Title: Crosspost. Zooming the picture out of GME - the secret lurking behind GME. My research has come to the same conclusions via testing Monroe's studies. The secrets of reality MUST and will be released post MOASS, which is being kept from us. Significant resources from my own research in comments.

Author: minstrelwater

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Permalink: /r/ratioatblessons/comments/sjsloo/crosspost_zooming_the_picture_out_of_gme_the/Url: /r/UFOs/comments/sjns1d/full disclosure post part 1 of 2 rufos read this/

Linked Post Content:

Before I start, I will also include the previous announcement in this post.

"I talked with some of the most high frequency posters of r/UFOs about how to do this for months.

Here is the plan:

I will give you full disclosure in 2 parts. If you are really interested.

My promise: I won't do interviews. I won't sell books. I won't start a weird cult. I will not have profit or any gain from it.

I will just give you full disclosure.

But that's not easy because:

You would call it a larp, downvote it to hell and moved on. I would need to make sure that you can verify my claims. So I need to make sure that you can see everything with your own eyes.

I will not make vague claims. If I claim something, I will do it very precise, for example give a exact location and not a vague claim like: "yeah UFOs are build in Mexico". I will exactly tell you where and how, and more.

The most important part will be, that I make sure you can experience / see this for yourself.

This Disclosure post will not work if I just make a rumbling post which will give you 5 strokes and has 200 weird claims. Else It will be just another Anjali, Lazar type of story.

I promise I will give my best to archive that in 2 single posts. And that's it. 2 posts and we are done. It's up to you to research and fact check it. And probably to see it for yourself. You don't need to buy anything, you don't need to believe any narrative, you can archive this on your own."

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Part1:			

- 1. my own witness testimony
- 2. "alien abduction". My own experience (no I wasn't abducted)
- 3. Who is this Monroe guy?
- 4. What are UFOS.
- 5. Locations and more
- 6. The whole story
- 7. How you can verify this

Thumbnail: https://s20.directupload.net/images/220202/en6j4d3o.jpg

part 1	
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lam from Germany, English is not my main language, but I don't want to use translation tools or let someone translate this into grammatically perfect English. Maybe it could change the outcome of the text and how I meant it. So I'm sorry in advance for your hard time reading this, I promise it will be worth it.

Let's start:

Sometimes the best way to tell a story is if you tell it from the point of view of a main character. But let me state that Iam not special, and I don't have any special abilities. Iam not better as you, and it is very possible that you will have a different opinion afterwards as me and you could also be right. There is no 100% truth. We all see things differently and even if we watch an event, and see the same outcome we have different opinions about it. What you call reality might not the reality that I or someone else experiences.

So I will do it in a way, that you can follow my experience step by step, I will break it down as detailed as possible and then I want you, to research it. Be sceptic. Be a real researcher. It doesn't matter what I will claim as fact, the important part will be, can you verify it? You don't need to believe a single word, all I can promise is, if you really want disclosure, i can show you how you will archive it for your own.

You dont need a ufo prophet or pay money for disclosure. Information is always free. Everyone that wants you to pay for something, has not the best intentions for you, only for himself.

	
0. how we influenced the UFO community before (some funny reveals, it's not that important)_	
The title could be also called: "who am I", but that would sound arrogant.	

Lance Free and Books in this call. UFO consequently an acceptance for a second

lam a Frequent Poster in this sub. UFOs are one of my passions. Iam also active on other platforms. On none of these platforms I have a financial gain of this topic.

I made some little mistakes before. For example I claimed that lue Elizondo was trained in remote viewing before it was public knowledge. I also mentioned where he was trained etc. Sometimes I forgot what's "Public" knowledge and what not.

I was also the anonymous person who started it. I or better "we" was / are the person who asked the super Chat question and made Lue Elizondo a couple seconds speechless. The remote viewing question. You can research this. It was a big topic back then.

"We" do that on purpose. If we think it's time for example that the ufo community should start discuss and research remote viewing, we will point the current discussion for the upcoming weeks in that direction. You probably remember all the remote viewing talks and posts back then. (Note that remote viewing was a simple tool for you to understand the bigger reality. In my humble opinion remote viewing is way to inaccurate to be helpful for real disclosure which can be scientifically proven). We also did that with all the consciousness talk later on. Etc etc

So you see, some people try (!) to pull at least some strings to point you guys in the right direction.

This won't change the world. But don't underestimate all the people that you and me influence everyday with every thought that we speak out.

You will also find me in other interviews. I do Postings on my own. Also some of your favorite ufo guys are in contact with me and with others.

We all are part of a loose group. I would call it slow disclosure movement. And maybe so are you. As long

as your intention is pure and with a positive meaning. "Each one, teach one".- (was a famous graffiti slogan in berlin.)

Let me give you an example: I don't believe Lazar. Jeremy Corbell does. We follow each other on different social media channels. I like his passion about this subject.

I still think that Lazar helped our community and the progress very much. Iam thankful. And still my opinion is that he is a fraud.

Simple as that. That's how I roll.

But there is a difference between his personality and mine. I don't want to earn a single cent and I will never take part in any Public stuff. And I try it with the truth.

1. m	y own witne	ess testimo	nv

Age: between 12-14. now I'm 34.

Place: Germany, Iam at home. It's in the Middle of the biggest district of my city, I live in a kind of skyscraper 5th Floor.

Between 14-16 o clock (2-4pm afternoon.) broad daylight.

lam playing with a red ball, like a Tennisball. lam shooting the Ball against the window. Then I see it. There is something and it has lights.

I look outside of the window. Now right in front of me is a UFO. And with UFO I mean a flying saucer. Metallic. Size of a helicopter. I see it absolutely clearly. It's only 10 meters away. I can see every cm / inch of the flying saucer. It's right in line of sight, the same height as my position of view. It's like the perfect and best view you could imagine.

I had not seen something like that before. Even the Metal looks like something I never saw before. It is very slowly hovering from left to right. It has 3 lights under it. But lights is the wrong word, it was light-like. It was like 3 glowing points under it, they was hypnotically blinking. From left to right: red, blue, green. And then the cycle of blinking starts again. Red on the left, then blue in the middle, then green on the right side under it. And again and again. It was very (!) hypnotic to watch it.

Now iam screaming. As loud as I can.

My mother which was 1 room away, immediately run into my room and probably thought I broke my leg or something while playing with the red ball inside my room.

She's looking at me and asking what's wrong?

I don't answer and just look outside. She joins me and stands now next to me, on my right.

We both now watch this flying saucer hover very slowly by, it shakes a bit while it moved. No sound. Nobody says a single word.

Again I repeat: I see every cm / inch of it. Only probably 10 meters away. Perfect view.

If you see this, you recognize it's not from this World. The hovering, the shaking, the pulsating, the hypnotic glowing from the lights. Even the surface (metallic) looks "unreal".

It now hovers very slowly by (took up to 5 minutes I guess)

My mother leaves my room without saying a single word.

Later that day my dad comes home (one of the highest police officers in our city).

I hear her talking to him about it. He believes her and says just dont talk about it.

And	uiat 5 it.
	<u> </u>
	2. "alien abduction". My own experience (no I wasn't abducted)

And that's it

Let me get this straight because this is important. I was and Iam 100% sure without any doubt what i saw with every detail was a UFO not from this "world". This was not manmade. This was not a hallucination. I thought about every single explanation for this event, the result was always the same, this was a ufo and this was not human.

So.. lam very young, iam terrified. I start now to research. Every book, every article in the internet, every comment on every website on every board.

But my fear and what lam terrified about was not UFOs. It was aliens. Because my thought process was: if I know for a fact that UFOs exist. Then aliens also exist.

And if some of these ufo story's are true, what about these alien abduction story's?

How can I be 100% sure that UFOs exist and call all these alien abductees liar's?

So Iam afraid what will happen next. All these guys claim they saw UFOs and got abducted later. Will this happen also to me?

I was fucking terrified. I did nothing bad. Why would something like that happen to me? I don't want that ! I don't want that to happen. I would get a heart attack if that happens to me.

So, the next months, or probably 1-2 years lam very afraid to fall sleep. (This will be important later). I think it was very important for the disclosure that i will give you later, that I didn't want to fall asleep.

But before we come to that. There was an event one night.

lam in my bed, it's very late at night, as always I couldn't sleep because I was scared. And then, I Heard foot steps. It's like 2-3 guys are just walking in my bedroom. My heart starts racing, my head was under my bedcover / duvet as always. One hand was outside the bedcover. I was to scared to pull my hand in at that moment.

Then something very cold (probably) metallic touched my hand. I nearly got a heart attack. In the Next Second I pass out or fall asleep, I don't know.

Then I had a dream that I was floating above my bed. The typical grey aliens next to me also floating in the air. One next to me, smiling at me, friendly. We all start now float Torwarts the window.

Then in my mind I screamed no and it felt like one of these dreams were you think you fall down. A lot of people remember the feeling before you wake up, you feel like you fall down (this will also be important later).

I woke up the next morning. What did happen?....

Then on the afternoon my heart was racing again. I really found a couple of alien abduction story's that state that they saw aliens/greys in their room and they had a sort of metal rod and touched the abductee before the abduction. They passed out and that's it.

But is this really what happened? I tried to stay rational. And the explanation was science. What happened was the following: my body was very tired and my mind didn't want to fall asleep. So I got sleep paralysis

and witnessed the hypnagogic state. Your brain will play tricks on you and you will see and feel things that aren't there. Just research hypnagogic state and sleep paralysis.

And the alien dream? Well my brain obviously thinking about and dreaming about it, because that was my biggest concern/fear and I thought about nothing else before I got to sleep.

So does that mean all alleged alien abductions are not "real"? I don't say that.

But this story was important because it pointed me to disclosure, full disclosure.

It is also very important to show that lam very familiar with the hypnagogic state and sleep paralysis.

It was one single comment, or one single post, who changed everything:

I don't remember exactly what he was saying it was something like this: "you had an out of body experience, you know, a kind of astralprojection, while he was discussing with an alleged abductee.

I was like: what is he even talking about? Astralprojection? out of body experience?

This changed everything.

So i read about this and researched it. And this was absolutely impossible. People claim they could leave their body's and go wherever they want? This had to be absolutely nonsense. But it sounded so interesting. So I kept researching it. Again I read every comment, bought every book. I mean, let's keep it simple: if they claim this, then I can fact check it? If they can do this, I should also can do this? I could simply prove this for myself if these people tell the truth or not.

I was the perfect candidate for that. Your body should be deeply relaxed and your mind should be awake. I was doing the last months/years nothing else every night. My body was trying to get his sleep and my mind wanted to stay awake (because of my irrational fear of aliens coming)

So I should have no problem to do this? It's like I trained for it since yea	vears anvwav
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3. Who is this Monroe guy?	

Wherever and whatever you read, there was always this name, Monroe, bob Monroe, Robert Monroe. He was the out of body experience guy, the astral projection guy. He was literally THE guy.

Whenever they talked on these websites and boards about this topic, you always would read his name or references to him.

I bought his books. I read all 3 in only a couple of days/weeks.

I read his instructions / quidance and all the other "manuals" out there, on how to leave your body.

It didn't work. It didn't work for a day. It didn't work for weeks. It didn't work for months.

That's it. It was a dumb idea. How could I believe this and spend even money on stupid books about how to leave my body.

I stopped trying it. It was ridiculous to even try it in the beginning. This would be the biggest news in the world, this would change literally everything. I could spy my neighbors, I could walk on the moon or even the sun if this would be real. I could survive death. I could.... The possibilities and everything else would be literally mind blowing.

And then it happened.

One morning, months later...

I just woke up. I kept my eyes closed, my body was still pretty much relaxed or still asleep. Only my mind was slowly waking up.

I thought about these out of body stuff and gave it another try. I was focusing on the sound in my ears, you know that blood pressure or frequency or whatever you hear when everything else is quiet.

And then it happened, the strongest feeling I ever experienced. It was like a lightning hit me, my whole body was vibrating, it atleast felt like that. This was so intense it really felt like I was getting electric shocks. It just stayed like that for a couple of seconds till I remembered that I have to try to make it slower and faster, move it up and down. It was very easy, first try, I managed to make it go from my head to my toes and back up and back down and slow it down and speed it up. Till these vibrations went so fast that... wait.. what's happening? I was starting to float. I was fully conscious! I was floating. I stopped. Iam floating in the air. Everything is exactly like this Monroe guy and all the thousands others described.

I saw my bedroom now and my physical body. But I didn't watched it threw my eyes. I saw the room as a whole. It was like I was seeing the room from every perspective at once. Like a 4D (?) view? And the colours were also different.

I panicked and I had the feeling of falling down / snapping back in my body. The same feeling you have in these dreams. These fall down dreams.

I was back into my body, this was not a dream. It really happened. And maybe you ask how real it was? It was more real as the physical experience you or me have right now. It was not only real, it was more real as this feeling you have right now while you read this.

This fucking Monroe guy was a genius I thought. How fucking brave was he to experience this without getting any help? Nobody he could ask or beg for help. And wait... all the other things that mean this. I don't need a physical body? Why am I then in this physical body? Holy shit. 10000s of thoughts are in my mind the next days. I have to read every word in his book again, nobody will believe me this.

But I was wrong, a lot of people believed this, thousands of people that also did this, every night.

They did this. Every night. And sometimes in the morning or afternoon.

And it's not a handful of people, it could be hundreds of thousands of them. While atleast that's how much claim they do this like me on the internet. How much of them are not in the internet?

But wait... I could also get every ufo Information that I ever was curious about now? But wait: I can view them for myself? My mind was blown. Distance was not longer a problem and so wasn't time a problem? Except for the future.

I need to repeat this. On different times a day. With different tasks for me. I need to validate if that what I see is real. For example watch my sister (while I'm out of body) and ask her afterwards if that what I saw was what happened.

I would be never at this point, without the ufo that I saw and my irrational fear of aliens and the research that all this started.

So this was what this Jacques Vallee guy was talking about. That was the reason why I saw this ufo? The only purpose was to interact with me (let me seeing it) to led me to this point. That's the control system. It really had a positive impact on me in every way. And all this without breaking my free will. It was my decision to research all this, and the catalyst was seeing this ufo.

I found out that (my estimation) around 99% of UFOs are thought forms. Send out as a thought form by someone from somewhere. Acting as a control system for human consciousness. They look how they look because you would else not think it's a real ufo. That's why the UFOs looked different from decade to decade. Currently you would be more stunned by a tic tac ufo instead of a flying saucer type. They create

some sort of mystery to mankind, it will let you question everything, these types of UFOs are of a kind of positive interaction.

So what is your next step now? Iam talking to you while you read this. Will you laugh about this? Make fun of it? You should take a step back and see: your whole life people probably made fun of you, or at least about the topic you think that is real and should taken more serious. Could you talk about UFOs publicly without getting "these" looks?

Was you called a weirdo for believing in UFOs? How mad are you about people who don't take this phenomenon serious and laugh about it. Will you do the same now? What about the over 200.000 members of the r/astralprojection sub, are they all idiots and weirdos like people think about you and others who believe in UFOs? Or will you break this cycle? Will you research and try to proof me wrong or right? You don't believe me or you will be rude? Let me quote Robert Bigelow here: "I don't care". There will be no aliens landing at the front gate of the White House. Disclosure will be up to you. And I will show you why. And I will answer "every" question you ever had about UFOs in these 2 posts.

Do you think it's coincidence that Bigelow is shifting his research from UFOs to study's of consciousness? What does he know that you don't know?

What about the Monroe institute in Virginia, named after Robert Monroe. Why did the CIA sent their agents there to get trained in what exactly?

Why all these consciousness research and references made by your favorite UFOs guys? What does Lue Elizondo really know about the universe? And what is he hinting always? Was it Remote viewing only? And where? What did he found out. I will show you.

4.	What	are	UFOS.	

As I said, in my estimation around 99% of UFOs are thought forms. Created by someone from somewhere. I already tried to describe the purpose of it.

Are there physical UFOs made by aliens? Space ships? Made for physical travel in our physical universe?

Yes, but let me say that this kind of traveling is very primitive. Physical travel is very primitive. And it is very rare in the universe. Yes there also was physical vehicles controlled by aliens in our atmosphere, but that's a very very low number. There also was physical landings and abductions. Very rare cases. Let me repeat that physical traveling and physical vehicles are a primitive way of traveling.

Did UFOs really crash?

Yes. And no.

Let me say it like this: UFOs are so advanced that they don't crash. Even if it's a physical vehicle there is no way it could crash or get shot down, not even with EMPs. UFOs don't crash. But still we really have crashed vehicles.

It was a trick. They crashed on purpose. Think about where the alleged Roswell crash happened? How many and which army bases are next to it? What a big coincidence that a UFO from out of this world crashed next to these military bases.

This technology was given in that way for negative purpose. For war.

Why keep this secret? Military advantage for the next thousand years.

You are correct if you thought that the USA has these in underwater bases. The remote viewing session that Kit Green did was accurate, I can approve that.

The United States for example, is not using this as a transport vehicle. They are very small. They are remote controlled. They are only used as a weapon. Engine Type is of Electro magnetic.

The USA has currently about 760 of these.

They get build in Mexico. By the United States of USA. Underground location. The property / ground got bought by the USA. It's officially a bacteriological warfare research installation. If you research there is a possibility you find this location even without astral projection / out of body experience. The "blackvault" should have some fun with this:) please note that lam not in possession of coordinates, because of how i obtained this knowledge, but lam

Pretty sure I can find it physically and it should be possible to find it via good research. Then you would also know who is running this base etc

Now you get an idea why there is a fight between keeping this a secret or to disclosure it. And why both sides have good arguments on why to keep things like this or to disclosure all this for good of mankind.

This is the end of part 1. it was very important to me that you get an idea where I got this information from and how you can verify it.

Part 2 will be more precise. Will answer a lot of UFO specific questions, will talk about alien abduction's, famous cases, locations, the whole big picture / story etc. I changed the table content a bit while writing this.

I know that big claims require big evidence. Iam and others are ready to also prove this scientifically. Only rule would be: no financial gain and no fame, I want to live my life on without being a target for weirdos and others; and without having profit from this subject. There are hundreds of people who are more advanced as iam. As far as I know these kind of study's are also already running with slow progress.

Please also note that I focus on positive UFO things instead of negative UFO interactions, fear spreading would be the wrong way in my opinion.

Sorry for the grammatical mistakes and the bad English:)

If this 2 posts/parts only help a single person, it was worth the time.

Love