# SILVER OAK PUBLIC SCHOOL

DATE OF EXAMINATION :26-Aug-2017 SWAROOP NAGAR SESSION: 2017-2018

#### PERSONAL INFORMATION

| NAME          | : KHUSHI         | UNIQUE ID   | : 0170              |
|---------------|------------------|-------------|---------------------|
| FATHER'S NAME | : PRADEEP TIWARI | DOB         | : 10-Mar-03         |
| CLASS         | : VIII-          | AGE         | : 14 <sup>YR.</sup> |
| GENDER        | : F              | BLOOD GROUP | :                   |

## PHYSICAL MEASUREMENT

| HEIGHT IN (C.M.) | WEIGHT IN (K.G.) | B.M.I | OBESITY LEVEL |
|------------------|------------------|-------|---------------|
| 154              | 45.4             | 19.14 | Normal        |

### **GROWTH ANALYSIS**

IDEAL HEIGHT FOR THIS AGE SHOULD BE : 155 C.M.

**DEVIATION FROM THE IDEAL HEIGHT IS** : -1.00 C.M.

DEVIATION UPTO +/-10% IS CONSIDERED AS NORMAL

### **EYE SIGHT WITHOUT SPECTS**

| DISTANT VISION |     | NEAR VISION |    | CB/NAD/SQUINT/OTHERS |
|----------------|-----|-------------|----|----------------------|
| RT             | LT  | RT          | LT | NAD                  |
| 6/6            | 6/6 | N6          | N6 | NAD                  |
|                |     |             |    |                      |

## **DENTAL CHECK-UP**

**GOOD ORAL HYGIENE** 

### PERSONAL HYGIENE & IMMUNISATION

**HYGIENE GOOD** 

### PRIMARY HEALTH CHECK-UP REPORT

### **OBSERVATION AND IMPORTANT FINDINGS**

CHILD IS NORMAL AND HEALTHY

# **REMARKS / ADVICE / PRESCRIPTION**

AVOID JUNK FOOD

EAT GREEN LEAFY VEGETABLES AND FRUITS

GO FOR MORNING WALK DAILY

#### **REFERRED TO**

**NOT REQUIRED** 

## **HEALTH EXAMINATION DONE BY**

1. PHYSICIAN : Dr B.L DWIVEDI ||

2. DENTIST : Dr. SUMIT PANCHAL | A-9746

3. EYE SIGHT CHECK-UP BY : ASIF ||

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