

THE GOVERNMENT OF
THE REPUBLIC OF THE UNION OF MYANMAR
MINISTRY OF EDUCATION

ENGLISH TEXT GRADE 1



2017-2018

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Table of Contents

Unit	Unit title	Page
1	My Friends	2
2	Things around us	12
	Review 1	24
	Project 1 'What's your name?' Song	27
	'How are you?' Song	
3	Colours	28
4	Parts of the Body	40
	Review 2	52
	Project 2 My Toy	55
5	Food and Drink	56
6	Fruits	68
	Review 3	80
	Project 3 My Meal	83
7	English for our Class	84
8	My Family	96
	Review 4	108
	Project 4 My Family	111

Unit 1 My Friends**Lesson 1 ABC Song****Listen and sing.**

A 	B 	C 	D 	E 	F
G 	H 	I 	J 	K 	L
M 	N 	O 	P 	Q 	R
S 	T 	U 	V 	W 	X
	Y 	Z 			



Now, I know my A, B, Cs.
Everybody, sing with me.



Lesson 2 ABC Song



Listen and sing.

a 	b 	c 	d 	e 	f
g 	h 	i 	j 	k 	l
m 	n 	o 	p 	q 	r
s 	t 	u 	v 	w 	x
y 		z 			



Now, I know my A, B, Cs.
Everybody, sing with me.



Lesson 3 Hello, I'm Aye Aye. Nice to meet you.

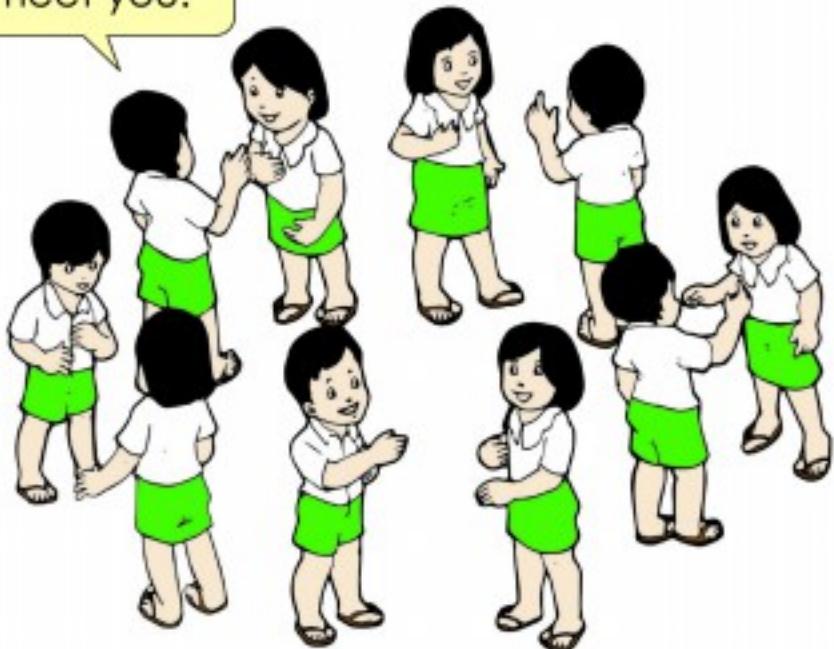


Listen and say.



Hello, I'm Kyaw Kyaw.
Nice to meet you.

Hello, I'm Moe Moe.
Nice to meet you.





Practise.

Hello, I'm Moe Moe.
Nice to meet you.

Hello, I'm Soe Soe.
Nice to meet you.



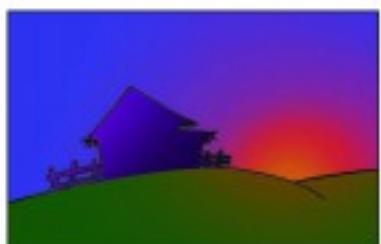
Say and tick.

	<input checked="" type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>
	<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>
	<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>
	<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>

Lesson 4 Good morning.



Listen and say.



Good morning. Good afternoon. Good evening.



Goodbye.



Look and say.





Practise.

Good morning.



Good morning.



Good afternoon.



Good afternoon.



Good evening.



Good evening.



I'm Kyaw Kyaw.



I'm Aye Aye.



Nice to
meet you.

Nice to
meet you.

Goodbye.



Goodbye.



Lesson 5 What's your name?



Listen and say.

What's your name?



My name's Tun Tun.



My name's Su Su.



Ask and answer.

What's your name?



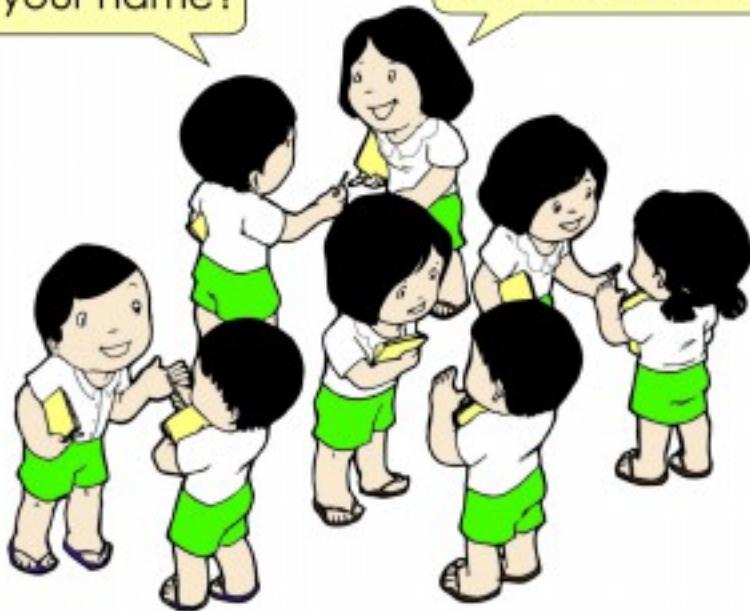
My name's
Phyu Phyu.



Practise.

What's your name?

My name's Su Su.



Ask and tick.

	<input checked="" type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>
	<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>
	<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>
	<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>

Lesson 6 How are you?

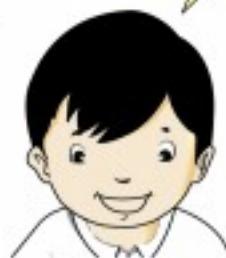


Listen and say.

How are you?



I'm fine.



I'm great.



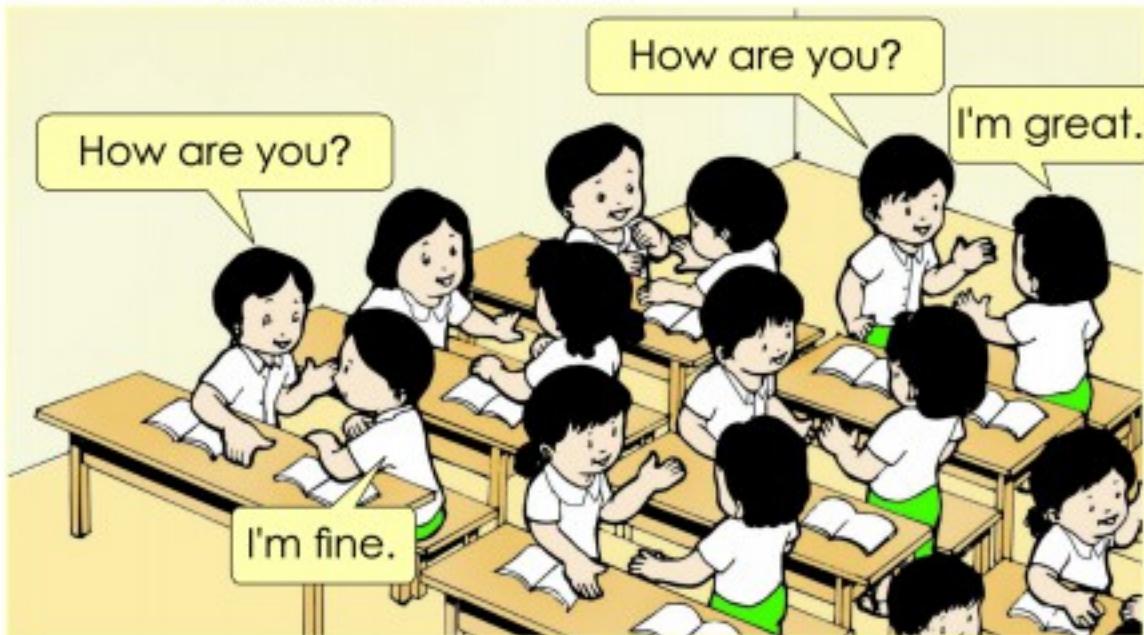
Ask and answer.

How are you?

How are you?

I'm great.

I'm fine.



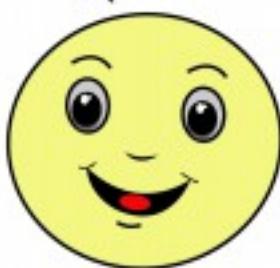


Practise.



How are you?

I'm fine.



I'm great.



Say and draw.



How are you?



Unit 2 Things around us

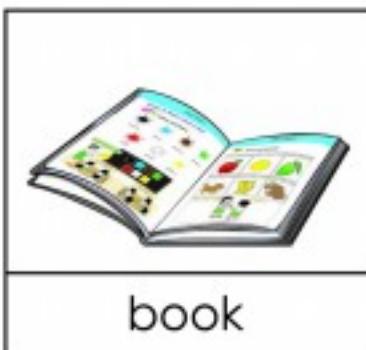
Lesson 1 It's a bag.



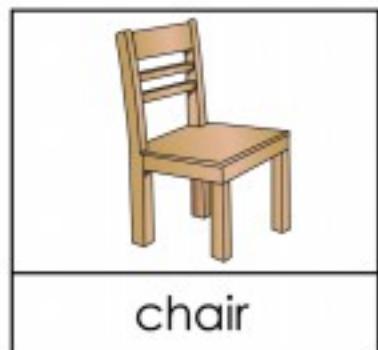
Listen and say.



bag



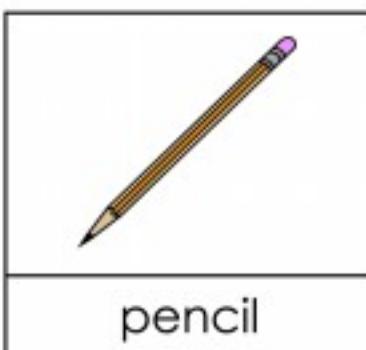
book



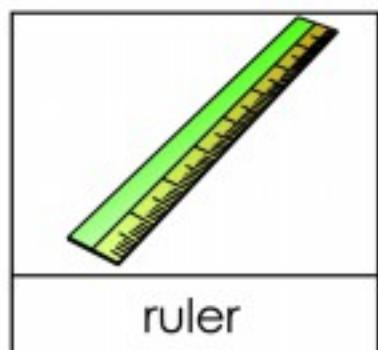
chair



desk



pencil

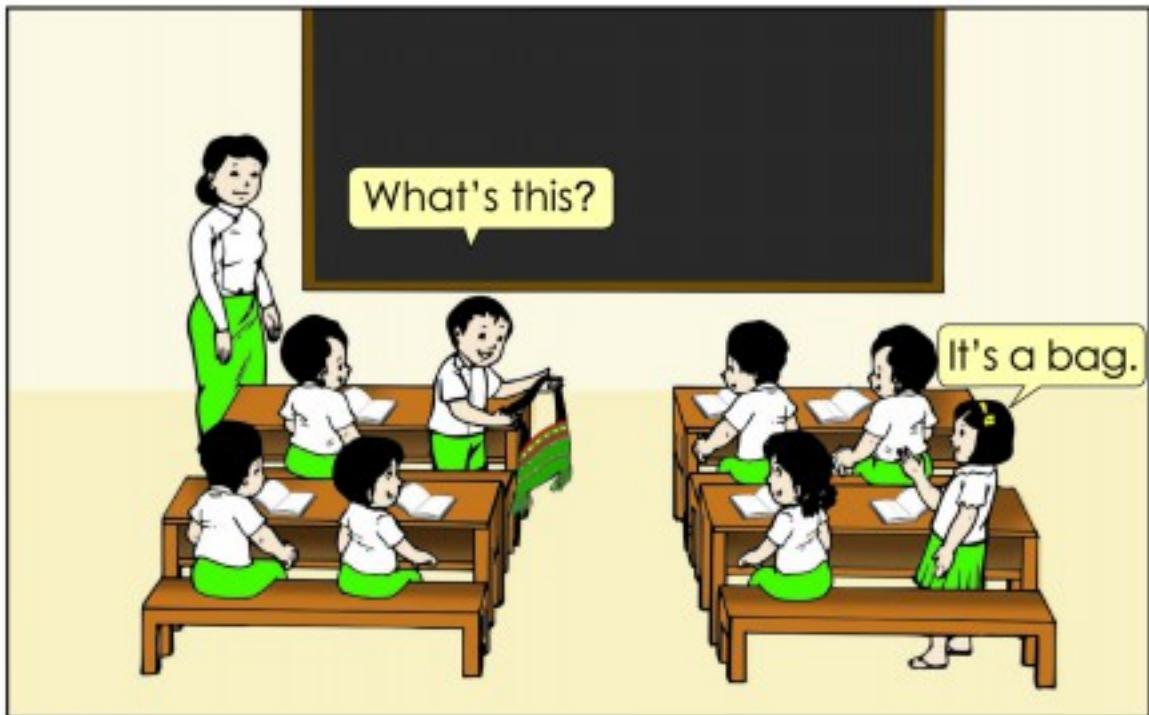


ruler

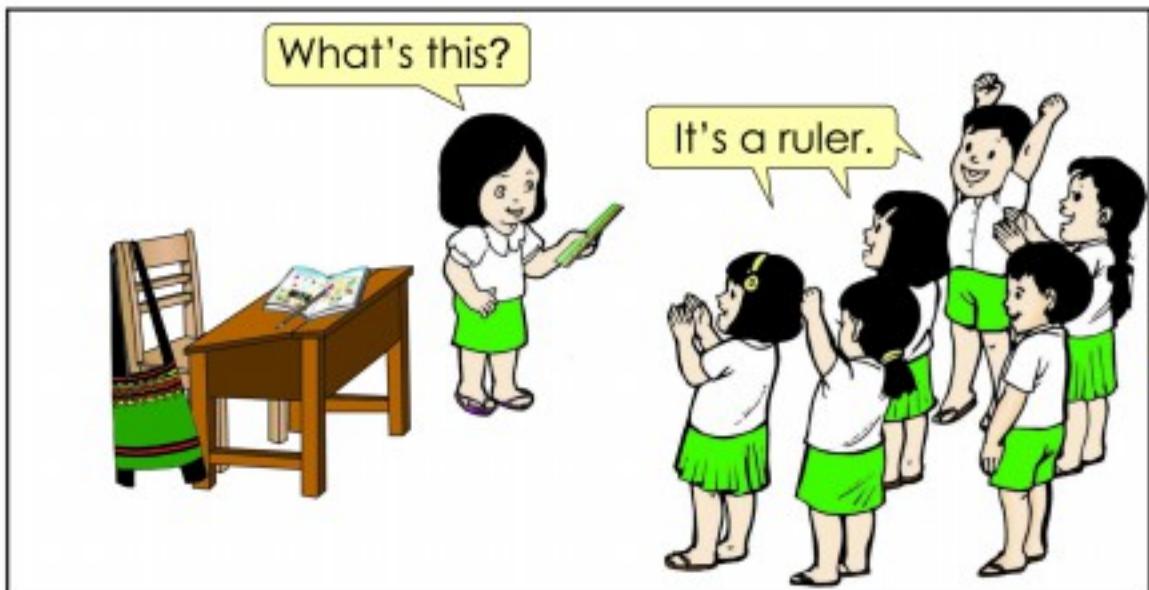




Practise.



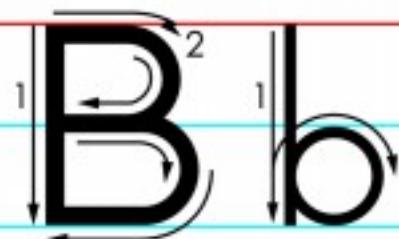
Ask and answer.



Lesson 2 Letters of the week: Aa, Bb



Listen and say.



ant



apple



ball



boy





Trace and write.

AAA

BBB

aaa

bbb



Listen and tick.



Listen and tick.

B

a

A

b



Write.

A a

a a

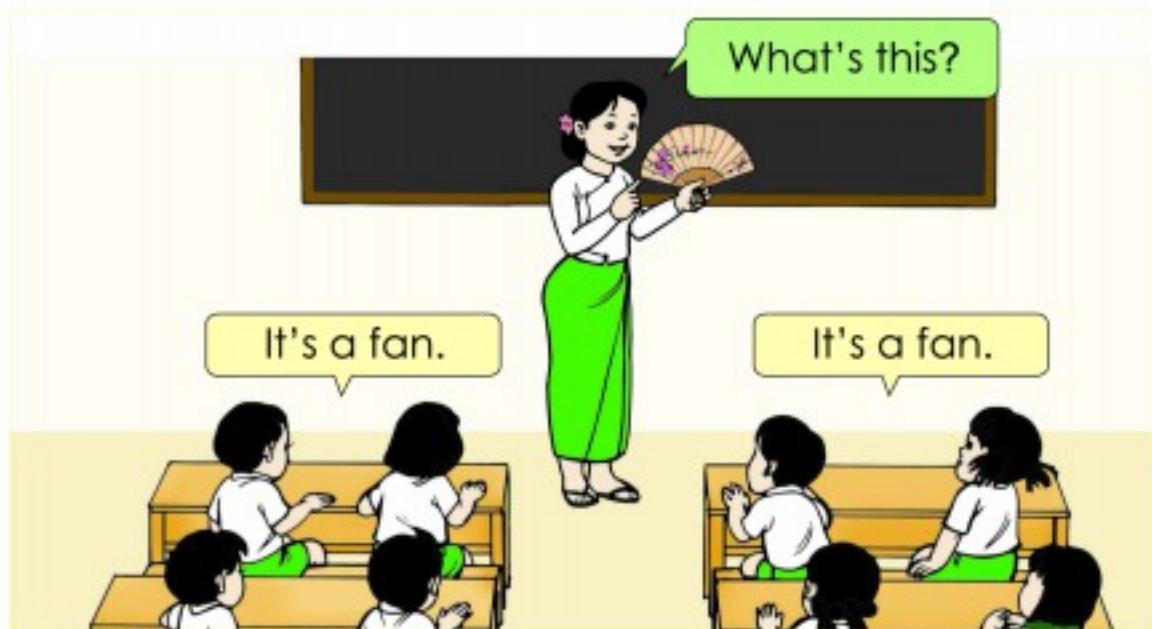
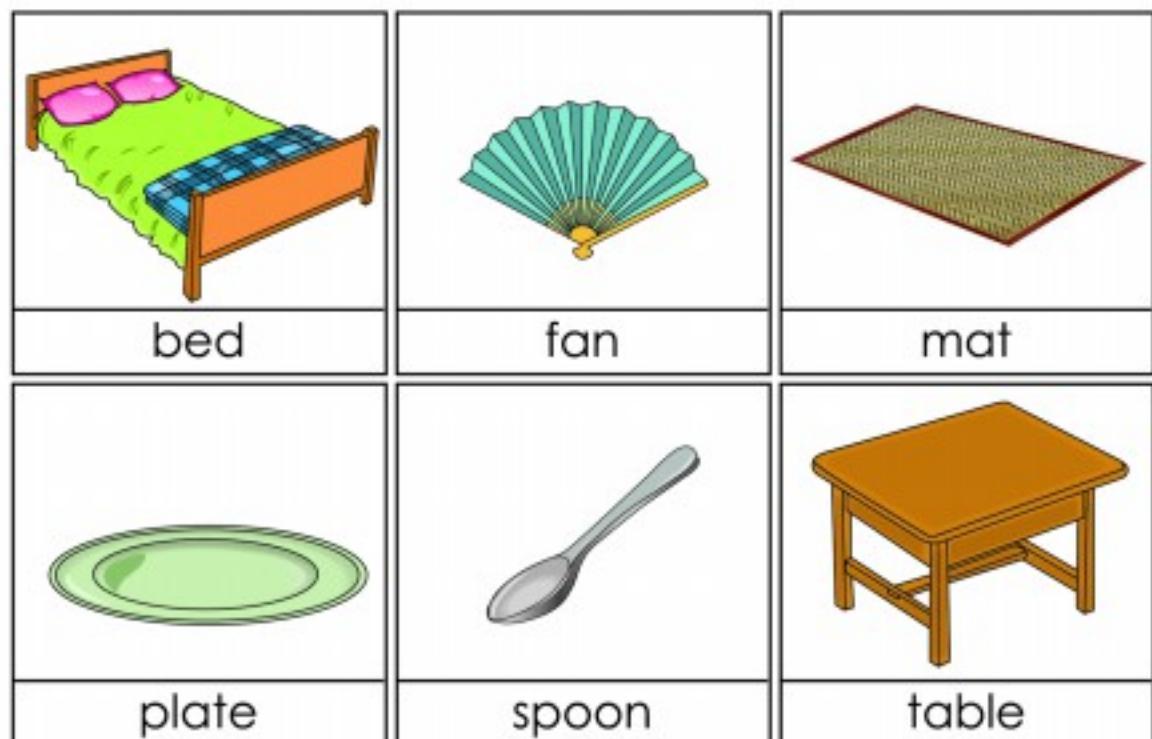
B

 b

Lesson 3 It's a bed.



Listen and say.



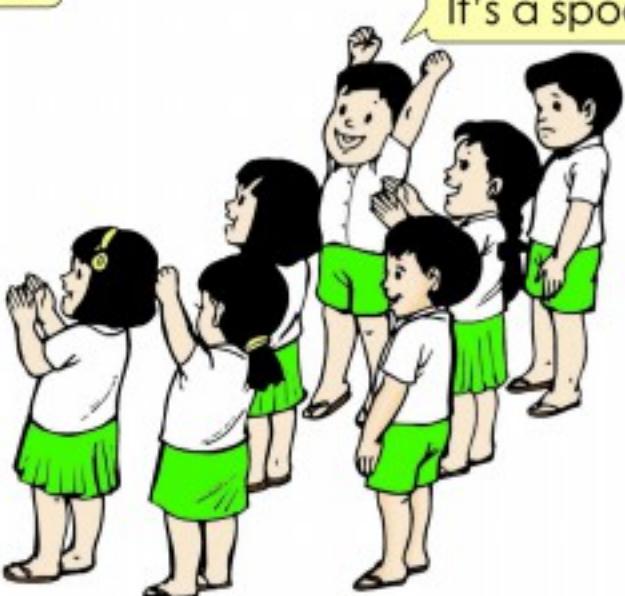


Practise.

What's this?



It's a spoon.



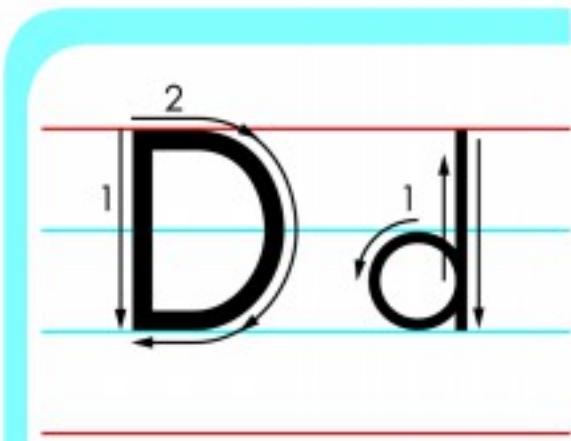
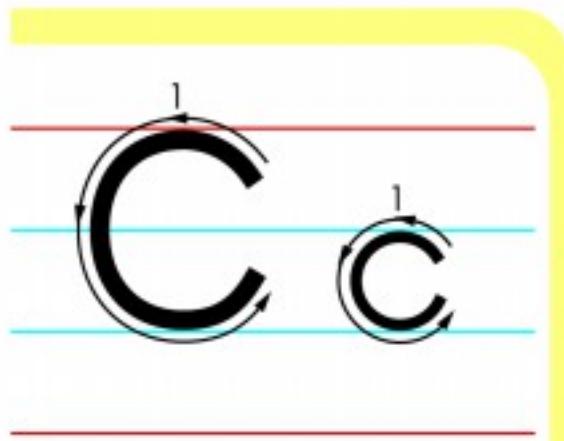
Ask and tick.



Lesson 4 Letters of the week: Cc, Dd



Listen and say.



cake



dog



cup



duster





Trace and write.

CCC

D D D

ccc

ddd



Listen and circle.



Tick and say.

C



d



Write and say.



__ up

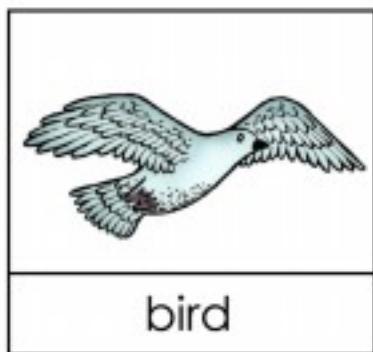


__ og

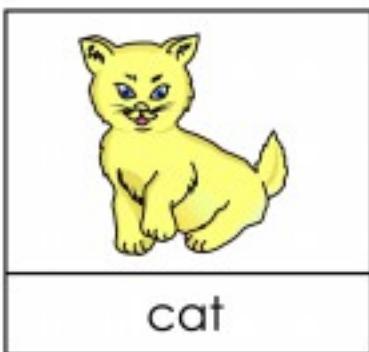
Lesson 5 It's a bird.



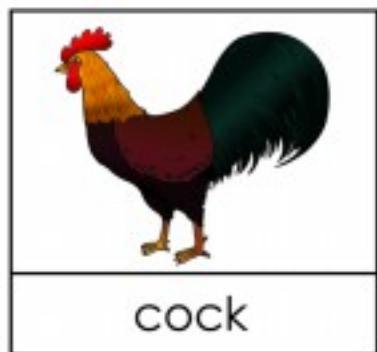
Listen and say.



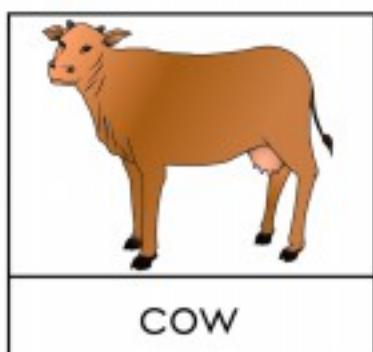
bird



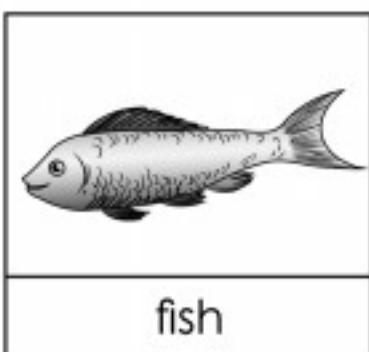
cat



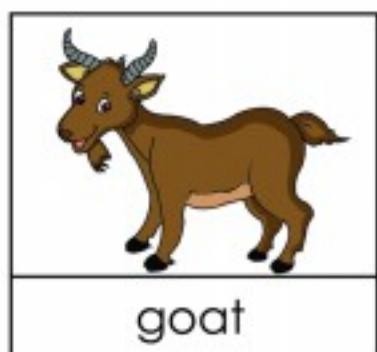
cock



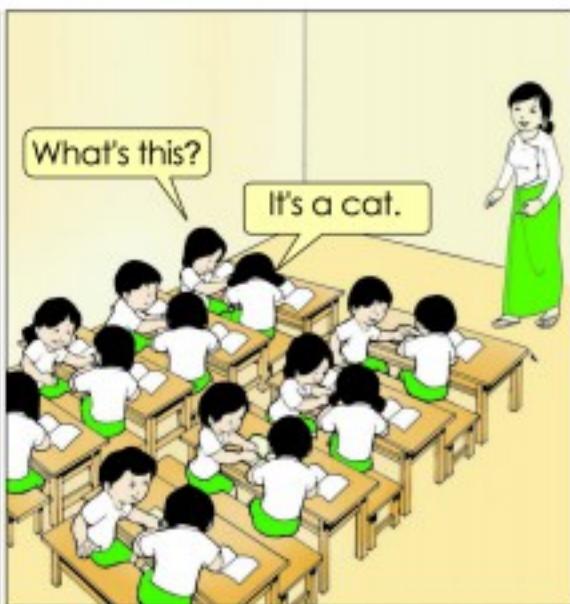
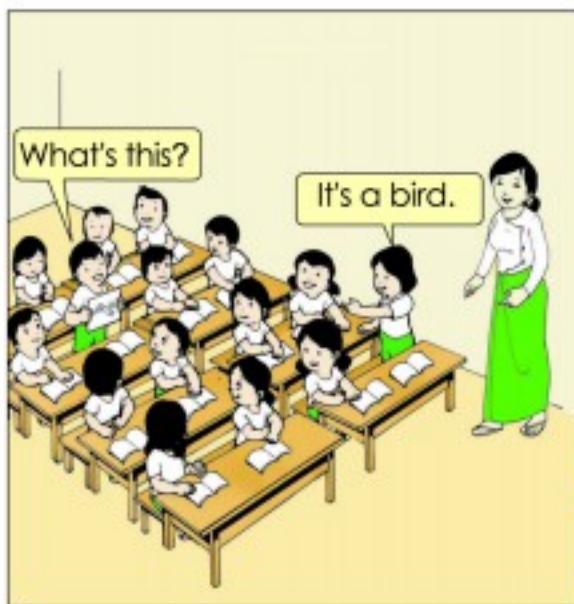
cow



fish

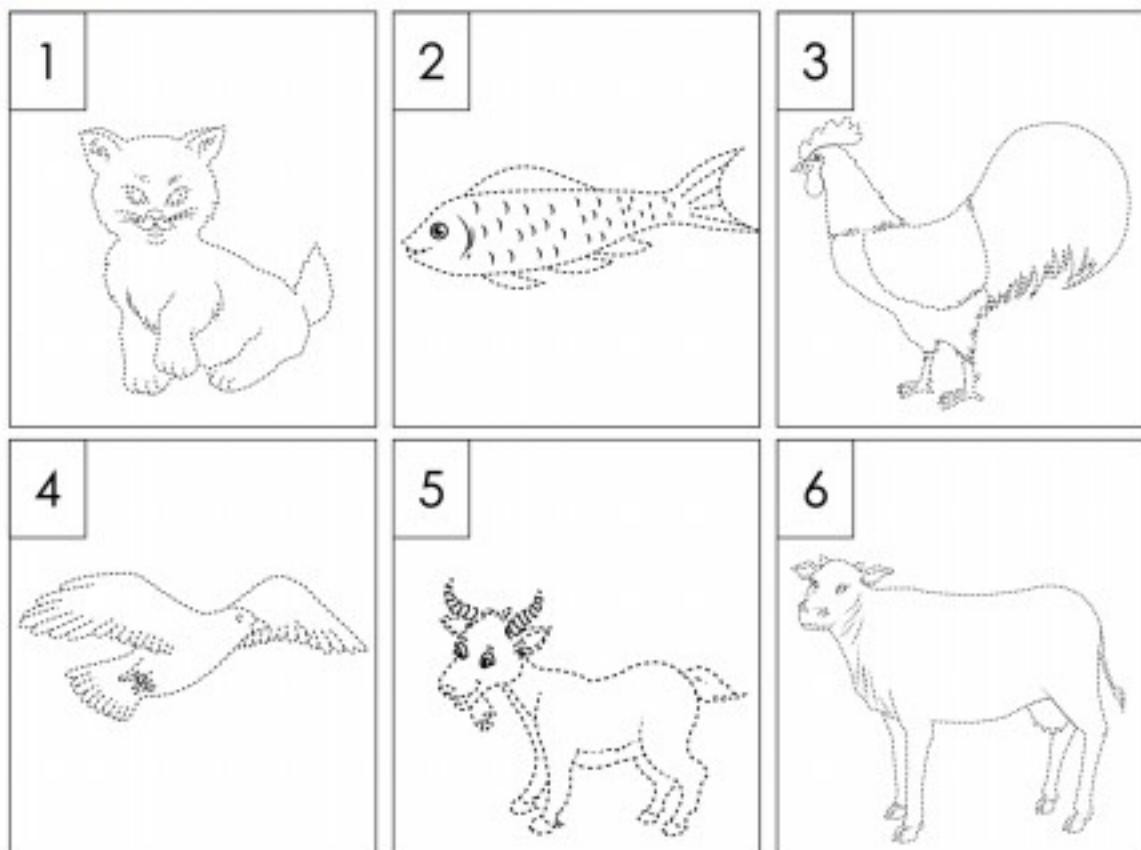


goat

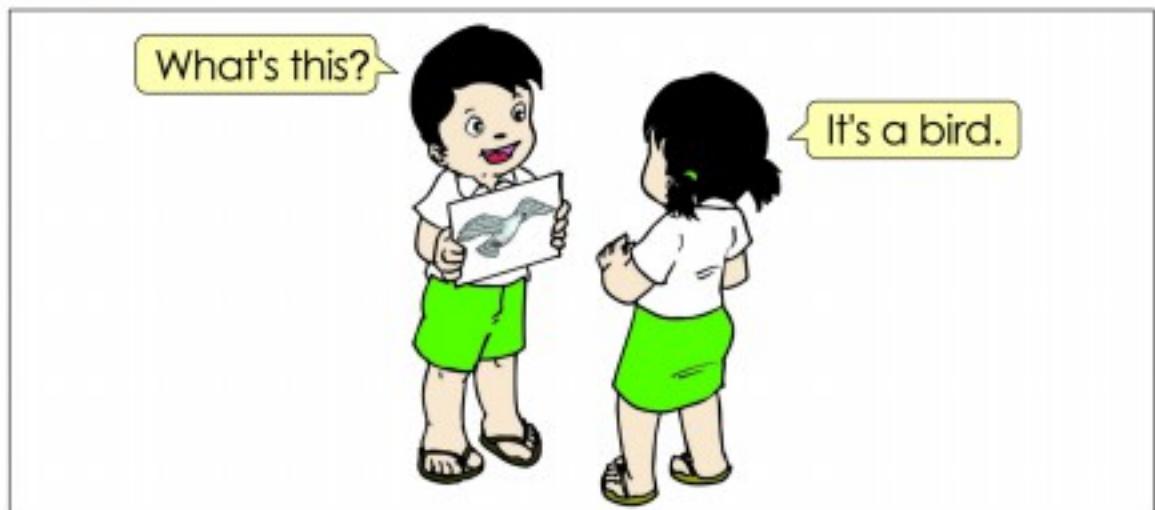




Trace and say.



Practise.



Lesson 6 The Noisy Animals



Listen and say.

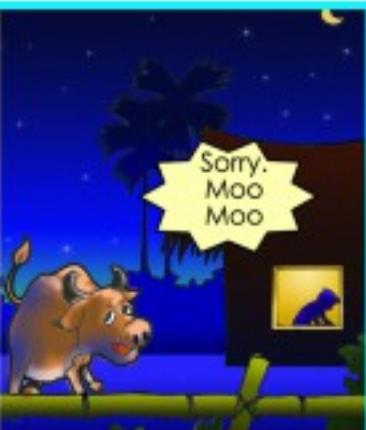
1 Good night.



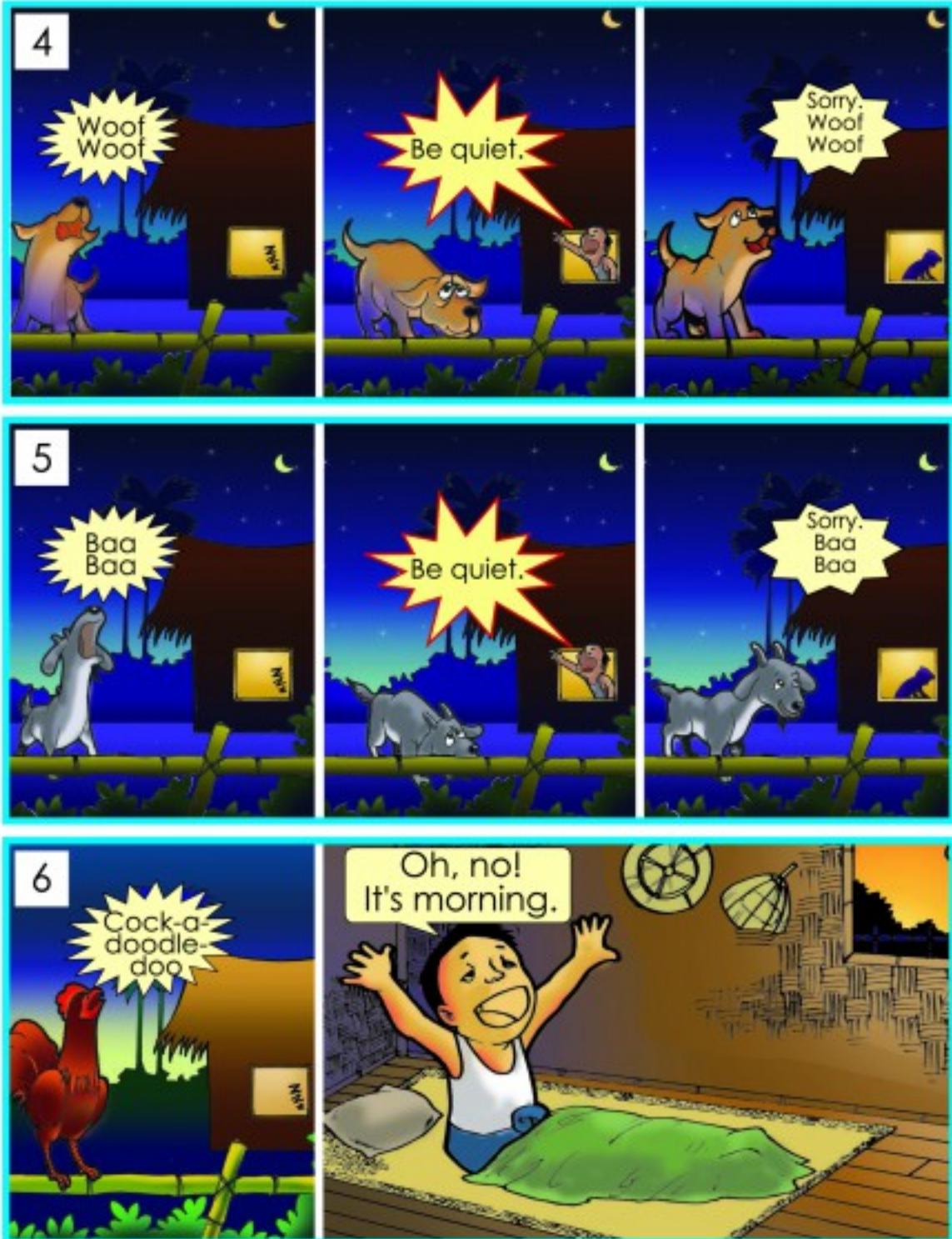
2



3



Unit 2 Things around us



Review 1



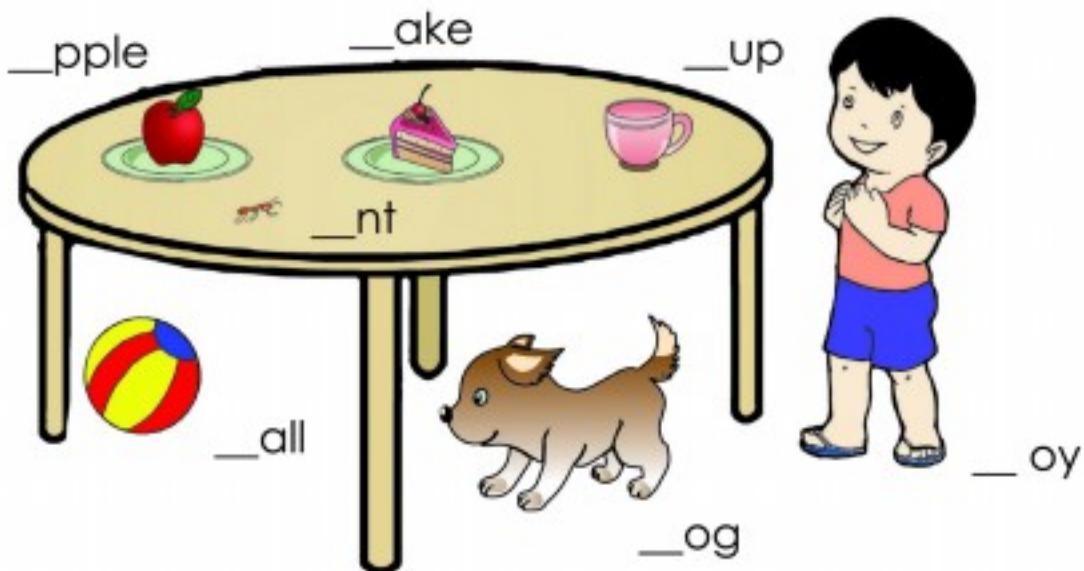
Write.

A B C D

a b c d



Say and write.



I can ...			
write Aa, Bb, Cc and Dd.			
say the words beginning with A, B, C and D.			



Listen and say.

A boy named Kyaw Kyaw and a girl named Aye Aye are standing and talking to each other. They are both smiling and gesturing friendly. The boy has short black hair and is wearing a white t-shirt and green shorts. The girl has short black hair and is wearing a white t-shirt and a green skirt. They are surrounded by speech bubbles containing their dialogue.

Kyaw Kyaw says:

- Hello.
- I'm Kyaw Kyaw.
- What's your name?
- Nice to meet you, too.
- I'm great.

Aye Aye says:

- Hello.
- My name's Aye Aye.
- Nice to meet you.
- I'm fine.
- How are you?

I can ...			
greet my friends in English.			
make friends in English.			

Review 1



Trace and say.



What's this?



It's a book.



Ask and answer.

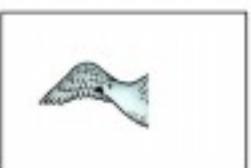
What's this?



It's a fan.



Match and say.



I can ...



name things around me in English.



say names of animals in English.



**Project 1 'What's your name?' Song and
'How are you?' Song**



Listen and sing.

‘What’s your name?’

(Hello)⁴



(What’s your name?)²

(My name’s Toe Toe.)²

(What’s your name?)²

‘How are you?’

(Hello, Aung Aung.

How are you?)³

(Great!)

It’s so nice to see you.



I can ...



sing ‘What’s your name?’ Song.

sing ‘How are you?’ Song.

Unit 3 Colours

Lesson 1 What colour is this?



Listen and say.



black



blue



brown



green



pink



red



white



yellow

What colour is this?



It's yellow.



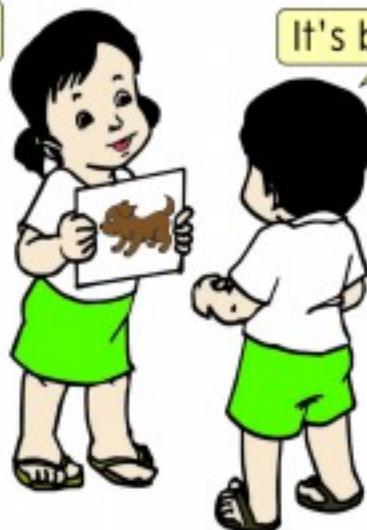
It's yellow.





Ask and answer.

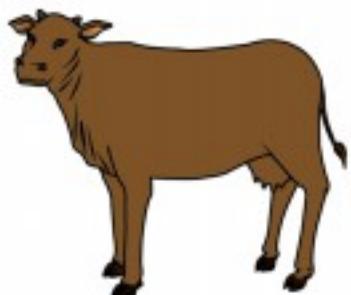
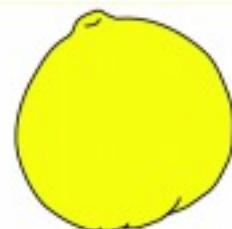
What colour is this?



It's brown.



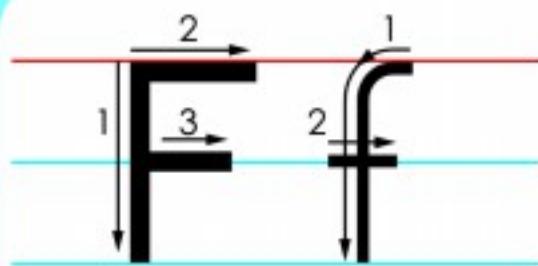
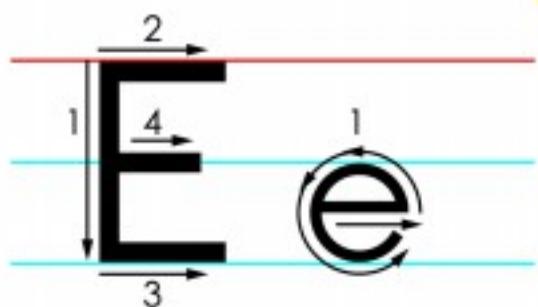
Practise.



Lesson 2 Letters of the week: Ee, Ff



Listen and say.



ear



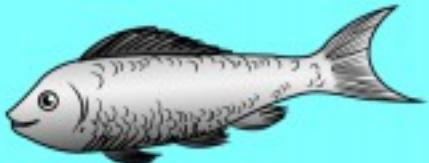
fan



eye



fish





Trace and write.



Say and circle 'e'. Say and circle 'f'.



ear



fan



Tick and say.

e



f



Write and say.



__an



__ar

Lesson 3 It's long.



Listen and say.



long



short



big



small

It's long.



It's long.



It's short.



It's big.

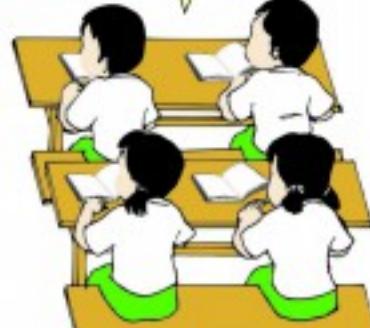


It's small.

It's long.



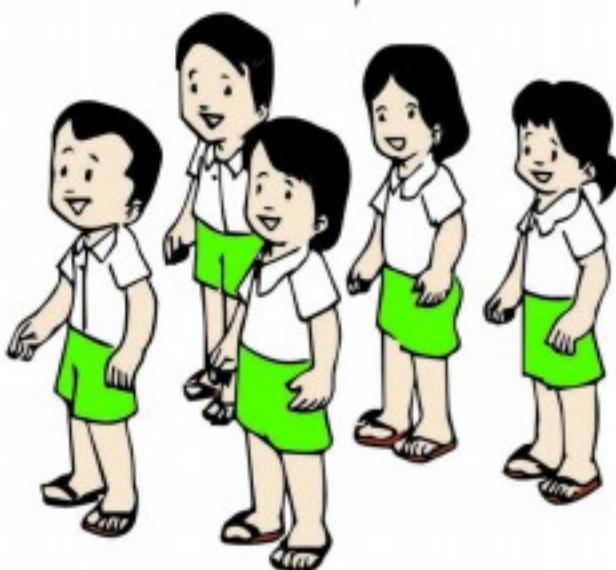
It's long.





Look and say.

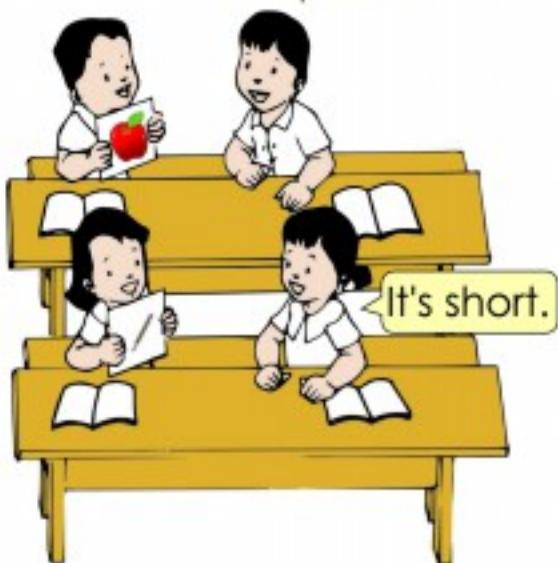
It's long.



It's small.



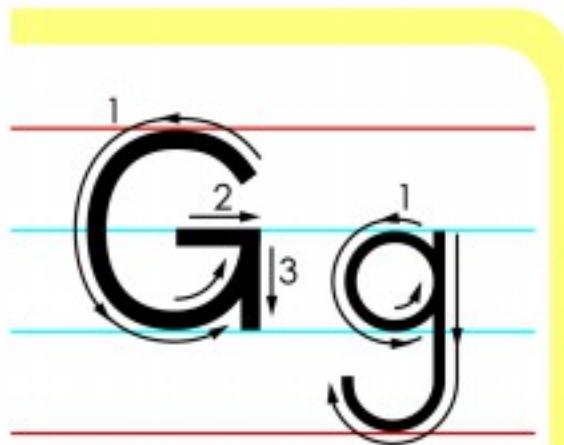
It's big.



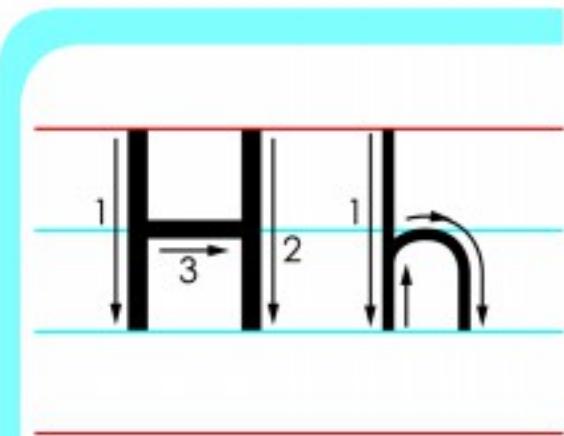
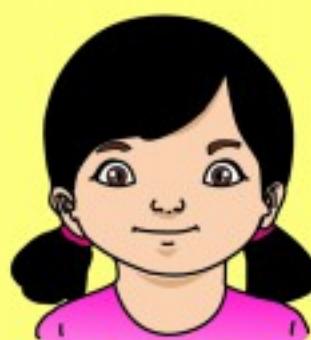
Lesson 4 Letters of the week: Gg, Hh



Listen and say.



girl



hand



goat



hat





Trace and write.

GGG

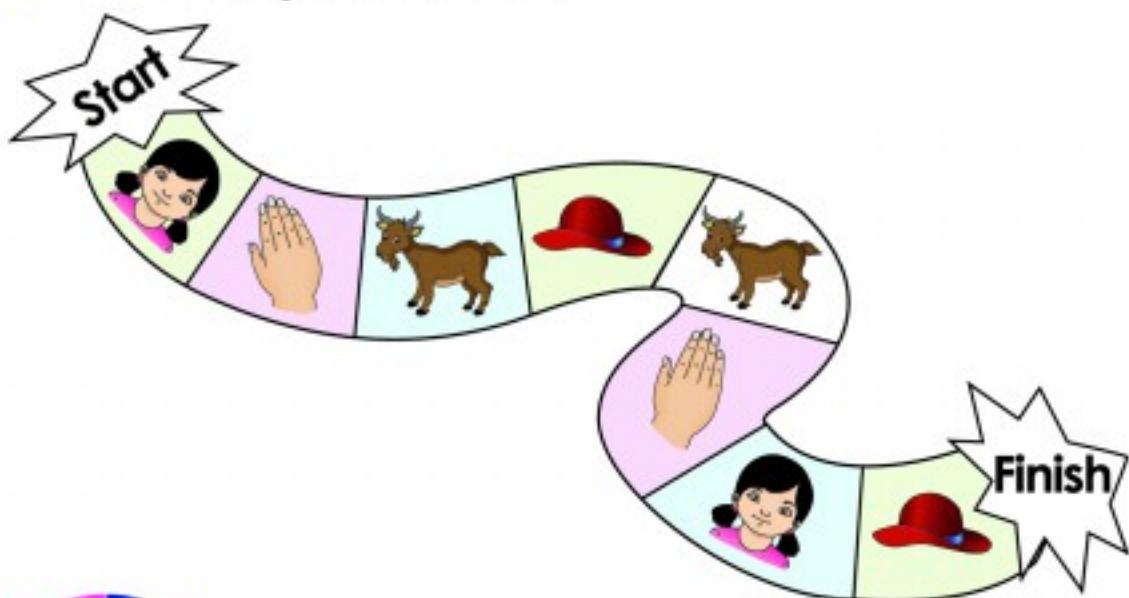
HHH

ggg

hhh



Say the words.



Listen and circle.

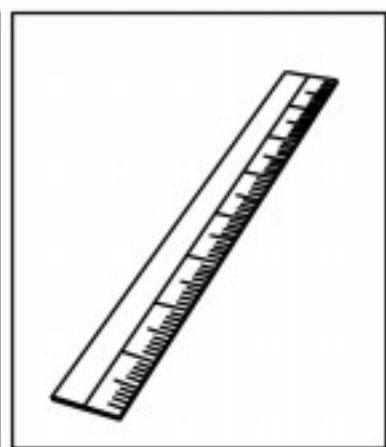
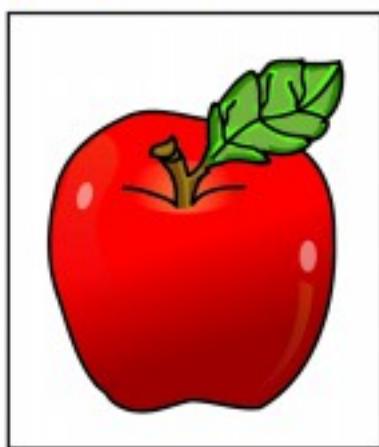
g i r l

h a n d

Lesson 5 This is an apple.



Listen and say.

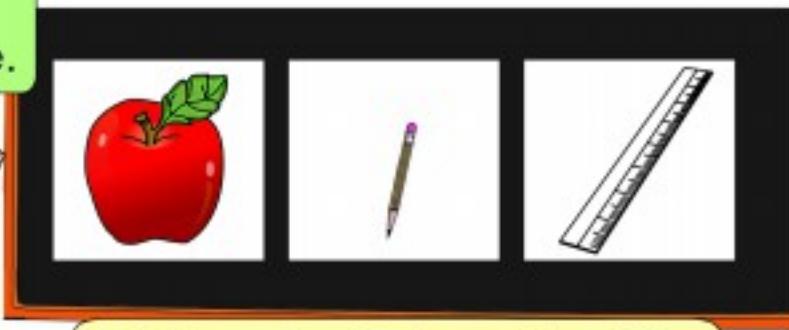


This is an apple.
It's big. It's red.

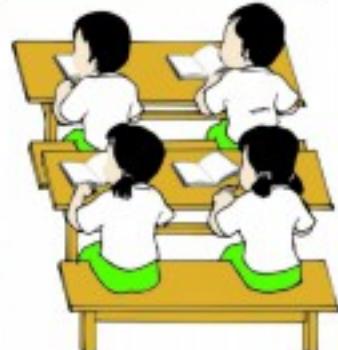
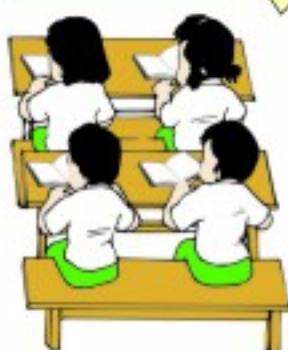
This is a pencil.
It's short. It's brown.

This is a ruler.
It's long. It's white.

This is a ruler.
It's long. It's white.



This is a ruler. It's long. It's white.





Look and say.

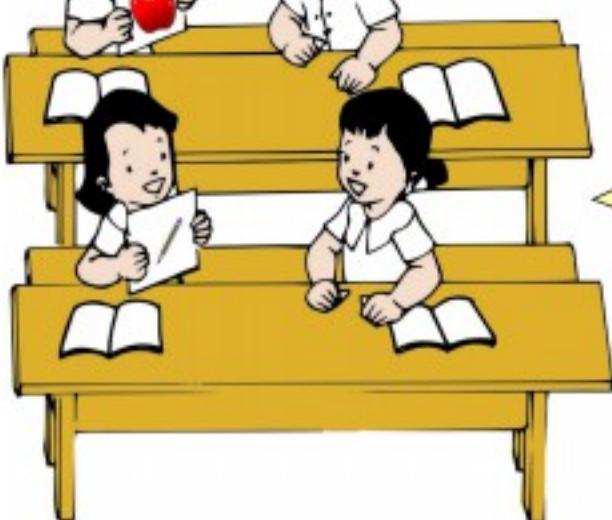
This is a pencil. It's short. It's brown.



This is an apple.
It's big. It's red.



This is a pencil.
It's short. It's brown.



Lesson 6 The Red Ant



Listen and say.

- 1 Yellow Cat, Yellow Cat,
what's this?



Dog. Dog.
It's a dog.
It's big. It's black.



2

- Black Dog,
Black Dog,
what's this?



Cock. Cock.
It's a cock.
It's small. It's white.



Unit 3 Colours

3

White Cock,
White Cock,
what's this?



Ant. Ant.
It's an ant.
It's small. It's red.



4

Red Ant, Red Ant, how are you?



I'm great!
I'm great!

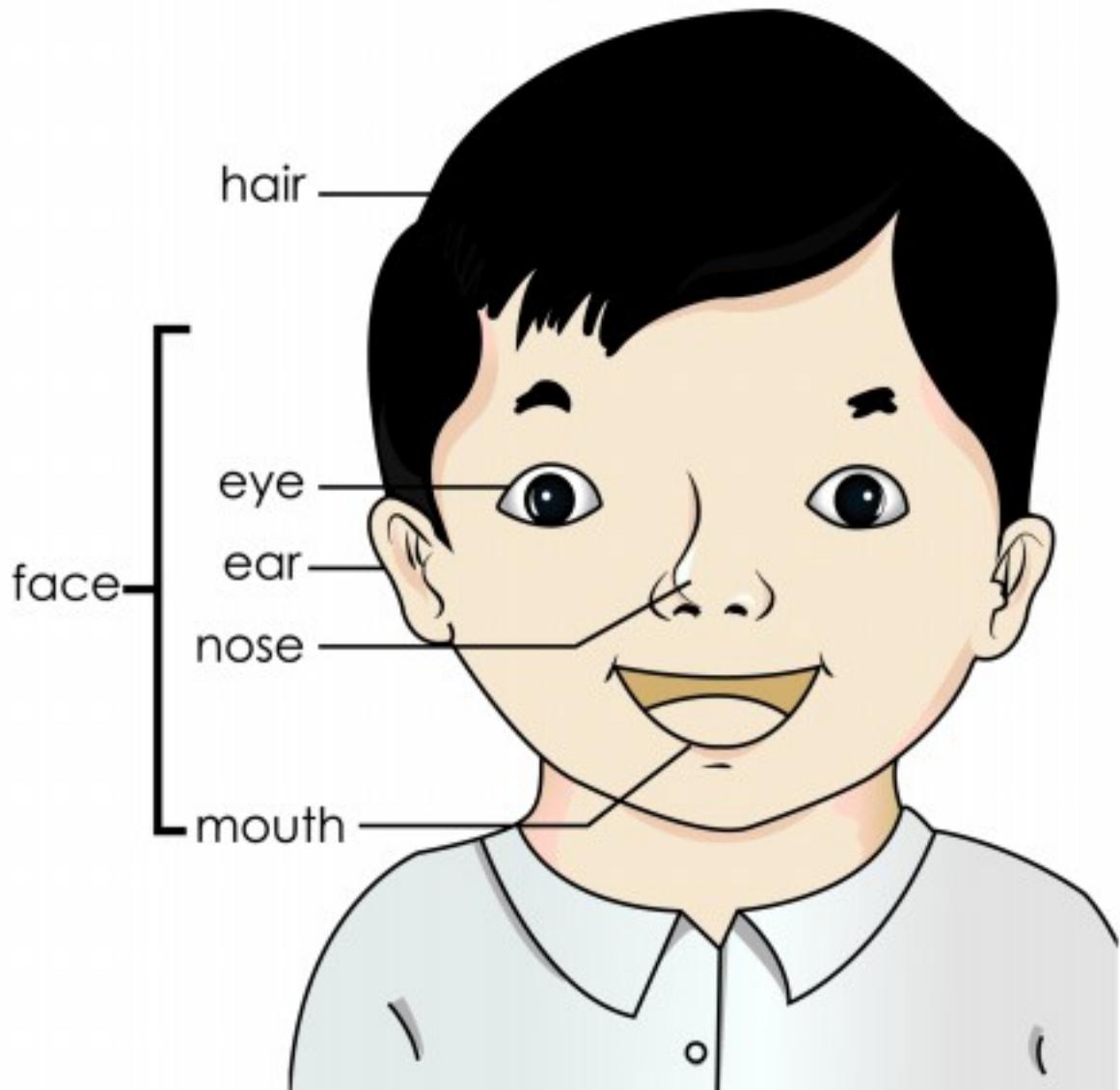


Unit 4 Parts of the Body

Lesson 1 Touch your nose.

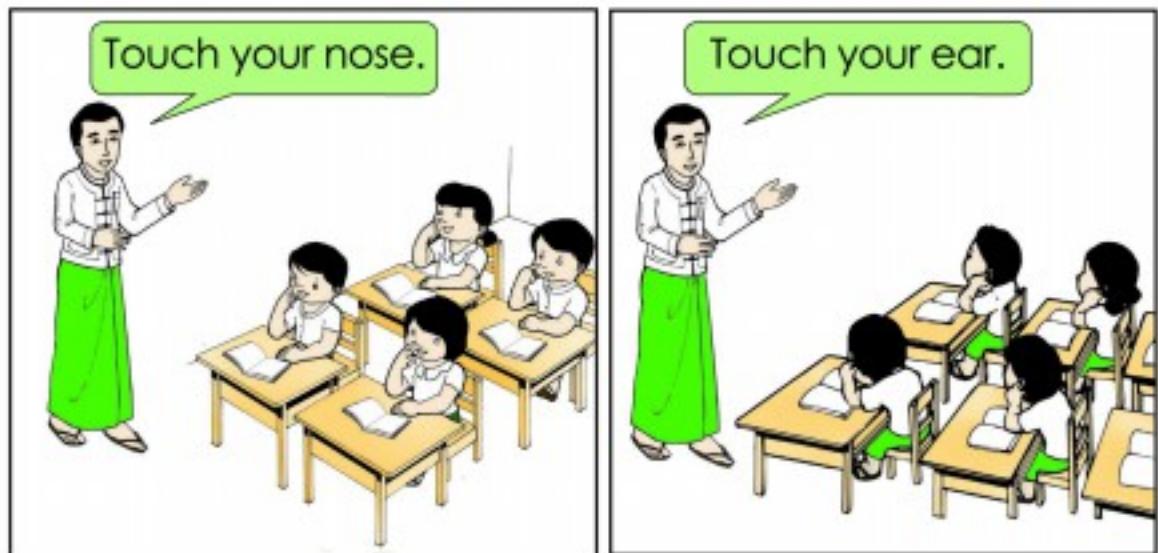


Listen and say.



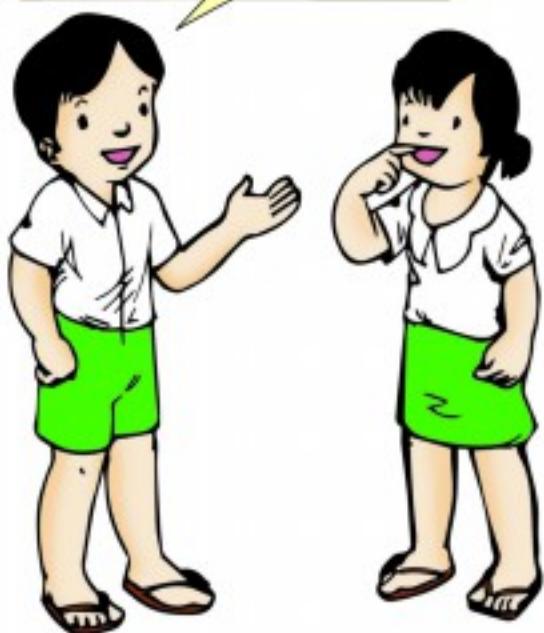


Listen and practise.



Listen and act.

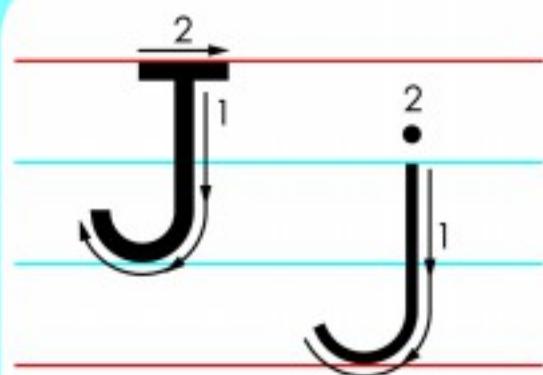
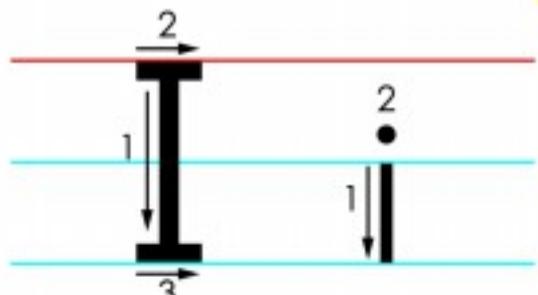
Touch your mouth.



Lesson 2 Letters of the week: Ii, Jj



Listen and say.



ice



jacket



iron



jam





Trace and write.

I I I

J J J

i i i

U U U



Listen and tick.



Listen and tick.

i

J

j

I



Write and say.



__ce

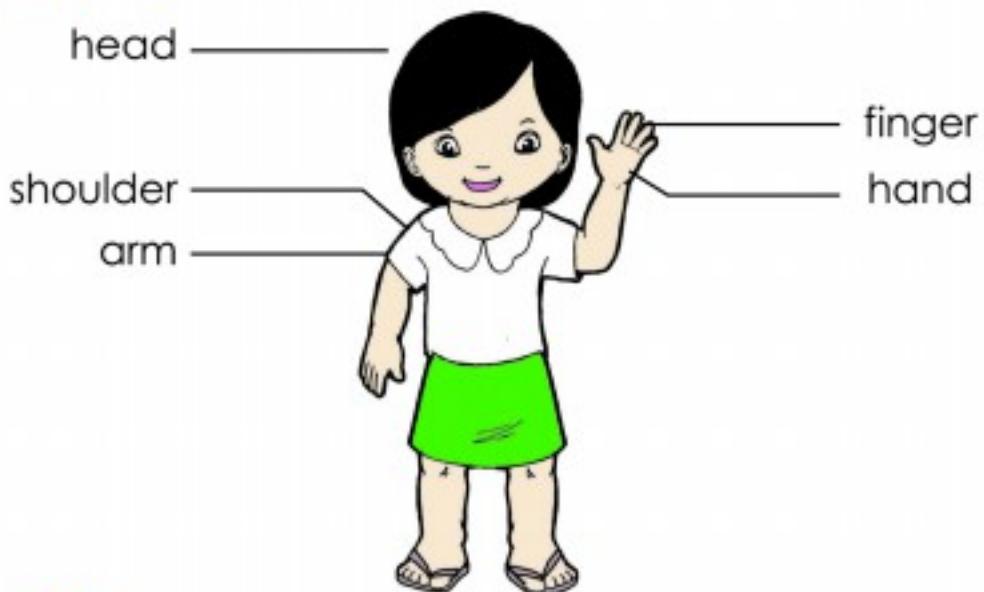


__am

Lesson 3 Touch your head.



Listen and say.



Listen and sing.



(Clap)² Touch your head.



(Clap)² Touch your shoulder.



(Clap)² Touch your arm.



(Clap)² Touch your hand.

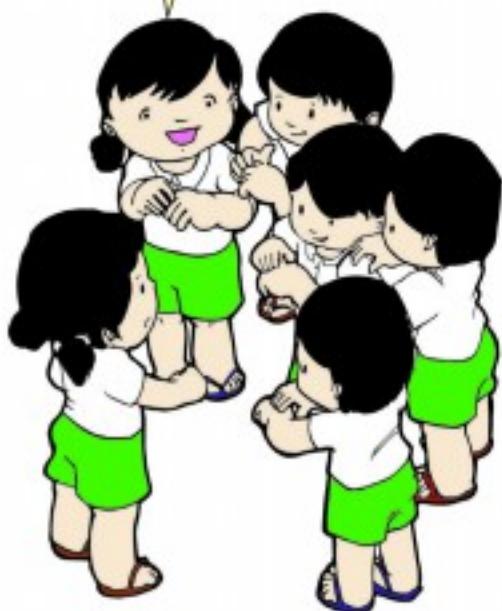


(Clap)² Touch your finger.

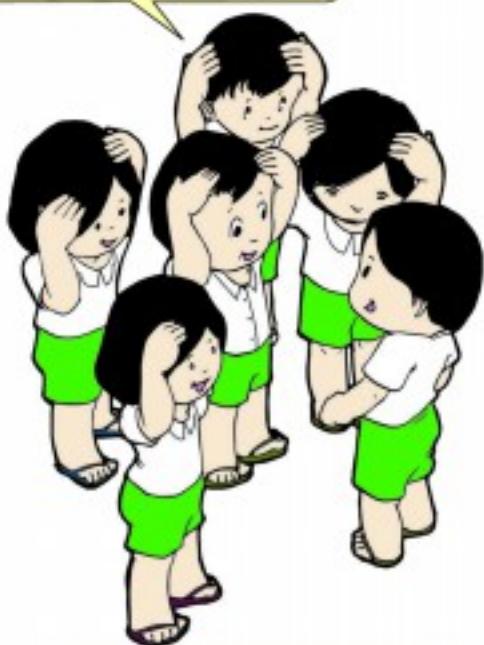


Listen and act.

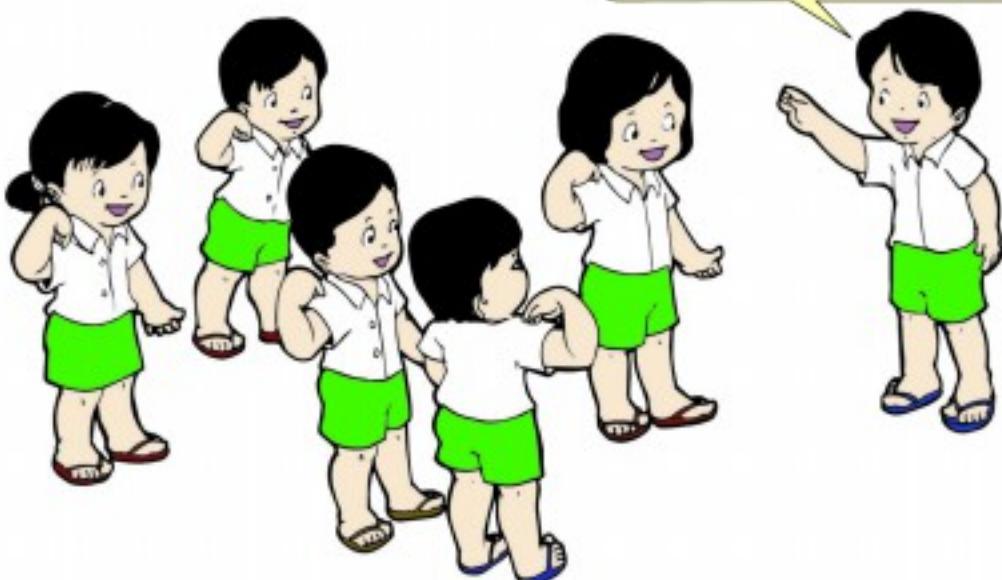
Touch your hand.



Touch your head.



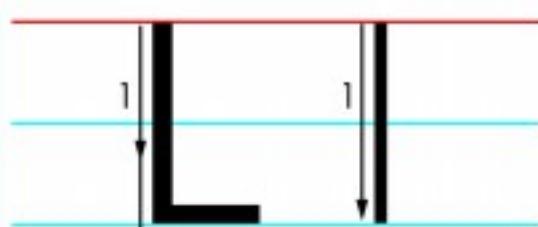
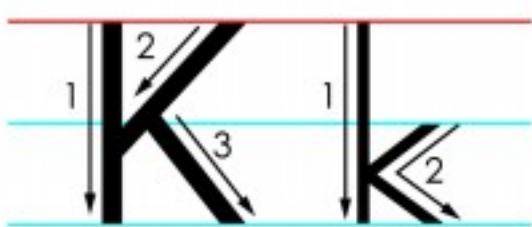
Touch your shoulder.



Lesson 4 Letters of the week: Kk, Ll



Listen and say.



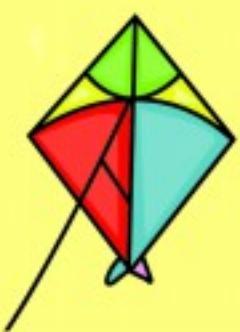
key



lamp



kite



lock





Trace and write.

K K K

L L L

k k k

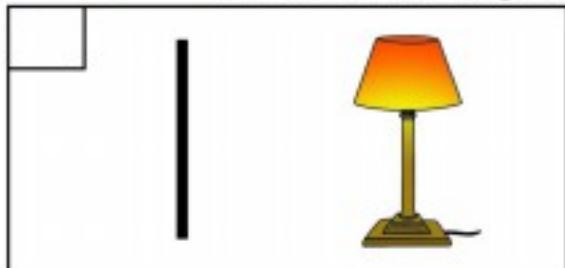
l l l



Listen and circle.



Tick and say.



Write and say.



__ock

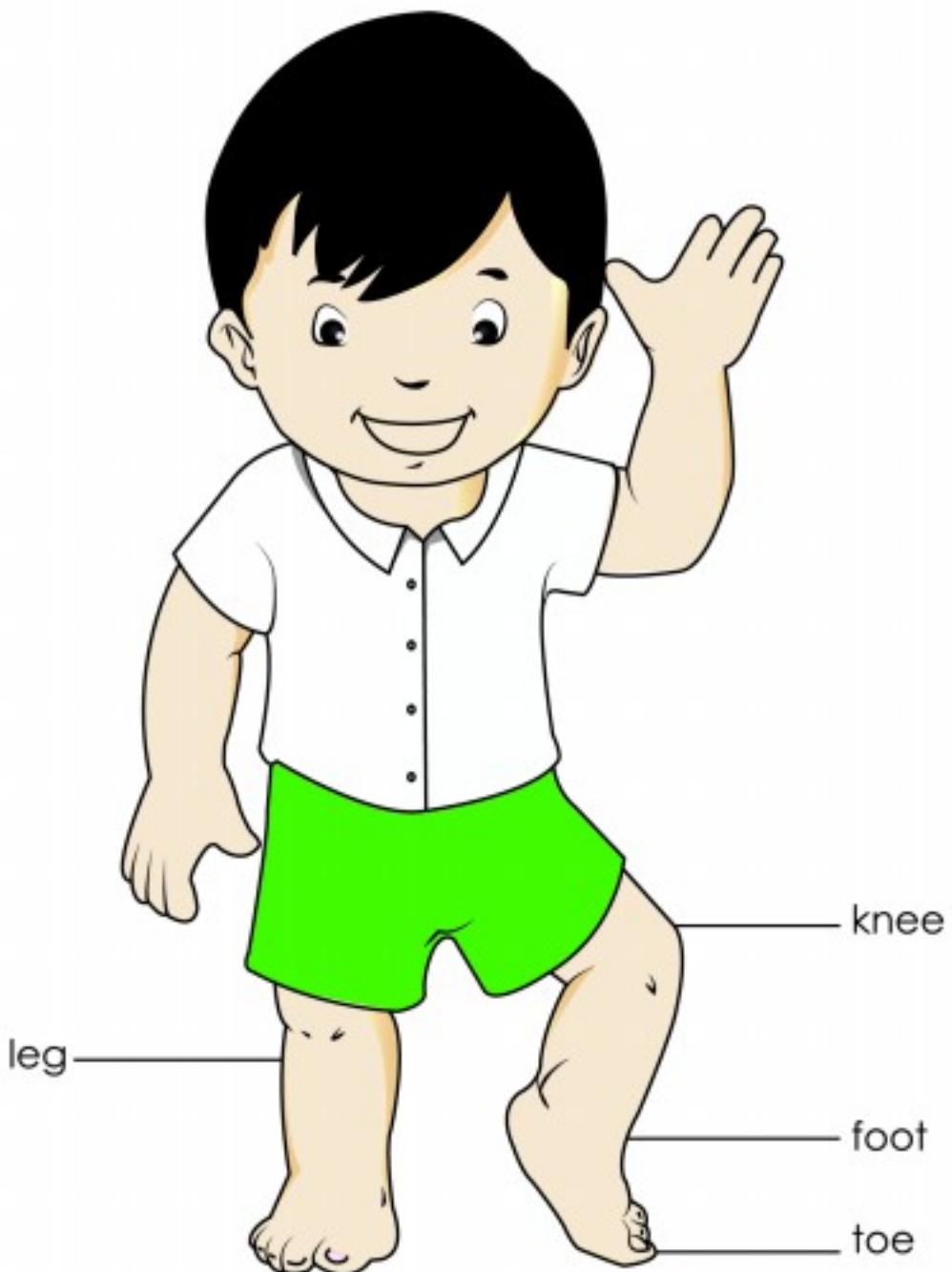


__ey

Lesson 5 Touch your knee.



Listen and say.





Listen and practise.

Touch your knee.



Touch your toe.



Listen and act.

Touch your knee.



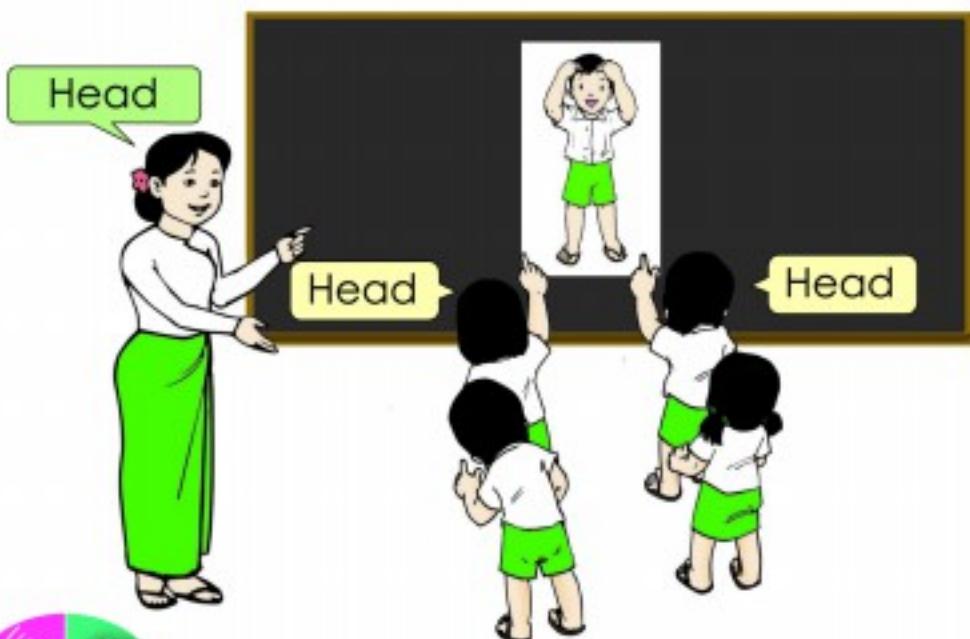
Touch your toe.



Lesson 6 'Head, shoulders, knees and toes' Song



Listen and say.



Listen and sing.

Head, shoulders, knees and toes

Head, shoulders
(knees and toes)²

Head, shoulders, (knees and toes)²

And eyes and ears
And mouth and nose

Head, shoulders, (knees and toes).²

The lyrics are presented in a wavy yellow box. The first two lines have musical notes at the start and end. The third line has a musical note at the start. The fourth line has musical notes at both ends. The fifth line has a musical note at the end.



Sing and act.

🎵 Head, shoulders 🎵



🎵 Knees and toes, knees and toes, 🎵



🎵 And eyes and ears and mouth and nose. 🎵



Review 2



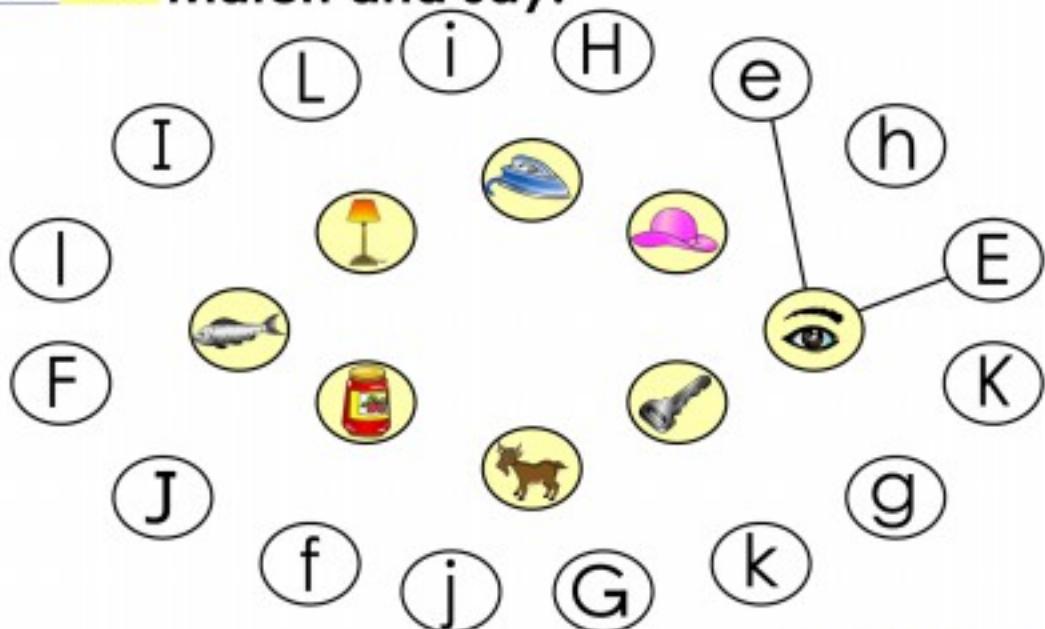
Write.

E F G H I J K L

e f g h i j k l



Match and say.



I can ...			
write Ee, Ff, Gg, Hh, Ii, Jj, Kk and Ll.			
say the words beginning with E, F, G, H, I, J, K and L.			

Review 2

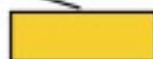


Match and say.

What colour is this?

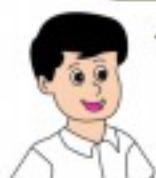


It's yellow.



Listen and tick.

This is a ruler. It's long.



Practise.

This is a pencil. It's blue.



I can ...



say colours and sizes of things in English.



say names of animals in English.





Listen and sing.



Head and shoulders, knees and toes



Head and shoulders, knees and toes,
knees and toes, knees and toes,
head and shoulders, knees and toes,
it's my body.

Eyes and ears and mouth and nose,
mouth and nose, mouth and nose,
eyes and ears and mouth and nose,
it's my body.

Hands and fingers, arms and legs,
arms and legs, arms and legs,

hands and fingers, arms and legs,
it's my body.



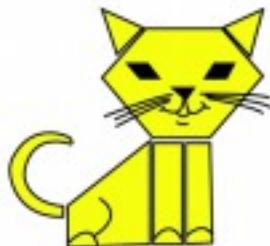
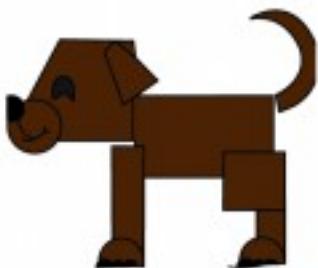
I can ...			
say parts of the body in English.			



Project 2 My Toy



Listen and say.



This is my toy.

It's a ball.

It's blue.

It's small.



Draw and say.



I can ...			
draw my toy.			
talk about my toy in English.			

Unit 5 Food and Drink

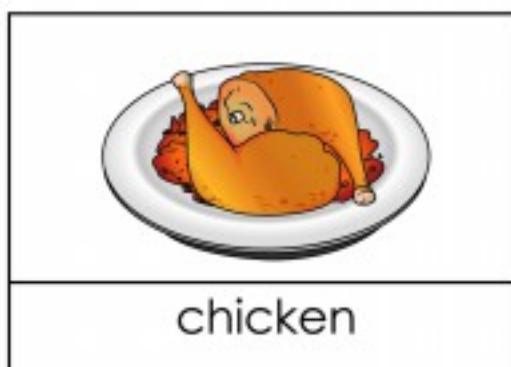
Lesson 1 I eat ...



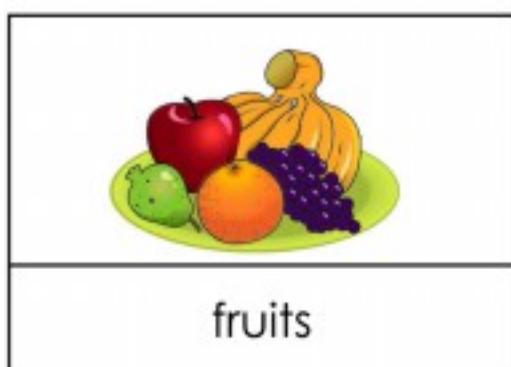
Listen and say.



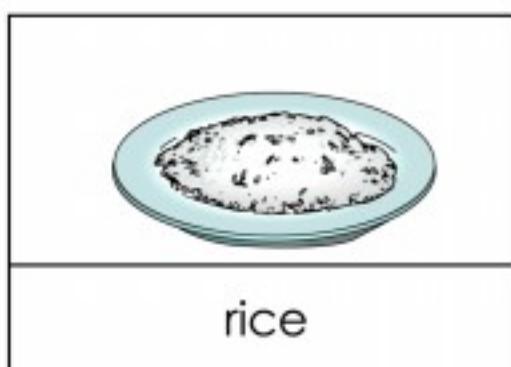
cake



chicken



fruits

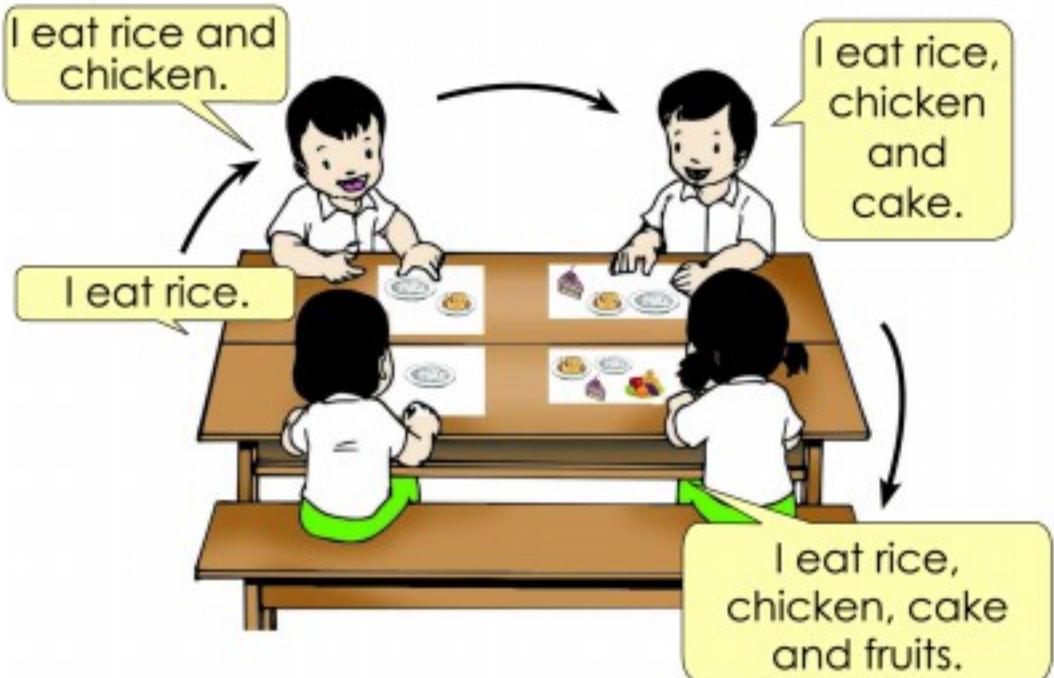
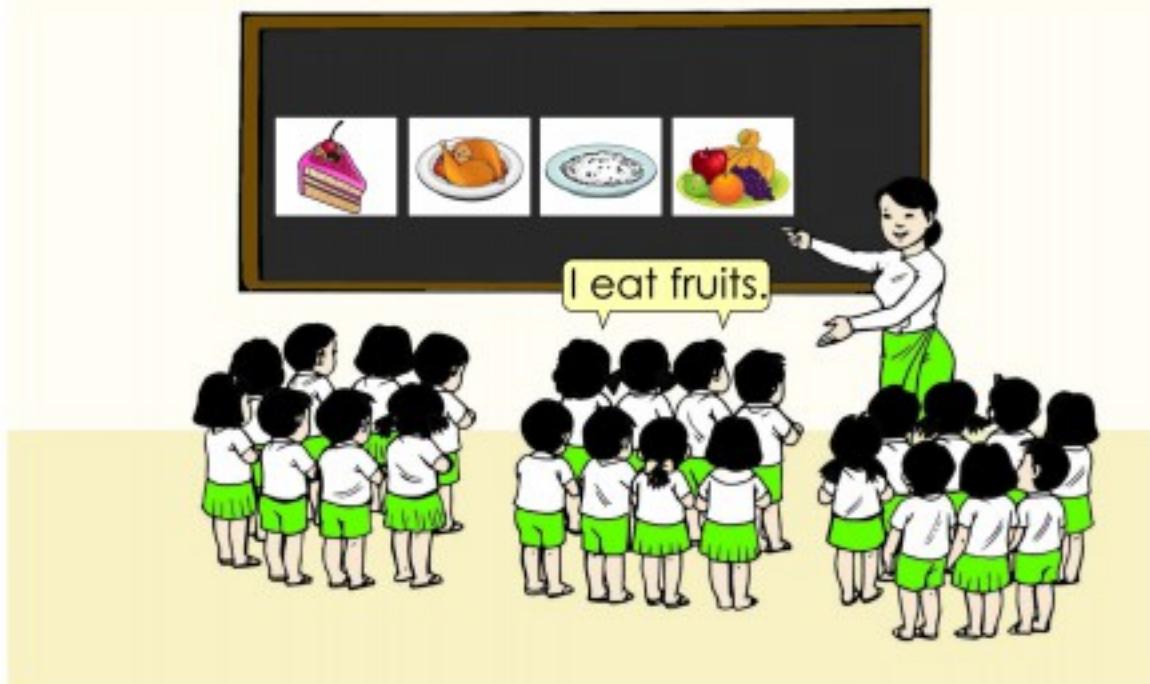


rice





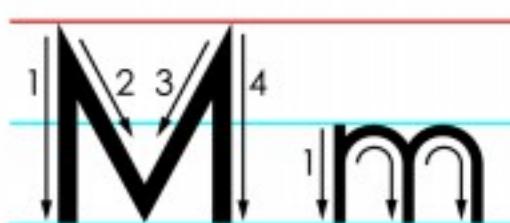
Practise.



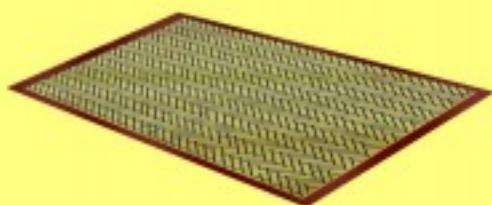
Lesson 2 Letters of the week: Mm, Nn



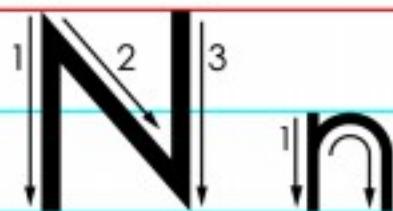
Listen and say.



mat



monkey



nail



nest





Trace and write.

M M M

N N N

m m m

n n n



Say and circle 'm'. Say and circle 'n'.



mat



nest



Tick and say.

m



n



Write and say.



__at

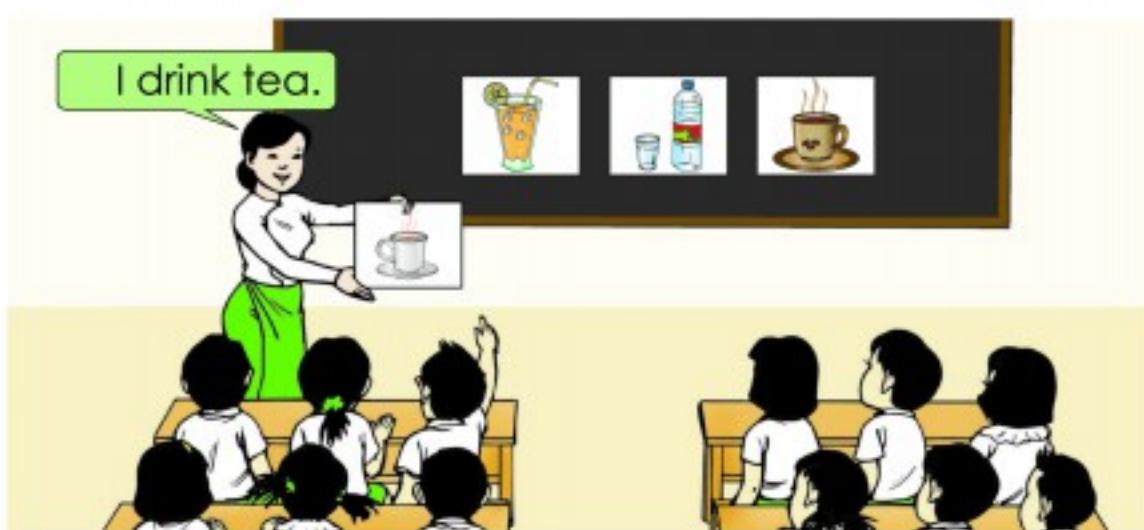
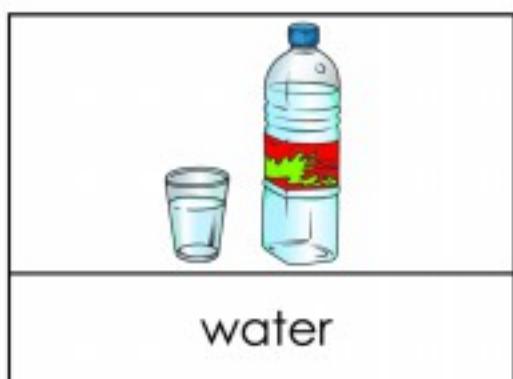
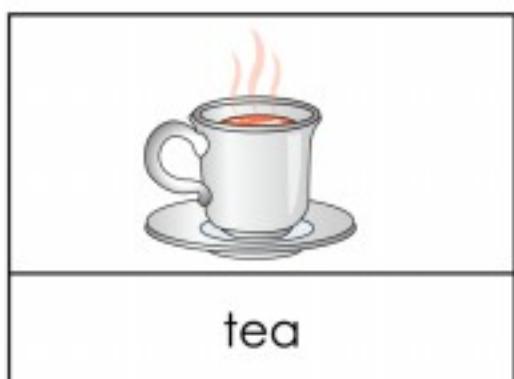
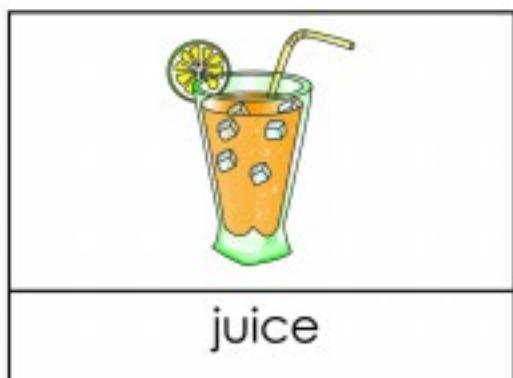
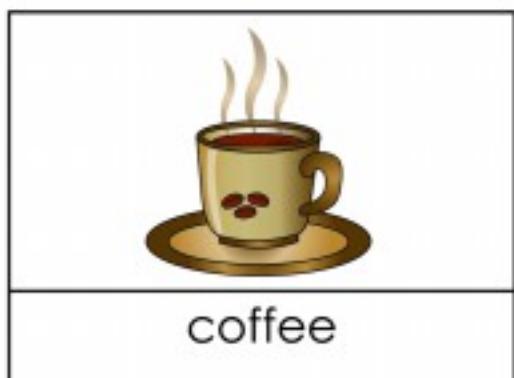


__ est

Lesson 3 I drink ...



Listen and say.





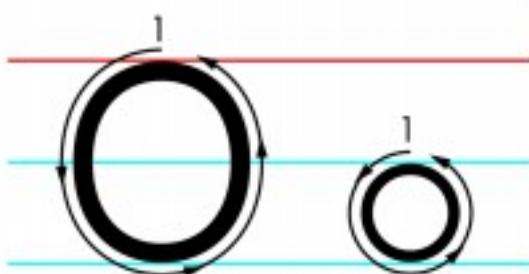
Practise.



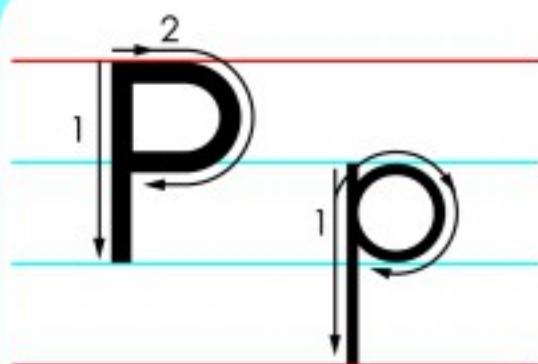
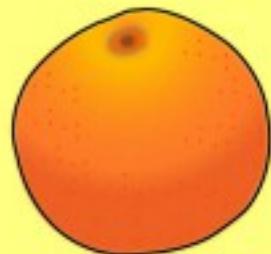
Lesson 4 Letters of the week: Oo, Pp



Listen and say.



orange



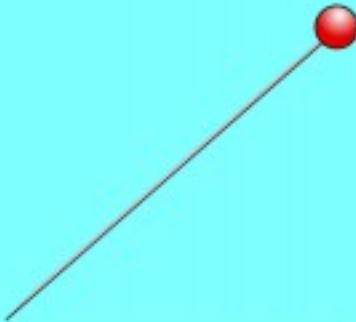
pencil



owl



pin





Trace and write.



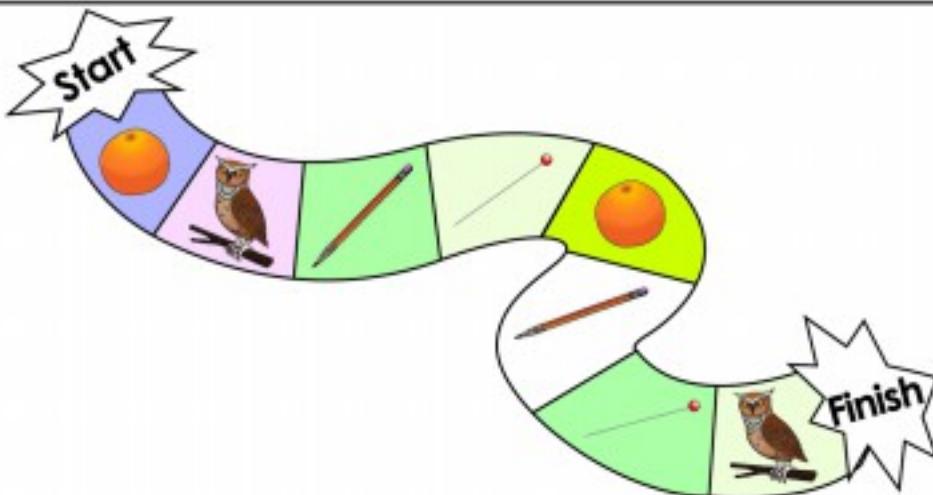
P P P



P P P



Say the words.



Write and say.

— in

— encil

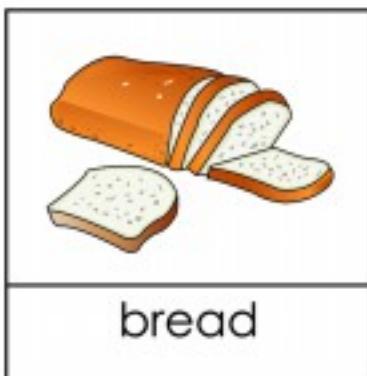
— range

— wl

Lesson 5 I like/I don't like ...



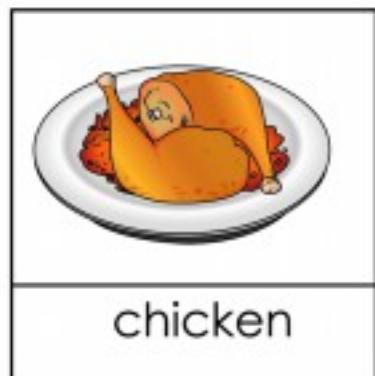
Listen and say.



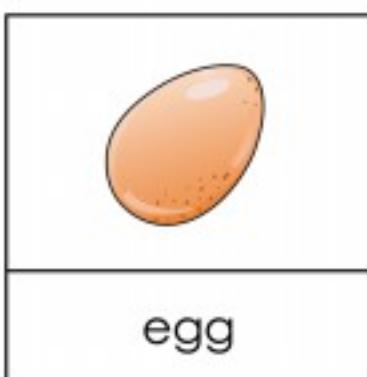
bread



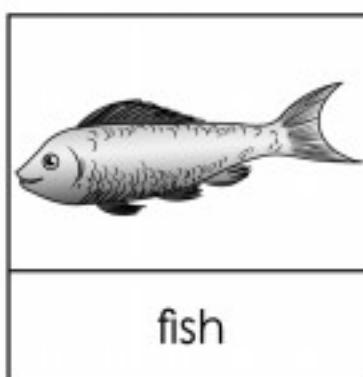
cake



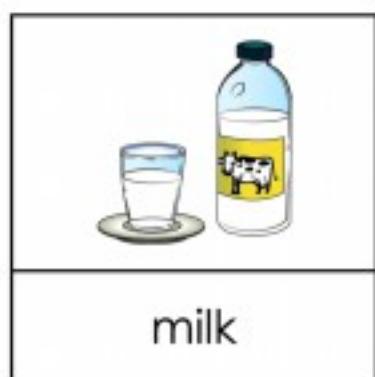
chicken



egg



fish



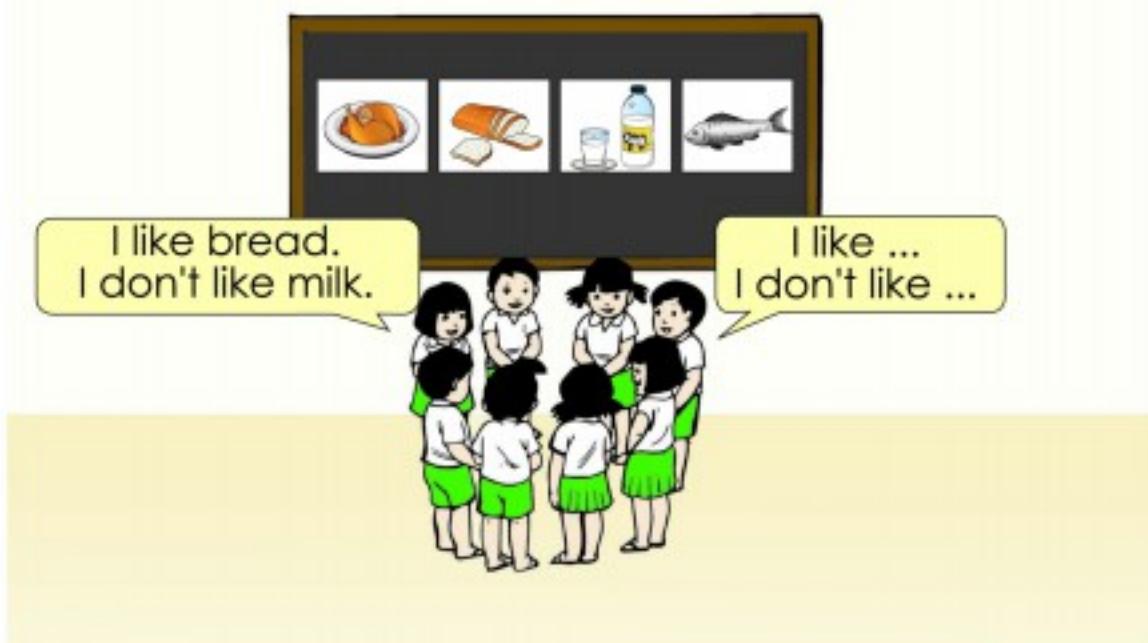
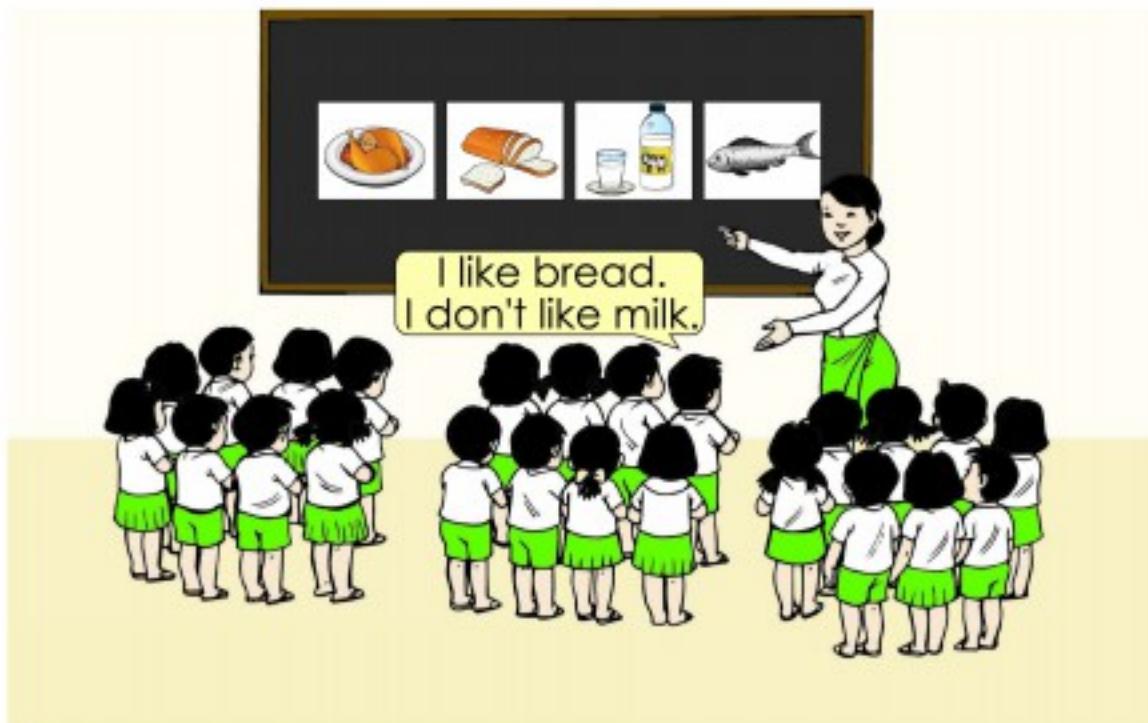
milk

I like chicken.
I don't like fish.





Practise.



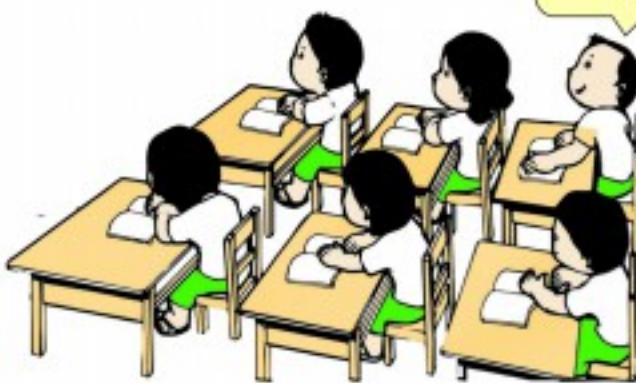
Lesson 6 Do you like ... ?



Listen and say.



Do you like coffee,
Tun Tun?



Yes, I do.



Listen and sing.



Do you like ... ?

Do you like ... ?

Do you like ... ?

Do you like apples? 

Yes, I do. Yes, I do.

Yes, I like apples. 

No, I don't. No, I don't.

No, I don't like apples. 

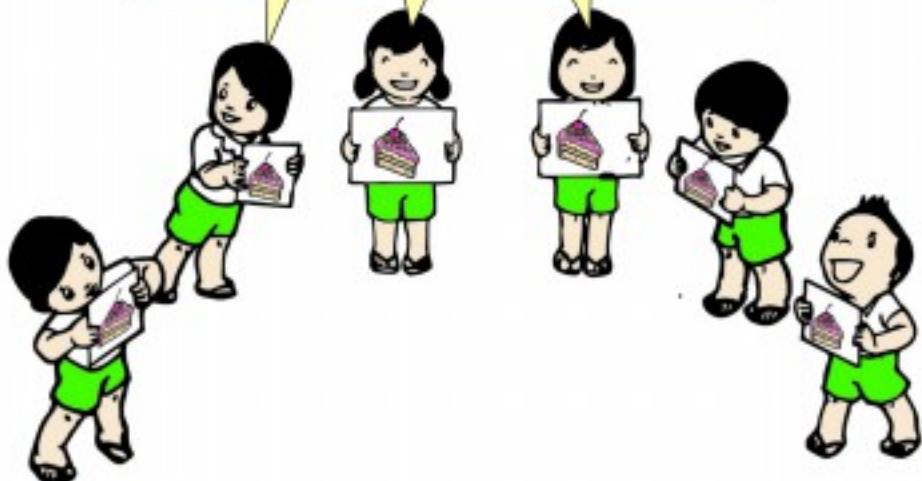




Practise.

Do you like ... ? Do you like ... ?

Do you like cake?



Yes, I do,
Yes, I do,
Yes, I like cake.

No, I don't,
No, I don't,
No, I don't like cake.



Unit 6 Fruits

Lesson 1 It's a/an ...



Listen and say.



apple



banana



lime



mango



orange



Ask and answer.

What's this?

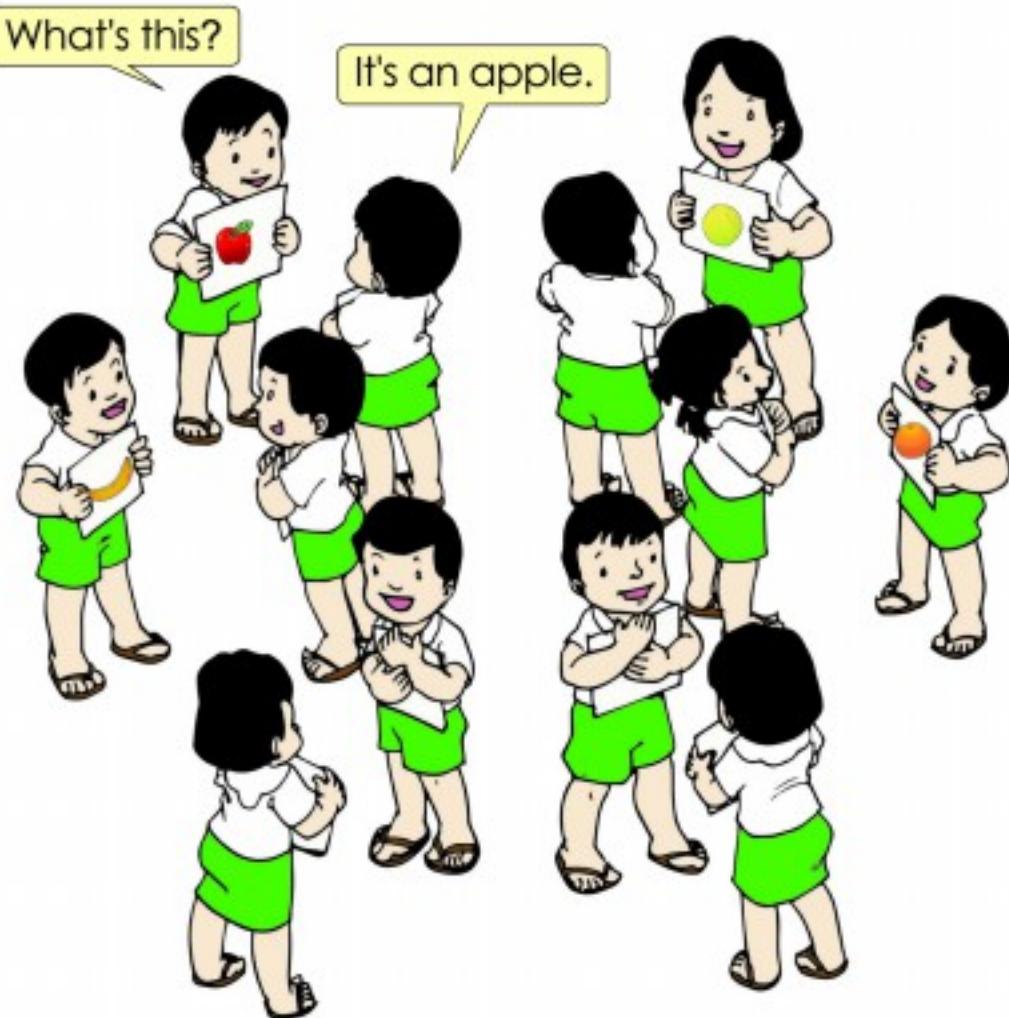


It's a banana.





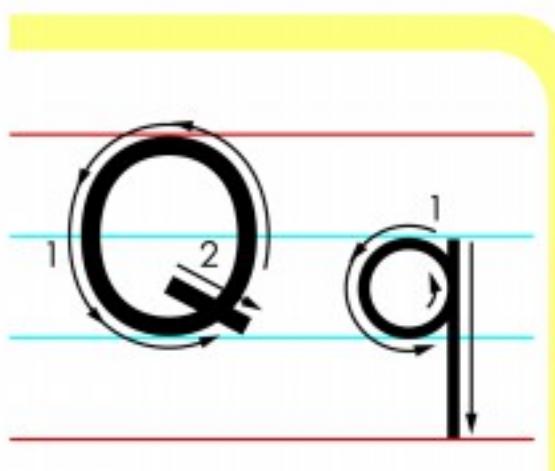
Practise.



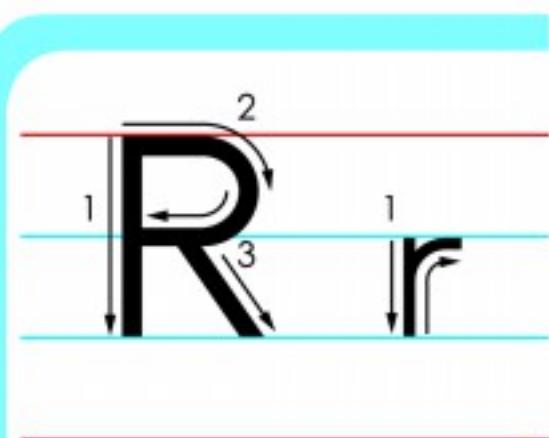
Lesson 2 Letters of the week: Qq, Rr



Listen and say.



quail



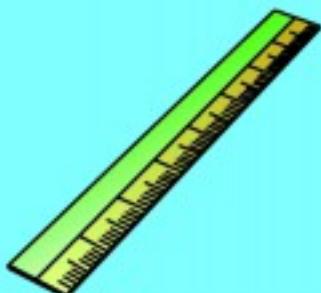
rabbit



queen



ruler





Trace and write.

Q Q Q

R R R

q q q

r r r



Listen and circle.



Tick and say.

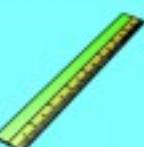
q



r



Match and say.



quail

queen

rabbit

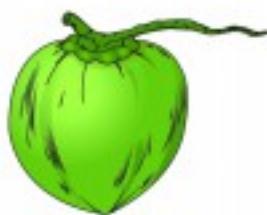
ruler



Lesson 3 What's this? It's a ...



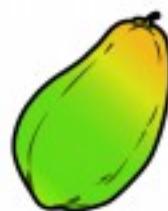
Listen and say.



coconut



guava



papaya



pineapple



watermelon



Ask and answer.

What's this?



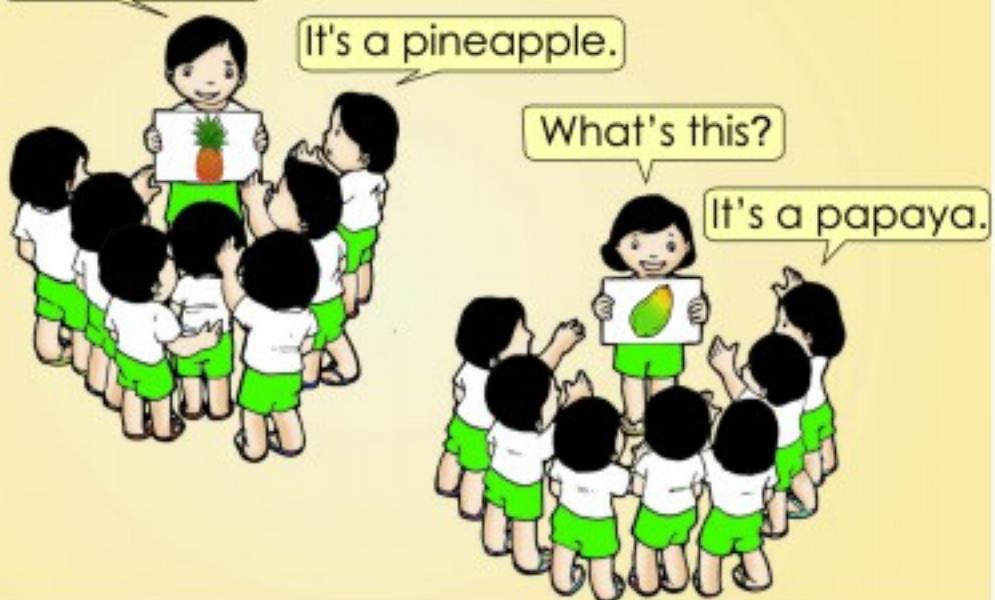
It's a pineapple.





Practise.

What's this?



What's this?

It's a papaya.



Ask and answer.

What's this?

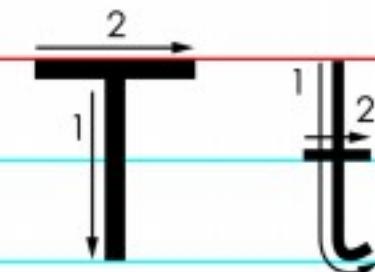
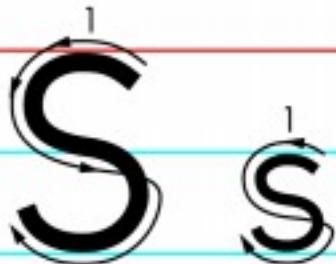
It's a guava.



Lesson 4 Letters of the week: Ss, Tt



Listen and say.



snake



table



sun



tree





Trace and write.

S S S

T T T

s s s

t t t



Listen and circle.



Listen and tick.

s

T

S

t



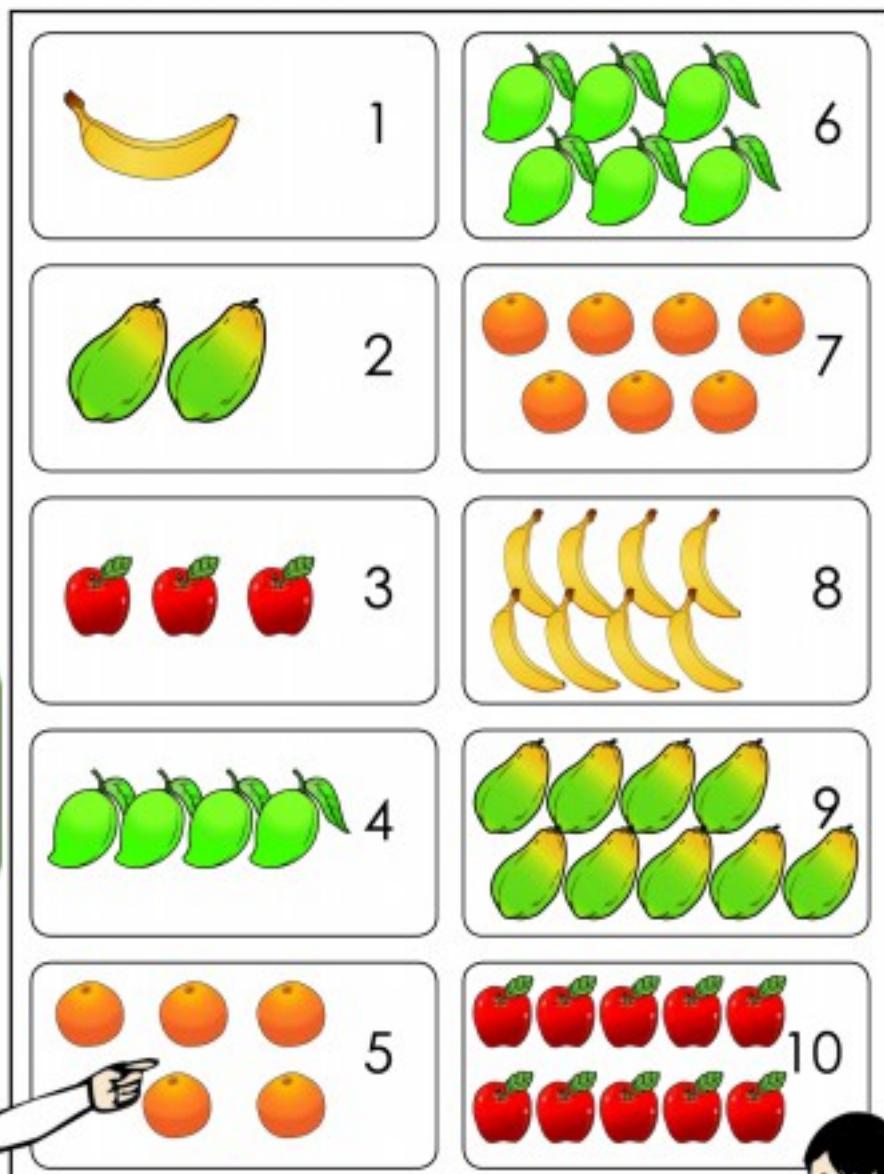
Write.

m n o p q r s t

Lesson 5 How many ...?



Listen and say.



How many
oranges
are there?



5 oranges





Practise.

How many apples are there?



3 apples



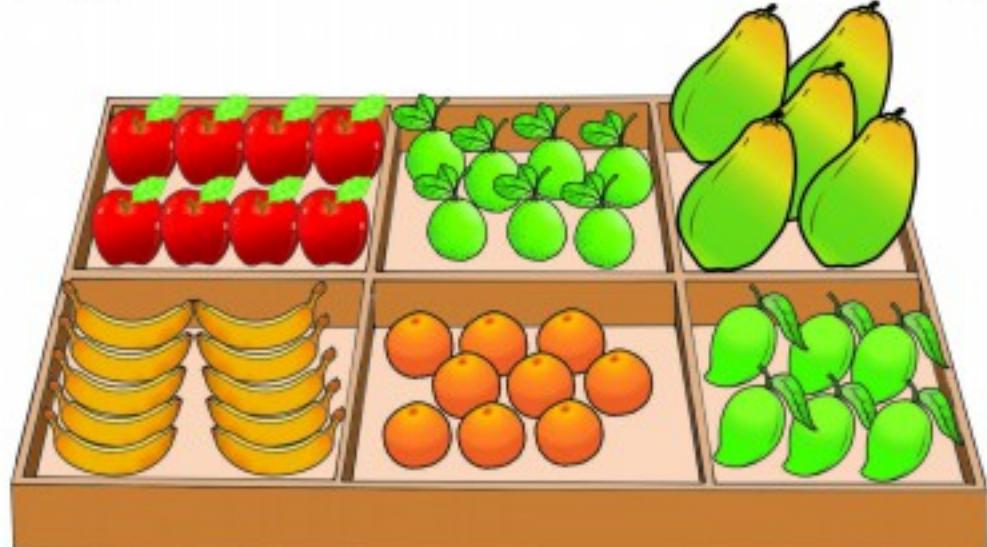
Ask and answer.



How many guavas are there?



7 guavas



Lesson 6 Give me some bananas.



Listen and sing.

Give me some bananas



Give me some bananas.



How many bananas?

(clap hands)³

3 bananas?

Yes, please.

Here you are.

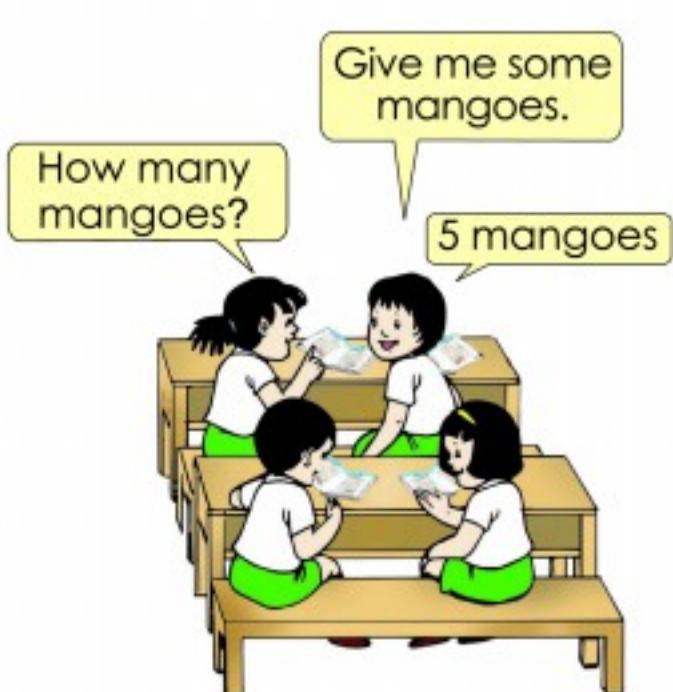
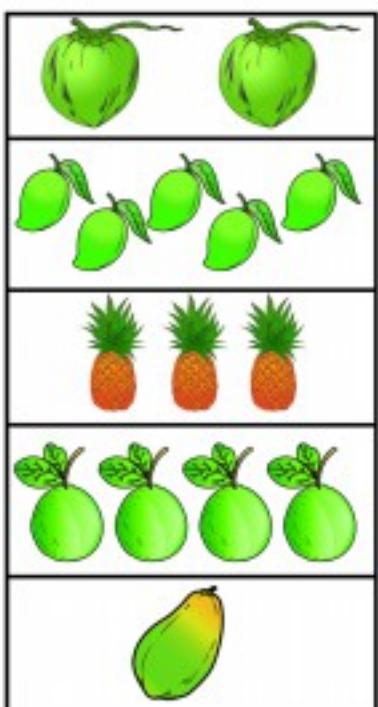
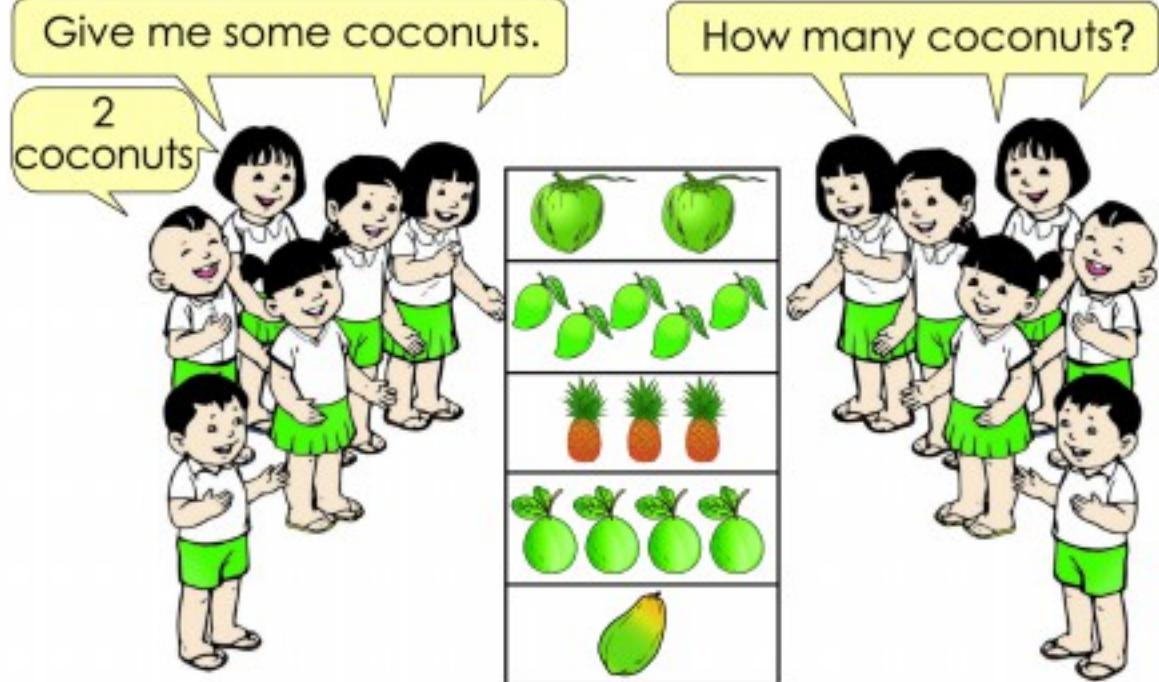


Thank you.





Practise.





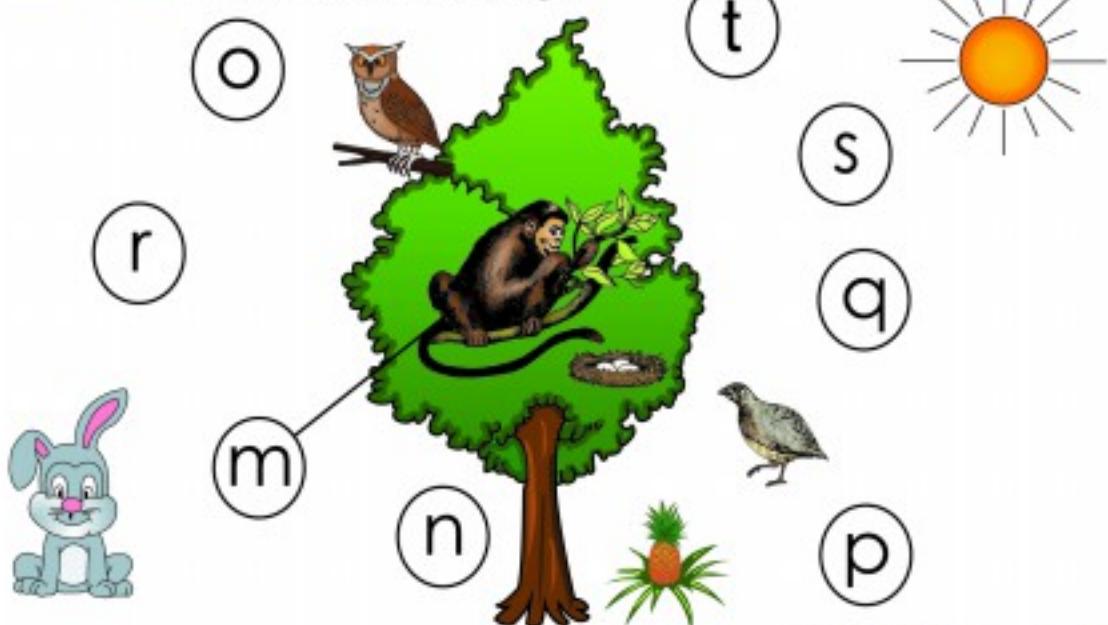
Write.

M N O P Q R S T

m n o p q r s t



Match and say.

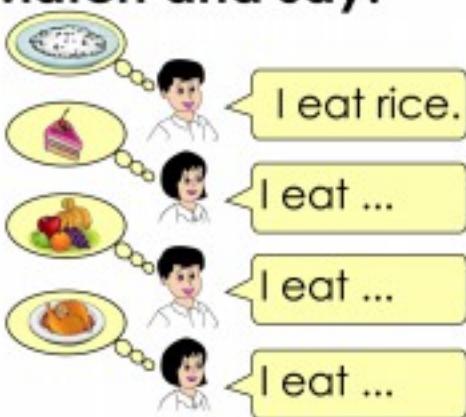


I can ...			
write Mm, Nn, Oo, Pp, Qq, Rr, Ss and Tt.			
say the words beginning with M, N, O, P, Q, R, S and T.			

Review 3



Match and say.



Listen and tick.



I drink ...







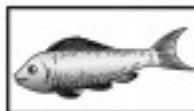




Ask and answer.



Do you like bread?



Yes, I do.



Do you like fish?

No, I don't.



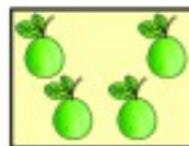
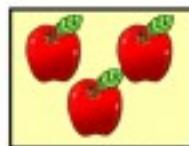
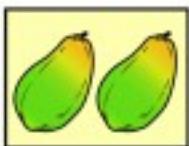
I can ...			
say the names of food and drink I like in English.			
say the names of food and drink I don't like in English.			



Listen and match.



How many apples are there?



3 apples

4

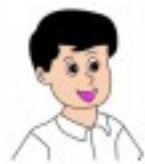
1

2

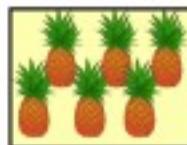
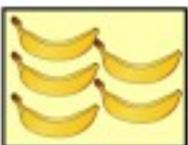
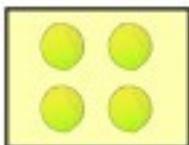
3



Ask and answer.



How many limes are there?



4 limes

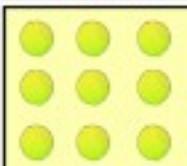
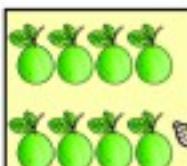
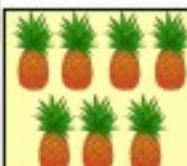


Practise.

Give me some guavas.

8 guavas

Thanks.



How many guavas?



Here you are.

I can ...

say number 1 to 10 in English.

say the names of fruits in English.



Project 3 My meal



Look and listen.



Talk about your meal.

In the morning,
I eat/ drink ...

In the afternoon,
I eat/ drink ...

In the evening,
I eat/ drink ...



I can ...



talk about my meals in English.

Unit 7 English for our Class

Lesson 1 Stand up.



Listen and say.

Sit down.

Sit down.

Stand up.

Raise your hand.



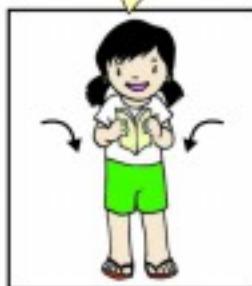
Clap your hands.



Open your book.

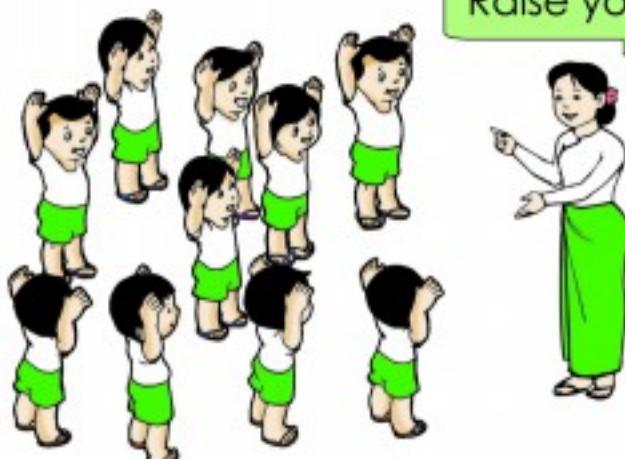


Close your book.



Listen and act.

Raise your hands.





Practise.

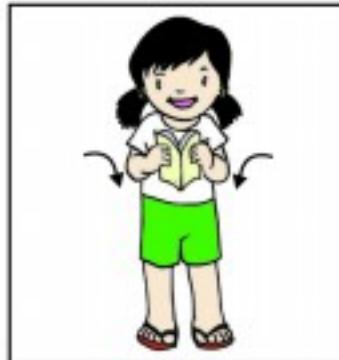
Raise your hand.



Open your book.



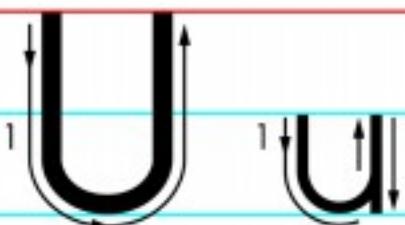
Say and tick.



Lesson 2 Letters of the week: Uu, Vv



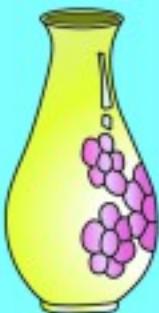
Listen and say.



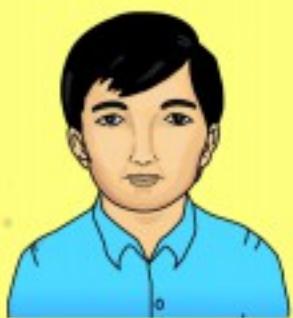
umbrella



vase



uncle



violin





Trace and write.

U U U

V V V

U U U

V V V



Listen and tick.



uncle



umbrella



violin



vase



Tick and say.

u



v



Write and say.



__nkle

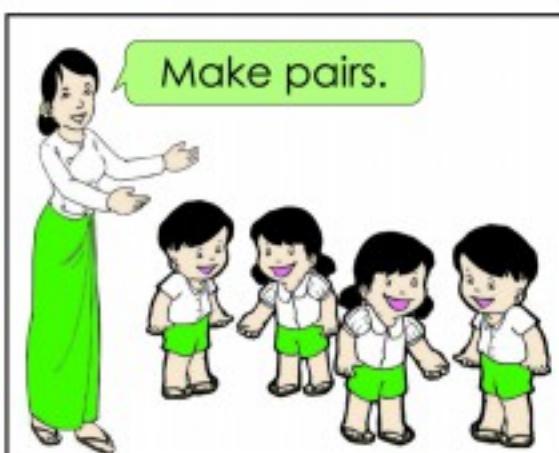
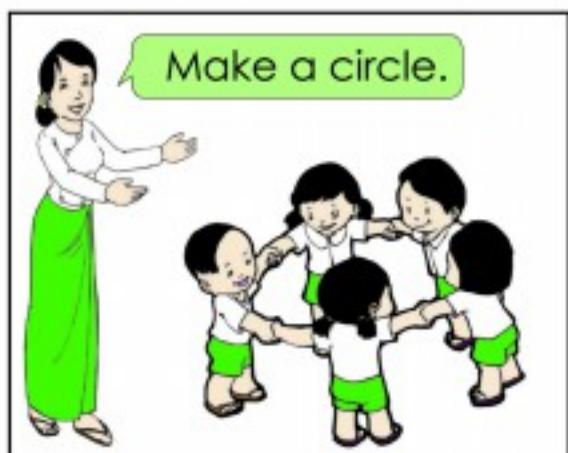
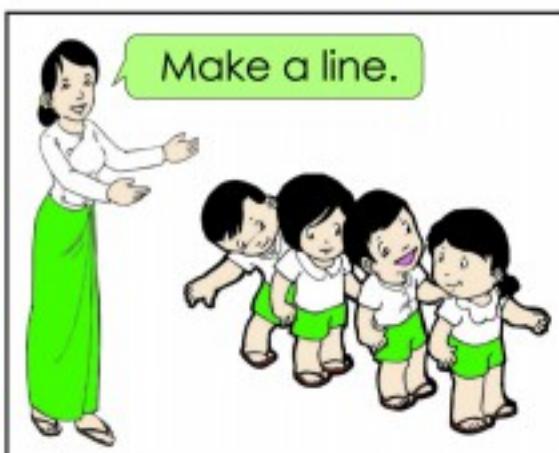
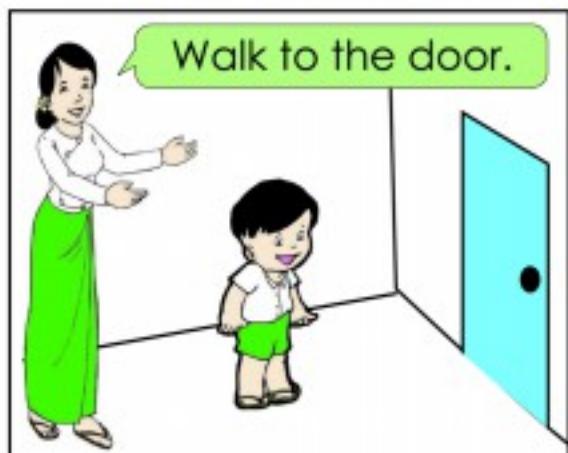


__iolin

Lesson 3 Touch your friend.



Listen and say.





Look and say.

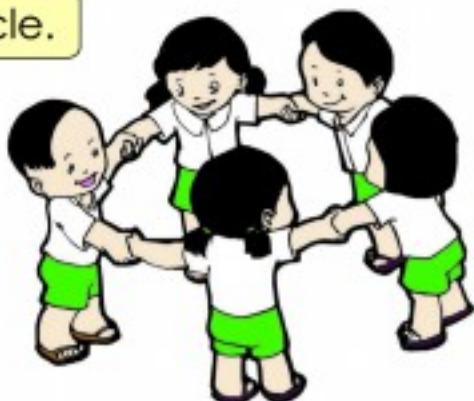


Say and act.

Make a group.



Make a circle.



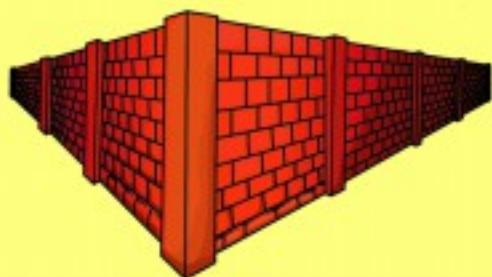
Lesson 4 Letters of the week: Ww, Xx



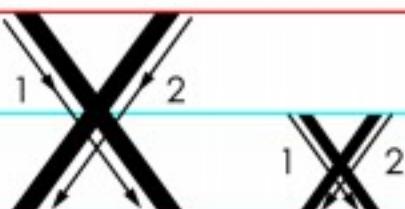
Listen and say.



wall



water



xylophone





Trace and write.

W W W

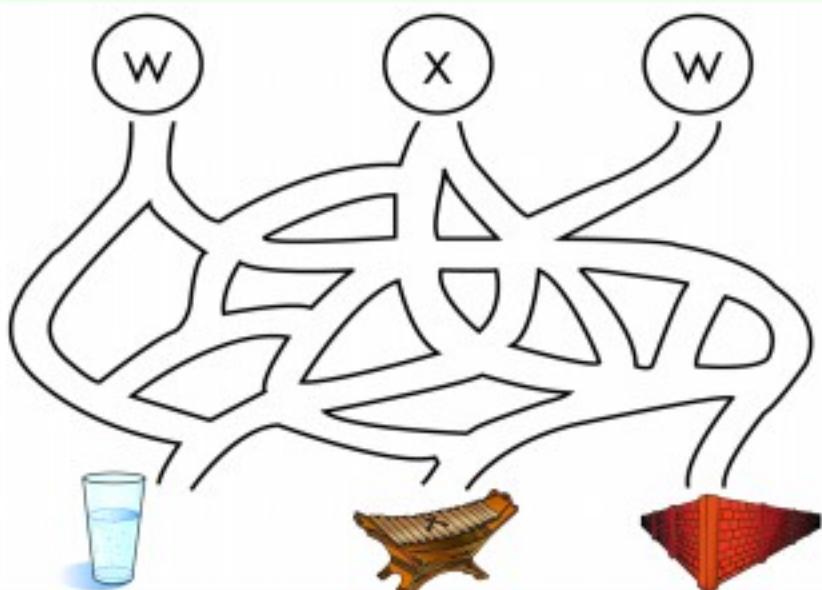
X X X

W W W W

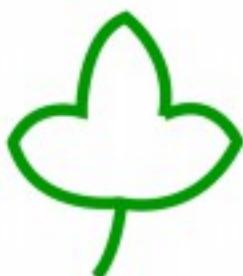
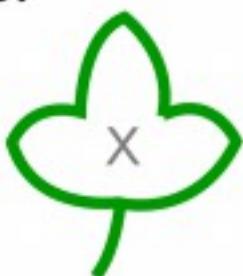
X X X



Match and say.



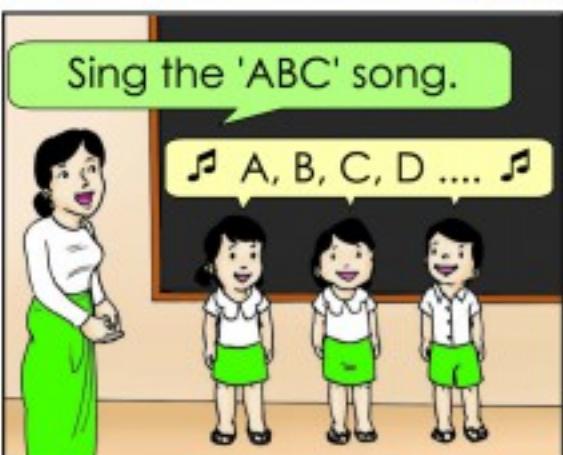
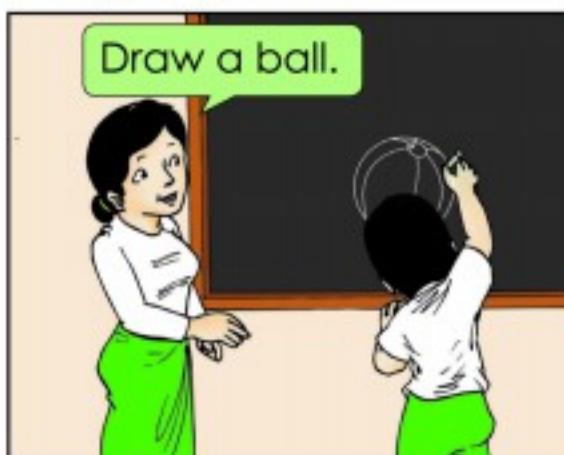
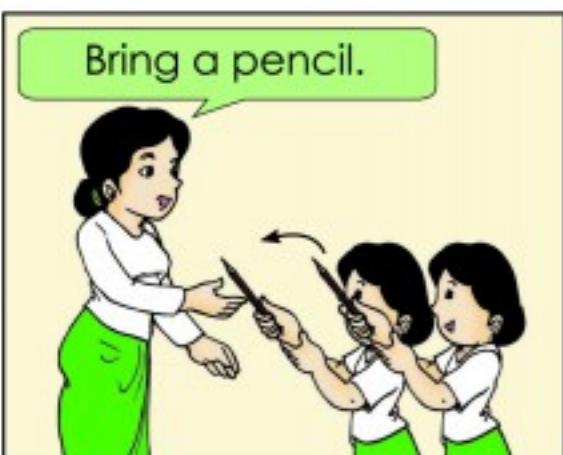
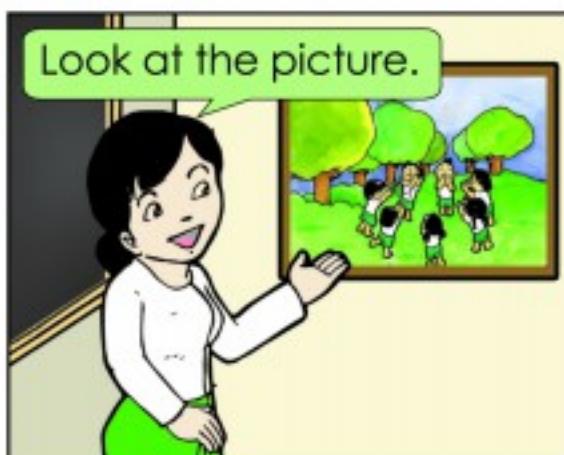
Listen and write.



Lesson 5 Look at the picture.

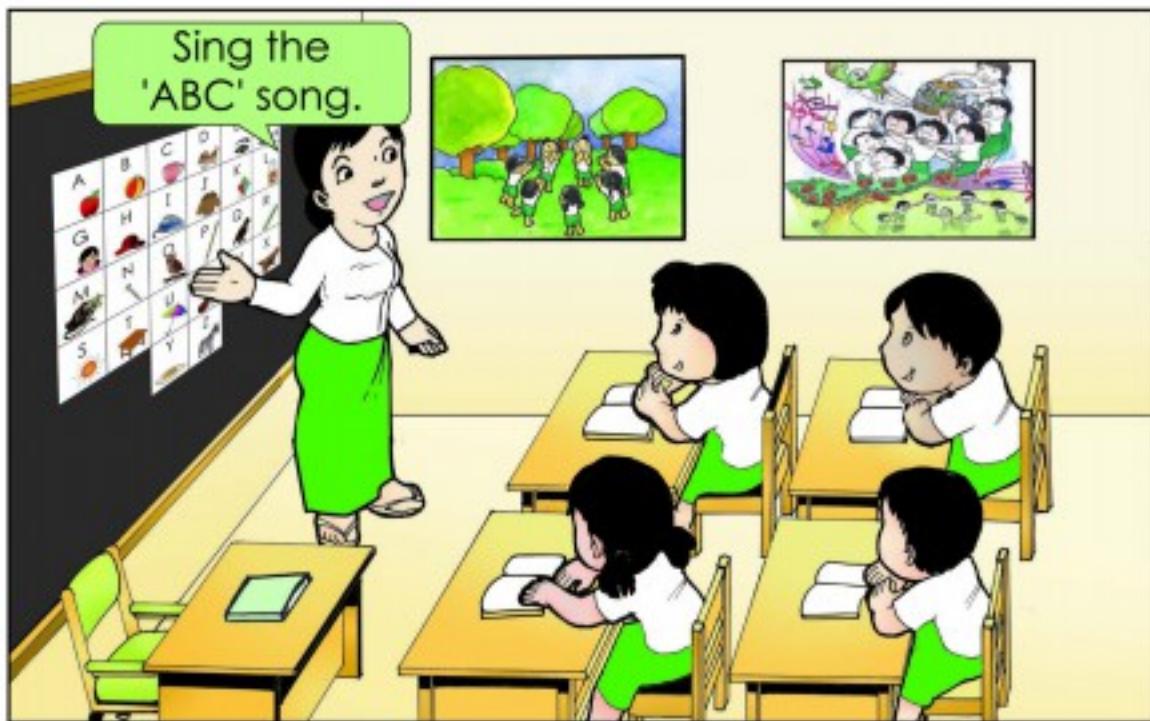


Listen and say.





Listen and act.



Practise.



Lesson 6 'Action' Song



Listen and sing.

'Action' Song

Clap your hands and
sit down.

Clap your hands and
stand up.

Raise your hand and
touch me.

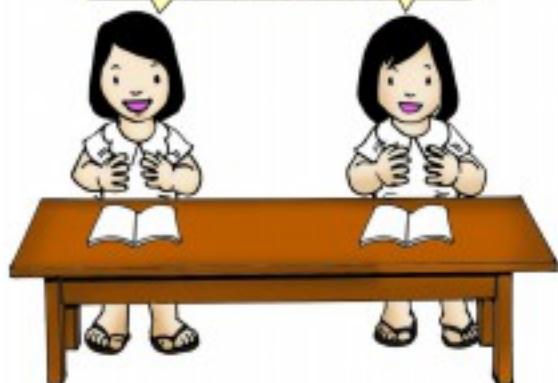
It's so nice to see you.



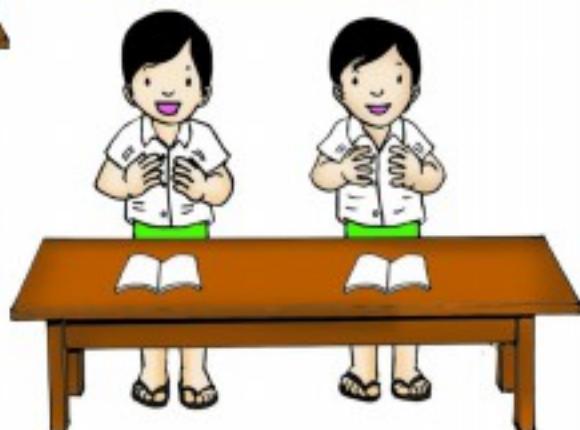


Practise.

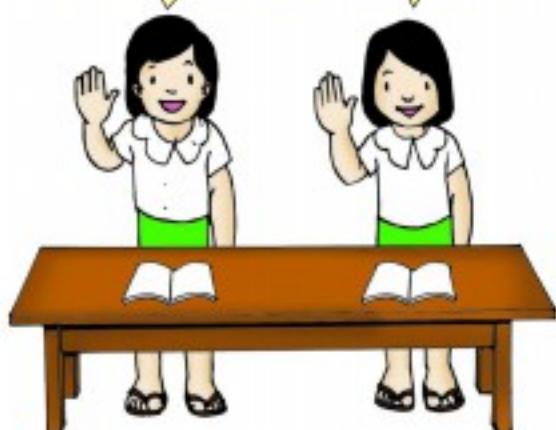
Clap your hands
and sit down.



Clap your hands
and stand up.



Raise your hand
and touch me.



It's so nice to see you.

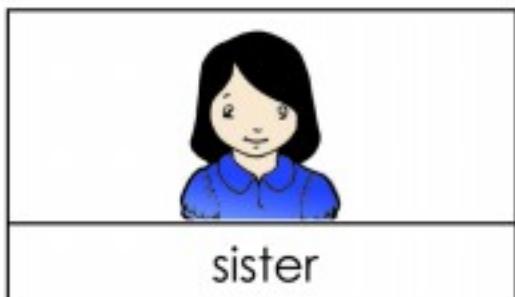
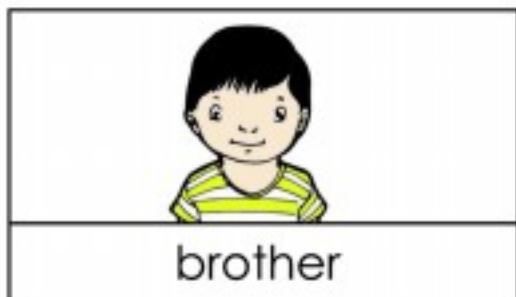
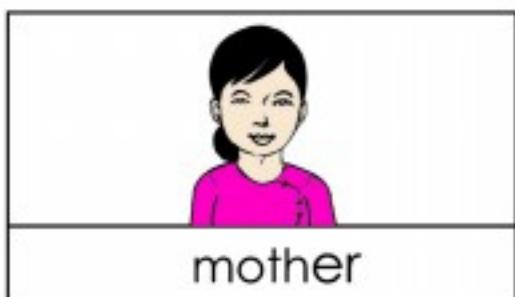
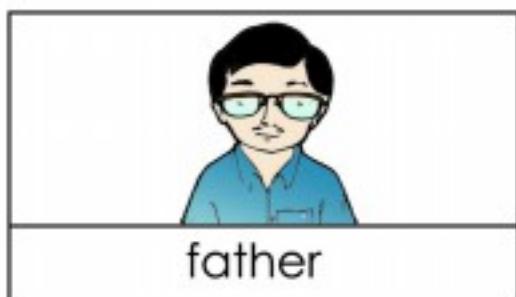


Unit 8 My Family

Lesson 1 This is my ...



Listen and say.



This is my father.
This is my mother.
This is my brother.
This is my sister.





Match and say.

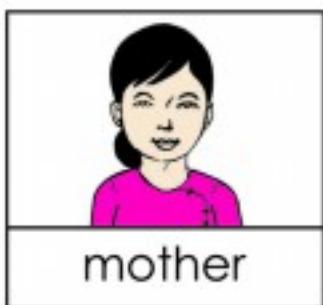
This is my father. He likes oranges.



father



apples



mother



oranges



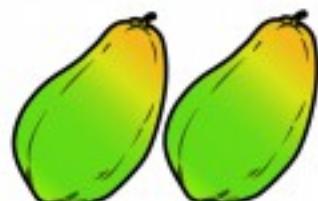
brother



bananas



sister

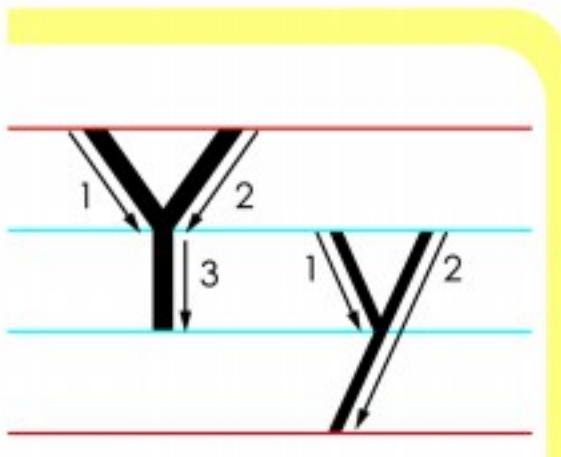


papayas

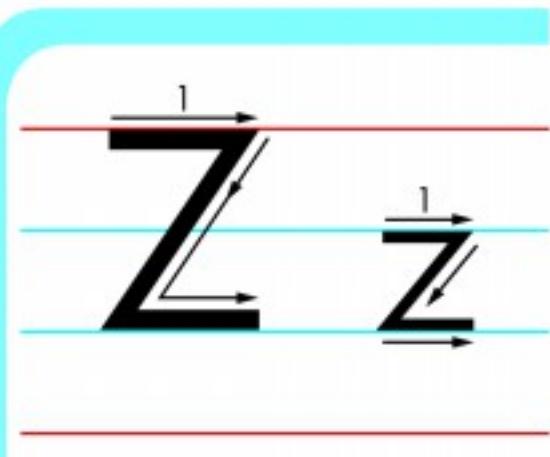
Lesson 2 Letters of the week: Yy, Zz



Listen and say.



yacht



zebra



yolk



zip





Trace and write.



Listen and tick.



Listen and tick.

Y

Z

z

y



Write and say.



__ ebra



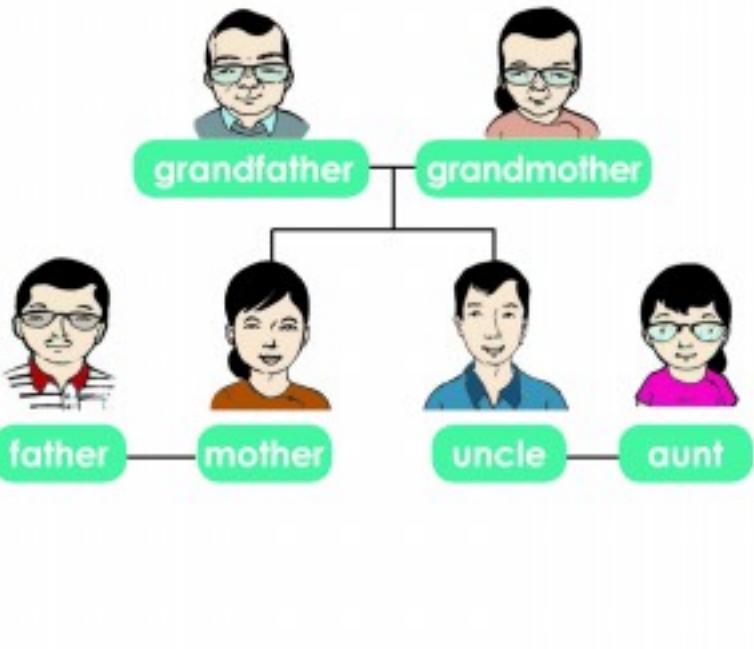
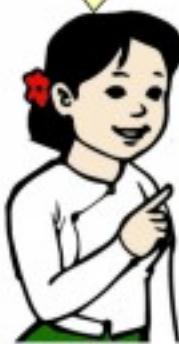
__ olk

Lesson 3 His/Her name is ...



Listen and say.

This is my
grandfather.
His name is
U San Tun.



Look and say.

This is my uncle.
His name is U Ba Tun.

This is my aunt.
Her name is Daw Su Su.





Practise.

This is my grandmother.
Her name is ...



Put one tick for one friend.

Lesson 4 I have a/an ...



Listen and say.



Listen and match.

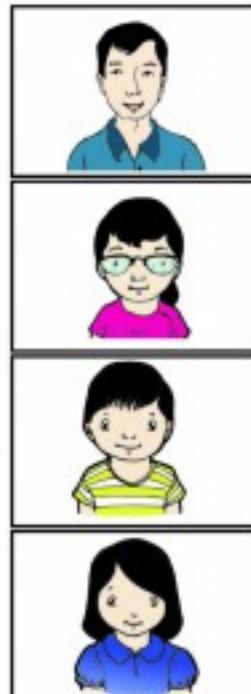


I have
a brother.

I have
an uncle.

I have
a sister.

I have
an aunt.





Practise.



Lesson 5 How old are you?



Listen and say.



Ask and answer.





Practise.

How old are you?

I'm ...



Ask and tick.

	<input checked="" type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>
	<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>
	<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>
	<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>

Lesson 6 This is my family.



Listen and say.



Unit 8 My Family



Review 4



Write.

U V W X Y Z

u v w x y z



Write A to Z.

I can ...



write A to Z.

write a to z.



Listen and match.



Open your book.



Close your ...



Raise your ...



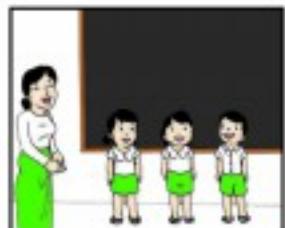
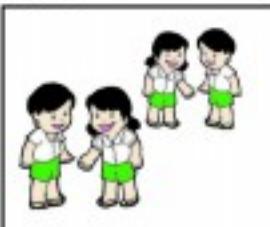
Clap your ...



Say and act.



Sit down.



I can ...



give instructions in English.



follow instructions given in English.





Listen and tick.



1. He is my father.
2. She is my mother.
3. He is my brother.
4. She is my sister.



Look and say.



He is my grandfather. His name is ...
He likes ...

He/She is my ...				
His/Her name is ...				
He/She likes ...				



Ask and answer.



How old are you?

I'm 5.



I can ...			
talk about my family in English.			
ask someone's age in English.			
say how old I am in English.			

Project 4 My Family



Look and listen.



This is my family.

This is my father.

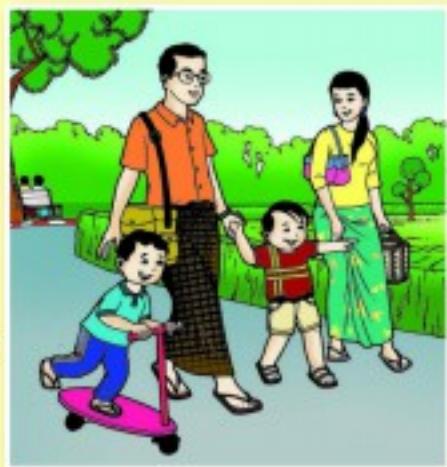
His name is U Tun Tun.

This is my mother.

Her name is Daw Win May.

This is my brother.

His name is Aung Aung.



Draw the picture of your family and talk about your family.



I can ...			
draw a picture of my family.			
talk about my family in English.			



Technical assistance is provided by JICA.