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Wolters Kluwer

## Society guideline links: Eating disorders

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### Introduction

This topic includes links to society and government-sponsored guidelines from selected countries and regions around the world. We will update these links periodically; newer versions of some guidelines may be available on each society's website. Some societies may require users to log in to access their guidelines.

The recommendations in the following guidelines may vary from those that appear in UpToDate topic reviews. Readers who are looking for UpToDate topic reviews should use the UpToDate search box to find the relevant content.

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### International

- [World Federation of Societies of Biological Psychiatry \(WFSBP\): Guidelines for the pharmacological treatment of eating disorders \(2011\)](#)
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### Canada

- [Canadian practice guidelines for the treatment of children and adolescents with eating disorders \(2020\)](#)
  - [Canadian Paediatric Society \(CPS\): Practice point on determining treatment goal weights for children and adolescents with anorexia nervosa \(2018\)](#)
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### United States

- [American Academy of Pediatrics \(AAP\): Clinical report on preventing obesity and eating disorders in adolescents \(2016, reaffirmed 2023\)](#)

- [American Psychiatric Association \(APA\): Practice guideline for the treatment of patients with eating disorders, fourth edition \(2023\)](#)
  - [Society for Adolescent Health and Medicine \(SAHM\): Position paper for medical management of restrictive eating disorders in adolescents and young adults \(2022\)](#)
  - [SAHM: Position statement on refeeding hypophosphatemia in hospitalized adolescents with anorexia nervosa \(2022\)](#)
  - [US Preventive Services Task Force \(USPSTF\): Final recommendation statement on eating disorders in adolescents and adults – Screening \(2022\)](#)
  - [AAP: Policy on promotion of healthy weight-control practices in young athletes \(2017, reaffirmed 2021\)](#)
  - [American College of Obstetricians and Gynecologists \(ACOG\): Committee opinion on gynecologic care for adolescents and young women with eating disorders \(2018, reaffirmed 2021\)](#)
  - [American Medical Society for Sports Medicine \(AMSSM\): Position statement on mental health issues and psychological factors in athletes – Detection, management, effect on performance, and prevention \(2020\)](#)
  - [American Academy of Child & Adolescent Psychiatry \(AACAP\): Practice parameter for the assessment and treatment of children and adolescents with eating disorders \(2015\)](#)
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## United Kingdom

- [Scottish Intercollegiate Guidelines Network \(SIGN\): A national clinical guideline on eating disorders \(2022\)](#)
  - [National Institute for Health and Care Excellence \(NICE\): Guideline on eating disorders – Recognition and treatment \(2020\)](#)
  - [NICE: Quality standard on eating disorders \(2018\)](#)
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## Australia–New Zealand

- [National Eating Disorders Collaboration \(NEDC\): National practice standards for eating disorders \(2018\)](#)

- [New South Wales Health \(NSW Health\): Guidelines for the inpatient management of adult eating disorders in general medical and psychiatric settings in NSW \(2014\)](#)
- [Royal Australian and New Zealand College of Psychiatrists \(RANZCP\): Clinical practice guidelines for the treatment of eating disorders \(2014\)](#)

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