mary Ann Liebert, Inc.: Games for Health Journal

IGI Global: International Journal of Gaming and Computer-Mediated Simulations (IJGCMS); International Journal of Game-Based Learning (IJGBL); International Journal of Distance Education Technologies (IJDET)

INDUSTRY EXPERIENCE

T4A Labs Pvt Ltd., Incubated in NITJ Technology Business Incubator Apr 2022 - Present

Role: Co-Founder, Works on technologies for autistic kids and autism.

JCT Limited, Filament Unit, Hoshiarpur (Punjab) Jan 2010 - Jun 2010

Role: Industrial Trainee

JCT Limited, Filament Unit, Hoshiarpur (Punjab)

Jun 2008 - Jul 2008

Role: Industrial Trainee

SKILLS

Programming: Assembly, C, C++, R, Lua, MATLAB, Python, Visual Basic, Pure Data

Applications: NI Multisim, KiCad, Unity3D, RStudio, JASP, Jamovi, Autodesk Fusion 360

Operating Systems: Windows, Ubuntu

Others: Octalysis-Level1 Gamification Expert, Heart Rate Variability (HRV) Analysis

PROJECTS

Curricular Projects and Teaching Tools	
Arduino Workshop for Kids E-Book National Institute of Technology Jalandhar	2022
Gamification (ECX-488) Course E-Book, 3 Credits National Institute of Technology Jalandhar	2021
Classroom Gamification, Software Tool, 3 Credits National Institute of Technology Jalandhar	2018
Gamification (ECX-488), Course, 3 Credits National Institute of Technology Jalandhar	2016
Open-Source Tools and Software	
AfDaq: A plug and play MATLAB based tool for biofeedback and arduino based instruments https://github.com/kulbhushanchand/AfDaq	2021
BioNES: A plug-and-play MATLAB based tool to use NES games for multimodal biofeedback https://github.com/kulbhushanchand/BioNES	2021
MCP4251: Arduino library for MCP4251 Digital Potentiometer https://github.com/kulbhushanchand/MCP4251	2021
classroom-gamification: Tool to gamify your classroom with an online leaderboard https://github.com/kulbhushanchand/classroom-gamification	2018

SUBJECTS TAUGHT

Teaching Assistant (PhD Student) National Institute of Technology Jalandhar	2015 – 2020
Gamification, ECX-488	Spring 2020
Scientific Computing Lab, ECPC-351	Spring 2020
Gamification, ECX-488	Fall 2019
Scientific Computing Lab, ECPC-351	Fall 2019
Gamification, ECX-488	Spring 2019
Electronics for Chemists Lab, CY-592	Spring 2019
Gamification, ECX-488	Fall 2018

Kulbhushan Chand CV, Updated: October 7, 2025

Gamification, ECX-488 Spring	2018 2018
Floating for Chamista Lab FO CCC	2018
Electronics for Chemists Lab, EC-636 Spring	
Gamification, ECX-488 Fall 20	18
Analysis and Synthesis of Networks, ECX-201 Fall 20	18
Analysis and Synthesis of Networks Lab, ECX-211 Fall 20	18
Gamification, ECX-488 Spring	2017
Basic Electronics Lab, ECX-102 Spring	2017
Gamification, ECX-488 Fall 20	16
Analysis and Synthesis of Networks Lab, ECX-211 Fall 20	16
Gamification, ECX-488 Spring	2016
Basic Electronics Lab, ECX-102 Spring	2016
Basic Electronics Lab, ECX-102 Fall 20	15
Assistant Professor Lovely Professional University	2015
Digital Signal Processing, ECE300 Spring	2015
Digital Signal Processing Laboratory, ECE324 Spring	2015
Analytical Skills-II, PEA302 Spring	2015
Adaptive Signal Processing, ECE531 Fall 20	14
Signal and Systems, ECE220 Fall 20	14
Basic Simulation Laboratory, CSE222 Fall 20	14
Electronic Devices and Circuits, ECE206 Summ	er 2014
Digital Signal Processing, ECE300 Spring	2014
Probability and Stochastic Processes, ECE256 Spring	2014
Digital Signal Processing Laboratory, ECE324 Spring	2014
Electronic Devices and Circuits, ECE206 Fall 20	13
Basic Electrical Engineering, ECE133 Fall 20	13
Analog and Linear Integrated Circuits Laboratory, ECE317 Fall 20	13
Basic Electrical Engineering Laboratory, ECE134 Fall 20	13
Teaching Assistant (MTech student) 20 2013	11 –
Lovely Professional University	
Introduction to Practical Electronics, ECE100 Fall 20	12
Electrical and Electronics Workshop, ECE130 Spring	2012
Lovely Professional University 2010 –	2011
Microcontroller and Applications, ECE310 Spring	2010
Introduction to Practical Electronics, ECE100 Spring	2010
Unified Electronics Laboratory – II, ECE208 Spring	2010
SPORTS ACTIVITIES	
Annual Faculty Sports Meet, 100 mt. (Gold), 200 mt. (Gold) Lovely Professional University	2015
Annual Faculty Sports Meet, 200 mt. (Bronze), 400 mt. (Silver) Lovely Professional University	2014
Annual Faculty Sports Meet, 100 mt. (Gold) Lovely Professional University	2011
LANGUAGES	

English – Proficient (Speak, Read, Write, Listen)

Hindi – Native-equivalent (Speak, Read, Write, Listen)

Punjabi – Native (Speak, Read, Write, Listen)

REFERENCES

Prof. Varun Dutt

Professor, School of Computing and Electrical Engineering, Indian Institute of Technology Mandi, Mandi, Himachal Pradesh, India – 175075

varun@iitmandi.ac.in

Professional Engagement: Post Doctoral Supervisor

Prof. Arun Khosla

Professor, Department of ECE, Dr B R Ambedkar National Institute of Technology, Jalandhar, India – 144011

khoslaak@nitj.ac.in

Professional Engagement: PhD Supervisor

Prof. Mamta Khosla

Professor, Department of ECE, Dr B R Ambedkar National Institute of Technology, Jalandhar, India – 144011 khoslam@nitj.ac.in

Professional Engagement: Former Head of Department

Gaganpreet Singh

Senior Software Developer, Microsoft India gagsin@microsoft.com

Professional Engagement: Former coworker