# SILVER OAK PUBLIC SCHOOL

DATE OF EXAMINATION :26-Aug-2017 SWAROOP NAGAR SESSION: 2017-2018

#### PERSONAL INFORMATION

NAME	: NARGIS BANO	UNIQUE ID : 0017
FATHER'S NAME	: MD RAZZAQ	<b>DOB</b> : 25-Dec-05
CLASS	: VIth-	<b>AGE</b> : 12 YR.
GENDER	: F	BLOOD GROUP :

## PHYSICAL MEASUREMENT

HEIGHT IN (C.M.)	WEIGHT IN (K.G.)	B.M.I	OBESITY LEVEL
143	35.2	17.21	Normal

### **GROWTH ANALYSIS**

IDEAL HEIGHT FOR THIS AGE SHOULD BE : 148 C.M.

**DEVIATION FROM THE IDEAL HEIGHT IS** : -5.00 C.M.

DEVIATION UPTO +/-10% IS CONSIDERED AS NORMAL

## **EYE SIGHT WITHOUT SPECTS**

DISTANT VISION		NEAR VISION		CB/NAD/SQUINT/OTHERS
RT	LT	RT	LT	NAD
6/6	6/6	N6	N6	NAD
				•

## **DENTAL CHECK-UP**

GOOD ORAL HYGIENE

### PERSONAL HYGIENE & IMMUNISATION

**HYGIENE GOOD** 

### PRIMARY HEALTH CHECK-UP REPORT

### **OBSERVATION AND IMPORTANT FINDINGS**

CHILD IS NORMAL AND HEALTHY

# **REMARKS / ADVICE / PRESCRIPTION**

AVOID JUNK FOOD

EAT GREEN LEAFY VEGETABLES AND FRUITS

GO FOR MORNING WALK DAILY

#### **REFERRED TO**

**NOT REQUIRED** 

### **HEALTH EXAMINATION DONE BY**

1. PHYSICIAN : Dr B.L DWIVEDI ||

2. DENTIST : Dr. SUMIT PANCHAL | A-9746

3. EYE SIGHT CHECK-UP BY : ASIF ||

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