# **NAVYUG CONVENT SR. SEC. SCHOOL**

DATE OF EXAMINATION :15-Jul-2017 NEW DELHI SESSION: 2017-2018

#### PERSONAL INFORMATION

| NAME          | : MUSKAN       | UNIQUE ID   | : 0237              |
|---------------|----------------|-------------|---------------------|
| FATHER'S NAME | : SUNEEL KUMAR | DOB         | : 11-Mar-06         |
| CLASS         | : VII-         | AGE         | : 11 <sup>YR.</sup> |
| GENDER        | : F            | BLOOD GROUP | : -                 |

## PHYSICAL MEASUREMENT

| HEIGHT IN (C.M.) | WEIGHT IN (K.G.) | B.M.I | OBESITY LEVEL |
|------------------|------------------|-------|---------------|
| 139              | 31.6             | 16.36 | Normal        |

## **GROWTH ANALYSIS**

IDEAL HEIGHT FOR THIS AGE SHOULD BE : 142 C.M.

DEVIATION FROM THE IDEAL HEIGHT IS : -3.00 C.M.

DEVIATION UPTO +/-10% IS CONSIDERED AS NORMAL

## **EYE SIGHT WITHOUT SPECTS**

| DISTANT VISION |      | NEAR VISION |    | CB/NAD/SQUINT/OTHERS |
|----------------|------|-------------|----|----------------------|
| RT             | LT   | RT          | LT | NAD                  |
| 6/36           | 6/36 | N6          | N6 | NAD                  |
|                |      |             |    |                      |

## **DENTAL CHECK-UP**

GOOD ORAL HYGIENE

#### PERSONAL HYGIENE & IMMUNISATION

HYGIENE GOOD

## PRIMARY HEALTH CHECK-UP REPORT

## **OBSERVATION AND IMPORTANT FINDINGS**

MILD ANEMIC, NEED IRON RICH DIET, CHILD IS NORMAL AND HEALTHY, NEED TO CHANGE THE GLASS OF SPECTS

## **REMARKS / ADVICE / PRESCRIPTION**

**AVOID JUNK FOOD** 

EAT GREEN LEAFY VEGETABLES AND FRUITS

GO FOR MORNING WALK DAILY

#### **REFERRED TO**

OPTOMETRIST, NOT REQUIRED

## **HEALTH EXAMINATION DONE BY**

**1. PHYSICIAN** : DR. J.S. YADAV | | 10592

2. DENTIST : DR. SUMIT PANCHAL | A-9746

3. EYE SIGHT CHECK-UP BY : JANTA OPTICALS NAJAFGARH ||

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