

SAMAR 2K19

NIT Raipur Annual Sports Fest

Yoga Championship Official Rule-book

This rulebook is binding and will be strictly followed in the course of the tournament.

List of Events:

Yoga Men's & Women's tournament.

Eligibility for Participation:

All players should be currently registered and studying in the same college. All players must carry valid i-card before the start of every match. In-case of protest against the admission of a player into a particular college, said player must produce copy of current semester mark-sheet or website registration details as proof of admission within 4 hours of intimation to avoid disqualification.

Prize*:

Men's Yoga:

- Men's Winners: Gold medal + Certificate.
- Men's Runners up: Silver medal + Certificate.

Women's Yoga:

- Women's Winners: Gold medal + Certificate.
- Women's Runners up: Silver medal + Certificate.

General Regulations:

- a. Teams are liable to disqualification against breach of disciplinary conduct if players/management are involved in illegal activities as per institute norms in NIT Raipur.
- b. Smoking/consumption of alcohol or any prohibited substances inside the campus are strictly prohibited. Entire team will be disqualified from the tournament even if a single player found to be violating these rules.
- c. Team members should followed by referee.
- d. Each team has to bring their id card on court on match day
- e. Each team has to get their personal kits, proper kit is compulsory that is t-shirt, shorts, shoes.
- f. We will provide the match balls.
- g. Please take care of your kits and belongings, if lost they would not be the management's responsibility.
- h. Drinking water will be available. Just carry water bottles with you.
- i. All teams must report 30 Minutes before the scheduled time.
- j. Please respect the officials and the other players. In all cases, the umpire's decision would be final. Disputes will be resolved by organizing committee after discussions with the officials.
- k. There is no specific age limit.

Rules of Play:

- The rules of the International Yoga Federation as adopted from time to time by the All India Yoga Association shall apply, unless otherwise modified. for each lift.
- A good lift is signalled by indicating a white flag, and an illegal one by a red flag.
- Tie will be resolved by successively applying the following criteria:
 1. Individual matches won/individual matches lost.
 2. Games won by the team/games lost by the team.
 3. Points for/Points against.The tally for all the matches played in the league fixture will be considered.
- Any team refusing to play match without justification will be eliminated from the competition and the results of the matches already played will be cancelled.
- Only the coach is allowed to stand near the field with the team during their match. If a team does not have a coach, captain shall take the responsibility and no other person will be allowed on the court.
- In case of teams having equal points the following equation will determine the ranking.
$$C = \text{Total number of sets won} \div \text{Total number of sets lost}$$
The team with higher ratio "C" will be ranked higher.
- If the tie still remains, then the following system will be applied. $Z = \text{Total number of winning points} \div \text{Total number of lost points}$
- The team with higher ratio "Z" will be ranked higher.
- If the tie still remains, then the following procedure will be adopted.

If the tie still remains, then the following procedure will be adopted.
- Two teams involved: precedence will be given to the team winning that match, in which they played against each other.
- In no circumstances extra match will be played to determine which team ranked higher. The tally of all matches played in the league fixture will be considered.
- The general rules for Weightlifting (Women) are the same. The

game will be best of three set

NOTE: A team is supposed to report at the respective court 20 minutes before their match. The match will not be rescheduled in case of a common player in more than 1 sport.

Point of Contact:

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