

FOLLOW US ON OUR FACEBOOK PAGE AT BEAR LAKE SENIOR/COMMUNITY CENTER

JOIN OUR FACEBOOK GROUP AT OLDIES GOODIES BAKERY



## SENIOR ENTER

## A PLACE FOR THE COMMUNITY TO COME TOGETHER

CHANGING LIVES ONE MEAL AT A TIME.

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Mon	Tues	Wednesday	Thursday	Friday
10°	may row: zles & ooks	10-11:30 a.m. BINGO 1:30-1 p.m. CHICKEN CORDON BLEU 1-2 p.m. FIT 'N' FALL PROOF	10:30-11 A.M. YOGA 2 11:30-1 P.M. GRILLED TUNA SANDWICH	11:30 A.M. DAL SELLERS/TRIVIA 12-1 P.M. HAM SCALLOPED POTATO
			6:30-8:30 P.M. TABLE TENNIS	
6	7	10-11:30 A.M. BINGO 11:30-1 P.M. SWEET & SOUR CHICKEN 1-2 P.M. FIT 'N' FALL PROOF	11:30-1 p.m. Macaroni Chili Soup & Salad	11:30-12 P.M. TBA 12-1 P.M. MISSISSIPPI POT ROAST
		International Women's Day	6:30-8:30 P.M. TABLE TENNIS	
13	14	10-11:30 A.M. BINGO 11:30-1 P.M. SPAGHETTI 1-2 P.M. FIT 'N' FALL PROOF	10:30-11 A.M. YOGA 11:30-1 P.M. HOT BEEF SANDWICH 6:30-8:30 P.M. TABLE TENNIS	11:30 A.M. 12-1 P.M.  CASSEROLE  St. Patrick's Day
20	21	10-11:30 A.M. BINGO 21:30-1 P.M. BBQ BONELESS PORK CHOPS 1-2 P.M. FIT 'N' FALL PROOF	23	11:30-12 P.M. TBA 12-1 P.M. CHICKEN BROCCOLI CASSEROLE BOOK CLUB
27	28	10-11:30 A.M. BINGO 11:30-1 P.M. TUNA CASSEROLE	10:30-11 A.M. YOGA 11:30-1 P.M. NAVAJO NACHOS	11:30 A.M. CORDELL GREEN 12-1 P.M. BBQCHICKEN/BAKED BEANS
			6:30-8:30 P.M. TABLE TENNIS	

## \*Home Delivery — Call Before 10 a.m.

Hours of Operation: 9:00 A.M. – 2:00 P.M. Wednesday thru Friday Lunch: under age 60-price-\$7.00/age 60 & over-suggested donation-\$6.00—Hamburgers always available \$4.00—



LOCATED
EAST OF
BEAR LAKE FAMILY CARE
NEAR THE ER ENTRANCE,
115 S 4<sup>TH</sup> ST., MONTPELIER, ID
83254
208.847.3141