# **Optimization for Deep Learning**

Lecture 2: Gradient Descent

Kun Yuan

Peking University

### Main contents in this lecture

- Concex sets, functions, and problems
- Strong convexity and smoothness
- Gradient descent
- Convergence analysis
- Forward backward propagation

#### Convex sets

### Definition 1 (Convex set)

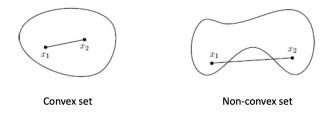
A set  $\mathcal{X} \subseteq \mathbb{R}^d$  is called convex, if for  $\forall x, y \in \mathcal{X}$ , it holds that

$$\theta x + (1 - \theta)y \in \mathcal{X}, \quad \forall \theta \in [0, 1].$$

### Examples:

- Hyperplane  $\{x|a^Tx=b\}$  and hyperspace  $\{x|a^Tx\leq b\}$
- Euclidian ball  $\{x|||x-x_c|| \le r\}$
- Polyhedron  $\{x|a_j^Tx \leq b_j, j=1,\cdots,m, c_j^Tx=d_j, j=1,\cdots,p\}$

### **Convex sets: illustration**



#### Convex function

### Definition 2 (Convex function)

Function  $f:\mathcal{X}\to\mathbb{R}$  is said to be convex if  $\mathcal{X}\subseteq\mathbb{R}^d$  is a convex set and  $\forall x,y\in\mathcal{X}$ , it holds that

$$f(\theta x + (1 - \theta)y) \le \theta f(x) + (1 - \theta)f(y), \quad \forall \theta \in [0, 1].$$

#### Examples:

- ullet Exponential  $e^{ax}$  is convex on  $\mathbb R$  for any  $a\in\mathbb R$
- Norms  $||x||_1$  and  $||x||_2$  are convex on  $\mathbb{R}^d$
- Linear regression loss function  $||Ax b||^2$  is convex on  $\mathbb{R}^d$
- Logistic regression  $\frac{1}{n} \sum_{i=1}^{n} \log(1 + \exp(-b_i a_i^T x))$  is convex on  $\mathbb{R}^d$

### **Convex function: illustration**



Figure: An illustration of a convex function <sup>1</sup>

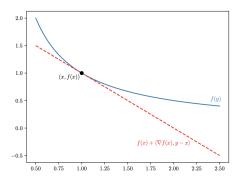
 $<sup>^{1}\</sup>mathrm{This}$  figure is from (Boyd and Vandenberghe, 2004)

# **Convex function: property**

### Lemma 1 (Convex property)

Suppose  $f:\mathcal{X} \to \mathbb{R}$  is differentiable, then f is convex if and only if

$$f(y) \ge f(x) + \langle \nabla f(x), y - x \rangle, \quad \forall x, y \in \mathcal{X}.$$

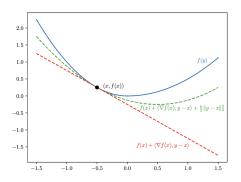


### **Strongly-convex function**

### Definition 3 ( $\mu$ -strongly convex function)

Function  $f:\mathcal{X}\to\mathbb{R}$  is  $\mu$ -strongly convex if there exists a constant  $\mu>0$  such that

$$f(y) \ge f(x) + \langle \nabla f(x), y - x \rangle + \frac{\mu}{2} ||y - x||_2^2, \quad \forall x, y \in \mathcal{X}.$$



### L-smoothness

### Definition 4 (*L*-smoothness)

A differentiable function  $f: \mathbb{R}^n \to \mathbb{R}$  is said to be L-smooth if  $\forall x, y \in \mathbb{R}^n$ ,

$$\|\nabla f(x) - \nabla f(y)\|_2 \le L\|x - y\|_2$$

where L > 0 is the Lipschitz constant of  $\nabla f$ .

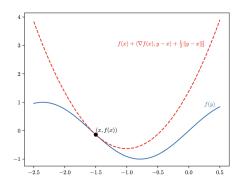
In other words, the gradient cannnot vary too quckly

It is easy to show that the above inequality is equivalent to (see notes)

$$f(y) \le f(x) + \langle \nabla f(x), y - x \rangle + \frac{L}{2} ||y - x||_2^2$$

which implie that f(y) can be upper bounded by a quadratic function

# L-smoothness: illustration



#### **Gradient descent**

• Consider the following smooth and unconstrained optimization

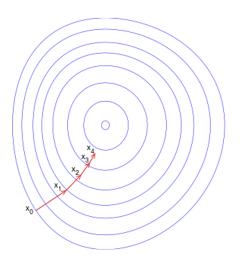
$$\underset{x \in \mathbb{R}^d}{\text{minimize}} \quad f(x)$$

• Gradient descent (GD) is very effective to solve the above problem

$$x_{k+1} = x_k - \gamma \nabla f(x_k), \quad \forall k = 0, 1, \cdots$$

where  $\gamma$  is the learning rate (or step size), and  $x_0$  initializes arbitrarily.

# **Gradient descent: illustration**

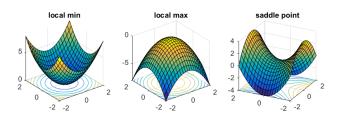


### **Stationary solution**

Given a differentible function f(x),  $x^*$  is the **stationary solution** if and only if

$$\nabla f(x^{\star}) = 0$$

Illustration of the stationary solution<sup>2</sup>



For convex functions, stationary solutions are global solutions.

<sup>&</sup>lt;sup>2</sup>Figure is from Prof. Rong Ge's online post

With small  $\gamma$ ,  $\{f(x_k)\}$  is a strictly decreasing sequence

## Lemma 1 (Decay in function value)

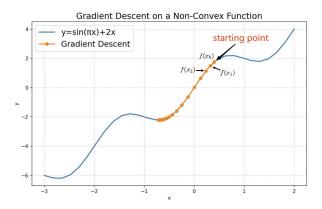
Assume f(x) to be L-smooth. If  $\gamma \leq 1/L$ , it holds that

$$f(x_{k+1}) \le f(x_k) - \frac{\gamma}{2} \|\nabla f(x_k)\|^2$$

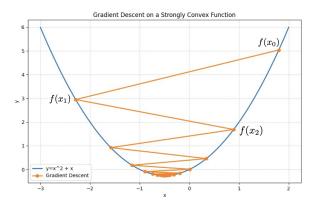
From the above theorem, we conclude that

$$f(x_0) > f(x_1) > \cdots f(x_k) > f(x_{k+1}) > \cdots$$

#### Illustration:



#### Illustration:



#### Theorem 1

Assume f(x) to be L-smooth. If  $\gamma \leq 1/L$ , gradient descent converges as

$$\frac{1}{K+1} \sum_{k=0}^{K} \|\nabla f(x_k)\|^2 \le \frac{2(f(x_0) - f^*)}{\gamma(K+1)}.$$

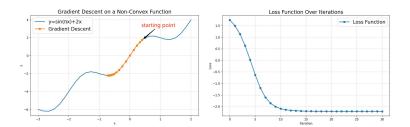
If we further set  $\gamma = 1/L$ , it holds that

$$\frac{1}{K+1} \sum_{k=0}^{K} \|\nabla f(x_k)\|^2 \le \frac{2L(f(x_0) - f^*)}{K+1}.$$

- If the ergotic average converges to 0, then it holds that  $\|\nabla f(x_k)\| \to 0$
- ullet Smaller  $\gamma$  leads to slower convergence
- Convergence rate is O(L/K), which implies  $O(L/\epsilon)$  iteartions to achieve an  $\epsilon$ -accurate solution, i.e., the iteraton complexity is  $O(L/\epsilon)$ .

# **Experiments: non-convex scenario**

We minimize 
$$f(x) = \sin(\pi x) + 2x$$



#### Theorem 2

Suppose f(x) is convex and L-smooth, if  $\gamma=1/(2L)$ , gradient descent converges as

$$f(x_K) - f^* \le \frac{2L||x_0 - x^*||^2}{K+1}.$$

For convex functions, it holds that  $f(x_k) \to f^*$  at rate O(L/K)

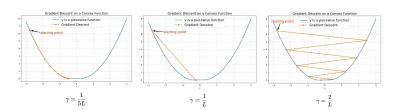
The iteartion complexity  $O(L/\epsilon)$ 

### **Experiments:** convex scenario

We minimize

$$f(x) = \begin{cases} \frac{3}{2}x^2, & \text{if } x \le 0\\ \frac{9}{2}x^2, & \text{if } x > 0 \end{cases}$$

### Gradient descent is sensitive to the choice of learning rate



#### Theorem 3

Assume f(x) is L-smooth and  $\mu$ -strongly convex, if  $\gamma=2/(L+\mu)$ , gradient descent converges as

$$||x_K - x^*|| \le \left(\frac{L - \mu}{L + \mu}\right)^{K+1} ||x_0 - x^*||$$

For strongly-convex functions, it holds that  $x_k \to x^\star$  at rate  $O\left((1-\frac{1}{\kappa})^k\right)$  where  $\kappa = L/\mu$  is regarded as the condition number of the strongly-convex function

GD converges exponentially (or linearly) fast for strongly-convex problems

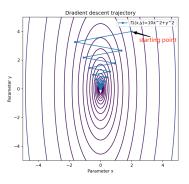
The iteartion complexity is  $O(\kappa \log(1/\epsilon))$ 

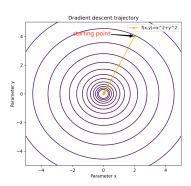
# **Experiments:** striongly-convex scenario

We minimize

$$f_1(x, y) = x^2 + y^2$$
  
 $f_2(x, y) = 10x^2 + y^2$ 

The condition number  $\kappa = L/\mu$  has a significant influence on convergence



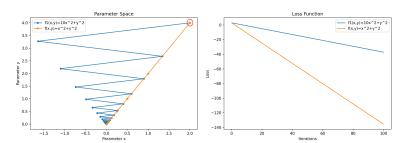


## **Experiments: striongly-convex scenario**

We minimize

$$f_1(x, y) = x^2 + y^2$$
  
 $f_2(x, y) = 10x^2 + y^2$ 

The condition number  $\kappa = L/\mu$  has a significant influence on convergence



# Convergence analysis: proof details

All proof details are in the notes.

# **Convergence rate summary**

	Convergence rate	Iteration complexity
Non-convex	O(L/K)	$O(L/\epsilon)$
Generally-convex	O(L/K)	$O(L/\epsilon)$
Strongly-convex	$O((1-\frac{\mu}{L})^K)$	$O(\frac{L}{\mu}\log(1/\epsilon))$

### Summary

- Gradient descent is very puplar for unconstrained and smooth optimization
- $\bullet$  For non-convex problems, GD converges at rate O(L/K)
- ullet For generally-convex problems, GD converges at rate O(L/K)
- $\bullet$  For strongly-convex problems, GD converges at rate  $O((\frac{L-\mu}{L+\mu})^K)$

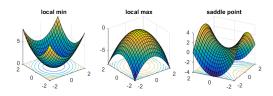
### **Advanced topic**

• In this lecture, we show that

$$\frac{1}{K+1} \sum_{k=0}^{K} \|\nabla f(x_k)\|^2 \le \frac{2L(f(x_0) - f^*)}{K+1}$$

which implies that GD will converge to the stationary solution

• Will GD converge to the local maximum of saddle point?



ullet No! GD will converge to the local minimum with probability 1

### References I

S. P. Boyd and L. Vandenberghe, *Convex optimization*. Cambridge university press, 2004.