# **NAVYUG CONVENT SR. SEC. SCHOOL**

DATE OF EXAMINATION :15-Jul-2017 NEW DELHI SESSION : 2017-2018

#### PERSONAL INFORMATION

NAME	: MONIKA	UNIQUE ID	: 0271
FATHER'S NAME	: BALRAJ YADAV	DOB	: 16-Sep-02
CLASS	: X-	AGE	: 15 <sup>YR.</sup>
GENDER	: F	BLOOD GROUP	: AB+

## PHYSICAL MEASUREMENT

HEIGHT IN (C.M.)	WEIGHT IN (K.G.)	B.M.I	OBESITY LEVEL
156	40	16.44	Normal

## **GROWTH ANALYSIS**

IDEAL HEIGHT FOR THIS AGE SHOULD BE : 161 C.M.

**DEVIATION FROM THE IDEAL HEIGHT IS** : -5.00 C.M.

DEVIATION UPTO +/-10% IS CONSIDERED AS NORMAL

## **EYE SIGHT WITHOUT SPECTS**

DISTANT VISION		NEAR VISION		CB/NAD/SQUINT/OTHERS
RT	LT	RT	LT	NAD
6/24	6/24	N6	N6	NAD

## **DENTAL CHECK-UP**

GOOD ORAL HYGIENE

#### PERSONAL HYGIENE & IMMUNISATION

HYGIENE GOOD

## PRIMARY HEALTH CHECK-UP REPORT

## **OBSERVATION AND IMPORTANT FINDINGS**

MILD ANEMIC, NEED IRON RICH DIET, CHILD IS NORMAL AND HEALTHY, NEED TO CHANGE THE GLASS OF SPECTS

## **REMARKS / ADVICE / PRESCRIPTION**

**AVOID JUNK FOOD** 

EAT GREEN LEAFY VEGETABLES AND FRUITS

GO FOR MORNING WALK DAILY

#### **REFERRED TO**

**OPTOMETRIST** 

## **HEALTH EXAMINATION DONE BY**

**1. PHYSICIAN** : DR. J.S. YADAV | | 10592

2. DENTIST : DR. SUMIT PANCHAL | A-9746

3. EYE SIGHT CHECK-UP BY : JANTA OPTICALS NAJAFGARH ||

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