

SER No	CONTENT
	<p style="text-align: center;"><b><u>LESSON PLAN : WT 2</u></b>  <b><u>STRIPPING, ASSEMBLING, CLEANING</u></b>  <b><u>AND SIGHT SETTING OF .22 RIFLE</u></b></p> <p>Period- One  Type - Lecture/Practice  Code - WT 2</p> <p>Term - I (SD/SW)</p> <p><b>Training Aids</b></p> <p>1. Charts, .22 Rifle, Case Collector, Chindi, Pull Through, Ground Sheet and Oil Bottle.</p> <p><b><u>Time Plan</u></b></p> <p>2. (a) Introduction - 03 Min  (b) .22 Rifle Kholna aur Jorna - 10 Min  (c) Safai Karne ka Tarika - 10 Min  (d) Abhyas - 15 Min  (e) Sankshep - 02 Min</p> <p><b><u>INTRODUCTION</u></b></p> <p>3. .22 rifle ek bahut hi achcha sidha sadha hathiyar hai. Iska istemal NCC cadet ko firing me hone wali ghabrahat ko hatane ke liye istemal karte hain. Isliye iska istemal karne se pahle iske baare mein jaankari honi chahiye, taaki cadet iska, kholna jorna aur safai kar saken.</p> <p><b><u>UDDHESH</u></b></p> <p>4. .22 Rifle ka Kholna-Jorna, Sight Setting aur Safai karne ka tarika sikhana hai.</p> <p><b><u>TARTIB</u></b></p> <p>5. Is sabak ko do bhagon mein chalaya jaega :-</p> <p>(a) Bhag I - .22 Rifle Kholna -Jorna.  (b) Bhag II - . 22 Rifle ka Safai Karne ka Tarika</p>

(a)

**BHAG I : RIFLE .22 KO KHOLNA - JORNA AUR SIGHT SETTING**

7. Kholna. Rifle ko kholne ki tarkib main sabse pahle bayonet, phir sling, bolt aur case collector ko khola jata hai. Sling ko utaren aur roll karte hue ground sheet par rakh den. Safety catch 'S' par Karen, bolt lever ko upar ki taraf uthate hue bolt ko piche ki taraf khichein aur rifle se alag karen. Aakhir mein case collector catch ko dabate huye case collector ko alag karen aur saaf jagah pe rakhen.

8. Jorna. Yakin Karen safety catch 'R' par hai. Bolt ko uthaen aur bolt head ko tight karen. Uske baad bolt ko guide ke saath milate hue fit karein. Jorte samay yadi ek se jyada rifle khula hai to uske purjon ke registration no. check karlen. Trigger dabaen, safety catch ki position 'S' par Karen aur case collector ka chota mehrav aage ki ore rakhte hue use fit karen. Sling ko rifle mein fit Karen. Bayonet sabse baad mein fit Karen.

9. Sight Setting. Sight set karne ke liye thumb spring ko press karo aur sight ko set karo. Muzzle ki taraf le jane se range badhti hai.

(b)

**BHAG II : SAFAI KARNE KA TARIKA**

10. .22 rifle ko bhi Anaya hathiyar ki taraha Safaai kiya jata hai.

(a) **Aam Safai.**

(i) **Daily Safai.** Aam taur par daily hathiyar training ke liye nikalte hain. Hathiyar ka dusting karke Kote mein jama karte hain.

(ii) **Weekly Safai.** Saptah me ek bar hathiyar ko bahar nikala jata hai aur sabhi hisse purjon mein oil badly kiya jata hain.

(iii) **Quarterly Safai.**

(aa) Quarterly ke douran pure hathiyar ko khola jata hai aur jaruri suda hathiyar oil aur greasing kiya jata hai.

(ab) Hathiyar ke hisse purjon ki tut- phut check ki jaati hai aur unhe marammat kiya jata hai.

(b) **Firing Ke Dauran Safai.**

- (i) Firing se pahle hathiyar ki tut phut ko armourer dwara check karate hain.
- (ii) Lagaatar hathiyar ki safai karte hain aur armourer dwara inspection karate hain.
- (iii) Firing ke dauran jab bhi firer ko mauka milta hai to wah apne hathiyar ko saaf karta rehta hai.

(c) **Firing Ke Baad Ki Safai.**

- (i) Firing ke baad firer kam se kam 07 din garm pani dalkar barrel ko saaf karte hain.
- (ii) Uske baad armourer dwara inspection karaya jata hai.

**Note:** Safai ke liye Chindhi ka size 4x1.5" aur Oil ke saath chindi size 4x 1".

11. Abhyas. Squad ko groupon mein baanto aur .22 rifle ko kholne aur jorne ke tarike ka abhyas class ko karwao.

**SANKSHEP**

12. .22 rifle ek bahut hi kargar aur sidha sadha hathiyar hai jis ki madad se cadet ko durust fire karne ka tarika sikhaya jata hai. Iss hathiyaar ki achhi jankari hone se cadets ko achha firer banaya ja sakta hai.

**CONFIRMATION:**

Q 1. What are the three basic essentials of good shooting?

Ans - (a) Position must be comfortable and hold so firm that the rifles gains a rock like steadiness.

(b) The firer must aim correctly.

(c) The trigger be pressed in such a way that aim is not disturbed.