



YOUR KINDLE NOTES FOR:

Do Epic Shit

by Ankur Warikoo

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71 Highlights | 1 Note

Highlight (Yellow) | Page 11

What is the single biggest thing you can do to help you towards professional success? People do not have to follow up, when you commit to doing something. That's it.

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You are what you do. Not what you say you'll do.

Highlight (Yellow) | Page 14

We know ourselves through our thoughts. But we know others through their actions.

Highlight (Yellow) | Page 14

It does not matter what we say. What matters is what they see us doing. Commitments are nothing if not backed up with actions.

Highlight (Yellow) | Page 15

Your actions decide your luck. So does your lack of actions.

Highlight (Yellow) | Page 16

Persistence isn't a one-day miracle. It is a conscious choice translated into habit.

Highlight (Yellow) | Page 16

The result of persistent efforts is a habit

Highlight (Yellow) | Page 23

Don't measure how valuable you are by the way you are treated. The world is going to treat you how it wishes to treat you. You don't control that.

Highlight (Yellow) | Page 27

Living as a template because it's comfortable isn't experience. It is choosing to not have experience.

Highlight (Yellow) | Page 28

Finding a mentor is a journey everyone should embark upon. Don't place the burden on one person to be your mentor. Have multiple mentors for different aspects of your life.

Highlight (Yellow) | Page 40

It is indeed a lot of resistance to break the chains of convention and do your own thing. However, it saves you from a ton of inner resistance for the rest of your life –

Highlight (Yellow) | Page 42

While you are building your skills, the most important thing to build is your reputation.

Highlight (Yellow) | Page 46

If you do not have the money to pay for something right now, you DO NOT have the money.

Highlight (Yellow) | Page 49

Money can buy you stuff. But the biggest thing it buys is freedom.

Highlight (Yellow) | Page 50

In fact, we're not even in a race. We're on our own paths. Some walk. Some run.

Highlight (Yellow) | Page 50

assumed my work would speak for me. If I did well, people would give me what I deserved and what I wanted. I never asked for what I wanted! If you don't ask, the answer is always no.

Highlight (Yellow) | Page 57

Treating our lifestyle standards as a measure of our success is a sign of failure.

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Ninety-nine per cent of people want to be led. They want to be told what to do, and then they will go on to do their best. They want to be led. Not managed.

Highlight (Yellow) | Page 65

'If I can't trust you with your work, it doesn't matter how smart you are,' my manager remarked.

Highlight (Yellow) | Page 78

The trick to waking up early is not waking up early. It is sleeping on time! The secret is not merely waking up early. Any alarm clock could do that for you. The secret is to be energized, happy and productive in the morning. Nothing could ensure this other than sleeping on time.

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Targets are the enemy of habits. Don't set targets. Set habits!

Highlight (Yellow) | Page 84

Asking is the best thing to do, before making assumptions.

Highlight (Yellow) | Page 89

Three things that will tell you who/what you consider as important in your life. 1. Your first hour after you wake up 2. Your last hour before you sleep 3. Your calendar

Highlight (Yellow) | Page 92

Reading books isn't the answer. The answer is what we take away from them.

Highlight (Yellow) | Page 92

Nothing changes until we change what lives between our two ears.

Highlight (Yellow) | Page 93

What others are thinking, we don't know. We only know what they are doing. That is exactly what they see when they look at us – what we do, instead of what we think.

Highlight (Yellow) | Page 93

We may have a hundred plans, but, what others see is the one we are executing.

Highlight (Yellow) | Page 110

Setting the right environment is super-important.

Highlight (Yellow) | Page 111

never work from my bed, always on a table.

Highlight (Yellow) | Page 111

I never eat while watching something.

Highlight (Yellow) | Page 111

Even when it is work from home, change into 'office attire' while working and not be in your PJs – subconsciously tricks your mind to get into the comfort zone!

Highlight (Yellow) | Page 111

Do not underestimate your surroundings while trying to create flow!

Highlight (Yellow) | Page 112

Apply your favourite deo/perfume when starting the day. These things work!

Highlight (Yellow) | Page 114

Set your life in such a manner that you can measure this progress.

Highlight (Yellow) | Page 118

Doing the things that are the most important are the things that make you important.

Highlight (Yellow) | Page 124

Being calm is a skill. Being calm when you are ridiculed. Being calm when you are left alone. Being calm when you are questioned. Not because they were right. Perhaps they were. Perhaps they were not. Because, if you lose your calm, you compound the unpleasant further instead of correcting it.

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Anyone can be calm when things are calm. Being calm despite the storm is a powerful skill.

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Fear has led to more procrastination than laziness ever will. You don't procrastinate because you are lazy. You procrastinate because you are scared.

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Not making a decision because you are scared of making the wrong decision? If you don't move, you would've already made the wrong decision.

Highlight (Yellow) | Page 130

When you make a decision, you will either succeed. Or you won't. When you succeed, you will know how life works. When you won't, you will learn a life-altering lesson. Neither of this will happen if you stay where you are.

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You think you have the time. However, the only thing you don't have is time! Priorities get published prima facie. Procrastination gets promoted to problems.

Highlight (Yellow) | Page 138

You won't go anywhere if you are aware but don't do anything about it. You will go everywhere if you are aware and take actions from that awareness. You know. You act. You learn. You know better. And you continue.

Highlight (Yellow) | Page 141

We always have two choices: 1. The easy one 2. The right one

Highlight (Yellow) | Page 141

It's easy to gossip about a colleague. It's the right thing to understand their point of view.

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You will be rewarded instantly for doing the easy thing. You will be rewarded eventually for doing the right thing.

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how you respond, is how the world will treat you further on.

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the way you respond to the world is the way you teach the world how to treat you.

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The best way to get help is to make it easier for people to help you.

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The best way to make it easier for people to help you is by being specific.

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The best way to be specific is to reflect upon where exactly you need help. And why?

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Resisting the obvious is a great way to change your orbit.

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Here's how I resist the obvious. While making a decision, I ask myself, 'What would most people do?'

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This one question has led to so many opportunities and different directions than I could have imagined had I opted for the obvious route.

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Complaining has never ever led someone to a solution. Complaining amplifies the problem.

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Don't ever fool yourself to believe you deserve to be where you are in life.

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Entitlement is a trap. It makes us look into the mirror and believe we have worked hard to be where we are. That we deserve it. The truth is, we don't deserve it. We are just plain lucky.

Highlight (Yellow) | Page 174

You will get what you seek. Not what you desire. Not what you dream. What you seek. Fervently.

Highlight (Yellow) | Page 182

'If I can't trust you, it doesn't matter how smart you are.' The best advice I have ever got! My first manager told me this.

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It was my job to deliver error-free work. It was my manager's job to build upon that. I was failing at my basic job, instead of growing at it. Your work is not only your work. It is the measure of how much trust your manager places in you. Dip by dip. Day by day. One action at a time.

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A great leader should be replaceable when it comes to their tasks and actions. And irreplaceable when it comes to their thoughts and vision.

Highlight (Yellow) | Page 205

Money buys freedom. Freedom is a privilege. That freedom helps you make wiser choices.

Highlight (Yellow) | Page 211

Compounding rests on a very important element – time. You need time to witness compounding in action. Give it time. A lot of time.

Highlight (Yellow) | Page 213

Allow compounding to happen. It takes time. Decades. For the longest time it will seem nothing is happening. It is happening!

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The biggest lesson that I have learnt about money is that it buys you freedom. And freedom is a privilege.

Highlight (Yellow) | Page 248

Do not show up for every argument you are invited to! An undeniable life hack for your peace.

Highlight (Yellow) | Page 251

It takes effort to find love. It takes effort to feel fulfilled. It takes effort to be fit. It takes effort to be happy. Which is why most of us do not have love, fulfilment, happiness or fitness in our life.

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When we respect our differences, we love people for who they truly are.

Highlight (Yellow) | Page 259

Wanting to maintain a distance from someone you do not relate to any more doesn't mean you don't care about them. It just means you care about the relationship you have with yourself more than the one you have with them.

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It's okay to not relate to them any more. It's okay to be emotionally away.

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Nothing matters more in life than showing up every day. To work, to assume responsibilities, to nurture relationships.

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Perfection is when you do something with such finesse that people are left amazed at how you even did it. But for you, it is not a big deal. It is a habit. It is natural. Lesson: Perfection is personal.
