

* Harmonic Oscillator:

$$\hat{a}^+ |n\rangle = \sqrt{n+1} |n+1\rangle$$

$$\hat{a} |n\rangle = \sqrt{n} |n-1\rangle$$

$$\hat{x} = \sqrt{\frac{\hbar}{2m\omega}} (a + a^+)$$

$$\hat{p} = i \sqrt{\frac{\hbar m \omega}{2}} (a^+ - a)$$

* Angular Momentum:

$$\hat{L}_i = \sum_{j,k} \epsilon_{ijk} \hat{x}_j \hat{p}_k$$

$$[\hat{L}_i, \hat{L}_j] = i\hbar \sum_k \epsilon_{ijk} \hat{L}_k$$

$$\hat{L}^2 |l, m\rangle = \hbar^2 l(l+1) |l, m\rangle$$

$$\hat{L}_{\pm} = \hat{L}_x \pm i\hat{L}_y$$

$$\hat{L}_z |l, m\rangle = \hbar m |l, m\rangle$$

$$\hat{L}_+ |l, m\rangle = \hbar \sqrt{l(l+1) - m(m+1)} |l, m+1\rangle$$

$$\hat{L}_- |l, m\rangle = \hbar \sqrt{l(l+1) - m(m-1)} |l, m-1\rangle$$

Addition of Angular Momentum:

$$\hat{J}_{\mu} = \hat{L}_{\mu}^{(1)} + \hat{L}_{\mu}^{(2)} \Rightarrow \hat{J} = \hat{L}^{(1)} + \hat{L}^{(2)}$$

Operators in joint \mathcal{H} $\hat{L}_{\mu}^{(1)} \equiv \hat{L}_{\mu}^{(1)} \otimes \mathbb{1}$ $\hat{L}_{\mu}^{(2)} \equiv \mathbb{1} \otimes \hat{L}_{\mu}^{(2)}$

$$\vec{J}_{\text{total}} \equiv \vec{J} = \vec{L}^{(1)} + \vec{L}^{(2)} \Rightarrow [\hat{J}_i, \hat{J}_j] = i\hbar \sum_k \epsilon_{ijk} \hat{J}_k$$

$$\text{Hence } \hat{J}_{\pm} \equiv \hat{L}_{\pm}^{(1)} \otimes \mathbb{1} + \mathbb{1} \otimes \hat{L}_{\pm}^{(2)}$$

Selection rules for CG coeffs. If two particles are in states l_1 & l_2 and the net state is $|j, m_j\rangle$, then $\left. \begin{array}{l} j \in \{|l_1 - l_2|, \dots, l_1 + l_2\} \\ m_j = m_1 + m_2 \end{array} \right\} \text{selection rules}$

$$|j, m_j\rangle = \sum_{m_1, m_2} C_{m_1, m_2}^{l_1, l_2} |l_1, m_1\rangle |l_2, m_2\rangle \quad \text{s.t. } m_j = m_1 + m_2 \text{ for fixed } l_1 \text{ \& } l_2$$

find coeffs by repeatedly applying J_{\pm}

For a given $|j, m_j\rangle$, $m_j \in \{-j, -j+1, \dots, j-1, j\}$ but $m_j = m_1 + m_2$ for CG coeffs.

* Perturbation Theory:

(2)

Power Series Expans. $\rightarrow (H^{(0)} - E_n^{(0)}) \psi_n^{(1)} = (E_n^{(1)} - H') \psi_n^{(0)} \rightarrow O(\lambda^1)$

$\rightarrow (H^{(0)} - E_n^{(0)}) \psi_n^{(2)} + (H' - E_n^{(1)}) \psi_n^{(1)} = E_n^{(2)} \psi_n^{(0)} \rightarrow O(\lambda^2)$

Non-degenerate: $E_n^{(1)} = \langle \psi_n^{(0)} | H' | \psi_n^{(0)} \rangle$

(n^{th} Energy level is non-deg.) $\psi_n^{(1)} = \sum_{m \neq n} \frac{\langle \psi_m^{(0)} | H' | \psi_n^{(0)} \rangle}{(E_n^{(0)} - E_m^{(0)})} \psi_m^{(0)}$

$\sqrt{1+x^2} = 1 + \frac{1}{2}x^2 - \frac{1}{8}x^4 + \dots$

$E_n^{(2)} = \sum_{m \neq n} \frac{|\langle \psi_m^{(0)} | H' | \psi_n^{(0)} \rangle|^2}{(E_n^{(0)} - E_m^{(0)})^2}$

Degenerate:

• Higher order corrections can only be written for "good" states.

(n^{th} energy level is degenerate)

For 2-fold degeneracy $\phi_{\pm} = \alpha_{\pm} \psi_a^{(0)} + \beta_{\pm} \psi_b^{(0)}$ are good states.

$\begin{pmatrix} H'_{aa} & H'_{ab} \\ H'_{ba} & H'_{bb} \end{pmatrix} \rightarrow \text{eigenvec} \rightarrow \text{"good" states}$
 $\text{eigenvalues} \rightarrow 1^{\text{st}} \text{ order energies.}$

• Write H' matrix in the basis of degenerate eigenspace $(\psi_a^{(0)}, \psi_b^{(0)})$

(1) Find eigenvalues & eigenvec of H' in this basis.

OR

(2) Find H'_{ij} elements, then $E_{\pm}^{(1)} = \frac{1}{2} (H'_{aa} + H'_{bb} \pm \sqrt{(H'_{aa} - H'_{bb})^2 + 4|H'_{ab}|^2})$

NOTE: If $E_n^{(1)}$'s are also degenerate, then we can't use it to find "good" states, but the 1st order $E_n^{(1)}$ is correct regardless.

Theorem for "good" states Find a hermitian op. \hat{A} s.t. $[\hat{A}, \hat{H}'] = [\hat{A}, \hat{H}^{(0)}] = 0$. Then if ψ_a & $\psi_b \in$ degenerate eigenspace of $H^{(0)}$ are also eigenv of \hat{A} with distinct eigenvalues, then $H'_{ab} = 0$ (and hence ψ_a, ψ_b are good states).

* Relativistic Correction $E_r^{(1)} = -\frac{1}{8m^3c^2} \langle p^4 \rangle = -\frac{1}{2mc^2} (E^2 + \langle V^2 \rangle - 2E \langle V \rangle)$