

Unit-8

Social Service and Community Development

SS-5

Road/Rail Travel Safety



ROAD / RAIL TRAVEL SAFETY



Introduction:

Road/Rail accidents are man-made disasters which involve high human suffering. They impose a huge cost in terms of deaths, injuries and loss of income. A road accident, also called a motor vehicle collision (MVC) among other terms, occurs when a vehicle collides with another vehicle, pedestrian, animal, road debris, or other stationary obstruction, such as a tree or pole. Such collisions often result in injury, death, and property damage. A rail accident is a type of disaster involving one or more trains. Train wrecks often occur as a result of miscommunication, as when a moving train meets another train on the same track; or an accident, such as when a train wheel jumps off a track in a derailment; or when a boiler explosion occurs. These could be avoided with certain precautions if taken in time. Towards this, role of traffic control organization and anti-drunken driving measures play key roles. The new Motor Vehicle Act is a significant step in this direction.

Do's for Road Safety

- Obey traffic rules.
- Conduct or attend of road safety seminars.
- Educate general public on traffic rules.
- Wear helmet and seat belts.
- Give pedestrians the right-of-way in crosswalks



Don'ts for Road Safety.

- Do not drink and drive.
- Do not over speed.
- Do not cross the road during the red signal.
- Do not use mobile phones while driving.
- Do not engage in other activities, while driving.



Do's for Rail Safety

- Carry own Identification Card while travelling.
- Always use over bridge to cross the track.
- Stop vehicles when the gate is closed at the crossing.
- Pull the chain, only in emergency if required to stop the train.
- Report to the railway police regarding unidentified objects or suspected persons



Don'ts for Rail Safety



- Do not be careless while crossing train tracks.
- Do not try to get in/ get down while train is moving.
- Do not ignore the signal at railway crossing.
- Do not sit on the footsteps/foot board while travelling.
- Do not use fire while travelling.
- Do not consume alcohol during journey.
- Do not accept any eatables from unknown persons.
- Do not quarrel with railway staff and fellow passengers.
- Do not travel on footboards of moving train.
- Do not bunch up to present a large target at railway platforms.



How to Plan a Journey



Planning a trip is not difficult, if you know the essential items, you need to bring. Even if you're just taking a short trip, it pays to be prepared when you travel. Think ahead about the conditions you'll encounter at your destination.

- (a) The first item to pack is always common sense.
- (b) Clothes and food are a necessity in order to have a fun trip. Light clothing is the best attire for summer trip and clothes such as sweaters are the more suitable for cold places.
- (c) The most important thing to bring is money. Other stuff is also needed, but these are the top things to consider when packing for a trip.
- (d) Get a physical exam. If you've recently had surgery, a heart attack, a stroke, a bone fracture or another major health problem, your doctor can advise you on how soon you may travel, especially by air. Update immunizations. Even if you're just travelling across several states, be sure your immunizations are up-to-date.

(e) Take extras. You never know when your stay might be extended or what unexpected circumstances might happen at your destination. Pack more of your medications than you think you'll need. Take along a list of your allergies and prescription medications.

(f) Include a pair of sturdy, comfortable shoes and clothes that are appropriate for all weather variations at your destination.

(g) Food is very important when considering a trip. Without food it is impossible to drive safely and focus on where you are going. Choosing the right food is an important decision, because you have limited space and need to choose wisely what you are going to bring.

(h) Carry your important documents like Identity card.

(j) Travel in group.

(k) Do follow security instructions and procedure.

(l) Do not accept any eatables from unknown persons.

(m) Collect maximum information about the destination. Always have a map and contact numbers with you.

Conclusion



Safety should be the first priority while on move in train or by road travel. Always follow the rail/road safety measures. Rules and regulations are for everyone, in which motor vehicle laws also assist. One should always be cautious, follow safety and security measures during any kind of travel.