

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
8:00 am	Kanemori, David	Benfotiamine	250 mg/capsule--dose is 1 capsule	daily before breakfast	protection from high blood sugar	no
8:00 am	Miyashiro, Cindy	Hydrocortisone cream	1% cream--apply small amount to rash areas on back	twice daily--AM and bedtime	ant inflammation	no
2:00 pm	Narahara, Craig	Levitiracetam (Keppra)	750 mg/tablet--dose is 1 tablet	three times per day--8 am; 2 pm; 9 pm	seizure control	yes
4:00 pm	Abasolo, Jerry	CVS Stool softener	250 mg/capsule--dose is 1 capsule	twice daily	stool softener	yes
4:00 pm	Abasolo, Jerry	Hydrocodone (Norco)	5/325 mg/1 tablet--dose is 1 tablet	two times daily--8 am; 4 pm	relief of pain	yes
4:00 pm	Abasolo, Jerry	Lamictal (Lamotrigine)	200 mg/tab--dose is 2 tablets	three times daily--8 am; noon; 4 pm	seizure control	yes
4:00 pm	Abasolo, Jerry	Potassium Citrate ER	10 meq/tab--dose is 1 tablet	three times a day	prevent kidney stones	yes
4:00 pm	Abasolo, Jerry	Zonegran (Zonisamide) cap	100 mg/capsule--dose is 2 capsules	three times a day--8 am; noon; 4 pm	seizure control	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
5:00 pm	Kanemori, David	Active C	500 mg/capsule--dose is 1 capsule	twice daily--before breakfast and before dinner	immune system support	no
5:00 pm	Kanemori, David	All-In-One	1 tablet	before breakfast and before dinner	multi-vitamin/mineral supplement	no
5:00 pm	Kanemori, David	Cat's Claw	500 mg/capsule--dose is 1 capsule	daily before dinner	prevents Lyme disease	no
5:00 pm	Kanemori, David	Kidney Support	1 capsule	daily before dinner	nutritional supplement to support kidney	no
5:00 pm	Kanemori, David	Liver Support	1 capsule	daily before dinner	nutritional supplement to support liver	no
5:00 pm	Kanemori, David	Probiotic	1 capsule	twice daily before breakfast and before dinner	nutritional supplement to promote intestinal health	no
5:00 pm	Kanemori, David	Wobenzyme	1 capsule	twice daily before breakfast and before dinner	nutritional supplement digestive enzyme	no
5:00 pm	Mar, Jodi	Lamotrigine	25 mg/chewable dispersible tablet--dose is 100 mg or 4 chewable dispersible tablets	twice daily--breakfast and dinner	seizure control	yes
5:00 pm	Miyashiro, Cindy	Brimonidine 0.2% eye solution	1 drop in each eye	twice daily	glaucoma treatment	yes
5:00 pm	Miyashiro, Cindy	Carbamazepine ER (Carbatrol)	220 mg/capslet--dose is 3 caplets	twice daily--8 am and 5 pm	anti-seizure	yes
5:00 pm	Miyashiro, Cindy	Oyster Shell 500 Vitamin D3 200	1 tablet	three times daily-- 8 am, 5 pm, 9 pm	nutritional supplement	yes
5:00 pm	Miyashiro, Cindy	Simvastatin	20mg/tab--dose is 1 tablet	once daily in evening	cholesterol lowering agent	yes
5:00 pm	Nishio, Marc	Lomotil--EVEN days	2.5 mg/tab --dose is 1 tablet	three times daily	anti-diarrhea	yes
5:00 pm	Ouye, Jamie	Calcium Gummies	500 mg/tablet--dose is 1 tablet	twice daily before breakfast and dinner	nutritional supplement	no
5:00 pm	Ouye, Jamie	Vitamin C	1000 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner	nutritional supplement	no
5:00 pm	Ouye, Jamie	Vitamin D Gummy	1500 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner	nutritional supplement	no
5:00 pm	Ouye, Jamie	Women's Gummy Vitamin	1 Gummy Vitamin	twice daily before breakfast and dinner	nutritional supplement	no
5:00 pm	Refuerzo, Melling	Bupirone	10 mg--1 tablet	twice daily: 8 am and 5 pm	anti-anxiety	yes

# HS Master Schedule

Sunday, 2019-06-30

JEMS Special Camp 2019  
Page 3

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
5:00 pm	Refuerzo, Melling	Metformin	1000 mg--1 tablet	twice daily--8 am and 5 pm	controls high blood sugar	yes

2019-06-17

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
6:00 pm	Chua, Hannah	Acetyl L-carnitine	500 mg/capsule--dose is 1 capsule	three times daily	Nutritional supplement	no
6:00 pm	Chua, Hannah	Fish Oil	1000mg/capsule--dose is 1 capsule	twice daily	Nutritional supplement	no
6:00 pm	Chua, Hannah	Miralax	1/2 capful	twice daily breakfast and dinner	prevent constipation	yes
6:00 pm	Conville, Mariko	Kristalose	20 mg/packet--dose is 1 packet	twice daily--breakfast and dinner	reduce constipation	yes
6:00 pm	Gong, Richard	Bio-Kult probiotic	1 capsule	twice daily --with breakfast and dinner meal	promotes healthy digestion and immune system	no
6:00 pm	Gong, Richard	Integrative Nutrivitamin Enzyme Complex, without iron	1 capsule	twice daily with morning meal and evening meal	multivitamin, general nutritional health supplement	no
6:00 pm	Gong, Richard	Radiant Life Krill Extra	1 capsule	twice daily with morning meal and dinner meal	Fish Oil nutritional supplement	no
6:00 pm	Hata, Randall	Crestor	20mg/tab--dose is 1 tablet	daily in pm.	cholesterol lowering agent	yes
6:00 pm	Hata, Randall	Docusate Sodium	250 mg/capsule--dose is 1 capsule	twice daily	stool softener	yes
6:00 pm	Nakagaki, Christine	Miralax	17 grams/packet--dose is 1 packet. Dissolve in 4-8 oz fluid.	Dinner on Sunday, Tuesday, Thursday only	constipation relief	yes
6:00 pm	Narahara, Craig	Benzotropine (Cogentin)	1 mg/tab--dose is 1 tablet	twice daily--8 am and 6 pm	control drooling, salivation--anti-cholinergic agent	yes
6:00 pm	Narahara, Craig	Divalproex	500 mg/tablet--dose is 1 tablet	twice daily--8 am and 6 pm	seizure disorder	yes
6:00 pm	Narahara, Craig	Fiber Pill	625 mg/tablet--dose is 1 tablet	twice daily--8 am and 6 pm	promote bowel regularity	yes
6:00 pm	Narahara, Craig	Oyster Calcium	500 mg/tablet--dose is 1 tablet	twice daily -- 8 am and 6 pm	nutritional supplement	yes
6:00 pm	Nishio, Marc	Calcium with Vitamin D	500 mg/tablet--dose is 1 tablet	twice daily--breakfast and dinner	nutritional supplement	no
6:00 pm	Peeler, Jennifer	Cephalexin Oral Suspension	250 mg/5mls. dose is 5 mls or 1 tsp.	daily in evening	antibiotic for prevention of bladder infection	yes
6:00 pm	Peeler, Jennifer	Escitalopram Oxalate (Lexapro) oral solution	5 mg/5 mls. dose is 20 mls.	daily every evening	antidepressant;treatment for generalized anxiety disorder	yes
6:00 pm	Peeler, Jennifer	Oxybutynin	5 mg/tablet--dose is 1 tablet	twice daily--morning and evening	urinary antispasmodic	yes
6:00 pm	Takamune, Lisa	L-Arginine	500 mg/tab--dose is 2 capsules	daily after dinner	nutritional supplement for the heart	no

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
6:00 pm	Wang, Rebecca	Areds 2 Eye Vitamin	1 tablet	twice daily with morning meal and dinner meal	nutritional supplement for eyes	no
6:00 pm	Wang, Rebecca	Citracal Calcium Citrate	630 mg/tablet--dose is 1 tablet	once daily in the evening	nutritional supplement to promote bone health	no
6:00 pm	Wang, Rebecca	Digestive Advantage	1 gummy	once daily in the evening	nutritional supplement to promote digestive health	no
6:00 pm	Wang, Rebecca	Vitamin B-12	1000 mg/tablet--dose is 1 tablet	once daily in the evening	nutritional supplement fort energy health	no
6:00 pm	Wang, Rebecca	Vitamin C	500 mg/tablet--dose is 1 tablet	once daily in the evening	nutritional supplement	no

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
8:00 pm	Miyashiro, Cindy	Hydrocortisone cream	1% cream--apply small amount to rash areas on back	twice daily--AM and bedtime	ant inflammation	no
8:00 pm	Nishio, Marc	Montelukast (generic for Singular)	10 mg/tab--1 tablet	once daily at bedtime	seasonal allergy control	yes
8:00 pm	Nishio, Marc	Risperidone	0.5 mg/tab---1 tablet	twice daily	control of stimulatory behaviors	yes
8:00 pm	Refuerzo, Melling	Loratadine	10 mg--1 tablet	daily in the evening--8 pm	relief of seasonal allergies	yes
8:00 pm	Refuerzo, Melling	Risperidone PM dose	2 mg--1 tablet	once daily in evening--8 pm	treatment of mental/mood disorder	yes
8:00 pm	Refuerzo, Melling	Simvastatin	20 mg--1 tablet	daily at bedtime--8 pm	cholesterol lowering agent	yes
8:00 pm	Tani, Glenn Ricky	Celexa (Citalopram)	40 mg/tablet--dose is 1 tablet	daily at bedtime	anti-anxiety--anti-depressant	yes
8:00 pm	Tani, Glenn Ricky	Cogentin (Benztropine)	1 mg/tab--dose is 1 tablet	daily at bedtime--8 pm	antiparkinsonian, anticholinergic, anti-agitation	yes
8:00 pm	Tani, Glenn Ricky	Seroquel (Quetiapine Fumartate)	300 mg/tab--dose is 1/2 tab or 150 mg	daily at bedtime--8 pm	anti-psychotic, anti-depressant, anti-anxiety	yes
8:00 pm	Visitacion, Dana	Buspirone PM	5 mg/tablet--dose is 1 tablet or 5 mg	daily at pm--one hour before bedtime	anti-anxiety	yes
8:00 pm	Visitacion, Dana	Guanfacine	1 mg/tab--dose is 1 tab	once daily in evening	anti-hypertensive	yes
8:00 pm	Visitacion, Dana	Melatonin	3 mg/1 tab and 5 mg/1 tab--dose is 1 tab of each for total of 8 mg total	once daily in the evening	promote sleep	yes
8:00 pm	Visitacion, Dana	Nortriptyline	10 mg/capsule. dose is 40 mg or 4 capsules	once daily in evening	anti-depressant and to promote sleep	yes
8:00 pm	Visitacion, Dana	Theanine	100 mg/tab--dose is 1 tab	once daily in evening	amino acid	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
9:00 pm	Abasolo, Jerry	Vinegar--external use	soak Qtip and swab both ears up until line indicated on Qtip.	daily at bedtime	treatment for ear itch eczema	no
9:00 pm	Abasolo, Jerry	Allerclear Loratadine	10mg/tab--dose is 1 tablet	daily at bedtime	allergy relief, antihistamine, itchy or allergic skin reaction	yes
9:00 pm	Abasolo, Jerry	Atenolol	25 mg/tab--dose is 1 tab	twice daily	anti-hypertensive	yes
9:00 pm	Abasolo, Jerry	Hydrocodone / Acetaminophen -BEDTIME	5/325 mg/tab--dose is 2 TABLETS	daily at bedtime	pain relief	yes
9:00 pm	Abasolo, Jerry	Lamictal Bedtime	200 mg/tab--dose is 3 tablets	daily at bedtime--9 pm	seizure control	yes
9:00 pm	Abasolo, Jerry	Zonegran (Zonisamide) Bedtime	100 mg/cap--dose is 3 capsules	daily at bedtime--9 pm	seizure control	yes
9:00 pm	Chen, Jonathan	Gabapentin	400 mg/capsule--dose is 1 capsule	three times per day--8 am; 2 pm; 9 pm	relief of neuropathic pain	yes
9:00 pm	Chua, Hannah	Magnesium	400 mg/tablet--dose is 1 tablet	daily at bedtime--can take half hour before with melatonin	nutritional supplement	no
9:00 pm	Chua, Hannah	Melatonin	1 mg/tablet--dose is 1 tablet	daily at bedtime--can take half hour before	Nutritional supplement	no
9:00 pm	Conville, Mariko	Benzotropine (Cogentin)	1 mg/tab--dose is 1 tablet	daily at bedtime--9 pm	anti-parkinsonians, anticholinergic	yes
9:00 pm	Conville, Mariko	Lorazepam BEDTIME	1 mg/tab--dose is 1 tablet	daily at bedtime	anti-anxiety	yes
9:00 pm	Conville, Mariko	Myrbetriq	50 mg/tab--dose is 1 tablet	daily at bedtime	bladder antispasmodic	yes
9:00 pm	Conville, Mariko	Trader Joe's OTC Folic Acid/B6/B12	1 tablet	daily at bedtime	nutritional supplement	yes
9:00 pm	Hata, Randall	Aquaphor spray	spray to affected areas on arms and legs	daily after showering	prevent skin dryness	no
9:00 pm	Miyashiro, Cindy	Chlorhexidine 0.12% mouth rinse	1/2 oz undiluted rinse in mouth	once daily at bedtime	treatment for gum disease	no
9:00 pm	Miyashiro, Cindy	Triamcinolone 0.5%	apply small amount to affected area	twice daily--AM and bedtime	steroid cream	no
9:00 pm	Miyashiro, Cindy	Vitamin E cream	apply to affectd areas of skin rash to back of legs	daily at bedtime	promotes skin health	no
9:00 pm	Miyashiro, Cindy	Citalopram HBR (Celexa)	40 mg/tablet--dose is 1 tablet	daily at bedtime--9 pm	antidepressant	yes
9:00 pm	Miyashiro, Cindy	Latanoprost	0.005%--dose is 1 drop in each eye	daily at bedtime--9 pm	glaucoma treatment	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
9:00 pm	Miyashiro, Cindy	Oyster Shell 500 Vitamin D3 200	1 tablet	three times daily-- 8 am, 5 pm, 9 pm	nutritional supplement	yes
9:00 pm	Miyashiro, Cindy	Risperidone HS dose 0.5 mg tab	0.5 mg/tab---1 tablet	daily at 9 pm	mood stabilizer--anti-psychotic	yes
9:00 pm	Miyashiro, Cindy	Risperidone HS dose 1 mg tablet	1 mg/tablet--dose is 1 tablet	daily at bedtime--9 pm	mood stabilizer, anti-psychotic	yes
9:00 pm	Narahara, Craig	Gemfibrozil (Lopid)	600 mg/tablet--dose is 1 tablet	daily at bedtime--9 pm	cholesterol control	yes
9:00 pm	Narahara, Craig	Levitiracetam (Keppra)	750 mg/tablet--dose is 1 tablet	three times per day--8 am; 2 pm; 9 pm	seizure control	yes
9:00 pm	Takamune, Lisa	Zioptan	one drop both eyes	daily at bedtime	glaucoma treatment	yes
9:00 pm	Verzani, Amanda	Baclofen	10 mg/tab --dose is 2 tablets	daily at bedtime--9 pm	anti-spasticity	yes
9:00 pm	Verzani, Amanda	Trileptal(Oxcarbazepine)HS	300 mg/tab-dose is 2 tabs at bedtime	daily at bedtime--9 pm	anti-seizure	yes



<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
as needed	Eugenio, Benjamin	Xyzal	5 mg/tab--dose is 1 tablet	as needed for allergy symptoms at bedtime, if needed	treatment for sinus allergies	yes
as needed	Gong, Richard	Diphenhydramine	1-2 capsules as needed for above symptoms	as needed every 4 hrs if needed; do not exceed 6 doses in 24 hrs.	allergy relief, antihistamine, itchy or allergic skin reaction	yes
as needed	Hata, Randall	Refresh eye drops	1 drop in each eye	as needed for eye dryness	eye lubrication to prevent dryness	no
as needed	Hata, Randall	Fluticasone 50 mcg Nasal Spray	1 puff each nostril	as needed for sinus congestion	relief of nasal congestion	yes
as needed	Kanazawa, Curtis	Chlorpheniramine	4 mg--1 tablet	as needed every 4 hrs for allergy symptoms--1 tablet	seasonal allergies	yes
as needed	Kanemori, David	Calendula	apply small amount to affected areas	as needed for scrapes and cuts	homeopathic ointment for healing scrapes and cuts	no
as needed	Nishio, Marc	Lomotil	2.5 mg/tab --dose is 1 tablet	AS NEEDED FOR DIARRHEA--AN ADDITIONAL 1 TABLET PER DAY	control diarrhea	yes
as needed	Verzani, Amanda	Neosporin	as needed to cover cuts or scarpes	as needed for cuts and scrapes	topical antibiotic ointment	no
as needed	Visitacion, Dana	Benadryl	25 mg/tab--dose is 2 tabs or 50 mg	as needed for seasonal allergy symptoms	seasonal allergies/common cold symptoms	yes
as needed	Visitacion, Dana	Ibuprofen	200 mg/tab--dose is 1 tab	as needed for headache or mild pain--1 tab every 4 hrs if needed	relief of headache or mild pain	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
8:00 am	Abasolo, Jerry	Atenolol	25 mg/tab--dose is 1 tab	twice daily	anti-hypertensive	yes
8:00 am	Abasolo, Jerry	CVS Stool softener	250 mg/capsule--dose is 1 capsule	twice daily	stool softener	yes
8:00 am	Abasolo, Jerry	Hydrocodone (Norco)	5/325 mg/1 tablet--dose is 1 tablet	two times daily--8 am; 4 pm	relief of pain	yes
8:00 am	Abasolo, Jerry	Lamictal (Lamotrigine)	200 mg/tab--dose is 2 tablets	three times daily--8 am; noon; 4 pm	seizure control	yes
8:00 am	Abasolo, Jerry	Potassium Citrate ER	10 meq/tab--dose is 1 tablet	three times a day	prevent kidney stones	yes
8:00 am	Abasolo, Jerry	Pravastatin	20 mg/tab--dose is 1 tablet	daily in am	cholesterol lowering agent	yes
8:00 am	Abasolo, Jerry	Zonegran (Zonisamide) cap	100 mg/capsule--dose is 2 capsules	three times a day--8 am; noon; 4 pm	seizure control	yes
8:00 am	Chen, Jonathan	Gabapentin	400 mg/capsule--dose is 1 capsule	three times per day--8 am; 2 pm; 9 pm	relief of neuropathic pain	yes
8:00 am	Conville, Mariko	Cytomel	5 mcg/tablet--dose is 2 tablets	daily in morning	Treatment for Hashimoto's hypothyroiditis	yes
8:00 am	Conville, Mariko	Kristalose	20 mg/packet--dose is 1 packet	twice daily--breakfast and dinner	reduce constipation	yes
8:00 am	Conville, Mariko	Lorazepam (Ativan) AM	1 mg/tablet--dose is 3 tablets	daily in AM	anti anxiety	yes
8:00 am	Conville, Mariko	Synthroid	88 mcg/tablet --dose is 1 tablet	daily in am on MWTHSAT	Hashimoto's hypothyroiditis--thyroid hormone replacement	yes
8:00 am	Kanemori, David	Active C	500 mg/capsule--dose is 1 capsule	twice daily--before breakfast and before dinner	immune system support	no
8:00 am	Kanemori, David	All-In-One	1 tablet	before breakfast and before dinner	multi-vitamin/mineral supplement	no
8:00 am	Kanemori, David	Benfotiamine	250 mg/capsule--dose is 1 capsule	daily before breakfast	protection from high blood sugar	no
8:00 am	Kanemori, David	Magnesium Glycinate	400 mg/capsule--doae is 1 capsule	daily before breakfast	nutritional supplement to balance glutamate, aids muscle flexibility, calming effect	no
8:00 am	Kanemori, David	Pantothenic Acid	500 mg/tablet--dose is 1 tablet	daily before breakfast	nutritional supplement to prevent allergies	no
8:00 am	Kanemori, David	Probiotic	1 capsule	twice daily before breakfast and before dinner	nutritional supplement to promote intestinal health	no

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
8:00 am	Kanemori, David	Vitamin D3	1 capsule	daily before breakfast	5000 IU/capsule--dose is 1 capsule	no
8:00 am	Kanemori, David	Wobenzyme	1 capsule	twice daily before breakfast and before dinner	nutritional supplement digestive enzyme	no
8:00 am	Mar, Jodi	Lamotrigine	25 mg/chewable dispersible tablet--dose is 100 mg or 4 chewable dispersible tablets	twice daily--breakfast and dinner	seizure control	yes
8:00 am	Mar, Jodi	Levothyroxine	50 mcg--1 tablet	daily in the morning	thyroid hormone replacement	yes
8:00 am	Miyashiro, Cindy	Hydrocortisone cream	1% cream--apply small amount to rash areas on back	twice daily--AM and bedtime	ant inflammation	no
8:00 am	Miyashiro, Cindy	Triamcinolone 0.5%	apply small amount to affected area	twice daily--AM and bedtime	steroid cream	no
8:00 am	Miyashiro, Cindy	Brimonidine 0.2% eye solution	1 drop in each eye	twice daily	glaucoma treatment	yes
8:00 am	Miyashiro, Cindy	Carbamazepine ER (Carbatrol)	220 mg/capslet--dose is 3 caplets	twice daily--8 am and 5 pm	anti-seizure	yes
8:00 am	Miyashiro, Cindy	Oyster Shell 500 Vitamin D3 200	1 tablet	three times daily-- 8 am, 5 pm, 9 pm	nutritional supplement	yes
8:00 am	Miyashiro, Cindy	RisperidoneAM	2 mg/tablet--dose is 1 tablet	daily in AM	mood stabilizer--anti-psychotic	yes
8:00 am	Miyashiro, Cindy	Thera-M	1 tablet	daily in am	nutritional supplement	yes
8:00 am	Narahara, Craig	Benzotropine (Cogentin)	1 mg/tab--dose is 1 tablet	twice daily--8 am and 6 pm	control drooling, salivation--anti-cholinergic agent	yes
8:00 am	Narahara, Craig	Divalproex	500 mg/tablet--dose is 1 tablet	twice daily--8 am and 6 pm	seizure disorder	yes
8:00 am	Narahara, Craig	Fiber Pill	625 mg/tablet--dose is 1 tablet	twice daily--8 am and 6 pm	promote bowel regularity	yes
8:00 am	Narahara, Craig	Levitiracetam (Keppra)	750 mg/tablet--dose is 1 tablet	three times per day--8 am; 2 pm; 9 pm	seizure control	yes
8:00 am	Narahara, Craig	Oyster Calcium	500 mg/tablet--dose is 1 tablet	twice daily -- 8 am and 6 pm	nutritional supplement	yes
8:00 am	Narahara, Craig	Vitamin D3	2000 IU/tablet--dose is 1 tablet	once daily in am	nutritional supplement	yes
8:00 am	Nishio, Marc	Lomotil --ODD Days	2.5 mg/tab --dose is 1 tablet	twice daily	anti-diarrhea	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
8:00 am	Nishio, Marc	Omeprazole	20 mg/capsule--dose is 1 capsule	daily in am	control heartburn	yes
8:00 am	Nishio, Marc	Risperidone	0.5 mg/tab---1 tablet	twice daily	control of stimulatory behaviors	yes
8:00 am	Ouye, Jamie	Calcium Gummies	500 mg/tablet--dose is 1 tablet	twice daily before breakfast and dinner	nutritional supplement	no
8:00 am	Ouye, Jamie	Vitamin C	1000 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner	nutritional supplement	no
8:00 am	Ouye, Jamie	Vitamin D Gummy	1500 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner	nutritional supplement	no
8:00 am	Ouye, Jamie	Women's Gummy Vitamin	1 Gummy Vitamin	twice daily before breakfast and dinner	nutritional supplement	no
8:00 am	Refuerzo, Melling	Buspirone	10 mg--1 tablet	twice daily: 8 am and 5 pm	anti-anxiety	yes
8:00 am	Refuerzo, Melling	Citalopram HBR (Celexa)	40 mg--1 tablet	once daily--8 am	anti-depressant	yes
8:00 am	Refuerzo, Melling	Lisinopril	10 mg--1 tablet	daily in the morning--8 am	treat high blood pressure	yes
8:00 am	Refuerzo, Melling	Metformin	1000 mg--1 tablet	twice daily--8 am and 5 pm	controls high blood sugar	yes
8:00 am	Refuerzo, Melling	RisperidoneAM	1 mg--1 tablet	once daily--8 am	treatment of mental/mood disorder	yes
8:00 am	Verzani, Amanda	Trileptal (Oxcarbazepine)AM	300 mg/tablet dose is 450 mg--1.5 tablets	daily in AM	anti-seizure	yes
8:00 am	Visitacion, Dana	Buspirone AM	5 mg/tab--dose is 3 tabs or 15 mg	daily in AM. ( there is a different dose in PM)	anti-anxiety	yes
8:00 am	Visitacion, Dana	Claritin (Non-Drowsy Allergy Relief)	10mg--1 tablet	once daily in am	seasonal allergies	yes
8:00 am	Visitacion, Dana	Fluvoxamine Maleate	50mg/tab--dose is 100 mg or 2 tabs	once daily in morning	antidepressant	yes
8:00 am	Visitacion, Dana	Jolessa	0.15-0.03 mg/1 tab dose is 1 tab	once daily in morning	regulate menstrual cycles	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
9:00 am	Chien, Stephen	Valsartan	160 mg/tab--dose is 1 tablet	once daily after breakfast	anti-hypertensive	yes
9:00 am	Chua, Hannah	Acetyl L-carnitine	500 mg/capsule--dose is 1 capsule	three times daily	Nutritional supplement	no
9:00 am	Chua, Hannah	Fish Oil	1000mg/capsule--dose is 1 capsule	twice daily	Nutritional supplement	no
9:00 am	Chua, Hannah	Vitamin D3	2000 IU/capsule--dose is 1 capsule	once daily at breakfast	nutritional supplement	no
9:00 am	Chua, Hannah	Levonorgestrel / estradiol	0.15-0.03 mg/1 tab dose is 1 tab	daily in AM	to control menses	yes
9:00 am	Chua, Hannah	Miralax	1/2 capful	twice daily breakfast and dinner	prevent constipation	yes
9:00 am	Eugenio, Benjamin	Fish Oil	1 capsule	daily at breakfast	nutritional supplement	no
9:00 am	Eugenio, Benjamin	Magnesium	1 capsule	daily in AM	Nutritional supplement	no
9:00 am	Gong, Richard	Bio-Kult probiotic	1 capsule	twice daily --with breakfast and dinner meal	promotes healthy digestion and immune system	no
9:00 am	Gong, Richard	Integrative Nutrivitamin Enzyme Complex, without iron	1 capsule	twice daily with morning meal and evening meal	multivitamin, general nutritional health supplement	no
9:00 am	Gong, Richard	Radiant Life Krill Extra	1 capsule	twice daily with morning meal and dinner meal	Fish Oil nutritional supplement	no
9:00 am	Hata, Randall	Fish Oil	1000 mg/capsule--dose is 1 capsule	once daily in am	nutritional supplement	no
9:00 am	Hata, Randall	Multi- Vitamin	1 tablet	daily in AM	nutritional supplement	no
9:00 am	Hata, Randall	Vitamin C	500 mg/tablet--dose is 1 tablet	once daily in am	nutritional supplement	no
9:00 am	Hata, Randall	Docusate Sodium	250 mg/capsule--dose is 1 capsule	twice daily	stool softener	yes
9:00 am	Kanemori, David	Pteridin4 (Tetrahydrobiopterin 2.5 mg)	1 tablet	daily before breakfast	Nutritional supplement	no
9:00 am	Kanemori, David	Yeast Formula	2 tabs	daily before breakfast	Nutritional supplement	no
9:00 am	Mar, Jodi	Fish Oil	one gummy-- 500 mg	once daily in the morning or at breakfast	nutritional supplement to reduce triglycerides	no
9:00 am	Mar, Jodi	Multi-vites Gummy Vitamin	2 adult multivatmin gummies	once daily at breakfast	nutritional supplement	no
9:00 am	Mock, Vanessa	Vitafusion Calcium	500 mg--2 gummies	once daily at breakfast	nutritional supplement	no
9:00 am	Mock, Vanessa	Vitafusion MultiVites Gummy vitamins	2 tummies	once daily at breakfast	nutritional supplement	no
9:00 am	Nagao, Lacey	One A Day Multivitamin for Women	1 tablet	daily at breakfast	nutritional supplement	no

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
9:00 am	Nagao, Lacey	Vitamin D3	1 soft gel	daily at breakfast	nutritional supplement	no
9:00 am	Nakagaki, Christine	Adult Multivitamin Gummies	2 gummies	once daily at breakfast	nutritional supplement	no
9:00 am	Nakagaki, Christine	Claritin Reditabs	10 mg/tablet--dose is 1 tablet	once daily at breakfast	control of seasonal allergies	yes
9:00 am	Nishio, Marc	Calcium with Vitamin D	500 mg/tablet--dose is 1 tablet	twice daily--breakfast and dinner	nutritional supplement	no
9:00 am	Nishio, Marc	Vitamin D3	1000IU/capsule--dose is 1 capsule	daily	nutritional supplement	no
9:00 am	Peeler, Jennifer	amphetamine salts	5 mg/tab--dose is 3 tabs or 15 mg	twice daily breakfast and lunchtime	treatment for ADHD	yes
9:00 am	Peeler, Jennifer	Oxybutynin	5 mg/tablet--dose is 1 tablet	twice daily--morning and evening	urinary antispasmodic	yes
9:00 am	Takamune, Lisa	Vitamin B-12	500 mg/tablet--dose is 1 tablet	daily after breakfast	nutritional supplement	no
9:00 am	Takamune, Lisa	Vitamin C	500 mg/tablet--dose is 1 tablet	daily after breakfast	nutritional supplement	no
9:00 am	Takamune, Lisa	Clopidogrel	75 mg/tablet--dose is 1 tablet	daily in AM	anti platelet action; promotes heart and blood circulation	yes
9:00 am	Visitacion, Dana	Multi- Vitamin	1 tablet	once daily in morning	nutritional supplement	no
9:00 am	Visitacion, Dana	Vitamin C	1000 mg/tab--dose is 1 tablet	once daily in morning	nutritional supplement	no
9:00 am	Wang, Rebecca	Areds 2 Eye Vitamin	1 tablet	twice daily with morning meal and dinner meal	nutritional supplement for eyes	no
9:00 am	Wang, Rebecca	Calcium Gummies	1 gummy	daily in the morning	nutritional supplement to promote bone health	no
9:00 am	Wang, Rebecca	Flax Seed Oil	1400 mg/tablet dose is 1 tablet	daily in the morning	nutritional supplement for heart health	no
9:00 am	Wang, Rebecca	Move Free	1 tablet	once daily in the morning	nutritional supplement to promote joint health	no
9:00 am	Wang, Rebecca	One a Day for Women	1 tablet	once daily in the morning	nutritional supplement multivitamin	no
9:00 am	Wang, Rebecca	Vitamin D3	2000 IU/tablet--dose is 1 tablet	once daily in the morning	nutritional supplement	no

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
12 noon	Abasolo, Jerry	Hydrocodone (Norco)	5/325 mg/1 tablet--dose is 1 tablet	two times daily--8 am; 4 pm	relief of pain	yes
12 noon	Abasolo, Jerry	Lamictal (Lamotrigine)	200 mg/tab--dose is 2 tablets	three times daily--8 am; noon; 4 pm	seizure control	yes
12 noon	Abasolo, Jerry	Oyster, Calcium and D supplement	500/200mg/tab--dose is 1 tablet	daily at noon	nutritional supplement	yes
12 noon	Abasolo, Jerry	Potassium Citrate ER	10 meq/tab--dose is 1 tablet	three times a day	prevent kidney stones	yes
12 noon	Abasolo, Jerry	Zonegran (Zonisamide) cap	100 mg/capsule--dose is 2 capsules	three times a day--8 am; noon; 4 pm	seizure control	yes
12 noon	Chua, Hannah	Acetyl L-carnitine	500 mg/capsule--dose is 1 capsule	three times daily	Nutritional supplement	no
12 noon	Peeler, Jennifer	amphetamine salts	5 mg/tab--dose is 3 tabs or 15 mg	twice daily breakfast and lunchtime	treatment for ADHD	yes
2:00 pm	Chen, Jonathan	Gabapentin	400 mg/capsule--dose is 1 capsule	three times per day--8 am; 2 pm; 9 pm	relief of neuropathic pain	yes
2:00 pm	Narahara, Craig	Levetiracetam (Keppra)	750 mg/tablet--dose is 1 tablet	three times per day--8 am; 2 pm; 9 pm	seizure control	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
4:00 pm	Abasolo, Jerry	CVS Stool softener	250 mg/capsule--dose is 1 capsule	twice daily	stool softener	yes
4:00 pm	Abasolo, Jerry	Hydrocodone (Norco)	5/325 mg/1 tablet--dose is 1 tablet	two times daily--8 am; 4 pm	relief of pain	yes
4:00 pm	Abasolo, Jerry	Lamictal (Lamotrigine)	200 mg/tab--dose is 2 tablets	three times daily--8 am; noon; 4 pm	seizure control	yes
4:00 pm	Abasolo, Jerry	Potassium Citrate ER	10 meq/tab--dose is 1 tablet	three times a day	prevent kidney stones	yes
4:00 pm	Abasolo, Jerry	Zonegran (Zonisamide) cap	100 mg/capsule--dose is 2 capsules	three times a day--8 am; noon; 4 pm	seizure control	yes



<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
5:00 pm	Kanemori, David	Active C	500 mg/capsule--dose is 1 capsule	twice daily--before breakfast and before dinner	immune system support	no
5:00 pm	Kanemori, David	All-In-One	1 tablet	before breakfast and before dinner	multi-vitamin/mineral supplement	no
5:00 pm	Kanemori, David	Cat's Claw	500 mg/capsule--dose is 1 capsule	daily before dinner	prevents Lyme disease	no
5:00 pm	Kanemori, David	Kidney Support	1 capsule	daily before dinner	nutritional supplement to support kidney	no
5:00 pm	Kanemori, David	Liver Support	1 capsule	daily before dinner	nutritional supplement to support liver	no
5:00 pm	Kanemori, David	Probiotic	1 capsule	twice daily before breakfast and before dinner	nutritional supplement to promote intestinal health	no
5:00 pm	Kanemori, David	Wobenzyme	1 capsule	twice daily before breakfast and before dinner	nutritional supplement digestive enzyme	no
5:00 pm	Mar, Jodi	Lamotrigine	25 mg/chewable dispersible tablet--dose is 100 mg or 4 chewable dispersible tablets	twice daily--breakfast and dinner	seizure control	yes
5:00 pm	Miyashiro, Cindy	Brimonidine 0.2% eye solution	1 drop in each eye	twice daily	glaucoma treatment	yes
5:00 pm	Miyashiro, Cindy	Carbamazepine ER (Carbatrol)	220 mg/capslet--dose is 3 caplets	twice daily--8 am and 5 pm	anti-seizure	yes
5:00 pm	Miyashiro, Cindy	Oyster Shell 500 Vitamin D3 200	1 tablet	three times daily-- 8 am, 5 pm, 9 pm	nutritional supplement	yes
5:00 pm	Miyashiro, Cindy	Simvastatin	20mg/tab--dose is 1 tablet	once daily in evening	cholesterol lowering agent	yes
5:00 pm	Nishio, Marc	Lomotil --ODD Days	2.5 mg/tab --dose is 1 tablet	twice daily	anti-diarrhea	yes
5:00 pm	Ouye, Jamie	Calcium Gummies	500 mg/tablet--dose is 1 tablet	twice daily before breakfast and dinner	nutritional supplement	no
5:00 pm	Ouye, Jamie	Vitamin C	1000 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner	nutritional supplement	no
5:00 pm	Ouye, Jamie	Vitamin D Gummy	1500 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner	nutritional supplement	no
5:00 pm	Ouye, Jamie	Women's Gummy Vitamin	1 Gummy Vitamin	twice daily before breakfast and dinner	nutritional supplement	no
5:00 pm	Refuerzo, Melling	Bupirone	10 mg--1 tablet	twice daily: 8 am and 5 pm	anti-anxiety	yes

## HS Master Schedule

Monday, 2019-07-01

JEMS Special Camp 2019

Page 9

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
5:00 pm	Refuerzo, Melling	Metformin	1000 mg--1 tablet	twice daily--8 am and 5 pm	controls high blood sugar	yes

2019-06-17

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
6:00 pm	Chua, Hannah	Acetyl L-carnitine	500 mg/capsule--dose is 1 capsule	three times daily	Nutritional supplement	no
6:00 pm	Chua, Hannah	Fish Oil	1000mg/capsule--dose is 1 capsule	twice daily	Nutritional supplement	no
6:00 pm	Chua, Hannah	Miralax	1/2 capful	twice daily breakfast and dinner	prevent constipation	yes
6:00 pm	Conville, Mariko	Kristalose	20 mg/packet--dose is 1 packet	twice daily--breakfast and dinner	reduce constipation	yes
6:00 pm	Gong, Richard	Bio-Kult probiotic	1 capsule	twice daily --with breakfast and dinner meal	promotes healthy digestion and immune system	no
6:00 pm	Gong, Richard	Integrative Nutrivitamin Enzyme Complex, without iron	1 capsule	twice daily with morning meal and evening meal	multivitamin, general nutritional health supplement	no
6:00 pm	Gong, Richard	Radiant Life Krill Extra	1 capsule	twice daily with morning meal and dinner meal	Fish Oil nutritional supplement	no
6:00 pm	Hata, Randall	Crestor	20mg/tab--dose is 1 tablet	daily in pm.	cholesterol lowering agent	yes
6:00 pm	Hata, Randall	Docusate Sodium	250 mg/capsule--dose is 1 capsule	twice daily	stool softener	yes
6:00 pm	Narahara, Craig	Benzotropine (Cogentin)	1 mg/tab--dose is 1 tablet	twice daily--8 am and 6 pm	control drooling, salivation--anti-cholinergic agent	yes
6:00 pm	Narahara, Craig	Divalproex	500 mg/tablet--dose is 1 tablet	twice daily--8 am and 6 pm	seizure disorder	yes
6:00 pm	Narahara, Craig	Fiber Pill	625 mg/tablet--dose is 1 tablet	twice daily--8 am and 6 pm	promote bowel regularity	yes
6:00 pm	Narahara, Craig	Oyster Calcium	500 mg/tablet--dose is 1 tablet	twice daily -- 8 am and 6 pm	nutritional supplement	yes
6:00 pm	Nishio, Marc	Calcium with Vitamin D	500 mg/tablet--dose is 1 tablet	twice daily--breakfast and dinner	nutritional supplement	no
6:00 pm	Peeler, Jennifer	Cephalexin Oral Suspension	250 mg/5mls. dose is 5 mls or 1 tsp.	daily in evening	antibiotic for prevention of bladder infection	yes
6:00 pm	Peeler, Jennifer	Escitalopram Oxalate (Lexapro) oral solution	5 mg/5 mls. dose is 20 mls.	daily every evening	antidepressant;treatment for generalized anxiety disorder	yes
6:00 pm	Peeler, Jennifer	Oxybutynin	5 mg/tablet--dose is 1 tablet	twice daily--morning and evening	urinary antispasmodic	yes
6:00 pm	Takamune, Lisa	L-Arginine	500 mg/tab--dose is 2 capsules	daily after dinner	nutritional supplement for the heart	no
6:00 pm	Wang, Rebecca	Areds 2 Eye Vitamin	1 tablet	twice daily with morning meal and dinner meal	nutritional supplement for eyes	no

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
6:00 pm	Wang, Rebecca	Citracal Calcium Citrate	630 mg/tablet--dose is 1 tablet	once daily in the evening	nutritional supplement to promote bone health	no
6:00 pm	Wang, Rebecca	Digestive Advantage	1 gummy	once daily in the evening	nutritional supplement to promote digestive health	no
6:00 pm	Wang, Rebecca	Vitamin B-12	1000 mg/tablet--dose is 1 tablet	once daily in the evening	nutritional supplement fort energy health	no
6:00 pm	Wang, Rebecca	Vitamin C	500 mg/tablet--dose is 1 tablet	once daily in the evening	nutritional supplement	no

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
8:00 pm	Miyashiro, Cindy	Hydrocortisone cream	1% cream--apply small amount to rash areas on back	twice daily--AM and bedtime	ant inflammation	no
8:00 pm	Nishio, Marc	Montelukast (generic for Singular)	10 mg/tab--1 tablet	once daily at bedtime	seasonal allergy control	yes
8:00 pm	Nishio, Marc	Risperidone	0.5 mg/tab---1 tablet	twice daily	control of stimulatory behaviors	yes
8:00 pm	Refuerzo, Melling	Loratadine	10 mg--1 tablet	daily in the evening--8 pm	relief of seasonal allergies	yes
8:00 pm	Refuerzo, Melling	Risperidone PM dose	2 mg--1 tablet	once daily in evening--8 pm	treatment of mental/mood disorder	yes
8:00 pm	Refuerzo, Melling	Simvastatin	20 mg--1 tablet	daily at bedtime--8 pm	cholesterol lowering agent	yes
8:00 pm	Tani, Glenn Ricky	Celexa (Citalopram)	40 mg/tablet--dose is 1 tablet	daily at bedtime	anti-anxiety--anti-depressant	yes
8:00 pm	Tani, Glenn Ricky	Cogentin (Benztropine)	1 mg/tab--dose is 1 tablet	daily at bedtime--8 pm	antiparkinsonian, anticholinergic, anti-agitation	yes
8:00 pm	Tani, Glenn Ricky	Seroquel (Quetiapine Fumartate)	300 mg/tab--dose is 1/2 tab or 150 mg	daily at bedtime--8 pm	anti-psychotic, anti-depressant, anti-anxiety	yes
8:00 pm	Visitacion, Dana	Buspirone PM	5 mg/tablet--dose is 1 tablet or 5 mg	daily at pm--one hour before bedtime	anti-anxiety	yes
8:00 pm	Visitacion, Dana	Guanfacine	1 mg/tab--dose is 1 tab	once daily in evening	anti-hypertensive	yes
8:00 pm	Visitacion, Dana	Melatonin	3 mg/1 tab and 5 mg/1 tab--dose is 1 tab of each for total of 8 mg total	once daily in the evening	promote sleep	yes
8:00 pm	Visitacion, Dana	Nortriptyline	10 mg/capsule. dose is 40 mg or 4 capsules	once daily in evening	anti-depressant and to promote sleep	yes
8:00 pm	Visitacion, Dana	Theanine	100 mg/tab--dose is 1 tab	once daily in evening	amino acid	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
9:00 pm	Abasolo, Jerry	Vinegar--external use	soak Qtip and swab both ears up until line indicated on Qtip.	daily at bedtime	treatment for ear itch eczema	no
9:00 pm	Abasolo, Jerry	Allerclear Loratadine	10mg/tab--dose is 1 tablet	daily at bedtime	allergy relief, antihistamine, itchy or allergic skin reaction	yes
9:00 pm	Abasolo, Jerry	Atenolol	25 mg/tab--dose is 1 tab	twice daily	anti-hypertensive	yes
9:00 pm	Abasolo, Jerry	Hydrocodone / Acetaminophen -BEDTIME	5/325 mg/tab--dose is 2 TABLETS	daily at bedtime	pain relief	yes
9:00 pm	Abasolo, Jerry	Lamictal Bedtime	200 mg/tab--dose is 3 tablets	daily at bedtime--9 pm	seizure control	yes
9:00 pm	Abasolo, Jerry	Zonegran (Zonisamide) Bedtime	100 mg/cap--dose is 3 capsules	daily at bedtime--9 pm	seizure control	yes
9:00 pm	Chen, Jonathan	Gabapentin	400 mg/capsule--dose is 1 capsule	three times per day--8 am; 2 pm; 9 pm	relief of neuropathic pain	yes
9:00 pm	Chua, Hannah	Magnesium	400 mg/tablet--dose is 1 tablet	daily at bedtime--can take half hour before with melatonin	nutritional supplement	no
9:00 pm	Chua, Hannah	Melatonin	1 mg/tablet--dose is 1 tablet	daily at bedtime--can take half hour before	Nutritional supplement	no
9:00 pm	Conville, Mariko	Benzotropine (Cogentin)	1 mg/tab--dose is 1 tablet	daily at bedtime--9 pm	anti-parkinsonians, anticholinergic	yes
9:00 pm	Conville, Mariko	Lorazepam BEDTIME	1 mg/tab--dose is 1 tablet	daily at bedtime	anti-anxiety	yes
9:00 pm	Conville, Mariko	Myrbetriq	50 mg/tab--dose is 1 tablet	daily at bedtime	bladder antispasmodic	yes
9:00 pm	Conville, Mariko	Trader Joe's OTC Folic Acid/B6/B12	1 tablet	daily at bedtime	nutritional supplement	yes
9:00 pm	Hata, Randall	Aquaphor spray	spray to affected areas on arms and legs	daily after showering	prevent skin dryness	no
9:00 pm	Miyashiro, Cindy	Chlorhexidine 0.12% mouth rinse	1/2 oz undiluted rinse in mouth	once daily at bedtime	treatment for gum disease	no
9:00 pm	Miyashiro, Cindy	Triamcinolone 0.5%	apply small amount to affected area	twice daily--AM and bedtime	steroid cream	no
9:00 pm	Miyashiro, Cindy	Vitamin E cream	apply to affected areas of skin rash to back of legs	daily at bedtime	promotes skin health	no
9:00 pm	Miyashiro, Cindy	Citalopram HBR (Celexa)	40 mg/tablet--dose is 1 tablet	daily at bedtime--9 pm	antidepressant	yes
9:00 pm	Miyashiro, Cindy	Latanoprost	0.005%--dose is 1 drop in each eye	daily at bedtime--9 pm	glaucoma treatment	yes

# HS Master Schedule

Monday, 2019-07-01

JEMS Special Camp 2019  
Page 14

Time	Camper	Medication	Dosage	Frequency	Purpose	HS
9:00 pm	Miyashiro, Cindy	Oyster Shell 500 Vitamin D3 200	1 tablet	three times daily-- 8 am, 5 pm, 9 pm	nutritional supplement	yes
9:00 pm	Miyashiro, Cindy	Risperidone HS dose 0.5 mg tab	0.5 mg/tab---1 tablet	daily at 9 pm	mood stabilizer--anti-psychotic	yes
9:00 pm	Miyashiro, Cindy	Risperidone HS dose 1 mg tablet	1 mg/tablet--dose is 1 tablet	daily at bedtime--9 pm	mood stabilizer, anti-psychotic	yes
9:00 pm	Narahara, Craig	Gemfibrozil (Lopid)	600 mg/tablet--dose is 1 tablet	daily at bedtime--9 pm	cholesterol control	yes
9:00 pm	Narahara, Craig	Levitiracetam (Keppra)	750 mg/tablet--dose is 1 tablet	three times per day--8 am; 2 pm; 9 pm	seizure control	yes
9:00 pm	Takamune, Lisa	Zioptan	one drop both eyes	daily at bedtime	glaucoma treatment	yes
9:00 pm	Verzani, Amanda	Baclofen	10 mg/tab --dose is 2 tablets	daily at bedtime--9 pm	anti-spasticity	yes
9:00 pm	Verzani, Amanda	Trileptal(Oxcarbazepine)HS	300 mg/tab-dose is 2 tabs at bedtime	daily at bedtime--9 pm	anti-seizure	yes

2019-06-17

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
as needed	Eugenio, Benjamin	Xyzal	5 mg/tab--dose is 1 tablet	as needed for allergy symptoms at bedtime, if needed	treatment for sinus allergies	yes
as needed	Gong, Richard	Diphenhydramine	1-2 capsules as needed for above symptoms	as needed every 4 hrs if needed; do not exceed 6 doses in 24 hrs.	allergy relief, antihistamine, itchy or allergic skin reaction	yes
as needed	Hata, Randall	Refresh eye drops	1 drop in each eye	as needed for eye dryness	eye lubrication to prevent dryness	no
as needed	Hata, Randall	Fluticasone 50 mcg Nasal Spray	1 puff each nostril	as needed for sinus congestion	relief of nasal congestion	yes
as needed	Kanazawa, Curtis	Chlorpheniramine	4 mg--1 tablet	as needed every 4 hrs for allergy symptoms--1 tablet	seasonal allergies	yes
as needed	Kanemori, David	Calendula	apply small amount to affected areas	as needed for scrapes and cuts	homeopathic ointment for healing scrapes and cuts	no
as needed	Nishio, Marc	Lomotil	2.5 mg/tab --dose is 1 tablet	AS NEEDED FOR DIARRHEA--AN ADDITIONAL 1 TABLET PER DAY	control diarrhea	yes
as needed	Verzani, Amanda	Neosporin	as needed to cover cuts or scaped	as needed for cuts and scrapes	topical antibiotic ointment	no
as needed	Visitacion, Dana	Benadryl	25 mg/tab--dose is 2 tabs or 50 mg	as needed for seasonal allergy symptoms	seasonal allergies/common cold symptoms	yes
as needed	Visitacion, Dana	Ibuprofen	200 mg/tab--dose is 1 tab	as needed for headache or mild pain--1 tab every 4 hrs if needed	relief of headache or mild pain	yes



<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
8:00 am	Abasolo, Jerry	Atenolol	25 mg/tab--dose is 1 tab	twice daily	anti-hypertensive	yes
8:00 am	Abasolo, Jerry	CVS Stool softener	250 mg/capsule--dose is 1 capsule	twice daily	stool softener	yes
8:00 am	Abasolo, Jerry	Hydrocodone (Norco)	5/325 mg/1 tablet--dose is 1 tablet	two times daily--8 am; 4 pm	relief of pain	yes
8:00 am	Abasolo, Jerry	Lamictal (Lamotrigine)	200 mg/tab--dose is 2 tablets	three times daily--8 am; noon; 4 pm	seizure control	yes
8:00 am	Abasolo, Jerry	Potassium Citrate ER	10 meq/tab--dose is 1 tablet	three times a day	prevent kidney stones	yes
8:00 am	Abasolo, Jerry	Pravastatin	20 mg/tab--dose is 1 tablet	daily in am	cholesterol lowering agent	yes
8:00 am	Abasolo, Jerry	Zonegran (Zonisamide) cap	100 mg/capsule--dose is 2 capsules	three times a day--8 am; noon; 4 pm	seizure control	yes
8:00 am	Chen, Jonathan	Gabapentin	400 mg/capsule--dose is 1 capsule	three times per day--8 am; 2 pm; 9 pm	relief of neuropathic pain	yes
8:00 am	Conville, Mariko	Cytomel	5 mcg/tablet--dose is 2 tablets	daily in morning	Treatment for Hashimoto's hypothyroiditis	yes
8:00 am	Conville, Mariko	Kristalose	20 mg/packet--dose is 1 packet	twice daily--breakfast and dinner	reduce constipation	yes
8:00 am	Conville, Mariko	Lorazepam (Ativan) AM	1 mg/tablet--dose is 3 tablets	daily in AM	anti anxiety	yes
8:00 am	Conville, Mariko	Synthroid 1/2 tab Tu, Fri.	88 mcg/tablet--dose is 1/2 tab on TU and Fri only	Tuesday and Friday AM only	Hashimoto's hypothyroiditis	yes
8:00 am	Kanemori, David	Active C	500 mg/capsule--dose is 1 capsule	twice daily--before breakfast and before dinner	immune system support	no
8:00 am	Kanemori, David	All-In-One	1 tablet	before breakfast and before dinner	multi-vitamin/mineral supplement	no
8:00 am	Kanemori, David	Benfotiamine	250 mg/capsule--dose is 1 capsule	daily before breakfast	protection from high blood sugar	no
8:00 am	Kanemori, David	Magnesium Glycinate	400 mg/capsule--doae is 1 capsule	daily before breakfast	nutritional supplement to balance glutamate, aids muscle flexibility, calming effect	no
8:00 am	Kanemori, David	Pantothenic Acid	500 mg/tablet--dose is 1 tablet	daily before breakfast	nutritional supplement to prevent allergies	no
8:00 am	Kanemori, David	Probiotic	1 capsule	twice daily before breakfast and before dinner	nutritional supplement to promote intestinal health	no
8:00 am	Kanemori, David	Vitamin D3	1 capsule	daily before breakfast	5000 IU/capsule--dose is 1 capsule	no

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
8:00 am	Kanemori, David	Wobenzyme	1 capsule	twice daily before breakfast and before dinner	nutritional supplement digestive enzyme	no
8:00 am	Mar, Jodi	Lamotrigine	25 mg/chewable dispersible tablet--dose is 100 mg or 4 chewable dispersible tablets	twice daily--breakfast and dinner	seizure control	yes
8:00 am	Mar, Jodi	Levothyroxine	50 mcg--1 tablet	daily in the morning	thyroid hormone replacement	yes
8:00 am	Miyashiro, Cindy	Hydrocortisone cream	1% cream--apply small amount to rash areas on back	twice daily--AM and bedtime	ant inflammation	no
8:00 am	Miyashiro, Cindy	Triamcinolone 0.5%	apply small amount to affected area	twice daily--AM and bedtime	steroid cream	no
8:00 am	Miyashiro, Cindy	Brimonidine 0.2% eye solution	1 drop in each eye	twice daily	glaucoma treatment	yes
8:00 am	Miyashiro, Cindy	Carbamazepine ER (Carbatrol)	220 mg/capslet--dose is 3 caplets	twice daily--8 am and 5 pm	anti-seizure	yes
8:00 am	Miyashiro, Cindy	Oyster Shell 500 Vitamin D3 200	1 tablet	three times daily-- 8 am, 5 pm, 9 pm	nutritional supplement	yes
8:00 am	Miyashiro, Cindy	RisperidoneAM	2 mg/tablet--dose is 1 tablet	daily in AM	mood stabilizer--anti-psychotic	yes
8:00 am	Miyashiro, Cindy	Thera-M	1 tablet	daily in am	nutritional supplement	yes
8:00 am	Narahara, Craig	Benztropine (Cogentin)	1 mg/tab--dose is 1 tablet	twice daily--8 am and 6 pm	control drooling, salivation--anti-cholinergic agent	yes
8:00 am	Narahara, Craig	Divalproex	500 mg/tablet--dose is 1 tablet	twice daily--8 am and 6 pm	seizure disorder	yes
8:00 am	Narahara, Craig	Fiber Pill	625 mg/tablet--dose is 1 tablet	twice daily--8 am and 6 pm	promote bowel regularity	yes
8:00 am	Narahara, Craig	Levitiracetam (Keppra)	750 mg/tablet--dose is 1 tablet	three times per day--8 am; 2 pm; 9 pm	seizure control	yes
8:00 am	Narahara, Craig	Oyster Calcium	500 mg/tablet--dose is 1 tablet	twice daily -- 8 am and 6 pm	nutritional supplement	yes
8:00 am	Narahara, Craig	Vitamin D3	2000 IU/tablet--dose is 1 tablet	once daily in am	nutritional supplement	yes
8:00 am	Nishio, Marc	Lomotil--EVEN days	2.5 mg/tab --dose is 1 tablet	three times daily	anti-diarrhea	yes
8:00 am	Nishio, Marc	Omeprazole	20 mg/capsule--dose is 1 capsule	daily in am	control heartburn	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
8:00 am	Nishio, Marc	Risperidone	0.5 mg/tab---1 tablet	twice daily	control of stimulatory behaviors	yes
8:00 am	Ouye, Jamie	Calcium Gummies	500 mg/tablet--dose is 1 tablet	twice daily before breakfast and dinner	nutritional supplement	no
8:00 am	Ouye, Jamie	Vitamin C	1000 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner	nutritional supplement	no
8:00 am	Ouye, Jamie	Vitamin D Gummy	1500 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner	nutritional supplement	no
8:00 am	Ouye, Jamie	Women's Gummy Vitamin	1 Gummy Vitamin	twice daily before breakfast and dinner	nutritional supplement	no
8:00 am	Refuerzo, Melling	Buspirone	10 mg--1 tablet	twice daily: 8 am and 5 pm	anti-anxiety	yes
8:00 am	Refuerzo, Melling	Citalopram HBR (Celexa)	40 mg--1 tablet	once daily--8 am	anti-depressant	yes
8:00 am	Refuerzo, Melling	Lisinopril	10 mg--1 tablet	daily in the morning--8 am	treat high blood pressure	yes
8:00 am	Refuerzo, Melling	Metformin	1000 mg--1 tablet	twice daily--8 am and 5 pm	controls high blood sugar	yes
8:00 am	Refuerzo, Melling	RisperidoneAM	1 mg--1 tablet	once daily--8 am	treatment of mental/mood disorder	yes
8:00 am	Verzani, Amanda	Trileptal (Oxcarbazepine)AM	300 mg/tablet dose is 450 mg--1.5 tablets	daily in AM	anti-seizure	yes
8:00 am	Visitacion, Dana	Buspirone AM	5 mg/tab--dose is 3 tabs or 15 mg	daily in AM. ( there is a different dose in PM)	anti-anxiety	yes
8:00 am	Visitacion, Dana	Claritin (Non-Drowsy Allergy Relief)	10mg--1 tablet	once daily in am	seasonal allergies	yes
8:00 am	Visitacion, Dana	Fluvoxamine Maleate	50mg/tab--dose is 100 mg or 2 tabs	once daily in morning	antidepressant	yes
8:00 am	Visitacion, Dana	Jolessa	0.15-0.03 mg/1 tab dose is 1 tab	once daily in morning	regulate menstrual cycles	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
9:00 am	Chien, Stephen	Valsartan	160 mg/tab--dose is 1 tablet	once daily after breakfast	anti-hypertensive	yes
9:00 am	Chua, Hannah	Acetyl L-carnitine	500 mg/capsule--dose is 1 capsule	three times daily	Nutritional supplement	no
9:00 am	Chua, Hannah	Fish Oil	1000mg/capsule--dose is 1 capsule	twice daily	Nutritional supplement	no
9:00 am	Chua, Hannah	Vitamin D3	2000 IU/capsule--dose is 1 capsule	once daily at breakfast	nutritional supplement	no
9:00 am	Chua, Hannah	Levonorgestrel / estradiol	0.15-0.03 mg/1 tab dose is 1 tab	daily in AM	to control menses	yes
9:00 am	Chua, Hannah	Miralax	1/2 capful	twice daily breakfast and dinner	prevent constipation	yes
9:00 am	Eugenio, Benjamin	Fish Oil	1 capsule	daily at breakfast	nutritional supplement	no
9:00 am	Eugenio, Benjamin	Magnesium	1 capsule	daily in AM	Nutritional supplement	no
9:00 am	Gong, Richard	Bio-Kult probiotic	1 capsule	twice daily --with breakfast and dinner meal	promotes healthy digestion and immune system	no
9:00 am	Gong, Richard	Integrative Nutrivitamin Enzyme Complex, without iron	1 capsule	twice daily with morning meal and evening meal	multivitamin, general nutritional health supplement	no
9:00 am	Gong, Richard	Radiant Life Krill Extra	1 capsule	twice daily with morning meal and dinner meal	Fish Oil nutritional supplement	no
9:00 am	Hata, Randall	Fish Oil	1000 mg/capsule--dose is 1 capsule	once daily in am	nutritional supplement	no
9:00 am	Hata, Randall	Multi- Vitamin	1 tablet	daily in AM	nutritional supplement	no
9:00 am	Hata, Randall	Vitamin C	500 mg/tablet--dose is 1 tablet	once daily in am	nutritional supplement	no
9:00 am	Hata, Randall	Docusate Sodium	250 mg/capsule--dose is 1 capsule	twice daily	stool softener	yes
9:00 am	Kanemori, David	Pteridin4 (Tetrahydrobiopterin 2.5 mg)	1 tablet	daily before breakfast	Nutritional supplement	no
9:00 am	Kanemori, David	Yeast Formula	2 tabs	daily before breakfast	Nutritional supplement	no
9:00 am	Mar, Jodi	Fish Oil	one gummy-- 500 mg	once daily in the morning or at breakfast	nutritional supplement to reduce triglycerides	no
9:00 am	Mar, Jodi	Multi-vites Gummy Vitamin	2 adult multivatmin gummies	once daily at breakfast	nutritional supplement	no
9:00 am	Mock, Vanessa	Vitafusion Calcium	500 mg--2 gummies	once daily at breakfast	nutritional supplement	no
9:00 am	Mock, Vanessa	Vitafusion MultiVites Gummy vitamins	2 tummies	once daily at breakfast	nutritional supplement	no
9:00 am	Nagao, Lacey	One A Day Multivitamin for Women	1 tablet	daily at breakfast	nutritional supplement	no

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
9:00 am	Nagao, Lacey	Vitamin D3	1 soft gel	daily at breakfast	nutritional supplement	no
9:00 am	Nakagaki, Christine	Adult Multivitamin Gummies	2 gummies	once daily at breakfast	nutritional supplement	no
9:00 am	Nakagaki, Christine	Claritin Reditabs	10 mg/tablet--dose is 1 tablet	once daily at breakfast	control of seasonal allergies	yes
9:00 am	Nishio, Marc	Calcium with Vitamin D	500 mg/tablet--dose is 1 tablet	twice daily--breakfast and dinner	nutritional supplement	no
9:00 am	Nishio, Marc	Vitamin D3	1000IU/capsule--dose is 1 capsule	daily	nutritional supplement	no
9:00 am	Peeler, Jennifer	amphetamine salts	5 mg/tab--dose is 3 tabs or 15 mg	twice daily breakfast and lunchtime	treatment for ADHD	yes
9:00 am	Peeler, Jennifer	Oxybutynin	5 mg/tablet--dose is 1 tablet	twice daily--morning and evening	urinary antispasmodic	yes
9:00 am	Takamune, Lisa	Vitamin B-12	500 mg/tablet--dose is 1 tablet	daily after breakfast	nutritional supplement	no
9:00 am	Takamune, Lisa	Vitamin C	500 mg/tablet--dose is 1 tablet	daily after breakfast	nutritional supplement	no
9:00 am	Takamune, Lisa	Clopidogrel	75 mg/tablet--dose is 1 tablet	daily in AM	anti platelet action; promotes heart and blood circulation	yes
9:00 am	Visitacion, Dana	Multi- Vitamin	1 tablet	once daily in morning	nutritional supplement	no
9:00 am	Visitacion, Dana	Vitamin C	1000 mg/tab--dose is 1 tablet	once daily in morning	nutritional supplement	no
9:00 am	Wang, Rebecca	Areds 2 Eye Vitamin	1 tablet	twice daily with morning meal and dinner meal	nutritional supplement for eyes	no
9:00 am	Wang, Rebecca	Calcium Gummies	1 gummy	daily in the morning	nutritional supplement to promote bone health	no
9:00 am	Wang, Rebecca	Flax Seed Oil	1400 mg/tablet dose is 1 tablet	daily in the morning	nutritional supplement for heart health	no
9:00 am	Wang, Rebecca	Move Free	1 tablet	once daily in the morning	nutritional supplement to promote joint health	no
9:00 am	Wang, Rebecca	One a Day for Women	1 tablet	once daily in the morning	nutritional supplement multivitamin	no
9:00 am	Wang, Rebecca	Vitamin D3	2000 IU/tablet--dose is 1 tablet	once daily in the morning	nutritional supplement	no

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
12 noon	Abasolo, Jerry	Hydrocodone (Norco)	5/325 mg/1 tablet--dose is 1 tablet	two times daily--8 am; 4 pm	relief of pain	yes
12 noon	Abasolo, Jerry	Lamictal (Lamotrigine)	200 mg/tab--dose is 2 tablets	three times daily--8 am; noon; 4 pm	seizure control	yes
12 noon	Abasolo, Jerry	Oyster, Calcium and D supplement	500/200mg/tab--dose is 1 tablet	daily at noon	nutritional supplement	yes
12 noon	Abasolo, Jerry	Potassium Citrate ER	10 meq/tab--dose is 1 tablet	three times a day	prevent kidney stones	yes
12 noon	Abasolo, Jerry	Zonegran (Zonisamide) cap	100 mg/capsule--dose is 2 capsules	three times a day--8 am; noon; 4 pm	seizure control	yes
12 noon	Chua, Hannah	Acetyl L-carnitine	500 mg/capsule--dose is 1 capsule	three times daily	Nutritional supplement	no
12 noon	Nishio, Marc	Lomotil--EVEN days	2.5 mg/tab --dose is 1 tablet	three times daily	anti-diarrhea	yes
12 noon	Peeler, Jennifer	amphetamine salts	5 mg/tab--dose is 3 tabs or 15 mg	twice daily breakfast and lunchtime	treatment for ADHD	yes
2:00 pm	Chen, Jonathan	Gabapentin	400 mg/capsule--dose is 1 capsule	three times per day--8 am; 2 pm; 9 pm	relief of neuropathic pain	yes
2:00 pm	Narahara, Craig	Levitiracetam (Keppra)	750 mg/tablet--dose is 1 tablet	three times per day--8 am; 2 pm; 9 pm	seizure control	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
4:00 pm	Abasolo, Jerry	CVS Stool softener	250 mg/capsule--dose is 1 capsule	twice daily	stool softener	yes
4:00 pm	Abasolo, Jerry	Hydrocodone (Norco)	5/325 mg/1 tablet--dose is 1 tablet	two times daily--8 am; 4 pm	relief of pain	yes
4:00 pm	Abasolo, Jerry	Lamictal (Lamotrigine)	200 mg/tab--dose is 2 tablets	three times daily--8 am; noon; 4 pm	seizure control	yes
4:00 pm	Abasolo, Jerry	Potassium Citrate ER	10 meq/tab--dose is 1 tablet	three times a day	prevent kidney stones	yes
4:00 pm	Abasolo, Jerry	Zonegran (Zonisamide) cap	100 mg/capsule--dose is 2 capsules	three times a day--8 am; noon; 4 pm	seizure control	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
5:00 pm	Kanemori, David	Active C	500 mg/capsule--dose is 1 capsule	twice daily--before breakfast and before dinner	immune system support	no
5:00 pm	Kanemori, David	All-In-One	1 tablet	before breakfast and before dinner	multi-vitamin/mineral supplement	no
5:00 pm	Kanemori, David	Cat's Claw	500 mg/capsule--dose is 1 capsule	daily before dinner	prevents Lyme disease	no
5:00 pm	Kanemori, David	Kidney Support	1 capsule	daily before dinner	nutritional supplement to support kidney	no
5:00 pm	Kanemori, David	Liver Support	1 capsule	daily before dinner	nutritional supplement to support liver	no
5:00 pm	Kanemori, David	Probiotic	1 capsule	twice daily before breakfast and before dinner	nutritional supplement to promote intestinal health	no
5:00 pm	Kanemori, David	Wobenzyme	1 capsule	twice daily before breakfast and before dinner	nutritional supplement digestive enzyme	no
5:00 pm	Mar, Jodi	Lamotrigine	25 mg/chewable dispersible tablet--dose is 100 mg or 4 chewable dispersible tablets	twice daily--breakfast and dinner	seizure control	yes
5:00 pm	Miyashiro, Cindy	Brimonidine 0.2% eye solution	1 drop in each eye	twice daily	glaucoma treatment	yes
5:00 pm	Miyashiro, Cindy	Carbamazepine ER (Carbatrol)	220 mg/capslet--dose is 3 caplets	twice daily--8 am and 5 pm	anti-seizure	yes
5:00 pm	Miyashiro, Cindy	Oyster Shell 500 Vitamin D3 200	1 tablet	three times daily-- 8 am, 5 pm, 9 pm	nutritional supplement	yes
5:00 pm	Miyashiro, Cindy	Simvastatin	20mg/tab--dose is 1 tablet	once daily in evening	cholesterol lowering agent	yes
5:00 pm	Nishio, Marc	Lomotil--EVEN days	2.5 mg/tab --dose is 1 tablet	three times daily	anti-diarrhea	yes
5:00 pm	Ouye, Jamie	Calcium Gummies	500 mg/tablet--dose is 1 tablet	twice daily before breakfast and dinner	nutritional supplement	no
5:00 pm	Ouye, Jamie	Vitamin C	1000 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner	nutritional supplement	no
5:00 pm	Ouye, Jamie	Vitamin D Gummy	1500 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner	nutritional supplement	no
5:00 pm	Ouye, Jamie	Women's Gummy Vitamin	1 Gummy Vitamin	twice daily before breakfast and dinner	nutritional supplement	no
5:00 pm	Refuerzo, Melling	Bupirone	10 mg--1 tablet	twice daily: 8 am and 5 pm	anti-anxiety	yes



# HS Master Schedule

Tuesday, 2019-07-02

JEMS Special Camp 2019

Page 9

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
5:00 pm	Refuerzo, Melling	Metformin	1000 mg--1 tablet	twice daily--8 am and 5 pm	controls high blood sugar	yes

2019-06-17

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
6:00 pm	Chua, Hannah	Acetyl L-carnitine	500 mg/capsule--dose is 1 capsule	three times daily	Nutritional supplement	no
6:00 pm	Chua, Hannah	Fish Oil	1000mg/capsule--dose is 1 capsule	twice daily	Nutritional supplement	no
6:00 pm	Chua, Hannah	Miralax	1/2 capful	twice daily breakfast and dinner	prevent constipation	yes
6:00 pm	Conville, Mariko	Kristalose	20 mg/packet--dose is 1 packet	twice daily--breakfast and dinner	reduce constipation	yes
6:00 pm	Gong, Richard	Bio-Kult probiotic	1 capsule	twice daily --with breakfast and dinner meal	promotes healthy digestion and immune system	no
6:00 pm	Gong, Richard	Integrative Nutrivitamin Enzyme Complex, without iron	1 capsule	twice daily with morning meal and evening meal	multivitamin, general nutritional health supplement	no
6:00 pm	Gong, Richard	Radiant Life Krill Extra	1 capsule	twice daily with morning meal and dinner meal	Fish Oil nutritional supplement	no
6:00 pm	Hata, Randall	Crestor	20mg/tab--dose is 1 tablet	daily in pm.	cholesterol lowering agent	yes
6:00 pm	Hata, Randall	Docusate Sodium	250 mg/capsule--dose is 1 capsule	twice daily	stool softener	yes
6:00 pm	Nakagaki, Christine	Miralax	17 grams/packet--dose is 1 packet. Dissolve in 4-8 oz fluid.	Dinner on Sunday, Tuesday, Thursday only	constipation relief	yes
6:00 pm	Narahara, Craig	Benztropine (Cogentin)	1 mg/tab--dose is 1 tablet	twice daily--8 am and 6 pm	control drooling, salivation--anti-cholinergic agent	yes
6:00 pm	Narahara, Craig	Divalproex	500 mg/tablet--dose is 1 tablet	twice daily--8 am and 6 pm	seizure disorder	yes
6:00 pm	Narahara, Craig	Fiber Pill	625 mg/tablet--dose is 1 tablet	twice daily--8 am and 6 pm	promote bowel regularity	yes
6:00 pm	Narahara, Craig	Oyster Calcium	500 mg/tablet--dose is 1 tablet	twice daily -- 8 am and 6 pm	nutritional supplement	yes
6:00 pm	Nishio, Marc	Calcium with Vitamin D	500 mg/tablet--dose is 1 tablet	twice daily--breakfast and dinner	nutritional supplement	no
6:00 pm	Peeler, Jennifer	Cephalexin Oral Suspension	250 mg/5mls. dose is 5 mls or 1 tsp.	daily in evening	antibiotic for prevention of bladder infection	yes
6:00 pm	Peeler, Jennifer	Escitalopram Oxalate (Lexapro) oral solution	5 mg/5 mls. dose is 20 mls.	daily every evening	antidepressant;treatment for generalized anxiety disorder	yes
6:00 pm	Peeler, Jennifer	Oxybutynin	5 mg/tablet--dose is 1 tablet	twice daily--morning and evening	urinary antispasmodic	yes
6:00 pm	Takamune, Lisa	L-Arginine	500 mg/tab--dose is 2 capsules	daily after dinner	nutritional supplement for the heart	no

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
6:00 pm	Wang, Rebecca	Areds 2 Eye Vitamin	1 tablet	twice daily with morning meal and dinner meal	nutritional supplement for eyes	no
6:00 pm	Wang, Rebecca	Citracal Calcium Citrate	630 mg/tablet--dose is 1 tablet	once daily in the evening	nutritional supplement to promote bone health	no
6:00 pm	Wang, Rebecca	Digestive Advantage	1 gummy	once daily in the evening	nutritional supplement to promote digestive health	no
6:00 pm	Wang, Rebecca	Vitamin B-12	1000 mg/tablet--dose is 1 tablet	once daily in the evening	nutritional supplement fort energy health	no
6:00 pm	Wang, Rebecca	Vitamin C	500 mg/tablet--dose is 1 tablet	once daily in the evening	nutritional supplement	no

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
8:00 pm	Miyashiro, Cindy	Hydrocortisone cream	1% cream--apply small amount to rash areas on back	twice daily--AM and bedtime	ant inflammation	no
8:00 pm	Nishio, Marc	Montelukast (generic for Singular)	10 mg/tab--1 tablet	once daily at bedtime	seasonal allergy control	yes
8:00 pm	Nishio, Marc	Risperidone	0.5 mg/tab---1 tablet	twice daily	control of stimulatory behaviors	yes
8:00 pm	Refuerzo, Melling	Loratadine	10 mg--1 tablet	daily in the evening--8 pm	relief of seasonal allergies	yes
8:00 pm	Refuerzo, Melling	Risperidone PM dose	2 mg--1 tablet	once daily in evening--8 pm	treatment of mental/mood disorder	yes
8:00 pm	Refuerzo, Melling	Simvastatin	20 mg--1 tablet	daily at bedtime--8 pm	cholesterol lowering agent	yes
8:00 pm	Tani, Glenn Ricky	Celexa (Citalopram)	40 mg/tablet--dose is 1 tablet	daily at bedtime	anti-anxiety--anti-depressant	yes
8:00 pm	Tani, Glenn Ricky	Cogentin (Benztropine)	1 mg/tab--dose is 1 tablet	daily at bedtime--8 pm	antiparkinsonian, anticholinergic, anti-agitation	yes
8:00 pm	Tani, Glenn Ricky	Seroquel (Quetiapine Fumartate)	300 mg/tab--dose is 1/2 tab or 150 mg	daily at bedtime--8 pm	anti-psychotic, anti-depressant, anti-anxiety	yes
8:00 pm	Visitacion, Dana	Buspirone PM	5 mg/tablet--dose is 1 tablet or 5 mg	daily at pm--one hour before bedtime	anti-anxiety	yes
8:00 pm	Visitacion, Dana	Guanfacine	1 mg/tab--dose is 1 tab	once daily in evening	anti-hypertensive	yes
8:00 pm	Visitacion, Dana	Melatonin	3 mg/1 tab and 5 mg/1 tab--dose is 1 tab of each for total of 8 mg total	once daily in the evening	promote sleep	yes
8:00 pm	Visitacion, Dana	Nortriptyline	10 mg/capsule. dose is 40 mg or 4 capsules	once daily in evening	anti-depressant and to promote sleep	yes
8:00 pm	Visitacion, Dana	Theanine	100 mg/tab--dose is 1 tab	once daily in evening	amino acid	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
9:00 pm	Abasolo, Jerry	Vinegar--external use	soak Qtip and swab both ears up until line indicated on Qtip.	daily at bedtime	treatment for ear itch eczema	no
9:00 pm	Abasolo, Jerry	Allerclear Loratadine	10mg/tab--dose is 1 tablet	daily at bedtime	allergy relief, antihistamine, itchy or allergic skin reaction	yes
9:00 pm	Abasolo, Jerry	Atenolol	25 mg/tab--dose is 1 tab	twice daily	anti-hypertensive	yes
9:00 pm	Abasolo, Jerry	Hydrocodone / Acetaminophen -BEDTIME	5/325 mg/tab--dose is 2 TABLETS	daily at bedtime	pain relief	yes
9:00 pm	Abasolo, Jerry	Lamictal Bedtime	200 mg/tab--dose is 3 tablets	daily at bedtime--9 pm	seizure control	yes
9:00 pm	Abasolo, Jerry	Zonegran (Zonisamide) Bedtime	100 mg/cap--dose is 3 capsules	daily at bedtime--9 pm	seizure control	yes
9:00 pm	Chen, Jonathan	Gabapentin	400 mg/capsule--dose is 1 capsule	three times per day--8 am; 2 pm; 9 pm	relief of neuropathic pain	yes
9:00 pm	Chua, Hannah	Magnesium	400 mg/tablet--dose is 1 tablet	daily at bedtime--can take half hour before with melatonin	nutritional supplement	no
9:00 pm	Chua, Hannah	Melatonin	1 mg/tablet--dose is 1 tablet	daily at bedtime--can take half hour before	Nutritional supplement	no
9:00 pm	Conville, Mariko	Benztropine (Cogentin)	1 mg/tab--dose is 1 tablet	daily at bedtime--9 pm	anti-parkinsonians, anticholinergic	yes
9:00 pm	Conville, Mariko	Lorazepam BEDTIME	1 mg/tab--dose is 1 tablet	daily at bedtime	anti-anxiety	yes
9:00 pm	Conville, Mariko	Myrbetriq	50 mg/tab--dose is 1 tablet	daily at bedtime	bladder antispasmodic	yes
9:00 pm	Conville, Mariko	Trader Joe's OTC Folic Acid/B6/B12	1 tablet	daily at bedtime	nutritional supplement	yes
9:00 pm	Hata, Randall	Aquaphor spray	spray to affected areas on arms and legs	daily after showering	prevent skin dryness	no
9:00 pm	Miyashiro, Cindy	Chlorhexidine 0.12% mouth rinse	1/2 oz undiluted rinse in mouth	once daily at bedtime	treatment for gum disease	no
9:00 pm	Miyashiro, Cindy	Triamcinolone 0.5%	apply small amount to affected area	twice daily--AM and bedtime	steroid cream	no
9:00 pm	Miyashiro, Cindy	Vitamin E cream	apply to affectd areas of skin rash to back of legs	daily at bedtime	promotes skin health	no
9:00 pm	Miyashiro, Cindy	Citalopram HBR (Celexa)	40 mg/tablet--dose is 1 tablet	daily at bedtime--9 pm	antidepressant	yes
9:00 pm	Miyashiro, Cindy	Latanoprost	0.005%--dose is 1 drop in each eye	daily at bedtime--9 pm	glaucoma treatment	yes

# HS Master Schedule

Tuesday, 2019-07-02

JEMS Special Camp 2019  
Page 14

Time	Camper	Medication	Dosage	Frequency	Purpose	HS
9:00 pm	Miyashiro, Cindy	Oyster Shell 500 Vitamin D3 200	1 tablet	three times daily-- 8 am, 5 pm, 9 pm	nutritional supplement	yes
9:00 pm	Miyashiro, Cindy	Risperidone HS dose 0.5 mg tab	0.5 mg/tab---1 tablet	daily at 9 pm	mood stabilizer--anti-psychotic	yes
9:00 pm	Miyashiro, Cindy	Risperidone HS dose 1 mg tablet	1 mg/tablet--dose is 1 tablet	daily at bedtime--9 pm	mood stabilizer, anti-psychotic	yes
9:00 pm	Narahara, Craig	Gemfibrozil (Lopid)	600 mg/tablet--dose is 1 tablet	daily at bedtime--9 pm	cholesterol control	yes
9:00 pm	Narahara, Craig	Levitiracetam (Keppra)	750 mg/tablet--dose is 1 tablet	three times per day--8 am; 2 pm; 9 pm	seizure control	yes
9:00 pm	Takamune, Lisa	Zioptan	one drop both eyes	daily at bedtime	glaucoma treatment	yes
9:00 pm	Verzani, Amanda	Baclofen	10 mg/tab --dose is 2 tablets	daily at bedtime--9 pm	anti-spasticity	yes
9:00 pm	Verzani, Amanda	Trileptal(Oxcarbazepine)HS	300 mg/tab-dose is 2 tabs at bedtime	daily at bedtime--9 pm	anti-seizure	yes

2019-06-17

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
as needed	Eugenio, Benjamin	Xyzal	5 mg/tab--dose is 1 tablet	as needed for allergy symptoms at bedtime, if needed	treatment for sinus allergies	yes
as needed	Gong, Richard	Diphenhydramine	1-2 capsules as needed for above symptoms	as needed every 4 hrs if needed; do not exceed 6 doses in 24 hrs.	allergy relief, antihistamine, itchy or allergic skin reaction	yes
as needed	Hata, Randall	Refresh eye drops	1 drop in each eye	as needed for eye dryness	eye lubrication to prevent dryness	no
as needed	Hata, Randall	Fluticasone 50 mcg Nasal Spray	1 puff each nostril	as needed for sinus congestion	relief of nasal congestion	yes
as needed	Kanazawa, Curtis	Chlorpheniramine	4 mg--1 tablet	as needed every 4 hrs for allergy symptoms--1 tablet	seasonal allergies	yes
as needed	Kanemori, David	Calendula	apply small amount to affected areas	as needed for scrapes and cuts	homeopathic ointment for healing scrapes and cuts	no
as needed	Nishio, Marc	Lomotil	2.5 mg/tab --dose is 1 tablet	AS NEEDED FOR DIARRHEA--AN ADDITIONAL 1 TABLET PER DAY	control diarrhea	yes
as needed	Verzani, Amanda	Neosporin	as needed to cover cuts or scaped	as needed for cuts and scrapes	topical antibiotic ointment	no
as needed	Visitacion, Dana	Benadryl	25 mg/tab--dose is 2 tabs or 50 mg	as needed for seasonal allergy symptoms	seasonal allergies/common cold symptoms	yes
as needed	Visitacion, Dana	Ibuprofen	200 mg/tab--dose is 1 tab	as needed for headache or mild pain--1 tab every 4 hrs if needed	relief of headache or mild pain	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
8:00 am	Abasolo, Jerry	Atenolol	25 mg/tab--dose is 1 tab	twice daily	anti-hypertensive	yes
8:00 am	Abasolo, Jerry	CVS Stool softener	250 mg/capsule--dose is 1 capsule	twice daily	stool softener	yes
8:00 am	Abasolo, Jerry	Hydrocodone (Norco)	5/325 mg/1 tablet--dose is 1 tablet	two times daily--8 am; 4 pm	relief of pain	yes
8:00 am	Abasolo, Jerry	Lamictal (Lamotrigine)	200 mg/tab--dose is 2 tablets	three times daily--8 am; noon; 4 pm	seizure control	yes
8:00 am	Abasolo, Jerry	Potassium Citrate ER	10 meq/tab--dose is 1 tablet	three times a day	prevent kidney stones	yes
8:00 am	Abasolo, Jerry	Pravastatin	20 mg/tab--dose is 1 tablet	daily in am	cholesterol lowering agent	yes
8:00 am	Abasolo, Jerry	Zonegran (Zonisamide) cap	100 mg/capsule--dose is 2 capsules	three times a day--8 am; noon; 4 pm	seizure control	yes
8:00 am	Chen, Jonathan	Gabapentin	400 mg/capsule--dose is 1 capsule	three times per day--8 am; 2 pm; 9 pm	relief of neuropathic pain	yes
8:00 am	Conville, Mariko	Cytomel	5 mcg/tablet--dose is 2 tablets	daily in morning	Treatment for Hashimoto's hypothyroiditis	yes
8:00 am	Conville, Mariko	Kristalose	20 mg/packet--dose is 1 packet	twice daily--breakfast and dinner	reduce constipation	yes
8:00 am	Conville, Mariko	Lorazepam (Ativan) AM	1 mg/tablet--dose is 3 tablets	daily in AM	anti anxiety	yes
8:00 am	Conville, Mariko	Synthroid	88 mcg/tablet --dose is 1 tablet	daily in am on MWTHSAT	Hashimoto's hypothyroiditis--thyroid hormone replacement	yes
8:00 am	Kanemori, David	Active C	500 mg/capsule--dose is 1 capsule	twice daily--before breakfast and before dinner	immune system support	no
8:00 am	Kanemori, David	All-In-One	1 tablet	before breakfast and before dinner	multi-vitamin/mineral supplement	no
8:00 am	Kanemori, David	Benfotiamine	250 mg/capsule--dose is 1 capsule	daily before breakfast	protection from high blood sugar	no
8:00 am	Kanemori, David	Magnesium Glycinate	400 mg/capsule--doae is 1 capsule	daily before breakfast	nutritional supplement to balance glutamate, aids muscle flexibility, calming effect	no
8:00 am	Kanemori, David	Pantothenic Acid	500 mg/tablet--dose is 1 tablet	daily before breakfast	nutritional supplement to prevent allergies	no
8:00 am	Kanemori, David	Probiotic	1 capsule	twice daily before breakfast and before dinner	nutritional supplement to promote intestinal health	no



<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
8:00 am	Kanemori, David	Vitamin D3	1 capsule	daily before breakfast	5000 IU/capsule--dose is 1 capsule	no
8:00 am	Kanemori, David	Wobenzyme	1 capsule	twice daily before breakfast and before dinner	nutritional supplement digestive enzyme	no
8:00 am	Mar, Jodi	Lamotrigine	25 mg/chewable dispersible tablet--dose is 100 mg or 4 chewable dispersible tablets	twice daily--breakfast and dinner	seizure control	yes
8:00 am	Mar, Jodi	Levothyroxine	50 mcg--1 tablet	daily in the morning	thyroid hormone replacement	yes
8:00 am	Miyashiro, Cindy	Hydrocortisone cream	1% cream--apply small amount to rash areas on back	twice daily--AM and bedtime	ant inflammation	no
8:00 am	Miyashiro, Cindy	Triamcinolone 0.5%	apply small amount to affected area	twice daily--AM and bedtime	steroid cream	no
8:00 am	Miyashiro, Cindy	Brimonidine 0.2% eye solution	1 drop in each eye	twice daily	glaucoma treatment	yes
8:00 am	Miyashiro, Cindy	Carbamazepine ER (Carbatrol)	220 mg/capslet--dose is 3 caplets	twice daily--8 am and 5 pm	anti-seizure	yes
8:00 am	Miyashiro, Cindy	Oyster Shell 500 Vitamin D3 200	1 tablet	three times daily-- 8 am, 5 pm, 9 pm	nutritional supplement	yes
8:00 am	Miyashiro, Cindy	RisperidoneAM	2 mg/tablet--dose is 1 tablet	daily in AM	mood stabilizer--anti-psychotic	yes
8:00 am	Miyashiro, Cindy	Thera-M	1 tablet	daily in am	nutritional supplement	yes
8:00 am	Narahara, Craig	Benzotropine (Cogentin)	1 mg/tab--dose is 1 tablet	twice daily--8 am and 6 pm	control drooling, salivation--anti-cholinergic agent	yes
8:00 am	Narahara, Craig	Divalproex	500 mg/tablet--dose is 1 tablet	twice daily--8 am and 6 pm	seizure disorder	yes
8:00 am	Narahara, Craig	Fiber Pill	625 mg/tablet--dose is 1 tablet	twice daily--8 am and 6 pm	promote bowel regularity	yes
8:00 am	Narahara, Craig	Levitiracetam (Keppra)	750 mg/tablet--dose is 1 tablet	three times per day--8 am; 2 pm; 9 pm	seizure control	yes
8:00 am	Narahara, Craig	Oyster Calcium	500 mg/tablet--dose is 1 tablet	twice daily -- 8 am and 6 pm	nutritional supplement	yes
8:00 am	Narahara, Craig	Vitamin D3	2000 IU/tablet--dose is 1 tablet	once daily in am	nutritional supplement	yes
8:00 am	Nishio, Marc	Lomotil --ODD Days	2.5 mg/tab --dose is 1 tablet	twice daily	anti-diarrhea	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
8:00 am	Nishio, Marc	Omeprazole	20 mg/capsule--dose is 1 capsule	daily in am	control heartburn	yes
8:00 am	Nishio, Marc	Risperidone	0.5 mg/tab---1 tablet	twice daily	control of stimulatory behaviors	yes
8:00 am	Ouye, Jamie	Calcium Gummies	500 mg/tablet--dose is 1 tablet	twice daily before breakfast and dinner	nutritional supplement	no
8:00 am	Ouye, Jamie	Vitamin C	1000 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner	nutritional supplement	no
8:00 am	Ouye, Jamie	Vitamin D Gummy	1500 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner	nutritional supplement	no
8:00 am	Ouye, Jamie	Women's Gummy Vitamin	1 Gummy Vitamin	twice daily before breakfast and dinner	nutritional supplement	no
8:00 am	Refuerzo, Melling	Buspirone	10 mg--1 tablet	twice daily: 8 am and 5 pm	anti-anxiety	yes
8:00 am	Refuerzo, Melling	Citalopram HBR (Celexa)	40 mg--1 tablet	once daily--8 am	anti-depressant	yes
8:00 am	Refuerzo, Melling	Lisinopril	10 mg--1 tablet	daily in the morning--8 am	treat high blood pressure	yes
8:00 am	Refuerzo, Melling	Metformin	1000 mg--1 tablet	twice daily--8 am and 5 pm	controls high blood sugar	yes
8:00 am	Refuerzo, Melling	RisperidoneAM	1 mg--1 tablet	once daily--8 am	treatment of mental/mood disorder	yes
8:00 am	Verzani, Amanda	Trileptal (Oxcarbazepine)AM	300 mg/tablet dose is 450 mg--1.5 tablets	daily in AM	anti-seizure	yes
8:00 am	Visitacion, Dana	Buspirone AM	5 mg/tab--dose is 3 tabs or 15 mg	daily in AM. ( there is a different dose in PM)	anti-anxiety	yes
8:00 am	Visitacion, Dana	Claritin (Non-Drowsy Allergy Relief)	10mg--1 tablet	once daily in am	seasonal allergies	yes
8:00 am	Visitacion, Dana	Fluvoxamine Maleate	50mg/tab--dose is 100 mg or 2 tabs	once daily in morning	antidepressant	yes
8:00 am	Visitacion, Dana	Jolessa	0.15-0.03 mg/1 tab dose is 1 tab	once daily in morning	regulate menstrual cycles	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
9:00 am	Chien, Stephen	Valsartan	160 mg/tab--dose is 1 tablet	once daily after breakfast	anti-hypertensive	yes
9:00 am	Chua, Hannah	Acetyl L-carnitine	500 mg/capsule--dose is 1 capsule	three times daily	Nutritional supplement	no
9:00 am	Chua, Hannah	Fish Oil	1000mg/capsule--dose is 1 capsule	twice daily	Nutritional supplement	no
9:00 am	Chua, Hannah	Vitamin D3	2000 IU/capsule--dose is 1 capsule	once daily at breakfast	nutritional supplement	no
9:00 am	Chua, Hannah	Levonorgestrel / estradiol	0.15-0.03 mg/1 tab dose is 1 tab	daily in AM	to control menses	yes
9:00 am	Chua, Hannah	Miralax	1/2 capful	twice daily breakfast and dinner	prevent constipation	yes
9:00 am	Eugenio, Benjamin	Fish Oil	1 capsule	daily at breakfast	nutritional supplement	no
9:00 am	Eugenio, Benjamin	Magnesium	1 capsule	daily in AM	Nutritional supplement	no
9:00 am	Gong, Richard	Bio-Kult probiotic	1 capsule	twice daily --with breakfast and dinner meal	promotes healthy digestion and immune system	no
9:00 am	Gong, Richard	Integrative Nutrivitamin Enzyme Complex, without iron	1 capsule	twice daily with morning meal and evening meal	multivitamin, general nutritional health supplement	no
9:00 am	Gong, Richard	Radiant Life Krill Extra	1 capsule	twice daily with morning meal and dinner meal	Fish Oil nutritional supplement	no
9:00 am	Hata, Randall	Fish Oil	1000 mg/capsule--dose is 1 capsule	once daily in am	nutritional supplement	no
9:00 am	Hata, Randall	Multi- Vitamin	1 tablet	daily in AM	nutritional supplement	no
9:00 am	Hata, Randall	Vitamin C	500 mg/tablet--dose is 1 tablet	once daily in am	nutritional supplement	no
9:00 am	Hata, Randall	Docusate Sodium	250 mg/capsule--dose is 1 capsule	twice daily	stool softener	yes
9:00 am	Kanemori, David	Pteridin4 (Tetrahydrobiopterin 2.5 mg)	1 tablet	daily before breakfast	Nutritional supplement	no
9:00 am	Kanemori, David	Yeast Formula	2 tabs	daily before breakfast	Nutritional supplement	no
9:00 am	Mar, Jodi	Fish Oil	one gummy-- 500 mg	once daily in the morning or at breakfast	nutritional supplement to reduce triglycerides	no
9:00 am	Mar, Jodi	Multi-vites Gummy Vitamin	2 adult multivatmin gummies	once daily at breakfast	nutritional supplement	no
9:00 am	Mock, Vanessa	Vitafusion Calcium	500 mg--2 gummies	once daily at breakfast	nutritional supplement	no
9:00 am	Mock, Vanessa	Vitafusion MultiVites Gummy vitamins	2 tummies	once daily at breakfast	nutritional supplement	no
9:00 am	Nagao, Lacey	One A Day Multivitamin for Women	1 tablet	daily at breakfast	nutritional supplement	no

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
9:00 am	Nagao, Lacey	Vitamin D3	1 soft gel	daily at breakfast	nutritional supplement	no
9:00 am	Nakagaki, Christine	Adult Multivitamin Gummies	2 gummies	once daily at breakfast	nutritional supplement	no
9:00 am	Nakagaki, Christine	Claritin Reditabs	10 mg/tablet--dose is 1 tablet	once daily at breakfast	control of seasonal allergies	yes
9:00 am	Nishio, Marc	Calcium with Vitamin D	500 mg/tablet--dose is 1 tablet	twice daily--breakfast and dinner	nutritional supplement	no
9:00 am	Nishio, Marc	Vitamin D3	1000IU/capsule--dose is 1 capsule	daily	nutritional supplement	no
9:00 am	Peeler, Jennifer	amphetamine salts	5 mg/tab--dose is 3 tabs or 15 mg	twice daily breakfast and lunchtime	treatment for ADHD	yes
9:00 am	Peeler, Jennifer	Oxybutynin	5 mg/tablet--dose is 1 tablet	twice daily--morning and evening	urinary antispasmodic	yes
9:00 am	Takamune, Lisa	Vitamin B-12	500 mg/tablet--dose is 1 tablet	daily after breakfast	nutritional supplement	no
9:00 am	Takamune, Lisa	Vitamin C	500 mg/tablet--dose is 1 tablet	daily after breakfast	nutritional supplement	no
9:00 am	Takamune, Lisa	Clopidogrel	75 mg/tablet--dose is 1 tablet	daily in AM	anti platelet action; promotes heart and blood circulation	yes
9:00 am	Visitacion, Dana	Multi- Vitamin	1 tablet	once daily in morning	nutritional supplement	no
9:00 am	Visitacion, Dana	Vitamin C	1000 mg/tab--dose is 1 tablet	once daily in morning	nutritional supplement	no
9:00 am	Wang, Rebecca	Areds 2 Eye Vitamin	1 tablet	twice daily with morning meal and dinner meal	nutritional supplement for eyes	no
9:00 am	Wang, Rebecca	Calcium Gummies	1 gummy	daily in the morning	nutritional supplement to promote bone health	no
9:00 am	Wang, Rebecca	Flax Seed Oil	1400 mg/tablet dose is 1 tablet	daily in the morning	nutritional supplement for heart health	no
9:00 am	Wang, Rebecca	Move Free	1 tablet	once daily in the morning	nutritional supplement to promote joint health	no
9:00 am	Wang, Rebecca	One a Day for Women	1 tablet	once daily in the morning	nutritional supplement multivitamin	no
9:00 am	Wang, Rebecca	Vitamin D3	2000 IU/tablet--dose is 1 tablet	once daily in the morning	nutritional supplement	no

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
12 noon	Abasolo, Jerry	Hydrocodone (Norco)	5/325 mg/1 tablet--dose is 1 tablet	two times daily--8 am; 4 pm	relief of pain	yes
12 noon	Abasolo, Jerry	Lamictal (Lamotrigine)	200 mg/tab--dose is 2 tablets	three times daily--8 am; noon; 4 pm	seizure control	yes
12 noon	Abasolo, Jerry	Oyster, Calcium and D supplement	500/200mg/tab--dose is 1 tablet	daily at noon	nutritional supplement	yes
12 noon	Abasolo, Jerry	Potassium Citrate ER	10 meq/tab--dose is 1 tablet	three times a day	prevent kidney stones	yes
12 noon	Abasolo, Jerry	Zonegran (Zonisamide) cap	100 mg/capsule--dose is 2 capsules	three times a day--8 am; noon; 4 pm	seizure control	yes
12 noon	Chua, Hannah	Acetyl L-carnitine	500 mg/capsule--dose is 1 capsule	three times daily	Nutritional supplement	no
12 noon	Peeler, Jennifer	amphetamine salts	5 mg/tab--dose is 3 tabs or 15 mg	twice daily breakfast and lunchtime	treatment for ADHD	yes
2:00 pm	Chen, Jonathan	Gabapentin	400 mg/capsule--dose is 1 capsule	three times per day--8 am; 2 pm; 9 pm	relief of neuropathic pain	yes
2:00 pm	Narahara, Craig	Levitiracetam (Keppra)	750 mg/tablet--dose is 1 tablet	three times per day--8 am; 2 pm; 9 pm	seizure control	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
4:00 pm	Abasolo, Jerry	CVS Stool softener	250 mg/capsule--dose is 1 capsule	twice daily	stool softener	yes
4:00 pm	Abasolo, Jerry	Hydrocodone (Norco)	5/325 mg/1 tablet--dose is 1 tablet	two times daily--8 am; 4 pm	relief of pain	yes
4:00 pm	Abasolo, Jerry	Lamictal (Lamotrigine)	200 mg/tab--dose is 2 tablets	three times daily--8 am; noon; 4 pm	seizure control	yes
4:00 pm	Abasolo, Jerry	Potassium Citrate ER	10 meq/tab--dose is 1 tablet	three times a day	prevent kidney stones	yes
4:00 pm	Abasolo, Jerry	Zonegran (Zonisamide) cap	100 mg/capsule--dose is 2 capsules	three times a day--8 am; noon; 4 pm	seizure control	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
5:00 pm	Kanemori, David	Active C	500 mg/capsule--dose is 1 capsule	twice daily--before breakfast and before dinner	immune system support	no
5:00 pm	Kanemori, David	All-In-One	1 tablet	before breakfast and before dinner	multi-vitamin/mineral supplement	no
5:00 pm	Kanemori, David	Cat's Claw	500 mg/capsule--dose is 1 capsule	daily before dinner	prevents Lyme disease	no
5:00 pm	Kanemori, David	Kidney Support	1 capsule	daily before dinner	nutritional supplement to support kidney	no
5:00 pm	Kanemori, David	Liver Support	1 capsule	daily before dinner	nutritional supplement to support liver	no
5:00 pm	Kanemori, David	Probiotic	1 capsule	twice daily before breakfast and before dinner	nutritional supplement to promote intestinal health	no
5:00 pm	Kanemori, David	Wobenzyme	1 capsule	twice daily before breakfast and before dinner	nutritional supplement digestive enzyme	no
5:00 pm	Mar, Jodi	Lamotrigine	25 mg/chewable dispersible tablet--dose is 100 mg or 4 chewable dispersible tablets	twice daily--breakfast and dinner	seizure control	yes
5:00 pm	Miyashiro, Cindy	Brimonidine 0.2% eye solution	1 drop in each eye	twice daily	glaucoma treatment	yes
5:00 pm	Miyashiro, Cindy	Carbamazepine ER (Carbatrol)	220 mg/capslet--dose is 3 caplets	twice daily--8 am and 5 pm	anti-seizure	yes
5:00 pm	Miyashiro, Cindy	Oyster Shell 500 Vitamin D3 200	1 tablet	three times daily-- 8 am, 5 pm, 9 pm	nutritional supplement	yes
5:00 pm	Miyashiro, Cindy	Simvastatin	20mg/tab--dose is 1 tablet	once daily in evening	cholesterol lowering agent	yes
5:00 pm	Nishio, Marc	Lomotil --ODD Days	2.5 mg/tab --dose is 1 tablet	twice daily	anti-diarrhea	yes
5:00 pm	Ouye, Jamie	Calcium Gummies	500 mg/tablet--dose is 1 tablet	twice daily before breakfast and dinner	nutritional supplement	no
5:00 pm	Ouye, Jamie	Vitamin C	1000 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner	nutritional supplement	no
5:00 pm	Ouye, Jamie	Vitamin D Gummy	1500 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner	nutritional supplement	no
5:00 pm	Ouye, Jamie	Women's Gummy Vitamin	1 Gummy Vitamin	twice daily before breakfast and dinner	nutritional supplement	no
5:00 pm	Refuerzo, Melling	Bupirone	10 mg--1 tablet	twice daily: 8 am and 5 pm	anti-anxiety	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
5:00 pm	Refuerzo, Melling	Metformin	1000 mg--1 tablet	twice daily--8 am and 5 pm	controls high blood sugar	yes



<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
6:00 pm	Chua, Hannah	Acetyl L-carnitine	500 mg/capsule--dose is 1 capsule	three times daily	Nutritional supplement	no
6:00 pm	Chua, Hannah	Fish Oil	1000mg/capsule--dose is 1 capsule	twice daily	Nutritional supplement	no
6:00 pm	Chua, Hannah	Miralax	1/2 capful	twice daily breakfast and dinner	prevent constipation	yes
6:00 pm	Conville, Mariko	Kristalose	20 mg/packet--dose is 1 packet	twice daily--breakfast and dinner	reduce constipation	yes
6:00 pm	Gong, Richard	Bio-Kult probiotic	1 capsule	twice daily --with breakfast and dinner meal	promotes healthy digestion and immune system	no
6:00 pm	Gong, Richard	Integrative Nutrivitamin Enzyme Complex, without iron	1 capsule	twice daily with morning meal and evening meal	multivitamin, general nutritional health supplement	no
6:00 pm	Gong, Richard	Radiant Life Krill Extra	1 capsule	twice daily with morning meal and dinner meal	Fish Oil nutritional supplement	no
6:00 pm	Hata, Randall	Crestor	20mg/tab--dose is 1 tablet	daily in pm.	cholesterol lowering agent	yes
6:00 pm	Hata, Randall	Docusate Sodium	250 mg/capsule--dose is 1 capsule	twice daily	stool softener	yes
6:00 pm	Narahara, Craig	Benzotropine (Cogentin)	1 mg/tab--dose is 1 tablet	twice daily--8 am and 6 pm	control drooling, salivation--anti-cholinergic agent	yes
6:00 pm	Narahara, Craig	Divalproex	500 mg/tablet--dose is 1 tablet	twice daily--8 am and 6 pm	seizure disorder	yes
6:00 pm	Narahara, Craig	Fiber Pill	625 mg/tablet--dose is 1 tablet	twice daily--8 am and 6 pm	promote bowel regularity	yes
6:00 pm	Narahara, Craig	Oyster Calcium	500 mg/tablet--dose is 1 tablet	twice daily -- 8 am and 6 pm	nutritional supplement	yes
6:00 pm	Nishio, Marc	Calcium with Vitamin D	500 mg/tablet--dose is 1 tablet	twice daily--breakfast and dinner	nutritional supplement	no
6:00 pm	Peeler, Jennifer	Cephalexin Oral Suspension	250 mg/5mls. dose is 5 mls or 1 tsp.	daily in evening	antibiotic for prevention of bladder infection	yes
6:00 pm	Peeler, Jennifer	Escitalopram Oxalate (Lexapro) oral solution	5 mg/5 mls. dose is 20 mls.	daily every evening	antidepressant;treatment for generalized anxiety disorder	yes
6:00 pm	Peeler, Jennifer	Oxybutynin	5 mg/tablet--dose is 1 tablet	twice daily--morning and evening	urinary antispasmodic	yes
6:00 pm	Takamune, Lisa	L-Arginine	500 mg/tab--dose is 2 capsules	daily after dinner	nutritional supplement for the heart	no
6:00 pm	Wang, Rebecca	Areds 2 Eye Vitamin	1 tablet	twice daily with morning meal and dinner meal	nutritional supplement for eyes	no

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
6:00 pm	Wang, Rebecca	Citracal Calcium Citrate	630 mg/tablet--dose is 1 tablet	once daily in the evening	nutritional supplement to promote bone health	no
6:00 pm	Wang, Rebecca	Digestive Advantage	1 gummy	once daily in the evening	nutritional supplement to promote digestive health	no
6:00 pm	Wang, Rebecca	Vitamin B-12	1000 mg/tablet--dose is 1 tablet	once daily in the evening	nutritional supplement fort energy health	no
6:00 pm	Wang, Rebecca	Vitamin C	500 mg/tablet--dose is 1 tablet	once daily in the evening	nutritional supplement	no

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
8:00 pm	Miyashiro, Cindy	Hydrocortisone cream	1% cream--apply small amount to rash areas on back	twice daily--AM and bedtime	ant inflammation	no
8:00 pm	Nishio, Marc	Montelukast (generic for Singular)	10 mg/tab--1 tablet	once daily at bedtime	seasonal allergy control	yes
8:00 pm	Nishio, Marc	Risperidone	0.5 mg/tab---1 tablet	twice daily	control of stimulatory behaviors	yes
8:00 pm	Refuerzo, Melling	Loratadine	10 mg--1 tablet	daily in the evening--8 pm	relief of seasonal allergies	yes
8:00 pm	Refuerzo, Melling	Risperidone PM dose	2 mg--1 tablet	once daily in evening--8 pm	treatment of mental/mood disorder	yes
8:00 pm	Refuerzo, Melling	Simvastatin	20 mg--1 tablet	daily at bedtime--8 pm	cholesterol lowering agent	yes
8:00 pm	Tani, Glenn Ricky	Celexa (Citalopram)	40 mg/tablet--dose is 1 tablet	daily at bedtime	anti-anxiety--anti-depressant	yes
8:00 pm	Tani, Glenn Ricky	Cogentin (Benztropine)	1 mg/tab--dose is 1 tablet	daily at bedtime--8 pm	antiparkinsonian, anticholinergic, anti-agitation	yes
8:00 pm	Tani, Glenn Ricky	Seroquel (Quetiapine Fumartate)	300 mg/tab--dose is 1/2 tab or 150 mg	daily at bedtime--8 pm	anti-psychotic, anti-depressant, anti-anxiety	yes
8:00 pm	Visitacion, Dana	Buspirone PM	5 mg/tablet--dose is 1 tablet or 5 mg	daily at pm--one hour before bedtime	anti-anxiety	yes
8:00 pm	Visitacion, Dana	Guanfacine	1 mg/tab--dose is 1 tab	once daily in evening	anti-hypertensive	yes
8:00 pm	Visitacion, Dana	Melatonin	3 mg/1 tab and 5 mg/1 tab--dose is 1 tab of each for total of 8 mg total	once daily in the evening	promote sleep	yes
8:00 pm	Visitacion, Dana	Nortriptyline	10 mg/capsule. dose is 40 mg or 4 capsules	once daily in evening	anti-depressant and to promote sleep	yes
8:00 pm	Visitacion, Dana	Theanine	100 mg/tab--dose is 1 tab	once daily in evening	amino acid	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
9:00 pm	Abasolo, Jerry	Vinegar--external use	soak Qtip and swab both ears up until line indicated on Qtip.	daily at bedtime	treatment for ear itch eczema	no
9:00 pm	Abasolo, Jerry	Allerclear Loratadine	10mg/tab--dose is 1 tablet	daily at bedtime	allergy relief, antihistamine, itchy or allergic skin reaction	yes
9:00 pm	Abasolo, Jerry	Atenolol	25 mg/tab--dose is 1 tab	twice daily	anti-hypertensive	yes
9:00 pm	Abasolo, Jerry	Hydrocodone / Acetaminophen -BEDTIME	5/325 mg/tab--dose is 2 TABLETS	daily at bedtime	pain relief	yes
9:00 pm	Abasolo, Jerry	Lamictal Bedtime	200 mg/tab--dose is 3 tablets	daily at bedtime--9 pm	seizure control	yes
9:00 pm	Abasolo, Jerry	Zonegran (Zonisamide) Bedtime	100 mg/cap--dose is 3 capsules	daily at bedtime--9 pm	seizure control	yes
9:00 pm	Chen, Jonathan	Gabapentin	400 mg/capsule--dose is 1 capsule	three times per day--8 am; 2 pm; 9 pm	relief of neuropathic pain	yes
9:00 pm	Chua, Hannah	Magnesium	400 mg/tablet--dose is 1 tablet	daily at bedtime--can take half hour before with melatonin	nutritional supplement	no
9:00 pm	Chua, Hannah	Melatonin	1 mg/tablet--dose is 1 tablet	daily at bedtime--can take half hour before	Nutritional supplement	no
9:00 pm	Conville, Mariko	Benztropine (Cogentin)	1 mg/tab--dose is 1 tablet	daily at bedtime--9 pm	anti-parkinsonians, anticholinergic	yes
9:00 pm	Conville, Mariko	Lorazepam BEDTIME	1 mg/tab--dose is 1 tablet	daily at bedtime	anti-anxiety	yes
9:00 pm	Conville, Mariko	Myrbetriq	50 mg/tab--dose is 1 tablet	daily at bedtime	bladder antispasmodic	yes
9:00 pm	Conville, Mariko	Trader Joe's OTC Folic Acid/B6/B12	1 tablet	daily at bedtime	nutritional supplement	yes
9:00 pm	Hata, Randall	Aquaphor spray	spray to affected areas on arms and legs	daily after showering	prevent skin dryness	no
9:00 pm	Miyashiro, Cindy	Chlorhexidine 0.12% mouth rinse	1/2 oz undiluted rinse in mouth	once daily at bedtime	treatment for gum disease	no
9:00 pm	Miyashiro, Cindy	Triamcinolone 0.5%	apply small amount to affected area	twice daily--AM and bedtime	steroid cream	no
9:00 pm	Miyashiro, Cindy	Vitamin E cream	apply to affectd areas of skin rash to back of legs	daily at bedtime	promotes skin health	no
9:00 pm	Miyashiro, Cindy	Citalopram HBR (Celexa)	40 mg/tablet--dose is 1 tablet	daily at bedtime--9 pm	antidepressant	yes
9:00 pm	Miyashiro, Cindy	Latanoprost	0.005%--dose is 1 drop in each eye	daily at bedtime--9 pm	glaucoma treatment	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
9:00 pm	Miyashiro, Cindy	Oyster Shell 500 Vitamin D3 200	1 tablet	three times daily-- 8 am, 5 pm, 9 pm	nutritional supplement	yes
9:00 pm	Miyashiro, Cindy	Risperidone HS dose 0.5 mg tab	0.5 mg/tab---1 tablet	daily at 9 pm	mood stabilizer--anti-psychotic	yes
9:00 pm	Miyashiro, Cindy	Risperidone HS dose 1 mg tablet	1 mg/tablet--dose is 1 tablet	daily at bedtime--9 pm	mood stabilizer, anti-psychotic	yes
9:00 pm	Narahara, Craig	Gemfibrozil (Lopid)	600 mg/tablet--dose is 1 tablet	daily at bedtime--9 pm	cholesterol control	yes
9:00 pm	Narahara, Craig	Levitiracetam (Keppra)	750 mg/tablet--dose is 1 tablet	three times per day--8 am; 2 pm; 9 pm	seizure control	yes
9:00 pm	Takamune, Lisa	Zioptan	one drop both eyes	daily at bedtime	glaucoma treatment	yes
9:00 pm	Verzani, Amanda	Baclofen	10 mg/tab --dose is 2 tablets	daily at bedtime--9 pm	anti-spasticity	yes
9:00 pm	Verzani, Amanda	Trileptal(Oxcarbazepine)HS	300 mg/tab-dose is 2 tabs at bedtime	daily at bedtime--9 pm	anti-seizure	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
as needed	Eugenio, Benjamin	Xyzal	5 mg/tab--dose is 1 tablet	as needed for allergy symptoms at bedtime, if needed	treatment for sinus allergies	yes
as needed	Gong, Richard	Diphenhydramine	1-2 capsules as needed for above symptoms	as needed every 4 hrs if needed; do not exceed 6 doses in 24 hrs.	allergy relief, antihistamine, itchy or allergic skin reaction	yes
as needed	Hata, Randall	Refresh eye drops	1 drop in each eye	as needed for eye dryness	eye lubrication to prevent dryness	no
as needed	Hata, Randall	Fluticasone 50 mcg Nasal Spray	1 puff each nostril	as needed for sinus congestion	relief of nasal congestion	yes
as needed	Kanazawa, Curtis	Chlorpheniramine	4 mg--1 tablet	as needed every 4 hrs for allergy symptoms--1 tablet	seasonal allergies	yes
as needed	Kanemori, David	Calendula	apply small amount to affected areas	as needed for scrapes and cuts	homeopathic ointment for healing scrapes and cuts	no
as needed	Nishio, Marc	Lomotil	2.5 mg/tab --dose is 1 tablet	AS NEEDED FOR DIARRHEA--AN ADDITIONAL 1 TABLET PER DAY	control diarrhea	yes
as needed	Verzani, Amanda	Neosporin	as needed to cover cuts or scraped	as needed for cuts and scrapes	topical antibiotic ointment	no
as needed	Visitacion, Dana	Benadryl	25 mg/tab--dose is 2 tabs or 50 mg	as needed for seasonal allergy symptoms	seasonal allergies/common cold symptoms	yes
as needed	Visitacion, Dana	Ibuprofen	200 mg/tab--dose is 1 tab	as needed for headache or mild pain--1 tab every 4 hrs if needed	relief of headache or mild pain	yes

Time	Camper	Medication	Dosage	Frequency	Purpose	HS
8:00 am	Abasolo, Jerry	Atenolol	25 mg/tab--dose is 1 tab	twice daily	anti-hypertensive	yes
8:00 am	Abasolo, Jerry	CVS Stool softener	250 mg/capsule--dose is 1 capsule	twice daily	stool softener	yes
8:00 am	Abasolo, Jerry	Hydrocodone (Norco)	5/325 mg/1 tablet--dose is 1 tablet	two times daily--8 am; 4 pm	relief of pain	yes
8:00 am	Abasolo, Jerry	Lamictal (Lamotrigine)	200 mg/tab--dose is 2 tablets	three times daily--8 am; noon; 4 pm	seizure control	yes
8:00 am	Abasolo, Jerry	Potassium Citrate ER	10 meq/tab--dose is 1 tablet	three times a day	prevent kidney stones	yes
8:00 am	Abasolo, Jerry	Pravastatin	20 mg/tab--dose is 1 tablet	daily in am	cholesterol lowering agent	yes
8:00 am	Abasolo, Jerry	Zonegran (Zonisamide) cap	100 mg/capsule--dose is 2 capsules	three times a day--8 am; noon; 4 pm	seizure control	yes
8:00 am	Chen, Jonathan	Gabapentin	400 mg/capsule--dose is 1 capsule	three times per day--8 am; 2 pm; 9 pm	relief of neuropathic pain	yes
8:00 am	Conville, Mariko	Cytomel	5 mcg/tablet--dose is 2 tablets	daily in morning	Treatment for Hashimoto's hypothyroiditis	yes
8:00 am	Conville, Mariko	Kristalose	20 mg/packet--dose is 1 packet	twice daily--breakfast and dinner	reduce constipation	yes
8:00 am	Conville, Mariko	Lorazepam (Ativan) AM	1 mg/tablet--dose is 3 tablets	daily in AM	anti anxiety	yes
8:00 am	Conville, Mariko	Synthroid	88 mcg/tablet --dose is 1 tablet	daily in am on MWTHSAT	Hashimoto's hypothyroiditis--thyroid hormone replacement	yes
8:00 am	Kanemori, David	Active C	500 mg/capsule--dose is 1 capsule	twice daily--before breakfast and before dinner	immune system support	no
8:00 am	Kanemori, David	All-In-One	1 tablet	before breakfast and before dinner	multi-vitamin/mineral supplement	no
8:00 am	Kanemori, David	Benfotiamine	250 mg/capsule--dose is 1 capsule	daily before breakfast	protection from high blood sugar	no
8:00 am	Kanemori, David	Magnesium Glycinate	400 mg/capsule--doae is 1 capsule	daily before breakfast	nutritional supplement to balance glutamate, aids muscle flexibility, calming effect	no
8:00 am	Kanemori, David	Pantothenic Acid	500 mg/tablet--dose is 1 tablet	daily before breakfast	nutritional supplement to prevent allergies	no
8:00 am	Kanemori, David	Probiotic	1 capsule	twice daily before breakfast and before dinner	nutritional supplement to promote intestinal health	no

Time	Camper	Medication	Dosage	Frequency	Purpose	HS
8:00 am	Kanemori, David	Vitamin D3	1 capsule	daily before breakfast	5000 IU/capsule--dose is 1 capsule	no
8:00 am	Kanemori, David	Wobenzyme	1 capsule	twice daily before breakfast and before dinner	nutritional supplement digestive enzyme	no
8:00 am	Mar, Jodi	Lamotrigine	25 mg/chewable dispersible tablet--dose is 100 mg or 4 chewable dispersible tablets	twice daily--breakfast and dinner	seizure control	yes
8:00 am	Mar, Jodi	Levothyroxine	50 mcg--1 tablet	daily in the morning	thyroid hormone replacement	yes
8:00 am	Miyashiro, Cindy	Hydrocortisone cream	1% cream--apply small amount to rash areas on back	twice daily--AM and bedtime	ant inflammation	no
8:00 am	Miyashiro, Cindy	Triamcinolone 0.5%	apply small amount to affected area	twice daily--AM and bedtime	steroid cream	no
8:00 am	Miyashiro, Cindy	Brimonidine 0.2% eye solution	1 drop in each eye	twice daily	glaucoma treatment	yes
8:00 am	Miyashiro, Cindy	Carbamazepine ER (Carbatrol)	220 mg/capslet--dose is 3 caplets	twice daily--8 am and 5 pm	anti-seizure	yes
8:00 am	Miyashiro, Cindy	Oyster Shell 500 Vitamin D3 200	1 tablet	three times daily-- 8 am, 5 pm, 9 pm	nutritional supplement	yes
8:00 am	Miyashiro, Cindy	RisperidoneAM	2 mg/tablet--dose is 1 tablet	daily in AM	mood stabilizer--anti-psychotic	yes
8:00 am	Miyashiro, Cindy	Thera-M	1 tablet	daily in am	nutritional supplement	yes
8:00 am	Narahara, Craig	Benzotropine (Cogentin)	1 mg/tab--dose is 1 tablet	twice daily--8 am and 6 pm	control drooling, salivation--anti-cholinergic agent	yes
8:00 am	Narahara, Craig	Divalproex	500 mg/tablet--dose is 1 tablet	twice daily--8 am and 6 pm	seizure disorder	yes
8:00 am	Narahara, Craig	Fiber Pill	625 mg/tablet--dose is 1 tablet	twice daily--8 am and 6 pm	promote bowel regularity	yes
8:00 am	Narahara, Craig	Levitiracetam (Keppra)	750 mg/tablet--dose is 1 tablet	three times per day--8 am; 2 pm; 9 pm	seizure control	yes
8:00 am	Narahara, Craig	Oyster Calcium	500 mg/tablet--dose is 1 tablet	twice daily -- 8 am and 6 pm	nutritional supplement	yes
8:00 am	Narahara, Craig	Vitamin D3	2000 IU/tablet--dose is 1 tablet	once daily in am	nutritional supplement	yes
8:00 am	Nishio, Marc	Lomotil--EVEN days	2.5 mg/tab --dose is 1 tablet	three times daily	anti-diarrhea	yes



<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
8:00 am	Nishio, Marc	Omeprazole	20 mg/capsule--dose is 1 capsule	daily in am	control heartburn	yes
8:00 am	Nishio, Marc	Risperidone	0.5 mg/tab---1 tablet	twice daily	control of stimulatory behaviors	yes
8:00 am	Ouye, Jamie	Calcium Gummies	500 mg/tablet--dose is 1 tablet	twice daily before breakfast and dinner	nutritional supplement	no
8:00 am	Ouye, Jamie	Vitamin C	1000 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner	nutritional supplement	no
8:00 am	Ouye, Jamie	Vitamin D Gummy	1500 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner	nutritional supplement	no
8:00 am	Ouye, Jamie	Women's Gummy Vitamin	1 Gummy Vitamin	twice daily before breakfast and dinner	nutritional supplement	no
8:00 am	Refuerzo, Melling	Buspirone	10 mg--1 tablet	twice daily: 8 am and 5 pm	anti-anxiety	yes
8:00 am	Refuerzo, Melling	Citalopram HBR (Celexa)	40 mg--1 tablet	once daily--8 am	anti-depressant	yes
8:00 am	Refuerzo, Melling	Lisinopril	10 mg--1 tablet	daily in the morning--8 am	treat high blood pressure	yes
8:00 am	Refuerzo, Melling	Metformin	1000 mg--1 tablet	twice daily--8 am and 5 pm	controls high blood sugar	yes
8:00 am	Refuerzo, Melling	RisperidoneAM	1 mg--1 tablet	once daily--8 am	treatment of mental/mood disorder	yes
8:00 am	Verzani, Amanda	Trileptal (Oxcarbazepine)AM	300 mg/tablet dose is 450 mg--1.5 tablets	daily in AM	anti-seizure	yes
8:00 am	Visitacion, Dana	Buspirone AM	5 mg/tab--dose is 3 tabs or 15 mg	daily in AM. ( there is a different dose in PM)	anti-anxiety	yes
8:00 am	Visitacion, Dana	Claritin (Non-Drowsy Allergy Relief)	10mg--1 tablet	once daily in am	seasonal allergies	yes
8:00 am	Visitacion, Dana	Fluvoxamine Maleate	50mg/tab--dose is 100 mg or 2 tabs	once daily in morning	antidepressant	yes
8:00 am	Visitacion, Dana	Jolessa	0.15-0.03 mg/1 tab dose is 1 tab	once daily in morning	regulate menstrual cycles	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
9:00 am	Chien, Stephen	Valsartan	160 mg/tab--dose is 1 tablet	once daily after breakfast	anti-hypertensive	yes
9:00 am	Chua, Hannah	Acetyl L-carnitine	500 mg/capsule--dose is 1 capsule	three times daily	Nutritional supplement	no
9:00 am	Chua, Hannah	Fish Oil	1000mg/capsule--dose is 1 capsule	twice daily	Nutritional supplement	no
9:00 am	Chua, Hannah	Vitamin D3	2000 IU/capsule--dose is 1 capsule	once daily at breakfast	nutritional supplement	no
9:00 am	Chua, Hannah	Levonorgestrel / estradiol	0.15-0.03 mg/1 tab dose is 1 tab	daily in AM	to control menses	yes
9:00 am	Chua, Hannah	Miralax	1/2 capful	twice daily breakfast and dinner	prevent constipation	yes
9:00 am	Eugenio, Benjamin	Fish Oil	1 capsule	daily at breakfast	nutritional supplement	no
9:00 am	Eugenio, Benjamin	Magnesium	1 capsule	daily in AM	Nutritional supplement	no
9:00 am	Gong, Richard	Bio-Kult probiotic	1 capsule	twice daily --with breakfast and dinner meal	promotes healthy digestion and immune system	no
9:00 am	Gong, Richard	Integrative Nutrivitamin Enzyme Complex, without iron	1 capsule	twice daily with morning meal and evening meal	multivitamin, general nutritional health supplement	no
9:00 am	Gong, Richard	Radiant Life Krill Extra	1 capsule	twice daily with morning meal and dinner meal	Fish Oil nutritional supplement	no
9:00 am	Hata, Randall	Fish Oil	1000 mg/capsule--dose is 1 capsule	once daily in am	nutritional supplement	no
9:00 am	Hata, Randall	Multi- Vitamin	1 tablet	daily in AM	nutritional supplement	no
9:00 am	Hata, Randall	Vitamin C	500 mg/tablet--dose is 1 tablet	once daily in am	nutritional supplement	no
9:00 am	Hata, Randall	Docusate Sodium	250 mg/capsule--dose is 1 capsule	twice daily	stool softener	yes
9:00 am	Kanemori, David	Pteridin4 (Tetrahydrobiopterin 2.5 mg)	1 tablet	daily before breakfast	Nutritional supplement	no
9:00 am	Kanemori, David	Yeast Formula	2 tabs	daily before breakfast	Nutritional supplement	no
9:00 am	Mar, Jodi	Fish Oil	one gummy-- 500 mg	once daily in the morning or at breakfast	nutritional supplement to reduce triglycerides	no
9:00 am	Mar, Jodi	Multi-vites Gummy Vitamin	2 adult multivatmin gummies	once daily at breakfast	nutritional supplement	no
9:00 am	Mock, Vanessa	Vitafusion Calcium	500 mg--2 gummies	once daily at breakfast	nutritional supplement	no
9:00 am	Mock, Vanessa	Vitafusion MultiVites Gummy vitamins	2 tummies	once daily at breakfast	nutritional supplement	no
9:00 am	Nagao, Lacey	One A Day Multivitamin for Women	1 tablet	daily at breakfast	nutritional supplement	no

Time	Camper	Medication	Dosage	Frequency	Purpose	HS
9:00 am	Nagao, Lacey	Vitamin D3	1 soft gel	daily at breakfast	nutritional supplement	no
9:00 am	Nakagaki, Christine	Adult Multivitamin Gummies	2 gummies	once daily at breakfast	nutritional supplement	no
9:00 am	Nakagaki, Christine	Claritin Reditabs	10 mg/tablet--dose is 1 tablet	once daily at breakfast	control of seasonal allergies	yes
9:00 am	Nishio, Marc	Calcium with Vitamin D	500 mg/tablet--dose is 1 tablet	twice daily--breakfast and dinner	nutritional supplement	no
9:00 am	Nishio, Marc	Vitamin D3	1000IU/capsule--dose is 1 capsule	daily	nutritional supplement	no
9:00 am	Peeler, Jennifer	amphetamine salts	5 mg/tab--dose is 3 tabs or 15 mg	twice daily breakfast and lunchtime	treatment for ADHD	yes
9:00 am	Peeler, Jennifer	Oxybutynin	5 mg/tablet--dose is 1 tablet	twice daily--morning and evening	urinary antispasmodic	yes
9:00 am	Takamune, Lisa	Vitamin B-12	500 mg/tablet--dose is 1 tablet	daily after breakfast	nutritional supplement	no
9:00 am	Takamune, Lisa	Vitamin C	500 mg/tablet--dose is 1 tablet	daily after breakfast	nutritional supplement	no
9:00 am	Takamune, Lisa	Clopidogrel	75 mg/tablet--dose is 1 tablet	daily in AM	anti platelet action; promotes heart and blood circulation	yes
9:00 am	Visitacion, Dana	Multi- Vitamin	1 tablet	once daily in morning	nutritional supplement	no
9:00 am	Visitacion, Dana	Vitamin C	1000 mg/tab--dose is 1 tablet	once daily in morning	nutritional supplement	no
9:00 am	Wang, Rebecca	Areds 2 Eye Vitamin	1 tablet	twice daily with morning meal and dinner meal	nutritional supplement for eyes	no
9:00 am	Wang, Rebecca	Calcium Gummies	1 gummy	daily in the morning	nutritional supplement to promote bone health	no
9:00 am	Wang, Rebecca	Flax Seed Oil	1400 mg/tablet dose is 1 tablet	daily in the morning	nutritional supplement for heart health	no
9:00 am	Wang, Rebecca	Move Free	1 tablet	once daily in the morning	nutritional supplement to promote joint health	no
9:00 am	Wang, Rebecca	One a Day for Women	1 tablet	once daily in the morning	nutritional supplement multivitamin	no
9:00 am	Wang, Rebecca	Vitamin D3	2000 IU/tablet--dose is 1 tablet	once daily in the morning	nutritional supplement	no

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
12 noon	Abasolo, Jerry	Hydrocodone (Norco)	5/325 mg/1 tablet--dose is 1 tablet	two times daily--8 am; 4 pm	relief of pain	yes
12 noon	Abasolo, Jerry	Lamictal (Lamotrigine)	200 mg/tab--dose is 2 tablets	three times daily--8 am; noon; 4 pm	seizure control	yes
12 noon	Abasolo, Jerry	Oyster, Calcium and D supplement	500/200mg/tab--dose is 1 tablet	daily at noon	nutritional supplement	yes
12 noon	Abasolo, Jerry	Potassium Citrate ER	10 meq/tab--dose is 1 tablet	three times a day	prevent kidney stones	yes
12 noon	Abasolo, Jerry	Zonegran (Zonisamide) cap	100 mg/capsule--dose is 2 capsules	three times a day--8 am; noon; 4 pm	seizure control	yes
12 noon	Chua, Hannah	Acetyl L-carnitine	500 mg/capsule--dose is 1 capsule	three times daily	Nutritional supplement	no
12 noon	Nishio, Marc	Lomotil--EVEN days	2.5 mg/tab --dose is 1 tablet	three times daily	anti-diarrhea	yes
12 noon	Peeler, Jennifer	amphetamine salts	5 mg/tab--dose is 3 tabs or 15 mg	twice daily breakfast and lunchtime	treatment for ADHD	yes
2:00 pm	Chen, Jonathan	Gabapentin	400 mg/capsule--dose is 1 capsule	three times per day--8 am; 2 pm; 9 pm	relief of neuropathic pain	yes
2:00 pm	Narahara, Craig	Levitiracetam (Keppra)	750 mg/tablet--dose is 1 tablet	three times per day--8 am; 2 pm; 9 pm	seizure control	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
4:00 pm	Abasolo, Jerry	CVS Stool softener	250 mg/capsule--dose is 1 capsule	twice daily	stool softener	yes
4:00 pm	Abasolo, Jerry	Hydrocodone (Norco)	5/325 mg/1 tablet--dose is 1 tablet	two times daily--8 am; 4 pm	relief of pain	yes
4:00 pm	Abasolo, Jerry	Lamictal (Lamotrigine)	200 mg/tab--dose is 2 tablets	three times daily--8 am; noon; 4 pm	seizure control	yes
4:00 pm	Abasolo, Jerry	Potassium Citrate ER	10 meq/tab--dose is 1 tablet	three times a day	prevent kidney stones	yes
4:00 pm	Abasolo, Jerry	Zonegran (Zonisamide) cap	100 mg/capsule--dose is 2 capsules	three times a day--8 am; noon; 4 pm	seizure control	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
5:00 pm	Kanemori, David	Active C	500 mg/capsule--dose is 1 capsule	twice daily--before breakfast and before dinner	immune system support	no
5:00 pm	Kanemori, David	All-In-One	1 tablet	before breakfast and before dinner	multi-vitamin/mineral supplement	no
5:00 pm	Kanemori, David	Cat's Claw	500 mg/capsule--dose is 1 capsule	daily before dinner	prevents Lyme disease	no
5:00 pm	Kanemori, David	Kidney Support	1 capsule	daily before dinner	nutritional supplement to support kidney	no
5:00 pm	Kanemori, David	Liver Support	1 capsule	daily before dinner	nutritional supplement to support liver	no
5:00 pm	Kanemori, David	Probiotic	1 capsule	twice daily before breakfast and before dinner	nutritional supplement to promote intestinal health	no
5:00 pm	Kanemori, David	Wobenzyme	1 capsule	twice daily before breakfast and before dinner	nutritional supplement digestive enzyme	no
5:00 pm	Mar, Jodi	Lamotrigine	25 mg/chewable dispersible tablet--dose is 100 mg or 4 chewable dispersible tablets	twice daily--breakfast and dinner	seizure control	yes
5:00 pm	Miyashiro, Cindy	Brimonidine 0.2% eye solution	1 drop in each eye	twice daily	glaucoma treatment	yes
5:00 pm	Miyashiro, Cindy	Carbamazepine ER (Carbatrol)	220 mg/capslet--dose is 3 caplets	twice daily--8 am and 5 pm	anti-seizure	yes
5:00 pm	Miyashiro, Cindy	Oyster Shell 500 Vitamin D3 200	1 tablet	three times daily-- 8 am, 5 pm, 9 pm	nutritional supplement	yes
5:00 pm	Miyashiro, Cindy	Simvastatin	20mg/tab--dose is 1 tablet	once daily in evening	cholesterol lowering agent	yes
5:00 pm	Nishio, Marc	Lomotil--EVEN days	2.5 mg/tab --dose is 1 tablet	three times daily	anti-diarrhea	yes
5:00 pm	Ouye, Jamie	Calcium Gummies	500 mg/tablet--dose is 1 tablet	twice daily before breakfast and dinner	nutritional supplement	no
5:00 pm	Ouye, Jamie	Vitamin C	1000 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner	nutritional supplement	no
5:00 pm	Ouye, Jamie	Vitamin D Gummy	1500 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner	nutritional supplement	no
5:00 pm	Ouye, Jamie	Women's Gummy Vitamin	1 Gummy Vitamin	twice daily before breakfast and dinner	nutritional supplement	no
5:00 pm	Refuerzo, Melling	Bupirone	10 mg--1 tablet	twice daily: 8 am and 5 pm	anti-anxiety	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
5:00 pm	Refuerzo, Melling	Metformin	1000 mg--1 tablet	twice daily--8 am and 5 pm	controls high blood sugar	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
6:00 pm	Chua, Hannah	Acetyl L-carnitine	500 mg/capsule--dose is 1 capsule	three times daily	Nutritional supplement	no
6:00 pm	Chua, Hannah	Fish Oil	1000mg/capsule--dose is 1 capsule	twice daily	Nutritional supplement	no
6:00 pm	Chua, Hannah	Miralax	1/2 capful	twice daily breakfast and dinner	prevent constipation	yes
6:00 pm	Conville, Mariko	Kristalose	20 mg/packet--dose is 1 packet	twice daily--breakfast and dinner	reduce constipation	yes
6:00 pm	Gong, Richard	Bio-Kult probiotic	1 capsule	twice daily --with breakfast and dinner meal	promotes healthy digestion and immune system	no
6:00 pm	Gong, Richard	Integrative Nutrivitamin Enzyme Complex, without iron	1 capsule	twice daily with morning meal and evening meal	multivitamin, general nutritional health supplement	no
6:00 pm	Gong, Richard	Radiant Life Krill Extra	1 capsule	twice daily with morning meal and dinner meal	Fish Oil nutritional supplement	no
6:00 pm	Hata, Randall	Crestor	20mg/tab--dose is 1 tablet	daily in pm.	cholesterol lowering agent	yes
6:00 pm	Hata, Randall	Docusate Sodium	250 mg/capsule--dose is 1 capsule	twice daily	stool softener	yes
6:00 pm	Nakagaki, Christine	Miralax	17 grams/packet--dose is 1 packet. Dissolve in 4-8 oz fluid.	Dinner on Sunday, Tuesday, Thursday only	constipation relief	yes
6:00 pm	Narahara, Craig	Benzotropine (Cogentin)	1 mg/tab--dose is 1 tablet	twice daily--8 am and 6 pm	control drooling, salivation--anti-cholinergic agent	yes
6:00 pm	Narahara, Craig	Divalproex	500 mg/tablet--dose is 1 tablet	twice daily--8 am and 6 pm	seizure disorder	yes
6:00 pm	Narahara, Craig	Fiber Pill	625 mg/tablet--dose is 1 tablet	twice daily--8 am and 6 pm	promote bowel regularity	yes
6:00 pm	Narahara, Craig	Oyster Calcium	500 mg/tablet--dose is 1 tablet	twice daily -- 8 am and 6 pm	nutritional supplement	yes
6:00 pm	Nishio, Marc	Calcium with Vitamin D	500 mg/tablet--dose is 1 tablet	twice daily--breakfast and dinner	nutritional supplement	no
6:00 pm	Peeler, Jennifer	Cephalexin Oral Suspension	250 mg/5mls. dose is 5 mls or 1 tsp.	daily in evening	antibiotic for prevention of bladder infection	yes
6:00 pm	Peeler, Jennifer	Escitalopram Oxalate (Lexapro) oral solution	5 mg/5 mls. dose is 20 mls.	daily every evening	antidepressant;treatment for generalized anxiety disorder	yes
6:00 pm	Peeler, Jennifer	Oxybutynin	5 mg/tablet--dose is 1 tablet	twice daily--morning and evening	urinary antispasmodic	yes
6:00 pm	Takamune, Lisa	L-Arginine	500 mg/tab--dose is 2 capsules	daily after dinner	nutritional supplement for the heart	no



<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
6:00 pm	Wang, Rebecca	Areds 2 Eye Vitamin	1 tablet	twice daily with morning meal and dinner meal	nutritional supplement for eyes	no
6:00 pm	Wang, Rebecca	Citracal Calcium Citrate	630 mg/tablet--dose is 1 tablet	once daily in the evening	nutritional supplement to promote bone health	no
6:00 pm	Wang, Rebecca	Digestive Advantage	1 gummy	once daily in the evening	nutritional supplement to promote digestive health	no
6:00 pm	Wang, Rebecca	Vitamin B-12	1000 mg/tablet--dose is 1 tablet	once daily in the evening	nutritional supplement fort energy health	no
6:00 pm	Wang, Rebecca	Vitamin C	500 mg/tablet--dose is 1 tablet	once daily in the evening	nutritional supplement	no

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
8:00 pm	Miyashiro, Cindy	Hydrocortisone cream	1% cream--apply small amount to rash areas on back	twice daily--AM and bedtime	ant inflammation	no
8:00 pm	Nishio, Marc	Montelukast (generic for Singular)	10 mg/tab--1 tablet	once daily at bedtime	seasonal allergy control	yes
8:00 pm	Nishio, Marc	Risperidone	0.5 mg/tab---1 tablet	twice daily	control of stimulatory behaviors	yes
8:00 pm	Refuerzo, Melling	Loratadine	10 mg--1 tablet	daily in the evening--8 pm	relief of seasonal allergies	yes
8:00 pm	Refuerzo, Melling	Risperidone PM dose	2 mg--1 tablet	once daily in evening--8 pm	treatment of mental/mood disorder	yes
8:00 pm	Refuerzo, Melling	Simvastatin	20 mg--1 tablet	daily at bedtime--8 pm	cholesterol lowering agent	yes
8:00 pm	Tani, Glenn Ricky	Celexa (Citalopram)	40 mg/tablet--dose is 1 tablet	daily at bedtime	anti-anxiety--anti-depressant	yes
8:00 pm	Tani, Glenn Ricky	Cogentin (Benztropine)	1 mg/tab--dose is 1 tablet	daily at bedtime--8 pm	antiparkinsonian, anticholinergic, anti-agitation	yes
8:00 pm	Tani, Glenn Ricky	Seroquel (Quetiapine Fumartate)	300 mg/tab--dose is 1/2 tab or 150 mg	daily at bedtime--8 pm	anti-psychotic, anti-depressant, anti-anxiety	yes
8:00 pm	Visitacion, Dana	Buspirone PM	5 mg/tablet--dose is 1 tablet or 5 mg	daily at pm--one hour before bedtime	anti-anxiety	yes
8:00 pm	Visitacion, Dana	Guanfacine	1 mg/tab--dose is 1 tab	once daily in evening	anti-hypertensive	yes
8:00 pm	Visitacion, Dana	Melatonin	3 mg/1 tab and 5 mg/1 tab--dose is 1 tab of each for total of 8 mg total	once daily in the evening	promote sleep	yes
8:00 pm	Visitacion, Dana	Nortriptyline	10 mg/capsule. dose is 40 mg or 4 capsules	once daily in evening	anti-depressant and to promote sleep	yes
8:00 pm	Visitacion, Dana	Theanine	100 mg/tab--dose is 1 tab	once daily in evening	amino acid	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
9:00 pm	Abasolo, Jerry	Vinegar--external use	soak Qtip and swab both ears up until line indicated on Qtip.	daily at bedtime	treatment for ear itch eczema	no
9:00 pm	Abasolo, Jerry	Allerclear Loratadine	10mg/tab--dose is 1 tablet	daily at bedtime	allergy relief, antihistamine, itchy or allergic skin reaction	yes
9:00 pm	Abasolo, Jerry	Atenolol	25 mg/tab--dose is 1 tab	twice daily	anti-hypertensive	yes
9:00 pm	Abasolo, Jerry	Hydrocodone / Acetaminophen -BEDTIME	5/325 mg/tab--dose is 2 TABLETS	daily at bedtime	pain relief	yes
9:00 pm	Abasolo, Jerry	Lamictal Bedtime	200 mg/tab--dose is 3 tablets	daily at bedtime--9 pm	seizure control	yes
9:00 pm	Abasolo, Jerry	Zonegran (Zonisamide) Bedtime	100 mg/cap--dose is 3 capsules	daily at bedtime--9 pm	seizure control	yes
9:00 pm	Chen, Jonathan	Gabapentin	400 mg/capsule--dose is 1 capsule	three times per day--8 am; 2 pm; 9 pm	relief of neuropathic pain	yes
9:00 pm	Chua, Hannah	Magnesium	400 mg/tablet--dose is 1 tablet	daily at bedtime--can take half hour before with melatonin	nutritional supplement	no
9:00 pm	Chua, Hannah	Melatonin	1 mg/tablet--dose is 1 tablet	daily at bedtime--can take half hour before	Nutritional supplement	no
9:00 pm	Conville, Mariko	Benzotropine (Cogentin)	1 mg/tab--dose is 1 tablet	daily at bedtime--9 pm	anti-parkinsonians, anticholinergic	yes
9:00 pm	Conville, Mariko	Lorazepam BEDTIME	1 mg/tab--dose is 1 tablet	daily at bedtime	anti-anxiety	yes
9:00 pm	Conville, Mariko	Myrbetriq	50 mg/tab--dose is 1 tablet	daily at bedtime	bladder antispasmodic	yes
9:00 pm	Conville, Mariko	Trader Joe's OTC Folic Acid/B6/B12	1 tablet	daily at bedtime	nutritional supplement	yes
9:00 pm	Hata, Randall	Aquaphor spray	spray to affected areas on arms and legs	daily after showering	prevent skin dryness	no
9:00 pm	Miyashiro, Cindy	Chlorhexidine 0.12% mouth rinse	1/2 oz undiluted rinse in mouth	once daily at bedtime	treatment for gum disease	no
9:00 pm	Miyashiro, Cindy	Triamcinolone 0.5%	apply small amount to affected area	twice daily--AM and bedtime	steroid cream	no
9:00 pm	Miyashiro, Cindy	Vitamin E cream	apply to affected areas of skin rash to back of legs	daily at bedtime	promotes skin health	no
9:00 pm	Miyashiro, Cindy	Citalopram HBR (Celexa)	40 mg/tablet--dose is 1 tablet	daily at bedtime--9 pm	antidepressant	yes
9:00 pm	Miyashiro, Cindy	Latanoprost	0.005%--dose is 1 drop in each eye	daily at bedtime--9 pm	glaucoma treatment	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
9:00 pm	Miyashiro, Cindy	Oyster Shell 500 Vitamin D3 200	1 tablet	three times daily-- 8 am, 5 pm, 9 pm	nutritional supplement	yes
9:00 pm	Miyashiro, Cindy	Risperidone HS dose 0.5 mg tab	0.5 mg/tab---1 tablet	daily at 9 pm	mood stabilizer--anti-psychotic	yes
9:00 pm	Miyashiro, Cindy	Risperidone HS dose 1 mg tablet	1 mg/tablet--dose is 1 tablet	daily at bedtime--9 pm	mood stabilizer, anti-psychotic	yes
9:00 pm	Narahara, Craig	Gemfibrozil (Lopid)	600 mg/tablet--dose is 1 tablet	daily at bedtime--9 pm	cholesterol control	yes
9:00 pm	Narahara, Craig	Levitiracetam (Keppra)	750 mg/tablet--dose is 1 tablet	three times per day--8 am; 2 pm; 9 pm	seizure control	yes
9:00 pm	Takamune, Lisa	Zioptan	one drop both eyes	daily at bedtime	glaucoma treatment	yes
9:00 pm	Verzani, Amanda	Baclofen	10 mg/tab --dose is 2 tablets	daily at bedtime--9 pm	anti-spasticity	yes
9:00 pm	Verzani, Amanda	Trileptal(Oxcarbazepine)HS	300 mg/tab-dose is 2 tabs at bedtime	daily at bedtime--9 pm	anti-seizure	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
as needed	Eugenio, Benjamin	Xyzal	5 mg/tab--dose is 1 tablet	as needed for allergy symptoms at bedtime, if needed	treatment for sinus allergies	yes
as needed	Gong, Richard	Diphenhydramine	1-2 capsules as needed for above symptoms	as needed every 4 hrs if needed; do not exceed 6 doses in 24 hrs.	allergy relief, antihistamine, itchy or allergic skin reaction	yes
as needed	Hata, Randall	Refresh eye drops	1 drop in each eye	as needed for eye dryness	eye lubrication to prevent dryness	no
as needed	Hata, Randall	Fluticasone 50 mcg Nasal Spray	1 puff each nostril	as needed for sinus congestion	relief of nasal congestion	yes
as needed	Kanazawa, Curtis	Chlorpheniramine	4 mg--1 tablet	as needed every 4 hrs for allergy symptoms--1 tablet	seasonal allergies	yes
as needed	Kanemori, David	Calendula	apply small amount to affected areas	as needed for scrapes and cuts	homeopathic ointment for healing scrapes and cuts	no
as needed	Nishio, Marc	Lomotil	2.5 mg/tab --dose is 1 tablet	AS NEEDED FOR DIARRHEA--AN ADDITIONAL 1 TABLET PER DAY	control diarrhea	yes
as needed	Verzani, Amanda	Neosporin	as needed to cover cuts or scaped	as needed for cuts and scrapes	topical antibiotic ointment	no
as needed	Visitacion, Dana	Benadryl	25 mg/tab--dose is 2 tabs or 50 mg	as needed for seasonal allergy symptoms	seasonal allergies/common cold symptoms	yes
as needed	Visitacion, Dana	Ibuprofen	200 mg/tab--dose is 1 tab	as needed for headache or mild pain--1 tab every 4 hrs if needed	relief of headache or mild pain	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
8:00 am	Abasolo, Jerry	Atenolol	25 mg/tab--dose is 1 tab	twice daily	anti-hypertensive	yes
8:00 am	Abasolo, Jerry	CVS Stool softener	250 mg/capsule--dose is 1 capsule	twice daily	stool softener	yes
8:00 am	Abasolo, Jerry	Hydrocodone (Norco)	5/325 mg/1 tablet--dose is 1 tablet	two times daily--8 am; 4 pm	relief of pain	yes
8:00 am	Abasolo, Jerry	Lamictal (Lamotrigine)	200 mg/tab--dose is 2 tablets	three times daily--8 am; noon; 4 pm	seizure control	yes
8:00 am	Abasolo, Jerry	Potassium Citrate ER	10 meq/tab--dose is 1 tablet	three times a day	prevent kidney stones	yes
8:00 am	Abasolo, Jerry	Pravastatin	20 mg/tab--dose is 1 tablet	daily in am	cholesterol lowering agent	yes
8:00 am	Abasolo, Jerry	Zonegran (Zonisamide) cap	100 mg/capsule--dose is 2 capsules	three times a day--8 am; noon; 4 pm	seizure control	yes
8:00 am	Chen, Jonathan	Gabapentin	400 mg/capsule--dose is 1 capsule	three times per day--8 am; 2 pm; 9 pm	relief of neuropathic pain	yes
8:00 am	Conville, Mariko	Cytomel	5 mcg/tablet--dose is 2 tablets	daily in morning	Treatment for Hashimoto's hypothyroiditis	yes
8:00 am	Conville, Mariko	Kristalose	20 mg/packet--dose is 1 packet	twice daily--breakfast and dinner	reduce constipation	yes
8:00 am	Conville, Mariko	Lorazepam (Ativan) AM	1 mg/tablet--dose is 3 tablets	daily in AM	anti anxiety	yes
8:00 am	Conville, Mariko	Synthroid 1/2 tab Tu, Fri.	88 mcg/tablet--dose is 1/2 tab on TU and Fri only	Tuesday and Friday AM only	Hashimoto's hypothyroiditis	yes
8:00 am	Kanemori, David	Active C	500 mg/capsule--dose is 1 capsule	twice daily--before breakfast and before dinner	immune system support	no
8:00 am	Kanemori, David	All-In-One	1 tablet	before breakfast and before dinner	multi-vitamin/mineral supplement	no
8:00 am	Kanemori, David	Benfotiamine	250 mg/capsule--dose is 1 capsule	daily before breakfast	protection from high blood sugar	no
8:00 am	Kanemori, David	Magnesium Glycinate	400 mg/capsule--doae is 1 capsule	daily before breakfast	nutritional supplement to balance glutamate, aids muscle flexibility, calming effect	no
8:00 am	Kanemori, David	Pantothenic Acid	500 mg/tablet--dose is 1 tablet	daily before breakfast	nutritional supplement to prevent allergies	no
8:00 am	Kanemori, David	Probiotic	1 capsule	twice daily before breakfast and before dinner	nutritional supplement to promote intestinal health	no
8:00 am	Kanemori, David	Vitamin D3	1 capsule	daily before breakfast	5000 IU/capsule--dose is 1 capsule	no

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
8:00 am	Kanemori, David	Wobenzyme	1 capsule	twice daily before breakfast and before dinner	nutritional supplement digestive enzyme	no
8:00 am	Mar, Jodi	Lamotrigine	25 mg/chewable dispersible tablet--dose is 100 mg or 4 chewable dispersible tablets	twice daily--breakfast and dinner	seizure control	yes
8:00 am	Mar, Jodi	Levothyroxine	50 mcg--1 tablet	daily in the morning	thyroid hormone replacement	yes
8:00 am	Miyashiro, Cindy	Hydrocortisone cream	1% cream--apply small amount to rash areas on back	twice daily--AM and bedtime	ant inflammation	no
8:00 am	Miyashiro, Cindy	Triamcinolone 0.5%	apply small amount to affected area	twice daily--AM and bedtime	steroid cream	no
8:00 am	Miyashiro, Cindy	Brimonidine 0.2% eye solution	1 drop in each eye	twice daily	glaucoma treatment	yes
8:00 am	Miyashiro, Cindy	Carbamazepine ER (Carbatrol)	220 mg/capslet--dose is 3 caplets	twice daily--8 am and 5 pm	anti-seizure	yes
8:00 am	Miyashiro, Cindy	Oyster Shell 500 Vitamin D3 200	1 tablet	three times daily-- 8 am, 5 pm, 9 pm	nutritional supplement	yes
8:00 am	Miyashiro, Cindy	RisperidoneAM	2 mg/tablet--dose is 1 tablet	daily in AM	mood stabilizer--anti-psychotic	yes
8:00 am	Miyashiro, Cindy	Thera-M	1 tablet	daily in am	nutritional supplement	yes
8:00 am	Narahara, Craig	Benztropine (Cogentin)	1 mg/tab--dose is 1 tablet	twice daily--8 am and 6 pm	control drooling, salivation--anti-cholinergic agent	yes
8:00 am	Narahara, Craig	Divalproex	500 mg/tablet--dose is 1 tablet	twice daily--8 am and 6 pm	seizure disorder	yes
8:00 am	Narahara, Craig	Fiber Pill	625 mg/tablet--dose is 1 tablet	twice daily--8 am and 6 pm	promote bowel regularity	yes
8:00 am	Narahara, Craig	Levitiracetam (Keppra)	750 mg/tablet--dose is 1 tablet	three times per day--8 am; 2 pm; 9 pm	seizure control	yes
8:00 am	Narahara, Craig	Oyster Calcium	500 mg/tablet--dose is 1 tablet	twice daily -- 8 am and 6 pm	nutritional supplement	yes
8:00 am	Narahara, Craig	Vitamin D3	2000 IU/tablet--dose is 1 tablet	once daily in am	nutritional supplement	yes
8:00 am	Nishio, Marc	Lomotil --ODD Days	2.5 mg/tab --dose is 1 tablet	twice daily	anti-diarrhea	yes
8:00 am	Nishio, Marc	Omeprazole	20 mg/capsule--dose is 1 capsule	daily in am	control heartburn	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
8:00 am	Nishio, Marc	Risperidone	0.5 mg/tab---1 tablet	twice daily	control of stimulatory behaviors	yes
8:00 am	Ouye, Jamie	Calcium Gummies	500 mg/tablet--dose is 1 tablet	twice daily before breakfast and dinner	nutritional supplement	no
8:00 am	Ouye, Jamie	Vitamin C	1000 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner	nutritional supplement	no
8:00 am	Ouye, Jamie	Vitamin D Gummy	1500 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner	nutritional supplement	no
8:00 am	Ouye, Jamie	Women's Gummy Vitamin	1 Gummy Vitamin	twice daily before breakfast and dinner	nutritional supplement	no
8:00 am	Refuerzo, Melling	Buspirone	10 mg--1 tablet	twice daily: 8 am and 5 pm	anti-anxiety	yes
8:00 am	Refuerzo, Melling	Citalopram HBR (Celexa)	40 mg--1 tablet	once daily--8 am	anti-depressant	yes
8:00 am	Refuerzo, Melling	Lisinopril	10 mg--1 tablet	daily in the morning--8 am	treat high blood pressure	yes
8:00 am	Refuerzo, Melling	Metformin	1000 mg--1 tablet	twice daily--8 am and 5 pm	controls high blood sugar	yes
8:00 am	Refuerzo, Melling	RisperidoneAM	1 mg--1 tablet	once daily--8 am	treatment of mental/mood disorder	yes
8:00 am	Verzani, Amanda	Trileptal (Oxcarbazepine)AM	300 mg/tablet dose is 450 mg--1.5 tablets	daily in AM	anti-seizure	yes
8:00 am	Visitacion, Dana	Buspirone AM	5 mg/tab--dose is 3 tabs or 15 mg	daily in AM. ( there is a different dose in PM)	anti-anxiety	yes
8:00 am	Visitacion, Dana	Claritin (Non-Drowsy Allergy Relief)	10mg--1 tablet	once daily in am	seasonal allergies	yes
8:00 am	Visitacion, Dana	Fluvoxamine Maleate	50mg/tab--dose is 100 mg or 2 tabs	once daily in morning	antidepressant	yes
8:00 am	Visitacion, Dana	Jolessa	0.15-0.03 mg/1 tab dose is 1 tab	once daily in morning	regulate menstrual cycles	yes
8:00 am	Wang, Rebecca	Alendronate Sodium	70 mg/tablet--dose is 1 tablet	once per week on Friday morning, 30 minutes before breakfast	promotes bone health	yes



<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
9:00 am	Chien, Stephen	Valsartan	160 mg/tab--dose is 1 tablet	once daily after breakfast	anti-hypertensive	yes
9:00 am	Chua, Hannah	Acetyl L-carnitine	500 mg/capsule--dose is 1 capsule	three times daily	Nutritional supplement	no
9:00 am	Chua, Hannah	Fish Oil	1000mg/capsule--dose is 1 capsule	twice daily	Nutritional supplement	no
9:00 am	Chua, Hannah	Vitamin D3	2000 IU/capsule--dose is 1 capsule	once daily at breakfast	nutritional supplement	no
9:00 am	Chua, Hannah	Levonorgestrel / estradiol	0.15-0.03 mg/1 tab dose is 1 tab	daily in AM	to control menses	yes
9:00 am	Chua, Hannah	Miralax	1/2 capful	twice daily breakfast and dinner	prevent constipation	yes
9:00 am	Eugenio, Benjamin	Fish Oil	1 capsule	daily at breakfast	nutritional supplement	no
9:00 am	Eugenio, Benjamin	Magnesium	1 capsule	daily in AM	Nutritional supplement	no
9:00 am	Gong, Richard	Bio-Kult probiotic	1 capsule	twice daily --with breakfast and dinner meal	promotes healthy digestion and immune system	no
9:00 am	Gong, Richard	Integrative Nutrivitamin Enzyme Complex, without iron	1 capsule	twice daily with morning meal and evening meal	multivitamin, general nutritional health supplement	no
9:00 am	Gong, Richard	Radiant Life Krill Extra	1 capsule	twice daily with morning meal and dinner meal	Fish Oil nutritional supplement	no
9:00 am	Hata, Randall	Fish Oil	1000 mg/capsule--dose is 1 capsule	once daily in am	nutritional supplement	no
9:00 am	Hata, Randall	Multi- Vitamin	1 tablet	daily in AM	nutritional supplement	no
9:00 am	Hata, Randall	Vitamin C	500 mg/tablet--dose is 1 tablet	once daily in am	nutritional supplement	no
9:00 am	Hata, Randall	Docusate Sodium	250 mg/capsule--dose is 1 capsule	twice daily	stool softener	yes
9:00 am	Kanemori, David	Pteridin4 (Tetrahydrobiopterin 2.5 mg)	1 tablet	daily before breakfast	Nutritional supplement	no
9:00 am	Kanemori, David	Yeast Formula	2 tabs	daily before breakfast	Nutritional supplement	no
9:00 am	Mar, Jodi	Fish Oil	one gummy-- 500 mg	once daily in the morning or at breakfast	nutritional supplement to reduce triglycerides	no
9:00 am	Mar, Jodi	Multi-vites Gummy Vitamin	2 adult multivatmin gummies	once daily at breakfast	nutritional supplement	no
9:00 am	Mock, Vanessa	Vitafusion Calcium	500 mg--2 gummies	once daily at breakfast	nutritional supplement	no
9:00 am	Mock, Vanessa	Vitafusion MultiVites Gummy vitamins	2 tummies	once daily at breakfast	nutritional supplement	no
9:00 am	Nagao, Lacey	One A Day Multivitamin for Women	1 tablet	daily at breakfast	nutritional supplement	no

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
9:00 am	Nagao, Lacey	Vitamin D3	1 soft gel	daily at breakfast	nutritional supplement	no
9:00 am	Nakagaki, Christine	Adult Multivitamin Gummies	2 gummies	once daily at breakfast	nutritional supplement	no
9:00 am	Nakagaki, Christine	Claritin Reditabs	10 mg/tablet--dose is 1 tablet	once daily at breakfast	control of seasonal allergies	yes
9:00 am	Nishio, Marc	Calcium with Vitamin D	500 mg/tablet--dose is 1 tablet	twice daily--breakfast and dinner	nutritional supplement	no
9:00 am	Nishio, Marc	Vitamin D3	1000IU/capsule--dose is 1 capsule	daily	nutritional supplement	no
9:00 am	Peeler, Jennifer	amphetamine salts	5 mg/tab--dose is 3 tabs or 15 mg	twice daily breakfast and lunchtime	treatment for ADHD	yes
9:00 am	Peeler, Jennifer	Oxybutynin	5 mg/tablet--dose is 1 tablet	twice daily--morning and evening	urinary antispasmodic	yes
9:00 am	Takamune, Lisa	Vitamin B-12	500 mg/tablet--dose is 1 tablet	daily after breakfast	nutritional supplement	no
9:00 am	Takamune, Lisa	Vitamin C	500 mg/tablet--dose is 1 tablet	daily after breakfast	nutritional supplement	no
9:00 am	Takamune, Lisa	Clopidogrel	75 mg/tablet--dose is 1 tablet	daily in AM	anti platelet action; promotes heart and blood circulation	yes
9:00 am	Visitacion, Dana	Multi- Vitamin	1 tablet	once daily in morning	nutritional supplement	no
9:00 am	Visitacion, Dana	Vitamin C	1000 mg/tab--dose is 1 tablet	once daily in morning	nutritional supplement	no
9:00 am	Wang, Rebecca	Areds 2 Eye Vitamin	1 tablet	twice daily with morning meal and dinner meal	nutritional supplement for eyes	no
9:00 am	Wang, Rebecca	Calcium Gummies	1 gummy	daily in the morning	nutritional supplement to promote bone health	no
9:00 am	Wang, Rebecca	Flax Seed Oil	1400 mg/tablet dose is 1 tablet	daily in the morning	nutritional supplement for heart health	no
9:00 am	Wang, Rebecca	Move Free	1 tablet	once daily in the morning	nutritional supplement to promote joint health	no
9:00 am	Wang, Rebecca	One a Day for Women	1 tablet	once daily in the morning	nutritional supplement multivitamin	no
9:00 am	Wang, Rebecca	Vitamin D3	2000 IU/tablet--dose is 1 tablet	once daily in the morning	nutritional supplement	no

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
12 noon	Abasolo, Jerry	Hydrocodone (Norco)	5/325 mg/1 tablet--dose is 1 tablet	two times daily--8 am; 4 pm	relief of pain	yes
12 noon	Abasolo, Jerry	Lamictal (Lamotrigine)	200 mg/tab--dose is 2 tablets	three times daily--8 am; noon; 4 pm	seizure control	yes
12 noon	Abasolo, Jerry	Oyster, Calcium and D supplement	500/200mg/tab--dose is 1 tablet	daily at noon	nutritional supplement	yes
12 noon	Abasolo, Jerry	Potassium Citrate ER	10 meq/tab--dose is 1 tablet	three times a day	prevent kidney stones	yes
12 noon	Abasolo, Jerry	Zonegran (Zonisamide) cap	100 mg/capsule--dose is 2 capsules	three times a day--8 am; noon; 4 pm	seizure control	yes
12 noon	Chua, Hannah	Acetyl L-carnitine	500 mg/capsule--dose is 1 capsule	three times daily	Nutritional supplement	no
12 noon	Peeler, Jennifer	amphetamine salts	5 mg/tab--dose is 3 tabs or 15 mg	twice daily breakfast and lunchtime	treatment for ADHD	yes
2:00 pm	Chen, Jonathan	Gabapentin	400 mg/capsule--dose is 1 capsule	three times per day--8 am; 2 pm; 9 pm	relief of neuropathic pain	yes
2:00 pm	Narahara, Craig	Levitiracetam (Keppra)	750 mg/tablet--dose is 1 tablet	three times per day--8 am; 2 pm; 9 pm	seizure control	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
4:00 pm	Abasolo, Jerry	CVS Stool softener	250 mg/capsule--dose is 1 capsule	twice daily	stool softener	yes
4:00 pm	Abasolo, Jerry	Hydrocodone (Norco)	5/325 mg/1 tablet--dose is 1 tablet	two times daily--8 am; 4 pm	relief of pain	yes
4:00 pm	Abasolo, Jerry	Lamictal (Lamotrigine)	200 mg/tab--dose is 2 tablets	three times daily--8 am; noon; 4 pm	seizure control	yes
4:00 pm	Abasolo, Jerry	Potassium Citrate ER	10 meq/tab--dose is 1 tablet	three times a day	prevent kidney stones	yes
4:00 pm	Abasolo, Jerry	Zonegran (Zonisamide) cap	100 mg/capsule--dose is 2 capsules	three times a day--8 am; noon; 4 pm	seizure control	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
5:00 pm	Kanemori, David	Active C	500 mg/capsule--dose is 1 capsule	twice daily--before breakfast and before dinner	immune system support	no
5:00 pm	Kanemori, David	All-In-One	1 tablet	before breakfast and before dinner	multi-vitamin/mineral supplement	no
5:00 pm	Kanemori, David	Cat's Claw	500 mg/capsule--dose is 1 capsule	daily before dinner	prevents Lyme disease	no
5:00 pm	Kanemori, David	Kidney Support	1 capsule	daily before dinner	nutritional supplement to support kidney	no
5:00 pm	Kanemori, David	Liver Support	1 capsule	daily before dinner	nutritional supplement to support liver	no
5:00 pm	Kanemori, David	Probiotic	1 capsule	twice daily before breakfast and before dinner	nutritional supplement to promote intestinal health	no
5:00 pm	Kanemori, David	Wobenzyme	1 capsule	twice daily before breakfast and before dinner	nutritional supplement digestive enzyme	no
5:00 pm	Mar, Jodi	Lamotrigine	25 mg/chewable dispersible tablet--dose is 100 mg or 4 chewable dispersible tablets	twice daily--breakfast and dinner	seizure control	yes
5:00 pm	Miyashiro, Cindy	Brimonidine 0.2% eye solution	1 drop in each eye	twice daily	glaucoma treatment	yes
5:00 pm	Miyashiro, Cindy	Carbamazepine ER (Carbatrol)	220 mg/capslet--dose is 3 caplets	twice daily--8 am and 5 pm	anti-seizure	yes
5:00 pm	Miyashiro, Cindy	Oyster Shell 500 Vitamin D3 200	1 tablet	three times daily-- 8 am, 5 pm, 9 pm	nutritional supplement	yes
5:00 pm	Miyashiro, Cindy	Simvastatin	20mg/tab--dose is 1 tablet	once daily in evening	cholesterol lowering agent	yes
5:00 pm	Nishio, Marc	Lomotil --ODD Days	2.5 mg/tab --dose is 1 tablet	twice daily	anti-diarrhea	yes
5:00 pm	Ouye, Jamie	Calcium Gummies	500 mg/tablet--dose is 1 tablet	twice daily before breakfast and dinner	nutritional supplement	no
5:00 pm	Ouye, Jamie	Vitamin C	1000 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner	nutritional supplement	no
5:00 pm	Ouye, Jamie	Vitamin D Gummy	1500 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner	nutritional supplement	no
5:00 pm	Ouye, Jamie	Women's Gummy Vitamin	1 Gummy Vitamin	twice daily before breakfast and dinner	nutritional supplement	no
5:00 pm	Refuerzo, Melling	Bupirone	10 mg--1 tablet	twice daily: 8 am and 5 pm	anti-anxiety	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
5:00 pm	Refuerzo, Melling	Metformin	1000 mg--1 tablet	twice daily--8 am and 5 pm	controls high blood sugar	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
6:00 pm	Chua, Hannah	Acetyl L-carnitine	500 mg/capsule--dose is 1 capsule	three times daily	Nutritional supplement	no
6:00 pm	Chua, Hannah	Fish Oil	1000mg/capsule--dose is 1 capsule	twice daily	Nutritional supplement	no
6:00 pm	Chua, Hannah	Miralax	1/2 capful	twice daily breakfast and dinner	prevent constipation	yes
6:00 pm	Conville, Mariko	Kristalose	20 mg/packet--dose is 1 packet	twice daily--breakfast and dinner	reduce constipation	yes
6:00 pm	Gong, Richard	Bio-Kult probiotic	1 capsule	twice daily --with breakfast and dinner meal	promotes healthy digestion and immune system	no
6:00 pm	Gong, Richard	Integrative Nutrivitamin Enzyme Complex, without iron	1 capsule	twice daily with morning meal and evening meal	multivitamin, general nutritional health supplement	no
6:00 pm	Gong, Richard	Radiant Life Krill Extra	1 capsule	twice daily with morning meal and dinner meal	Fish Oil nutritional supplement	no
6:00 pm	Hata, Randall	Crestor	20mg/tab--dose is 1 tablet	daily in pm.	cholesterol lowering agent	yes
6:00 pm	Hata, Randall	Docusate Sodium	250 mg/capsule--dose is 1 capsule	twice daily	stool softener	yes
6:00 pm	Narahara, Craig	Benzotropine (Cogentin)	1 mg/tab--dose is 1 tablet	twice daily--8 am and 6 pm	control drooling, salivation--anti-cholinergic agent	yes
6:00 pm	Narahara, Craig	Divalproex	500 mg/tablet--dose is 1 tablet	twice daily--8 am and 6 pm	seizure disorder	yes
6:00 pm	Narahara, Craig	Fiber Pill	625 mg/tablet--dose is 1 tablet	twice daily--8 am and 6 pm	promote bowel regularity	yes
6:00 pm	Narahara, Craig	Oyster Calcium	500 mg/tablet--dose is 1 tablet	twice daily -- 8 am and 6 pm	nutritional supplement	yes
6:00 pm	Nishio, Marc	Calcium with Vitamin D	500 mg/tablet--dose is 1 tablet	twice daily--breakfast and dinner	nutritional supplement	no
6:00 pm	Peeler, Jennifer	Cephalexin Oral Suspension	250 mg/5mls. dose is 5 mls or 1 tsp.	daily in evening	antibiotic for prevention of bladder infection	yes
6:00 pm	Peeler, Jennifer	Escitalopram Oxalate (Lexapro) oral solution	5 mg/5 mls. dose is 20 mls.	daily every evening	antidepressant;treatment for generalized anxiety disorder	yes
6:00 pm	Peeler, Jennifer	Oxybutynin	5 mg/tablet--dose is 1 tablet	twice daily--morning and evening	urinary antispasmodic	yes
6:00 pm	Takamune, Lisa	L-Arginine	500 mg/tab--dose is 2 capsules	daily after dinner	nutritional supplement for the heart	no
6:00 pm	Wang, Rebecca	Areds 2 Eye Vitamin	1 tablet	twice daily with morning meal and dinner meal	nutritional supplement for eyes	no

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
6:00 pm	Wang, Rebecca	Citracal Calcium Citrate	630 mg/tablet--dose is 1 tablet	once daily in the evening	nutritional supplement to promote bone health	no
6:00 pm	Wang, Rebecca	Digestive Advantage	1 gummy	once daily in the evening	nutritional supplement to promote digestive health	no
6:00 pm	Wang, Rebecca	Vitamin B-12	1000 mg/tablet--dose is 1 tablet	once daily in the evening	nutritional supplement fort energy health	no
6:00 pm	Wang, Rebecca	Vitamin C	500 mg/tablet--dose is 1 tablet	once daily in the evening	nutritional supplement	no



<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
8:00 pm	Miyashiro, Cindy	Hydrocortisone cream	1% cream--apply small amount to rash areas on back	twice daily--AM and bedtime	ant inflammation	no
8:00 pm	Nishio, Marc	Montelukast (generic for Singular)	10 mg/tab--1 tablet	once daily at bedtime	seasonal allergy control	yes
8:00 pm	Nishio, Marc	Risperidone	0.5 mg/tab---1 tablet	twice daily	control of stimulatory behaviors	yes
8:00 pm	Refuerzo, Melling	Loratadine	10 mg--1 tablet	daily in the evening--8 pm	relief of seasonal allergies	yes
8:00 pm	Refuerzo, Melling	Risperidone PM dose	2 mg--1 tablet	once daily in evening--8 pm	treatment of mental/mood disorder	yes
8:00 pm	Refuerzo, Melling	Simvastatin	20 mg--1 tablet	daily at bedtime--8 pm	cholesterol lowering agent	yes
8:00 pm	Tani, Glenn Ricky	Celexa (Citalopram)	40 mg/tablet--dose is 1 tablet	daily at bedtime	anti-anxiety--anti-depressant	yes
8:00 pm	Tani, Glenn Ricky	Cogentin (Benztropine)	1 mg/tab--dose is 1 tablet	daily at bedtime--8 pm	antiparkinsonian, anticholinergic, anti-agitation	yes
8:00 pm	Tani, Glenn Ricky	Seroquel (Quetiapine Fumartate)	300 mg/tab--dose is 1/2 tab or 150 mg	daily at bedtime--8 pm	anti-psychotic, anti-depressant, anti-anxiety	yes
8:00 pm	Visitacion, Dana	Buspirone PM	5 mg/tablet--dose is 1 tablet or 5 mg	daily at pm--one hour before bedtime	anti-anxiety	yes
8:00 pm	Visitacion, Dana	Guanfacine	1 mg/tab--dose is 1 tab	once daily in evening	anti-hypertensive	yes
8:00 pm	Visitacion, Dana	Melatonin	3 mg/1 tab and 5 mg/1 tab--dose is 1 tab of each for total of 8 mg total	once daily in the evening	promote sleep	yes
8:00 pm	Visitacion, Dana	Nortriptyline	10 mg/capsule. dose is 40 mg or 4 capsules	once daily in evening	anti-depressant and to promote sleep	yes
8:00 pm	Visitacion, Dana	Theanine	100 mg/tab--dose is 1 tab	once daily in evening	amino acid	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
9:00 pm	Abasolo, Jerry	Vinegar--external use	soak Qtip and swab both ears up until line indicated on Qtip.	daily at bedtime	treatment for ear itch eczema	no
9:00 pm	Abasolo, Jerry	Allerclear Loratadine	10mg/tab--dose is 1 tablet	daily at bedtime	allergy relief, antihistamine, itchy or allergic skin reaction	yes
9:00 pm	Abasolo, Jerry	Atenolol	25 mg/tab--dose is 1 tab	twice daily	anti-hypertensive	yes
9:00 pm	Abasolo, Jerry	Hydrocodone / Acetaminophen -BEDTIME	5/325 mg/tab--dose is 2 TABLETS	daily at bedtime	pain relief	yes
9:00 pm	Abasolo, Jerry	Lamictal Bedtime	200 mg/tab--dose is 3 tablets	daily at bedtime--9 pm	seizure control	yes
9:00 pm	Abasolo, Jerry	Zonegran (Zonisamide) Bedtime	100 mg/cap--dose is 3 capsules	daily at bedtime--9 pm	seizure control	yes
9:00 pm	Chen, Jonathan	Gabapentin	400 mg/capsule--dose is 1 capsule	three times per day--8 am; 2 pm; 9 pm	relief of neuropathic pain	yes
9:00 pm	Chua, Hannah	Magnesium	400 mg/tablet--dose is 1 tablet	daily at bedtime--can take half hour before with melatonin	nutritional supplement	no
9:00 pm	Chua, Hannah	Melatonin	1 mg/tablet--dose is 1 tablet	daily at bedtime--can take half hour before	Nutritional supplement	no
9:00 pm	Conville, Mariko	Benzotropine (Cogentin)	1 mg/tab--dose is 1 tablet	daily at bedtime--9 pm	anti-parkinsonians, anticholinergic	yes
9:00 pm	Conville, Mariko	Lorazepam BEDTIME	1 mg/tab--dose is 1 tablet	daily at bedtime	anti-anxiety	yes
9:00 pm	Conville, Mariko	Myrbetriq	50 mg/tab--dose is 1 tablet	daily at bedtime	bladder antispasmodic	yes
9:00 pm	Conville, Mariko	Trader Joe's OTC Folic Acid/B6/B12	1 tablet	daily at bedtime	nutritional supplement	yes
9:00 pm	Hata, Randall	Aquaphor spray	spray to affected areas on arms and legs	daily after showering	prevent skin dryness	no
9:00 pm	Miyashiro, Cindy	Chlorhexidine 0.12% mouth rinse	1/2 oz undiluted rinse in mouth	once daily at bedtime	treatment for gum disease	no
9:00 pm	Miyashiro, Cindy	Triamcinolone 0.5%	apply small amount to affected area	twice daily--AM and bedtime	steroid cream	no
9:00 pm	Miyashiro, Cindy	Vitamin E cream	apply to affected areas of skin rash to back of legs	daily at bedtime	promotes skin health	no
9:00 pm	Miyashiro, Cindy	Citalopram HBR (Celexa)	40 mg/tablet--dose is 1 tablet	daily at bedtime--9 pm	antidepressant	yes
9:00 pm	Miyashiro, Cindy	Latanoprost	0.005%--dose is 1 drop in each eye	daily at bedtime--9 pm	glaucoma treatment	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
9:00 pm	Miyashiro, Cindy	Oyster Shell 500 Vitamin D3 200	1 tablet	three times daily-- 8 am, 5 pm, 9 pm	nutritional supplement	yes
9:00 pm	Miyashiro, Cindy	Risperidone HS dose 0.5 mg tab	0.5 mg/tab---1 tablet	daily at 9 pm	mood stabilizer--anti-psychotic	yes
9:00 pm	Miyashiro, Cindy	Risperidone HS dose 1 mg tablet	1 mg/tablet--dose is 1 tablet	daily at bedtime--9 pm	mood stabilizer, anti-psychotic	yes
9:00 pm	Narahara, Craig	Gemfibrozil (Lopid)	600 mg/tablet--dose is 1 tablet	daily at bedtime--9 pm	cholesterol control	yes
9:00 pm	Narahara, Craig	Levitiracetam (Keppra)	750 mg/tablet--dose is 1 tablet	three times per day--8 am; 2 pm; 9 pm	seizure control	yes
9:00 pm	Takamune, Lisa	Zioptan	one drop both eyes	daily at bedtime	glaucoma treatment	yes
9:00 pm	Verzani, Amanda	Baclofen	10 mg/tab --dose is 2 tablets	daily at bedtime--9 pm	anti-spasticity	yes
9:00 pm	Verzani, Amanda	Trileptal(Oxcarbazepine)HS	300 mg/tab-dose is 2 tabs at bedtime	daily at bedtime--9 pm	anti-seizure	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
as needed	Eugenio, Benjamin	Xyzal	5 mg/tab--dose is 1 tablet	as needed for allergy symptoms at bedtime, if needed	treatment for sinus allergies	yes
as needed	Gong, Richard	Diphenhydramine	1-2 capsules as needed for above symptoms	as needed every 4 hrs if needed; do not exceed 6 doses in 24 hrs.	allergy relief, antihistamine, itchy or allergic skin reaction	yes
as needed	Hata, Randall	Refresh eye drops	1 drop in each eye	as needed for eye dryness	eye lubrication to prevent dryness	no
as needed	Hata, Randall	Fluticasone 50 mcg Nasal Spray	1 puff each nostril	as needed for sinus congestion	relief of nasal congestion	yes
as needed	Kanazawa, Curtis	Chlorpheniramine	4 mg--1 tablet	as needed every 4 hrs for allergy symptoms--1 tablet	seasonal allergies	yes
as needed	Kanemori, David	Calendula	apply small amount to affected areas	as needed for scrapes and cuts	homeopathic ointment for healing scrapes and cuts	no
as needed	Nishio, Marc	Lomotil	2.5 mg/tab --dose is 1 tablet	AS NEEDED FOR DIARRHEA--AN ADDITIONAL 1 TABLET PER DAY	control diarrhea	yes
as needed	Verzani, Amanda	Neosporin	as needed to cover cuts or scraped	as needed for cuts and scrapes	topical antibiotic ointment	no
as needed	Visitacion, Dana	Benadryl	25 mg/tab--dose is 2 tabs or 50 mg	as needed for seasonal allergy symptoms	seasonal allergies/common cold symptoms	yes
as needed	Visitacion, Dana	Ibuprofen	200 mg/tab--dose is 1 tab	as needed for headache or mild pain--1 tab every 4 hrs if needed	relief of headache or mild pain	yes

Time	Camper	Medication	Dosage	Frequency	Purpose	HS
8:00 am	Abasolo, Jerry	Atenolol	25 mg/tab--dose is 1 tab	twice daily	anti-hypertensive	yes
8:00 am	Abasolo, Jerry	CVS Stool softener	250 mg/capsule--dose is 1 capsule	twice daily	stool softener	yes
8:00 am	Abasolo, Jerry	Hydrocodone (Norco)	5/325 mg/1 tablet--dose is 1 tablet	two times daily--8 am; 4 pm	relief of pain	yes
8:00 am	Abasolo, Jerry	Lamictal (Lamotrigine)	200 mg/tab--dose is 2 tablets	three times daily--8 am; noon; 4 pm	seizure control	yes
8:00 am	Abasolo, Jerry	Potassium Citrate ER	10 meq/tab--dose is 1 tablet	three times a day	prevent kidney stones	yes
8:00 am	Abasolo, Jerry	Pravastatin	20 mg/tab--dose is 1 tablet	daily in am	cholesterol lowering agent	yes
8:00 am	Abasolo, Jerry	Zonegran (Zonisamide) cap	100 mg/capsule--dose is 2 capsules	three times a day--8 am; noon; 4 pm	seizure control	yes
8:00 am	Chen, Jonathan	Gabapentin	400 mg/capsule--dose is 1 capsule	three times per day--8 am; 2 pm; 9 pm	relief of neuropathic pain	yes
8:00 am	Conville, Mariko	Cytomel	5 mcg/tablet--dose is 2 tablets	daily in morning	Treatment for Hashimoto's hypothyroiditis	yes
8:00 am	Conville, Mariko	Kristalose	20 mg/packet--dose is 1 packet	twice daily--breakfast and dinner	reduce constipation	yes
8:00 am	Conville, Mariko	Lorazepam (Ativan) AM	1 mg/tablet--dose is 3 tablets	daily in AM	anti anxiety	yes
8:00 am	Conville, Mariko	Synthroid	88 mcg/tablet --dose is 1 tablet	daily in am on MWTHSAT	Hashimoto's hypothyroiditis--thyroid hormone replacement	yes
8:00 am	Kanemori, David	Active C	500 mg/capsule--dose is 1 capsule	twice daily--before breakfast and before dinner	immune system support	no
8:00 am	Kanemori, David	All-In-One	1 tablet	before breakfast and before dinner	multi-vitamin/mineral supplement	no
8:00 am	Kanemori, David	Magnesium Glycinate	400 mg/capsule--doae is 1 capsule	daily before breakfast	nutritional supplement to balance glutamate, aids muscle flexibility, calming effect	no
8:00 am	Kanemori, David	Pantothenic Acid	500 mg/tablet--dose is 1 tablet	daily before breakfast	nutritional supplement to prevent allergies	no
8:00 am	Kanemori, David	Probiotic	1 capsule	twice daily before breakfast and before dinner	nutritional supplement to promote intestinal health	no
8:00 am	Kanemori, David	Vitamin D3	1 capsule	daily before breakfast	5000 IU/capsule--dose is 1 capsule	no

Time	Camper	Medication	Dosage	Frequency	Purpose	HS
8:00 am	Kanemori, David	Wobenzyme	1 capsule	twice daily before breakfast and before dinner	nutritional supplement digestive enzyme	no
8:00 am	Mar, Jodi	Lamotrigine	25 mg/chewable dispersible tablet--dose is 100 mg or 4 chewable dispersible tablets	twice daily--breakfast and dinner	seizure control	yes
8:00 am	Mar, Jodi	Levothyroxine	50 mcg--1 tablet	daily in the morning	thyroid hormone replacement	yes
8:00 am	Miyashiro, Cindy	Hydrocortisone cream	1% cream--apply small amount to rash areas on back	twice daily--AM and bedtime	ant inflammation	no
8:00 am	Miyashiro, Cindy	Triamcinolone 0.5%	apply small amount to affected area	twice daily--AM and bedtime	steroid cream	no
8:00 am	Miyashiro, Cindy	Brimonidine 0.2% eye solution	1 drop in each eye	twice daily	glaucoma treatment	yes
8:00 am	Miyashiro, Cindy	Carbamazepine ER (Carbatrol)	220 mg/capslet--dose is 3 caplets	twice daily--8 am and 5 pm	anti-seizure	yes
8:00 am	Miyashiro, Cindy	Oyster Shell 500 Vitamin D3 200	1 tablet	three times daily-- 8 am, 5 pm, 9 pm	nutritional supplement	yes
8:00 am	Miyashiro, Cindy	RisperidoneAM	2 mg/tablet--dose is 1 tablet	daily in AM	mood stabilizer--anti-psychotic	yes
8:00 am	Miyashiro, Cindy	Thera-M	1 tablet	daily in am	nutritional supplement	yes
8:00 am	Narahara, Craig	Benzotropine (Cogentin)	1 mg/tab--dose is 1 tablet	twice daily--8 am and 6 pm	control drooling, salivation--anti-cholinergic agent	yes
8:00 am	Narahara, Craig	Divalproex	500 mg/tablet--dose is 1 tablet	twice daily--8 am and 6 pm	seizure disorder	yes
8:00 am	Narahara, Craig	Fiber Pill	625 mg/tablet--dose is 1 tablet	twice daily--8 am and 6 pm	promote bowel regularity	yes
8:00 am	Narahara, Craig	Levitiracetam (Keppra)	750 mg/tablet--dose is 1 tablet	three times per day--8 am; 2 pm; 9 pm	seizure control	yes
8:00 am	Narahara, Craig	Oyster Calcium	500 mg/tablet--dose is 1 tablet	twice daily -- 8 am and 6 pm	nutritional supplement	yes
8:00 am	Narahara, Craig	Vitamin D3	2000 IU/tablet--dose is 1 tablet	once daily in am	nutritional supplement	yes
8:00 am	Nishio, Marc	Lomotil--EVEN days	2.5 mg/tab --dose is 1 tablet	three times daily	anti-diarrhea	yes
8:00 am	Nishio, Marc	Omeprazole	20 mg/capsule--dose is 1 capsule	daily in am	control heartburn	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
8:00 am	Nishio, Marc	Risperidone	0.5 mg/tab---1 tablet	twice daily	control of stimulatory behaviors	yes
8:00 am	Ouye, Jamie	Calcium Gummies	500 mg/tablet--dose is 1 tablet	twice daily before breakfast and dinner	nutritional supplement	no
8:00 am	Ouye, Jamie	Vitamin C	1000 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner	nutritional supplement	no
8:00 am	Ouye, Jamie	Vitamin D Gummy	1500 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner	nutritional supplement	no
8:00 am	Ouye, Jamie	Women's Gummy Vitamin	1 Gummy Vitamin	twice daily before breakfast and dinner	nutritional supplement	no
8:00 am	Refuerzo, Melling	Buspirone	10 mg--1 tablet	twice daily: 8 am and 5 pm	anti-anxiety	yes
8:00 am	Refuerzo, Melling	Citalopram HBR (Celexa)	40 mg--1 tablet	once daily--8 am	anti-depressant	yes
8:00 am	Refuerzo, Melling	Lisinopril	10 mg--1 tablet	daily in the morning--8 am	treat high blood pressure	yes
8:00 am	Refuerzo, Melling	Metformin	1000 mg--1 tablet	twice daily--8 am and 5 pm	controls high blood sugar	yes
8:00 am	Refuerzo, Melling	RisperidoneAM	1 mg--1 tablet	once daily--8 am	treatment of mental/mood disorder	yes
8:00 am	Verzani, Amanda	Trileptal (Oxcarbazepine)AM	300 mg/tablet dose is 450 mg--1.5 tablets	daily in AM	anti-seizure	yes
8:00 am	Visitacion, Dana	Buspirone AM	5 mg/tab--dose is 3 tabs or 15 mg	daily in AM. ( there is a different dose in PM)	anti-anxiety	yes
8:00 am	Visitacion, Dana	Claritin (Non-Drowsy Allergy Relief)	10mg--1 tablet	once daily in am	seasonal allergies	yes
8:00 am	Visitacion, Dana	Fluvoxamine Maleate	50mg/tab--dose is 100 mg or 2 tabs	once daily in morning	antidepressant	yes
8:00 am	Visitacion, Dana	Jolessa	0.15-0.03 mg/1 tab dose is 1 tab	once daily in morning	regulate menstrual cycles	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
9:00 am	Chien, Stephen	Valsartan	160 mg/tab--dose is 1 tablet	once daily after breakfast	anti-hypertensive	yes
9:00 am	Chua, Hannah	Acetyl L-carnitine	500 mg/capsule--dose is 1 capsule	three times daily	Nutritional supplement	no
9:00 am	Chua, Hannah	Fish Oil	1000mg/capsule--dose is 1 capsule	twice daily	Nutritional supplement	no
9:00 am	Chua, Hannah	Vitamin D3	2000 IU/capsule--dose is 1 capsule	once daily at breakfast	nutritional supplement	no
9:00 am	Chua, Hannah	Levonorgestrel / estradiol	0.15-0.03 mg/1 tab dose is 1 tab	daily in AM	to control menses	yes
9:00 am	Chua, Hannah	Miralax	1/2 capful	twice daily breakfast and dinner	prevent constipation	yes
9:00 am	Eugenio, Benjamin	Fish Oil	1 capsule	daily at breakfast	nutritional supplement	no
9:00 am	Eugenio, Benjamin	Magnesium	1 capsule	daily in AM	Nutritional supplement	no
9:00 am	Gong, Richard	Bio-Kult probiotic	1 capsule	twice daily --with breakfast and dinner meal	promotes healthy digestion and immune system	no
9:00 am	Gong, Richard	Integrative Nutrivitamin Enzyme Complex, without iron	1 capsule	twice daily with morning meal and evening meal	multivitamin, general nutritional health supplement	no
9:00 am	Gong, Richard	Radiant Life Krill Extra	1 capsule	twice daily with morning meal and dinner meal	Fish Oil nutritional supplement	no
9:00 am	Hata, Randall	Fish Oil	1000 mg/capsule--dose is 1 capsule	once daily in am	nutritional supplement	no
9:00 am	Hata, Randall	Multi- Vitamin	1 tablet	daily in AM	nutritional supplement	no
9:00 am	Hata, Randall	Vitamin C	500 mg/tablet--dose is 1 tablet	once daily in am	nutritional supplement	no
9:00 am	Hata, Randall	Docusate Sodium	250 mg/capsule--dose is 1 capsule	twice daily	stool softener	yes
9:00 am	Kanemori, David	Pteridin4 (Tetrahydrobiopterin 2.5 mg)	1 tablet	daily before breakfast	Nutritional supplement	no
9:00 am	Kanemori, David	Yeast Formula	2 tabs	daily before breakfast	Nutritional supplement	no
9:00 am	Mar, Jodi	Fish Oil	one gummy-- 500 mg	once daily in the morning or at breakfast	nutritional supplement to reduce triglycerides	no
9:00 am	Mar, Jodi	Multi-vites Gummy Vitamin	2 adult multivatmin gummies	once daily at breakfast	nutritional supplement	no
9:00 am	Mock, Vanessa	Vitafusion Calcium	500 mg--2 gummies	once daily at breakfast	nutritional supplement	no
9:00 am	Mock, Vanessa	Vitafusion MultiVites Gummy vitamins	2 tummies	once daily at breakfast	nutritional supplement	no
9:00 am	Nagao, Lacey	One A Day Multivitamin for Women	1 tablet	daily at breakfast	nutritional supplement	no



<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
9:00 am	Nagao, Lacey	Vitamin D3	1 soft gel	daily at breakfast	nutritional supplement	no
9:00 am	Nakagaki, Christine	Adult Multivitamin Gummies	2 gummies	once daily at breakfast	nutritional supplement	no
9:00 am	Nakagaki, Christine	Claritin Reditabs	10 mg/tablet--dose is 1 tablet	once daily at breakfast	control of seasonal allergies	yes
9:00 am	Nishio, Marc	Calcium with Vitamin D	500 mg/tablet--dose is 1 tablet	twice daily--breakfast and dinner	nutritional supplement	no
9:00 am	Nishio, Marc	Vitamin D3	1000IU/capsule--dose is 1 capsule	daily	nutritional supplement	no
9:00 am	Peeler, Jennifer	amphetamine salts	5 mg/tab--dose is 3 tabs or 15 mg	twice daily breakfast and lunchtime	treatment for ADHD	yes
9:00 am	Peeler, Jennifer	Oxybutynin	5 mg/tablet--dose is 1 tablet	twice daily--morning and evening	urinary antispasmodic	yes
9:00 am	Takamune, Lisa	Vitamin B-12	500 mg/tablet--dose is 1 tablet	daily after breakfast	nutritional supplement	no
9:00 am	Takamune, Lisa	Vitamin C	500 mg/tablet--dose is 1 tablet	daily after breakfast	nutritional supplement	no
9:00 am	Takamune, Lisa	Clopidogrel	75 mg/tablet--dose is 1 tablet	daily in AM	anti platelet action; promotes heart and blood circulation	yes
9:00 am	Visitacion, Dana	Multi- Vitamin	1 tablet	once daily in morning	nutritional supplement	no
9:00 am	Visitacion, Dana	Vitamin C	1000 mg/tab--dose is 1 tablet	once daily in morning	nutritional supplement	no
9:00 am	Wang, Rebecca	Areds 2 Eye Vitamin	1 tablet	twice daily with morning meal and dinner meal	nutritional supplement for eyes	no
9:00 am	Wang, Rebecca	Calcium Gummies	1 gummy	daily in the morning	nutritional supplement to promote bone health	no
9:00 am	Wang, Rebecca	Flax Seed Oil	1400 mg/tablet dose is 1 tablet	daily in the morning	nutritional supplement for heart health	no
9:00 am	Wang, Rebecca	Move Free	1 tablet	once daily in the morning	nutritional supplement to promote joint health	no
9:00 am	Wang, Rebecca	One a Day for Women	1 tablet	once daily in the morning	nutritional supplement multivitamin	no
9:00 am	Wang, Rebecca	Vitamin D3	2000 IU/tablet--dose is 1 tablet	once daily in the morning	nutritional supplement	no

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
12 noon	Chua, Hannah	Acetyl L-carnitine	500 mg/capsule--dose is 1 capsule	three times daily	Nutritional supplement	no
2:00 pm	Narahara, Craig	Levitiracetam (Keppra)	750 mg/tablet--dose is 1 tablet	three times per day--8 am; 2 pm; 9 pm	seizure control	yes
5:00 pm	Miyashiro, Cindy	Brimonidine 0.2% eye solution	1 drop in each eye	twice daily	glaucoma treatment	yes
5:00 pm	Miyashiro, Cindy	Carbamazepine ER (Carbatrol)	220 mg/capslet--dose is 3 caplets	twice daily--8 am and 5 pm	anti-seizure	yes
5:00 pm	Miyashiro, Cindy	Oyster Shell 500 Vitamin D3 200	1 tablet	three times daily-- 8 am, 5 pm, 9 pm	nutritional supplement	yes
5:00 pm	Miyashiro, Cindy	Simvastatin	20mg/tab--dose is 1 tablet	once daily in evening	cholesterol lowering agent	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
6:00 pm	Chua, Hannah	Acetyl L-carnitine	500 mg/capsule--dose is 1 capsule	three times daily	Nutritional supplement	no
6:00 pm	Chua, Hannah	Fish Oil	1000mg/capsule--dose is 1 capsule	twice daily	Nutritional supplement	no
6:00 pm	Chua, Hannah	Miralax	1/2 capful	twice daily breakfast and dinner	prevent constipation	yes
6:00 pm	Hata, Randall	Crestor	20mg/tab--dose is 1 tablet	daily in pm.	cholesterol lowering agent	yes
6:00 pm	Hata, Randall	Docusate Sodium	250 mg/capsule--dose is 1 capsule	twice daily	stool softener	yes
6:00 pm	Narahara, Craig	Benztropine (Cogentin)	1 mg/tab--dose is 1 tablet	twice daily--8 am and 6 pm	control drooling, salivation--anti-cholinergic agent	yes
6:00 pm	Narahara, Craig	Divalproex	500 mg/tablet--dose is 1 tablet	twice daily--8 am and 6 pm	seizure disorder	yes
6:00 pm	Narahara, Craig	Fiber Pill	625 mg/tablet--dose is 1 tablet	twice daily--8 am and 6 pm	promote bowel regularity	yes
6:00 pm	Narahara, Craig	Oyster Calcium	500 mg/tablet--dose is 1 tablet	twice daily -- 8 am and 6 pm	nutritional supplement	yes
9:00 pm	Miyashiro, Cindy	Citalopram HBR (Celexa)	40 mg/tablet--dose is 1 tablet	daily at bedtime--9 pm	antidepressant	yes
9:00 pm	Miyashiro, Cindy	Oyster Shell 500 Vitamin D3 200	1 tablet	three times daily-- 8 am, 5 pm, 9 pm	nutritional supplement	yes
9:00 pm	Miyashiro, Cindy	Risperidone HS dose 0.5 mg tab	0.5 mg/tab---1 tablet	daily at 9 pm	mood stabilizer--anti-psychotic	yes
9:00 pm	Miyashiro, Cindy	Risperidone HS dose 1 mg tablet	1 mg/tablet--dose is 1 tablet	daily at bedtime--9 pm	mood stabilizer, anti-psychotic	yes
9:00 pm	Narahara, Craig	Gemfibrozil (Lopid)	600 mg/tablet--dose is 1 tablet	daily at bedtime--9 pm	cholesterol control	yes
9:00 pm	Narahara, Craig	Levitiracetam (Keppra)	750 mg/tablet--dose is 1 tablet	three times per day--8 am; 2 pm; 9 pm	seizure control	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
as needed	Gong, Richard	Diphenhydramine	1-2 capsules as needed for above symptoms	as needed every 4 hrs if needed; do not exceed 6 doses in 24 hrs.	allergy relief, antihistamine, itchy or allergic skin reaction	yes
as needed	Hata, Randall	Refresh eye drops	1 drop in each eye	as needed for eye dryness	eye lubrication to prevent dryness	no
as needed	Hata, Randall	Fluticasone 50 mcg Nasal Spray	1 puff each nostril	as needed for sinus congestion	relief of nasal congestion	yes
as needed	Kanazawa, Curtis	Chlorpheniramine	4 mg--1 tablet	as needed every 4 hrs for allergy symptoms--1 tablet	seasonal allergies	yes
as needed	Kanemori, David	Calendula	apply small amount to affected areas	as needed for scrapes and cuts	homeopathic ointment for healing scrapes and cuts	no
as needed	Nishio, Marc	Lomotil	2.5 mg/tab --dose is 1 tablet	AS NEEDED FOR DIARRHEA--AN ADDITIONAL 1 TABLET PER DAY	control diarrhea	yes
as needed	Verzani, Amanda	Neosporin	as needed to cover cuts or scraped	as needed for cuts and scrapes	topical antibiotic ointment	no
as needed	Visitacion, Dana	Benadryl	25 mg/tab--dose is 2 tabs or 50 mg	as needed for seasonal allergy symptoms	seasonal allergies/common cold symptoms	yes
as needed	Visitacion, Dana	Ibuprofen	200 mg/tab--dose is 1 tab	as needed for headache or mild pain--1 tab every 4 hrs if needed	relief of headache or mild pain	yes

<i>Time</i>	<i>Camper</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Purpose</i>	<i>HS</i>
as needed	Chua, Hannah	Acetaminophen	500 mg--1 tablet	as needed every 4 hrs for pain; do not exceed 5 doses in 24 hrs.	mild pain relief	yes
as needed	Nakagaki, Christine	Ibuprofen Jr. Strength	100 mg/tab--dose is 3 tablets; CHEWABLE	as needed for menstrual cramps or fever every 6-8 hrs if needed. Give with food.	as needed for relief of menstrual cramps, fever	yes
as needed	Verzani, Amanda	Tylenol Extra Strength	1 tablet	as needed for headache, injury, menstrual cramp	500 mg--1 tablet	yes