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Wolters Kluwer

## Society guideline links: COVID-19 – Psychiatric care

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### Introduction

This topic includes links to society and government-sponsored guidelines from selected countries and regions around the world. We will update these links periodically; newer versions of some guidelines may be available on each society's website. Some societies may require users to log in to access their guidelines.

The recommendations in the following guidelines may vary from those that appear in UpToDate topic reviews. Readers who are looking for UpToDate topic reviews should use the UpToDate search box to find the relevant content.

Links to related guidelines are provided separately. (See "[Society guideline links: COVID-19 – Index of guideline topics](#)".)

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### International

- [World Health Organization \(WHO\): Mental health and psychosocial considerations during the COVID-19 outbreak – Interim guidance \(2020\)](#)
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### United States

- [American Academy of Child and Adolescent Psychiatry \(AACAP\): Coronavirus/COVID-19 resource library](#)
- [American Psychological Association \(APA\): Practice guidance for COVID-19 \(2022\)](#)
- [American Academy of Pediatrics \(AAP\): Interim guidance on supporting the emotional and behavioral health needs of children, adolescents, and families during the COVID-19 pandemic \(2021\)](#)

- [APA: Guideline for treating anxiety and stress in front-line workers \(2020\)](#)
  - [APA: Guideline for treating front-line workers \(2020\)](#)
  - [Center for the Study of Traumatic Stress \(CSTS\): Psychological effects of quarantine during the coronavirus outbreak – What healthcare providers need to know \(2020\)](#)
  - [CSTS: Taking care of patients during the coronavirus outbreak – A guide for psychiatrists \(2020\)](#)
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## India

- [Indian Council of Medical Research \(ICMR\): Guidance document for psychosocial counselling for COVID-19 positive patients and their family members \(2021\)](#)
  - [ICMR: Manual for "health care professionals" in providing "psychosocial support" to family members in bereavement in the time of COVID-19 \(2021\)](#)
  - [Ministry of Health & Family Welfare \(MHFW\): Guidelines on managing mental illness in hospital settings during COVID-19 \(2021\)](#)
  - [National Institute of Mental Health and Neuro Sciences \(NIMHANS\): Mental health in the times of COVID-19 pandemic – Guidance for general medical and specialised mental health care settings \(2020\)](#)
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## Resources for patients

The following links provide resources about COVID-19 for non-clinicians. These resources come from select society and government-sponsored guidelines from several countries and regions around the world.

- [Canada] [Canadian Mental Health Association \(CMHA\): COVID-19](#)
- [United States] [American Academy of Child & Adolescent Psychiatry \(AACAP\): Coronavirus/COVID-19 resource library – Resources for families](#)
- [United States] [National Alliance on Mental Illness \(NAMI\): COVID-19 resource and information guide](#)

- [United Kingdom] [Royal College of Psychiatrists \(RC Psych\): COVID-19 – Support for patients and carers](#)

UpToDate also offers "The Basics" patient education pieces, which are written by the doctors and editors at UpToDate. These are written in plain language, at the 5<sup>th</sup> to 6<sup>th</sup> grade reading level, and answer the main questions a person is likely to have. (See "[Patient education: COVID-19 overview \(The Basics\)](#)" and "[Patient education: COVID-19 and children \(The Basics\)](#)" and "[Patient education: COVID-19 and pregnancy \(The Basics\)](#)" and "[Patient education: COVID-19 vaccines \(The Basics\)](#)".)

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