

Camper is to be taken to the Health Supervisor every day at the following times for medication administration:

<i>Time</i>	<i>Medication</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Special Instructions</i>	<i>Purpose</i>
9:00 am	amphetamine salts	5 mg/tab--dose is 3 tabs or 15 mg	twice daily breakfast and lunchtime	SE--restlessness, headache, dry mouth, uncontrollable shaking of a part of your body, constipation or diarrhea	treatment for ADHD
9:00 am	Oxybutynin	5 mg/tablet--dose is 1 tablet	twice daily--morning and evening	SE--dizziness, insomnia restlessness, asthenia, palpitations, tachycardia, vasodilation, constipation, dry mouth, urinary hesitancy urine retention, UTI	urinary antispasmodic
12 noon	amphetamine salts	5 mg/tab--dose is 3 tabs or 15 mg	twice daily breakfast and lunchtime	SE--restlessness, headache, dry mouth, uncontrollable shaking of a part of your body, constipation or diarrhea	treatment for ADHD

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6:00 pm	Cephalexin Oral Suspension	250 mg/5mls. dose is 5 mls or 1 tsp.	daily in evening	SE--dizziness, headache, fatigue, agitation, confusion, hallucinations, anorexia, diarrhea, neutropenia, gastritis. Prolonged use can result in overgrowth of nonsusceptible organisms.	antibiotic for prevention of bladder infection
6:00 pm	Escitalopram Oxalate (Lexapro) oral solution	5 mg/5 mls. dose is 20 mls.	daily every evening	SE--suicidal behavior, fever, insomnia, dizziness, somnolence, paresthesia, lightheadness, tremor, irritability, palpitations. Alert for serotonin toxicity: FEVER, MENTAL STATUS CHANGES, MUSCLE TWITCHING EXCESSIVE SWEATING, SHIVERING, SHAKING, DIARRHEA, LOSS OF COORDINATION.	antidepressant; treatment for generalized anxiety disorder
6:00 pm	Oxybutynin	5 mg/tablet--dose is 1 tablet	twice daily--morning and evening	SE--dizziness, insomnia restlessness, asthenia, palpitations, tachycardia, vasodilation, constipation, dry mouth, urinary hesitancy urine retention, UTI	urinary antispasmodic

IMPORTANT:

- For any camper care health issue requiring immediate attention, contact Lisa Hirano by cell phone at (408) 981-7282.
- Return this form to Health Supervisor Eiko Kanzaki at the end of camp.