

Identify one group that you belong to. Answer the questions below while thinking about that group:¹

Use this scale when answering:

0	1	2	3	4	5	6	7	8
Do Not Agree				Agree				Agree
At All				Somewhat				Completely

1. I want to be in this group for a very long time (please select a number):
2. I am committed to maintaining my relationship with this group:
3. I would not feel very upset if I were to leave this group in the near future:
4. It is likely that I will choose try out a different group within the next year:
5. I feel very attached to this group--very strongly linked to the group members:
6. I want to stay in this group forever:
7. I am oriented toward the long-term future of this group (for example, I imagine being with the group members several years from now):

Write your answers here:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.

Score the measure. Start with the number 16. Subtract your answers on item 3 and item 4 (Item 3 and Item 4 are reverse coded). Add your answers from items 1, 2, 5, 6, and 7.

Your total

What does your response on this tell you about your membership in this group?

Your response

How does satisfaction contribute to this?

Your response

How does perceived quality of alternatives?

Your response

How do possible losses contribute?

Your response

¹ Modified from the commitment scale created by Rusbult, Martz, & Agnew (1998).
Rusbult, C. E., Martz, J. M., & Agnew, C. (1998) The Investment Model Scale: Measuring commitment level, satisfaction level, quality of alternatives and investment size. *Personal Relationships*, 5(4), 357-387. <https://doi.org/10.1111/j.1475-6811.1998.tb00177.x>