

B8 South Bend Tribune MIHO

COMMUNITY SPORTS & RECREATION

Saturday, September 25, 2004



Bethel College's athletic hall of fame recently added new members, from left, Julie Jennings, Mark Galloway and Jennifer (Pewell) Manning.

Galloway's 'shot' still remembered

Bethel hall opens to three standouts

By MATT KOPPEL

Tribune Staff Writer

MISHAWAKA — Mark Galloway couldn't have written a better script.

Flying in his first game, Galloway scored his spot in Bethel College basketball history in the 1955 NAA Division I national championship game by draining a buzzer-beating, game-tying 3-pointer at the end of regulation against Northeastern.

Nearly 10 years after delivering "The Shot" that propelled the Phids to the first of their three NAA Division I titles, Galloway's legacy lives on after being inducted into the Bethel College Athletic Hall of Fame recently.

Joining Galloway in the Class of 2004 are Bethel volleyball coach and player Julie Jennings and former softball player Jennifer (Pewell) Manning.

"It doesn't seem like it's all that long since I was a player," said Galloway, a 1980 graduate. "A lot of people in the hall of fame played a big part in my life, so being chosen to be a part of this elite group is definitely a great honor."

A Plainfield, Ind., native, Galloway found his way to Bethel and Manning with the help of former coach and Bethel student Don Zarnoch.

During his stop, Galloway helped the Phids to back-to-back NCA National Championships in 1982 and 1983 and finished with a 2,022 career points.

"I didn't know that much about Bethel, but coach Zarnoch is a perfect fit for me," said Galloway, who is the second all-time leading scorer. "He was smart, being around my teammates were some of the best memories I had at Bethel. They were not only great basketball players, but great people in general."

Currently the head boys basketball coach at Carmel High School.

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TIP OF THE WEEK

Dealing with growth spurt

Growth spurts, those that great young athletes of yours all of a sudden getting clumsy and uncoordinated while playing middle school or freshman sports?

No, to worry. This is a common occurrence with youths as they enter puberty and that infamous growth spurt. During this growth period, the bones grow at a faster rate than the muscles making it that much harder for the muscles to move the attached bones. At this stage, the youth has to get used to the new growth and will be a bit less coordinated than before. As, this is nothing to be too concerned about, so coaches and trainers should avoid the inclination to work the athlete harder and do more strength

training that can be more harmful than helpful. It is OK to do some light stretching and agility drills, playing sports on a flat surface, but the focus should be on stretching. A good flexibility program at this time will help enhance the muscles and reduce the difference that comes with the growth spurt.

Briefs

Women's baseball

Blue Sox hammer Motown Magic, 16-7

The South Bend Blue Sox crushed out 17 hits en route to a 16-7 victory over the Motown Magic in a Great Lakes Women's Baseball League game.

The Blue Sox's tilt proved to be a contest of attrition, with the Sox hammering the Magic with three hits while teammates Katie Papp, Kelly Jewell and Ashlee Hiderman had two hits apiece. Papp also knocked three runs and Jewell knocked in two.

Winning pitcher for the Blue Sox was Lori Bryant who got her third win against only one loss.

The Blue Sox rose to 4-4 on the year, while the Magic fell to 6-6.

Basketball

Marian's coach Dietz slates ICCL camp

Coach Ron Dietz and the Marian basketball staff will be holding an ICCL Developmental Camp that will run Oct. 5-8. The camp will be held at Marian High School from 9-10 a.m. on Saturdays Oct. 5, 9, 16, and 23. The camp is for Marian High School players for the upcoming season.

Camp brochures can be picked up at Marian High School or from their school basketball representative. Signups will also be taken the first day of camp.

For more information contact Dietz at (574) 235-5836.

Elkhart Sports Center basketball league set

The Elkhart Sports Center's men's basketball league will begin Oct. 11 with a second season offered Jan. 3. There are three divisions available. Cost per team will be \$450 or \$80 per individual. For more information call (219) 271-2400 or 1-877-351-2260.

S8 parks department to have fall league

The South Bend Parks and Recreation Department will host the River City Fall Basketball League. Registration will be held until Oct. 1 at the O'Brien Recreation Center. All participants must be older than 18. The fee is \$48 per player. The season runs Oct. 30-Nov. 11. Call 230-4788 ext. 230 or 231 for more information.

COMMUNITY SCOREBOARD

A roundup of announcements and results for the week of September 19

GOLF	FOOTBALL	SOFTBALL	SOCCER
Men's results INDIAN South Bend State Rial, Thomas, 10-11, 12-13, 14-15, 16-17, 18-19, 20-21, 22-23, 24-25, 26-27, 28-29, 30-31, 32-33, 34-35, 36-37, 38-39, 40-41, 42-43, 44-45, 46-47, 48-49, 50-51, 52-53, 54-55, 56-57, 58-59, 60-61, 62-63, 64-65, 66-67, 68-69, 70-71, 72-73, 74-75, 76-77, 78-79, 80-81, 82-83, 84-85, 86-87, 88-89, 90-91, 92-93, 94-95, 96-97, 98-99, 100-101, 102-103, 104-105, 106-107, 108-109, 110-111, 112-113, 114-115, 116-117, 118-119, 120-121, 122-123, 124-125, 126-127, 128-129, 130-131, 132-133, 134-135, 136-137, 138-139, 140-141, 142-143, 144-145, 146-147, 148-149, 150-151, 152-153, 154-155, 156-157, 158-159, 160-161, 162-163, 164-165, 166-167, 168-169, 170-171, 172-173, 174-175, 176-177, 178-179, 180-181, 182-183, 184-185, 186-187, 188-189, 190-191, 192-193, 194-195, 196-197, 198-199, 200-201, 202-203, 204-205, 206-207, 208-209, 210-211, 212-213, 214-215, 216-217, 218-219, 220-221, 222-223, 224-225, 226-227, 228-229, 230-231, 232-233, 234-235, 236-237, 238-239, 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