

Alzheimer's Buddies Volunteer & Research Program

Medical & Training Requirements

In order to participate, all volunteers must fulfill the following requirements. They will require you to have a doctor's visit and to read/sign the following forms before coming to orientation.

Before Orientation

- 1) Prepare for BASICS test by reviewing brochure
- 2) Read and complete the HIPPA form
- 3) Read and complete the CORI
- 4) Doctor's Visit
 - a. Ask a physician to complete an MD report (aka school or camp form) certifying that you are in good health (the MD/NP writing "low risk" is not enough).
 - b. Required Immunizations that must be included in the MD report:
 - i. MMR
 - ii. Chicken Pox (or a note from the MD/NP certifying that you have had the chicken pox on the form or in a separate letter)
 - c. The results of a TB test taken within the last year are also required in the report (tuberculin skin test). If you go to UHS early in the morning, you should be able to walk in and get a tuberculin test with minimal waiting time.
 - d. For a physical, just call UHS during operating hours (8am-5:30pm Mon-Fri) to make an appointment. You can call to make an appointment with physician or nurse practitioner at (617) 495-2001 or (617) 495-8414. UHS is usually not as busy during the morning hours so it may be easier for you to make an appointment then. If you've had a recent physical, it may be possible for your physician to sign off on your health report so that you can just pick it up without an examination. Please keep in mind that scheduling an early appointment with a nurse practitioner might be easier than scheduling one with your physician. Please keep in mind that you cannot be on the resident's level to meet your buddy at Hebrew SeniorLife until you've submitted this paperwork.

Orientation

Submit your completed forms and at Hebrew SeniorLife and bring your **driver's license or passport** in order to receive your HSL ID badge. Become acquainted with the staff and the facility. Begin studying your buddy's biography and get excited to meet him or her!