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Wolters Kluwer

Society guideline links: Alcohol consumption

Introduction

This topic includes links to society and government-sponsored guidelines from selected countries and regions around the world. We will update these links periodically; newer versions of some guidelines may be available on each society's website. Some societies may require users to log in to access their guidelines.

The recommendations in the following guidelines may vary from those that appear in UpToDate topic reviews. Readers who are looking for UpToDate topic reviews should use the UpToDate search box to find the relevant content.

Links to related guidelines are provided separately:

- (See "[Society guideline links: Alcohol use disorders and withdrawal](#)".)
- (See "[Society guideline links: Alcoholic liver disease](#)".)
- (See "[Society guideline links: Toxic alcohol poisoning](#)".)
- (See "[Society guideline links: Treatment of acute poisoning caused by recreational drug or alcohol use](#)".)
- (See "[Society guideline links: Fetal alcohol spectrum disorder](#)".)
- (See "[Society guideline links: Substance misuse in pregnancy](#)".)

International

- [International Alliance for Responsible Drinking \(IARD\): Minimum legal age limits \(2022\)](#)
- [IARD: Blood alcohol concentration \(BAC\) limits \(2019\)](#)
- [IARD: Drinking guidelines – General population \(2019\)](#)

Canada

- [Canadian Paediatric Society \(CPS\): Position statement on harm reduction – An approach to reducing risky health behaviours in adolescents \(2008, reaffirmed 2018\)](#)
 - [Canadian Centre on Substance Abuse and Addiction \(CCSA\): Guidelines for healthcare providers to promote low-risk drinking among patients \(2013\)](#)
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United States

- [National Institute on Alcohol Abuse and Alcoholism \(NIAAA\): The healthcare professional's core resource on alcohol](#)
 - [American College of Obstetricians and Gynecologists \(ACOG\): Committee Opinion on at-risk drinking and alcohol dependence – Obstetric and gynecologic implications \(2011, reaffirmed 2021\)](#)
 - [Centers for Disease Control and Prevention \(CDC\): Alcohol-related public health objectives and guidelines \(2021\)](#)
 - [NIAAA: A practitioner's guide for alcohol screening and brief intervention for youth \(revised 2021\)](#)
 - [US Department of Agriculture \(USDA\) and US Department of Health and Human Services \(HHS\): Dietary guidelines for Americans – 2020-2025, 9th edition \(2020\)](#)
 - [American Academy of Pediatrics \(AAP\): Policy statement on alcohol use by youth \(2019\)](#)
 - [AAP: Technical report on alcohol use by youth \(2019\)](#)
 - [US Preventive Services Task Force \(USPSTF\): Recommendation statement on unhealthy alcohol use in adolescents and adults – Screening and behavioral counseling interventions \(2018\)](#)
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Europe

- [World Health Organization \(WHO\): Alcohol consumption and sustainable development fact sheet \(2020\)](#)
- [WHO Regional Office for Europe: Alcohol consumption, harm, and policy response fact sheets for 30 European countries \(2018\)](#)

United Kingdom

- [National Institute for Health and Care Excellence \(NICE\): Guideline on alcohol interventions in secondary and further education \(2019\)](#)
 - [UK Chief Medical Officers \(CMO\): Low risk drinking guidelines \(2016\)](#)
 - [NICE: Quality standard on alcohol – Preventing harmful use in the community \(2015\)](#)
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Australia–New Zealand

- [Royal Australian College of General Practitioners \(RACGP\): Smoking, nutrition, alcohol, physical activity \(SNAP\) – A population health guide to behavioural risk factors in general practice, 2nd edition \(2015\)](#)

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