

# INSPIRATIONAL QUOTES

## ULTIMATE COLLECTION



● 3000+ QUOTES

● DIVIDED INTO  
EASY CATEGORIES

● BONUS  
HUMOR SECTION

**"DREAM NO SMALL DREAMS"**  
**- VICTOR HUGO**

**EVERLASTING FLAMES PUBLISHING**



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## INSPIRATIONAL QUOTES ULTIMATE COLLECTION

Editor Darryl Marks

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## INSPIRATIONAL QUOTES ULTIMATE COLLECTION

Editor Darryl Marks

### INSPIRATIONAL

Emptiness is a symptom that you are not living creatively. You either have no goal that is important enough to you, or you are not using your talents and efforts in a striving toward an important goal.

Maxwell Maltz

\*\*\*

The ability to discipline yourself to delay gratification in the short term in order to enjoy greater rewards in the long term is the indispensable prerequisite for success.

Maxwell Maltz

\*\*\*

All who have accomplished great things have had a great aim, have fixed their gaze on a goal which was high, one which sometimes seemed impossible.

Orison Swett Marden

\*\*\*

A goal is a dream with a deadline.

Napoleon Hill

\*\*\*

Shoot for the moon. Even if you miss, you'll land among the stars.

Les Brown

\*\*\*

For imagination sets the goal picture which our automatic mechanism works on. We act, or fail to act, not because of will, as is so commonly believed, but because of imagination.

Maxwell Maltz

\*\*\*

We are not permitted to choose the frame of our destiny, but what we put into it is ours.

Dag Hammarskiöld

\*\*\*

Once you have a clear picture of your priorities that is values, goals, and high leverage activities organize around them.

Stephen Covey

\*\*\*

Dreaming is wonderful, goal setting is crucial, but action is supreme. To make something great happen you must get busy and make it happen. Take that action step today that will put you on your path to achievement.

Greg Werner

\*\*\*

A vision keeps the Wealthy Soul focused on the path and not on the boulders.

Michael Norwood

\*\*\*

The vision that you glorify in your mind, the ideal that you enthrone in your heart this you will build your life by, and this you will become.

James Lane Allen

\*\*\*

A goal is not the same as a desire, and this is an important distinction to make. You can have a desire you don't intend to act on. But you can't have a goal you don't intend to act on.

Tom Morris

\*\*\*

You need to make a commitment, and once you make it, then life will give you some answers.

Les Brown

\*\*\*

Action to be effective must be directed to clearly conceived ends.

Jawaharlal Nehru

\*\*\*

Destiny is not a matter of chance, it is a matter of choice; it is not a thing to be waited for, it is a thing to be achieved.

William Jennings Bryan

\*\*\*

High achievement always takes place in the framework of high expectation.

Jack and Garry Kinder

\*\*\*

We've got to have a dream if we are going to make a dream come true.

Denis Waitley

\*\*\*

Nothing can add more power to your life than concentrating all of your energies on a limited set of targets.

Nido Qubein

\*\*\*

Goals are new, forward moving objectives. They magnetize you towards them.

Mark Victor Hansen

\*\*\*

Once you have a clear picture of your priorities that is values, goals, and high leverage activities organize around them.

Stephen Covey

\*\*\*

Big goals get big results. No goals get no results or somebody else's results.

Mark Victor Hansen

\*\*\*

When your desires are strong enough you will appear to possess superhuman powers to achieve.

Napoleon Hill

\*\*\*

A winner is someone who recognizes his God given talents, works his tail off to develop them into skills, and uses these skills to accomplish his goals.

Larry Bird

\*\*\*

A dream is your creative vision for your life in the future. You must break out of your current comfort zone and become comfortable with the unfamiliar

and the unknown.

Denis Waitley

\*\*\*

When we are motivated by goals that have deep meaning, by dreams that need completion, by pure love that needs expressing, then we truly live life.

Greg Anderson

\*\*\*

If one advances confidently in the direction of his dreams, and endeavors to live the life which he had imagined, he will meet with a success unexpected in common hours.

Henry David Thoreau

\*\*\*

Argue for your limitations, and sure enough, they're yours.

Richard Bach

\*\*\*

The vision that you glorify in your mind, the ideal that you enthrone in your heart this you will build your life by, and this you will become.

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When defeat comes, accept it as a signal that your plans are not sound.  
Rebuild those plans and set sail once more toward your coveted goal.

Napoleon Hill

\*\*\*

Action springs not from thought, but from a readiness for responsibility.

Dietrich Bonhoffer

\*\*\*

A difficult time can be more readily endured if we retain the conviction that  
our existence holds a purpose a cause to pursue, a person to love, a goal to  
achieve.

John Maxwell

\*\*\*

We must walk consciously only part way toward our goal and then leap in  
the dark to our success.

Henry David Thoreau

\*\*\*

Reduce your plan to writing.. The moment you complete this, you will have  
definitely given concrete form to the intangible desire.

Napoleon Hill

\*\*\*

This one step, choosing a goal and sticking to it, changes everything.

Scott Reed

\*\*\*

People with goals succeed because they know where they are going.. It's as  
simple as that.

Earl Nightingale

\*\*\*

Having a vision for your life allows you to live out of hope, rather than out  
of your fears.

Stedman Graham

\*\*\*

Visualize this thing you want. See it, feel it, believe in it. Make your mental  
blueprint and begin.

Robert Collier

\*\*\*

The aim of an argument or discussion should not be victory, but progress.

Joseph Joubert

\*\*\*

Know what you want to do, hold the thought firmly, and do every day what should be done, and every sunset will see you that much nearer the goal.

Elbert Hubbard

\*\*\*

The secret to productive goal setting is in establishing clearly defined goals, writing them down and then focusing on them several times a day with words, pictures and emotions as if we've already achieved them.

Denis Waitley

\*\*\*

When you cannot make up your mind which of two evenly balanced courses of action you should take choose the bolder.

W.J. Slim

\*\*\*

There is one quality that one must possess to win, and that is definiteness of purpose, the knowledge of what one wants, and a burning desire to possess it.

Napoleon Hill

\*\*\*

Goals give you more than a reason to get up in the morning; they are an incentive to keep you going all day. Goals tend to tap the deeper resources and draw the best out of life.

Harvey Mackay

\*\*\*

Big goals get big results. No goals get no results or somebody else's results.

Mark Victor Hansen

\*\*\*

A good plan today is better than a great plan tomorrow.

George S. Patton

\*\*\*

Be able to stick with a job until it is finished. Be able to bear an injustice without having to get even. Be able to carry money without spending it. Do your duty without being supervised.

Ann Landers

\*\*\*

The finest eloquence is that which gets things done.



David Lloyd George

\*\*\*

To aim at the best and to remain essentially ourselves is one and the same thing.

Janet Erskine Stuart

\*\*\*

Live your life each day as you would climb a mountain. An occasional glance towards the summit keeps the goal in mind, but many beautiful scenes are to be observed from each new vantage point.

Harold B. Melchart

\*\*\*

Our aspirations are our possibilities.

Robert Browning

\*\*\*

Our real duty is always found running in the direction of our worthiest desires. Randolph S. Bourne

\*\*\*

The starting point of all achievement is desire. Weak desire brings weak results.

Napoleon Hill

\*\*\*

Nothing happens unless first a dream.

Carl Sandburg

\*\*\*

Not every one of our desires can be immediately gratified. We've got to learn to wait patiently for our dreams to come true, especially on the path we've chosen. Sarah Ban Breathnach

\*\*\*

Don't be afraid of the space between your dreams and reality. If you can dream it, you can make it so.

Belva Davis

\*\*\*

Plan for the future, because that is where you are going to spend the rest of your life.

Mark Twain

\*\*\*

Nothing is particularly hard if you divide it into small jobs.

Henry Ford

\*\*\*

The life that conquers is the life that moves with a steady resolution and persistence toward a predetermined goal. Those who succeed are those who have thoroughly learned the immense importance of planning in life, and the tragic brevity of time. W.J. Davison

\*\*\*

Teaching kids how they can create their futures is a powerful and critical character building attribute. Goals education gives them the tools needed for designing a productive life, of benefit to themselves, our country and for future generations.

Gary Ryan Blair

\*\*\*

Learning how to set and achieve a goal is perhaps the single most important thing your child can learn to prepare for school, adulthood, and employment. The more adept your child is at understanding this important life skill, the more options he or she will have.

Gary Ryan Blair

\*\*\*

For every disciplined effort, there is a multiple reward.

Jim Rohn

\*\*\*

A goal is created three times. First as a mental picture. Second, when written down to add clarity and dimension. And third, when you take action towards its achievement.

Gary Ryan Blair

\*\*\*

Goal setting starts with a pad of paper, a pen and you.

Gary Ryan Blair

\*\*\*

The dreams you see most clearly are most likely to come true.

Barney the dinosaur

\*\*\*

I know of no more encouraging fact than the unquestionable ability of man to elevate his life by conscious endeavor.

Henry David Thoreau

\*\*\*

Great ambition is the passion of a great character. Those endowed with it may perform very good or very bad acts. All depends on the principals which direct them.

Napoleon Bonaparte

\*\*\*

You cannot discover oceans unless you have the courage to leave the shore.  
–Success stories Quiet your mind and picture yourself attaining your dream. . . .  
Without even realizing it, your confidence soars and you become a magnet for  
Good things.

Dr. Dennis Deaton

\*\*\*

In each of us are places where we have never gone. Only by pressing the limits do you ever find them.

Dr. Joyce Brothers

\*\*\*

Quiet your mind and picture yourself attaining your dream. . . .Without even realizing it, your confidence soars and you become a magnet for good things.

Dr. Dennis Deaton

\*\*\*

Old habits can't be thrown out the upstairs window. They have to be coaxed down the stairs one step at a time.

Mark Twain

\*\*\*

Whatever the mind of man can conceive and believe, he can achieve.

Napoleon Hill

\*\*\*

Nothing happens, unless first a dream!.

Carl Sandburg

\*\*\*

We are what and where we are because we have first imagined it.

Doanld Curts

\*\*\*

What changes your life is not learning more. What changes your life is making decisions and using your personal power and taking action.

Anthony Robbins

\*\*\*

Deeds, not words shall speak to me.

John Fletcher

\*\*\*

I have had dreams, and I have had nightmares. I overcame the nightmares  
because of my dreams.

Dr. Jonas Salk

\*\*\*

If you can't do great things, do small things in a great way. Don't wait for  
great opportunities. Seize common, everyday ones and make them great.

Napoleon Hill

\*\*\*

You don't just luck into things . . . You build step by step, whether it's  
friendships or op-portunities.

Barbara Bush

\*\*\*

It is often wonderful how putting down on paper a clear statement of a case  
helps one to see, not perhaps the way out, but the way in.

A.C. Benson

\*\*\*

When your desires are strong enough you will appear to possess  
superhuman powers to achieve.

Napoleon Hill

\*\*\*

People with goals succeed because they know where they are going.. It's as  
simple as that.

Earl Nightingale

\*\*\*

If you want to reach a goal, you must see the reaching in your own mind  
before you actually arrive at your goal.

Zig Ziglar

\*\*\*

Start by doing what's necessary; then do what's possible; and suddenly you  
are doing the impossible.

St. Francis of Assisi

\*\*\*

This one step, choosing a goal and sticking to it, changes everything.

Scott Reed

\*\*\*

The secret to productive goal setting is in establishing clearly defined goals, writing them down and then focusing on them several times a day with words, pictures and emotions as if we've already achieved them.

Denis Waitley

\*\*\*

Anyone who stops learning is old, whether at twenty or eighty. Anyone who keeps learning stays young. The greatest thing in life is to keep your mind young.

Henry Ford

\*\*\*

If you don't set goals for yourself, you are doomed to work to achieve the goals of someone else.

Brian Tracy

\*\*\*

Celebrate any progress. Don't wait to get perfect.

Ann McGee Cooper

\*\*\*

Plan for the future, because that is where you are going to spend the rest of your life.

Mark Twain

\*\*\*

You, too, can determine what you want. You can decide on your major objectives, targets, aims, and destination.

W. Clement Stone

\*\*\*

Do the next thing.

John Wanamaker

\*\*\*

Nothing can add more power to your life than concentrating all of your energies on a limited set of targets.

Nido Qubein

\*\*\*

If you don't set goals for yourself, you are doomed to work to achieve the goals of someone else.

Brian Tracy

\*\*\*

You, too, can determine what you want. You can decide on your major

objectives, targets, aims, and destination.

W. Clement Stone

\*\*\*

There's no scarcity of opportunity to make a living at what you love. There is only a scarcity of resolve to make it happen.

Wayne Dyer

\*\*\*

The most important thing about goals is having one.

Geoffry F. Abert

\*\*\*

We must walk consciously only part way toward our goal and then leap in the dark to our success.

Henry David Thoreau

\*\*\*

The victory of success is half won when one gains the habit of setting goals and achieving them. Even the most tedious chore will become endurable as you parade through each day convinced that every task, no matter how menial or boring, brings you closer to fulfilling your dreams.

Og Mandino

\*\*\*

What the mind can conceive and believe, it can achieve.

Napoleon Hill

\*\*\*

Nothing happens unless first a dream.

Carl Sandburg

\*\*\*

Vision is the art of seeing the invisible.

Jonathan Swift

\*\*\*

Continuous excellent effort, not maximum strength or superior IQ, is the key to unlocking your potential as an achiever.

Greg Werner

\*\*\*

You, too, can determine what you want. You can decide on your major objectives, targets, aims, and destination.

W. Clement Stone

\*\*\*

Creative ideas reside in people's minds but are trapped by fear or rejection. Create a judgment free environment and you'll unleash a torrent of creativity.

Alex Osborn

\*\*\*

The meeting of preparation with opportunity generates the offspring we call luck.

Anthony Robbins

\*\*\*

The more you can dream the more you can do.

Michael Korda

\*\*\*

Make no small plans for they have not the power to stir men's blood.

Niccolo Machiavelli

\*\*\*

Make progress one time and it makes you happy. Make progress day after day, week after week and it makes you a champion.

Greg Werner

\*\*\*

If you go to work on your goals, your goals will go to work on you. If you go to work on your plan, your plan will go to work on you. Whatever good things we build end up building us.

Jim Rohn

\*\*\*

I like a person who knows his own mind and sticks to it; who sees at once what, in given circumstances, is to be done, and does it.

William Hazlitt

\*\*\*

The discipline of writing something down is the first step toward making it happen.

Lee Iacocca

\*\*\*

Vision doesn't usually come as a lightning bolt. Rather it comes as a slow crystallization of life challenges that we one day recognize as a beautiful diamond with great value to ourselves and others.

Dr. Michael Norwood

\*\*\*

The waste of life occasioned by trying to do too many things at once is  
appalling.

Orison Swett Marden

\*\*\*

Throughout the centuries there were men who took first steps, down new  
roads, armed with nothing but their own vision.

Ayn Rand

\*\*\*

Questions focus our thinking. Ask empowering questions like: What's good  
about this? What's not perfect about it yet? What am I going to do next time?  
How can I do this and have fun doing it?.

Charles Connolly

\*\*\*

By going over your day in imagination before you begin it, you can begin  
acting successfully at any moment.

Dorothea Brande

\*\*\*

Use the losses and failures of the past as a reason for action, not inaction.

Charles J. Givens

\*\*\*

By three methods we may learn wisdom: First, by reflection, which is  
noblest; Second, by imitation, which is easiest; and third by experience, which  
is the bitterest.

Confucius

\*\*\*

Make your Vocation into Vacation and you will not have to work a single  
day.

Nicholas Lore

\*\*\*

Excellence in any department can be attained only by the labor of a lifetime;  
it is not to be purchased at a lesser price.

Samuel Johnson

\*\*\*

## MOTIVATIONAL

To be successful you've got to have a dream, a vision, a burning passion, a  
magnificent obsession. This dream, goal, obsession has to become your prime  
motivator. It takes enthusiasm, commitment, pride, a willingness to work hard,



a willingness to go the extra mile, a willingness to do whatever has to be done  
in order to get the job done.

Jeffrey J. Mayer

\*\*\*

Give me a stock clerk with a goal and I'll give you a man who will make  
history. Give me a man with no goals and I'll give you a stock clerk.

J.C. (James Cash) Penney

\*\*\*

Does planning make the man or woman? Maybe so, maybe not. But why  
take the chance. Knowing without a doubt that you are prepared by doing your  
homework provides a feeling that is beyond price.  
the confidence and power needed to succeed in life.

Gary Ryan Blair

\*\*\*

If you have built castles in the air, your work need not be lost; that is where  
they should be. Now put the foundations under them.

Henry David Thoreau

\*\*\*

Long-range planning does not deal with future decisions, but with the future  
of present decisions.

Peter Drucker

\*\*\*

Failing to plan is planning to fail.

Allen Lakein

\*\*\*

If you can't describe what you are doing as a process, you don't know what  
you're doing.

W.E. Deming

\*\*\*

Stop the mindless wishing that things would be different. Rather than  
wasting time and emotional and spiritual energy in explaining why we don't  
have what we want, we can start to pursue other ways to get it.

Greg Anderson

\*\*\*

I long to accomplish a great and noble task, but it is my chief duty to  
accomplish small tasks as if they were great and noble.

Helen Keller

\*\*\*

The thrill of achievement comes from overcoming adversity in the accomplishment of an important goal.

Brian Tracy

\*\*\*

Plan your work and work your plan.

Napolean Hill

\*\*\*

Fix your eyes on perfection and you make almost everything speed towards it.

William Ellery Channing

\*\*\*

The best opportunities in life are the ones we create. Goal setting provides for you the opportunity to create an extraordinary life.

Gary Ryan Blair

\*\*\*

Long-term planning is not about making long-term decisions, it is about understanding the future consequences of today's decisions.

Gary Ryan Blair

\*\*\*

Each one of us has a fire in our heart for something. It's our goal in life to find it and to keep it lit.

Mary Lou Retton

\*\*\*

What distinguishes us one from another is our dreams . . . and what we do to make them come about.

Joseph Epstein

\*\*\*

How would you feel if you had mastered and attained all your goals a year from now? How would you feel about yourself? How would you feel about your life? Answering these questions will help you develop compelling reasons to achieve your goals. Having a powerful enough why will provide you with the necessary how. Take this opportunity to brainstorm your top four one-year goals. Under each one, write a paragraph about why you are absolutely committed to achieving these goals within the year.

Anthony Robbins

\*\*\*

Repetition is the mother of skill.

Unknown

\*\*\*

Think about your goals at every opportunity throughout the day.

Brian Tracy

\*\*\*

Plan your work and work your plan.

Napoleon Hill

\*\*\*

Every accomplishment begins with a decision to try.

Edward T. Kelly

\*\*\*

Goals determine what you are going to be.

Julius Erving

\*\*\*

To me, the definition of focus is knowing exactly where you want to be today, next week, next month, next year, then never deviating from your plan. Once you can see, touch and feel your objective, all you have to do is pull back and put all your strength behind it, and you'll hit your target every time.

Bruce Jenner

\*\*\*

Combine your mental images with the emotion of desire to accelerate their realization.

Brian Tracy

\*\*\*

Reach high, for stars lie hidden in your soul. Dream deep, for every dream precedes the goal.

Pamela Vaull Starr

\*\*\*

The key is not to prioritize what's on your schedule, but to schedule your priorities.

Stephen R. Covey

\*\*\*

If we don't know what we want, we become like a floating balloon. Our direction in life is at the mercy of external forces.

Bob Greene

\*\*\*

Our dreams and goals are never completely realized. They are always there before our eyes, but always just slightly out of reach. And so, as we strive to fulfil our vision, we must make the most of every living moment.

Jacqueline Onassis

\*\*\*

People are not lazy. They simply have important goals that do not inspire them.

Anthony Robbins

\*\*\*

The way to gain a good reputation is to endeavor to be what you desire to appear.

Socrates

\*\*\*

The secret of getting ahead is getting started. The secret of getting started is breaking your complex overwhelming tasks into small manageable tasks, and then starting on the first one.

Mark Twain

\*\*\*

I've always made a total effort, even when the odds seemed entirely against me. I never quit trying; I never felt that I didn't have a chance to win.

Arnold Palmer

\*\*\*

Every great human achievement is preceded by extended periods of dedicated, concentrated effort.

Brian Tracy

\*\*\*

You are never too old to set another goal or to dream a new dream.

Les Brown

\*\*\*

Where there is life, there is hope Where there are hopes, there are dreams. Where there are vivid dreams repeated, they become goals. Goals become the action plans and game plans that winners dwell on in intricate detail, knowing that achievement is almost automatic when the goal becomes an inner commitment. The response to the challenges of life – purpose. is the healing balm that enables each of us to face up to adversity and strife.

Dennis Waitley

\*\*\*

The major reason for setting a goal is for what it makes of you to accomplish it. What it makes of you will always be the far greater value than what you get.

Jim Rohn

\*\*\*

Do something to move yourself toward your major goal every day.

Brian Tracy

\*\*\*

You will never find time for anything. You must make it.

Charles Buxton

\*\*\*

To live a creative life, we must lose our fear of being wrong.

Joseph Chilton Pearce

\*\*\*

\*\*\*

\*\*\*

Analyze your life in terms of its environment. Are the things around you helping you toward success. Or are they holding you back? W. Clement Stone

\*\*\*

Everyone rises to their level of incompetence.

Laurence J. Peter

\*\*\*

Far and away the best prize that life offers is the chance to work hard at work worth doing.

Theodore Roosevelt

\*\*\*

The big secret in life is that there is no big secret. Whatever your goal, you can get there if you're willing to work.

Oprah Winfrey

\*\*\*

All that counts in life is intention.

Andrea Bocelli

\*\*\*

Strive for excellence, not perfection.

H. Jackson Brown Jr.

\*\*\*

Maybe the most any of us can expect of ourselves isn't perfection but

progress.  
Michelle Burford

\*\*\*

Ambition if it feeds at all, does so on the ambition of others.

Susan Sontag

\*\*\*

Winners make it happen. Losers let it happen.

Leonard Lavin

\*\*\*

We can't reach our goals without significant continuous improvement in all  
areas.

Patrick J. Early

\*\*\*

Never confuse activity with results...results have to be real.

James Johnson

\*\*\*

If you want to catch something, running after it isn't always the best way.

Lois McMaster Bujold

\*\*\*

All great deeds and all great thoughts have a ridiculous beginning.

Albert Camus

\*\*\*

To know the pains of power, we must go to those who have it; to know its  
pleasures, we must go to those who are seeking it.

Charles Caleb Colton

\*\*\*

Write the bad things that are done to you in sand, but write the good things  
that happen to you on a piece of marble.

Unknown

\*\*\*

Nothing is more dangerous than an idea, when it is the only idea we have.

Henri Alban-Fournier

\*\*\*

Three things are necessary for the salvation of man: to know what he ought  
to believe; to know what he ought to desire; and to know what he ought to do.

Thomas Aquinas

\*\*\*

All we see of someone at any moment is a snapshot of their life, there in riches or poverty, in joy or despair. Snapshots don't show the million decisions that led to that moment.

Richard Bach

\*\*\*

The life of every man is a diary in which he means to write one story, and writes another; and his humblest hour is when he compares the volume as it is with what he vowed to make it.

John M. Barrie

\*\*\*

There is no such thing as a long piece of work, except one that you dare not start.

Charles Baudelaire

\*\*\*

Let every man do that which is right, strive with all his might towards the goal which can never be obtained, develop to the last breath the gifts with which the gracious Creator has endowed him, and never cease to learn. For life is short, art eternal.

Ludwig van Beethoven

\*\*\*

The discipline you learn and character you build from setting and achieving a goal can be more valuable than the achievement of the goal itself.

Bo Bennett

\*\*\*

Avoiding the phrase "I don't have time." will soon help you to realize that you do have the time needed for just about anything you choose to accomplish in life.

Bo Bennett

\*\*\*

Stuff your eyes with wonder . . . live as if you'd drop dead in ten seconds. See the world. It's more fantastic than any dream made or paid for in factories.

Ray Bradbury

\*\*\*

Destiny is not a matter of chance, it is a matter of choice; it is not a thing to be waited for, it is a thing to be achieved.

William Jennings Bryan

\*\*\*

Competition is what keeps me playing the psychological warfare of  
matching skill against skill and wit against wit.

Lou Brock

\*\*\*

But if a person has had the sense of the Call -- the feeling that there's an  
adventure for him -- and if he doesn't follow that, but remains in the society  
because it's safe and secure, then life dries up.

Joseph Campbell

\*\*\*

Conviction is worthless unless it is converted into conduct.

Thomas Carlyle

\*\*\*

As soon as you begin to believe in something, then you can no longer see  
anything else. The truth you believe in and cling to makes you unavailable to  
hear anything new.

Pema Chödrön

\*\*\*

There is no road or ready way to virtue.

Sir Thomas Browne

\*\*\*

Turning points always seem so sudden and absolute, as if they have come  
bolt out of the blue. That is not true, of course. A whole slow process goes into  
their making.

Azar Nafisi

\*\*\*

You may be disappointed if you fail, but you are doomed if you don't try.

Beverly Sills

\*\*\*

It is common sense to take a method and try it. If it fails, admit it frankly and  
try another. But above all, try something.

Franklin D. Roosevelt

\*\*\*

You see, in life, lots of people know what to do, but few people actually do  
what they know. Knowing is not enough! You must take action.

Anthony Robbins

\*\*\*

When defeat comes, accept it as a signal that your plans are not sound,



rebuild those plans, and set sail once more toward your coveted goal.

Napoleon Hill

\*\*\*

Whatever you can do or dream you can, begin it. Boldness has genius,  
power, and magic in it.

Johann Wolfgang von Goethe

\*\*\*

What you get by achieving your goals is not as important as what you  
become by achieving your goals. – Johann Wolfgang van Goethe

\*\*\*

Do more than is required. What is the distance between someone who  
achieves their goals consistently and those who spend their lives and careers  
merely following? The extra mile.

Gary Ryan Blair

\*\*\*

Put your future in good hands. Your own.

Mark Victor Hansen

\*\*\*

The only goal you can't accomplish is the one that you don't go after!

Vilis Ozols

\*\*\*

The most important key to achieving great success is to decide upon your  
goal and launch, get started, take action, move.

John Wooden

\*\*\*

We will either find a way or make one.

Hannibal

\*\*\*

Don't let the fear of the time it will take to accomplish something stand in  
the way of your doing it. The time will pass anyway; we might just as well put  
that passing time to the best possible use.

Earl Nightingale

\*\*\*

We must walk consciously only part way toward our goal and then leap in  
the dark to our success.

Henry David Thoreau

\*\*\*

You can have brilliant ideas, but if you can't get them across, your ideas  
won't get you anywhere.

Lee Iacoca

\*\*\*

A persistent strong desire pushes your goal into manifestation.

Remez Sasson

\*\*\*

Nothing happens until I make it happen.

Scott Wilson

\*\*\*

Far away in the sunshine are my highest aspirations. I may not reach them,  
but I can look up and see their beauty, believe in them, and try to follow where  
they lead.

Louisa May Alcott

\*\*\*

Obstacles are those frightful things you see when you take your eyes off the  
goal.

Henry Ford

\*\*\*

When a goal matters enough to a person, that person will find a way to  
accomplish what at first seemed impossible.

Nido Qubein

\*\*\*

Some men go through life absolutely miserable because, despite the most  
enormous achievement, they just didn't do one thing—like the architect who  
didn't build St Paul's. I didn't quite build St Paul's, but I stood on more  
mountaintops than possibly I deserved.

Lord Thorneycroft

\*\*\*

The person who makes a success of living is the one who sees his goal  
steadily and aims for it unswervingly. That is dedication.

Cecil B. DeMille

\*\*\*

If an individual sets an achievable goal and never gives up, they will either  
achieve their goal, or die trying. If a civilisation sets an achievable goal and  
never gives up, they will achieve their goal. What shall we do?

Matthew Keith Groves

\*\*\*

Do just once what others say you can't do, and you will never pay attention to their limitations again.

James Cook

\*\*\*

Your circumstances may be uncongenial, but they shall not remain so if you only perceive an ideal and strive to reach it. You cannot travel within and stand still without.

James Allen

\*\*\*

If you don't know where you are going, you'll end up someplace else.

Yogi Berra

\*\*\*

People who say that life is not worthwhile are really saying that they themselves have no personal goals which are worthwhile. Get yourself a goal worth working for. Better still, get yourself a project. Always have something ahead of you to look forward to to work for and hope for.

Maxwell Maltz

\*\*\*

When you set goals, something inside of you starts saying, 'Let's go, let's go,' and ceilings start to move up.

Zig Ziglar

\*\*\*

Failures do what is tension relieving, while winners do what is goal achieving.

Dennis Waitley

\*\*\*

It was a high counsel that I once heard given to a young person, 'Always do what you are afraid to do.'

Ralph Waldo Emerson

\*\*\*

Ah, but a man's reach should exceed his grasp, or what's a heaven for?

Robert Browning

\*\*\*

## GOALS

We change the world not by what we say or do, but as a consequence of

what we have become.

Dr. David Hawkins

\*\*\*

There is one quality that one must possess to win, and that is definiteness of purpose, the knowledge of what one wants, and a burning desire to possess it.

Napoleon Hill

\*\*\*

Generosity is another quality which, like patience, letting go, non-judging, and trust, provides a solid foundation for mindfulness practice. You might experiment with using the cultivation of generosity as a vehicle for deep self-observation and inquiry as well as an exercise in giving. A good place to start is with yourself. See if you can give yourself gifts that may be true blessings, such as self-acceptance, or some time each day with no purpose. Practice feeling deserving enough to accept these gifts without obligation to simply receive from your-self, and from the universe.

Jon Kabat Zinn

\*\*\*

Most true happiness comes from one's inner life, from the disposition of the mind and soul. Admittedly, a good inner life is hard to achieve, especially in these trying times. It takes reflection and contemplation and self-discipline.

W. L. Shirer

\*\*\*

Enter every activity without giving mental recognition to the possibility of defeat. Concentrate on your strengths, instead of your weaknesses...On your powers, instead of your problems.

Paul J. Meyer

\*\*\*

Accept yourself as you are. Otherwise you will never see opportunity. You will not feel free to move toward it; you will feel you are not deserving.

Maxwell Maltz

\*\*\*

A man is as great as the dreams he dreams, As great as the love he bears;  
As great as the values he redeems, And the happiness he shares. A man is as  
great as the thoughts he thinks, As the worth he has attained; As the fountains at  
which his spirit drinks And the insight he has gained. A man is as great as the  
truth he speaks, As great as the help he gives, As great as the destiny he seeks,  
As great as the life he lives.

C.E. Flynn

\*\*\*

Once you have a clear picture of your priorities that is values, goals, and high leverage activities organize around them.

Stephen Covey

\*\*\*

There are powers inside of you which, if you could discover and use, would make of you everything you ever dreamed or imagined you could become.

Orison Swett Marden

\*\*\*

When you engage in systematic, purposeful action, using and stretching your abilities to the maximum, you cannot help but feel positive and confident about yourself.

Brian Tracy

\*\*\*

There's always a way if you're committed.

Anthony Robbins

\*\*\*

Inaction breeds doubt and fear. Action breeds confidence and courage. If you want to conquer fear, do not sit home and think about it. Go out and get busy.

Dale Carnegie

\*\*\*

Dreaming is wonderful, goal setting is crucial, but action is supreme. To make something great happen you must get busy and make it happen. Take that action step today that will put you on your path to achievement.

Greg Werner

\*\*\*

The self is not something that one finds. It is something that one creates.

Thomas Szasz

\*\*\*

Those who do not create the future they want must endure the future they get.

Draper L. Kaufman, Jr.

\*\*\*

Power is the ability to do good things for others.

Brooke Astor

\*\*\*

When we are motivated by goals that have deep meaning, by dreams that need completion, by pure love that needs expressing, then we truly live life.

Greg Anderson

\*\*\*

Singleness of purpose is one of the chief essentials for success in life, no matter what may be one's aim.

John D. Rockefeller

\*\*\*

I have resolved that from this day on, I will do all the business I can honestly, have all the fun I can reasonably, do all the good I can willingly, and save my digestion by thinking pleasantly.

Robert Louis Stevenson

\*\*\*

Too many of us are not living our dreams because we are living our fears.

Les Brown

\*\*\*

Whatever you're ready for is ready for you.

Mark Victor Hansen

\*\*\*

Follow your instincts. That's where true wisdom manifests itself.

Oprah Winfrey

\*\*\*

The action required to sustain human life is primarily intellectual, everything man needs has to be discovered by his mind and produced by his effort.

Ayn Rand

\*\*\*

Just as friction between certain types of rocks produces sparks of light, so it is the friction of our individualities rubbing against each other that illuminates who we really are.

Rev. Rowland C. Croucher

\*\*\*

There is no scarcity of opportunity to make a living at what you love to do, there is only scarcity of resolve to make it happen.

Wayne Dyer

\*\*\*

Action springs not from thought, but from a readiness for responsibility.

Dietrich Bonhoeffer

\*\*\*

Those who do not create the future they want must endure the future they get.

Draper L. Kaufman, Jr.

\*\*\*

No pleasure philosophy, no sensuality, no place nor power, no material success can for a moment give such inner satisfaction as the sense of living for good purposes, for maintenance of integrity, for the preservation of self-approval.

Minot Simons

\*\*\*

We make a living by what we get, but we make a life by what we give.

Norman MacFinan

\*\*\*

You need to make a commitment, and once you make it, then life will give you some answers.

Les Brown

\*\*\*

You'll seldom experience regret for anything that you've done. It is what you haven't done that will torment you. The message, therefore, is clear. Do it! Develop an appreciation for the present moment. Seize every second of your life and savor it. Value your present moments. Using them up in any self-defeating ways means you've lost them forever.

Dr Wayne Dyer

\*\*\*

Action to be effective must be directed to clearly conceived ends.

Jawaharlal Nehru

\*\*\*

The worst thing that one can do is not try, to be aware of what one wants and not give in to it, to spend years in silent hurt wondering if something could have materialized and never knowing.

David Viscott

\*\*\*

You may have a fresh start any moment you choose, for this thing that we call failure is not the falling down, but the staying down.

Mary Pickford

\*\*\*

A difficult time can be more readily endured if we retain the conviction that our existence holds a purpose a cause to pursue, a person to love, a goal to achieve.

John Maxwell

\*\*\*

Real, constructive mental power lies in the creative thought that shapes your destiny, and your hour by hour mental conduct produces power for change in your life. Develop a train of thought on which to ride. The nobility of your life as well as your happiness depends upon the direction in which that train of thought is going.

Laurence J. Peter

\*\*\*

Happiness is essentially a state of going somewhere, wholeheartedly, one directionally, without regret or reservation.

William H. Sheldon

\*\*\*

The successful person has the habit of doing the things failures don't like to do. They don't like doing them either necessarily. But their disliking is subordinated to the strength of their purpose.

E.M. Gray

\*\*\*

The way to choose happiness is to follow what is right for you. Live your own dreams. And you will know the meaning of happiness.

Oprah Winfrey

\*\*\*

The first step to becoming is to will it.

Mother Teresa

\*\*\*

The indispensable first step to getting the things you want out of life is this: decide what you want.

Ben Stein

\*\*\*

Your choices today determine your tomorrow and you make your life through the power of choice.

Kathy Smith

\*\*\*



There is one quality that one must possess to win, and that is definiteness of purpose, the knowledge of what one wants, and a burning desire to possess it.

Napoleon Hill

\*\*\*

Don't bother just to be better than your contemporaries or predecessors.

Try to be better than yourself.

William Faulkner

\*\*\*

Man has no nobler function than to defend the truth.

Ruth McKenney

\*\*\*

You always do what you want to do. This is true with every act. You may say that you had to do something, or that you were forced to, but actually, whatever you do, you do by choice. Only you have the power to choose for yourself.

W. Clement Stone

\*\*\*

There are powers inside of you which, if you could discover and use, would make of you everything you ever dreamed or imagined you could become.

Orison Swett Marden

\*\*\*

Dignity and Respect has to do with what you are ready, willing, and able to accept within yourself and in accepting to be able to give others. It is your personal power to make a difference by being true to the best within you and letting that truth shine through your words and actions.

Gail Pursell Elliott

\*\*\*

One must have the adventurous daring to accept oneself as a bundle of possibilities and undertake the most interesting game in the world making the most of one's best.

Harry Emerson Fosdick

\*\*\*

When we bend and stretch, reach for the stars, we may find that the stars we are reaching for exist within us, waiting to illumine a deeper insight and greater awareness, to shine into our lives, our environment, and into the lives of others.

Each of us has purpose and a mission that only we can fulfil right where we

are.

Gail Pursell Elliott

\*\*\*

You need to recognize and sweep aside certain weaknesses which stand between you and your goals. Your persistence develops into a respected, proved, progressive power.

Napoleon Hill

\*\*\*

Never for the sake of peace and quiet deny your own experience or convictions.

Dag Hammarskjold

\*\*\*

You give your best not because you need to impress people. You give your best because that's the only way to enjoy your work.

Andrew Matthews

\*\*\*

Think big, believe big, act big, and the results will be big.

Anonymous

\*\*\*

For every disciplined effort, there is a multiple reward.

Jim Rohn

\*\*\*

You may feel like dwelling on your limits or your fears. Don't do it. A perfect prescription for a squandered, unfulfilled life is to accommodate self-defeating feelings while undercutting your finest, most productive ones.

Marsha Sinetar

\*\*\*

Man does not drift into goodness the chance port of an aimless voyage. He must fight ever for his destination.

William George Jordan

\*\*\*

Have less. Do less. Be more.

Aboodi Shaby

\*\*\*

I wondered what else in my life I perceived to be wrong or difficult instead of exploring to understand the true purpose.

Marlo Morgan

\*\*\*

There's no scarcity of opportunity to make a living at what you love. There is only a scarcity of resolve to make it happen.

Wayne Dyer

\*\*\*

Life is a succession of moments. To live each one is to succeed.

Corita Kent

\*\*\*

Idleness is an inlet to disorder, and makes way for licentiousness. People who have nothing to do are quickly tired of their own company.

Jeremy Collier

\*\*\*

A long, healthy, and happy life is the result of making contributions, of having meaningful projects that are personally exciting and contribute to and bless the lives of others.

Hans Selye

\*\*\*

We must ask where we are and whither we are tending.

Abraham Lincoln

\*\*\*

Thousands of geniuses live and die undiscovered either by themselves or by others.

Mark Twain

\*\*\*

If you don't like what you're doing, then don't do it.

Ray Bradbury

\*\*\*

What one great thing would you dare to dream if you knew you could not fail? The easiest person to deceive is one's own self.

Edward G. Bulwer Lytton

\*\*\*

There is a better way to do it; find it.

Thomas Edison's Motto

\*\*\*

A fool vents all his feelings, but a wise man holds them back.

Proverbs

\*\*\*

Joy can be real only if people look upon their lives as an opportunity to be of service, and have a definite object in life outside themselves and their personal happiness.

Leo Tolstoy

\*\*\*

Conviction is worthless unless it is converted into conduct.

Thomas Carlyle

\*\*\*

I discovered a long time ago that if I helped people get what they wanted, I would always get what I wanted and I would never have to worry.

Anthony Robbins

\*\*\*

Take your life in your own hands and what happens? A terrible thing: no one is to blame.

Erica Jong

\*\*\*

Lack of concentration of effort: The jack-of-all trades seldom is good at any. Concentrate all of your efforts on one definite chief aim.

Unknown

\*\*\*

Integrity is one of several paths. It distinguishes itself from the others because it is the right path, and the only one upon which you will never get lost.

M.H. McKee

\*\*\*

Hide not your talents. They for use were made. What's a sundial in the shade?

Ben Franklin

\*\*\*

The quest for certainty blocks the search for meaning. Uncertainty is the very condition to impel man to unfold his powers.

Erich Fromm

\*\*\*

Circumstances do not make the man; they merely reveal him to himself.

Epictetus

\*\*\*

Everyone has his own specific vocation or mission in life . . . Therein he cannot be replaced, nor can his life be repeated. Thus, everyone's task is as

unique as is his specific opportunity to implement it.

Viktor Frankl

\*\*\*

Go confidently in the direction of your dreams! Live the life you've imagined. As you simplify your life, the laws of the universe will be simpler.

Henry David Thoreau

\*\*\*

Quality is everyone's responsibility.

W. Edwards Deming

\*\*\*

When you were born, you cried and the world rejoiced. Live your life in such a manner that when you die the world cries and you rejoice.

Anthony Robbins

\*\*\*

If you go to your grave without painting your masterpiece, it will not get painted. No one else can paint it only you.

Gordon MacKenzie

\*\*\*

All personal breakthroughs begin with a change in beliefs. How do you replace limiting beliefs? The most effective way is to destabilize your old belief shake your certainty by questioning it. Remember that your brain is always trying to move you away from pain, so think about all the negative consequences this belief has caused. Ask yourself: 1) As I reconsider it, what's actually silly, ridiculous, or stupid about this belief? 2) What has this belief already cost me? How has it limited me in the past? 3) What could it cost me in the future if I don't change now? Answering these types of questions will help you associate painful feelings to the old, undesired belief and provide you with the opportunity to replace it with an empowering one.

Anthony Robbins

\*\*\*

You are the only real obstacle in your path to a fulfilling life.

Les Brown

\*\*\*

It is good to have an end to journey towards; but it is the journey that matters in the end.

Ursula K. LeGuin

\*\*\*

We are each gifted in a unique and important way. It is our privilege and  
our adventure to discover our own special light.

Mary Dunbar

\*\*\*

We have to accept the consequences of every deed, word and thought  
throughout our lifetime.

Elisabeth Kubler Ross

\*\*\*

If one advances confidently in the direction of his dreams, and endeavors to  
live a life which he has imagined, he will meet with a success unexpected in  
common hours.

Henry David Thoreau

\*\*\*

Every journey begins with but a small step and every day is a chance for a  
new, small step in the right direction. Just follow your Heart song.

Mattie J.T. Stepanek

\*\*\*

The indispensable first step to getting the things you want out of life is this:  
decide what you want.

Ben Stein What you resist persists and grows larger.

Jeanne Bice

\*\*\*

Learning is not compulsory... neither is survival.

W. Edwards Deming

\*\*\*

People do not attract that which they want, but that which they are. To put it  
another way: When you stop working on what it is you're trying to get and start  
working on YOU, only then will you get what it is you want.

James Allen

\*\*\*

There is one quality that one must possess to win, and that is definiteness of  
purpose, the knowledge of what one wants, and a burning desire to possess it.

Napoleon Hill

\*\*\*

You are your greatest asset. Put your time, effort and money into training,  
grooming and encouraging your greatest asset.

Tom Hopkins

\*\*\*

There is a choice you have to make, in everything you do. And you must  
always keep in mind the choice you make, makes you.

Unknown

\*\*\*

I hear and I forget. I see and I remember. I do and I understand.

Chinese Proverb

\*\*\*

There is only one journey. Going inside yourself.

Rainer Maria Rilke

\*\*\*

Don't ask yourself what the world needs; ask yourself what makes you come  
alive. And then go and do that. Because what the world needs is people who  
have come alive.

Harold Whitman

\*\*\*

Man's mind, once stretched by a new idea, never regains its original  
dimensions.

Oliver Wendell Holmes

\*\*\*

All you need is deep within you waiting to unfold and reveal itself. All you  
have to do is be still and take time to seek for what is within and you will  
surely find it.

Eileen Caddy

\*\*\*

You are where you are today because you've chosen to be there.

Harry Browne

\*\*\*

What crazy idea do you have down deep inside that makes people chuckle  
or laugh every time you bring it up? However wild it may be, no matter how  
many scoff at it, risk a little time and a few bucks. You may be able to  
demonstrate you were right after all. And you'll be on your way to success.

Bob McElwain

\*\*\*

Power moves with you when you have an intent to serve more than yourself.

Anthony Robbins

\*\*\*

Great minds have purposes, others have wishes.

Washington Irving

\*\*\*

Seek out that particular mental attribute which makes you feel most deeply and vitally alive, along with which comes the inner voice which says, "This is the real me." And then you have found that attitude, follow it.

William James

\*\*\*

It is in your moments of decision that your destiny is shaped.

Anthony Robbins

\*\*\*

When you are inspired by some great purpose, some extraordinary project, all your thoughts break their bounds. Dormant forces, faculties and talents become alive, and you discover yourself to be a greater person by far than you ever dreamed yourself to be.

Unknown

\*\*\*

If you do not feel yourself growing in your work and your life broadening and deepening, if your task is not a perpetual tonic to you, you have not found your place.

Orison Swett Marden

\*\*\*

Life is a gift and all of us who have the capacity must remember that we have the responsibility to give something back; a small but consistent commitment of time and caring can make a measurable difference in the world.

Anthony Robbins

\*\*\*

### DETERMINATION

Let him that would move the world, first move himself.

Socrates

\*\*\*

Do good and care not to whom.

Italian Proverb

\*\*\*

The golden opportunity you are seeking is in yourself.

Orison Sweet Marden

\*\*\*



Whatever you are by nature, keep to it; never desert your line of talent. Be  
what nature intended you for and you will succeed.

Sydney Smith

\*\*\*

If you let your fear of consequence prevent you from following your deepest  
instinct, your life will be safe, expedient and thin.

Katharine Butler Hathaway

\*\*\*

To exist is to change, to change is to mature, to mature is to go on creating  
oneself endlessly.

Henri Bergson

\*\*\*

Decide on what you think is right, and stick to it.

George Eliot

\*\*\*

The fatal mistake is waiting for life's circumstances to be right before we  
begin. Simply begin with your heart, look deeply into it and trust what you feel.

Practice knowing and you will know.

Hugh Prather

\*\*\*

The great and glorious masterpiece of man is to know how to live to  
purpose.

Michel de Montaigne

\*\*\*

All you need is deep within you waiting to unfold and reveal itself. All you  
have to do is be still and take time to seek for what is within and you will  
surely find it.

Eileen Caddy

\*\*\*

If you do not feel yourself growing in your work and your life broadening  
and deepening, if your task is not a perpetual tonic to you, you have not found  
your place.

Orison Swett Marden

\*\*\*

It is good to have an end to journey towards; but it is the journey that  
matters in the end.

Ursula K. LeGuin

\*\*\*

Let everything you do be done as if it makes a difference.

William James

\*\*\*

To be pleased with one's limits is a wretched state.

Johann Wolfgang von Goethe

\*\*\*

I wondered what else in my life I perceived to be wrong or difficult instead  
of exploring to understand the true purpose.

Marlo Morgan

\*\*\*

There is one quality that one must possess to win, and that is definiteness of  
purpose, the knowledge of what one wants, and a burning desire to possess it.

Napoleon Hill

\*\*\*

Sometimes the subconscious mind manifests a wisdom several steps or  
even years ahead of the conscious mind, and has its own way of leading us  
toward our destiny.

Nathaniel Branden

\*\*\*

The improvement of understanding is for two ends: first, our own increase  
of knowledge; secondly, to enable us to deliver that knowledge to others.

John Locke

\*\*\*

Whatever you do in life, echoes through eternity.

Unknown

\*\*\*

I am not my memories. I am my dreams.

Terry Hostetler

\*\*\*

There is nothing so useless as doing efficiently that which should not be  
done at all.

Peter F. Drucker

\*\*\*

Duties are not performed for duties' sake, but because their neglect would  
make the man uncomfortable. A man performs but one duty, the duty of  
contenting his spirit, the duty of making himself agreeable to himself.

Mark Twain

\*\*\*

When a person acts without knowledge of what he thinks, feels, needs or wants, he does not yet have the option of choosing to act differently.

Clark Moustakas

\*\*\*

It is easy to perform a good action, but not easy to acquire a settled habit of performing such actions.

Aristotle

\*\*\*

To accomplish our destiny...we must cover before nightfall the distance assigned to each of us.

Dr. Alexis Carrel

\*\*\*

My importance to the world is relatively small. On the other hand, my importance to myself is tremendous. I am all I have to work with, to play with, to suffer and to enjoy. It is not the eyes of others that I am wary of, but of my own. I do not intend to let myself down more than I can possibly help, and I find that the fewer illusions I have about myself or the world around me, the better company I am for myself.

Noel Coward

\*\*\*

When your values are clear to you, making decisions becomes easier.

Roy Disney

\*\*\*

Concentrate on what you do well, and do it better than anybody else.

John Schnatter

\*\*\*

Everything you are against weakens you. Everything you are for empowers you.

Wayne Dyer

\*\*\*

If you're not just a little bit nervous before a match, you probably don't have the expectations of yourself that you should have.

Hale Irwin

\*\*\*

What we do upon some great occasion will probably depend on what we

already are: and what we are will be the result of previous years of self-discipline.

H. P. Liddon

\*\*\*

The great law of culture: Let each become all that he was created capable of being.

Thomas Carlyle

\*\*\*

I think there is a great hunger within people to reach for the best in them.

Marty Rogol

\*\*\*

To achieve something you've never achieved before, you must become someone you've never been before.

Brian Tracy

\*\*\*

The greatest thing in this world is not so much where we are, but in which direction we are moving.

Oliver Wendell Holmes

\*\*\*

Do what you can, with what you have, right where you are.

Theodore Roosevelt

\*\*\*

If you talk about it, it is a dream, If you envision it, you gain excitement, If you plan it, it is possible, If you schedule it, it becomes reality.

Unknown

\*\*\*

It is the moment of our decisions that our destinies are created.

Anthony Robbins

\*\*\*

You have great, untapped reserves of potential within you. Your job is to release them.

Brian Tracy

\*\*\*

Men, like nails, lose their usefulness when they lose their direction and begin to bend. – Walter Landor

\*\*\*

To the degree we're not living our dreams, our comfort zone has more

control of us than we have over ourselves.

Peter McWilliams

\*\*\*

We can chart our future clearly and wisely only when we know the path  
which has led to the present.

Adlai Stevenson

\*\*\*

To make the right choices in life, you have to get in touch with your soul. To  
do this, you need to experience solitude, which most people are afraid of,  
because in the silence you hear the truth and know the solutions.

Deepak Chopra

\*\*\*

By centering our lives on correct principles and creating a balanced focus  
between doing and increasing our ability to do, we become empowered in the  
task of creating effective, useful, and peaceful lives--for ourselves, and for our  
posterity.

Stephen R. Covey

\*\*\*

The very least you can do in your life is to figure out what you hope for.  
And the most you can do is live inside that hope. Not admire it from a distance  
but live right in it, under its roof. Right now I'm living in that hope, running  
down its hallway, and touching the walls on both sides.

Barbara Kingsolver

\*\*\*

Be able to stick with a job until it is finished. Be able to bear an injustice  
without having to get even. Be able to carry money without spending it. Do your  
duty without being supervised.

Ann Landers

\*\*\*

Not what I have, but what I do is my kingdom.

Thomas Carlyle

\*\*\*

The nearest way to glory is to strive to be what you wish to be thought to  
be.

Socrates

\*\*\*

The more you listen to the voice within you, the better you will hear what is

sounding outside.

Dag Hammarskjold

\*\*\*

We must look for ways to be an active force in our own lives. We must take charge of our own destinies, design a life of substance and truly begin to live our dreams.

Les Brown

\*\*\*

Explore your higher latitudes . . . be a Columbus to whole new continents and worlds within you, open new channels, not of trade but of thought.

Henry David Thoreau

\*\*\*

Do what thy manhood bids thee do from none but self-expect applause; He noblest lives and noblest dies, who makes and keeps his self-made law.

Sir Richard Burton

\*\*\*

### ENCOURAGEMENT

Any time you're tempted to say "Impossible", add an apostrophe and a space, and say, "I'm possible."

Al Secunda

\*\*\*

The secret of living is to find...the pivot of a concept on which you can make your stand.

Luigi Pirandello

\*\*\*

I know of no more encouraging fact than the unquestionable ability of man to elevate his life by conscious endeavor.

Henry David Thoreau

\*\*\*

You can judge the validity of any idea or concept by asking, "Is this true for me?"

Brian Tracy

\*\*\*

Only those who dare to fail greatly can ever achieve greatly.

Robert F. Kennedy

\*\*\*

We should not look back unless it is to derive useful lessons from past

errors, and for the purpose of profiting by dearly bought experience.

George Washington

\*\*\*

The men who create power make an indispensable contribution to the Nation's greatness, but the men who question power make a contribution just as indispensable, especially when that questioning is disinterested, for they determine whether we use power or power uses us.

John F. Kennedy

\*\*\*

One's real life is often the life that one does not lead.

Oscar Wilde

\*\*\*

Any transition serious enough to alter your definition of self will require not just small adjustments in your way of living and thinking but a full-on metamorphosis.

Martha Beck

\*\*\*

The possession of unlimited power will make a despot of almost any man. There is a possible Nero in the gentlest human creature that walks.

Thomas Bailey

\*\*\*

If you can't do what you want, do what you can.

Lois McMaster Bujold

\*\*\*

From each according to his abilities, to each according to his needs.

Louis Blanc

\*\*\*

Give to the world the best you have. And the best will come back to you.

Madeline Bridges

\*\*\*

Live up to your potential instead of imitating someone else's.

Martha Burgess

\*\*\*

Blessed is he who has found his work; let him ask no other blessedness.

Thomas Carlyle

\*\*\*

Sometimes we do a thing in order to find out the reason for it. Sometimes

our actions are questions not answers.

John Le Carre

\*\*\*

I don't think necessity is the mother of invention. 'Invention', in my opinion, arises directly from idleness, possibly also from laziness. To save oneself trouble.

Agatha Christie

\*\*\*

You're either part of the solution or you're part of the problem.

Eldridge Cleaver

\*\*\*

I have always felt like you really don't have a genuine confidence unless you demonstrate the ability to do something. You can talk about it, but you have to demonstrate it.

Bill Parcells

\*\*\*

Great minds have purposes, others have wishes.

Washington Irving

\*\*\*

The will to be stupid is a very powerful force, but there are always alternatives.

Lois McMaster Bujold

\*\*\*

You don't get points for predicting rain. You get points for building arks.

James Johnston

\*\*\*

Ambition can creep as well as soar.

Edmund Burke

\*\*\*

Old minds are like old horses; you must exercise them if you wish to keep them in working order.

John Adams

\*\*\*

We only do well the things we like doing. – Unknown

\*\*\*

Fear paralyzes; curiosity empowers. Be more interested than afraid.

Patricia Alexander



\*\*\*

A man without ambition is dead. A man with ambition but no love is dead.  
A man with ambition and love for his blessings here on earth is ever so alive.

Pearl Bailey

\*\*\*

He who exercises government by means of his virtue may be compared to  
the north polar star, which keeps its place and all the stars turn towards it.

Confucius

\*\*\*

I am who I choose to be. I always have been what I chose... though not  
always what I pleased.

Lois McMaster Bujold

\*\*\*

The great thought, the great concern, the great anxiety of men is to restrict,  
as much as possible, the limits of their own responsibility.

Giosué Borsi

\*\*\*

Few people even scratch the surface, much less exhaust the contemplation  
of their own experience.

Randolph Silliman Bourne

\*\*\*

A real thinker is one of the rarest things in nature. He comes only at long  
intervals in human history, and when he does come, he is often astonishingly  
unwelcome. Indeed, he is sometimes speedily sent the way of the unfit and  
unprotesting earthworm.

Nicholas Murray Butler

\*\*\*

But if a person has had the sense of the Call -- the feeling that there's an  
adventure for him -- and if he doesn't follow that, but remains in the society  
because it's safe and secure, then life dries up.

Joseph Campbell

\*\*\*

Man is the only creature that refuses to be what he is.

Albert Camus

\*\*\*

Do the thing you fear to do and keep on doing it... that is the quickest and  
surest way ever yet discovered to conquer fear.

Dale Carnegie

\*\*\*

Research is formalized curiosity. It is poking and prying with a purpose.

Zora Neale Hurston

\*\*\*

Dreaming permits each and every one of us to be quietly and safely insane  
every night of our lives.

William Dement

\*\*\*

All that is necessary for the triumph of evil is that good men do nothing.

Edmund Burke

\*\*\*

Everyone is a prisoner of his own experiences.

Edward R. Murrow

\*\*\*

Write something to suit yourself and many people will like it; write  
something to suit everybody and scarcely anyone will care for it.

Jesse Stuart

\*\*\*

There are two principles of established acceptance in morals; first, that  
self-interest is the mainspring of all of our actions, and secondly, that utility is  
the test of their value.

Charles Caleb Colton

\*\*\*

Moral considerations must outweigh the mere blind struggle for existence in  
human affairs.

Nicholas Murray Butler

\*\*\*

We are what we repeatedly do. Excellence, therefore, is not an act but a  
habit.

Aristotle

\*\*\*

Dare to live the life you have dreamed for yourself. Go forward and make  
your dreams come true.

Ralph Waldo Emerson

\*\*\*

If we did all the things that we are capable of doing, we would literally

astound ourselves.

Thomas Edison

\*\*\*

When you leave college, there are thousands of people out there with the same degree you have; when you get a job, there will be thousands of people doing what you want to do for a living. But you are the only person alive who has sole custody of your life.

Anna Quindlen

\*\*\*

The important thing is not being afraid to take a chance. Remember, the greatest failure is to not try. Once you find something you love to do, be the best at doing it.

Debbi Fields

\*\*\*

What lies behind us and what lies before us are tiny matters compared to what lies within us.

Ralph Waldo Emerson

\*\*\*

Strong lives are motivated by dynamic purposes.

Kenneth Hildebrand

\*\*\*

We have to understand that the world can only be grasped by action, not by contemplation. The hand is more important than the eye... The hand is the cutting edge of the mind.

Jacob Bronowski

\*\*\*

What would you attempt to do if you knew you could not fail?

Dr. Robert Schuller

\*\*\*

It's up to you to decide how your life will unfold and whether or not you will choose to go far.

Wanda Hope Carter

\*\*\*

A day will never be any more than what you make of it. Practice being a doer!

Josh Hinds

\*\*\*

Dream lofty dreams, and as you dream, so shall you become. Your vision is the promise of what you shall one day be; your ideal is the prophecy of what you shall at last unveil.

James Allen

\*\*\*

I don't believe in looking back. If you make a decision that you think is the proper one at the time, then that's the correct decision.

John Woody

\*\*\*

Thoughts lead on to purposes; purposes go forth in action; actions form habits; habits decide character; and character fixes our destiny.

Tryon Edwards

\*\*\*

The only way of finding the limits of the possible is by going beyond them into the impossible.

Arthur C. Clarke

\*\*\*

It's not enough to have lived. We should be determined to live for something.

Leo Buscaglia

\*\*\*

I've always felt it was not up to anyone else to make me give my best.

Akeem Olajuwon

\*\*\*

Avoiding the phrase "I don't have time..." will soon help you to realize that you do have the time needed for just about anything you choose to accomplish in life.

Unknown

\*\*\*

The talent of success is nothing more than doing what you can do, well.

Henry W. Longfellow

\*\*\*

Go confidently in the direction of your dreams. Live the life you have imagined.

Henry David Thoreau

\*\*\*

Whatever you are by nature, keep to it; never desert your line of talent. Be

what nature intended you for, and you will succeed.

Sydney Smith

\*\*\*

We can change our lives. We can do, have, and be exactly what we wish.

Anthony Robbins

\*\*\*

Don't limit yourself. Many people limit themselves to what they think they can do. You can go as far as your mind lets you. What you believe, remember, you can achieve.

Mary Kay Ash

\*\*\*

Be brave enough to live creatively. The creative is the place where no one else has ever been. You have to leave the city of your comfort and go into the wilderness of your intuition. You can't get there by bus, only by hard work, risking, and by not quite knowing what you're doing. What you'll discover will be wonderful: yourself.

Alan Alda

\*\*\*

A man can be as great as he wants to be. If you believe in yourself and have the courage, the determination, the dedication, the competitive drive and if you are willing to sacrifice the little things in life and pay the price for the things that are worthwhile, it can be done.

Anthony Robbins

\*\*\*

Nothing splendid has ever been achieved except by those who dared believe that something inside them was superior to circumstances.

Bruce Barton

\*\*\*

Your real work is to decide what you want and then to focus upon it. For it is through focussing upon what you want that you will attract it. That is the process of creating.

Abraham/Esther Hicks

\*\*\*

The whole point of being alive is to evolve into the complete person you were intended to be.

Oprah Winfrey

\*\*\*

Each player must accept the cards life deals him or her. But once they are in hand, he or she alone must decide how to play the cards in order to win the game.

Voltaire

\*\*\*

Big shots are only little shots who keep shooting.

Christopher Morley

\*\*\*

No matter how far a person can go the horizon is still way beyond you.

Zora Neale Hurston

HAPPINESS

As we are liberated from our own fear, our presence automatically liberates others.

Nelson Mandela

\*\*\*

If you make friends with yourself you will never be alone.

Maxwell Maltz

\*\*\*

Those who bring sunshine into the lives of others, cannot keep it from themselves.

Sir James M. Barrie

\*\*\*

Most true happiness comes from one's inner life, from the disposition of the mind and soul. Admittedly, a good inner life is hard to achieve, especially in these trying times. It takes reflection and contemplation and self-discipline.

W. L. Shirer

\*\*\*

Genuine security arises from actual, first-hand knowledge that one is both capable and worthy of achieving happiness (through conscious, responsible action) and, once having attained it, that he deserves it.

Michael J. Hurd

\*\*\*

If you look to others for fulfilment, you will never be fulfilled. If your happiness depends on money, you will never be happy with yourself. Be content with what you have; rejoice in the way things are. When you realize there is nothing lacking, the world belongs to you.

Lao Tzu

\*\*\*

Accept yourself as you are. Otherwise you will never see opportunity. You will not feel free to move toward it; you will feel you are not deserving.

Maxwell Maltz

\*\*\*

It isn't what you have, or who you are, or where you are, or what you are doing that makes you happy or unhappy. It is what you think about.

Dale Carnegie

\*\*\*

Our principles are the springs of our actions. Our actions, the springs of our happiness or misery. Too much care, therefore, cannot be taken in forming our principles.

Red Skeleton

\*\*\*

Enjoyment is not a goal, it is a feeling that accompanies important on-going activity.

Paul Goodman

\*\*\*

In our daily lives, we must see that it is not happiness that makes us grateful, but the gratefulness that makes us happy.

Albert Clarke

\*\*\*

Happiness is that state of consciousness which proceeds from the achievement of one's values.

Ayn Rand

\*\*\*

Only one thing has to change for us to know happiness in our lives: where we focus our attention.

Greg Anderson

\*\*\*

The person who seeks all their applause from outside has their happiness in another's keeping.

Dale Carnegie

\*\*\*

A great burden was lifted from my shoulders the day I realized that no one owes me anything.

Harry Browne

\*\*\*

Many people think that if they were only in some other place, or had some other job, they would be happy. Well, that is doubtful. So get as much happiness out of what you are doing as you can and don't put off being happy until some future date.

Dale Carnegie

\*\*\*

What can be added to the happiness of a man who is in health, out of debt, and has a clear conscience?

Adam Smith

\*\*\*

Are you bored with life? Then throw yourself into some work you believe in with all your heart, live for it, die for it, and you will find happiness that you had thought could never be yours.

Dale Carnegie

\*\*\*

Creativity is inventing, experimenting, growing, taking risks, breaking rules, making mistakes, and having fun.

Mary Lou Cook

\*\*\*

The way you think, the way you behave, the way you eat, can influence your life by 30 to 50 years.

Deepak Chopra

\*\*\*

No pleasure philosophy, no sensuality, no place nor power, no material success can for a moment give such inner satisfaction as the sense of living for good purposes, for maintenance of integrity, for the preservation of self-approval.

Minot Simons

\*\*\*

We make a living by what we get, but we make a life by what we give.

Norman MacFinan

\*\*\*

Live, love and, be present in each moment. Each moment quickly passes by, but over time, their culmination makes for a truly fulfilled life.

Lisa George

\*\*\*



A life lived with integrity even if it lacks the trappings of fame and fortune  
is a shining star in whose light others may follow in the years to come.

Denis Waitley

\*\*\*

The more I study the wealthy...in an effort to learn how to help more  
people around the world become one of them...I'm stunned by how many  
people are actually not rich.

David Bach

\*\*\*

What's going on in the inside shows on the outside.

Earl Nightingale

\*\*\*

Enthusiasm finds the opportunities, and energy makes the most of them.

Henry Hoskins

\*\*\*

Joy increases as you give it, and diminishes as you try to keep it for  
yourself. In giving it, you will accumulate a deposit of joy greater than you ever  
believed possible.

Norman Vincent Peale

\*\*\*

Joy comes from using your potential.

Will Schultz

\*\*\*

Happiness lies in the joy of achievement and the thrill of creative effort.

Franklin D. Roosevelt

\*\*\*

When we are motivated by goals that have deep meaning, by dreams that  
need completion, by pure love that needs expressing, then we truly live life.

Greg Anderson

\*\*\*

Live, love and, be present in each moment. Each moment quickly passes by,  
but over time, their culmination makes for a truly fulfilled life.

Lisa George

\*\*\*

Being defeated is often a temporary condition. Giving up is what makes it  
permanent.

Marilyn Vos Savant

\*\*\*

If you do not conquer self, you will be conquered by self.

Napoleon Hill

\*\*\*

Aim for success not perfection... Remember that fear always lurks behind perfectionism. Confronting your fears and allowing yourself the right to be human can, paradoxically, make you a far happier and more productive person.

Dr. David Burns

\*\*\*

There is a wonderful mythical law of nature that the three things we crave most in life -- happiness, freedom and peace of mind -- are always attained by giving them to someone else.

Peyton Conway March

\*\*\*

Happiness is essentially a state of going somewhere, wholeheartedly, one directionally, without regret or reservation.

William H. Sheldon

\*\*\*

Happy people plan actions, they don't plan results.

Denis Waitley

\*\*\*

When we create something, we always create it first in a thought form. If we are basically positive in attitude, expecting and envisioning pleasure, satisfaction and happiness, we will attract and create people, situations, and events which conform to our positive expectations.

Shakti Gawain

\*\*\*

Laughter is the sun that drives winter from the human face.

Anonymous

\*\*\*

Happiness is that state of consciousness which proceeds from the achievement of one's values.

Ayn Rand

\*\*\*

He is a man of sense who does not grieve for what he has not, but rejoices in what he has.

Epictetus

\*\*\*

It is the heart that makes a man rich. He is rich according to what he is, not according to what he has.

Henry Ward Beecher

\*\*\*

Just as negative addictions sneak up on us a day at a time, so do positive cravings. Meditation, creative movement, moments of self-nurturance that bring contentment all can become positive habits of wellbeing.

Sarah Ban Breathnach

\*\*\*

Happiness is a conscious choice, not an automatic response.

Michael Bartel

\*\*\*

There is much satisfaction in work well done, but there can be no happiness equal to the joy of finding a heart that understands.

Victor Robinsoll

\*\*\*

In our daily lives, we must see that it is not happiness that makes us grateful, but the gratefulness that makes us happy.

Albert Clarke

\*\*\*

Maintaining a comfort zone can, paradoxically, lead to discomfort in the long run.

Eric Allenbaugh

\*\*\*

The abundant life does not come to those who have had a lot of obstacles removed from their path by others. It develops from within and is rooted in strong mental and moral fiber.

William Mather Lewis

\*\*\*

Perfection is achieved, not when there is nothing left to add, but when there is nothing left to take away.

Antoine de St. Exupery

\*\*\*

When someone does something good, applaud! You will make two people happy.

Samuel Goldwyn

\*\*\*

Abundance is not something we acquire. It is something we tune into.

Dr. Wayne Dyer

\*\*\*

If money is your hope for independence you will never have it. The only real security that a man will have in this world is a reserve of knowledge, experience, and ability.

Henry Ford

\*\*\*

The way to choose happiness is to follow what is right for you. Live your own dreams. And you will know the meaning of happiness.

Oprah Winfrey

\*\*\*

The more you praise and celebrate your life, the more there is in life to celebrate.

Oprah Winfrey

\*\*\*

Man's real life is happy, chiefly because he is ever expecting that it soon will be so.

Edgar Allan Poe

\*\*\*

They are happy men whose natures sort with their vocations.

Francis Bacon

\*\*\*

Each golden sunrise ushers in new opportunities for those who retain faith in themselves, and keep their chins up... Meet the sunrise with confidence. Fill every golden minute with right thinking and worthwhile endeavor. Do this and there will be joy for you in each golden sunset.

Alonzo Newton Benn

\*\*\*

If you surrender completely to the moments as they pass, you live more richly those moments.

Anne Morrow Lindbergh

\*\*\*

If you don't set a baseline standard for what you'll accept in life, you'll find it's easy to slip into behaviors and attitudes or a quality of life that's far below what you deserve.

Anthony Robbins

\*\*\*

If you deliberately plan on being less than you are capable of being, then I warn you that you'll be unhappy for the rest of your life.

Abraham H. Maslow

\*\*\*

I can usually judge a fellow by what he laughs at.

Wilson Mizner

\*\*\*

One of the many things nobody ever tells you about middle age is that it's such a nice change from being young.

Dorothy Canfield Fisher

\*\*\*

Remember that you are responsible for your happiness and what happens in your life today.

Unknown

\*\*\*

If thou covetest riches, ask not but for contentment, which is an immense treasure.

Saint Basil

\*\*\*

Be happy. It's one way of being wise.

Colette

\*\*\*

Remember this that very little is needed to make a happy life.

Marcus Aurelius

\*\*\*

The best way to cheer yourself is to try to cheer somebody else up.

Mark Twain

\*\*\*

Happiness, like unhappiness, is a proactive choice.

Stephen R. Covey

\*\*\*

With too much data, too many demands, and too much competition; is it any wonder that people today are looking for ways to stop and smell the roses?

Nick Campbell

\*\*\*

You aren't your experiences. You are what you make of them.

Deborah Bell, Ed.D

\*\*\*

Forgive yourself for your faults and your mistakes and move on.

Les Brown

\*\*\*

It is not how much we have, but how much we enjoy, that makes happiness.

Charles Spurgeon

\*\*\*

The secret of happiness is not in doing what one likes, but in liking what one has to do.

Sir James M. Barrie

\*\*\*

A man must fill his life with meaning, meaning is not automatically given to life. It is hard work to fill one's life with meaning.

Chaim Potok

\*\*\*

Rise above the storm and you will find the sunshine.

Mario Fernandez

\*\*\*

Enlightenment means taking full responsibility for your life.

William Blake

\*\*\*

Once you get rid of the idea that you must please other people before you please yourself, and you begin to follow your own instincts only then can you be successful. You become more satisfied, and when you are other people tend to be satisfied by what you do.

Raquel Welch

\*\*\*

Don't put off joy and happiness. To so many people, goal setting means that only someday, after they've achieved something great, will they be able to enjoy life. There's a huge difference between achieving to be happy and happily achieving. Strive to live each day to its fullest, squeezing all the joy you can out of each moment. Instead of measuring your life's value by your progress toward a single goal, remember that the direction you're headed in is more important than temporary results. What is your current direction? Are you moving toward your goals or away from them? Do you need to make a course correction? Are

you enjoying life to the fullest? If not, make a change in one of these areas now.

Anthony Robbins

\*\*\*

Humor can be an incredible, lacerating and effective weapon.

Carl Hiaasen

\*\*\*

Pleasure that is obtained by unreasonable and unsuitable cost, must always  
end in pain.

Samuel Johnson

\*\*\*

It is neither wealth nor splendor; but tranquillity and occupation which give  
happiness.

Thomas Jefferson

\*\*\*

The purpose of art is not a rarefied, intellectual distillate it is life,  
intensified, brilliant life.

Alain Arias Misson

\*\*\*

Some of us might find happiness if we quit struggling so desperately for it.

William Feather

\*\*\*

The surest way to make yourself happy is to make someone else happy.

Unknown

\*\*\*

Happy people plan actions, they don't plan results.

Denis Waitley

\*\*\*

Happiness is like a cat. If you try to coax it or call it, it will avoid you. It  
will never come. But if you pay no attention to it and go about your business,  
you'll find it rubbing up against your legs and jumping into your lap.

William Bennett

\*\*\*

When we create harmony in our minds and hearts we will find it in our  
lives. The inner creates the outer....always.

Louise L. Hay

\*\*\*

The happiness of your life depends on the quality of your thoughts.

Marcus Aurelius Antoninus

\*\*\*

Laugh until it helps!

Laugh Club Motto

\*\*\*

Persons of high self-esteem are not driven to make themselves superior to others; they do not seek to prove their value by measuring themselves against a comparative standard. Their joy is being who they are, not in being better than someone else.

Nathaniel Branden

\*\*\*

Our greatest happiness in life does not depend on the condition of life in which chance has placed us, but is always the result of good conscience, good health, occupation, and freedom in all just pursuits.

Thomas Jefferson

\*\*\*

We cannot escape fear. We can only transform it into a companion that accompanies us on all our exciting adventures. Take a risk a day one small or bold stroke that will make you feel great once you have done it.

Susan Jeffers

\*\*\*

Doing what you love is the cornerstone of having abundance in your life.

Wayne Dyer

\*\*\*

Everyone needs and deserves love and happiness. Let's not wait until we're perfect to go out and find it.

Pat A. Mitchell

\*\*\*

If you want to feel rich, just count all of the things you have that money can't buy.

Unknown

\*\*\*

Most true happiness comes from one's inner life, from the disposition of the mind and soul. Admittedly, a good inner life is hard to achieve, especially in these trying times. It takes reflection and contemplation and self-discipline.

W. L. Shirer

\*\*\*



Let no one ever come to you without coming away better and happier.

Mother Teresa

\*\*\*

Each cent you apply toward diminishing your debt replenishes you.

Suze Orman

\*\*\*

Never miss an opportunity to make someone smile.

Unknown

\*\*\*

The more you recognize and express gratitude for the things you have, the more you will have to express gratitude for.

Zig Ziglar

\*\*\*

Be aware of the language of poverty as it's spoken around you: "I don't care about money; I don't understand it; I'll never get out of debt." This is the language that will keep you poor. Instead, affirm the positive: I am financially secure. I create abundance. I have everything I want and need.

Suze Orman

\*\*\*

Abundance is about being rich with or without money.

Suze Orman

\*\*\*

The road to happiness lies in two simple principles: find what it is that interests you and that you can do well and when you find it, put your whole soul into it....every bit of energy, ambition and natural ability you have.

John D. Rockefeller III

\*\*\*

Happiness lies in the joy of achievement and the thrill of creative effort.

Franklin D. Roosevelt

\*\*\*

You must have courage to bet on your ideals, to take calculated risk, and act...Everyday living requires courage if life is to be effective and bring happiness.

Maxwell Maltz

\*\*\*

A keen sense of humor helps us to overlook the unbecoming, understand the unconventional, tolerate the unpleasant, overcome the unexpected and outlast

the unbearable.  
Billy Graham

\*\*\*

Forgiving those who hurt us is the key to personal peace.  
G. Weatherly

\*\*\*

The gratification of wealth is not found in mere possession or in lavish  
expenditure, but in its wise application.  
Miguel de Cervantes

\*\*\*

A healthy attitude is contagious but don't wait to catch it from others. Be a  
carrier.

Unknown

\*\*\*

If we command our wealth, we shall be rich and free; if our wealth  
commands us, we are poor indeed.

Unknown

\*\*\*

Happiness can exist only in acceptance.  
Denis De Rougemont

\*\*\*

Happiness is that state of consciousness which proceeds from the  
achievement of one's values.

Ayn Rand

\*\*\*

Learn how to be happy with what you have while you pursue all that you  
want.

Jim Rohn

\*\*\*

Doing what you love is the cornerstone of having abundance in your life.

Wayne Dyer

\*\*\*

Everyone needs and deserves love and happiness. Let's not wait until we're  
perfect to go out and find it.

Pat A. Mitchell

\*\*\*

Enjoy and laugh a lot. Up or down, love the ride.

Unknown

\*\*\*

Once you become detached from things, they don't own you any longer.

Wayne Dyer

\*\*\*

Aim for success not perfection... Remember that fear always lurks behind perfectionism. Confronting your fears and allowing yourself the right to be human can, paradoxically, make you a far happier and more productive person.

Dr. David Burns

\*\*\*

Optimism is the faith that leads to achievement. Nothing can be done without hope and confidence.

Helen Keller

\*\*\*

Happiness is like a cat. If you try to coax it or call it, it will avoid you. It will never come. But if you pay no attention to it and go about your business, you'll find it rubbing up against your legs and jumping into your lap.

William Bennett

\*\*\*

You will not suddenly develop wealth consciousness if and when you become wealthy. It's the other way around. You develop wealth consciousness by eliminating worry, by trusting in the universe and in your own inner resources. Once you secure your wealth consciousness, true abundance is just around the corner.

Richard Carlson

\*\*\*

Our greatest happiness in life does not depend on the condition of life in which chance has placed us, but is always the result of good conscience, good health, occupation, and freedom in all just pursuits.

Thomas Jefferson

\*\*\*

It is essential to our wellbeing, and to our lives, that we play and enjoy life. Every single day do something that makes your heart sing.

Marcia Wieder

\*\*\*

To live content with small means; to seek elegance rather than luxury, and refinement rather than fashion; to be worthy, not respectable, and wealthy, not

rich; to study hard, think quietly, talk gently, act frankly; to listen to stars and birds, to babes and sages, with open heart; to bear all cheerfully, do all bravely, await occasions, hurry never. In a word, to let the spiritual, unbidden and unconscious, grow up through the common. This is to be my symphony.

William Henry Channing

\*\*\*

Imagination was given to man to compensate him for what he is not; a sense of humor to console him for what he is.

Francis Bacon

\*\*\*

Unhappiness is best defined as the difference between our talents and our expectations.

Edward De Bono

\*\*\*

It is a clear gain to sacrifice pleasure in order to avoid pain.

Arthur Schopenhauer

\*\*\*

We are never more discontented with others than when we are discontented with ourselves.

Henri Frederic Amiel

\*\*\*

It is impossible to read the daily press without being diverted from reality. You are full of enthusiasm for the eternal verities life is worth living, and then out of sinful curiosity you open a newspaper. You are disillusioned and wrecked.

Patrick Kavanagh

\*\*\*

The happiness of most people we know is not ruined by great catastrophes or fatal errors, but by the repetition of slowly destructive little things.

Ernest Dimnet

\*\*\*

Since the social victim has been oppressed by society, he comes to feel that his individual life will be improved more by changes in society than by his own initiative. Without realizing it, he makes society rather than himself the agent of change. The power he finds in his victimization may lead him to collective action against society, but it also encourages passivity within the sphere of his personal life.

Shelby Steele

\*\*\*

The only real security that a man will have in this world is a reserve of knowledge, experience, and ability.

Henry Ford

\*\*\*

Warm weather fosters growth: cold weather destroys it. Thus a man with an unsympathetic temperament has a scant joy: but a man with a warm and friendly heart overflowing blessings, and his beneficence will extend to posterity.

Hung Tzu Cheng

\*\*\*

He who is plenteously provided for from within, needs but little from without.

Johann Wolfgang Von Goethe

\*\*\*

Our necessities never equal our wants.

Benjamin Franklin

\*\*\*

Deep, abiding joy is available to anyone who learns the secret of pursuing every task with energy and dedication, as though it were a calling.

Thomas Kinkade

\*\*\*

He that thinks he can afford to be negligent is not far from being poor.

Samuel Johnson

\*\*\*

Pain is the price you pay for resisting life.

Dr. Phil McGraw

\*\*\*

Laugh at yourself and at life. Not in the spirit of derision or whining self-pity, but as a remedy, a miracle drug, that will ease your pain, cure your depression, and help you to put in perspective that seemingly terrible defeat and worry with laughter at your predicaments, thus freeing your mind to think clearly toward the solution that is certain to come.

Og Mandino

\*\*\*

It is the individual who is not interested in his fellow men who has the greatest difficulties in life and provides the greatest injury to others. It is from

among such individuals that all human failures spring.

Alfred Adler

\*\*\*

The secret to a rich life is to have more beginnings than endings.

David Weinbaum

\*\*\*

Abundance is not something we acquire. It is something we tune into.

Wayne Dyer

\*\*\*

Do the right thing. It will gratify some people and astonish the rest.

Mark Twain

\*\*\*

Today I live in the quiet, joyous expectation of good.

Ernest Holmen

\*\*\*

Be agreeable. It raises the self-esteem of others and makes you feel good about yourself.

Brian Tracy

\*\*\*

Satisfaction lays in the effort not the attainment. Full effort is full victory.

Mahatma Gandhi

\*\*\*

The happiest person is he who thinks the most interesting thoughts.

William Lyon Phelps

\*\*\*

Before we set our hearts too much on anything, let us examine how happy are those who already possess it.

La Rochefoucauld

\*\*\*

If you conduct yourself as though you expect to be successful and happy, you will seldom be disappointed.

Brian Tracy

\*\*\*

Want is a growing giant whom the coat of Have was never large enough to cover.

Ralph Waldo Emerson

\*\*\*

The best philosophy is to do one's duties, to take the world as it comes,  
submit respectfully to one's lot, and bless the goodness that has given us so  
much happiness with it, whatever it is.

Horace Walpole

\*\*\*

Happiness is a butterfly, which, when pursued, is always just beyond your  
grasp, but which, if you will sit down quietly, may alight upon you.

Nathaniel Hawthorne

\*\*\*

If you're unhappy, what is it in your life that you're not facing?

Brian Tracy

\*\*\*

My great concern is not whether you have failed, but whether you are  
content with your failure.

Abraham Lincoln

\*\*\*

### SUCCESS

True enjoyment comes from activity of the mind and exercise of the body;  
the two are united.

Alexander Von Humboldt

\*\*\*

The more you listen to the voice within you, the better you will hear what is  
sounding outside.

Dag Hammarskjold

\*\*\*

Happiness is a small and unworthy goal for something as big and fancy as a  
whole lifetime, and should be taken in small doses.

Russel Baker

\*\*\*

To fill the hour, and leave no crevice ... that is happiness.

Ralph Waldo Emerson

\*\*\*

If we had no winter, the spring would not be so pleasant: if we did not  
sometimes taste of adversity, prosperity would not be so welcome.

Anne Bradstreet

\*\*\*

I like a man who grins when he fights.

Winston Churchill

\*\*\*

If you learn to appreciate more of what you already have, you will find  
yourself having more to appreciate.

Michael Angier

\*\*\*

Happiness is not an accident. Nor is it something you wish for. Happiness  
is something you design.

Jim Rohn

\*\*\*

At the end of our time on earth, if we have lived fully, we will not be able  
to say, 'I was always happy.' Hopefully, we will be able to say, 'I have  
experienced a lifetime of real moments, and many of them were happy  
moments.'

Barbara Deangelis

\*\*\*

Lucky people are simply those who think continually about what they want  
and then attract it into their lives.

Brian Tracy

\*\*\*

If you can spend a perfectly useless afternoon in a perfectly useless manner,  
you have learned how to live.

Lin Yutang

\*\*\*

The power to bring me out of solitude  
or to push me back into it  
had never belonged to another person. It was mine and only mine.

Martha Beck

\*\*\*

No one can make you feel inferior without your consent.

Eleanor Roosevelt

\*\*\*

There is no happiness where there is no wisdom.

Sophocles

\*\*\*

The wit makes fun of other persons; the satirist makes fun of the world; the  
humorist makes fun of himself.



James Thurber

\*\*\*

Man is distinguished from all other creatures by the faculty of laughter.

Joseph Addison

\*\*\*

Paradise is exactly like where you are right now... only much, much better.

Laurie Anderson

\*\*\*

A man's homeland is wherever he prospers.

Aristophanes

\*\*\*

Enjoy the little things, for one day you may look back and realize they were  
the big things.

Robert Brault

\*\*\*

Resolve to be thyself: and know, that he who finds himself, loses his  
misery.

Matthew Arnold

\*\*\*

It is good to be without vices, but it is not good to be without temptations.

Walter Bagehot

\*\*\*

One half of the world cannot understand the pleasures of the other.

Jane Austen

\*\*\*

Silly things do cease to be silly if they are done by sensible people in an  
impudent way.

Jane Austen

\*\*\*

I've grown to realize the joy that comes from little victories is preferable to  
the fun that comes from ease and the pursuit of pleasure.

Lawana Blackwell

\*\*\*

The secret of joy in work is contained in one word – 'Excellence'. To  
know how to do something well is to enjoy it.

Pearl Buck

\*\*\*

Dreams that do come true can be as unsettling as those that don't.

Brett Butler

\*\*\*

In order for people to be happy, sometimes they have to take risks. It's true  
these risks can put them in danger of being hurt.

Meg Cabot

\*\*\*

When we are angry or depressed in our creativity, we have misplaced our  
power. We have allowed someone else to determine our worth, and then we  
are angry at being undervalued.

Julia Cameron

\*\*\*

But pain... seems to me an insufficient reason not to embrace life. Being  
dead is quite painless. Pain, like time, is going to come on regardless. Question  
is, what glorious moments can you win from life in addition to the pain?

Lois McMaster Bujold

\*\*\*

Total absence of humor renders life impossible.

Colette

\*\*\*

Riches may enable us to confer favours, but to confer them with propriety  
and grace requires a something that riches cannot give.

Charles Caleb Colton

\*\*\*

They must often change who would be constant in happiness or wisdom.

Confucius

\*\*\*

We have no more right to consume happiness without producing it than to  
consume wealth without producing it.

George Bernard Shaw

\*\*\*

You will do foolish things, but do them with enthusiasm. – Colette

\*\*\*

One feels inclined to say that the intention that man should be happy is not  
included in the plan of Creation.

Sigmund Freud

\*\*\*

The imagination is the spur of delights ... all depends upon it, it is the mainspring of everything; now, is it not by means of the imagination one knows joy? Is it not of the imagination that the sharpest pleasures arise?

Marquis de Sade

\*\*\*

I don't confuse greatness with perfection. To be great anyhow is...the higher achievement.

Lois McMaster Bujold

\*\*\*

Happiness is a small and unworthy goal for something as big and fancy as a whole lifetime, and should be taken in small doses.

Russell Baker

\*\*\*

It's a helluva start, being able to recognize what makes you happy.

Lucille Ball

\*\*\*

The people who say they don't have time to take care of themselves will soon discover they're spending all their time being sick.

Patricia Alexander

\*\*\*

I love my past. I love my present. I'm not ashamed of what I've had, and I'm not sad because I have it no longer.

Colette

\*\*\*

Happiness is that state of consciousness which proceeds from the achievement of one's values.

Ayn Rand

\*\*\*

Be happy while you're living, for you're a long time dead.

Scottish Proverb

\*\*\*

While we are focusing on fear, worry, or hate, it is not possible for us to be experiencing happiness, enthusiasm or love.

Bo Bennett

\*\*\*

If you are patient in one moment of anger, you will escape a hundred days of sorrow.

Unknown

\*\*\*

Humor is a spontaneous, wonderful bit of an outburst that just comes. It's unbridled, its unplanned, it's full of surprises.

Erma Bombeck

\*\*\*

We never know the worth of water 'til the well is dry.

English Proverb

\*\*\*

To absorb a thing is better than to learn it, and we absorb what we enjoy.

John Burroughs

\*\*\*

[The secret of] how to live without resentment or embarrassment in a world in which I was different from everyone else...was to be indifferent to that difference.

Al Capp

\*\*\*

Humanity does not ask us to be happy. It merely asks us to be brilliant on its behalf.

Orson Scott Card

\*\*\*

Some memories are realities, and are better than anything that can ever happen to one again.

Willa Cather

\*\*\*

Try to put your happiness before anyone else's, because you may never have done so in your entire life, if you really think about it, if you are really honest with yourself.

Margaret Cho

\*\*\*

Happiness makes up in height for what it lacks in length.

Robert Frost

\*\*\*

I like living. I have sometimes been wildly, despairingly, acutely miserable, racked with sorrow, but through it all I still know quite certainly that just to be alive is a grand thing.

Agatha Christie

\*\*\*

Things which matter most must never be at the mercy of things which matter  
least.

Unknown

\*\*\*

I once had a sparrow alight upon my shoulder for a moment, while I was  
hoeing in a village garden, and I felt that I was more distinguished by that  
circumstance that I should have been by any epaulet I could have worn.

Henry David Thoreau

\*\*\*

When one door of happiness closes, another opens; but often we look so  
long at the closed door that we do not see the one which has been opened for  
us.

Helen Keller

\*\*\*

Never despair; but if you do, work on in despair.

Edmund Burke

\*\*\*

Action may not always bring happiness; but there is no happiness without  
action.

Benjamin Disraeli

\*\*\*

A happy person is not a person in a certain set of circumstances, but rather  
a person with a certain set of attitudes.

Hugh Downs

\*\*\*

You can't have a better tomorrow if you are thinking about yesterday all the  
time.

Charles F. Kettering

\*\*\*

Motivation brings excitement, happiness, positive expectations and energy.

Remez Sasson

\*\*\*

He has achieved success who has worked well, laughed often, and loved  
much.

Elbert Hubbard

\*\*\*

People spend a lifetime searching for happiness; looking for peace. They chase idle dreams, addictions, religions, even other people, hoping to fill the emptiness that plagues them. The irony is the only place they ever needed to search was within.

Romana L. Anderson

\*\*\*

Nothing has a stronger influence psychologically on their environment and especially on their children than the unlived life of the parent.

Carl Jung

\*\*\*

Success is getting what you want, and happiness is wanting what you get.

Dave Gardner

\*\*\*

There is no happiness except in the realization that we have accomplished something.

Henry Ford

\*\*\*

Happiness does not consist in pastimes and amusements but in virtuous activities. – Aristotle

\*\*\*

Happiness depends more on the inward disposition of mind than on outward circumstances.

Benjamin Franklin

\*\*\*

That it will never come again is what makes life so sweet.

Emily Dickenson

\*\*\*

My barn having burned to the ground, I can now see the moon.

Leo Buscaglia

\*\*\*

Everyone has problems, some are just better at hiding them.

Unknown

\*\*\*

Five minutes, just before going to sleep, given to a bit of directed imagination regarding achievement possibilities of the morrow, will steadily and increasingly bear fruit, particularly if all ideas of difficulty, worry or fear are resolutely ruled out and replaced by those of accomplishment and smiling

courage.  
Frederick Pierce

\*\*\*

It's true that we don't know what we've got until we lose it, but it's also true  
that we don't know what we've been missing until it arrives.

Unknown

\*\*\*

You can't have a better tomorrow if you are thinking about yesterday all the  
time.

Charles F. Kettering

\*\*\*

If the whole world followed you, would you be pleased with where you  
took it?

Neale Donald Walsch

\*\*\*

We are built to conquer environment, solve problems, achieve goals, and  
we find no real satisfaction or happiness in life without obstacles to conquer  
and goals to achieve.

Maxwell Maltz

\*\*\*

The spirit, the will to win, and the will to excel are the things that endure.  
These qualities are so much more important than the events that occur.

Vince Lombardi

\*\*\*

To win without risk is to triumph without glory. – Corneille

\*\*\*

Where you end up isn't the most important thing. It's the road you take to get  
there. The road you take is what you'll look back on and call your life.

Tim Whiley

\*\*\*

I have made it a rule of my life never to regret and never to look back.  
Regret is an appalling waste of energy...you can't build on it; it's only good for  
wallowing in.

Katherine Mansfield

\*\*\*

Most folks would rather be around a person who sees hope in the future  
than one who sees nothing but trouble ahead.

Zig Ziglar

\*\*\*

\*\*\*

We change the world not by what we say or do, but as a consequence of what we have become.

Dr. David Hawkins

\*\*\*

Often the difference between a successful man and a failure is not one's better abilities or ideas, but the courage that one has to bet on his ideas, to take a calculated risk, and to act.

Maxwell Maltz

\*\*\*

The ability to discipline yourself to delay gratification in the short term in order to enjoy greater rewards in the long term is the indispensable prerequisite for success.

Maxwell Maltz

\*\*\*

All achievements, all earned riches, have their beginning in an idea.

Napoleon Hill

\*\*\*

If you take responsibility for yourself you will develop a hunger to accomplish your dreams.

Les Brown

\*\*\*

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Maxwell Maltz

\*\*\*

The easiest success measurement tool is a simple question. What did you do today to move forward? The easiest project plan on earth is also a simple question. What will you do tomorrow to move forward? At the end of each day, document your success and design your next move.

Rich DiGirolamo

\*\*\*

Long range planning works best in the short term.

Doug Evelyn



\*\*\*

Most of the important things in the world have been accomplished by people who have kept on trying when there seemed to be no hope at all.

Dale Carnegie

\*\*\*

Success is the maximum utilization of the ability that you have.

Zig Ziglar

\*\*\*

Desire is the starting point of all achievement, not a hope, not a wish, but a keen pulsating desire which transcends everything.

Napoleon Hill

\*\*\*

Optimism is essential to achievement and it is also the foundation of courage and true progress.

Nicholas Murray Butler

\*\*\*

Everyone who has ever taken a shower has had an idea. It's the person who gets out of the shower, dries off, and does something about it that makes a difference.

Nolan Bushnell

\*\*\*

Patience, persistence and perspiration make an unbeatable combination for success.

Napoleon Hill

\*\*\*

Failure is only postponed success as long as courage coaches ambition. The habit of persistence is the habit of victory.

Herbert Kaufman

\*\*\*

Knowledge is power. The more knowledge, expertise, and connections you have, the easier it is for you to make a profit at the game of your choice.

Stuart Wilde

\*\*\*

Develop success from failures. Discouragement and failure are two of the surest stepping stones to success.

Dale Carnegie

\*\*\*

Courage to start and willingness to keep everlasting at it are the requisites  
for success.

Alonzo Newton Benn

\*\*\*

Rely on the ordinary virtues that intelligent, balanced human beings have  
relied on for centuries, common sense, thrift, realistic expectations, patience,  
and perseverance.

John C. Bogle

\*\*\*

He who reigns within himself and rules his passions, desires, and fears is  
more than a king.

John Milton

\*\*\*

It's a funny thing about life; if you refuse to accept anything but the best, you  
very often get it.

Somerset Maugham

\*\*\*

The person who removes a mountain begins by carrying away small stones.

Chinese proverb

\*\*\*

If one advances confidently in the direction of his dreams, and endeavors to  
live the life which he had imagined, he will meet with a success unexpected in  
common hours.

Henry David Thoreau

\*\*\*

Failure will never overtake me if my determination to succeed is strong  
enough.

Og Mandino

\*\*\*

Don't judge each day by the harvest you reap, but by the seeds you plant.

Robert Louis Stevenson

\*\*\*

All of the top achievers I know are lifelong learners... Looking for new  
skills, insights, and ideas. If they're not learning, they're not growing... not  
moving toward excellence.

Denis Waitley

\*\*\*

When your self-worth goes up, your net worth goes up with it.

Mark Victor Hansen

\*\*\*

The act of taking the first step is what separates the winners from the losers.

Brian Tracy

\*\*\*

There is only one success, to be able to spend your life in your own way.

Anonymous

\*\*\*

Successful people ask better questions, and as a result, they get better answers.

Anthony Robbins

\*\*\*

People become really quite remarkable when they start thinking that they can do things. When they believe in themselves they have the first secret of success.

Norman Vincent Peale

\*\*\*

How committed are you? There is a remarkable difference between a commitment of 99% and 100%.

Vic Conant

\*\*\*

If we become increasingly humble about how little we know, we may be more eager to search.

Sir John Templeton

\*\*\*

The value of action is that we make mistakes; mistakes show us what we need to learn.

Peter McWilliams

\*\*\*

A true measure of your worth includes all the benefits others have gained from your successes.

Cullen Hightower

\*\*\*

It is literally true that you can succeed best and quickest by helping others to succeed.

Napoleon Hill

\*\*\*

Every failure brings with it the seed of an equivalent success.

Napoleon Hill

\*\*\*

Your achievements in life are dependent on a simple two-step process: 1) think positive achievement thoughts, and 2) take positive actions toward those thoughts. Don't wait another second, start the process right now.

Greg Werner

\*\*\*

I don't try to jump over 7 foot bars, I look around for 1 foot bars that I can step over.

Warren Buffett

\*\*\*

You must begin to think of yourself as becoming the person you want to be.

David Viscott

\*\*\*

If you wish to travel far and fast, travel light. Take off all your envies, jealousies, unforgiveness, selfishness, and fears.

Glenn Clark

\*\*\*

Knowledge is power, but only wisdom is liberty.

Will Durant

\*\*\*

The world of achievement has always belonged to the optimist.

J. Harold Wilkins

\*\*\*

The only certain means of success is to render more and better service than is expected of you, no matter what the task may be. This is a habit followed by all successful people since the beginning of time. Therefore I saith the surest way to doom yourself to mediocrity is to perform only the work for which you are paid.

Og Mandino

\*\*\*

I never could have done what I have done without the habits of punctuality, order, and diligence, without the determination to concentrate myself on one subject at a time.

Charles Dickens

\*\*\*

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Og Mandino

\*\*\*

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\*\*\*

If you've had wonderful family relationships, you will be able to call yourself a true success in life no matter what else you've achieved.

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\*\*\*

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Peter McWilliams

\*\*\*

High achievement always takes place in the framework of high expectation.

Jack and Garry Kinder

\*\*\*

Achievement seems to be connected with action. Successful men and women keep moving. They make mistakes, but they don't quit.

Conrad Hilton

\*\*\*

When your desires are strong enough you will appear to possess

superhuman powers to achieve.

Napoleon Hill

\*\*\*

The world of achievement has always belonged to the optimist.

J. Harold Wilkins

\*\*\*

We must walk consciously only part way toward our goal and then leap in the dark to our success.

Henry David Thoreau

\*\*\*

Aim for success not perfection... Remember that fear always lurks behind perfectionism. Confronting your fears and allowing yourself the right to be human can, paradoxically, make you a far happier and more productive person.

Dr. David Burns

\*\*\*

The meeting of preparation with opportunity generates the offspring we call luck.

Anthony Robbins

\*\*\*

The successful person has the habit of doing the things failures don't like to do. They don't like doing them either necessarily. But their disliking is subordinated to the strength of their purpose.

E.M. Gray

\*\*\*

Failure is only postponed success as long as courage 'coaches' ambition. The habit of persistence is the habit of victory.

Herbert Kaufman

\*\*\*

People of mediocre ability sometimes achieve outstanding success because they don't know when to quit. Most people succeed because they are determined to.

George E. Allen

\*\*\*

There's lots of opportunities out there in life, but if you never put yourself out on a limb and take chances you'll never dare to be great at anything.

Brian Griesse

\*\*\*

Everyone who has achieved financial independence will tell you that – at least in the early days you have to work smarter and harder. The price of success must be paid in full, and it must be paid in advance. There are no shortcuts.

John Cummuta

\*\*\*

The greatest potential of control tends to exist at the point where action takes place.

Louis A. Allen

\*\*\*

### PURPOSE

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Vic Conant

\*\*\*

We must all suffer from one of two pains: the pain of discipline or the pain of regret. The difference is discipline weighs ounces while regret weighs tons.

Jim Rohn

\*\*\*

Success is neither magical or mysterious. Success is the natural consequence of consistently applying the basic fundamentals.

Jim Rohn

\*\*\*

Thus to be independent of public opinion is the first formal condition of achieving anything great.

G. W. F. Hegel

\*\*\*

When you get right down to the root of the meaning of the word succeed, you find that it simply means to follow through.

F. W. Nichol

\*\*\*

Success is never final and failure never fatal. It's courage that counts.

George F. Tiltonood

\*\*\*

It is the follow through that makes the great difference between ultimate success and failure, because it is so easy to stop.

Charles F. Kettering

\*\*\*

Don't let what you cannot do interfere with what you can do.

John Wooden

\*\*\*

The wisest person is not the one who has the fewest failures but the one who turns failures to best account.

Richard R. Grant

\*\*\*

The season of failure is the best time for sowing the seeds of success.

Paramahansa Yogananda

\*\*\*

He who has done his best for his own time has lived for all times.

Johann von Schiller

\*\*\*

Most people I ask little from. I try to give them much, and expect nothing in return and I do very well in the bargain.

Francois Fénelon

\*\*\*

Success depends above all, upon people. Build relationships, teams, partnerships and motivate people to contribute. Cultivate leadership, creativity, excellence. Listen; seek new ideas and advice.

Ruth Scott

\*\*\*

Failure is success if we learn from it.

Malcolm S. Forbes

\*\*\*

The journey of a thousand miles begins with one step.

Lao Tzu

\*\*\*

Success won't just come to you. It has to be met at least halfway.

Frank Tyger

\*\*\*

Life is a succession of moments. To live each one is to succeed.

Corita Kent

\*\*\*

Success is not permanent and failure is not fatal.

Mike Ditka



\*\*\*

Play is the exultation of the possible.

Martin Buber

\*\*\*

Experience shows that success is due less to ability than to zeal. The winner is he who gives himself to his work, body and soul.

Charles Buxton

\*\*\*

He that is overcautious will accomplish little.

Johann Friedrich Von Schiller

\*\*\*

The only place where success comes before work is in the dictionary.

Vidal Sassoon

\*\*\*

The person who gets the farthest is generally the one who is willing to do  
and dare. The sure thing boat never gets far from shore.

Dale Carnegie

\*\*\*

Experience shows that success is due less to ability than to zeal. The  
winner is he who gives himself to his work, body and soul.

Charles Buxton

\*\*\*

Real success in life means the individual's conquest of himself; it means  
how he has bettered himself not how he has bettered his fortune. The great  
question of life is not 'What have I?' but 'What am I?'

William George Jordan

\*\*\*

Once you get rid of the idea that you must please other people before you  
please yourself, and you begin to follow your own instincts only then can you  
be successful. You become more satisfied, and when you are other people tend  
to be satisfied by what you do.

Raquel Welch

\*\*\*

Our greatest glory is not in never falling, but in rising every time we fall.

Confucius

\*\*\*

Success comes to those who become success conscience. Failure comes to  
those who indifferently allow themselves to become failure conscience.

Napoleon Hill

\*\*\*

More power than all the success slogans ever penned by human hand is the  
realization for every man that he has but one boss. That boss is the man he  
himself.

Gabriel Heatter

\*\*\*

Success comes when you do what you love to do, and commit to being the  
best in your field.

Brian Tracy

\*\*\*

Do your work with your whole heart and you will succeed there's so little competition.

Elbert Hubbard

\*\*\*

Success will not lower its standard to us. We must raise our standard to success.

Rev. Randall R. McBride

\*\*\*

Aim for success not perfection... Remember that fear always lurks behind perfectionism. Confronting your fears and allowing yourself the right to be human can, paradoxically, make you a far happier and more productive person.

Dr. David Burns

\*\*\*

Optimism is the faith that leads to achievement. Nothing can be done without hope and confidence.

Helen Keller

\*\*\*

The successful person has the habit of doing the things failures don't like to do. They don't like doing them either necessarily. But their disliking is subordinated to the strength of their purpose.

Unknown

\*\*\*

I don't know the key to success, but the key to failure is to try please everyone.

Bill Cosby

\*\*\*

There are no secrets to success. It is the result of preparation, hard work, and learning from failure.

Colin Powell

\*\*\*

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G. W. F. Hegel

\*\*\*

Success is more a function of consistent common sense than it is of genius.

Ann Wang

\*\*\*

When you get right down to the root of the meaning of the word succeed,  
you find that it simply means to follow through.

F. W. Nichol

\*\*\*

There is only one way to succeed in anything and that is to give it  
everything.

Vince Lombardi

\*\*\*

Continuous excellent effort, not maximum strength or superior IQ, is the key  
to unlocking your potential as an achiever.

Greg Werner

\*\*\*

I want to remind you that success in life is based on hard slogging. There  
will be periods when discouragement is great and upsetting, and the antidote  
for this is calmness and fortitude and a modest yet firm belief in your  
competence. Be sure that your priorities are in order so that you can proceed in  
a logical manner, and be ever mindful that nothing will take the place of  
persistence.

Walter Annenberg

\*\*\*

The life of a high achiever is one of risk and reward, one of sowing and  
reaping, and/or one of straining and growing. Nothing great will happen unless  
you first take a risk, sow the right seed, and/or strain through resistance. Get  
started and make your dreams come true.

Greg Werner

\*\*\*

The world cares very little about what a man or woman knows; it is what  
the man or woman is able to do that counts.

Booker T. Washington

\*\*\*

All I would tell people is to hold onto what was individual about  
themselves, not to allow their ambition for success to cause them to try to  
imitate the success of others. You've got to find it on your own terms.

Harrison Ford

\*\*\*

It is only as we develop others that we permanently succeed.

Harvey S. Firestone

\*\*\*

There are many ways to measure success; not the least of which is the way  
your child describes you when talking to a friend. – Unknown

\*\*\*

Opportunity dances with those who are already on the dance floor.

Jackson Brown

\*\*\*

The only limits to the possibilities in your life tomorrow are your butts you  
use today.

Les Brown

\*\*\*

We must walk consciously only part way toward our goal and then leap in  
the dark to our success.

Henry David Thoreau

\*\*\*

The victory of success is half won when one gains the habit of setting goals  
and achieving them. Even the most tedious chore will become endurable as you  
parade through each day convinced that every task, no matter how menial or  
boring, brings you closer to fulfilling your dreams.

Og Mandino

\*\*\*

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and learning from failure.

Colin Powell

\*\*\*

It is the 'follow through' that makes the great difference between ultimate  
success and failure, because it is so easy to stop.

Charles F. Kettering

\*\*\*

Success is a journey, not a destination.

Ben Sweetland

\*\*\*

Your past is not your potential. In any hour you can choose to liberate the  
future.

Marilyn Ferguson

\*\*\*

What crazy idea do you have down deep inside that makes people chuckle

or laugh every time you bring it up? However wild it may be, no matter how many scoff at it, risk a little time and a few bucks. You may be able to demonstrate you were right after all. And you'll be on your way to success.

Bob McElwain

\*\*\*

While one person hesitates because he feels inferior, the other is busy making mistakes and becoming superior. Henry C. Link

\*\*\*

The men who try to do something and fail are infinitely better than those who try to do nothing and succeed.

Lloyd Jones

\*\*\*

There is no other way to judge the work of a mind except through its words.

Richard Mitchell

\*\*\*

If you don't risk anything, you risk even more.

Erica Jong

\*\*\*

Zeal without knowledge is fire without light.

Thomas Fuller

\*\*\*

The common idea that success spoils people by making them vain, egotistic, and self-complacent is erroneous; on the contrary it makes them, for the most part, humble, tolerant, and kind. Failure makes people bitter and cruel.

W. Somerset Maugham

\*\*\*

By going over your day in imagination before you begin it, you can begin acting successfully at any moment.

Dorothea Brande

\*\*\*

Indecision is the seedling of fear.

Napoleon Hill

\*\*\*

It is largely because civilization enables us constantly to profit from knowledge which we individually do not possess and because each individual's use of his particular knowledge may serve to assist others unknown to him in achieving their ends that men as members of civilized society can pursue their

individual ends so much more successfully than they could alone.

F.A. Hayek

\*\*\*

The first requisite for success is the ability to apply your physical and mental energies to one problem incessantly without growing weary.

Thomas Edison

\*\*\*

Private victories precede public victories. You can't invert that process any more than you can harvest a crop before you plant it. Stephen Covey

\*\*\*

The amount of resistance to something is equal to the potential for gain.

Allan Hunkin

\*\*\*

I succeed on my own personal motivation, dedication, and commitment. My mind-set is: If I'm not out there training, someone else is.

Lynn Jennings

\*\*\*

People become successful because they get the important things done. They become successful by producing high quality work, and delivering it on time.

They become successful because they dot their i's and cross their t's. They become successful by doing the things they're supposed to do, doing them well, and getting them done on time! Successful people get results!

Jeffrey J. Mayer

\*\*\*

The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood, who knows the great enthusiasms, the great devotions, and spends himself in a worthy cause; who at best, if he wins, knows the thrills of high achievement, and, if he fails, at least fails daring greatly, so that his place shall never be with those cold and timid souls who know neither victory nor defeat. – Franklin Delano Roosevelt

\*\*\*

Hire the best. Pay them fairly. Communicate frequently. Provide challenges and rewards. Believe in them. Get out of their way and they'll knock your socks off.

Mary Ann Allison

\*\*\*

I learned that the only way you are going to get anywhere in life is to work

hard at it. Whether you're a musician, a writer, an athlete or a businessman,  
there is no getting around it. If you do, you'll win if you don't you won't.

Bruce Jenner

\*\*\*

The disappearance of a sense of responsibility is the most far reaching  
consequence of submission to authority.

Stanley Milgram

\*\*\*

It is what we think we know already that often prevents us from learning.

Claude Bernard

\*\*\*

Luck sometimes visits a fool, but it never sits down with him.

German Proverb

\*\*\*

The great successful men of the world have used their imaginations, they  
think ahead and create their mental picture, and then go to work materializing  
that picture in all its details, filling in here, adding a little there, altering this a  
bit and that a bit, but steadily building -- steadily building.

Robert Collier

\*\*\*

Honesty is the cornerstone of all success, without which confidence and  
ability to perform shall cease to exist.

Mary Kay Ash

\*\*\*

If at first you don't succeed, try, try again.

William E. Hickson

\*\*\*

Success is a state of mind. If you want success, start thinking of yourself as  
a success.

Dr. Joyce Brothers

\*\*\*

You never achieve real success unless you like what you are doing.

Dale Carnegie

\*\*\*

The men who succeed are the efficient few. They are the few who have the  
ambition and will power to develop themselves.

Herbert N. Casson



\*\*\*

Zeal without knowledge is the sister of folly.  
Sir John Davies

\*\*\*

One characteristic of winners is they always look upon themselves as a do  
it yourself project.  
Denis Waitley

\*\*\*

Show me a thoroughly satisfied man and I will show you a failure.  
Thomas A. Edison

\*\*\*

To be wealthy, you must develop a burning desire for wealth and financial  
independence.  
Brian Tracy

\*\*\*

Be willing to launch in faith, with no guarantees of success. This is the mark  
of personal greatness.  
Brian Tracy

\*\*\*

Quality questions create a quality life. Successful people ask better  
questions, and as a result, they get better answers.  
Anthony Robbins

\*\*\*

Don't focus on the days when you failed. Focus on all of the days when you  
won. Keep a chart, monitor your successes, and don't give up!  
Robert Butterworth

\*\*\*

Research has consistently shown that those who succeed tend to make  
decisions rapidly and are slow to reverse a well-thought-out position.  
Conversely, people who fail usually decide slowly and change their minds  
frequently. Once you've made a sound decision, stick by it!

Anthony Robbins

\*\*\*

Nature is neutral; if you do the same things that other successful people  
have done, you will inevitable enjoy the same success they have.

Brian Tracy

\*\*\*

The test of a successful person is not an ability to eliminate all problems before they arise, but to meet and work out difficulties when they do arise. We must be willing to make an intelligent compromise with perfection lest we wait forever before taking action. It's still good advice to cross bridges as we come to them.

David J. Schwartz

\*\*\*

We do not succeed in changing things according to our desire, but gradually our desire changes. The situation that we hoped to change because it was intolerable becomes unimportant. We have not managed to surmount the obstacle, as we were absolutely determined to do, but life has taken us round it, led us past it, and then if we turn round to gaze at the remote past, we can barely catch sight of it, so imperceptible has it become.

Marcel Proust

\*\*\*

Your own resolution to success is more important than any other one thing.

Abraham Lincoln

\*\*\*

Discipline without freedom is tyranny; freedom without discipline is chaos.

Cullen Hightower

\*\*\*

Eighty percent of success is showing up.

Woody Allen

\*\*\*

When you develop yourself to the point where your belief in yourself is so strong that you know you can accomplish anything you put your mind to, your future will be unlimited.

Brian Tracy

\*\*\*

The day that you stop learning is the day that you start decreasing your rewards and start suffering from frustration and lower levels satisfaction.

Brian Tracy

\*\*\*

External success has become an ambition without a cause--and with increasingly hollow spiritual rewards.

Katz and Liu

\*\*\*

Know yourself well first, then you can know others. With this knowledge comes the vision for personal success.

Cynthia Tam

\*\*\*

It is what we think we know already that often prevents us from learning.

Claude Bernard

\*\*\*

$A + B + C = \text{Success}$  if,  $A = \text{Hard Work}$ ,  $B = \text{Hard Play}$ ,  $C = \text{Keeping your mouth shut}$ .

Albert Einstein

\*\*\*

You can't depend on your judgment when your imagination is out of focus.

Mark Twain

\*\*\*

You only have to succeed the last time.

Brian Tracy

\*\*\*

True independence comes when we cease to FORCE and start to FLOW.

Vernon Howard

\*\*\*

Decisiveness is a common characteristic of all successful men and women.

Brian Tracy

\*\*\*

I don't divide the world into the weak and the strong, or the successes and the failures, those who make it or those who don't. I divide the world into learners and non-learners.

Benjamin Barber

\*\*\*

No failure is ever final. Nor is any success.

Unknown

\*\*\*

Success is the ability to go from one failure to another with no loss of enthusiasm.

Sir Winston Churchill

\*\*\*

If a man does not keep pace with his companions, perhaps it is because he hears a different drummer. Let him step to the music which he hears, however

measured or far away.  
Henry David Thoreau

\*\*\*

All you need in this life is ignorance and confidence; then success is sure.  
Mark Twain

\*\*\*

Men are wise in proportion, not to their experience, but to their capacity for  
experience.  
James Boswell

\*\*\*

Envy can be a positive motivator. Let it inspire you to work harder for what  
you want.  
Robert Bringle

\*\*\*

Greatness is more than potential. It is the execution of that potential. Beyond  
the raw talent. You need the appropriate training. You need the discipline. You  
need the inspiration. You need the drive.

Eric A. Burns

\*\*\*

I'm not going to die because I failed as someone else. I'm going to succeed  
as myself.

Margaret Cho

\*\*\*

It's never just a game when you're winning.

George Carlin

\*\*\*

People make a lot of mistakes by feeling compelled to move quickly.

Norman Pearlstein

\*\*\*

Failure is the tuition you pay for success.

Walter Brunell

\*\*\*

Success is meaningless if you can't sleep at night because of harsh things  
said, petty secrets sharpened against hard and stony regret, just waiting to be  
plunged into the soft underbelly of a 'friendship.'

Margaret Cho

\*\*\*

Most people would succeed in small things if they were not troubled with  
great ambitions.

Henry Wadsworth Longfellow

\*\*\*

Experience is the name everyone gives to their mistakes.

Oscar Wilde

\*\*\*

What does it take to be a champion? Desire, dedication, determination,  
concentration and the will to win.

Patty Berg

\*\*\*

There are no limits to either time or distance, except as man himself may  
make them. I have but to touch the wind to know these things.

Hal Borland

\*\*\*

An ounce of prevention is worth a pound of cure.

Henry de Bracton

\*\*\*

A successful person is one who can lay a firm foundation with the bricks  
that others throw at him.

David Brinkley

\*\*\*

You can't be afraid to make errors! You can't be afraid to be naked before  
the crowd, because no one can ever master the game of baseball, or conquer it.  
You can only challenge it.

Lou Brock

\*\*\*

Posterity is as likely to be wrong as anybody else.

Heywood Broun

\*\*\*

If your life is free of failures, you're not taking enough risks.

H. Jackson Brown, Jr.

\*\*\*

He who pursues fame at the risk of losing his self is not a scholar.

Chuang-Tzu

\*\*\*

If you have the guts to follow the risk, however, life opens, opens, opens up

all along the line.  
Joseph Campbell

\*\*\*

Many of life's failures are people who did not realize how close they were  
to success when they gave up.

Thomas A. Edison

\*\*\*

Logic is like the sword—those who appeal to it, shall perish by it.

Samuel Butler

\*\*\*

Dreams are today's answers to tomorrow's questions.

Unknown

\*\*\*

When one ceases from conflict, whether because he has won, because he  
has lost, or because he cares no more for the game, the virtue passes out of him.

Charles Horton Cooley

\*\*\*

Life, they urge, would be intolerable if men were to be guided in all they  
did by reason and reason only.

Samuel Butler

\*\*\*

The capacity of man himself is only revealed when, under stress and  
responsibility, he breaks through his educational shell, and he may then be a  
splendid surprise to himself no less than to his teachers.

Unknown

\*\*\*

Desire is the starting point of all achievement, not a hope, not a wish, but a  
keen pulsating desire which transcends everything.

Napoleon Hill

\*\*\*

The only thing that stands between a man and what he wants from life is  
often merely the will to try it and the faith to believe that it is possible.

Richard M DeVos

\*\*\*

Success is not the key to happiness. Happiness is the key to success. If you  
love what you are doing, you will be successful.

Albert Schweitzer

\*\*\*

People become really quite remarkable when they start thinking that they can do things. When they believe in themselves they have the first secret of success.

Norman Vincent Peale

\*\*\*

People seldom see the halting and painful steps by which the most insignificant success is achieved.

Anne Sullivan

\*\*\*

Success seems to be largely a matter of hanging on after others have let go.

William Feather

\*\*\*

That some achieve great success, is proof to all that others can achieve it as well.

Abraham Lincoln

\*\*\*

To succeed, you must first improve, to improve, you must first practice, to practice, you must first learn, to learn, you must first fail.

Wesley Woo

\*\*\*

Success is nothing more than a few simple disciplines, practiced every day; while failure is simply a few errors in judgment, repeated every day. It is the accumulative weight of our disciplines and our judgments that leads us to either fortune or failure.

Jim Rohn

\*\*\*

Failure will never overtake me if my determination to succeed is strong enough.

Og Mandino

\*\*\*

Failure is the condiment that gives success its flavour.

Truman Capote

\*\*\*

Anyone who has never made a mistake has never tried anything new.

Albert Einstein

\*\*\*

Losers visualize the penalties of failure. Winners visualize the rewards of success.

Unknown

\*\*\*

The great successful men of the world have used their imaginations, they think ahead and create their mental picture, and then go to work materializing that picture in all its details, filling in here, adding a little there, altering this a bit and that a bit, but steadily building -- steadily building.

Robert Collier

\*\*\*

Don't aim for success if you want it; just do what you love and believe in, and it will come naturally.

David Frost

\*\*\*

Success consists of doing the common things of life uncommonly well.

Unknown

\*\*\*

Some succeed because they are destined. Some succeed because they are determined.

Unknown

\*\*\*

Everyone who achieves success in a great venture, solves each problem as they came to it. They helped themselves. And they were helped through powers known and unknown to them at the time they set out on their voyage. They keep going regardless of the obstacles they met.

W. Clement Stone

\*\*\*

Success is not to be measured by the position someone has reached in life, but the obstacles he has overcome while trying to succeed.

Booker T. Washington

\*\*\*

You've got to take the initiative and play your game. In a decisive set, confidence is the difference.

Chris Evert

\*\*\*

The price of success is hard work, dedication to the job at hand, and the determination that whether we win or lose, we have applied the best of



ourselves to the task at hand.

Vince Lombardi

\*\*\*

Motivation is the electrical power that activates the engine of success.

Remez Sasson

\*\*\*

Flaming enthusiasm, backed up by horse sense and persistence, is the quality that most frequently makes for success.

Dale Carnegie

\*\*\*

Success is about enjoying what you have and where you are, while pursuing achievable goals.

Bo Bennett

\*\*\*

Success is the continuous journey toward the achievement of predetermined, worthwhile goals.

Tom Hopkins

\*\*\*

Keys to success... Research your idea, Plan for success, Expect success, & just plain do it! It amazes me how many people skip the last step! Practice being a doer and success will follow you every step of the way!

Josh Hinds

\*\*\*

You can't get much done in life if you only work on the days when you feel good.

Jerry West

\*\*\*

My list of ingredients for success is divided into four basic groups: Inward, Outward, Upward and Onward.

David Thomas

\*\*\*

I believe a little bit of success lies in everyone! Will you be the one to deny that? Or rather be the one who chooses to be guided by it? I hope you choose as I to do the latter!

Josh Hinds

\*\*\*

You rarely achieve more than you expect to get.

Carol Grosse

\*\*\*

Bear in mind, if you are going to amount to anything, that your success does not depend upon the brilliancy and the impetuosity with which you take hold, but upon the everlasting and sanctified bull doggedness with which you hang on after you have taken hold.

A.B. Meldrum

\*\*\*

The first and most important step toward success is the feeling that we can succeed.

Nelson Boswell

\*\*\*

Ones best success comes after their greatest disappointments.

Henry Ward Beecher

\*\*\*

The gent who wakes up and finds himself a success hasn't been asleep.

Wilson Mizner

\*\*\*

Success usually comes to those who are too busy to be looking for it.

Henry David Thoreau

\*\*\*

Success is the sum of small efforts, repeated day in and day out.

Robert Collier

\*\*\*

People seldom see the halting and painful steps by which the most insignificant success is achieved.

Anne Sullivan

\*\*\*

People rarely succeed unless they have fun in what they are doing.

Dale Carnegie

\*\*\*

Success is never wondering "what if...?"

Karrie Huffman

\*\*\*

It takes 20 years to make an overnight success.

Eddie Cantor

\*\*\*

Men are born to succeed, not fail.

Henry David Thoreau

\*\*\*

Patience, persistence and perspiration make an unbeatable combination for success.

Napolean Hill

\*\*\*

Nothing great was ever achieved without enthusiasm.

Ralph Waldo Emerson

\*\*\*

Along with success comes a reputation for wisdom.

Euripides

\*\*\*

The difference between a successful person and others is not a lack of strength, not a lack of knowledge, but rather a lack in will.

Vince Lombardi

\*\*\*

A wise man learns by the mistakes of others, a fool by his own.

Latin Proverb

\*\*\*

It is hard to fail, but it is worse never to have tried to succeed.

Theodore Roosevelt

\*\*\*

Half of the failures in life come from pulling one's horse when he is leaping.

Thomas Hood

\*\*\*

We learn wisdom from failure much more than success. We often discover what we will do, by finding out what we will not do.

Samuel Smiles

\*\*\*

I was never afraid of failure, for I would sooner fail than not be among the best.

John Keats

\*\*\*

Success is not the result of spontaneous combustion. You must first set yourself on fire.

Fred Shero

\*\*\*

So long as there is breath in me, that long will I persist. For now I know one of the greatest principles of success; If I persist long enough I will win.

Og Mandino

\*\*\*

I don't measure a man's success by how high he climbs but how high he bounces when he hits bottom.

George Patton

\*\*\*

You've reached success when you don't need to own an alarm clock.

Mike Garibaldi

\*\*\*

To guarantee success, act as if it were impossible to fail.

Dorothea Brande

\*\*\*

Most success springs from an obstacle or failure. I became a cartoonist largely because I failed in my goal of becoming a successful executive.

Scott Adams

\*\*\*

Coming together is a beginning, staying together is progress, and working together is success.

Henry Ford

\*\*\*

If I had to select one quality, one personal characteristic that I regard as being most highly correlated with success, whatever the field, I would pick the trait of persistence. Determination. The will to endure to the end, to get knocked down seventy times and get up off the floor saying, "Here comes number seventy-one!"

Richard Devos

\*\*\*

A constant struggle, a ceaseless battle to bring success from inhospitable surroundings, is the price of all great achievements.

Orison Swett Marden

\*\*\*

If you're not failing every now and again, it's a sign you're not doing anything very innovative.

Woody Allen

\*\*\*

Studies indicate that the one quality all successful people have is persistence. They're willing to spend more time accomplishing a task and to persevere in the face of many difficult odds. There's a very positive relationship between people's ability to accomplish any task and the time they're willing to spend on it.

Dr. Joyce Brother

\*\*\*

Success is the outcome of desire, vision, action and perseverance.

Remez Sasson

\*\*\*

A failure establishes only this, that our determination to succeed was not strong enough.

Hoshang N. Akhtar

\*\*\*

What we call failure is not the falling down, but the staying down.

Mary Pickford

\*\*\*

It's no use saying, 'We are doing our best.' You have got to succeed in doing what is necessary.

Winston Churchill

LEADERSHIP

Often the difference between a successful man and a failure is not one's better abilities or ideas, but the courage that one has to bet on his ideas, to take a calculated risk, and to act.

Maxwell Maltz

\*\*\*

Every really new idea looks crazy at first.

Abraham H. Maslow

\*\*\*

Individual commitment to a group effort — that is what makes a team work, a company work, a society work, a civilization work.

Vince Lombardi

\*\*\*

All achievements, all earned riches, have their beginning in an idea.

Napoleon Hill

\*\*\*

Honor your commitments with integrity.

Les Brown

\*\*\*

Do the hard jobs first. The easy jobs will take care of themselves.

Dale Carnegie

\*\*\*

Chase your passion, not your pension.

Denis Waitley

\*\*\*

Expect the best. Prepare for the worst. Capitalize on what comes.

Zig Ziglar

\*\*\*

Entrepreneurship is a state of mind, a can do attitude, a capacity to focus on  
a vision and work toward it.

Barry Rogstad

\*\*\*

Long range planning works best in the short term.

Doug Evelyn

\*\*\*

Desire is the starting point of all achievement, not a hope, not a wish, but a  
keen pulsating desire which transcends everything.

Napoleon Hill

\*\*\*

The first virtue of all really great men is that they are sincere. They  
eradicate hypocrisy from their hearts.

Anatole France

\*\*\*

Always remember that problems contain values that have improvement  
potential.

Norman Vincent Peale

\*\*\*

Forget the resolutions. Forget control and discipline, too much work.  
Instead try experimenting. Go in search of something to fall in love  
with...something about yourself, your career, your spouse.

Dale Dauten

\*\*\*

Just as your car runs more smoothly and requires less energy to go faster and farther when the wheels are in perfect alignment, you perform better when your thoughts, feelings, emotions, goals, and values are in balance.

Brian Tracy

\*\*\*

I come to the office each morning and stay for long hours doing what has to be done to the best of my ability. And when you've done the best you can you can't do any better.

Harry S. Truman

\*\*\*

Knowledge is power. The more knowledge, expertise, and connections you have, the easier it is for you to make a profit at the game of your choice.

Stuart Wilde

\*\*\*

All the king's horses and all the king's men can't put the past together again.  
So let's remember: Don't try to saw sawdust.

Dale Carnegie

\*\*\*

Decisiveness is a characteristic of high performing men and women.  
Almost any decision is better than no decision at all.

Brian Tracy

\*\*\*

The person who says it cannot be done should not interrupt the person doing it.

Chinese proverb

\*\*\*

Man's biggest mistake is to believe that he's working for someone else.

Nashua Cavalier

\*\*\*

When you have a number of disagreeable duties to perform, always do the most disagreeable first.

Josiah Quincy

\*\*\*

Before you can really start setting financial goals, you need to determine where you stand financially.

David Bach

\*\*\*

Price is what you pay. Value is what you get.

Warren Buffett

\*\*\*

It takes 20 years to build a reputation and five minutes to ruin it. If you think about that, you'll do things differently.

Warren Buffett

\*\*\*

The higher your energy level, the more efficient your body. The more efficient your body, the better you feel and the more you will use your talent to produce outstanding results.

Anthony Robbins

\*\*\*

Never react emotionally to criticism. Analyze yourself to determine whether it is justified. If it is, correct yourself. Otherwise, go on about your business.

Norman Vincent Peale

\*\*\*

The height of your accomplishments will equal the depth of your convictions.

William F. Scolavino

\*\*\*

The question isn't at what age I want to retire, it's at what income.

George Foreman

\*\*\*

The best job goes to the person who can get it done without passing the buck or coming back with excuses.

Napoleon Hill

\*\*\*

The real measure of your wealth is how much you'd be worth if you lost all your money. – Unknown

\*\*\*

Do not wait; the time will never be 'just right'. Start where you stand, and work with whatever tools you may have at your command, and better tools will be found as you go along.

Napoleon Hill

\*\*\*

Once you have a clear picture of your priorities that is values, goals, and



high leverage activities organize around them.

Stephen Covey

\*\*\*

You do not merely want to be considered just the best of the best. You want to be considered the only one who does what you do.

Jerry Garcia

\*\*\*

The hardest part of gaining any new idea is sweeping out the false idea occupying that niche.

Robert Heinlein

\*\*\*

Concentrate: put all your eggs in one basket, and watch that basket.

Andrew Carnegie

\*\*\*

All of the top achievers I know are lifelong learners... Looking for new skills, insights, and ideas. If they're not learning, they're not growing... not moving toward excellence.

Denis Waitley

\*\*\*

When your self-worth goes up, your net worth goes up with it.

Mark Victor Hansen

\*\*\*

Be smart, be intelligent and be informed.

Tony Alessandra

\*\*\*

You are not here merely to make a living. You are here in order to enable the world to live more amply, with greater vision, with a finer spirit of hope and achievement. You are here to enrich the world, and you impoverish yourself if you forget the errand.

Woodrow Wilson

\*\*\*

How committed are you? There is a remarkable difference between a commitment of 99% and 100%.

Vic Conant

\*\*\*

Most misfortunes are the results of misused time.

Napoleon Hill

\*\*\*

The hardest part of gaining any new idea is sweeping out the false idea  
occupying that niche.

Robert Heinlein

\*\*\*

The meeting of preparation with opportunity generates the offspring we call  
luck.

Anthony Robbins

\*\*\*

The need to be right all the time is the biggest bar to new ideas. It is better  
to have enough ideas for some of them to be wrong than to be always right by  
having no ideas at all.

Edward deBono

\*\*\*

To swear off making mistakes is very easy. All you have to do is swear off  
having ideas.

Leo Burnett

\*\*\*

The problem with most failing businesses is not that their owners don't  
know enough about finance, marketing, management, and operations they don't,  
but those things are easy enough to learn but that they spend their time and  
energy defending what they think they know. My experience has shown me that  
the people who are exceptionally good in business aren't so because of what  
they know but because of their insatiable need to know more.

Michael Gerber

\*\*\*

Everyone who has achieved financial independence will tell you that – at  
least in the early days you have to work smarter and harder. The price of  
success must be paid in full, and it must be paid in advance. There are no  
shortcuts.

John Cummuta

\*\*\*

Time is our most valuable asset, yet we tend to waste it, kill it, and spend it  
rather than invest it.

Jim Rohn

\*\*\*

Every man's work, whether it be literature or music or pictures or

architecture or anything else, is always a portrait of himself.

Samuel Butler

\*\*\*

You are always a valuable, worthwhile human being, not because anybody says so, not because you're successful, not because you make a lot of money, but because you decide to believe it and for no other reason.

Dr. Wayne Dyer

\*\*\*

Our greatest lack is not money for any undertaking, but rather ideas. If the ideas are good, cash will somehow flow to where it is needed.

Robert Schuller

\*\*\*

Wealth is the product of man's ability to think.

Ayn Rand

\*\*\*

Nothing is particularly hard if you divide it into small jobs.

Henry Ford

\*\*\*

When freedom prevails, the ingenuity and inventiveness of people creates incredible wealth. This is the source of the natural improvement of the human condition.

Brian S. Wesbury

\*\*\*

If your desk isn't cluttered, you probably aren't doing your job.

Harold Geneen

\*\*\*

Yes, there are times when something is legitimately not our fault. Blaming others, however, keeps us in a stuck state and is ultimately rough on our own self esteem.

Eric Allenbaugh

\*\*\*

The business schools reward difficult complex behaviour more than simple behaviour, but simple behaviour is more effective.

Warren Buffett

\*\*\*

The smallest bookstore still contains more ideas of worth than have been presented in the entire history of television.

Andrew Ross

\*\*\*

We are told that talent creates its own opportunities. But it sometimes seems that intense desire creates not only its own opportunities, but its own talents.

Eric Hoffer

\*\*\*

A wise man will make more opportunities than he finds.

Francis Bacon

\*\*\*

A little twist to the usual, 'Everything comes to he who waits'. Everything comes to him who hustles while he waits.

Thomas Alva Edison

\*\*\*

Out of clutter find simplicity. From Discord make harmony. In the middle of difficulty lies opportunity.

Einstein's Three Rules Of Work

\*\*\*

The more you seek security, the less of it you have. But the more you seek opportunity, the more likely it is that you will achieve the security that you desire.

Brian Tracy

\*\*\*

There is real magic in enthusiasm. It spells the difference between mediocrity and accomplishment.

Norman Vincent Peale

\*\*\*

Don't tell me how hard you work. Tell me how much you get done.

James Ling

\*\*\*

I have yet to find the man, however exalted his station, who did not do better work and put forth greater effort under a spirit of approval than under a spirit of criticism.

Charles Schwab

\*\*\*

Leadership is the capacity and will to rally men and women to a common purpose and the character which inspires confidence. Bernard Montgomery

Success depends above all, upon people. Build relationships, teams, partnerships and motivate people to contribute. Cultivate leadership, creativity, excellence. Listen; seek new ideas and advice.

Ruth Scott

\*\*\*

An ounce of discretion is worth more than a pound of knowledge.- Italian Proverb

\*\*\*

Allowing an unimportant mistake to pass without comment is a wonderful social grace.

Judith Martin

\*\*\*

The very highest leader is barely known by men. Then comes the leader they know and love. Then the leader they fear. Then the leader they despise. The leader who does not trust enough will not be trusted. When actions are performed without unnecessary speech The people say, We did it ourselves.

Lao Tzu

\*\*\*

Don't ever make the same mistake twice unless it pays.- Mae West

\*\*\*

It never works out like it's planned, but it always works out like it should.

Nancy Witt Adams

\*\*\*

Synergy: The combined effect of individuals in collaboration that exceeds the sum of their individual effects.

Stephen R. Covey

\*\*\*

Winning is not everything; but it is something powerful, indeed beautiful, in itself, something as necessary to the strong spirit as striving is necessary to the healthy character. –Bartlett Giamatti

\*\*\*

It's not hard to make decisions when you know what your values are.

Roy Disney

\*\*\*

Quality questions create a quality life. Businesses succeed when their decision makers ask the right questions about product lines or markets or strategic planning. Relationships flourish when people ask the right questions

about where potential conflicts exist and how to support each other rather than tearing each other down. Communities benefit when leaders ask the right questions about what is most important and how citizens can work together toward shared goals. For whatever area of your life you want to improve, there are questions you can ask that will provide you with answers solutions that can catapult you and those you love to a higher level of success and enjoyment. Do you need to ask questions about quality? Commitment? Contribution?

Anthony Robbins

\*\*\*

Leadership is similar to team work. You have to remain cantered, be mindful, assess a situation, bring people together, come to an agreement, and discover solutions by using the talents of everyone involved.

Anonymous

\*\*\*

Not only has our competitive orientation cost society the skill of low achievers who might have excelled under different learning conditions, but it has largely undermined our capacity for teamwork and trust. In the classrooms of our youth, students were rarely allowed to pool knowledge on tests or work together on research projects. Such prohibitions, coupled with comparative grading policies, conditioned us to view one another as opponents.

Katz and Liu

\*\*\*

Progress involves risk. You can't steal second base and keep your foot on first base.

Anonymous

\*\*\*

Win-win agreements are tremendously liberating. But as the product of isolated techniques, they won't hold up. Even if you set them up in the beginning, there is no way to maintain them without personal integrity and a relationship of trust.

Stephen R. Covey

\*\*\*

That which we obtain too easily, we esteem too lightly.

Thomas Paine

\*\*\*

As the cliché goes, 'The best defence is a good offense.' Go forward be aggressive. Don't give your fears or competition a chance to pin you down.

Trepidation and loss of confidence come with a defensive posture. Attack the problem, attack the market, attack the competition, and you are proceeding positively. Fear will melt and confidence will rise.

Gary Ryan Blair

\*\*\*

We are continually faced by great opportunities brilliantly disguised as an insoluble problems.

Unknown

\*\*\*

A problem is your chance to do your best.

Duke Ellington

\*\*\*

Work banishes those three great evils: boredom, vice and poverty.

Voltaire

\*\*\*

Saving money is a worthwhile goal, but by itself it won't bring you economic abundance. The third key to mastering your finances is to increase your wealth. To accomplish this, you must spend less than you earn, invest the difference, and reinvest your returns for compounded growth. Compounding puts your money to work for you by increasing it exponentially. The pace at which you achieve financial independence is in direct proportion to your willingness to reinvest not spend the profits of your past investments.

Anthony Robbins

\*\*\*

More power than all the success slogans ever penned by human hand is the realization for every man that he has but one boss. That boss is the man he himself.

Gabriel Heatter

\*\*\*

Listen regularly to customers and employees. Create an atmosphere of utmost trust and credibility. Employees have to know that every decision, direction and redirection is for the Greater Good. You need that level of trust to change the direction of the company on a dime, which in this business, you sometimes need to do.

Dave Sharkey

\*\*\*

A prudent question is one half of wisdom.

Francis Bacon

\*\*\*

In cooperation, people realize that they are successful when others succeed and are oriented toward aiding each other to perform effectively. They encourage each other because they understand the other's priorities help them to be successful. Compatible goals promote trust. People expect help and assistance from others and are confident that they can rely on others; it is, after all, in others' self-interest to help. Expecting to get and give assistance, they accurately disclose their intentions and feelings, offer ideas and resources, and request aid. They are able to work out arrangements of exchange that leave all better off. These interactions result in friendliness, cohesion and high moral.

Dean Tjosvold

\*\*\*

Your incredible brain can take you from rags to riches, from loneliness to popularity and from depression to happiness and joy if you use it properly.

Brian Tracy

\*\*\*

In win-win performance agreements, consequences become the natural or logical result of performance rather than a reward or punishment arbitrarily handed out by the person in charge.

Stephen R. Covey

\*\*\*

He that answers a matter before he hears, it is folly and shame unto him.

Solomon

\*\*\*

To judge individuals before understanding them is a form of human rejection and feeds upon itself.

Stephen R. Covey

\*\*\*

When the sea was calm all ships alike showed mastership in floating.

William Shakespeare

\*\*\*

Though I am always in haste, I am never in a hurry because I never undertake more work than I can go through with calmness of spirit.

John Wesley

\*\*\*

If things are ever to move forward, someone must be willing to make the



first step.

Unknown

\*\*\*

The world is moved not only by the mighty shoves of the heroes, but also by  
the aggregate of the tiny pushes of each honest worker.

Helen Keller

\*\*\*

The meeting of preparation with opportunity generates the offspring we call  
luck.

Anthony Robbins

\*\*\*

To love what you do and feel that it matters how could anything be more  
fun?

Katherine Graham

\*\*\*

The problem with most failing businesses is not that their owners don't  
know enough about finance, marketing, management, and operations they don't,  
but those things are easy enough to learn but that they spend their time and  
energy defending what they think they know. My experience has shown me that  
the people who are exceptionally good in business aren't so because of what  
they know but because of their insatiable need to know more.

Michael Gerber

\*\*\*

Our greatest lack is not money for any undertaking, but rather ideas. If the  
ideas are good, cash will somehow flow to where it is needed.

Robert Schuller

\*\*\*

You will not suddenly develop wealth consciousness if and when you  
become wealthy. It's the other way around. You develop wealth consciousness  
by eliminating worry, by trusting in the universe and in your own inner  
resources. Once you secure your wealth consciousness, true abundance is just  
around the corner.

Richard Carlson

\*\*\*

While one person hesitates because he feels inferior, the other is busy  
making mistakes and becoming superior.- Henry C. Link

\*\*\*

The real art of conversation is not only to say the right thing at the right time, but also to leave unsaid the wrong thing at the tempting moment.-

Unknown

\*\*\*

Know how to listen and you will profit even from those who talk badly.

Plutarch

\*\*\*

You don't need anybody's permission to be a good leader. All you have to do is be a resource to the team; know your people; look out after their welfare; keep them informed and let them take part in the decisions which affect them.

Do this and the team and you will succeed.

Master Sergeant Emil W. Zacharia

\*\*\*

Nothing is particularly hard if you divide it into small jobs.

Henry Ford

\*\*\*

Long range planning works best in the short term.

Doug Evelyn

\*\*\*

Leadership determines the direction of the company. Organization determines the potential of the company. Personnel determines the success of the company.

John Maxwell

\*\*\*

Creative ideas reside in people's minds but are trapped by fear or rejection. Create a judgment free environment and you'll unleash a torrent of creativity.

Osborn Alex

\*\*\*

To be a great leader...remember, when placed in command TAKE  
CHARGE!

General Norman Schwarzkopf

\*\*\*

In every person who comes near you look for what is good and strong; honor that; try to imitate it, and your faults will drop off like dead leaves when their time comes.

John Ruskin

\*\*\*

A man to carry on a successful business must have imagination. He must see things as in a vision, a dream of the whole thing.

Charles M. Schwab

\*\*\*

Winners are ordinary people with extraordinary determination.

Unknown

\*\*\*

No institution can possibly survive if it needs geniuses or supermen to manage it. It must be organized in such a way as to be able to get along under a leadership composed of average human beings.

Peter Drucker

\*\*\*

There is always room at the top.

Daniel Webster

\*\*\*

A man to carry on a successful business must have imagination. He must see things as in a vision, a dream of the whole thing.

Charles M. Schwab

\*\*\*

I was once asked if a big business man ever reached his objectives. I replied that if a man ever reached his objective he was not a big business man.

Charles M. Schwab

\*\*\*

No institution can possibly survive if it needs geniuses or supermen to manage it. It must be organized in such a way as to be able to get along under a leadership composed of average human beings.

Peter Drucker

\*\*\*

Figure out what your most magnificent qualities are and make them indispensable to the people you want to work with. Notice that I didn't say work force.

Linda Bloodworth Thomason

\*\*\*

We are more ready to try the untried when what we do is inconsequential. Hence, the remarkable fact that many inventions had their birth as toys.

Eric Hoffer

\*\*\*

Daring ideas are like chessmen moved forward; they may be beaten, but they may start a winning game.

Johann Wolfgang von Goethe

\*\*\*

### DRIVE

What crazy idea do you have down deep inside that makes people chuckle or laugh every time you bring it up? However wild it may be, no matter how many scoff at it, risk a little time and a few bucks. You may be able to demonstrate you were right after all. And you'll be on your way to success. –

Bob McElwain

\*\*\*

Leadership determines the direction of the company. Organization determines the potential of the company. Personnel determines the success of the company.

John Maxwell

\*\*\*

Men may doubt what you say, but they will believe what you do.

Lewis Cass

\*\*\*

There's no such thing as Perfection. But, in striving for perfection, we can achieve excellence.

Vince Lombardi

\*\*\*

No institution can possibly survive if it needs geniuses or supermen to manage it. It must be organized in such a way as to be able to get along under a leadership composed of average human beings.

Peter Drucker

\*\*\*

If you can't do great things, do small things in a great way. Don't wait for great opportunities. Seize common, everyday ones and make them great.

Napolean Hill

\*\*\*

If things are ever to move forward, someone must be willing to make the first step.

Unknown

\*\*\*

Our greatest lack is not money for any undertaking, but rather ideas. If the ideas are good, cash will somehow flow to where it is needed.

Robert Schuller

\*\*\*

Never again clutter your days or nights with so many menial and unimportant things that you have no time to accept a real challenge when it comes along. This applies to play as well as work. A day merely survived is no cause for celebration. You are not here to fritter away your precious hours when you have the ability to accomplish so much by making a slight change in your routine. No more busy work. No more hiding from success. Leave time, leave space, to grow. Now. Now! Not tomorrow!

Og Mandino

\*\*\*

I had rather do and not promise than promise and not do.

Arthur Warwick

\*\*\*

Questions focus our thinking. Ask empowering questions like What's good about this? What's not perfect about it yet? What am I going to do next time?

How can I do this and have fun doing it?

Charles Connolly

\*\*\*

You can't lead by memo. Leadership is a contact sport, eyeball to eyeball, on the field with the sound of the contest in your ears. Most everything else is noise from the grandstand.

Ron Gornto

\*\*\*

Few enterprises of great labor or hazard would be undertaken if we had not the power of magnifying the advantages we expect from them.

Samuel Johnson

\*\*\*

Capitalists are motivated not chiefly by the desire to consume wealth or indulge their appetites, but by the freedom and power to consummate their entrepreneurial ideas.

George Gilder

\*\*\*

We get paid for bringing value to the market place.

Jim Rohn

\*\*\*

Sales are contingent upon the attitude of the salesman not the attitude of the prospect.

W. Clement Stone

\*\*\*

The opponents and I are really one. My strength and skills only half of the equation. The other half is theirs. An opponent is someone whose strength joined to yours creates a certain result.

Sadaharu Oh

\*\*\*

It will generally be found that men who are constantly lamenting their ill luck are only reaping the consequences of their own neglect, mismanagement, and improvidence, or want of application.

Samuel Smiles

\*\*\*

I believe in the dignity of labor, whether with head or hand; that the world owes no man a living but that it owes every man an opportunity to make a living.

John D. Rockefeller

\*\*\*

I've met a few people who had to change their jobs in order to change their lives, but I've met many more people who merely had to change their motive to service in order to change their lives.

Peace Pilgrim

\*\*\*

Commitment challenges you to set a goal and then to support it with a promise. You must promise to achieve and never entertain the thoughts of making excuses or shunning responsibility.

Gary Ryan Blair

\*\*\*

Dedicated to the central concept that knowledge and inspiration must be accompanied by on-going support.

Unknown

\*\*\*

Remember: If you're not experiencing failure, you're not working hard enough!

Jeffrey J. Mayer

\*\*\*

Discouragement is a negative emotion with more than one trick up its dark sleeve. It tricks you into mentally or emotionally dwelling in the very place you want to leave.

Guy Finley

\*\*\*

A 'No' uttered from deepest conviction is better and greater than a 'Yes' merely uttered to please, or what is worse, to avoid trouble.

Mahatma Gandhi

\*\*\*

Some people regard private enterprise as a predatory tiger to be shot. Others look on it as a cow they can milk. Not enough people see it as a healthy horse, pulling a sturdy wagon.

Winston Churchill

\*\*\*

Great innovators and original thinkers and artists attract the wrath of mediocrities as lightning rods draw the flashes.

Theodor Reik

\*\*\*

Five years from now, we will be a different company, and five years from then, we will be another different company.

Jacques Nasser

\*\*\*

To give real service you must add something which cannot be bought or measured with money, and that is sincerity and integrity.

Donald A. Adams It doesn't matter where you're coming from; all that matters is where you are going. You can't talk your way out of problems you behave yourself into.

Stephen R. Covey

\*\*\*

Good leaders are like baseball umpires: they go practically unnoticed when doing their jobs right.

Byrd Baggett

\*\*\*

The philosophy behind marketing is based on the old observation that every man is really two men -- the man he is and the man he wants to be.

William Feather

\*\*\*

Listening is very inexpensive; not listening could be very costly!- Tom  
Brewer

\*\*\*

Marketing is merely a civilized form of warfare in which most battles are  
won with words, ideas and disciplined thinking.

Albert Emery

\*\*\*

He that is good with a hammer tends to think everything is a nail.

Abraham Maslow

\*\*\*

You don't get paid for the hour. You get paid for the value you bring to the  
hour.

Jim Rohn

\*\*\*

Income seldom exceeds Personal Development.

Jim Rohn

\*\*\*

On the important subject of values, we discern a marked deterioration in  
traditional values essential to competitiveness. A lack of both individual and  
institutional leadership has eroded respect for community and nationhood. We  
concluded that values of integrity, social justice, and moral leadership are not  
only necessary in themselves, but lead directly to competitive advantage. Our  
standard of living and our standard of values are inseparable.

Columbus University

\*\*\*

Principles are the territory. Values are maps. When we value correct  
principles, have truth-- a knowledge of things as they are.

Stephen R. Covey

\*\*\*

(With people) if you want to save time, don't be efficient. With people,  
slow is fast and fast is slow.

Stephen Covey

\*\*\*

If you empower dummies you get bad decisions faster!

Rich Teerlink

\*\*\*



Clearly no group can as an entity create ideas. Only individuals can do this.  
A group of individuals may, however, stimulate one another in the creation of  
ideas.

Estill I. Green

\*\*\*

You can never earn in the outside world more than you earn in your own  
mind. Brian Tracy

\*\*\*

Management is efficiency in climbing the ladder of success; leadership  
determines whether the ladder is leaning against the right wall.

Stephen R. Covey

\*\*\*

Our choice of people to associate with, both personally and business-wise,  
is one of the most important choices you make. If you associate with turkeys,  
you will never fly with the eagles.- Brian Tracy

\*\*\*

You are in the people business no matter what you do or where you do it.

Brian Tracy

\*\*\*

It's hard to wring my hands when I am busy rolling up my sleeves.

Linda Geraci

\*\*\*

Luck is what happens when preparation meets opportunity.

Elmer Letterman

\*\*\*

Your true beliefs and values are only and always expressed in your actions,  
especially what you do under pressure.

Brian Tracy

\*\*\*

If a little labor, little are our gains. Man's fortunes are according to his  
pains.

Robert Herrick

\*\*\*

Quickly say, 'That's good!' to every setback and adversity, and then find out  
what is good about it.

Brian Tracy

\*\*\*

Formal education will make you a living; self-education will make you a fortune.

Jim Rohn

\*\*\*

The biggest mistake that you can make is to believe that you are working for somebody else. Job security is gone. The driving force of a career must come from the individual. Remember: Jobs are owned by the company, you own your career!

Earl Nightingale

\*\*\*

Winding up unfinished business with another person can give you a great burst of positive energy.

Brian Tracy

\*\*\*

Synergy is almost as if a group collectively agrees to subordinate old scripts and to write a new one.

Stephen R. Covey

\*\*\*

Every problem has a limited life span.

Robert H. Schuller

\*\*\*

Real integrity is doing the right thing, knowing that nobody's going to know whether you did it or not. -Unknown

\*\*\*

No moral system can rest solely on authority.

J. Ayer

\*\*\*

As I get older, I've learned to listen to people rather than accuse them of things.

Po Bronson

\*\*\*

Never offend people with style when you can offend them with substance.

Sam Brown

\*\*\*

Dig where the gold is...unless you just need some exercise.

John M. Capozzi

\*\*\*

Good order is the foundation of all things.

Edmund Burke

\*\*\*

Men cling passionately to old traditions and display intense reluctance to modify customary modes of behaviour.

V. Gordon Childe

\*\*\*

Woe to those who can't see the power of irrational logic.

Maritza Campos

\*\*\*

You've got to be bold. You've got to believe that fortune rewards the bold.

David W. Johnson

\*\*\*

Any project not worth doing is not worth doing well.

Richard A. Kashnow

\*\*\*

A leader is best when people barely know he exists...Not so good when people obey and acclaim him, Worse when they despise him. But of a good leader who talks little, when his work is done and his aim fulfilled, they will say, we did it ourselves.

Lao Tzu

\*\*\*

Hire people who are smarter than you and get out of their way.

Howard Schultz

\*\*\*

You take risks in whatever you do. But if you understand, measure, and account for them, that should keep you out of trouble.

Dennis Weatherstone

\*\*\*

The Devil is in the details.

Robert Glynn Jr.

\*\*\*

A man can get a reputation from very small things.

Sophocles

\*\*\*

Sincerity: if you can fake it, you've got it made. Daniel Schorr

\*\*\*

The reputation of a thousand years may be determined by the conduct of one hour.

Japanese Proverb

\*\*\*

Fine words and an insinuating appearance are seldom associated with true virtue.

Confucius

\*\*\*

The leadership instinct you are born with is the backbone. You develop the funny bone and the wishbone that go with it.

Elaine Agather

\*\*\*

Never tire yourself more than necessary, even if you have to found a culture on the fatigue of your bones.

Antonin Artaud

\*\*\*

It takes most men five years to recover from a college education.

Brooks Atkinson

\*\*\*

All men have an instinct for conflict: at least, all healthy men.

Hilaire Belloc

\*\*\*

Ours is the age of substitutes: instead of language, we have jargon: instead of principles, slogans: and, instead of genuine ideas, bright ideas.

Eric Bentley

\*\*\*

A fool learns from experience. A wise man learns from the experience of others.

Otto von Bismarck

\*\*\*

An expert is a man who has made all the mistakes, which can be made, in a very narrow field.

Neils Bohr

\*\*\*

Morality's not practical. Morality's a gesture. A complicated gesture learnt from books.- Robert Bolt

\*\*\*

He who discommendeth others obliquely commendeth himself.

Sir Thomas Browne

\*\*\*

Be more concerned with your character than with your reputation. Your character is what you really are while your reputation is merely what others think you are.

Dale Carnegie

\*\*\*

Do but take care to express yourself in a plain, easy Manner, in well-chosen, significant and decent Terms, and to give a harmonious and pleasing turn to your periods.

Miguel de Cervantes

\*\*\*

An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them.

Werner Heisenberg

\*\*\*

People who work sitting down get paid more than people who work standing up.

Ogden Nash

\*\*\*

Of all human powers operating on the affairs of mankind, none is greater than that of competition.

Henry Clay

\*\*\*

Most of the things we decide are not what we know to be the best. We say yes, merely because we are driven into a corner and must say something.

Frank Crane

\*\*\*

The public buys its opinions as it buys its meat, or takes in its milk, on the principle that it is cheaper to do this than to keep a cow. So it is, but the milk is more likely to be watered.

Unknown

\*\*\*

Trouble is only opportunity in work clothes.

Henry J. Kaiser

\*\*\*

You create your opportunities by asking for them.

Patty Hansen

\*\*\*

I studied the lives of great men and famous women, and I found that the men and women who got to the top were those who did the jobs they had in hand, with everything they had of energy and enthusiasm and hard work.

Harry Truman

\*\*\*

Striving for excellence motivates you; striving for perfection is demoralizing.

Harriet Braiker

\*\*\*

A single idea  
the sudden flash of a thought  
may be worth a million dollars.

Robert Collier

\*\*\*

If you can do a half-assed job of anything, you're a one-eyed man in a kingdom of the blind.

Kurt Vonnegut, Jr.

\*\*\*

Pleasure in the job puts perfection in the work.

Aristotle

\*\*\*

Nobody motivates today's workers. If it doesn't come from within, it doesn't come. Fun helps remove the barriers that allow people to motivate themselves.

Herman Cain

\*\*\*

The most practical, beautiful, workable philosophy in the world won't work if you won't.

Zig Ziglar

\*\*\*

Results come in proportion to enthusiasm applied.

David Schwartz

\*\*\*

It is no use saying, 'We are doing our best.' You have got to succeed in doing what is necessary.

Winston Churchill

\*\*\*

It is amazing how much people can get done if they do not worry about who gets the credit.

Sandra Swinney

\*\*\*

Try not to become a man of success, but rather try to become a man of value.

Albert Einstein

\*\*\*

I learned that the only way you are going to get anywhere in life is to work hard at it. Whether you're a musician, a writer, an athlete or a businessman, there is no getting around it. If you do, you'll win--if you don't, you won't.

Bruce Jenner

\*\*\*

If you don't invest very much, then defeat doesn't hurt very much and winning is not very exciting.

Dick Vermeil

\*\*\*

We are all faced with a series of great opportunities brilliantly disguised as impossible situations.

Charles R. Swindoll

\*\*\*

You win some, you lose some, and some get rained out, but you gotta suit up for them all.

J. Askenberg

\*\*\*

If your actions inspire others to dream more, learn more, do more and become more, you are a leader.

John Quincy Adams

\*\*\*

He who has never learned to obey cannot be a good commander.

Aristotle

\*\*\*

We are all motivated by a keen desire for praise, and the better a man is, the more he is inspired to glory.

Cicero

\*\*\*

Every man, as to character, is the creature of the age in which he lives. Very few are able to raise themselves above the ideas of their times.

Voltaire

\*\*\*

The way to gain a good reputation, is to endeavor to be what you desire to appear.

Socrates

\*\*\*

Most successful men have not achieved their distinction by having some new talent or opportunity presented to them. They have developed the opportunity that was at hand.

Bruce Barton

\*\*\*

The ladder of success is best climbed by stepping on the rungs of opportunity.

Ayn Rand

\*\*\*

The whole world loves to watch those who make things happen, and it rewards them for causing waves of productive enterprise.

John Rohn

\*\*\*

The true test of character is not how much we know how to do, but how we behave when we don't know what to do.

John Holt

\*\*\*

The greater the loyalty of a group toward the group, the greater is the motivation among the members to achieve the goals of the group, and the greater the probability that the group will achieve its goals.

Rensis Likert

\*\*\*

You can't change people but you can effect a change in them by your behaviour.

Garrison Wynn

\*\*\*

Sooner or later lazy people work harder. Half jobs produce half results.

Destin



\*\*\*

Do more than dream. Work.

William Arthur Ward

\*\*\*

Blessed are the flexible, for they shall not be bent out of shape.

Anonymous

\*\*\*

Shun no toil to make yourself remarkable by some talent or other; yet do not devote yourself to one branch exclusively. Strive to get clear notions about all.

Give up no science entirely; for science is but one.

Seneca

\*\*\*

It is not the hours we put in on the job, it is what we put into the hours that counts.

Sidney Madwed

\*\*\*

Why is it we never seem to have enough time to do it right but we always have enough time to do it again?

Garrison Wynn

\*\*\*

Work spares us from three evils: boredom, vice, and need.

Voltaire

\*\*\*

Long-term success is the result of relationships built on a foundation of trust. People get more value from those they trust.

Garrison Wynn

\*\*\*

Do not be desirous of having things done quickly. Do not look at small advantages. Desire to have things done quickly prevents their being done thoroughly. Looking at small advantages prevents great affairs from being accomplished.

Confucius

\*\*\*

Take hold of the future or the future will take hold of you

Be futurewise.

Patrick Dixon

\*\*\*

The smartest people in the world are not in charge, they work for the action takers.

Garrison Wynn

\*\*\*

The artist is nothing without the gift, but the gift is nothing without work.

Emile Zola

\*\*\*

If you wish to be out front then act as if you were behind.

Lao-Tzu

\*\*\*

Most of us forget the basics and wonder why the specifics don't work.

Garrison Wynn

\*\*\*

\*\*\*

What we love we shall grow to resemble.

Bernard of Clairvaux

\*\*\*

Every really new idea looks crazy at first.

Abraham H. Maslow

\*\*\*

Making the simple complicated is commonplace; making the complicated simple, awesomely simple, that's creative.

Charles Mingus

\*\*\*

Be faithful in small things because it is in them that your strength lies.

Mother Teresa

\*\*\*

I live in the present. I only remember the past, and anticipate the future.

Henry David Thoreau

\*\*\*

We don't see things as they are, we see them as we are.

Anais Nin

\*\*\*

There are two ways of exerting one's strength: one is pushing down, the other is pulling up.

Booker T. Washington

\*\*\*

There are no extra pieces in the universe. Everyone is here because he or she has a place to fill, and every piece must fit itself into the big jigsaw puzzle.

Deepak Chopra

\*\*\*

Don't judge each day by the harvest you reap, but by the seeds you plant.

Robert Louis Stevenson

\*\*\*

The true voyage of discovery consists not of seeking new landscapes, but having new eyes.

Proust

\*\*\*

Face your deficiencies and acknowledge them; but do not let them master you. Let them teach you patience, sweetness, insight.

Helen Keller

\*\*\*

If you look to others for fulfilment, you will never be fulfilled. If your happiness depends on money, you will never be happy with yourself. Be content with what you have; rejoice in the way things are. When you realize there is nothing lacking, the world belongs to you.

Lao Tzu

\*\*\*

Strange is our situation here upon earth. Each of us comes for a short visit, not knowing why, yet sometimes seeming to divine a purpose. From the standpoint of daily life, however, there is one thing we do know that man is here for the sake of other men.

Albert Einstein

\*\*\*

Life is no 'brief candle' to me. It is a sort of splendid torch which I've got to hold up for the moment, and I want to make it burn as brightly as possible before handing it on to future generations.

George Bernard Shaw

\*\*\*

I know of no more encouraging fact than the unquestionable ability of man to elevate his life by conscious endeavor.

Henry David Thoreau

\*\*\*

Our principles are the springs of our actions. Our actions, the springs of our

happiness or misery. Too much care, therefore, cannot be taken in forming our principles.

Red Skeleton

\*\*\*

I come to the office each morning and stay for long hours doing what has to be done to the best of my ability. And when you've done the best you can you can't do any better.

Harry S. Truman

\*\*\*

The history of free men is never really written by chance but by choice; their choice!

Dwight Eisenhower

\*\*\*

As we express our gratitude, we must not forget that the highest appreciation is not to utter words, but to live by them.

John Fitzgerald Kennedy

\*\*\*

The greatest danger for most of us is not that our aim is too high and we miss it, but that it is too low and we reach it.

Michelangelo

\*\*\*

It's always fun to do the impossible.

Walt Disney

\*\*\*

When I look into the future, it's so bright it burns my eyes.

Oprah Winfrey

\*\*\*

I do not think there is any other quality so essential to success of any kind as the quality of perseverance. It overcomes almost everything, even nature.

John D. Rockefeller

\*\*\*

It is one of the most beautiful compensations of this life that no man can sincerely try to help another without helping himself.

Ralph Waldo Emerson

\*\*\*

Always bear in mind, that your own resolution to succeed is more important than any other thing.

Abraham Lincoln

\*\*\*

One's dignity may be assaulted, vandalized and cruelly mocked, but cannot be taken away unless it is surrendered.

Michael J. Fox

\*\*\*

The best way to find yourself is to lose yourself in the service of others.

Mahatma Gandhi

\*\*\*

Let no man turn aside, ever so slightly, from the broad path of honour, on the plausible pretence that he is justified by the goodness of his end. All good ends can be worked out by good means.

Charles Dickens

\*\*\*

Few will have the greatness to bend history itself, but each one of us can work to change a small portion of events, and in the total of all those acts will be written the history of this generation.

Robert F. Kennedy

\*\*\*

I never could have done what I have done without the habits of punctuality, order, and diligence, without the determination to concentrate myself on one subject at a time.

Charles Dickens

\*\*\*

To do the useful thing, to say the courageous thing, to contemplate the beautiful thing: that is enough for one man's life.

T. S. Eliot

\*\*\*

PASSION

The consciousness of loving and being loved brings a warmth and richness to life that nothing else can bring.

Oscar Wilde

\*\*\*

I have found that the greatest help in meeting any problem with decency and self-respect and whatever courage is demanded, is to know where you yourself stand. That is, to have in words what you believe and are acting from.

William Faulkner

\*\*\*

The question isn't at what age I want to retire, it's at what income.

George Foreman

\*\*\*

Keep away from people who try to belittle your ambitions. Small people always do that, but the really great make you feel that you, too, can become great.

Mark Twain

\*\*\*

No matter what you've done for yourself or for humanity, if you can't look back on having given love and attention to your own family, what have you really accomplished?

Lee Iacocca

\*\*\*

We confide in our strength, without boasting of it; we respect that of others, without fearing it.

Thomas Jefferson

\*\*\*

Class is an aura of confidence that is being sure without being cocky. Class has nothing to do with money. Class never runs scared. It is self-discipline and self-knowledge. It's the sure footedness that comes with having proved you can meet life.

Ann Landers

\*\*\*

Life is an opportunity, benefit from it. Life is a beauty, admire it. Life is a dream, realize it. Life is a challenge, meet it. Life is a duty, complete it. Life is a game, play it. Life is a promise, fulfil it. Life is sorrow, overcome it. Life is a song, sing it. Life is a struggle, accept it. Life is a tragedy, confront it. Life is an adventure, dare it. Life is luck, make it. Life is life, fight for it!

Mother Teresa

\*\*\*

Anyone who stops learning is old, whether at twenty or eighty. Anyone who keeps learning stays young. The greatest thing in life is to keep your mind young.

Henry Ford

\*\*\*

Remember, if you ever need a helping hand, you'll find one at the end of

your arm ... As you grow older you will discover that you have two hands. One  
for helping yourself, the other for helping others.

Audrey Hepburn

\*\*\*

You do not merely want to be considered just the best of the best. You want  
to be considered the only one who does what you do.

Jerry Garcia

\*\*\*

Happiness lies in the joy of achievement and the thrill of creative effort.

Franklin D. Roosevelt

\*\*\*

The best way to find your-self is to lose yourself in the service of others.

Mahatma Gandhi

\*\*\*

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without fearing it.

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\*\*\*

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your arm ... As you grow older you will discover that you have two hands. One  
for helping yourself, the other for helping others.

Audrey Hepburn

\*\*\*

Be who you are and say what you feel, because those who mind don't matter  
and those who matter don't mind.

Dr. Seuss

\*\*\*

He who has a why to live for can bear almost any how.

Friedrich Nietzsche

\*\*\*

The first step to becoming is to will it.

Mother Teresa

\*\*\*

While we may not be able to control all that happens to us, we can control  
what happens inside us.

Benjamin Franklin

\*\*\*

To be what we are, and to become what we are capable of becoming, is the  
only end in life.

Robert Louis Stevenson

\*\*\*

You must be the change you wish to see in the world.

Mahatma Gandhi

\*\*\*

Do not be too timid and squeamish about your actions. All life is an  
experiment.

Ralph Waldo Emerson

\*\*\*

You can do what you think you can do and you cannot do what you think you  
cannot do.

Ben Stein

\*\*\*

You may get skinned knees and elbows, but it's worth it if you score a  
spectacular goal.

Mia Hamm

\*\*\*

Opportunity is missed by most people because it is dressed in overalls and  
looks like work.

Thomas A. Edison

\*\*\*

We must accept finite disappointment, but never lose infinite hope.

Martin Luther King, Jr.

\*\*\*

If you want the rainbow, you've got to put up with the rain.

Jimmy Durante

\*\*\*

Strength does not come from winning. Your struggles develop your  
strengths. When you go through hardships and decide not to surrender, that is  
strength.

Arnold Schwarzenegger

\*\*\*

The one without dreams is the one without wings.

Muhammad Ali

\*\*\*



Truth is like the sun. You can shut it out for a time, but it's not going to go away.

Elvis Presley

\*\*\*

The farther backward you can look, the farther forward you are likely to see.

Winston Churchill

\*\*\*

You have to leave the city of your comfort and go into the wilderness of your intuition. What you'll discover will be wonderful. What you'll discover is yourself.

Alan Alda

\*\*\*

For here we are not afraid to follow the truth wherever it may lead...

Thomas Jefferson

\*\*\*

Wrong is wrong, no matter who does it or who says it.

Malcolm X

\*\*\*

Honesty is the first chapter in the book of wisdom.

Thomas Jefferson

\*\*\*

The most rewarding things you do in life are often the ones that look like they cannot be done.

Arnold Palmer

\*\*\*

Unswerving loyalty to duty, constant devotion to truth, and a clear conscience will overcome every discouragement and surely lead the way to usefulness and high achievement.

Grover Cleveland

\*\*\*

Wisdom is a shelter as money is a shelter, but the advantage of knowledge is this: that wisdom preserves the life of its possessor.

King Solomon

\*\*\*

All glory comes from daring to begin.

William Shakespeare

\*\*\*

If you don't like something, change it. If you can't change it, change your attitude. Don't complain.

Maya Angelou

\*\*\*

To keep our faces toward change, and behave like free spirits in the presence of fate, is strength undefeatable.

Helen Keller

\*\*\*

When you say that you agree to a thing in principle you mean that you have not the slightest intention of carrying it out in practice.

Otto von Bismarck

\*\*\*

The question is not whether we will be extremists, but what kind of extremists we will be...The nation and the world are in dire need of creative extremists.

Martin Luther King Jr.

\*\*\*

Man's real life is happy, chiefly because he is ever expecting that it soon will be so.

Edgar Allan Poe

\*\*\*

Force always attracts men of low morality, and I believe it to be an invariable rule that tyrants of genius are succeeded by scoundrels.

Albert Einstein

\*\*\*

The moment of victory is much too short to live for that and nothing else.

Martina Navratilova

\*\*\*

I have yet to find the man, however exalted his station, who did not do better work and put forth greater effort under a spirit of approval than under a spirit of criticism. Charles Schwab

\*\*\*

I'm a great believer in luck, and I find the harder I work the more I have of it.

Thomas Jefferson

\*\*\*

We are continually faced by great opportunities brilliantly disguised as  
insoluble problems. Lee Iococca

\*\*\*

Our bodies are our gardens... our wills are gardeners.  
William Shakespeare

\*\*\*

Your children need your presence more than your presents.  
Jesse Jackson

\*\*\*

The only place where success comes before work is in the dictionary. Vidal  
Sassoon

\*\*\*

Getting your house in order and reducing the confusion gives you more  
control over your life. Personal organization somehow releases or frees you to  
operate more effectively.

Larry King

\*\*\*

We are creatures of habit, and we do what we know how to do. And if  
you're gonna change the momentum in your life, then something dramatic has to  
happen to get you to change that.

Dr. Phil McGraw

\*\*\*

The marble not yet carved can hold the form of every thought the greatest  
artist has.

Michelangelo

\*\*\*

If opportunity doesn't knock, build a door.

Milton Berle

\*\*\*

The thing always happens that you really believe in; and the belief in thing  
makes it happen.

Frank Lloyd Wright

\*\*\*

Remember, we learn nothing by speaking.

St. Francis of Assisi

\*\*\*

Familiarize yourself with the chains of bondage and you prepare your own

limbs to wear them. Accustomed to trample on the rights of others, you have lost the genius of your own independence and become the fit subjects of the first cunning tyrant who rises among you.

Abraham Lincoln

\*\*\*

The first step to becoming is to will it.

Mother Teresa

\*\*\*

Without discipline, there's no life at all.

Katharine Hepburn

\*\*\*

Tomorrow hopes we have learned something from yesterday.

John Wayne

\*\*\*

Imagination is more important than knowledge.

Albert Einstein

\*\*\*

We should not let our fears hold us back from pursuing our hopes.

John F. Kennedy

\*\*\*

To be a winner, you have to think like a winner!

Donald Trump

\*\*\*

Children's talent to endure stems from their ignorance of alternatives.

Maya Angelou

\*\*\*

The future belongs to those who believe in the beauty of their dreams.

Eleanor Roosevelt

\*\*\*

When you are kind to someone, you hope they'll remember and be kind to someone else and it will become like wildfire.

Whoopi Goldberg

\*\*\*

One of the annoying things about believing in free will and individual responsibility is the difficulty of finding somebody to blame your problems on. And when you do find somebody, it's remarkable how often his picture turns up on your driver's license.

P. J. O'Rourke

\*\*\*

I dream my painting and then paint my dream.

Vincent Van Gogh

\*\*\*

The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy.

Martin Luther King, Jr.

\*\*\*

Out of clutter, find simplicity. Albert Einstein

\*\*\*

The farther backward you can look, the farther forward you are likely to see.

Winston Churchill

\*\*\*

I am not discouraged, because every wrong attempt discarded is another step forward.

Thomas A. Edison I did the best I could at the time and when I knew better, I did better. Maya Anjelou

\*\*\*

It takes a lot of courage to show your dreams to someone else.

Erma Bombeck

\*\*\*

Determine never to be idle. No person will have occasion to complain of the want of time who never loses any. It is wonderful how much can be done if we are always doing.

Thomas Jefferson

\*\*\*

A man is rich in proportion to the number of things he can afford to let alone.

Henry David Thoreau

\*\*\*

Originality and the feeling of one's own dignity are achieved only through work and struggle.

Fyodor Dostoyevsky

\*\*\*

I am always doing that which I cannot do, in order that I may learn how to do it.

Pablo Picasso

\*\*\*

The mind is the limit. As long as the mind can envision the fact that you can do something, you can do it – as long as you really believe a 100 percent.

Arnold Schwarzenegger

\*\*\*

I find television very educational. Every time someone switches it on I go into another room and read a good book.

Groucho Marx

\*\*\*

I don't know the key to success, but the key to failure is to try please everyone.

Bill Cosby

\*\*\*

There are no secrets to success. It is the result of preparation, hard work, and learning from failure.

Colin Powell

\*\*\*

In the long run, we shape our lives, and we shape ourselves. The process never ends until we die. And the choices we make are ultimately our responsibility.

Eleanor Roosevelt

\*\*\*

Nothing is particularly hard if you divide it into small jobs.

Henry Ford

\*\*\*

To be nobody but yourself in a world which is doing its best, night and day, to make you somebody else means to fight the hardest battle which any human being can fight; and never stop fighting.

e.e. cummings

\*\*\*

The future belongs to those who believe in the beauty of their dreams.

Eleanor Roosevelt

\*\*\*

You don't just luck into things . . . You build step by step, whether it's

friendships or opportunities.

Barbara Bush

\*\*\*

Without discipline, there's no life at all.

Katharine Hepburn

\*\*\*

There is no man living who isn't capable of doing more than he thinks he can do.

Henry Ford

\*\*\*

Tomorrow hopes we have learned something from yesterday.

John Wayne

\*\*\*

As every divided kingdom falls, so every mind divided between many studies confounds and saps itself.

Leonardo da Vinci

\*\*\*

Be happy in the moment, that's enough. Each moment is all we need, not more.

Mother Teresa

\*\*\*

You feel alive to the degree that you can help.

John Travolta

\*\*\*

When I examine myself and my methods of thought, I come to the conclusion that the gift of fantasy has meant more to me than my talent for absorbing positive knowledge.

Albert Einstein

\*\*\*

Knowledge rests not upon truth alone, but upon error also.

Carl Jung

\*\*\*

Life is my college. May I graduate well, and earn some honors.

Louisa May Alcott

\*\*\*

Believe in yourself. You gain strength, courage, and confidence by every experience in which you stop to look fear in the face. You must do that which

you think you cannot do.  
Eleanor Roosevelt

\*\*\*

Tact is the ability to describe others as they see themselves.  
Abraham Lincoln

\*\*\*

The ultimate measure of a man is not where he stands in moments of  
comfort and convenience, but where he stands at times of challenge and  
controversy.

Martin Luther King Jr.

\*\*\*

Let my name stand among those who are willing to bear ridicule and  
reproach for the truth's sake, and so earn some right to rejoice when the victory  
is won.

Louisa May Alcott

\*\*\*

Everyone thinks of changing the world, but no one thinks of changing  
himself.

Leo Tolstoy

\*\*\*

I think of a hero as someone who understands the degree of responsibility  
that comes with his freedom.

Bob Dylan

\*\*\*

Always remember, others may hate you, but those who hate you don't win  
unless you hate the man then you destroy yourself.

Richard M. Nixon

\*\*\*

An investment in knowledge always pays the best interest.

Benjamin Franklin

\*\*\*

In any moment of decision, the best thing you can do is the right thing. The  
worst thing you can do is nothing.

Theodore Roosevelt

\*\*\*

You can fool some of the people some of the time and all of the people  
some of the time, but you can't fool all of the people all of the time. Abraham



Lincoln

\*\*\*

If you think you can, or you think you can't, you're right!

Henry Ford

\*\*\*

It is better to believe than to disbelieve, in so doing you bring everything to  
the realm of possibility.

Albert Einstein

\*\*\*

It is better to believe than to disbelieve, in so doing you bring everything to  
the realm of possibility.

Albert Einstein

\*\*\*

The man who goes alone can start today; but he who travels with another  
must wait until the other person is ready. – Henry James Thoreau

\*\*\*

The dog that fetches will also carry. (Translation: If someone reveals  
another's secrets to you, the same person will reveal your secrets to the world.)

Latin proverb

\*\*\*

Do or do not. There is no try.

Yoda

\*\*\*

Timing is everything. There is a tide in the affairs of men which when taken  
at the flood leads on to fortune.

William Shakespeare

\*\*\*

The definition of insanity is doing the same thing over and over and over  
and over again, but expecting a different result.

Albert Einstein

\*\*\*

We are all in the gutter, but some of us are looking at the stars.

Oscar Wilde

\*\*\*

I've met a lot of leaders in the Army who were very competent--but they  
didn't have character. And for every job they did well, they sought reward in  
the form of promotions, in the form of awards and decorations, in the form of

getting ahead at the expense of someone else, in the form of another piece of paper that awarded them another degree—a sure road to the top. You see, these were competent people, but they lacked character. I've also met a lot of leaders who had superb character but who lacked competence. They weren't willing to pay the price of leadership, to go the extra mile because that's what it took to be a great leader. And that's sort of what it's all about. To lead in the 21st century, to take soldiers, sailors, airmen into battle--you will be required to have both character and competence.

Norman Schwarzkopf

\*\*\*

Honesty is the first chapter in the book of wisdom.

Thomas Jefferson

\*\*\*

For any student of history, change is the law of life. Any attempt to contain it guarantees an explosion down the road; the more rigid the adherence to the status quo, the more violent the ultimate outcome will be.

Henry Kissinger

\*\*\*

True silence is the rest of the mind, it is to the spirit what sleep is to the body, nourishment and refreshment.

William Penn

\*\*\*

Our dreams and goals are never completely realized. They are always there before our eyes, but always just slightly out of reach. And so, as we strive to fulfil our vision, we must make the most of every living moment.

Jacqueline Onassis

\*\*\*

There is no security on this earth, only opportunity.

General Douglas McArthur

\*\*\*

One day Alice came to a fork in the road and saw a Cheshire cat in a tree. 'Which road do I take?' she asked. His response was a question: 'Where do you want to go?' 'I don't know,' Alice answered. 'Then,' said the cat, 'it doesn't matter.'

Lewis Carroll

\*\*\*

In a conversation, keep in mind that you're more interested in what you have

to say than anyone else is.

Andy Rooney

\*\*\*

Follow the crowd and you will never be followed by the crowd.

Marilyn Manson

\*\*\*

Sometimes one pays most for the things one gets for nothing.

Albert Einstein

\*\*\*

When one door closes, another opens. But we often look so regretfully upon the closed door that we don't see the one that has opened for us.

Alexander Graham Bell

\*\*\*

After witnessing the power of the force, Luke Skywalker exclaimed, "I don't believe it!" His Jedi mentor responded... That is why you fail.

The Empire Strikes Back

\*\*\*

If people are going to solve their problems, the first thing they've got to do is get honest. If somebody comes to me and says, 'How do I get to Chicago?' my first question's going to be, 'Well, where are you?'

Dr. Phil McGraw

\*\*\*

A man should never be ashamed to own he has been in the wrong, which is but saying, in other words, that he is wiser today than he was yesterday.

Alexander Pope

\*\*\*

What we do to impress others are the very things others find most annoying.

Burke Franklin

\*\*\*

Eighty percent of success is showing up.

Woody Allen

\*\*\*

When you make the finding yourself -- even if you're the last person on Earth to see the light -- you'll never forget it. Carl Sagan

\*\*\*

How do I love thee? Let me count the ways.

Elizabeth Barrett Browning

\*\*\*

You cannot teach a man anything; you can only help him find it within himself.

Galileo

\*\*\*

Nothing happens to us that we are not fitted by nature to bear.

Marcus Aurelius

\*\*\*

I like a man who grins when he fights. Winston Churchill The big lesson of life is never be scared of anyone or anything. Fear is the enemy of logic.

Frank Sinatra

\*\*\*

Nature gives you the face you have when you are twenty. Life shapes the face you have at thirty. But it is up to you to earn the face you have at fifty.

Coco Gabrielle Chanel

\*\*\*

Arm yourselves, and be ye men of valour, and be in readiness for the conflict; for it is better for us to perish in battle than to look upon the outrage of our nation and our altar.

Sir Winston Churchill

\*\*\*

The supreme quality for a leader is unquestionably integrity.

Dwight D. Eisenhower

\*\*\*

If you have knowledge, let others light their candles with it.

Winston Churchill

\*\*\*

The way I see it, if you want the rainbow, you gotta put up with the rain.

Dolly Parton

\*\*\*

One never notices what has been done; one can only see what remains to be done.

Marie Curie

\*\*\*

It is the ability to choose which makes us human.

Madeleine L'Engle

\*\*\*

Security is mostly a superstition. It does not exist in nature, nor do the children of men as a whole experience it. Avoiding danger is no safer in the long run than outright exposure. Life is either a daring adventure or nothing.

Helen Keller

\*\*\*

Creative minds have always been known to survive any kind of bad training. – Sigmund Freud

\*\*\*

Genius is eternal patience.

Michelangelo

\*\*\*

Nothing is more simple than greatness; indeed, to be simple is to be great.

Ralph Waldo Emerson

\*\*\*

To talk well and eloquently is a very great art, but that an equally great one is to know the right moment to stop.

Wolfgang Amadeus Mozart

\*\*\*

One of the things I learned the hard way was that it doesn't pay to get discouraged. Keeping busy and making optimism a way of life can restore your faith in yourself.

Lucille Ball

\*\*\*

We have all a better guide in ourselves, if we would attend to it, than any other person can be.

Jane Austen I believe that freedom is the deepest need of every human soul.

George W. Bush

\*\*\*

Injustice anywhere is a threat to justice everywhere.

Martin Luther King Jr.

\*\*\*

...The only thing we have to fear is fear itself  
nameless, unreasoning, unjustified terror which paralyzes needed efforts to  
convert retreat into advance.

Franklin D. Roosevelt

\*\*\*

Silence is golden when you can't think of a good answer.

Muhammad Ali

\*\*\*

I hope you become comfortable with the use of logic without being  
deceived into concluding that logic will inevitably lead you to the correct  
conclusion.

Neil Armstrong

\*\*\*

Knowledge is power.

Sir Francis Bacon

\*\*\*

The reward for conformity was that everyone liked you except yourself.

Rita Mae Brown

\*\*\*

Don't confuse being 'soft' with seeing the other guy's point of view.

George Bush

\*\*\*

I don't have hobbies; hobbies cost money. Interests are quite free.

George Carlin

\*\*\*

Facts are the enemy of truth.

Miguel de Cervantes

\*\*\*

The world knows of Rosa Parks because of a single, simple act of dignity  
and courage that struck a lethal blow to the foundations of legal bigotry.

Bill Clinton

\*\*\*

The actual tragedies of life bear no relation to one's preconceived ideas. In  
the event, one is always bewildered by their simplicity, their grandeur of  
design, and by that element of the bizarre which seems inherent in them.

Jean Cocteau

\*\*\*

There are nights when the wolves are silent and only the moon howls.

George Carlin

\*\*\*

How much money is enough? Just a little more than you have.

John D. Rockefeller

\*\*\*

Freedom is the right to question and change the established way of doing things.

Ronald Reagan

\*\*\*

It is much easier at all times to prevent an evil than to rectify mistakes.

George Washington

\*\*\*

#### AFFIRMATION

That which does not kill me makes me stronger.

Friedrich Nietzsche

\*\*\*

If you live long enough, you'll make mistakes. But if you learn from them, you'll be a better person.

Bill Clinton

\*\*\*

Life is too short to blend in.

Paris Hilton

\*\*\*

Nothing is permanent but change.

Heraclitus

\*\*\*

We all have to take defeats in life.

Muhammad Ali

\*\*\*

I'd rather regret the things I have done than the things that I haven't.

Lucille Ball

\*\*\*

We must live for the few who know and appreciate us, who judge and absolve us, and for whom we have the same affection and indulgence. The rest I look upon as a mere crowd...from whom there is nothing to be expected but fleeting emotions.

Sarah Bernhardt

\*\*\*

A mode of conduct, a standard of courage, discipline, fortitude and integrity can do a great deal to make a woman beautiful.

Jacqueline Bisset

\*\*\*

A truth that's told with bad intent beats all the lies you can invent.

William Blake

\*\*\*

To err is human, but it feels divine.

Mae West

\*\*\*

You build on failure. You use it as a stepping stone. Close the door on the past. You don't try to forget the mistakes, but you don't dwell on it. You don't let it have.

Johnny Cash

\*\*\*

All criticism is opposition. All opposition is counter-revolutionary.

Fidel Castro

\*\*\*

And after all, what is a lie? 'T is but The truth in masquerade.

Lord George Gordon Byron

\*\*\*

A man who doesn't dream is like a man who doesn't sweat: he stores up a lot of poison.

Truman Capote

\*\*\*

I feel my belief in sacrifice and struggle getting stronger. I despise the kind of existence that clings to the miserly trifles of comfort and self-interest. I think that a man should not live beyond the age when he begins to deteriorate, when the flame that lighted the brightest moment of his life has weakened.

Fidel Castro

\*\*\*

Nothing in life is to be feared, it is only to be understood. Now is the time to understand more, so that we may fear less.

Marie Curie

\*\*\*

I think I can, I think I can.

The Little Engine That Could

\*\*\*

What this power is I cannot say; all I know is that it exists and it becomes available only when a man is in that state of mind in which he knows exactly what he wants and is fully determined not to quit until he finds it.



Alexander Graham Bell

\*\*\*

The difference between the impossible and the possible lies in a person's determination.

Tommy Lasorda

\*\*\*

The three great essentials to achieving anything worthwhile are; first, hard work, second, stick-to-it-iveness, and third, common sense.

Thomas Edison

\*\*\*

You can do what you have to do, and sometimes you can do it even better than you think you can.

Jimmy Carter

\*\*\*

Possession of the ball is the key to winning in football, basketball, and the game of life.

Laing Burns, Jr.

\*\*\*

Even if you are on the right track, you'll get run over if you just sit there!

Will Rogers

\*\*\*

I hear and I forget. I see and I remember. I do and I understand.

Confucius

\*\*\*

Far better it is to dare mighty things, to win glorious triumphs, even though checkered by failure, than to take rank with those poor souls who neither enjoy much nor suffer much, because they live in the gray twilight that knows neither victory nor defeat.

Theodore Roosevelt

\*\*\*

Obstacles don't have to stop you. If you run into a wall, don't turn around and give up. Figure out how to climb it, go through it, or work around it.

Michael Jordan

\*\*\*

Somehow I can't believe that there are any heights that can't be scaled by a man who knows the secrets of making dreams come true. This special secret curiosity, confidence, courage, and constancy, and the greatest of all is

confidence. When you believe in a thing, believe in it all the way, implicitly  
and unquestionable.

Walt Disney

\*\*\*

Without self-confidence we are as babes in the cradles. And how can we  
generate this imponderable quality, which is yet so invaluable most quickly? By  
thinking that other people are inferior to oneself.

Virginia Woolf

\*\*\*

Where the willingness is great, the difficulties cannot be great.

Machiavelli

\*\*\*

Consult not your fears but your hopes and your dreams. Think not about  
your frustrations, but about your unfulfilled potential. Concern yourself not with  
what you tried and failed in, but with what it is still possible for you to do.

Pope John XXIII

\*\*\*

Our greatest weakness lies in giving up. The most certain way to succeed is  
always to try just one more time.

Thomas Alva Edison

\*\*\*

Are you bored with life? Then throw yourself into some work you believe  
in with all your heart, live for it, die for it, and you will find happiness that you  
had thought could never be yours.

Audrey Hepburn

\*\*\*

We understand why children are afraid of the darkness, but why are men  
afraid of the light?

Plato

\*\*\*

Diligence is the mother of good luck.

Benjamin Franklin

\*\*\*

Adventure is worthwhile in itself.

Amelia Earhart

\*\*\*

Don't stay in bed... unless you can make money in bed.

George Burns

\*\*\*

We are still masters of our fate. We are still captains of our souls.

Winston Churchill

\*\*\*

I've missed more than 9000 shots in my career. I've lost almost 300 games. 26 times, I've been trusted to take the game winning shot and missed. I've failed over and over again in my life. And that is why I succeed.

Michael Jordan

\*\*\*

The art of getting someone else to do something you want done because he wants to do it.

Dwight D. Eisenhower

\*\*\*

The ultimate measure of a man is not where he stands in moments of comfort, but where he stands at times of challenge and controversy.

Martin Luther King, Jr.

\*\*\*

Character and personal force are the only investments that are worth anything.

Walt Whitman

\*\*\*

Our doubts are traitors, and make us lose the good we oft might win, by fearing to attempt.

William Shakespeare

\*\*\*

Little minds are tamed and subdued by misfortunes; but great minds rise above them.

Washington Irving

\*\*\*

It is only through work and strife that either nation or individual moves on to greatness. The great man is always the man of mighty effort, and usually the man whom grinding need has trained to mighty effort.

Theodore Roosevelt

\*\*\*

Inaction saps the vigor of the mind.

Leonardo da Vinci

\*\*\*

Let us all take more responsibility, not only for ourselves and our families  
but for our communities and our country.

Bill Clinton

\*\*\*

You must accept that you might fail; then, if you do your best and still don't  
win, at least you can be satisfied that you've tried. If you don't accept failure as  
a possibility, you don't set high goals, you don't branch out, you don't try – you  
don't take the risk.

Rosalyn Carter

\*\*\*

Hide not your talents, they for use were made. What's a sundial in the  
shade?

Benjamin Franklin

\*\*\*

Determine never to be idle. No person will have occasion to complain of  
the want of time who never loses any. It is wonderful how much may be done if  
we are always doing.

Thomas Jefferson

\*\*\*

In matters of style, swim with the current; in matters of principle, stand like  
a rock.

Thomas Jefferson

\*\*\*

The way to get started is to quit talking and begin doing.

Walt Disney

\*\*\*

If you hear a voice within you say you cannot paint, then by all means paint,  
and that voice will be silenced.

Vincent Van Gogh

\*\*\*

I find myself born into this particular position. I'm determined to make the  
most of it. And to do whatever I can to help. And I hope I leave things behind a  
little bit better than I found them.

Prince Charles

\*\*\*

In life as in a football game, the principle to follow is: Hit the line hard.

Theodore Roosevelt

\*\*\*

In three words I can sum up everything I've learned about life: It goes on.

Robert Frost

\*\*\*

INSPIRATIONAL

Let him that would move the world, first move himself.

Socrates

\*\*\*

Do not wait; the time will never be ‘just right’. Start where you stand, and work with whatever tools you may have at your command, and better tools will be found as you go along.

Napoleon Hill

\*\*\*

Life is ours to be spent, not to be saved.

D. H. Lawrence

\*\*\*

The only limits to the possibilities in your life tomorrow are ‘the buts’ you use today.

Les Brown

\*\*\*

All of us need to grow continuously in our lives.

Les Brown

\*\*\*

Within your heart, keep one still, secret spot where dreams may go.

Louise Driscoll

\*\*\*

Every winner has scars.

Herbert N. Casson

\*\*\*

Chase your passion, not your pension.

Denis Waitley

\*\*\*

I have always been delighted at the prospect of a new day, a fresh try, one more start, with perhaps a bit of magic waiting somewhere behind the morning.

J.B. Priestly

\*\*\*

Entrepreneurship is a state of mind, a can do attitude, a capacity to focus on a vision and work toward it.

Barry Rogstad

\*\*\*

Freedom is actually a bigger game than power. Power is about what you can control. Freedom is about what you can unleash.

Harriet Rubin

\*\*\*

Enter every activity without giving mental recognition to the possibility of defeat. Concentrate on your strengths, instead of your weaknesses...on your powers, instead of your problems.

Paul J. Meyer

\*\*\*

Nothing carries more potential for change than individual acts of human kindness.

Jamie Winship

\*\*\*

Life is no 'brief candle' to me. It is a sort of splendid torch which I've got to hold up for the moment, and I want to make it burn as brightly as possible before handing it on to future generations.

George Bernard Shaw

\*\*\*

As we express our gratitude, we must not forget that the highest appreciation is not to utter words, but to live by them.

John Fitzgerald Kennedy

\*\*\*

In imagination, there's no limitation.

Mark Victor Hansen

\*\*\*

When a man begins to understand himself he begins to live. When he begins to live he begins to understand his fellow men.

Norvin McGranahan

\*\*\*

Seek respect mainly from thyself, for it comes first from within.

Steven H. Coogler

\*\*\*

Let's honor our mistakes by allowing them to teach us. Let's consider our

failings to be gifts, and share them humbly with others. Let the cracks in our perfect facades let in light and air so that new life can grow through them.

Molly Gordon

\*\*\*

Other people's opinion of you does not have to become your reality.

Les Brown

\*\*\*

What life means to us is determined, not so much by what life brings to us as by the attitude we bring to life; not so much by what happens to us as by our reaction to what happens.

Lewis L Dunnington

\*\*\*

It's better to light a candle than to curse the darkness.

Chinese Proverb

\*\*\*

Vision without action is merely a dream. Action without vision just passes the time. Vision with action can change the world.

Joel A. Barker

\*\*\*

We cannot put off living until we're ready. Life is fired at us point blank.

Jose Ortega Y Gasset

\*\*\*

When freedom prevails, the ingenuity and inventiveness of people creates incredible wealth. This is the source of the natural improvement of the human condition.

Brian S. Wesbury

\*\*\*

Courage is not a virtue or value among other personal values like love or fidelity. It is the foundation that underlies and gives reality to all other virtues and personal values.

Rollo May

\*\*\*

There are only two lasting bequests we can give our children... one is roots, the other wings.

Stephen Covey

\*\*\*

There is all the difference in the world between treating people equally and

attempting to make them equal.

F.A. Hayek

\*\*\*

I am free, no matter what rules surround me. If I find them tolerable, I tolerate them; if I find them too obnoxious, I break them. I am free because I know that I alone am morally responsible for everything I do.

Robert A. Heinlein

\*\*\*

A winner is someone who recognizes his God given talents, works his tail off to develop them into skills, and uses these skills to accomplish his goals.

Larry Bird

\*\*\*

Creativity is inventing, experimenting, growing, taking risks, breaking rules, making mistakes, and having fun.

Mary Lou Cook

\*\*\*

To do the useful thing, to say the courageous thing, to contemplate the beautiful thing: that is enough for one man's life.

T. S. Eliot

\*\*\*

Only after we can learn to forgive ourselves can we accept others as they are because we don't feel threatened by anything about them which is better than us.

Stephen Covey

\*\*\*

When asked what single event was most helpful in developing the Theory of Relativity, Albert Einstein replied, 'Figuring out how to think about the problem'.

W. Edwards Deming

\*\*\*

Persons of high self-esteem are not driven to make themselves superior to others; they do not seek to prove their value by measuring themselves against a comparative standard. Their joy is being who they are, not in being better than someone else.

Nathaniel Branden

\*\*\*

To give real service you must add something which cannot be bought or



measured with money, and that is sincerity and integrity.

Donald A. Adams

\*\*\*

If you're never scared or embarrassed or hurt, it means you never take any chances.

Julia Sorel

\*\*\*

Confidence....thrives only on honesty, on honor, on the sacredness of obligations, on faithful protection and on unselfish performance. Without them, it cannot live.

Franklin D. Roosevelt

\*\*\*

The larger the island of knowledge, the longer the shoreline of wonder.

Ralph W. Sockman

\*\*\*

The journey of a thousand miles must begin with a single step.

Lao Tzu

\*\*\*

Life is full of endings, but every ending is a new beginning.

Unknown

\*\*\*

As I grow older, I pay less attention to what men say. I just watch what they do.

Andrew Carnegie

\*\*\*

People with small minds talk about other people. People with average minds talk about events. People with great minds talk about ideas

Anonymous

\*\*\*

To avoid criticism, do nothing, say nothing, be nothing.

Elbert Hubbard

\*\*\*

Life can only be understood backwards...But it must be lived forwards.

Soren Kierkegaard

\*\*\*

Learn to see things as they really are, not as we imagine they are.

Vernon Howard

\*\*\*

A human being feels able and competent only so long as he is permitted to contribute as much as, or more, than he has contributed to him.

Elbert Hubbard

\*\*\*

No matter what age you are, or what your circumstances might be, you are special, and you still have something unique to offer. Your life, because of who you are, has meaning.

Barbara De Angelis

\*\*\*

For everything you have missed, you have gained something else; and for everything you gain, you lose something else.

Ralph Waldo Emerson

\*\*\*

Be more concerned with your character than with your reputation. Your character is what you really are, while your reputation is merely what others think you are.

John Wooden

\*\*\*

In life, as in chess, forethought wins.

Charles Buxton

\*\*\*

A powerful, life changing concept. Well done in every way! As you get clear about your—self, the whole world will become clear around you.

Michael Levine

\*\*\*

The actions of men are the best interpreters of their thoughts.

John Locke

\*\*\*

I've never been poor, only broke. Being poor is a frame of mind. Being broke is only a temporary situation.

Mike Todd

\*\*\*

When we complain, we remain. When we whine, we stay behind. We praise, we raise.

Jim Bakker

\*\*\*

Excellence can be attained if you Care more than others think is wise, Risk more than others think is safe, Dream more than others think is practical, and Expect more than others think is possible.

Unknown

\*\*\*

Situations come to pass, they never come to stay. And when we allow them to pass and disappear into the past like shadows, our vibrant spiritual selves remain, powerful in the present moment. That is the constant, the unchanging, in an ever changing world.

Gail Pursell Elliott

\*\*\*

When written in Chinese, the word crisis is composed of two characters. One represents danger and the other represents opportunity.

John F. Kennedy

\*\*\*

No trumpets sound when the important decisions of our life are made. Destiny is made known silently.

Agnes De Mille

\*\*\*

Hope is the first thing to take some sort of action.

John Armstrong

\*\*\*

Show me the person you honor, for I know better by that the kind of person you are. For you show me what your idea of humanity is.

Thomas Carlyle

\*\*\*

Value is not intrinsic; it is not in things. It is within us; it is the way in which man reacts to the conditions of his environment.

Ludwig von Mises

\*\*\*

Wise people, even though all laws were abolished, would still lead the same life.

Aristophanes

\*\*\*

I learned... that inspiration does not come like a bolt, nor is it kinetic, energetic striving, but it comes into us slowly and quietly and all the time, though we must regularly and every day give it a little chance to start flowing,

prime it with a little solitude and idleness.

Brenda Ueland

\*\*\*

Accept that all of us can be hurt, that all of us can and surely will at times fail. I think we should follow a simple rule: if we can take the worst, take the risk.

Joyce Brothers

\*\*\*

One life stamps and influences another, which in turn stamps and influences another, on and on, until the soul of human experience breathes on in generations we'll never meet.

Mary Kay Blakely

\*\*\*

My interest is in the future because I am going to spend the rest of my life there.

Charles F. Kettering

\*\*\*

You must learn from the mistakes of others. You can't possibly live long enough to make them all yourself.

Sam Levenson

\*\*\*

The past should be a springboard not a hammock.

Irving Ball

\*\*\*

The general tendency of things throughout the world is to render mediocrity the ascendant power among mankind.

John Stuart Mill

\*\*\*

If you're not just a little bit nervous before a match, you probably don't have the expectations of yourself that you should have.

Hale Irwin

\*\*\*

At some point in your life if you're lucky you throw practicality to the wind and start living.

Erma Bombeck

\*\*\*

Twenty years from now you will be more disappointed by the things you

didn't do than by the ones you did. So throw off the bowlines, sail away from the safe harbor, catch the trade winds in your sails. Explore. Dream.

Mark Twain

\*\*\*

Life lived for tomorrow will always be just a day away from being realized.

Unknown

\*\*\*

Good timber does not grow with ease; the stronger the wind, the stronger the trees.

J. Willard Marriott

\*\*\*

When you come right down to it, the ground you stand on is the ground you stand on.

W. Leitzen

\*\*\*

The mind ought sometimes to be diverted, that it may return the better to thinking.

Phaedrus

\*\*\*

The golden opportunity you are seeking is in yourself. It is not in your environment; it is not in luck or chance, or the help of others; it is in yourself alone.

Orison Swett Marden

\*\*\*

The unexamined life is not worth living.

Socrates

\*\*\*

It is in your moments of decision that your destiny is shaped.

Anthony Robbins

\*\*\*

May you have warmth in your igloo, oil in your lamp, and peace in your heart.

Eskimo proverb

\*\*\*

For me a painting is like a story which stimulates the imagination and draws the mind into a place filled with expectation, excitement, wonder and pleasure.

J.P. Hughston

\*\*\*

If you have put your foot in your mouth, it is probably not the time to try to dance.

R.M. Lynch

\*\*\*

It is better to correct your own faults than those of another.

Democritus

\*\*\*

The meaning that you give an event is the event.

Deepak Chopra

\*\*\*

I find it fascinating that most people plan their vacations with better care than they plan their lives. Perhaps that is because escape is easier than change.

Jim Rohn

\*\*\*

Define your personal dignity today. Make a list of the positive internal qualities that you value that never change. Read it every morning and evening to remind yourself that no matter what you meet in the course of the day, regardless of the actions of others, no one can define who you are but you.

Gail Pursell Elliott

\*\*\*

Don't bother just to be better than your contemporaries or predecessors.

Try to be better than yourself.

William Faulkner

\*\*\*

The price of freedom is responsibility, but it's a bargain, because freedom is priceless.

Hugh Downs

\*\*\*

The easiest thing in the world to be is you. The most difficult thing to be is what other people want you to be. Don't let anyone put you in that position.

Leo Buscaglia

\*\*\*

If you don't run your own life....

someone else will.

John Atkinson

\*\*\*

What lies behind us and what lies before us are tiny matters compared to  
what lies within us.

Oliver Wendell Holmes

\*\*\*

As I say YES to life, life says YES to me!

Louise L. Hay

\*\*\*

The more you can dream the more you can do.

Michael Korda

\*\*\*

Live out of your imagination, not your history.

Stephen R. Covey

\*\*\*

The fatal mistake is waiting for life's circumstances to be right before we  
begin. Simply begin with your heart, look deeply into it and trust what you feel.

Practice knowing and you will now.

Hugh Prather

\*\*\*

How we spend our days is, of course, how we spend our lives.

Annie Dillard

\*\*\*

Vision is the art of seeing the invisible.

Jonathan Swift

\*\*\*

To know the road ahead, ask those coming back.

Chinese Proverb

\*\*\*

Life does not require us to make good; it asks only that we give our best at  
each level of experience.

Harold Ruopp Trust yourself.

\*\*\*

Have confidence that you can draw the best, not the worst, to yourself.

Norman Vincent Peale

\*\*\*

Once you are real you can't become unreal again. It lasts for always.

Margery Williams

\*\*\*

Wisdom is knowledge which has become a part of one's being...

Orison Swett Marden

\*\*\*

The way you are is not the result of what has happened to you, it's the result of what you decide to keep inside you.

Unknown

\*\*\*

Character may be manifested in the great moments, but it is made in the small ones.

Phillips Brooks



\*\*\*

If you wish to know the road up the mountain, ask the man who goes back  
and forth on it.

Zenrin

\*\*\*

ZEAL

It's never too late, in fiction or in life, to revise. Nancy Thayer You are not  
the only influence in your children's life....that is why you MUST BE the BEST  
INFLUENCE in your children's life!

Phil McGraw

\*\*\*

Those who are lifting the world upward and onward are those who  
encourage more than criticize.

Elizabeth Harrison

\*\*\*

Let us become the change we seek in this world.

Mohandas Gandhi

\*\*\*

You can't wait for inspiration. You have to go after it with a club.

Jack London

\*\*\*

To exist is to change, to change is to mature, to mature is to go on creating  
oneself endlessly.

Henri Bergson

\*\*\*

The real voyage of discovery consists not in making new landscapes but in  
having new eyes.

Marcel Proust

\*\*\*

There is a choice you have to make, in everything you do. And you must  
always keep in mind the choice you make, makes you. Unknown Wisdom is  
avoiding all thoughts that weaken you. Wayne Dyer \*\*\*

Celebrate any progress. Don't wait to get perfect.

Ann McGee Cooper

\*\*\*

How things look on the outside of us depends on how things are on the  
inside of us.

Parks Cousins

\*\*\*

Your future depends on many things, but mostly on you.

Frank Tyger

\*\*\*

Nothing is ever lost by courtesy. It is the cheapest of pleasures, costs nothing, and conveys much.

Erastus Wiman

\*\*\*

To be wronged is nothing unless you continue to remember it.

Confucius

\*\*\*

Everything you lose gives you a little more space for something new.

Ashleigh Brilliant

\*\*\*

In every person who comes near you look for what is good and strong; honor that; try to imitate it, and your faults will drop off like dead leaves when their time comes.

John Ruskin

\*\*\*

People do not attract that which they want, but that which they are. (To put it another way: When you stop working on what it is you're trying to get and start working on YOU, only then will you get what it is you want.)

James Allen

\*\*\*

Ordinary people believe in the possible. Extraordinary people visualize not what is possible or probable, but rather what is impossible and by visualizing the impossible, they begin to see it as possible.

Cherie Carter Scott

\*\*\*

Finish each day and be done with it. You have done what you could; some blunders and absurdities no doubt crept in, forget them as soon as you can. Tomorrow is a new day, begin it well and serenely and with too high a spirit to be encumbered with your old nonsense.

Ralph Waldo Emerson

\*\*\*

Whatever the mind of man can conceive and believe, he can achieve.

Napoleon Hill

\*\*\*

People are always blaming their circumstances for what they are. I don't believe in circumstances. The people who get on in this world are the people who get up and look for the circumstances they want, and, if they can't find them, make them.

George Bernard Shaw

\*\*\*

Be not afraid of life. Believe that life is worth living, and your BELIEF will help create the fact.

Henry James

\*\*\*

You can preach a better sermon with your life than with your lips.

Oliver Goldsmith

\*\*\*

It's the repetition of affirmations that leads to belief. And once that belief becomes a deep conviction, things begin to happen.

Claude M. Bristol

\*\*\*

Is the oak better than the acorn which is its fullness and completion?

Ralph Waldo Emerson

\*\*\*

Theories are always very thin and insubstantial, experience only is tangible.

Hosea Ballou

\*\*\*

Necessity is the mother of invention, it is true but it's father is creativity, and knowledge is the midwife.

Jonathan Schattke

\*\*\*'How do you know so much about everything?' was asked of a very wise and intelligent man; and the answer was 'By never being afraid or ashamed to ask questions as to anything of which I was ignorant.'

John Abbott \*\*\*

However well organized the foundations of life may be, life must always be full of risks.

Havelock Ellis

\*\*\*

It is never too late to be what you might have been.

George Eliot

\*\*\*

There are winners, there are losers and there are people who have not yet  
learned how to win.

Les Brown

\*\*\*

Many individuals have, like uncut diamonds, shining qualities beneath a  
rough exterior.

Juvenal

\*\*\*

We have it in our power to begin the world over again.

Thomas Paine

\*\*\*

In every great time there is some one idea at work which is more powerful  
than any other, and which shapes the events of the time and determines their  
ultimate issues.

Francis Bacon

\*\*\*

Remember your yesterdays, dream your tomorrows, live your today's.

Unknown

\*\*\*

The most difficult thing in the world is to know how to do a thing and to  
watch somebody else doing it wrong without comment.

T. H. White

\*\*\*

A long, healthy, and happy life is the result of making contributions, of  
having meaningful projects that are personally exciting and contribute to and  
bless the lives of others.

Hans Selye

\*\*\*

Have faith in your dreams and someday your rainbow will come shining  
through. No matter how your heart is grieving, if you keep believing the dream  
that you wish will come true. Cinderella

\*\*\*

Speak the truth with manners. The boat of truth may shake but will never  
sink. Learn from the experts; you will not live long enough to figure it all out by  
yourself.

Brian Tracy

\*\*\*

You can have more, be more and do more because you can change the person you are.

Brian Tracy

\*\*\*

Each day, and the living of it, has to be a conscious creation in which discipline and order are relieved with some play and some pure foolishness.

May Sarton

\*\*\*

When you are older, you realize that no one was ever thinking about you at all.

Brian Tracy

\*\*\*

Seek first to understand and then to be understood.

Stephen R. Covey

\*\*\*

Before I can walk in another person's shoes, I must first remove my own.

Brian Tracy

\*\*\*

Character is what you know you are, not what others think you have.

Marva Collins

\*\*\*

Five frogs are sitting on a log. Four decide to jump off. How many are left? Answer: five. Why? Because there's a difference between deciding and doing.

Mark L. Feldman & Michael F. Spratt

\*\*\*

A man should never be ashamed to own he has been in the wrong, which is but saying, in other words, that he is wiser today than he was yesterday.

Alexander Pope

\*\*\*

You can only stumble if you are moving.

Richard P. Carlton

\*\*\*

\*\*\*

After the cheers have died down and the stadium is empty, after the headlines have been written and after you are back in the quiet of your room

and the championship ring has been placed on the dresser and all the pomp and fanfare has faded, the enduring things that are left are: the dedication to excellence, the dedication to victory, and the dedication to doing with our lives the very best we can to make the world a better place in which to live.

Vince Lombardi

\*\*\*

Over every mountain there is a path, although it may not be seen from the valley. James Rogers

\*\*\*

The fact that you are willing to say, 'I do not understand.' and it is fine, is the greatest understanding you could exhibit.

Wayne Dyer

\*\*\*

The greatest danger for most of us is not that our aim is too high and we miss it, but that it is too low and we reach it.

Michelangelo

\*\*\*

Kids are the all-time champions of questioning. What could you gain by imitating the innocence and curiosity of children who are completely determined to get an answer?

Anthony Robbins

\*\*\*

You have to begin to lose your memory, if only in bits and pieces, to realize that memory is what makes our lives. Life without memory is no life at all, just as an intelligence without the possibility of expression is not really an intelligence. Our memory is our co-herece, our reason, our feeling, even our action. Without it, we are nothing.

Luis Bunuel

\*\*\*

Work as though you would live forever, and live as though you would die today.

Og Mandino

\*\*\*

He that will not sail till all dangers are over must never put to sea.

Thomas Fuller

\*\*\*

The language of truth is unadorned and always simple.

Marcellinus Ammianus

\*\*\*

By centering our lives on timeless, unchanging principles, we create a fundamental paradigm of effective living. It is the center that puts all other centers in perspective.

Stephen R. Covey

\*\*\*

I don't believe in taking unnecessary risks, but a life without risk isn't worth living.

Charles Lindbergh

\*\*\*

A bit of baseball wisdom: You can't steal second with your foot on first.

Anthony Robbins

\*\*\*

If one does not know to which port one is sailing, no wind is favourable.

Seneca

\*\*\*

Feed your mind with mental protein, not mental candy. Read, listen to and watch positive, uplifting material.

Brian Tracy

\*\*\*

The true measure of a man is his dignity in defeat and humility in victory.

Donald A Kitson

\*\*\*

Half our life is spent trying to find something to do with the time we have rushed through life trying to save.

Will Rogers

\*\*\*

The more things a man is ashamed of, the more respectable he is.

George Bernard Shaw

\*\*\*

Creativity is allowing yourself to make mistakes. Art is knowing which ones to keep.

Scott Adams

\*\*\*

Time as he grows old teaches all things.

Aeschylus

\*\*

Silence is a text easy to misread.

Attanasio

\*\*\*

The fact is, it seems, that the most you can hope is to be a little less, in the end, the creature you were in the beginning, and the middle.

Samuel Beckett

\*\*\*

The bird of paradise alights only upon the hand that does not grasp.

John Berry

\*\*\*

As scarce as truth is, the supply has always been in excess of the demand.

Josh Billings

\*\*\*

Age is no guarantee of maturity.

Lawana Blackwell

\*\*\*

Always remember that you are bigger than the moment, you are more than anything that could ever happen to you.

Anthony Robbins

\*\*\*

Sometimes when you look back on a situation, you realize it wasn't all you thought it was.

Henry Bromel

\*\*\*

It is in vain to say human beings ought to be satisfied with tranquility: they must have action; and they will make it if they cannot find it.

Charlotte Bronte

\*\*\*

Be substantially great in thyself, and more than thou appearest unto others.

Sir Thomas Browne

\*\*\*

I myself am made entirely of flaws, stitched together with good intentions.

Augusten Burroughs

\*\*\*

Everything can be solved through civilized dialogue and implied agony.

Maritza Campos



\*\*\*

Sometimes I've believed as many as six impossible things before breakfast.

Lewis Carroll

\*\*\*

There is no such thing on earth as an uninteresting subject; the only thing that  
can exist is an uninterested person.

G. K. Chesterton

\*\*\*

Great wisdom is generous; petty wisdom is contentious. Great speech is  
impassioned, small speech cantankerous.

Chuang-tzu

\*\*\*

When people think the world of you, be careful with them.

Margaret Cho

\*\*\*

He that first cries out "Stop thief!", is often he that has stolen the treasure.

William Congreve

\*\*\*

Great minds discuss ideas, average minds discuss events, small minds  
discuss people.

Admiral Hyman G. Rickover

\*\*\*

If you're not the lead dog...  
the view never changes.

Anonymous

\*\*\*

Imagination is the eye of the soul.

Joseph Joubert

\*\*\*

The imagination is man's power over nature.

Wallace Stevens

\*\*\*

Privacy and security are those things you give up when you show the world  
what makes you extraordinary.

Margaret Cho

\*\*\*

To live with the conscious knowledge of the shadow of uncertainty, with

the knowledge that disaster or tragedy could strike at any time; to be afraid and to know and acknowledge your fear, and still to live creatively and with unstinting love: that is to live with grace.

Peter Henry Abrahams

\*\*\*

My mistakes are my life.

Samuel Beckett

\*\*\*

Reality is a question of perspective; the further you get from the past, the more concrete and plausible it seems—but as you approach the present, it inevitably seems incredible.

Salman Rushdie

\*\*\*

Years ago we discovered the exact point the dead center of middle age. It occurs when you are too young to take up golf and too old to rush up to the net.

Franklin Pierce Adams

\*\*\*

When you want to fool the world, tell the truth.

Unknown

\*\*\*

Nothing in education is so astonishing as the amount of ignorance it accumulates in the form of inert facts.

Henry Adams

\*\*\*

It is not only fine feathers that make fine birds.

Aesop

\*\*\*

The past empowers the present, and the sweeping footsteps leading to this present mark the pathways to the future.

Mary Catherine Bateson

\*\*\*

New ideas come into this world somewhat like falling meteors, with a flash and an explosion, and perhaps somebody's castle-roof perforated.

Sarah Bernhardt

\*\*\*

Justice while she winks at crimes, stumbles on innocence sometimes.

Samuel Butler

\*\*\*

Common folk, not statesmen, nor generals nor great men of affairs, but just simple plain men and women, can do something to build a better, peaceful world. The future hope of peace lies with such personal service.

Henry Cadbury

\*\*\*

Three-fourths of the mistakes a man makes are made because he does not really know what he thinks he knows.

Unknown

\*\*\*

Justice is being allowed to do whatever I like. Injustice is whatever prevents my doing so.

Samuel Butler

\*\*\*

Living, just by itself --what a dirge that is! Life is a classroom and Boredom's the usher, there all the time to spy on you...

Louis-Ferdinand Celine

\*\*\*

The illuminable, silent, never-resting thing called Time, rolling, rushing on, swift, silent, like an all-embracing ocean tide, on which we and all the universe swim like exhalations, like apparitions which are, and then are not: this is forever very literally a miracle; a thing to strike us dumb, for we have no word to speak about it.

Thomas Carlyle

\*\*\*

A dwarf standing on the shoulders of a giant may see farther than a giant himself.

Robert Burton

\*\*\*

Loyalty is still the same, Whether it win or lose the game; True as a dial to the sun, Although it be not shined upon.

Samuel Butler

\*\*\*

Old age means realizing you will never own all the dogs you wanted to.

Joe Gores

\*\*\*

But what is Hope? Nothing but the paint on the face of Existence; the least

touch of truth rubs it off, and then we see what a hollow-cheeked harlot we  
have got hold of.

Lord George Gordon Byron

\*\*\*

Prejudices have their important uses, but it is well to try not to mix them up  
with principles.

Nicholas Murray Butler

\*\*\*

We've removed the ceiling above our dreams. There are no more  
impossible dreams.

Unknown

\*\*\*

The first duty of society is to give each of its members the possibility of  
fulfilling his destiny. When it becomes incapable of performing this duty it must  
be transformed.

Alexis Carrel

\*\*\*

It is certain that memory contains not only philosophy, but all the arts and  
all that appertain to the use of life.

Marcus Tullius Cicero

\*\*\*

Anyone can escape into sleep, we are all geniuses when we dream, the  
butcher's the poet's equal there.

E. M. Cioran

\*\*\*

He is the freeman whom the truth makes free.

William Cowper

\*\*\*

Beginnings are scary, endings are usually sad, but it's the middle that counts  
the most.

Unknown

\*\*\*

The way you overcome shyness is to become so wrapped up in something  
that you forget to be afraid.

Lady Bird Johnson

\*\*\*

Avoid the crowd. Do your own thinking independently. Be the chess player,

not the chess piece.

Ralph Charrel

\*\*\*

There is an applause superior to that of the multitudes: one's own.

Elizabeth Elton Smith

\*\*\*

I've learned that no matter what happens, or how bad it seems today, life  
does go on, and it will be better tomorrow.

Maya Angelou

\*\*\*

Your own mind is a sacred enclosure into which nothing harmful can enter  
except by your permission.

Ralph Waldo Emerson

\*\*\*

Life is like a ladder. Every step we take is either up or down.

Unknown

\*\*\*

There are no shortcuts to any place worth going.

Beverly Sills

\*\*\*

Motivation is an external, temporary high that PUSHES you forward.  
Inspiration is a sustainable internal glow which PULLS you forward.

Thomas Leonard

\*\*\*

Use what talent you possess  
the woods would be very silent if no birds sang except those that sang best.

Henry Van Dyke

\*\*\*

Your opponent, in the end, is never really the player on the other side of the  
net, or the swimmer in the next lane, or the team on the other side of the field, or  
even the bar you must high jump. Your opponent is yourself, your negative  
internal voices, your level of determination.

Grace Lichtenstein

\*\*\*

Starting this very hour, here you go on your way!

Wanda Hope Carter

\*\*\*

Dream no small dreams, for they have no power to stir the souls of men.

Victor Hugo

\*\*\*

Never let your head hang down. Never give up and sit down and grieve.  
Find another way. And don't pray when it rains if you don't pray when the sun  
shines.

Leroy Paige

\*\*\*

Leap and the net will appear.

Julia Cameron

\*\*\*

Winning isn't everything, wanting to win is.

Vince Lombardi

\*\*\*

The only medicine for suffering, crime, and all the other woes of mankind,  
is wisdom.

Thomas Huxley

\*\*\*

Knowing yourself is the beginning of all wisdom.

Aristotle

\*\*\*

The less people speak of their greatness, the more we think of it.

Lord Bacon

\*\*\*

When you shoot for the moon and you come up short, you still end up among  
the stars.

Les Brown

\*\*\*

When you reach for the stars, you may not get one, but you won't come up  
with a hand full of mud, either.

Leo Burnett

\*\*\*

Whatever it is you are feeling is a perfect reflection of what you are  
becoming.

Abraham/Esther Hicks

\*\*\*

Ideas are like stars; you will not succeed in touching them with your hands.

But like the seafaring man on the desert of waters, you choose them as your guides, and following them you will reach your destiny.

Carl Shurz

\*\*\*

The kind of commitment I find among the best performers across virtually every field is a single-minded passion for what they do, an unwavering desire for excellence in the way they think and the way they work. Genuine confidence is what launches you out of bed in the morning, and through your day with a spring in your step.

Jim Collins

\*\*\*

Just because you can't do everything doesn't mean you shouldn't do something.

Earl Nightengale

\*\*\*

Many of our fears are tissue-paper-thin, and a single courageous step would carry us clear through them.

Brendan Francis

\*\*\*

Four things come not back: the spoken word, the sped arrow, the past life and the neglected opportunity.

Arabian Proverb

\*\*\*

Every change is a form of liberation. My mother used to say a change is always good even if it's for the worse.

Paul Rego

\*\*\*

Trust in yourself. Your perceptions are often far more accurate than you are willing to believe.

Claudia Black

\*\*\*

You can't put a limit on anything. The more you dream, the farther you get.

Michael Phelps

\*\*\*

No matter who you are it's the simple things in life that lead you to believe that you can achieve anything.

Ronoldo (Ronaldo) Assis Moreira

\*\*\*

The illiterate of the 21st century will not be those who cannot read and write, but those who cannot learn, unlearn, and relearn.

Alvin Toffler

\*\*\*

Never fear shadows. They simply mean there's a light shining somewhere nearby.

Ruth Renkel

\*\*\*

Dreams and dedication are a powerful combination.

William Longgood

\*\*\*

A real decision is measured by the fact that you've taken a new action. If there's no action, you haven't truly decided.

Tony Robbins

\*\*\*

If you want to conquer fear, don't sit home and think about it. Go out and get busy.

Dale Carnegie

\*\*\*

Face your deficiencies and acknowledge them; but do not let them master you. Let them teach you patience, sweetness, insight.

Helen Keller

\*\*\*

Live your beliefs and you can turn the world around.

Henry David Thoreau

\*\*\*

And the day came when the risk to remain tight in a bud was more painful than the risk it took to blossom.

Anais Nin

\*\*\*

The poor, the unsuccessful, the unhappy, the unhealthy are the ones who use the word tomorrow the most.

Robert Kiyosaki

\*\*\*

Everyone who has ever taken a shower has had an idea. It's the person who gets out of the shower, dries off, and does something about it that makes a



difference.  
Nolan Bushnell

\*\*\*

Be curious always! For knowledge will not acquire you: you must acquire it.

Sudie Back

\*\*\*

I have always been delighted at the prospect of a new day, a fresh try, one more start, with perhaps a bit of magic waiting somewhere behind the morning.

J.B. Priestly

\*\*\*

Let us move on, and step out boldly, though it be into the night, and we can scarcely see the way.

Charles B. Newcomb

\*\*\*

The greatest danger for most of us is not that our aim is too high and we miss it, but that it is too low and we reach it.

Michelangelo

\*\*\*

If you're not giving the world the best you have, what world are you saving it for?

Kent Keith

\*\*\*

The purpose of learning is growth, and our minds, unlike our bodies, can continue growing as we continue to live.

Morris Adler

\*\*\*

A dream is your creative vision for your life in the future. You must break out of your current comfort zone and become comfortable with the unfamiliar and the unknown.

Denis Waitley

\*\*\*

Argue for your limitations, and sure enough, they're yours.

Richard Bach

\*\*\*

When you face your fear, most of the time you will discover that it was not really such a big threat after all. We all need some form of deeply rooted,

powerful motivation it empowers us to overcome obstacles so we can live our dreams.

Les Brown

\*\*\*

Be smart, be intelligent and be informed.

Tony Alessandra

\*\*\*

It is better to be motivated by the soul's hunger rather than the ego's greed.

Unknown

\*\*\*

Keep away from people who try to belittle your ambitions. Small people always do that, but the really great make you feel that you, too, can become great.

Mark Twain

\*\*\*

The worst thing that one can do is not try, to be aware of what one wants and not give in to it, to spend years in silent hurt wondering if something could have materialized and never knowing.

David Viscott \*\*\*

Vision without action is merely a dream. Action without vision just passes the time. Vision with action can change the world.

Joel A. Barker

\*\*\*

### INTENSITY

Real, constructive mental power lies in the creative thought that shapes your destiny, and your hour by hour mental conduct produces power for change in your life. Develop a train of thought on which to ride. The nobility of your life as well as your happiness depends upon the direction in which that train of thought is going.

Laurence J. Peter

\*\*\*

Anyone who stops learning is old, whether at twenty or eighty. Anyone who keeps learning stays young. The greatest thing in life is to keep your mind young.

Henry Ford

\*\*\*

Remember that if the opportunities for great deeds should never come, the

opportunities for good deeds are renewed day by day. The thing for us to long for is the goodness, not the glory.

F.W. Faber

\*\*\*

To be what we are, and to become what we are capable of becoming, is the only end in life.

Robert Louis Stevenson

\*\*\*

When you cannot make up your mind which of two evenly balanced courses of action you should take choose the bolder.

W.J. Slim

\*\*\*

Some day, in years to come, you will be wrestling with the great temptation, or trembling under the great sorrow of your life. But the real struggle is here, now, in these quiet weeks. Now it is being decided whether, in the day of your supreme sorrow or temptation, you shall miserably fail or gloriously conquer.

Character cannot be made except by a steady, long continued process.

Phillips Brooks

\*\*\*

People often say that motivation doesn't last. Well, neither does bathing that's why we recommend both daily.

Zig Ziglar

\*\*\*

If you don't risk anything, you risk even more.

Erica Jong

\*\*\*

Men have been taught that it is a virtue to agree with others. But the creator is the man who disagrees. Men have been taught that it is a virtue to swim with the current. But the creator is the man who goes against the current. Men have been taught that it is a virtue to stand together. But the creator is the man who stands alone.

Ayn Rand

\*\*\*

It is from numberless diverse acts of courage and belief that human history is shaped. Each time a man stands up for an ideal, or acts to improve the lot of others, or strikes out against injustice, he sends a ripple of hope, and crossing each other from a million different centres of energy and daring those ripples

build a current which can sweep down the walls of oppression and resistance.

Robert F. Kennedy

\*\*\*

Nothing will ever be attempted, if all possible objections must first be overcome.

Samuel Johnson

\*\*\*

There are powers inside of you which, if you could discover and use, would make of you everything you ever dreamed or imagined you could become.

Orison Swett Marden

\*\*\*

You always do what you want to do. This is true with every act. You may say that you had to do something, or that you were forced to, but actually, whatever you do, you do by choice. Only you have the power to choose for yourself.

W. Clement Stone

\*\*\*

Nature does not bestow virtue; to be good is an art.

Seneca

\*\*\*

There are no great people in this world, only great challenges which ordinary people rise to meet.

William Frederick Halsey, Jr.

\*\*\*

Mistakes are merely steps up the ladder...

Paul J. Meyer

\*\*\*

Dreams not pursued by action are simply that, dreams with little prospect of being attained. Action taken without a plan or direction is simply that action with little prospect of success. Tie the plan and the action together and the dreams can become reality.

Julie V. Watson

\*\*\*

Excellence is an art won by training and habituation. We do not act rightly because we have virtue or excellence, but rather we have those because we have acted rightly. We are what we repeatedly do. Excellence, then, is not an

act but a habit.

Aristotle

\*\*\*

The gem cannot be polished without friction, nor man perfected without trials.

Chinese proverb

\*\*\*

In the final analysis there is no solution to man's progress but the day's honest work, the day's honest decisions, the day's generous utterances and the day's good deed.

Clare Booth Luce

\*\*\*

The times in our lives in which we feel that we have the least power are actually the times when we have the most. Those are the times in which we affirm or redefine who we are, what we believe, and make choices that can impact ourselves and those we encounter for a lifetime.

Gail Pursell Elliott

\*\*\*

If passion drives you, let reason hold the reins.

Benjamin Franklin

\*\*\*

Be Prepared!

Boy Scout Motto

\*\*\*

We should not let our fears hold us back from pursuing our hopes.

John F. Kennedy

\*\*\*

Wherever we are and whatever we are doing, it is possible to learn something that can enrich our lives and the lives of others... No one's education is ever complete.

Sir John Templeton

\*\*\*

Trials, temptations, disappointments all these are helps instead of hindrances, if one uses them rightly. They not only test the fiber of a character, but strengthen it. Every conquered temptation represents a new fund of moral energy. Every trial endured and weathered in the right spirit makes a soul nobler and stronger than it was before.

James Buckham

\*\*\*

Change does not necessarily assure progress, but progress implacably requires change. Education is essential to change, for education creates both new wants and the ability to satisfy them.

Henry Steele Commager

\*\*\*

The key to why things change is the key to everything.

James Burke

\*\*\*

Life does not require us to make good; it asks only that we give our best at each level of experience.

Harold Ruopp

\*\*\*

True leadership must be for the benefit of the followers, not the enrichment of the leaders.

Robert Townsend

\*\*\*

Accept the challenges, so you may feel the exhilaration of victory.

George S. Patton \*\*\*

Whatever you attempt, go at it with spirit. Put some in!

David Starr Jordan

\*\*\*

Never look back unless you are planning to go that way.

Unknown

\*\*\*

Teaching kids how they can create their futures is a powerful and critical character building attribute. Goals education gives them the tools needed for designing a productive life, of benefit to themselves, our country and for future generations.

Gary Ryan Blair

\*\*\*

Through zeal, knowledge is gotten; through lack of zeal, knowledge is lost.

Buddha

\*\*\*

Get excited and enthusiastic about you own dream. This excitement is like a forest fire you can smell it, taste it, and see it from a mile away.

Denis Waitley

\*\*\*

It is easier to live through someone else than to become complete yourself.

Betty Friedan

\*\*\*

Regret for the things we did can be tempered by time; it is regret for the things we did not do that is inconsolable.

Sidney J. Harris

\*\*\*

He who has done his best for his own time has lived for all times.

Johann von Schiller

\*\*\*

As long as a man stands in his own way, everything seems to be in his way.

Ralph Waldo Emerson

\*\*\*

The bravest are surely those who have the clearest vision of what is before them, glory and danger alike, and yet notwithstanding go out to meet it.

Thucydides

\*\*\*

Our inheritance of well founded, slowly conceived codes of honor, morals and manners, the passionate convictions which so many hundreds of millions share together of freedom and justice, are far more precious to us than anything which scientific discoveries can bestow.

Winston Churchill

\*\*\*

Life consists in penetrating the unknown, and fashioning our actions in accord with the new knowledge thus acquired.

Leo Tolstoy

\*\*\*

One of the nice things about problems is that a good many of them do not exist except in our imaginations.

Steve Allen

\*\*\*

How does a person make a difference? The history of the world is simply a chronicle of the deeds of a small number of ordinary people who had extraordinary levels of commitment.

Anthony Robbins

\*\*\*

There is no man living who isn't capable of doing more than he thinks he can do.

Henry Ford

\*\*\*

Old habits can't be thrown out the upstairs window. They have to be coaxed down the stairs one step at a time.

Mark Twain

\*\*\*

It takes a habit to replace a habit.

Napoleon Hill

\*\*\*

Let everything you do be done as if it makes a difference.

William James

\*\*\*

The mind is not a vessel to be filled but a fire to be kindled.

Plutarch

\*\*\*

Finish each day and be done with it. You have done what you could; some blunders and absurdities no doubt crept in, forget them as soon as you can. Tomorrow is a new day, begin it well and serenely and with too high a spirit to be encumbered with your old nonsense.

Ralph Waldo Emerson

\*\*\*

Power is not something that we can bestow on another person. It is something he or she already has within and will struggle to retain. Empowerment means that we acknowledge the personal power each person has to make positive decisions and to take responsibility for them, a simple exercise in treating others with dignity and respect.

Gail Pursell Elliott

\*\*\*

It is not the strongest of the species that survive nor the most intelligent, but the one most responsive to change.

Charles Darwin

\*\*\*

To be pleased with one's limits is a wretched state.

Johann Wolfgang von Goethe



\*\*\*

The smallest good deed is better than the grandest good intention.

Duguet

\*\*\*

There are vast untapped resources of faith and talent that can only be discovered in adversity.

Robert H. Schuller

\*\*\*

The most damaging phrase in the language is, "It's always been done that way."

Admiral Grace Hopper

\*\*\*

Think like a man of action and act like a man of thought.

Henri Bergson

It is not because things are difficult that we do not dare, It is because we do not dare that they are difficult.

L.P.Sanadhya

\*\*\*

Your future depends on many things, but mostly on you.

Frank Tyger

\*\*\*

Do the next thing.

John Wanamaker

\*\*\*

A little bit added to what you've already got gives you a little bit more.

P.G. Wodenhouse

\*\*\*

Don't undermine your worth by comparing yourself with others. It is because we are different that each of us is special.

Brian Dyson

\*\*\*

Start living now. Stop saving the good china for that special occasion. Stop withholding your love until that special person materializes. Every day you are alive is a special occasion. Every minute, every breath, is a gift from God.

Mary Manin Morrissey

\*\*\*

There's no such thing as Perfection. But, in striving for perfection, we can

achieve excellence.

Vince Lombardi

\*\*\*

You can stand tall without standing on someone. You can be a victor  
without having victims. Harriet Woods

\*\*\*

As you go the way of life you will see a great chasm. Jump. It is not as wide  
as you think.

Native American Proverb \*\*\*

To live a creative life, we must lose our fear of being wrong.

Joseph Chilton Pearce

\*\*\*

You only lose energy when life becomes dull in your mind. Your mind gets  
bored and therefore tired of doing nothing. Get interested in something! Get  
absolutely enthralled with something! Get out of yourself! Be somebody! Do  
something! The more you lose yourself in something bigger than yourself, the  
more energy you will have.

Norman Vincent Peale

\*\*\*

IF YOU CAN DO, don't not.

Malcolm Forbes

\*\*\*

No dream is out of reach...

you can do anything!

Unknown

\*\*\*

Man must cease attributing his problems to his environment and learn to  
exercise his will his personal responsibility.

Albert Schweitzer

\*\*\*

Know that every 'no' is one step closer to a 'YES'! Never give up!

Unknown

\*\*\*

Look at frustration as a positive thing. It is the frustration that drives you to  
improve.

John Lyons

\*\*\*

The things that come to those who wait may just be the things left behind by  
those who got there first.

Unknown

\*\*\*

Man's mind, once stretched by a new idea, never regains its original  
dimensions.

Oliver Wendell Holmes

\*\*\*

Everything we do is infused with the energy with which we do it. If we're  
frantic, life will be frantic. If we're peaceful, life will be peaceful. And so our  
goal in any situation becomes inner peace. Our internal state determines our  
experience of our lives; our experiences do not determine our internal state.

Marianne Williamson

\*\*\*

If you get caught up in things over which you have no control, it will  
adversely affect those things over which you have control.

John Wooden

\*\*\*

The only things in your control are your thoughts and then your actions.  
Positive, powerful thoughts lead to positive, powerful actions, and when done  
with repeated consistency this cycle leads to greatness. Dream it! Pray for it!  
Believe it! Work for it! And then be ready when it happens!

Greg Werner

\*\*\*

Life's lessons may be viewed as difficulties or challenges to be overcome,  
but in reality they are an exercise in fine tuning that will make our efforts more  
effective in the long run. We are developing skills, attitudes, and perspectives  
that we need to move forward with insight and awareness.

Gail Pursell Elliott

\*\*\*

Fear doesn't exist anywhere except in the mind.

Dale Carnegie

\*\*\*

Change your thoughts and you Change your world.

Norman Vincent Peale

\*\*\*

Begin somewhere. You cannot build a reputation on what you intend to do.

Liz Smith

\*\*\*

Life is a mirror, if you frown at it, it frowns back; if you smile, it returns the greeting.

William Thackeray

\*\*\*

Learning is not compulsory... neither is survival.

W. Edwards Deming

\*\*\*

When we accept tough jobs as a challenge to our ability and wade into them with joy and enthusiasm, miracles can happen.

Arland Gilbert

\*\*\*

There are in fact four very different stumbling blocks in the way of grasping the truth... the example of weak and unworthy authority, longstanding custom, the feeling of the ignorant crowd, and the hiding of our own ignorance while making a display of our apparent knowledge.

Roger Bacon

\*\*\*

A fool's paradise is a wise man's hell!

Thomas Fuller

\*\*\*

Language is not only the vehicle of thought, it is a great and efficient instrument in thinking.

Sir Humphrey Davy

\*\*\*

A line runs from the meditations of the heart to the words of the mouth. The meditations are not clear to us until the mouth utters its words. If what the mouth utters is unclear or foolish or mendacious, it must be that the meditations are the same. But the line runs both ways. The words of the mouth will become the meditations of the heart, and the habit of loose talk loosens the fastenings of our understanding.

Richard Mitchell

\*\*\*

If you could kick the person in the pants responsible for most of your trouble, you wouldn't sit for a month.

Unknown

\*\*\*

Life is like a game of cards. The hand that is dealt you represents  
determinism; the way you play it is free will.

Jawaharlal Nehru

\*\*\*

Wealth is not a matter of intelligence it's a matter of inspiration.

Jim Rohn

\*\*\*

Every day you waste is one you  
can never make up.

George Allen \*\*\*

Before you speak, listen. Before you write, think. Before you spend, earn.  
Before you invest, investigate. Before you criticize, wait. Before you pray,  
forgive. Before you quit, try. Before you retire, save. Before you die, give.

William A. Ward

\*\*\*

Make every thought, every fact, that comes into your mind pay you a profit.  
Make it work and produce for you. Think of things not as they are but as they  
might be. Don't merely dream but create!

Robert Collier

\*\*\*

It was on my fifth birthday that Papa put his hand on my shoulder and said,  
'Remember, my son, if you ever need a helping hand, you'll find one at the end  
of your arm.'

Sam Levenson

\*\*\*

You can learn new things at any time in your life if you're willing to be a  
beginner. If you actually learn to like being a beginner, the whole world opens  
up to you.

Barbara Sher

\*\*\*

Striving for excellence motivates you; striving for perfection is  
demoralizing.

Harriet Braiker

\*\*\*

I am the master of my fate; I am the captain of my soul.

William Ernest Henley

\*\*\*

When we are motivated by goals that have deep meaning, by dreams that need completion, by pure love that needs expressing, then we truly live life.

Greg Anderson

\*\*\*

It is not failure itself that holds people back; it is the fear of failure that paralyzes you.

Brian Tracy

\*\*\*

Decide how much you want to be earning one year, five years and ten years from today. What will you have to do to achieve these amounts?

Brian Tracy

\*\*\*

A thought which does not result in an action is nothing much, and an action which does not proceed from a thought is nothing at all.

Georges Bernanos

\*\*\*

A journey of a thousand miles must begin with a single step.

The Tao

\*\*\*

Without a sense of urgency, desire loses its value.

Jim Rohn

\*\*\*

Never follow the crowd.

Bernard Baruch

\*\*\*

F.E.A.R. = False Evidence Appearing Real

Anthony Robbins

\*\*\*

A great flame follows a little spark.

Dante Alighieri

\*\*\*

Practice creative abandonment of time consuming activities that are no longer of importance to you.

Brian Tracy

\*\*\*

If you were starting over today, what changes would you make in your life?

Brian Tracy

\*\*\*

Men may change their climate, but they cannot change their nature. A man that goes out a fool cannot ride or sail himself into common sense.

Joseph Addison

\*\*\*

All things are created twice. There's a mental or first creation, and a physical or second creation to all things.

Stephen R. Covey

\*\*\*

Take responsibility for all that you are and all that you can be.

Bob Greene

\*\*\*

Change is inevitable. You can't avoid it. The best thing to do is accept change, learn from it, and use it to your BEST advantage! Every situation, properly perceived, becomes an opportunity.

Helen Schucman

\*\*\*

My first act of free will shall be to believe in free will.

William James

\*\*\*

The winners in life think constantly in terms of I can, I will, and I am. Losers, on the other hand, concentrate their waking thoughts on what they should have or would have done, or what they can't do.

Dennis Waitley

\*\*\*

The path of least resistance makes all rivers, and some men, crooked.

Napoleon Hill

\*\*\*

If you pump casually, you will pump forever. Pump hard to begin with and keep it up until you get that water flowing. Then a great deal will happen.

Zig Ziglar

\*\*\*

We speak of waves in a storm as sea horses. Like wild horses, impetuous and irresistible, a man can drown in them, but if he can ride them in a well-founded ship (as a man rides a horse which carries him), they can support him on his voyages.

John Layard

\*\*\*

Human beings can transform themselves. They can grow larger or smaller  
but they grow every day.

Walter Anderson

\*\*\*

There is a real magic in enthusiasm. It spells the difference between  
mediocrity and accomplishment . . . It gives warmth and good feeling to all your  
personal relationships.

Norman Vincent Peale

\*\*\*

Language is the armory of the human mind, and at once contains the trophies  
of its past and the weapons of its future conquests.

Samuel Coleridge

\*\*\*

Superior people take both the credit and the blame for everything that  
happens to them.

Brian Tracy

\*\*\*

The greatest pleasure in life is doing what others say cannot be done.

Randy Foutch

\*\*\*

It is not what you say, or wish, or hope or intent, it is only what you do that  
counts.

Brian Tracy

\*\*\*

Make sure your right, and then go do it.

Davy Crockett

\*\*\*

Do not confuse motion and progress. A rocking horse keeps moving, but  
does not make any progress.

Alfred A. Montapert

\*\*\*

Bad situations provide the opportunity for great deeds.

Dee H. Groberg

\*\*\*

I have learned throughout my life as a composer chiefly through my



mistakes and pursuits of false assumptions, not my exposure to founts of wisdom and knowledge.

Igor Stravinsky

\*\*\*

We can choose to throw stones, to stumble on them, to climb over them or to build with them.

Wilham Arthur Ward

\*\*\*

Behold the turtle. He makes progress only when he sticks his neck out.

James Bryant Conant

\*\*\*

It is our choices...that show what we truly are, far more than our abilities.

J. K. Rowling

\*\*\*

I know nothing except the  
fact of my ignorance.

Socrates

\*\*\*

When you want to believe in something, you also have to believe in everything that's necessary for believing in it.

Ugo Betti

\*\*\*

What is a rebel? A man who says no.

Albert Camus

\*\*\*

We have given away far too many freedoms in order to be free. Now it's time to take some back.

John Le Carre

\*\*\*

Experience suggests it doesn't matter so much how you got here, as what you do after you arrive.

Lois McMaster Bujold

\*\*\*

Opportunities constantly arise in one area...that in turn ignite opportunities in other areas.

Michael D. Eisner

\*\*\*

The strongest of all warriors are these two -- Time and Patience.

Leo Tolstoy

\*\*\*

When a distinguished but elderly scientist states that something is possible, he is almost certainly right. When he states that something is impossible, he is very probably wrong.

Arthur C. Clarke

\*\*\*

I came upstairs into the world; for I was born in a cellar.

William Congreve

\*\*\*

Integrity without knowledge is weak and useless, and knowledge without integrity is dangerous and dreadful.

Samuel Johnson

\*\*\*

Why wilderness? Because we like the taste of freedom; because we like the smell of danger.

Edward Abbey

\*\*\*

The knowledge of the world is only to be acquired in the world, and not in a closet.

Lord Chesterfield

\*\*\*

Give me a lever long enough and a fulcrum on which to place it, and I shall move the world.

Archimedes

\*\*\*

You can never plan the future by the past.

Edmund Burke

\*\*\*

I do not want to get to the end of my life and find that I just lived the length of it. I want to have lived the width of it as well.

Diane Ackerman

\*\*\*

For knowledge itself is power.

Francis Bacon

\*\*\*

We grow in time to trust the future for our answers.

Ruth Benedict

\*\*\*

That's what learning is, after all; not whether we lose the game, but how we lose and how we've changed because of it and what we take away from it that we never had before, to apply to other games. Losing, in a curious way, is winning.

Richard Bach

\*\*\*

The wisest is he that knows only that he knows nothing.

William Cowper Brann

\*\*\*

Life...is not simply a series of exciting new ventures. The future is not always a whole new ball game. There tends to be unfinished business. One trails all sorts of things around with one, things that simply won't be got rid of.

Anita Brookner

\*\*\*

The plain fact is that man is not ruled by thinking. When man thinks he thinks, he usually merely feels; and his instincts and feelings are powerful precisely in proportion as they are irrational.

Nicholas Murray Butler

\*\*\*

I deny nothing, but doubt everything.

Lord George Gordon Byron

\*\*\*

You're alive. Do something. The directive in life, the moral imperative was so uncomplicated. It could be expressed in single words, not complete sentences. It sounded like this: Look. Listen. Choose. Act.

Barbara Hall

\*\*\*

Reach into life, it is a teeming ocean! All live in it, not many know it well!

— Johann Wolfgang van Goethe

\*\*\*

The truth of the matter is that you always know the right thing to do. The hard part is doing it.

Norman Schwarzkop

\*\*\*

You have a very powerful mind that can make anything happen as long as  
you keep yourself centered.

Dr. Wayne W. Dyer

\*\*\*

People who are unable to motivate themselves must be content with  
mediocrity, no matter how impressive their other talents.

Andrew Carnegie

\*\*\*

The best motivating is self-motivating. The guy says, 'I wish someone  
would come by and turn me on.' What if they don't show up? You've got to  
have a better plan for your life.

Jim Rohn

\*\*\*

Motivation is a fire from within. If someone else tries to light that fire under  
you, chances are it will burn very briefly.

Stephen R. Covey

\*\*\*

Be miserable. Or motivate yourself. Whatever has to be done, it's always  
your choice.

Wayne Dyer

\*\*\*

Motivation is like food for the brain. You cannot get enough in one sitting. It  
needs continual and regular top ups.

Peter Davies

\*\*\*

It's never too late, in fiction or in life, to revise.

Nancy Thayer

\*\*\*

There's always the motivation of wanting to win. Everybody has that. But a  
champion needs, in his attitude, a motivation above and beyond winning.

Pat Riley

\*\*\*

No bird soars too high if he soars with his own wings.

Unknown

\*\*\*

You must motivate yourself EVERYDAY!

Matthew Stasior

\*\*\*

If you don't have confidence, you'll always find a way not to win.

Carl Lewis

\*\*\*

In my experience, there is only one motivation, and that is desire. No reasons or principle contain it or stand against it.

Jane Smiley

\*\*\*

Do not let what you cannot do interfere with what you can do.

John Wooden

\*\*\*

All sorts of things occur to help one that would never otherwise have occurred. A whole stream of events issues from the decision, raising in one's favour all manner of unforeseen incidents and meetings and material assistance, which no man could have dreamed would have come his way. – Johann

Wolfgang van Goethe

\*\*\*

The power of motivation is the power behind every achievement, big and small.

Remez Sasson

\*\*\*

You only ever grow as a human being if you're outside your comfort zone.

Percy Cerutti

\*\*\*

The best way to predict the future is to create it. Unknown

\*\*\*

If you don't think about the future, you cannot have one.

John Galsworthy

\*\*\*

Winners never quit and quitters never win.

Anonymous

\*\*\*

Winners lose much more often than losers. So if you keep losing but you're still trying, keep it up! You're right on track.

Matthew Keith Groves

\*\*\*

A stumble may prevent a fall.

English Proverb

\*\*\*

You must scale the mountain if you would view the plain.

Chinese Proverb

\*\*\*

Getting motivated is like switching the engine of a car and starting to move.

Remez Sasson

\*\*\*

Either write something worth reading or do something worth writing.

Benjamin Franklin

\*\*\*

Motivation comes from within.

Unknown

\*\*\*

They can because they think they can.

Virgil

\*\*\*

Character is higher than intellect. A great soul will be strong to live, as well as strong to think.

Ralph Waldo Emerson

\*\*\*

People ask me 'what was going through your mind in the race?' and I don't know. I try and ...let my body do what it knows.

Ian Thorpe

\*\*\*

Knowledge is not power; Implementation is power.

Garrison Wynn

\*\*\*

There are some people who live in a dream world, and there are some who face reality; and then there are those who turn one into the other.

Douglas Everett

\*\*\*

Having once decided to achieve a certain task, achieve it at all costs of tedium and distaste. The gain in self-confidence of having accomplished a tiresome labor is immense.

Thomas A. Bennett

\*\*\*

Whatever qualities the rich may have, they can be acquired by anyone with the tenacity to become rich. The key, I think, is confidence. Confidence and an unshakable belief it can be done and that you are the one to do it.

Felix Dennis

\*\*\*

My dad always used to say, 'If you're falling off a cliff, you may as well try to fly. You have nothing to lose.'

Captain John Sheridan

\*\*\*

He who hesitates is lost.

Proverb

\*\*\*

We have to understand that the world can only be grasped by action, not by contemplation. The hand is more important than the eye... The hand is the cutting edge of the mind.

Jacob Bronowski

\*\*\*

To do anything in this world worth doing, we must not stand back shivering and thinking of the cold and danger, but jump in, and scramble through as well as we can.

Sydney Smith

\*\*\*

The principle is competing against yourself. It's about self-improvement, about being better than you were the day before.

Steve Young

\*\*\*

The longer I live, the surer I become that the truest real difference between the success and the failure, between the strong and the weak, between the rich and the poor, between the great and the average, is just plain will power, invincible determination, a purpose once set and then death or victory. And no fine manners, education or brilliance, no talent, opportunity or culture can make any two-legged creature a man without it.

Sir Thomas Buxton

\*\*\*

Cause Change & Lead. Accept Change & Survive. Resist Change & Die.

Ray Norda

\*\*\*

I've never known a man worth his salt who in the long run, deep down in his heart, didn't appreciate the grind, the discipline... I firmly believe that any man's finest hour

this greatest fulfilment to all he holds dear is that moment when he has worked his heart out in a good cause and lies exhausted on the field of battle, victorious.

Vince Lombardi

\*\*\*

Don't bunt. Aim out of the ballpark.

David Ogilvy

\*\*\*

Nothing beats taking that big bite out of life and having it bite back just a bit!

Skye Thomas

\*\*\*

Discouragement and failure are two of the surest stepping stones to success.

Dale Carnegie

\*\*\*

There is no passion to be found playing small.

Mandela

\*\*\*

Whatever you have, you must either use or lose.

Henry Ford

\*\*\*

You must remain focused on your journey to greatness.

Les Brown \*\*\*

Continuous effort – not strength or intelligence – is the key to unlocking our potential.

W. Churchill \*\*\*

No man is ever whipped until he quits in his own mind.

Napoleon Hill

\*\*\*

There is little success where there is little laughter.

Andrew Carnegie

\*\*\*

A goal is a dream with a deadline.

Napoleon Hill



\*\*\*

Today is life-the only life you are sure of. Make the most of today. Get interested in something.

Dale Carnegie

\*\*\*

There is no more miserable human being than one in whom nothing is habitual but indecision."

William James

\*\*\*

Procrastination is the cornerstone of all poverty.

Larry Zimberg

\*\*\*

Our doubts are traitors and make us lose the good we oft might win by fearing to attempt.

William Shakespeare

\*\*\*

Grace is there, but we need to make an effort.

Rajinder Singh

\*\*\*

There are two great days in one's life, the first is the day we were born, the second is the day we realize why.

Unknown

\*\*\*

I cannot change the direction of the wind, but I can adjust my sails to always reach my destination.

Jimmy Dean

\*\*\*

Theres something about taking a plow and breaking new ground. It gives you energy.

Ken Kesey

\*\*\*

What I am looking for is not out there ... it's in me.

Helen Keller

\*\*\*

When you jump for joy, beware that no one moves the ground from beneath your feet.

Stanislaw Lec

\*\*\*

If you really want something you can figure out how to make it happen.

M. C. Escher \*\*\*

To make an apple pie from scratch, you must first invent the universe.

Carl Sagan \*\*\*

A man can fail many times, but he isn't a failure until he begins to blame  
somebody else. Unknown

\*\*\*

When the water starts boiling, it is foolish to turn off the heat.

Nelson Mandela

\*\*\*

Your power is proportional to your ability to relax.

David Allen

\*\*\*

You cannot change the circumstances, the seasons, or the wind, but you can  
change yourself.

Jim Rohn

\*\*\*

Difficulties mastered are opportunities won.

Winston Churchill

\*\*\*

For every disciplined effort there is a multiple reward.

Jim Rohn

\*\*\*

Life is an opportunity, benefit from it. Life is a beauty, admire it. Life is a  
dream, realize it. Life is a challenge, meet it. Life is a duty, complete it. Life is  
a game, play it. Life is a promise, fulfill it. Life is sorrow, overcome it. Life is  
a song, sing it. Life is a struggle, accept it. Life is a tragedy, confront it. Life is  
an adventure, dare it. Life is luck, make it. Life is life, fight for it!

Mother Teresa

\*\*\*

## PERSEVERANCE

The state of your life is nothing more than a reflection of your state of mind.

Wayne Dyer

\*\*\*

Determination gives you the resolve to keep going in spite of the roadblocks  
that lay before you.

Denis Waitley

\*\*\*

Making the simple complicated is commonplace; making the complicated simple, awesomely simple, that's creative.

Charles Mingus

\*\*\*

The thoughts we choose to think are the tools we use to paint the canvas of our lives.

Louise Hay

\*\*\*

Our self-image, strongly held, essentially determines what we become.

Maxwell Maltz

\*\*\*

If you take responsibility for yourself you will develop a hunger to accomplish your dreams.

Les Brown

\*\*\*

Nobody grows old merely by living a number of years. We grow old by deserting our ideals.

Samuel Ullman

\*\*\*

You cannot tailor make the situations in life but you can tailor make the attitudes to fit those situations.

Zig Ziglar

\*\*\*

What I think about, I bring about. The thought of success will foster success. The thought of love will foster love. The thought of security will foster security.

What am I thinking about today? Rita Davenport

\*\*\*

Confidence on the outside begins by living with integrity on the inside.

Brian Tracy \*\*\*

Positive thinking will let you do everything better than negative thinking will.

Zig Ziglar

\*\*\*

Maintaining a complicated life is a great way to avoid changing it.

Elaine St. James

\*\*\*

If you do what you've always done, you'll get what you've always gotten.

Anthony Robbins

\*\*\*

What we notice is what resonates with our inner perspective. We tend to overlook what does not connect with our current attitude or sense of awareness.

When it comes to a tragic occurrence, do we focus on the horror stories or on the stories of courage and support? Both are available to us.

Gail Pursell Elliott

\*\*\*

Optimism is essential to achievement and it is also the foundation of courage and true progress.

Nicholas Murray Butler

\*\*\*

I believe with all my heart that civilization has produced nothing finer than a man or woman who thinks and practices true tolerance.

Frank Knox

\*\*\*

Your attitude, not your aptitude, will determine your altitude.

Zig Ziglar

\*\*\*

Every man stamps his value on himself... man is made great or small by his own will.

J.C.F. von Schiller \*\*\*

Low self-esteem is like driving through life with your hand break on.

Maxwell Maltz

\*\*\*

More than anything else, I believe it's our decisions, not the conditions of our lives, that determine our destiny.

Anthony Robbins

\*\*\*

I am realistic I expect miracles.

Wayne Dyer

\*\*\*

Any fool can criticize, condemn, and complain and most fools do.

Dale Carnegie \*\*\*

Better keep yourself clean and bright; you are the window through which

you must see the world.

George Bernard Shaw \*\*\*

Only the insecure strive for security.

Wayne Dyer \*\*\*

Conflict cannot survive without your participation.

Wayne Dyer \*\*\*

Confidence is a habit that can be developed by acting as if you already had the confidence you desire to have.

Brian Tracy \*\*\*

It is our attitude at the beginning of a difficult task which, more than anything else, will affect its successful outcome.

William James \*\*\*

When you judge another, you do not define them, you define yourself.

Wayne Dyer \*\*\*

Reflect upon you present blessings, of which every man has many not on your past misfortunes, of which all men have some.

Charles Dickens \*\*\*

For imagination sets the goal picture which our automatic mechanism works on. We act, or fail to act, not because of will, as is so commonly believed, but because of imagination.

Maxwell Maltz \*\*\*

Chains of habit are too light to be felt until they are too heavy to be broken.

Warren Buffett \*\*\*

View every problem as an opportunity.

Joseph Sugarman

\*\*\*

There is little difference in people, but that little difference makes a big difference. The little difference is attitude. The big difference is whether it is positive or negative.

Clement Stone \*\*\*

Nothing is so easy as to deceive oneself; for what we wish, we readily believe.

Demosthenes

\*\*\*

Accept everything about yourself I mean everything. You are you and that is the beginning and the end no apologies, no regrets.

Clark Moustakas

\*\*\*

It's a funny thing about life; if you refuse to accept anything but the best, you  
very often get it.

Somerset Maugham

\*\*\*

Seek respect mainly from thyself, for it comes first from within.

Steven H. Coogler

\*\*\*

Believing in yourself, is an endless destination. Believing you have failed,  
is the end of your journey.

Sarah Meredith

\*\*\*

Other people's opinion of you does not have to become your reality.

Les Brown

\*\*\*

I have found that the greatest help in meeting any problem with decency and  
self respect and whatever courage is demanded, is to know where you yourself  
stand. That is, to have in words what you believe and are acting from.

William Faulkner

\*\*\*

What life means to us is determined, not so much by what life brings to us  
as by the attitude we bring to life; not so much by what happens to us as by our  
reaction to what happens.

Lewis L Dunnington

\*\*\*

It's better to light a candle than to curse the darkness.

Chinese Proverb

\*\*\*

Too many of us are not living our dreams because we are living our fears.

Les Brown

\*\*\*

If we become increasingly humble about how little we know, we may be  
more eager to search.

Sir John Templeton

\*\*\*

You must begin to think of yourself as becoming the person you want to be.

David Viscott \*\*\*

Nothing is so easy as to deceive oneself; for what we wish, we readily believe.

Demosthenes

\*\*\*

The world of achievement has always belonged to the optimist.

J. Harold Wilkins

\*\*\*

As for myself, I always willingly acknowledge my own self as the principal cause of every good and of every evil which may befall me; therefore I have always found myself capable of being my own pupil, and ready to love my teacher.

Giacomo Casanova

\*\*\*

Curiosity is one of the most permanent and certain characteristics of a vigorous intellect.

Samuel Johnson

\*\*\*

Our attitudes control our lives. Attitudes are a secret power working 24 hours a day, for good or bad. It is of paramount importance that we know how to harness and control this great force.

Tom Blandi

\*\*\*

You become what you think about.

Earl Nightingale

\*\*\*

Habit is stronger than reason.

George Santayana

\*\*\*

Principle can never be a weathervane, spinning around this way and that with the shifting winds of expediency. Principle is a compass forever fixed and forever true.

Edward R. Lyman

\*\*\*

Any experience can be transformed into something of value.

Vash Young

\*\*\*

Our greatest battles are that with our own minds.

Jameson Frank

\*\*\*

Things turn out best for the people who make the best of the way things turn out.

John Wooden

\*\*\*

I find that it is not the circumstances in which we are placed, but the spirit in which we face them, that constitutes our comfort.

Elizabeth T. King \*\*\*

The only person who cannot be helped is that person who blames others.

Carl Rogers \*\*\*

The soul is dyed the color of its thoughts. Think only on those things that are in line with your principles and can bear the light of day. The content of your character is your choice. Day by day, what you choose, what you think, and what you do is who you become. Your integrity is your destiny ... it is the light that guides your way.

Heraclitus \*\*\*

Knowing that you have complete control of your thinking you will recognize the power...

Mikhail Strabo \*\*\*

An optimist stays up until midnight to see the new year in. A pessimist stays up to make sure the old year leaves.

Bill Vaughan \*\*\*

Any person capable of angering you becomes your master; he can anger you only when you permit yourself to be disturbed by him.

Epictetus

\*\*\*

We tend to get what we expect.

Norman Vincent Peale \*\*\*

If you don't like something, change it. If you can't change it, change your attitude. Don't complain.

Maya Angelou \*\*\*

We can react negatively to the demands made on us or we can choose to live abundantly, to transform the negative into the meaningful. Attitude is all. If I do not endow my life and my work with meaning, no one will ever be able to do it for me.

Sarah Ban Breathnach \*\*\*



Yes, there are times when something is legitimately not our fault. Blaming others, however, keeps us in a stuck state and is ultimately rough on our own self esteem.

Eric Allenbaugh \*\*\*

Any thought that is passed on to the subconscious often enough and convincingly enough is finally accepted.

Robert Collier \*\*\*

Winners make a habit of manufacturing their own positive expectations in advance of the event.

Brian Tracy \*\*\*

No pessimist ever discovered the secrets of the stars, or sailed to an uncharted land, or opened a new heaven to the human spirit.

Helen Keller \*\*\*

Do not sit long with a sad friend. When you go to a garden do you look at the weeds? Spend more time with the roses and jasmines.

Ialuddin Rumi \*\*\*

Being an optimist after you've got everything you want doesn't count.

Kin Hubbard \*\*\*

On the occasion of every accident that befalls you...inquire what power you have for turning it to use.

Epictetus \*\*\*

Doubt is the beginning, not the end, of wisdom.

George Iles

\*\*\*

People are eternally divided into two classes, the believer, builder, and praiser, and the unbeliever, destroyer and critic.

John Ruskin \*\*\*

Someone's opinion of you does not have to become your reality.

Les Brown \*\*\*

If you can't sleep, then get up and do something instead of lying there worrying. It's the worry that gets you, not the lack of sleep.

Dale Carnegie \*\*\*

If you can't change the circumstances, change your perspective.

Unknown \*\*\*

We are not troubled by things, but by the opinion which we have of things.

Epictetus \*\*\*

We have been taught to believe that negative equals realistic and positive

equals unrealistic.

Susan Jeffers \*\*\*

We can react negatively to the demands made on us or we can choose to live abundantly, to transform the negative into the meaningful. Attitude is all. If I do not endow my life and my work with meaning, no one will ever be able to do it for me.

Sarah Ban Breathnach \*\*\*

Keep your face to the sunshine and you cannot see the shadows.

Helen Keller

\*\*\*

The greatest risk is the risk of riskless living.

Stephen R. Covey

\*\*\*

We don't realize how much we create reality through language. If we say that life is hard, it will be hard.

Fernando Flores

\*\*\*

In life you are either a passenger or a pilot... it is your choice.

Unknown

\*\*\*

Optimism doesn't wait on facts. It deals with prospects. Pessimism is a waste of time.

Norman Cousins

\*\*\*

If you have no confidence in self, you are twice defeated in the race of life. With confidence, you have won even before you have started.

Marcus Garvey

\*\*\*

Believe that you possess a basic goodness, which is the foundation for the greatness you can ultimately achieve.

Les Brown

\*\*\*

I would rather have a mind opened by wonder than one closed by belief.

Gerry Spence

\*\*\*

Creativity is the sudden cessation of stupidity.

Edwin Land

\*\*\*

Surprising things can happen to anyone who, when a disagreeable or discouraged thought comes into his [or her] mind, just has the sense to remember in time and push it out by putting in an agreeable, determinedly courageous one. Two things cannot be in one place.

Frances Hodgson Burnett

\*\*\*

Genius means little more than the faculty of perceiving in an unhabitual way.

William James

\*\*\*

A year from now you may wish you had started today.

Karen Lamb

\*\*\*

Once people learn something, they're reluctant to let it go

Easton Robert

\*\*\*

Bad habits are like chains that are too light to feel until they are too heavy to carry.

Warren Buffet

\*\*\*

Any time you think the problem is out there, that very thought is the problem.

Stephen R. Covey

\*\*\*

I've had a lot of worries in my life, most of which never happened.

Mark Twain

\*\*\*

An idealist believes the short run doesn't count. A cynic believes the long run doesn't matter. A realist believes that what is done or left undone in the short run determines the long run.

Sydney J. Harris \*\*\*

The pessimist borrows trouble; the optimist lends encouragement.

William Arthur Ward \*\*\*

All the great things are simple, and many can be expressed in a single word: freedom, justice, honor, duty, mercy, hope.

Winston Churchill

\*\*\*

The greatest discovery of my generation is that man can alter his life simply  
by altering his attitude of mind.

William James \*\*\*

Habits, if not resisted, soon become necessity.

Unknown \*\*\*

Make it a rule of life never to regret and never to look back. Regret is an  
appalling waste of energy; you can't build on it; it's only for wallowing in.

Katherine Mansfield \*\*\*

Worry is like a rocking chair. It uses up all your energy, but where does it  
get you?

Bob Gass \*\*\*

Fear doesn't exist anywhere except in the mind.

Dale Carnegie \*\*\*

The real voyage of discovery consists not in making new landscapes but in  
having new eyes.

Marcel Proust \*\*\*

Maturity begins when we're content to feel we're right about something  
without feeling the necessity to prove someone else wrong.

Sydney J. Harris \*\*\*

Life is an adventure to be lived, not a problem to be solved.

Unknown

\*\*\*

If you get caught up in things over which you have no control, it will  
adversely affect those things over which you have control.

John Wooden

\*\*\*

How things look on the outside of us depends on how things are on the  
inside of us.

Parks Cousins

\*\*\*

Your mind doesn't know the difference between reality and fantasy. Your  
mind acts on what you feed it. Feed it good thoughts.

Zig Ziglar

\*\*\*

Confidence on the outside begins by living with integrity on the inside.

Brian Tracy

\*\*\*

The only things in your control are your thoughts and then your actions.  
Positive, powerful thoughts lead to positive, powerful actions, and when done  
with repeated consistency this cycle leads to greatness. Dream it! Pray for it!  
Believe it! Work for it! And then be ready when it happens!

Greg Werner

\*\*\*

To be wronged is nothing unless you continue to remember it.

Confucius

\*\*\*

What happens in your mind, happens in time.

Jim Bakker

\*\*\*

It's not what you are that holds you back, it's what you think you are not.

Denis Waitley

\*\*\*

ATTITUDE

Nothing can stop the man with the right mental attitude from achieving his  
goal: Nothing on earth can help the man with the wrong mental attitude.

Thomas Jefferson

\*\*\*

View every problem as an opportunity...

Joseph Sugarman

\*\*\*

Optimism doesn't wait on facts. It deals with prospects. Pessimism is a  
waste of time.

Norman Cousins

\*\*\*

Maintaining a complicated life is a great way to avoid changing it.

Elaine St. James

\*\*\*

It is better to correct your own faults than those of another.

Democritus

\*\*\*

The happiness of your life depends on the quality of your thoughts.

Marcus Aurelius Antoninus

\*\*\*

Some people are making such thorough preparation for rainy days that they  
aren't enjoying today's sunshine.

William Feather

\*\*\*

We either make ourselves miserable or we make ourselves strong. The  
amount of effort is the same.

Carlos Castenada

\*\*\*

The state of your life is nothing more than a reflection of your state of mind.

Dr. Wayne W. Dyer

\*\*\*

There are two big forces at work, external and internal. We have very little  
control over external forces such as tornados, earthquakes, floods, disasters,  
illness and pain. What really matters is internal force. How do I respond to  
those disasters? Over that I have complete control.

Leo Buscaglia

\*\*\*

Do not be embarrassed by your mistakes. Nothing can teach us better than  
our understanding of them. This is one of the best ways of self-education.

Thomas Carlyle

\*\*\*

A great many people think they are thinking when they are rearranging their  
prejudices.

William James

\*\*\*

The rule seems to be that those who find no difficulty in deceiving  
themselves are easily deceived by others. They are easily persuaded and led.

Eric Hoffer

\*\*\*

Be vigilant; guard your mind against negative thoughts.

Buddha

\*\*\*

When someone attaches unkindness to criticism, she's angry. Angry people  
need to criticize as an outlet for their anger. That's why you must reject unkind  
criticism. Unkind criticism is never part of a meaningful critique of you. Its  
purpose is not to teach or to help, its purpose is to punish.

Barbara Sher

\*\*\*

The obstacles you face are mental barriers which can be broken by  
adopting a more positive approach.

Clarence Blasier

\*\*\*

Values are tapes we play on the Walkman of the mind. Any tune we choose  
is fine so long as it does not disturb others.

Jonathan Sacks

\*\*\*

Uncertainty and mystery are energies of life. Don't let them scare you  
unduly, for they keep boredom at bay and spark creativity.

R. I. Fitzhenry

\*\*\*

Mediocre minds usually dismiss anything which reaches beyond their own  
understanding.

Francois de La Rochefoucauld

\*\*\*

Rule your mind or it will rule you.

Horace Mann

\*\*\*

The person who sends out positive thoughts activates the world around him  
positively and draws back to himself positive results.

Norman Vincent Peale

\*\*\*

The good news is that the bad news can be turned into good news when you  
change your attitude.

Robert H. Schuller

\*\*\*

Learn how to rethink, and you start to change.

Chris Turner

\*\*\*

Any fact facing us is not as important as our attitude toward it, for that  
determines our success or failure. The way you think about a fact may defeat  
you before you ever do anything about it. You are overcome by the fact because  
you think you are.

Norman Vincent Peale

\*\*\*

Sooner or later, those who win are those who think they can.

Richard Bach

\*\*\*

Men are anxious to improve their circumstances, but are unwilling to improve themselves; they therefore remain bound.

James Allen

\*\*\*

We have been taught to believe that negative equals realistic and positive equals unrealistic.

Susan Jeffers

\*\*\*

The world is a comedy to those who think, a tragedy to those who feel.

Horace Walpole

\*\*\*

The most effective way to control your focus is through the use of questions. For any question you pose, your brain provides an answer. For example, if you ask, Why is so-and-so taking advantage of me? You can't help but focus on how you're being bilked, whether it's actually true or not. But if you ask instead, How can I improve this situation? You are certain to get answers that enable you to take positive action.

Anthony Robbins

\*\*\*

You inevitably attract into your life people and circumstances in harmony with your dominant thoughts.

Brian Tracy

\*\*\*

The more you teach positive ideas to others, the better you learn them yourself.

Brian Tracy

\*\*\*

If you change your thinking, you change your life.

Brian Tracy

\*\*\*

Everything you do is triggered by an emotion of either desire or fear.

Brian Tracy

\*\*\*

The biggest mental roadblocks that you will ever have to overcome are



those represented by your self-limiting beliefs.

Brian Tracy

\*\*\*

The little I know I owe to my ignorance.

George McGovern

\*\*\*

To wish you were someone else is to waste the person you are.

Anonymous

\*\*\*

The policy of being too cautious is the greatest risk of all.

Jawaharlal Nehru

\*\*\*

Permitting your life to be taken over by another person is like letting the waiter eat your dinner.

Vernon Howard

\*\*\*

There is nothing either good or bad, but thinking makes it so.

William Shakespeare

\*\*\*

We see the world, not as it is, but as we are--or, as we are conditioned to see it.

Stephen R. Covey

\*\*\*

Whatever we focus on determines how we feel. And how we feel--our state of mind--powerfully influences our actions and interactions. Rather than jump to conclusions, consider all the possibilities and choose to focus on one that will empower you and those you care about.

Anthony Robbins

\*\*\*

Experience is not what happens to a man: it is what a man does with what happens to him.

Aldous Huxley \*\*\*

Any time you wrap your emotional life around the weaknesses of another person, you empower those weaknesses to control you.

Stephen R. Covey \*\*\*

If I care to listen to every criticism, let alone act on them, then this shop may as well be closed for all other businesses. I have learned to do my best,

and if the end result is good then I do not care for any criticism, but if the end result is not good, then even the praise of ten angels would not make the difference.

Abraham Lincoln

\*\*\*

Humility is no substitute for a good personality.

Fran Lebowitz \*\*\*

Character is like a tree and reputation like its shadow. The shadow is what we think of it; the tree is the real thing.

Abraham Lincoln \*\*\*

The future is an opaque mirror. Anyone who tries to look into it sees nothing but the dim outlines of an old and worried face.

Jim Bishop \*\*\*

Patterning your life around other's opinions is nothing more than slavery.

Lawana Blackwell \*\*\*

No passion so effectually robs the mind of all its powers of acting and reasoning as fear.

Edmund Burke \*\*\*

The optimist proclaims that we live in the best of all possible worlds; and the pessimist fears this is true.

James Branch Cabell \*\*\*

Men willingly believe what they wish.

Julius Caesar

\*\*\*

Reputation is what other people know about you. Honor is what you know about yourself.

Lois McMaster Bujold

\*\*\*

You know what charm is: a way of getting the answer yes without having asked any clear question.

Albert Camus

\*\*\*

How many people live on the reputation of the reputation they might have made!

Oliver Wendell Holmes, SR.

\*\*\*

Optimism is joyful searching; pessimism is a prison of fear and a clutching

at illusionary safety.  
Kathleen A. Brehony  
\*\*\*

If life gives us rocks, it's our choice whether to build a bridge or a wall.  
Unknown  
\*\*\*

Some people say I have attitude  
maybe I do...but I think you have to. You have to believe in yourself when  
no-one else does that makes you a winner right there.  
Venus Williams \*\*\*

Close scrutiny will show that most crisis situations are opportunities to  
either advance, or stay where you are.  
Maxwell Maltz \*\*\*

Life at any time can become difficult. Life at any time can become easy. It  
all depends upon how one adjusts oneself to life.  
Morarji Desai  
\*\*\*

Life is what we make it. Always has been, always will be.  
Unknown  
\*\*\*

All who have accomplished great things have had a great aim, have fixed  
their gaze on a goal which was high, one which sometimes seemed impossible.  
Orison Swett Marden  
\*\*\*

Man maintains his balance, poise, and sense of security only as he is  
moving forward.  
Maxwell Maltz  
\*\*\*

Most of us have far more courage than we ever dreamed we possessed.  
Dale Carnegie  
\*\*\*

Determination gives you the resolve to keep going in spite of the roadblocks  
that lay before you.  
Denis Waitley  
\*\*\*

Expect the best. Prepare for the worst. Capitalize on what comes.  
Zig Ziglar

\*\*\*

Courage means to keep working a relationship, to continue seeking solutions to difficult problems, and to stay focused during stressful periods.

Denis Waitley

\*\*\*

The strongest oak of the forest is not the one that is protected from the storm and hidden from the sun. It's the one that stands in the open where it is compelled to struggle for its existence against the winds and rains and the scorching sun.

Napoleon Hill

\*\*\*

Failure is only postponed success as long as courage coaches ambition. The habit of persistence is the habit of victory.

Herbert Kaufman

\*\*\*

The abundant life does not come to those who have had a lot of obstacles removed from their path by others. It develops from within and is rooted in strong mental and moral fiber.

William Mather Lewis

\*\*\*

I find that it is not the circumstances in which we are placed, but the spirit in which we face them, that constitutes our comfort. Elizabeth T. King

\*\*\*

Burning desire to be or do something gives us staying power, a reason to get up every morning or to pick ourselves up and start in again after a disappointment.

Marsha Sinetar

\*\*\*

Man has never made any material as resilient as the human spirit.

Bernard Williams

\*\*\*

Let us move on, and step out boldly, though it be into the night, and we can scarcely see the way.

Charles B. Newcomb

\*\*\*

A man may fall many times but he won't be a failure until he says someone pushed him.

Elmer G. Letterman

\*\*\*

Believing in yourself, is an endless destination. Believing you have failed,  
is the end of your journey.

Sarah Meredith

\*\*\*

Courage is not the absence of fear, but rather the judgment that something  
else is more important than fear.

Ambrose Redmoon

\*\*\*

Being defeated is often a temporary condition. Giving up is what makes it  
permanent.

Marilyn Vos Savant

\*\*\*

When defeat comes, accept it as a signal that your plans are not sound.  
Rebuild those plans and set sail once more toward your coveted goal.

Napoleon Hill

\*\*\*

You may have a fresh start any moment you choose, for this thing that we  
call failure is not the falling down, but the staying down.

Mary Pickford

\*\*\*

A difficult time can be more readily endured if we retain the conviction that  
our existence holds a purpose a cause to pursue, a person to love, a goal to  
achieve.

John Maxwell

\*\*\*

Most of the important things in the world have been accomplished by  
people who have kept on trying when there seemed to be no hope at all.

Dale Carnegie

\*\*\*

Achievement seems to be connected with action. Successful men and  
women keep moving. They make mistakes, but they don't quit.

Conrad Hilton

\*\*\*

Courage is not a virtue or value among other personal values like love or  
fidelity. It is the foundation that underlies and gives reality to all other virtues

and personal values.

Rollo May

\*\*\*

When your desires are strong enough you will appear to possess  
superhuman powers to achieve.

Napoleon Hill

\*\*\*

He who has a why to live for can bear almost any how.

Friedrich Nietzsche

\*\*\*

This one step, choosing a goal and sticking to it, changes everything.

Scott Reed

\*\*\*

Patience and perseverance have a magical effect before which difficulties  
disappear and obstacles vanish.

John Quincy Adams

\*\*\*

Courage doesn't always roar. Sometimes courage is the quiet voice at the  
end of the day saying, 'I will try again tomorrow'.

Mary Anne Radmacher Hershey

\*\*\*

Nothing in this world can take the place of persistence. Talent will not;  
nothing is more common than unsuccessful people with talent. Genius will not;  
unrewarded genius is almost a proverb. Education will not; the world is full of  
educated derelicts. Persistence and determination alone are omnipotent. The  
slogan 'press on' has solved and always will solve the problems of the human  
race.

Calvin Coolidge

\*\*\*

Hard things are put in our way, not to stop us, but to call out our courage  
and strength.

Anonymous

\*\*\*

Let me not pray to be sheltered from dangers, but to be fearless in facing  
them. Let me not beg for the stilling of my pain, but for the heart to conquer it.

Rabindranath Tagore

\*\*\*

The only thing that stands between a man and what he wants from life is often merely the will to try it and the faith to believe that it is possible.

Richard M. DeVos

\*\*\*

People of mediocre ability sometimes achieve outstanding success because they don't know when to quit. Most people succeed because they are determined to.

George E. Allen

\*\*\*

Face your deficiencies and acknowledge them; but do not let them master you. Let them teach you patience, sweetness, insight.

Helen Keller

\*\*\*

The gem cannot be polished without friction, nor man perfected without trials.

Chinese proverb

\*\*\*

Without discipline, there's no life at all.

Katharine Hepburn

\*\*\*

You cannot have success without the failures.

H. G. Hasler

\*\*\*

Success is never final and failure never fatal. It's courage that counts.

George F. Tiltonood

\*\*\*

What keeps so many people back is simply unwillingness to pay the price, to make the exertion, the effort to sacrifice their ease and comfort.

Orison Swett Marden

\*\*\*

It is astonishing what force, purity, and wisdom it requires for a human being to keep clear of falsehoods.

Margaret Fuller

\*\*\*

Discipline is based on pride, on meticulous attention to details, and on mutual respect and confidence. Discipline must be a habit so ingrained that it is stronger than the excitement of the goal or the fear of failure.

Gary Ryan Blair

\*\*\*

Anything can be achieved in small, deliberate steps. But there are times you need the courage to take a great leap; you can't cross a chasm in two small jumps.

David Lloyd George

\*\*\*

You need to recognize and sweep aside certain weaknesses which stand between you and your goals. Your persistence develops into a respected, proved, progressive power.

Napoleon Hill

\*\*\*

We can do anything we want if we stick to it long enough.

Helen Keller \*\*\*

It is not the critic who counts, not the man who points out how the strong man stumbles or where the doer of deeds could have done them better. The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood, who strives valiantly, who errs and comes short again and again because there is no effort without error and shortcomings, who knows the great devotion, who spends himself in a worthy cause, who at his best knows in the end the high achievement of triumph and who at worst, if he fails while daring greatly, knows his place shall never be with those timid and cold souls who know neither victory nor defeat.

Theodore Roosevelt

\*\*\*

Good, better, best never let it rest, until your good is better than your best.

Unknown

\*\*\*

You gain strength, courage and confidence by every experience in which you really stop to look fear in the face. You must do the thing which you think you cannot do.

Eleanor Roosevelt

\*\*\*

The longest journey begins with one step.

The Tao

\*\*\*

The young do not know enough to be prudent, and therefore they attempt the



impossible and achieve it, generation after generation.

Pearl S. Buck

\*\*\*

Strength does not come from physical capacity. It comes from an indomitable will.

Mahatma Gandhi

\*\*\*

Valor consists in the power of self-recovery. Ralph Waldo Emerson

\*\*\*

Change is not a process for the impatient.

Barbara Reinhold

\*\*\*

Winning is not everything, but the effort to win is.

Zig Ziglar

\*\*\*

Learn to self conquest, persevere thus for a time, and you will perceive very clearly the advantage which you gain from it.

St. Teresa of Avila

\*\*\*

We shall fight on the beaches. We shall fight on the landing grounds. We shall fight in the fields, and in the streets, we shall fight in the hills. We shall never surrender!

Winston Churchill

\*\*\*

Virtually anything you could ever want to be, have or do is achievable with learning and hard work.

Unknown

\*\*\*

When life knocks you down, try to land on your back. Because if you can look up, you can get up. Let your reason get you back up.

Les Brown

\*\*\*

Never let fear of striking out get in your way.

George Herman 'Babe' Ruth

\*\*\*

I have had dreams, and I have had nightmares. I overcame the nightmares because of my dreams.

Dr. Jonas Salk

\*\*\*

You win some, you lose some, and some get rained out, but you gotta suit up  
for them all.

J. Askenberg

\*\*\*

A difficult time can be more readily endured if we retain the conviction that  
our existence holds a purpose a cause to pursue, a person to love, a goal to  
achieve.

John Maxwell

\*\*\*

Mistakes are merely steps up the ladder.

Paul J. Meyer

\*\*\*

All our dreams can come true if we have the courage to pursue them.

Walt Disney

\*\*\*

Ordinary people believe in the possible. Extraordinary people visualize not  
what is possible or probable, but rather what is impossible and by visualizing  
the impossible, they begin to see it as possible.

Cherie Carter Scott

\*\*\*

Perseverance is a great element of success. If you only knock long enough at  
the gate, you are sure to wake up somebody.

Longfellow

\*\*\*

The only thing that stands between a man and what he wants from life is  
often merely the will to try it and the faith to believe that it is possible.

Richard M. DeVos

\*\*\*

There is one quality that one must possess to win, and that is definiteness of  
purpose, the knowledge of what one wants, and a burning desire to possess it.

Napoleon Hill

\*\*\*

You can't wait for inspiration. You have to go after it with a club.

Jack London

\*\*\*

Daring ideas are like chessmen moved forward; they may be beaten, but  
they may start a winning game.

Johann Wolfgang von Goethe

\*\*\*

Your past is not your potential. In any hour you can choose to liberate the  
future.

Marilyn Ferguson

\*\*\*

People are always blaming their circumstances for what they are. I don't  
believe in circumstances. The people who get on in this world are the people  
who get up and look for the circumstances they want, and if they can't find  
them, make them.

George Bernard Shaw

\*\*\*

Success is never final and failure never fatal. It's courage that counts.

George F. Tiltonood

\*\*\*

To be nobody but yourself in a world which is doing its best, night and day,  
to make you somebody else means to fight the hardest battle which any human  
being can fight; and never stop fighting.

Cummings

\*\*\*

Enter every activity without giving mental recognition to the possibility of  
defeat. Concentrate on your strengths, instead of your weaknesses...on your  
powers, instead of your problems.

Paul J. Meyer

\*\*\*

Men may doubt what you say, but they will believe what you do.

Lewis Cass

\*\*\*

The mind is the limit. As long as the mind can envision the fact that you can  
do something, you can do it, as long as you really believe a 100 percent.

Arnold Schwarzenegger

\*\*\*

A certain amount of opposition is a great help to a man. Kites rise against,  
not with the wind.

John Neal

\*\*\*

Life shrinks or expands in proportion to one's courage.

Anais Nin

\*\*\*

Don't let anybody tell you that you can't do it. You can. It's up to you.

Decide to do it and follow through.

Porter Freeman

\*\*\*

Pearls do not lie on the seashore. If you desire one, you must dive for it.

Oriental Proverb

\*\*\*

Life's lessons may be viewed as difficulties or challenges to be overcome, but in reality they are an exercise in fine tuning that will make our efforts more effective in the long run. We are developing skills, attitudes, and perspectives that we need to move forward with insight and awareness.

Gail Pursell Elliott

\*\*\*

Let him that would move the world, first move himself.

Socrates

\*\*\*

In knowing how to overcome little things, a centimeter at a time, gradually when bigger things come, you're prepared.

Katherine Dunham

\*\*\*

It does not matter how slowly you go so long as you do not stop.

Confucius

\*\*\*

It takes a lot of courage to show your dreams to someone else.

Erma Bombeck

\*\*\*

The truest help we can render an afflicted man is not to take his burden from him, but to call out his best energy, that he may be able to bear the burden.

Phillips Brooks

\*\*\*

You must do the thing you think you cannot do.

Eleanor Roosevelt

\*\*\*

If you're climbing the ladder of life, you go rung by rung, one step at a time, sometimes you don't think you're progressing until you step back and see how high you've really gone.

Donny Osmond

\*\*\*

I want to remind you that success in life is based on hard slogging. There will be periods when discouragement is great and upsetting, and the antidote for this is calmness and fortitude and a modest yet firm belief in your competence. Be sure that your priorities are in order so that you can proceed in a logical manner, and be ever mindful that nothing will take the place of persistence.

Walter Annenberg

\*\*\*

I believe that one of the characteristics of the human race, possibly the one that is primarily responsible for its course of evolution, is that it has grown by creatively responding to failure.

Glen Seaborg

\*\*\*

Always remember that you are bigger than the moment, you are more than anything that could ever happen to you.

Anthony Robbins

\*\*\*

Adversity is the trial of principle. Without it, a man hardly knows whether he is honest or not.

Henry Fielding

\*\*\*

You must have courage to bet on your ideals, to take calculated risk, and act. Everyday living requires courage if life is to be effective and bring happiness.

Maxwell Maltz

\*\*\*

The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy.

Martin Luther King, Jr.

\*\*\*

The height of your accomplishments will equal the depth of your

convictions.  
William F. Scolavino

\*\*\*

There have been so many times in my life when things that looked like disasters were really incredible GIFTS that served as pivotal turning points. I am truly thankful for persevering through all of my mistakes.

Chelle Thompson

\*\*\*

The highest reward for a person's toil is not what they get for it, but what they become by it.

John Ruskin

\*\*\*

Some defeats are only instalments to victory.

Jacob A. Riis

\*\*\*

In any moment of decision the best thing you can do is the right thing. The worst thing you can do is nothing. After all, if we do the wrong thing, at least we can learn.

Theodore Roosevelt

\*\*\*

Know that every no is one step closer to a YES! Never give up! – Unknown

\*\*\*

All things are difficult before they are easy.

Thomas Fuller

\*\*\*

Let us move on, and step out boldly, though it be into the night and we can scarcely see the way.

Charles B. Newcomb

\*\*\*

Just remember....when you think all is lost, the future remains.

Bob Goddard

\*\*\*

Experience is not what happens to a man; it is what a man does with what happens to him.

Aldous Huxley

\*\*\*

ACHIEVEMENT

There are no secrets to success. It is the result of preparation, hard work,  
and learning from failure.

Colin Powell

\*\*\*

Originality and the feeling of one's own dignity are achieved only through  
work and struggle.

Fyodor Dostoyevsky

\*\*\*

We cannot escape fear. We can only transform it into a companion that  
accompanies us on all our exciting adventures. Take a risk a day one small or  
bold stroke that will make you feel great once you have done it.

Susan Jeffers

\*\*\*

We should not let our fears hold us back from pursuing our hopes.

John F. Kennedy

\*\*\*

It is not because things are difficult that we do not dare. It is because we do  
not dare that they are difficult.

L.P.Sanadhya

\*\*\*

People are always blaming their circumstances for what they are. I don't  
believe in circumstances. The people who get on in this world are the people  
who get up and look for the circumstances they want, and if they can't find  
them, make them.

George Bernard Shaw

\*\*\*

Success is never final and failure never fatal. It's courage that counts.

George F. Tiltonood

\*\*\*

When you come to the edge of all the light you know and are about to drop  
off into the darkness of the unknown, faith is knowing that one of two things  
will happen: There will be something solid to stand on or you will be taught  
how to fly.

Unknown

\*\*\*

Enter every activity without giving mental recognition to the possibility of  
defeat. Concentrate on your strengths, instead of your weaknesses... on your

powers, instead of your problems.

Paul J. Meyer

\*\*\*

Become a possibilitarian. No matter how dark thing seem to be or actually are, raise your sights and see the possibilities, always see them for they are always there.

Norman Vincent Peale

\*\*\*

Don't let anybody tell you that you can't do it. You can. It's up to you.

Decide to do it and follow through.

Porter Freeman

\*\*\*

He, who moves not forward, goes backward.

Johann Wolfgang van Goethe

\*\*\*

It is not the strongest of the species that survive nor the most intelligent, but the one most responsive to change.

Charles Darwin

\*\*\*

Familiarize yourself with the chains of bondage and you prepare your own limbs to wear them. Accustomed to trample on the rights of others, you have lost the genius of your own independence and become the fit subjects of the first cunning tyrant who rises among you.

Abraham Lincoln

\*\*\*

If you develop the absolute sense of certainty that powerful beliefs prove, then you can get yourself to accomplish virtually anything, including those things that other people are certain are impossible.

Anthony Robbins

\*\*\*

Your opponent, in the end, is never really the player on the other side of the net, or the swimmer in the next lane, or the team on the other side of the field, or even the bar you must high jump. Your opponent is yourself, your negative internal voices, your level of determination.

Grace Lichtenstein

\*\*\*

A few observations and much reasoning lead to error; many observations



and a little reasoning to truth.

Alexis Carrel

\*\*\*

If people only knew how hard I work to gain my mastery, it wouldn't seem so wonderful at all.

Michelangelo

\*\*\*

All living souls welcome whatever they are ready to cope with; all else they ignore, or pronounce to be monstrous and wrong, or deny to be possible.

George Santayana

\*\*\*

All pain is either severe or slight, if slight, it is easily endured; if severe, it will without doubt be brief.

Marcus T. Cicero

\*\*\*

Accept fate, and move on. Don't yield to the seductive pull of self-pity. Acting like a victim threatens your future.

Unknown

\*\*\*

Willingness is essential in any initiation or in making an dream come true. 'I can't' often means 'I won't.' You can change 'I won't' to 'I will' with willpower.

Marcia Wieder \*\*\*

Self acceptance comes from meeting life's challenges vigorously. Don't numb yourself to your trials and difficulties, nor build mental walls to exclude pain from your life. You will find peace not by trying to escape your problems, but by confronting them courageously. You will find peace not in denial, but in victory.

J. Donald Walters

\*\*\*

Build up your weaknesses until they become your strong points.

Knute Rockne

\*\*\*

All men dream; but not equally. Those who dream by night in the dusty recesses of their minds awake to find that it was vanity; But dreamers of day are dangerous men, that they may act their dreams with open eyes to make it possible.

T.E. Lawrence

\*\*\*

If you don't quit, and don't cheat, and don't run home when trouble arrives,  
you can only win.

Shelley Long

\*\*\*

You and I can make our lives one of these legendary inspirations, as well,  
simply by having courage and the awareness that we can control whatever  
happens in our lives. Although we cannot always control the events in our  
lives, we can always control our response to them, and the actions we take as a  
result. If there's anything you're not happy about--in your relationships, in your  
health, in your career--make a decision right now about how you're going to  
change it immediately.

Anthony Robbins

\*\*\*

A problem is your chance to do your best.

Duke Ellington

\*\*\*

A great pleasure in life is doing what people say you cannot do.

Walter Bagehot \*\*\*

Welcome every problem as an opportunity. Each moment is the great  
challenge, the best thing that ever happened to you. The more difficult the  
problem, the greater the challenge in working it out.

Grace Speare

\*\*\*

The man who removes a mountain begins by carrying away small stones.

William Faulkner

\*\*\*

We may encounter many defeats but we must not be defeated.

Maya Angelou

\*\*\*

There are two primary choices in life: to accept conditions as they exist, or  
accept the responsibility for changing them.

Dr. Denis Waitley

\*\*\*

My mother taught me very early to believe I could achieve any  
accomplishment I wanted to. The first was to walk without braces.

Wilma Rudolph

\*\*\*

It doesn't matter how many say it cannot be done or how many people have tried it before; it's important to realize that whatever you're doing, it's your first attempt at it.

Wally Amos

\*\*\*

A man can get discouraged many times but he is not a failure until he begins to blame somebody else and stops trying.

John Burroughs

\*\*\*

Our greatest glory is not in never falling, but in rising every time we fall.

Confucius

\*\*\*

Your most valuable asset can be your willingness to persist longer than anyone else.

Brian Tracy

\*\*\*

The last dejected effort often becomes the winning stroke.

Anthony Robbins

\*\*\*

Effort only fully releases its reward after a person refuses to quit.

Napoleon Hill

\*\*\*

I will persist until I succeed. Always will I take another step. If that is of no avail I will take another, and yet another. In truth, one step at a time is not too difficult. . . . I know that small attempts, repeated, will complete any undertaking.

Og Mandino

\*\*\*

Courage changes things for the better . . . [With courage you can] stay with something long enough to succeed at it, realizing that it usually takes two, three or four times as long to succeed as you thought or hoped.

Earl Nightingale

\*\*\*

Don't let the fear of the time it will take to accomplish something stand in the way of your doing it. The time will pass anyway; we might just as well put

that passing time to the best possible use. Earl Nightingale

\*\*\*

Years later, people look back upon their darkest day and say – as Churchill said of London's war years -- This was our finest hour. In a tough spot right now? You may be on the very edge of winning!

Guy Lynch

\*\*\*

Difficulty attracts the man of character because it is in embracing it that he realizes himself.

Charles de Gaulle

\*\*\*

Everyone has talent. What is rare is the courage to follow the talent to the dark place where it leads.

Erica Jong

\*\*\*

When you make a mistake or get ridiculed or rejected, look at mistakes learning experiences, and ridicule as ignorance. . . . Look at rejection as part of one performance, not as a turndown of the performer.

Dennis Waitey

\*\*\*

The only way of finding the limits of the possible is by going beyond them to into the impossible.

Anthony Robbins

\*\*\*

What would life be like if we had no courage to attempt anything?

Vincent Van Gogh

\*\*\*

We must all suffer one of two things: the pain of discipline or the pain of regret or disappointment.

Jim Rohn

\*\*\*

The valor that struggles is better than the weakness that endures.

George Hegel

\*\*\*

We must either find a way or make one.

Anthony Robbins

\*\*\*

The best way out of a difficulty is through it.

Unknown

\*\*\*

Every adversity, every failure, and every heartache carries with it the Seed of an equivalent or a greater Benefit. Napoleon Hill

\*\*\*

Self-knowledge is best learned, not by contemplation, but by action. Strive to do your duty and you will soon discover of what stuff you are made.

Johann Wolfgang van Goethe

\*\*\*

Any man's finest hour -- his greatest fulfilment to all he holds dear -- is that moment when he has worked his heart out in a good cause and lies exhausted on the field of battle -- victorious. . . . Leave no regrets on the field.

Vince Lombardi

\*\*\*

Take control of your destiny. Believe in yourself. Ignore those who try to discourage you. Avoid negative sources, people, places, things and habits.

Don't give up and don't give in.

Wanda Carter

\*\*\*

Believe that change can happen, even after overwhelming evidence says things never seem to get better.

Richard A. Moran

\*\*\*

Great souls have wills; feeble ones  
have only wishes.

Chinese Proverb

\*\*\*

Nothing happens to us which we are not fitted by nature to bear. Problems call forth our courage and our wisdom; indeed, they create our courage and our wisdom. It is only because of problems that we grow mentally and spiritually.

It is through the pain of confronting and resolving problems that we learn.

M. Scott Peck

\*\*\*

Begin at the beginning, the king said gravely, and go till you come to the end; then stop.

Lewis Carroll

\*\*\*

If you swing hard enough and often enough you must eventually hit a home run.

Brian Tracy

\*\*\*

Courage is resistance to fear, mastery of fear, not absence of fear.

Mark Twain

\*\*\*

This problem, too, will look simple after it is solved.

Charles Franklin Kettering

\*\*\*

What counts is not necessarily the size of the dog in the fight it's the size of the fight in the dog.

Dwight D. Eisenhower

\*\*\*

Every artist was first an amateur.

Ralph Waldo Emerson

\*\*\*

What we hope ever to do with ease we may learn first to do with diligence.

Samuel Johnson

\*\*\*

Never let the future disturb you. You will meet it, if you have to, with the same weapons of reason which today arm you against the present.

Marcus Aurelius Antoninus

\*\*\*

There will be little rubs and disappointments everywhere, and we are all apt to expect too much; but then, if one scheme of happiness fails, human nature turns to another; if the first calculation is wrong, we make a second better: we find comfort somewhere.

Jane Austen

\*\*\*

There are some things you learn best in calm, and some in storm.

Willa Cather

\*\*\*

Making your mark on the world is hard. If it were easy, everybody would do it. But it's not. It takes patience, it takes commitment, and it comes with plenty of failure along the way. The real test is not whether you avoid this

failure, because you won't. it's whether you let it harden or shame you into inaction, or whether you learn from it; whether you choose to persevere.

Barack Obama

\*\*\*

It sometimes requires courage to fly from danger.

Maria Edgeworth

\*\*\*

We can be sure that the greatest hope for maintaining equilibrium in the face of any situation rests within ourselves.

Francis J. Braceland

\*\*\*

The only way to discover the limits of the possible is to go beyond them into the impossible.

Arthur C. Clarke

\*\*\*

Fortune favors the brave.

Publius Terence

\*\*\*

Feel the fear and do it anyway.

Susan Jeffers

\*\*\*

Conquering any difficulty always gives one a secret joy, for it means pushing back a boundary-line and adding to one's liberty.

Henri Frederic Amiel

\*\*\*

The quality of strength lined with tenderness is an unbeatable combination, as are intelligence and necessity when unblunted by formal education.

Maya Angelou

\*\*\*

Until the day of his death, no man can be sure of his courage.

Jean Anouilh

\*\*\*

Will is to grace as the horse is to the rider.

Saint Augustin

\*\*\*

Fear is not a good teacher. The lessons of fear are quickly forgotten.

Mary Catherine Bateson

\*\*\*

There is a difference between being convinced and being stubborn. I'm not certain what the difference is, but I do know that if you butt your head against a stone wall long enough, at some point you realize the wall is stone and that your head is flesh and blood.

Maya Angelou

\*\*\*

In the face of an obstacle which is impossible to overcome, stubbornness is stupid.

Simone de Beauvoir

\*\*\*

Any change, even a change for the better, is always accompanied by drawbacks and discomforts.

Arnold Bennett

\*\*\*

All virtues come down to courage, at the sharp end of the sword. But courage must be tempered by prudence. Courage wasted by misdirection is the most heart-breaking of all tragedies. If there is an eighth deadly sin, it ought to be stupidity, by which all virtues run out into dry sands. Yet...where does prudence end and cowardice begin? That's a very good damn question!

Lois McMaster Bujold

\*\*\*

Adversity is the first path to truth.

Lord George Gordon Byron

\*\*\*

There is nothing so easy to learn as experience and nothing so hard to apply.

Josh Billings

\*\*\*

You must be willing to do the things today others don't do in order to have the things tomorrow others won't have.

Les Brown

\*\*\*

Each person has inside a basic decency and goodness. If he listens to it and acts on it, he is giving a great deal of what it is the world needs most. It is not complicated but it takes courage. It takes courage for a person to listen to his own goodness and act on it.



Pablo Casals

\*\*\*

Virtue is not the absence of vices or the avoidance of moral dangers; virtue is a vivid and separate thing, like pain or a particular smell.

G. K. Chesterton

\*\*\*

He with whom neither slander that gradually soaks into the mind, nor statements that startle like a wound in the flesh, are successful may be called intelligent indeed.

Confucius

\*\*\*

A timid person is frightened before a danger, a coward during the time, and a courageous person afterward.

Jean Paul Richter

\*\*\*

The world breaks everyone and afterward many are strong at the broken places.

Ernest Hemingway

\*\*\*

The water may be changed again and again, yet still there is the same stream. It widens over plains, or is prisoned and fouled by towns; always the same stream, but at last 'even the weariest river Winds somewhere safe to sea.

William Kingdon Clifford

\*\*\*

The most important thing in the Olympic Games is not to win but to take part, just as the most important thing in life is not the triumph but the struggle. It is not to have conquered but to have fought well.

Pierre de Coubertin

\*\*\*

The best way out is always through.

Robert Frost

\*\*\*

Don't let life discourage you; everyone who got where he is had to begin where he was.

Richard L. Evans

\*\*\*

Patience and perseverance have a magical effect before which difficulties

disappear and obstacles vanish.

John Quincy Adams

\*\*\*

The man who can drive himself further once the effort gets painful is the  
man who will win.

Roger Bannister

\*\*\*

If your determination is fixed, I do not counsel you to despair. Few things  
are impossible to diligence and skill. Great works are performed not by  
strength, but perseverance.

Samuel Johnson

\*\*\*

Greatness is not measured by what a man or woman accomplishes, but by  
the opposition he or she has overcome to reach his goals.

Dorothy Height

\*\*\*

The difference between the impossible and the possible lies in a person's  
determination.

Tommy Lasorda

\*\*\*

I am not discouraged, because every wrong attempt discarded is another  
step forward.

Thomas A. Edison

\*\*\*

Courage is being scared to death and saddling up anyway.

John Wayne

\*\*\*

A determined soul will do more with a rusty monkey wrench than a loafer  
will accomplish with all the tools in a machine shop.

Robert Hughes

\*\*\*

Determination is the wake-up call to the human will.

Anthony Robbins

\*\*\*

Ever tried. Ever failed. No matter. Try Again. Fail again. Fail better.

Samuel Beckett

\*\*\*

The only good luck many great men ever had was being born with the  
ability and determination to overcome bad luck.

Channing Pollock

\*\*\*

Never give up, for that is just the place and time that the tide will turn.

Harriet Beecher Stowe

\*\*\*

Your persistence is your measure of faith in yourself.

Author Unknown

\*\*\*

The difference between perseverance and obstinacy is: that one often comes  
from a strong will, and the other from a strong won't.

Henry Ward Beecher \*\*\*

The greatest results in life are usually attained by simple means and the  
exercise of ordinary qualities. These may for the most part be summed up in  
these two

common sense and perseverance.

Owen Feltham

\*\*\*

Persistence is to the character of man as carbon is to steel.

Napoleon Hill

\*\*\*

Resolve says, 'I will.' The man says, 'I will climb this mountain. They told  
me it is too high, too far, too steep, too rocky and too difficult. But it's my  
mountain. I will climb it. You will soon see me waving from the top or dead on  
the side from trying.

Jim Rohn

\*\*\*

Perseverance is not a long race; it is many short races one after another.

Walter Elliott

\*\*\*

Never measure the height of a mountain, until you have reached the top.  
Then you will see how low it was.

Dag Hammarskjold

\*\*\*

Most of the important things in the world have been accomplished by  
people who have kept on trying when there seemed to be no help at all.

Dale Carnegie

\*\*\*

The pain of discipline is far less than the pain of regret.

Sarah Bombell

\*\*\*

Perseverance is like driving a bulldozer that moves on and on, removing all obstacles on the way.

Remez Sasson

\*\*\*

Self-determination is fine but needs to be tempered with self-control.

Anonymous

\*\*\*

Energy and persistence conquer all things.

Benjamin Franklin

\*\*\*

There is no impossibility to him who stands prepared to conquer every hazard. The fearful are the failing.

Sarah J. Hale

\*\*\*

Don't be afraid to take a big step when one is indicated. You can't cross a chasm in two small steps.

David Lloyd George

\*\*\*

Fall seven times, stand up eight.

Japanese Proverb

\*\*\*

Rising to great places is by a winding stair.

Sir Frances Bacon

\*\*\*

Being your best is not so much about overcoming the barriers other people place in front of you as it is about overcoming the barriers we place in front of ourselves. It has nothing to do with how many times you win or lose. It has no relation to where you finish in a race or whether you break world records. But it does have everything to do with having the vision to dream, the courage to recover from adversity and the determination never to be shifted from your goals.

Kieran Perkins

\*\*\*

No road is too long to the man who advances deliberately and without undue haste; and no honors are too distant for the man who prepares himself for them with patience.

Bruyere

\*\*\*

The miracle, or the power, that elevates the few is to be found in their industry, application, and perseverance under the prompting of a brave, determined spirit.

Mark Twain

\*\*\*

You become a champion by fighting one more rounds. When things are tough, you fight one more round.

James Corbett

\*\*\*

Look at a stone cutter hammering away at his rock, perhaps a hundred times without as much as a crack showing in it. Yet at the hundred-and-first blow it will split in two, and I know it was not the last blow that did it, but all that had gone before.

Jacob A. Riis

\*\*\*

History has demonstrated that the most notable winners usually encountered heartbreaking obstacles before they triumphed. They won because they refused to become discouraged by their defeats.

Bernie C. Forbes

\*\*\*

To persevere, trusting in what hopes he has, is courage in a man.

Euripides

\*\*\*

There's no thrill in easy sailing ... but there IS satisfaction that's mighty sweet to take, when you reach a destination that you thought you'd never make.

Spirella

\*\*\*

Results! Why man, I have gotten a lot of results. I know several thousand things that won't work.

Thomas Edison

\*\*\*

Many strokes overthrow the tallest oaks.

John Lyly

\*\*\*

What really distinguishes this generation in all countries from earlier generations ... is its determination to act, its joy in action, the assurance of being able to change things by one's own efforts.

Hannah Arendt

\*\*\*

To do anything in this world worth doing, we must not stand back shivering and thinking of the cold and danger, but jump in, and scramble through as well as we can.

Sydney Smith

\*\*\*

Adversity causes some men to break; others to break records.

William A. Ward

\*\*\*

## LOVE

What we love we shall grow to resemble.

Bernard of Clairvaux

\*\*\*

We are not held back by the love we didn't receive in the past, but by the love we're not extending in the present.

Marianne Williamson

\*\*\*

With love and patience, nothing is impossible.

Daisaku Ideda

\*\*\*

The finest gift you can give anyone is encouragement. If everyone received the encouragement they need to grow, the genius in most everyone would blossom and the world would produce abundance beyond the wildest dreams.

Sidney Madwed

\*\*\*

When we are motivated by goals that have deep meaning, by dreams that need completion, by pure love that needs expressing, then we truly live life.

Greg Anderson

\*\*\*

The consciousness of loving and being loved brings a warmth and richness to life that nothing else can bring.

Oscar Wilde

\*\*\*

The less you open your heart to others, the more your heart suffers.

Deepak Chopra

\*\*\*

Compassion does not mean to be solicitous to someone who appears to be stray, imperfect, or needy. It means to see that person as we see ourselves, as unique human beings with wants, hopes, needs, dreams, and desires.

Gail Pursell Elliott

\*\*\*

Giving connects two people, the giver and the receiver, and this connection gives birth to a new sense of belonging.

Deepak Chopra

\*\*\*

The glory of friendship is not the outstretched hand, nor the kindly smile,

nor the joy of companionship; it is the spiritual inspiration that comes to one when he discovers that someone else believes in him and is willing to trust him with his friendship.

Ralph Waldo Emerson

\*\*\*

Only after we can learn to forgive ourselves can we accept others as they are because we don't feel threatened by anything about them which is better than us.

Stephen Covey

\*\*\*

Power is the ability to do good things for others.

Brooke Astor

\*\*\*

When we extend ourselves to another human being in any way at all, when we positively touch the life of one person, we benefit the whole of humanity.

Gail Pursell Elliott

\*\*\*

The consciousness of loving and being loved brings a warmth and richness to life that nothing else can bring.

Oscar Wilde

\*\*\*

Kindness is an inner desire that makes us want to do good things even if we do not get anything in return. It is the joy of our life to do them. When we do good things from this inner desire, there is kindness in everything we think, say, want and do.

Emanuel Swedenborg

\*\*\*

So when you are listening to somebody, completely, attentively, then you are listening not only to the words, but also to the feeling of what is being conveyed, to the whole of it, not part of it.

Jiddu Krishnamurti

\*\*\*

Remember, if you ever need a helping hand, you'll find one at the end of your arm ... As you grow older you will discover that you have two hands. One for helping yourself, the other for helping others.

Audrey Hepburn

\*\*\*



We come to love not by finding a perfect person but by learning to see an imperfect person perfectly.

Sam Keen

\*\*\*

As for myself, I always willingly acknowledge my own self as the principal cause of every good and of every evil which may befall me; therefore I have always found myself capable of being my own pupil, and ready to love my teacher.

Giacomo Casanova

\*\*\*

There is a wonderful mythical law of nature that the three things we crave most in life happiness, freedom and peace of mind are always attained by giving them to someone else.

Peyton Conway March

\*\*\*

What we have done for ourselves alone dies with us. What we have done for others and the world remains and is immortal.

Albert Pine

\*\*\*

No man or woman of the humblest sort can really be strong, gentle and good, without the world being better for it, without somebody being helped and comforted by the very existence of that goodness.

Phillips Brooks

\*\*\*

Forgiveness is giving up the hope that the past could be any different.

Oprah Winfrey

\*\*\*

There is much satisfaction in work well done, but there can be no happiness equal to the joy of finding a heart that understands.

Victor Robinsoll

\*\*\*

In every community, there is work to be done. In every nation, there are wounds to heal. In every heart, is the power to do it.

Marianne Williamson

\*\*\*

Love is a force more formidable than any other. It is invisible, it cannot be seen or measured, yet it is powerful enough to transform you in a moment, and

offer you more joy than any material possession could.

Barbara DeAngelis

\*\*\*

It is understanding that gives us an ability to have peace. When we understand the other fellow's viewpoint, and he understands ours, then we can sit down and work out our differences.

Harry S. Truman

\*\*\*

Every day, think as you wake up, today I am fortunate to be alive, I have a precious human life, I am not going to waste it. I am going to use all my energies to develop myself, to expand my heart out to others; to achieve enlightenment for the benefit of all beings. I am going to have kind thoughts towards others, I am not going to get angry or think badly about others. I am going to benefit others as much as I can.

The Dalai Lama

\*\*\*

In interactions with others, instead of trying to be right, why don't we try being kind?

Wayne Dyer

\*\*\*

Blessed are those who can give without remembering and take without forgetting.

Bernard Meltzer

\*\*\*

When someone does something good, applaud! You will make two people happy.

Samuel Goldwyn

\*\*\*

Work like you don't need the money. Love like you've never been hurt.  
Dance like nobody's watching.

Unknown

\*\*\*

Love is the ability and willingness to allow those that you care for to be what they choose for themselves without any insistence that they satisfy you.

Wayne Dyer

\*\*\*

Kind words can be short and easy to speak but their echoes are truly

endless.  
Mother Teresa

\*\*\*

Most men pursue pleasure with such breathless haste that they hurry past it.  
Soren Kierkegaard

\*\*\*

He is a wise man who does not grieve for the things which he has not, but  
rejoices for those which he has.

Epictetus

\*\*\*

In this world it is not what we take up, but what we give up, that makes us  
rich.

Henry Ward Beecher

\*\*\*

Trust men and they will be true to you; treat them greatly and they will show  
themselves great.

Ralph Waldo Emerson

\*\*\*

In every moment, we teach either love or fear. As we demonstrate love  
towards others....we learn how to love more deeply.

Marianne Williamson

\*\*\*

You can't shake hands with a clenched fist.

Indira Gandhi

\*\*\*

Don't walk in front of me, I may not follow. Don't walk behind me, I may  
not lead. Walk beside me and be my friend. Albert Camus \*\*\*

Looking back, I have this to regret, that too often when I loved, I did not say  
so.

David Grayson

\*\*\*

The best way to cheer yourself is to try to cheer somebody else up.

Mark Twain

\*\*\*

If you have knowledge, let others light their candles with it.

Winston Churchill

\*\*\*

Those who bring sunshine into the lives of others, cannot keep it from themselves.

Sir James M. Barrie

\*\*\*

By making and keeping promises to ourselves and others, little by little, our honor becomes greater than our moods.

Stephen R. Covey

\*\*\*

We two form a multitude.

Ovid

\*\*\*

Seek goodness in others. Love more persons . . . more impersonally, more unselfishly, without thought of return. The return, never fear, will take care of itself.

Henry Drummond

\*\*\*

Whoever said love is blind is dead wrong. Love is the only thing that lets us see each other with the remotest accuracy.

Martha Beck

\*\*\*

There are two ways of spreading light: to be the candle or the mirror that reflects it.

Edith Wharton

\*\*\*

Friendship makes prosperity more brilliant, and lightens adversity by dividing and sharing it.

Cicero

\*\*\*

Friendship without self-interest is one of the rare and beautiful things of life.

James Francis Byrnes

\*\*\*

May you have warmth in your igloo, oil in your lamp, and peace in your heart.

Eskimo Proverb

\*\*\*

We tend to fall in love with the things that we think are true.

Dee W. Hock

\*\*\*

No act of kindness, however small, is ever wasted.

Aesop

\*\*\*

Catch people in the act of doing something right.

Ken Blanchard

\*\*\*

The smaller the heart, the bigger the hate it shelters.

Victor Hugo

\*\*\*

Be generous! Give to those you love; give to those who love you; give to the fortunate; give to the unfortunate yes, give especially to those you don't want to give. You will receive abundance for your giving. The more you give, the more you will have!

W. Clement Stone

\*\*\*

The opportunity for brotherhood presents itself every time you meet a human being.

Jany Wyman

\*\*\*

To love what you do and feel that it matters how could anything be more fun?

Katherine Graham

\*\*\*

What every child is looking for is to know, "Do your eyes light up when I walk into the room?"

Oprah Winfrey

\*\*\*

Your body is your vehicle for life. As long as you are here, live in it. Love, honor, respect and cherish it, treat it well and it will serve you in kind.

Suzy Prudden

\*\*\*

Love all, serve all.

Pocket logo on Hard Rock Cafe shirt

\*\*\*

Concern should drive us into action and not into a depression.

Karen Horney

\*\*\*

It takes a lot of courage to show your dreams to someone else.

Erma Bombeck

\*\*\*

A friend is one who comes to you when all others leave.

Unknown

\*\*\*

Speaking with kindness creates confidence, thinking with kindness creates  
profoundness, giving with kindness creates love.

Lao Tseu

\*\*\*

Love conquers all things; let us too surrender to Love.

Virgil

\*\*\*

The secret of living is giving.

Anthony Robbins

\*\*\*

One of the best parts of being a family is that you can encourage one  
another. You can believe in one another. You can affirm one another.

Stephen R. Covey

\*\*\*

Beauty is but the sensible image of the Infinite. Like truth and justice it lives  
within us; like virtue and the moral law it is a companion of the soul.

George Bancroft

\*\*\*

Giving opens the way to receiving.

Florence Scovel Shinn

\*\*\*

Kindness is the language which the deaf can hear and the blind can see.

Mark Twain

\*\*\*

Life has taught us that love does not consist in gazing at each other, but in  
looking outward together in the same direction.

Antoine de Saint Exupery

\*\*\*

Gratitude takes three forms: a feeling in the heart, an expression in words

and giving in return. Unknown Sometimes being a friend means mastering the art of timing. There is a time for silence, a time to let go and allow people to hurl themselves into their own destiny and a time to prepare to pick up the pieces when it's all over.

Octavia Butler

\*\*\*

True love brings up everything  
you're allowing a mirror to be held up to you daily.

Jennifer Aniston

\*\*\*

What I think about, I bring about. The thought of success will foster success. The thought of love will foster love. The thought of security will foster security. What am I thinking about today?

Rita Davenport

\*\*\*

Doing what you love is the cornerstone of having abundance in your life.

Wayne Dyer

\*\*\*

Though you are no longer here, your spirit will always be alive in me.

Maria Shriver

\*\*\*

Everyone needs and deserves love and happiness. Let's not wait until we're perfect to go out and find it.

Pat A. Mitchell

\*\*\*

The key to finding beauty is to know where to look.

Seigfried and Roy

\*\*\*

Nothing is ever lost by courtesy. It is the cheapest of pleasures, costs nothing, and conveys much.

Erastus Wiman

\*\*\*

When one lives from love and gratitude, giving and kindness are the rewards.

Unknown

\*\*\*

Each friend represents a world in us, a world possibly not born until they

arrive and it is only by this meeting that this new world is born.- Anais Nin

\*\*\*

Never miss an opportunity to make someone smile. Unknown \*\*\*  
He that cannot forgive others breaks the bridge over which he must pass  
himself; for every man has need to be forgiven.

Thomas Fuller

\*\*\*

The more you recognize and express gratitude for the things you have, the  
more you will have to express gratitude for.

Zig Ziglar

\*\*\*

I wake at dawn with a winged heart and give thanks for another day of  
loving.

Kahlil Gibran

\*\*\*

As a society, we have come to a point where people too often treat one  
another as objects and opportunities, rather than as fellow human beings.  
Respecting one another as individuals, or not doing so, seriously impacts the  
future for all of us.

Gail Pursell Elliott

\*\*\*

Lots of people want to ride with you in the limo, but what you want is  
someone who will take the bus with you when the limo breaks down.

Oprah Winfrey

\*\*\*

When you are kind to someone, you hope they'll remember and be kind to  
someone else and it will become like wildfire.

Whoopi Goldberg

\*\*\*

Every instance of heartbreak can teach us powerful lessons about creating  
the kind of love we really want.

Martha Beck

\*\*\*

Often the most loving thing we can do when a friend is in pain is to share  
the pain to be there even when we have nothing to offer except our presence  
and even when being there is painful to ourselves.

M. Scott Peck



\*\*\*

Help us to be thankful for this day and every day and treat each one as a precious gem to be filled to the full with meaning and with love.

Norman Vincent Peale

\*\*\*

The best gifts are tied with heartstrings.

Unknown

\*\*\*

The best way to know God is to love many things.

Vincent Van Gogh

\*\*\*

Forgiving those who hurt us is the key to personal peace.

G. Weatherly

\*\*\*

All people want and have the right to be treated with Dignity and Respect, No Exceptions. The only way we can do this is by separating people from their behavior. Behavior is not always worthy of respect, but the person always is.

Gail Pursell Elliott

\*\*\*

Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring....all of which have the potential to turn a life around.

Leo Buscaglia

\*\*\*

Kindness is something that we must own and extend to ourselves, before we are able to extend it to others. When we do this, we do not determine whether someone deserves our kindness anymore than we determine whether someone deserves to be spoken to in their own language. It is simply something we do because it has become our nature to be kind.

Gail Pursell Elliott

\*\*\*

To serve is beautiful, but only if it is done with joy and a whole heart and a free mind.

Pearl S. Buck

\*\*\*

There's no scarcity of opportunity to make a living at what you love. There is only a scarcity of resolve to make it happen.

Wayne Dyer

\*\*\*

People are like stained glass windows. They sparkle and shine when the sun is out, but when the darkness sets in their true beauty is revealed only if there is a light from within.

Elizabeth Kübler Ross

\*\*\*

A friend is one who comes to you when all others leave. Unknown \*\*\*

Everyone needs and deserves love and happiness. Let's not wait until we're perfect to go out and find it.

Pat A. Mitchell

\*\*\*

Enjoy and laugh a lot. Up or down, love the ride.

Unknown

\*\*\*

When one lives from love and gratitude, giving and kindness are the rewards.

Unknown

\*\*\*

Let your light shine. Shine within you so that it can shine on someone else.

Let your light shine.

Oprah Winfrey

\*\*\*

Love yourself first and everything else falls into line. You really have to love yourself to get anything done in this world.

Lucille Ball

\*\*\*

The world is a great mirror. It reflects back to you what you are. If you are loving, if you are friendly, if you are helpful, the world will prove loving and friendly and helpful to you. The world is what you are.

Thomas Dreier

\*\*\*

To love what you do and feel that it matters how could anything be more fun?

Katherine Graham

\*\*\*

The best portion of a good man's life is in his little nameless,

unremembered acts of kindness and of love.

William Wordsworth

\*\*\*

Some people, no matter how old they get, never lose their beauty....they  
merely move it from their faces into their hearts.

Unknown

\*\*\*

Where there are friends there is wealth.

Titus Maccius Plautus

\*\*\*

There is never jealousy where there is not strong regard.

Washington Irving

\*\*\*

Generosity is another quality which, like patience, letting go, non judging,  
and trust, provides a solid foundation for mindfulness practice. You might  
experiment with using the cultivation of generosity as a vehicle for deep self  
observation and inquiry as well as an exercise in giving. A good place to start  
is with yourself. See if you can give yourself gifts that may be true blessings,  
such as self acceptance, or some time each day with no purpose. Practice  
feeling deserving enough to accept these gifts without obligation to simply  
receive from yourself, and from the universe.

Jon Kabat Zinn

\*\*\*

How often do we miss the serendipitous beauty of the many facets of the  
people who populate our world? If we only look, we'll surely find more than  
we could ever imagine. Not only in others, but in ourselves as well.

Gail Pursell Elliott

\*\*\*

To me, we must learn to spell the word RESPECT. We must respect the  
rights and properties of our fellowman. And then learn to play the game of life,  
as well as the game of athletics, according to the rules of society. If you can  
take that and put it into practice in the community in which you live, then, to me  
you have won the greatest championship.

Jesse Owens

\*\*\*

A friendship can weather most things and thrive in thin soil but it needs a  
little mulch of letters and phone calls and small silly presents every so often

just to save it from drying out completely.

Pam Brown

\*\*\*

Those who bring sunshine to the lives of others cannot keep it from themselves.

James M. Barrie

\*\*\*

When you judge another, you do not define them, you define yourself.

Wayne Dyer

\*\*\*

A smile given to another can make the difference in their day and yours too.

Anonymous

\*\*\*

Really seeking to understand another person is probably one of the most important deposits you can make, and it is the key to every other deposit.

Stephen R. Covey

\*\*\*

Young love is when you love someone because of what they do right.  
Mature love is when you love someone in spite of what they do wrong.

Mark Goulston

\*\*\*

Flatter me, and I may not believe you. Criticize me, and I may not like you.  
Ignore me, and I may not forgive you. Encourage me, and I may not forget you.

William Arthur

\*\*\*

Only those who respect the personality of others can be of real use to them.

Albert Schweitzer

\*\*\*

Keep in mind that the true measure of an individual is how he treats a person who can do him absolutely no good.

Ann Landers

\*\*\*

Anyone can be polite to a king, but it takes a civilized person to be polite to a beggar.

Unknown

\*\*\*

Wounded people are dangerous; they know they can survive.

Anonymous

\*\*\*

Our behavior is a function of our decisions, not our conditions. We can  
subordinate feelings to values.

Stephen R. Covey

\*\*\*

Under a spring mist, ice and water forget their old difference...

Teitoku

\*\*\*

How do I love thee? Let me count the ways.

Elizabeth Barrett Browning

\*\*\*

The place to begin building any relationship is inside ourselves, inside our  
circle of influence, our own character.

Stephen R. Covey

\*\*\*

Love and kindness are never wasted. They always make a difference. They  
bless the one who receives them, and they bless you, the giver.

Barbara De Angelis

\*\*\*

It is better to have loved and lost than never to have lost at all.

Samuel Butler

\*\*\*

Decide today to design and build the ideal relationship in your life. It's up  
to you.

Brian Tracy

\*\*\*

The most important ingredient we put into any relationship is not what we  
say or what we do, but what we are.

Stephen R. Covey

\*\*\*

We must combine the toughness of the serpent and the softness of the dove,  
a tough mind and a tender heart.

Martin Luther King, Jr.

\*\*\*

Dost thou love life? Then do not squander time, for that's the stuff life is  
made of.

Benjamin Franklin

\*\*\*

I have three treasures. Guard and keep them: The first is deep love, The second is frugality, And the third is not to dare to be ahead of the world. Because of deep love, one is courageous. Because of frugality, one is generous. Because of not daring to be ahead of the world, one becomes the leader of the world.

Lao-tzu

\*\*\*

The highest result of education is tolerance.

Helen Keller

\*\*\*

The man of knowledge must be able not only to love his enemies but also to hate his friends.

Friedrich Nietzsche

\*\*\*

We can learn even from our enemies.

Ovid

\*\*\*

He who boasts of his ancestry is praising the deeds of another.

Seneca

\*\*\*

Love all, trust a few. Do wrong to none.

William Shakespeare

\*\*\*

The really potent part of love is that it allows you to carry around beliefs about yourself that make you feel special, desirable, precious, innately good. Your lover couldn't have seen [these qualities] in you, even temporarily, if they weren't part of your essential being.

Martha Beck

\*\*\*

To keep the heart unwrinkled, to be hopeful, kindly, cheerful, reverent that is to triumph over old age.

Thomas Bailey Aldrich

\*\*\*

The past is a source of knowledge, and the future is a source of hope. Love of the past implies faith in the future.

Stephen Ambrose

\*\*\*

Charity begins at home.

Terence

\*\*\*

Life loves to be taken by the lapel and told, 'I'm with you kid. Let's go.

Maya Angelou

\*\*\*

Life is the most important, precious and valuable thing.

Anwarshah Anwary

\*\*\*

Despise not any man, and do not spurn anything; for there is no man who has not his hour, nor is there anything that has not its place.

Ben Azai

\*\*\*

Really listening and suspending one's own judgment is necessary in order to understand other people on their own terms... This is a process that requires trust and builds trust.

Mary Field Belenky

\*\*\*

Those who restrain desire, do so because theirs is weak enough to be restrained.

William Blake

\*\*\*

A good friend can tell you what is the matter with you in a minute. He may not seem such a good friend after telling.

Arthur Brisbane

\*\*\*

Love is the kind of illness that does not spare the intelligent or the dull.

Albert Camus

\*\*\*

Live, love and, be present in each moment. Each moment quickly passes by, but over time, their culmination makes for a truly fulfilled life.

Lisa George \*\*\*

It is foolish to wish for beauty. Sensible people never either desire it for themselves or care about it in others. If the mind be but well cultivated, and the heart well disposed, no one ever cares for the exterior.

Anne Bronte

\*\*\*

Hatred does not cease in this world by hating, but by not hating; this is an eternal truth.

Buddha

\*\*\*

Welcome to the human race. Nobody controls his own life. The best you can do is choose to be controlled by good people, by people who love you.

Orson Scott Card

\*\*\*

Anger makes you smaller, while forgiveness forces you to grow beyond what you were.

Cherie Carter-Scott

\*\*\*

Wit is so shining a quality that everybody admires it; most people aim at it, all people fear it, and few love it unless in themselves.

Lord Chesterfield

\*\*\*

Treat your friends as you do your pictures, and place them in their best light.

Unknown

\*\*\*

Praise the bridge that carried you over.

George Colman

\*\*\*

The only reward for love is the experience of loving.

John le Carre

\*\*\*

Cherish that which is within you, and shut off that which is without.

Chuang Tzu

\*\*\*

Seize the moments of happiness, love and be loved! That is the only reality in the world, all else is folly.

Leo Tolstoy

\*\*\*

A life of kindness is the primary meaning of divine worship.

Emanuel Swedenborg

\*\*\*



Everything has its beauty, but not everyone sees it.

Confucius

\*\*\*

I have learned to love that which is meant to harm me, so that I can stand in the way of those who are less strong. I can take the bullets for those who aren't able to.

Margaret Cho

\*\*\*

Imitation is the sincerest of flattery.

Charles Caleb Colton

\*\*\*

Have no friends not equal to yourself.

Confucius

\*\*\*

Love is the big booming beat which covers up the noise of hate.

Margaret Cho

\*\*\*

A handful of patience is worth more than a bushel of brains.

Danish Proverb

\*\*\*

If we have the opportunity to be generous with our hearts, ourselves, we have no idea of the depth and breadth of love's reach.

Margaret Cho

\*\*\*

While we are focusing on fear, worry, or hate, it is not possible for us to be experiencing happiness, enthusiasm or love.

Bo Bennett

\*\*\*

Games are a compromise between intimacy and keeping intimacy away.

Eric Berne

\*\*\*

True love is night jasmine, a diamond in darkness, the heartbeat no cardiologist has ever heard. It is the most common of miracles, fashioned of fleecy clouds -- a handful of stars tossed into the night sky.

Jim Bishop

\*\*\*

Who can give law to lovers? Love is a greater law to itself.

Boethius

\*\*\*

Sometimes when we are generous in small, barely detectable ways it can  
change someone else's life forever.

Margaret Cho

\*\*\*

A kiss makes the heart young again and wipes out the years.

Rupert Brooke

\*\*\*

The person who tries to live alone will not succeed as a human being. His  
heart withers if it does not answer another heart. His mind shrinks away if he  
hears only the echoes of his own thoughts and finds no other inspiration.

Pearl Buck

\*\*\*

Beauty without intelligence is an illusion that is close to disenchantment. It  
is like a fairy that fascinates us, as long as we look at her through the enchanting  
prism of her beauty. However, it disappears as soon as the light of reason  
penetrates beyond the place where the eyes can see.

Mercedes Cabello de Carbonera

\*\*\*

### SPIRITUALITY

Grief and tragedy and hatred are only for a time. Goodness, remembrance  
and love have no end.

George W. Bush

\*\*\*

Try to love someone who you want to hate, because they are just like you,  
somewhere inside, in a way you may never expect, in a way that resounds so  
deeply within you that you cannot believe it.

Margaret Cho

\*\*\*

All of us, at certain moments of our lives, need to take advice and to  
receive help from other people.

Alexis Carrel

\*\*\*

It is wise to apply the oil of refined politeness to the mechanisms of  
friendship.

Colette

\*\*\*

By the time a man realizes that maybe his father was right, he usually has a son who thinks he's wrong.

Charles Wadsworth

\*\*\*

The capacity to care is what gives life its most deepest significance.

Unknown

\*\*\*

I only know how true it is: that love is a chain of love, as nature is a chain of life.

Truman Capote

\*\*\*

Beauty is unbearable, drives us to despair, offers us for a minute the glimpse of an eternity that we should like to stretch out over the whole of time.

Albert Camus

\*\*\*

Hold faithfulness and sincerity as first principles.

Confucius

\*\*\*

Where there is great love there are always miracles.

Willa Cather

\*\*\*

Men are apt to offend ('tis true) where they find most goodness to forgive.

William Congreve

\*\*\*

Only solitary men know the full joys of friendship. Others have their family; but to a solitary and an exile, his friends are everything.

Willa Cather

\*\*\*

One must not lose desires. They are mighty stimulants to creativeness, to love, and to long life.

Alexander A. Bogomoletz

\*\*\*

Emotions, feelings and desires are the powers that push people to take action.

Remez Sasson

\*\*\*

He has achieved success who has worked well, laughed often, and loved  
much

Elbert Hubbard

\*\*\*

The way you give your name to others is a measure of how much you like  
and respect yourself.

Brian Tracy

\*\*\*

Patience with others is Love, Patience with self is Hope, Patience with God  
is Faith.

Adel Bestavros

\*\*\*

End your day by privately looking directly into your eyes in the mirror and  
saying, 'I love you!' Do this for thirty days and watch how you transform.

Mark Victor Hansen

\*\*\*

The more a man knows, the more he forgives.

Catherine the Great

\*\*\*

Just don't give up trying to do what you really want to do. Where there is  
love and inspiration, I don't think you can go wrong.

Ella Fitzgerald \*\*\*

A loving heart is the truest wisdom.

Charles Dickens

\*\*\*

A good deed is never lost: he who sows courtesy reaps friendship; and he  
who plants kindness gathers love.

Basil

\*\*\*

Be courteous to all, but intimate with few; and let those be well-trying  
before you give them your confidence.

George Washington

\*\*\*

At times our own light goes out and is rekindled by a spark from another  
person. Each of us has cause to think with deep gratitude of those who have  
lighted the flame within us.

Albert Schweitzer

\*\*\*

Love never fails; Character never quits; and with patience and persistence;  
Dreams do come true.

Pete Maravich

\*\*\*

The greatest motivational act one person can do for another is to listen.

Roy E. Moody

\*\*\*

Cherish your visions; cherish your ideals; cherish the music that stirs in  
your heart, the beauty that forms in your mind, the loveliness that drapes your  
purest thoughts, for out of them will grow delightful conditions, all heavenly  
environment; of these if you but remain true to them, your world will at last be  
built..

James Allen

\*\*\*

When you focus on how people feel about what they are saying, you  
increase the level of true concern you have for others. You actually start to  
become the person you thought you were pretending to be: a true leader!

Garrison Wynn

\*\*\*

Every portrait that is painted with feeling is a portrait of the artist, not of the  
sitter.

Oscar Wilde

\*\*\*

In everyone's life, at some time, our inner fire goes out. It is then burst into  
flame by an encounter with another human being. We should all be thankful for  
those people who rekindle the inner spirit.

Albert Schweitzer

\*\*\*

I am a success today because I had a friend who believed in me and I didn't  
have the heart to let him down...

Abraham Lincoln

\*\*\*

We all need to grow continuously.

Les Brown

\*\*\*

Write it on your heart that every day is the best day in the year. With the

past, I have nothing to do; nor with the future. I live now.

Ralph Waldo Emerson

\*\*\*

How far you go in life depends on your being tender with the young, compassionate with the aged, sympathetic with the striving, and tolerant of the weak and strong. Because someday in your life you will have been all of these.

George Washington Carver

\*\*\*

Our patience will achieve more than our force.

Edmund Burke

\*\*\*

We cannot live only for ourselves. A thousand fibers connect us with our fellowmen; and along those fibers, as sympathetic threads, our actions run as causes, and they come back to us as effects.

Herman Melville

\*\*\*

Be faithful in small things because it is in them that your strength lies.

Mother Teresa

\*\*\*

There are no extra pieces in the universe. Everyone is here because he or she has a place to fill, and every piece must fit itself into the big jigsaw puzzle.

Deepak Chopra

\*\*\*

Our life's journey of self discovery is not a straight line rise from one level of consciousness to another. Instead, it is a series of steep climbs and flat plateaus, then further climbs. Even though we all approach the journey from different directions, certain of the journey's characteristics are common to all of us.

Stuart Wilde

\*\*\*

A man needs self-acceptance or he can't live with himself; he needs self-criticism or others can't live with him.

James A. Pike

\*\*\*

A man is as great as the dreams he dreams, As great as the love he bears;  
As great as the values he redeems, And the happiness he shares. A man is as great as the thoughts he thinks, As the worth he has attained; As the fountains at

which his spirit drinks And the insight he has gained. A man is as great as the truth he speaks, As great as the help he gives, As great as the destiny he seeks, As great as the life he lives.

C.E. Flynn

\*\*\*

There are powers inside of you which, if you could discover and use, would make of you everything you ever dreamed or imagined you could become.

Orison Swett Marden

\*\*\*

Strange is our situation here upon earth. Each of us comes for a short visit, not knowing why, yet sometimes seeming to divine a purpose. From the standpoint of daily life, however, there is one thing we do know that man is here for the sake of other men.

Albert Einstein

\*\*\*

The only time you ever have in which to learn anything or see anything or feel anything, or express any feeling or emotion, or respond to an event, or grow, or heal, is this moment, because this is the only moment any of us ever gets. You're only here now; you're only alive in this moment.

Marianne Williamson

\*\*\*

In every person who comes near you look for what is good and strong.

John Ruskin

\*\*\*

Simple kindness to one's self and all that lives is the most powerful transformational force of all.

David R. Hawkins

\*\*\*

True religion is the life we lead, not the creed we profess.

Louis Nizer

\*\*\*

The best way to find yourself is to lose yourself in the service of others.

Mahatma Gandhi

\*\*\*

Seek respect mainly from thyself, for it comes first from within.

Steven H. Coogler

\*\*\*

The practice of forgiveness is our most important contribution to the healing  
of the world.

Marianne Williamson

\*\*\*

Kindness is an inner desire that makes us want to do good things even if we  
do not get anything in return. It is the joy of our life to do them. When we do  
good things from this inner desire, there is kindness in everything we think, say,  
want and do.

Emanuel Swedenborg

\*\*\*

There is nothing noble in being superior to some other man. The true  
nobility is in being superior to your previous self.

Hindu proverb

\*\*\*

You are not here merely to make a living. You are here in order to enable  
the world to live more amply, with greater vision, with a finer spirit of hope  
and achievement. You are here to enrich the world, and you impoverish  
yourself if you forget the errand.

Woodrow Wilson

\*\*\*

When we extend ourselves to another human being in any way at all, when  
we positively touch the life of one person, we benefit the whole of humanity.

Gail Pursell Elliott

\*\*\*

If you do not conquer self, you will be conquered by self.

Napoleon Hill

\*\*\*

Just as friction between certain types of rocks produces sparks of light, so it  
is the friction of our individualities rubbing against each other that illuminates  
who we really are.

Rev. Rowland C. Croucher

\*\*\*

If you wish to travel far and fast, travel light. Take off all your envies,  
jealousies, unforgiveness, selfishness, and fears.

Glenn Clark

\*\*\*



What we have done for ourselves alone dies with us. What we have done  
for others and the world remains and is immortal.

Albert Pine

\*\*\*

To exist is to change, to change is to mature, to mature is to go on creating  
oneself endlessly.

Henri Bergson

\*\*\*

The abundant life does not come to those who have had a lot of obstacles  
removed from their path by others. It develops from within and is rooted in  
strong mental and moral fiber.

William Mather Lewis

\*\*\*

You must be the change you wish to see in the world.

Mahatma Gandhi

\*\*\*

Sometimes the subconscious mind manifests a wisdom several steps or  
even years ahead of the conscious mind, and has its own way of leading us  
toward our destiny.

Nathaniel Branden

\*\*\*

Don't spend your precious time asking 'Why isn't the world a better  
place?' It will only be time wasted. The question to ask is 'How can I make it  
better?' To that there is an answer.

Leo F. Buscaglia

\*\*\*

The sages do not consider that making no mistakes is a blessing. They  
believe, rather, that the great virtue of man lies in his ability to correct his  
mistakes and continually make a new man of himself.

Wang Yang Ming

\*\*\*

You can preach a better sermon with your life than with your lips.

Oliver Goldsmith

\*\*\*

No matter what age you are, or what your circumstances might be, you are  
special, and you still have something unique to offer. Your life, because of who  
you are, has meaning.

Barbara De Angelis

\*\*\*

It is not so much what you believe in that matters, it's more the way in which you believe it and proceed to translate that belief into action.

Lin Yutang \*\*\*

The soul is dyed the color of its thoughts. Think only on those things that are in line with your principles and can bear the light of day. The content of your character is your choice. Day by day, what you choose, what you think, and what you do is who you become. Your integrity is your destiny ... it is the light that guides your way.

Heraclitus

\*\*\*

We are what we think. All that we are arises with our thoughts. With our thoughts we make the world.

Buddha

\*\*\*

We can chart our future clearly and wisely only when we know the path which has led to the present.

Adlai Stevenson

\*\*\*

Society is joint action and cooperation in which each participant sees the other partner's success as a means for the attainment of his own.

Ludwig von Mises

\*\*\*

In the long run, we shape our lives, and we shape ourselves. The process never ends until we die. And the choices we make are ultimately our responsibility.

Eleanor Roosevelt

\*\*\*

When we bend and stretch, reach for the stars, we may find that the stars we are reaching for exist within us, waiting to illumine a deeper insight and greater awareness, to shine into our lives, our environment, and into the lives of others.

Each of us has purpose and a mission that only we can fulfill right where we are.

Gail Pursell Elliott

\*\*\*

I hear and I forget. I see and I remember. I do and I understand.

Chinese Proverb

\*\*\*

Be more concerned with your character than with your reputation. Your character is what you really are, while your reputation is merely what others think you are.

John Wooden

\*\*\*

A powerful, life changing concept. Well done in every way! As you get clear about yourself, the whole world will become clear around you.

Michael Levine

\*\*\*

A man's own self is his friend, a man's own self is his foe. The Bhagavad Gita

\*\*\*

Kind words can be short and easy to speak but their echoes are truly endless.

Mother Teresa

\*\*\*

Situations come to pass, they never come to stay. And when we allow them to pass and disappear into the past like shadows, our vibrant spiritual selves remain, powerful in the present moment. That is the constant, the unchanging, in an ever changing world.

Gail Pursell Elliott

\*\*\*

The mind, ever the willing servant, will respond to boldness, for boldness, in effect, is a command to deliver mental resources.

Norman Vincent Peale

\*\*\*

The greedy man is discontent with a whole world set before him.

Sa'Di

\*\*\*

Every day is a messenger of God.

Russian proverb

\*\*\*

Any thought that is passed on to the subconscious often enough and convincingly enough is finally accepted.

Robert Collier

\*\*\*

Everything you need you already have. You are complete right now, you are a whole, total person, not an apprentice person on the way to someplace else. Your completeness must be understood by you and experienced in your thoughts as your own personal reality.

Wayne Dyer

\*\*\*

Each golden sunrise ushers in new opportunities for those who retain faith in themselves, and keep their chins up... Meet the sunrise with confidence. Fill every golden minute with right thinking and worthwhile endeavor. Do this and there will be joy for you in each golden sunset.

Alonzo Newton Benn

\*\*\*

What we have done for ourselves alone dies with us. What we have done for others and the world remains and is immortal.

Albert Pine

\*\*\*

In this world it is not what we take up, but what we give up, that makes us rich.

Henry Ward Beecher

\*\*\*

Man must cease attributing his problems to his environment and learn again to exercise...his personal responsibility in the realm of faith and morals.

Albert Schweitzer

\*\*\*

Our lives are a sum total of the choices we have made.

Wayne Dyer

\*\*\*

One life stamps and influences another, which in turn stamps and influences another, on and on, until the soul of human experience breathes on in generations we'll never even meet.

Mary Kay Blakely

\*\*\*

Faith without challenge is nothing.

Iyanla Vanzant

\*\*\*

Tomorrow's life is too late. Live today.

Unknown

\*\*\*

Only when your consciousness is totally focused on the moment you are in can you receive whatever gift, lesson, or delight that moment has to offer.

Barbara De Angelis \*\*\*

If I could define enlightenment briefly I would say it is the quiet acceptance of what is.

Dr. Wayne Dyer

\*\*\*

A long, healthy, and happy life is the result of making contributions, of having meaningful projects that are personally exciting and contribute to and bless the lives of others.

Hans Selye

\*\*\*

Let us have faith that right makes might, and in that faith let us to the end dare to do our duty as we understand it.

Abraham Lincoln

\*\*\*

If you have no confidence in self, you are twice defeated in the race of life. With confidence, you have won even before you have started.

Marcus Garvey

\*\*\*

We make a living by what we get, but we make a life by what we give.

Winston Churchill

\*\*\*

The mind ought sometimes to be diverted, that it may return the better to thinking.

Phaedrus

\*\*\*

When meditation is mastered, the mind is unwavering like the flame of a lamp in a windless place. The Bhagavad Gita

\*\*\*

There are only two ways to live your life. One as though nothing is a miracle. The other is as though everything is a miracle.

Albert Einstein

\*\*\*

Integrity is one of several paths. It distinguishes itself from the others

because it is the right path, and the only one upon which you will never get lost.

M.H. McKee

\*\*\*

There have been too many things that have happened in my life to look at anything as coincidence.

Lauren Hill

\*\*\*

Enlightenment means taking full responsibility for your life.

William Blake

\*\*\*

What really matters is what you do with what you have.

Shirley Lord

\*\*\*

In the practice of tolerance, one's enemy is the best teacher.

Dalai Lama

\*\*\*

To do the useful thing, to say the courageous thing, to contemplate the beautiful thing: that is enough for one man's life.

T.S. Eliot

\*\*\*

One man cannot do right in one department of life whilst he is occupied in doing wrong in any other department. Life is one indivisible whole.

Mahatma Gandhi

\*\*\*

Do all the good you can, by all the means you can, in all the ways you can, in all the places you can, at all the times you can.

Anonymous

\*\*\*

There's so much pollution in the air now that if it weren't for our lungs there'd be no place to put it all.

Robert Orben

\*\*\*

Realize that now, in this moment of time, you are creating. You are creating your next moment based on what you are feeling and thinking. That is what's real.

Doc Childre

\*\*\*

We create our own destiny with our choices and decisions. We can base these decisions upon the awareness of our inner truth or we can base them on reactions to outer circumstances. This power always belongs to us. No one can take it from us.

Gail Pursell Elliott

\*\*\*

In every community, there is work to be done. In every nation, there are wounds to heal. In every heart, there is the power to do it.

Marianne Williamson

\*\*\*

To live in the presence of great truths and eternal laws, to be led by permanent ideals that is what keeps a man patient when the world ignores him, and calm and unspoiled when the world praises him.

Honore De Balzac

\*\*\*

When you live on a round planet, there's no choosing sides.

Wayne Dyer

\*\*\*

Be grateful for whoever comes, because each guest has been sent as a guide from beyond.

Rumi

\*\*\*

We live in a wonderful world that is full of beauty, charm and adventure. There is no end to the adventures that we can have if only we seek them with our eyes open.

Jawaharlal Nehru

\*\*\*

There is plenty for everyone, including me.

Louise L. Hay

\*\*\*

Life is a mirror, if you frown at it, it frowns back; if you smile, it returns the greeting.

William Thackeray

\*\*\*

Though you are no longer here, your spirit will always be alive in me.

Maria Shriver

\*\*\*

See miracles happening in your life; step into them as you see them in your mind's eye. See, feel, touch, smell, taste and breath in your miracles.

Unknown

\*\*\*

We cannot not communicate. We do it by our presence and by our absence, by our silences as well as our words, by our choices, gestures and attitudes.

We may not always do it well, but we always do it.

Unknown

\*\*\*

View any and all obstacles as lessons, not indications of failure. Keep in mind that you are practicing patience and detachment from outcome. When anything appears to be an obstacle, do not use that material fact to deny the existence of the universal energy that is your essence. Everything that shows up in your life is supposed to; this includes the falls in your life, which provide you with the energy to propel yourself to a higher state of awareness.

Wayne Dyer

\*\*\*

There is only one journey. Going inside yourself.

Rainer Maria Rilke

\*\*\*

For God to use your painful experiences, you must be willing to share them.

Rick Warren

\*\*\*

Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness, that most frightens us. We ask ourselves, who am I to be brilliant, gorgeous, talented, and fabulous? Actually, who are you not to be? Marianne Williamson

\*\*\*

Spiritual beings do not allow their thoughts and feelings to flow from their actions, they understand that their thoughts create their physical world.

Wayne Dyer

\*\*\*

Miracles happen every day. They bubble up from their hidden source, surround us with opportunities and disappear.

Deepak Chopra

\*\*\*

Once you become detached from things, they don't own you any longer.



Wayne Dyer

\*\*\*

Give thanks for unknown blessings already on their way.

Native American Prayer

\*\*\*

Reflect upon your present blessings, of which every man has many not on  
your past misfortunes, of which all men have some.

Charles Dickens

\*\*\*

Love all, serve all.

Unknown

\*\*\*

One way we can know that we are aligned with the life force that is God is  
that we feel more and more alive. Notice what gives you aliveness and what  
diminishes you, deadens and numbs you so that you only skim the surface of  
life. Begin to say YES to what quickens and energizes, to that which brings joy  
and gratitude.

Mary Manin Morrissey

\*\*\*

Help us to be thankful for this day and every day and treat each one as a  
precious gem to be filled to the full with meaning and with love.

Norman Vincent Peale

\*\*\*

When you don't talk, you hear yourself better.

Unknown

\*\*\*

Time ripens all things; no man is born wise.

Miguel de Cervantes

\*\*\*

As you begin to live in the present moment, you will experience a subtle but  
profound change. Worrying about the future will cease. A deep peace will  
enfold you, a peace that says, 'All is well. There is nothing to fear.' Everything  
is unfolding according to plan and you are being guided each step along the  
way.

Douglas Bloch

\*\*\*

Faith is the bird that feels the light and sings while the dawn is still dark.

Proverb

\*\*\*

Power moves with you when you have an intent to serve more than yourself.

Anthony Robbins

\*\*\*

When you come to the edge of all the light you know and are about to drop off into the darkness of the unknown, faith is knowing that one of two things will happen: There will be something solid to stand on or you will be taught how to fly. Unknown

\*\*\*

Most true happiness comes from one's inner life, from the disposition of the mind and soul. Admittedly, a good inner life is hard to achieve, especially in these trying times. It takes reflection and contemplation and self discipline.

W. L. Shirer

\*\*\*

Start living now. Stop saving the good china for that special occasion. Stop withholding your love until that special person materializes. Every day you are alive is a special occasion. Every minute, every breath, is a gift from God.

Mary Manin Morrissey

\*\*\*

Life is a gift and all of us who have the capacity must remember that we have the responsibility to give something back; a small but consistent commitment of time and caring can make a measurable difference in the world.

Anthony Robbins

\*\*\*

The only thing that stands between a man and what he wants from life is often merely the will to try it and the faith to believe that it is possible.

Richard M. DeVos

\*\*\*

If you are not generous with a meager income, you will never be generous with abundance.

Harold Nye

\*\*\*

The acknowledgment of our weakness is the first step in repairing our loss.

Thomas Kempis

\*\*\*

Uncertainty is the refuge of hope.

Henri Frederic Amiel

\*\*\*

The wise only possess ideas; the greater part of mankind are possessed by them.

Samuel Taylor Coleridge

\*\*\*

All these things, like sickness and sorrow, that we think that we could do without, are really making us stronger in our faith. In my suffering I became strong! It is in pain and anguish that we call upon God the most.

Larry Hickey

\*\*\*

Be vigilant; guard your mind against negative thoughts.

Buddha

\*\*\*

The universe is completely balanced and in perfect order. You will always be compensated in full for everything you do.

Brian Tracy \*\*\*

Prayer is the acid test of devotion.

Samuel Chadwick

\*\*\*

Faith is to believe in what you do not yet see, the reward for faith is to see what you believe. Unknown

\*\*\*

Doubt is a pain too lonely to know that faith is his twin brother.

Kahlil Gibran

\*\*\*

If you don't change your beliefs, your life will be like this forever. Is that good news?

Dr. Robert Anthony

\*\*\*

I claim to be no more than an average man with below average capabilities. I have not the shadow of a doubt that any man or woman can achieve what I have if he or she would put forth the same effort and cultivate the same hope and faith.

Mahatma Gandhi

\*\*\*

Strong beliefs win strong men, and then make them stronger.

Walter Bagehot

\*\*\*

Ultimately, man should not ask what the meaning of his life is, but rather must recognize that it is he who is asked. In a word, each man is questioned by life; and he can only answer to life by answering for his own life; to life he can only respond by being responsible.

Viktor Frankl

\*\*\*

Independent thinking alone is not suited to interdependent reality. Stephen

R. Covey

\*\*\*

Take the first step in faith. You don't have to see the whole staircase, just take the first step.

Dr. Martin Luther King Jr.

\*\*\*

Many people are uncomfortable with periods of change and transition; we often think that endings equal death. But there is no death without rebirth.

Cathy Hainer

\*\*\*

Miracles are natural; when they do not occur, something has gone wrong.

Helen Schulman

\*\*\*

When you affirm your own rightness in the universe, then you co-operate with others easily and automatically as part of your own nature. You, being yourself, helps others by themselves. Because you recognize your own uniqueness you will not need to dominate others, nor cringe before them.

Jane Roberts

\*\*\*

There is no real excellence in all this world which can be separated from right living.

David Starr Jordan

\*\*\*

It takes years to develop into the kind of human being you want to be.

Ziggy Marley

\*\*\*

In the depths of winter I finally learned there was in me an invincible summer.

Albert Camus

\*\*\*

Everything here, but the soul of man, is a passing shadow. The only enduring substance is within.

W.E.Channing

\*\*\*

Peace of mind is the highest human good and it is your normal, natural condition. Ask yourself, do you want to be right, or do you want to be happy?

Brian Tracy

\*\*\*

Good actions get good results in time.

St. Francis of Asissi

\*\*\*

The life of a small group of people, who live true to their convictions, does more and more certain good than all writing. Let us, therefore, young and old, direct all our actions as much as possible towards the realization of our convictions.

Count Leo Nikolaevich Tolstoy

\*\*\*

By centering our lives on correct principles and creating a balanced focus between doing and increasing our ability to do, we become empowered in the task of creating effective, useful, and peaceful lives--for ourselves, and for our posterity.

Stephen R. Covey

\*\*\*

Make your own recovery the first priority in your life.

Robin Norwood

\*\*\*

The past exists only in our memories, the future only in our plans. The present is our only reality.

Robert Pirsig

\*\*\*

For the rest of my life I'm going to trust that God is always at work in all things, and give Him thanks long before my simplest prayers are answered.

Nancy Parker Brummett

\*\*\*

You are a child of God. You matter. Unknown

\*\*\*

You are surrounded by a universal mind that contains all the intelligence,  
ideas and knowledge that have ever existed.

Brian Tracy

\*\*\*

True heroism consists in being superior to the ills of life, in whatever shape  
they may challenge us to combat.

Napoleon Bonaparte

\*\*\*

Any good that you can do, do it now. Do not delay it or forestall it, for you  
will not pass this way again.

Brian Tracy

\*\*\*

How far would Moses have gone if he had taken a poll in Egypt?

Harry Truman

\*\*\*

Forgiveness is a perfectly selfish act. It sets you free from the past.

Brian Tracy

\*\*\*

Walk slowly at a relaxed pace and you will not stumble.

The Tao

\*\*\*

You are in control of your life. Don't ever forget that. You are what you are  
because of the conscious and subconscious choices you have made.

Barbara Hall

\*\*\*

The soul of man is immortal and imperishable.

Plato

\*\*\*

Think for yourselves and let others enjoy the privilege to do so too.

Voltaire

\*\*\*

A crust eaten in peace is better than a banquet partaken in anxiety.

Aesop

\*\*\*

Be open to your dreams, people. Embrace that distant shore. Because our  
mortal journey is over all too soon.

David Assael

\*\*\*

The greatest conflicts are not between two people but between one person  
and himself.

Garth Brooks

\*\*\*

Humanity can be quite cold to those whose eyes see the world differently.

Eric A. Burns

\*\*\*

As soon as questions of will or decision or reason or choice of action arise,  
human science is at a loss.

Noam Chomsky

\*\*\*

Sickness and healing are in every heart; death and deliverance in every  
hand.

Orson Scott Card

\*\*\*

Moral considerations must outweigh the mere blind struggle for existence in  
human affairs.

Nicholas Murray Butler

\*\*\*

By nature, men are nearly alike; by practice, they get to be wide apart.

Confucius

\*\*\*

To control aggression without inflicting injury is the Art of Peace.

Morihei Ueshiba

\*\*\*

A life of kindness is the primary meaning of divine worship.

Emanuel Swedenborg

\*\*\*

We are spinning our own fates, good or evil, never to be undone.

William James

\*\*\*

There's no present. There's only the immediate future and the recent past.

George Carlin

\*\*\*

He who despairs over an event is a coward, but he who holds hope for the

human condition is a fool.

Albert Camus

\*\*\*

Divine Justice demands that the rights of both sexes should be equally respected since neither is superior to the other in the eyes of Heaven. Dignity before God depends, not on sex, but on purity and luminosity of heart. Human virtues belong equally to all!

Abdu'l-Bahá

\*\*\*

Reality is merely an illusion, albeit a very persistent one.

Albert Einstein

\*\*\*

One feels inclined to say that the intention that man should be happy is not included in the plan of Creation.

Sigmund Freud

\*\*\*

Fear less, hope more; Whine less, breathe more; Talk less, say more; Hate less, love more; And all good things are yours.

Swedish Proverb

\*\*\*

It began in mystery, and it will end in mystery, but what a savage and beautiful country lies in between. Diane Ackerman

\*\*\*

Human beings, who are almost unique in having the ability to learn from the experience of others, are also remarkable for their apparent disinclination to do so.

Douglas Adams

\*\*\*

The Enlightenment has always aimed at liberating men from fear and establishing their sovereignty. Yet the fully enlightened earth radiates disaster triumphant. Theodor Wiesengrund Adorno

\*\*\*

The dead-weight of conservatism, largely a lazy and cowardly distaste for the strenuous and painful activity of real thinking, has undoubtedly retarded human progress...

V. Gordon Childe

\*\*\*



Life itself is the most wonderful fairytale of all.

Hans Christian Andersen

\*\*\*

Everyone is kneaded out of the same dough but not baked in the same oven.

Yiddish Proverb

\*\*\*

Let it judge that nothing is either bad or good which can happen equally to the bad man and the good. For that which happens equally to him who lives contrary to nature and to him who lives according to nature, is neither according to nature nor contrary to nature.

Marcus Aurelius

\*\*\*

Show respect for all men, but grovel to none.

Unknown

\*\*\*

Be happy while you're living, for you're a long time dead.

Scottish Proverb

\*\*\*

As I make my slow pilgrimage through the world, a certain sense of beautiful mystery seems to gather and grow.

A.C. Benson

\*\*\*

Man was formed for society and is neither capable of living alone, nor has the courage to do it.

William Blackstone

\*\*\*

The real community of man, in the midst of all the self-contradictory simulacra of community, is the community of those who seek the truth, of potential knowers... of all men to the extent that they know.

Allan Bloom

\*\*\*

It is difficult to live in the present, ridiculous to live in the future, and impossible to live in the past. Nothing is as far away as one minute ago.

Jim Bishop

\*\*\*

Better than a thousand hollow words is one word that brings peace.

Buddha

\*\*\*

The surest defense against Evil is extreme individualism, originality of thinking, whimsicality, even, if you will, eccentricity. That is, something that can't be feigned, faked, imitated; something even a seasoned imposter couldn't be happy with.

Joseph Brodsky

\*\*\*

Every man hath a good and a bad angel attending on him in particular all his life long.

Robert Burton

\*\*\*

Until you walk a mile in another man's moccasins you can't imagine the smell.

Robert Byrne

\*\*\*

Furthermore, we have not even to risk the journey alone; for the heroes of all time have gone before us; the labyrinth is thoroughly known; we have only to follow the thread of the hero-path. And where we had thought to find an abomination, we shall find a god; where we had thought to slay another, we shall slay ourselves; where we had thought to travel outward, we shall come to the center of our own existence; where we had thought to be alone, we shall be with all the world.

Joseph Campbell

\*\*\*

You can never lose anything that really belongs to you, and you can't keep that which belongs to someone else.

Edgar Cayce

\*\*\*

History never repeats itself, as most people fear. People usually repeat history.

Divine Chikobvu

\*\*\*

The purpose of life is a life of purpose.

Robert Byrne

\*\*\*

Our most important task is to transform our consciousness so that violence is no longer an option for us in our personal lives, that understanding that a

world of peace is possible only if we relate to each other as peaceful beings,  
one individual at a time.

Deepak Chopra

\*\*\*

To what extent is any man morally responsible for any act? We do not  
know.

Alexis Carrel

\*\*\*

Whenever evil befalls us, we ought to ask ourselves, after the first  
suffering, how we can turn it into good. So shall we take occasion, from one  
bitter root, to raise perhaps many flowers.

Leigh Hunt

\*\*\*

If winter is slumber and spring is birth, and summer is life, then autumn  
rounds out to be reflection. It's a time of year when the leaves are down and the  
harvest is in and the perennials are gone. Mother Earth just closed up the  
drapes on another year and it's time to reflect on what's come before. Mitchell

Burgess

\*\*\*

Pain is inevitable; suffering is optional.

Hindu Spiritual Saying

\*\*\*

When you awaken to what I call the Authentic Self, which is the spiritual or  
evolutionary impulse, what begins to emerge is the dawning recognition of the  
fact that each one of us, at our highest level, is that Authentic Self, which is  
actually the same energy and intelligence that originally inspired the entire  
creative process. You begin to intuit and feel directly connected to the very  
impulse that initiated the whole event fourteen billion years ago and is driving  
it right now.

Andrew Cohen

\*\*\*

Lean into the sharp points and fully experience them. The essence of  
bravery is being without self-deception. Wisdom is inherent in (understanding)  
emotions.

Pema Chödrön

\*\*\*

Life does not have meaning through mere existence or acquisition or fun.

The meaning of life is inherent in the connections we make to others through  
honor and obligation.

Laura Schlessinger

\*\*\*

If you keep saying things are going to be bad, you have a chance of being a  
prophet.

Isaac B. Singer

\*\*\*

Begin doing what you want to do now. We are not living in eternity. We  
have only this moment, sparkling like a star in our hand-and melting like a  
snowflake...

Marie Beyon Ray

\*\*\*

Patience with others is Love, Patience with self is Hope, Patience with God  
is Faith.

Adel Bestavros

\*\*\*

There is no better time than now. The time to live is now. The time to  
dream is now. The time to imagine and forget the past is now. The time to shine  
is now. The time to bleed, sweat, and determine yourself for the things you  
want most is now.

Anonymous

\*\*\*

If we knock on the door until it opens, not taking no for an answer, our lives  
will be transformed as we step up into a higher awareness.

James Redfield

\*\*\*

Where there is no vision, the people perish.

Proverbs 29:18

\*\*\*

Reputation is what men and women think of us; character is what God and  
angels know of us.

Thomas Paine

\*\*\*

He that will not reflect is a ruined man.

Asian Proverb

\*\*\*

Heaven never helps the man who will not act.

Sophocles

\*\*\*

Most of us can learn to live in perfect comfort on higher levels of power. Everyone knows that on any given day there are energies slumbering in him which the incitements of that day do not call forth. Compared with what we ought to be, we are only half awake. It is evident that our organism has stored-up reserves of energy that are ordinarily not called upon

deeper and deeper strata of explosible material, ready for use by anyone who probes so deep. The human individual usually lives far within his limits.

William James

\*\*\*

The future is simply infinite possibility waiting to happen. What it waits on is human imagination to crystallize its possibility.

Leland Kaiser

\*\*\*

It's the action, not the fruit of the action, that's important. You have to do the right thing. It may not be in your power, may not be in your time, that there'll be any fruit. But that doesn't mean you stop doing the right thing. You may never know what results come from your action. But if you do nothing, there will be no result.

Gandhi

\*\*\*

If we all did the things we are capable of, we would astound ourselves.

Thomas Edison

\*\*\*

To thine ownself be true.

Shakespeare

\*\*\*

We are all born originals. Why is it so many of us die copies?

Edward Young

\*\*\*

I am convinced all of humanity is born with more gifts than we know. Most are born geniuses and just get de-geniused rapidly.

Buckminster Fuller

\*\*\*

And because all things have contributed to your advancement, you should

include all things in your gratitude.

Wallace D. Wattles

\*\*\*

The tragedy of life is not that it ends so soon, but that we wait so long to begin it.

Anonymous

\*\*\*

There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle.

Albert Einstein

\*\*\*

If you do not hope, you will not find what is beyond your hopes.

St. Clement of Alexandra

\*\*\*

Expect a miracle!

Oral Roberts

\*\*\*

#### HUMOUROUS QUOTES

It is better to give than to lend, and it costs about the same.

Philip Gibbs

\*\*\*

No problem is insoluble given a big enough plastic bag.

Tom Stoppard

\*\*\*

Keep cool. It will be all gone a hundred years hence.

Ralph Waldo Emerson

\*\*\*

It is a mistake to think you can solve any major problem just with potatoes.

Douglas Adams

\*\*\*

Solutions are not the answer.

Dan Quayle

\*\*\*

I have had more trouble with D.L. Moody than with any other man I ever met.

D.L. Moody

\*\*\*

I have problems flown in fresh daily wherever I am.

Richard Lewis

\*\*\*

You'll find as you go through life that great depth and smouldering sexuality  
don't always win, I'm sorry to say.

Woody Allen

\*\*\*

Do not take life too seriously. You'll never get out of it alive.

Elbert Hubbard

\*\*\*

If you want people to think you're wise, just agree with them.

Leo Rosten

\*\*\*

PROFESSION

\*\*\*

I am glad to hear you smoke. A man should always have an occupation of  
some kind.

Oscar Wilde

\*\*\*

At the unemployment exchange, my father gave his occupation as an  
astronaut but not prepared to travel.

Roy Chubby Brown

\*\*\*

My mother is a travel agent for guilt trips.

Ruby Wax

\*\*\*

My mother wanted me to become a nun. It's steady work, they supply the  
uniform, and you're married to God - at least he's home every night.

Dorothy Zbomak, The Golden Girls

\*\*\*

The easiest job in the world has to be a coroner. Surgery on dead people -  
what's the worst thing that could happen? Maybe you'd get a pulse?

\*\*\*

Dennis Miller

\*\*\*

Being an astronomer is a very noble profession, but it does leave you at  
rather a loose end during the day.

Patrick Moore

\*\*\*

I called a temp agency for work and they asked me if I had any phone skills.

I said, 'I called you, didn't I?'

\*\*\*

Zach Galifianakis

\*\*\*

The easiest job I ever had was store detective in a piano shop.

Rainer Hersch

\*\*\*

What is it about people who repair shoes that makes them so good at cutting

keys?

\*\*\*

Harry Hill

\*\*\*

With all due respect, it ain't rocket surgery.

Yogi Berra

\*\*\*

I had a job selling hearing aids door to door. It wasn't easy, because your  
best prospects never answered.

Bob Monkhouse

\*\*\*

Help wanted: Telepath. You know where to apply.

Steven Wright

\*\*\*

I don't have a job. I'm still waiting for Bill Gates to reply to my business  
plan for him to invest in my new pencil sharpening company.

Harry Hill

\*\*\*

I got a job at an amusement park. I liked to make the rides more terrifying  
by throwing a couple of screws onto the seats.

Emo Philips

\*\*\*

Estate agents are people who did not make it as second-hand car salesmen.

Billy Connolly

\*\*\*

Let me put it this way, I have an extensive collection of nametags and



hairnets.  
Wayne Campbell, Wayne's World

\*\*\*

I work for a company that makes deceptively shallow dishes for Chinese  
restaurants.

Woody Allen  
\*\*\*

People make a living donating to sperm banks. Last year I let \$500 slip  
through my fingers.

Robert Schimmel  
\*\*\*

After I finished school, I took one of those aptitude tests, and based on my  
verbal score, they suggested I become a mime.

Tim Cavanagh  
\*\*\*

I used to be translator for bad mimes.

Steven Wright  
\*\*\*

At a job interview, tell them you're willing to give 110 per cent unless the  
job is statistician.

Adam Gropman  
\*\*\*

I had a secretarial job but I called in sick a lot. I would say I had 'female  
troubles'. My boss didn't know I meant her.

Wendy Liebman  
\*\*\*

Every morning I get up and look through the Forbes list of the richest people  
in America. If I'm not there, I go to work.

\*\*\*

Robert Orben

\*\*\*

Work is the refuge of those who have nothing better to do.

\*\*\*

Oscar Wilde

\*\*\*

Work is the curse of the drinking classes.

\*\*\*

Oscar Wilde

\*\*\*

I don't like work even when someone else does it.

\*\*\*

Mark Twain

\*\*\*

They were a people so primitive they did not know how to get money  
except by working for it.

Joseph Addison

\*\*\*

I'm so against working, I won't even take a blow job.

Gretchen Cole

\*\*\*

Never work before breakfast. If you have to work before breakfast, eat your  
breakfast first.

Josh Billings

\*\*\*

If you really want something in this life, you have to work for it. Now,  
quiet! They're about to announce the lottery numbers...

Homer Simpson

\*\*\*

All I ever wanted was an honest week's pay for an honest day's work.

Sergeant Bilko

\*\*\*

I'm as busy as a one-armed taxi-driver with crabs.

Sir Les Patterson

\*\*\*

I'm busier than a whore working two beds.

Lily Savage

\*\*\*

In the days when I went to work, I never once knew what I was doing.  
These days, I never work. Work does age one so.

Quentin Crisp

\*\*\*

A job is death without the dignity.

Brendan Behan

\*\*\*

I used to work at the International House of Pancakes. It was a dream, and I made it happen.

Paula Poundstone

\*\*\*

A foolproof plan for not getting a job-show up for your interview wearing flip-flops.

Alan Davies

\*\*\*

Sexual harassment at work: is it a problem for the self-employed?

\*\*\*

Victoria Wood

\*\*\*

When you go to work, if your name is on the building, you're rich. If your name is on your desk, you're middle class. And if your name is on your shirt, you're poor.

Rich Hall

\*\*\*

Not everyone works in an office, including those who work in an office.

Jim Davidson

\*\*\*

People don't think of their office as a workplace any more. They think of it as a stationery store with Danish. You want to get your pastry, your envelopes, your supplies, your toilet paper, six cups of coffee, and you go home.

Jerry Seinfeld

\*\*\*

A survey has shown that two out of three women have had sex with someone in their office. I can't even get the toner cartridge to go in the copier.

Jay Leno

\*\*\*

Accomplishing the impossible means only that the boss will add it to your regular duties.

Doug Larson

\*\*\*

I wish my son would learn a trade. At least we'd know what kind of work he's out of.

Henny Youngman

\*\*\*

After you get a job and before you have to do it. Nothing beats that.  
Jerry Seinfeld

\*\*\*

You don't have to be mad to work here - but it helps.

Anon

\*\*\*

Excuse me for not turning up to work today, I'll be stalking my previous  
who fired me for not showing up for work, okay?

\*\*\*

Anon

\*\*\*

I work for myself, which is fun. Except when I call in sick, I know I'm  
lying.

Rita Rudner

\*\*\*

I only use my sick days for hangovers and soap opera weddings.

Kate O'Brien

\*\*\*

He did nothing in particular, and did it very well. W.S. Gilbert

\*\*\*

My son has taken up meditation. At least it's better than sitting and doing  
nothing.

Max Kauffmann

\*\*\*

Anyone can do any amount of work provided it isn't the work he is  
supposed to be doing at the moment.

Robert Benchley

\*\*\*

Most people like hard work, particularly when they're paying for it.

Elbert Hubbard

\*\*\*

I like work; it fascinates me; I can sit and look at it for hours.

Jerome K. Jerome

\*\*\*

Hard work never killed anybody, but figure why take the chance?

\*\*\*

Edgar Bergen

\*\*\*

I have long been of the opinion that if work were such a splendid thing , the rich would have kept more of it for themselves.

Bruce Grocott

\*\*\*

Set me anything to do as a task, and it is inconceivable the desire I have do something else.

George Bernard Shaw

\*\*\*

HUMANITY

\*\*\*

I do most of my work sitting down; that's where I shine.

Robert Benchley

\*\*\*

Nothing makes a person more productive than the last minute.

Anon

\*\*\*

Working for Warner Bros is like fucking a porcupine - it's a hundred pricks against one.

Wilson Mizner

\*\*\*

By working faithfully eight hours a day, you may eventually get to be a boss and work twelve hours a day.

Robert Frost

\*\*\*

The only way to enjoy life is to work. Work is much more fun than fun.

Noel Coward

\*\*\*

Nobody works as hard for their money as the person who marries it.

Elbert Hubbard

\*\*\*

Nothing is really work unless you would rather be doing something else.

J.M. Barrie

\*\*\*

So much of what we call management consists in making it difficult for people to work.

Peter Drucker

\*\*\*

The trouble with the rat-race is that even if you win, you're still a rat.

Lily Tomlin

\*\*\*

The trouble with unemployment is that the minute you wake up in the morning, you're on the job.

Slappy White

\*\*\*

If we don't succeed, we run the risk of failure.

Dan Quayle

\*\*\*

I haven't failed. I've just found ten thousand ways that don't work.

Thomas Edison

\*\*\*

Failure is the only thing I've ever been a success at.

Bob Hope

\*\*\*

No matter how great your triumphs or how tragic your defeats remember that approximately one billion Chinese people couldn't care less.

Abraham Lazlo

\*\*\*

He was as successful as a celluloid dog chasing an asbestos cat through hell.

Elbert Hubbard

\*\*\*

Winning is only important in war and surgery.

Al McGuire

\*\*\*

The sooner we get rid of losing, the happier everyone will be.

Philip Roth

\*\*\*

Nothing is impossible for the man who doesn't have to do it himself.

A.H. Weiler

\*\*\*

Eighty per cent of success is showing up.

Woody Allen

\*\*\*

If at first you don't succeed, try, try again. Then quit. No use being a damn fool about it.

W.C. Fields

\*\*\*

Success didn't spoil me; I've always been insufferable.

Fran Liebowitz

\*\*\*

You write a hit the same way you write a flop.

Alan J. Lerner

\*\*\*

It is not enough to succeed. Others must fail.

Gore Vidal

\*\*\*

I'm such a failure. I became a kamikaze pilot, but I kept landing.

Jenny Abrams

\*\*\*

If at first you don't succeed - you're fired.

Jean Graman

\*\*\*

I never climbed any ladder: I have achieved eminence by sheer gravitation.

George Bernard Shaw

\*\*\*

If at first you don't succeed, failure might be your style.

\*\*\*

Quentin Crisp

\*\*\*

Trying is the first step to failure.

\*\*\*

Homer Simpson

\*\*\*

If at first you don't succeed, you're not the only son.

\*\*\*

Stephen Fry

\*\*\*

If at first you don't succeed, cheat.

\*\*\*

Red Buttons

\*\*\*

If at first you don't succeed, reload and try again.

\*\*\*

Scott Adams

\*\*\*

When all else fails, there's always self-delusion.

\*\*\*

Conan O'Brien

\*\*\*

We didn't lose the game. We just ran out of time.

\*\*\*

Vince Lombardi

\*\*\*

AWARDS

\*\*\*

The Oscars are two hours of sparkling entertainment packed into a four-hour show.

Johnny Carson

\*\*\*

I'm going to Iowa to collect an award. Then I'm appearing at Carnegie Hall, it's sold out. Then I'm sailing to France to pick up an honour from the French government. I'd give it all up for one erection.

Groucho Marx

\*\*\*

I don't deserve this award, but I have arthritis, and I don't deserve that either.

Jack Benny

\*\*\*

Two Americans have been awarded the Nobel Prize for Economics. They are the first to figure out all the charges on their phone bill.

Jay Leno

\*\*\*

MONEY

\*\*\*

The general advertiser's attitude would appear to be: if you are a lousy, smelly, idle, underprivileged and over-sexed status-seeking neurotic moron, give me your money.



Kenneth Bromfield

\*\*\*

All commercials cost a fortune. Some commercials look as if they cost twice as much as you think. They're the ones that cost five times as much as you think.

Clive James

\*\*\*

Promoting orange juice as 'cholesterol-free' is like saying 'Fly United Airlines - it's dandruff-free.'

\*\*\*

Leslie Savan

\*\*\*

Today I met a subliminal advertising executive just for a second.

Steven Wright

\*\*\*

Half the money I spend on advertising is wasted. The trouble is I don't know which half.

Viscount William Leverhulme

\*\*\*

Advertising is the rattle of a stick inside a swill bucket.

\*\*\*

George Orwell

\*\*\*

I think that I shall never see a billboard lovely as a tree.

\*\*\*

Ogden Nash

\*\*\*

The consumer isn't a moron; she is your wife.

\*\*\*

David Ogilvy

\*\*\*

A suicide hotline is where they talk to you until you don't feel like killing yourself. Exactly the opposite of telemarketing.

Dana Snow

\*\*\*

Three things have helped me through the ordeals of life: an understanding husband, a good analyst, and millions of dollars.

Mary Tyler Moore

\*\*\*

Some people get so rich they lose all respect for humanity. That's how rich I  
want to get.

\*\*\*

Rita Rudner

\*\*\*

One can never be too thin or too rich.

\*\*\*

Wallis Simpson

\*\*\*

I'm filthy stinking rich - well, two out of three ain't bad.

\*\*\*

Emo Philips

\*\*\*

Money is exactly like sex: you think of nothing else if you don't have it and  
other things if you do.

James Baldwin

\*\*\*

If you would know what the Lord God thinks of money, you have only to  
look at those to whom he gives it.

Maurice Baring

\*\*\*

All I ask is a chance to prove that money can't make me happy.

Spike Milligan

\*\*\*

Wealth is any income that is at least 100 dollars a year more than the  
income of one's wife's sister's husband.

H.L. Mencken

\*\*\*

Money isn't the most important thing in the world. Love is. Fortunately, I  
love money.

Jackie Mason

\*\*\*

Few of us can stand prosperity. Another man's, I mean.

Mark Twain

\*\*\*

It is the wretchedness of being rich that you have to live with rich people.  
Logan Pearsall Smith

\*\*\*

There is nothing in the world more reassuring than an unhappy lottery  
winner.

Tony Parsons

\*\*\*

For one person who dreams of making fifty thousand pounds, a hundred  
people dream of being left fifty thousand pounds.

A.A. Milne

\*\*\*

They don't put indicators on your car in Beverly Hills. They figure if you're  
that rich you don't have to tell no one where you're going.

Bette Midler

\*\*\*

You can name your own salary in this business. I call mine Fred.

Rodney Dangerfield

\*\*\*

They offered me a handshake of £10,000 to settle amicably. I told them that  
they would have to be a lot more amicable than that.

Tommy Docherty

\*\*\*

Money doesn't make you happy. I have \$50 million but I was just as happy  
when I had \$48 million.

Arnold Schwarzenegger

\*\*\*

Things could be much worse. I could be one of my creditors.

Henny Youngman

\*\*\*

The rich are different from you and me. Yes, they have more money.

F. Scott Fitzgerald and Ernest Hemingway

\*\*\*

A rich man is one who isn't afraid to ask the salesperson to show him  
something cheaper.

Jack Benny

\*\*\*

He's so tight that if you stuck a piece of coal up his ass in two weeks you'd

have a diamond.  
Matthew Broderick

\*\*\*

A builder's estimate is a sum of money equal to half the final cost.  
Neil Collins

\*\*\*

A rich man is nothing but a poor man with money.  
W.C. Fields

\*\*\*

If someone says, 'It's not the money, it's the principle,' it's the money.  
Kin Hubbard

\*\*\*

Money is the poor man's credit card.  
Marshall McLuhan

\*\*\*

I was feeling very irritable and moody. It was that difficult time of the  
month when the credit card statement arrives.

Julie Walters

\*\*\*

My last credit card bill was so big, before I opened it I actually heard a  
drum roll.

Rita Rudner

\*\*\*

I had my credit card stolen, but I didn't report it because whoever stole it is  
spending less than my wife.

Henny Youngman

\*\*\*

Why is there so much month left at the end of the money?

\*\*\*

John Barrymore

\*\*\*

In the midst of life, we are in debt.

\*\*\*

thel Watts Mumford

\*\*\*

The cost of living has gone up another dollar a quart.  
W.C. Fields

\*\*\*

I put a dollar in a change machine. Nothing changed.

George Carlin

\*\*\*

When you've got them by their wallets, their hearts and minds will follow.

Fern Naito

\*\*\*

The rich are different from you and me. They have more credit.

John Leonard

\*\*\*

I handed one of my creditors an IOU and thought thank heavens that's settled.

Richard Sheridan

\*\*\*

Can you lend me five thousand dollars? I'd rather do anything than beg you for money, but you're the only person I know that can't possibly think any less of me.

Dan Conner, Roseanne

\*\*\*

The difference between outlaws and in-laws is that outlaws don't promise to pay it back.

Kin Hubbard

\*\*\*

I lent a friend of mine ten thousand dollars for plastic surgery and now I don't know what he looks like.

Emo Philips

\*\*\*

I gave him an unlimited budget and he exceeded it.

\*\*\*

Edward Williams

\*\*\*

I must have blown a fortune during my career. Part of the loot went on booze, part on horses and part on women. The rest I spent foolishly.

George Raft

\*\*\*

The difference between a taxidermist and a tax collector is that the taxidermist takes only your skin.

Mark Twain

\*\*\*

Never underestimate the effectiveness of a straight cash bribe.

Claud Cockburn

\*\*\*

When a man tells you he got rich by hard work, ask him whose.

George Bernard Shaw

\*\*\*

It is better to have a permanent income than to be fascinating.

Oscar Wilde

\*\*\*

It doesn't matter whether you're rich or poor as long as you have money.

Max Miller

\*\*\*

To suppose, as we all suppose, that we could be rich and not behave as the rich behave, is like supposing that we could drink all day and keep absolutely sober.

Logan Pearsall Smith

\*\*\*

Saving is a fine thing - especially when your parents have done it for you.

Winston Churchill

\*\*\*

Save a little money each month, and at the end of the year, you'll be surprised at how little you have.

\*\*\*

Ernest Haskins

\*\*\*

I've got all the money I'll ever need if I die by four o'clock.

Henry Youngman

\*\*\*

If you have to ask the price, you can't afford it.

J.P. Morgan

\*\*\*

'Imagine no possessions,' sang John Lennon who owned a luxury apartment in New York solely to house his clothes.

Arthur Smith

\*\*\*

I've been rich and I've been poor. Believe me, honey, rich is better.

Sophie Tucker

\*\*\*

Bob Hope's got more money on him than I have in the bank.  
Bing Crosby That money talks, I'll not deny; I heard it once, it said,  
'Goodbye.'

\*\*\*

Richard Armour

\*\*\*

I'm spending a year dead for tax reasons.

Douglas Adams

\*\*\*

The Tax Office has streamlined its tax form this year. It goes like this:

\*\*\*

(a) How much did you make last year? (b) How much have you got left? (c)  
Send (b).

Henny Youngman

\*\*\*

I told the Inland Revenue I didn't owe them a penny because I lived by the  
seaside.

Ken Dodd

\*\*\*

When they fire a rocket at Cape Canaveral, I feel as if I own it.

William Holden

\*\*\*

Income tax has made more liars out of the American people than golf.

Will Rogers

\*\*\*

The hardest thing in the world to understand is income tax.

Albert Einstein

\*\*\*

Why does a slight tax increase cost you 200 dollars and a substantial tax cut  
save you 30 cents?

\*\*\*

Peg Bracken

\*\*\*

We contend that for a nation to try to tax itself into prosperity is like a man

standing in a bucket and trying to lift himself up by the handle.

Winston Churchill

\*\*\*

Everyone should pay their income tax with a smile. I tried it but they demanded cash.

Jackie Mason

\*\*\*

A banker is a fellow who lends you his umbrella when the sun is shining and wants it back the minute it begins to rain.

Mark Twain

\*\*\*

If you owe the bank a hundred dollars, that's your problem. If you owe the bank a million dollars, that's the bank's problem.

James Goldsmith

\*\*\*

I went to see my bank manager. I said, 'Tell me, how does my account stand?' He said, 'I'll toss you for it.'

\*\*\*

Les Dawson

\*\*\*

I wouldn't trust a bank that would lend money to such a poor risk as me.

Robert Benchley

\*\*\*

I've written to the bank and told them if they send me any more nasty letters I shall take my overdraft elsewhere.

Jed Larson

\*\*\*

They usually have two tellers in my local bank. Except when it's very busy, when they have one.

Rita Rudner

\*\*\*

Banks have this new image of being your friend. If they're so friendly, how come they chain down the pens?

\*\*\*

Alan King

\*\*\*

I wish the banks would just say, 'Look, you shits, line up there, we don't



give a fuck about your miserable little bank accounts.'

\*\*\*

Paul Fussell

\*\*\*

Why do you persist in robbing banks? Because that's where the money is.

Willie Sutton

\*\*\*

If economists were any good at business, they would be rich men instead of advisers to rich men.

Kirk Kerkorian

\*\*\*

I was born in very sorry circumstances. My mother was sorry and my father was sorry as well.

Norman Wisdom

\*\*\*

I worked myself up from nothing to a state of extreme poverty.

Groucho Marx

\*\*\*

I never had a penny to my name. So I changed my name.

Rodney Dangerfield

\*\*\*

My family was so poor that blues singers used to come to our house when they had writers' block.

Otis Lee Crenshaw

\*\*\*

My family was so poor that the lady next door gave birth to me.

Lee Trevino

\*\*\*

I was once so poor I didn't know where my next husband was coming from.

Mae West

\*\*\*

One of the strangest things about life is that the poor, who need money the most, are the very ones that never have it.

Finley Peter Dunne

\*\*\*

The rich would have to eat money, but luckily the poor provide food.

Russian proverb

\*\*\*

Money is better than poverty, if only for financial reasons.

Woody Allen

\*\*\*

The lack of money is the root of all evil.

Mark Twain

\*\*\*

They had absolutely nothing. But they were willing to risk it all.

Tagline from the movie 'The Commitments'

\*\*\*

If only God would give me some clear sign! Like making a large deposit in  
my name at a Swiss bank.

Woody Allen

\*\*\*

October. This is one of the peculiarly dangerous months to speculate in  
stocks. Other dangerous months are July, January, September, April, November,  
May, March, June, December, August and February.

Mark Twain

\*\*\*

I started out with nothing and I've still got most of it left.

Groucho Marx

\*\*\*

To force myself to earn more money, I determined to spend more.

James Agate

\*\*\*

I'm living so far beyond my income that we may almost be said to be living  
apart.

Saki

\*\*\*

The safest way to double your money is to fold it over once and put it in  
your pocket.

Kin Hubbard

\*\*\*

Now that he was rich he was not thought ignorant any more, but simply  
eccentric.

Mavis Gallant

\*\*\*

I have enough money to last me the rest of my life - unless I have to buy something.

Jackie Mason

\*\*\*

All your life I gave you nothing, and still you ask for more.

Gilbert and George

\*\*\*

Any man who has ten thousand dollars left when he dies is a failure.

\*\*\*

Errol Flynn

\*\*\*

The rich are different from you and me. They pay less taxes.

Peter de Vries

\*\*\*

CHARITY

\*\*\*

We are here on earth to do good for others; what the others are here for I have no idea.

W.H. Auden

\*\*\*

'Please, sir,' pleaded the stranger, 'would you be so kind as to help a poor unfortunate fellow who is hungry and can't find work? All I have in the world is this gun.'

\*\*\*

Martin Latham

\*\*\*

Victoria Beckham gives away all her old clothes to starving children. Well, who are they going to fit?

\*\*\*

Pauline Calf

\*\*\*

During the festive season we must not forget those who are less fortunate than ourselves - the poor. They may attempt to burgle your house while you are at church.

Mr Cholmondley-Warner, Harry Enfield and Chums

\*\*\*

When it comes to giving to others, I stop at nothing.

Roger Price

\*\*\*

I don't get paid enough to care.

Conan O'Brien

\*\*\*

A homeless person said, 'I haven't had anything to eat for two days.' I said,  
'I wish I had your willpower.'

\*\*\*

Roy Chubby Brown

\*\*\*

I'm sorry, my good fellow, but all my money is tied up in currency.

W.C. Fields

\*\*\*

In Palm Springs, they think homelessness is caused by bad divorce lawyers.

Gary Trudeau

\*\*\*

He threw his money around like a man with no arms.

Unknown

\*\*\*

BUSINESSN STRATEGY

\*\*\*

The general was essentially a man of peace, except in his domestic life.

Oscar Wilde

\*\*\*

Generals detest generals on their own side far more than they dislike the  
enemy.

Peter Ustinov

\*\*\*

In a civil war, a general must know exactly when to move over to the other  
side.

Henry Reed

\*\*\*

Sometime they'll give a war and nobody will come.

Carl Sandburg

\*\*\*

Always forgive your enemies. Nothing annoys them so much.

Oscar Wilde

\*\*\*

No one ever forgets where he buried the hatchet.

Kin Hubbard

\*\*\*

BUSINESS

\*\*\*

The quickest way to make a million? Marry it.

Zsa Zsa Gabor

\*\*\*

No woman marries for money: they are all clever enough, before marrying a millionaire, to fall in love with him first.

Cesare Pavese

\*\*\*

If you see a bandwagon, it's too late.

James Goldsmith

\*\*\*

The quickest way to make a million in musical theatre is to start with two million.

Andrew Lloyd Webber

\*\*\*

The quickest way to make a million is to start your own religion. L. Ron Hubbard

\*\*\*

The first rule of business is: do other men for they would do you.

\*\*\*

Paul Rodriguez

\*\*\*

A study of economics usually reveals that the best time to buy anything was last year.

Marty Allen

\*\*\*

The only function of economic forecasting is to make astrology look respectable.

J.K. Galbraith

\*\*\*

Business is the art of extracting money from another man's pocket without resorting to violence.

Max Amsterdam

\*\*\*

The art of management is the art of taking credit for other people's work.

\*\*\*

Cesare Pavese

\*\*\*

Gentlemen prefer bonds.

Andrew Mellon

\*\*\*

I think it's wrong that only one company makes the game Monopoly.

Steven Wright

\*\*\*

There are two times in a man's life when he should not speculate: when he can't afford it, and when he can.

Mark Twain

\*\*\*

There is hardly anything in the world that some man cannot make a little worse and sell a little cheaper.

John Ruskin

\*\*\*

Insider trading is just another way of saying 'stealing too fast'.

Calvin Trillin

\*\*\*

Elbert Gary of the United Steel Company never saw a blast furnace until after he was dead.

Benjamin Stolberg

\*\*\*

ADVERTISING

\*\*\*

Titanic Beer: goes down better than the real thing.

Advert for Titanic Beer

\*\*\*

Death: bit of a worry, isn't it?

\*\*\*

Advert outside a church

\*\*\*

Following the success enjoyed by French Connection after they became

known as FCUK, I was wondering if I could market the strip used by my son's rugby team. He plays for the Chipping Norton Under Tens.

Jeremy Clarkson

\*\*\*

## EDUCATION

\*\*\*

I read Shakespeare and the Bible and I can shoot dice. That's what I call a liberal education.

Tallulah Bankhead

\*\*\*

Education is a method whereby one acquires a higher grade of prejudices.

Laurence J. Peter

\*\*\*

You can't expect a boy to be depraved until he has been to a good school.

Saki

\*\*\*

You don't appreciate a lot of stuff in school until you get older. Little things like being spanked every day by a middle-aged woman. You pay good money for that in later life.

Emo Philips

\*\*\*

I won't say ours was a tough school, but we had our own coroner. We used to write essays like 'What I'm Going to be if I Grow up'.

Lenny Bruce

\*\*\*

In our school, you were searched for guns and knives on the way in and if you didn't have any, they gave you some.

Emo Philips

\*\*\*

If Thomas Edison went to business school, we would all be reading by bigger candles.

Mark McCormack

\*\*\*

Economists report that a college education adds many thousands of dollars to a man's lifetime income - which he then spends sending his son to college.

Bill Vaughan

\*\*\*

I had the worst study habits in the history of college, until I found out what I was doing wrong -highlighting with black magic marker.

Jeff Altman

\*\*\*

I owe a lot to my teachers and mean to pay them back some day.

Stephen Leacock

\*\*\*

Those who can, do. Those who can't, teach. And those who can't teach, teach gym.

Sam Levenson

\*\*\*

Those who can, do. Those who can't, teach. Those who can't teach, teach gym. And those who can't teach gym, become experts.

Roseanne

\*\*\*

An expert is any lecturer from out of town, with slides.

Jim Baumgarten

\*\*\*

An expert is a person who can take something you knew already and make it sound confusing.

Herbert Prochnow

\*\*\*

A professor is someone who talks in someone else's sleep.

W.H.Auden

\*\*\*

INSPIRATION

\*\*\*

Let the credulous and the vulgar continue to believe that all mental woes can be cured by a daily application of old Greek myths to their private parts.

Vladimir Nabokov

\*\*\*

The dawn is a term for the early morning used by poets and other people who don't have to get up.

Oliver Iferford

\*\*\*

It's too early in the morning for it to be too early in the morning.

Terry Pratchett



\*\*\*

The only antidote to mental suffering is physical pain.

\*\*\*

Karl Marx

\*\*\*

I bought a self-help tape called How to Handle Disappointment. I got it  
home and the box was empty.

Jonathan Droll

\*\*\*

The early bird may catch the worm, but it's the second mouse that gets the  
cheese.

Jon Hammond

\*\*\*

The early bird would never catch the worm if the dumb worm slept late.

Milton Berle

\*\*\*

The early bird need not pursue the worm when he can order pizza at  
midnight.

Charles M. Schulz

\*\*\*

An appointment at 9.00 am? You mean to say, there are two nine o'clocks?

\*\*\*

Tallulah Bankhead

\*\*\*

You continually arrive late for work. Yes, but see how early I leave.

\*\*\*

Charles Lamb

\*\*\*

We spend our lives on the run. We get up by the clock, eat and sleep by the  
clock, get up again, go to work, and then we retire... And what do they give us?  
A bloody gold watch!

\*\*\*

Dave Allen

\*\*\*

Whenever I start to think the world is moving too fast, I go to the Post  
Office.

Billy Connolly

\*\*\*

Today is the tomorrow you worried about yesterday.

Mark Twain

\*\*\*

Time flies like an arrow. Fruit flies like a banana.

Groucho Marx

\*\*\*

I took a course in speed-waiting. Now I can wait an hour in only ten minutes.

Steven Wright

\*\*\*

A man with a watch knows what time it is. A man with two watches IS never sure.

Segal's Law

\*\*\*

A year is a period of 365 disappointments. Ambrose Bierce

\*\*\*

In the real dark night of the soul it is always three o'clock in the mornmg.

F. Scott Fitzgerald

\*\*\*

Everywhere is within walking distance if you have the time.

Steven Wright

\*\*\*

### OPTIMISM AND PESSIMISM

\*\*\*

Cheer up! The worst is yet to come!

\*\*\*

Chase Johnson

\*\*\*

He not only expects the worst, but makes the worst of it when it happens.

Michael Arlen

\*\*\*

Blessed is the man who expects nothing, for he shall never be disappointed.

Alexander Pope

\*\*\*

He was the sort of man who would have tried to cheer Napoleon up by talking about the Winter Sports at Moscow.

P.G. Wodehouse

\*\*\*

An optimist is someone on death row who is also a member of Weight  
Watchers.

Jonathan Katz

\*\*\*

Optimist: a proponent of the doctrine that black is white.

Ambrose Bierce

\*\*\*

An optimist is one who fills in his crossword puzzle in ink.

Clement Shorter

\*\*\*

I like to think of myself as an optimist with a reality chaser. I know the glass  
is half full. I just want to know who the hell's been drinking out of it, and do I  
have to pay full price?

\*\*\*

Bob Zany

\*\*\*

Both optimists and pessimists contribute to society. The optimist invents the  
aeroplane, the pessimist the parachute.

George Bernard Shaw

\*\*\*

The light at the end of the tunnel is just the light of an oncoming train.

Robert Lowell

\*\*\*

An optimist is a fellow who believes a housefly is looking for a way to get  
out.

George Jean

\*\*\*

A pessimist is one who has been intimately acquainted with an optimist.

Elbert Hubbard

\*\*\*

Since I gave up hope, I feel so much better.

John Oshme

\*\*\*

I guess I just prefer to see the dark side of things. The glass is half empty.  
And cracked. And I just cut my lip on it. And chipped a tooth.

Janeane Garofalo

\*\*\*

A pessimist is a man who thinks everybody is as nasty as himself, and hates  
them for it.

George Bernard Shaw

\*\*\*

Between the optimist and the pessimist, the difference is droll: The optimist  
sees the doughnut; the pessimist the hole.

Unknown

\*\*\*

Due to budgetary constraints, the light at the end of the tunnel will be turned  
off until further notice.

Unknown

\*\*\*

There is always a right way and a wrong way, and the wrong way always  
seems the more reasonable.

George Moore

\*\*\*

Duty is what one expects from others, it is not what one does oneself.

Oscar Wilde

\*\*\*

What's right is what's left if you do everything wrong.

Robin Williams

\*\*\*

When you say you agree to a thing in principle, you mean that you have not  
the slightest intention of carrying it out in practice.

Otto von Bismarck

\*\*\*

These are my principles. If you don't like them, I have others.

Groucho Marx

\*\*\*

LUCK

\*\*\*

Everything went right for him until the day he was born.

\*\*\*

Victor Borge

\*\*\*

If it was raining soup, he'd be out with forks.

\*\*\*

Brendan Behan

\*\*\*

Just my luck. I was at the airport when my ship came in.

\*\*\*

Henny Youngman

\*\*\*

As one door closes another falls on top of you.

Angus Deayton

\*\*\*

Luck is not something you can mention in the presence of a self-made man.

\*\*\*

.B. White

\*\*\*

Nothing is as obnoxious as other people's luck.

Mark Twain

\*\*\*

It always looks darkest just before it gets totally black.

Charlie Brown

\*\*\*

A man's gotta make at least one bet every day otherwise he could be  
walking around lucky and never know it.

Jimmy Jones

\*\*\*

My uncle had a rabbit's foot for 30 years. His other foot was quite normal.

Tom Griffin

\*\*\*

Age does not diminish the extreme disappointment of having a scoop of ice  
cream fall from the cone.

Jim Freiberg

\*\*\*

If it weren't for bad luck, I wouldn't have any luck at all.

Blue Song

\*\*\*

What I'm looking for is a blessing that's not in disguise.

Kitty O'Neill Collins

\*\*\*

Unseen in the background, Fate was quietly slipping the lead into the  
boxing-glove.

P.G. Wodehouse

\*\*\*

Fate is what you call it when you don't know the name of the person  
screwing you over.

Bill Hart

\*\*\*

I'm so unlucky that if I was to fall into a barrel of nipples, I'd come out  
sucking my thumb.

Freddie Starr

\*\*\*

I'm not a fatalist, but even if I were, what could I do about it?

\*\*\*

Emo Philips

\*\*\*

LOST: black and white dog, blind in left eye, half of right ear missing, no  
tail, limps. Answers to the name of Lucky.

Newspaper advertisement

\*\*\*

We must believe in luck. For how else can we explain the success of those  
we don't like?

\*\*\*

Jean Cocteau

\*\*\*

We all have enough strength to bear the misfortunes of others.

La Rochefoucauld

\*\*\*

If your boat doesn't come in, swim out to it.

Jonathan Winters

\*\*\*

HAPPINESS AND SADNESS

\*\*\*

Happiness: an agreeable sensation arising from contemplating the misery of  
another.

Ambrose Bierce

\*\*\*

Happiness is finding two olives in your martini when you're hungry.

Johnny Carson

\*\*\*

Homer, lighten up. You're making 'Happy Hour' bitterly ironic.

Marge Simpson

\*\*\*

Happiness is nothing more than health and a poor memory.

Albert Schweitzer

\*\*\*

I never knew what real happiness was until I got married. And by then it  
was too late.

Max Kaufmann

\*\*\*

The occasional lacing of my husband's dinner with cat food has done  
wonders for my spirit.

Lana Tate

\*\*\*

If you observe a really happy man you will find him building a boat, writing  
a symphony, growing dahlias, or looking for dinosaur eggs in the Gobi desert.

W. Beran Wolf

\*\*\*

Happiness is seeing the muscular lifeguard all the girls were admiring  
leave the beach hand in hand with another muscular lifeguard.

Johnny Carson

\*\*\*

What's the use of happiness? It can't buy you money.

Henny Youngman

\*\*\*

When I was young, I used to think that wealth and power would bring me  
happiness. I was right.

Gahan Wilson

\*\*\*

If you want to be happy for a short time, get drunk; happy for a long fall in  
love; happy for ever, take up gardening.

Chinese saying

\*\*\*

Hollywood, if you don't have happiness, you send out for it.

Rex Reed

\*\*\*

We can sympathize with people's pains, but not with their pleasures.

Unknown

\*\*\*

There is something curiously boring about somebody else's happiness.

Aldous Huxley

\*\*\*

There are two tragedies in life. One is not to get your heart's desire. The other is to get it.

George Bernard Shaw

\*\*\*

A melancholy-looking man, he had the appearance of one who has searched for the leak in life's gas-pipe with a lighted candle.

P.G. Wodehouse

\*\*\*

Some cause happiness wherever they go; others whenever they go.

Oscar Wilde

\*\*\*



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# AI Image Generator

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# AI Image Generator

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## ABSTRACT:

***Image generation has become a popular field of research in artificial intelligence (AI). AI image generators are neural networks that can generate new images from scratch by learning from large amounts of training data. In this paper, we propose a cloud-based image generator that utilizes MongoDB for data storage and retrieval. The system consists of a deep convolutional neural network (DCNN) that is trained on a large dataset of images and a MongoDB database that stores the learned weights of the DCNN. The proposed system is evaluated using two standard datasets, and the results show that it can generate high-quality images with good diversity and realism.***

## OBJECTIVES:

- To develop an AI image generator that can generate high-quality images with good diversity and realism by learning from large amount of training data.

- To create a user-friendly web interface using React that allows users to interact with the AI image generator and customize the generated images according to their preferences.
- To use Node.js for backend development of the web application and to ensure efficient communication between the front-end and interface and MongoDB database.
- To explore potential applications of AI Image generator in various field.

## INTRODUCTION:

The rapid advancements in Artificial Intelligence (AI) and machine learning have paved the way for various applications in computer vision, including image generation. AI-powered image generation has gained significant attention in recent years due to its potential to revolutionize various industries, including fashion, gaming, and e-commerce. In this paper, we present a project that aims to develop an AI image generator using MongoDB Cloud, a cloud-based NoSQL database. Image generation involves the

creation of images using AI algorithms, which can mimic human creativity and generate realistic images. The process of generating images involves training a deep learning model on a large dataset of images and using the model to generate new images based on user inputs, such as preferred color schemes, styles, and themes. However, generating high-quality images requires large amounts of computing power and storage, which can be expensive and challenging to manage.

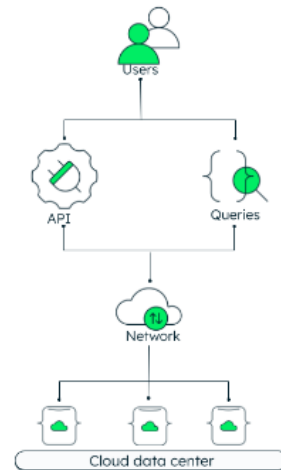
## LITERATURE SURVEY:

To address the challenges of text-to-image generation, several approaches have been proposed. The use of generative adversarial networks (GANs), which are two neural networks trained together to produce realistic images, is one of the most popular approaches. Variational autoencoders (VAEs), attention-based models, and multimodal models that combine textual and visual information are some other approaches.

According to the survey, MongoDB will be used to store and manage the facial textures generated by their deep neural network. The textures were saved as binary files and indexed using metadata such as the source image and neural network parameters. This article discusses how MongoDB can be used as a backend database for AI and machine learning applications, such as image generation. The scalability, flexibility, and ability to handle unstructured data of MongoDB are highlighted as key advantages for AI applications. To store the generated images, the StyleGAN2 architecture employs MongoDB as a backend database. The images were saved as binary files and indexed using metadata such as the image's generation parameters and timestamp.

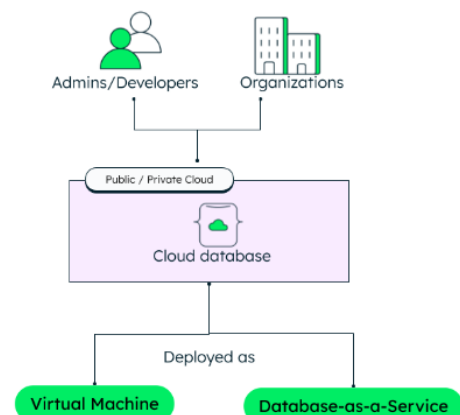
## PROJECT ARCHITECTURE:

MongoDB is our cloud database in this project. Cloud databases are similar to traditional databases, but they do not require any setup or infrastructure maintenance. Cloud databases are hosted in a cloud computing environment.



A cloud database is a database that is hosted in the cloud rather than on-premise. The database itself can be provided as a SaaS (Software-as-a-Service) application or simply hosted in a virtual machine in the cloud.

Applications can then access all data stored in a cloud database via a network from any device. With a cloud The cloud provider can provision, manage, and scale the underlying database cluster instead of the organisation installing, configuring, and maintaining a database instance or instances.



## Why we chose cloud database?

- Ease of access and agility
- Scalability and performance
- Reliable and can be automatically replicated and backed up in real-time

The proposed AI image generator project will use a deep learning algorithm to generate images based on user inputs. The project will consist of the following steps:

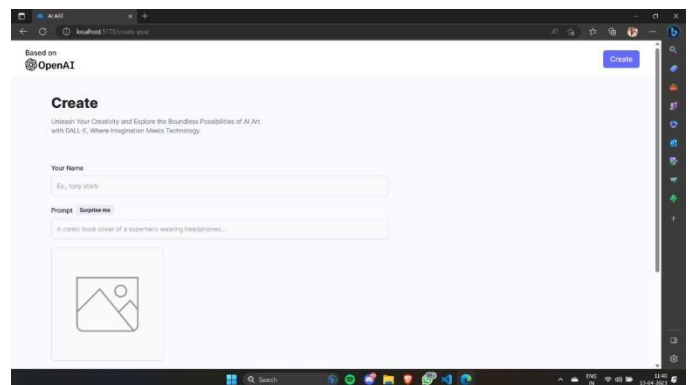
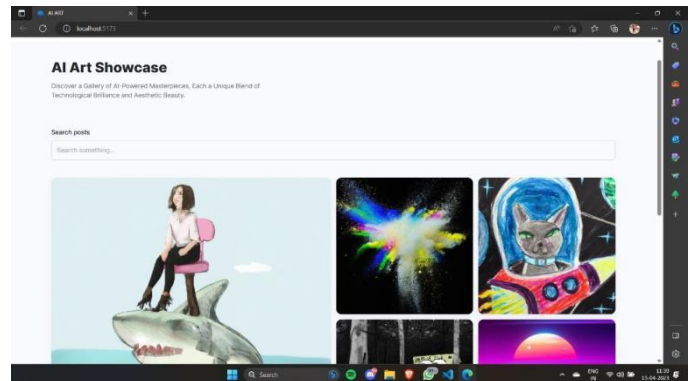
1. **Data Collection:** We will amass a large dataset of images in various styles, themes, and colour schemes. The dataset will be used to train the deep learning algorithm.
2. **Model Training:** On the collected dataset, we will train a model using a deep learning algorithm. Based on user inputs, the model will be trained to generate images.
3. **User Input:** Users will choose their favourite colour schemes, styles, and themes.
4. **Image Generation:** Based on user input, the deep learning algorithm will generate images.
5. **Storage:** The generated images will be saved in MongoDB Cloud, a NoSQL database hosted in the cloud. The images and relevant metadata will be stored in the database.
6. **Web Interface:** The AI image generator will be accessible via a web interface, and users will be able to generate and download images for personal or commercial use.

## SOFTWARE REQUIREMENT:

In this project we have used Visual Studio Code for programming.

- We have used Cloud MongoDB as our database.
- The Front-end is implemented in NodeJS.
- The Back-end is implemented using React

## SCREENSHOTS OF PROJECT:



## PROJECT ESTIMATION COST:

The cost estimation of an AI image generator project can vary depending on various factors such as the complexity of the system, the technology stack used, the size of the dataset, and the team's experience and location. However, here is a rough estimate of the cost involved in developing an AI image generator using MongoDB, React, and Node.js:

- **Data collection and preprocessing:** This involves collecting and preprocessing a large dataset of images for training the AI image generator.
- **Infrastructure cost:** This includes the cost of renting or purchasing the hardware and software infrastructure required to develop and deploy the AI image generator.
- **Development cost:** This includes the cost of hiring a team of developers to design, develop, and test the AI image generator.
- **Testing and deployment cost:** This includes the cost of testing and deploying the AI image generator on a cloud-based platform such as Amazon Web Services or Google Cloud.
- **Maintenance and support cost:** This includes the cost of maintaining and supporting the AI image generator after deployment.

## CONCLUSION:

Finally, the proposed AI image generator project using MongoDB Cloud offers a scalable and cost-effective solution for

producing high-quality images. The use of MongoDB Cloud by the project provides a flexible and efficient storage solution for large volumes of data.

## FUTURE SCOPE:

We've grown accustomed to using smart technologies to automate many of our daily activities. There is an algorithm dedicated to simplifying our lives, from scheduling and bookings to information searching and smart home setups. However, we are entering an era in which robots are progressing from mere assistants to artistic digital creators.

For some time, AI-powered tools have been programmed to generate creative content ranging from art to literature to music. However, in order to create one-of-a-kind content, these tools adhered to strict rules and criteria. Machines can now create any image imaginable in seconds, thanks to the latest AI image generator tools.

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