

SER No	CONTENT
	<p style="text-align: center;"><u>LESSON PLAN : FD 8</u> <u>TEJ CHAL SE SALUTE KARNA</u></p> <p>Period- One</p> <p>Type - Lecture / Practice</p> <p>Code - FD 8</p> <p>Term - I / II (SD/SW)</p> <p><u>TIME PLAN</u></p> <p>1. (a) Tej Chal se Samne Salute Karna - 10 Min</p> <p>(b) Tej Chal se Dahine Salute Karna - 15 Min</p> <p>(c) Tej Chal se Baen Salute Karna - 15 Min</p> <p><u>UDDESH</u></p> <p>2. Is period mein khaali haath drill Tez Chal se Salute karne ki karyawahi sihkana hai.</p> <p><u>TARTIB</u></p> <p>3. Yeh sabak ko teen bhagon mein chalaya jayega:-</p> <p>(a) Bhag I- Tej Chal se Samne Salute Karna - Bayan va Namuna.</p> <p>(b) Bhag II- Tej Chal se Dahine Salute Karna - Bayan va Namuna.</p> <p>(c) Bhag III- Tej Chal se Baen Salute Karna - Bayan va Namuna.</p> <p>(a) <u>BHAG I : TEJ CHAL SE SAMNE SALUTE KARNA</u></p> <p>4. Zarurat. Jab hamein kisi Officer ya, JCO se baat karni ho ya, unhone hamen apne paas bulaya ho to unhen izzat dene ke liye tej chal se samne salute ki karyawahi ki jaati hai.</p> <p>5. <u>GINTI AUR BAYAN SE NAMUNA.</u></p> <p>(a) Tej chal se word of command milta hai “ginti se salute karna samne salute - ek” ye word of command usi tarah milta hai jaise tej chal mein tham karte hain. Is position mein</p>

dekhne ki baten - position savdhan.

(b) Jab word of command milta hai “squad do” to, is word of command par ek bar khade khade samne salute ki karyawahi karen. Squad do - ek-do-teen-ek. Is position mein dekhne ki baten, ek bar khade khade samne salute ki karyawahi ki hui, baki position savdhan.

(c) Jab word of command milta hai “squad teen” to, is word of command par dubara salute karen. Squad teen, ek-do-teen-ek. Is position mein dekhne ki baten - position No 2 ki tarah.

(d) Jab word of command milta hai “squad char” to, is word of command par piche mud karen. Squad char - ek-do-teen-ek, (dubare piche mud karen). Is position mein dekhne ki baten - 180 degree direction ki badli ki hui baki position savdhan .

(e) Jab word of command milta hai “squad panch” to, baen paon se tej chal shuru karen aur shout karen ‘badho’. Squad panch - badho -squad tham khaali ek-do.

6. **ABHYAS.** Ustad ke word of command pe, squad se ginti se abhyas karaen.

(b) **BHAG II : TEJ CHAL SE DAHINE SALUTE KARNA**

7. Zarurat. Jab tej chal se march karte hue kisi bhi simmat ko ja rahe hon, dahine taraf koi salute lene wale adhikari milen to unhen izzat dene ki liye dahine salute ki karyawahi ki jaati hai.

8. **GINTI AUR BAYAN SE NAMUNA.**

(a) Tej chal se word of command milta hai ginti se salute karna dahine salute ek, ya word of command us samay milta hai jab dahina paon baen paon ko cross kar raha ho ya baen paon ki aedi zamin par lag rahi ho, toh dahine paon ko khaali aur baen paon ki aedi lagte hi dahine salute karen aur chalti halat mein ruk jaen, shout karen ‘kahli ek’. Is position mein dekhne ki baten - baen paon ki aedi zamin par panja khada, dahina paon pura zamin par, badan ka bojh dahine paon par, dono tange kasi hui, salute seekhe hue tarike

se kiya hua, nigh puri dahine taraf, baki position savdhan.

(b) Jab word of command milta hai “squad do” to, dahine paon se do ki ginti shuru karte hue panch ki ginti tak march karen aur ruk jayen. Squad do - do-teen -char-panch. Is position mein dekhne ki baten, panch kadam ka jamini fasla tai kiya hua baki position No 1 ki tarah.

(c) Jab word of command milta hai “squad teen” to, dahine paon ki aedi ka lagna chehre ko age lena salute ko girana ek saath karen aur shout karen ‘down’. Squad teen - down. Is position mein dekhne ki baten, dahine paon ki aedi 30 inch age lagi hui panja khada badan do bojh baen paon par, salute giraya hua, baki position savdhan.

(d) Jab word of command milta hai “squad char” to baen paon se tej chal ki karyawahi shuru karen aur shout karen badho. Squad char - badho squad tham - khaili ek-do.

9. Abhyas. Ustad ke word of command pe, squad se ginti se abhyas karaen.

BHAG III : TEJ CHAL SE BAEN SALUTE KARNA

10. Zarurat . Jab tej chal se march karte hue kisi bhi simmat ko ja rahe hon, baen taraf koi salute lene wale adhikari milen toh unhem izzat dene ki liye baen salute ki karyawahi ki jaati hai.

11. GINTI AUR BAYAN SE NAMUNA.

(a) Tej chal se word of command milta hai “ginti se salute karna baen salute -ek”, ye word of command us samay milta hai jab dahina paon baen paon ko cross kar raha ho ya baen paon ki aedi zamin par lag rahi ho, toh dahine paon ko khaali aur baen paon ki aedi lagte hi baen salute karen aur chalti halat mein ruk jaen, shouting karen khaali ek. Is position mein dekhne ki baten - baen paon ki aedi zamin par panja khada, dahina paon pura zamin par, badan ka bojh dahine paon par, dono tangent kasi hui, salute seekhe hue tarike se mutabik kiya hua, nigah puri baen taraf, baki position savdhan.

(b) Jab word of command milta hai “squad do” to, dahine paon se march ko jari karen aur panch ki ginti karke ruk jayen.

Squad do - do-teen -char-panch. Is position mein dekhne ki baten, panch kadam ka jaimni fasla tai kiya hua baki position No 1 ki tarah.

(c) Jab word of command milta hai “squad teen” to, dahine paon ki aedi ka lagna chehre ko samne lana salute ko girana ek saath karen aur shouting karen down,. Squad teen - down. Is position mein dekhne ki baten - dahine paon 30 inch age, aedi lagi hui panja khada baen paon pura zamin par, badan do bojh baen paon par, slaute giraya hua, baki position savdhan.

(d) Jab word of command milta hai “squad char” to, baen paon se tej chal ki karyawahi shuru karen aur shout karen ‘badho’. Squad char - badho- squad tham -khaili ek-do.

Baen Salute

12. **ABHYAS**. Ustad ke word of command pe, squad se ginti se abhyas karaen.

CONFIRMATION:-

Q- 1. Who are entitled for Rashitriya Salute?

ANS : a) National Flag

(b) President of India

(c) Governor of State