

Title: The Titanic of Markets

Author: disoriented\_llama

Created 2021-07-31 22:58:23 UTC

Permalink: /r/TheGloryHodl/comments/ovgwoe/the\_titanic\_of\_markets/

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“The rich get richer and the poor get poorer”

What kind of investments do they do to win and profit off an UPCOMING economic downturn? Thinking of 2008 and the Great Depression specifically, or any time the rich got richer and the poor got poorer. I'm wondering how...

Do they hoard on gold first? Buy real estate? Buy competing businesses? Increase their debt as leverage?

I watched a few videos on this subject, seems to be all over the place. Not looking for a secret formula, but maybe an explanation of what you think and why.

I read about debt. Some of the “winners” bought a bunch of properties to amass as much debt as they could, so that when a recession would hit, they'd end-up paying so much less. But then my question is, if before a crash properties are super inflated at the start, does that mean they purchase huge amount of over valued properties on debt hoping for it to crash? How does that even make sense / work if you can't even pay the mortgages?

My gut says I should be doing at least one of the above in the coming months...