



**HOME DELIVERY**  
— CALL BEFORE —  
10 A.M.  
208.847.3141

**BEAR LAKE  
SENIOR  
COMMUNITY  
CENTER**

*Changing  
lives  
one meal  
at a time.*

Mon	Tues	Time	Wednesday	Thursday	Friday
<div> <div>You may borrow: Puzzles &amp; Books</div> <div>6</div> </div>	<div> <div>7</div> </div>	10 A.M.	<div> <div>1</div> <div>Beef Enchilada Casserole</div> <div>Mother Goose Day</div> </div>	<div> <div>2</div> <div>Club Sandwich</div> <div>National Day of Reason</div> </div>	<div> <div>3</div> <div>Dal Sellers</div> <div>Grilled Chicken / Potato Salad</div> <div>National No Pants Day</div> </div>
		11:30 A.M.			
		12 P.M.			
		1 P.M.			
		6:30 P.M.			
<div> <div>13</div> <div>14</div> </div>	<div> <div>15</div> </div>	10 A.M.	<div> <div>8</div> <div>Lasagna</div> <div>Coconut Cream Pie Day</div> </div>	<div> <div>9</div> <div>Pulled Pork / Coleslaw</div> <div>Lost Sock Memorial Day</div> </div>	<div> <div>10</div> <div>Kristen Lloyd</div> <div>Ribs / Baked Beans</div> <div>National Clean Your Room Day</div> </div>
		11:30 A.M.			
		12 P.M.			
		1 P.M.			
		6:30 P.M.			
<div> <div>20</div> <div>21</div> </div>	<div> <div>22</div> </div>	10 A.M.	<div> <div>15</div> <div>Ham and Potatoes</div> </div>	<div> <div>16</div> <div>Chicken Sandwich</div> </div>	<div> <div>17</div> <div>Chicken / Macaroni Salad</div> </div>
		11:30 A.M.			
		12 P.M.			
		1 P.M.			
		6:30 P.M.			
<div> <div>27</div> <div>28</div> </div>	<div> <div>29</div> </div>	10 A.M.	<div> <div>22</div> <div>Chicken Wrap</div> </div>	<div> <div>23</div> <div>French Dip</div> </div>	<div> <div>24</div> <div>Turkey Casserole</div> </div>
		11:30 A.M.			
		12 P.M.			
		1 P.M.			
		6:30 P.M.			
<div> <div>30</div> <div>31</div> </div>	<div> <div>31</div> </div>	10 A.M.	<div> <div>29</div> <div>Chicken à la King</div> </div>	<div> <div>30</div> <div>Taco Salad</div> </div>	<div> <div>31</div> <div>Tortellini</div> </div>
		11:30 A.M.			
		12 P.M.			
		1 P.M.			
		6:30 P.M.			

All activities  
suspended  
during  
construction.

See separate  
flyer for  
information  
about the  
menu and  
meals served.

Hours of Operation: 9:00 A.M. – 2:00 P.M. Wednesday thru Friday  
Lunch: under age 60-price-\$7.00/age 60 & over-suggested donation-\$6.00  
—Hamburgers almost always available \$4.00 —  
**MENU SUBJECT TO CHANGE DUE TO  
AVAILABILITY OF FOOD.**

Due to the construction,  
changes to this calendar may be made without notice.  
Beginning on May 17<sup>th</sup>,  
Friday entertainment will be suspended until  
construction is completed.  
Thank you for your patience and understanding.



## SOME THINGS TO KNOW ABOUT MEDICARE

“Confusing.” That’s the term one is most likely to use to describe Medicare. It can be **EXTREMELY** confusing. Fortunately, there are people trained to help you take the confusion and guess work out of Medicare. Here are a few things beneficiaries need to know or may find useful:

You will need to sign up for Medicare if you are not already receiving social security benefits or if you were a railroad employee or the spouse of a railroad employee. You can sign up 3 months before your 65th birthday, the month of your birthday, or in the 3-month period after your birthday.

Traditional Medicare has 3 parts: Part A (Inpatient services), Part B (outpatient services), and Part D (prescription services). If you are covered under a group health plan through your own or your spouse’s active employment, the employer has more than 20 employees, and is considered credible coverage, you can delay your Part B enrollment. (You have 8 months after employment or insurance ends to sign up without a penalty.) If you are not covered through group employment and miss signing up in the 7-month period surrounding your 65th birthday or wait longer than 8 months after your employment ends, you will have to wait for a general enrollment period to enroll and you will be assessed a late penalty.

Part D has the same initial enrollment period as Medicare. If you miss your initial enrollment period, (the 7-month period surrounding your 65th birthday), you will have to wait for the open enrollment period, which is October 15th-December 7th each year. If you have employee

**LOCATED EAST OF  
BEAR LAKE FAMILY CARE  
NEAR THE ER ENTRANCE  
300 HOSPITAL PLAZA • MONTPELIER, ID 83254  
208.847.3141**

coverage for prescriptions, you can delay your Part D enrollment. You will need to enroll within 63 days of losing your previous credible drug coverage.

There are Medicare Savings Programs for people with limited income and resources. These programs help pay Medicare Part B premiums and, in some cases, pick up the co-pays, deductibles, and co-insurance for Medicare Part B. There are also programs that provide extra help for Part D prescription premiums and co-pays.

Medigap is Medicare supplemental insurance that covers the co-pays, co-insurance and Part A deductibles for traditional Medicare. They do not work in tandem with Medicare Advantage plans.

Medicare Advantage plans are administered by private insurance companies. They are **NOT** a Medicare supplement plan, and if you are enrolled in an advantage plan, you **DO NOT** use your traditional Medicare. Advantage plans have smaller premiums than a medigap plan, but larger out of pocket costs than traditional Medicare used in conjunction with Medigap. In some cases, such as Bear Lake County, the out-of-pocket costs are significantly higher with advantage plans. Also, advantage plans have limitations as to where they can be used. You need to find a facility that is in network. Choices can be limited.

If you would like to learn more or have questions, please contact your local State Health Insurance Benefits Advisor (SHIBA) at:

Kim Hulme, 208.847.0949

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BEAR LAKE SENIOR/COMMUNITY CENTER**



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