BUFFER RECIPES:

10X PBS/Glycine:10X IF Wash:38.0 g NaCl38.0 g NaCl9.38 g Na2HPO49.38 g Na2HPO42.07 g NaH2PO42.07 g NaH2PO437.5 g Glycine2.5 g NaN35.0 g BSA

10.0 ml Triton-X 100 2.05 ml Tween-20

Bring both solutions up to a total volume of $500 \, \text{ml}$, pH $7.4 \, .$ Dilute to 1X solutions before use.