

Iris Zone Analysis Report

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Client Information

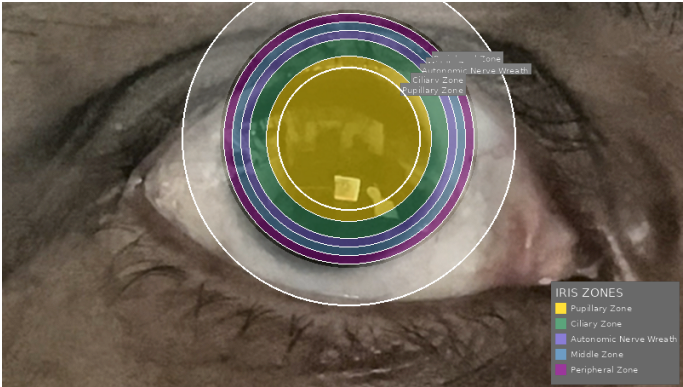
Date: 2025-05-16

Iris Analysis Visualizations

Original Iris Image



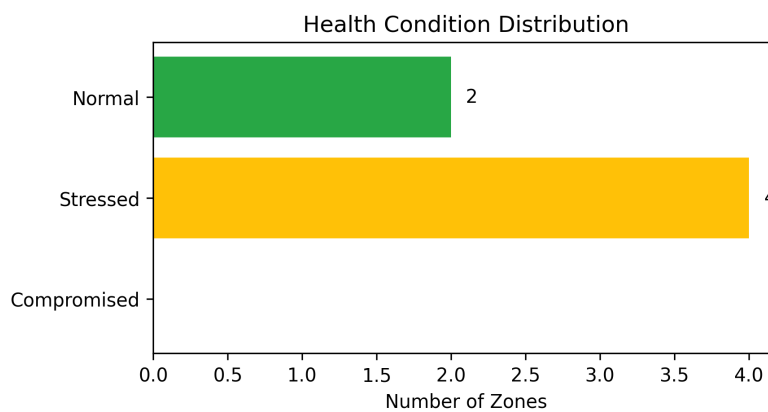
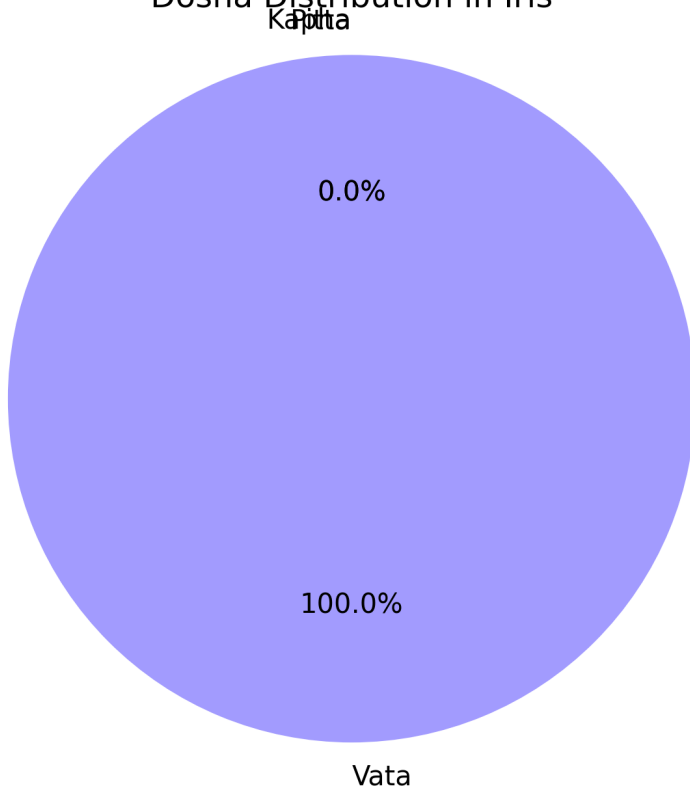
Zone Map Visualization



Health Summary

Overall Balance: Moderately balanced

Dosha Distribution in Iris



Dosha Interpretation

Vata Dominant Iris

The iris shows signs of Vata dominance, which relates to the air and ether elements. This often manifests as:

- Heightened nervous system activity
- Potential for dryness and variability in systems
- Need for grounding and stability

Balancing Suggestions:

- Regular routines and rest patterns
- Warm, nourishing, and grounding foods
- Gentle oil massage (abhyanga) with sesame oil

- Meditation and stress reduction practices

Detailed Zone Analysis

Pupillary Zone (Digestive Ring) - Stressed

Corresponds to: Digestive Tract, Stomach, Intestines

Description: Represents the digestive system and intestines. The innermost ring around the pupil.

Condition: Stressed (Confidence: 84.8%)

Suggestion: May benefit from balancing practices

Dominant Dosha: Vata

Qualities: Dry, Light, Cold, Rough, Subtle, Mobile

Ciliary Zone - Normal

Corresponds to: Respiratory System, Circulatory System

Description: Corresponds to the respiratory and circulatory systems, including heart and lungs.

Condition: Normal (Confidence: 32.6%)

Suggestion: Maintain current health practices

Dominant Dosha: Vata

Qualities: Dry, Light, Cold, Rough, Subtle, Mobile

Autonomic Nerve Wreath - Stressed

Corresponds to: Nervous System, Brain Function

Description: Represents the nervous system and neural activity. Appears as a zigzag or scalloped pattern.

Condition: Stressed (Confidence: 92.7%)

Suggestion: May benefit from balancing practices

Dominant Dosha: Vata

Qualities: Dry, Light, Cold, Rough, Subtle, Mobile

Middle Zone - Stressed

Corresponds to: Musculoskeletal System, Endocrine System, Metabolic Functions

Description: Associated with muscles, bones, and glandular functions.

Condition: Stressed (Confidence: 91.7%)

Suggestion: May benefit from balancing practices

Dominant Dosha: Vata

Qualities: Dry, Light, Cold, Rough, Subtle, Mobile

Peripheral Zone - Stressed

Corresponds to: Skin, Lymphatic System, Extremities

Description: Relates to the skin, lymphatics, and extremities. The outermost area of the iris.

Condition: Stressed (Confidence: 95.7%)

Suggestion: May benefit from balancing practices

Dominant Dosha: Vata

Qualities: Dry, Light, Cold, Rough, Subtle, Mobile

Sclera - Normal

Corresponds to: Overall Constitution, Systemic Balance

Description: The white part of the eye provides additional diagnostic information in Ayurvedic iridology.

Condition: Normal (Confidence: 48.5%)

Suggestion: Maintain current health practices

Dominant Dosha: Vata

Qualities: Dry, Light, Cold, Rough, Subtle, Mobile

Disclaimer: This iris analysis is provided for educational and informational purposes only. It is not intended to diagnose, treat, cure, or prevent any disease. Please consult with a qualified healthcare provider for medical advice.