

SER No	CONTENT
	<p style="text-align: center;"><u>LESSON PLAN : CD 1</u> <u>GUARD MOUNTING</u></p> <p>Period- One</p> <p>Type - Lecture / Practice</p> <p>Code - CD 1</p> <p>Term - I / II / III (SD/SW)</p> <p>Trg Aid</p> <p>1. Rifles.</p> <p>Time Plan</p> <p>2. (a) Guard Mounting ka Tarika - 15 Min</p> <p>(b) Abhyas - 25 Min</p> <p><u>UDDESH</u></p> <p>3. Is period mein Guard Mounting ka Tarika sihkana hai.</p> <p>TARTIB</p> <p>4. Yeh sabak do bhagon mein chalaya jayega:-</p> <p>(a) Bhag I- Guard Mounting ka Tarika.</p> <p>(b) Bhag II - Abhyas.</p> <p>(a) <u>BHAG I : GUARD MOUNTING KA TARIKA</u></p> <p>5. Zarurat. Guard Mounting aam taur pe Quarter Guard ya ksi bhi authorized adhikari (general officer) ke awas pe ya, visit ke dauran ki jati hai.</p> <p>6. Bayan va Tarika.</p> <p>(a) Guard mounting ke liye 2+6 jawanon ki zarurat hoti hai. Is men 6 jawan aur guard commander aur guard ka 2IC hota hai. Guard mount hone ke liye hamesha, do ranks me</p>

'fall in' hoti hai, jis men guard commander sabse dahine hota hai aur, guard 2IC agali rank ke sab se baen hota hai.

(b) Guard Mounting NCO guard ke samne 12 kadam pe hota hai. Who guard ko "fall in" karega aur inspect karega. Is ka tarika is parkar se hai:-

(i) Jab word of command milta hai 'Guard-Parade Par' to puri guard savdhan karegi, guard mounting ke sthan pe march karegi, tham kareke 'samne mud' karegi aur 'khuli line' karegi aur vishram karegi.

(ii) Jab word of command milta hai 'Guard Savdhan' to guard savdhan hogi.

(iii) Jab word of command milta hai 'Guard Dahine Saj' to guard commander dahine mud karega, 5 kadam march karega, tham aur piche mud karega. Phir pehele agli line ko saj karega, phir, pichli line ko saj karega aur word of command dega 'samne dekh' aur phir apni position pe wapis ajega.

(iv) Jab word of command milta hai 'Guard-Bagal Shasta', to guard bagal shastra ki karywahi karegi.

(v) Is ke bad guard mounting NCO, orderly officer (Nirikshin Adhikari) ko repoprt de ga 'guard nirikshan ke lie hazir hai' (orderly officer ka sthan guard mounting NCO se 6 kadam piche hota hai). Report de kar guard NCO, guard ke dahine, guard commander se 6 kadam ke fasile par march karke, samne mud kar ke khada hojaye ga.

(c) Orderly Officer. Orderly officer ab guard is tarike se ko nirikshan karega aur mount karega:-

(i) Word of command dega 'Guard-bazu-Shasta'. Guard baju shastra karegi aur savdhan men khadi hogi. Orderly officer ek ek kareke guard ka nirikshan karega - pehale agli line phir pichli line. Nirikshan ke bad orderly officer wapis apne sthan pe ajata hai.

(ii) Word of command dega 'Guard Nirikshan Ke lie Janch Shastra' to, guard

'Nirikshan Ke lie Janch Shasta' ki karyawahi karegi. Orderly officer ab ek ek kare ke hatiyar ka nirikshan karta hai, aur guard commander se shuru karat hai. Guard commander apne nirikshan ke bad 'fall out' karta hai, aur orderly officer ke sath baki guard ka nirikshan karwata hai. Niriksha ke bad, orderly officer wapis apne sthan pe jata hai aur guard commander apne sthan pe.

(iii) Word of command dega 'Guard-Bolt Chalao' to, guard sikhe hue tarike se bolt ko dhire se age chod ti hai aur band karti hai.

(iv) Word of command dega 'Guard-Baju Shastra to', guard baju shastra ki karyawahi karega.

(v) Word of command dega 'Number---Samne Ki line - stick orderly-stic orderly Line Tor' to niukt kiya hua stick orderly line tod ki karyawahi karega aur guard mounting NCO ke dahine ja kar khada ho jaye ga.

(vi) Word of command dega 'Guard-Bagal Shastra, to guard Bagal Shastra ki karyawahi karega.

(vii) Word of command dega 'Guard - Apne Duty ke Lie Dahine Se-Tez Chal' to guard march off karti hai, orderly officer ko 'dahine dekh' ki karyewahi karti hai aur phir purani guard se takeover ki karyewahi karti hai.

(d) Guard Room Ki Karyewahi. Sentry jab nai guard ko ate hue dekhta hai to, who purani guard ko "Turn Out" karta hai. Nai guard jab apne diye hue sthan pe khadi ho jati hai to, purana guard commander, apni guard ko nai guard ke samne, 15 kadam pe 'fall in' karta hai. Ab, purani guard, nai guard ko "salami shastra" deti hai aur nai guard bhi purani guard ko "salami shastra" karti hai. Is ke bad, dono guard ek ek karke, 'baju shastra' karke "aram se' karte hain. Is ke bad, nai guard ka sentry, purane guard ke sentry ko "relief" karta hai, jo purana guard 2IC karwata hai. Ab purani guard visarjan karti hai aur nai guard unko "salami shastra" deti hai aur purani guard, nai guard ke samne se gujarti hui, "dahine dekh" karti hai.

(e) Sentries Ki Badli. Guard commander, nai sentry ko, sentry post tak march karte hue le jaye ga. Bagair kisi word of command ke, naya sentry, purane sentry ke baen

	<p>position lega aur samne mude ga. Ab guard commander, dono sentry ke samne 3 kadm pe khada ho ga aur sentry ko uski duties ke bare men batae ga. Iske bad gaurd commander word of command de ga “ Sentry Badli”, to purana sentry do kadam age chale ga, aur naya sentry do kadam dahine lega. Ab naya sentry apni post lega aur guard commander purane sentry ko word of command dega “ Puran sentry - Tez Chal” aur usko guard room men lejae ga. Ab naya sentry bagal shastra karega aur apne sthan pe ja ke khada ho jaye ga.</p>
(b)	<p><u>BHAG II : GUARD MOUNTING KA ABHYAS</u></p> <p>7. Abhyas. Ustad ke word of command pe squad isi kayawahi ka abhyas kare.</p>