

| SER No | CONTENT |
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| | <p style="text-align: center;"><u>LESSON PLAN : SA 4</u> <u>CONTRIBUTION OF YOUTH TOWARDS SOCIAL WELFARE</u></p> <p>Period - One</p> <p>Type - Lecture</p> <p>Code - SA 4</p> <p>Term - I (SD/SW)</p> <p>Training Aids</p> <p>1. Computer, Projector, Charts, Pointer, Black Board & Chalk.</p> <p>Time Plan</p> <p>2. (a) Introduction - 05 Min</p> <p>(b) Contribution of Youth - 30 Min</p> <p>(c) Conclusion - 05 Min</p> <p><u>INTRODUCTION</u></p> <p>3. Youth constitute the most creative segment of any society. Their role and contribution are vital to all societies and more so in a country like India with wide social, cultural and other demographic diversities. Youth constitute about 34 % of the total population of India and their role and contribution towards social welfare and nation building cannot be ignored. For a better understanding of the subject it is important to first understand the basic of social welfare.</p> <p>4. Social welfare has been defined by a United Nations expert group as “ Organised activity that aims towards a mutual adjustment of individuals and their social environment”. Social welfare is considered as including the attempts made by governments and voluntary organizations to help families and individuals by maintaining incomes at an acceptable level.</p> <p><u>AIM</u></p> <p>5. To acquaint the cadets about the Contribution of Youth towards Social Welfare.</p> <p><u>CONTRIBUTION OF YOUTH TOWARDS SOCIAL WELFARE</u></p> <p>6. The contribution of youth towards social welfare have been discussed in the succeeding paras:-</p> |

(a) Leadership. Youth are the leaders of tomorrow and young and vibrant youth are essential for future leadership. Support is provided to voluntary organizations to participate in youth development programmes. Youth need to involve themselves in activities which will develop creditable leadership.

(b) Community Service. Youth need to work in social welfare activities and community services. Therefore, Community Service has been developed as an integral part of the curriculum for education, instruction and training of all students enrolled in educational institution so that youth can fruitfully understand and contribute in community service.

(c) National and Cultural Integration. The youth, when organized as youth force will contribute for the promotion of national and cultural integration of the country. Fostering and developing interaction between youth from different parts of the country specially the isolated border and tribal areas will help in achieving national integration. It should be the endeavour of youth to motivate the general public to work against the separatist forces and ensure unity of the country is maintained.

(d) Education and Literacy. The Youth need to educate themselves and subsequently get into the process of providing quality education to all sections of society. They need to promote education and self development capabilities of the rural youth specially of girls and youth in backward areas.

(e) Environment. The youth must understand the importance and implications of environment on the society and the ecological wealth of the nation. They must help in improving and protecting the environment. They need to engage in afforestation programmes and cleaning of rivers and lakes and disposal of degradable and nondegradable waste.

(f) Health Care and Family Welfare. They must promote awareness and involvement in social programmes pertaining to health and family welfare. Programmes such as 'Youth against AIDS' campaign, 'Pulse Polio', 'Small Family' norm and various immunization programmes should be promoted. They must also volunteer in manpower intensive programmes at the implementation stage.

(g) Physical Education and Adventure Training. The youth must understand the importance of physical education for health and physical fitness with a view to increasing individual productivity and the value of sports as a means of recreation and with a potential for promoting

social harmony and discipline.

(h) Old Age Care. Our basic social fabric and the joint family system inherently provide for old age care. However with the breakdown of the joint family system the need for old age care has increased. The youth must contribute to the wellbeing of the senior citizen of the society by taking care of their aged and provide them financial security and moral self-respect and make all efforts to ensure that they have a secure old age with adequate housing and health care.

(j) Watershed and Waste Land Development. These two are one of our major resources which need to be continuously protected and systematically proclaimed and developed and can be used for various social welfare activities. Youth has genuine potential for this nature of work. They must contribute in these programmes and ensure that these areas are protected from unscrupulous elements who may enter these areas of interests, for personal gains.

CONCLUSION

7. Our youth are the strength of the family, village, locality and the community. They are also the future of our nation. We must take all necessary steps to mobilize this most idealistic, inspired and energetic section of our society in the mission of nation building and social welfare.