

SILVER OAK PUBLIC SCHOOL

DATE OF EXAMINATION :26-Aug-2017

SWAROOP NAGAR

SESSION : 2017-2018

PERSONAL INFORMATION

| | |
|-------------------------------|------------------|
| NAME : SONAL | UNIQUE ID : 0004 |
| FATHER'S NAME : PRAVEEN KUMAR | DOB : 30-May-06 |
| CLASS : Vith- | AGE : 11 YR. |
| GENDER : F | BLOOD GROUP : - |

PHYSICAL MEASUREMENT

| HEIGHT IN (C.M.) | WEIGHT IN (K.G.) | B.M.I | OBESITY LEVEL |
|------------------|------------------|-------|---------------|
| 153 | 46.5 | 19.86 | Normal |

GROWTH ANALYSIS

| | | |
|---|---|------------|
| IDEAL HEIGHT FOR THIS AGE SHOULD BE | : | 142 C.M. |
| DEVIATION FROM THE IDEAL HEIGHT IS | : | 11.00 C.M. |
| DEVIATION UPTO +/-10% IS CONSIDERED AS NORMAL | | |

EYE SIGHT WITHOUT SPECTS

| DISTANT VISION | | NEAR VISION | | CB/NAD/SQUINT/OTHERS |
|---|------|-------------|----|----------------------|
| RT | LT | RT | LT | NAD |
| 6/18 | 6/18 | N6 | N6 | |
| NEED CYCLOPLEGIC REFRACTION TEST RESULT MAY VARY ON DILUTION....BOTH EYES | | | | |

PAIN

DENTAL CHECK-UP

| |
|-------------------|
| GOOD ORAL HYGIENE |
|-------------------|

PERSONAL HYGIENE & IMMUNISATION

| |
|--------------|
| HYGIENE GOOD |
|--------------|

PRIMARY HEALTH CHECK-UP REPORT

OBSERVATION AND IMPORTANT FINDINGS

CHILD IS NORMAL AND HEALTHY

HEADACHE

REMARKS / ADVICE / PRESCRIPTION

AVOID JUNK FOOD

EAT GREEN LEAFY VEGETABLES AND FRUITS

GO FOR MORNING WALK DAILY

REFERRED TO

OPTOMETRIST

HEALTH EXAMINATION DONE BY

1. PHYSICIAN : Dr B.L DWIVEDI ||

2. DENTIST : Dr. SUMIT PANCHAL || A-9746

3. EYE SIGHT CHECK-UP BY : ASIF ||

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