

February

BEAR LAKE SENIOR CENTER

A PLACE FOR THE
COMMUNITY TO COME
TOGETHER

CHANGING LIVES ONE MEAL AT A TIME.

Mon	Tues	Wednesday	Thursday	Friday
30	31	10-11:30 A.M. BINGO 11:30-1 P.M. HAMBURGER/BACON POTATO CASSEROLE 1-2 P.M. FIT 'N' FALL PROOF	10:30-11 A.M. YOGA 11:30-1 P.M. CHICKEN SANDWICH/ COLESLAW 6:30-8:30 P.M. TABLE TENNIS	11:30 A.M. DAL SELLERS/TRIVIA 12-1 P.M. TURKEY/GREEN BEANS /CRANBERRY
6	7	10-11:30 A.M. BINGO 11:30-1 P.M. KFC BOWLS 1-2 P.M. FIT 'N' FALL PROOF	11:30-1 P.M. NAVAJO TACOS MADD HATTERS 6:30-8:30 P.M. TABLE TENNIS	11:30-12 P.M. DESTINY HUNZEKER 12-1 P.M. PORK ROAST
13	14	10-11:30 A.M. BINGO 11:30-1 P.M. CHICKEN FRIED STEAK	10:30-11 A.M. YOGA 11:30-1 P.M. CLUB SANDWICH 6:30-8:30 P.M. TABLE TENNIS	11:30 A.M. MARIO JOHNSON 12-1 P.M. CHEESY MAC & HAM BOOK CLUB
20	21	10-11:30 A.M. BINGO 11:30-1 P.M. BEEF TIPS OVER NOODLES 1-2 P.M. FIT 'N' FALL PROOF	11:30-1 P.M. BISCUITS, SAUSAGE/ GRAVY STITCHERS, CROCHET 6:30-8:30 P.M. TABLE TENNIS	11:30-12 P.M. CORDELL GREEN 12-1 P.M. HAMBURGER STEAK
27	28	MARCH 1	MARCH 2	MARCH 3

*HOME DELIVERY — CALL BEFORE 10 A.M.

Hours of Operation:

9:00 A.M. – 2:00 P.M. Wednesday thru Friday

Lunch: under age 60 -price- \$7.00
age 60 & over -suggested donation- \$6.00

—Hamburgers **almost** always available \$4.00 —

February

American



Heart Month



— LOCATED —
EAST OF
BEAR LAKE FAMILY CARE
NEAR THE ER ENTRANCE,
115 S 4TH ST., MONTPELIER, ID
83254
208.847.3141