

SER No	CONTENT															
	<p style="text-align: center;"><u>LESSON PLAN</u></p> <p style="text-align: center;"><u>INTRODUCTION TO HOME NURSING</u></p> <p>Code - HN-1</p> <p>Period - One</p> <p>Type - Lecture</p> <p>Term - II</p> <p>-----</p> <p><u>Training Aids</u></p> <p>1. OHP, Computer slides pointer, screen, black board and chalk.</p> <p><u>Time Plan</u></p> <table><tr><td>2.</td><td>(a)</td><td>Introduction.</td><td>-</td><td>05 mins</td></tr><tr><td></td><td>(b)</td><td>Qualities of a Nurse</td><td>-</td><td>35 mins</td></tr><tr><td></td><td>(e)</td><td>Conclusion</td><td>-</td><td>05 mins</td></tr></table> <p><u>Introduction</u></p> <p>1. Nursing plays a very important role in the recovery of a patient. While the doctor prescribes a course of treatment, it is the nurse who actually translates it into action. It is on the efficient nursing of the case that the whole success of the treatment depends.</p> <p>2. A large number of people have to be nursed at home either because their sickness is not so severe or because on being discharged from hospital they convalesce at home. It is here that skill in home nursing comes in. A girl cadet trained in home nursing can be an asset to a family as she can by her care keep a patient's condition from deteriorating and can nurse him back to health. Thus home nursing can be defined as functioning of a person, with all the efficiency and qualities of a nurse, in one's own home, taking care of the stablishment and reducing the intensity and the frequency of sickness to the barest Minimum.</p>	2.	(a)	Introduction.	-	05 mins		(b)	Qualities of a Nurse	-	35 mins		(e)	Conclusion	-	05 mins
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	(b)	Qualities of a Nurse	-	35 mins												
	(e)	Conclusion	-	05 mins												

(a) **Qualities of a Nurse :-**

3. A good nurse must possess the following qualities:-

(a) **Honesty and Truthfulness.** A nurse should be honest to her profession. She should confess her mistake whenever she makes any, and not risk the life of the patient by hiding it.

(b) **Sympathy and Understanding.** A good nurse should deal with the patient with understanding and sympathy. She should sympathetically appreciate the pain and suffering of the patient.

(c) **Cheerfulness, Gentleness and Willingness.** A cheerful nurse reduces the sufferings of the patients to half. Her gentleness reduces their pain and discomfort. Her willingness and eagerness to help is instrumental in making them bear their troubles with a smiling face. "A warm smile may be more therapeutic than a dose of medicine".

(d) **Obedience and Discipline.** A nurse should have self discipline and Should obey the orders of the doctor and carry them out without argument.

(e) **Observant.** A Nurse should observe the minutest details of the patient's condition. If there is the slightest change in the patient's condition, she should immediately report it to the Doctor. She should also observe whether the hospital equipment is functioning properly or not.

(f) **Tact and Sense of Humour.** A tactful nurse can deal easily with the Patient who becomes irritable due to disease. Her sense of humour also helps her in bearing the hardships of her profession cheerfully..