

Discussion of
“Unlocking Mortgage Lock-In:
Evidence From A Spatial Housing Model”
by Fonseca, Liu & Mabile

Kurt Mitman

IIES, CEMFI, CEPR, and IZA

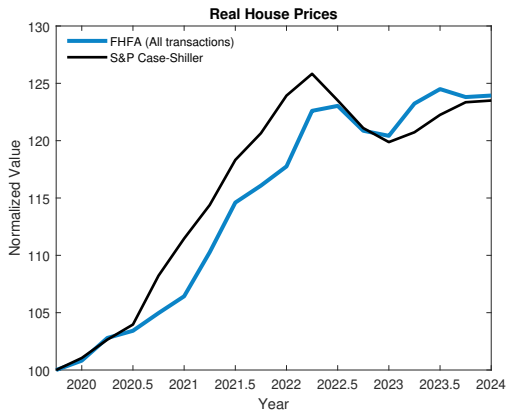
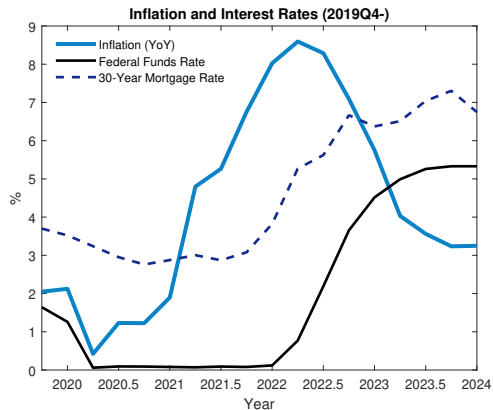
NBER Economic Growth and Fluctuations Program Meeting

October 24, 2025

Discussion roadmap

1. Motivation and overview of the paper
2. Comment(s)
3. Conclusion

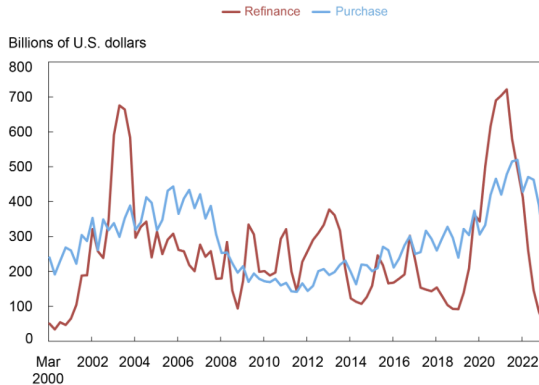
Unprecedented interest rate (r) and inflation (π) swings since 2020.



- Shifting Fed policy stance and beliefs about inflation persistence.
- House prices skyrocketed in 2020 and 2021, but have since softened.

Historically low mortgage rates led to wave of refinancing

Mortgage origination volume by purpose

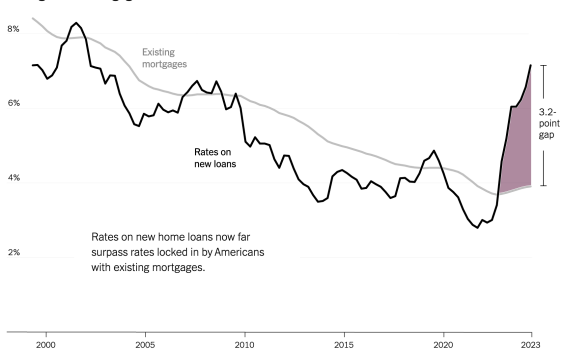


Source: New York Fed Consumer Credit Panel / Equifax.

- Huge wave of refinancing when mortgage rates fell.
- Significant increase in new purchases too.

First time in 30 years majority of mortgagors have negative gaps

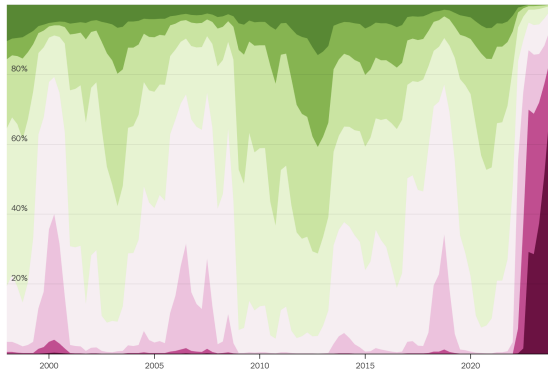
Average fixed mortgage rates



Share of existing mortgages with rates below or above new market rates

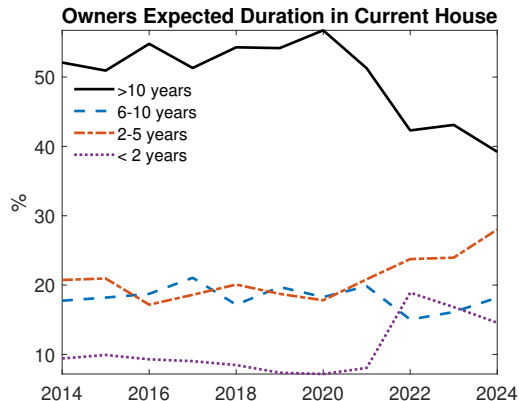
Percentage point difference from rates on new mortgages

BELOW ABOVE
-3 -2 -1 0 +1 +2 +3



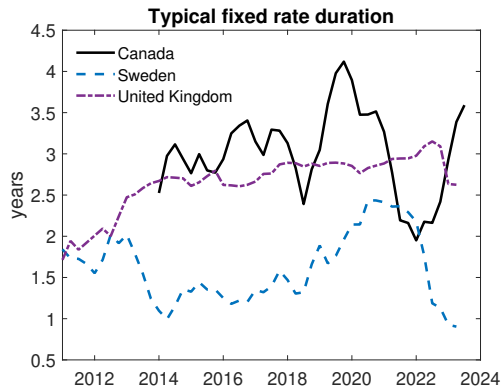
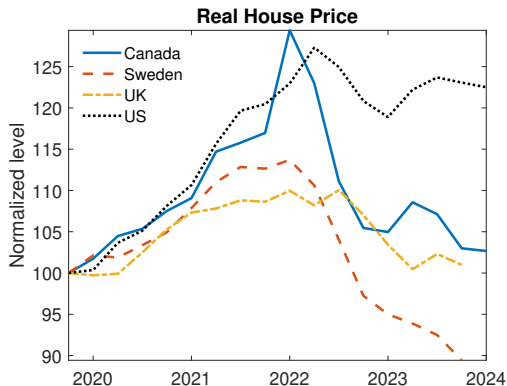
- Rates have been falling over time usually existing mortgages higher rate than prevailing.
- By 2023 more than half of mortgagors have rates more than 3pp below current rates .

Evidence on lock-in from household expectations?



- NY Fed Survey of Consumer Expectations asks expected duration in current house.
- Big shift to shorter durations after COVID.

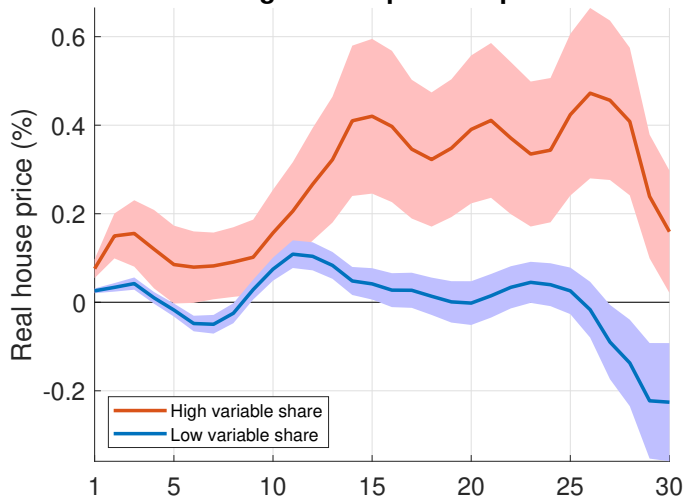
Can FRMs and lock-in explain the resilience in U.S. house prices?



- Divergent experience in house price growth and decline across countries.
- 30-year fixed rate for ~95% of mortgages in US vs 1–3.5 years for Canada, United Kingdom and Sweden.

House prices respond more to MP shocks when variable mortgage share high

Average house price response



(Hedlund, Larkin, Mitman, & Ozkan 2025)

- FRM vs ARM many effects, e.g. cash flows.
- How much can we attribute to lock-in?
- Would be useful to know:
 - Who is locked in?
 - And why?

Their paper in a nutshell

- Fonseca & Liu (2024) meets Mabilie (2023)
- Empirical analysis following Fonseca & Liu (2024) showing:
 - Interest rate gaps reduce moves
 - Interest rate gaps lead to higher house prices
 - Missing downsizers from trade-up homes in high price areas

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- Very nice paper on a hot and topical question...
- ...but I have some thoughts

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- Policy experiment carefully done, but they could be more ambitious
- More work on #1 and #2 would help guide reasoned work on #3.
- Now: I'll use a simple model to try to understand who is locked in and why.
- This is important both for the answers to positive and normative questions.

A simple model of housing lock-in

- Consider a simple model of housing in steady state
- Households have preferences over consumption c , housing services h and bequests b , given by

$$\log f(c_0, h_0) + \beta \log f(c_1, h_1) + \beta^2 \log(b)$$

where f is C^2 and CRS.

- Start with initial wealth w , and have stochastic income y_1 in the first period.
- Can borrow with a mortgage m at gross rate R .
- We can write the budget constraints as:

$$c_0 + p_h h_0 - m_0 = w$$

$$c_1 + p_h h_1 - m_1 = y_1 + p_h h_0 - R m_0$$

$$b = p_h h_1 - R m_1$$

Characterization of intratemporal choices

- Substituting the mortgage across time periods, you derive the user cost of housing

$$\left(1 - \frac{1}{R}\right)p_h \approx rp_h$$

where $R = 1 + r$.

- With CES preferences and elasticity of substitution ω ,

$$f(c, h) = \left(\omega^{\frac{1}{\sigma}} h^{\frac{\sigma-1}{\sigma}} + (1 - \omega)^{\frac{1}{\sigma}} c^{\frac{\sigma-1}{\sigma}} \right)^{\frac{\sigma}{\sigma-1}} \quad (1)$$

intraperiod optimality implies:

$$\frac{rp_h h}{c} = \frac{\omega}{1 - \omega} (rp_h)^{1 - \sigma}. \quad (2)$$

Characterization of consumption & housing demand

- For a given level of expenditure $E = c + rp_h h$,

$$c = \frac{E}{1 + \frac{\omega}{1-\omega} (rp_h)^{1-\sigma}} \quad h = \frac{E}{\frac{\omega-1}{\omega} (rp_h)^\sigma + rp_h}$$

- In steady state this gives policy functions $c_0^*, c_1^*(y_1), h_0^*, h_1^*(y_1)$.
- $dh/dr < 0$, and if consumption and housing are complements, then $dc/dr < 0$
- If interest rates increase, housing demand necessarily decreases

Characterization of period 1 intertemporal choice

- Households enter period with home equity $a_1 = p_h h_0 - Rm_0$,
- Households optimally save a share $s_1^* = \frac{\beta}{1+\beta}$ (given log, independent of R).
- Optimal expenditure in period 1 is $(1 - s_1^*)(a_1 + y_1)$, expenditure shares from the intratemporal problem.
- \exists threshold y_1^* s.t. $y_1 > y_1^*$ means upsizing $h_1^*(y_1) > h_0^*$ (and vice versa)
- The change in housing demand $h_1^*(y_1) - h_0^* = (1 - s_1^*)(y_1 - y_1^*)(1 - \omega)/(rp_h)$
- If $y_1 \sim F$, then $F(y_1^*)$ is the probability that a household downsizes.
- Lock-in is about the change in that probability when r changes unexpectedly.

Lock-in experiment

- Household wakes up in period 1 and there's an unexpected change in $\tilde{r} > r$.
- Household has two options:
 1. Re-optimize $\tilde{h}_1(y_1)$, $\tilde{m}_1(y_1)$ taking into account the new higher interest rate \tilde{r} , or
 2. Keep the current house $h_1 = h_0^*$, and mortgage $m_1 \leq m_0^*$ at interest rate r .
- In case 1, expenditure unchanged relative to no-shock case, but $\tilde{h}_1(y_1) < h_1^*(y_1)$
- In case 2, can re-optimize $c_1(y_1)$, but $h_1 = h_0$, now s_1 may change .
- Household “locked-in” if

$$U(c_1, h_0) + \beta \log(a_1 + y_1 - c_1 - r p_h h_0) > U(\tilde{c}_1, \tilde{h}_1) + \beta \log(a_1 + y_1 - \tilde{c}_1 - \tilde{r} p_h \tilde{h}_1)$$

Lock-in characterization

- There exist thresholds $y_1^L < y_1^H$ such that the household is locked in if and only if $y_1 \in [y_1^L, y_1^H]$.
- $F(y_1^*) - F(y_1^L)$ are “missing downsizers”, $F(y_1^H) - F(y_1^*)$ are “missing upsizers”
- The lock-in interval $[y_1^L, y_1^H]$ becomes wider (more lock-in) when:
 1. Rate shock increases: $\tilde{r} - r$ larger
 2. Initial house larger: h_0^* larger
- Directly in line with their empirical findings .
- BUT: lock-in is asymmetric, there are no “missing movers” when the rate gap is positive.
 - True also in the data.
 - Using McDash-CRISM data coefficient of 0.238 (linear) vs 0.566 (asymmetric)!
- Lots of interesting economics that gets a bit lost in their model.

Taking stock

- Identified a group of households in the “wrong house.”
 - Relative to a world with portable mortgages
- Welfare costs are bounded, people with small losses are the ones that stay.
- Way to address those losses would be to make mortgages portable (e.g. in Sweden).
- But if we're in a second best world where we can't do that, what can or should we do?
- Option to move provides insurance (e.g. move to higher paying job).
 - lock-in reduces household ability to smooth consumption
 - may be a reason to provide insurance to households
- But there are no obvious externalities here that the government should correct.

Main counterfactual picks up more than lock-in, misses path dependence

- The way that they try to measure lock-in in the model is comparing FRM to ARM
 - That's a perfectly interesting and valid experiment to run (I do it in my paper!)
 - But it's going to include a host of other effects, it affects everyone, not just would-be movers
 - Then they could do a different counterfactual: assumable mortgages, or portable mortgages, or paying market value (as opposed to face) to isolate GE effect of lock-in

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 - Then they could do a different counterfactual: assumable mortgages, or portable mortgages, or paying market value (as opposed to face) to isolate GE effect of lock-in
- Doing the tightening experiment from steady state misses potential path dependence
 - Cut before the hike led to wave of refinancing and moves
 - Fixed costs of move/refi \Rightarrow people who just moved/refi-ed less likely to move regardless of hike.
 - In McDash-CRISM data controlling for length of ownership attenuates coefficient on rate gap.
 - Could easily model the 2020-2021 mortgage rate fall before the hike.

What they could do in their model

- Show us in steady state who moves and why (you have 40 EV shocks, hard to figure out)
- Then you could do some partial eqm experiments to show who gets locked-in
- Then allow for the full GE effects and see how it changes further
- Are people moving because of income shocks? retirement? taste shocks? .
- Which move-inducing shocks are more or less effected by changes in R ?

Concluding thoughts

- Thought-provoking and topical paper
- Sharp empirical analysis.
- Built an incredible laboratory to study lock-in and the housing ladder.
- I'm sure that they can realize the full potential in the next version of the paper.
- Looking forward to seeing what they do with it!