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Wolters Kluwer

Society guideline links: Smoking cessation, e-cigarettes, and tobacco control

Introduction

This topic includes links to society and government-sponsored guidelines from selected countries and regions around the world. We will update these links periodically; newer versions of some guidelines may be available on each society's website. Some societies may require users to log in to access their guidelines.

The recommendations in the following guidelines may vary from those that appear in UpToDate topic reviews. Readers who are looking for UpToDate topic reviews should use the UpToDate search box to find the relevant content.

International

- [International Association for the Study of Lung Cancer \(IASLC\): Smoking cessation and tobacco control resources](#)
- [World Health Organization \(WHO\): Tobacco Free Initiative \(TFI\)](#)
- [IASLC: Statement on tobacco control and smoking cessation \(2015\)](#)
- [Forum of International Respiratory Societies \(FIRS\): A position statement on electronic cigarettes \(2014\)](#)
- [The International Union Against Tuberculosis and Lung Disease \(The Union\): Position statement on electronic cigarettes or electronic nicotine delivery systems \(2014\)](#)
- [WHO: Recommendations for the prevention and management of tobacco use and second-hand smoke exposure in pregnancy \(2013\)](#)

- [The Union: Guide for smoking cessation and smokefree environments for tuberculosis patients, 2nd edition \(2010\)](#)
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Canada

- [Canadian Paediatric Society \(CPS\): Position statement on protecting children and adolescents against the risks of vaping \(2021\)](#)
 - [CPS: Position statement on tobacco use and misuse among Indigenous children and youth in Canada \(2017\)](#)
 - [Canadian Task Force on Preventive Health Care \(CTFPHC\): Recommendations on behavioural interventions for the prevention and treatment of cigarette smoking among school-aged children and youth \(2017\)](#)
 - [CPS: Position statement on preventing smoking in children and adolescents – Recommendations for practice and policy \(2016\)](#)
 - [CPS: Practice point on strategies to promote smoking cessation among adolescents \(2016\)](#)
 - [Canadian Cardiovascular Society \(CCS\): Position statement on smoking cessation and the cardiovascular specialist \(2011\)](#)
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United States

- [American Cancer Society \(ACS\): Nicotine replacement therapy for quitting tobacco](#)
- [ACS: Position statement on electronic cigarettes](#)
- [American Lung Association \(ALA\): Quit smoking](#)
- [Centers for Disease Control and Prevention \(CDC\): Cessation materials for state tobacco control programs](#)
- [National Institute on Drug Abuse \(NIDA\): Tobacco/nicotine and vaping](#)
- [US Food and Drug Administration \(FDA\): Tobacco public health resources](#)
- [US Preventive Services Task Force \(USPSTF\): Final recommendation statement on interventions for tobacco smoking cessation in adults, including pregnant persons \(2021\)](#)

- [American Academy of Pediatrics \(AAP\): Clinical practice policy to protect children from tobacco, nicotine, and tobacco smoke \(2015, reaffirmed 2020\)](#)
- [AAP: Public policy for protecting children from tobacco, nicotine, and tobacco smoke \(2015, reaffirmed 2020\)](#)
- [American Thoracic Society \(ATS\): Clinical practice guideline for initiating pharmacologic treatment in tobacco-dependent adults \(2020\)](#)
- [US Department of Health and Human Services \(HHS\): Smoking cessation – A report of the surgeon general \(2020\)](#)
- [USPSTF: Final recommendation statement for prevention and cessation of tobacco use in children and adolescents – Primary care interventions \(2020\)](#)
- [AAP: Policy statement on e-cigarettes and similar devices \(2019\)](#)
- [American College of Cardiology \(ACC\): Expert consensus decision pathway on tobacco cessation treatment \(2018\)](#)
- [American Society for Reproductive Medicine \(ASRM\): Smoking and infertility – A committee opinion \(2018\)](#)
- [American Society of Anesthesiologists \(ASA\): Statement on smoking cessation \(2008, reaffirmed 2018\)](#)
- [AAP: Technical report on nicotine and tobacco as substances of abuse in children and adolescents \(2017\)](#)
- [American Heart Association \(AHA\): A scientific statement on cardiovascular consequences of childhood secondhand tobacco smoke exposure – Prevailing evidence, burden, and racial and socioeconomic disparities \(2016\)](#)
- [HHS: A report of the Surgeon General on e-cigarette use among youth and young adults \(2016\)](#)
- [AAP: Policy statement on electronic nicotine delivery systems \(2015\)](#)
- [AAP: Public policy statement on electronic nicotine delivery systems \(2015\)](#)
- [American Association for Cancer Research \(AACR\) and American Society of Clinical Oncology \(ASCO\): A policy statement on electronic nicotine delivery systems \(2015\)](#)

- [American Diabetes Association \(ADA\): Position statement on the foundations of care – Education, nutrition, physical activity, smoking cessation, psychosocial care, and immunization \(2015\)](#)
 - [HHS and CDC: Guide for health equity in tobacco prevention and control \(2015\)](#)
 - [HHS and CDC: A report of the Surgeon General on the health consequences of smoking – 50 years of progress: Current status of tobacco control \(2014\)](#)
 - [ASCO: Tobacco cessation guide for oncology providers \(2012\)](#)
 - [AHA/American College of Cardiology Foundation \(ACCF\): Guideline for secondary prevention and risk reduction therapy for patients with coronary and other atherosclerotic vascular disease, update \(2011\)](#)
 - [American College Health Association \(ACHA\): Position statement on tobacco on college and university campuses \(2011\)](#)
 - [United States Public Health Service \(PHS\): Clinical practice guideline for treating tobacco use and dependence, update \(2008\)](#)
 - [American College of Emergency Physicians \(ACEP\): Tobacco control interventions in the emergency department \(2006\)](#)
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Europe

- [World Health Organization \(WHO\) Regional Office for Europe: WHO Framework Convention on Tobacco Control \(WHO FCTC\)](#)
- [European Network for Smoking and Tobacco Prevention \(ENSP\): Guidelines for treating tobacco dependence \(2020\)](#)
- [European Respiratory Society \(ERS\): Position paper on tobacco harm reduction \(2019\)](#)
- [ERS: Statement on smoking cessation in COPD and other pulmonary diseases and in smokers with comorbidities who find it difficult to quit \(2015\)](#)
- [European Psychological Association \(EPA\): Guidance on tobacco dependence and strategies for smoking cessation in people with mental illness \(2014\)](#)

- [ERS: Task force report on smoking cessation in patients with respiratory diseases – A high priority, integral component of therapy \(2007\)](#)
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United Kingdom

- [National Institute for Health and Care Excellence \(NICE\): Guideline on tobacco – Preventing uptake, promoting quitting, and treating dependence \(2021, updated 2023\)](#)
 - [NICE: Quality standard on tobacco – Treating dependence \(2022\)](#)
 - [British Association for Psychopharmacology \(BAP\): Guidelines on the management of weight gain, metabolic disturbances and cardiovascular risk associated with psychosis and antipsychotic drug treatment \(2016\)](#)
 - [Choosing Wisely UK: Royal College of Anaesthetists & Royal College of Surgeons England – Patients should be helped to stop smoking, reduce alcohol consumption, improve fitness and nutrition and modify weight where possible. This should be in addition to active measures to optimise individual medical conditions before surgery \(2016\)](#)
 - [NICE: Quality standard on smoking – Reducing and preventing tobacco use \(2015\)](#)
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Australia–New Zealand

- [The Royal Australian College of General Practitioners \(RACGP\): Supporting smoking cessation – A guide for health professionals, 2nd edition \(2019, revised 2021\)](#)
 - [Royal Australian and New Zealand College of Obstetricians and Gynaecologists \(RANZCOG\): Best practice statement on smoking and pregnancy \(2020\)](#)
 - [RACGP: Smoking, nutrition, alcohol, physical activity \(SNAP\) – A population health guide to behavioural risk factors in general practice, 2nd edition \(2015\)](#)
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Japan

- [Japanese Circulation Society \(JCS\): Guidelines for smoking cessation, 2010 \(published 2012\)](#)

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Topic 109347 Version 32.0

