

PDF Summary: The Law of Attraction - Esther and Jerry Hicks

Law of Attraction Activation Guide

Law of Attraction Activation Energy = <u>THOUGHTS</u> [Thoughts * Positivity * Deliberate Intent] * <u>DESIRES</u> * <u>FEELINGS</u> * <u>TIME</u>

Component #1 = Your THOUGHTS (3 Components)

	Directed
	Every thought activates a specific kind of vibration.
	The more you think a given thought, the more of that kind of vibration it creates.
	You always attract what you think and feel, regardless of whether you want it or not.
	If you feel poor, you cannot attract money. If you feel like a failure, success will always elude
	you.
	Positive
	Every thought, every moment will affect what you get in life
_	Positive Thoughts attract Positive Outcomes
	□ Negative Thoughts attract negative outcomes
	The more you focus positively on your desire, the more likely you will get them
	Deliberate
	Have a Clear vision for your future
_	Disregard your current reality and only focus on your future vision.
_	☐ Merge your NOW with your Future Vision
	You can create your own reality by gaining control over your thoughts.
	□ Deliberately think from your Future Vision - not from present reality
	☐ Deliberately focus your thoughts on your vision - every moment
ū	Become a deliberate creator
	Purposefully and intentionally direct your thoughts to ONLY those things that you
	want to experience.
Comp	onent #2 = Your DESIRE:
-	Stronger your desire => Stronger the Activation of Law of Attraction
	When your desire is very strong, you will be able to overcome every single obstacle in
	order to achieve it.
	Burning Desire => The ultimate key to Law of Attraction
Comp	onent #3 = Your FEELINGS
•	You always attract what you feel
	☐ Feel GOOD. Feel Achievement. Feel Success
	Do not feel frustrated. Do not feel unsuccessful. Do not feel defeated
	Don't wait to Feel GREAT in the future. Feel Great right NOW
	"Feel the feelings of the wish fulfilled." - Neville Goddard
Comp	onent #4 = TIME
-	Spend as much time as possible thinking/feeling your desired outcome
	Make your desire strong and intense by spending long periods of time thinking and
	feeling it
	☐ The longer you feel the feeling of the wish fulfilled, the more you will attract it.