

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|------------------|---------------------------|--|---------------------------------------|----------------------------------|-----------|
| 8:00 am | Kanemori, David | Benfotiamine | 250 mg/capsule--dose is 1 capsule | daily before breakfast | protection from high blood sugar | no |
| 8:00 am | Miyashiro, Cindy | Hydrocortisone cream | 1% cream--apply small amount to rash areas on back | twice daily--AM and bedtime | ant inflammation | no |
| | | | | | | |
| | | | | | | |
| 2:00 pm | Narahara, Craig | Levetiracetam (Keppra) | 750 mg/tablet--dose is 1 tablet | three times per day--8 am; 2 pm; 9 pm | seizure control | yes |
| | | | | | | |
| | | | | | | |
| 4:00 pm | Abasolo, Jerry | CVS Stool softener | 250 mg/capsule--dose is 1 capsule | twice daily | stool softener | yes |
| 4:00 pm | Abasolo, Jerry | Hydrocodone (Norco) | 5/325 mg/1 tablet--dose is 1 tablet | three times daily--8 am; noon; 4 pm | relief of pain | yes |
| 4:00 pm | Abasolo, Jerry | Lamictal (Lamotrigine) | 200 mg/tab--dose is 2 tablets | three times daily--8 am; noon; 4 pm | seizure control | yes |
| 4:00 pm | Abasolo, Jerry | Potassium Citrate ER | 10 meq/tab--dose is 1 tablet | three times a day | prevent kidney stones | yes |
| 4:00 pm | Abasolo, Jerry | Zonegran (Zonisamide) cap | 100 mg/capsule--dose is 2 capsules | three times a day--8 am; noon; 4 pm | seizure control | yes |
| | | | | | | |
| | | | | | | |

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|-------------------|---------------------------------|---|---|---|-----|
| 5:00 pm | Kanemori, David | Active C | 500 mg/capsule--dose is 1 capsule | twice daily--before breakfast and before dinner | immune system support | no |
| 5:00 pm | Kanemori, David | All-In-One | 1 tablet | before breakfast and before dinner | multi-vitamin/mineral supplement | no |
| 5:00 pm | Kanemori, David | Cat's Claw | 500 mg/capsule--dose is 1 capsule | daily before dinner | prevents Lyme disease | no |
| 5:00 pm | Kanemori, David | Kidney Support | 1 capsule | daily before dinner | nutritional supplement to support kidney | no |
| 5:00 pm | Kanemori, David | Liver Support | 1 capsule | daily before dinner | nutritional supplement to support liver | no |
| 5:00 pm | Kanemori, David | Probiotic | 1 capsule | twice daily before breakfast and before dinner | nutritional supplement to promote intestinal health | no |
| 5:00 pm | Kanemori, David | TMG (Trimethyl Glycine) | 1 tablet | daily before dinner | metabolism support | no |
| 5:00 pm | Kanemori, David | Ultimate Fungal | 1 capsule before breakfast and 2 capsules before dinner | before breakfast and before dinner | nutritional supplement to control fungus in gut, helps eczema | no |
| 5:00 pm | Kanemori, David | Wobenzyme | 1 capsule | twice daily before breakfast and before dinner | nutritional supplement digestive enzyme | no |
| 5:00 pm | Mar, Jodi | Lamotrigine | 25 mg/chewable dispersible tablet--dose is 100 mg or 4 chewable dispersible tablets | twice daily--breakfast and dinner | seizure control | yes |
| 5:00 pm | Miyashiro, Cindy | Brimonidine 0.2% eye solution | 1 drop in each eye | twice daily | glaucoma treatment | yes |
| 5:00 pm | Miyashiro, Cindy | Carbamazepine ER (Carbatrol) | 220 mg/capslet--dose is 3 caplets | twice daily--8 am and 5 pm | anti-seizure | yes |
| 5:00 pm | Miyashiro, Cindy | Oyster Shell 500 Vitamin D3 200 | 1 tablet | three times daily-- 8 am, 5 pm, 9 pm | nutritional supplement | yes |
| 5:00 pm | Miyashiro, Cindy | Simvastatin | 20mg/tab--dose is 1 tablet | once daily in evening | cholesterol lowering agent | yes |
| 5:00 pm | Nishio, Marc | Lomotil--EVEN days | 2.5 mg/tab --dose is 1 tablet | three times daily | anti-diarrhea | yes |
| 5:00 pm | Ouye, Jamie | Calcium Gummies | 500 mg/tablet--dose is 1 tablet | twice daily before breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Ouye, Jamie | Vitamin C | 1000 mg/tablet--dose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Ouye, Jamie | Vitamin D Gummy | 1500 mg/tablet--dose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Ouye, Jamie | Women's Gummy Vitamin | 1 Gummy Vitamin | twice daily before breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Refuerzo, Melling | Buspirone | 10 mg--1 tablet | twice daily: 8 am and 5 pm | anti-anxiety | yes |
| 5:00 pm | Refuerzo, Melling | Metformin | 1000 mg--1 tablet | twice daily--8 am and 5 pm | controls high blood sugar | yes |
| | | | | | | |
| | | | | | | |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|---------------------|---|--|--|---|-----------|
| 6:00 pm | Chua, Hannah | Miralax | 1/2 capful | twice daily breakfast and dinner | prevent constipation | yes |
| 6:00 pm | Conville, Mariko | Kristalose | 20 mg/packet--dose is 1 packet | twice daily--breakfast and dinner | reduce constipation | yes |
| 6:00 pm | Gong, Richard | Bio-Kult probiotic | 1 capsule | twice daily --with breakfast and dinner meal | promotes healthy digestion and immune system | no |
| 6:00 pm | Gong, Richard | Integrative Nutrivitamin Enzyme Complex, without iron | 1 capsule | twice daily with morning meal and evening meal | multivitamin, general nutritional health supplement | no |
| 6:00 pm | Gong, Richard | Radiant Life Krill Extra | 1 capsule | twice daily with morning meal and dinner meal | Fish Oil nutritional supplement | no |
| 6:00 pm | Hata, Randall | Crestor | 20mg/tab--dose is 1 tablet | daily in pm. | cholesterol lowering agent | yes |
| 6:00 pm | Hata, Randall | Docusate Sodium | 250 mg/capsule--dose is 1 capsule | twice daily | stool softener | yes |
| 6:00 pm | Nakagaki, Christine | Miralax | 17 grams/packet--dose is 1 packet. Dissolve in 4-8 oz fluid. | Dinner on Sunday, Tuesday, Thursday only | constipation relief | yes |
| 6:00 pm | Narahara, Craig | Benztropine (Cogentin) | 1 mg/tab--dose is 1 tablet | twice daily--8 am and 6 pm | control drooling, salivation--anti-cholinergic agent | yes |
| 6:00 pm | Narahara, Craig | Divalproex | 500 mg/tablet--dose is 1 tablet | twice daily--8 am and 6 pm | seizure disorder | yes |
| 6:00 pm | Narahara, Craig | Fiber Pill | 625 mg/tablet--dose is 1 tablet | twice daily--8 am and 6 pm | promote bowel regularity | yes |
| 6:00 pm | Narahara, Craig | Oyster Calcium | 500 mg/tablet--dose is 1 tablet | twice daily -- 8 am and 6 pm | nutritional supplement | yes |
| 6:00 pm | Nishio, Marc | Calcium with Vitamin D | 500 mg/tablet--dose is 1 tablet | twice daily--breakfast and dinner | nutritional supplement | no |
| 6:00 pm | Peeler, Jennifer | Cephalexin Oral Suspension | 250 mg/5mls. dose is 5 mls or 1 tsp. | daily in evening | antibiotic for prevention of bladder infection | yes |
| 6:00 pm | Peeler, Jennifer | Escitalopram Oxalate (Lexapro) oral solution | 5 mg/5 mls. dose is 20 mls. | daily every evening | antidepressant;treatment for generalized anxiety disorder | yes |
| 6:00 pm | Peeler, Jennifer | Oxybutynin | 5 mg/tablet--dose is 1 tablet | twice daily--morning and evening | urinary antispasmodic | yes |
| 6:00 pm | Takamune, Lisa | L-Arginine | 500 mg/tab--dose is 2 capsules | daily after dinner | nutritional supplement for the heart | no |
| 6:00 pm | Wang, Rebecca | Areds 2 Eye Vitamin | 1 tablet | twice daily with morning meal and dinner meal | nutritional supplement for eyes | no |
| 6:00 pm | Wang, Rebecca | Citracal Calcium Citrate | 630 mg/tablet--dose is 1 tablet | once daily in the evening | nutritional supplement to promote bone health | no |
| 6:00 pm | Wang, Rebecca | Digestive Advantage | 1 gummy | once daily in the evening | nutritional supplement to promote digestive health | no |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|-------------------|------------------------------------|--|--------------------------------------|---|-----------|
| 6:00 pm | Wang, Rebecca | Vitamin B-12 | 1000 mg/tablet--dose is 1 tablet | once daily in the evening | nutritional supplement fort energy health | no |
| 6:00 pm | Wang, Rebecca | Vitamin C | 500 mg/tablet--dose is 1 tablet | once daily in the evening | nutritional supplement | no |
| | | | | | | |
| | | | | | | |
| 8:00 pm | Miyashiro, Cindy | Hydrocortisone cream | 1% cream--apply small amount to rash areas on back | twice daily--AM and bedtime | ant inflammation | no |
| 8:00 pm | Nishio, Marc | Montelukast (generic for Singular) | 10 mg/tab--1 tablet | once daily at bedtime | seasonal allergy control | yes |
| 8:00 pm | Nishio, Marc | Risperidone | 0.5 mg/tab---1 tablet | twice daily | control of stimulatory behaviors | yes |
| 8:00 pm | Refuerzo, Melling | Loratadine | 10 mg--1 tablet | daily in the evening--8 pm | relief of seasonal allergies | yes |
| 8:00 pm | Refuerzo, Melling | Risperidone PM dose | 2 mg--1 tablet | once daily in evening--8 pm | treatment of mental/mood disorder | yes |
| 8:00 pm | Refuerzo, Melling | Simvastatin | 20 mg--1 tablet | daily at bedtime--8 pm | cholesterol lowering agent | yes |
| 8:00 pm | Tani, Glenn Ricky | Celexa (Citalopram) | 40 mg/tablet--dose is 1 tablet | daily at bedtime | anti-anxiety--anti-depressant | yes |
| 8:00 pm | Tani, Glenn Ricky | Cogentin (Benztropine) | 1 mg/tab--dose is 1 tablet | daily at bedtime--8 pm | antiparkinsonian, anticholinergic, anti-agitation | yes |
| 8:00 pm | Tani, Glenn Ricky | Seroquel (Quetiapine Fumartate) | 300 mg/tab--dose is 1/2 tab or 150 mg | daily at bedtime--8 pm | anti-psychotic, anti-depressant, anti-anxiety | yes |
| 8:00 pm | Visitacion, Dana | Buspirone PM | 5 mg/tablet--dose is 1 tablet or 5 mg | daily at pm--one hour before bedtime | anti-anxiety | yes |
| 8:00 pm | Visitacion, Dana | Guanfacine | 1 mg/tab--dose is 1 tab | once daily in evening | anti-hypertensive | yes |
| 8:00 pm | Visitacion, Dana | Melatonin | 3 mg/1 tab and 5 mg/1 tab--dose is 1 tab of each for total of 8 mg total | once daily in the evening | promote sleep | yes |
| 8:00 pm | Visitacion, Dana | Nortriptyline | 10 mg/capsule. dose is 40 mg or 4 capsules | once daily in evening | anti-depressant and to promote sleep | yes |
| 8:00 pm | Visitacion, Dana | Theanine | 100 mg/tab--dose is 1 tab | once daily in evening | amino acid | yes |
| | | | | | | |
| | | | | | | |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|------------------|------------------------------------|---|---------------------------------------|--|-----------|
| 9:00 pm | Abasolo, Jerry | Vinegar--external use | soak Qtip and swab both ears up until line indicated on Qtip. | daily at bedtime | treatment for ear itch eczema | no |
| 9:00 pm | Abasolo, Jerry | Allerclear Loratadine | 10mg/tab--dose is 1 tablet | daily at bedtime | allergy relief, antihistamine, itchy or allergic skin reaction | yes |
| 9:00 pm | Abasolo, Jerry | Atenolol | 25 mg/tab--dose is 1 tab | twice daily | anti-hypertensive | yes |
| 9:00 pm | Abasolo, Jerry | Hydrocodone/Acetaminophen -BEDTIME | 5/325 mg/tab--dose is 2 TABLETS | daily at bedtime | pain relief | yes |
| 9:00 pm | Abasolo, Jerry | Lamictal Bedtime | 200 mg/tab--dose is 3 tablets | daily at bedtime--9 pm | seizure control | yes |
| 9:00 pm | Abasolo, Jerry | Zonegran (Zonisamide) Bedtime | 100 mg/cap--dose is 3 capsules | daily at bedtime--9 pm | seizure control | yes |
| 9:00 pm | Chen, Jonathan | Gabapentin | 400 mg/capsule--dose is 1 capsule | three times per day--8 am; 2 pm; 9 pm | relief of neuropathic pain | yes |
| 9:00 pm | Conville, Mariko | Latuda | 20 mg/tab--dose is 2 tablets | daily at bedtime | relief of Kleefstra behavioral symptoms; anti-psychotic | yes |
| 9:00 pm | Conville, Mariko | Lorazepam BEDTIME | 1 mg/tab--dose is 1 tablet | daily at bedtime | anti-anxiety | yes |
| 9:00 pm | Conville, Mariko | Myrbetriq | 50 mg/tab--dose is 1 tablet | daily at bedtime | bladder antispasmodic | yes |
| 9:00 pm | Conville, Mariko | Trader Joe's OTC Folic Acid/B6/B12 | 1 tablet | daily at bedtime | nutritional supplement | yes |
| 9:00 pm | Hata, Randall | Aquaphor spray | spray to affected areas on arms and legs | daily after showering | prevent skin dryness | no |
| 9:00 pm | Miyashiro, Cindy | Chlorhexidine 0.12% mouth rinse | 1/2 oz undiluted rinse in mouth | once daily at bedtime | treatment for gum disease | no |
| 9:00 pm | Miyashiro, Cindy | Triamcinolone 0.5% | apply small amount to affected area | twice daily--AM and bedtime | steroid cream | no |
| 9:00 pm | Miyashiro, Cindy | Vitamin E cream | apply to affectd areas of skin rash to back of legs | daily at bedtime | promotes skin health | no |
| 9:00 pm | Miyashiro, Cindy | Citalopram HBR (Celexa) | 40 mg/tablet--dose is 1 tablet | daily at bedtime--9 pm | antidepressant | yes |
| 9:00 pm | Miyashiro, Cindy | Latanoprost | 0.005%--dose is 1 drop in each eye | daily at bedtime--9 pm | glaucoma treatment | yes |
| 9:00 pm | Miyashiro, Cindy | Oyster Shell 500 Vitamin D3 200 | 1 tablet | three times daily-- 8 am, 5 pm, 9 pm | nutritional supplement | yes |
| 9:00 pm | Miyashiro, Cindy | Risperidone HS dose 0.5 mg tab | 0.5 mg/tab---1 tablet | daily at 9 pm | mood stabilizer--anti-psychotic | yes |
| 9:00 pm | Miyashiro, Cindy | Risperidone HS dose 1 mg tablet | 1 mg/tablet--dose is 1 tablet | daily at bedtime--9 pm | mood stabilizer, anti-psychotic | yes |
| 9:00 pm | Narahara, Craig | Gemfibrozil (Lopid) | 600 mg/tablet--dose is 1 tablet | daily at bedtime--9 pm | cholesterol control | yes |
| 9:00 pm | Narahara, Craig | Levitiracetam (Keppra) | 750 mg/tablet--dose is 1 tablet | three times per day--8 am; 2 pm; 9 pm | seizure control | yes |
| 9:00 pm | Takamune, Lisa | Zioptan | one drop both eyes | daily at bedtime | glaucoma treatment | yes |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|-------------------|--------------------------------|---|---|--|-----------|
| 9:00 pm | Verzani, Amanda | Baclofen | 10 mg/tab --dose is 2 tablets | daily at bedtime--9 pm | anti-spasticity | yes |
| 9:00 pm | Verzani, Amanda | Trileptal(Oxcarbazepine)HS | 300 mg/tab-dose is 2 tabs at bedtime | daily at bedtime--9 pm | anti-seizure | yes |
| | | | | | | |
| | | | | | | |
| as needed | Eugenio, Benjamin | Xyzal | 5 mg/tab--dose is 1 tablet | as needed for allergy symptoms at bedtime, if needed | treatment for sinus allergies | yes |
| as needed | Gong, Richard | Diphenhydramine | 1-2 capsules as needed for above symptoms | as needed every 4 hrs if needed; do not exceed 6 doses in 24 hrs. | allergy relief, antihistamine, itchy or allergic skin reaction | yes |
| as needed | Hata, Randall | Refresh eye drops | 1 drop in each eye | as needed for eye dryness | eye lubrication to prevent dryness | no |
| as needed | Hata, Randall | Fluticasone 50 mcg Nasal Spray | 1 puff each nostril | as needed for sinus congestion | relief of nasal congestion | yes |
| as needed | Kanazawa, Curtis | Chlorpheniramine | 4 mg--1 tablet | as needed every 4 hrs for allergy symptoms--1 tablet | seasonal allergies | yes |
| as needed | Kanemori, David | Calendula | apply small amount to affected areas | as needed for scrapes and cuts | homeopathic ointment for healing scrapes and cuts | no |
| as needed | Nishio, Marc | Lomotil | 2.5 mg/tab --dose is 1 tablet | AS NEEDED FOR DIARRHEA--AN ADDITIONAL 1 TABLET PER DAY | control diarrhea | yes |
| as needed | Verzani, Amanda | Neosporin | as needed to cover cuts or scarpes | as needed for cuts and scrapes | topical antibiotic ointment | no |
| as needed | Visitacion, Dana | Benadryl | 25 mg/tab--dose is 2 tabs or 50 mg | as needed for seasonal allergy symptoms | seasonal allergies/common cold symptoms | yes |
| as needed | Visitacion, Dana | Ibuprofen | 200 mg/tab--dose is 1 tab | as needed for headache or mild pain--1 tab every 4 hrs if needed | relief of headache or mild pain | yes |
| | | | | | | |
| | | | | | | |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|------------------|---------------------------|---|---|--|-----------|
| 8:00 am | Abasolo, Jerry | Atenolol | 25 mg/tab--dose is 1 tab | twice daily | anti-hypertensive | yes |
| 8:00 am | Abasolo, Jerry | CVS Stool softener | 250 mg/capsule--dose is 1 capsule | twice daily | stool softener | yes |
| 8:00 am | Abasolo, Jerry | Hydrocodone (Norco) | 5/325 mg/1 tablet--dose is 1 tablet | three times daily--8 am; noon; 4 pm | relief of pain | yes |
| 8:00 am | Abasolo, Jerry | Lamictal (Lamotrigine) | 200 mg/tab--dose is 2 tablets | three times daily--8 am; noon; 4 pm | seizure control | yes |
| 8:00 am | Abasolo, Jerry | Potassium Citrate ER | 10 meq/tab--dose is 1 tablet | three times a day | prevent kidney stones | yes |
| 8:00 am | Abasolo, Jerry | Pravastatin | 20 mg/tab--dose is 1 tablet | daily in am | cholesterol lowering agent | yes |
| 8:00 am | Abasolo, Jerry | Zonegran (Zonisamide) cap | 100 mg/capsule--dose is 2 capsules | three times a day--8 am; noon; 4 pm | seizure control | yes |
| 8:00 am | Chen, Jonathan | Gabapentin | 400 mg/capsule--dose is 1 capsule | three times per day--8 am; 2 pm; 9 pm | relief of neuropathic pain | yes |
| 8:00 am | Conville, Mariko | Cytomel | 5 mcg/tablet--dose is 2 tablets | daily in morning | Treatment for Hashimoto's hypothyroiditis | yes |
| 8:00 am | Conville, Mariko | Kristalose | 20 mg/packet--dose is 1 packet | twice daily--breakfast and dinner | reduce constipation | yes |
| 8:00 am | Conville, Mariko | Lorazepam (Ativan) AM | 1 mg/tablet--dose is 3 tablets | daily in AM | anti anxiety | yes |
| 8:00 am | Conville, Mariko | Synthroid | 88 mcg/tablet --dose is 1 tablet | daily in am on MWTHSAT | Hashimoto's hypothyroiditis--thyroid hormone replacement | yes |
| 8:00 am | Kanemori, David | Active C | 500 mg/capsule--dose is 1 capsule | twice daily--before breakfast and before dinner | immune system support | no |
| 8:00 am | Kanemori, David | All-In-One | 1 tablet | before breakfast and before dinner | multi-vitamin/mineral supplement | no |
| 8:00 am | Kanemori, David | Benfotiamine | 250 mg/capsule--dose is 1 capsule | daily before breakfast | protection from high blood sugar | no |
| 8:00 am | Kanemori, David | Fola Pro | 800 mcg/capsule--dose is 1 capsule | daily before breakfast | methylated folic acid supplement | no |
| 8:00 am | Kanemori, David | Magnesium Glycinate | 400 mg/capsule--doae is 1 capsule | daily before breakfast | nutritional supplement to balance glutamate, aids muscle flexibility, calming effect | no |
| 8:00 am | Kanemori, David | Pantothenic Acid | 500 mg/tablet--dose is 1 tablet | daily before breakfast | nutritional supplement to prevent allergies | no |
| 8:00 am | Kanemori, David | Probiotic | 1 capsule | twice daily before breakfast and before dinner | nutritional supplement to promote intestinal health | no |
| 8:00 am | Kanemori, David | Ultimate Fungal | 1 capsule before breakfast and 2 capsules before dinner | before breakfast and before dinner | nutritional supplement to control fungus in gut, helps eczema | no |
| 8:00 am | Kanemori, David | Vitamin D3 | 1 capsule | daily before breakfast | 5000 IU/capsule--dose is 1 capsule | no |
| 8:00 am | Kanemori, David | Wobenzyme | 1 capsule | twice daily before breakfast and before dinnner | nutritional supplement digestive enzyme | no |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|-------------------|---------------------------------|---|---|--|-----------|
| 8:00 am | Mar, Jodi | Lamotrigine | 25 mg/chewable dispersible tablet--dose is 100 mg or 4 chewable dispersible tablets | twice daily--breakfast and dinner | seizure control | yes |
| 8:00 am | Mar, Jodi | Levothyroxine | 50 mcg--1 tablet | daily in the morning | thyroid hormone replacement | yes |
| 8:00 am | Miyashiro, Cindy | Hydrocortisone cream | 1% cream--apply small amount to rash areas on back | twice daily--AM and bedtime | ant inflammation | no |
| 8:00 am | Miyashiro, Cindy | Triamcinolone 0.5% | apply small amount to affected area | twice daily--AM and bedtime | steroid cream | no |
| 8:00 am | Miyashiro, Cindy | Brimonidine 0.2% eye solution | 1 drop in each eye | twice daily | glaucoma treatment | yes |
| 8:00 am | Miyashiro, Cindy | Carbamazepine ER (Carbatrol) | 220 mg/capslet--dose is 3 caplets | twice daily--8 am and 5 pm | anti-seizure | yes |
| 8:00 am | Miyashiro, Cindy | Oyster Shell 500 Vitamin D3 200 | 1 tablet | three times daily-- 8 am, 5 pm, 9 pm | nutritional supplement | yes |
| 8:00 am | Miyashiro, Cindy | RisperidoneAM | 2 mg/tablet--dose is 1 tablet | daily in AM | mood stabilizer--anti-psychotic | yes |
| 8:00 am | Miyashiro, Cindy | Thera-M | 1 tablet | daily in am | nutritional supplement | yes |
| 8:00 am | Narahara, Craig | Benzotropine (Cogentin) | 1 mg/tab--dose is 1 tablet | twice daily--8 am and 6 pm | control drooling, salivation--anti-cholinergic agent | yes |
| 8:00 am | Narahara, Craig | Divalproex | 500 mg/tablet--dose is 1 tablet | twice daily--8 am and 6 pm | seizure disorder | yes |
| 8:00 am | Narahara, Craig | Fiber Pill | 625 mg/tablet--dose is 1 tablet | twice daily--8 am and 6 pm | promote bowel regularity | yes |
| 8:00 am | Narahara, Craig | Levitiracetam (Keppra) | 750 mg/tablet--dose is 1 tablet | three times per day--8 am; 2 pm; 9 pm | seizure control | yes |
| 8:00 am | Narahara, Craig | Oyster Calcium | 500 mg/tablet--dose is 1 tablet | twice daily -- 8 am and 6 pm | nutritional supplement | yes |
| 8:00 am | Narahara, Craig | Vitamin D3 | 2000 IU/tablet--dose is 1 tablet | once daily in am | nutritional supplement | yes |
| 8:00 am | Nishio, Marc | Lomotil --ODD Days | 2.5 mg/tab --dose is 1 tablet | twice daily | anti-diarrhea | yes |
| 8:00 am | Nishio, Marc | Omeprazole | 20 mg/capsule--dose is 1 capsule | daily in am | control heartburn | yes |
| 8:00 am | Nishio, Marc | Risperidone | 0.5 mg/tab---1 tablet | twice daily | control of stimulatory behaviors | yes |
| 8:00 am | Ouye, Jamie | Calcium Gummies | 500 mg/tablet--dose is 1 tablet | twice daily before breakfast and dinner | nutritional supplement | no |
| 8:00 am | Ouye, Jamie | Vitamin C | 1000 mg/tablet--dose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 8:00 am | Ouye, Jamie | Vitamin D Gummy | 1500 mg/tablet--dose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 8:00 am | Ouye, Jamie | Women's Gummy Vitamin | 1 Gummy Vitamin | twice daily before breakfast and dinner | nutritional supplement | no |
| 8:00 am | Refuerzo, Melling | Buspirone | 10 mg--1 tablet | twice daily: 8 am and 5 pm | anti-anxiety | yes |
| 8:00 am | Refuerzo, Melling | Citalopram HBR (Celexa) | 40 mg--1 tablet | once daily--8 am | anti-depressant | yes |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|-------------------|--------------------------------------|---|---|-----------------------------------|-----------|
| 8:00 am | Refuerzo, Melling | Lisinopril | 10 mg--1 tablet | daily in the morning--8 am | treat high blood pressure | yes |
| 8:00 am | Refuerzo, Melling | Metformin | 1000 mg--1 tablet | twice daily--8 am and 5 pm | controls high blood sugar | yes |
| 8:00 am | Refuerzo, Melling | RisperidoneAM | 1 mg--1 tablet | once daily--8 am | treatment of mental/mood disorder | yes |
| 8:00 am | Verzani, Amanda | Trileptal (Oxcarbazepine)AM | 300 mg/tablet dose is 450 mg--1.5 tablets | daily in AM | anti-seizure | yes |
| 8:00 am | Visitacion, Dana | Buspirone AM | 5 mg/tab--dose is 3 tabs or 15 mg | daily in AM. (there is a different dose in PM) | anti-anxiety | yes |
| 8:00 am | Visitacion, Dana | Claritin (Non-Drowsy Allergy Relief) | 10mg--1 tablet | once daily in am | seasonal allergies | yes |
| 8:00 am | Visitacion, Dana | Fluvoxamine Maleate | 50mg/tab--dose is 100 mg or 2 tabs | once daily in morning | antidepressant | yes |
| 8:00 am | Visitacion, Dana | Jolessa | 0.15-0.03 mg/1 tab dose is 1 tab | once daily in morning | regulate menstrual cycles | yes |
| | | | | | | |
| | | | | | | |

2019-06-01,10:00am(PDT)

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|---------------------|---|------------------------------------|--|---|-----------|
| 9:00 am | Chien, Stephen | Valsartan | 160 mg/tab--dose is 1 tablet | once daily after breakfast | anti-hypertensive | yes |
| 9:00 am | Chua, Hannah | Levonorgestrel/estradiol | 0.15-0.03 mg/1 tab dose is 1 tab | daily in AM | to control menses | yes |
| 9:00 am | Chua, Hannah | Miralax | 1/2 capful | twice daily breakfast and dinner | prevent constipation | yes |
| 9:00 am | Chua, Hannah | Vitamin D3 | 2000 IU/capsule--dose is 1 capsule | once daily at breakfast | nutritional supplement | yes |
| 9:00 am | Gong, Richard | Bio-Kult probiotic | 1 capsule | twice daily --with breakfast and dinner meal | promotes healthy digestion and immune system | no |
| 9:00 am | Gong, Richard | Integrative Nutrivitamin Enzyme Complex, without iron | 1 capsule | twice daily with morning meal and evening meal | multivitamin, general nutritional health supplement | no |
| 9:00 am | Gong, Richard | Radiant Life Krill Extra | 1 capsule | twice daily with morning meal and dinner meal | Fish Oil nutritional supplement | no |
| 9:00 am | Hata, Randall | Fish Oil | 1000 mg/capsule--dose is 1 capsule | once daily in am | nutritional supplement | no |
| 9:00 am | Hata, Randall | Multi- Vitamin | 1 tablet | daily in AM | nutritional supplement | no |
| 9:00 am | Hata, Randall | Vitamin C | 500 mg/tablet--dose is 1 tablet | once daily in am | nutritional supplement | no |
| 9:00 am | Hata, Randall | Docusate Sodium | 250 mg/capsule--dose is 1 capsule | twice daily | stool softener | yes |
| 9:00 am | Mar, Jodi | Fish Oil | one gummy-- 500 mg | once daily in the morning or at breakfast | nutritional supplement to reduce triglycerides | no |
| 9:00 am | Mar, Jodi | Multi-vites Gummy Vitamin | 2 adult multivitamin gummies | once daily at breakfast | nutritional supplement | no |
| 9:00 am | Mock, Vanessa | Vitafusion Calcium | 500 mg--2 gummies | once daily at breakfast | nutritional supplement | no |
| 9:00 am | Mock, Vanessa | Vitafusion MultiVites Gummy vitamins | 2 tummies | once daily at breakfast | nutritional supplement | no |
| 9:00 am | Nagao, Lacey | One A Day Multivitamin for Women | 1 tablet | daily at breakfast | nutritional supplement | no |
| 9:00 am | Nagao, Lacey | Vitamin D3 | 1 soft gel | daily at breakfast | nutritional supplement | no |
| 9:00 am | Nakagaki, Christine | Adult Multivitamin Gummies | 2 gummies | once daily at breakfast | nutritional supplement | no |
| 9:00 am | Nakagaki, Christine | Claritin Reditabs | 10 mg/tablet--dose is 1 tablet | once daily at breakfast | control of seasonal allergies | yes |
| 9:00 am | Nishio, Marc | Calcium with Vitamin D | 500 mg/tablet--dose is 1 tablet | twice daily--breakfast and dinner | nutritional supplement | no |
| 9:00 am | Nishio, Marc | Vitamin D3 | 1000IU/capsule--dose is 1 capsule | daily | nutritional supplement | no |
| 9:00 am | Peeler, Jennifer | amphetamine salts | 5 mg/tab--dose is 3 tabs or 15 mg | twice daily breakfast and lunchtime | treatment for ADHD | yes |
| 9:00 am | Peeler, Jennifer | Oxybutynin | 5 mg/tablet--dose is 1 tablet | twice daily--morning and evening | urinary antispasmodic | yes |
| 9:00 am | Takamune, Lisa | Vitamin B-12 | 500 mg/tablet--dose is 1 tablet | daily after breakfast | nutritional supplement | no |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|------------------|----------------------------------|-------------------------------------|---|--|-----------|
| 9:00 am | Takamune, Lisa | Vitamin C | 500 mg/tablet--dose is 1 tablet | daily after breakfast | nutritional supplement | no |
| 9:00 am | Takamune, Lisa | Clopidogrel | 75 mg/tablet--dose is 1 tablet | daily in AM | anti platelet action; promotes heart and blood circulation | yes |
| 9:00 am | Visitacion, Dana | Multi- Vitamin | 1 tablet | once daily in morning | nutritional supplement | no |
| 9:00 am | Visitacion, Dana | Vitamin C | 1000 mg/tab--dose is 1 tablet | once daily in morning | nutritional supplement | no |
| 9:00 am | Wang, Rebecca | Areds 2 Eye Vitamin | 1 tablet | twice daily with morning meal and dinner meal | nutritional supplement for eyes | no |
| 9:00 am | Wang, Rebecca | Calcium Gummies | 1 gummy | daily in the morning | nutritional supplement to promote bone health | no |
| 9:00 am | Wang, Rebecca | Flax Seed Oil | 1400 mg/tablet dose is 1 tablet | daily in the morning | nutritional supplement for heart health | no |
| 9:00 am | Wang, Rebecca | Move Free | 1 tablet | once daily in the morning | nutritional supplement to promote joint health | no |
| 9:00 am | Wang, Rebecca | One a Day for Women | 1 tablet | once daily in the morning | nutritional supplement multivitamin | no |
| 9:00 am | Wang, Rebecca | Vitamin D3 | 2000 IU/tablet--dose is 1 tablet | once daily in the morning | nutritional supplement | no |
| | | | | | | |
| | | | | | | |
| 12:00 noon | Abasolo, Jerry | Hydrocodone (Norco) | 5/325 mg/1 tablet--dose is 1 tablet | three times daily--8 am; noon; 4 pm | relief of pain | yes |
| 12:00 noon | Abasolo, Jerry | Lamictal (Lamotrigine) | 200 mg/tab--dose is 2 tablets | three times daily--8 am; noon; 4 pm | seizure control | yes |
| 12:00 noon | Abasolo, Jerry | Oyster, Calcium and D supplement | 500/200mg/tab--dose is 1 tablet | daily at noon | nutritional supplement | yes |
| 12:00 noon | Abasolo, Jerry | Potassium Citrate ER | 10 meq/tab--dose is 1 tablet | three times a day | prevent kidney stones | yes |
| 12:00 noon | Abasolo, Jerry | Zonegran (Zonisamide) cap | 100 mg/capsule--dose is 2 capsules | three times a day--8 am; noon; 4 pm | seizure control | yes |
| 12:00 noon | Peeler, Jennifer | amphetamine salts | 5 mg/tab--dose is 3 tabs or 15 mg | twice daily breakfast and lunchtime | treatment for ADHD | yes |
| | | | | | | |
| | | | | | | |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|-----------------|---------------------------|-------------------------------------|---------------------------------------|----------------------------|-----------|
| 2:00 pm | Chen, Jonathan | Gabapentin | 400 mg/capsule--dose is 1 capsule | three times per day--8 am; 2 pm; 9 pm | relief of neuropathic pain | yes |
| 2:00 pm | Narahara, Craig | Levitiracetam (Keppra) | 750 mg/tablet--dose is 1 tablet | three times per day--8 am; 2 pm; 9 pm | seizure control | yes |
| | | | | | | |
| | | | | | | |
| 4:00 pm | Abasolo, Jerry | CVS Stool softener | 250 mg/capsule--dose is 1 capsule | twice daily | stool softener | yes |
| 4:00 pm | Abasolo, Jerry | Hydrocodone (Norco) | 5/325 mg/1 tablet--dose is 1 tablet | three times daily--8 am; noon; 4 pm | relief of pain | yes |
| 4:00 pm | Abasolo, Jerry | Lamictal (Lamotrigine) | 200 mg/tab--dose is 2 tablets | three times daily--8 am; noon; 4 pm | seizure control | yes |
| 4:00 pm | Abasolo, Jerry | Potassium Citrate ER | 10 meq/tab--dose is 1 tablet | three times a day | prevent kidney stones | yes |
| 4:00 pm | Abasolo, Jerry | Zonegran (Zonisamide) cap | 100 mg/capsule--dose is 2 capsules | three times a day--8 am; noon; 4 pm | seizure control | yes |
| | | | | | | |
| | | | | | | |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|-------------------|---------------------------------|---|---|---|-----------|
| 5:00 pm | Kanemori, David | Active C | 500 mg/capsule--dose is 1 capsule | twice daily--before breakfast and before dinner | immune system support | no |
| 5:00 pm | Kanemori, David | All-In-One | 1 tablet | before breakfast and before dinner | multi-vitamin/mineral supplement | no |
| 5:00 pm | Kanemori, David | Cat's Claw | 500 mg/capsule--dose is 1 capsule | daily before dinner | prevents Lyme disease | no |
| 5:00 pm | Kanemori, David | Kidney Support | 1 capsule | daily before dinner | nutritional supplement to support kidney | no |
| 5:00 pm | Kanemori, David | Liver Support | 1 capsule | daily before dinner | nutritional supplement to support liver | no |
| 5:00 pm | Kanemori, David | Probiotic | 1 capsule | twice daily before breakfast and before dinner | nutritional supplement to promote intestinal health | no |
| 5:00 pm | Kanemori, David | TMG (Trimethyl Glycine) | 1 tablet | daily before dinner | metabolism support | no |
| 5:00 pm | Kanemori, David | Ultimate Fungal | 1 capsule before breakfast and 2 capsules before dinner | before breakfast and before dinner | nutritional supplement to control fungus in gut, helps eczema | no |
| 5:00 pm | Kanemori, David | Wobenzyme | 1 capsule | twice daily before breakfast and before dinner | nutritional supplement digestive enzyme | no |
| 5:00 pm | Mar, Jodi | Lamotrigine | 25 mg/chewable dispersible tablet--dose is 100 mg or 4 chewable dispersible tablets | twice daily--breakfast and dinner | seizure control | yes |
| 5:00 pm | Miyashiro, Cindy | Brimonidine 0.2% eye solution | 1 drop in each eye | twice daily | glaucoma treatment | yes |
| 5:00 pm | Miyashiro, Cindy | Carbamazepine ER (Carbatrol) | 220 mg/capslet--dose is 3 caplets | twice daily--8 am and 5 pm | anti-seizure | yes |
| 5:00 pm | Miyashiro, Cindy | Oyster Shell 500 Vitamin D3 200 | 1 tablet | three times daily-- 8 am, 5 pm, 9 pm | nutritional supplement | yes |
| 5:00 pm | Miyashiro, Cindy | Simvastatin | 20mg/tab--dose is 1 tablet | once daily in evening | cholesterol lowering agent | yes |
| 5:00 pm | Nishio, Marc | Lomotil --ODD Days | 2.5 mg/tab --dose is 1 tablet | twice daily | anti-diarrhea | yes |
| 5:00 pm | Ouye, Jamie | Calcium Gummies | 500 mg/tablet--dose is 1 tablet | twice daily before breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Ouye, Jamie | Vitamin C | 1000 mg/tablet--dose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Ouye, Jamie | Vitamin D Gummy | 1500 mg/tablet--dose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Ouye, Jamie | Women's Gummy Vitamin | 1 Gummy Vitamin | twice daily before breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Refuerzo, Melling | Buspirone | 10 mg--1 tablet | twice daily: 8 am and 5 pm | anti-anxiety | yes |
| 5:00 pm | Refuerzo, Melling | Metformin | 1000 mg--1 tablet | twice daily--8 am and 5 pm | controls high blood sugar | yes |
| | | | | | | |
| | | | | | | |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|------------------|---|--------------------------------------|--|---|-----------|
| 6:00 pm | Chua, Hannah | Miralax | 1/2 capful | twice daily breakfast and dinner | prevent constipation | yes |
| 6:00 pm | Conville, Mariko | Kristalose | 20 mg/packet--dose is 1 packet | twice daily--breakfast and dinner | reduce constipation | yes |
| 6:00 pm | Gong, Richard | Bio-Kult probiotic | 1 capsule | twice daily --with breakfast and dinner meal | promotes healthy digestion and immune system | no |
| 6:00 pm | Gong, Richard | Integrative Nutrivitamin Enzyme Complex, without iron | 1 capsule | twice daily with morning meal and evening meal | multivitamin, general nutritional health supplement | no |
| 6:00 pm | Gong, Richard | Radiant Life Krill Extra | 1 capsule | twice daily with morning meal and dinner meal | Fish Oil nutritional supplement | no |
| 6:00 pm | Hata, Randall | Crestor | 20mg/tab--dose is 1 tablet | daily in pm. | cholesterol lowering agent | yes |
| 6:00 pm | Hata, Randall | Docusate Sodium | 250 mg/capsule--dose is 1 capsule | twice daily | stool softener | yes |
| 6:00 pm | Narahara, Craig | Benztropine (Cogentin) | 1 mg/tab--dose is 1 tablet | twice daily--8 am and 6 pm | control drooling, salivation--anti-cholinergic agent | yes |
| 6:00 pm | Narahara, Craig | Divalproex | 500 mg/tablet--dose is 1 tablet | twice daily--8 am and 6 pm | seizure disorder | yes |
| 6:00 pm | Narahara, Craig | Fiber Pill | 625 mg/tablet--dose is 1 tablet | twice daily--8 am and 6 pm | promote bowel regularity | yes |
| 6:00 pm | Narahara, Craig | Oyster Calcium | 500 mg/tablet--dose is 1 tablet | twice daily -- 8 am and 6 pm | nutritional supplement | yes |
| 6:00 pm | Nishio, Marc | Calcium with Vitamin D | 500 mg/tablet--dose is 1 tablet | twice daily--breakfast and dinner | nutritional supplement | no |
| 6:00 pm | Peeler, Jennifer | Cephalexin Oral Suspension | 250 mg/5mls. dose is 5 mls or 1 tsp. | daily in evening | antibiotic for prevention of bladder infection | yes |
| 6:00 pm | Peeler, Jennifer | Escitalopram Oxalate (Lexapro) oral solution | 5 mg/5 mls. dose is 20 mls. | daily every evening | antidepressant;treatment for generalized anxiety disorder | yes |
| 6:00 pm | Peeler, Jennifer | Oxybutynin | 5 mg/tablet--dose is 1 tablet | twice daily--morning and evening | urinary antispasmodic | yes |
| 6:00 pm | Takamune, Lisa | L-Arginine | 500 mg/tab--dose is 2 capsules | daily after dinner | nutritional supplement for the heart | no |
| 6:00 pm | Wang, Rebecca | Areds 2 Eye Vitamin | 1 tablet | twice daily with morning meal and dinner meal | nutritional supplement for eyes | no |
| 6:00 pm | Wang, Rebecca | Citracal Calcium Citrate | 630 mg/tablet--dose is 1 tablet | once daily in the evening | nutritional supplement to promote bone health | no |
| 6:00 pm | Wang, Rebecca | Digestive Advantage | 1 gummy | once daily in the evening | nutritional supplement to promote digestive health | no |
| 6:00 pm | Wang, Rebecca | Vitamin B-12 | 1000 mg/tablet--dose is 1 tablet | once daily in the evening | nutritional supplement fort energy health | no |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|-------------------|------------------------------------|--|--------------------------------------|---|-----------|
| 6:00 pm | Wang, Rebecca | Vitamin C | 500 mg/tablet--dose is 1 tablet | once daily in the evening | nutritional supplement | no |
| | | | | | | |
| | | | | | | |
| 8:00 pm | Miyashiro, Cindy | Hydrocortisone cream | 1% cream--apply small amount to rash areas on back | twice daily--AM and bedtime | ant inflammation | no |
| 8:00 pm | Nishio, Marc | Montelukast (generic for Singular) | 10 mg/tab--1 tablet | once daily at bedtime | seasonal allergy control | yes |
| 8:00 pm | Nishio, Marc | Risperidone | 0.5 mg/tab---1 tablet | twice daily | control of stimulatory behaviors | yes |
| 8:00 pm | Refuerzo, Melling | Loratadine | 10 mg--1 tablet | daily in the evening--8 pm | relief of seasonal allergies | yes |
| 8:00 pm | Refuerzo, Melling | Risperidone PM dose | 2 mg--1 tablet | once daily in evening--8 pm | treatment of mental/mood disorder | yes |
| 8:00 pm | Refuerzo, Melling | Simvastatin | 20 mg--1 tablet | daily at bedtime--8 pm | cholesterol lowering agent | yes |
| 8:00 pm | Tani, Glenn Ricky | Celexa (Citalopram) | 40 mg/tablet--dose is 1 tablet | daily at bedtime | anti-anxiety--anti-depressant | yes |
| 8:00 pm | Tani, Glenn Ricky | Cogentin (Benztropine) | 1 mg/tab--dose is 1 tablet | daily at bedtime--8 pm | antiparkinsonian, anticholinergic, anti-agitation | yes |
| 8:00 pm | Tani, Glenn Ricky | Seroquel (Quetiapine Fumartate) | 300 mg/tab--dose is 1/2 tab or 150 mg | daily at bedtime--8 pm | anti-psychotic, anti-depressant, anti-anxiety | yes |
| 8:00 pm | Visitacion, Dana | Buspirone PM | 5 mg/tablet--dose is 1 tablet or 5 mg | daily at pm--one hour before bedtime | anti-anxiety | yes |
| 8:00 pm | Visitacion, Dana | Guanfacine | 1 mg/tab--dose is 1 tab | once daily in evening | anti-hypertensive | yes |
| 8:00 pm | Visitacion, Dana | Melatonin | 3 mg/1 tab and 5 mg/1 tab--dose is 1 tab of each for total of 8 mg total | once daily in the evening | promote sleep | yes |
| 8:00 pm | Visitacion, Dana | Nortriptyline | 10 mg/capsule. dose is 40 mg or 4 capsules | once daily in evening | anti-depressant and to promote sleep | yes |
| 8:00 pm | Visitacion, Dana | Theanine | 100 mg/tab--dose is 1 tab | once daily in evening | amino acid | yes |
| | | | | | | |
| | | | | | | |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|------------------|------------------------------------|---|---------------------------------------|--|-----------|
| 9:00 pm | Abasolo, Jerry | Vinegar--external use | soak Qtip and swab both ears up until line indicated on Qtip. | daily at bedtime | treatment for ear itch eczema | no |
| 9:00 pm | Abasolo, Jerry | Allerclear Loratadine | 10mg/tab--dose is 1 tablet | daily at bedtime | allergy relief, antihistamine, itchy or allergic skin reaction | yes |
| 9:00 pm | Abasolo, Jerry | Atenolol | 25 mg/tab--dose is 1 tab | twice daily | anti-hypertensive | yes |
| 9:00 pm | Abasolo, Jerry | Hydrocodone/Acetaminophen -BEDTIME | 5/325 mg/tab--dose is 2 TABLETS | daily at bedtime | pain relief | yes |
| 9:00 pm | Abasolo, Jerry | Lamictal Bedtime | 200 mg/tab--dose is 3 tablets | daily at bedtime--9 pm | seizure control | yes |
| 9:00 pm | Abasolo, Jerry | Zonegran (Zonisamide) Bedtime | 100 mg/cap--dose is 3 capsules | daily at bedtime--9 pm | seizure control | yes |
| 9:00 pm | Chen, Jonathan | Gabapentin | 400 mg/capsule--dose is 1 capsule | three times per day--8 am; 2 pm; 9 pm | relief of neuropathic pain | yes |
| 9:00 pm | Conville, Mariko | Latuda | 20 mg/tab--dose is 2 tablets | daily at bedtime | relief of Kleefstra behavioral symptoms; anti-psychotic | yes |
| 9:00 pm | Conville, Mariko | Lorazepam BEDTIME | 1 mg/tab--dose is 1 tablet | daily at bedtime | anti-anxiety | yes |
| 9:00 pm | Conville, Mariko | Myrbetriq | 50 mg/tab--dose is 1 tablet | daily at bedtime | bladder antispasmodic | yes |
| 9:00 pm | Conville, Mariko | Trader Joe's OTC Folic Acid/B6/B12 | 1 tablet | daily at bedtime | nutritional supplement | yes |
| 9:00 pm | Hata, Randall | Aquaphor spray | spray to affected areas on arms and legs | daily after showering | prevent skin dryness | no |
| 9:00 pm | Miyashiro, Cindy | Chlorhexidine 0.12% mouth rinse | 1/2 oz undiluted rinse in mouth | once daily at bedtime | treatment for gum disease | no |
| 9:00 pm | Miyashiro, Cindy | Triamcinolone 0.5% | apply small amount to affected area | twice daily--AM and bedtime | steroid cream | no |
| 9:00 pm | Miyashiro, Cindy | Vitamin E cream | apply to affectd areas of skin rash to back of legs | daily at bedtime | promotes skin health | no |
| 9:00 pm | Miyashiro, Cindy | Citalopram HBR (Celexa) | 40 mg/tablet--dose is 1 tablet | daily at bedtime--9 pm | antidepressant | yes |
| 9:00 pm | Miyashiro, Cindy | Latanoprost | 0.005%--dose is 1 drop in each eye | daily at bedtime--9 pm | glaucoma treatment | yes |
| 9:00 pm | Miyashiro, Cindy | Oyster Shell 500 Vitamin D3 200 | 1 tablet | three times daily-- 8 am, 5 pm, 9 pm | nutritional supplement | yes |
| 9:00 pm | Miyashiro, Cindy | Risperidone HS dose 0.5 mg tab | 0.5 mg/tab---1 tablet | daily at 9 pm | mood stabilizer--anti-psychotic | yes |
| 9:00 pm | Miyashiro, Cindy | Risperidone HS dose 1 mg tablet | 1 mg/tablet--dose is 1 tablet | daily at bedtime--9 pm | mood stabilizer, anti-psychotic | yes |
| 9:00 pm | Narahara, Craig | Gemfibrozil (Lopid) | 600 mg/tablet--dose is 1 tablet | daily at bedtime--9 pm | cholesterol control | yes |
| 9:00 pm | Narahara, Craig | Levitiracetam (Keppra) | 750 mg/tablet--dose is 1 tablet | three times per day--8 am; 2 pm; 9 pm | seizure control | yes |
| 9:00 pm | Takamune, Lisa | Zioptan | one drop both eyes | daily at bedtime | glaucoma treatment | yes |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|-------------------|--------------------------------|---|---|--|-----------|
| 9:00 pm | Verzani, Amanda | Baclofen | 10 mg/tab --dose is 2 tablets | daily at bedtime--9 pm | anti-spasticity | yes |
| 9:00 pm | Verzani, Amanda | Trileptal(Oxcarbazepine)HS | 300 mg/tab-dose is 2 tabs at bedtime | daily at bedtime--9 pm | anti-seizure | yes |
| | | | | | | |
| | | | | | | |
| as needed | Eugenio, Benjamin | Xyzal | 5 mg/tab--dose is 1 tablet | as needed for allergy symptoms at bedtime, if needed | treatment for sinus allergies | yes |
| as needed | Gong, Richard | Diphenhydramine | 1-2 capsules as needed for above symptoms | as needed every 4 hrs if needed; do not exceed 6 doses in 24 hrs. | allergy relief, antihistamine, itchy or allergic skin reaction | yes |
| as needed | Hata, Randall | Refresh eye drops | 1 drop in each eye | as needed for eye dryness | eye lubrication to prevent dryness | no |
| as needed | Hata, Randall | Fluticasone 50 mcg Nasal Spray | 1 puff each nostril | as needed for sinus congestion | relief of nasal congestion | yes |
| as needed | Kanazawa, Curtis | Chlorpheniramine | 4 mg--1 tablet | as needed every 4 hrs for allergy symptoms--1 tablet | seasonal allergies | yes |
| as needed | Kanemori, David | Calendula | apply small amount to affected areas | as needed for scrapes and cuts | homeopathic ointment for healing scrapes and cuts | no |
| as needed | Nishio, Marc | Lomotil | 2.5 mg/tab --dose is 1 tablet | AS NEEDED FOR DIARRHEA--AN ADDITIONAL 1 TABLET PER DAY | control diarrhea | yes |
| as needed | Verzani, Amanda | Neosporin | as needed to cover cuts or scarped | as needed for cuts and scrapes | topical antibiotic ointment | no |
| as needed | Visitacion, Dana | Benadryl | 25 mg/tab--dose is 2 tabs or 50 mg | as needed for seasonal allergy symptoms | seasonal allergies/common cold symptoms | yes |
| as needed | Visitacion, Dana | Ibuprofen | 200 mg/tab--dose is 1 tab | as needed for headache or mild pain--1 tab every 4 hrs if needed | relief of headache or mild pain | yes |
| | | | | | | |
| | | | | | | |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|------------------|----------------------------|---|---|--|-----------|
| 8:00 am | Abasolo, Jerry | Atenolol | 25 mg/tab--dose is 1 tab | twice daily | anti-hypertensive | yes |
| 8:00 am | Abasolo, Jerry | CVS Stool softener | 250 mg/capsule--dose is 1 capsule | twice daily | stool softener | yes |
| 8:00 am | Abasolo, Jerry | Hydrocodone (Norco) | 5/325 mg/1 tablet--dose is 1 tablet | three times daily--8 am; noon; 4 pm | relief of pain | yes |
| 8:00 am | Abasolo, Jerry | Lamictal (Lamotrigine) | 200 mg/tab--dose is 2 tablets | three times daily--8 am; noon; 4 pm | seizure control | yes |
| 8:00 am | Abasolo, Jerry | Potassium Citrate ER | 10 meq/tab--dose is 1 tablet | three times a day | prevent kidney stones | yes |
| 8:00 am | Abasolo, Jerry | Pravastatin | 20 mg/tab--dose is 1 tablet | daily in am | cholesterol lowering agent | yes |
| 8:00 am | Abasolo, Jerry | Zonegran (Zonisamide) cap | 100 mg/capsule--dose is 2 capsules | three times a day--8 am; noon; 4 pm | seizure control | yes |
| 8:00 am | Chen, Jonathan | Gabapentin | 400 mg/capsule--dose is 1 capsule | three times per day--8 am; 2 pm; 9 pm | relief of neuropathic pain | yes |
| 8:00 am | Conville, Mariko | Cytomel | 5 mcg/tablet--dose is 2 tablets | daily in morning | Treatment for Hashimoto's hypothyroiditis | yes |
| 8:00 am | Conville, Mariko | Kristalose | 20 mg/packet--dose is 1 packet | twice daily--breakfast and dinner | reduce constipation | yes |
| 8:00 am | Conville, Mariko | Lorazepam (Ativan) AM | 1 mg/tablet--dose is 3 tablets | daily in AM | anti anxiety | yes |
| 8:00 am | Conville, Mariko | Synthroid 1/2 tab Tu, Fri. | 88 mcg/tablet--dose is 1/2 tab on TU and Fri only | Tuesday and Friday AM only | Hashimoto's hypothyroiditis | yes |
| 8:00 am | Kanemori, David | Active C | 500 mg/capsule--dose is 1 capsule | twice daily--before breakfast and before dinner | immune system support | no |
| 8:00 am | Kanemori, David | All-In-One | 1 tablet | before breakfast and before dinner | multi-vitamin/mineral supplement | no |
| 8:00 am | Kanemori, David | Benfotiamine | 250 mg/capsule--dose is 1 capsule | daily before breakfast | protection from high blood sugar | no |
| 8:00 am | Kanemori, David | Fola Pro | 800 mcg/capsule--dose is 1 capsule | daily before breakfast | methylated folic acid supplement | no |
| 8:00 am | Kanemori, David | Magnesium Glycinate | 400 mg/capsule--doae is 1 capsule | daily before breakfast | nutritional supplement to balance glutamate, aids muscle flexibility, calming effect | no |
| 8:00 am | Kanemori, David | Pantothenic Acid | 500 mg/tablet--dose is 1 tablet | daily before breakfast | nutritional supplement to prevent allergies | no |
| 8:00 am | Kanemori, David | Probiotic | 1 capsule | twice daily before breakfast and before dinner | nutritional supplement to promote intestinal health | no |
| 8:00 am | Kanemori, David | Ultimate Fungal | 1 capsule before breakfast and 2 capsules before dinner | before breakfast and before dinner | nutritional supplement to control fungus in gut, helps eczema | no |
| 8:00 am | Kanemori, David | Vitamin D3 | 1 capsule | daily before breakfast | 5000 IU/capsule--dose is 1 capsule | no |
| 8:00 am | Kanemori, David | Wobenzyme | 1 capsule | twice daily before breakfast and before dinnner | nutritional supplement digestive enzyme | no |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|-------------------|---------------------------------|---|---|--|-----------|
| 8:00 am | Mar, Jodi | Lamotrigine | 25 mg/chewable dispersible tablet--dose is 100 mg or 4 chewable dispersible tablets | twice daily--breakfast and dinner | seizure control | yes |
| 8:00 am | Mar, Jodi | Levothyroxine | 50 mcg--1 tablet | daily in the morning | thyroid hormone replacement | yes |
| 8:00 am | Miyashiro, Cindy | Hydrocortisone cream | 1% cream--apply small amount to rash areas on back | twice daily--AM and bedtime | ant inflammation | no |
| 8:00 am | Miyashiro, Cindy | Triamcinolone 0.5% | apply small amount to affected area | twice daily--AM and bedtime | steroid cream | no |
| 8:00 am | Miyashiro, Cindy | Brimonidine 0.2% eye solution | 1 drop in each eye | twice daily | glaucoma treatment | yes |
| 8:00 am | Miyashiro, Cindy | Carbamazepine ER (Carbatrol) | 220 mg/capslet--dose is 3 caplets | twice daily--8 am and 5 pm | anti-seizure | yes |
| 8:00 am | Miyashiro, Cindy | Oyster Shell 500 Vitamin D3 200 | 1 tablet | three times daily-- 8 am, 5 pm, 9 pm | nutritional supplement | yes |
| 8:00 am | Miyashiro, Cindy | RisperidoneAM | 2 mg/tablet--dose is 1 tablet | daily in AM | mood stabilizer--anti-psychotic | yes |
| 8:00 am | Miyashiro, Cindy | Thera-M | 1 tablet | daily in am | nutritional supplement | yes |
| 8:00 am | Narahara, Craig | Benzotropine (Cogentin) | 1 mg/tab--dose is 1 tablet | twice daily--8 am and 6 pm | control drooling, salivation--anti-cholinergic agent | yes |
| 8:00 am | Narahara, Craig | Divalproex | 500 mg/tablet--dose is 1 tablet | twice daily--8 am and 6 pm | seizure disorder | yes |
| 8:00 am | Narahara, Craig | Fiber Pill | 625 mg/tablet--dose is 1 tablet | twice daily--8 am and 6 pm | promote bowel regularity | yes |
| 8:00 am | Narahara, Craig | Levitiracetam (Keppra) | 750 mg/tablet--dose is 1 tablet | three times per day--8 am; 2 pm; 9 pm | seizure control | yes |
| 8:00 am | Narahara, Craig | Oyster Calcium | 500 mg/tablet--dose is 1 tablet | twice daily -- 8 am and 6 pm | nutritional supplement | yes |
| 8:00 am | Narahara, Craig | Vitamin D3 | 2000 IU/tablet--dose is 1 tablet | once daily in am | nutritional supplement | yes |
| 8:00 am | Nishio, Marc | Lomotil--EVEN days | 2.5 mg/tab --dose is 1 tablet | three times daily | anti-diarrhea | yes |
| 8:00 am | Nishio, Marc | Omeprazole | 20 mg/capsule--dose is 1 capsule | daily in am | control heartburn | yes |
| 8:00 am | Nishio, Marc | Risperidone | 0.5 mg/tab---1 tablet | twice daily | control of stimulatory behaviors | yes |
| 8:00 am | Ouye, Jamie | Calcium Gummies | 500 mg/tablet--dose is 1 tablet | twice daily before breakfast and dinner | nutritional supplement | no |
| 8:00 am | Ouye, Jamie | Vitamin C | 1000 mg/tablet--dose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 8:00 am | Ouye, Jamie | Vitamin D Gummy | 1500 mg/tablet--dose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 8:00 am | Ouye, Jamie | Women's Gummy Vitamin | 1 Gummy Vitamin | twice daily before breakfast and dinner | nutritional supplement | no |
| 8:00 am | Refuerzo, Melling | Buspirone | 10 mg--1 tablet | twice daily: 8 am and 5 pm | anti-anxiety | yes |
| 8:00 am | Refuerzo, Melling | Citalopram HBR (Celexa) | 40 mg--1 tablet | once daily--8 am | anti-depressant | yes |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|-------------------|--------------------------------------|---|---|-----------------------------------|-----------|
| 8:00 am | Refuerzo, Melling | Lisinopril | 10 mg--1 tablet | daily in the morning--8 am | treat high blood pressure | yes |
| 8:00 am | Refuerzo, Melling | Metformin | 1000 mg--1 tablet | twice daily--8 am and 5 pm | controls high blood sugar | yes |
| 8:00 am | Refuerzo, Melling | RisperidoneAM | 1 mg--1 tablet | once daily--8 am | treatment of mental/mood disorder | yes |
| 8:00 am | Verzani, Amanda | Trileptal (Oxcarbazepine)AM | 300 mg/tablet dose is 450 mg--1.5 tablets | daily in AM | anti-seizure | yes |
| 8:00 am | Visitacion, Dana | Buspirone AM | 5 mg/tab--dose is 3 tabs or 15 mg | daily in AM. (there is a different dose in PM) | anti-anxiety | yes |
| 8:00 am | Visitacion, Dana | Claritin (Non-Drowsy Allergy Relief) | 10mg--1 tablet | once daily in am | seasonal allergies | yes |
| 8:00 am | Visitacion, Dana | Fluvoxamine Maleate | 50mg/tab--dose is 100 mg or 2 tabs | once daily in morning | antidepressant | yes |
| 8:00 am | Visitacion, Dana | Jolessa | 0.15-0.03 mg/1 tab dose is 1 tab | once daily in morning | regulate menstrual cycles | yes |
| | | | | | | |
| | | | | | | |

2019-06-01,10:00am(PDT)

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|---------------------|---|------------------------------------|--|---|-----------|
| 9:00 am | Chien, Stephen | Valsartan | 160 mg/tab--dose is 1 tablet | once daily after breakfast | anti-hypertensive | yes |
| 9:00 am | Chua, Hannah | Levonorgestrel/estradiol | 0.15-0.03 mg/1 tab dose is 1 tab | daily in AM | to control menses | yes |
| 9:00 am | Chua, Hannah | Miralax | 1/2 capful | twice daily breakfast and dinner | prevent constipation | yes |
| 9:00 am | Chua, Hannah | Vitamin D3 | 2000 IU/capsule--dose is 1 capsule | once daily at breakfast | nutritional supplement | yes |
| 9:00 am | Gong, Richard | Bio-Kult probiotic | 1 capsule | twice daily --with breakfast and dinner meal | promotes healthy digestion and immune system | no |
| 9:00 am | Gong, Richard | Integrative Nutrivitamin Enzyme Complex, without iron | 1 capsule | twice daily with morning meal and evening meal | multivitamin, general nutritional health supplement | no |
| 9:00 am | Gong, Richard | Radiant Life Krill Extra | 1 capsule | twice daily with morning meal and dinner meal | Fish Oil nutritional supplement | no |
| 9:00 am | Hata, Randall | Fish Oil | 1000 mg/capsule--dose is 1 capsule | once daily in am | nutritional supplement | no |
| 9:00 am | Hata, Randall | Multi- Vitamin | 1 tablet | daily in AM | nutritional supplement | no |
| 9:00 am | Hata, Randall | Vitamin C | 500 mg/tablet--dose is 1 tablet | once daily in am | nutritional supplement | no |
| 9:00 am | Hata, Randall | Docusate Sodium | 250 mg/capsule--dose is 1 capsule | twice daily | stool softener | yes |
| 9:00 am | Mar, Jodi | Fish Oil | one gummy-- 500 mg | once daily in the morning or at breakfast | nutritional supplement to reduce triglycerides | no |
| 9:00 am | Mar, Jodi | Multi-vites Gummy Vitamin | 2 adult multivitamin gummies | once daily at breakfast | nutritional supplement | no |
| 9:00 am | Mock, Vanessa | Vitafusion Calcium | 500 mg--2 gummies | once daily at breakfast | nutritional supplement | no |
| 9:00 am | Mock, Vanessa | Vitafusion MultiVites Gummy vitamins | 2 tummies | once daily at breakfast | nutritional supplement | no |
| 9:00 am | Nagao, Lacey | One A Day Multivitamin for Women | 1 tablet | daily at breakfast | nutritional supplement | no |
| 9:00 am | Nagao, Lacey | Vitamin D3 | 1 soft gel | daily at breakfast | nutritional supplement | no |
| 9:00 am | Nakagaki, Christine | Adult Multivitamin Gummies | 2 gummies | once daily at breakfast | nutritional supplement | no |
| 9:00 am | Nakagaki, Christine | Claritin Reditabs | 10 mg/tablet--dose is 1 tablet | once daily at breakfast | control of seasonal allergies | yes |
| 9:00 am | Nishio, Marc | Calcium with Vitamin D | 500 mg/tablet--dose is 1 tablet | twice daily--breakfast and dinner | nutritional supplement | no |
| 9:00 am | Nishio, Marc | Vitamin D3 | 1000IU/capsule--dose is 1 capsule | daily | nutritional supplement | no |
| 9:00 am | Peeler, Jennifer | amphetamine salts | 5 mg/tab--dose is 3 tabs or 15 mg | twice daily breakfast and lunchtime | treatment for ADHD | yes |
| 9:00 am | Peeler, Jennifer | Oxybutynin | 5 mg/tablet--dose is 1 tablet | twice daily--morning and evening | urinary antispasmodic | yes |
| 9:00 am | Takamune, Lisa | Vitamin B-12 | 500 mg/tablet--dose is 1 tablet | daily after breakfast | nutritional supplement | no |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|------------------|----------------------------------|-------------------------------------|---|--|-----------|
| 9:00 am | Takamune, Lisa | Vitamin C | 500 mg/tablet--dose is 1 tablet | daily after breakfast | nutritional supplement | no |
| 9:00 am | Takamune, Lisa | Clopidogrel | 75 mg/tablet--dose is 1 tablet | daily in AM | anti platelet action; promotes heart and blood circulation | yes |
| 9:00 am | Visitacion, Dana | Multi- Vitamin | 1 tablet | once daily in morning | nutritional supplement | no |
| 9:00 am | Visitacion, Dana | Vitamin C | 1000 mg/tab--dose is 1 tablet | once daily in morning | nutritional supplement | no |
| 9:00 am | Wang, Rebecca | Areds 2 Eye Vitamin | 1 tablet | twice daily with morning meal and dinner meal | nutritional supplement for eyes | no |
| 9:00 am | Wang, Rebecca | Calcium Gummies | 1 gummy | daily in the morning | nutritional supplement to promote bone health | no |
| 9:00 am | Wang, Rebecca | Flax Seed Oil | 1400 mg/tablet dose is 1 tablet | daily in the morning | nutritional supplement for heart health | no |
| 9:00 am | Wang, Rebecca | Move Free | 1 tablet | once daily in the morning | nutritional supplement to promote joint health | no |
| 9:00 am | Wang, Rebecca | One a Day for Women | 1 tablet | once daily in the morning | nutritional supplement multivitamin | no |
| 9:00 am | Wang, Rebecca | Vitamin D3 | 2000 IU/tablet--dose is 1 tablet | once daily in the morning | nutritional supplement | no |
| | | | | | | |
| | | | | | | |
| 12:00 noon | Abasolo, Jerry | Hydrocodone (Norco) | 5/325 mg/1 tablet--dose is 1 tablet | three times daily--8 am; noon; 4 pm | relief of pain | yes |
| 12:00 noon | Abasolo, Jerry | Lamictal (Lamotrigine) | 200 mg/tab--dose is 2 tablets | three times daily--8 am; noon; 4 pm | seizure control | yes |
| 12:00 noon | Abasolo, Jerry | Oyster, Calcium and D supplement | 500/200mg/tab--dose is 1 tablet | daily at noon | nutritional supplement | yes |
| 12:00 noon | Abasolo, Jerry | Potassium Citrate ER | 10 meq/tab--dose is 1 tablet | three times a day | prevent kidney stones | yes |
| 12:00 noon | Abasolo, Jerry | Zonegran (Zonisamide) cap | 100 mg/capsule--dose is 2 capsules | three times a day--8 am; noon; 4 pm | seizure control | yes |
| 12:00 noon | Nishio, Marc | Lomotil--EVEN days | 2.5 mg/tab --dose is 1 tablet | three times daily | anti-diarrhea | yes |
| 12:00 noon | Peeler, Jennifer | amphetamine salts | 5 mg/tab--dose is 3 tabs or 15 mg | twice daily breakfast and lunchtime | treatment for ADHD | yes |
| | | | | | | |
| | | | | | | |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|-----------------|---------------------------|-------------------------------------|---------------------------------------|----------------------------|-----------|
| 2:00 pm | Chen, Jonathan | Gabapentin | 400 mg/capsule--dose is 1 capsule | three times per day--8 am; 2 pm; 9 pm | relief of neuropathic pain | yes |
| 2:00 pm | Narahara, Craig | Levitiracetam (Keppra) | 750 mg/tablet--dose is 1 tablet | three times per day--8 am; 2 pm; 9 pm | seizure control | yes |
| | | | | | | |
| | | | | | | |
| 4:00 pm | Abasolo, Jerry | CVS Stool softener | 250 mg/capsule--dose is 1 capsule | twice daily | stool softener | yes |
| 4:00 pm | Abasolo, Jerry | Hydrocodone (Norco) | 5/325 mg/1 tablet--dose is 1 tablet | three times daily--8 am; noon; 4 pm | relief of pain | yes |
| 4:00 pm | Abasolo, Jerry | Lamictal (Lamotrigine) | 200 mg/tab--dose is 2 tablets | three times daily--8 am; noon; 4 pm | seizure control | yes |
| 4:00 pm | Abasolo, Jerry | Potassium Citrate ER | 10 meq/tab--dose is 1 tablet | three times a day | prevent kidney stones | yes |
| 4:00 pm | Abasolo, Jerry | Zonegran (Zonisamide) cap | 100 mg/capsule--dose is 2 capsules | three times a day--8 am; noon; 4 pm | seizure control | yes |
| | | | | | | |
| | | | | | | |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|-------------------|---------------------------------|---|---|---|-----------|
| 5:00 pm | Kanemori, David | Active C | 500 mg/capsule--dose is 1 capsule | twice daily--before breakfast and before dinner | immune system support | no |
| 5:00 pm | Kanemori, David | All-In-One | 1 tablet | before breakfast and before dinner | multi-vitamin/mineral supplement | no |
| 5:00 pm | Kanemori, David | Cat's Claw | 500 mg/capsule--dose is 1 capsule | daily before dinner | prevents Lyme disease | no |
| 5:00 pm | Kanemori, David | Kidney Support | 1 capsule | daily before dinner | nutritional supplement to support kidney | no |
| 5:00 pm | Kanemori, David | Liver Support | 1 capsule | daily before dinner | nutritional supplement to support liver | no |
| 5:00 pm | Kanemori, David | Probiotic | 1 capsule | twice daily before breakfast and before dinner | nutritional supplement to promote intestinal health | no |
| 5:00 pm | Kanemori, David | TMG (Trimethyl Glycine) | 1 tablet | daily before dinner | metabolism support | no |
| 5:00 pm | Kanemori, David | Ultimate Fungal | 1 capsule before breakfast and 2 capsules before dinner | before breakfast and before dinner | nutritional supplement to control fungus in gut, helps eczema | no |
| 5:00 pm | Kanemori, David | Wobenzyme | 1 capsule | twice daily before breakfast and before dinner | nutritional supplement digestive enzyme | no |
| 5:00 pm | Mar, Jodi | Lamotrigine | 25 mg/chewable dispersible tablet--dose is 100 mg or 4 chewable dispersible tablets | twice daily--breakfast and dinner | seizure control | yes |
| 5:00 pm | Miyashiro, Cindy | Brimonidine 0.2% eye solution | 1 drop in each eye | twice daily | glaucoma treatment | yes |
| 5:00 pm | Miyashiro, Cindy | Carbamazepine ER (Carbatrol) | 220 mg/capslet--dose is 3 caplets | twice daily--8 am and 5 pm | anti-seizure | yes |
| 5:00 pm | Miyashiro, Cindy | Oyster Shell 500 Vitamin D3 200 | 1 tablet | three times daily-- 8 am, 5 pm, 9 pm | nutritional supplement | yes |
| 5:00 pm | Miyashiro, Cindy | Simvastatin | 20mg/tab--dose is 1 tablet | once daily in evening | cholesterol lowering agent | yes |
| 5:00 pm | Nishio, Marc | Lomotil--EVEN days | 2.5 mg/tab --dose is 1 tablet | three times daily | anti-diarrhea | yes |
| 5:00 pm | Ouye, Jamie | Calcium Gummies | 500 mg/tablet--dose is 1 tablet | twice daily before breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Ouye, Jamie | Vitamin C | 1000 mg/tablet--dose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Ouye, Jamie | Vitamin D Gummy | 1500 mg/tablet--dose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Ouye, Jamie | Women's Gummy Vitamin | 1 Gummy Vitamin | twice daily before breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Refuerzo, Melling | Buspirone | 10 mg--1 tablet | twice daily: 8 am and 5 pm | anti-anxiety | yes |
| 5:00 pm | Refuerzo, Melling | Metformin | 1000 mg--1 tablet | twice daily--8 am and 5 pm | controls high blood sugar | yes |
| | | | | | | |
| | | | | | | |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|---------------------|---|--|--|---|-----------|
| 6:00 pm | Chua, Hannah | Miralax | 1/2 capful | twice daily breakfast and dinner | prevent constipation | yes |
| 6:00 pm | Conville, Mariko | Kristalose | 20 mg/packet--dose is 1 packet | twice daily--breakfast and dinner | reduce constipation | yes |
| 6:00 pm | Gong, Richard | Bio-Kult probiotic | 1 capsule | twice daily --with breakfast and dinner meal | promotes healthy digestion and immune system | no |
| 6:00 pm | Gong, Richard | Integrative Nutrivitamin Enzyme Complex, without iron | 1 capsule | twice daily with morning meal and evening meal | multivitamin, general nutritional health supplement | no |
| 6:00 pm | Gong, Richard | Radiant Life Krill Extra | 1 capsule | twice daily with morning meal and dinner meal | Fish Oil nutritional supplement | no |
| 6:00 pm | Hata, Randall | Crestor | 20mg/tab--dose is 1 tablet | daily in pm. | cholesterol lowering agent | yes |
| 6:00 pm | Hata, Randall | Docusate Sodium | 250 mg/capsule--dose is 1 capsule | twice daily | stool softener | yes |
| 6:00 pm | Nakagaki, Christine | Miralax | 17 grams/packet--dose is 1 packet. Dissolve in 4-8 oz fluid. | Dinner on Sunday, Tuesday, Thursday only | constipation relief | yes |
| 6:00 pm | Narahara, Craig | Benztropine (Cogentin) | 1 mg/tab--dose is 1 tablet | twice daily--8 am and 6 pm | control drooling, salivation--anti-cholinergic agent | yes |
| 6:00 pm | Narahara, Craig | Divalproex | 500 mg/tablet--dose is 1 tablet | twice daily--8 am and 6 pm | seizure disorder | yes |
| 6:00 pm | Narahara, Craig | Fiber Pill | 625 mg/tablet--dose is 1 tablet | twice daily--8 am and 6 pm | promote bowel regularity | yes |
| 6:00 pm | Narahara, Craig | Oyster Calcium | 500 mg/tablet--dose is 1 tablet | twice daily -- 8 am and 6 pm | nutritional supplement | yes |
| 6:00 pm | Nishio, Marc | Calcium with Vitamin D | 500 mg/tablet--dose is 1 tablet | twice daily--breakfast and dinner | nutritional supplement | no |
| 6:00 pm | Peeler, Jennifer | Cephalexin Oral Suspension | 250 mg/5mls. dose is 5 mls or 1 tsp. | daily in evening | antibiotic for prevention of bladder infection | yes |
| 6:00 pm | Peeler, Jennifer | Escitalopram Oxalate (Lexapro) oral solution | 5 mg/5 mls. dose is 20 mls. | daily every evening | antidepressant;treatment for generalized anxiety disorder | yes |
| 6:00 pm | Peeler, Jennifer | Oxybutynin | 5 mg/tablet--dose is 1 tablet | twice daily--morning and evening | urinary antispasmodic | yes |
| 6:00 pm | Takamune, Lisa | L-Arginine | 500 mg/tab--dose is 2 capsules | daily after dinner | nutritional supplement for the heart | no |
| 6:00 pm | Wang, Rebecca | Areds 2 Eye Vitamin | 1 tablet | twice daily with morning meal and dinner meal | nutritional supplement for eyes | no |
| 6:00 pm | Wang, Rebecca | Citracal Calcium Citrate | 630 mg/tablet--dose is 1 tablet | once daily in the evening | nutritional supplement to promote bone health | no |
| 6:00 pm | Wang, Rebecca | Digestive Advantage | 1 gummy | once daily in the evening | nutritional supplement to promote digestive health | no |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|-------------------|------------------------------------|--|--------------------------------------|---|-----------|
| 6:00 pm | Wang, Rebecca | Vitamin B-12 | 1000 mg/tablet--dose is 1 tablet | once daily in the evening | nutritional supplement fort energy health | no |
| 6:00 pm | Wang, Rebecca | Vitamin C | 500 mg/tablet--dose is 1 tablet | once daily in the evening | nutritional supplement | no |
| | | | | | | |
| | | | | | | |
| 8:00 pm | Miyashiro, Cindy | Hydrocortisone cream | 1% cream--apply small amount to rash areas on back | twice daily--AM and bedtime | ant inflammation | no |
| 8:00 pm | Nishio, Marc | Montelukast (generic for Singular) | 10 mg/tab--1 tablet | once daily at bedtime | seasonal allergy control | yes |
| 8:00 pm | Nishio, Marc | Risperidone | 0.5 mg/tab---1 tablet | twice daily | control of stimulatory behaviors | yes |
| 8:00 pm | Refuerzo, Melling | Loratadine | 10 mg--1 tablet | daily in the evening--8 pm | relief of seasonal allergies | yes |
| 8:00 pm | Refuerzo, Melling | Risperidone PM dose | 2 mg--1 tablet | once daily in evening--8 pm | treatment of mental/mood disorder | yes |
| 8:00 pm | Refuerzo, Melling | Simvastatin | 20 mg--1 tablet | daily at bedtime--8 pm | cholesterol lowering agent | yes |
| 8:00 pm | Tani, Glenn Ricky | Celexa (Citalopram) | 40 mg/tablet--dose is 1 tablet | daily at bedtime | anti-anxiety--anti-depressant | yes |
| 8:00 pm | Tani, Glenn Ricky | Cogentin (Benztropine) | 1 mg/tab--dose is 1 tablet | daily at bedtime--8 pm | antiparkinsonian, anticholinergic, anti-agitation | yes |
| 8:00 pm | Tani, Glenn Ricky | Seroquel (Quetiapine Fumartate) | 300 mg/tab--dose is 1/2 tab or 150 mg | daily at bedtime--8 pm | anti-psychotic, anti-depressant, anti-anxiety | yes |
| 8:00 pm | Visitacion, Dana | Buspirone PM | 5 mg/tablet--dose is 1 tablet or 5 mg | daily at pm--one hour before bedtime | anti-anxiety | yes |
| 8:00 pm | Visitacion, Dana | Guanfacine | 1 mg/tab--dose is 1 tab | once daily in evening | anti-hypertensive | yes |
| 8:00 pm | Visitacion, Dana | Melatonin | 3 mg/1 tab and 5 mg/1 tab--dose is 1 tab of each for total of 8 mg total | once daily in the evening | promote sleep | yes |
| 8:00 pm | Visitacion, Dana | Nortriptyline | 10 mg/capsule. dose is 40 mg or 4 capsules | once daily in evening | anti-depressant and to promote sleep | yes |
| 8:00 pm | Visitacion, Dana | Theanine | 100 mg/tab--dose is 1 tab | once daily in evening | amino acid | yes |
| | | | | | | |
| | | | | | | |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|------------------|------------------------------------|---|---------------------------------------|--|-----------|
| 9:00 pm | Abasolo, Jerry | Vinegar--external use | soak Qtip and swab both ears up until line indicated on Qtip. | daily at bedtime | treatment for ear itch eczema | no |
| 9:00 pm | Abasolo, Jerry | Allerclear Loratadine | 10mg/tab--dose is 1 tablet | daily at bedtime | allergy relief, antihistamine, itchy or allergic skin reaction | yes |
| 9:00 pm | Abasolo, Jerry | Atenolol | 25 mg/tab--dose is 1 tab | twice daily | anti-hypertensive | yes |
| 9:00 pm | Abasolo, Jerry | Hydrocodone/Acetaminophen -BEDTIME | 5/325 mg/tab--dose is 2 TABLETS | daily at bedtime | pain relief | yes |
| 9:00 pm | Abasolo, Jerry | Lamictal Bedtime | 200 mg/tab--dose is 3 tablets | daily at bedtime--9 pm | seizure control | yes |
| 9:00 pm | Abasolo, Jerry | Zonegran (Zonisamide) Bedtime | 100 mg/cap--dose is 3 capsules | daily at bedtime--9 pm | seizure control | yes |
| 9:00 pm | Chen, Jonathan | Gabapentin | 400 mg/capsule--dose is 1 capsule | three times per day--8 am; 2 pm; 9 pm | relief of neuropathic pain | yes |
| 9:00 pm | Conville, Mariko | Latuda | 20 mg/tab--dose is 2 tablets | daily at bedtime | relief of Kleefstra behavioral symptoms; anti-psychotic | yes |
| 9:00 pm | Conville, Mariko | Lorazepam BEDTIME | 1 mg/tab--dose is 1 tablet | daily at bedtime | anti-anxiety | yes |
| 9:00 pm | Conville, Mariko | Myrbetriq | 50 mg/tab--dose is 1 tablet | daily at bedtime | bladder antispasmodic | yes |
| 9:00 pm | Conville, Mariko | Trader Joe's OTC Folic Acid/B6/B12 | 1 tablet | daily at bedtime | nutritional supplement | yes |
| 9:00 pm | Hata, Randall | Aquaphor spray | spray to affected areas on arms and legs | daily after showering | prevent skin dryness | no |
| 9:00 pm | Miyashiro, Cindy | Chlorhexidine 0.12% mouth rinse | 1/2 oz undiluted rinse in mouth | once daily at bedtime | treatment for gum disease | no |
| 9:00 pm | Miyashiro, Cindy | Triamcinolone 0.5% | apply small amount to affected area | twice daily--AM and bedtime | steroid cream | no |
| 9:00 pm | Miyashiro, Cindy | Vitamin E cream | apply to affectd areas of skin rash to back of legs | daily at bedtime | promotes skin health | no |
| 9:00 pm | Miyashiro, Cindy | Citalopram HBR (Celexa) | 40 mg/tablet--dose is 1 tablet | daily at bedtime--9 pm | antidepressant | yes |
| 9:00 pm | Miyashiro, Cindy | Latanoprost | 0.005%--dose is 1 drop in each eye | daily at bedtime--9 pm | glaucoma treatment | yes |
| 9:00 pm | Miyashiro, Cindy | Oyster Shell 500 Vitamin D3 200 | 1 tablet | three times daily-- 8 am, 5 pm, 9 pm | nutritional supplement | yes |
| 9:00 pm | Miyashiro, Cindy | Risperidone HS dose 0.5 mg tab | 0.5 mg/tab---1 tablet | daily at 9 pm | mood stabilizer--anti-psychotic | yes |
| 9:00 pm | Miyashiro, Cindy | Risperidone HS dose 1 mg tablet | 1 mg/tablet--dose is 1 tablet | daily at bedtime--9 pm | mood stabilizer, anti-psychotic | yes |
| 9:00 pm | Narahara, Craig | Gemfibrozil (Lopid) | 600 mg/tablet--dose is 1 tablet | daily at bedtime--9 pm | cholesterol control | yes |
| 9:00 pm | Narahara, Craig | Levitiracetam (Keppra) | 750 mg/tablet--dose is 1 tablet | three times per day--8 am; 2 pm; 9 pm | seizure control | yes |
| 9:00 pm | Takamune, Lisa | Zioptan | one drop both eyes | daily at bedtime | glaucoma treatment | yes |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|-------------------|--------------------------------|---|---|--|-----------|
| 9:00 pm | Verzani, Amanda | Baclofen | 10 mg/tab --dose is 2 tablets | daily at bedtime--9 pm | anti-spasticity | yes |
| 9:00 pm | Verzani, Amanda | Trileptal(Oxcarbazepine)HS | 300 mg/tab-dose is 2 tabs at bedtime | daily at bedtime--9 pm | anti-seizure | yes |
| | | | | | | |
| | | | | | | |
| as needed | Eugenio, Benjamin | Xyzal | 5 mg/tab--dose is 1 tablet | as needed for allergy symptoms at bedtime, if needed | treatment for sinus allergies | yes |
| as needed | Gong, Richard | Diphenhydramine | 1-2 capsules as needed for above symptoms | as needed every 4 hrs if needed; do not exceed 6 doses in 24 hrs. | allergy relief, antihistamine, itchy or allergic skin reaction | yes |
| as needed | Hata, Randall | Refresh eye drops | 1 drop in each eye | as needed for eye dryness | eye lubrication to prevent dryness | no |
| as needed | Hata, Randall | Fluticasone 50 mcg Nasal Spray | 1 puff each nostril | as needed for sinus congestion | relief of nasal congestion | yes |
| as needed | Kanazawa, Curtis | Chlorpheniramine | 4 mg--1 tablet | as needed every 4 hrs for allergy symptoms--1 tablet | seasonal allergies | yes |
| as needed | Kanemori, David | Calendula | apply small amount to affected areas | as needed for scrapes and cuts | homeopathic ointment for healing scrapes and cuts | no |
| as needed | Nishio, Marc | Lomotil | 2.5 mg/tab --dose is 1 tablet | AS NEEDED FOR DIARRHEA--AN ADDITIONAL 1 TABLET PER DAY | control diarrhea | yes |
| as needed | Verzani, Amanda | Neosporin | as needed to cover cuts or scarpes | as needed for cuts and scrapes | topical antibiotic ointment | no |
| as needed | Visitacion, Dana | Benadryl | 25 mg/tab--dose is 2 tabs or 50 mg | as needed for seasonal allergy symptoms | seasonal allergies/common cold symptoms | yes |
| as needed | Visitacion, Dana | Ibuprofen | 200 mg/tab--dose is 1 tab | as needed for headache or mild pain--1 tab every 4 hrs if needed | relief of headache or mild pain | yes |
| | | | | | | |
| | | | | | | |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|------------------|---------------------------|---|---|--|-----------|
| 8:00 am | Abasolo, Jerry | Atenolol | 25 mg/tab--dose is 1 tab | twice daily | anti-hypertensive | yes |
| 8:00 am | Abasolo, Jerry | CVS Stool softener | 250 mg/capsule--dose is 1 capsule | twice daily | stool softener | yes |
| 8:00 am | Abasolo, Jerry | Hydrocodone (Norco) | 5/325 mg/1 tablet--dose is 1 tablet | three times daily--8 am; noon; 4 pm | relief of pain | yes |
| 8:00 am | Abasolo, Jerry | Lamictal (Lamotrigine) | 200 mg/tab--dose is 2 tablets | three times daily--8 am; noon; 4 pm | seizure control | yes |
| 8:00 am | Abasolo, Jerry | Potassium Citrate ER | 10 meq/tab--dose is 1 tablet | three times a day | prevent kidney stones | yes |
| 8:00 am | Abasolo, Jerry | Pravastatin | 20 mg/tab--dose is 1 tablet | daily in am | cholesterol lowering agent | yes |
| 8:00 am | Abasolo, Jerry | Zonegran (Zonisamide) cap | 100 mg/capsule--dose is 2 capsules | three times a day--8 am; noon; 4 pm | seizure control | yes |
| 8:00 am | Chen, Jonathan | Gabapentin | 400 mg/capsule--dose is 1 capsule | three times per day--8 am; 2 pm; 9 pm | relief of neuropathic pain | yes |
| 8:00 am | Conville, Mariko | Cytomel | 5 mcg/tablet--dose is 2 tablets | daily in morning | Treatment for Hashimoto's hypothyroiditis | yes |
| 8:00 am | Conville, Mariko | Kristalose | 20 mg/packet--dose is 1 packet | twice daily--breakfast and dinner | reduce constipation | yes |
| 8:00 am | Conville, Mariko | Lorazepam (Ativan) AM | 1 mg/tablet--dose is 3 tablets | daily in AM | anti anxiety | yes |
| 8:00 am | Conville, Mariko | Synthroid | 88 mcg/tablet --dose is 1 tablet | daily in am on MWTHSAT | Hashimoto's hypothyroiditis--thyroid hormone replacement | yes |
| 8:00 am | Kanemori, David | Active C | 500 mg/capsule--dose is 1 capsule | twice daily--before breakfast and before dinner | immune system support | no |
| 8:00 am | Kanemori, David | All-In-One | 1 tablet | before breakfast and before dinner | multi-vitamin/mineral supplement | no |
| 8:00 am | Kanemori, David | Benfotiamine | 250 mg/capsule--dose is 1 capsule | daily before breakfast | protection from high blood sugar | no |
| 8:00 am | Kanemori, David | Fola Pro | 800 mcg/capsule--dose is 1 capsule | daily before breakfast | methylated folic acid supplement | no |
| 8:00 am | Kanemori, David | Magnesium Glycinate | 400 mg/capsule--doae is 1 capsule | daily before breakfast | nutritional supplement to balance glutamate, aids muscle flexibility, calming effect | no |
| 8:00 am | Kanemori, David | Pantothenic Acid | 500 mg/tablet--dose is 1 tablet | daily before breakfast | nutritional supplement to prevent allergies | no |
| 8:00 am | Kanemori, David | Probiotic | 1 capsule | twice daily before breakfast and before dinner | nutritional supplement to promote intestinal health | no |
| 8:00 am | Kanemori, David | Ultimate Fungal | 1 capsule before breakfast and 2 capsules before dinner | before breakfast and before dinner | nutritional supplement to control fungus in gut, helps eczema | no |
| 8:00 am | Kanemori, David | Vitamin D3 | 1 capsule | daily before breakfast | 5000 IU/capsule--dose is 1 capsule | no |
| 8:00 am | Kanemori, David | Wobenzyme | 1 capsule | twice daily before breakfast and before dinnner | nutritional supplement digestive enzyme | no |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|-------------------|---------------------------------|---|---|--|-----------|
| 8:00 am | Mar, Jodi | Lamotrigine | 25 mg/chewable dispersible tablet--dose is 100 mg or 4 chewable dispersible tablets | twice daily--breakfast and dinner | seizure control | yes |
| 8:00 am | Mar, Jodi | Levothyroxine | 50 mcg--1 tablet | daily in the morning | thyroid hormone replacement | yes |
| 8:00 am | Miyashiro, Cindy | Hydrocortisone cream | 1% cream--apply small amount to rash areas on back | twice daily--AM and bedtime | ant inflammation | no |
| 8:00 am | Miyashiro, Cindy | Triamcinolone 0.5% | apply small amount to affected area | twice daily--AM and bedtime | steroid cream | no |
| 8:00 am | Miyashiro, Cindy | Brimonidine 0.2% eye solution | 1 drop in each eye | twice daily | glaucoma treatment | yes |
| 8:00 am | Miyashiro, Cindy | Carbamazepine ER (Carbatrol) | 220 mg/capslet--dose is 3 caplets | twice daily--8 am and 5 pm | anti-seizure | yes |
| 8:00 am | Miyashiro, Cindy | Oyster Shell 500 Vitamin D3 200 | 1 tablet | three times daily-- 8 am, 5 pm, 9 pm | nutritional supplement | yes |
| 8:00 am | Miyashiro, Cindy | RisperidoneAM | 2 mg/tablet--dose is 1 tablet | daily in AM | mood stabilizer--anti-psychotic | yes |
| 8:00 am | Miyashiro, Cindy | Thera-M | 1 tablet | daily in am | nutritional supplement | yes |
| 8:00 am | Narahara, Craig | Benzotropine (Cogentin) | 1 mg/tab--dose is 1 tablet | twice daily--8 am and 6 pm | control drooling, salivation--anti-cholinergic agent | yes |
| 8:00 am | Narahara, Craig | Divalproex | 500 mg/tablet--dose is 1 tablet | twice daily--8 am and 6 pm | seizure disorder | yes |
| 8:00 am | Narahara, Craig | Fiber Pill | 625 mg/tablet--dose is 1 tablet | twice daily--8 am and 6 pm | promote bowel regularity | yes |
| 8:00 am | Narahara, Craig | Levitiracetam (Keppra) | 750 mg/tablet--dose is 1 tablet | three times per day--8 am; 2 pm; 9 pm | seizure control | yes |
| 8:00 am | Narahara, Craig | Oyster Calcium | 500 mg/tablet--dose is 1 tablet | twice daily -- 8 am and 6 pm | nutritional supplement | yes |
| 8:00 am | Narahara, Craig | Vitamin D3 | 2000 IU/tablet--dose is 1 tablet | once daily in am | nutritional supplement | yes |
| 8:00 am | Nishio, Marc | Lomotil --ODD Days | 2.5 mg/tab --dose is 1 tablet | twice daily | anti-diarrhea | yes |
| 8:00 am | Nishio, Marc | Omeprazole | 20 mg/capsule--dose is 1 capsule | daily in am | control heartburn | yes |
| 8:00 am | Nishio, Marc | Risperidone | 0.5 mg/tab---1 tablet | twice daily | control of stimulatory behaviors | yes |
| 8:00 am | Ouye, Jamie | Calcium Gummies | 500 mg/tablet--dose is 1 tablet | twice daily before breakfast and dinner | nutritional supplement | no |
| 8:00 am | Ouye, Jamie | Vitamin C | 1000 mg/tablet--dose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 8:00 am | Ouye, Jamie | Vitamin D Gummy | 1500 mg/tablet--dose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 8:00 am | Ouye, Jamie | Women's Gummy Vitamin | 1 Gummy Vitamin | twice daily before breakfast and dinner | nutritional supplement | no |
| 8:00 am | Refuerzo, Melling | Buspirone | 10 mg--1 tablet | twice daily: 8 am and 5 pm | anti-anxiety | yes |
| 8:00 am | Refuerzo, Melling | Citalopram HBR (Celexa) | 40 mg--1 tablet | once daily--8 am | anti-depressant | yes |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|-------------------|--------------------------------------|---|---|-----------------------------------|-----------|
| 8:00 am | Refuerzo, Melling | Lisinopril | 10 mg--1 tablet | daily in the morning--8 am | treat high blood pressure | yes |
| 8:00 am | Refuerzo, Melling | Metformin | 1000 mg--1 tablet | twice daily--8 am and 5 pm | controls high blood sugar | yes |
| 8:00 am | Refuerzo, Melling | RisperidoneAM | 1 mg--1 tablet | once daily--8 am | treatment of mental/mood disorder | yes |
| 8:00 am | Verzani, Amanda | Trileptal (Oxcarbazepine)AM | 300 mg/tablet dose is 450 mg--1.5 tablets | daily in AM | anti-seizure | yes |
| 8:00 am | Visitacion, Dana | Buspirone AM | 5 mg/tab--dose is 3 tabs or 15 mg | daily in AM. (there is a different dose in PM) | anti-anxiety | yes |
| 8:00 am | Visitacion, Dana | Claritin (Non-Drowsy Allergy Relief) | 10mg--1 tablet | once daily in am | seasonal allergies | yes |
| 8:00 am | Visitacion, Dana | Fluvoxamine Maleate | 50mg/tab--dose is 100 mg or 2 tabs | once daily in morning | antidepressant | yes |
| 8:00 am | Visitacion, Dana | Jolessa | 0.15-0.03 mg/1 tab dose is 1 tab | once daily in morning | regulate menstrual cycles | yes |
| | | | | | | |
| | | | | | | |

2019-06-01,10:00am(PDT)

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|---------------------|---|------------------------------------|--|---|-----------|
| 9:00 am | Chien, Stephen | Valsartan | 160 mg/tab--dose is 1 tablet | once daily after breakfast | anti-hypertensive | yes |
| 9:00 am | Chua, Hannah | Levonorgestrel/estradiol | 0.15-0.03 mg/1 tab dose is 1 tab | daily in AM | to control menses | yes |
| 9:00 am | Chua, Hannah | Miralax | 1/2 capful | twice daily breakfast and dinner | prevent constipation | yes |
| 9:00 am | Chua, Hannah | Vitamin D3 | 2000 IU/capsule--dose is 1 capsule | once daily at breakfast | nutritional supplement | yes |
| 9:00 am | Gong, Richard | Bio-Kult probiotic | 1 capsule | twice daily --with breakfast and dinner meal | promotes healthy digestion and immune system | no |
| 9:00 am | Gong, Richard | Integrative Nutrivitamin Enzyme Complex, without iron | 1 capsule | twice daily with morning meal and evening meal | multivitamin, general nutritional health supplement | no |
| 9:00 am | Gong, Richard | Radiant Life Krill Extra | 1 capsule | twice daily with morning meal and dinner meal | Fish Oil nutritional supplement | no |
| 9:00 am | Hata, Randall | Fish Oil | 1000 mg/capsule--dose is 1 capsule | once daily in am | nutritional supplement | no |
| 9:00 am | Hata, Randall | Multi- Vitamin | 1 tablet | daily in AM | nutritional supplement | no |
| 9:00 am | Hata, Randall | Vitamin C | 500 mg/tablet--dose is 1 tablet | once daily in am | nutritional supplement | no |
| 9:00 am | Hata, Randall | Docusate Sodium | 250 mg/capsule--dose is 1 capsule | twice daily | stool softener | yes |
| 9:00 am | Mar, Jodi | Fish Oil | one gummy-- 500 mg | once daily in the morning or at breakfast | nutritional supplement to reduce triglycerides | no |
| 9:00 am | Mar, Jodi | Multi-vites Gummy Vitamin | 2 adult multivitamin gummies | once daily at breakfast | nutritional supplement | no |
| 9:00 am | Mock, Vanessa | Vitafusion Calcium | 500 mg--2 gummies | once daily at breakfast | nutritional supplement | no |
| 9:00 am | Mock, Vanessa | Vitafusion MultiVites Gummy vitamins | 2 tummies | once daily at breakfast | nutritional supplement | no |
| 9:00 am | Nagao, Lacey | One A Day Multivitamin for Women | 1 tablet | daily at breakfast | nutritional supplement | no |
| 9:00 am | Nagao, Lacey | Vitamin D3 | 1 soft gel | daily at breakfast | nutritional supplement | no |
| 9:00 am | Nakagaki, Christine | Adult Multivitamin Gummies | 2 gummies | once daily at breakfast | nutritional supplement | no |
| 9:00 am | Nakagaki, Christine | Claritin Reditabs | 10 mg/tablet--dose is 1 tablet | once daily at breakfast | control of seasonal allergies | yes |
| 9:00 am | Nishio, Marc | Calcium with Vitamin D | 500 mg/tablet--dose is 1 tablet | twice daily--breakfast and dinner | nutritional supplement | no |
| 9:00 am | Nishio, Marc | Vitamin D3 | 1000IU/capsule--dose is 1 capsule | daily | nutritional supplement | no |
| 9:00 am | Peeler, Jennifer | amphetamine salts | 5 mg/tab--dose is 3 tabs or 15 mg | twice daily breakfast and lunchtime | treatment for ADHD | yes |
| 9:00 am | Peeler, Jennifer | Oxybutynin | 5 mg/tablet--dose is 1 tablet | twice daily--morning and evening | urinary antispasmodic | yes |
| 9:00 am | Takamune, Lisa | Vitamin B-12 | 500 mg/tablet--dose is 1 tablet | daily after breakfast | nutritional supplement | no |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|------------------|----------------------------------|-------------------------------------|---|--|-----------|
| 9:00 am | Takamune, Lisa | Vitamin C | 500 mg/tablet--dose is 1 tablet | daily after breakfast | nutritional supplement | no |
| 9:00 am | Takamune, Lisa | Clopidogrel | 75 mg/tablet--dose is 1 tablet | daily in AM | anti platelet action; promotes heart and blood circulation | yes |
| 9:00 am | Visitacion, Dana | Multi- Vitamin | 1 tablet | once daily in morning | nutritional supplement | no |
| 9:00 am | Visitacion, Dana | Vitamin C | 1000 mg/tab--dose is 1 tablet | once daily in morning | nutritional supplement | no |
| 9:00 am | Wang, Rebecca | Areds 2 Eye Vitamin | 1 tablet | twice daily with morning meal and dinner meal | nutritional supplement for eyes | no |
| 9:00 am | Wang, Rebecca | Calcium Gummies | 1 gummy | daily in the morning | nutritional supplement to promote bone health | no |
| 9:00 am | Wang, Rebecca | Flax Seed Oil | 1400 mg/tablet dose is 1 tablet | daily in the morning | nutritional supplement for heart health | no |
| 9:00 am | Wang, Rebecca | Move Free | 1 tablet | once daily in the morning | nutritional supplement to promote joint health | no |
| 9:00 am | Wang, Rebecca | One a Day for Women | 1 tablet | once daily in the morning | nutritional supplement multivitamin | no |
| 9:00 am | Wang, Rebecca | Vitamin D3 | 2000 IU/tablet--dose is 1 tablet | once daily in the morning | nutritional supplement | no |
| | | | | | | |
| | | | | | | |
| 12:00 noon | Abasolo, Jerry | Hydrocodone (Norco) | 5/325 mg/1 tablet--dose is 1 tablet | three times daily--8 am; noon; 4 pm | relief of pain | yes |
| 12:00 noon | Abasolo, Jerry | Lamictal (Lamotrigine) | 200 mg/tab--dose is 2 tablets | three times daily--8 am; noon; 4 pm | seizure control | yes |
| 12:00 noon | Abasolo, Jerry | Oyster, Calcium and D supplement | 500/200mg/tab--dose is 1 tablet | daily at noon | nutritional supplement | yes |
| 12:00 noon | Abasolo, Jerry | Potassium Citrate ER | 10 meq/tab--dose is 1 tablet | three times a day | prevent kidney stones | yes |
| 12:00 noon | Abasolo, Jerry | Zonegran (Zonisamide) cap | 100 mg/capsule--dose is 2 capsules | three times a day--8 am; noon; 4 pm | seizure control | yes |
| 12:00 noon | Peeler, Jennifer | amphetamine salts | 5 mg/tab--dose is 3 tabs or 15 mg | twice daily breakfast and lunchtime | treatment for ADHD | yes |
| | | | | | | |
| | | | | | | |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|-----------------|---------------------------|-------------------------------------|---------------------------------------|----------------------------|-----------|
| 2:00 pm | Chen, Jonathan | Gabapentin | 400 mg/capsule--dose is 1 capsule | three times per day--8 am; 2 pm; 9 pm | relief of neuropathic pain | yes |
| 2:00 pm | Narahara, Craig | Levitiracetam (Keppra) | 750 mg/tablet--dose is 1 tablet | three times per day--8 am; 2 pm; 9 pm | seizure control | yes |
| | | | | | | |
| | | | | | | |
| 4:00 pm | Abasolo, Jerry | CVS Stool softener | 250 mg/capsule--dose is 1 capsule | twice daily | stool softener | yes |
| 4:00 pm | Abasolo, Jerry | Hydrocodone (Norco) | 5/325 mg/1 tablet--dose is 1 tablet | three times daily--8 am; noon; 4 pm | relief of pain | yes |
| 4:00 pm | Abasolo, Jerry | Lamictal (Lamotrigine) | 200 mg/tab--dose is 2 tablets | three times daily--8 am; noon; 4 pm | seizure control | yes |
| 4:00 pm | Abasolo, Jerry | Potassium Citrate ER | 10 meq/tab--dose is 1 tablet | three times a day | prevent kidney stones | yes |
| 4:00 pm | Abasolo, Jerry | Zonegran (Zonisamide) cap | 100 mg/capsule--dose is 2 capsules | three times a day--8 am; noon; 4 pm | seizure control | yes |
| | | | | | | |
| | | | | | | |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|-------------------|---------------------------------|---|---|---|-----------|
| 5:00 pm | Kanemori, David | Active C | 500 mg/capsule--dose is 1 capsule | twice daily--before breakfast and before dinner | immune system support | no |
| 5:00 pm | Kanemori, David | All-In-One | 1 tablet | before breakfast and before dinner | multi-vitamin/mineral supplement | no |
| 5:00 pm | Kanemori, David | Cat's Claw | 500 mg/capsule--dose is 1 capsule | daily before dinner | prevents Lyme disease | no |
| 5:00 pm | Kanemori, David | Kidney Support | 1 capsule | daily before dinner | nutritional supplement to support kidney | no |
| 5:00 pm | Kanemori, David | Liver Support | 1 capsule | daily before dinner | nutritional supplement to support liver | no |
| 5:00 pm | Kanemori, David | Probiotic | 1 capsule | twice daily before breakfast and before dinner | nutritional supplement to promote intestinal health | no |
| 5:00 pm | Kanemori, David | TMG (Trimethyl Glycine) | 1 tablet | daily before dinner | metabolism support | no |
| 5:00 pm | Kanemori, David | Ultimate Fungal | 1 capsule before breakfast and 2 capsules before dinner | before breakfast and before dinner | nutritional supplement to control fungus in gut, helps eczema | no |
| 5:00 pm | Kanemori, David | Wobenzyme | 1 capsule | twice daily before breakfast and before dinner | nutritional supplement digestive enzyme | no |
| 5:00 pm | Mar, Jodi | Lamotrigine | 25 mg/chewable dispersible tablet--dose is 100 mg or 4 chewable dispersible tablets | twice daily--breakfast and dinner | seizure control | yes |
| 5:00 pm | Miyashiro, Cindy | Brimonidine 0.2% eye solution | 1 drop in each eye | twice daily | glaucoma treatment | yes |
| 5:00 pm | Miyashiro, Cindy | Carbamazepine ER (Carbatrol) | 220 mg/capslet--dose is 3 caplets | twice daily--8 am and 5 pm | anti-seizure | yes |
| 5:00 pm | Miyashiro, Cindy | Oyster Shell 500 Vitamin D3 200 | 1 tablet | three times daily-- 8 am, 5 pm, 9 pm | nutritional supplement | yes |
| 5:00 pm | Miyashiro, Cindy | Simvastatin | 20mg/tab--dose is 1 tablet | once daily in evening | cholesterol lowering agent | yes |
| 5:00 pm | Nishio, Marc | Lomotil --ODD Days | 2.5 mg/tab --dose is 1 tablet | twice daily | anti-diarrhea | yes |
| 5:00 pm | Ouye, Jamie | Calcium Gummies | 500 mg/tablet--dose is 1 tablet | twice daily before breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Ouye, Jamie | Vitamin C | 1000 mg/tablet--dose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Ouye, Jamie | Vitamin D Gummy | 1500 mg/tablet--dose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Ouye, Jamie | Women's Gummy Vitamin | 1 Gummy Vitamin | twice daily before breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Refuerzo, Melling | Buspirone | 10 mg--1 tablet | twice daily: 8 am and 5 pm | anti-anxiety | yes |
| 5:00 pm | Refuerzo, Melling | Metformin | 1000 mg--1 tablet | twice daily--8 am and 5 pm | controls high blood sugar | yes |
| | | | | | | |
| | | | | | | |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|------------------|---|--------------------------------------|--|---|-----------|
| 6:00 pm | Chua, Hannah | Miralax | 1/2 capful | twice daily breakfast and dinner | prevent constipation | yes |
| 6:00 pm | Conville, Mariko | Kristalose | 20 mg/packet--dose is 1 packet | twice daily--breakfast and dinner | reduce constipation | yes |
| 6:00 pm | Gong, Richard | Bio-Kult probiotic | 1 capsule | twice daily --with breakfast and dinner meal | promotes healthy digestion and immune system | no |
| 6:00 pm | Gong, Richard | Integrative Nutrivitamin Enzyme Complex, without iron | 1 capsule | twice daily with morning meal and evening meal | multivitamin, general nutritional health supplement | no |
| 6:00 pm | Gong, Richard | Radiant Life Krill Extra | 1 capsule | twice daily with morning meal and dinner meal | Fish Oil nutritional supplement | no |
| 6:00 pm | Hata, Randall | Crestor | 20mg/tab--dose is 1 tablet | daily in pm. | cholesterol lowering agent | yes |
| 6:00 pm | Hata, Randall | Docusate Sodium | 250 mg/capsule--dose is 1 capsule | twice daily | stool softener | yes |
| 6:00 pm | Narahara, Craig | Benztropine (Cogentin) | 1 mg/tab--dose is 1 tablet | twice daily--8 am and 6 pm | control drooling, salivation--anti-cholinergic agent | yes |
| 6:00 pm | Narahara, Craig | Divalproex | 500 mg/tablet--dose is 1 tablet | twice daily--8 am and 6 pm | seizure disorder | yes |
| 6:00 pm | Narahara, Craig | Fiber Pill | 625 mg/tablet--dose is 1 tablet | twice daily--8 am and 6 pm | promote bowel regularity | yes |
| 6:00 pm | Narahara, Craig | Oyster Calcium | 500 mg/tablet--dose is 1 tablet | twice daily -- 8 am and 6 pm | nutritional supplement | yes |
| 6:00 pm | Nishio, Marc | Calcium with Vitamin D | 500 mg/tablet--dose is 1 tablet | twice daily--breakfast and dinner | nutritional supplement | no |
| 6:00 pm | Peeler, Jennifer | Cephalexin Oral Suspension | 250 mg/5mls. dose is 5 mls or 1 tsp. | daily in evening | antibiotic for prevention of bladder infection | yes |
| 6:00 pm | Peeler, Jennifer | Escitalopram Oxalate (Lexapro) oral solution | 5 mg/5 mls. dose is 20 mls. | daily every evening | antidepressant;treatment for generalized anxiety disorder | yes |
| 6:00 pm | Peeler, Jennifer | Oxybutynin | 5 mg/tablet--dose is 1 tablet | twice daily--morning and evening | urinary antispasmodic | yes |
| 6:00 pm | Takamune, Lisa | L-Arginine | 500 mg/tab--dose is 2 capsules | daily after dinner | nutritional supplement for the heart | no |
| 6:00 pm | Wang, Rebecca | Areds 2 Eye Vitamin | 1 tablet | twice daily with morning meal and dinner meal | nutritional supplement for eyes | no |
| 6:00 pm | Wang, Rebecca | Citracal Calcium Citrate | 630 mg/tablet--dose is 1 tablet | once daily in the evening | nutritional supplement to promote bone health | no |
| 6:00 pm | Wang, Rebecca | Digestive Advantage | 1 gummy | once daily in the evening | nutritional supplement to promote digestive health | no |
| 6:00 pm | Wang, Rebecca | Vitamin B-12 | 1000 mg/tablet--dose is 1 tablet | once daily in the evening | nutritional supplement fort energy health | no |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|-------------------|------------------------------------|--|--------------------------------------|---|-----------|
| 6:00 pm | Wang, Rebecca | Vitamin C | 500 mg/tablet--dose is 1 tablet | once daily in the evening | nutritional supplement | no |
| | | | | | | |
| | | | | | | |
| 8:00 pm | Miyashiro, Cindy | Hydrocortisone cream | 1% cream--apply small amount to rash areas on back | twice daily--AM and bedtime | ant inflammation | no |
| 8:00 pm | Nishio, Marc | Montelukast (generic for Singular) | 10 mg/tab--1 tablet | once daily at bedtime | seasonal allergy control | yes |
| 8:00 pm | Nishio, Marc | Risperidone | 0.5 mg/tab---1 tablet | twice daily | control of stimulatory behaviors | yes |
| 8:00 pm | Refuerzo, Melling | Loratadine | 10 mg--1 tablet | daily in the evening--8 pm | relief of seasonal allergies | yes |
| 8:00 pm | Refuerzo, Melling | Risperidone PM dose | 2 mg--1 tablet | once daily in evening--8 pm | treatment of mental/mood disorder | yes |
| 8:00 pm | Refuerzo, Melling | Simvastatin | 20 mg--1 tablet | daily at bedtime--8 pm | cholesterol lowering agent | yes |
| 8:00 pm | Tani, Glenn Ricky | Celexa (Citalopram) | 40 mg/tablet--dose is 1 tablet | daily at bedtime | anti-anxiety--anti-depressant | yes |
| 8:00 pm | Tani, Glenn Ricky | Cogentin (Benztropine) | 1 mg/tab--dose is 1 tablet | daily at bedtime--8 pm | antiparkinsonian, anticholinergic, anti-agitation | yes |
| 8:00 pm | Tani, Glenn Ricky | Seroquel (Quetiapine Fumartate) | 300 mg/tab--dose is 1/2 tab or 150 mg | daily at bedtime--8 pm | anti-psychotic, anti-depressant, anti-anxiety | yes |
| 8:00 pm | Visitacion, Dana | Buspirone PM | 5 mg/tablet--dose is 1 tablet or 5 mg | daily at pm--one hour before bedtime | anti-anxiety | yes |
| 8:00 pm | Visitacion, Dana | Guanfacine | 1 mg/tab--dose is 1 tab | once daily in evening | anti-hypertensive | yes |
| 8:00 pm | Visitacion, Dana | Melatonin | 3 mg/1 tab and 5 mg/1 tab--dose is 1 tab of each for total of 8 mg total | once daily in the evening | promote sleep | yes |
| 8:00 pm | Visitacion, Dana | Nortriptyline | 10 mg/capsule. dose is 40 mg or 4 capsules | once daily in evening | anti-depressant and to promote sleep | yes |
| 8:00 pm | Visitacion, Dana | Theanine | 100 mg/tab--dose is 1 tab | once daily in evening | amino acid | yes |
| | | | | | | |
| | | | | | | |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|------------------|------------------------------------|---|---------------------------------------|--|-----------|
| 9:00 pm | Abasolo, Jerry | Vinegar--external use | soak Qtip and swab both ears up until line indicated on Qtip. | daily at bedtime | treatment for ear itch eczema | no |
| 9:00 pm | Abasolo, Jerry | Allerclear Loratadine | 10mg/tab--dose is 1 tablet | daily at bedtime | allergy relief, antihistamine, itchy or allergic skin reaction | yes |
| 9:00 pm | Abasolo, Jerry | Atenolol | 25 mg/tab--dose is 1 tab | twice daily | anti-hypertensive | yes |
| 9:00 pm | Abasolo, Jerry | Hydrocodone/Acetaminophen -BEDTIME | 5/325 mg/tab--dose is 2 TABLETS | daily at bedtime | pain relief | yes |
| 9:00 pm | Abasolo, Jerry | Lamictal Bedtime | 200 mg/tab--dose is 3 tablets | daily at bedtime--9 pm | seizure control | yes |
| 9:00 pm | Abasolo, Jerry | Zonegran (Zonisamide) Bedtime | 100 mg/cap--dose is 3 capsules | daily at bedtime--9 pm | seizure control | yes |
| 9:00 pm | Chen, Jonathan | Gabapentin | 400 mg/capsule--dose is 1 capsule | three times per day--8 am; 2 pm; 9 pm | relief of neuropathic pain | yes |
| 9:00 pm | Conville, Mariko | Latuda | 20 mg/tab--dose is 2 tablets | daily at bedtime | relief of Kleefstra behavioral symptoms; anti-psychotic | yes |
| 9:00 pm | Conville, Mariko | Lorazepam BEDTIME | 1 mg/tab--dose is 1 tablet | daily at bedtime | anti-anxiety | yes |
| 9:00 pm | Conville, Mariko | Myrbetriq | 50 mg/tab--dose is 1 tablet | daily at bedtime | bladder antispasmodic | yes |
| 9:00 pm | Conville, Mariko | Trader Joe's OTC Folic Acid/B6/B12 | 1 tablet | daily at bedtime | nutritional supplement | yes |
| 9:00 pm | Hata, Randall | Aquaphor spray | spray to affected areas on arms and legs | daily after showering | prevent skin dryness | no |
| 9:00 pm | Miyashiro, Cindy | Chlorhexidine 0.12% mouth rinse | 1/2 oz undiluted rinse in mouth | once daily at bedtime | treatment for gum disease | no |
| 9:00 pm | Miyashiro, Cindy | Triamcinolone 0.5% | apply small amount to affected area | twice daily--AM and bedtime | steroid cream | no |
| 9:00 pm | Miyashiro, Cindy | Vitamin E cream | apply to affectd areas of skin rash to back of legs | daily at bedtime | promotes skin health | no |
| 9:00 pm | Miyashiro, Cindy | Citalopram HBR (Celexa) | 40 mg/tablet--dose is 1 tablet | daily at bedtime--9 pm | antidepressant | yes |
| 9:00 pm | Miyashiro, Cindy | Latanoprost | 0.005%--dose is 1 drop in each eye | daily at bedtime--9 pm | glaucoma treatment | yes |
| 9:00 pm | Miyashiro, Cindy | Oyster Shell 500 Vitamin D3 200 | 1 tablet | three times daily-- 8 am, 5 pm, 9 pm | nutritional supplement | yes |
| 9:00 pm | Miyashiro, Cindy | Risperidone HS dose 0.5 mg tab | 0.5 mg/tab---1 tablet | daily at 9 pm | mood stabilizer--anti-psychotic | yes |
| 9:00 pm | Miyashiro, Cindy | Risperidone HS dose 1 mg tablet | 1 mg/tablet--dose is 1 tablet | daily at bedtime--9 pm | mood stabilizer, anti-psychotic | yes |
| 9:00 pm | Narahara, Craig | Gemfibrozil (Lopid) | 600 mg/tablet--dose is 1 tablet | daily at bedtime--9 pm | cholesterol control | yes |
| 9:00 pm | Narahara, Craig | Levitiracetam (Keppra) | 750 mg/tablet--dose is 1 tablet | three times per day--8 am; 2 pm; 9 pm | seizure control | yes |
| 9:00 pm | Takamune, Lisa | Zioptan | one drop both eyes | daily at bedtime | glaucoma treatment | yes |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|-------------------|--------------------------------|---|---|--|-----------|
| 9:00 pm | Verzani, Amanda | Baclofen | 10 mg/tab --dose is 2 tablets | daily at bedtime--9 pm | anti-spasticity | yes |
| 9:00 pm | Verzani, Amanda | Trileptal(Oxcarbazepine)HS | 300 mg/tab-dose is 2 tabs at bedtime | daily at bedtime--9 pm | anti-seizure | yes |
| | | | | | | |
| | | | | | | |
| as needed | Eugenio, Benjamin | Xyzal | 5 mg/tab--dose is 1 tablet | as needed for allergy symptoms at bedtime, if needed | treatment for sinus allergies | yes |
| as needed | Gong, Richard | Diphenhydramine | 1-2 capsules as needed for above symptoms | as needed every 4 hrs if needed; do not exceed 6 doses in 24 hrs. | allergy relief, antihistamine, itchy or allergic skin reaction | yes |
| as needed | Hata, Randall | Refresh eye drops | 1 drop in each eye | as needed for eye dryness | eye lubrication to prevent dryness | no |
| as needed | Hata, Randall | Fluticasone 50 mcg Nasal Spray | 1 puff each nostril | as needed for sinus congestion | relief of nasal congestion | yes |
| as needed | Kanazawa, Curtis | Chlorpheniramine | 4 mg--1 tablet | as needed every 4 hrs for allergy symptoms--1 tablet | seasonal allergies | yes |
| as needed | Kanemori, David | Calendula | apply small amount to affected areas | as needed for scrapes and cuts | homeopathic ointment for healing scrapes and cuts | no |
| as needed | Nishio, Marc | Lomotil | 2.5 mg/tab --dose is 1 tablet | AS NEEDED FOR DIARRHEA--AN ADDITIONAL 1 TABLET PER DAY | control diarrhea | yes |
| as needed | Verzani, Amanda | Neosporin | as needed to cover cuts or scarpes | as needed for cuts and scrapes | topical antibiotic ointment | no |
| as needed | Visitacion, Dana | Benadryl | 25 mg/tab--dose is 2 tabs or 50 mg | as needed for seasonal allergy symptoms | seasonal allergies/common cold symptoms | yes |
| as needed | Visitacion, Dana | Ibuprofen | 200 mg/tab--dose is 1 tab | as needed for headache or mild pain--1 tab every 4 hrs if needed | relief of headache or mild pain | yes |
| | | | | | | |
| | | | | | | |

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|------------------|---------------------------|---|---|--|-----|
| 8:00 am | Abasolo, Jerry | Atenolol | 25 mg/tab--dose is 1 tab | twice daily | anti-hypertensive | yes |
| 8:00 am | Abasolo, Jerry | CVS Stool softener | 250 mg/capsule--dose is 1 capsule | twice daily | stool softener | yes |
| 8:00 am | Abasolo, Jerry | Hydrocodone (Norco) | 5/325 mg/1 tablet--dose is 1 tablet | three times daily--8 am; noon; 4 pm | relief of pain | yes |
| 8:00 am | Abasolo, Jerry | Lamictal (Lamotrigine) | 200 mg/tab--dose is 2 tablets | three times daily--8 am; noon; 4 pm | seizure control | yes |
| 8:00 am | Abasolo, Jerry | Potassium Citrate ER | 10 meq/tab--dose is 1 tablet | three times a day | prevent kidney stones | yes |
| 8:00 am | Abasolo, Jerry | Pravastatin | 20 mg/tab--dose is 1 tablet | daily in am | cholesterol lowering agent | yes |
| 8:00 am | Abasolo, Jerry | Zonegran (Zonisamide) cap | 100 mg/capsule--dose is 2 capsules | three times a day--8 am; noon; 4 pm | seizure control | yes |
| 8:00 am | Chen, Jonathan | Gabapentin | 400 mg/capsule--dose is 1 capsule | three times per day--8 am; 2 pm; 9 pm | relief of neuropathic pain | yes |
| 8:00 am | Conville, Mariko | Cytomel | 5 mcg/tablet--dose is 2 tablets | daily in morning | Treatment for Hashimoto's hypothyroiditis | yes |
| 8:00 am | Conville, Mariko | Kristalose | 20 mg/packet--dose is 1 packet | twice daily--breakfast and dinner | reduce constipation | yes |
| 8:00 am | Conville, Mariko | Lorazepam (Ativan) AM | 1 mg/tablet--dose is 3 tablets | daily in AM | anti anxiety | yes |
| 8:00 am | Conville, Mariko | Synthroid | 88 mcg/tablet --dose is 1 tablet | daily in am on MWTHSAT | Hashimoto's hypothyroiditis--thyroid hormone replacement | yes |
| 8:00 am | Kanemori, David | Active C | 500 mg/capsule--dose is 1 capsule | twice daily--before breakfast and before dinner | immune system support | no |
| 8:00 am | Kanemori, David | All-In-One | 1 tablet | before breakfast and before dinner | multi-vitamin/mineral supplement | no |
| 8:00 am | Kanemori, David | Benfotiamine | 250 mg/capsule--dose is 1 capsule | daily before breakfast | protection from high blood sugar | no |
| 8:00 am | Kanemori, David | Fola Pro | 800 mcg/capsule--dose is 1 capsule | daily before breakfast | methylated folic acid supplement | no |
| 8:00 am | Kanemori, David | Magnesium Glycinate | 400 mg/capsule--doae is 1 capsule | daily before breakfast | nutritional supplement to balance glutamate, aids muscle flexibility, calming effect | no |
| 8:00 am | Kanemori, David | Pantothenic Acid | 500 mg/tablet--dose is 1 tablet | daily before breakfast | nutritional supplement to prevent allergies | no |
| 8:00 am | Kanemori, David | Probiotic | 1 capsule | twice daily before breakfast and before dinner | nutritional supplement to promote intestinal health | no |
| 8:00 am | Kanemori, David | Ultimate Fungal | 1 capsule before breakfast and 2 capsules before dinner | before breakfast and before dinner | nutritional supplement to control fungus in gut, helps eczema | no |
| 8:00 am | Kanemori, David | Vitamin D3 | 1 capsule | daily before breakfast | 5000 IU/capsule--dose is 1 capsule | no |
| 8:00 am | Kanemori, David | Wobenzyme | 1 capsule | twice daily before breakfast and before dinnner | nutritional supplement digestive enzyme | no |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|-------------------|---------------------------------|---|---|--|-----------|
| 8:00 am | Mar, Jodi | Lamotrigine | 25 mg/chewable dispersible tablet--dose is 100 mg or 4 chewable dispersible tablets | twice daily--breakfast and dinner | seizure control | yes |
| 8:00 am | Mar, Jodi | Levothyroxine | 50 mcg--1 tablet | daily in the morning | thyroid hormone replacement | yes |
| 8:00 am | Miyashiro, Cindy | Hydrocortisone cream | 1% cream--apply small amount to rash areas on back | twice daily--AM and bedtime | ant inflammation | no |
| 8:00 am | Miyashiro, Cindy | Triamcinolone 0.5% | apply small amount to affected area | twice daily--AM and bedtime | steroid cream | no |
| 8:00 am | Miyashiro, Cindy | Brimonidine 0.2% eye solution | 1 drop in each eye | twice daily | glaucoma treatment | yes |
| 8:00 am | Miyashiro, Cindy | Carbamazepine ER (Carbatrol) | 220 mg/capslet--dose is 3 caplets | twice daily--8 am and 5 pm | anti-seizure | yes |
| 8:00 am | Miyashiro, Cindy | Oyster Shell 500 Vitamin D3 200 | 1 tablet | three times daily-- 8 am, 5 pm, 9 pm | nutritional supplement | yes |
| 8:00 am | Miyashiro, Cindy | RisperidoneAM | 2 mg/tablet--dose is 1 tablet | daily in AM | mood stabilizer--anti-psychotic | yes |
| 8:00 am | Miyashiro, Cindy | Thera-M | 1 tablet | daily in am | nutritional supplement | yes |
| 8:00 am | Narahara, Craig | Benzotropine (Cogentin) | 1 mg/tab--dose is 1 tablet | twice daily--8 am and 6 pm | control drooling, salivation--anti-cholinergic agent | yes |
| 8:00 am | Narahara, Craig | Divalproex | 500 mg/tablet--dose is 1 tablet | twice daily--8 am and 6 pm | seizure disorder | yes |
| 8:00 am | Narahara, Craig | Fiber Pill | 625 mg/tablet--dose is 1 tablet | twice daily--8 am and 6 pm | promote bowel regularity | yes |
| 8:00 am | Narahara, Craig | Levitiracetam (Keppra) | 750 mg/tablet--dose is 1 tablet | three times per day--8 am; 2 pm; 9 pm | seizure control | yes |
| 8:00 am | Narahara, Craig | Oyster Calcium | 500 mg/tablet--dose is 1 tablet | twice daily -- 8 am and 6 pm | nutritional supplement | yes |
| 8:00 am | Narahara, Craig | Vitamin D3 | 2000 IU/tablet--dose is 1 tablet | once daily in am | nutritional supplement | yes |
| 8:00 am | Nishio, Marc | Lomotil--EVEN days | 2.5 mg/tab --dose is 1 tablet | three times daily | anti-diarrhea | yes |
| 8:00 am | Nishio, Marc | Omeprazole | 20 mg/capsule--dose is 1 capsule | daily in am | control heartburn | yes |
| 8:00 am | Nishio, Marc | Risperidone | 0.5 mg/tab---1 tablet | twice daily | control of stimulatory behaviors | yes |
| 8:00 am | Ouye, Jamie | Calcium Gummies | 500 mg/tablet--dose is 1 tablet | twice daily before breakfast and dinner | nutritional supplement | no |
| 8:00 am | Ouye, Jamie | Vitamin C | 1000 mg/tablet--dose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 8:00 am | Ouye, Jamie | Vitamin D Gummy | 1500 mg/tablet--dose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 8:00 am | Ouye, Jamie | Women's Gummy Vitamin | 1 Gummy Vitamin | twice daily before breakfast and dinner | nutritional supplement | no |
| 8:00 am | Refuerzo, Melling | Buspirone | 10 mg--1 tablet | twice daily: 8 am and 5 pm | anti-anxiety | yes |
| 8:00 am | Refuerzo, Melling | Citalopram HBR (Celexa) | 40 mg--1 tablet | once daily--8 am | anti-depressant | yes |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|-------------------|--------------------------------------|---|---|-----------------------------------|-----------|
| 8:00 am | Refuerzo, Melling | Lisinopril | 10 mg--1 tablet | daily in the morning--8 am | treat high blood pressure | yes |
| 8:00 am | Refuerzo, Melling | Metformin | 1000 mg--1 tablet | twice daily--8 am and 5 pm | controls high blood sugar | yes |
| 8:00 am | Refuerzo, Melling | RisperidoneAM | 1 mg--1 tablet | once daily--8 am | treatment of mental/mood disorder | yes |
| 8:00 am | Verzani, Amanda | Trileptal (Oxcarbazepine)AM | 300 mg/tablet dose is 450 mg--1.5 tablets | daily in AM | anti-seizure | yes |
| 8:00 am | Visitacion, Dana | Buspirone AM | 5 mg/tab--dose is 3 tabs or 15 mg | daily in AM. (there is a different dose in PM) | anti-anxiety | yes |
| 8:00 am | Visitacion, Dana | Claritin (Non-Drowsy Allergy Relief) | 10mg--1 tablet | once daily in am | seasonal allergies | yes |
| 8:00 am | Visitacion, Dana | Fluvoxamine Maleate | 50mg/tab--dose is 100 mg or 2 tabs | once daily in morning | antidepressant | yes |
| 8:00 am | Visitacion, Dana | Jolessa | 0.15-0.03 mg/1 tab dose is 1 tab | once daily in morning | regulate menstrual cycles | yes |
| | | | | | | |
| | | | | | | |

2019-06-01,10:00am(PDT)

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|---------------------|---|------------------------------------|--|---|-----------|
| 9:00 am | Chien, Stephen | Valsartan | 160 mg/tab--dose is 1 tablet | once daily after breakfast | anti-hypertensive | yes |
| 9:00 am | Chua, Hannah | Levonorgestrel/estradiol | 0.15-0.03 mg/1 tab dose is 1 tab | daily in AM | to control menses | yes |
| 9:00 am | Chua, Hannah | Miralax | 1/2 capful | twice daily breakfast and dinner | prevent constipation | yes |
| 9:00 am | Chua, Hannah | Vitamin D3 | 2000 IU/capsule--dose is 1 capsule | once daily at breakfast | nutritional supplement | yes |
| 9:00 am | Gong, Richard | Bio-Kult probiotic | 1 capsule | twice daily --with breakfast and dinner meal | promotes healthy digestion and immune system | no |
| 9:00 am | Gong, Richard | Integrative Nutrivitamin Enzyme Complex, without iron | 1 capsule | twice daily with morning meal and evening meal | multivitamin, general nutritional health supplement | no |
| 9:00 am | Gong, Richard | Radiant Life Krill Extra | 1 capsule | twice daily with morning meal and dinner meal | Fish Oil nutritional supplement | no |
| 9:00 am | Hata, Randall | Fish Oil | 1000 mg/capsule--dose is 1 capsule | once daily in am | nutritional supplement | no |
| 9:00 am | Hata, Randall | Multi- Vitamin | 1 tablet | daily in AM | nutritional supplement | no |
| 9:00 am | Hata, Randall | Vitamin C | 500 mg/tablet--dose is 1 tablet | once daily in am | nutritional supplement | no |
| 9:00 am | Hata, Randall | Docusate Sodium | 250 mg/capsule--dose is 1 capsule | twice daily | stool softener | yes |
| 9:00 am | Mar, Jodi | Fish Oil | one gummy-- 500 mg | once daily in the morning or at breakfast | nutritional supplement to reduce triglycerides | no |
| 9:00 am | Mar, Jodi | Multi-vites Gummy Vitamin | 2 adult multivitamin gummies | once daily at breakfast | nutritional supplement | no |
| 9:00 am | Mock, Vanessa | Vitafusion Calcium | 500 mg--2 gummies | once daily at breakfast | nutritional supplement | no |
| 9:00 am | Mock, Vanessa | Vitafusion MultiVites Gummy vitamins | 2 tummies | once daily at breakfast | nutritional supplement | no |
| 9:00 am | Nagao, Lacey | One A Day Multivitamin for Women | 1 tablet | daily at breakfast | nutritional supplement | no |
| 9:00 am | Nagao, Lacey | Vitamin D3 | 1 soft gel | daily at breakfast | nutritional supplement | no |
| 9:00 am | Nakagaki, Christine | Adult Multivitamin Gummies | 2 gummies | once daily at breakfast | nutritional supplement | no |
| 9:00 am | Nakagaki, Christine | Claritin Reditabs | 10 mg/tablet--dose is 1 tablet | once daily at breakfast | control of seasonal allergies | yes |
| 9:00 am | Nishio, Marc | Calcium with Vitamin D | 500 mg/tablet--dose is 1 tablet | twice daily--breakfast and dinner | nutritional supplement | no |
| 9:00 am | Nishio, Marc | Vitamin D3 | 1000IU/capsule--dose is 1 capsule | daily | nutritional supplement | no |
| 9:00 am | Peeler, Jennifer | amphetamine salts | 5 mg/tab--dose is 3 tabs or 15 mg | twice daily breakfast and lunchtime | treatment for ADHD | yes |
| 9:00 am | Peeler, Jennifer | Oxybutynin | 5 mg/tablet--dose is 1 tablet | twice daily--morning and evening | urinary antispasmodic | yes |
| 9:00 am | Takamune, Lisa | Vitamin B-12 | 500 mg/tablet--dose is 1 tablet | daily after breakfast | nutritional supplement | no |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|------------------|----------------------------------|-------------------------------------|---|--|-----------|
| 9:00 am | Takamune, Lisa | Vitamin C | 500 mg/tablet--dose is 1 tablet | daily after breakfast | nutritional supplement | no |
| 9:00 am | Takamune, Lisa | Clopidogrel | 75 mg/tablet--dose is 1 tablet | daily in AM | anti platelet action; promotes heart and blood circulation | yes |
| 9:00 am | Visitacion, Dana | Multi- Vitamin | 1 tablet | once daily in morning | nutritional supplement | no |
| 9:00 am | Visitacion, Dana | Vitamin C | 1000 mg/tab--dose is 1 tablet | once daily in morning | nutritional supplement | no |
| 9:00 am | Wang, Rebecca | Areds 2 Eye Vitamin | 1 tablet | twice daily with morning meal and dinner meal | nutritional supplement for eyes | no |
| 9:00 am | Wang, Rebecca | Calcium Gummies | 1 gummy | daily in the morning | nutritional supplement to promote bone health | no |
| 9:00 am | Wang, Rebecca | Flax Seed Oil | 1400 mg/tablet dose is 1 tablet | daily in the morning | nutritional supplement for heart health | no |
| 9:00 am | Wang, Rebecca | Move Free | 1 tablet | once daily in the morning | nutritional supplement to promote joint health | no |
| 9:00 am | Wang, Rebecca | One a Day for Women | 1 tablet | once daily in the morning | nutritional supplement multivitamin | no |
| 9:00 am | Wang, Rebecca | Vitamin D3 | 2000 IU/tablet--dose is 1 tablet | once daily in the morning | nutritional supplement | no |
| | | | | | | |
| | | | | | | |
| 12:00 noon | Abasolo, Jerry | Hydrocodone (Norco) | 5/325 mg/1 tablet--dose is 1 tablet | three times daily--8 am; noon; 4 pm | relief of pain | yes |
| 12:00 noon | Abasolo, Jerry | Lamictal (Lamotrigine) | 200 mg/tab--dose is 2 tablets | three times daily--8 am; noon; 4 pm | seizure control | yes |
| 12:00 noon | Abasolo, Jerry | Oyster, Calcium and D supplement | 500/200mg/tab--dose is 1 tablet | daily at noon | nutritional supplement | yes |
| 12:00 noon | Abasolo, Jerry | Potassium Citrate ER | 10 meq/tab--dose is 1 tablet | three times a day | prevent kidney stones | yes |
| 12:00 noon | Abasolo, Jerry | Zonegran (Zonisamide) cap | 100 mg/capsule--dose is 2 capsules | three times a day--8 am; noon; 4 pm | seizure control | yes |
| 12:00 noon | Nishio, Marc | Lomotil--EVEN days | 2.5 mg/tab --dose is 1 tablet | three times daily | anti-diarrhea | yes |
| 12:00 noon | Peeler, Jennifer | amphetamine salts | 5 mg/tab--dose is 3 tabs or 15 mg | twice daily breakfast and lunchtime | treatment for ADHD | yes |
| | | | | | | |
| | | | | | | |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|-----------------|---------------------------|-------------------------------------|---------------------------------------|----------------------------|-----------|
| 2:00 pm | Chen, Jonathan | Gabapentin | 400 mg/capsule--dose is 1 capsule | three times per day--8 am; 2 pm; 9 pm | relief of neuropathic pain | yes |
| 2:00 pm | Narahara, Craig | Levetiracetam (Keppra) | 750 mg/tablet--dose is 1 tablet | three times per day--8 am; 2 pm; 9 pm | seizure control | yes |
| | | | | | | |
| | | | | | | |
| 4:00 pm | Abasolo, Jerry | CVS Stool softener | 250 mg/capsule--dose is 1 capsule | twice daily | stool softener | yes |
| 4:00 pm | Abasolo, Jerry | Hydrocodone (Norco) | 5/325 mg/1 tablet--dose is 1 tablet | three times daily--8 am; noon; 4 pm | relief of pain | yes |
| 4:00 pm | Abasolo, Jerry | Lamictal (Lamotrigine) | 200 mg/tab--dose is 2 tablets | three times daily--8 am; noon; 4 pm | seizure control | yes |
| 4:00 pm | Abasolo, Jerry | Potassium Citrate ER | 10 meq/tab--dose is 1 tablet | three times a day | prevent kidney stones | yes |
| 4:00 pm | Abasolo, Jerry | Zonegran (Zonisamide) cap | 100 mg/capsule--dose is 2 capsules | three times a day--8 am; noon; 4 pm | seizure control | yes |
| | | | | | | |
| | | | | | | |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|-------------------|---------------------------------|---|---|---|-----------|
| 5:00 pm | Kanemori, David | Active C | 500 mg/capsule--dose is 1 capsule | twice daily--before breakfast and before dinner | immune system support | no |
| 5:00 pm | Kanemori, David | All-In-One | 1 tablet | before breakfast and before dinner | multi-vitamin/mineral supplement | no |
| 5:00 pm | Kanemori, David | Cat's Claw | 500 mg/capsule--dose is 1 capsule | daily before dinner | prevents Lyme disease | no |
| 5:00 pm | Kanemori, David | Kidney Support | 1 capsule | daily before dinner | nutritional supplement to support kidney | no |
| 5:00 pm | Kanemori, David | Liver Support | 1 capsule | daily before dinner | nutritional supplement to support liver | no |
| 5:00 pm | Kanemori, David | Probiotic | 1 capsule | twice daily before breakfast and before dinner | nutritional supplement to promote intestinal health | no |
| 5:00 pm | Kanemori, David | TMG (Trimethyl Glycine) | 1 tablet | daily before dinner | metabolism support | no |
| 5:00 pm | Kanemori, David | Ultimate Fungal | 1 capsule before breakfast and 2 capsules before dinner | before breakfast and before dinner | nutritional supplement to control fungus in gut, helps eczema | no |
| 5:00 pm | Kanemori, David | Wobenzyme | 1 capsule | twice daily before breakfast and before dinner | nutritional supplement digestive enzyme | no |
| 5:00 pm | Mar, Jodi | Lamotrigine | 25 mg/chewable dispersible tablet--dose is 100 mg or 4 chewable dispersible tablets | twice daily--breakfast and dinner | seizure control | yes |
| 5:00 pm | Miyashiro, Cindy | Brimonidine 0.2% eye solution | 1 drop in each eye | twice daily | glaucoma treatment | yes |
| 5:00 pm | Miyashiro, Cindy | Carbamazepine ER (Carbatrol) | 220 mg/capslet--dose is 3 caplets | twice daily--8 am and 5 pm | anti-seizure | yes |
| 5:00 pm | Miyashiro, Cindy | Oyster Shell 500 Vitamin D3 200 | 1 tablet | three times daily-- 8 am, 5 pm, 9 pm | nutritional supplement | yes |
| 5:00 pm | Miyashiro, Cindy | Simvastatin | 20mg/tab--dose is 1 tablet | once daily in evening | cholesterol lowering agent | yes |
| 5:00 pm | Nishio, Marc | Lomotil--EVEN days | 2.5 mg/tab --dose is 1 tablet | three times daily | anti-diarrhea | yes |
| 5:00 pm | Ouye, Jamie | Calcium Gummies | 500 mg/tablet--dose is 1 tablet | twice daily before breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Ouye, Jamie | Vitamin C | 1000 mg/tablet--dose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Ouye, Jamie | Vitamin D Gummy | 1500 mg/tablet--dose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Ouye, Jamie | Women's Gummy Vitamin | 1 Gummy Vitamin | twice daily before breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Refuerzo, Melling | Buspirone | 10 mg--1 tablet | twice daily: 8 am and 5 pm | anti-anxiety | yes |
| 5:00 pm | Refuerzo, Melling | Metformin | 1000 mg--1 tablet | twice daily--8 am and 5 pm | controls high blood sugar | yes |
| | | | | | | |
| | | | | | | |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|---------------------|---|--|--|---|-----------|
| 6:00 pm | Chua, Hannah | Miralax | 1/2 capful | twice daily breakfast and dinner | prevent constipation | yes |
| 6:00 pm | Conville, Mariko | Kristalose | 20 mg/packet--dose is 1 packet | twice daily--breakfast and dinner | reduce constipation | yes |
| 6:00 pm | Gong, Richard | Bio-Kult probiotic | 1 capsule | twice daily --with breakfast and dinner meal | promotes healthy digestion and immune system | no |
| 6:00 pm | Gong, Richard | Integrative Nutrivitamin Enzyme Complex, without iron | 1 capsule | twice daily with morning meal and evening meal | multivitamin, general nutritional health supplement | no |
| 6:00 pm | Gong, Richard | Radiant Life Krill Extra | 1 capsule | twice daily with morning meal and dinner meal | Fish Oil nutritional supplement | no |
| 6:00 pm | Hata, Randall | Crestor | 20mg/tab--dose is 1 tablet | daily in pm. | cholesterol lowering agent | yes |
| 6:00 pm | Hata, Randall | Docusate Sodium | 250 mg/capsule--dose is 1 capsule | twice daily | stool softener | yes |
| 6:00 pm | Nakagaki, Christine | Miralax | 17 grams/packet--dose is 1 packet. Dissolve in 4-8 oz fluid. | Dinner on Sunday, Tuesday, Thursday only | constipation relief | yes |
| 6:00 pm | Narahara, Craig | Benztropine (Cogentin) | 1 mg/tab--dose is 1 tablet | twice daily--8 am and 6 pm | control drooling, salivation--anti-cholinergic agent | yes |
| 6:00 pm | Narahara, Craig | Divalproex | 500 mg/tablet--dose is 1 tablet | twice daily--8 am and 6 pm | seizure disorder | yes |
| 6:00 pm | Narahara, Craig | Fiber Pill | 625 mg/tablet--dose is 1 tablet | twice daily--8 am and 6 pm | promote bowel regularity | yes |
| 6:00 pm | Narahara, Craig | Oyster Calcium | 500 mg/tablet--dose is 1 tablet | twice daily -- 8 am and 6 pm | nutritional supplement | yes |
| 6:00 pm | Nishio, Marc | Calcium with Vitamin D | 500 mg/tablet--dose is 1 tablet | twice daily--breakfast and dinner | nutritional supplement | no |
| 6:00 pm | Peeler, Jennifer | Cephalexin Oral Suspension | 250 mg/5mls. dose is 5 mls or 1 tsp. | daily in evening | antibiotic for prevention of bladder infection | yes |
| 6:00 pm | Peeler, Jennifer | Escitalopram Oxalate (Lexapro) oral solution | 5 mg/5 mls. dose is 20 mls. | daily every evening | antidepressant;treatment for generalized anxiety disorder | yes |
| 6:00 pm | Peeler, Jennifer | Oxybutynin | 5 mg/tablet--dose is 1 tablet | twice daily--morning and evening | urinary antispasmodic | yes |
| 6:00 pm | Takamune, Lisa | L-Arginine | 500 mg/tab--dose is 2 capsules | daily after dinner | nutritional supplement for the heart | no |
| 6:00 pm | Wang, Rebecca | Areds 2 Eye Vitamin | 1 tablet | twice daily with morning meal and dinner meal | nutritional supplement for eyes | no |
| 6:00 pm | Wang, Rebecca | Citracal Calcium Citrate | 630 mg/tablet--dose is 1 tablet | once daily in the evening | nutritional supplement to promote bone health | no |
| 6:00 pm | Wang, Rebecca | Digestive Advantage | 1 gummy | once daily in the evening | nutritional supplement to promote digestive health | no |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|-------------------|------------------------------------|--|--------------------------------------|---|-----------|
| 6:00 pm | Wang, Rebecca | Vitamin B-12 | 1000 mg/tablet--dose is 1 tablet | once daily in the evening | nutritional supplement fort energy health | no |
| 6:00 pm | Wang, Rebecca | Vitamin C | 500 mg/tablet--dose is 1 tablet | once daily in the evening | nutritional supplement | no |
| | | | | | | |
| | | | | | | |
| 8:00 pm | Miyashiro, Cindy | Hydrocortisone cream | 1% cream--apply small amount to rash areas on back | twice daily--AM and bedtime | ant inflammation | no |
| 8:00 pm | Nishio, Marc | Montelukast (generic for Singular) | 10 mg/tab--1 tablet | once daily at bedtime | seasonal allergy control | yes |
| 8:00 pm | Nishio, Marc | Risperidone | 0.5 mg/tab---1 tablet | twice daily | control of stimulatory behaviors | yes |
| 8:00 pm | Refuerzo, Melling | Loratadine | 10 mg--1 tablet | daily in the evening--8 pm | relief of seasonal allergies | yes |
| 8:00 pm | Refuerzo, Melling | Risperidone PM dose | 2 mg--1 tablet | once daily in evening--8 pm | treatment of mental/mood disorder | yes |
| 8:00 pm | Refuerzo, Melling | Simvastatin | 20 mg--1 tablet | daily at bedtime--8 pm | cholesterol lowering agent | yes |
| 8:00 pm | Tani, Glenn Ricky | Celexa (Citalopram) | 40 mg/tablet--dose is 1 tablet | daily at bedtime | anti-anxiety--anti-depressant | yes |
| 8:00 pm | Tani, Glenn Ricky | Cogentin (Benztropine) | 1 mg/tab--dose is 1 tablet | daily at bedtime--8 pm | antiparkinsonian, anticholinergic, anti-agitation | yes |
| 8:00 pm | Tani, Glenn Ricky | Seroquel (Quetiapine Fumartate) | 300 mg/tab--dose is 1/2 tab or 150 mg | daily at bedtime--8 pm | anti-psychotic, anti-depressant, anti-anxiety | yes |
| 8:00 pm | Visitacion, Dana | Buspirone PM | 5 mg/tablet--dose is 1 tablet or 5 mg | daily at pm--one hour before bedtime | anti-anxiety | yes |
| 8:00 pm | Visitacion, Dana | Guanfacine | 1 mg/tab--dose is 1 tab | once daily in evening | anti-hypertensive | yes |
| 8:00 pm | Visitacion, Dana | Melatonin | 3 mg/1 tab and 5 mg/1 tab--dose is 1 tab of each for total of 8 mg total | once daily in the evening | promote sleep | yes |
| 8:00 pm | Visitacion, Dana | Nortriptyline | 10 mg/capsule. dose is 40 mg or 4 capsules | once daily in evening | anti-depressant and to promote sleep | yes |
| 8:00 pm | Visitacion, Dana | Theanine | 100 mg/tab--dose is 1 tab | once daily in evening | amino acid | yes |
| | | | | | | |
| | | | | | | |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|------------------|------------------------------------|---|---------------------------------------|--|-----------|
| 9:00 pm | Abasolo, Jerry | Vinegar--external use | soak Qtip and swab both ears up until line indicated on Qtip. | daily at bedtime | treatment for ear itch eczema | no |
| 9:00 pm | Abasolo, Jerry | Allerclear Loratadine | 10mg/tab--dose is 1 tablet | daily at bedtime | allergy relief, antihistamine, itchy or allergic skin reaction | yes |
| 9:00 pm | Abasolo, Jerry | Atenolol | 25 mg/tab--dose is 1 tab | twice daily | anti-hypertensive | yes |
| 9:00 pm | Abasolo, Jerry | Hydrocodone/Acetaminophen -BEDTIME | 5/325 mg/tab--dose is 2 TABLETS | daily at bedtime | pain relief | yes |
| 9:00 pm | Abasolo, Jerry | Lamictal Bedtime | 200 mg/tab--dose is 3 tablets | daily at bedtime--9 pm | seizure control | yes |
| 9:00 pm | Abasolo, Jerry | Zonegran (Zonisamide) Bedtime | 100 mg/cap--dose is 3 capsules | daily at bedtime--9 pm | seizure control | yes |
| 9:00 pm | Chen, Jonathan | Gabapentin | 400 mg/capsule--dose is 1 capsule | three times per day--8 am; 2 pm; 9 pm | relief of neuropathic pain | yes |
| 9:00 pm | Conville, Mariko | Latuda | 20 mg/tab--dose is 2 tablets | daily at bedtime | relief of Kleefstra behavioral symptoms; anti-psychotic | yes |
| 9:00 pm | Conville, Mariko | Lorazepam BEDTIME | 1 mg/tab--dose is 1 tablet | daily at bedtime | anti-anxiety | yes |
| 9:00 pm | Conville, Mariko | Myrbetriq | 50 mg/tab--dose is 1 tablet | daily at bedtime | bladder antispasmodic | yes |
| 9:00 pm | Conville, Mariko | Trader Joe's OTC Folic Acid/B6/B12 | 1 tablet | daily at bedtime | nutritional supplement | yes |
| 9:00 pm | Hata, Randall | Aquaphor spray | spray to affected areas on arms and legs | daily after showering | prevent skin dryness | no |
| 9:00 pm | Miyashiro, Cindy | Chlorhexidine 0.12% mouth rinse | 1/2 oz undiluted rinse in mouth | once daily at bedtime | treatment for gum disease | no |
| 9:00 pm | Miyashiro, Cindy | Triamcinolone 0.5% | apply small amount to affected area | twice daily--AM and bedtime | steroid cream | no |
| 9:00 pm | Miyashiro, Cindy | Vitamin E cream | apply to affectd areas of skin rash to back of legs | daily at bedtime | promotes skin health | no |
| 9:00 pm | Miyashiro, Cindy | Citalopram HBR (Celexa) | 40 mg/tablet--dose is 1 tablet | daily at bedtime--9 pm | antidepressant | yes |
| 9:00 pm | Miyashiro, Cindy | Latanoprost | 0.005%--dose is 1 drop in each eye | daily at bedtime--9 pm | glaucoma treatment | yes |
| 9:00 pm | Miyashiro, Cindy | Oyster Shell 500 Vitamin D3 200 | 1 tablet | three times daily-- 8 am, 5 pm, 9 pm | nutritional supplement | yes |
| 9:00 pm | Miyashiro, Cindy | Risperidone HS dose 0.5 mg tab | 0.5 mg/tab---1 tablet | daily at 9 pm | mood stabilizer--anti-psychotic | yes |
| 9:00 pm | Miyashiro, Cindy | Risperidone HS dose 1 mg tablet | 1 mg/tablet--dose is 1 tablet | daily at bedtime--9 pm | mood stabilizer, anti-psychotic | yes |
| 9:00 pm | Narahara, Craig | Gemfibrozil (Lopid) | 600 mg/tablet--dose is 1 tablet | daily at bedtime--9 pm | cholesterol control | yes |
| 9:00 pm | Narahara, Craig | Levitiracetam (Keppra) | 750 mg/tablet--dose is 1 tablet | three times per day--8 am; 2 pm; 9 pm | seizure control | yes |
| 9:00 pm | Takamune, Lisa | Zioptan | one drop both eyes | daily at bedtime | glaucoma treatment | yes |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|-------------------|--------------------------------|---|---|--|-----------|
| 9:00 pm | Verzani, Amanda | Baclofen | 10 mg/tab --dose is 2 tablets | daily at bedtime--9 pm | anti-spasticity | yes |
| 9:00 pm | Verzani, Amanda | Trileptal(Oxcarbazepine)HS | 300 mg/tab-dose is 2 tabs at bedtime | daily at bedtime--9 pm | anti-seizure | yes |
| | | | | | | |
| | | | | | | |
| as needed | Eugenio, Benjamin | Xyzal | 5 mg/tab--dose is 1 tablet | as needed for allergy symptoms at bedtime, if needed | treatment for sinus allergies | yes |
| as needed | Gong, Richard | Diphenhydramine | 1-2 capsules as needed for above symptoms | as needed every 4 hrs if needed; do not exceed 6 doses in 24 hrs. | allergy relief, antihistamine, itchy or allergic skin reaction | yes |
| as needed | Hata, Randall | Refresh eye drops | 1 drop in each eye | as needed for eye dryness | eye lubrication to prevent dryness | no |
| as needed | Hata, Randall | Fluticasone 50 mcg Nasal Spray | 1 puff each nostril | as needed for sinus congestion | relief of nasal congestion | yes |
| as needed | Kanazawa, Curtis | Chlorpheniramine | 4 mg--1 tablet | as needed every 4 hrs for allergy symptoms--1 tablet | seasonal allergies | yes |
| as needed | Kanemori, David | Calendula | apply small amount to affected areas | as needed for scrapes and cuts | homeopathic ointment for healing scrapes and cuts | no |
| as needed | Nishio, Marc | Lomotil | 2.5 mg/tab --dose is 1 tablet | AS NEEDED FOR DIARRHEA--AN ADDITIONAL 1 TABLET PER DAY | control diarrhea | yes |
| as needed | Verzani, Amanda | Neosporin | as needed to cover cuts or scarpes | as needed for cuts and scrapes | topical antibiotic ointment | no |
| as needed | Visitacion, Dana | Benadryl | 25 mg/tab--dose is 2 tabs or 50 mg | as needed for seasonal allergy symptoms | seasonal allergies/common cold symptoms | yes |
| as needed | Visitacion, Dana | Ibuprofen | 200 mg/tab--dose is 1 tab | as needed for headache or mild pain--1 tab every 4 hrs if needed | relief of headache or mild pain | yes |
| | | | | | | |
| | | | | | | |

HS Master Schedule

Friday, 2019-07-05

JEMS Special Camp 2019

Page 1

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|------------------|----------------------------|---|---|--|-----|
| 8:00 am | Abasolo, Jerry | Atenolol | 25 mg/tab--dose is 1 tab | twice daily | anti-hypertensive | yes |
| 8:00 am | Abasolo, Jerry | CVS Stool softener | 250 mg/capsule--dose is 1 capsule | twice daily | stool softener | yes |
| 8:00 am | Abasolo, Jerry | Hydrocodone (Norco) | 5/325 mg/1 tablet--dose is 1 tablet | three times daily--8 am; noon; 4 pm | relief of pain | yes |
| 8:00 am | Abasolo, Jerry | Lamictal (Lamotrigine) | 200 mg/tab--dose is 2 tablets | three times daily--8 am; noon; 4 pm | seizure control | yes |
| 8:00 am | Abasolo, Jerry | Potassium Citrate ER | 10 meq/tab--dose is 1 tablet | three times a day | prevent kidney stones | yes |
| 8:00 am | Abasolo, Jerry | Pravastatin | 20 mg/tab--dose is 1 tablet | daily in am | cholesterol lowering agent | yes |
| 8:00 am | Abasolo, Jerry | Zonegran (Zonisamide) cap | 100 mg/capsule--dose is 2 capsules | three times a day--8 am; noon; 4 pm | seizure control | yes |
| 8:00 am | Chen, Jonathan | Gabapentin | 400 mg/capsule--dose is 1 capsule | three times per day--8 am; 2 pm; 9 pm | relief of neuropathic pain | yes |
| 8:00 am | Conville, Mariko | Cytomel | 5 mcg/tablet--dose is 2 tablets | daily in morning | Treatment for Hashimoto's hypothyroiditis | yes |
| 8:00 am | Conville, Mariko | Kristalose | 20 mg/packet--dose is 1 packet | twice daily--breakfast and dinner | reduce constipation | yes |
| 8:00 am | Conville, Mariko | Lorazepam (Ativan) AM | 1 mg/tablet--dose is 3 tablets | daily in AM | anti anxiety | yes |
| 8:00 am | Conville, Mariko | Synthroid 1/2 tab Tu, Fri. | 88 mcg/tablet--dose is 1/2 tab on TU and Fri only | Tuesday and Friday AM only | Hashimoto's hypothyroiditis | yes |
| 8:00 am | Kanemori, David | Active C | 500 mg/capsule--dose is 1 capsule | twice daily--before breakfast and before dinner | immune system support | no |
| 8:00 am | Kanemori, David | All-In-One | 1 tablet | before breakfast and before dinner | multi-vitamin/mineral supplement | no |
| 8:00 am | Kanemori, David | Benfotiamine | 250 mg/capsule--dose is 1 capsule | daily before breakfast | protection from high blood sugar | no |
| 8:00 am | Kanemori, David | Fola Pro | 800 mcg/capsule--dose is 1 capsule | daily before breakfast | methylated folic acid supplement | no |
| 8:00 am | Kanemori, David | Magnesium Glycinate | 400 mg/capsule--doae is 1 capsule | daily before breakfast | nutritional supplement to balance glutamate, aids muscle flexibility, calming effect | no |
| 8:00 am | Kanemori, David | Pantothenic Acid | 500 mg/tablet--dose is 1 tablet | daily before breakfast | nutritional supplement to prevent allergies | no |
| 8:00 am | Kanemori, David | Probiotic | 1 capsule | twice daily before breakfast and before dinner | nutritional supplement to promote intestinal health | no |
| 8:00 am | Kanemori, David | Ultimate Fungal | 1 capsule before breakfast and 2 capsules before dinner | before breakfast and before dinner | nutritional supplement to control fungus in gut, helps eczema | no |
| 8:00 am | Kanemori, David | Vitamin D3 | 1 capsule | daily before breakfast | 5000 IU/capsule--dose is 1 capsule | no |
| 8:00 am | Kanemori, David | Wobenzyme | 1 capsule | twice daily before breakfast and before dinnner | nutritional supplement digestive enzyme | no |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|-------------------|---------------------------------|---|---|--|-----------|
| 8:00 am | Mar, Jodi | Lamotrigine | 25 mg/chewable dispersible tablet--dose is 100 mg or 4 chewable dispersible tablets | twice daily--breakfast and dinner | seizure control | yes |
| 8:00 am | Mar, Jodi | Levothyroxine | 50 mcg--1 tablet | daily in the morning | thyroid hormone replacement | yes |
| 8:00 am | Miyashiro, Cindy | Hydrocortisone cream | 1% cream--apply small amount to rash areas on back | twice daily--AM and bedtime | ant inflammation | no |
| 8:00 am | Miyashiro, Cindy | Triamcinolone 0.5% | apply small amount to affected area | twice daily--AM and bedtime | steroid cream | no |
| 8:00 am | Miyashiro, Cindy | Brimonidine 0.2% eye solution | 1 drop in each eye | twice daily | glaucoma treatment | yes |
| 8:00 am | Miyashiro, Cindy | Carbamazepine ER (Carbatrol) | 220 mg/capslet--dose is 3 caplets | twice daily--8 am and 5 pm | anti-seizure | yes |
| 8:00 am | Miyashiro, Cindy | Oyster Shell 500 Vitamin D3 200 | 1 tablet | three times daily-- 8 am, 5 pm, 9 pm | nutritional supplement | yes |
| 8:00 am | Miyashiro, Cindy | RisperidoneAM | 2 mg/tablet--dose is 1 tablet | daily in AM | mood stabilizer--anti-psychotic | yes |
| 8:00 am | Miyashiro, Cindy | Thera-M | 1 tablet | daily in am | nutritional supplement | yes |
| 8:00 am | Narahara, Craig | Benzotropine (Cogentin) | 1 mg/tab--dose is 1 tablet | twice daily--8 am and 6 pm | control drooling, salivation--anti-cholinergic agent | yes |
| 8:00 am | Narahara, Craig | Divalproex | 500 mg/tablet--dose is 1 tablet | twice daily--8 am and 6 pm | seizure disorder | yes |
| 8:00 am | Narahara, Craig | Fiber Pill | 625 mg/tablet--dose is 1 tablet | twice daily--8 am and 6 pm | promote bowel regularity | yes |
| 8:00 am | Narahara, Craig | Levitiracetam (Keppra) | 750 mg/tablet--dose is 1 tablet | three times per day--8 am; 2 pm; 9 pm | seizure control | yes |
| 8:00 am | Narahara, Craig | Oyster Calcium | 500 mg/tablet--dose is 1 tablet | twice daily -- 8 am and 6 pm | nutritional supplement | yes |
| 8:00 am | Narahara, Craig | Vitamin D3 | 2000 IU/tablet--dose is 1 tablet | once daily in am | nutritional supplement | yes |
| 8:00 am | Nishio, Marc | Lomotil --ODD Days | 2.5 mg/tab --dose is 1 tablet | twice daily | anti-diarrhea | yes |
| 8:00 am | Nishio, Marc | Omeprazole | 20 mg/capsule--dose is 1 capsule | daily in am | control heartburn | yes |
| 8:00 am | Nishio, Marc | Risperidone | 0.5 mg/tab---1 tablet | twice daily | control of stimulatory behaviors | yes |
| 8:00 am | Ouye, Jamie | Calcium Gummies | 500 mg/tablet--dose is 1 tablet | twice daily before breakfast and dinner | nutritional supplement | no |
| 8:00 am | Ouye, Jamie | Vitamin C | 1000 mg/tablet--dose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 8:00 am | Ouye, Jamie | Vitamin D Gummy | 1500 mg/tablet--dose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 8:00 am | Ouye, Jamie | Women's Gummy Vitamin | 1 Gummy Vitamin | twice daily before breakfast and dinner | nutritional supplement | no |
| 8:00 am | Refuerzo, Melling | Buspirone | 10 mg--1 tablet | twice daily: 8 am and 5 pm | anti-anxiety | yes |
| 8:00 am | Refuerzo, Melling | Citalopram HBR (Celexa) | 40 mg--1 tablet | once daily--8 am | anti-depressant | yes |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|-------------------|--------------------------------------|---|--|-----------------------------------|-----------|
| 8:00 am | Refuerzo, Melling | Lisinopril | 10 mg--1 tablet | daily in the morning--8 am | treat high blood pressure | yes |
| 8:00 am | Refuerzo, Melling | Metformin | 1000 mg--1 tablet | twice daily--8 am and 5 pm | controls high blood sugar | yes |
| 8:00 am | Refuerzo, Melling | RisperidoneAM | 1 mg--1 tablet | once daily--8 am | treatment of mental/mood disorder | yes |
| 8:00 am | Verzani, Amanda | Trileptal (Oxcarbazepine)AM | 300 mg/tablet dose is 450 mg--1.5 tablets | daily in AM | anti-seizure | yes |
| 8:00 am | Visitacion, Dana | Buspirone AM | 5 mg/tab--dose is 3 tabs or 15 mg | daily in AM. (there is a different dose in PM) | anti-anxiety | yes |
| 8:00 am | Visitacion, Dana | Claritin (Non-Drowsy Allergy Relief) | 10mg--1 tablet | once daily in am | seasonal allergies | yes |
| 8:00 am | Visitacion, Dana | Fluvoxamine Maleate | 50mg/tab--dose is 100 mg or 2 tabs | once daily in morning | antidepressant | yes |
| 8:00 am | Visitacion, Dana | Jolessa | 0.15-0.03 mg/1 tab dose is 1 tab | once daily in morning | regulate menstrual cycles | yes |
| 8:00 am | Wang, Rebecca | Alendronate Sodium | 70 mg/tablet--dose is 1 tablet | once per week on Friday morning, 30 minutes before breakfast | promotes bone health | yes |
| | | | | | | |
| | | | | | | |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|---------------------|---|------------------------------------|--|---|-----------|
| 9:00 am | Chien, Stephen | Valsartan | 160 mg/tab--dose is 1 tablet | once daily after breakfast | anti-hypertensive | yes |
| 9:00 am | Chua, Hannah | Levonorgestrel/estradiol | 0.15-0.03 mg/1 tab dose is 1 tab | daily in AM | to control menses | yes |
| 9:00 am | Chua, Hannah | Miralax | 1/2 capful | twice daily breakfast and dinner | prevent constipation | yes |
| 9:00 am | Chua, Hannah | Vitamin D3 | 2000 IU/capsule--dose is 1 capsule | once daily at breakfast | nutritional supplement | yes |
| 9:00 am | Gong, Richard | Bio-Kult probiotic | 1 capsule | twice daily --with breakfast and dinner meal | promotes healthy digestion and immune system | no |
| 9:00 am | Gong, Richard | Integrative Nutrivitamin Enzyme Complex, without iron | 1 capsule | twice daily with morning meal and evening meal | multivitamin, general nutritional health supplement | no |
| 9:00 am | Gong, Richard | Radiant Life Krill Extra | 1 capsule | twice daily with morning meal and dinner meal | Fish Oil nutritional supplement | no |
| 9:00 am | Hata, Randall | Fish Oil | 1000 mg/capsule--dose is 1 capsule | once daily in am | nutritional supplement | no |
| 9:00 am | Hata, Randall | Multi- Vitamin | 1 tablet | daily in AM | nutritional supplement | no |
| 9:00 am | Hata, Randall | Vitamin C | 500 mg/tablet--dose is 1 tablet | once daily in am | nutritional supplement | no |
| 9:00 am | Hata, Randall | Docusate Sodium | 250 mg/capsule--dose is 1 capsule | twice daily | stool softener | yes |
| 9:00 am | Mar, Jodi | Fish Oil | one gummy-- 500 mg | once daily in the morning or at breakfast | nutritional supplement to reduce triglycerides | no |
| 9:00 am | Mar, Jodi | Multi-vites Gummy Vitamin | 2 adult multivitamin gummies | once daily at breakfast | nutritional supplement | no |
| 9:00 am | Mock, Vanessa | Vitafusion Calcium | 500 mg--2 gummies | once daily at breakfast | nutritional supplement | no |
| 9:00 am | Mock, Vanessa | Vitafusion MultiVites Gummy vitamins | 2 tummies | once daily at breakfast | nutritional supplement | no |
| 9:00 am | Nagao, Lacey | One A Day Multivitamin for Women | 1 tablet | daily at breakfast | nutritional supplement | no |
| 9:00 am | Nagao, Lacey | Vitamin D3 | 1 soft gel | daily at breakfast | nutritional supplement | no |
| 9:00 am | Nakagaki, Christine | Adult Multivitamin Gummies | 2 gummies | once daily at breakfast | nutritional supplement | no |
| 9:00 am | Nakagaki, Christine | Claritin Reditabs | 10 mg/tablet--dose is 1 tablet | once daily at breakfast | control of seasonal allergies | yes |
| 9:00 am | Nishio, Marc | Calcium with Vitamin D | 500 mg/tablet--dose is 1 tablet | twice daily--breakfast and dinner | nutritional supplement | no |
| 9:00 am | Nishio, Marc | Vitamin D3 | 1000IU/capsule--dose is 1 capsule | daily | nutritional supplement | no |
| 9:00 am | Peeler, Jennifer | amphetamine salts | 5 mg/tab--dose is 3 tabs or 15 mg | twice daily breakfast and lunchtime | treatment for ADHD | yes |
| 9:00 am | Peeler, Jennifer | Oxybutynin | 5 mg/tablet--dose is 1 tablet | twice daily--morning and evening | urinary antispasmodic | yes |
| 9:00 am | Takamune, Lisa | Vitamin B-12 | 500 mg/tablet--dose is 1 tablet | daily after breakfast | nutritional supplement | no |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|------------------|----------------------------------|-------------------------------------|---|--|-----------|
| 9:00 am | Takamune, Lisa | Vitamin C | 500 mg/tablet--dose is 1 tablet | daily after breakfast | nutritional supplement | no |
| 9:00 am | Takamune, Lisa | Clopidogrel | 75 mg/tablet--dose is 1 tablet | daily in AM | anti platelet action; promotes heart and blood circulation | yes |
| 9:00 am | Visitacion, Dana | Multi- Vitamin | 1 tablet | once daily in morning | nutritional supplement | no |
| 9:00 am | Visitacion, Dana | Vitamin C | 1000 mg/tab--dose is 1 tablet | once daily in morning | nutritional supplement | no |
| 9:00 am | Wang, Rebecca | Areds 2 Eye Vitamin | 1 tablet | twice daily with morning meal and dinner meal | nutritional supplement for eyes | no |
| 9:00 am | Wang, Rebecca | Calcium Gummies | 1 gummy | daily in the morning | nutritional supplement to promote bone health | no |
| 9:00 am | Wang, Rebecca | Flax Seed Oil | 1400 mg/tablet dose is 1 tablet | daily in the morning | nutritional supplement for heart health | no |
| 9:00 am | Wang, Rebecca | Move Free | 1 tablet | once daily in the morning | nutritional supplement to promote joint health | no |
| 9:00 am | Wang, Rebecca | One a Day for Women | 1 tablet | once daily in the morning | nutritional supplement multivitamin | no |
| 9:00 am | Wang, Rebecca | Vitamin D3 | 2000 IU/tablet--dose is 1 tablet | once daily in the morning | nutritional supplement | no |
| | | | | | | |
| | | | | | | |
| 12:00 noon | Abasolo, Jerry | Hydrocodone (Norco) | 5/325 mg/1 tablet--dose is 1 tablet | three times daily--8 am; noon; 4 pm | relief of pain | yes |
| 12:00 noon | Abasolo, Jerry | Lamictal (Lamotrigine) | 200 mg/tab--dose is 2 tablets | three times daily--8 am; noon; 4 pm | seizure control | yes |
| 12:00 noon | Abasolo, Jerry | Oyster, Calcium and D supplement | 500/200mg/tab--dose is 1 tablet | daily at noon | nutritional supplement | yes |
| 12:00 noon | Abasolo, Jerry | Potassium Citrate ER | 10 meq/tab--dose is 1 tablet | three times a day | prevent kidney stones | yes |
| 12:00 noon | Abasolo, Jerry | Zonegran (Zonisamide) cap | 100 mg/capsule--dose is 2 capsules | three times a day--8 am; noon; 4 pm | seizure control | yes |
| 12:00 noon | Peeler, Jennifer | amphetamine salts | 5 mg/tab--dose is 3 tabs or 15 mg | twice daily breakfast and lunchtime | treatment for ADHD | yes |
| | | | | | | |
| | | | | | | |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|-----------------|---------------------------|-------------------------------------|---------------------------------------|----------------------------|-----------|
| 2:00 pm | Chen, Jonathan | Gabapentin | 400 mg/capsule--dose is 1 capsule | three times per day--8 am; 2 pm; 9 pm | relief of neuropathic pain | yes |
| 2:00 pm | Narahara, Craig | Levetiracetam (Keppra) | 750 mg/tablet--dose is 1 tablet | three times per day--8 am; 2 pm; 9 pm | seizure control | yes |
| | | | | | | |
| | | | | | | |
| 4:00 pm | Abasolo, Jerry | CVS Stool softener | 250 mg/capsule--dose is 1 capsule | twice daily | stool softener | yes |
| 4:00 pm | Abasolo, Jerry | Hydrocodone (Norco) | 5/325 mg/1 tablet--dose is 1 tablet | three times daily--8 am; noon; 4 pm | relief of pain | yes |
| 4:00 pm | Abasolo, Jerry | Lamictal (Lamotrigine) | 200 mg/tab--dose is 2 tablets | three times daily--8 am; noon; 4 pm | seizure control | yes |
| 4:00 pm | Abasolo, Jerry | Potassium Citrate ER | 10 meq/tab--dose is 1 tablet | three times a day | prevent kidney stones | yes |
| 4:00 pm | Abasolo, Jerry | Zonegran (Zonisamide) cap | 100 mg/capsule--dose is 2 capsules | three times a day--8 am; noon; 4 pm | seizure control | yes |
| | | | | | | |
| | | | | | | |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|-------------------|---------------------------------|---|---|---|-----------|
| 5:00 pm | Kanemori, David | Active C | 500 mg/capsule--dose is 1 capsule | twice daily--before breakfast and before dinner | immune system support | no |
| 5:00 pm | Kanemori, David | All-In-One | 1 tablet | before breakfast and before dinner | multi-vitamin/mineral supplement | no |
| 5:00 pm | Kanemori, David | Cat's Claw | 500 mg/capsule--dose is 1 capsule | daily before dinner | prevents Lyme disease | no |
| 5:00 pm | Kanemori, David | Kidney Support | 1 capsule | daily before dinner | nutritional supplement to support kidney | no |
| 5:00 pm | Kanemori, David | Liver Support | 1 capsule | daily before dinner | nutritional supplement to support liver | no |
| 5:00 pm | Kanemori, David | Probiotic | 1 capsule | twice daily before breakfast and before dinner | nutritional supplement to promote intestinal health | no |
| 5:00 pm | Kanemori, David | TMG (Trimethyl Glycine) | 1 tablet | daily before dinner | metabolism support | no |
| 5:00 pm | Kanemori, David | Ultimate Fungal | 1 capsule before breakfast and 2 capsules before dinner | before breakfast and before dinner | nutritional supplement to control fungus in gut, helps eczema | no |
| 5:00 pm | Kanemori, David | Wobenzyme | 1 capsule | twice daily before breakfast and before dinner | nutritional supplement digestive enzyme | no |
| 5:00 pm | Mar, Jodi | Lamotrigine | 25 mg/chewable dispersible tablet--dose is 100 mg or 4 chewable dispersible tablets | twice daily--breakfast and dinner | seizure control | yes |
| 5:00 pm | Miyashiro, Cindy | Brimonidine 0.2% eye solution | 1 drop in each eye | twice daily | glaucoma treatment | yes |
| 5:00 pm | Miyashiro, Cindy | Carbamazepine ER (Carbatrol) | 220 mg/capslet--dose is 3 caplets | twice daily--8 am and 5 pm | anti-seizure | yes |
| 5:00 pm | Miyashiro, Cindy | Oyster Shell 500 Vitamin D3 200 | 1 tablet | three times daily-- 8 am, 5 pm, 9 pm | nutritional supplement | yes |
| 5:00 pm | Miyashiro, Cindy | Simvastatin | 20mg/tab--dose is 1 tablet | once daily in evening | cholesterol lowering agent | yes |
| 5:00 pm | Nishio, Marc | Lomotil --ODD Days | 2.5 mg/tab --dose is 1 tablet | twice daily | anti-diarrhea | yes |
| 5:00 pm | Ouye, Jamie | Calcium Gummies | 500 mg/tablet--dose is 1 tablet | twice daily before breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Ouye, Jamie | Vitamin C | 1000 mg/tablet--dose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Ouye, Jamie | Vitamin D Gummy | 1500 mg/tablet--dose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Ouye, Jamie | Women's Gummy Vitamin | 1 Gummy Vitamin | twice daily before breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Refuerzo, Melling | Buspirone | 10 mg--1 tablet | twice daily: 8 am and 5 pm | anti-anxiety | yes |
| 5:00 pm | Refuerzo, Melling | Metformin | 1000 mg--1 tablet | twice daily--8 am and 5 pm | controls high blood sugar | yes |
| | | | | | | |
| | | | | | | |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|------------------|---|--------------------------------------|--|---|-----------|
| 6:00 pm | Chua, Hannah | Miralax | 1/2 capful | twice daily breakfast and dinner | prevent constipation | yes |
| 6:00 pm | Conville, Mariko | Kristalose | 20 mg/packet--dose is 1 packet | twice daily--breakfast and dinner | reduce constipation | yes |
| 6:00 pm | Gong, Richard | Bio-Kult probiotic | 1 capsule | twice daily --with breakfast and dinner meal | promotes healthy digestion and immune system | no |
| 6:00 pm | Gong, Richard | Integrative Nutrivitamin Enzyme Complex, without iron | 1 capsule | twice daily with morning meal and evening meal | multivitamin, general nutritional health supplement | no |
| 6:00 pm | Gong, Richard | Radiant Life Krill Extra | 1 capsule | twice daily with morning meal and dinner meal | Fish Oil nutritional supplement | no |
| 6:00 pm | Hata, Randall | Crestor | 20mg/tab--dose is 1 tablet | daily in pm. | cholesterol lowering agent | yes |
| 6:00 pm | Hata, Randall | Docusate Sodium | 250 mg/capsule--dose is 1 capsule | twice daily | stool softener | yes |
| 6:00 pm | Narahara, Craig | Benztropine (Cogentin) | 1 mg/tab--dose is 1 tablet | twice daily--8 am and 6 pm | control drooling, salivation--anti-cholinergic agent | yes |
| 6:00 pm | Narahara, Craig | Divalproex | 500 mg/tablet--dose is 1 tablet | twice daily--8 am and 6 pm | seizure disorder | yes |
| 6:00 pm | Narahara, Craig | Fiber Pill | 625 mg/tablet--dose is 1 tablet | twice daily--8 am and 6 pm | promote bowel regularity | yes |
| 6:00 pm | Narahara, Craig | Oyster Calcium | 500 mg/tablet--dose is 1 tablet | twice daily -- 8 am and 6 pm | nutritional supplement | yes |
| 6:00 pm | Nishio, Marc | Calcium with Vitamin D | 500 mg/tablet--dose is 1 tablet | twice daily--breakfast and dinner | nutritional supplement | no |
| 6:00 pm | Peeler, Jennifer | Cephalexin Oral Suspension | 250 mg/5mls. dose is 5 mls or 1 tsp. | daily in evening | antibiotic for prevention of bladder infection | yes |
| 6:00 pm | Peeler, Jennifer | Escitalopram Oxalate (Lexapro) oral solution | 5 mg/5 mls. dose is 20 mls. | daily every evening | antidepressant;treatment for generalized anxiety disorder | yes |
| 6:00 pm | Peeler, Jennifer | Oxybutynin | 5 mg/tablet--dose is 1 tablet | twice daily--morning and evening | urinary antispasmodic | yes |
| 6:00 pm | Takamune, Lisa | L-Arginine | 500 mg/tab--dose is 2 capsules | daily after dinner | nutritional supplement for the heart | no |
| 6:00 pm | Wang, Rebecca | Areds 2 Eye Vitamin | 1 tablet | twice daily with morning meal and dinner meal | nutritional supplement for eyes | no |
| 6:00 pm | Wang, Rebecca | Citracal Calcium Citrate | 630 mg/tablet--dose is 1 tablet | once daily in the evening | nutritional supplement to promote bone health | no |
| 6:00 pm | Wang, Rebecca | Digestive Advantage | 1 gummy | once daily in the evening | nutritional supplement to promote digestive health | no |
| 6:00 pm | Wang, Rebecca | Vitamin B-12 | 1000 mg/tablet--dose is 1 tablet | once daily in the evening | nutritional supplement fort energy health | no |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|-------------------|------------------------------------|--|--------------------------------------|---|-----------|
| 6:00 pm | Wang, Rebecca | Vitamin C | 500 mg/tablet--dose is 1 tablet | once daily in the evening | nutritional supplement | no |
| | | | | | | |
| | | | | | | |
| 8:00 pm | Miyashiro, Cindy | Hydrocortisone cream | 1% cream--apply small amount to rash areas on back | twice daily--AM and bedtime | ant inflammation | no |
| 8:00 pm | Nishio, Marc | Montelukast (generic for Singular) | 10 mg/tab--1 tablet | once daily at bedtime | seasonal allergy control | yes |
| 8:00 pm | Nishio, Marc | Risperidone | 0.5 mg/tab---1 tablet | twice daily | control of stimulatory behaviors | yes |
| 8:00 pm | Refuerzo, Melling | Loratadine | 10 mg--1 tablet | daily in the evening--8 pm | relief of seasonal allergies | yes |
| 8:00 pm | Refuerzo, Melling | Risperidone PM dose | 2 mg--1 tablet | once daily in evening--8 pm | treatment of mental/mood disorder | yes |
| 8:00 pm | Refuerzo, Melling | Simvastatin | 20 mg--1 tablet | daily at bedtime--8 pm | cholesterol lowering agent | yes |
| 8:00 pm | Tani, Glenn Ricky | Celexa (Citalopram) | 40 mg/tablet--dose is 1 tablet | daily at bedtime | anti-anxiety--anti-depressant | yes |
| 8:00 pm | Tani, Glenn Ricky | Cogentin (Benztropine) | 1 mg/tab--dose is 1 tablet | daily at bedtime--8 pm | antiparkinsonian, anticholinergic, anti-agitation | yes |
| 8:00 pm | Tani, Glenn Ricky | Seroquel (Quetiapine Fumartate) | 300 mg/tab--dose is 1/2 tab or 150 mg | daily at bedtime--8 pm | anti-psychotic, anti-depressant, anti-anxiety | yes |
| 8:00 pm | Visitacion, Dana | Buspirone PM | 5 mg/tablet--dose is 1 tablet or 5 mg | daily at pm--one hour before bedtime | anti-anxiety | yes |
| 8:00 pm | Visitacion, Dana | Guanfacine | 1 mg/tab--dose is 1 tab | once daily in evening | anti-hypertensive | yes |
| 8:00 pm | Visitacion, Dana | Melatonin | 3 mg/1 tab and 5 mg/1 tab--dose is 1 tab of each for total of 8 mg total | once daily in the evening | promote sleep | yes |
| 8:00 pm | Visitacion, Dana | Nortriptyline | 10 mg/capsule. dose is 40 mg or 4 capsules | once daily in evening | anti-depressant and to promote sleep | yes |
| 8:00 pm | Visitacion, Dana | Theanine | 100 mg/tab--dose is 1 tab | once daily in evening | amino acid | yes |
| | | | | | | |
| | | | | | | |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|------------------|------------------------------------|---|---------------------------------------|--|-----------|
| 9:00 pm | Abasolo, Jerry | Vinegar--external use | soak Qtip and swab both ears up until line indicated on Qtip. | daily at bedtime | treatment for ear itch eczema | no |
| 9:00 pm | Abasolo, Jerry | Allerclear Loratadine | 10mg/tab--dose is 1 tablet | daily at bedtime | allergy relief, antihistamine, itchy or allergic skin reaction | yes |
| 9:00 pm | Abasolo, Jerry | Atenolol | 25 mg/tab--dose is 1 tab | twice daily | anti-hypertensive | yes |
| 9:00 pm | Abasolo, Jerry | Hydrocodone/Acetaminophen -BEDTIME | 5/325 mg/tab--dose is 2 TABLETS | daily at bedtime | pain relief | yes |
| 9:00 pm | Abasolo, Jerry | Lamictal Bedtime | 200 mg/tab--dose is 3 tablets | daily at bedtime--9 pm | seizure control | yes |
| 9:00 pm | Abasolo, Jerry | Zonegran (Zonisamide) Bedtime | 100 mg/cap--dose is 3 capsules | daily at bedtime--9 pm | seizure control | yes |
| 9:00 pm | Chen, Jonathan | Gabapentin | 400 mg/capsule--dose is 1 capsule | three times per day--8 am; 2 pm; 9 pm | relief of neuropathic pain | yes |
| 9:00 pm | Conville, Mariko | Latuda | 20 mg/tab--dose is 2 tablets | daily at bedtime | relief of Kleefstra behavioral symptoms; anti-psychotic | yes |
| 9:00 pm | Conville, Mariko | Lorazepam BEDTIME | 1 mg/tab--dose is 1 tablet | daily at bedtime | anti-anxiety | yes |
| 9:00 pm | Conville, Mariko | Myrbetriq | 50 mg/tab--dose is 1 tablet | daily at bedtime | bladder antispasmodic | yes |
| 9:00 pm | Conville, Mariko | Trader Joe's OTC Folic Acid/B6/B12 | 1 tablet | daily at bedtime | nutritional supplement | yes |
| 9:00 pm | Hata, Randall | Aquaphor spray | spray to affected areas on arms and legs | daily after showering | prevent skin dryness | no |
| 9:00 pm | Miyashiro, Cindy | Chlorhexidine 0.12% mouth rinse | 1/2 oz undiluted rinse in mouth | once daily at bedtime | treatment for gum disease | no |
| 9:00 pm | Miyashiro, Cindy | Triamcinolone 0.5% | apply small amount to affected area | twice daily--AM and bedtime | steroid cream | no |
| 9:00 pm | Miyashiro, Cindy | Vitamin E cream | apply to affectd areas of skin rash to back of legs | daily at bedtime | promotes skin health | no |
| 9:00 pm | Miyashiro, Cindy | Citalopram HBR (Celexa) | 40 mg/tablet--dose is 1 tablet | daily at bedtime--9 pm | antidepressant | yes |
| 9:00 pm | Miyashiro, Cindy | Latanoprost | 0.005%--dose is 1 drop in each eye | daily at bedtime--9 pm | glaucoma treatment | yes |
| 9:00 pm | Miyashiro, Cindy | Oyster Shell 500 Vitamin D3 200 | 1 tablet | three times daily-- 8 am, 5 pm, 9 pm | nutritional supplement | yes |
| 9:00 pm | Miyashiro, Cindy | Risperidone HS dose 0.5 mg tab | 0.5 mg/tab---1 tablet | daily at 9 pm | mood stabilizer--anti-psychotic | yes |
| 9:00 pm | Miyashiro, Cindy | Risperidone HS dose 1 mg tablet | 1 mg/tablet--dose is 1 tablet | daily at bedtime--9 pm | mood stabilizer, anti-psychotic | yes |
| 9:00 pm | Narahara, Craig | Gemfibrozil (Lopid) | 600 mg/tablet--dose is 1 tablet | daily at bedtime--9 pm | cholesterol control | yes |
| 9:00 pm | Narahara, Craig | Levitiracetam (Keppra) | 750 mg/tablet--dose is 1 tablet | three times per day--8 am; 2 pm; 9 pm | seizure control | yes |
| 9:00 pm | Takamune, Lisa | Zioptan | one drop both eyes | daily at bedtime | glaucoma treatment | yes |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|-------------------|--------------------------------|---|---|--|-----------|
| 9:00 pm | Verzani, Amanda | Baclofen | 10 mg/tab --dose is 2 tablets | daily at bedtime--9 pm | anti-spasticity | yes |
| 9:00 pm | Verzani, Amanda | Trileptal(Oxcarbazepine)HS | 300 mg/tab-dose is 2 tabs at bedtime | daily at bedtime--9 pm | anti-seizure | yes |
| | | | | | | |
| | | | | | | |
| as needed | Eugenio, Benjamin | Xyzal | 5 mg/tab--dose is 1 tablet | as needed for allergy symptoms at bedtime, if needed | treatment for sinus allergies | yes |
| as needed | Gong, Richard | Diphenhydramine | 1-2 capsules as needed for above symptoms | as needed every 4 hrs if needed; do not exceed 6 doses in 24 hrs. | allergy relief, antihistamine, itchy or allergic skin reaction | yes |
| as needed | Hata, Randall | Refresh eye drops | 1 drop in each eye | as needed for eye dryness | eye lubrication to prevent dryness | no |
| as needed | Hata, Randall | Fluticasone 50 mcg Nasal Spray | 1 puff each nostril | as needed for sinus congestion | relief of nasal congestion | yes |
| as needed | Kanazawa, Curtis | Chlorpheniramine | 4 mg--1 tablet | as needed every 4 hrs for allergy symptoms--1 tablet | seasonal allergies | yes |
| as needed | Kanemori, David | Calendula | apply small amount to affected areas | as needed for scrapes and cuts | homeopathic ointment for healing scrapes and cuts | no |
| as needed | Nishio, Marc | Lomotil | 2.5 mg/tab --dose is 1 tablet | AS NEEDED FOR DIARRHEA--AN ADDITIONAL 1 TABLET PER DAY | control diarrhea | yes |
| as needed | Verzani, Amanda | Neosporin | as needed to cover cuts or scarpes | as needed for cuts and scrapes | topical antibiotic ointment | no |
| as needed | Visitacion, Dana | Benadryl | 25 mg/tab--dose is 2 tabs or 50 mg | as needed for seasonal allergy symptoms | seasonal allergies/common cold symptoms | yes |
| as needed | Visitacion, Dana | Ibuprofen | 200 mg/tab--dose is 1 tab | as needed for headache or mild pain--1 tab every 4 hrs if needed | relief of headache or mild pain | yes |
| | | | | | | |
| | | | | | | |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|------------------|---------------------------|---|---|--|-----------|
| 8:00 am | Abasolo, Jerry | Atenolol | 25 mg/tab--dose is 1 tab | twice daily | anti-hypertensive | yes |
| 8:00 am | Abasolo, Jerry | CVS Stool softener | 250 mg/capsule--dose is 1 capsule | twice daily | stool softener | yes |
| 8:00 am | Abasolo, Jerry | Hydrocodone (Norco) | 5/325 mg/1 tablet--dose is 1 tablet | three times daily--8 am; noon; 4 pm | relief of pain | yes |
| 8:00 am | Abasolo, Jerry | Lamictal (Lamotrigine) | 200 mg/tab--dose is 2 tablets | three times daily--8 am; noon; 4 pm | seizure control | yes |
| 8:00 am | Abasolo, Jerry | Potassium Citrate ER | 10 meq/tab--dose is 1 tablet | three times a day | prevent kidney stones | yes |
| 8:00 am | Abasolo, Jerry | Pravastatin | 20 mg/tab--dose is 1 tablet | daily in am | cholesterol lowering agent | yes |
| 8:00 am | Abasolo, Jerry | Zonegran (Zonisamide) cap | 100 mg/capsule--dose is 2 capsules | three times a day--8 am; noon; 4 pm | seizure control | yes |
| 8:00 am | Chen, Jonathan | Gabapentin | 400 mg/capsule--dose is 1 capsule | three times per day--8 am; 2 pm; 9 pm | relief of neuropathic pain | yes |
| 8:00 am | Conville, Mariko | Cytomel | 5 mcg/tablet--dose is 2 tablets | daily in morning | Treatment for Hashimoto's hypothyroiditis | yes |
| 8:00 am | Conville, Mariko | Kristalose | 20 mg/packet--dose is 1 packet | twice daily--breakfast and dinner | reduce constipation | yes |
| 8:00 am | Conville, Mariko | Lorazepam (Ativan) AM | 1 mg/tablet--dose is 3 tablets | daily in AM | anti anxiety | yes |
| 8:00 am | Conville, Mariko | Synthroid | 88 mcg/tablet --dose is 1 tablet | daily in am on MWTHSAT | Hashimoto's hypothyroiditis--thyroid hormone replacement | yes |
| 8:00 am | Kanemori, David | Active C | 500 mg/capsule--dose is 1 capsule | twice daily--before breakfast and before dinner | immune system support | no |
| 8:00 am | Kanemori, David | All-In-One | 1 tablet | before breakfast and before dinner | multi-vitamin/mineral supplement | no |
| 8:00 am | Kanemori, David | Fola Pro | 800 mcg/capsule--dose is 1 capsule | daily before breakfast | methylated folic acid supplement | no |
| 8:00 am | Kanemori, David | Magnesium Glycinate | 400 mg/capsule--doae is 1 capsule | daily before breakfast | nutritional supplement to balance glutamate, aids muscle flexibility, calming effect | no |
| 8:00 am | Kanemori, David | Pantothenic Acid | 500 mg/tablet--dose is 1 tablet | daily before breakfast | nutritional supplement to prevent allergies | no |
| 8:00 am | Kanemori, David | Probiotic | 1 capsule | twice daily before breakfast and before dinner | nutritional supplement to promote intestinal health | no |
| 8:00 am | Kanemori, David | Ultimate Fungal | 1 capsule before breakfast and 2 capsules before dinner | before breakfast and before dinner | nutritional supplement to control fungus in gut, helps eczema | no |
| 8:00 am | Kanemori, David | Vitamin D3 | 1 capsule | daily before breakfast | 5000 IU/capsule--dose is 1 capsule | no |
| 8:00 am | Kanemori, David | Wobenzyme | 1 capsule | twice daily before breakfast and before dinnner | nutritional supplement digestive enzyme | no |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|-------------------|---------------------------------|---|---|--|-----------|
| 8:00 am | Mar, Jodi | Lamotrigine | 25 mg/chewable dispersible tablet--dose is 100 mg or 4 chewable dispersible tablets | twice daily--breakfast and dinner | seizure control | yes |
| 8:00 am | Mar, Jodi | Levothyroxine | 50 mcg--1 tablet | daily in the morning | thyroid hormone replacement | yes |
| 8:00 am | Miyashiro, Cindy | Hydrocortisone cream | 1% cream--apply small amount to rash areas on back | twice daily--AM and bedtime | ant inflammation | no |
| 8:00 am | Miyashiro, Cindy | Triamcinolone 0.5% | apply small amount to affected area | twice daily--AM and bedtime | steroid cream | no |
| 8:00 am | Miyashiro, Cindy | Brimonidine 0.2% eye solution | 1 drop in each eye | twice daily | glaucoma treatment | yes |
| 8:00 am | Miyashiro, Cindy | Carbamazepine ER (Carbatrol) | 220 mg/capslet--dose is 3 caplets | twice daily--8 am and 5 pm | anti-seizure | yes |
| 8:00 am | Miyashiro, Cindy | Oyster Shell 500 Vitamin D3 200 | 1 tablet | three times daily-- 8 am, 5 pm, 9 pm | nutritional supplement | yes |
| 8:00 am | Miyashiro, Cindy | RisperidoneAM | 2 mg/tablet--dose is 1 tablet | daily in AM | mood stabilizer--anti-psychotic | yes |
| 8:00 am | Miyashiro, Cindy | Thera-M | 1 tablet | daily in am | nutritional supplement | yes |
| 8:00 am | Narahara, Craig | Benzotropine (Cogentin) | 1 mg/tab--dose is 1 tablet | twice daily--8 am and 6 pm | control drooling, salivation--anti-cholinergic agent | yes |
| 8:00 am | Narahara, Craig | Divalproex | 500 mg/tablet--dose is 1 tablet | twice daily--8 am and 6 pm | seizure disorder | yes |
| 8:00 am | Narahara, Craig | Fiber Pill | 625 mg/tablet--dose is 1 tablet | twice daily--8 am and 6 pm | promote bowel regularity | yes |
| 8:00 am | Narahara, Craig | Levitiracetam (Keppra) | 750 mg/tablet--dose is 1 tablet | three times per day--8 am; 2 pm; 9 pm | seizure control | yes |
| 8:00 am | Narahara, Craig | Oyster Calcium | 500 mg/tablet--dose is 1 tablet | twice daily -- 8 am and 6 pm | nutritional supplement | yes |
| 8:00 am | Narahara, Craig | Vitamin D3 | 2000 IU/tablet--dose is 1 tablet | once daily in am | nutritional supplement | yes |
| 8:00 am | Nishio, Marc | Lomotil--EVEN days | 2.5 mg/tab --dose is 1 tablet | three times daily | anti-diarrhea | yes |
| 8:00 am | Nishio, Marc | Omeprazole | 20 mg/capsule--dose is 1 capsule | daily in am | control heartburn | yes |
| 8:00 am | Nishio, Marc | Risperidone | 0.5 mg/tab---1 tablet | twice daily | control of stimulatory behaviors | yes |
| 8:00 am | Ouye, Jamie | Calcium Gummies | 500 mg/tablet--dose is 1 tablet | twice daily before breakfast and dinner | nutritional supplement | no |
| 8:00 am | Ouye, Jamie | Vitamin C | 1000 mg/tablet--dose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 8:00 am | Ouye, Jamie | Vitamin D Gummy | 1500 mg/tablet--dose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 8:00 am | Ouye, Jamie | Women's Gummy Vitamin | 1 Gummy Vitamin | twice daily before breakfast and dinner | nutritional supplement | no |
| 8:00 am | Refuerzo, Melling | Buspirone | 10 mg--1 tablet | twice daily: 8 am and 5 pm | anti-anxiety | yes |
| 8:00 am | Refuerzo, Melling | Citalopram HBR (Celexa) | 40 mg--1 tablet | once daily--8 am | anti-depressant | yes |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|-------------------|--------------------------------------|---|---|-----------------------------------|-----------|
| 8:00 am | Refuerzo, Melling | Lisinopril | 10 mg--1 tablet | daily in the morning--8 am | treat high blood pressure | yes |
| 8:00 am | Refuerzo, Melling | Metformin | 1000 mg--1 tablet | twice daily--8 am and 5 pm | controls high blood sugar | yes |
| 8:00 am | Refuerzo, Melling | RisperidoneAM | 1 mg--1 tablet | once daily--8 am | treatment of mental/mood disorder | yes |
| 8:00 am | Verzani, Amanda | Trileptal (Oxcarbazepine)AM | 300 mg/tablet dose is 450 mg--1.5 tablets | daily in AM | anti-seizure | yes |
| 8:00 am | Visitacion, Dana | Buspirone AM | 5 mg/tab--dose is 3 tabs or 15 mg | daily in AM. (there is a different dose in PM) | anti-anxiety | yes |
| 8:00 am | Visitacion, Dana | Claritin (Non-Drowsy Allergy Relief) | 10mg--1 tablet | once daily in am | seasonal allergies | yes |
| 8:00 am | Visitacion, Dana | Fluvoxamine Maleate | 50mg/tab--dose is 100 mg or 2 tabs | once daily in morning | antidepressant | yes |
| 8:00 am | Visitacion, Dana | Jolessa | 0.15-0.03 mg/1 tab dose is 1 tab | once daily in morning | regulate menstrual cycles | yes |
| | | | | | | |
| | | | | | | |

2019-06-01,10:00am(PDT)

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|---------------------|---|------------------------------------|--|---|-----------|
| 9:00 am | Chien, Stephen | Valsartan | 160 mg/tab--dose is 1 tablet | once daily after breakfast | anti-hypertensive | yes |
| 9:00 am | Chua, Hannah | Levonorgestrel/estradiol | 0.15-0.03 mg/1 tab dose is 1 tab | daily in AM | to control menses | yes |
| 9:00 am | Chua, Hannah | Miralax | 1/2 capful | twice daily breakfast and dinner | prevent constipation | yes |
| 9:00 am | Chua, Hannah | Vitamin D3 | 2000 IU/capsule--dose is 1 capsule | once daily at breakfast | nutritional supplement | yes |
| 9:00 am | Gong, Richard | Bio-Kult probiotic | 1 capsule | twice daily --with breakfast and dinner meal | promotes healthy digestion and immune system | no |
| 9:00 am | Gong, Richard | Integrative Nutrivitamin Enzyme Complex, without iron | 1 capsule | twice daily with morning meal and evening meal | multivitamin, general nutritional health supplement | no |
| 9:00 am | Gong, Richard | Radiant Life Krill Extra | 1 capsule | twice daily with morning meal and dinner meal | Fish Oil nutritional supplement | no |
| 9:00 am | Hata, Randall | Fish Oil | 1000 mg/capsule--dose is 1 capsule | once daily in am | nutritional supplement | no |
| 9:00 am | Hata, Randall | Multi- Vitamin | 1 tablet | daily in AM | nutritional supplement | no |
| 9:00 am | Hata, Randall | Vitamin C | 500 mg/tablet--dose is 1 tablet | once daily in am | nutritional supplement | no |
| 9:00 am | Hata, Randall | Docusate Sodium | 250 mg/capsule--dose is 1 capsule | twice daily | stool softener | yes |
| 9:00 am | Mar, Jodi | Fish Oil | one gummy-- 500 mg | once daily in the morning or at breakfast | nutritional supplement to reduce triglycerides | no |
| 9:00 am | Mar, Jodi | Multi-vites Gummy Vitamin | 2 adult multivitamin gummies | once daily at breakfast | nutritional supplement | no |
| 9:00 am | Mock, Vanessa | Vitafusion Calcium | 500 mg--2 gummies | once daily at breakfast | nutritional supplement | no |
| 9:00 am | Mock, Vanessa | Vitafusion MultiVites Gummy vitamins | 2 tummies | once daily at breakfast | nutritional supplement | no |
| 9:00 am | Nagao, Lacey | One A Day Multivitamin for Women | 1 tablet | daily at breakfast | nutritional supplement | no |
| 9:00 am | Nagao, Lacey | Vitamin D3 | 1 soft gel | daily at breakfast | nutritional supplement | no |
| 9:00 am | Nakagaki, Christine | Adult Multivitamin Gummies | 2 gummies | once daily at breakfast | nutritional supplement | no |
| 9:00 am | Nakagaki, Christine | Claritin Reditabs | 10 mg/tablet--dose is 1 tablet | once daily at breakfast | control of seasonal allergies | yes |
| 9:00 am | Nishio, Marc | Calcium with Vitamin D | 500 mg/tablet--dose is 1 tablet | twice daily--breakfast and dinner | nutritional supplement | no |
| 9:00 am | Nishio, Marc | Vitamin D3 | 1000IU/capsule--dose is 1 capsule | daily | nutritional supplement | no |
| 9:00 am | Peeler, Jennifer | amphetamine salts | 5 mg/tab--dose is 3 tabs or 15 mg | twice daily breakfast and lunchtime | treatment for ADHD | yes |
| 9:00 am | Peeler, Jennifer | Oxybutynin | 5 mg/tablet--dose is 1 tablet | twice daily--morning and evening | urinary antispasmodic | yes |
| 9:00 am | Takamune, Lisa | Vitamin B-12 | 500 mg/tablet--dose is 1 tablet | daily after breakfast | nutritional supplement | no |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|------------------|---------------------------------|-----------------------------------|---|--|-----------|
| 9:00 am | Takamune, Lisa | Vitamin C | 500 mg/tablet--dose is 1 tablet | daily after breakfast | nutritional supplement | no |
| 9:00 am | Takamune, Lisa | Clopidogrel | 75 mg/tablet--dose is 1 tablet | daily in AM | anti platelet action; promotes heart and blood circulation | yes |
| 9:00 am | Visitacion, Dana | Multi- Vitamin | 1 tablet | once daily in morning | nutritional supplement | no |
| 9:00 am | Visitacion, Dana | Vitamin C | 1000 mg/tab--dose is 1 tablet | once daily in morning | nutritional supplement | no |
| 9:00 am | Wang, Rebecca | Areds 2 Eye Vitamin | 1 tablet | twice daily with morning meal and dinner meal | nutritional supplement for eyes | no |
| 9:00 am | Wang, Rebecca | Calcium Gummies | 1 gummy | daily in the morning | nutritional supplement to promote bone health | no |
| 9:00 am | Wang, Rebecca | Flax Seed Oil | 1400 mg/tablet dose is 1 tablet | daily in the morning | nutritional supplement for heart health | no |
| 9:00 am | Wang, Rebecca | Move Free | 1 tablet | once daily in the morning | nutritional supplement to promote joint health | no |
| 9:00 am | Wang, Rebecca | One a Day for Women | 1 tablet | once daily in the morning | nutritional supplement multivitamin | no |
| 9:00 am | Wang, Rebecca | Vitamin D3 | 2000 IU/tablet--dose is 1 tablet | once daily in the morning | nutritional supplement | no |
| | | | | | | |
| | | | | | | |
| 2:00 pm | Narahara, Craig | Levitiracetam (Keppra) | 750 mg/tablet--dose is 1 tablet | three times per day--8 am; 2 pm; 9 pm | seizure control | yes |
| | | | | | | |
| | | | | | | |
| 5:00 pm | Miyashiro, Cindy | Brimonidine 0.2% eye solution | 1 drop in each eye | twice daily | glaucoma treatment | yes |
| 5:00 pm | Miyashiro, Cindy | Carbamazepine ER (Carbatrol) | 220 mg/capslet--dose is 3 caplets | twice daily--8 am and 5 pm | anti-seizure | yes |
| 5:00 pm | Miyashiro, Cindy | Oyster Shell 500 Vitamin D3 200 | 1 tablet | three times daily-- 8 am, 5 pm, 9 pm | nutritional supplement | yes |
| 5:00 pm | Miyashiro, Cindy | Simvastatin | 20mg/tab--dose is 1 tablet | once daily in evening | cholesterol lowering agent | yes |
| | | | | | | |
| | | | | | | |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|------------------|---------------------------------|-----------------------------------|---------------------------------------|--|-----------|
| 6:00 pm | Chua, Hannah | Miralax | 1/2 capful | twice daily breakfast and dinner | prevent constipation | yes |
| 6:00 pm | Hata, Randall | Crestor | 20mg/tab--dose is 1 tablet | daily in pm. | cholesterol lowering agent | yes |
| 6:00 pm | Hata, Randall | Docusate Sodium | 250 mg/capsule--dose is 1 capsule | twice daily | stool softener | yes |
| 6:00 pm | Narahara, Craig | Benztropine (Cogentin) | 1 mg/tab--dose is 1 tablet | twice daily--8 am and 6 pm | control drooling, salivation--anti-cholinergic agent | yes |
| 6:00 pm | Narahara, Craig | Divalproex | 500 mg/tablet--dose is 1 tablet | twice daily--8 am and 6 pm | seizure disorder | yes |
| 6:00 pm | Narahara, Craig | Fiber Pill | 625 mg/tablet--dose is 1 tablet | twice daily--8 am and 6 pm | promote bowel regularity | yes |
| 6:00 pm | Narahara, Craig | Oyster Calcium | 500 mg/tablet--dose is 1 tablet | twice daily -- 8 am and 6 pm | nutritional supplement | yes |
| | | | | | | |
| | | | | | | |
| 9:00 pm | Miyashiro, Cindy | Citalopram HBR (Celexa) | 40 mg/tablet--dose is 1 tablet | daily at bedtime--9 pm | antidepressant | yes |
| 9:00 pm | Miyashiro, Cindy | Oyster Shell 500 Vitamin D3 200 | 1 tablet | three times daily-- 8 am, 5 pm, 9 pm | nutritional supplement | yes |
| 9:00 pm | Miyashiro, Cindy | Risperidone HS dose 0.5 mg tab | 0.5 mg/tab---1 tablet | daily at 9 pm | mood stabilizer--anti-psychotic | yes |
| 9:00 pm | Miyashiro, Cindy | Risperidone HS dose 1 mg tablet | 1 mg/tablet--dose is 1 tablet | daily at bedtime--9 pm | mood stabilizer, anti-psychotic | yes |
| 9:00 pm | Narahara, Craig | Gemfibrozil (Lopid) | 600 mg/tablet--dose is 1 tablet | daily at bedtime--9 pm | cholesterol control | yes |
| 9:00 pm | Narahara, Craig | Levetiracetam (Keppra) | 750 mg/tablet--dose is 1 tablet | three times per day--8 am; 2 pm; 9 pm | seizure control | yes |
| | | | | | | |
| | | | | | | |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|------------------|--------------------------------|---|---|--|-----------|
| as needed | Gong, Richard | Diphenhydramine | 1-2 capsules as needed for above symptoms | as needed every 4 hrs if needed; do not exceed 6 doses in 24 hrs. | allergy relief, antihistamine, itchy or allergic skin reaction | yes |
| as needed | Hata, Randall | Refresh eye drops | 1 drop in each eye | as needed for eye dryness | eye lubrication to prevent dryness | no |
| as needed | Hata, Randall | Fluticasone 50 mcg Nasal Spray | 1 puff each nostril | as needed for sinus congestion | relief of nasal congestion | yes |
| as needed | Kanazawa, Curtis | Chlorpheniramine | 4 mg--1 tablet | as needed every 4 hrs for allergy symptoms--1 tablet | seasonal allergies | yes |
| as needed | Kanemori, David | Calendula | apply small amount to affected areas | as needed for scrapes and cuts | homeopathic ointment for healing scrapes and cuts | no |
| as needed | Nishio, Marc | Lomotil | 2.5 mg/tab --dose is 1 tablet | AS NEEDED FOR DIARRHEA--AN ADDITIONAL 1 TABLET PER DAY | control diarrhea | yes |
| as needed | Verzani, Amanda | Neosporin | as needed to cover cuts or scarpes | as needed for cuts and scrapes | topical antibiotic ointment | no |
| as needed | Visitacion, Dana | Benadryl | 25 mg/tab--dose is 2 tabs or 50 mg | as needed for seasonal allergy symptoms | seasonal allergies/common cold symptoms | yes |
| as needed | Visitacion, Dana | Ibuprofen | 200 mg/tab--dose is 1 tab | as needed for headache or mild pain--1 tab every 4 hrs if needed | relief of headache or mild pain | yes |
| | | | | | | |
| | | | | | | |

| <i>Time</i> | <i>Camper</i> | <i>Medication</i> | <i>Dosage</i> | <i>Frequency</i> | <i>Purpose</i> | <i>HS</i> |
|-------------|---------------------|------------------------|---|--|---|-----------|
| as needed | Chua, Hannah | Acetaminophen | 500 mg--1 tablet | as needed every 4 hrs for pain; do not exceed 5 doses in 24 hrs. | mild pain relief | yes |
| as needed | Nakagaki, Christine | Ibuprofen Jr. Strength | 100 mg/tab--dose is 3 tablets; CHEWABLE | as needed for menstrual cramps or fever every 6-8 hrs if needed. Give with food. | as needed for relief of menstrual cramps, fever | yes |
| as needed | Verzani, Amanda | Tylenol Extra Strength | 1 tablet | as needed for headache, injury, menstrual cramp | 500 mg--1 tablet | yes |
| | | | | | | |
| | | | | | | |

2019-06-01,10:00am(PDT)