

DIGITAL ASSIGNMENT – 1

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Name: Kulvir Singh

Reg. No.: 19BCE2074

1) Every student may be made to unearth 6 strengths on which he/she will work on and 6 weaknesses which they will try to get over.

Answer:

6 Strengths

1. I am an optimistic person and positivity is in my nature. I like to be hopeful and think about progression. I try to deal my failures and downs in life with an encouraging smile and try to pick myself up from these little defeats to achieve and to do better.
2. I am a quick learner and I am open to new ideas. I like to see myself as an adaptive person and try to change and learn from my environment and peers. I see this as my overall development and hence count this as my strength.
3. I have a disciplined and systematic approach to tasks in my daily life. I believe in planning things and working on the plans so that I save time. This enables me to value time and hence its an important habit which I like to think of it as my strength.
4. I have good interpersonal skills and can network with people from all walks of life. I am a good communicator and I am blessed with a reasonably good articulation skill and a sense of humor.
5. I am a sportsperson and sports has taught me to be a team-player and also leading from the front. Therefore, I feel that the leadership skills and also bringing out the best from the team has become a natural strength of mine.
6. I am an honest person and hence this allows me to become dependable and trustworthy. This is an important strength of mine as it allows me to connect and communicate better with people

6 Weaknesses

1. I have a short span of attention at times. This prevents me to work for long hours and I feel in the long run short attention span is not an ideal quality for work and communication.
2. I need to be a better judge of things and should not accept everything at its face value.
3. I tend to be an overthinker and worry too much about the future. I have habit of delusional thinking at times about the future.
4. I have improved tremendously on handling pressure situations but I still feel this as a weakness of mine and need to improve on it a bit more.

5. I need to be better at consistency. At times my erratic nature of working hard takes toll on my daily work and leaves me in pressure situations with tight demands and deadlines.
6. I need to exercise more, improve sleep schedule, take my body health a bit more seriously as I feel in the long run certain habits of eating too much junk food may cause trouble and serious medical issues for my body.

2) Few points for better understanding their relationship with themselves and others using Johari window.

Answer

	Known to self	Not known to self
Known to others	<p>Open Area or Arena :</p> <ol style="list-style-type: none"> 1) Able and adaptive person who tries to gel in any situation. 2) Extremely organized and like to plan work based on a timeline 3) Highly extroverted and always look forward to new opportunities to interact with people of various walks of life 4) Sympathetic and empathetic person with kind and giving nature 5) Sensible and responsive person 	<p>Blind spot :</p> <ol style="list-style-type: none"> 1) Idealistic person with a strong belief system in positivity 2) Logical person who keeps things real and accepts the hardships of reality 3) Intelligent and mature person who is observant about his surroundings 4) Always works with a risk free approach 5) Does not get offended and angry at all. Very calm personality
Not known to others	<p>Hidden Area or Façade :</p> <ol style="list-style-type: none"> 1) Bold and reflective with strong views about various subjects of society and people. 2) Overthinker who worries about his future way too much at times. 3) At times gets sentimental 	<p>Unknown :</p> <ol style="list-style-type: none"> 1) Energetic towards life and its monotony 2) Religious person 3) Ingenious person with spontaneity and witty replies to a conversation

3) Explain Covid-19 in India using SWOT Analysis.

Answer

SWOT Analysis

<p>Strengths</p> <p>1) Existing infrastructure like schools, railway coaches, hotels, offices and other private and public sector buildings were converted into isolation wards for the patients.</p> <p>2) India is the largest producer and supplier of hydroxychloroquine which was a prospective drug used for the treatment of Covid-19 in the initial phases of the virus attack.</p> <p>3) Rapid measures were undertaken by the Indian government such as imposing travel restrictions and lockdown that enabled the country to balance its supply and demand</p> <p>4) Huge response came from the likes of startups, intellectual property, platforms generated to fight the crisis.</p>	<p>Weaknesses</p> <p>1) Lack of testing kits and relief materials like medical equipment, PPE kits, masks and ventilators.</p> <p>2) The quarantine and isolation period is gruesome and not good for mental and physical health.</p> <p>3) Lack of awareness among specific sections of the society</p> <p>4) Challenge in manufacturing testing kits and relief material indigenously, making us dependent on imports.</p> <p>5) Shortage of medical supplies, personnel and high patient to doctor ratio.</p>
<p>Opportunities</p> <p>1) Successful development of a vaccine or an antidote for Covid-19.</p> <p>2) Involvement of startups and other private sector Research and Development firms to curb the spread and fight against the virus.</p> <p>3) India can emerge as a super nation that can set an example for other countries in the matter of crisis handling</p> <p>4) Development of standard operating policies and procedures in the form of emergency preparedness and response plan for the present and future outbreaks</p>	<p>Threats</p> <p>1) Failure of effective contact tracing and primary contacts isolation and testing may lead to high number of positive patients in the upcoming waves.</p> <p>2) Breaching of lockdown and social distancing norms will increase the rate of transmission and spread of the virus.</p> <p>3) Higher chances of frontline workers contracting the disease.</p> <p>4) Negative impact of economy and growth and along with the crashing of the stock market.</p>