

SER No	CONTENT
(a)	<p style="text-align: center;"><u>LESSON PLAN : WT 6</u> <u>TRIGGER CONTROL AND FIRING A SHOT</u></p> <p>Period - One Type - Lecture/Practice Code - WT 6 Term - I / II / III (SD/SW)</p> <p><u>Training Aids</u></p> <p>1. .22 mm rifle, Magazine, Dummy Rds, Charts, Target 1X1, Sand Bag, Ground Sheet, Aim Correcter and Tin Disc.</p> <p><u>Time Plan</u></p> <p>2. (a) Introduction & Uddesh - 03 Min (b) Durust Trigger Control aur Fire - 15 Min (c) Abhyas - 15 Min (d) Sankshep - 02 Min</p> <p><u>INTRODUCTION</u></p> <p>3. Achook nishane baaji ke buniyadi usool hain majbot pakar, durust sisht lena, aur durust trigger operation ki karwahi. Is liye har ek firer ko sisht lene ke saath -saath sahi trigger operation ki karwahi achhi tarah se aani chahiye.</p> <p><u>UDDESH</u></p> <p>4. .22 Rifle ka sahi Trigger Control aur Firing ka tariqa sikhana hai.</p> <p><u>TARTIB</u></p> <p>5. Ye sabak do bhagon mein chalaya jayega :- (a) Bhag I - Durust Trigger Control aur Fire ka Byan va Namuna. (b) Bhag II- Abhyas.</p> <p><u>BHAG I : DURUST TRIGGER CONTROL AUR FIRE</u></p> <p>6. Trigger Control. Durust trigger control ke liye tartib is parkar se hai (a) Durust trigger operation ke liye kalmi wali anguli (index finger) ka sahi istemal hai. Anguli ka pehla aur dusre jor ke beech ki jagah ko trigger ke upar rakhte hai. (b) Trigger ke do khichav hai, halka aur sakht khichav. Pahla khichav haasil karne ke baad</p>

dusra khichav hasil karen. Trigger dabate samay barrel harkat nahin karni chahiye.

(c) Sahi trigger operation ki karwai karne ke liye firer ko tin disk ex di jati hai. Is men rif ko ready karo aur barrel par tin disk rakho aur trigger ko press karo. Agar tin disk niche nahin girti hai to trigger operation ki karwahi sahi hai.

7. Shot Fire Karne ki Tartib. Sahi shot fire karne ke liye sahi position aur pakar, sahi eyesight, aiming, dimag aur trigger control men durust tal-mel se hi hasil ho sakta hai. Is ke liye tartib is parkar se hai :-

(a) Sahi posn ikhtiyar karen. Kudrati seedhai ko check karen.

(b) Rif ko bhar karen, Ready karen, sahi sight lagaen aur sahi alignment hasil karein. Dimagi taur par un angon ko check karein jo rifle ko hold karne mein madad karte hain. Jaise baen hath ki kohni, kalai, dahina kandha, dahine haath ki pakar aur kalme wali anguli.

(c) Ab saans ko normal chalne den aur, back sight aperture ka madhya se fore sight tip ko POA se milao. Fore sight tip 6 baje aur 12 baje ki line mein harkat karni chahiye.

(d) Trigger ka pahla khichav haasil karne ke baad kuchh samay ke liye saans ko roken. Aur sight picture ko check karen. Uske baad poora dhyan fore sight tip par le jaen aur trigger dabayen to goli fire ho jaegi.

(e) Goli fire ho jaane ke baad usi pakar, posn aur sisht ko kayam rakhte hue fore sight tip ki movement ko check karen fore sight ki tip jahan point karegi goli usi jagah par lagegi.

(f) Ab saans ko chhor den aur 'maar' ko pukaren. Goli fire hone se maar pukarane tak ki karwai ko follow through kahte hain.

BHAG II : ABHYAS

8. Class ko jodi-jodi men trigger control aur fire ka abhyas karao.

SANKSHEP

9. Drust firing tabhi mumkin hai, jab ek firer durust position, majboot pakar, durust sisht aur durust trigger operation karta hai. Is ke liye kafi abhyas karna padta hai.

CONFIRMATION:

1. What is Mean Point of Impact (MPI)?

Ans - The central point of area covered by the group of rounds fired with consistent aim and held at the same aiming mark is called MPI.

2 . What is the elevation at different ranges?

Ans - (a) The amount of alteration necessary may be found from the following table which shows the change of MPI when the sight is changed by 100 yards.