



Get Fit with HTML: Your Ultimate BMI Calculator Website!



Welcome to Get Fit with HTML!

I have built a *Ultimate BMI Calculator* website using HTML and unleashed my basic web development skills. Get ready to check a website that helps users track their health journey.



BMI Calculator

Weight (kg):

Height (m):

Calculate BMI



Understanding BMI

Body mass index (BMI) is a number that estimates body fat based on weight and height. It's calculated by dividing a person's weight in kilograms by the square of their height in meters. BMI is a reliable indicator of body fatness for most people. It's often used to screen for weight categories that may lead to health problems, such as heart disease, diabetes, and cancer.



BUILDING the Calculator

i have used html language on the vs-code platform and ran the code with my choice of font and style of the page.



THANKS!

by : Kunwar Sahil Darshan

