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Wolters Kluwer

Society guideline links: Trauma-related psychiatric disorders in adults

Introduction

This topic includes links to society and government-sponsored guidelines from selected countries and regions around the world. We will update these links periodically; newer versions of some guidelines may be available on each society's website. Some societies may require users to log in to access their guidelines.

The recommendations in the following guidelines may vary from those that appear in UpToDate topic reviews. Readers who are looking for UpToDate topic reviews should use the UpToDate search box to find the relevant content.

Links to related guidelines are provided separately. (See "[Society guideline links: Anxiety and anxiety disorders in adults](#)" and "[Society guideline links: Anxiety and trauma-related disorders in children](#)" and "[Society guideline links: Dissociative disorders](#)".)

International

- [World Federation of Societies of Biological Psychiatry \(WFSBP\): Guidelines for treatment of anxiety, obsessive-compulsive and posttraumatic stress disorders – Version 3. Part II: OCD and PTSD \(2022\)](#)
- [International Society for Traumatic Stress Studies \(ISTSS\): Posttraumatic stress disorder prevention and treatment guidelines – Methodology and recommendations \(2018\)](#)
- [World Health Organization \(WHO\) and United Nations High Commissioner for Refugees \(UNHCR\): mhGAP humanitarian intervention guide \(mhGAP-HIG\) – Clinical management of mental, neurological, and substance use conditions in humanitarian emergencies \(2015\)](#)

- [International Cognitive \(INCOG\): Recommendations for management of cognition following traumatic brain injury, part I – Posttraumatic amnesia/delirium \(2014\)](#)
 - [WHO: Guidelines for the management of conditions specifically related to stress \(2013\)](#)
 - [WFSBP: Guidelines for the pharmacological treatment of anxiety disorders, obsessive-compulsive disorder, and posttraumatic stress disorder in primary care \(2012\)](#)
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Canada

- [Anxiety Disorders Association of Canada \(ADAC\): Canadian clinical practice guidelines for the management of anxiety, posttraumatic stress and obsessive-compulsive disorders \(2014\)](#)
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United States

- [American Psychological Association \(APA\): Clinical practice guideline for the treatment of posttraumatic stress disorder \(PTSD\) in adults \(2017\)](#)
 - [Department of Veterans Affairs/Department of Defense \(VA/DoD\): Clinical practice guideline for the management of posttraumatic stress disorder and acute stress disorder \(2017\)](#)
 - [American College of Obstetricians and Gynecologists \(ACOG\): Committee opinion on health care for women in the military and women veterans \(2012\)](#)
 - [International Federation of Gynecology and Obstetrics \(FIGO\): Guidelines for the management of female survivors of sexual assault \(2010\)](#)
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United Kingdom

- [National Institute for Health and Care Excellence \(NICE\): Guideline on post-traumatic stress disorder \(2018\)](#)
- [British Association for Psychopharmacology \(BAP\): Guidelines for evidence-based pharmacological treatment of anxiety disorders, post-traumatic stress disorder and obsessive-compulsive disorder \(2005, revised 2014\)](#)

Australia–New Zealand

- [Blue Knot Foundation \(BKF\): Organisational guidelines for trauma-informed service-delivery, update \(2020\)](#)
- [Phoenix Australia Centre for Posttraumatic Mental Health \(PACPMH\): Australian guidelines for the prevention and treatment of acute stress disorder, posttraumatic stress disorder and complex PTSD \(2020\)](#)
- [BKF: Practice guidelines for clinical treatment of complex trauma, update \(2019\)](#)
 - [BKF: Complementary guidelines to practice guidelines for clinical treatment of complex trauma \(2019\)](#)
- [BKF: Practice guidelines for identifying and treating complex trauma-related dissociation \(2019\)](#)
- [Monash University \(MU\): Clinical guideline for the diagnosis and management of work-related mental health conditions in general practice \(2019\)](#)
- [BKF: Practice guidelines for treatment of complex trauma and trauma informed care and service delivery \(2012\)](#)

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