

| SER No | CONTENT |
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| (a) | <p style="text-align: center;"><u>LESSON PLAN : WT 4</u></p> <p style="text-align: center;"><u>LOADING, COCKING AND UNLOADING OF .22 RIFLE</u></p> <p>Period - One Type - Lecture/Practice Code - WT 4 Term - I (SD/SW)</p> <p><u>Training Aids</u></p> <p>1. .22 mm rifle, Magazine, Dummy Rds, Charts, Target 1X1, Sand Bag, Ground Sheet.</p> <p><u>Time Plan</u></p> <p>2. (a) Introduction & Uddeshh - 03 Min (b) Bharna, Cock Karna aur Khali Karna - 10 Min (c) Abhyas - 20 Min (d) Sankshep - 02 Min</p> <p><u>INTRODUCTION</u></p> <p>3. Ek acche firer ki khubi hoti hai ki who tezi se rifle ko bhare, load kare aur durust fire kare. Yeh tabhi sambhav ho sakta hai jab training ke dauran acchi sikhlaai aur abhyas Karen.</p> <p><u>UDDESH</u></p> <p>4. .22 Rifle ko bharna, cock karna aur khali karne ka tariqa sikhana hai.</p> <p><u>TARTIB</u></p> <p>5. Ye sabak do bhagon mein chalaya jayega:- (a) Bhag I - .22 rifle ko Bharna, Cock Karna aur Khali Karne ka Byan / Namuna. (b) Bhag II- Abhyas.</p> <p><u>BHAG I : .22 RIFLE KO BHARNA, COCK KARNA AUR KHALI KARNE KA BYAN / NAMUNA</u></p> <p>6. Rifle ko Bharne ki Karwahi. .22 Deluxe Rifle ke sath koi charger nahi diya jata hai. Ammunition ko siddha mag men ek ek kar ke bhara jata hai. Bharne se pehele ammunition ko saaf kar len.</p> |

7. Loading, Cocking aur Unloading.

(a) Loading, cocking aur unloading ki karwahi hamesha hokum pe hi ki jati hai. Karwahi hamesha tezi se aur sahi tartib se hi ki jati hai.

(b) Is karwahi ko let ke karne ke liye drill is parkar se hai:-

(i) Let ne ke liye, bayen paer se ek lamba kadam len, rifle ko bayen hanth men pakren, phir dahina hanth zamin pe rakhen, bayen paer ki line men aur let jaen. Let te sayam, dono tange khuli honi chahiye. Ab rifle ke bolt ko piche khinch ke, age push karo taki round chamber men load ho jaye.

(ii) Unload karne ke liye, bolt ko piche kincho, taki fire kiya hua round bahar nikal jaye.

BHAG II : ABHYAS

8. Class ko jodi-jodi men loading, cocking aur unloading ka abhyas karao.

SANKSHEP

9. Drust tartib se rifle ko load karna, cock karna aur unload karna ek ache firer ki khubi hai, jo sabhi ko abhyas karke hasil karni chahiye.

CONFIRMATION:

Q . What are the main points to be observed during snap shooting?

Ans - (a) Accuracy is not sacrificed for speed.

(b) There is no verbal declaration of aim, since this would cause distraction.

(c) The butt remains in the shoulder in order to save time in re-aiming.