

Title: *Yatra Travel Knowledge Base*

Pokhara Travel Guide

Pokhara is one of the most popular tourist destinations in Nepal.

It is famous for its natural beauty, peaceful environment, and adventure activities.

Key attractions in Pokhara include:

- Phewa Lake
- Davis Falls
- World Peace Pagoda
- Sarangkot viewpoint
- Annapurna mountain range

Pokhara is also a major gateway for trekking in the Annapurna region.

Popular treks include the Annapurna Base Camp trek and the Ghorepani Poon Hill trek.

The best time to visit Pokhara is during spring (March–May) and autumn (September–November).

Kathmandu Travel Information

Kathmandu is the capital city of Nepal and the cultural heart of the country.

It is known for its historical monuments, temples, and vibrant local life.

Important tourist places in Kathmandu:

- Swayambhunath (Monkey Temple)
- Pashupatinath Temple
- Boudhanath Stupa
- Durbar Square

Kathmandu is also the main international entry point to Nepal through Tribhuvan International Airport.

Lumbini – Birthplace of Buddha

Lumbini is a UNESCO World Heritage Site located in southern Nepal. It is recognized as the birthplace of Lord Buddha.

Major attractions in Lumbini:

- Maya Devi Temple
- Ashoka Pillar
- Sacred Garden
- International Monastic Zone

Lumbini attracts pilgrims and tourists from all over the world.

Trekking & Adventure Tourism

Nepal is famous worldwide for trekking and adventure tourism.

Popular trekking regions include:

- Everest Region
- Annapurna Region
- Langtang Region
- Manaslu Region

Adventure activities available in Nepal:

- Paragliding
- Bungee Jumping
- Rafting
- Jungle Safari
- Mountain Biking

Best Time to Visit Nepal

The best seasons to visit Nepal are:

- **Spring (March–May)** – Rhododendron blooms, good weather
- **Autumn (September–November)** – Clear skies, best trekking season

Winter is suitable for city tours but cold in mountainous areas.

Monsoon season brings heavy rainfall and landslides in some regions.

Travel Tips for Nepal

- Carry valid travel documents and permits.
- Respect local culture and religious sites.
- Drink bottled or purified water.
- Hire licensed guides for trekking.
- Keep cash in rural areas.