

PERSONAL INFORMATION

NAME : SHREYA TOMAR	UNIQUE ID : 0314
FATHER'S NAME : RAI SINGH	DOB : 18-Jan-08
CLASS : VI-	AGE : 9 YR.
GENDER : F	BLOOD GROUP : O+

PHYSICAL MEASUREMENT

HEIGHT IN (C.M.)	WEIGHT IN (K.G.)	B.M.I	OBESITY LEVEL
137	31.4	16.73	Normal

GROWTH ANALYSIS

IDEAL HEIGHT FOR THIS AGE SHOULD BE	:	132.2 C.M.
DEVIATION FROM THE IDEAL HEIGHT IS	:	4.80 C.M.
DEVIATION UPTO +/-10% IS CONSIDERED AS NORMAL		

EYE SIGHT WITHOUT SPECTS

DISTANT VISION		NEAR VISION		CB/NAD/SQUINT/OTHERS
RT	LT	RT	LT	NAD
6/18	6/18	N6	N6	

DENTAL CHECK-UP

GOOD ORAL HYGIENE

PERSONAL HYGIENE & IMMUNISATION

HYGIENE GOOD

PRIMARY HEALTH CHECK-UP REPORT

OBSERVATION AND IMPORTANT FINDINGS

MILD ANEMIC,NEED IRON RICH DIET,CHILD IS NORMAL AND HEALTHY

REMARKS / ADVICE / PRESCRIPTION

AVOID JUNK FOOD
EAT GREEN LEAFY VEGETABLES AND FRUITS
GO FOR MORNING WALK DAILY

REFERRED TO

NOT REQUIRED

HEALTH EXAMINATION DONE BY

1. PHYSICIAN	: DR. J.S. YADAV 10592
2. DENTIST	: DR. SUMIT PANCHAL A-9746
3. EYE SIGHT CHECK-UP BY	: JANTA OPTICALS NAJAFGARH
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