
● Important Personalities & Dates:

1. **William G. Morgan** – Inventor of Volleyball (originally called *Mintonette*)
📅 Born: 1870 | Died: 1942 (You might be expected to match dates or events – the years listed may relate to major milestones)
 2. **Dr. Halstead** – Promoted physical education; known in early volleyball history.
📅 Possibly relevant in 1895 (year volleyball was invented) and 1910.
 3. **Elwood Stanley Brown** – Introduced volleyball and basketball in the Philippines.
📅 Note: 1996 and 1990 are likely misprints. He was active in early 1900s.
 4. **Mintonette** – Original name of volleyball when invented in **1895** by William G. Morgan.
 5. **Red Card** – Given for serious offenses; results in expulsion of a player.
 6. **Yellow Card** – Given as a warning to a player for minor misconduct.
 7. **July 7, 1896** – First official game of volleyball played at YMCA, Springfield, Massachusetts.
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◆ Topics Likely for Enumeration or True/False:

- **Importance of Physical Fitness** – Enhances overall health, athletic performance, and injury prevention.
- **Skills Needed in Playing Volleyball** –
 - Serving
 - Passing
 - Setting
 - Spiking
 - Blocking
 - Digging
- **Common Violations** –
 - Double hit
 - Net touch
 - Foot fault
 - Rotation fault
 - Carry or lift
- **Variations in Serving the Ball** –
 - Underhand serve
 - Overhand serve
 - Jump serve
 - Float serve
- **Types of General Protest** – Likely includes disagreement with calls, eligibility issues, or equipment concerns.
- **Officials of the Game** –
 - 1st Referee

- 2nd Referee
- Scorer
- Assistant Scorer
- Line Judges
- **Facilities and Equipment** – Court, net, ball, poles, antennas, referee stand, scoreboard.
- **Prescribed Attire** – Jersey, shorts, kneepads, rubber shoes.
- **Positions of the Players** –
 - Setter
 - Outside Hitter
 - Middle Blocker
 - Libero
 - Opposite
- **Area of the Court** – 18m x 9m divided by a net.
- **Size of the Ball & Height of the Net** –
 - Ball: Circumference 65–67 cm; Weight 260–280g
 - Net Height:
 - Men: 2.43 m
 - Women: 2.24 m
- **Weight of the Ball** – Around 260 to 280 grams.
- **Sanctions** – Warnings (verbal or yellow card), penalties (loss of point or serve), disqualification (red card).

Would you like me to make a reviewer or quiz from this material?