

Iris Zone Analysis Report

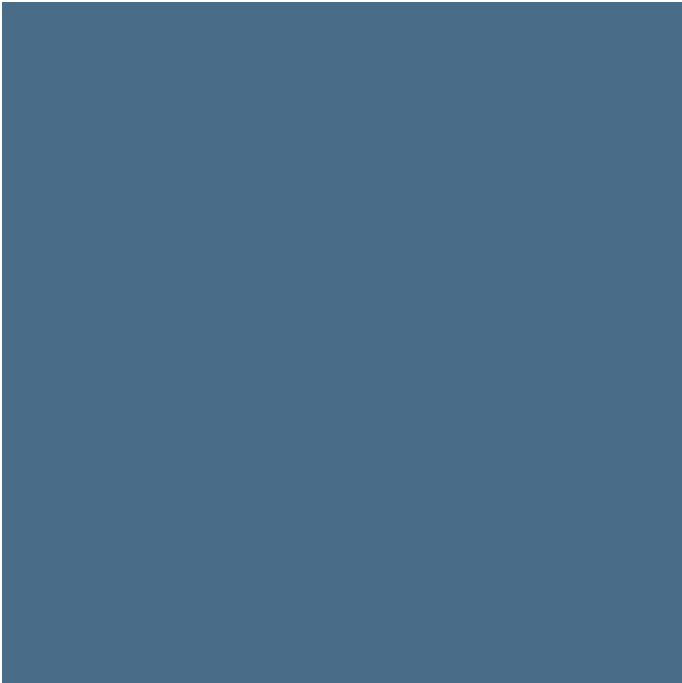
Generated on 2025-05-15 at 22:53

Iris Analysis Visualizations

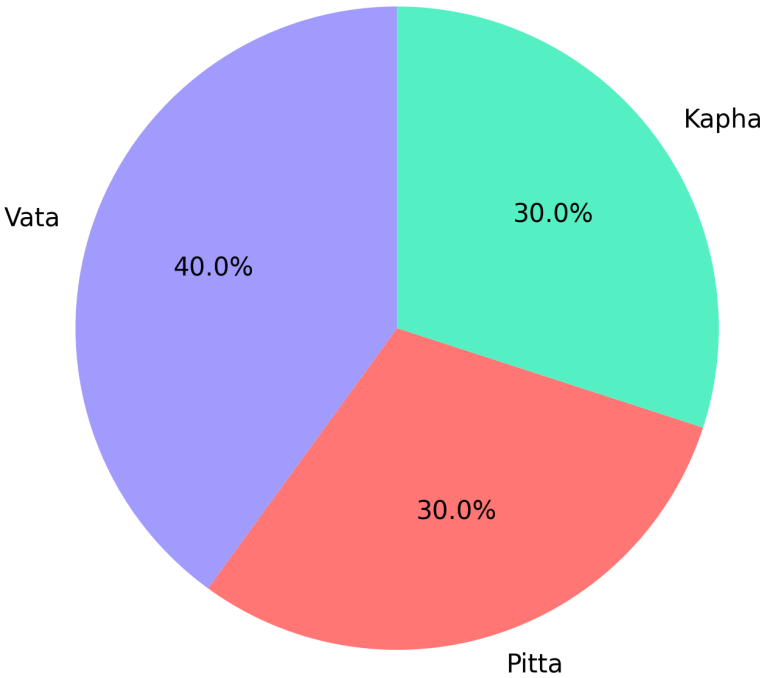
Original Iris Image

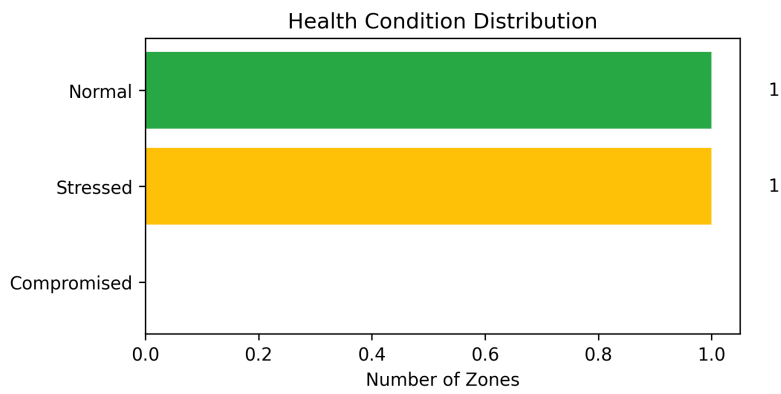


Zone Map Visualization



Dosha Distribution in Iris





Dosha Interpretation

Vata Dominant Iris

The iris shows signs of Vata dominance, which relates to the air and ether elements. This often manifests as:

- Heightened nervous system activity
- Potential for dryness and variability in systems
- Need for grounding and stability

Balancing Suggestions:

- Regular routines and rest patterns
- Warm, nourishing, and grounding foods
- Gentle oil massage (abhyanga) with sesame oil
- Meditation and stress reduction practices

Detailed Zone Analysis

Brain Zone - Normal

Corresponds to: nervous, brain

Description: Related to nervous system and brain function.

Condition: Normal (Confidence: 85.0%)

Suggestion: Maintain your balanced lifestyle.

Dominant Dosha: Vata

Qualities: mobile, dry, light

Digestive Zone - Stressed

Corresponds to: digestive, liver

Description: Related to digestion and liver function.

Condition: Stressed (Confidence: 75.0%)

Suggestion: Consider digestive herbs.

Dominant Dosha: Pitta

Qualities: hot, sharp, light

Disclaimer: This iris analysis is provided for educational and informational purposes only. It is not intended to diagnose, treat, cure, or prevent any disease. Please consult with a qualified healthcare provider for medical advice.