

Guardian Signature Sheet

Abasolo, Jerry

JEMS Special Camp 2019
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Camper will receive the following medications/supplements at the indicated times:

Time	Days	Medication	Purpose	Dosage	Frequency	Special Instructions	Initial
8:00 am	Mo Tu We Th Fr Sa	Atenolol	anti-hypertensive	25 mg/tab--dose is 1 tab	twice daily	SE--dizziness, bradycardia, hypotension, heart failure, intermittent claudication, bronchospasm	
8:00 am	Mo Tu We Th Fr Sa	CVS Stool softener	stool softener	250 mg/capsule--dose is 1 capsule	twice daily		
8:00 am	Mo Tu We Th Fr Sa	Hydrocodone (Norco)	relief of pain	5/325 mg/1 tablet--dose is 1 tablet	three times daily--8 am; noon; 4 pm	BEDTIME DOSE IS 2 TABLETS. GIVE WITH FOOD. SE--lightheadness, dizziness, sedation, mental clouding, bradycardia, nausea, vomiting, constipation, hypotension	
8:00 am	Mo Tu We Th Fr Sa	Lamictal (Lamotrigine)	seizure control	200 mg/tab--dose is 2 tablets	three times daily--8 am; noon; 4 pm	SE--ataxia, dizziness, headache, somnolence, seizures, aggravated reaction, anxiety, concentration disturbance, blurred vision, nausea, vomiting, constipation, dry mouth, rash, photosensitivity reactions. AVOID EXCESS SUN EXPOSURE.	
8:00 am	Mo Tu We Th Fr Sa	Potassium Citrate ER	prevent kidney stones	10 meq/tab--dose is 1 tablet	three times a day	SE--confusion, anxiety, irregular heartbeat, leg discomfort, muscle weakness, numbness or tingling feeling in hands or feet, stomach pain, diarrhea. TAKE WITH LOTS OF WATER.	
8:00 am	Mo Tu We Th Fr Sa	Pravastatin	cholesterol lowering agent	20 mg/tab--dose is 1 tablet	daily in am	SE--dizziness, fatigue, headache, chest pain, rhinitis, nausea, abdominal pain, constipation, myopathy, rhabdomyolysis	
8:00 am	Mo Tu We Th Fr Sa	Zonegran (Zonisamide) cap	seizure control	100 mg/capsule--dose is 2 capsules	three times a day--8 am; noon; 4 pm	SE--dizziness, nausea, headache, somnolence, seizures, difficulties in concentration, mental slowing, diplopia, dry mouth, nausea, kidney stones, rash. DO NOT CRUSH OR OPEN CAPSULE. ENCOURAGE FLUIDS TO AVOID DEHYDRATION.	

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Camper will receive the following medications/supplements at the indicated times:

Time	Days	Medication	Purpose	Dosage	Frequency	Special Instructions	Initial
12:00 noon	Mo Tu We Th Fr	Hydrocodone (Norco)	relief of pain	5/325 mg/1 tablet--dose is 1 tablet	three times daily--8 am; noon; 4 pm	BEDTIME DOSE IS 2 TABLETS. GIVE WITH FOOD. SE--lightheadness, dizziness, sedation, mental clouding, bradycardia, nausea, vomiting, constipation, hypotension	
12:00 noon	Mo Tu We Th Fr	Lamictal (Lamotrigine)	seizure control	200 mg/tab--dose is 2 tablets	three times daily--8 am; noon; 4 pm	SE--ataxia, dizziness, headache, somnolence, seizures, aggravated reaction, anxiety, concentration disturbance, blurred vision, nausea, vomiting, constipation, dry mouth, rash, photosensitivity reactions. AVOID EXCESS SUN EXPOSURE.	
12:00 noon	Mo Tu We Th Fr	Oyster, Calcium and D supplement	nutritional supplement	500/200mg/tab--dose is 1 tablet	daily at noon		
12:00 noon	Mo Tu We Th Fr	Potassium Citrate ER	prevent kidney stones	10 meq/tab--dose is 1 tablet	three times a day	SE--confusion, anxiety, irregular heartbeat, leg discomfort, muscle weakness, numbness or tingling feeling in hands or feet, stomach pain, diarrhea. TAKE WITH LOTS OF WATER.	
12:00 noon	Mo Tu We Th Fr	Zonegran (Zonisamide) cap	seizure control	100 mg/capsule--dose is 2 capsules	three times a day--8 am; noon; 4 pm	SE--dizziness, nausea, headache, somnolence, seizures, difficulties in concentration, mental slowing, diplopia, dry mouth, nausea, kidney stones, rash. DO NOT CRUSH OR OPEN CAPSULE. ENCOURAGE FLUIDS TO AVOID DEHYDRATION.	

2019-06-09

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Camper will receive the following medications/supplements at the indicated times:

Time	Days	Medication	Purpose	Dosage	Frequency	Special Instructions	Initial
4:00 pm	Su Mo Tu We Th Fr	CVS Stool softener	stool softener	250 mg/capsule--dose is 1 capsule	twice daily		
4:00 pm	Su Mo Tu We Th Fr	Hydrocodone (Norco)	relief of pain	5/325 mg/1 tablet--dose is 1 tablet	three times daily--8 am; noon; 4 pm	BEDTIME DOSE IS 2 TABLETS. GIVE WITH FOOD. SE--lightheadness, dizziness, sedation, mental clouding, bradycardia, nausea, vomiting, constipation, hypotension	
4:00 pm	Su Mo Tu We Th Fr	Lamictal (Lamotrigine)	seizure control	200 mg/tab--dose is 2 tablets	three times daily--8 am; noon; 4 pm	SE--ataxia, dizziness, headache, somnolence, seizures, aggravated reaction, anxiety, concentration disturbance, blurred vision, nausea, vomiting, constipation, dry mouth, rash, photosensitivity reactions. AVOID EXCESS SUN EXPOSURE.	
4:00 pm	Su Mo Tu We Th Fr	Potassium Citrate ER	prevent kidney stones	10 meq/tab--dose is 1 tablet	three times a day	SE--confusion, anxiety, irregular heartbeat, leg discomfort, muscle weakness, numbness or tingling feeling in hands or feet, stomach pain, diarrhea. TAKE WITH LOTS OF WATER.	
4:00 pm	Su Mo Tu We Th Fr	Zonegran (Zonisamide) cap	seizure control	100 mg/capsule--dose is 2 capsules	three times a day--8 am; noon; 4 pm	SE--dizziness, nausea, headache, somnolence, seizures, difficulties in concentration, mental slowing, diplopia, dry mouth, nausea, kidney stones, rash. DO NOT CRUSH OR OPEN CAPSULE. ENCOURAGE FLUIDS TO AVOID DEHYDRATION.	

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Camper will receive the following medications/supplements at the indicated times:

Time	Days	Medication	Purpose	Dosage	Frequency	Special Instructions	Initial
9:00 pm	Su Mo Tu We Th Fr	Allerclear Loratadine	allergy relief, antihistamine, itchy or allergic skin reaction	10mg/tab--dose is 1 tablet	daily at bedtime		
9:00 pm	Su Mo Tu We Th Fr	Atenolol	anti-hypertensive	25 mg/tab--dose is 1 tab	twice daily	SE--dizziness, bradycardia, hypotension, heart failure, intermittent claudication, bronchospasm	
9:00 pm	Su Mo Tu We Th Fr	Hydrocodone / Acetaminophen -BEDTIME	pain relief	5/325 mg/tab--dose is 2 TABLETS	daily at bedtime	SE--dizziness, nausea, vomiting, constipation, hypotension	
9:00 pm	Su Mo Tu We Th Fr	Lamictal Bedtime	seizure control	200 mg/tab--dose is 3 tablets	daily at bedtime--9 pm	SE--nausea, dizziness, confusion, rash. DO NOT TAKE ON AN EMPTY STOMACH.	
9:00 pm	Su Mo Tu We Th Fr	Vinegar--external use	treatment for ear itch eczema	soak Qtip and swab both ears up until line indicated on Qtip.	daily at bedtime	CAUTION TO AVOID INJURY TO EAR DRUM.	
9:00 pm	Su Mo Tu We Th Fr	Zonegran (Zonisamide) Bedtime	seizure control	100 mg/cap--dose is 3 capsules	daily at bedtime--9 pm	SE--nausea, dizziness, confusion	

I acknowledge that the above medications listed are complete and accurate for the above camper.

signed: _____ relationship to camper: _____ date: _____