SER No	CONTENT
	LESSON PLAN
	Period - One Type - Lecture Code - NI 9 Term - III (SD/SW)
	Training Aids 1. Computer, Projector, Cnarts, Pointer, Black Board & Chalk.
	Time Plan 2. (a) Introduction - 05 Min (b) Contribution of Youth in Nation Building - 30 Min (c) Conclusion - 05 Min
	INTRODUCTION
	3. The youth of a nation are the backbone and the most powerful force within the nation. They are the hope of the future and can shape the destiny of a country. History shows that countries subjected to alien rule have without exception sought the help of youth in times of crisis. The youth have also been instrumental in the change of governments, whenever need for such a change has been felt. They have always been in the forefront in the building of political, social and economic orders of a society. They play a positive role for the cause of a nation and national integration. Today's generation faces greater challenges in national building due to the force and pressure of internal politics and external conflicts.
	AIM 4. To acquaint the cadets about the Contribution of Youth in Nation Building.
(a)	CONTRIBUTION OF YOUTH IN NATION BUILDING
	National Integration
	5. The youth act as a catalyst in an already vibrant country aspiring to find its rightful place in the
	world politics and play a more effective role of a true leader. To help India realise its dreams the
	youth can and ought to play a leading role in bringing together the people of different states with

diverse religions and integrate them emotionally, culturally and geographically, contribute in

and defeat all separatist attempts by unscrupulous elements.

extricating society from age old stigmas of casteism, communalism, parochialism and regionalism, help preserve cultural heritage and infuse the spirit of patriotism, thus keep the country together

Political Measures

6. Today's youth can contribute immensely to the politics of the country. If a nation does not rejuvenate its political leadership profile it would be-come old in thought and slow in action. The youth are the future of a nation and its future leaders. The opportunity provided at educational level to contribute to politics should be encouraged and the youth should learn and follow clean and meaningful politics which can thereafter be translated into greater national aim.

Security

7. The nation today faces grave security concerns both externally and internally. This intensifies when viewed with the fact that our country is a respected democratic country with a secular base. The terrorist, fundamentalists are a grave danger to our unity. The youth are the pulse and strength of the nation and with their alertness and their balanced approach can help in bringing stability to the nation and help in thwarting selfish designs of the enemy. The youth are a big force which if channelized correctly, can ensure and enhance the security of the country.

Social and Cultural

- 8. The youth are the privileged persons in the society who can contribute to development. Therefore they have a special responsibility and should actively participate in the development plans of the nation. Youth should be acquainted with the major problems facing the country. Firstly, they should study the basic problem of health, AIDS, environment, nutrition, lack of education, economic backwardness, ignorance, dowry-deaths, casteism, and superstitions /false beliefs of the masses. Our society is experiencing a constant change and faces the conflicting ideologies of the past vis-a-vis the West. Our past with a shadow of casteism, superstition and religious over tunes needs a balanced approach and the youth can play a very important role in this regard and educate the general public about the misnomers relating to superstition. The need to do away with the caste system and encourage lateral, vertical and diagonal in mingling of people to mesh them into a true India n network. They can establish good rapport with the people so as to involve them in active participation in social work which will help to make society a better place to live in.
- 9. Further, the Government programmes such as _Clean and Green' are very good opportunities for youth to join hands with their countrymen and give impetus in the process of nation building.

 10. India has a National Cadet Corps (NCC), National Social Service (NSS), National Service Volunteer Scheme (NSVS) and other similar organization, which are an asset to our Nation. Apart from these measures to channelise young energy into constructive channels, following few steps can be taken.
- (a) Films with social upliftment and nation building as theme would make a fair contribution in instilling a healthy and progressive attitude in the youth. Non Government Organisation (NGO) should also engage youth in such programmes which strengthen nation building.
- (b) There should be integration committees, composed of representatives of various communities at

village, city, district, state and national level. Youth should be engaged in such committees to contribute in society. Youth to train themselves effectively both in institutional and adventure activities, as such activities imbibe self confidence, harmony and patriotism.

CONCLUSION

11. Young men and women are the reservoirs of unbounded energy and enthusiasm. Youth should accept all the challenges faced by the country. Let the youth be put to best use. For this, their energies, skills and talents have to be properly harnessed, channelised and put to right use for the common good of the country.