

# Guardian Signature Sheet

Abasolo, Jerry

JEMS Special Camp 2019  
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Camper will receive the following medications/supplements at the indicated times:

| Time    | Days              | Medication                | Purpose                    | Dosage                              | Frequency                           | Special Instructions  | Initial |
|---------|-------------------|---------------------------|----------------------------|-------------------------------------|-------------------------------------|---|---------|
| 8:00 am | Mo Tu We Th Fr Sa | Atenolol                  | anti-hypertensive          | 25 mg/tab--dose is 1 tab            | twice daily                         | SE--dizziness, bradycardia, hypotension, heart failure, intermittent claudication, bronchospasm   |         |
| 8:00 am | Mo Tu We Th Fr Sa | CVS Stool softener        | stool softener             | 250 mg/capsule--dose is 1 capsule   | twice daily                         |   |         |
| 8:00 am | Mo Tu We Th Fr Sa | Hydrocodone (Norco)       | relief of pain             | 5/325 mg/1 tablet--dose is 1 tablet | two times daily--8 am; 4 pm         | BEDTIME DOSE IS 2 TABLETS. GIVE WITH FOOD. SE--lightheadness, dizziness, sedation, mental clouding, bradycardia, nausea, vomiting, constipation, hypotension  |         |
| 8:00 am | Mo Tu We Th Fr Sa | Lamictal (Lamotrigine)    | seizure control            | 200 mg/tab--dose is 2 tablets       | three times daily--8 am; noon; 4 pm | SE--ataxia, dizziness, headache, somnolence, seizures, aggravated reaction, anxiety, concentration disturbance, blurred vision, nausea, vomiting, constipation, dry mouth, rash, photosensitivity reactions. AVOID EXCESS SUN EXPOSURE. |         |
| 8:00 am | Mo Tu We Th Fr Sa | Potassium Citrate ER      | prevent kidney stones      | 10 meq/tab--dose is 1 tablet        | three times a day                   | SE--confusion, anxiety, irregular heartbeat, leg discomfort, muscle weakness, numbness or tingly feeling in hands or feet, stomach pain, diarrhea. TAKE WITH LOTS OF WATER.   |         |
| 8:00 am | Mo Tu We Th Fr Sa | Pravastatin               | cholesterol lowering agent | 20 mg/tab--dose is 1 tablet         | daily in am                         | SE--dizziness, fatigue, headache, chest pain, rhinitis, nausea, abdominal pain, constipation, myopathy, rhabdomyolysis  |         |
| 8:00 am | Mo Tu We Th Fr Sa | Zonegran (Zonisamide) cap | seizure control            | 100 mg/capsule--dose is 2 capsules  | three times a day--8 am; noon; 4 pm | SE--dizziness, nausea, headache, somnolence, seizures, difficulties in concentration, mental slowing, diplopia, dry mouth, nausea, kidney stones, rash. DO NOT CRUSH OR OPEN CAPSULE. ENCOURAGE FLUIDS TO AVOID DEHYDRATION.            |         |
|         |                   |                           |                            |                                     |                                     |   |         |
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Camper will receive the following medications/supplements at the indicated times:

| Time    | Days           | Medication                       | Purpose                | Dosage                              | Frequency                           | Special Instructions  | Initial |
|---------|----------------|----------------------------------|------------------------|-------------------------------------|-------------------------------------|---|---------|
| 12 noon | Mo Tu We Th Fr | Hydrocodone (Norco)              | relief of pain         | 5/325 mg/1 tablet--dose is 1 tablet | two times daily--8 am; 4 pm         | BEDTIME DOSE IS 2 TABLETS. GIVE WITH FOOD.<br>SE--lightheadness, dizziness, sedation, mental clouding, bradycardia, nausea, vomiting, constipation, hypotension   |         |
| 12 noon | Mo Tu We Th Fr | Lamictal (Lamotrigine)           | seizure control        | 200 mg/tab--dose is 2 tablets       | three times daily--8 am; noon; 4 pm | SE--ataxia, dizziness, headache, somnolence, seizures, aggravated reaction, anxiety, concentration disturbance, blurred vision, nausea, vomiting, constipation, dry mouth, rash, photosensitivity reactions. AVOID EXCESS SUN EXPOSURE. |         |
| 12 noon | Mo Tu We Th Fr | Oyster, Calcium and D supplement | nutritional supplement | 500/200mg/tab--dose is 1 tablet     | daily at noon                       |   |         |
| 12 noon | Mo Tu We Th Fr | Potassium Citrate ER             | prevent kidney stones  | 10 meq/tab--dose is 1 tablet        | three times a day                   | SE--confusion, anxiety, irregular heartbeat, leg discomfort, muscle weakness, numbness or tingling feeling in hands or feet, stomach pain, diarrhea. TAKE WITH LOTS OF WATER.   |         |
| 12 noon | Mo Tu We Th Fr | Zonegran (Zonisamide) cap        | seizure control        | 100 mg/capsule--dose is 2 capsules  | three times a day--8 am; noon; 4 pm | SE--dizziness, nausea, headache, somnolence, seizures, difficulties in concentration, mental slowing, diplopia, dry mouth, nausea, kidney stones, rash. DO NOT CRUSH OR OPEN CAPSULE. ENCOURAGE FLUIDS TO AVOID DEHYDRATION.            |         |
|         |                |                                  |                        |                                     |                                     |   |         |
|         |                |                                  |                        |                                     |                                     |   |         |

2019-06-17

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Camper will receive the following medications/supplements at the indicated times:

| Time    | Days              | Medication                | Purpose               | Dosage                              | Frequency                           | Special Instructions  | Initial |
|---------|-------------------|---------------------------|-----------------------|-------------------------------------|-------------------------------------|---|---------|
| 4:00 pm | Su Mo Tu We Th Fr | CVS Stool softener        | stool softener        | 250 mg/capsule--dose is 1 capsule   | twice daily                         |   |         |
| 4:00 pm | Su Mo Tu We Th Fr | Hydrocodone (Norco)       | relief of pain        | 5/325 mg/1 tablet--dose is 1 tablet | two times daily--8 am; 4 pm         | BEDTIME DOSE IS 2 TABLETS. GIVE WITH FOOD.<br>SE--lightheadness, dizziness, sedation, mental clouding, bradycardia, nausea, vomiting, constipation, hypotension   |         |
| 4:00 pm | Su Mo Tu We Th Fr | Lamictal (Lamotrigine)    | seizure control       | 200 mg/tab--dose is 2 tablets       | three times daily--8 am; noon; 4 pm | SE--ataxia, dizziness, headache, somnolence, seizures, aggravated reaction, anxiety, concentration disturbance, blurred vision, nausea, vomiting, constipation, dry mouth, rash, photosensitivity reactions. AVOID EXCESS SUN EXPOSURE. |         |
| 4:00 pm | Su Mo Tu We Th Fr | Potassium Citrate ER      | prevent kidney stones | 10 meq/tab--dose is 1 tablet        | three times a day                   | SE--confusion, anxiety, irregular heartbeat, leg discomfort, muscle weakness, numbness or tingling feeling in hands or feet, stomach pain, diarrhea. TAKE WITH LOTS OF WATER.   |         |
| 4:00 pm | Su Mo Tu We Th Fr | Zonegran (Zonisamide) cap | seizure control       | 100 mg/capsule--dose is 2 capsules  | three times a day--8 am; noon; 4 pm | SE--dizziness, nausea, headache, somnolence, seizures, difficulties in concentration, mental slowing, diplopia, dry mouth, nausea, kidney stones, rash. DO NOT CRUSH OR OPEN CAPSULE. ENCOURAGE FLUIDS TO AVOID DEHYDRATION.            |         |
|         |                   |                           |                       |                                     |                                     |   |         |
|         |                   |                           |                       |                                     |                                     |   |         |

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Camper will receive the following medications/supplements at the indicated times:

| Time    | Days              | Medication                           | Purpose  | Dosage  | Frequency              | Special Instructions  | Initial |
|---------|-------------------|--------------------------------------|--|---|------------------------|---|---------|
| 9:00 pm | Su Mo Tu We Th Fr | Allerclear Loratadine                | allergy relief, antihistamine, itchy or allergic skin reaction | 10mg/tab--dose is 1 tablet                                    | daily at bedtime       |   |         |
| 9:00 pm | Su Mo Tu We Th Fr | Atenolol                             | anti-hypertensive  | 25 mg/tab--dose is 1 tab                                      | twice daily            | SE--dizziness, bradycardia, hypotension, heart failure, intermittent claudication, bronchospasm |         |
| 9:00 pm | Su Mo Tu We Th Fr | Hydrocodone / Acetaminophen -BEDTIME | pain relief  | 5/325 mg/tab--dose is 2 TABLETS                               | daily at bedtime       | SE--dizziness, nausea, vomiting, constipation, hypotension                                      |         |
| 9:00 pm | Su Mo Tu We Th Fr | Lamictal Bedtime                     | seizure control  | 200 mg/tab--dose is 3 tablets                                 | daily at bedtime--9 pm | SE--nausea, dizziness, confusion, rash. DO NOT TAKE ON AN EMPTY STOMACH.                        |         |
| 9:00 pm | Su Mo Tu We Th Fr | Vinegar--external use                | treatment for ear itch eczema                                  | soak Qtip and swab both ears up until line indicated on Qtip. | daily at bedtime       | CAUTION TO AVOID INJURY TO EAR DRUM.  |         |
| 9:00 pm | Su Mo Tu We Th Fr | Zonegran (Zonisamide) Bedtime        | seizure control  | 100 mg/cap--dose is 3 capsules                                | daily at bedtime--9 pm | SE--nausea, dizziness, confusion  |         |
|         |                   |                                      |  |   |                        |   |         |
|         |                   |                                      |  |   |                        |   |         |

I acknowledge that the above medications listed are complete and accurate for the above camper.

signed: \_\_\_\_\_ relationship to camper: \_\_\_\_\_ date: \_\_\_\_\_