# Kwasukela for Her Health – UNICEF FemTech Concept Note

Kwasukela for Her Health is an offline, open-source storytelling app focused on educating girls aged 9–18 on menstrual health, body safety, and emotional well-being through African stories. It is designed for low-data and rural areas in South Africa.

Objectives:  
- Improve menstrual health knowledge  
- Encourage body literacy and protection  
- Foster emotional resilience through culturally rooted storytelling

Activities include: creating stories, translating, printing, app distribution, and community readings in schools and churches.