MONTH WISESPLIT UP SYLLABUS

CLASS- VI
SUBJECT- SCIENCE CHAPTER – FOOD WHERE DOES IT COME FROM MONTH- APRIL

GIST OF THE LESSON	TARGET LERNING OUTCOME	TEACHING LEARNING ACTIVITY PLANED	QUESTION ON TLOS, HOTS & CORRELATION WITH OTHER SUBJECTS	Suggested activities to inculcate life skills	Strategies to evaluate life skills
Characteristics of living and nonliving things. Importance of food. Variety of food. Sources of food.	Students would be able to know about the difference between living and non-living things. Students would be able to know about the importance of food for their living. Students would be able to know about the different variety of food Students would be able to know about some Sources of food. Students would be able to know about some Sources of food.	E- class along with video on the chapter Discussion about the characteristics of living and non-living things along with examples. Discussion about the importance of food like it gives us energy, it helps us to grow, and it protects us from diseases. Discussion about the different variety of food that students eat in their houses. Discussion about the different sources of food like plants and animals products that are used as food along with examples.	L1 Questions Q can you name ingredients needed to prepare a dish vegetable. Q Which part of tea plant is used for making tea? Q Name five plants and their parts that we eat L2 Questions Q. Why food is necessary for human life? Q We get sugar from	Understands the ingredients needed to make a food item Collection of recipes from different regions of India with pictures Activity to differentiate between healthy and unhealthy food items Let the child	Q. Whatdotheythink"whic hkindoffoodshouldbet akenbyus?" Q. Whatdotheythinkwhichi shealthierbetweenicecream,fruits?andwhy? Q. Do you justify the huge amount of wastage of food in marriage party in the country where 20% of
				observe	

		Discussion about		food management	the people sleep without food?
Plant parts and		theparts of the plantslike	plant.	(wastage) in	
animals products	Students would be	roots, stem, leaves,	Q. Which of the	Indian	
as food.	Students would be able to know about the food habits of some animals.	flower and fruit along with examples like reddish, sugarcane, spinach, cauliflower, mango and animals products like egg, fish, meat, along with the examples of the animals that yield these.	following is a carnivores animal 1. sparrow 2. owl 3. Dear 4. Cow	ridian weddings Collect different vegetables to mention the parts of plant that we eat	Q What method do you suggest to save food in social gathering?
Food habits of animals.		Discussion about the food habits like herbivores, carnivores and omnivores along with their examples like cow, lion, bear	Q. Which of the following is not a milk product? 1. Cheese 2. Butter 3. Ghee 4. Honey Q. Humans are 1. Omnivores 2. carnivores 3. Herbivores 4. none of the above		

Activity	Understands the edible parts of a plant
Materials required	Variety of vegetables
Procedure	Interview method, Survey method
Let's think	The child finds out about edible parts of various plants from his mother/neighbours, by survey of
	fields and shares his findings in the class. Example:-Banana, Pumpkin, drumstick etc.

Activity	Understands the ingredients needed to make a food item
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Materials required	Variety of ingredients.
Procedure	Collection of recipes from different regions of India with pictures
Let's think	 Listing the ingredients of a particular recipe. Classifying the ingredients as originating from plants or animals.

CLASS- VI
SUBJECT- SCIENCE
CHAPTER -COMPONENTS OF FOOD
MONTH- APRIL

GIST OF THE LESSON	TARGET LERNING OUTCOME	TEACHING LEARNING ACTIVITY PLANED	QUESTION ON TLOS, HOTS &	Suggested activities to inculcate life skills	Strategies to evaluate life skills
			CORRELATION WITH OTHER SUBJECTS		
			L1.	Role play on deficiency	Conduct a survey in
Component of		E- class along with video on		diseases,	groups class-wise so
food.		the chapter	Q. Why milk is	Demonstrations based	as to know which
			called a complete	on test for starch,	dietary nutrient
Importance of food	Students would be able to know about the importance of food for	Discussion about the importance of food like it gives us energy, it helps us to	food?	proteins and fats	makes the most for the students for different age groups.
	their living.	grow, and it protects us from	Q. What if excess	Organising activity like	
		diseases.	of nutrients are	community lunch for the	
		Discussion about the	taken in diet?	class where students	Eating habits survey
	Students would be able	different types of nutrient		shall be able to exchange	having questions
Types of	to know about the	present in their food along		various thoughts about	

nutrient.	different types of	with the examples of food		food ,,have different	like;
	nutrient present in their	from their daily life.	Q. What are dietary	tastes and also	,
	food along with the		fibres?	developing habit of	A Food eaten
	examples of food	Discussion about the test		healthy food habits.	by class 1 students in
	containing them.	that shows food contains	L2.		the morning.
Test for	Students would be able	carbohydrate, proteins and			
carbohydrate,	to know about test that shows food contain	fat. Along with activity in the	Q. Name the		B Lunch box of
proteins and	carbohydrate, proteins	lab. Food items turning blue	nutrients which		class 1 if it is a
fat.	and fat.	black on adding iodine	mainly give		balanced diet or not.
	and rate	solution contains	energy?		
		carbohydrate. Food items			C How many
		turning violet colour on	Q Deficiency of		don't eat tiffin?
		adding copper sulphate and	Vitamin C causes		
		caustic soda shows protein.	•••••		
		Discussion about	Q. Name some		
		thedefinition and importance	sources of vitamin		
	Students would be able	of balance diet along with	B and D.		
Balance diet	to know about the	their component and	L3.		
balance diet	importance of balance	examples of some food			
	diet.	having balance diet like milk.	Q. Name two		
		Discussion about the harmful	sources of protein. Q. What is		
		effect of not taking balance	balanced diet?		
	a	diet along with examples of	baranced diet:		
Deficiency	Students would be able to know about the	some deficiency disease like			
disease	disease caused by lack	scurvy, goitre etc.			
	of balance diet.				
	or salarioe dieti				

Activity	Recording the food items eaten for breakfast, lunch and dinner over a period of one
	week
Materials required	Pen and Paper

GIST OF THE	TARGET LERNING	TEACHING LEARNING	QUESTION ON TLOS,	Suggested activities to inculcate	Strategies to evaluate life		
	Procedure	The stude of one w	Own observation and maintaining record of the same. The students note down the food items eaten for breakfast, lunch and dinner over a period of one week in a tabular form.				
			veek they analyze the nut	rients obtained from the food by eac	h child and classify it		
	Let's think	What are the ma	ajor nutrients consumed diet every day?	in a week? Did			
_	PROJECT: 2						
	Activity		Collect information regarding most common health problems observed in people staying in your family and neighbourhood.				
	Materials required	Pen and Paper	Pen and Paper				
	Procedure	• The stud	lents note down the most	of the same. ber of people having health issues in common health problems. rvations about the nutrients which w	*		
	Let's think		asons of major health pro trients which were lackin				

CLASS- VI

Month: May / June 2021 Topic: Fibre to Fabric

LESSON	OUTCOME	ACTIVITY PLANED	HOTS & CORRELATION	life skills	skills
			WITH OTHER SUBJECTS		

Fibre to fabric		E- class along with video on the chapter	L1 Questions Q. Why cotton clothes are preferred in	Visit a nearby tailoring shop, collect cutting of fabrics leftover after	Questionnaire-
Variety in fabric. Fibre.	Students would be able to know about the different types of fabric they are using Students would be able to know about	Discussion about the different types of fabric student are using in their daily life along with examples. Discussion about the different types of fibre like natural and	summers? Q What are the basic need of living things? Q Name three animals from which fibres are obtained.	stitching and try to label them as cotton, silk, wool or synthetic fibre. Take a piece of cotton fabric and try to find a loose thread or yarn at one of the edges and pull it out and observe thin fibres.	Q How many children have charkha at their home? Q. How we get fabric from a charkha?
Sources of	the fibres obtained from animals and plants	synthetic fibre along with their examples from their daily life. Discussion about the	L2 Questions Q what is spinning?	Weaving with paper strips, knitting.	Q Name any famous national leader who have to
fibre.	Students would be able to know about the different sources of fibres. Students would be able to know about	different sources of fibre like animals and plants and chemicals from which fibres are made.	Q Name two types of fibres obtained from animal source. Q Name two natural fibres.	Classroom discussion on Mahatma Gandhi who popularized charkha.	weave charkha. Q What was his role in freedom struggle?
Plant fibres.	some Sources of food. Students would be able to know about some plant fibre kike cotton and jute.	Discussion about plant fibre cotton and jute and the climate and areas of our country where they are grown along with examples of states.	Q Name the states of our country where jute is grown, L3 Questions		necdom struggie:
Yarn to fabric	Students would be able to know some	Discussion about thesome simple	Q.Example of synthetic fibre is a) Cotton		

Clothing history	basic things how fabrics are made.	method of making yarn using takli and charkha and methods to make fabric from yarn like weaving and knitting.	b) jute c) polyester d) silk	FABRIC CONSTRUCTION FIBRES ARE THE BASIS FOR ALL TEXTLES YOU NEED TO KNOW THE DIFFERENCE BETWEEN NATURAL AND SYSTHETIC FIBRES HOW EACH FIBRE IS USED, AND WHICH FIBRES CAN BE COMBINED TOGETHER WEAVING/KNITTING	
	Students would be able to know about types clothes that early man uses.	weaving and knitting. Discussion about the types of clothes that early man were using like leaves of trees bark of trees skins of animals	Q. What are natural fibres? how are they different from synthetic fibres.	Spinning NAMINAL WOOL SING ADACA ANDONA CASHER ETC. PRANT COTTON LIBRA STUTION BITHORS WISCORE LYOCELL ACETALE CUPRO Visit of students to nearby handloom unit and observe the weaving or knitting of fibres Visit of students of fibres	

Activity	To identify different types of fabric used to make clothes.
Materials required	Different types of fabrics

Procedure	The students collect samples of fabrics from a tailor and classify them as natural or synthetic fibres.
Let's think	What are the different types of fibres?
	Which is the most comfortable fibre?

Activity	India has been a major producer of cotton and its fabric. India exports cotton fabrics and items to many other countries. Find out, how it helps us?		
Materials required	Newspaper, Magazines		
Procedure	Search and read more about fabrics from Newspaper and Magazines		
Let's think	Which State in India grow more cotton plants? Which type of soil and climate is good for the growth of cotton plants?		

Gist Of The lesson	Targeted learning outcomes (TLO)	Teaching learning activity Planned	Questions on TLOs, HOTS & correlation with other subjects	Suggested activities to inculcate life skills	Strategies to evaluate life skills
Properties of materials,	To understand :properties of materials	Activity Classify the objects and materials commonly used at home or outside as	L1 Questions Q. Why a tumbler is not made up cloth? Q Metals have lustre .Give reason why some metals	From a large collection of materials ,make groups of objects having different properties like transparency,	1.To identify transparent., translucent and opaque objects from collection of objects. 2. Make a list of
Hardness and softness	To realise the importance of studying the properties of materials,	they are made of show that different objects are made up of different materials.	become dull and loose their shine, L2 Questions Q Metals have lustre .Give reason why some metals become dull and loose their shine,	solubility in water, material from which they are made up of, shape and other properties. Visit a shop and justify why a	substances which are (i) soluble in water, (ii) can be used to make car wind shields (iii) used to make tools (iv) used to make walls of the building and why?
Soluble and insoluble	To solve the problems related with floatation and sinking of	Activity To show the solubility and insolubility of	Q. Name five made up of wood.	shopkeeper forms different groups for different objects	

	objects	different materials.	L3 Questions	
Transparent, opaque and translucent		Activity To prove that some objects sink in water and some objects float on water and which objects are transparent ,opaque and translucent	Q Name any two materials which sink in water. Q Give two examples of the following: (i) liquids soluble in water (ii) liquids insoluble in water (iii) transparent objects	

Activity	Observe and identify different properties of various things at home which are grouped together .		
Materials required	Different things at home		
Procedure	Look around, observe and identify the similarities in the things which are placed together. Write the name of things which are grouped together.		
Let's think	What is the basis of grouping things together? What are the different properties of materials?		

CLASS- VI SUBJECT- SCIENCE -SEPARATION OF SUBSTANCES

CHAPTER

MONTH- JULY

Gist Of The lesson	Targeted learning outcomes (TLO)	Teaching learning activity Planned	Questions on TLOs, HOTS & correlation with other subjects	Suggested activities to inculcate life skills	Strategies to evaluate life skills
Pure substances Impure substances Impurities	Students will be able to – I)define pure substances	Activity- Take a sample of muddy water and observe it carefully and write your observations	L1 Questions Q Is it possible to separate sugar mixture mixed with wheat flour? If yes how would you do this? Q. Salt is obtained from sea water by the	Narrate the story of rotten apple in the basket which makes other apples also rotten	Q What would have been the strategy to save other apple?
Mixtures Types of mixtures Need of separation	Differentiate between homogeneous and heterogeneous mixtures	Activity- Activity with milk, water and chalk power, water to explain homogenous and heterogeneous mixture Activity- Separation of chalk power dissolved in water by using	process of	Picture activity- Getting clear water	Q Which technique would you use Q .Why do we need to separate different component of mixture? Q What is

separation		filtration technique.		from muddy water: Identify the methods	winnowing? Where is it used?
Methods of separation	Understanding about different methods of separation in day to day activities	Activity- Separation of salt dissolved in water by evaporation method Activity- Separation of mixture of iron filling, chalk power and common salt by using combination of several methods of separations	L2 Questions Q How do jewelers separate the pearls of different sizes? Q.How butter is prepared form milk? L3 Questions Q. What is winnowing? Where is it used? Q. How would you obtain clear water from a sample of muddy water	given below and arrange them in a correct order.	Q What is sieving? Q Explain sedimentation, decantation and filtration.

Activity	Make a video showing separation of wheat flour and sugar
Materials required	Sugar ,Wheat flour ,Seive
Procedure	Take mixture of sugar and wheat flour Put it on sieve and shake it so that wheat flour will pass through the fine pores of sieve and sugar particles remain on the sieve. The Process is called as SIEVING.
Let's think	What is the principle of separation method?
	What type of other mixtures can be separated by Sieving?

Activity	Separation and purification of Sugar from its saturated solution by the process of crystallization.			
Materials required	Sugar, Water , container and burner			
Procedure	Take Sugar dissolve in water. Add more and more sugar and keep on dissolving. Then heat the mixture and stir it continuously. Stop heating when sugar does not get mixed in water. Then keep this Saturated solution of Sugar in a container undisturbed for some days. Observe sugar crystals at the bottom and inner surface of container.			
Let's think	What is the principle of separation method? What type of other mixtures can be separated and purified by Crystallisation.			

CLASS- VI SUBJECT- SCIENCE

CHAPTER – CHANGES AROUND US MONTH- JULY

Gist Of The lesson	Targeted learning outcomes (TLO)	Teaching learning activity Planned	Questions on TLOs, HOTS & correlation with other subjects	Suggested activities to inculcate life skills	Strategies to evaluate life
			· ·		skills

Reversible and irreversible changes, Different ways to bring a change: Expansion Contraction Evaporation melting Burning Dissolving Change of milk into curd.	To know about Reversible and irreversible changes. The students will understand the cause of various changes around us. The students will understand: expansion, evaporation, melting, dissolving and changing of milk into curd.	Activities to show reversible change: Change of size by blowing air into a balloon, making of a paper aeroplane, making ball from dough, melting of wax. Activities to show irreversible changes: Baking a roti, burning of a piece of paper.	L1 Questions Q Atul has bought a new bottle of pickle from the market, he tried to open the metal cap to taste it but could not do so. He then took a bowl of hot water and immersed the upper end of the bottle in it for five minutes. He could easily open the bottle now. Can you give the reason L2 Questions What do you know about recycling of papers L3 Questions What do you mean by POP? Where is it used	Make a poster on topic 'Harmful changes around us'. Prepare a chart on Reversible and irreversible changes around you Activity -1 Classify the following changes into reversible and irreversible changes (1) Crumpling of paper (2) Burning of paper (3) Sawing of wood (4) Cooking of food (5) Change of water into water vapour	A group discussion on "Is changes always harmful"

Activity	Maintain a record for one year of the seasonal changes in vegetables, clothing, nature and events around you. Identify the changes that can or cannot be reversed.
Materials required	Pen and paper

Procedure	Writing information about the seasonal changes in vegetables ,clothing nature and events around you. List the changes that can be reversed and can not be reversed.
Let's think	Was all the changes useful? What are the factors which leads to such changes?

Activity	Observe and identify types of changes.	
Materials required	Lemon,Paintbrush,paper,cup,canle,matchbox	
Procedure	Take a lemon, a paintbrush and a piece of paper. Cut the lemon and squeeze out its juice in a cup. Dip the brush in the lemon juice and write a message on the paper. Let the paper dry and you find that the letters of your message become invisible. Now, press the paper with hot iron or warm it by holding it above the flame of a candle (Take care that it does not catch fire). As the paper gets warm, invisible letters change into dark brown colour.	
	Identify the changes that can be reversed.	
Let's think	Was that change reversible or irreversible? What was the other changes in that activity?	

CLASS- VI SUBJECT- SCIENCE

CHAPTER

-GETTING TO KNOW PLANTS

MONTH- AUGUST

Gist Of The	Targeted	Teaching learning activity	Questions on TLOs, HOTS &	Suggested	Strategies to
lesson	learning	Planned	correlation with other	activities to	evaluate life skills
	outcomes		subjects	inculcate life skills	
	(TLO)				

Classification of plants on the basis of their height, stem and branches. Herbs, Shrubs, trees,	Students will be able to learn about different types	Activity- A field trip or visit to school surrounding area to show different types of plants Herbs,	L1 Questions Q A boy goes to a garden and describes various types of plants, Identify the characteristics of plants on the	Identification of herbs ,shrubs and trees in school Garden.	Q Which herbs are grown in your school garden?
Creepers and climbers Stem and its function. Structure of leaf – parallel and reticulate venation	Know about different parts	Activity- Activity with herbaceous plant and coloured solution to show conduction of water.	basis of which they are classified as herbs, shrubs and plants. Give examples. Q A student keeps a twig in red ink. After few hours, he observed red lines in stem and leaves. Exlpain what has happend? Q. X and Y are the two types of plants. Plant X has a thin, long and weak stem which cannot stand upright on its own	Make a visit to herbal Garden of your vidyalaya Picture activity-	Q What is the role of a) Aloe vera b) Tulsi c) Asphotida Q What is the name given to the medicines obtained from herbs?

	of the plant	Activity	but it readily moves up a	Label the parts of	
	and their	Study the parts of a leaf and	nearby support.On the other	a plant, leaf and	
	function	arrangement of veins in a leaf	hand, plant Y is a medium sized	flower	
Types of root			plant with a hard and woody		
systems- tap root		Activity	stem, branching out near the		
and fibrous root		To explain transpiration with	base.	3000	
system.		the help of polythene and a	(a). What type of plant is		
		rooted plant	X?Give one example.	25 Se	
Structure of flower		rooted plant	What type of plant is		
	Relationship		Y?Give one example. <u>L2</u>	V Transport	
	between		Questions		
	venation and	Activity	Q What are tap root and	A Comment of the Comm	
	type of	3	fibrous roots?Draw sketches of		
	roots:The	Activity with dicot and monocot	tap root and fibrous roots?		
	plants having	plant to show Relationship between venation and type of	Q. A boy covers a leaf with a		
	leaves with	roots	polythene bag and leaves it for		
	reticulate	Tools	24 hours. What will he observe	g .	
	venation have		and why?		
	tap roots	Activity		Parts of a Green	
	while the	Activity-	L3 Questions		
	plants having	With the help of the flower of	Q . Draw a well labelled	/ / / / / /	
	leaves with	different kind explain various	diagram of flower and label its		
	parallel	parts of flower.	parts		
	venation have		Q. Define transpiration	Avenue	
	fibrous roots.				
			Q What are Creepers and		
			climbers		
	To know				
	about				
	structure of				
	flower				

Activity	Make HERBARIUM by collecting different types of leaves.
Materials required	Different types of leaves, cloth, newspaper, blank notebook.

Procedure	Do this activity with a number of leaves over a period of a few weeks.				
	For every leaf that you wish to study, pluck it and wrap it in a wet cloth and take it home.				
	Now, put your leaf in a newspaper and place a heavy book on it.				
	You can also put it under your mattress or a trunk! Take out the leaf after a week.				
	Paste it on a paper and write a poem or story about it. With your leaf collection pasted in a book (a				
	Herbarium), you can become quite an expert about leaves!				
Let's think	Were all leaves same in texture ?				
	What kind of various changes do you observe in each kind of leaf?				

Activity	Make a video of explaining flower parts.
Materials required	Flower (HIBISCUS)
Procedure	Take a Hibiscus flower. Mention various parts of flower- Sepal Petal Pedicel Stamen-Anther and Filament(Male part) Pistil-Stigma,Style and Ovary(Ovules)(Female part)
Let's think	What are the male parts? What are the female parts? Where ovules are located in a Flower?

CLASS- VI

SUBJECT- SCIENCE
-BODY MOVEMENT

CHAPTER

MONTH- AUGUST -SEPTEMBER

Gist of The lesson	Targeted learning	Teaching learning	HOTS &	Suggested activities to inculcate life skills	Strategies to evaluate life skills
	outcomes (TLO)	activity Planned	correlation with other subjects		
-Human body and its movementsBall and socket jointsPivotal jointsHinge jointsFixed jointsGait of animals • Earthworm • Cockroach • Bird • Fish -How do snakes move?	To enable the students -To identify bones and various joints in our body. -To understand functioning of different joints. -To identify various body parts in different animals that helps them in their movement from one place to another.	-Try to bend your elbow when a scale is tied on the arm. -To prepare a model of ball and socket joint.	-Draw a neat diagram of human Skelton.(L-1) -Why do under water divers wear fin like flippers on their feet?(L-1). -How do muscles work in our body to move a bone?(L-2) -What are fixed joints? Give an example(L-2) -What are bones? How many bones are present in our body?(L-3)	-Visit biology laboratory to observe model of human Skelton. -To observe the gait of various animals such as earthworm, snail, cockroach etc	Each child will be told to write on one positive aspect of his or her gait. Picture activity-Identification of bones and joints of human body

Activity	Make a video of explaining joints and body movements associated with those joints.
Materials required	Your Body or picture of human skeleton
Procedure	Mention joints by showing movements of your body parts.
Let's think	Was all joints move or work in similar way?
	How many types of joints you learnt by this activity? Name them.

CLASS- VI

SUBJECT- SCIENCE

CHAPTER

-LIVING ORGANISM AND THEIR SARROUNDING

MONTH- SEPTEMBER

Gist Of The lesson	Targeted learning	Teaching learning activity Planned	Questions on TLOs, HOTS & correlation	Suggested activities to inculcate life skills	Strategies to evaluate life skills
10,55,511	outcomes (TLO)	Tamica	with other	incureate ine skins	cvardate inc skins
			subjects		

Living			L1 Questions		Questionnaire
Organisms-			Q Differentiate between		
Plants& animals	T- 1	Activity –	adaptation and acclimatization.	Visit to a zoo to see the	Q Which animals did
	To know about living organism	Carry students to school garden to explain the	Q you are provided with	special arrangement made for animals brought from	you sees in the zoo.
	and their	interactions between	two objects how will you	different habitat.	Q Do all of them
Components of	interaction with	plants/animals with abiotic	decide whether it is living		live on earth? Then
Ecosystem-	the ecosystem	components.	or non-living?		what are different
Biotic and			Q How will the absence of		habitat
abiotic			either of biotic or abiotic	Role play- Predator	found in zoo
components			component affect the environment?	and prey	Q is it real or man
		Activity-	chynomicht.	Making models of	made
Adaptation	To know about	Show aquarium to the students		habitats like desert,	
Transtation	Different habitat	and explain characteristic of	L2 Questions	aquarium,	Q Do you find the
Animal Habitats	and correlate with	fishes which help them to	Q If you have to go to a	mountainous regions.	zoo a perfect place for animals to live
Terrestrial and	the adaptation present in them to	survive under water.	desert to live in for a few	Making a scrap book	in? Is it a justice to
aquatic habitat	survive in such		days, what things will you	on animals and their	cage the animals in a
Some terrestrial	habitat.		carry with you?	habitats	small place?
habitat- Deserts,		Activity-	Q How can you prove that		
mountains,		Outdoor visit of students to	fire is not a living thing?	Quiz	
grassland.		nearby forest, grasslands,			
		pond or lake.	Q Compare two different		
Some Aquatic	To know about		type of terrestrial habitat. E.g. Desert and mountains.		
habitat- Oceans,			L.g. Desert and mountains.		

Ponds and lakes	characteristics of living and non-living organisms.		L3 Questions	
Characteristics of the living beings	Able to understand concept of stimulus and response	*Activity with touch me not plant to explain stimulus of touch and response. * Activity of potted plant to show stimulus of light and response of plant.	QDefine habitat. Q Summarize the features of following habitat- Deserts , Mountain regions, grasslands, oceans , ponds and lakes. Q What are the adaptive features founds in plants and animals of following habitat. Deserts, Mountain regions, grasslands, oceans , ponds and lakes.	

Activity	Make a habitat album.
Materials required	A 4 sheet Paper, file
Procedure	Try to obtain pictures of animals and plants and paste these under different habitat sections in the album. Draw the leaf shapes and structures for trees found in these different regions and include these in the album. In addition, draw the patterns of branching found in trees of these different regions and include these also in the album.
Let's think	What are the different type of habitats? Name the animals and plants of terrestrial habitat.

CHAPTER -MOTION AND MEASUREMENT

MONTH- OCTOBER

Gist Of The lesson	Targeted learning outcomes (TLO)	Teaching learning Planned	activity	Questions on TLOs, HOTS & correlation with other subjects	Suggested activities to inculcate life skills	Strategies to evaluate life skills
Story of transport Means of transport Some Measurements using ancient techniques Standard Units of Measurements (distance) Correct Measurement Of Length Measuring the length of a curved line	*Understand about different modes of transport. *Learn how people travel long distances. *Modern transport system versus old transport system *Understands the concept of measuring unit *Learn to measure different object. *Standards of measurements		height of a hand span 4 .thread Height (thread) d the object or in motion ect in	Level1 Q Why can a pace or a footstep not be used as a standard unit of length? Q-State and explain different Modes of transport. Q- Height of a person is 9.25m. Express it in cm. Level2 Q. meter=cm Q. Meter is unit of: length, time. Level3 Q- Give example of land and water transport. Q- Motion of a child on \(\) a swing is :circular,	Collect the pictures of various modes of transport and find the common thing in all of them Essay writing on "Trip to your hometown" to illustrate the different modes of transport. Picture activity-Ancient and	A debate on wheel is the most important invention of the 19 th century

			ings in	periodic, rectilinear	modern modes of transport	
Types of motion 1.Circular motion 2.Periodic motion 3.Rectilinear motion	Understand about motion	Activity Activity with clock, fan, sw the children park, musical instruments to show differ types of motions such as c and periodic motions Activity- Using balls of different six Mount Board, show the m of sun, moon and earth	es on otions		Identification of different types of motion with the help of miming game.	

Activity	Comparison of foot size of family members.
Materials required	Family members, String, Scale, graph paper
Procedure	Using string and a scale, let each student measure the length of his/her foot. Prepare a bar graph of the foot length measurements that have been obtained for the whole class.
Let's think	Whose foot size is biggest among the family members? Which unit of length is used to measure foot size?

CLASS- VI SUBJECT- SCIENCE

CHAPTER -LIGHT SHADOW AND REFLECTION MONTH-NOVEMBER

Gist Of The lesson	Targeted learning outcomes (TLO)	Teaching learning activity Planned	Questions on TLOs, HOTS & correlation with other subjects	Suggested activities to inculcate life skills	Strategies to evaluate life skills
Luminous object Transparent opaque and translucent object s Shadows Pin hole camera	To understand basic concept of: Luminous object Able to differentiate between transparent opaque and translucent object	Activity use objects/ examples like torch, candle/ sun star ball mirror etc. to explain luminous and non-luminous objects Activity Show different shadows by using light and hands Activity Showing light travels along a straight line with help of candle and pipe.	L1 Questions Q Can shadow be formed in completely dark room? Explain. Q A pinhole camera is based on the property of light travelling inlines. Q Polished surfaces produce _reflection which causes glare in our eyes. L2 Questions Q Differentiate between opaque transparent and translucent material. L3 Questions Q what are luminous object? Q Write True or False against each of the following statement	Giving different types of objects to students and ask them to identify whether object is transparent or translucent or opaque.	Q How can we see objects? Q when we can call any object transparent opaque or translucent Q Does shadow tell us about the right shape of any object .
Mirror and reflection		Activity	1.The moon is a natural source		

Path of light	Basic knowledge of		of light.	
	reflection	showing that mirror reflects a	2.Bouncing back of light from	
		beam of light	shining surfaces is called	
			refraction.	
			3.In lateral inversion, image	
			because inverted.	
			4.We can see clearly through	
			transparent as well as	
			translucent objects.	
			5.To get a shadow, we need both a sources of light and an	
			opaque object.	
			Opaque Object.	

Activity	Make Sliding Pin hole camera
Materials required	Two boxes ,tracing paper,scissor
Procedure	Take two boxes so that one can slideinto another with no gap in betweenthem. Cut open one side of each box. On the opposite face of the larger box,make a small hole in the middle. In the smaller box, cut out from the middle a square with a sideof about 5 to 6 cm. Cover this open square in the box with tracing paper (translucent screen) Slide the smaller box inside the larger onewith the hole, in such a way that theside with the tracing paper is inside Your pin hole camera is ready.
Let's think	What kind of image do you observe through pin hole camera?

CLASS: VI

SUBJECT: SCIENCE

CHAPTER: ELECTRICITY AND CIRCUITS

MONTH:NOVEMBER- DECEMBER

Learner Previous Knowledge	Uses of Electricity Electric	
	appliances	
Target Knowledge for this	Electric circuits	
Topic	Conductors and insulators	
	Electric bulb	
	Electric switch	

GIST OF THE LESSON	TARGET LERNING OUTCOME	TEACHING LEARNING ACTIVITY PLANED	QUESTION ON TLOS, HOTS & CORRELATION WITH OTHER SUBJECTS	Suggested activities to inculcate life skills
Electricity and circuit	Students would be able to know about the electric cell and its structure.	E- class along with video and PPT on the chapter Activity-	L1 (Questions)- Q Why electrician wear rubber gloves while doing electric repair	You are living in an area where light cuts are very frequent. Imagine there were no electric supply
Liectric cell	Students would be able	To prepare the electric circuit using cell, safety pin & wires	work	for a month. How would that affect your day to day
Electric bulb.	to know about the structure of electric bulb.	Activity- Show electric circuit with switch.	L2 (Questions)- Q What will happen to bulb if a rubber is used instead of a safety pin?	activities and others in your family? Present your imagination in the form, of a story or a play in the
Electric circuit	Students would be able to know about the	Activity-	L3 (Questions)-	school.

Torch.	electric circuit and its component.	Activity with electric circuit with conductors and insulators	Q What are conductors and insulators?	
Toren.	Students would be able to know about the working of torch	Discussion about the structure of torch along figure of inside view of torch with its function.	Q What is the role of electric switch in an electric circuit?	
Conductor and insulator.	•	Discussion about the materials on the basis of their conducting current and classifying them as conductor and insulator.		

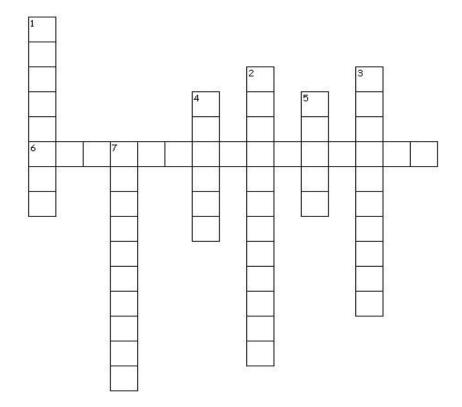
Make a simple electric circuit.

Target Learning Outcome	Understands the components of a simple Electric circuit
Activity	Practical based

☐ Experiment — Making a simple Electric circuit and testing conductivity of different materials using a simple Electric circuit.

PROJECT: 2

Solve the crossword puzzle from the clues provided below



Across

6. Path taken by electric current

Down

- 1. The thin wire in the bulb that gives off light
- 2. This produces electricity from chemicals stored in them
- 3. Material which do not allow electricity to pass through them
- 4. A device which breaks or completes a circuit
- 5. They are used to form connections in an electric circuit
- 7. Material which allow electricity to pass through them

.Suggested activities for other learning outcomes-

- Interview method.
- Listing the precautions to be taken while handling electrical appliances.

 Making a hand held fan with an old torch.

Pedagogical tools for achieving learning indicators-Components used to make an electric circuit, Torch.

CLASS: VI

SUBJECT: SCIENCE

CHAPTER: FUN WITH MAGNET MONTH: DECEMBER

Learner Previous Knowledge	Metals and non-metals	
	Magnets	
	ron	
Target Knowledge for this	Properties of magnet	
Topic	Magnetic materials	
	Discovery of magnet	

GIST OF THE LESSON	TARGET LERNING OUTCOME	TEACHING LEARNING ACTIVITY PLANED	QUESTION ON TLOS, HOTS & CORRELATION WITH OTHER	Suggested activities to inculcate life skills
			SUBJECTS	

Poles of magnets and its use to find directions. Attraction and repulsion Types of magnets Properties of magnet. Magnetic compass. Care of Magnets Uses of magnets	Students would be able to know about story of discovery of magnet Students would be able to know about the difference between magnetic and nonmagmatic materials. Students would be able to know about properties of magnet Students would be able to know about the work of magnetic compass. Students would be able to know about the uses of magnet.	E- class along with video and PPT on the chapter Activity- Activity with magnet, paper plastic, paper pins, nail etc. to show magnetic and nonmagnetic Activity- To find the poles of a magnet. Activity- To prove that a freely suspended magnets always aligns itself in a particular direction. Discussion about the work of magnetic compass that is it is a device to find direction and is used from ancient times by sailor during their voyage.	L1 Questions Q A bar magnet has no markings to indicate its poles. How would you find out near which end is its north pole located? Q You are given an iron strip. How will you make it into a magnet? Q How is a compass used to find directions L2 Questions Q Write any two properties of a magnet. Q Where are poles of a bar magnet located? L3 Questions Write different shapes of magnets? Q Give example of magnetic and Nonmagnetic materials?	Find out the applications of magnetism in medical science.

Target Learning Outcome	Identifies magnetic and non-magnetic substances
Activity	Practical based

Introducing Magnets to Kids. Make the children gather sometimes. Like paper clips, plastic toys, a spoon, a pencil, eraser, etc from around the house and bring them to the class. Hand them a magnet and have them explore the items. They conclude that some items are attracted to the magnet and some are not. Let them sort all the items into: magnetic and non-magnetic.

PROJECT: 2

Rub a magnet in the sand or soil. Pull out the magnet. Are there some particles of sand or soil sticking to the magnet? Now, gently shake the magnet to remove the particles of sand or soil. Are some particles still sticking to it? These might be small pieces of iron (iron filings) picked up from the soil.

Through such an activity, we can find out whether the soil or sand from a given place contains particles that have iron. Try this activity near your home, school or the places you visit on your holidays. Does the magnet with iron filings sticking to it, look like any one of those shown in Fig.?



Magnet with (a)many iron filings (b) few iron filings and (c) no iron filings sticking to it.

CLASS: VI

SUBJECT: SCIENCE

CHAPTER: WATER

MONTH: JANUARY

Learner Previous Knowledge	Uses of water Water	
	cycle	
Target Knowledge for this	Performs activities	
Topic	Connects scientific concepts to everyday life	
	Shows problem solving skills	

MONTH	GIST OF THE	TARGET LERNING	TEACHING LEARNING ACTIVITY	QUESTION ON TLOs, HOTS &	Suggested activities to
	LESSON	OUTCOME	PLANED	CORRELATION WITH OTHER	inculcate life skills
				SUBJECTS	

WATER :Uses				
of water	Students would be able	E- class along with video	L1 Questions	Suggest some methods to
	to know about the	and PPT on the chapter		conserve water in your
Different states	different sources of		Q take out a cooled water	school.
of water	water.	Discussion about the	bottle from refrigerator and	
T C 1		different sources of water	keep it on table. After some	
Loss of water by		like rivers, lake, sea and	time you notice puddles of	
plants	to know about the	wells along with the uses	water around it. Why?	
C11-	water cycle that operates in nature.	of water from these	L2 Overtions	
Clouds	operates in nature.	sources like for drinking, washing, in agriculture	L2 Questions-	
formation	Students would be able	etc.	O What is the difference	
transpiration &	to know about the	etc.	Q What is the difference between evaporation and	
evaporation &	condition for drought	Activity-	condensation?	
Condensation	and rain and their effect	To estimate how much	Q suggest some measures to	
Condensation	of organism life	water do we use in our	reduce daily water	
Conservation &		home during entire day.	consumption at your home.	
Rainwater	Students would be able			
harvesting.	to know about the need	Activity-	L3 Questions	
	for conservation of	To show process of	Q Name three forms of	
	water.	transpiration, evaporation	water.	
		and condensation.		
		Discussion about the need		
		for conservation of water		
		that is water has to be		
		conserved for the coming		
		generation otherwise there		
		will be shortage of water.		
		will be shortage of water.		

Target Learning Outcome	Identifies magnetic and nonmagnetic substances
Activity	Survey based

Survey of leaking taps in the school premises and submitting a report to the maintenance in charge by the students

Suggested activities for other learning outcomes-

- Slogan writing on 'Save water'
- Model making Rain water harvesting
- Wall magazine/ Collage- Pollution of water and conservation of water
- Techniques and tips to reduce wastage of water by people Discussion and role play
- **Pedagogical tools for achieving learning indicators** Materials needed for activities, Power point presentation- Recycling of waste water, Discussion, Role play.

CLASS: VI

SUBJECT: SCIENCE

CHAPTER: AIR AROUND US MONTH: JANUARY

Learner Previous Knowledge	Air is important for breathing
Target Knowledge for this Topic	Composition of air
	Connects scientific concepts to everyday life
	Use of air for burning

GIST OF THE LESSON	TARGET LERNING OUTCOME	TEACHING LEARNING ACTIVITY	QUESTION ON TLOS, HOTS	Suggested
		PLANED	& CORRELATION WITH	activities to
			OTHER SUBJECTS	inculcate life skills

Properties of Air				
Properties of Air Components of air Air helps in burning Air helps in breathing Air helps in balancing the life between plants and animals by exchange of gases Flying of birds Movement of Aeroplan's yachts Production of electricity through wind mill Breathing in living organisms Drying of clothes	Students would be able to know about the composition of air Students would be able to know about different uses of air. Students would be able to know about the balance of different gasses especially oxygen and carbon dioxide Importance of air: for burning,	E- class along with video and PPT on the chapter Activity- show presence of air everywhere by lowering of a plastic bottle in a beaker half filled with water. Activity – show the presence of oxygen and nitrogen in air by placing a candle in a water trough and cover the candle with inverted beaker. Discussion about the different uses of air like it is used by animals for respiration, by plants for preparing their food by the process of photosynthesis and by sail boat during their voyage.	L1 Questions Q What will happen if there will be no air on earth? L2 Questions Q What is the percentage of Nitrogen, oxygen, carbon and other gases in air? L3 Questions What would happen if there is no air in water.	To experience the breathing in different location and at different times Change in air pollution level in a city by using" Flip Classroom" Role of air in our daily life's usage e.g. Drying of clothes in presence of air
	for breathing, for balancing life on earth, presence of air in soil and water	Activity- Show breathing movements with the help of live human model		

Target Learning Outcome	Learns that dust is one of the causes of air pollution
Activity	Activity based

Observation of dust collected in a particular area at different times- Fix a small strip of paper on a clear glass window for a week and observe the amount of dust collected by removing the strip. This activity should be repeated every month and observation recorded.

Suggested activities for other learning outcomes-

- Air occupies space using a balloon.
- 1/5th of air is Oxygen
- Water contains dissolved air.
- Poster making –Prevention of air pollution.
- Discussion- How does air help us in daily life

Pedagogical tools for achieving learning indicators- Materials needed for activities, Power point presentation, Discussion, Role play.

CLASS: VI

SUBJECT: SCIENCE

CHAPTER: GARBAGE IN GARBAGE OUT MONTH: FEBRUARY

Learner Previous Knowledge	
Target Knowledge for this Topic	☐ Connects scientific concepts to everyday life ☐ Shows problem solving skills

GIST OF THE LESSON	TARGET LERNING OUTCOME	TEACHING LEARNING ACTIVITY PLANED	QUESTION ON TLOS, HOTS & CORRELATION WITH OTHER SUBJECTS	Suggested activities to inculcate life skills
Introduction of the chapter- Garbage in, Garbage out Segregation of wastes. Management of biodegradable wastes. Management of non biodegradable wastes. Vermicomposting. Dumping of waste.	Students would be able to know about garbage that is generated by daily activity. Students would be able to know about the differences between biodegradable and non-biodegradable waste. Students would be able to know about the process of vermicomposting and its importance.	E- class along with video and PPT on the chapter Activity Activity with plastic, polythene, animal and food waste to show biodegradable and non- biodegradable waste. Discussion about the garbage that is generated by daily activity by houses, schools, factories, hospitals etc.	L 1 (Questions) Q Why reuse is better than recycling? Q Why people in some regions prefer to eat on leaf platters? (correlating: culture and geography) L 2 (Questions) Q What is paper made from? Q What is land fill and How is it L 3 (Questions) Q Define biodegradable, non-biodegradable wastes and recycling. Q Give examples	Activity to segregate garbage at the source level Activity- to make compost at home using garbage produced. Activity- to make best out of waste
Recycling of paper.	Students would be able to know about the best method to dump waste. Students would be able to know about the importance of recycling paper.	Discussion about the differences between biodegradable and nonbiodegradable waste and its consequences on the environment and living things. Discussion about the process of vermicomposting that is conversion of bio degradable waste into compost which increases the fertility of soil with the help of red worm.	biodegradable and non biodegradable wastes? Q. List out some Important ways of recycling paper.	

Target Learning Outcome	Learns about garbage management
Activity	Activity based

Making vermincompost using vegetable and fruit peels in an earthen pot.

Suggested activities for other learning outcomes-

Best out of waste- Making pen stands, flower vase,	lamps, e	etc out of	used bottles ,	cans et
Making papiermache articles out of old news pape	rs 🛮 Surv	ey based	project on wa	aste

management.

Pedagogical tools for achieving learning indicators- Materials needed for activities, Power point presentation, Flash cards, Discussion, Role play.

	KENDRIYA VIDYALAYA SANGHATAN					
				SPLIT UP OF SYLLABU	S	
				SUBJECT- SCIENCE		
				CLASS- VII		
		PERIODIC TEST	S NO	NAME OF THE LESSON	NO OF PERIODS REQUIRED	
			1	NUTRITION IN PLANTS	11	APRIL MAY
			2	NUTRITION IN ANIMALS	12	/JUNE
			3	FIBRE TO FABRIC	10	
		DEDIGDIG	4	HEAT	9	
TERM 1	HALF YEARLY EXAM	PERIODIC TEST 1	5	ACID, BASES AND SALTS	8	

			6	PHYSICAL AND CHEMICAL CHANGES	8	JULY
			7	WEATHER CLIMATE A D ADAPTATIONS OF ANIMALS	9	
			8	WIND, STORMS AND CYCLONES	10	AUGUST
			9	SOIL	9	
			10	RESPIRATION IN ORGANISMS	12	SEPTEMBER
			11	TRANSPORTATION IN ANIMALS	8	
						OCTOBER
			11 B	TRANSPORTATION IN PLANTS	4	NOVEMBER
	SESSION	PERIODIC	12	REPRODUCTION IN PLANTS	9	
TERM 2	ENDING EXAM	TEST 2	13	MOTION AND TIME	7	
			14	ELECTRIC CURRENT AND ITS EFFECT	8	DECEMBER
			15	LIGHT	9	
			16	WATER; A PRECIOUS RESOURCE	7	JANUARY
			17	FOREST:OUR LIFE LINE	7	
			18	WASTE WATER STORY	7	FEBRUARY

MONTH WISE SPLIT UP SYLLABUS

CLASS: VII

SUBJECT: SCIENCE

CHAPTER: NUTRITION IN PLANTS

Learner Previous	Parts of plants and their functions.
Knowledge	
Target Knowledge for	Modes of Nutrition
this Topic	Photosynthesis
	Understand the different processes involved in Photosynthesis.

MONTH	GIST OF THE LESSON	TARGET LERNING OUTCOME	TEACHING LEARNING ACTIVITY PLANED	QUESTION ON TLOS, HOTS & CORRELATION WITH OTHER SUBJECTS	Suggested activities to inculcate life skills
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APRIL	Nutrition in plants Modes of nutrition	Students would be able to know about the different modes of nutrition in living things.	 Iodine test with two different potted plants to detect the presence of starch for the study of photosynthesis in plants. Study of saprotrophs 	LEVEL 1 1. Why stomata are generally found on lower surface of leaf?	A Project on effect of excessive use of pesticides on earthworm.
	Autotrophic nutrition.	Students would be able to know about the	with a piece of bread having fungus on it.	2. Why photosynthesis occur in plant cells?	
	Other modes of nutrition in plants.	autotrophic nutrition that is photosynthesis. Students would be able to know about the other	3.Discussion about the different modes of nutrition in living things like autotrophic and heterotrophic nutrition along with definition and examples	3. How plants like Cuscutta fulfill its nutritional requirements?	
	Symbiotic relationship.	modes of nutrition in plants like parasitic mode.	4.Discussion about the symbiotic relationship along with its definition and the component of	1. What is Photosynthesis? Explain the role of leaves in	
	Replenishment of nutrient in soil.	Students would be able to know about symbiotic relationship in lichen. Students would be able	lichen that is algae and fungi combine to form lichen which shows symbiotic relationship and both are benefited with each other.	photosynthesis. 2. Can we call all insectivorous plants as carnivore? Why or why not?	
		to know about the process through which	5.Discussion about the process	LEVEL 3 1. Why do organisms need to take food?	

	soil is replenished by	how microorganism like bacteria	2. Define photosynthesis.	
	nutrient.	replenished the soil again by	2 W/l419	1
		nutrient after consumption of	3. What are autotrophs?	1
		nutrient by plant. Rhizobium		1
		converts atmospheric nitrogen into		i
		nitrates increasing the fertility of		i
		soil.		11

Activity	Understanding Food Labels			
Materials required Labelled products or clean, empty product packages				
Procedure	 Get students in groups of four to analyze 8 to 10 product labels. 2. Ask the following questions: a. Which packaging appeals to them the most? Why? Which all nutrients can you identify from each of the food labels? Which of the items has the maximum amount of carbohydrates, fibers, proteins and energy? Which of more nutrients makes the food item tastier? Which makes it healthier? 			
	3. Design a food nutritional label for a product. What information will you retain from the existing label? What additional information would you include?			
Let's think	1. What marketing strategies do companies employ to attract consumers towards their eatable products?			

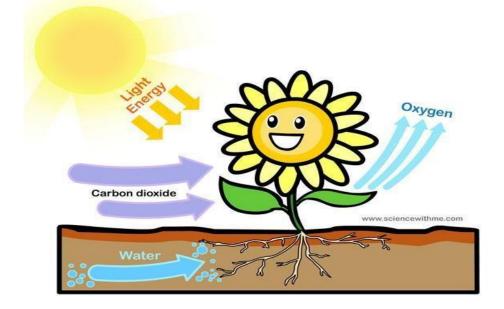
PROJECT: 2

Activity	Plant Adaptations in Carnivorous Plants (Creating Own Species)
Materials required	Internet access or books with pictures of carnivorous plants, craft materials such as paper, markers, balls, paper clips, glue etc.

Procedure	1. Share knowledge of carnivorous plants with the students; mechanisms that they use for their functioning and specific features. (Reading resource:https://kidsgardening.org/lesson-plan-plantadaptationscarnivorous-plants.com)		
	2. Get students in groups of four and create their own 3-D models of carnivorous plants. Ask them to first decide what prey their plant will attract and then answer the following questions: a. How does		
	your plant attract its prey?		
	b. How does your plant trap its prey?		
	c. What happens to the prey after it is trapped? d. Name your plant.		
	e. Describe the living conditions (habitat) of your plant and how will those conditions help in its nutrition.		
	3. Ask students to present their creation to the class and open space for some questions from other groups.		
Let's think	1. How are carnivorous plants different from other plants? How are they similar?		
	2. Why do you think carnivorous plants fall under the category of plants? Which other organisms do they show similarity to?		

	··		
Target Learning Outcome	Learns and understands -		
	About process of photosynthesis		
	The raw materials needed for the process		
Activity	Study the given picture and answer the questions based on it.		

Picture activity based on photosynthesis



- 1. What is the source of energy in the process of photosynthesis?
- 2. Name the gas that is used by the plants in photosynthesis.
- 3. Which gas is the waste product of photosynthesis?
- 4. What is the source of water for the plants for photosynthesis?
- 5. Which part of the plant helps it to absorb water and minerals?

CLASS: VII

SUBJECT: SCIENCE

CHAPTER: NUTRITION IN ANIMALS

Learner Previous	Nutrition in plants	
Knowledge	Human body parts and their functions	
Target Knowledge for	Life Processes	
this Topic	Digestive System	
	udy the organ system responsible for digestion in humans and organs	
	nvolved in the same; Understand the different processes involved in digestion;	
	What are the common diseases associated with malfunctioning organs in the	
	digestive system? (Diabetes, liver diseases, stomach ulcers, etc.)	
	Know how amoeba acquires its nutrition from its body	

MONTH	GIST OF THE LESSON	TARGET LERNING OUTCOME	TEACHING LEARNING ACTIVITY PLANED	QUESTION ON TLOS, HOTS & CORRELATION WITH OTHER	Suggested activities to inculcate life skills
				SUBJECTS	

APRIL	Nutrition		E- class along with video on	LEVEL 1	1.Visit a doctor and find out:
	Different modes of taking food	Students would be able to know about the different modes of taking food in	the chapter Discussion about the Different modes of taking food in various animals like humans, snakes, mosquito,	1.How does teeth decide the type of food for animals?2.Why do people suffer from indigestion?	a). Under what conditions does a patient need to be on drip of glucose.
	Steps of nutrition in animals.	various animals.	butterfly, birds etc. Discussion about the steps involved in nutrition that is	3.Draw a diagram of human digestive system.	b). How does glucose help patient to recover?
	allillais.	Students would be able to know about	Ingestion, Digestion, Absorption, Assimilation	LEVEL 2	2.D
		the steps involved in nutrition.	and egestion along with definition.	1.What is the role of Bile in digestion?	2.Preapre a power point presentation on vitamins is and get the following information:
			Discussion about the various steps in the digestion in human beings	2.What is a food vacuole and where it is found?	(i). Why are vitamins necessary in diet?
	Digestion in human beings	Students would be able to know about	starting from mouth humans have four types of	3.What are villi?	(ii). Which fruits or vegetables
		the various steps in	teeth incisor for cutting, canine for tearing, premolar	LEVEL 3	should be eaten regularly to get vitamins
		the digestion in human beings	and molar for chewing and grinding food. Tongues present in mouth have	1.Name the largest gland in Human body?	
			taste buds which help us to know the taste of food.	2.Name the part of digestive tract which carries food from	
			Saliva contains enzyme salivary amylase which start digesting starch in the mouth.	buccal cavity to stomach?	
			Discussion about the semi		

ir	Digestion in ntestine and absorption.	Students would be able to know about the digestion in intestine and its role in absorption	digested food that goes in the intestine via stomach where HCl was secreted which kills the microbes present in the food and makes the medium acidic digestion is completed in small intestine where villi are present which absorb the digested food.		
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VISIT TO BIOLOGY LABORATORY

- Divide the students in two major groups.
- The students were taken to Biology lab to see the model of human digestive system.
- From the model different parts of the body shall be taken out and given to the children to understand the function of mouth, oesophagus, stomach and small intestine
- Students will observe carefully.

PROJECT: 2

• Draw the diagram of Human digestive system

Suggested activities for other learning outcomes- activities like quiz, jumbled words, diagram based activities, class room discussion.

Pedagogical tools for achieving learning indicators- Pictures of various organs of human digestive system, Word maze

CLASS: VII

SUBJECT: SCIENCE

CHAPTER: FIBRE TO FABRIC

Learner Previous Knowledge	Clothing Journey of plant fibres (cotton and jute) from plant to fabric	
Target Knowledge for this Topic	 Animals fibres (wool and silk) Journey of fibres from sheep to woolen sweater Life cycle of silk worm Processing of silk 	

MONTH	GIST OF THE LESSON	TARGET LERNING	TEACHING LEARNING	QUESTION ON TLOS, HOTS &	Suggested activities to inculcate life
		ОИТСОМЕ	ACTIVITY PLANED	CORRELATION WITH OTHER SUBJECTS	skills

MAY/			1.COLLECTION OF	LEVEL 1	
JUNE	GENERAL INTRODUCTION OF MEANING OF FIBRE	MEANING, USES, IMPORTANCE OF FIBRE	DIFFERENT TPES OF FIBRE USED IN DAY TO DAY LIFE 2.PREPARE SCRAP BOOK	1.How does teeth decide the type of food for	SCIENTIFIC APTITTUDE, ENHANCING OBSERVATION SKILL, CREATIVE APTITUDE, INDIVIDUAL ACTIVITESS LIKE COLLECTION OF ANIMALS THAT YIELD WOOL,
	TYPES OF FIBRE EXAMPLES OF SYNTHETIC AND NATURAL FIBRE	SYNTHETIC AND NATURAL DIFFERENT TYPES OF ANIMALS THAT YIELD FIBRE (WOOL)	CONTAINING DIFFERENT PICTURES OF ANIMALS THAT YIELD WOOL. 3POWER POINT PRESENTATION AND COLLECT PICTURES OF THE	animals? 2.Why do people suffer from indigestion?	PREPARATION OF SCRAP BOOK AND ETC. AND GROUP ACTIVITIES LIKE VISIT TO KNITTING CENTRE, VILLAGE TO SEE THE ANIMALS WHICH YIELD WOOL
	ANIMAL FIBRE (WOOL)	VARIOUS STEPS OF PROCESS OF FIBRE INTO WOOL	STAGES OF THE LIFE HISTORY OF THE SILK MOUTH AND ARRANGE AND PASTE THE PICTURES IN THE CORRECT SEQUENCE IN CYCLIC	3.Draw a diagram of human digestive system.	
	PROCESS OF OBTAINING SILK FROM COCOON	DIFFERENT STAGES OF LIFE HISTORY OF SILH MOTH	FORM ON A CHART PAPER 4. POWER POINT PRESENTATION	1.What is the role of Bile in digestion?	
	PROCESSING OF SILK	PROCESS OF OBTAINING SILK FROM A PILE OF COCOON		2.What is a food vacuole and where it is found?	

HEALTH HAZARDS OF WOOL AND SILK INDUSTRIES	ANTHRAX OR SORTER'S DISEASE, RESPIRATORY DISEASES	3.What are villi? LEVEL 3 1.Name the largest gland in Human body? 2.Name the part of digestive tact which carries food from buccal cavity to stomach?	
		_	

NAME OF THE ACTIVITY: HANDS ON ACTIVITY - MAKING WOOL YARN FROM FIBRE

MATERIALS REQUIRED: Synthetic wool (used in soft toys), Comb with tooth apart, dye ofdifferent colours.

METHODOLGY OF ACTIVITY:

Students will be asked to bring synthetic wool (used for stuffing soft toys) and othermaterials required.

Students will be told that the synthetic wool is like the fleece which is sheared and scoured. Now they need to sort it out based on different colours and textures.

Then they will be asked to remove small furs from those hairs.

Then the hair will be coloured with different colours and dried by the students.

After this, the students will be asked to comb the dyed fibres and roll it into yarn on a side pencil.

Thus the students will learn the different steps of processing fibre into yarn. 1.

Would you like to wear a sweater which is made of unsorted wool? Why?

2. Does shearing hurt the sheep?

3. Why is shearing done mostly during summer? **CURIOSITY QUESTIONS:** Why should we burn the wool to know whether it is natural or a synthetic wool? ANSWER GUIDE: Which part of the sheep gives us wool? Is the smell of a burning hair similar to that of a natural wool or synthetic wool? **PROJECT: 2** Distinguish between artificial silk and natural silk. 1. Take a piece of natural silk fabric and another piece of artificial silk fabric. 2. Burn both the fabrics separately and observe the smell produced. Conclusion: 1. The fabric which burns giving a smell of burning hair will be natural silk orpure silk. 2. The fabric which burns giving a smell of burning paper will be artificial silk. Just like silk, wool is also made up of proteins. So, a piece of woollen fabricalso burns giving the smell of burning hair. PROJECT: 3

Target Learning Outcome	Acquires knowledge about types of wool and the states where they are found
Activity	Map work

In the table, names of some Indian breeds of sheep and the states where they are found. Mark the information on a political map of India

S.No.	Name of breed	Quality of wool	State where found

1	Lohi	Good quality wool	Rajasthan, Punjab
2	Rampur bushair	Brown fleece	Uttar Pradesh, Himachal Pradesh
3	Nali	Carpet wool	Rajasthan, Haryana, Punjab
4	Bakharwal	For woollen shawls	Jammu and Kashmir
5	Marwari	Coarse wool	Gujarat
6	Patanwadi	For hosiery	Gujarat

Suggested activities for other learning outcomes- activities like quiz, , diagram based activities, class room discussion on 'Whether shearing harms the sheep', different types of wool.

Pedagogical tools for achieving learning indicators- Explanation, Discussion, Charts, Diagrams.

CLASS: VII

SUBJECT: SCIENCE

CHAPTER: HEAT

MONTH	GIST OF THE LESSON	TARGET LERNING OUTCOME	TEACHING LEARNING ACTIVITY PLANED	QUESTION ON TLOS, HOTS & CORRELATION WITH OTHER SUBJECTS	Suggested activities to inculcate life skills
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JULY				LEVEL 1	
JULY	Heat Hot and cold. Measuring temperature Transfer of heat Land and sea breeze Types of cloth to wear in summer and winter season.	Students would be able to know about the comparison between hotness and coldness. Students would be able to know about the thermometer and how to measure the temperature. Students would be able to know about the process of transfer of heat. Students would be able to know about land and sea breeze and the reason for pleasant weather in	E- class along with video on the chapter Discussion about the hotness and coldness along with the activity using three beaker having cold, warm and normal water Discussion about the device used for measuring temperature i.e. clinical and laboratory thermometer and their differences along with correct method to taking its reading. Discussion about the methods of the transmission of heat i.e. conduction, convection and radiation along with their definition and the medium	1.In places of hot climate it is advised that outer walls of the houses to be painted white. Explain 2.Explain why wearing more layers of clothing during winter keeps us warmer than just wearing one thick piece of clothing? 3.Explain the process of convection with example. LEVEL 2 1. Differentiate clinical and laboratory thermometer. 2. What are the properties of conductors and insulators?	Go to a doctor or your nearest health Centre/medical room of your Vidyalaya. Observe the doctor taking the temperature of patients. Collect data of at least 10 patients.
		pleasant weather in coastal areas. Students would be	definition and the medium in which these occur along		

TOPIC: TRANSFER OF HEAT

NAME OF THE ACTIVITY: PASSING THE BALL (GAMES)

MATERIALS REQUIRED: A football / volleyball, 40 soft balls /stones

METHODOLGY OF ACTIVITY: ☐ Students are divided into 4 groups.

ACTIVITY 1:

□ Eac	h group	is asked	to make a	a circle	and on	e student	should	stand in	n the	centre.

 $\hfill\square$ The student in the centre will throw the ball to others in the circle.

 \square Teacher explains – Radiation as follows: - Student in the centre is the source of heat energy. - Heat energy (ball) is thrown / passed to the materials (students in circle) and does not need a medium to pass the energy.

ACTIVITY 2:
☐ Students are asked to stand in a straight line (one behind the other).
☐ Student standing in front is given a ball and asked to pass it to the next one above his
head and he passes it to the next one and so on Teacher explains Conduction; ball is the heat energy and is passed through the medium (students) from one particle to another (without the movement of the particle).
ACTIVITY 3:
☐ A basket of soft balls / stones is kept near the last student.
☐ Student who stands near the basket of balls / stones (source of heat energy) picks up a ball, goes and stands in front.
☐ The next student near the source of heat (basket) picks up another ball and stands in front. The game continues Teacher explains the Convection; the particle (student) with the heat energy(ball) moves away from the source of heat and the next particle gets heated up. Thus the particles get heated up one by one directly and repeatedly.
1. How do people sitting around a camp fire get the heat?
2. 'Exhaust fan in kitchen is fixed above the gas stove'. Why?
3. How does a hot air balloon go high up in the sky without any engine?
4. Name the method of heat transfer which involves the movement of particles.

CURIOSITY QUESTIONS:

5. Name the mode of heat transfer that happens in solids. Why?

- 1. Can you measure the temperature of boiling water with clinical thermometer? Give reason. ANSWER GUIDE: ☐ What is the range of clinical thermometer?
 - ☐ What will happen if the level of mercury inside the clinical thermometer keeps increasing beyond maximum?

CLASS: VII

SUBJECT: SCIENCE

CHAPTER: ACIDS BASES AND SATS

	MONTH	GIST OF THE LESSON	TARGET LERNING OUTCOME	TEACHING LEARNING ACTIVITY PLANED	QUESTION ON TLOS, HOTS & CORRELATION WITH OTHER SUBJECTS	Suggested activities to inculcate life skills
,	IULY				LEVEL I	
		Acids and bases	Students will be able	•	1.Why antacid tablet is taken	
			to learn about the	the chapter	when you suffer from acidity?	Show a video clipping of acid
		Natural indicators around us	acids and bases and will understand the properties of acids and bases. Will learn about the indicators and their uses. Will be able to understand concept of neutralization and its applications	Discussion about the nature of the materials present in their house on basis of taste like lemon juice is sour; baking soda is bitter whereas common salt is salty. Activity:To differentiate between acids and bases using indicators. To prepare a turmeric/china	 2.Calamine solution is applied on the skin when ant bites. Why? 3.Factory waste is neutralized before disposing it into water. LEVEL II 1.State differences between acids and bases. 2.Name the source from which litmus solution is obtained. What is the use of this solution? 	11 0
	_		in day to day life.		3.How you will verify that the	

Neutralization Neutralization in everyday Life	Students would be able to know about the nature of the materials present in their house on basis of taste. Students would be able to know about the properties of acid and base.	rose indicator. Discussion about the properties of acid and base on the basis of their taste and change of colour of indicators along with examples like acetic acid, citric acid and sodium hydroxide, calcium hydroxide are bases.	distilled water is neutral/acidic/basic? LEVEL III 1.Define acid. 2.Define base. 3.Give two examples of natural indicators.	
		Discussions about the neutralization reaction that when acid react with bases salt and water is formed this is called neutralization reaction along with reaction as examples. Discussion about the use of neutralization reaction in daily life like when ant bites it releases acid which can be neutralized by use of base baking soda.	4.Is distilled water acidic/ basic/ neutral?	

To test turmeric as a natural indicator.

Material required

Turmeric, water, soap solution, vinegar.

What do I need to know?

Indicators are those substances which help us to identify whether a substance is an acid or abase by their change of colour.

Teacher's Activity: Teacher will arrange the materials for the individual and give instructions regarding the activity.

How will you proceed?

Student's Activity:

- 1. Take a tablespoon of turmeric powder. Add a little water and make a paste.
- 2. Make turmeric paper by depositing turmeric paste on a piece of paper and drying it.

Cut thin strips of the yellow paper obtained.

3. Put a drop of vinegar and soap solution on the strip of turmeric paper.

What have you observed?

S.No	Test Solution	Effect on turmeric solution	Remarks
1	Vinegar		
2	Soap solution		

What have you lear	rned?
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Turmeric do not change its colour in ______ solution and in _____ solution it changes to red and so, it is an acid-base indicator.

What more can we do?

• Make indicator solutions from red cabbage, China rose and check their colour insolutions of some acidic and basic substances.

PROJECT: 2

Target Learning Outcome	Learns the properties of acids and bases
Activity	Making red cabbage juice as indicator to test edible substances for presence of acids or bases eg. Lemon, curd, baking soda, tomato etc

CLASS: VII

SUBJECT: SCIENCE

CHAPTER: PHYSICAL AND CHEMICAL CHANGES

Learner Previous Knowledge	Changes occur around us constantly.	
Target Knowledge for this Topic	Physical change- meaning, definition and examples Chemical change- meaning, definition and examples	

M	ONTH	GIST OF THE	TARGET LERNING	TEACHING LEARNING	QUESTION ON TLOS, HOTS &	Suggested activities to
		LESSON	OUTCOME	ACTIVITY PLANED	CORRELATION WITH OTHER SUBJECTS	inculcate life skills

JULY				<u>LEVEL I</u>	
	Types of Changes: Physical and chemical, Physical properties and chemical	The students will understand Physical and chemical changes Physical and chemical properties.	Activities to show physical change: cutting of piece of paper, recovering chalk from chalk powder, melting of ice and freezing of water, boiling of water.	 1.What is the relationship between rusting and photosynthesis 2. Explain how some chemical changes lead to harmful physical changes like melting of glaciers ,sea level rise and uneven rain? 3. What are alloys and how they are prepared? 	Display of a clip based on harms caused to various iron based industries by rusting.
	properties,		Activities to show chemical change:	LEVEL II 1.When baking soda is mixed with	
	Some chemical changes	They will be able to differentiate physical and	Burning of magnesium ribbon, reaction	lemon juice bubbles are formed with evolution of gas. What type of change is this?	
	Rusting of Iron, iron,	chemical changes. Students will be able to do lab activities.	between copper Sulphate solution and iron, Test for CO ₂	2.Explain how crystals of copper Sulphate can be prepared?3.Explain why rusting of iron objects is faster in coastal areas than in deserts?	
	Methods to prevent rusting	They will understand chemical reactions.	Activity: To prepare crystals of copper Sulphate.	LEVEL III 1.Define physical change.	
	Galvanization,	They will understand rusting, galvanization and	Discussion about therusting of iron that is iron in the presence of air (oxygen) and moisture (water) forms brown layer on its	2.Define chemical change.3.How painting of iron gate prevents it from rusting.	

	Crystallization.	crystallization	surface called rust		

Activity 1

Cut a piece of paper in four square pieces. Cut each square piece further into four square pieces. Lay these pieces on the floor or a table so that the pieces acquire the shape of the original piece of paper.

Obviously, you cannot join the pieces back to make the original piece, but is there a change in the property of the paper?

Activity 2

Collect the chalk dust lying on the floor near the blackboard in your classroom. Or, crush a small piece of chalk into dust. Add a little water to the dust to make a paste. Roll it into the shape of a piece of chalk. Let it dry. Did you recover chalk from the dust?

Activity 3

Take some ice in a glass or plastic tumbler. Melt a small portion of ice by placing the tumbler in the sun. You have now a mixture of ice and water. Now place the tumbler in a freezing mixture (ice plus common salt). Does the water become solid ice once again?

Activity 4

(To be demonstrated by the teacher)

Dissolve about a teaspoonful of copper sulphate (blue vitriol or *neela thotha*) in about half a cup of water in a glass tumbler or a beaker. Add a few drops of dilute sulphuric acid to the solution. You should get a blue coloured solution. Save a small sample of the solution in a test tube or a small glass bottle. Drop a nail or a used shaving blade into the remaining solution. Wait for half an hour or so. Observe the colour of the solution. Compare it with the colour of the sample solution saved separately.



CLASS: VII

SUBJECT: SCIENCE

CHAPTER: WEATHER, CLIMATE AND ADAPTATION

Learner Previous Knowledge	Habitats and adaptations of some animals and plants
Target Knowledge for this Topic	Weather and its elements Climate
	Difference between climate and weather
	Relationship between climate and adaptation of animals in polar and tropical rain forest region

MONTH			TEACHING LEARNING ACTIVITY		Suggested activities to
	LESSON	OUTCOME	PLANED	CORRELATION WITH OTHER SUBJECTS	inculcate life skills

					LEVEL 1	
A	AUGUST	Weather climate and adaptation. Weather.	Students will learn about weather and climate Understanding of climate and factors	1.Collection of day to day weather reports and make a scrapbook.2.Activity: Record the temperature in morning, in	1. The tropical rainforest has a large population of animals. Why? 2. Explain with examples, why we find animals of certain kind living in particular climatic conditions?	Visit to your school garden and study characteristics of various types of plants.
		Temperature range in our country.	which affects climate.	noon and evening and record your observations.	3. The bird 'X' move from Siberia to places like Y in Rajasthan and 'Z' in Haryana in India during a	
		Climate.	Concept of maximum and minimum	3.A video to show the various organisms and their adaptive features.	particular season. It stays in India for a few months and then goes back.	
		Adaptation.	temperature will be given to the		i) Name the bird X ii) What	
		Polar and tropical region.	students.	4.Discussion about theadaptation in various living organism according to the climate of that area for	are the places Y & Z? iii) What general name is given to birds like X?	
			To co relate climate and adaptations.	examples cactus are adapted to survive in desert areas. 5.Discussions about the	Iv) Name the season during which bird X moves from Siberia to India?	
			They will understand why organisms adapt and adaptations in	climatic condition and adaptation in animals of polar and tropical region like animals in polar region have thick fur to escape cold	1. Name the elements that determine the weather of a place? 2. When are the maximum and minimum temperature are likely to	

various or	rganisms winter.	be	occur during the day?	
			Which feature adapt polar bears live extensively cold climate?	
		LE	EVEL 3	
		1.	What is weather?	
		2. 1	Define climate.	
		3. 3	What do you mean adaptation?	

Collect information about the Indian Meteorological Department. If possible visit its website: http://www.imd.gov.in.

PROJECT: 2

Plot a graph of daily changes in temperature. Material

Required

A centimetre graph sheet, temperature data from your local newspaper for at least ten days, and red and blue pencils.

What do I need to know?

We can plot a graph on a graph sheet with some given data and join them to show their variations.

Teacher's Activity: Teacher will arrange the materials for the individual and give instructions regarding the activity. How will you proceed?

Student's Activity:

- 1. Note down the date and the maximum and minimum temperatures from the newspaper for ten days.
- 2. On a graph sheet, plot the data on the x-axis and the corresponding maximum temperatures on the y-axis.
- 3. Join these points with a red pencil to get the maximum temperature graph.

DAY	MAX	K. TEMP.			MIN. TEMP.	
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
What have you learned? We can see from the graph that th	ne	and	temţ	perature chan	ge daily. What more can we do?	
We can carry out this activity by	noting the h	umidity conte	ent given in the	weather repo	ort of a daily newspaper.	
PROJECT: 3						
Target Learning Outcome		Learns to identify different factors affecting weather.				
Activity		Measuring humidity, temperature, wind speed etc. over a period of 1 month and comparing it with a collection of weather reports from the newspaper.				

Suggested activities for other learning outcomes-Making Cobalt Chloride flowers. PPT on adaptation of animals to different climatic conditions, PPT on Migratory birds. Marking the regions of different climates on map of India.

Pedagogical tools for achieving learning indicators- Surveys, field studies, observation, data collection etc.

CLASS: VII

SUBJECT: SCIENCE

CHAPTER: WINDS STORM AND CYCLONES

Learner Previous Knowledge	Moving air is called wind Storms, winds and cyclones can cause natural disasters
Target Knowledge for this Topic	Properties of air such as: Air expands on heating Air
	exerts pressure The above properties will be related with high wind speeds are accompanied by reduced air pressure. How thunderstorms and cyclones are caused? How thunderstorms and cyclones wreak havoc?
	Effective safety measures to be taken against thunderstorm and cyclones.

MONTH	GIST OF THE LESSON	TARGET LERNING OUTCOME	TEACHING LEARNING ACTIVITY PLANED	QUESTION ON TLOS, HOTS & CORRELATION WITH OTHER SUBJECTS	Suggested activities to inculcate life skills
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AUGUST	Air exerts pressure. High speed winds are	Students would be able to know about the winds and effects produced by wind.	To show that air exerts pressure with help of a tin can.	1.Why do roofs of houses blow off by high wind speed? 2.How do thunderstorm	Suppose you are a member of a committee, which is responsible
	accompanied by reduced air pressure. Air expands on heating.	Students would be able to know about the generation of wind To enable the	Activity with balloon and boiling tube to show that air expands on heating. Activity to show that	develop? 3. Why is it difficult to ride a bicycle against the direction of wind?	for creating development plan of a coastal state. What measures should be taken to reduce the sufferings of people of cyclone hit people.
	Wind Thunderstorms and cyclones.	students to understand the properties of air.	hot air rises upwards. Discussion about the thunderstorm that is	1.Why smoke rises upwards? 2.How are clouds formed?	
	Destruction caused by cyclones.	They will learn how cyclones are formed	moving warm air when comes in contact with fast coming water drops forms lightning	3. Why do tyre tubes if bicycle/vehicles burst during summer? LEVEL 3	
	Effective safety measures.	Harmful effects of cyclones.	and thunder and when low pressure and very high speed wind comes in contact cyclones are formed.	1.Define Wind.2.How wind is generated.3.How you will find out the direction of wind at a given	

Safety measures		place.	
against cyclones.	some safety measure		
	like people living in		
	coastal areas should		
	listen cyclone forecast		
	and prepare accordingly		
	they should keep		
	emergency phone		
	number and do		
	accordingly to the		
	instruction given by		
	government agency.		

Target Learning Outcome	Identifies relationships in the findings	
Activity	To show air exerts pressure :	
	1) Take an empty tin, make one hole on the lid & many holes in the bottom	
	2) Keep this in a bowl of water, put one finger on the top hole and lift it. Water will not fall through the holes at the bottom due to the upward air pressure	
	3) Remove the finger from the top hole, water will fall down in the form of shower since the downward air pressure is equal to the upward air pressure & water falls due to its weight	

Suggested activities for other learning outcomes-

i) Tornado in a jar

Take 3 cups of tap water in a jar

Add 1 tsp of dish soap

1 tsp of Vinegar and some glitter

Swirl the mixture, a Vortex is formed which appears like a tornado ii)

Making a cloud in a jar using chalk powder and water

Pedagogical tools for achieving learning indicators- Activities given in the book, pictures of cyclones, storms etc.

; Video of these Natural disasters.

CLASS: VII

SUBJECT: SCIENCE

CHAPTER: SOIL

Learner Previous Knowledge	Soil is made from weathering of rocks due to natural factors like wind water, temperature and erosion.
Target Knowledge for this Topic	Soil Profile
	Uses of Soil
	Soil Types
	Percolation Rate of water in soil
	Moisture in soil
	Absorption of water by soil
	Soil and crops

MONTH GIST OF THE LESSON TARGET LERNING OUTCOME ACTIVITY PLANED CORRELATION WITH OTHER SUBJECTS SUBJECTS Suggested activities to CORRELATION WITH OTHER SUBJECTS	o inculcate
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				LEVEL 1		
SEPTEMBER	Soil teeming with life	Students would be able to know about the relation between soil and	Activity: To show the various layers of soil using soil and water.	1.How soil has formed? Is this still going on? Will it finish someday?	Teacher will narrate the incidence in the class.	
	Soil profile	living organism.			Komal Saw a brick kiln near her	
	Types of soil	Students would be	Collect samples of different types of soil and study their	2. Why soil doesn't have a uniform structure at all the places?	house. Bricks were being made there. There was so much coming out of the kiln. She has seen truck	
		able to know about the soil profile	properties.	LEVEL2	loads of bricks being taken away for the construction of building.	
	Properties of soil	along with its properties.	Activity: To study the percolation rate of	1. What is the basis of classification of soil?		
	Percolation rate		water in soil	2. Write the characters of various types of soil.		
	of water in soil	Students would be able to know about the different types	Activity: To demonstrate that the	3. Which soil has highest water retaining capacity? How is it useful to the crops?		
	Moisture in soil	of soil.	soil contains moisture.	LEVEL1		
			presence of moisture	1. Why the soil is important?		

wat	esorption of ter by soil	Students would be able to know about the properties of soil.	in soil. Experiment to determine absorption capacity of soil.	2.List the differences between clayey soil and sandy soil?3.Sketch the cross section of soil and label various layers.	
		Students would be able to know about the relation between crops and soil.	Discussion about the relation between crops and soil that is crops are grown in soil having more amount of water like clay soil is good for cultivation of crops.		

Target Learning Outcome	Learns more about soil and its types
Activity	Taking pot A having "sandy soil", pot B "clayey soil" and pot C with "loamy soil" Growing plants in all the three pots and studying the water retaining capacities

Suggested activities for other learning outcomes- Making a bottle Terrarium, making pots out of soil, marking the different types of soil found in India on a map and also the crops grown in different regions

Pedagogical tools for achieving learning indicators- Field studies, group activities, essay on soil pollution and erosion.

CLASS: VII

SUBJECT: SCIENCE

CHAPTER: RESPIRATION IN ORGANISM

Learner Previous Knowledge	Organs of respiratory system, function of respiratory system, physical movement of breathing
Target Knowledge for this Topic	Definition of respiration Organs of respiratory system Mechanism of breathing Respiration in Earthworm, insects, fish and mammals

MONTH	GIST OF THE LESSON	TARGET LERNING OUTCOME	TEACHING LEARNING ACTIVITY PLANED	QUESTION ON TLOS, HOTS & CORRELATION WITH OTHER SUBJECTS	Suggested activities to inculcate life skills
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				LEVEL 1	
SEPTEMBER	Breathing Breathing In Human Beings	Concept of respiration in Humans.	1.To find out the breathing rate of students in the class.	 1.Why respiration is a vital process? Describe the structure of lungs. 	An activity in the class demonstrating extraction of nicotine and its effects on the human beings.
	Respiration Mechanism	Understands the respiratory organs present in Human beings.	2.To measure the size of chest while breathing and record the observations.	3. How do lungs function?4. How do exchange of gases occur in lungs?	
	Breathing in other Animals	Location of our respiratory organs. Understand the	3. Video showing the structure of respiratory system and mechanism of respiration in humans	LEVEL 2 1. Why does an athlete breathe faster and deeper than usual after finishing the race?	
	Breathing under water	Structure of Lungs	and other organisms.	2. Where are lungs located in our body?3. How many lungs are	
	Respiration in Plants.	Knows about the respiration carried out by plants.	4. Discussion about the difference between aerobic and anaerobic respiration	there in our body? 4. Which gas do we inhale	
	Respiration in organism.	Students would be able to know	that is respiration in the presence of oxygen to release more energy is aerobic	1. Can we survive without respiration?	
	Need for	about the difference between aerobic	and respiration in the	2. Are our both lungs of same size & structure.3.Do plants also have lungs	

respiration	and anaerobic	absence of oxygen is	like us?	
	respiration.	called anaerobic		
		respiration.		
Aerobic and				
anaerobic	Students would be			
respiration	able to know	5.Discussion about		
	about the	the gasses that we		
	breathing rate	inhale contains more		
	during various	% of oxygen and		
	activity of their	during exhalation %		
	daily life.	of CO ₂ is more than		
		that of oxygen.		

Fermentation in Yeast to show anaerobic respiration

Take some dry yeast powder used for making bread in a bowl and add some warm water to it. Also add some sugar to this mixture and record your observations

Materials used	Any bubbles right at the beginning?	Observations After 10 minutes.	Depth of Foam Layer (mm) at 15 minutes
Living yeast in			
plain water			
Living yeast in sugar water			

If yeast cells carry out alcoholic fermentation, we to be produced by:	ould you expect CO2
☐yeast cells in sugar water? yes no · yeast cells in plain water (without sugar)? yes_ Explain your reasoning	no
PROJECT: 2	
A BALLON MODEL OF HUMAN LUNGS Materials One plastic bottle, two balloons, straw	Required
	tcomes- activities like quiz, breathing rate, diagram based activities, class oking', respiratory organs of other organisms.
Pedagogical tools for achieving learning indicate	ors- Experimentation, Discussion, Analysis of observations.
CLASS: VII SUBJECT: SCIENCE	
CHAPTER: TRANSPORTATION IN ANIMALS & PLA	NTS
Learner Previous Knowledge	Nutrition and respiration in animals and plants

Target Knowledge for this Topic	Transportation of energy in animals.
	Circulation of blood in animals
	Transportation of food, water and minerals in plants Excretion in animals Study the process of excretion in the plant

MONTH	GIST OF THE LESSON	TARGET LERNING OUTCOME	TEACHING LEARNING ACTIVITY PLANED	QUESTION ON TLOS, HOTS & CORRELATION WITH OTHER SUBJECTS	Suggested activities to inculcate life skills
				LEVEL I	
OCTOBER/ NOVEMBER	Circulatory system Blood Blood vessel	Students will be able to learn about circulatory system To enable students to differentiate between arteries	1.Activity to find out the pulse rate of the various students. 2.A video showing the structure of heart and	 1.Why is transport of material is necessary in plants and animals? 2. What will happen if there are no platelets in blood? 3. Does transpiration serves any useful 	Find out the rate of heart beat with the help of stethoscope of at least 15 students of your class in two different conditions: (a).Rest position (b).Immediately after running/Playing. Correlate tour findings with the body efficiency.

Arteries and veins Structure of heart Heart beat Excretion in animal Excretory system in human Transportation of substance in plants Transportation of water and animal Transpiration	Students will get familiar with the structure of hear and its functioning. Understand concept of excretory system in human along with function of kidney. Students would be able to know about the materials that are transported in plants.	3.Activity: To prepare a model of stethoscope. 4. Video showing the excretory system and its working. 5. Activity:to make a model of human excretory system 6. Activity:to study the process of transpiration using potted plant. 7. Discussion about the transport of water and minerals by Xylem and food by Phloem in plants and the importance of transpiration.	function in plants? Explain. 4.Draw a well labeled diagram of human heart and explain its working. LEVEL II 1. Describe function of heart. 2.What are stomata? Give its two functions? 3.Why it is necessary to excrete waste products? LEVEL III 1.Define following: (a). Artery (b). Veins 2. Name the components of blood? 3.Name the organ which pumps the blood in humans?	
		·		

NAME OF THE ACTIVITY: VISUAL TREAT

METHODOLGY OF ACTIVITY: Students will be shown a video on the structure of the heart.

WEB LINK:- https://youtu.be/qmNCJxpsr0

1. Name the blood vessel through which the oxygen rich blood from heart reaches the other parts of the body.

2. Name the blood vessel through which the oxygenated blood from lungs reaches the heart.

3. Name the blood vessel by which blood rich in carbon-di-oxide reach the heart.

4. Which blood vessel carries blood rich in carbon-di-oxide from the heart to the lungs?

CURIOSITY QUESTIONS:

Is transpiration necessary for plants?

ANSWER GUIDE:

· Do the plants need a continuous supply of water and why?

· What do the plants absorb along with water

PROJECT: 2

DRAW A LABELLED DIAGRAM OF HUMAN HEART.

Other activities like keeping a wilted plant in water and seeing it rejuvenate or labeling a diagram of human heart can be performed to learn the other learning outcomes.

Pedagogical tools for achieving learning indicators: Class room discussion, experimenting and PowerPoint presentations.

CLASS: VII

SUBJECT: SCIENCE

CHAPTER: REPRODUCTION IN PLANTS

Parts of plant
Basic knowledge of Reproduction
Fertilization process
Fruit and seed formation
Advantages of vegetative propagation
Seed types
Pollination

MONTH	GIST OF THE	TARGET LERNING	TEACHING LEARNING	QUESTION ON TLOs, HOTS &	Suggested activities to
	LESSON	OUTCOME	ACTIVITY PLANED	CORRELATION WITH OTHER SUBJECTS	inculcate life skills

				<u>LEVEL I</u>	
NOVEMBER	Reproduction in plants Reproduction. Asexual	Students will learn What reproduction is? Various modes of reproduction.	1.Activity:Examine a potato with magnifying glass and observe the buds. 2.Cut a branch of rose or Champa and try to grow it in your school garden.	 1.Why are spores covered by hard protective coat? 2. Why are flowers colorful &fragrant? 3. What is the size of the spores? 	Collect & observe the various plants, their flowers, fruits & seeds. discuss their various aspects with your classmates. Also find the correlation of the structure of seeds/fruits with their means of dispersal.
	reproduction. Cutting Budding Fragmentation Spore formation Sexual reproduction.	Able to grow the plants by cutting. Able to differentiate between sexual and asexual reproduction.	3. Discussion about the methods of asexual reproduction likes budding, spore formation, fragmentation along with the examples.	LEVEL 2 1. What is vegetative reproduction? 2. Define pollination & fertilization. 3. Differentiate between: a) Asexual & sexual reproduction b) Self pollination & cross pollination	
	Unisexual &bisexual flowers Pollination and fertilization. Fruit &seed	Students will be able to identify the different parts of the flower. Students would be able to know about the	4.Study the parts of flower using cucurbit (unisexual) and China rose(Bisexual Flower)	1.Define asexual reproduction. 2.Define sexual reproduction. 3.Draw a well labeled diagram of flower.	

	formation	Pollination and		
	Seed dispersal	fertilization along		
	occu alopeloui	with their		
		importance		

Understands plants reproduce through asexual methods.

Students collect various samples of asexually reproducing plants like potato tuber, onion bulb, ginger rhizome, runners of mint and stolon's of grass or strawberry and identify these pictures.











Study the mode of reproduction in yeasts. Materials

required

A beaker, warm water, dehydrated yeast powder, micro-slide, dropper, glass cover (cover slip), Compound Microscope.

What do I need to know?

Yeast reproduces by the process of asexual reproduction.

Teacher's Activity:

The teacher will arrange ten kits.

Each kit will have the following things – one teaspoon of dehydrated yeast powder, a dropper, a beaker and micro-slide. . A microscope will be arranged for each of the ten groups. Teacher will give instructions regarding the activity. Student's Activity: 1. Take some warm water in a beaker. 2. Dissolve a spoonful of sugar in it. 3. Now add about 1 g of dehydrated yeast powder into the solution. 4. Keep the beaker in a warm place for about an hour. 5. With the help of a dropper, place a drop of the solution on a clear micro-slide. 6. Place a cover glass on it taking care that air bubbles do not enter beneath the cover glass. Observe the slide under the microscope. What have you observed? A number of minute, rounded ______ yeast cells with a _____ like projection can be observed . They appear like chains of _____ cells. What have you learned? A bulb –like projection develops on the adult yeast cell called the _____ and this method of asexual reproduction of buds is called _____. Other activities like dissecting a flower, collecting fruits to study the seeds can be conducted to test the learning outcomes like asking questions leading to investigations and analysis of findings. Pedagogical tools for achieving learning indicators: Class room discussion, experimenting and power point **CLASS: VII**

presentations.

SUBJECT: SCIENCE

CHAPTER: MOTION AND TIME

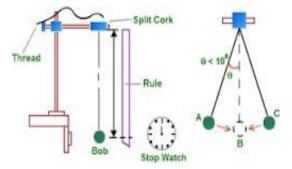
Learner Previous Knowledge	Measurement of distance ;Motion-periodic, circular and straight
Target Knowledge for this Topic	Motion; Speed-Average speed
	Measurement of Time-Time period, pendulum
	Units of Time and Speed
	Measuring Speed
	Distance-Time Graphs-How to plot graphs and learn about their uses

MONTH	GIST OF THE LESSON	TARGET LERNING OUTCOME	TEACHING LEARNING ACTIVITY PLANED	QUESTION ON TLOS, HOTS & CORRELATION WITH OTHER	Suggested activities to inculcate life skills
				SUBJECTS	

NOVEMI	BER Slow or Fast Speed	Students would be able to know about the body in slow and fast movement.	1.Activity: Make a list of ten objects moving along a straight path. Group the motion of	LEVEL I 1. Draw distance time graph for motion of object moving with uniform motion and non uniform motion?	Perform a Activity in your school park. Make a swing oscillate without anyone sitting on it. Find its time period. Make sure that there are no jerks in motion. Ask you friend to sit
	Measurement of Time	Students would be able to know about the speed	objects as slow and fast.	2. Show the shape of distance-time graph for the motion in following cases:	on swing. Push it once and let it swing naturally. Again measure its time period. Repeat the activity with different students sitting on swing.
	Units of time and Speed	of object. Students would be able to know	2.Organising a race between students of 200 meter and noting the time taken by them to	(a).A car moving with constant speed.(b).A car parked on a side road.	Compare the time period of swing measured in different case.
	Measuring Speed	about the measurement of time by examples from clock.	corelate time and distance	LEVEL II 1.A bus covers the distance of 5 km in 5min with speed of 1km/min .Is	
	Distance-Time Graph	Students would be able to know about the unit of time and speed.	3. Making students to cover 60m distance in straight line in 3 minutes with speed of 20m/min and covering same distance with no	this motion of bus uniform or non uniform? Give reason for your answer. 2. How the distance speed and time are correlated to each other write the expression for it.	

Students would be able to know about the graph. Students would be able to know about the distance time graph.	directions in 3 minute again. Showing of speedometer and odometer in vehicle.	3. Name the device which measures the speed of vehicle? LEVEL III 1. What do you mean by oscillatory motion? 3. What is the basic unit of speed?	
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TLO	Understands the time period of a simple pendulum.
ACTIVITY	To measure the time period of a simple pendulum



Students will perform the activity and note the time period for different effective lengths of pendulum. other activities like to measure the speed of a ball, plot distance-time graph may demonstrated to achieve the other learning outcomes.

Pedagogical tools for achieving learning indicators: to prove the hypothesis by performing activities, experiments.

CLASS: VII

SUBJECT: SCIENCE

CHAPTER: ELECTRIC CURRENT & ITS EFFECT

Learner Previous Knowledge	Electricity and electric current
	Conductor and insulator
Target Knowledge for this Topic	Electric circuit, closed and open circuit
	Heating effect of electric current
	Mechanism of electric bell

MONTH	GIST OF THE	TARGET LERNING	TEACHING LEARNING	QUESTION ON TLOs, HOTS &	Suggested activities to inculcate
	LESSON	OUTCOME	ACTIVITY PLANED	CORRELATION WITH OTHER SUBJECTS	life skills

		To understand		LEVEL 1	
DECEMBER	Symbols of electric components	basic symbols of electric component	1. Make a battery by using 2or3 cells	1. Give one application of electromagnets in the medical science?	Teacher will narrate the story to students and will ask the questions. Ram and shyam saw a magic trick
	Battery	To differentiate between open and closed electric	2.To Make electric circuit by using cell, wire, bulb, switch	2. How does an electric bell work?3. Do you think	sometime back. The magician placed an iron box on the stand and asked Ram to lift the box. Ram could easily lift the box. Now the
	Electric circuit	circuit.	3. Show element of	electromagnet can be used to separate plastic bags from garbage heap?. Explain	magician made a show of moving his stick around the box while muttering something. He again
	Heating effect of electric current	To realize the importance of electric fuses.	electric iron to the students.	1. Name any two devices based on the effect of electric	asked Ram to lift the box. This time he could not even move it.
	Electric fuses (MCB)	To differentiate between heating effect and	4.Show electric fuses (MCBs) in school campus	current.	
	Magnetic effect of electric	magnetic effect of electric current.	5.Activity: To make a	2. Name the sources for electric current in our houses. 3.	
	current	ciccure current.	electromagnet using	What is a battery?	
		Students would be	iron nail and copper wire.	LEVEL 3	
	Electromagnet and their uses	able to know about the		1. How many terminals a cell have?	
		electromagnet.	6. Discussion about the electromagnet	2. What do you mean by electric fuse.	
				3.Draw the symbols of	

	Electric bell	To know about the CFL, LED and tube lights	that is magnet prepared in the presence of electric current is called electromagnet and its uses in many electrical devices like electric bell.	following: Electric cell, electric bulb, Switch in on and off position.	

HEATING EFFECT OF ELECTRIC CURRENT

MATERIALS REQUIRED:

Two iron nails, Thermocole sheet, Copper wires - 2, a piece of Nichrome wire which is 10 cm long, electric cell and switch. (Note: Nichrome wire can be obtained from an electric repair shop or a piece of discarded coil of an electric heater made of Nichrome). METHODOLGY OF ACTIVITY: ☐ Students are asked to take two iron nails and fix them some distance apart on a thermocole sheet. ☐ Then the students are asked to tie Nichrome wire between the two nails. ☐ Students are asked to connect the two nails to the two terminals of an electric cell through a switch using copper wires. □ Now the circuit is switched 'ON' for few seconds and turned 'OFF'. Soon the students are asked to touch the Nichrome wire just for a moment and feel it. 1. How do you feel when the Nichrome wire is touched? 2. What will happen if a battery is connected instead of an electric cell, to the above circuit? 3. What will happen if the current is allowed to flow for longer duration? (Note: With one electric cell connected) Other activities like observation of heating effect in electric hot plate, electric iron, glowing filament of an electric bulb, fuse used in buildings, miniature circuit breaker to achieve the other learning outcomes. **Pedagogical tools** for achieving learning indicators: to prove the hypothesis by performing activities, experiments. CLASS: VII SUBJECT: SCIENCE CHAPTER: LIGHT Learner Previous Knowledge Light and its sources; optical mediums; rectilinear propagation of light; shadows and reflection.

Target Knowledge for this Topic	Examine how an image is formed when ray of light gets reflected; Discuss the characteristics of image
	formed by a plane mirror; Concept of real and virtual image; Find out how mirror can be used in daily
	life Investigate how spherical and curved mirrors can be useful in real life;
	Find out what are concave and convex lenses and what kind of images they form; Dispersion
	of light
	Figure out how light gets dispersed Lateral inversion; Regular and irregular reflection; reflected light reflected again

MONTH	GIST OF THE LESSON	TARGET LERNING OUTCOME	TEACHING LEARNING ACTIVITY PLANED	QUESTION ON TLOS, HOTS & CORRELATION WITH OTHER SUBJECTS	Suggested activities to inculcate life skills
		Students will be	E- class along with	<u>LEVEL I</u>	
DECEMBER	Light	able to understand the properties of light.	video and PPT on the chapter	Why sunlight appear orange/red during sunrise or sunset?	Here is a game that a group of children can play. One child will be chosen as object and another will act as image of
	Properties of Light	Will be able to understand the image formed by	Activity: See candle flame through a straight and a bend pipe.	How rainbow is formed?	the object. Both will sit opposite to each other. The object will make the movements such as raising hands, touching ears etc. The image will have to make the correct movement of the

Reflection of light	the plane mirror.			object. Rest of the group will watch the movement of image. If the image fails to
ngnt		To show that mirrors	LEVEL II	make correct movement, she/he will be
Mirror	Will be able to understand the	changes the direction of light that falls on it by using a torch and plane	What are the uses of lenses?	retired. Another child will take her/his position and the game will continue. A
Plane mirror	image formed by the concave and	mirror		scoring scheme can be introduced.
Characteristics of image	convex mirror.		What are the characteristics of the image formed by	
formed by plane	C414111	Image formation by projectors on screen and	plane mirror?	
mirror	Students would be able to know about the	image formation by plane mirror	What is virtual image? Give one condition when virtual	
Lateral inversion	spherical mirror that is concave		image is formed?	
	and convex mirror.	Discussion about the spherical mirror that is concave and convex	<u>LEVEL III</u>	
Spherical mirrors		mirror and the characteristics of		
Concave mirror & convex	Students would be able to know about the	image formed by spherical mirror.	State two differences between concave and convex lens.	
mirror Characteristics	spherical lenses that is concave		Miles and a second second	
of images formed by	and convex lenses.	Discussion about the spherical lenses that	What are the uses of convex and concave mirrors?	
concave mirror and convex		is concave and convex lenses and image	How many colours are there	
mirror	They will come to know about the	formed by lenses	in white light?	
Uses of concave	uses of various			

and convex mirror	types of mirrors and lenses.		
Lens Concave & Convex lens	They will understand the phenomenon of rainbow and splitting of light.		
Sunlight-White or coloured			
Splitting of white light into seven colour			
Rainbow formation			

TLO	Understands the light phenomenon refraction
ACTIVITY	To study the formation of images using convex and concave lens.

Materials Required A mirror stand, a concave mirror, a screen with a stand (about 20 cmx 15 cm), a candle, match box, a scale for measuring distances.

What do I need to know?

When the reflecting surface bulges inwards then it is known as a concave mirror and when it bulges out, it is known as a convex mirror.

Teacher's Activity:

The teacher will arrange ten kits.

Each kit will have the following things – a mirror stand, a concave mirror, a screen with a stand (about 20 cmx 15 cm), a candle, match box, a scale for measuring distances.

Teacher will give instructions regarding the activity.

Student's Activity:

- 1. Find the approximate focal length of the concave mirror by focusing sunlight on a sheet of paper.
- 2. Fix the concave mirror on the stand and place it on a table.
- 3. Keep a lighted candle on the table at a distance of about thrice the focal length of the mirror.
- 4. Also, keep the screen on the table. Ensure that the screen does not obstruct the light from the candle falling on the mirror.
- 5. Try to obtain the image on the screen. For this move the screen forward, backward and sideways till a sharp image of the flame is obtained.

Other activities like formation of images by plane and spherical mirrors, observation of white light using a prism, observation of a rainbow may be conducted to achieve the other learning outcomes.

Pedagogical tools for achieving learning indicators: to prove the hypothesis by performing activities, experiments.

CLASS: VII

SUBJECT: SCIENCE

CHAPTER: WATER A PRECIOUS RESOURCES

Learner Previous Knowledge	Water cycle; Water and Air as natural resources; Anything found in the nature which is useful for living such as air and water are natural resources.
Target Knowledge for this Topic	Water- Water cycle, Sources of water, ground water conservation of ground water; factors responsible for depletion of ground water, water management and water wise habits

MONTH	GIST OF THE LESSON	TARGET LERNING OUTCOME	TEACHING LEARNING ACTIVITY PLANED	QUESTION ON TLOS, HOTS & CORRELATION WITH OTHER SUBJECTS	Suggested activities to inculcate life skills
JANUARY	Availability of potable water on the earth.	Students would be able to know about water and its crises across world.	E- class along with video and PPT on the chapter	LEVEL 1 Q. What steps will you take to conserve water.	Survey the campus and make a note of the following: a) Total number of taps.
	Forms of water	Students would be able to know about the	Activity: Model/Chart of water cycle. Model of rain water	Q There is 70% of the water present on the earth still we are asked to conserve water why?	b) Number of taps leaking.c) Amount of water wasted
	Water cycle Ground water and water table	distribution of water in the world. Students would be	harvesting. Discussion about the water as a natural gift of nature that is life	LEVEL 2 Q1 Draw and explain water cycle. Q2.Explain the factors	due to leakage. d) Corrective measures taken.

Depletion of	able to know	line of every living	responsible for depletion of	
water table	about the various uses of water.	Organism. It is very essential for survival of living things and	water table.	
Rain map of India	Students would be able to know about the various	about one-fourth of human population are not getting clean drinking water	Q3 Explain how ground water is recharged?	
Water	reasons for	diffiking water	LEVEL 3	
management	depletion of water.	Show annual rainfall on the map of India.	Q Write three forms of water.	
Measures for saving water and Water wise	Students would be able to know about the	Discussion about the management of water	Name any two methods of obtaining groundwater.	
habit	management of water.	so that it remains available to the coming generation it can be done by water	Q When world water day is celebrated? .	
		harvesting.		

TLO	Understands the water cycle and its significance.
Activity	WATER CYCLE

Put a tumbler inside a mixing bowl and pour in a small amount of boiling water (the tumbler must be in center and not float). Cover the mixing bowl completely with cling film and place small pebble in the center to create a slight slope to drain any condensation into the tumbler.

As the water evaporates children can see it condensing on the cling film and collecting in the tumbler. Students can measure total quantities of water involved, use sea/salty water to create pure water etc.

PROJECT: 2

Study the rainfall map of India.

What do we require?

An outline map of India and colour pencils.

What do I need to know?

The rainfall received in different parts of India are different.

Useful weblinks

1) http://cbse.nic.in/ePub/webcbse/webcbse/ab-cbse-book-3.html

- 2) https://epathshala.nic.in//eresources.php?ln=en
- 3) http://mowr.gov.in/e-book
- 4) https://jalshakti-ddws.gov.in/
- 5) http://jalshakti-dowr.gov.in/

Other activities- like studying 1. the water distribution map of India, 2.amount of water usage in various states ,poster and slogan writing related to water conservation can be done to achieve the other learning outcomes. **Pedagogical tools:** Class room discussion, experimenting and making models and chart.

CLASS: VII

SUBJECT: SCIENCE

CHAPTER: FOREST OUR LIFE LINE

Learner Previous Knowledge	Generic knowledge of forests as resource Forests as habitat
Target Knowledge for this	Types of trees in forests
Topic Topic	Forestry Interdependence of plants and animals on each other. Importance of forests- products obtained from it;
	how they affect weather; how they affect food chain
	Crown and canopy of forests Forest- Dynamic living entity Dangers and effects of deforestation

SUBJECTS CORRECTION WITH OTHER inculcate life skills	MONTH	GIST OF THE LESSON	TARGET LERNING OUTCOME	TEACHING LEARNING ACTIVITY PLANED	QUESTION ON TLOS, HOTS & CORRELATION WITH OTHER SUBJECTS	Suggested activities to inculcate life skills
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JANUARY	Types of plants	Students would be able to know about the	E- class along with video and PPT on the chapter	1.Explain how forests prevents flood?	Teacher will narrate a story as follows:
	forests Products from the	different types of natural resources.	Discussion about the various products	2. Explain why there is no waste in the forests?3. Why should we	Prof Ahamd along with his students visited a nearby village. The weather of the village was pleasant. They interacted with the villagers
	forests Crown, canopy &	Students would be able to know about the	obtained from forest like wood for fuel, fodder for animals, medicines, gums,	worry about the conditions and issues related to forests far from us?	and they told them that due to the surrounding forest they receive good rainfall. The air
	understory	Students would be able to know about the things	fibres etc.	LEVEL II 1.How forests prevent floods?	also remained cool. Noise pollution is too less because the forest absorbs the noise of the nearby highway. Children
	Floor of forests: humus	found in forest. Students would	Scrapbook on the various animals and plants living in the forests.	2.Explain the role of forests in maintaining balance between oxygen and carbon dioxide in the atmosphere?	learnt about history of village and were surprised to know that village and fields were
	Product obtained from	be able to know about the		3.What are decomposers? Name any two of them.	created after clearing the forests sixty years ago. Students interacted with the
	forest. Oxygen &carbon	characteristics of trees in the forest.	Activity: Formation of humus by digging a pit and putting vegetable waste.	1.List five products we get	villagers and returned back.

dio	oxide balance			from forests?	
ma bal	ole of forest in aintaining alance in ature.	Students would be able to know about the various products obtained from forest.	Discussion about the Role of forest in maintaining balance in nature that is forest plays an important role maintaining	2. Define:a)Producersb)Consumersc)Decomposers	
		Students would be able to know about the Role of forest in maintaining balance in nature	balance of oxygen and carbon di- oxide through the process of respiration by animals and photosynthesis by animals. It also controls flood and pollution.	d)Humus 3. How are forests important?(any three points)	

Students will perform the activity and analyze how the roots of the plants help in preventing soil erosion.

we have to do?

To show that the roots of the plants help in preventing soil erosion.

What is required?

Six big plastic bottles, wood glue, a wooden board, scissors, soil, dry leaves, small plants or grass with roots, water and strings.

What do we need to know?

Plants provide protective cover on the land and prevent soil erosion.

Plants slow down water as it flows over the land and this allows much of the rain to soak into the ground.

Plant roots hold the soil in position and prevent it from being blown or washed away. How will you

proceed?

- > Teacher's activity Teacher will explain how roots of plants can bind the soil and arrange for the materials for the experiment.
- > Students 's activity
- 1.Cut rectangular portions from sides of three of the big plastic bottles. A permanent marker can be used to draw the rectangle before it is cut.
- 2.Stick the bottles to the wood with wood glue making sure that the necks of the three bottles hang a little over the edge of the board. Fill the first bottle with plain garden soil. Plant the grasses.
- 3. Fill the second bottle with soil and dry leaves and the third bottle with only soil. Press down soil in all bottles to make it compact.
- 4. Cut out cups from the other three plastic bottles. Make holes in the collection cups and hang them from the neck of the bottles having soil using strings.
- 5. Slowly pour around 250 ml water from the top on the soil in each of the three bottle and observe the water collected in the collection cups hanging from the neck of the bottles.

What have you observed?

S. NO	COLLECTION BOTTLES	COLOUR OF WATER IN COLLECTION BOTTLES
1	First	
2	Second	
3	Third	

What	you	have	learnt?
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The roots of the plants...... the soil and prevent...... What

more can we do?

Compare the temperature using thermometer under a tree and on the open ground, in the afternoon. What do you observe? Why there is a difference in the temperature?

TLO	Understands that forest and its products are being used everyday	
Activity	From the Forest to Your House	

We use many things from trees that may surprise you. With an adult, search around your home to find out how many items you use that come from trees. Place a check mark next to the items that you find. Have fun searching!

cherries (fruit)	
cinnamon	
toilet paper	
charcoal	
rolling pin	
wrapping paper	
almonds (nut)	
bay leaves	
newspaper	
nutmeg (fruit)	
chewing gum (sap)	
clothes made with rayon	
couch	
apples (fruit)	
suntan lotion	
crayons (sap)	
CLASS: VII	
SUBJECT: SCIENCE	

CHAPTER: WASTE WATER STORY

Learner Previous	Uses of water, sources of water, water pollution
Knowledge	

	Treatment of polluted water	
Topic	Waste water treatment	
	Waterborne diseases	
	Sanitation	

MONTH	GIST OF THE	TARGET LERNING	TEACHING LEARNING	QUESTION ON TLOS, HOTS &	Suggested activities to
	LESSON	OUTCOME	ACTIVITY PLANED	CORRELATION WITH OTHER	inculcate life skills
				SUBJECTS	

FEBRUARY	Water our life line What is sewage? Water Freshens Up-An Eventful	Students would be able to know about the importance of water. Students would be able to know about the sewage and its constituent	Video Showing working of waste water treatment plant or visit to any nearby Sewage treatment Plant. Poster/chart making showing various daily life activities where water is used and	LEVEL I 1. Write in brief the working of Waste water treatment plant. 2. What is dry Sludge? How it is obtained. 3. Why should oils and fats should not be released in drain? Explain. 4. Untreated human excreta	Children will be asked to prepare Golden rules of good sanitation giving the chart and marker
	Journey Treatment of	Students would be able to know	contaminating agents. Discussion about the	is a health hazard. Explain. LEVEL II 1. Name the steps in	
	Polluted Water Waste water Treatment Plant	about the treatment of polluted water to make them usable.	importance of water along with its uses in daily life like water is used for bathing, cooking food, and other household	obtaining potable water from polluted water. 2. What role an active citizen should take to conserve drinking water.	
	Become an active citizen	Students would be able to know about the some	activity.	3. What is sewage? Why it is harmful to discharge untreated sewage into rivers or seas?	
	Better house Keeping Practices	housekeeping practices which will decrease	Discussion about the Sanitation at public places so that our environment becomes neat and	LEVEL III 1.Suggest any three activities from our daily	

Sanitation and Disease	pollutant in sewage. Students would be	clean.	life where water is used. 2.Suggest any three ways in which drinking water becomes contaminated.	
Alternative arrangement for Sewage Disposal	able to know about the sanitation at public places.		3.Name the chemicals used to disinfect water.	
Sanitation at Public Places				

NAME OF THE ACTIVITY: TREATMENT OF POLLUTED WATER

MATERIALS REQUIRED:

Different kinds of dirt like grass /bits of leaves, dust (got by sweeping the floor), pieces of plastic (milk sachet), oil, detergent powder and few drops of ink or any color.

METHODOLGY OF ACTIVITY:

☐ Sample of polluted water is prepared by the	teacher mixing the materials	s mentioned above in 2 litres of water.
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☐ The contents are mixed well and placed in a closed container under the sun for 2 days to form a 'Sample polluted water'.

☐ Students are divided into four groups and a sample of 200 ml of polluted water is given to each group. ☐ Each group is asked to shake this mixture and pour a small sample into a test tube and label it as 'SAMPLE 1 – BEFORE TREATMENT'
☐ They are then asked to aerate the polluted mixture by pouring it in another container and back to the same container repeatedly several times in a day. (AERATION) ☐ Next day, when aeration is complete students are asked to take its sample in another test tube and label it as 'SAMPLE 2 – AFTER AERATION'
☐ Each group is then asked to take a funnel and a 500ml beaker and do the following.
☐ A filter paper is folded to form a cone and placed in a funnel.
☐ Layers of sand, fine gravel and medium sized gravel are arranged in the funnel. This funnel is placed above 500 ml beaker and is fixed to a funnel stand.
The remaining aerated liquid is poured into the funnel (above set up) and is collected in 500 ml beaker. [Note: If the water is not clean this step is repeated till a clear water is obtained]
☐ Again a sample of this clear filtered water is to be taken in a test tube and labelled as 'SAMPLE 3 – AFTER FILTRATION'
A sample of filtered water is to be taken in another test tube and a chlorine tablet is added to it. The chlorine tablet is mixed well till the water turn clear. This is labelled as 'SAMPLE 4 – AFTER CHLORINATION'.
☐ Students are asked to smell all the samples.
A sample of filtered water is to be taken in another test tube and add crushed charcoal to it. Leave it for a day after labeling it as 'SAMPLE 5 – AFTER ADDING CARBON'. Observe the same the next day by smelling it.
1. Is there any change in colour of the sample?
2. Did aeration change the colour and odour of the sample?
3. Can you find the materials removed by sand filter?
4. Did chlorine remove / change the colour?
5. How did the sample with charcoal smell the next day?
CURIOSITY OUESTIONS:

Will the water from industries and factories have same kind of pollutants?

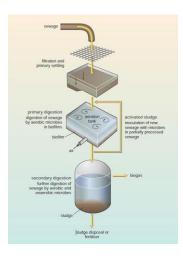
Can it be treated in the same way as the waste water from houses?

ANSWER GUIDE:

- ☐ Will factories and industries use same kind of substances used at home?
- ☐ Are those substances useful or harmful to the environment?
- ☐ Should we follow other ways to get rid off them?

PROJECT: 2

Identify the different steps studied by you in this diagram.



Other activities like identifying wastes which are being thrown in water and should not be and identifying better sanitation practices can be conducted to achieve other outcomes.

Pedagogical tools: Class room discussion, ppts and crossword can be used.

MONTH WISE SPLIT UP SYLLABUS Class: VIII

Subject: Science Topic: Crop Production and Management

Learner	Meaning of manure, fertilizers and humus
Previous	Harvesting methods: threshing and winnowing Importance
Knowledge	of soil for crops

Target	Crop production
Knowledge for this	Agricultural practices
topic	Sowing, using manure and fertilizers, weeding, harvesting and storing of crops

MONTH	GIST OF THE LESSON	TARGET LERNING OUTCOME	Techniques to be used:	TEACHING LEARNING ACTIVITY PLANED	QUESTION ON TLOS, HOTS & CORRELATION WITH OTHER SUBJECTS
APRIL	Food Agricultural practices. Activities in agricultural practices Irrigation, fertilizers and manure Weeds	Students would be able to know about some agricultural practices that are involved for growing of crop Students would be able to know about the different steps in agricultural practices Students would be able to know about sources of irrigation and about manure Students would be able to know about sources of irrigation and about manure Students would be able to know about some weeds and their harmful effect on plants.	Quiz Daily Practice Problem MCQ Peer Assessment Student teacher interaction, Wipro- G.O.s(web chart, flow chart and differentiation table, compare- contrast matrix), silent/ loud reading, collaborative learning, Research work/surveys	Discussion about some agricultural practices that are involved for growing of crop along with their importance. Discussion about the activities during agricultural practices like preparation of soil using plough and cultivator, sowing seeds in the fields, adding manure, irrigation. Discussion about the different sources of irrigation like rivers, tube wells, canals and about use of manure and fertilizers their differences and importance for crops. Discussion about the weeds their impact on crop production and the ways to reduce loss to crops from weeds. Discussion about theharvesting of the crops when they are mature and methods and tools involved in it and also about the proper way to store crops so that minimum loss occurs to crops. Discussion about the Kharif and Rabi crops their climatic condition along with their examples and the areas where they grows	LEVEL 3 How soil gets affected by continuous plantation of crops in a field? Name implements used for threshing and harvesting LEVEL 2 Why should we use seed drill for sowing seeds? Why should we rear animals? LEVEL 1 Name any two Rabi and two Kharif crops with examples? How excessive weeds destroy our crops?
	Harvesting and				

Types of crops Students would be able to know about the different types of	ŀ			harvesting crops and the way to store crops.		
crop grown in different climate.				able to know about the different types of crop grown in different	Types of crops	

CHAPTER 1 CROP PRODUCTION AND MANAGEMENT

SUB TOPIC: MANURE PREPARATION

EXPERIENTIAL LEARNING

ACTIVITY AIM: To enable the students how prepare manure(vermicompost)

PRINCIPLE: This process is mainly prepared to add nutrients to the soil. Compost is a natural fertilizer that allows an easy flow of water and to the growing the plants. The earthworms are mainly used in this process as they eat the organic matter and produce castings through their digestive systems

MATERIALS REQUIRED

Water.

Cow dung.

Thatch Roof.

Earthworms.
Weed biomass
A large bin (plastic or cemented tank).
Dry straw and leaves collected from paddy fields. Biodegradable wastes collected from fields and kitchen.
PROCEDURE
\checkmark To prepare compost, either a plastic or a concrete tank can be used. The size of the tank depends upon the availability of raw materials.
\checkmark Collect the biomass and place it under the sun for about 8-12 days. Now chop it to the required size using the cutter.
\checkmark Prepare a cow dung slurry and sprinkle it on the heap for quick decomposition.
\checkmark Add a layer (2 – 3 inch) of soil or sand at the bottom of the tank.
✓ Now prepare a fine bedding by adding partially decomposed cow dung, dried leaves and other biodegradable wastes collected from fields and kitchen. Distribute them evenly on the sand layer.
✓ Continue adding both the chopped bio-waste and partially decomposed cow dung layer-wise into the tank up to a depth of 0.5-1.0 ft.
✓ Once, after adding all the bio-wastes, release the earthworm species over the mixture and cover the compost mixture with dry straw or gunny bags.
\checkmark Sprinkle water on a regular basis to maintain the moisture content of the compost.
✓ Cover the tank with a thatch roof to prevent the entry of ants, lizards, mouse, snakes, etc. and protect the compost from rainwater and direct sunshine.
√ Have a frequent check to avoid the compost from overheating. Maintain proper moisture and temperature. RESULT After the 24th day, around 4000 to 5000 new worms are introduced and the entire raw material is turned into the vermicompost.
ADVANTAGES OF VERMICOMPOSTING The major benefits of vermicomposting are:
✓ Develops roots of the plants.
✓ Improves the physical structure of the soil.

Soil or Sand.

Gunny bags.

- ✓ Vermicomposting increases the fertility and water-resistance of the soil.
- ✓ Helps in germination, plant growth, and crop yield.
- ✓ Nurtures soil with plant growth hormones such as auxins, gibberellic acid, etc

Class:8 Subject: Science Topic: Microorganisms: Friendand Foe

Learner Previous Knowledge	Living things can exist in different habitats and environments.
Target Knowledge for this topic	Know what microorganisms are;
	Types of microorganisms
	Investigate about the various types of microorganisms;
	Advantages and disadvantages of microbes

MONTH	GIST OF THE	TARGET LERNING	Techniques to	TEACHING LEARNING ACTIVITY PLANED	QUESTION ON TLOs, HOTS &
	LESSON	OUTCOME	be used:		CORRELATION WITH OTHER
					SUBJECTS

Uses of microorganism. Students would be able to know about the different habitat of microorganism Students would be able to know about the different habitat of microorganism Students would be able to know about the different habitat of microorganism Students would be able to know about the different habitat of microorganism Discussion about theharmful activities of microorganism like they causes diseases in animals, human and plants, they spoil food items etc. Discussion about the nitrogen cycle along with ray diagram and its importance in increasing fertility of soil and in agriculture,	April	Types of microorganism Habitat of microorganism.	Students would be able to know about different forms of living organism along with microorganism. Students would be able to know about the various groups of microorganism.	Quiz Daily Practice Problem MCQ Peer Assessment Student teacher interaction, Wipro- G.O.s(web chart, flow chart and differentiation table, compare- contrast matrix), silent/ loud reading,	Discussion about the various forms of life on earth ranging from microscopic to huge whale. Discussion about the various groups of microorganism like bacteria, fungi, virus, algae, protozoa along with their examples Discussion about the different habitats of microorganism like soil, air, and water ie; microorganisms are present everywhere where life exists. Discussions about the usefulness of microorganism in different fields of life along with examples like microorganism are used in the production of antibiotics, vaccine, alcohol, in bakery industries etc.	LEVEL 3 What are the harmful effects of microorganism? What are the useful activities of microorganism LEVEL 2 What is nitrogen cycle? What are antibiotics? LEVEL 1 what are microorganism? Name the various groups of microorganism.	
Harmful Students would be		microorganism.	able to know about the different habitat of microorganism	learning, Research	microorganism like they causes diseases in animals, human and plants, they spoil food items etc. Discussion about the nitrogen cycle along with ray diagram and its importance in increasing fertility of soil and in		

	Microorganism.	able to know about the various usefulness of microorganism			
	Nitrogen cycle	Students would be able to know about the harmful effect of microorganism			

CHAPTER 1 MICRO-ORGANISMS FRIEND AND FOE

SUB TOPIC: FRIENDLY MICRO-ORGANISM – YEAST

EXPERIENTIA LEARNING

ACTIVITY AIM: To enable the students to learn the role of a friendly micro-organism.

MATERIALS REQUIRED

Beaker, sugar, water, yeast

PROCEDURE

The students will be divided into four groups.

Lach group will be asked to fill a beake r with three-fourth of
water.
\Box Two —three teaspoons of sugar will be dissolved in it. \Box Half a teaspoon of yeast will be added to it.
\square Students will be advised to keep the setup covered and kept undisturbed for 4 $_{-5}$
hours.
☐ They will be asked to smell the solution and record their
observation.
☐ The students will be able to understand the role of micro -organisms in food
processing.

Class:8 Subject: Science Topic: SYNTHETIC FABRIC AND PLASTICS

Learner Previous Knowledge	 What is a fibre? What are different types of fibres? What are plastics?
	② What are natural and synthetic fibres?
	This lesson requires previous knowledge of Why are synthetic fibres required?
Target Knowledge for this topic	Types of fibre
	··
	Characteristics of synthetic fibres, Properties of plastics

MONTH	GIST OF THE	TARGET LERNING	Techniques to be	TEACHING LEARNING ACTIVITY	QUESTION ON TLOS, HOTS &
	LESSON	OUTCOME	used:	PLANED	CORRELATION WITH OTHER SUBJECTS

Synthetic fibres Students would be able to know about the different types of synthetic fibres and their uses. Students would be able to know about the different types of synthetic fibres and their uses. Students would be able to know about the different types of synthetic fibres and their uses. Students would be able to know about the different types of synthetic fibres and differentiation table, comparecontrast matrix), silent/ loud reading, collaborative Characteristics of Students would be able to know about the different to characteristics of synthetic fibres are durable, less expensive, easy to maintain, strong, easy to handle etc LEVEL 2 What are the properties of plastic their source and their uses in daily life. Discussion about the different characteristics of synthetic fibres like rayon, nylon, polyester, acrylic their source and their uses in daily life. What are the differences between thermoplastic and thermosetting plastics/	May/June	Types of fibre	Students would be able to know about the different types of fibres.	Quiz Daily Practice Problem MCQ	Discussion about the different types of natural and synthetic fibres along with their source and uses in daily life	LEVEL 3 Explain why should we avoid plastics as far as possible?
Characteristics of synthetic fibres. Students would be able to know about the different characteristics of synthetic fibres. Plastics. Heir uses. Students would be able to know about the different characteristics of synthetic fibres. Students would be able to know about the different characteristics of synthetic fibres. Students would be able to know about the different characteristics of synthetic fibres. Students would be able to know about different characteristics of synthetic fibres. Plastics. Plastics. Students would be able to know about different types of plastics. Students would be able to know about different types of plastics. Discussion about the different types of objects that are made up of plastics and types of plastics. Discussion about the plastics. Discussion about the different types of objects that are made up of plastics and types of plastics. What are the properties of synthetic fibres. What are the properties of synthetic fibres. What are the properties of synthetic fibres. What are the properties of synthetic fibres are durable, less expensive, easy to maintain, strong, easy to handle etc LEVEL 1 What are the different types of plastics like plastics in norreactive, plastics are light, durable and strong these properties make plastics very useful. Discussions about the hazard caused by plastics like plastics are		Synthetic fibres	able to know about the different types of	Student -teacher interaction, Wipro- G.O.s(web chart, flow chart	rayon, nylon, polyester, acrylic their source and their uses in	LEVEL 2 What are the properties of plastics?
Plastics. Students would be able to know about different types of plastic and their uses. Discussion about theproperties of plastics like plastics is nonreactive, plastics are light, durable and strong these properties make plastics very useful. Discussions about the hazard caused by plastics like plastics are			Students would be able to know about the different characteristics of	table, compare- contrast matrix), silent/ loud reading, collaborative learning, Research	characteristics of synthetic fibres like synthetic fibres are durable, less expensive, easy to maintain, strong, easy to handle etc Discussion about the different types of objects that are made up of plastics and types of plastics like thermoplastic and thermosetting plastics and objects	thermoplastic and thermosetting plastics/ LEVEL 1 What are the differences between natural and synthetic fibres. What are the properties of
		Plastics.	able to know about different types of		Discussion about theproperties of plastics like plastics is nonreactive, plastics are light, durable and strong these properties make plastics very useful. Discussions about the hazard caused by plastics like plastics are	

Properties of plastics	Students would be able to know about the properties of plastics.		
Plastics and environment.	Students would be able to know about the disadvantage of plastics disposal.		

CHAPTER: SYNTHETIC FABRIC AND PLASTICS

SUB TOPIC: CHARACTERISTICS OF THE SYNTHETIC FIBRES EXPERIENTIA LEARNING

ACTIVITY AIM: To enable the students to understand the properties of both natural and synthetic fibres. **MATERIALS**

REQUIRED: Beakers, small pieces of silk cloth, cotton cloth and polyester cloth, water

PROCEDURE:

Students will be divided into three groups.

2 Three beakers A, B, C will be half filled with water and handed over to each group.

☑ The students will be soaking three small pieces of the cotton, silk, polyester cloths with

same dimension in the beakers A, B and C, respectively.

The cloth pieces will be taken out and dried under sun for few minutes.

 $\ensuremath{\mathbb{D}}$ The remaining water in each beaker will be measured using a me $\ensuremath{\text{asuring jar}}$ and

the

observations will be recorded on the basis of the time taken for drying and the amount of water

left in each beaker.

② The students will learn and conclude through their experience the advantages of

synthetic fibres over natural fibres.

Class:8 Subject: Science

Topic: MATERIALS METALS AND NON METALS

Learner Previous Knowledge	Different natural occurring substances
Target Knowledge for this topic	Basic introduction to Periodic Table and explain with reference to metals only; Classification of elements: Know that elements can be classified as metals, non- metals or metalloids; Physical and chemical properties of metals and non-metals Study the physical and chemical properties of metals and non-metals; Uses Find out about the various uses of metals and non-metals;

MONTH	GIST OF THE	TARGET LERNING	Techniques to	TEACHING LEARNING	QUESTION ON TLOs, HOTS & CORRELATION WITH
	LESSON	OUTCOME	be used:	ACTIVITY PLANED	OTHER SUBJECTS

July	Materials Metals and non-metals Properties of metals. Physical properties of nonmetals.	Students would be able to know about the physical properties of metals Students would be able to know about the physical properties of non-metals.	Quiz Daily Practice Problem MCQ Peer Assessment Student teacher interaction, Wipro- G.O.s(web chart, flow chart and differentiation table, compare- contrast matrix), silent/ loud reading, collaborative learning, Research work/surveys	Discussion about the physical properties of metals on the basis of their hardness, metals are malleable that is they can be beaten into thin sheets, metals are ductile, metals are lustrous, metals are sonorous, metals are good conductor of heat and electricity. Discussions about the physical properties of non-metals like nonmetals are nonmalleable nonlustrous, nonsonorous, nonductile, bad conductor of heat and electricity along with examples.	LEVEL 3 Why colour of the copper sulphate solution changes when iron is mixed in it? Why we do not store pickles in aluminium utensils? LEVEL 2 What is malleability? What is the nature of non-metallic acid? LEVEL 1 Name a metal liquid at normal room temperature. What are the uses of metals?
	Chemical properties of metals and nonmetals.	Students would be able to know about chemical properties of metals and nonmetals.		Discussion about the chemical properties of metals and non-metals like metals react with air (oxygen) to form metal oxide which basic in nature, non-	

		metals forms oxide which is acidic in nature metals react with water to form hydroxide, metals react with acid to form salt and hydrogen gas which burns with pop sound generally nonmetals do not reac with water or acids.	
Uses of metals and non-metals.	Students would be able to know about the different uses of metals and nonmetals.	Discussions about the different uses metals and non-metals like metals are used in making automobile cartrain.	

CHAPTER: MATERIALS METALS AND NON METALS

SUB TOPIC: DUCTILITY, MALLEABILITY AND HARDNESS

EXPERIENTIAL LEARNING

ACTIVITY AIM: To enable the students to understand the physical properties of metals and non-metals.

MATERIALS REQUIRED: Aluminium foil, copper wire, metallic (mosquito) mesh, zinc granules,iodine crystals etc.

PROCEDURE:

Students will be divided into three groups.

2 Each group will be instructed to bring aluminium foil or sheets, copper wire, a piece of aluminium (mosquito) mesh, respectively.

- 2 Teacher will bring zinc granules and iodine crystals and hammer the zinc granulesmaking the students to observe the effect.
 - In It is location of the location of the location in the location of the location is location.
 It is a location of the location of t
- Students will be asked to compare the effects of both the activities.
- 1 The students will compare the hammered zinc granules with the items they havebrought.
- The teacher will ask the following questions:

CURIOSITY QUESTION:

Have you ever wondered about the shapes of some metals like copper and silver used in themaking of utensils, jewelleries and electrical appliances?

ANSWER GUIDE:

- o Name the material which turned into thin sheet after hammering. Which grouphas brought similar type of material? o How can the same aluminium be drawn into wires in the case of mosquito mesh? o Have you ever thought about the processes behind them?
- o If these metals are made into sheets and wires, why can't the iodine granules bemade into sheets and wires?

Class:8	Subject: Science	Topic: COAL AND PETROLEUM
Learner Previous Knowledge		This lesson requires previous knowledge of
		Name different types of materials you use in daily life.
		2 Classify them as naturally occurring and man made materials.
		What are natural resources?
		☐ Can we use our natural resources forever?

Target Knowledge for this topic	Preparation, properties and uses of coal and petroleum.	
	Describe the uses of coal and petroleum.	l
	list the various products obtained from coal and petroleum	l

MONTH	GIST OF THE	TARGET LERNING	Techniques to be	TEACHING LEARNING ACTIVITY	QUESTION ON TLOS, HOTS & CORRELATION
	LESSON	OUTCOME	used:	PLANED	WITH OTHER SUBJECTS
July	Exhaustible and inexhaustible natural resources	Students would be able to know about the different types of resources found on the earth. Students would be able to know about the Exhaustible and inexhaustible natural resources	Quiz Daily Practice Problem MCQ Peer Assessment Student -teacher interaction, Wipro- G.O.s(web chart, flow chart and differentiation table, compare- contrast matrix),	Discussion about the natural and man-made resources along with examples like animals, plants. Car bike etc. Discussion about the Exhaustible and inexhaustible natural resources along with examples like coal and petroleum exhaustible whereas air water and sunlight inexhaustible.	LEVEL 3 What is coke? Write its properties and uses. What are the harmful effects of burning fossil fuels? LEVEL 2 Where is petroleum found in our country? What are fossil fuels?
	Coal	Students would be able to know about the coal its properties and uses.	silent/ loud reading, collaborative learning, Research work/surveys	Discussion about the history of coal and its formation. Coal is used as fuel for houses and industries and is processed to get various products like coke, coal tar and coal gas and their uses. Discussion about the uses of	LEVEL 1 Name two cleaner fuels. Name two exhaustible natural resources.

Petroleum	Students would be able to know about petroleum and its uses.	petroleum in automobiles. Formation of petroleum and various constituent obtained during refining of petroleum like petrol, diesel, lubricating oil paraffin wax, and liquefied natural gas along with their uses in different fields.
Natural gas	Students would be able to know about natural gas and its uses.	Discussion about thenatural gasses like CNG and ANG Compressed natural gas are used as fuel in industries and in automobiles CNG are supplied through pipelines in some parts of our country for domestic uses.

CHAPTER: COAL AND PETROLEUM

SUB TOPIC: INEXHAUSTIBLE AND EXHAUSTIBLE RESOURCES

EXPERIENTIA LEARNING

ACTIVITY AIM: To enable the students to understand the importance of inexhaustible and exhaustible resources

MATERIALS REQUIRED: Basket, chocolates etc.

PROCEDURE:

Students will be divided into groups of seven.

 $\ensuremath{\mathbb{P}}$ These seven students will be further divided into three sub $\ensuremath{\mathsf{groups}}$ with four students

labeled as generation I, two students labeled as generation II and one student as generation III (4, 2, 1).

- 2 Each group will be provided with a basket full of chocolates and will be asked to consume.
- The consumption will be str ictly based on generations I, II, III, respectively.
 - ☑ Finally, the students will be advised to check among themselves, the number of chocolates consumed by generation I, generation II, and availability/non-availability of chocolates for generation III.
- The students will be advised to compare the chocolates with the non-renewable resources and to think about the availability of these resources for the future generation.
- The teacher will instruct the students to suggest some measures how its wastage coul d be controlled and could be made available for future generation.

CURIOSITY QUESTIONS:

What will happen if all the natural resources are exhausted?

ANSWER GUIDE:

o Why can't we depend upon the inexhaustible resources completely?

Class:8 Subject: Science Topic: COMBUSTION AND FLAME

	To provide the contract of the
Learner Previous Knowledge	Generic knowledge of different types of fuels used at home, in automobiles and in industries
Target Knowledge for this topic	Combustion Understand what combustion is; Experiment whether a substance is combustible or not; Find out the conditions necessary for combustion; Find out about the different types of combustion; Study the different zones of a flame and their characteristics; Investigate the functioning of a fire extinguisher; Fuel
	Investigate about the different types of fuel and so understand what a fuel is;(Connect this with the concept of fossil fuels) Understand what is the efficiency of fuel; Study the characteristics of an ideal fuel; Learn and find out what happens when a fuel burns;

MONTH	GIST OF THE	TARGET LERNING	Techniques to	TEACHING LEARNING ACTIVITY	QUESTION ON TLOs, HOTS &
	LESSON	OUTCOME	be used:	PLANED	CORRELATION WITH OTHER SUBJECTS

July	Combustion	Students would be able to know about the condition of combustion and condition necessary for combustion	Quiz Daily Practice Problem MCQ Peer Assessment	Discussion about the definition of combustion that "A chemical process in which substance react with oxygen to heat is called combustion" the condition necessary for combustion that is	LEVEL 3 Explain acid rain. how can we control fire? Draw well labelled diagram of a
	Types of combustion.	Students would be able to know about the types of combustion. Students would be	Student teacher interaction, Wipro- G.O.s(web chart, flow chart and differentiation table, compare- contrast matrix), silent/ loud reading, collaborative learning, Research work/surveys	presence of combustible material, presence of air, and attainment of ignition temperature (Lowest temperature at which substance catches fire) Discussions about the types of combustion rapid combustion which occur rapidly, spontaneous combustion occur spontaneously. Discussion about the flame with activity of burning candle flame outermost upper zone of flame having blue colour is hottest middle zone having yellow colour is moderately hot while innermost black zone is least hot. Discussion about the different types of fuel their calorific value	burning candle. LEVEL 2 What are the conditions necessary for burning of fuel? What is calorific value of fuel? LEVEL 1 what is combustion? What is ignition temperature?
	Flame				

	able to know about the different parts of flame	gaseous fuels are good because they have more calorific value.	
Fuel and Fuel efficiency and harmful effect of burning fossil fuel.	Students would be able to know about the fuel and its efficiency and harmful effect of burning fossil fuel.		

CHAPTER: COMBUSTION AND FLAME

SUB TOPIC: IGNITION TEMPERATURE

EXPERIENTIA LEARNING

ACTIVITY AIM: To enable the students to understand the term "ignition temperature"

MATERIALS REQUIRED: Wood, Paper, Chalk piece, Igniter etc.

PROCEDURE:

Students will be given a piece of wood, a small piece of paper and an igniter.

They will be asked to draw three boxes on the table with each box carrying the names

"wood", "paper" and "LPG", respectively.

2 Wood and paper will be kept in their respective boxes and the students will be advised to

imagine an "LPG" cylinder is kept in the last box.

The students will start thinking and analyze the reason why the given materials are kept

in separate boxes.

CURIOSITY QUESTION:

Have you ever seen the villagers igniting the wood by using the gas lighter?

ANSWER GUIDE:

- o Why can't they make use of the gas lighter to fire the wood?
- o If you try to burn all these substances by producing a single spark in your igniter, which substance will catch fire first? o Why is the wood not able to catch fire at first? o Is the heat /temperature required by the wood same as that of paper and LPG?

Class:8 Subject: Science Topic: CONSERVATION OF PLANTS AND ANIMALS

Learner Previous Knowledge	Habitats & Adaptations; Food chains and food webs; How human activities have affected the biodiversity of different habitats
Target Knowledge for this topic	Biodiversity and its importance Understand what biodiversity is and why it is important; Destruction and conservation of ecosystem Find out the various factors responsible for destruction of the ecosystem and how can we conserve it; Endemic species Investigate and find out the various endemic species and also about how the data gets recorded for all the endangered species; identify endangered species in the state. Evaluate reasons for endangerment and
	efforts (and impact of efforts) towards conservation that are being currently taken up.

MONTH	GIST OF THE	TARGET LERNING	Techniques to be	TEACHING LEARNING ACTIVITY PLANED	QUESTION ON TLOs, HOTS &
	LESSON	OUTCOME	used:		CORRELATION WITH OTHER
					SUBJECTS

August	Deforestation and its causes	Students would be able to know about the causes of deforestation.	Quiz Daily Practice Problem MCQ	Discussion about the various causes of deforestation like clearing of the forest for building colonies, school, roads due to increase in human population.	LEVEL 3 Why project tiger was launched? What is biosphere reserve? Give
	Consequences of deforestation	Students would be able to know about the consequences of deforestation	Peer Assessment Student -teacher interaction, Wipro- G.O.s(web chart, flow chart and differentiation table, compare- contrast matrix), silent/ loud reading, collaborative learning, Research work/surveys	Discussion about the consequences of deforestation Like frequent drought, flood, and desertification, loss of animal's habitat and loss of fertility of soil. Discussion about the need and ways to conserve animals and wildlife by development of protected areas like Sanctuary, National parks and Biosphere reserve along with some examples of these areas of our	two examples. LEVEL 2 What are the consequences of deforestation? What is reforestation? LEVEL 1 What is deforestation? Name two national parks of our
	Conservation of forest and wild life.	Students would be able to know about the need and ways to conserve animals and wildlife.	Workjauveya	Discussion about the Flora and Fauna of our country along with examples of some plants and animals found in our country. Discussion about the endemic species	country.
	Flora and Fauna	Students would be		of plants and animals along with examples and red data book which	

	able to know about some Flora and Fauna of our country.	includes endangered species.	
	of our country.	Discussion about the importance of	ı
		reforestation for maintenance of	ı
Endemic species and Red data book	Students would be able to know about the endemic species and red data book.	ecosystem.	
Reforestation	Students would be able to know about the reforestation and its importance.		

CHAPTER: CONSERVATION OF PLANTS AND ANIMALS

- **Project 1-** Animal life is also affected by deforestation, how? List the points and discuss them in your class.
- **Project 2** To find out the number of national parks, wildlife sanctuaries and biosphere reserve in your district, state and country.
- **Project 3** List factors disturbing biodiversity of your area by human activities and how to check these activities. Prepare a brief report.
- **Project 4-** Try to identify the flora and fauna of your area and list them.
- Project 5- To find out endemic plants and animals of the region where you live.
- **Project 6-** Visit Zoo of animal and plant. are better than natural habitat animals comfortable in artificial habitat.
- **Project 7-** Study the biodiversity in your school campus and prepare a detailed report with photographs and sketches of flora and fauna.

Class:8 Subject: Science	Topic: CELL STRUCTURE AND FUNCTION
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Learner Previous Knowledge	In the living organisms, Cells are basic structural units. All basic chemical and physiological functions like repairing, growth, excretion movement, immunity, communication, and digestion - are happening inside of cells.
Target Knowledge for this topic	 list the main components of cells; summarise the structure and function of the different comp Define organelles present in both animal and plant cells; Describe the functions of the various organelles in the cell; Explain the difference between prokaryotic and eukaryotic cells. onents;

MONTH	GIST OF THE	TARGET LERNING	Techniques to be used:	TEACHING LEARNING ACTIVITY PLANED	QUESTION ON TLOs, HOTS &
	LESSON	ОUTCOME			CORRELATION WITH OTHER SUBJECTS

August	Cell and its discovery Cell shape and size. Cell structure and function and cell organelles.	Students would be able to know about the cell and its discovery. Students would be able to know about the different types of cell along with its size. Students would be able to know about the general structure of cell along with its some parts.	Quiz Daily Practice Problem MCQ Peer Assessment Student -teacher interaction, Wipro- G.O.s(web chart, flow chart and differentiation table, compare- contrast matrix), silent/ loud reading, collaborative learning, Research work/surveys	Discussion about the discovery of cell by Robert Hooke from cork cell and its definition that is cell is the structural and functional unit of life. Discussion about the different shapes of the cell lie Irregular shape amoeba, Spindle shape muscles shape, Comma shape bacteria, Rod shape bacteria etc. along with the size that is Smallest size bacteria, Largest —ostrich egg, longest- nerve cell. Discussion about the cell structure that is all cells have nearly same cell organelles like Plasma membrane along with its definition and function that is it allow the	LEVEL 3 What are the difference between plant cell and animal cell? What are the difference between prokaryotes and eukaryotes? LEVEL 2 What is the function of plasma membrane? what are the function of nucleus of cell? LEVEL 1 Who discover cell? What is cell?
	Plant cell and animal cell	Students would be able to know about the difference between animal cell and plant cell.		_	

CHAPTER: CELL STRUCTURE AND FUNCTION

SUB TOPIC: PARTS OF THE CELL

EXPERIENTIA LEARNING

ACTIVITY AIM: To enable the students to recall the names of the cell organelles and their functions.

MATERIALS REQUIRED: Bread slice, cheese spread, pepper granules, cut pieces of vegetables.

PROCEDURE:

The students will be divided into four groups.

- Each group will be instructed to bring a bread slice, one cheese spread, 5–6 peels of onion, a thin cut slice of carrot, a thin cut piece of tomato, a cut piece of capsicum and half a spoon of pepper granules.
- The teacher will have a brief discussion with the students.
- Each group will be suggested to make a model of cell using the items they have brought.
- As the students engage themselves, the teacher will be asking the following questions tothem:

CURIOSITY QUESTION:

What are the items that are spread on the bread slice called?

ANSWER GUIDE:

- o To which organelle can the cheese spread be compared?
- **o** Which organelle does the carrot represent? What is itsfunction?
- **o** Name the cell organelle which is referred bycapsicum.
- **o** Name the type of cell.

Class:8 Subject: Science Topic: REPRODUCTIUON IN ANIMALS

Learner Previous Knowledge Life processes: Movement, digestion and respiration in animals	
Target Knowledge for this topic	Reproduction
	Study various modes of asexual reproduction (Budding, Binary fission) and sexual reproduction in animals; Learn about different animals based on the process of reproduction and classify
	them accordingly (viviparous and oviparous)

MONTH	GIST OF THE	TARGET LERNING	Techniques to be	TEACHING LEARNING ACTIVITY PLANED	QUESTION ON TLOs, HOTS &
	LESSON	OUTCOME	used:		CORRELATION WITH OTHER SUBJECTS

September	Reproductionand modes of reproduction Asexual reproduction. Sexual reproduction.	Students would be able to know about the definition and modes of reproduction in animals. Students would be able to know about the asexual reproduction like binary fission and budding. Students would be able to know about the sexual reproduction in human beings.	Quiz Daily Practice Problem MCQ Peer Assessment Student -teacher interaction, Wipro- G.O.s(web chart, flow chart and differentiation table, compare- contrast matrix), silent/ loud reading, collaborative learning, Research work/surveys	Discussion about the definition of reproduction that is producing off springs of its own kind and difference between asexual and sexual reproduction. Discussion about the definition of asexual reproduction along with explanation of binary fission in amoeba and budding in hydra and yeast. Discussion about the sexual reproduction in human beings along with explanation of male reproductive system and female reproductive system along with their figure and explanation of function main parts like testis in male and ovary in female. Discussion about the definition and site of fertilisation in human that is fusion of male gamete sperm and	LEVEL 3 Where does embryo develops in human? Name the tissue by which it gets its nourishment. LEVEL 2 Name the primary sex organs of male and female human? Differentiate between asexual and sexual reproduction? LEVEL 1 What is reproduction? What is fertilisation?
	Fertilisation in human. Development of embryo.	Students would be able to know about the fertilisation in human. Students would be able to know about the development of embryo in human.		female gamete ova is fertilisation and it occur in fallopian tube or oviduct. Discussion about the development of embryo in uterus of female along with some developmental stage that is foetus and how it obtains its food.	

CHAPTER: REPRODUCTIUON IN ANIMALS

Project I

SUB TOPIC: Metamorphosis in Frogs

EXPERIENTIA LEARNING

ACTIVITY AIM: To observe Metamorphosis in Frogs

MATERIALS REQUIRED: Pond water, Glass jar, Observation book, Pen and Pencil

PROCEDURE:

Students will be taken near the garden pond in which differenttypes of aquatic animals like fishes, frog, water insects etc are present. The students will be asked to collect fresh fertilised eggs along withpond water in glass jars. These eggs will be subjected to the observation study in the Biology lab.

Observation:

The students will be asked to note down their observations on dailybasis. They will be provided best possible chance to experiencemetamorphosis and different stages like larva with two legs, larvawith four legs and froglets will be identified by the students. Theywill be guided to make an observation table and sketch the diagrams. They will be advised to release the froglets back to the pond withoutharming them by which they will get to know never to disturb ourecosystem. **Project II**

SUB TOPIC:Oviparous animals

ACTIVITY AIM: To observe different size and shapes of eggs of various animals.

MATERIALS REQUIRED: Eggs of small creatures, Magnifying glass, Observation book, Pencil and eraser

PROCEDURE:

Collect small eggs of harmless creatures. Ask the students to sketchthe shape of egg of each animal; compare their sizes and shapes; notethem down in observation books. Make a list of animals which layeggs. Try to procure clippings of these animals and paste their eggsbeneath and make an oviparous album.

Class:8	Subject: Science	Topic: REACHING THE AGE OF ADOLESCENCE
Learner Previous Knowledge		Living organism produce young one of their own kind. Reproduction help in the continuity of life from one generation to the next. The ability to produce new individual is known as reproduction. Changes that take place in the human body after which a person becomes capable of reproduction.
Target Knowledge for this top	pic	To understand the adolescence and puberty, changes which occur at this stage and the reason for the change, Reproductive phase in human, sex determination in a baby, other hormones of our body, reproductive health.

Ī	MONTH	GIST OF THE	TARGET LERNING	Techniques to be used:	TEACHING LEARNING ACTIVITY PLANED	QUESTION ON TLOs, HOTS &
		LESSON	OUTCOME			CORRELATION WITH OTHER
						SUBJECTS

September	Adolescence and puberty. Changes at puberty. Secondary sexual character.	Students would be able to know about the definition of adolescence and puberty. Students would be able to know about the changes that occur in them during puberty. Students would be able to know about the secondary sexual character in boys and girls.	Quiz Daily Practice Problem MCQ Peer Assessment Student -teacher interaction, Wipro- G.O.s(web chart, flow chart and differentiation table, compare- contrast matrix), silent/ loud reading, collaborative learning, Research work/surveys	Discussion about the adolescence and puberty along with their definition that is period of life when body undergoes changes. Discussion about the changes that occur in them during puberty that is Increase in the height of boys and girls, is nearly completed at the age of 18 years, change in body shape like chest and shoulder size in girls and boys, Change in voice of boys and girls, Development of their sex organs etc. Discussion about the secondary sexual character in boys like Growth of beard, Hairs con chest, in girls Enlargement of breast, growth of pubic hairs and hair under arm in both boys and girls these changes are controlled by male and female hormone.	LEVEL 3 Explain how sex is determined in human child. What type of diet is necessary for adolescence? LEVEL 2 What are the secondary sexual characters of boys? What are the changes that occur in boys and girls during adolescence? LEVEL 1 Name the sound producing organ of man. Name the male and female hormone.
	Sex determination in new born baby. Development of embryo.	Students would be able to know about the reason why new born baby is boy or girl.		Discussion about the sex determination in child that is sex in human is determined by 23 rd pair of chromosome father. If a child receives X chromosome from father it becomes girl and if it receives Y chromosome from father it becomes boy.	

CHAPTER: REACHING THE AGE OF ADOLESCENCE

SUB TOPIC: NUTRITIONAL NEEDS OF ADOLESCENTS

EXPERIENTIA LEARNING

ACTIVITY AIM: To enable the students to realize the importance of their nutritional needs.

MATERIALS REQUIRED: Charts, Sketch pens, Sketch pencils.

PROCEDURE:

Students will be instructed to prepare charts or posters which carry the details of thebalanced diets.

They will be guided to show the healthy breakfast, lunch and supper to create anawareness among the youngsters about the fo od that should be consumed during thetransition period.

The best charts will be pasted in the classroom and the students will be allowed to talkabout the need of healthy food for their growth and development.

CURIOSITY QUESTION:

Does anyone have a dream of becoming a model or body builder?

ANSWER GUIDE:

o What happens to your dream if you eat junk foods?

o If you don't intake the actual requirement of required nutrients, what will be its

consequences?

Class:8	Subject: Science	Topic: FORCE AND PRESSURE

Cluss.0	Subject. Science	Topic. Torrest All Directions	
Learner Previous Knowledge		Force, friction and work	
		Types of force	
		Understand types of force;	

Target Knowledge for this topic	Force & Pressure-Recap of force and its effects; The motion of an object is determined by the sum of the forces acting on it; if the total force on the object is not zero, its motion will change. The greater the mass of the object, the greater the force needed to achieve the same change in motion. Different type force i.e. contact and non-contact forces. Pressure and its effects Find out what is pressure; Calculate pressure exerted by a body; Investigate about how pressure can be applicable in the daily life; Learn about how liquid and air exerts pressure; Find out how liquid pressure can be applied in the daily life; Measure the liquid and atmospheric pressure.
	iliquid pressure can be applied in the daily life, ivieasure the liquid and atmospheric pressure.

MONTH	GIST OF THE LESSON	TARGET LERNING OUTCOME	Techniques to be used:	TEACHING LEARNING ACTIVITY PLANED	QUESTION ON TLOS, HOTS & CORRELATION WITH OTHER SUBJECTS
October	Force.	Students would be able to know force and its definition	Quiz Daily Practice Problem MCQ Peer Assessment Student teacher	Discussion about the force along with its definition that is an external factor that cause the body to move to stop the moving body or to change the direction of moving body.	LEVEL 3 What are the factor affecting pressure? Why dams have broad wall at the base? LEVEL 2 what are the effect produced by force?
	Effect produced by force.	Students would be able to know about the changes	interaction, Wipro- G.O.s(web chart, flow chart and differentiation table,	Discussion about the effect produced by force that is it can move the body, it can stop the moving body, it can change the direction of	What is pressure? LEVEL 1 What is force? Name two non-contact force?

Types of force.	produced by force. Students would be able to know about the Students would be able to know about the different types of forces.	compare- contrast matrix), silent/ loud reading, collaborative learning, Research work/surveys	moving body and can change the shape of body. Discussion about the contact that is muscular and friction force and noncontact force that is Magnetic and Electrostatic force. Discussion about the definition and the factor affecting pressure on the body and its application in	
Pressure.	Students would be able to know about the definition and importance of pressure.		Discussion about the factor affecting pressure in liquid and its application in daily life and definition of atmospheric pressure along with its value at sea level that is 760mm Hg	
Liquid and atmospheric pressure.	Students would be able to know about the liquid and atmospheric pressure.			

CHAPTER: FORCE AND PRESSURE **SUB TOPIC:** TYPES OF FORCE

EXPERIENTIA LEARNING

ACTIVITY AIM: To enable the students to understand the different types of force.

MATERIALS REQUIRED: A tennis ball, balloons.

PROCEDURE:

■ MUSCULAR FORCE:

o Students will be asked to do arm wrestling.

FRICTIONAL FORCE AND GRAVITATIONAL FORCE: 0

A tennis ball will be thrown upwards by a student.

o Each time the ball will be thrown to different heights.

☑ ELECTROSTATIC FORCE:

- o Each student will be given a balloon and will be asked to inflate it and tie it. o The inflated balloon will be rubbed vigorously against their palm.
- o The rubbed balloon will be brought close to their hair and the students will beasked to observe.
 - The students experience and learn the different types of force.

CURIOSITY QUESTION:

Why is the ball always moving down even though it is thrown upwards at different heights?

ANSWER GUIDE:

- o While falling down, does the ball remain in contact with the ground for a longtime? Why?
- o Where are you applying force in the case of arm wrestling? o Is there any force acting between the balloon and the hair?

Class:8 Subject: Science	Topic: FRICTION
Learner Previous Knowledge	Any push or pull is called force. Friction is a Contact Force
Target Knowledge for this topic	Friction: What is friction? Causes of Friction.
	Advantages and disadvantages of friction.
	Ways to minimise and increase friction.

MONTH	GIST OF THE LESSON	TARGET LERNING OUTCOME	Techniques to be used:	TEACHING LEARNING ACTIVITY PLANED	QUESTION ON TLOS, HOTS & CORRELATION WITH OTHER SUBJECTS
October	Friction. Factor affecting friction.	Students would be able to know definition of friction. Students would be able to know about the factor affecting friction. Students would be able to know about the	Quiz Daily Practice Problem MCQ Peer Assessment Student -teacher interaction, Wipro- G.O.s(web chart, flow chart and differentiation table, compare- contrast matrix), silent/ loud reading, collaborative learning, Research work/surveys	Discussion about the definition of friction that is opposite force that tends to stop the moving body is called friction. Discussion about the factor affecting friction that is nature of the surface (rough surface have more friction and smooth surface have less friction) Discussion about the importance of friction that is its advantage like It help us to walk, It help to write on blackboard and its	LEVEL 3
		Students would be able to know about		disadvantage like It tears soles of shoes, It damages parts of	Name the different types of

Friction a the importance of machine. friction. necessary evil. friction in daily life.	
Reducing friction. Reducing friction. Students would be able to know about the ways to reduce friction. Students would be able to know about the friction offered by fluid and air. Fluid friction. Discussion about the method to reduce friction by applying lubricants, by making surface smooth by using ball bearing. Discussion about the friction offered by fluid and air and animals shape to reduce friction and the structure of aeroplane that help it to minimise air friction.	

CHAPTER: FRICTION

SUB TOPIC: Fluid Friction

EXPERIENTIA LEARNING

ACTIVITY AIM: To demonstrate the effect of density of fluid on drag.

MATERIALS REQUIRED: A table, four glasses, water, sugar syrup, mustered oil, honey, gram seeds and stop watch.

PROCEDURE:

- 1. Lable the three glasses 1, 2, 3 and 4.
- 2.Put water in glass 1, sugar syrup in glass2, mustered oil in the glass 3 and honey inglass4.
- 3. Then put the gram seeds one by one in these the glasses and record the time of fall at the bottom.

Observation:

Record your observations in the table given below:

GLASS	SAMPLES	TIME TAKEN BY GRAM SEEDS TO FALL AT THE BOTTOM
<u>1</u>	WATER	

<u>2</u>	SUGAR SYRUP	
<u>3</u>	MUSTERED OIL	
<u>4</u>	HONEY	

Class:8 Subject: Science Topic: SOUND

Learner Previous Knowledge	Basic knowledge of sound. Basic knowledge of the terms Sound, amplitude, frequency.		
Target Knowledge for this topic	The characteristics of sound, identify the difference between audible and inaudible range, understand the various aspects of sound energy and its production.		

MONTH	GIST OF THE LESSON	TARGET LERNING OUTCOME	Techniques to be used:	TEACHING LEARNING ACTIVITY PLANED	QUESTION ON TLOS, HOTS & CORRELATION WITH OTHER SUBJECTS
November	Production of sound. Sound produced by human.	Students would be able to know ways of production of sound. Students would be able to know about the production of sound by human.	Quiz Daily Practice Problem MCQ Peer Assessment Student -teacher interaction, Wipro- G.O.s(web chart, flow chart and differentiation table, compare- contrast matrix), silent/ loud reading,	Discussion about the production of sound that is sound is produced by vibrating objects like by vibrating membrane, air column, and objects. Discussion about the production of sound by human by vibrating vocal cord Discussion about the	LEVEL 3 How sound is produced in humans? What are the sources of noise pollution? How will you limit noise pollution around your locality? LEVEL 2 What is audible range of

Sound need medium for its propagation.	Students would be able to know about the medium of propagation of sound	collaborative learning, Research work/surveys	medium like solid, liquid and gas for propagation of sound speed of sound is more in solid than liquid and gas. Discussion about the structure of ear and its function for detecting sound.	What is difference between noise and music? LEVEL 1 What is sound? Name objects used to produce sound in your school music room.
Hearing organ	Students would be			
ear.	able to know about		Discussion about the	
	the sound detecting organ that is ear.		Characteristic of sound wave like amplitude, time period, frequency, loudness	
Characteristic of	Students would be		and pitch.	
sound.	able to know about		Discussion about the causes	
	the characteristic of		of noise pollution like sound	
	sound wave.		produced by automobile,	
Sound pollution	Students would be able to know about the sound pollution and its hazard.		crackers, loudspeaker etc. and its hazard on human health and ways to minimise noise pollution.	

CHAPTER: SOUND **SUB TOPIC:** Vibration produces sound **EXPERIENTIA LEARNING**

ACTIVITY AIM: To produce sound by a vibrating body.

MATERIALS REQUIRED: Big Bowl, Plastic Wrap, Uncooked Rice, Metal Pan/ plate, Metal Spoon PROCEDURE:

1. Put the plastic wrap tightly over the bowl. (One sheet, as tight as you can get it.) Put about 1 teaspoon of rice on the plastic.

2. Then hold the metal pan close to the bowl and have your child hit it with the spoon. The harder they hit it the better. The rice will dance!

What is happening is that the pan vibrates, creating a sound wave. This wave is transmitted through the air molecules and cause the plastic wrap to start vibrating as well, making the rice dance!



Class:8 Subject: Science Topic: CHEMICAL EFFECT OF ELECTRIC CURRENT

	Topic on Entropy of Electric contact.
Learner Previous Knowledge	Represent the various components of electric circuits along with their symbols; Different kinds of circuits; Electromagnetism and its application; Heating effect of electric current
Target Knowledge for this topic	Chemical effect of current Study the chemical effects of current and its various application; Electric Charge and conductivity
	Demonstrate electrical conductivity through liquids; Electrolysis; electroplating Usage of liquids to produce electricity

MONTH	GIST OF THE	TARGET LERNING	Techniques to be	TEACHING LEARNING ACTIVITY PLANED	QUESTION ON TLOs, HOTS &
	LESSON	OUTCOME	used:		CORRELATION WITH OTHER
					SUBJECTS

November	Conductor and	Students would be	Quiz	Discussion about the conductor and	
	insulator.	able to know	Daily Practice	insulator on the basis of	LEVEL 3
		conductor and	Problem	conductivity of electricity.	How can you make pure
		insulator.	MCQ		water as conductor?
	Liquid conductor.	Students would be able to know about	Peer Assessment Student -teacher interaction, Wipro- G.O.s(web chart, flow chart	Discussion about the liquid that are conductor due to presence of ions along with examples like lemon juice and acids.	What are effect produced by electric current?
		the liquid that conduct electric current.	and differentiation table, compare-	Discussion about the chemical effect of electric current along with	LEVEL 2 What is electroplating?
	Chemical effect of electric	Students would be able to know about the chemical effect	contrast matrix), silent/ loud reading, collaborative learning,	electrolysis that is when electric current passes through conducting solution change of colour, deposition of metal occur on the electrode.	Give two examples of objects that are electroplated? LEVEL 1 What are conductors?
	current.	of electric current	Research work/surveys	Discussion about the process of electroplating along with its definition and application in the	Name two liquid that are
	Electroplating.	Students would be able to know about the process of electroplating.		articles of daily life like electroplating of silver on spoon, electroplating of chromium on handles of bicycle, bath taps due to non-corrosive nature of chromium	conductor.
				Hon-corrosive nature of chromium	

CHAPTER: CHEMICAL EFFECT OF ELECTRIC CURRENT

SUB TOPIC: Electrolysis

EXPERIENTIA LEARNING

ACTIVITY AIM: To purify impure copper metal.

MATERIALS REQUIRED: Beaker, distilled water, Copper sulphate, dilute Sulphuric acid, Copper rod, copper plate, battery.

PROCEDURE:

1. Take 250 ml of distilled water in a clean beaker.

- 2. Dissolve 2 teaspoon full of copper sulphate in it.
- 3. Add a few drops of dilute sulphuric acid to copper sulphate solution.
- 4. A thick rod of impure copper metal is made positive electrode by connecting itto the positive terminal of the battery.
- 5. A thin plate of pure copper metal is made negative electrode by connecting itto the negative terminal of the battery.
- 6. Switch on the electric current by closing the switch.
- 7. Allowed the current to pass for about half an hour.

Observation-

It will be observed that the impure copper rod goes on becoming thinner andthinner whereas the pure copper plate goes on becoming thicker and thicker. This is because the impure copper metal of anode goes on dissolving in coppersulphate solution whereas the pure metal from copper sulphate solution goes ondepositing on copper plate cathode. Impurities present in impure rod of copperfalls to the bottom of the beaker. **Result** - the copper metal of impure copper rod(anode) get deposited on the pure copperplate (cathode).

Questions -

- 1. Why do copper ions move towards cathode?
- 2. Why do impurities not move towards cathode or anode?

Class:8	Subject: Science	Topic: SOME NATURAL PHENOMENAN
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Learner Previous Knowledge	Generic meaning of earthquake. General knowledge of what happens during earthquake.
Target Knowledge for this topic	How do Earthquake and Lightning happen? Causes of Earthquake and Lightning
	Effects of Earthquake and Lightning Protection measures against Earthquake and Lightning.

MONTH	GIST OF THE	TARGET LERNING	Techniques to be	TEACHING LEARNING ACTIVITY PLANED	QUESTION ON TLOs, HOTS &
	LESSON	OUTCOME	used:		CORRELATION WITH OTHER SUBJECTS

December	Lightening.	Students would be	Quiz	Discussion about the concept of	LEVEL 3	
		able to know the	Daily Practice	lightening that lightening in the	What is lightening conductor?	
		concept of	Problem	sky is seen when clouds having		
		lightening.	MCQ	charge rub each other.	Suggest measures to protect	
			Peer Assessment	-	ourselves from lightening?	
			Student -teacher	Discussion about the charge and	0 0	
			interaction,	their interaction that charges are	LEVEL 2	
			Wipro- G.O.s(web	of two types positive and	List some precaution during	
	Charge and their	Students would be	chart, flow chart	negative, like charges repel each	earthquake?	
	interaction.	able to know about	and differentiation	other while unlike charges attract	·	
		the charge and their	table, compare-	each other.	Name two earthquake prone	
		interaction Students	contrast matrix),		states of our country?	
		would be	Contrast matrix),	Discussion about the safety		
		TTOGIO DE			LEVEL 1	

Lightning safety.	able to know about the Students would be able to know about the safety measure during lightening. Students would be able to know about the earthquake and its consequences.	silent/ loud reading, collaborative learning, Research work/surveys	measure during lightening that is we should take some precaution in and outside of the house during lightening. Discussion about the earthquake that is sudden shaking of earth is called earthquake it leads to the destruction of life and properties. Discussion about protection against earthquake that is we should take some precautions to minimise the loss caused by earthquake in and outside house.	What is lightening? Name types of charges?	
Safety measures against Earthquake.	Students would be able to know about the protection against earthquake.				

CHAPTER: SOME NATURAL PHENOMENAN **SUB TOPIC:** Earthquake

EXPERIENTIA LEARNING

ACTIVITY AIM: To enable the students to understand the effects of an earthquake. **MATERIALS**

REQUIRED: Bowl, plastic scale/duster, Table, water

PROCEDURE:

- 1. Students will be instructed to fill bowl with water and place it on the table top.
- 2. The table top will be struck mildly by them with a duster or plastic scale and the waves produced will be drawn by them in a notebook.
- 3. The side edges of the table top will be struck by them with a duster or plastic scale and the waves produced will be drawn by them in a notebook.
- 4. The frequency of the striking will be increased and the students will be recording their observation.
- 5. They will be asked to compare the effect of vibration in all the three cases and this will be compared with the shaking of the ocean floor.
- 6. Later, they will be explained about the causes of tsunami.

Curiosity Questions

Did you ever watch the video of earthquake footage?

Answer Guide

Class:8

- Do you have experienced the shake of the earth at least once?
- What could be the effect of this disaster?

Subject: Science

• Have you heard the geological department predicting the earthquake in news channel?

Topic: LIGHT

Braille system

Learner Previous Knowledge	Light and its sources; optical mediums; rectilinear propagation of light; shadows and reflection; characteristics of images formed by a mirror; Uses of mirror
Target Knowledge for this topic	Laws of reflection Lateral inversion; Regular and irregular reflection; reflected light reflected again- Multiple images; Making a kaleidoscope; Refraction-definition- Dispersion of light; Human eye; perception of image; Taking care of eyes;

MONTH	GIST OF THE LESSON	TARGET LERNING OUTCOME	Techniques to be used:	TEACHING LEARNING ACTIVITY PLANED	QUESTION ON TLOS, HOTS & CORRELATION WITH OTHER SUBJECTS
December	Laws of reflection.	Students would be able to know about the laws of reflection.	Quiz Daily Practice Problem MCQ Peer Assessment	Discussion about the laws of reflection that is Incident ray, normal and reflected ray all lie in same line and angle of incidence is equal to the angle of reflection.	LEVEL 3 What is the characteristic of image formed by plane mirror? How can we take care of our eye?
	Characteristic of image formed by	Students would be able to know about	Student teacher interaction, Wipro- G.O.s(web chart, flow	Discussion about the Characteristic of image formed by plane mirror that is image formed is of same size, virtual and laterally inverted.	LEVEL 2 What are laws of reflection? What is Braille system? LEVEL 1
	plane mirror.	the Characteristic of image formed by plane mirror.	chart and differentiation table, compare-contrast matrix), silent/loud	Discussion about the types of reflection that is regular and diffused reflection that occurs at smooth and rough surfaces. Discussion about the multiple	What is light? Name the different colours present in white light.

Types of reflection.	Students would be able to know about the types of reflection.	reading, collaborative learning, Research work/surveys	images when two plane mirrors are placed at an angle with each other. Discussion about the human eye that is human eye is like camera and consist of convex lens which	
Multiple images.	Students would be able to know about the multiple images		converge the light falling on it on retina which have sensory nerve and carry the message to the brain which aware us about	
Human eye.	Students would be able to know about the human eye and its function.		image.	

CHAPTER: LIGHT

SUB TOPIC: Periscope used in Submarines

EXPERIENTIA LEARNING

ACTIVITY AIM: To demonstrate multiple images using periscope.

MATERIALS REQUIRED: Empty carton/ cardboard box, Cardboard cutter, tape, Pencil, two rectangular hand mirrors, Ruler, Scissors

PROCEDURE:

- Using a cardboard cutter, make a window at the base of the carton. This is your viewing window.
- Lay the carton on its side so that the window is facing the right. Draw a line 45° from the bottom right-hand corner to where it meets the left hand edge.
- Flip the carton over so that the window is now facing the left and draw a line 45° from the bottom left-hand corner to where it meets the right-hand edge.

- Make a cut on that line ONLY as long as the shorter side of the hand mirror.
- Flip the box over and do the same on the other diagonal line.
- Insert the mirror into the slot (if the cut is too narrow, widen the cut to fit the mirror). The reflecting side must face the window.
- Hold the carton up and look through the window. Ask your partner to wiggle their fingers over the top. If what you see is tilted or distorted, adjust your mirror until it straightens out. If the mirror is loose, tape it in place.
- Hold it sideways to see around corners.
- You can also look through the bottom window and see over fences. Look through the top window and see under tables. Experiment with a longer tube and notice that the image gets smaller.

Class:8 Subject: Science Topic: STAR AND THE SOLAR SYSTEM

	·
Learner Previous Knowledge	Meaning of Universe
	Solar system and names of its planets
Target Knowledge for this topic	Phases of Moon
	Sun
	Planets and their relevant facts
	Constellations
	Asteroids, comets, meteors and satellites(natural and artificial)

MONTH	GIST OF THE	TARGET LERNING	Techniques to	TEACHING LEARNING ACTIVITY	QUESTION ON TLOs, HOTS & CORRELATION
	LESSON	OUTCOME	be used:	PLANED	WITH OTHER SUBJECTS

January	Celestial bodies.	Students would be able to know celestial bodies like moon.	Quiz Daily Practice Problem MCQ Peer Assessment Student	Discussion about the celestial bodies like moonit revolves around earth and is natural satellite of our planet and its surface is uneven having deep craters and high mountains.	LEVEL 3 What is light year? What are the uses of artificial satellite? LEVEL 2
	Stars.	Students would be able to know about the stars	teacher interaction, Wipro- G.O.s(web chart, flow chart and differentiation table, compare-	Discussion about the stars that is stars are hot glowing bodies of gasses very far away from us group of stars having definite recognisable pattern is called constellation like Ursa major orion etc.	What is constellation? Name any two constellations. What are asteroids? LEVEL 1 What is Solar system?
			contrast matrix), silent/ loud reading, collaborative learning, Research work/surveys	Discussion about the solar system that is sun along with planet that revolves around sun is called solar system there are eight planets in our solar system Mercury, Venus, Earth, mars, Jupiter, Saturn,	Name the largest planet of our solar system?
	The solar system.	Students would be able to know about the solar system.		Uranus and Neptune. Discussion about the Some other members of solar system like Asteroids, Meteors and Meteorites.	

Some other members of solar system.	Students would be able to know about the some other members of solar system.	Discussion about the artificial satellite like INSAT, IRS that are used for weather forecasting and telecommunication.
Artificial satellite.	Students would be able to know about the artificial satellite.	

CHAPTER: STAR AND THE SOLAR SYSTEM

SUB TOPIC: PHASES OF MOON EXPERIENTIA LEARNING

ACTIVITY AIM: To enable the students to understand the different phases of moon.

MATERIALS REQUIRED: OREO Biscuits, A4 sheet or quarter size chart paper.

PROCEDURE:

Students will be given a pack of OREO biscuits (vanilla flavoured) and will be asked toconsider the biscuit base as night s ky and the creamy portion as moon.

The non -creamy part will be considered as new moon day and the full creamy portion asfull moon day.

Rest of the phases – waxing and waning – will be carved by removing the cream partaccordingly using a spoon and the students will experience the different phases of themoon.

The students will be asked to arrange them in order - the new moon, waxing crescent, half moon, waxing gibbous, full moon,

waning gibbous, half moon, waning crescent andnew moon in an A4 sheet or quarter size chart paper.

CURIOSITY QUESTION:

Have you ever imagined how the backside of the moon looks like? Have you seen it?

ANSWER GUIDE:

o How many times a full moon can be seen in a month? o If a full moon appears on 20th June, on which date will 'no moon' be seen?

Class:8 Subject: Science Topic: POLLUTION OF AIR AND WATER

Learner Previous Knowledge	What is pollution; Causes and effects or air and water pollution and preventive measures to be taken against it.
Target Knowledge for this topic	Air Pollution- Specific air pollutants, Case Study/Project on Pollution affecting Taj Mahal, Greenhouse effect, Global warming, preventive measures Water Pollution- Case Study/Project on Pollution affecting Ganga, Pollutants/major causes Of water pollution. What is potable water its effects possible measures to reduce it

MONTH	GIST OF THE	TARGET LERNING	Techniques to	TEACHING LEARNING ACTIVITY PLANED	QUESTION ON TLOs, HOTS &
	LESSON	OUTCOME	be used:		CORRELATION WITH OTHER SUBJECTS

February	Pollution.	Students would be	Quiz	Discussion about the pollution	LEVEL 3
		able to know about	Daily Practice	along with its definition and	How can we control air pollution?
		the pollution.	Problem	consequences on our environment.	
			MCQ		Describe the threat to the beauty
			Peer	Discussion about the air pollution	of the Taj Mahal?
			Assessment	that is	-
	Air pollution.	Students would be	Student	Contamination of air with	LEVEL 2
	'	able to know about	teacher	unwanted harmful chemicals is	Describe Greenhouse effect?
		the air pollution.	interaction,	called air pollution. Air gets	
			Wipro-	polluted by factories and	What are the cause of water
			G.O.s(web	automobiles.	pollution?
			chart, flow chart and		Po
			differentiation	Discussion about the greenhouse	LEVEL 1
			table,	effect that is trapping of sun's heat	What is pollution?
			compare-	due to increase level of carbon	Time is politicism.
			contrast	dioxide Methane gas it leads to the	What are the causes of air
	Greenhouse	Students would be	matrix), silent/	increase in the temperature of	pollution?
	effect.	able to know about	loud reading,	earth.	poliution:
	Circui.	the greenhouse	collaborative	Cartin	
		effect.	learning,	Discussion about the water	
			Research	pollution that is contamination of	
			work/surveys	water with harmful chemical	
			17011,001100,0	leading to the deteriotion of water.	
				Water gets polluted by industries	
				and household liquid waste.	
				and nousenoid liquid waste.	
				Discussion about measures to	
				טוטכעטטוטוו מטטענ ווופמטעופט נט	

Water pollution.	Students would be able to know about the water pollution and its consequences.	reduce pollution like we should use public transport, factories should be provided with filters to reduce pollution.	
Measures to reduce pollution.	Students would be able to know about the measures to reduce pollution.		

CHAPTER: POLLUTION OF AIR AND WATER

SUB TOPIC: CAUSES & EFFECTS OF AIR POLLUTION

EXPERIENTIA LEARNING

ACTIVITY AIM: To enable the students to know the causes and effects of air pollution **MATERIALS**

REQUIRED: A notebook and a pen to record their observation

PROCEDURE:

☑ Students will be taken to the nearby road of the school and will be made to stand oneither sides of the road.

They will be provided with a mask to safeguard from the smoke emitted by the vehicles.

☑ They are instructed to observe and make a report on the number of diesel and petrolvehicles — the four wheelers, three wheelers and two wheelers — the pedestrians and cyclists moving along the path in one hour.

CURIOSITY QUESTION:

Imagine the world is left with highly polluted water and air which cannot be purified at all.

What will you do to save the world?

ANSWER GUIDE:

- o Can the cause of the air pollution be controlled by doing so?
- o What may be the cause of air pollution? o How many vehicles were emitting their smoke in one hour? o Do the cyclists and the pedestrians play a role in polluting our atmosphere? o By accommodating people using 5 two wheelers in a car, people using 20 two wheelers in a bus, can we make an attempt to reduce the air pollution?