Sunday, 2019-06-30

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|-----------------|---------------------------|-----------------------------------|--|----------------------------------|-----|
| 12 noon | Chua, Hannah | Acetyl L-carnitine | 500 mg/capsuledose is 1 capsule | three times daily | Nutritional supplement | no |
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| 2:00 pm | Narahara, Craig | Levitiracetam (Keppra) | 750 mg/tabletdose is 1 tablet | three times per day8 am; 2 pm; 9 pm | seizure control | yes |
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| 4:00 pm | Abasolo, Jerry | CVS Stool softener | 250 mg/capsuledose is 1 capsule | twice daily | stool softener | yes |
| 4:00 pm | Abasolo, Jerry | Hydrocodone (Norco) | 5/325 mg/1 tabletdose is 1 tablet | two times daily8 am; 4 pm | relief of pain | yes |
| 4:00 pm | Abasolo, Jerry | Lamictal (Lamotrigine) | 200 mg/tabdose is 2 tablets | three times daily8 am; noon; 4 pm | seizure control | yes |
| 4:00 pm | Abasolo, Jerry | Potassium Citrate ER | 10 meq/tabdose is 1 tablet | three times a day | prevent kidney stones | yes |
| 4:00 pm | Abasolo, Jerry | Probiotic | 1 capsule | twice daily | nutritional supplementgut health | yes |
| 4:00 pm | Abasolo, Jerry | Zonegran (Zonisamide) cap | 100 mg/capsuledose is 2 capsules | three times a day8 am; noon; 4 pm | seizure control | yes |
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| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|-------------------|---------------------------------|---|---|---|-----|
| 5:00 pm | Kanemori, David | Active C | 500 mg/capsuledose is 1 capsule | twice dailybefore breakfast and before dinner | immune system support | no |
| 5:00 pm | Kanemori, David | All-In-One | 1 tablet | before breakfast and before dinner | multi-vitamin/mineral supplement | no |
| 5:00 pm | Kanemori, David | Cat's Claw | 500 mg/capsuledose is 1 capsule | daily before dinner | prevents Lyme disease | no |
| 5:00 pm | Kanemori, David | Probiotic | 1 capsule | twice daily before breakfast and before dinner | nutritional supplement to promote intestinal health | no |
| 5:00 pm | Kanemori, David | Wobenzyme | 1 capsule | twice daily before breakfast and before dinnner | nutritional supplement digestive enzyme | no |
| 5:00 pm | Mar, Jodi | Lamotrigine | 25 mg/chewable dispersible tabletdose is 100 mg or 4 chewable dispersible tablets | twice dailybreakfast and dinner | seizure control | yes |
| 5:00 pm | Miyashiro, Cindy | Brimonidine 0.2% eye solution | 1 drop in each eye | twice daily | glaucoma treatment | yes |
| 5:00 pm | Miyashiro, Cindy | Carbamazepine ER (Carbatrol) | 220 mg/capsletdose is 3 caplets | twice daily8 am and 5 pm | anti-seizure | yes |
| 5:00 pm | Miyashiro, Cindy | Oyster Shell 500 Vitamin D3 200 | 1 tablet | three times daily 8 am, 5 pm, 9 pm | nutritional supplement | yes |
| 5:00 pm | Miyashiro, Cindy | Simvastatin | 20mg/tabdose is 1 tablet | once daily in evening | cholesterol lowering agent | yes |
| 5:00 pm | Nishio, Marc | LomotilEVEN days | 2.5 mg/tabdose is 1 tablet | three times daily | anti-diarrhea | yes |
| 5:00 pm | Ouye, Jamie | Calcium Gummies | 500 mg/tabletdose is 1 tablet | twice daily before breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Ouye, Jamie | Vitamin C | 1000 mg/tabletdose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Ouye, Jamie | Vitamin D Gummy | 1500 mg/tabletdose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Ouye, Jamie | Women's Gummy Vitamin | 1 Gummy Vitamin | twice daily before breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Refuerzo, Melling | Buspirone | 10 mg1 tablet | twice daily: 8 am and 5 pm | anti-anxiety | yes |
| 5:00 pm | Refuerzo, Melling | Metformin | 1000 mg1 tablet | twice daily8 am and 5 pm | controls high blood sugar | yes |
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| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|---------------------|--|---|--|---|-----|
| 6:00 pm | Chua, Hannah | Acetyl L-carnitine | 500 mg/capsuledose is 1 capsule | three times daily | Nutritional supplement | no |
| 6:00 pm | Chua, Hannah | Fish Oil | 1000mg/capsuledose is 1 capsule | twice daily | Nutritional supplement | no |
| 6:00 pm | Chua, Hannah | Miralax | 1/2 capful | twice daily breakfast and dinner | prevent constipation | yes |
| 6:00 pm | Gong, Richard | Bio-Kult probiotic | 1 capsule | twice dailywith breakfast and dinner meal | promotes healthy digestion and immune system | no |
| 6:00 pm | Gong, Richard | Integrative Nutrivitamin Enzyme Complex, without iron | 1 capsule | twice daily with morning meal and evening meal | multivitamin, general nutritional health supplement | no |
| 6:00 pm | Gong, Richard | Radiant Life Krill Extra | 1 capsule | twice daily with morning meal and dinner meal | Fish Oil nutritional supplement | no |
| 6:00 pm | Hata, Randall | Crestor | 20mg/tabdose is 1 tablet | daily in pm. | cholesterol lowering agent | yes |
| 6:00 pm | Hata, Randall | Docusate Sodium | 250 mg/capsuledose is 1 capsule | twice daily | stool softener | yes |
| 6:00 pm | Nakagaki, Christine | Miralax | 17 grams/packetdose is 1 packet. Dissolve in 4-8 oz fluid. | Dinner on Sunday, Tuesday, Thursday only | constipation relief | yes |
| 6:00 pm | Narahara, Craig | Benztropine (Cogentin) | 1 mg/tabdose is 1 tablet | twice daily8 am and 6 pm | control drooling, salivationanti-cholinergic agent | yes |
| 6:00 pm | Narahara, Craig | Divalproex | 500 mg/tabletdose is 1 tablet | twice daily8 am and 6 pm | seizure disorder | yes |
| 6:00 pm | Narahara, Craig | Fiber Pill | 625 mg/tabletdose is 1 tablet | twice daily8 am and 6 pm | promote bowel regularity | yes |
| 6:00 pm | Narahara, Craig | Oyster Calcium | 500 mg/tabletdose is 1 tablet | twice daily 8 am and 6 pm | nutritional supplement | yes |
| 6:00 pm | Nishio, Marc | Calcium wtih Vitamin D | 500 mg/tabletdose is 1 tablet | twice dailybreakfast and dinner | nutritional supplement | no |
| 6:00 pm | Peeler, Jennifer | Cephalexin Oral Suspension | 250 mg/5mls. dose is 5 mls or 1 tsp. | daily in evening | antibiotic for prevention of bladder infection | yes |
| 6:00 pm | Peeler, Jennifer | Escitalopram Oxalate (Lexapro) oral solution | 5 mg/5 mls. dose is 20 mls. | daily every evening | antidepressant;treatment for generalized anxiety disorder | yes |
| 6:00 pm | Peeler, Jennifer | Oxybutynin | 5 mg/tabletdose is 1 tablet | twice dailymorning and evening | urinary antispasmodic | yes |
| 6:00 pm | Takamune, Lisa | L-Arginine | 500 mg/tabdose is 2 capsules | daily after dinner | nutritional supplement for the heart | no |
| 6:00 pm | Wang, Rebecca | Areds 2 Eye Vitamin | 1 tablet | twice daily with morning meal and dinner meal | nutritional supplement for eyes | no |

Sunday, 2019-06-30

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|---------------|--------------------------|--------------------------------|---------------------------|--|----|
| 6:00 pm | Wang, Rebecca | Citracal Calcium Citrate | 630 mg/tabletdose is 1 tablet | once daily in the evening | nutritional supplement to promote bone health | no |
| 6:00 pm | Wang, Rebecca | Digestive Advantage | 1 gummy | once daily in the evening | nutritional supplement to promote digestive health | no |
| 6:00 pm | Wang, Rebecca | Vitamin B-12 | 1000 mg/tabletdose is 1 tablet | once daily in the evening | nutritional supplement fort energy health | no |
| 6:00 pm | Wang, Rebecca | Vitamin C | 500 mg/tabletdose is 1 tablet | once daily in the evening | nutritional supplement | no |
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| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|-------------------|------------------------------------|--|------------------------------------|---|-----|
| 8:00 pm | Miyashiro, Cindy | Hydrocortisone cream | 1% creamapply small amount to rash areas on back | twice dailyAM and bedtime | ant inflammation | no |
| 8:00 pm | Nishio, Marc | Montelukast (generic for Singular) | 10 mg/tab1 tablet | once daily at bedtime | seasonal allergy control | yes |
| 8:00 pm | Nishio, Marc | Risperidone | 0.5 mg/tab1 tablet | twice daily | control of stimulatory behaviors | yes |
| 8:00 pm | Refuerzo, Melling | Loratadine | 10 mg1 tablet | daily in the evening8 pm | relief of seasonal allergies | yes |
| 8:00 pm | Refuerzo, Melling | Risperidone PM dose | 2 mg1 tablet | once daily in evening8 pm | treatment of mental/mood disorder | yes |
| 8:00 pm | Refuerzo, Melling | Simvastatin | 20 mg1 tablet | daily at bedtime8 pm | cholesterol lowering agent | yes |
| 8:00 pm | Tani, Glenn Ricky | Celexa (Citalopram) | 40 mg/tabletdose is 1 tablet | daily at bedtime | anti-anxietyanti-depressant | yes |
| 8:00 pm | Tani, Glenn Ricky | Cogentin (Benztropine) | 1 mg/tabdose is 1 tablet | daily at bedtime8 pm | antiparkinsonian, anticholinergic, anti-agitation | yes |
| 8:00 pm | Tani, Glenn Ricky | Seroquel (Quetiapine Fumartate) | 300 mg/tabdose is 1/2 tab or 150 mg | daily at bedtime8 pm | anti-psychotic, anti-depressant, anti-anxiety | yes |
| 8:00 pm | Visitacion, Dana | Buspirone PM | 5 mg/tabletdose is 1 tablet or 5 mg | daily at pmone hour before bedtime | anti-anxiety | yes |
| 8:00 pm | Visitacion, Dana | Guanfacine | 1 mg/tabdose is 1 tab | once daily in evening | anti-hypertensive | yes |
| 8:00 pm | Visitacion, Dana | Melatonin | 3 mg/1 tab and 5 mg/1 tabdose is 1 tab of each for total of 8 mg total | once daily in the evening | promote sleep | yes |
| 8:00 pm | Visitacion, Dana | Nortriptyline | 10 mg/capsule. dose is 40 mg or 4 capsules | once daily in evening | anti-depressant and to promote sleep | yes |
| 8:00 pm | Visitacion, Dana | Theanine | 100 mg/tabdose is 1 tab | once daily in evening | amino acid | yes |
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| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|------------------|--------------------------------------|---|---|--|-----|
| 9:00 pm | Abasolo, Jerry | Terbinafine HCL 1% cream (Lamisil) | apply to affected area of rash on L abd. | twice dailyAM and bedtime after shower | anti fungal medication | no |
| 9:00 pm | Abasolo, Jerry | Vinegarexternal use | soak Qtip and swab both ears up until line indicated on Qtip. | daily at bedtime | treatment for ear itch eczema | no |
| 9:00 pm | Abasolo, Jerry | Allerclear Loratadine | 10mg/tabdose is 1 tablet | daily at bedtime | allergy relief, antihistamine, itchy or allergic skin reaction | yes |
| 9:00 pm | Abasolo, Jerry | Atenolol | 25 mg/tabdose is 1 tab | twice daily | anti-hypertensive | yes |
| 9:00 pm | Abasolo, Jerry | Hydrocodone / Acetaminophen -BEDTIME | 5/325 mg/tabdose is 2 TABLETS | daily at bedtime | pain relief | yes |
| 9:00 pm | Abasolo, Jerry | Lamictal Bedtime | 200 mg/tabdose is 3 tablets | daily at bedtime9 pm | seizure control | yes |
| 9:00 pm | Abasolo, Jerry | Zonegran (Zonisamide) Bedtime | 100 mg/capdose is 3 capsules | daily at bedtime9 pm | seizure control | yes |
| 9:00 pm | Chen, Jonathan | Gabapentin | 400 mg/capsuledose is 1 capsule | three times per day8 am; 2 pm; 9 pm | relief of neuropathic pain | yes |
| 9:00 pm | Chua, Hannah | Magnesium | 400 mg/tabletdose is 1 tablet | daily at bedtimecan take half hour before with melatonin | nutritional supplement | no |
| 9:00 pm | Chua, Hannah | Melatonin | 1 mg/tabletdose is 1 tablet | daily at bedtimecan take half hour before | Nutritional supplement | no |
| 9:00 pm | Hata, Randall | Aquaphor spray | spray to affected areas on arms and legs | daily after showering | prevent skin dryness | no |
| 9:00 pm | Miyashiro, Cindy | Chlorhexidine 0.12% mouth rinse | 1/2 oz undiluted rinse in mouth | once daily at bedtime | treatment for gum disease | no |
| 9:00 pm | Miyashiro, Cindy | Triamcinolone 0.5% | apply small amount to affected area | twice dailyAM and bedtime | steroid cream | no |
| 9:00 pm | Miyashiro, Cindy | Vitamin E cream | apply to affectd areas of skin rash to back of legs | daily at bedtime | promotes skin health | no |
| 9:00 pm | Miyashiro, Cindy | Citalopram HBR (Celexa) | 40 mg/tabletdose is 1 tablet | daily at bedtime9 pm | antidepressant | yes |
| 9:00 pm | Miyashiro, Cindy | Latanoprost | 0.005%dose is 1 drop in each eye | daily at bedtime9 pm | glaucoma treatment | yes |
| 9:00 pm | Miyashiro, Cindy | Oyster Shell 500 Vitamin D3 200 | 1 tablet | three times daily 8 am, 5 pm, 9 pm | nutritional supplement | yes |
| 9:00 pm | Miyashiro, Cindy | Risperidone HS dose 0.5 mg tab | 0.5 mg/tab1 tablet | daily at 9 pm | mood stabilizeranti-psychotic | yes |
| 9:00 pm | Miyashiro, Cindy | Risperidone HS dose 1 mg tablet | 1 mg/tabletdose is 1 tablet | daily at bedtime9 pm | mood stabilizer, anti-psychotic | yes |

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|--------------|-------------------|--------------------------------|---|---|---|-----|
| 9:00 pm | Narahara, Craig | Gemfibrozil (Lopid) | 600 mg/tabletdose is 1 tablet | daily at bedtime9 pm | cholesterol control | yes |
| 9:00 pm | Narahara, Craig | Levitiracetam (Keppra) | 750 mg/tabletdose is 1 tablet | three times per day8 am; 2 pm; 9 pm | seizure control | yes |
| 9:00 pm | Takamune, Lisa | Zioptan | one drop both eyes | daily at bedtime | glaucoma treatment | yes |
| 9:00 pm | Verzani, Amanda | Baclofen | 20 mg/tabdose is 1 tablet | daily at bedtime9 pm | anti-spasticity | yes |
| 9:00 pm | Verzani, Amanda | Trileptal(Oxcarbazepine)HS | 300 mg/tab-dose is 2 tabs at bedtime | daily at bedtime9 pm | anti-seizure | yes |
| 9:00 pm | Wang, Rebecca | Azelastine Hcl 0.05% eye drops | 1 drop in both eyes | twice daily | antihistamine | yes |
| | | | | | | |
| | | | | | | |
| as needed | Eugenio, Benjamin | Xyzal | 5 mg/tabdose is 1 tablet | as needed for allergy symptoms at bedtime, if needed | treatment for sinus allergies | yes |
| as needed | Gong, Richard | Diphenhydramine | 1-2 capsules as needed for above symptoms | as needed evey 4 hrs if needed; do not exceed 6 doses in 24 hrs. | allergy relief, antihistamine, itchy or allergic skin reaction | yes |
| as needed | Hata, Randall | Refresh eye drops | 1 drop in each eye | as needed for eye dryness | eye lubrication to prevent dryness | no |
| as needed | Hata, Randall | Fluticasone 50 mcg Nasal Spray | 1 puff each nostril | as needed for sinus congestion | relief of nasal congestion | yes |
| as needed | Kanazawa, Curtis | Chlorpheniramine | 4 mg1 tablet | as needed every 4 hrs for allergy symptoms1 tablet | seasonal allergies | yes |
| as needed | Kanemori, David | Calendula | apply small amount to affected areas | as needed for scrapes and cuts | homeopathic ointment for healing scrapes and cuts | no |
| as needed | Nishio, Marc | Lomotil | 2.5 mg/tabdose is 1 tablet | AS NEEDED FOR DIARRHEAAN ADDITIONAL 1 TABLET PER DAY | control diarrhea | yes |
| as needed | Verzani, Amanda | Neosporin | as needed to cover cuts or scarped | as needed for cuts and scrapes | topical antibiotic ointment | no |
| as needed | Visitacion, Dana | Benadryl | 25 mg/tabdose is 2 tabs or 50 mg | as needed for seasonal allergy symptoms | seasonal allergies/common cold symptoms | yes |
| as needed | Visitacion, Dana | Ibuprofen | 200 mg/tabdose is 1 tab | as needed for headache or mild pain1 tab every 4 hrs if needed | relief of headache or mild pain | yes |
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Monday, 2019-07-01

JEMS Special Camp 2019 Page 1

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|---------------|------------|--|--|------------------------|----|
| 7:00 am | Abacolo lerry | | apply to affected area of rash on L abd. | twice dailyAM and bedtime after shower | anti fungal medication | no |
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| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|-----------------|--|-----------------------------------|---|--|-----|
| 8:00 am | Abasolo, Jerry | Atenolol | 25 mg/tabdose is 1 tab | twice daily | anti-hypertensive | yes |
| 8:00 am | Abasolo, Jerry | CVS Stool softener | 250 mg/capsuledose is 1 capsule | twice daily | stool softener | yes |
| 8:00 am | Abasolo, Jerry | Hydrocodone (Norco) | 5/325 mg/1 tabletdose is 1 tablet | two times daily8 am; 4 pm | relief of pain | yes |
| 8:00 am | Abasolo, Jerry | Lamictal (Lamotrigine) | 200 mg/tabdose is 2 tablets | three times daily8 am; noon; 4 pm | seizure control | yes |
| 8:00 am | Abasolo, Jerry | Potassium Citrate ER | 10 meq/tabdose is 1 tablet | three times a day | prevent kidney stones | yes |
| 8:00 am | Abasolo, Jerry | Pravastatin | 20 mg/tabdose is 1 tablet | daily in am | cholesterol lowering agent | yes |
| 8:00 am | Abasolo, Jerry | Probiotic | 1 capsule | twice daily | nutritional supplementgut health | yes |
| 8:00 am | Abasolo, Jerry | Zonegran (Zonisamide) cap | 100 mg/capsuledose is 2 capsules | three times a day8 am; noon; 4 pm | seizure control | yes |
| 8:00 am | Chen, Jonathan | Gabapentin | 400 mg/capsuledose is 1 capsule | three times per day8 am; 2 pm; 9 pm | relief of neuropathic pain | yes |
| 8:00 am | Kanemori, David | Active C | 500 mg/capsuledose is 1 capsule | twice dailybefore breakfast and before dinner | immune system support | no |
| 8:00 am | Kanemori, David | All-In-One | 1 tablet | before breakfast and before dinner | multi-vitamin/mineral supplement | no |
| 8:00 am | Kanemori, David | Benfotiamine | 250 mg/capsuledose is 1 capsule | daily before breakfast | protection from high blood sugar | no |
| 8:00 am | Kanemori, David | Magnesium Glycinate | 400 mg/capsuledoae is 1 capsule | daily before breakfast | nutritional supplement to balance glutamate, aids muscle flexibility, calming effect | no |
| 8:00 am | Kanemori, David | Pantothenic Acid | 500 mg/tabletdose is 1 tablet | daily before breakfast | nutritional supplement to prevent allergies | no |
| 8:00 am | Kanemori, David | Probiotic | 1 capsule | twice daily before breakfast and before dinner | nutritional supplement to promote intestinal health | no |
| 8:00 am | Kanemori, David | Pteridin4 (Tetrahydrobiopterin 2.5 mg) | 1 tablet | daily before breakfast | Nutritional supplement | no |
| 8:00 am | Kanemori, David | Vitamin D3 | 1 capsule | daily before breakfast | 5000 IU/capsuledose is 1 capsule | no |
| 8:00 am | Kanemori, David | Wobenzyme | 1 capsule | twice daily before breakfast and before dinnner | nutritional supplement digestive enzyme | no |
| 8:00 am | Kanemori, David | Yeast Formula | 2 tabs | daily before breakfast | Nutritional supplement | no |

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|------------------|---------------------------------|---|---|---|-----|
| 8:00 am | Mar, Jodi | Lamotrigine | 25 mg/chewable dispersible tabletdose is 100 mg or 4 chewable dispersible tablets | twice dailybreakfast and dinner | seizure control | yes |
| 8:00 am | Mar, Jodi | Levothyroxine | 50 mcg1 tablet | daily in the morning | thyroid hormone replacement | yes |
| 8:00 am | Miyashiro, Cindy | Hydrocortisone cream | 1% creamapply small amount to rash areas on back | twice dailyAM and bedtime | ant inflammation | no |
| 8:00 am | Miyashiro, Cindy | Triamcinolone 0.5% | apply small amount to affected area | twice dailyAM and bedtime | steroid cream | no |
| 8:00 am | Miyashiro, Cindy | Brimonidine 0.2% eye solution | 1 drop in each eye | twice daily | glaucoma treatment | yes |
| 8:00 am | Miyashiro, Cindy | Carbamazepine ER (Carbatrol) | 220 mg/capsletdose is 3 caplets | twice daily8 am and 5 pm | anti-seizure | yes |
| 8:00 am | Miyashiro, Cindy | Oyster Shell 500 Vitamin D3 200 | 1 tablet | three times daily 8 am, 5 pm, 9 pm | nutritional supplement | yes |
| 8:00 am | Miyashiro, Cindy | RisperidoneAM | 2 mg/tabletdose is 1 tablet | daily in AM | mood stabilizeranti-psychotic | yes |
| 8:00 am | Miyashiro, Cindy | Thera-M | 1 tablet | daily in am | nutritional supplement | yes |
| 8:00 am | Narahara, Craig | Benztropine (Cogentin) | 1 mg/tabdose is 1 tablet | twice daily8 am and 6 pm | control drooling, salivationanti-cholinergic agent | yes |
| 8:00 am | Narahara, Craig | Divalproex | 500 mg/tabletdose is 1 tablet | twice daily8 am and 6 pm | seizure disorder | yes |
| 8:00 am | Narahara, Craig | Fiber Pill | 625 mg/tabletdose is 1 tablet | twice daily8 am and 6 pm | promote bowel regularity | yes |
| 8:00 am | Narahara, Craig | Levitiracetam (Keppra) | 750 mg/tabletdose is 1 tablet | three times per day8 am; 2 pm; 9 pm | seizure control | yes |
| 8:00 am | Narahara, Craig | Oyster Calcium | 500 mg/tabletdose is 1 tablet | twice daily 8 am and 6 pm | nutritional supplement | yes |
| 8:00 am | Narahara, Craig | Vitamin D3 | 2000 IU/tabletdose is 1 tablet | once daily in am | nutritional supplement | yes |
| 8:00 am | Nishio, Marc | LomotilODD Days | 2.5 mg/tabdose is 1 tablet | twice daily | anti-diarrhea | yes |
| 8:00 am | Nishio, Marc | Omeprazole | 20 mg/capsuledose is 1 capsule | daily in am | control heartburn | yes |
| 8:00 am | Nishio, Marc | Risperidone | 0.5 mg/tab1 tablet | twice daily | control of stimulatory behaviors | yes |
| 8:00 am | Ouye, Jamie | Calcium Gummies | 500 mg/tabletdose is 1 tablet | twice daily before breakfast and dinner | nutritional supplement | no |

Monday, 2019-07-01

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|-------------------|---|---|---|-----------------------------------|-----|
| 8:00 am | Ouye, Jamie | Vitamin C | 1000 mg/tabletdose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 8:00 am | Ouye, Jamie | Vitamin D Gummy | 1500 mg/tabletdose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 8:00 am | Ouye, Jamie | Women's Gummy Vitamin | 1 Gummy Vitamin | twice daily before breakfast and dinner | nutritional supplement | no |
| 8:00 am | Refuerzo, Melling | Buspirone | 10 mg1 tablet | twice daily: 8 am and 5 pm | anti-anxiety | yes |
| 8:00 am | Refuerzo, Melling | Citalopram HBR (Celexa) | 40 mg1 tablet | once daily8 am | anti-depressant | yes |
| 8:00 am | Refuerzo, Melling | Lisinopril | 10 mg1 tablet | daily in the morning8 am | treat high blood pressure | yes |
| 8:00 am | Refuerzo, Melling | Metformin | 1000 mg1 tablet | twice daily8 am and 5 pm | controls high blood sugar | yes |
| 8:00 am | Refuerzo, Melling | RisperidoneAM | 1 mg1 tablet | once daily8 am | treatment of mental/mood disorder | yes |
| 8:00 am | Verzani, Amanda | Trileptal (Oxcarbazepine)AM | 300 mg/tablet dose is 450 mg1.5 tablets | daily in AM | anti-seizure | yes |
| 8:00 am | Visitacion, Dana | Buspirone AM | 5 mg/tabdose is 3 tabs or 15 mg | daily in AM. (there is a different dose in PM) | anti-anxiety | yes |
| 8:00 am | Visitacion, Dana | Claritin (Non-Drowsy Allergy Relief) | 10mg1 tablet | once daily in am | seasonal allergies | yes |
| 8:00 am | Visitacion, Dana | Fluvoxamine Maleate | 50mg/tabdose is 100 mg or 2 tabs | once daily in morning | antidepressant | yes |
| 8:00 am | Visitacion, Dana | Jolessa | 0.15-0.03 mg/1 tab dose is 1 tab | once daily in morning | regulate menstrual cycles | yes |
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| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|---------------------|--|----------------------------------|--|---|-----|
| 9:00 am | Chien, Stephen | Valsartan | 160 mg/tabdose is 1 tablet | once daily after breakfast | anti-hypertensive | yes |
| 9:00 am | Chua, Hannah | Acetyl L-carnitine | 500 mg/capsuledose is 1 capsule | three times daily | Nutritional supplement | no |
| 9:00 am | Chua, Hannah | Fish Oil | 1000mg/capsuledose is 1 capsule | twice daily | Nutritional supplement | no |
| 9:00 am | Chua, Hannah | Vitamin D3 | 2000 IU/capsuledose is 1 capsule | once daily at breakfast | nutritional supplement | no |
| 9:00 am | Chua, Hannah | Levonorgestrel / estradiol | 0.15-0.03 mg/1 tab dose is 1 tab | daily in AM | to control menses | yes |
| 9:00 am | Chua, Hannah | Miralax | 1/2 capful | twice daily breakfast and dinner | prevent constipation | yes |
| 9:00 am | Eugenio, Benjamin | Fish Oil | 1 capsule | daily at breakfast | nutritional supplement | no |
| 9:00 am | Eugenio, Benjamin | Magnesium | 1 capsule | daily in AM | Nutritional supplement | no |
| 9:00 am | Gong, Richard | Bio-Kult probiotic | 1 capsule | twice dailywith breakfast and dinner meal | promotes healthy digestion and immune system | no |
| 9:00 am | Gong, Richard | Integrative Nutrivitamin Enzyme Complex, without iron | 1 capsule | twice daily with morning meal and evening meal | multivitamin, general nutritional health supplement | no |
| 9:00 am | Gong, Richard | Radiant Life Krill Extra | 1 capsule | twice daily with morning meal and dinner meal | Fish Oil nutritional supplement | no |
| 9:00 am | Hata, Randall | Fish Oil | 1000 mg/capsuledose is 1 capsule | once daily in am | nutritional supplement | no |
| 9:00 am | Hata, Randall | Multi- Vitamin | 1 tablet | daily in AM | nutritional supplement | no |
| 9:00 am | Hata, Randall | Vitamin C | 500 mg/tabletdose is 1 tablet | once daily in am | nutritional supplement | no |
| 9:00 am | Hata, Randall | Docusate Sodium | 250 mg/capsuledose is 1 capsule | twice daily | stool softener | yes |
| 9:00 am | Mar, Jodi | Fish Oil | one gummy 500 mg | once daily in the morning or at breakfast | nutritional supplement to reduce triglycerides | no |
| 9:00 am | Mar, Jodi | Multi-vites Gummy Vitamin | 2 adult multivatmin gummies | once daily at breakfast | nutritional supplement | no |
| 9:00 am | Nagao, Lacey | One A Day Multivitamin for Womer | 1 tablet | daily at breakfast | nutritional supplement | no |
| 9:00 am | Nagao, Lacey | Vitamin D3 | 1 soft gel | daily at breakfast | nutritional supplement | no |
| 9:00 am | Nakagaki, Christine | Adult Multivitamn Gummies | 2 gummies | once daily at breakfast | nutritional supplement | no |
| 9:00 am | Nakagaki, Christine | Claritin Reditabs | 10 mg/tabletdose is 1 tablet | once daily at breakfast | control of seasonal allergies | yes |
| 9:00 am | Nishio, Marc | Calcium wtih Vitamin D | 500 mg/tabletdose is 1 tablet | twice dailybreakfast and dinner | nutritional supplement | no |
| 9:00 am | Nishio, Marc | Vitamin D3 | 1000IU/capsuledose is 1 capsule | daily | nutritional supplement | no |
| 9:00 am | Peeler, Jennifer | amphetamine salts | 5 mg/tabdose is 3 tabs or 15 mg | twice daily breakfast and lunchtime | treatment for ADHD | yes |
| | | | | | 2010.05.07 | |

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|------------------|--------------------------------|---------------------------------|---|--|-----|
| 9:00 am | Peeler, Jennifer | Oxybutynin | 5 mg/tabletdose is 1 tablet | twice dailymorning and evening | urinary antispasmodic | yes |
| 9:00 am | Takamune, Lisa | Vitamin B-12 | 500 mg/tabletdose is 1 tablet | daily after breakfast | nutritional supplement | no |
| 9:00 am | Takamune, Lisa | Vitamin C | 500 mg/tabletdose is 1 tablet | daily after breakfast | nutritional supplement | no |
| 9:00 am | Takamune, Lisa | Clopidogrel | 75 mg/tabletdose is 1 tablet | daily in AM | anti platelet action; promotes heart and blood circulation | yes |
| 9:00 am | Visitacion, Dana | Multi- Vitamin | 1 tablet | once daily in morning | nutritional supplement | no |
| 9:00 am | Visitacion, Dana | Vitamin C | 1000 mg/tabdose is 1 tablet | once daily in morning | nutritional supplement | no |
| 9:00 am | Wang, Rebecca | Areds 2 Eye Vitamin | 1 tablet | twice daily with morning meal and dinner meal | nutritional supplement for eyes | no |
| 9:00 am | Wang, Rebecca | Calcium Gummies | 1 gummy | daily in the morning | nutritional supplement to promote bone health | no |
| 9:00 am | Wang, Rebecca | Flax Seed Oil | 1400 mg/tablet dose is 1 tablet | daily in the morning | nutritional supplement for heart health | no |
| 9:00 am | Wang, Rebecca | Move Free | 1 tablet | once daily in the morning | nutritional supplement to promote joint health | no |
| 9:00 am | Wang, Rebecca | One a Day for Women | 1 tablet | once daily in the morning | nutritional supplement multivitamin | no |
| 9:00 am | Wang, Rebecca | Vitamin D3 | 2000 IU/tabletdose is 1 tablet | once daily in the morning | nutritional supplement | no |
| 9:00 am | Wang, Rebecca | Azelastine Hcl 0.05% eye drops | 1 drop in both eyes | twice daily | antihistamine | yes |
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| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|------------------|--|----------------------------------|--|----------------------------|-----|
| 12 noon | Abasolo, Jerry | Curamin Extra Strength Pain Relief Supplement tablets | 1 tablet | daily at noon | relief of mild pain | yes |
| 12 noon | Abasolo, Jerry | Lamictal (Lamotrigine) | 200 mg/tabdose is 2 tablets | three times daily8 am; noon; 4 pm | seizure control | yes |
| 12 noon | Abasolo, Jerry | Oyster Shell Calcium, Vit D tablet | 1 tablet | daily at noon | Nutritional supplement | yes |
| 12 noon | Abasolo, Jerry | Potassium Citrate ER | 10 meq/tabdose is 1 tablet | three times a day | prevent kidney stones | yes |
| 12 noon | Abasolo, Jerry | Prune Juice | 1 bottle | daily at noon | promote bowel regularity | yes |
| 12 noon | Abasolo, Jerry | Zonegran (Zonisamide) cap | 100 mg/capsuledose is 2 capsules | three times a day8 am; noon; 4 pm | seizure control | yes |
| 12 noon | Chua, Hannah | Acetyl L-carnitine | 500 mg/capsuledose is 1 capsule | three times daily | Nutritional supplement | no |
| 12 noon | Peeler, Jennifer | amphetamine salts | 5 mg/tabdose is 3 tabs or 15 mg | twice daily breakfast and lunchtime | treatment for ADHD | yes |
| | | | | | | |
| | | | | | | |
| 2:00 pm | Chen, Jonathan | Gabapentin | 400 mg/capsuledose is 1 capsule | three times per day8 am; 2 pm; 9 pm | relief of neuropathic pain | yes |
| 2:00 pm | Narahara, Craig | Levitiracetam (Keppra) | 750 mg/tabletdose is 1 tablet | three times per day8 am; 2 pm; 9 pm | seizure control | yes |
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Monday, 2019-07-01

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|----------------|---------------------------|-----------------------------------|--------------------------------------|----------------------------------|-----|
| 4:00 pm | Abasolo, Jerry | CVS Stool softener | 250 mg/capsuledose is 1 capsule | twice daily | stool softener | yes |
| 4:00 pm | Abasolo, Jerry | Hydrocodone (Norco) | 5/325 mg/1 tabletdose is 1 tablet | two times daily8 am; 4 pm | relief of pain | yes |
| 4:00 pm | Abasolo, Jerry | Lamictal (Lamotrigine) | 200 mg/tabdose is 2 tablets | three times daily8 am; noon; 4 pm | seizure control | yes |
| 4:00 pm | Abasolo, Jerry | Potassium Citrate ER | 10 meq/tabdose is 1 tablet | three times a day | prevent kidney stones | yes |
| 4:00 pm | Abasolo, Jerry | Probiotic | 1 capsule | twice daily | nutritional supplementgut health | yes |
| 4:00 pm | Abasolo, Jerry | Zonegran (Zonisamide) cap | 100 mg/capsuledose is 2 capsules | three times a day8 am; noon; 4 pm | seizure control | yes |
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| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|-------------------|---------------------------------|---|---|---|-----|
| 5:00 pm | Kanemori, David | Active C | 500 mg/capsuledose is 1 capsule | twice dailybefore breakfast and before dinner | immune system support | no |
| 5:00 pm | Kanemori, David | All-In-One | 1 tablet | before breakfast and before dinner | multi-vitamin/mineral supplement | no |
| 5:00 pm | Kanemori, David | Cat's Claw | 500 mg/capsuledose is 1 capsule | daily before dinner | prevents Lyme disease | no |
| 5:00 pm | Kanemori, David | Probiotic | 1 capsule | twice daily before breakfast and before dinner | nutritional supplement to promote intestinal health | no |
| 5:00 pm | Kanemori, David | Wobenzyme | 1 capsule | twice daily before breakfast and before dinnner | nutritional supplement digestive enzyme | no |
| 5:00 pm | Mar, Jodi | Lamotrigine | 25 mg/chewable dispersible tabletdose is 100 mg or 4 chewable dispersible tablets | twice dailybreakfast and dinner | seizure control | yes |
| 5:00 pm | Miyashiro, Cindy | Brimonidine 0.2% eye solution | 1 drop in each eye | twice daily | glaucoma treatment | yes |
| 5:00 pm | Miyashiro, Cindy | Carbamazepine ER (Carbatrol) | 220 mg/capsletdose is 3 caplets | twice daily8 am and 5 pm | anti-seizure | yes |
| 5:00 pm | Miyashiro, Cindy | Oyster Shell 500 Vitamin D3 200 | 1 tablet | three times daily 8 am, 5 pm, 9 pm | nutritional supplement | yes |
| 5:00 pm | Miyashiro, Cindy | Simvastatin | 20mg/tabdose is 1 tablet | once daily in evening | cholesterol lowering agent | yes |
| 5:00 pm | Nishio, Marc | LomotilODD Days | 2.5 mg/tabdose is 1 tablet | twice daily | anti-diarrhea | yes |
| 5:00 pm | Ouye, Jamie | Calcium Gummies | 500 mg/tabletdose is 1 tablet | twice daily before breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Ouye, Jamie | Vitamin C | 1000 mg/tabletdose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Ouye, Jamie | Vitamin D Gummy | 1500 mg/tabletdose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Ouye, Jamie | Women's Gummy Vitamin | 1 Gummy Vitamin | twice daily before breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Refuerzo, Melling | Buspirone | 10 mg1 tablet | twice daily: 8 am and 5 pm | anti-anxiety | yes |
| 5:00 pm | Refuerzo, Melling | Metformin | 1000 mg1 tablet | twice daily8 am and 5 pm | controls high blood sugar | yes |
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| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|------------------|--|--------------------------------------|--|---|-----|
| 6:00 pm | Chua, Hannah | Acetyl L-carnitine | 500 mg/capsuledose is 1 capsule | three times daily | Nutritional supplement | no |
| 6:00 pm | Chua, Hannah | Fish Oil | 1000mg/capsuledose is 1 capsule | twice daily | Nutritional supplement | no |
| 6:00 pm | Chua, Hannah | Miralax | 1/2 capful | twice daily breakfast and dinner | prevent constipation | yes |
| 6:00 pm | Gong, Richard | Bio-Kult probiotic | 1 capsule | twice dailywith breakfast and dinner meal | promotes healthy digestion and immune system | no |
| 6:00 pm | Gong, Richard | Integrative Nutrivitamin Enzyme Complex, without iron | 1 capsule | twice daily with morning meal and evening meal | multivitamin, general nutritional health supplement | no |
| 6:00 pm | Gong, Richard | Radiant Life Krill Extra | 1 capsule | twice daily with morning meal and dinner meal | Fish Oil nutritional supplement | no |
| 6:00 pm | Hata, Randall | Crestor | 20mg/tabdose is 1 tablet | daily in pm. | cholesterol lowering agent | yes |
| 6:00 pm | Hata, Randall | Docusate Sodium | 250 mg/capsuledose is 1 capsule | twice daily | stool softener | yes |
| 6:00 pm | Narahara, Craig | Benztropine (Cogentin) | 1 mg/tabdose is 1 tablet | twice daily8 am and 6 pm | control drooling, salivationanti-cholinergic agent | yes |
| 6:00 pm | Narahara, Craig | Divalproex | 500 mg/tabletdose is 1 tablet | twice daily8 am and 6 pm | seizure disorder | yes |
| 6:00 pm | Narahara, Craig | Fiber Pill | 625 mg/tabletdose is 1 tablet | twice daily8 am and 6 pm | promote bowel regularity | yes |
| 6:00 pm | Narahara, Craig | Oyster Calcium | 500 mg/tabletdose is 1 tablet | twice daily 8 am and 6 pm | nutritional supplement | yes |
| 6:00 pm | Nishio, Marc | Calcium wtih Vitamin D | 500 mg/tabletdose is 1 tablet | twice dailybreakfast and dinner | nutritional supplement | no |
| 6:00 pm | Peeler, Jennifer | Cephalexin Oral Suspension | 250 mg/5mls. dose is 5 mls or 1 tsp. | daily in evening | antibiotic for prevention of bladder infection | yes |
| 6:00 pm | Peeler, Jennifer | Escitalopram Oxalate (Lexapro) oral solution | 5 mg/5 mls. dose is 20 mls. | daily every evening | antidepressant;treatment for generalized anxiety disorder | yes |
| 6:00 pm | Peeler, Jennifer | Oxybutynin | 5 mg/tabletdose is 1 tablet | twice dailymorning and evening | urinary antispasmodic | yes |
| 6:00 pm | Takamune, Lisa | L-Arginine | 500 mg/tabdose is 2 capsules | daily after dinner | nutritional supplement for the heart | no |
| 6:00 pm | Wang, Rebecca | Areds 2 Eye Vitamin | 1 tablet | twice daily with morning meal and dinner meal | nutritional supplement for eyes | no |
| 6:00 pm | Wang, Rebecca | Citracal Calcium Citrate | 630 mg/tabletdose is 1 tablet | once daily in the evening | nutritional supplement to promote bone health | no |

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|---------------|---------------------|--------------------------------|---------------------------|--|----|
| 6:00 pm | Wang, Rebecca | Digestive Advantage | 1 gummy | once daily in the evening | nutritional supplement to promote digestive health | no |
| 6:00 pm | Wang, Rebecca | Vitamin B-12 | 1000 mg/tabletdose is 1 tablet | once daily in the evening | nutritional supplement fort energy health | no |
| 6:00 pm | Wang, Rebecca | Vitamin C | 500 mg/tabletdose is 1 tablet | once daily in the evening | nutritional supplement | no |
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| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|-------------------|------------------------------------|--|------------------------------------|---|-----|
| 8:00 pm | Miyashiro, Cindy | Hydrocortisone cream | 1% creamapply small amount to rash areas on back | twice dailyAM and bedtime | ant inflammation | no |
| 8:00 pm | Nishio, Marc | Montelukast (generic for Singular) | 10 mg/tab1 tablet | once daily at bedtime | seasonal allergy control | yes |
| 8:00 pm | Nishio, Marc | Risperidone | 0.5 mg/tab1 tablet | twice daily | control of stimulatory behaviors | yes |
| 8:00 pm | Refuerzo, Melling | Loratadine | 10 mg1 tablet | daily in the evening8 pm | relief of seasonal allergies | yes |
| 8:00 pm | Refuerzo, Melling | Risperidone PM dose | 2 mg1 tablet | once daily in evening8 pm | treatment of mental/mood disorder | yes |
| 8:00 pm | Refuerzo, Melling | Simvastatin | 20 mg1 tablet | daily at bedtime8 pm | cholesterol lowering agent | yes |
| 8:00 pm | Tani, Glenn Ricky | Celexa (Citalopram) | 40 mg/tabletdose is 1 tablet | daily at bedtime | anti-anxietyanti-depressant | yes |
| 8:00 pm | Tani, Glenn Ricky | Cogentin (Benztropine) | 1 mg/tabdose is 1 tablet | daily at bedtime8 pm | antiparkinsonian, anticholinergic, anti-agitation | yes |
| 8:00 pm | Tani, Glenn Ricky | Seroquel (Quetiapine Fumartate) | 300 mg/tabdose is 1/2 tab or 150 mg | daily at bedtime8 pm | anti-psychotic, anti-depressant, anti-anxiety | yes |
| 8:00 pm | Visitacion, Dana | Buspirone PM | 5 mg/tabletdose is 1 tablet or 5 mg | daily at pmone hour before bedtime | anti-anxiety | yes |
| 8:00 pm | Visitacion, Dana | Guanfacine | 1 mg/tabdose is 1 tab | once daily in evening | anti-hypertensive | yes |
| 8:00 pm | Visitacion, Dana | Melatonin | 3 mg/1 tab and 5 mg/1 tabdose is 1 tab of each for total of 8 mg total | once daily in the evening | promote sleep | yes |
| 8:00 pm | Visitacion, Dana | Nortriptyline | 10 mg/capsule. dose is 40 mg or 4 capsules | once daily in evening | anti-depressant and to promote sleep | yes |
| 8:00 pm | Visitacion, Dana | Theanine | 100 mg/tabdose is 1 tab | once daily in evening | amino acid | yes |
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| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|------------------|--------------------------------------|---|---|--|-----|
| 9:00 pm | Abasolo, Jerry | Terbinafine HCL 1% cream (Lamisil) | apply to affected area of rash on L abd. | twice dailyAM and bedtime after shower | anti fungal medication | no |
| 9:00 pm | Abasolo, Jerry | Vinegarexternal use | soak Qtip and swab both ears up until line indicated on Qtip. | daily at bedtime | treatment for ear itch eczema | no |
| 9:00 pm | Abasolo, Jerry | Allerclear Loratadine | 10mg/tabdose is 1 tablet | daily at bedtime | allergy relief, antihistamine, itchy or allergic skin reaction | yes |
| 9:00 pm | Abasolo, Jerry | Atenolol | 25 mg/tabdose is 1 tab | twice daily | anti-hypertensive | yes |
| 9:00 pm | Abasolo, Jerry | Hydrocodone / Acetaminophen -BEDTIME | 5/325 mg/tabdose is 2 TABLETS | daily at bedtime | pain relief | yes |
| 9:00 pm | Abasolo, Jerry | Lamictal Bedtime | 200 mg/tabdose is 3 tablets | daily at bedtime9 pm | seizure control | yes |
| 9:00 pm | Abasolo, Jerry | Zonegran (Zonisamide) Bedtime | 100 mg/capdose is 3 capsules | daily at bedtime9 pm | seizure control | yes |
| 9:00 pm | Chen, Jonathan | Gabapentin | 400 mg/capsuledose is 1 capsule | three times per day8 am; 2 pm; 9 pm | relief of neuropathic pain | yes |
| 9:00 pm | Chua, Hannah | Magnesium | 400 mg/tabletdose is 1 tablet | daily at bedtimecan take half hour before with melatonin | nutritional supplement | no |
| 9:00 pm | Chua, Hannah | Melatonin | 1 mg/tabletdose is 1 tablet | daily at bedtimecan take half hour before | Nutritional supplement | no |
| 9:00 pm | Hata, Randall | Aquaphor spray | spray to affected areas on arms and legs | daily after showering | prevent skin dryness | no |
| 9:00 pm | Miyashiro, Cindy | Chlorhexidine 0.12% mouth rinse | 1/2 oz undiluted rinse in mouth | once daily at bedtime | treatment for gum disease | no |
| 9:00 pm | Miyashiro, Cindy | Triamcinolone 0.5% | apply small amount to affected area | twice dailyAM and bedtime | steroid cream | no |
| 9:00 pm | Miyashiro, Cindy | Vitamin E cream | apply to affectd areas of skin rash to back of legs | daily at bedtime | promotes skin health | no |
| 9:00 pm | Miyashiro, Cindy | Citalopram HBR (Celexa) | 40 mg/tabletdose is 1 tablet | daily at bedtime9 pm | antidepressant | yes |
| 9:00 pm | Miyashiro, Cindy | Latanoprost | 0.005%dose is 1 drop in each eye | daily at bedtime9 pm | glaucoma treatment | yes |
| 9:00 pm | Miyashiro, Cindy | Oyster Shell 500 Vitamin D3 200 | 1 tablet | three times daily 8 am, 5 pm, 9 pm | nutritional supplement | yes |
| 9:00 pm | Miyashiro, Cindy | Risperidone HS dose 0.5 mg tab | 0.5 mg/tab1 tablet | daily at 9 pm | mood stabilizeranti-psychotic | yes |
| 9:00 pm | Miyashiro, Cindy | Risperidone HS dose 1 mg tablet | 1 mg/tabletdose is 1 tablet | daily at bedtime9 pm | mood stabilizer, anti-psychotic | yes |

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|--------------|-------------------|--------------------------------|---|---|---|-----|
| 9:00 pm | Narahara, Craig | Gemfibrozil (Lopid) | 600 mg/tabletdose is 1 tablet | daily at bedtime9 pm | cholesterol control | yes |
| 9:00 pm | Narahara, Craig | Levitiracetam (Keppra) | 750 mg/tabletdose is 1 tablet | three times per day8 am; 2 pm; 9 pm | seizure control | yes |
| 9:00 pm | Takamune, Lisa | Zioptan | one drop both eyes | daily at bedtime | glaucoma treatment | yes |
| 9:00 pm | Verzani, Amanda | Baclofen | 20 mg/tabdose is 1 tablet | daily at bedtime9 pm | anti-spasticity | yes |
| 9:00 pm | Verzani, Amanda | Trileptal(Oxcarbazepine)HS | 300 mg/tab-dose is 2 tabs at bedtime | daily at bedtime9 pm | anti-seizure | yes |
| 9:00 pm | Wang, Rebecca | Azelastine Hcl 0.05% eye drops | 1 drop in both eyes | twice daily | antihistamine | yes |
| | | | | | | |
| | | | | | | |
| as needed | Eugenio, Benjamin | Xyzal | 5 mg/tabdose is 1 tablet | as needed for allergy symptoms at bedtime, if needed | treatment for sinus allergies | yes |
| as needed | Gong, Richard | Diphenhydramine | 1-2 capsules as needed for above symptoms | as needed evey 4 hrs if needed; do not exceed 6 doses in 24 hrs. | allergy relief, antihistamine, itchy or allergic skin reaction | yes |
| as needed | Hata, Randall | Refresh eye drops | 1 drop in each eye | as needed for eye dryness | eye lubrication to prevent dryness | no |
| as needed | Hata, Randall | Fluticasone 50 mcg Nasal Spray | 1 puff each nostril | as needed for sinus congestion | relief of nasal congestion | yes |
| as needed | Kanazawa, Curtis | Chlorpheniramine | 4 mg1 tablet | as needed every 4 hrs for allergy symptoms1 tablet | seasonal allergies | yes |
| as needed | Kanemori, David | Calendula | apply small amount to affected areas | as needed for scrapes and cuts | homeopathic ointment for healing scrapes and cuts | no |
| as needed | Nishio, Marc | Lomotil | 2.5 mg/tabdose is 1 tablet | AS NEEDED FOR DIARRHEAAN ADDITIONAL 1 TABLET PER DAY | control diarrhea | yes |
| as needed | Verzani, Amanda | Neosporin | as needed to cover cuts or scarped | as needed for cuts and scrapes | topical antibiotic ointment | no |
| as needed | Visitacion, Dana | Benadryl | 25 mg/tabdose is 2 tabs or 50 mg | as needed for seasonal allergy symptoms | seasonal allergies/common cold symptoms | yes |
| as needed | Visitacion, Dana | Ibuprofen | 200 mg/tabdose is 1 tab | as needed for headache or mild pain1 tab every 4 hrs if needed | relief of headache or mild pain | yes |
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Tuesday, 2019-07-02

JEMS Special Camp 2019 Page 1

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|---------------|------------|--|--|------------------------|----|
| 7:00 am | Abacolo lerry | | apply to affected area of rash on L abd. | twice dailyAM and bedtime after shower | anti fungal medication | no |
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| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|-----------------|--|-----------------------------------|---|--|-----|
| | • | | - | | • | |
| 8:00 am | Abasolo, Jerry | Atenolol | 25 mg/tabdose is 1 tab | twice daily | anti-hypertensive | yes |
| 8:00 am | Abasolo, Jerry | CVS Stool softener | 250 mg/capsuledose is 1 capsule | twice daily | stool softener | yes |
| 8:00 am | Abasolo, Jerry | Hydrocodone (Norco) | 5/325 mg/1 tabletdose is 1 tablet | two times daily8 am; 4 pm | relief of pain | yes |
| 8:00 am | Abasolo, Jerry | Lamictal (Lamotrigine) | 200 mg/tabdose is 2 tablets | three times daily8 am; noon; 4 pm | seizure control | yes |
| 8:00 am | Abasolo, Jerry | Potassium Citrate ER | 10 meq/tabdose is 1 tablet | three times a day | prevent kidney stones | yes |
| 8:00 am | Abasolo, Jerry | Pravastatin | 20 mg/tabdose is 1 tablet | daily in am | cholesterol lowering agent | yes |
| 8:00 am | Abasolo, Jerry | Probiotic | 1 capsule | twice daily | nutritional supplementgut health | yes |
| 8:00 am | Abasolo, Jerry | Zonegran (Zonisamide) cap | 100 mg/capsuledose is 2 capsules | three times a day8 am; noon; 4 pm | seizure control | yes |
| 8:00 am | Chen, Jonathan | Gabapentin | 400 mg/capsuledose is 1 capsule | three times per day8 am; 2 pm; 9 pm | relief of neuropathic pain | yes |
| 8:00 am | Kanemori, David | Active C | 500 mg/capsuledose is 1 capsule | twice dailybefore breakfast and before dinner | immune system support | no |
| 8:00 am | Kanemori, David | All-In-One | 1 tablet | before breakfast and before dinner | multi-vitamin/mineral supplement | no |
| 8:00 am | Kanemori, David | Benfotiamine | 250 mg/capsuledose is 1 capsule | daily before breakfast | protection from high blood sugar | no |
| 8:00 am | Kanemori, David | Magnesium Glycinate | 400 mg/capsuledoae is 1 capsule | daily before breakfast | nutritional supplement to balance glutamate, aids muscle flexibility, calming effect | no |
| 8:00 am | Kanemori, David | Pantothenic Acid | 500 mg/tabletdose is 1 tablet | daily before breakfast | nutritional supplement to prevent allergies | no |
| 8:00 am | Kanemori, David | Probiotic | 1 capsule | twice daily before breakfast and before dinner | nutritional supplement to promote intestinal health | no |
| 8:00 am | Kanemori, David | Pteridin4 (Tetrahydrobiopterin 2.5 mg) | 1 tablet | daily before breakfast | Nutritional supplement | no |
| 8:00 am | Kanemori, David | Vitamin D3 | 1 capsule | daily before breakfast | 5000 IU/capsuledose is 1 capsule | no |
| 8:00 am | Kanemori, David | Wobenzyme | 1 capsule | twice daily before breakfast and before dinnner | nutritional supplement digestive enzyme | no |
| 8:00 am | Kanemori, David | Yeast Formula | 2 tabs | daily before breakfast | Nutritional supplement | no |

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|------------------|---------------------------------|---|---|---|-----|
| 8:00 am | Mar, Jodi | Lamotrigine | 25 mg/chewable dispersible tabletdose is 100 mg or 4 chewable dispersible tablets | twice dailybreakfast and dinner | seizure control | yes |
| 8:00 am | Mar, Jodi | Levothyroxine | 50 mcg1 tablet | daily in the morning | thyroid hormone replacement | yes |
| 8:00 am | Miyashiro, Cindy | Hydrocortisone cream | 1% creamapply small amount to rash areas on back | twice dailyAM and bedtime | ant inflammation | no |
| 8:00 am | Miyashiro, Cindy | Triamcinolone 0.5% | apply small amount to affected area | twice dailyAM and bedtime | steroid cream | no |
| 8:00 am | Miyashiro, Cindy | Brimonidine 0.2% eye solution | 1 drop in each eye | twice daily | glaucoma treatment | yes |
| 8:00 am | Miyashiro, Cindy | Carbamazepine ER (Carbatrol) | 220 mg/capsletdose is 3 caplets | twice daily8 am and 5 pm | anti-seizure | yes |
| 8:00 am | Miyashiro, Cindy | Oyster Shell 500 Vitamin D3 200 | 1 tablet | three times daily 8 am, 5 pm, 9 pm | nutritional supplement | yes |
| 8:00 am | Miyashiro, Cindy | RisperidoneAM | 2 mg/tabletdose is 1 tablet | daily in AM | mood stabilizeranti-psychotic | yes |
| 8:00 am | Miyashiro, Cindy | Thera-M | 1 tablet | daily in am | nutritional supplement | yes |
| 8:00 am | Narahara, Craig | Benztropine (Cogentin) | 1 mg/tabdose is 1 tablet | twice daily8 am and 6 pm | control drooling, salivationanti-cholinergic agent | yes |
| 8:00 am | Narahara, Craig | Divalproex | 500 mg/tabletdose is 1 tablet | twice daily8 am and 6 pm | seizure disorder | yes |
| 8:00 am | Narahara, Craig | Fiber Pill | 625 mg/tabletdose is 1 tablet | twice daily8 am and 6 pm | promote bowel regularity | yes |
| 8:00 am | Narahara, Craig | Levitiracetam (Keppra) | 750 mg/tabletdose is 1 tablet | three times per day8 am; 2 pm; 9 pm | seizure control | yes |
| 8:00 am | Narahara, Craig | Oyster Calcium | 500 mg/tabletdose is 1 tablet | twice daily 8 am and 6 pm | nutritional supplement | yes |
| 8:00 am | Narahara, Craig | Vitamin D3 | 2000 IU/tabletdose is 1 tablet | once daily in am | nutritional supplement | yes |
| 8:00 am | Nishio, Marc | LomotilEVEN days | 2.5 mg/tabdose is 1 tablet | three times daily | anti-diarrhea | yes |
| 8:00 am | Nishio, Marc | Omeprazole | 20 mg/capsuledose is 1 capsule | daily in am | control heartburn | yes |
| 8:00 am | Nishio, Marc | Risperidone | 0.5 mg/tab1 tablet | twice daily | control of stimulatory behaviors | yes |
| 8:00 am | Ouye, Jamie | Calcium Gummies | 500 mg/tabletdose is 1 tablet | twice daily before breakfast and dinner | nutritional supplement | no |

Tuesday, 2019-07-02

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|-------------------|---|---|---|-----------------------------------|-----|
| 8:00 am | Ouye, Jamie | Vitamin C | 1000 mg/tabletdose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 8:00 am | Ouye, Jamie | Vitamin D Gummy | 1500 mg/tabletdose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 8:00 am | Ouye, Jamie | Women's Gummy Vitamin | 1 Gummy Vitamin | twice daily before breakfast and dinner | nutritional supplement | no |
| 8:00 am | Refuerzo, Melling | Buspirone | 10 mg1 tablet | twice daily: 8 am and 5 pm | anti-anxiety | yes |
| 8:00 am | Refuerzo, Melling | Citalopram HBR (Celexa) | 40 mg1 tablet | once daily8 am | anti-depressant | yes |
| 8:00 am | Refuerzo, Melling | Lisinopril | 10 mg1 tablet | daily in the morning8 am | treat high blood pressure | yes |
| 8:00 am | Refuerzo, Melling | Metformin | 1000 mg1 tablet | twice daily8 am and 5 pm | controls high blood sugar | yes |
| 8:00 am | Refuerzo, Melling | RisperidoneAM | 1 mg1 tablet | once daily8 am | treatment of mental/mood disorder | yes |
| 8:00 am | Verzani, Amanda | Trileptal (Oxcarbazepine)AM | 300 mg/tablet dose is 450 mg1.5 tablets | daily in AM | anti-seizure | yes |
| 8:00 am | Visitacion, Dana | Buspirone AM | 5 mg/tabdose is 3 tabs or 15 mg | daily in AM. (there is a different dose in PM) | anti-anxiety | yes |
| 8:00 am | Visitacion, Dana | Claritin (Non-Drowsy Allergy Relief) | 10mg1 tablet | once daily in am | seasonal allergies | yes |
| 8:00 am | Visitacion, Dana | Fluvoxamine Maleate | 50mg/tabdose is 100 mg or 2 tabs | once daily in morning | antidepressant | yes |
| 8:00 am | Visitacion, Dana | Jolessa | 0.15-0.03 mg/1 tab dose is 1 tab | once daily in morning | regulate menstrual cycles | yes |
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| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
| 9:00 am | Chien, Stephen | Valsartan | 160 mg/tabdose is 1 tablet | once daily after breakfast | anti-hypertensive | yes |
| 9:00 am | Chua, Hannah | Acetyl L-carnitine | 500 mg/capsuledose is 1 capsule | three times daily | Nutritional supplement | no |
| 9:00 am | Chua, Hannah | Fish Oil | 1000mg/capsuledose is 1 capsule | twice daily | Nutritional supplement | no |
| 9:00 am | Chua, Hannah | Vitamin D3 | 2000 IU/capsuledose is 1 capsule | once daily at breakfast | nutritional supplement | no |
| 9:00 am | Chua, Hannah | Levonorgestrel / estradiol | 0.15-0.03 mg/1 tab dose is 1 tab | daily in AM | to control menses | yes |
| 9:00 am | Chua, Hannah | Miralax | 1/2 capful | twice daily breakfast and dinner | prevent constipation | yes |
| 9:00 am | Eugenio, Benjamin | Fish Oil | 1 capsule | daily at breakfast | nutritional supplement | no |
| 9:00 am | Eugenio, Benjamin | Magnesium | 1 capsule | daily in AM | Nutritional supplement | no |
| 9:00 am | Gong, Richard | Bio-Kult probiotic | 1 capsule | twice dailywith breakfast and dinner meal | promotes healthy digestion and immune system | no |
| 9:00 am | Gong, Richard | Integrative Nutrivitamin Enzyme Complex, without iron | 1 capsule | twice daily with morning meal and evening meal | multivitamin, general nutritional health supplement | no |
| 9:00 am | Gong, Richard | Radiant Life Krill Extra | 1 capsule | twice daily with morning meal and dinner meal | Fish Oil nutritional supplement | no |
| 9:00 am | Hata, Randall | Fish Oil | 1000 mg/capsuledose is 1 capsule | once daily in am | nutritional supplement | no |
| 9:00 am | Hata, Randall | Multi- Vitamin | 1 tablet | daily in AM | nutritional supplement | no |
| 9:00 am | Hata, Randall | Vitamin C | 500 mg/tabletdose is 1 tablet | once daily in am | nutritional supplement | no |
| 9:00 am | Hata, Randall | Docusate Sodium | 250 mg/capsuledose is 1 capsule | twice daily | stool softener | yes |
| 9:00 am | Mar, Jodi | Fish Oil | one gummy 500 mg | once daily in the morning or at breakfast | nutritional supplement to reduce triglycerides | no |
| 9:00 am | Mar, Jodi | Multi-vites Gummy Vitamin | 2 adult multivatmin gummies | once daily at breakfast | nutritional supplement | no |
| 9:00 am | Nagao, Lacey | One A Day Multivitamin for Women | 1 tablet | daily at breakfast | nutritional supplement | no |
| 9:00 am | Nagao, Lacey | Vitamin D3 | 1 soft gel | daily at breakfast | nutritional supplement | no |
| 9:00 am | Nakagaki, Christine | Adult Multivitamn Gummies | 2 gummies | once daily at breakfast | nutritional supplement | no |
| 9:00 am | Nakagaki, Christine | Claritin Reditabs | 10 mg/tabletdose is 1 tablet | once daily at breakfast | control of seasonal allergies | yes |
| 9:00 am | Nishio, Marc | Calcium wtih Vitamin D | 500 mg/tabletdose is 1 tablet | twice dailybreakfast and dinner | nutritional supplement | no |
| 9:00 am | Nishio, Marc | Vitamin D3 | 1000IU/capsuledose is 1 capsule | daily | nutritional supplement | no |
| 9:00 am | Peeler, Jennifer | amphetamine salts | 5 mg/tabdose is 3 tabs or 15 mg | twice daily breakfast and lunchtime | treatment for ADHD | yes |

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|------------------|--------------------------------|---------------------------------|---|--|-----|
| 9:00 am | Peeler, Jennifer | Oxybutynin | 5 mg/tabletdose is 1 tablet | twice dailymorning and evening | urinary antispasmodic | yes |
| 9:00 am | Takamune, Lisa | Vitamin B-12 | 500 mg/tabletdose is 1 tablet | daily after breakfast | nutritional supplement | no |
| 9:00 am | Takamune, Lisa | Vitamin C | 500 mg/tabletdose is 1 tablet | daily after breakfast | nutritional supplement | no |
| 9:00 am | Takamune, Lisa | Clopidogrel | 75 mg/tabletdose is 1 tablet | daily in AM | anti platelet action; promotes heart and blood circulation | yes |
| 9:00 am | Visitacion, Dana | Multi- Vitamin | 1 tablet | once daily in morning | nutritional supplement | no |
| 9:00 am | Visitacion, Dana | Vitamin C | 1000 mg/tabdose is 1 tablet | once daily in morning | nutritional supplement | no |
| 9:00 am | Wang, Rebecca | Areds 2 Eye Vitamin | 1 tablet | twice daily with morning meal and dinner meal | nutritional supplement for eyes | no |
| 9:00 am | Wang, Rebecca | Calcium Gummies | 1 gummy | daily in the morning | nutritional supplement to promote bone health | no |
| 9:00 am | Wang, Rebecca | Flax Seed Oil | 1400 mg/tablet dose is 1 tablet | daily in the morning | nutritional supplement for heart health | no |
| 9:00 am | Wang, Rebecca | Move Free | 1 tablet | once daily in the morning | nutritional supplement to promote joint health | no |
| 9:00 am | Wang, Rebecca | One a Day for Women | 1 tablet | once daily in the morning | nutritional supplement multivitamin | no |
| 9:00 am | Wang, Rebecca | Vitamin D3 | 2000 IU/tabletdose is 1 tablet | once daily in the morning | nutritional supplement | no |
| 9:00 am | Wang, Rebecca | Azelastine Hcl 0.05% eye drops | 1 drop in both eyes | twice daily | antihistamine | yes |
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| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|------------------|--|----------------------------------|--|----------------------------|-----|
| 12 noon | Abasolo, Jerry | Curamin Extra Strength Pain Relief Supplement tablets | 1 tablet | daily at noon | relief of mild pain | yes |
| 12 noon | Abasolo, Jerry | Lamictal (Lamotrigine) | 200 mg/tabdose is 2 tablets | three times daily8 am; noon; 4 pm | seizure control | yes |
| 12 noon | Abasolo, Jerry | Oyster Shell Calcium, Vit D tablet | 1 tablet | daily at noon | Nutritional supplement | yes |
| 12 noon | Abasolo, Jerry | Potassium Citrate ER | 10 meq/tabdose is 1 tablet | three times a day | prevent kidney stones | yes |
| 12 noon | Abasolo, Jerry | Prune Juice | 1 bottle | daily at noon | promote bowel regularity | yes |
| 12 noon | Abasolo, Jerry | Zonegran (Zonisamide) cap | 100 mg/capsuledose is 2 capsules | three times a day8 am; noon; 4 pm | seizure control | yes |
| 12 noon | Chua, Hannah | Acetyl L-carnitine | 500 mg/capsuledose is 1 capsule | three times daily | Nutritional supplement | no |
| 12 noon | Nishio, Marc | LomotilEVEN days | 2.5 mg/tabdose is 1 tablet | three times daily | anti-diarrhea | yes |
| 12 noon | Peeler, Jennifer | amphetamine salts | 5 mg/tabdose is 3 tabs or 15 mg | twice daily breakfast and lunchtime | treatment for ADHD | yes |
| | | | | | | |
| | | | | | | |
| 2:00 pm | Chen, Jonathan | Gabapentin | 400 mg/capsuledose is 1 capsule | three times per day8 am; 2 pm; 9 pm | relief of neuropathic pain | yes |
| 2:00 pm | Narahara, Craig | Levitiracetam (Keppra) | 750 mg/tabletdose is 1 tablet | three times per day8 am; 2 pm; 9 pm | seizure control | yes |
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Tuesday, 2019-07-02

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|----------------|---------------------------|-----------------------------------|--------------------------------------|----------------------------------|-----|
| 4:00 pm | Abasolo, Jerry | CVS Stool softener | 250 mg/capsuledose is 1 capsule | twice daily | stool softener | yes |
| 4:00 pm | Abasolo, Jerry | Hydrocodone (Norco) | 5/325 mg/1 tabletdose is 1 tablet | two times daily8 am; 4 pm | relief of pain | yes |
| 4:00 pm | Abasolo, Jerry | Lamictal (Lamotrigine) | 200 mg/tabdose is 2 tablets | three times daily8 am; noon; 4 pm | seizure control | yes |
| 4:00 pm | Abasolo, Jerry | Potassium Citrate ER | 10 meq/tabdose is 1 tablet | three times a day | prevent kidney stones | yes |
| 4:00 pm | Abasolo, Jerry | Probiotic | 1 capsule | twice daily | nutritional supplementgut health | yes |
| 4:00 pm | Abasolo, Jerry | Zonegran (Zonisamide) cap | 100 mg/capsuledose is 2 capsules | three times a day8 am; noon; 4 pm | seizure control | yes |
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| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|-------------------|---------------------------------|---|---|---|-----|
| 5:00 pm | Kanemori, David | Active C | 500 mg/capsuledose is 1 capsule | twice dailybefore breakfast and before dinner | immune system support | no |
| 5:00 pm | Kanemori, David | All-In-One | 1 tablet | before breakfast and before dinner | multi-vitamin/mineral supplement | no |
| 5:00 pm | Kanemori, David | Cat's Claw | 500 mg/capsuledose is 1 capsule | daily before dinner | prevents Lyme disease | no |
| 5:00 pm | Kanemori, David | Probiotic | 1 capsule | twice daily before breakfast and before dinner | nutritional supplement to promote intestinal health | no |
| 5:00 pm | Kanemori, David | Wobenzyme | 1 capsule | twice daily before breakfast and before dinnner | nutritional supplement digestive enzyme | no |
| 5:00 pm | Mar, Jodi | Lamotrigine | 25 mg/chewable dispersible tabletdose is 100 mg or 4 chewable dispersible tablets | twice dailybreakfast and dinner | seizure control | yes |
| 5:00 pm | Miyashiro, Cindy | Brimonidine 0.2% eye solution | 1 drop in each eye | twice daily | glaucoma treatment | yes |
| 5:00 pm | Miyashiro, Cindy | Carbamazepine ER (Carbatrol) | 220 mg/capsletdose is 3 caplets | twice daily8 am and 5 pm | anti-seizure | yes |
| 5:00 pm | Miyashiro, Cindy | Oyster Shell 500 Vitamin D3 200 | 1 tablet | three times daily 8 am, 5 pm, 9 pm | nutritional supplement | yes |
| 5:00 pm | Miyashiro, Cindy | Simvastatin | 20mg/tabdose is 1 tablet | once daily in evening | cholesterol lowering agent | yes |
| 5:00 pm | Nishio, Marc | LomotilEVEN days | 2.5 mg/tabdose is 1 tablet | three times daily | anti-diarrhea | yes |
| 5:00 pm | Ouye, Jamie | Calcium Gummies | 500 mg/tabletdose is 1 tablet | twice daily before breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Ouye, Jamie | Vitamin C | 1000 mg/tabletdose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Ouye, Jamie | Vitamin D Gummy | 1500 mg/tabletdose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Ouye, Jamie | Women's Gummy Vitamin | 1 Gummy Vitamin | twice daily before breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Refuerzo, Melling | Buspirone | 10 mg1 tablet | twice daily: 8 am and 5 pm | anti-anxiety | yes |
| 5:00 pm | Refuerzo, Melling | Metformin | 1000 mg1 tablet | twice daily8 am and 5 pm | controls high blood sugar | yes |
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| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|---------------------|--|---|--|---|-----|
| 6:00 pm | Chua, Hannah | Acetyl L-carnitine | 500 mg/capsuledose is 1 capsule | three times daily | Nutritional supplement | no |
| 6:00 pm | Chua, Hannah | Fish Oil | 1000mg/capsuledose is 1 capsule | twice daily | Nutritional supplement | no |
| 6:00 pm | Chua, Hannah | Miralax | 1/2 capful | twice daily breakfast and dinner | prevent constipation | yes |
| 6:00 pm | Gong, Richard | Bio-Kult probiotic | 1 capsule | twice dailywith breakfast and dinner meal | promotes healthy digestion and immune system | no |
| 6:00 pm | Gong, Richard | Integrative Nutrivitamin Enzyme Complex, without iron | 1 capsule | twice daily with morning meal and evening meal | multivitamin, general nutritional health supplement | no |
| 6:00 pm | Gong, Richard | Radiant Life Krill Extra | 1 capsule | twice daily with morning meal and dinner meal | Fish Oil nutritional supplement | no |
| 6:00 pm | Hata, Randall | Crestor | 20mg/tabdose is 1 tablet | daily in pm. | cholesterol lowering agent | yes |
| 6:00 pm | Hata, Randall | Docusate Sodium | 250 mg/capsuledose is 1 capsule | twice daily | stool softener | yes |
| 6:00 pm | Nakagaki, Christine | Miralax | 17 grams/packetdose is 1 packet. Dissolve in 4-8 oz fluid. | Dinner on Sunday, Tuesday, Thursday only | constipation relief | yes |
| 6:00 pm | Narahara, Craig | Benztropine (Cogentin) | 1 mg/tabdose is 1 tablet | twice daily8 am and 6 pm | control drooling, salivationanti-cholinergic agent | yes |
| 6:00 pm | Narahara, Craig | Divalproex | 500 mg/tabletdose is 1 tablet | twice daily8 am and 6 pm | seizure disorder | yes |
| 6:00 pm | Narahara, Craig | Fiber Pill | 625 mg/tabletdose is 1 tablet | twice daily8 am and 6 pm | promote bowel regularity | yes |
| 6:00 pm | Narahara, Craig | Oyster Calcium | 500 mg/tabletdose is 1 tablet | twice daily 8 am and 6 pm | nutritional supplement | yes |
| 6:00 pm | Nishio, Marc | Calcium wtih Vitamin D | 500 mg/tabletdose is 1 tablet | twice dailybreakfast and dinner | nutritional supplement | no |
| 6:00 pm | Peeler, Jennifer | Cephalexin Oral Suspension | 250 mg/5mls. dose is 5 mls or 1 tsp. | daily in evening | antibiotic for prevention of bladder infection | yes |
| 6:00 pm | Peeler, Jennifer | Escitalopram Oxalate (Lexapro) oral solution | 5 mg/5 mls. dose is 20 mls. | daily every evening | antidepressant;treatment for generalized anxiety disorder | yes |
| 6:00 pm | Peeler, Jennifer | Oxybutynin | 5 mg/tabletdose is 1 tablet | twice dailymorning and evening | urinary antispasmodic | yes |
| 6:00 pm | Takamune, Lisa | L-Arginine | 500 mg/tabdose is 2 capsules | daily after dinner | nutritional supplement for the heart | no |
| 6:00 pm | Wang, Rebecca | Areds 2 Eye Vitamin | 1 tablet | twice daily with morning meal and dinner meal | nutritional supplement for eyes | no |

Tuesday, 2019-07-02

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|---------------|--------------------------|--------------------------------|---------------------------|--|----|
| 6:00 pm | Wang, Rebecca | Citracal Calcium Citrate | 630 mg/tabletdose is 1 tablet | once daily in the evening | nutritional supplement to promote bone health | no |
| 6:00 pm | Wang, Rebecca | Digestive Advantage | 1 gummy | once daily in the evening | nutritional supplement to promote digestive health | no |
| 6:00 pm | Wang, Rebecca | Vitamin B-12 | 1000 mg/tabletdose is 1 tablet | once daily in the evening | nutritional supplement fort energy health | no |
| 6:00 pm | Wang, Rebecca | Vitamin C | 500 mg/tabletdose is 1 tablet | once daily in the evening | nutritional supplement | no |
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| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|-------------------|---------------------------------------|--|------------------------------------|---|-----|
| 8:00 pm | Miyashiro, Cindy | Hydrocortisone cream | 1% creamapply small amount to rash areas on back | twice dailyAM and bedtime | ant inflammation | no |
| 8:00 pm | Nishio, Marc | Montelukast (generic for Singular) | 10 mg/tab1 tablet | once daily at bedtime | seasonal allergy control | yes |
| 8:00 pm | Nishio, Marc | Risperidone | 0.5 mg/tab1 tablet | twice daily | control of stimulatory behaviors | yes |
| 8:00 pm | Refuerzo, Melling | Loratadine | 10 mg1 tablet | daily in the evening8 pm | relief of seasonal allergies | yes |
| 8:00 pm | Refuerzo, Melling | Risperidone PM dose | 2 mg1 tablet | once daily in evening8 pm | treatment of mental/mood disorder | yes |
| 8:00 pm | Refuerzo, Melling | Simvastatin | 20 mg1 tablet | daily at bedtime8 pm | cholesterol lowering agent | yes |
| 8:00 pm | Tani, Glenn Ricky | Celexa (Citalopram) | 40 mg/tabletdose is 1 tablet | daily at bedtime | anti-anxietyanti-depressant | yes |
| 8:00 pm | Tani, Glenn Ricky | Cogentin (Benztropine) | 1 mg/tabdose is 1 tablet | daily at bedtime8 pm | antiparkinsonian, anticholinergic, anti-agitation | yes |
| 8:00 pm | Tani, Glenn Ricky | Seroquel (Quetiapine Fumartate) | 300 mg/tabdose is 1/2 tab or 150 mg | daily at bedtime8 pm | anti-psychotic, anti-depressant, anti-anxiety | yes |
| 8:00 pm | Visitacion, Dana | Buspirone PM | 5 mg/tabletdose is 1 tablet or 5 mg | daily at pmone hour before bedtime | anti-anxiety | yes |
| 8:00 pm | Visitacion, Dana | Guanfacine | 1 mg/tabdose is 1 tab | once daily in evening | anti-hypertensive | yes |
| 8:00 pm | Visitacion, Dana | Melatonin | 3 mg/1 tab and 5 mg/1 tabdose is 1 tab of each for total of 8 mg total | once daily in the evening | promote sleep | yes |
| 8:00 pm | Visitacion, Dana | Nortriptyline | 10 mg/capsule. dose is 40 mg or 4 capsules | once daily in evening | anti-depressant and to promote sleep | yes |
| 8:00 pm | Visitacion, Dana | Theanine | 100 mg/tabdose is 1 tab | once daily in evening | amino acid | yes |
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| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|------------------|--------------------------------------|---|---|--|-----|
| 9:00 pm | Abasolo, Jerry | Terbinafine HCL 1% cream (Lamisil) | apply to affected area of rash on L abd. | twice dailyAM and bedtime after shower | anti fungal medication | no |
| 9:00 pm | Abasolo, Jerry | Vinegarexternal use | soak Qtip and swab both ears up until line indicated on Qtip. | daily at bedtime | treatment for ear itch eczema | no |
| 9:00 pm | Abasolo, Jerry | Allerclear Loratadine | 10mg/tabdose is 1 tablet | daily at bedtime | allergy relief, antihistamine, itchy or allergic skin reaction | yes |
| 9:00 pm | Abasolo, Jerry | Atenolol | 25 mg/tabdose is 1 tab | twice daily | anti-hypertensive | yes |
| 9:00 pm | Abasolo, Jerry | Hydrocodone / Acetaminophen -BEDTIME | 5/325 mg/tabdose is 2 TABLETS | daily at bedtime | pain relief | yes |
| 9:00 pm | Abasolo, Jerry | Lamictal Bedtime | 200 mg/tabdose is 3 tablets | daily at bedtime9 pm | seizure control | yes |
| 9:00 pm | Abasolo, Jerry | Zonegran (Zonisamide) Bedtime | 100 mg/capdose is 3 capsules | daily at bedtime9 pm | seizure control | yes |
| 9:00 pm | Chen, Jonathan | Gabapentin | 400 mg/capsuledose is 1 capsule | three times per day8 am; 2 pm; 9 pm | relief of neuropathic pain | yes |
| 9:00 pm | Chua, Hannah | Magnesium | 400 mg/tabletdose is 1 tablet | daily at bedtimecan take half hour before with melatonin | nutritional supplement | no |
| 9:00 pm | Chua, Hannah | Melatonin | 1 mg/tabletdose is 1 tablet | daily at bedtimecan take half hour before | Nutritional supplement | no |
| 9:00 pm | Hata, Randall | Aquaphor spray | spray to affected areas on arms and legs | daily after showering | prevent skin dryness | no |
| 9:00 pm | Miyashiro, Cindy | Chlorhexidine 0.12% mouth rinse | 1/2 oz undiluted rinse in mouth | once daily at bedtime | treatment for gum disease | no |
| 9:00 pm | Miyashiro, Cindy | Triamcinolone 0.5% | apply small amount to affected area | twice dailyAM and bedtime | steroid cream | no |
| 9:00 pm | Miyashiro, Cindy | Vitamin E cream | apply to affectd areas of skin rash to back of legs | daily at bedtime | promotes skin health | no |
| 9:00 pm | Miyashiro, Cindy | Citalopram HBR (Celexa) | 40 mg/tabletdose is 1 tablet | daily at bedtime9 pm | antidepressant | yes |
| 9:00 pm | Miyashiro, Cindy | Latanoprost | 0.005%dose is 1 drop in each eye | daily at bedtime9 pm | glaucoma treatment | yes |
| 9:00 pm | Miyashiro, Cindy | Oyster Shell 500 Vitamin D3 200 | 1 tablet | three times daily 8 am, 5 pm, 9 pm | nutritional supplement | yes |
| 9:00 pm | Miyashiro, Cindy | Risperidone HS dose 0.5 mg tab | 0.5 mg/tab1 tablet | daily at 9 pm | mood stabilizeranti-psychotic | yes |
| 9:00 pm | Miyashiro, Cindy | Risperidone HS dose 1 mg tablet | 1 mg/tabletdose is 1 tablet | daily at bedtime9 pm | mood stabilizer, anti-psychotic | yes |

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|--------------|-------------------|--------------------------------|---|---|---|-----|
| 9:00 pm | Narahara, Craig | Gemfibrozil (Lopid) | 600 mg/tabletdose is 1 tablet | daily at bedtime9 pm | cholesterol control | yes |
| 9:00 pm | Narahara, Craig | Levitiracetam (Keppra) | 750 mg/tabletdose is 1 tablet | three times per day8 am; 2 pm; 9 pm | seizure control | yes |
| 9:00 pm | Takamune, Lisa | Zioptan | one drop both eyes | daily at bedtime | glaucoma treatment | yes |
| 9:00 pm | Verzani, Amanda | Baclofen | 20 mg/tabdose is 1 tablet | daily at bedtime9 pm | anti-spasticity | yes |
| 9:00 pm | Verzani, Amanda | Trileptal(Oxcarbazepine)HS | 300 mg/tab-dose is 2 tabs at bedtime | daily at bedtime9 pm | anti-seizure | yes |
| 9:00 pm | Wang, Rebecca | Azelastine Hcl 0.05% eye drops | 1 drop in both eyes | twice daily | antihistamine | yes |
| | | | | | | |
| | | | | | | |
| as needed | Eugenio, Benjamin | Xyzal | 5 mg/tabdose is 1 tablet | as needed for allergy symptoms at bedtime, if needed | treatment for sinus allergies | yes |
| as needed | Gong, Richard | Diphenhydramine | 1-2 capsules as needed for above symptoms | as needed evey 4 hrs if needed; do not exceed 6 doses in 24 hrs. | allergy relief, antihistamine, itchy or allergic skin reaction | yes |
| as needed | Hata, Randall | Refresh eye drops | 1 drop in each eye | as needed for eye dryness | eye lubrication to prevent dryness | no |
| as needed | Hata, Randall | Fluticasone 50 mcg Nasal Spray | 1 puff each nostril | as needed for sinus congestion | relief of nasal congestion | yes |
| as needed | Kanazawa, Curtis | Chlorpheniramine | 4 mg1 tablet | as needed every 4 hrs for allergy symptoms1 tablet | seasonal allergies | yes |
| as needed | Kanemori, David | Calendula | apply small amount to affected areas | as needed for scrapes and cuts | homeopathic ointment for healing scrapes and cuts | no |
| as needed | Nishio, Marc | Lomotil | 2.5 mg/tabdose is 1 tablet | AS NEEDED FOR DIARRHEAAN ADDITIONAL 1 TABLET PER DAY | control diarrhea | yes |
| as needed | Verzani, Amanda | Neosporin | as needed to cover cuts or scarped | as needed for cuts and scrapes | topical antibiotic ointment | no |
| as needed | Visitacion, Dana | Benadryl | 25 mg/tabdose is 2 tabs or 50 mg | as needed for seasonal allergy symptoms | seasonal allergies/common cold symptoms | yes |
| as needed | Visitacion, Dana | Ibuprofen | 200 mg/tabdose is 1 tab | as needed for headache or mild pain1 tab every 4 hrs if needed | relief of headache or mild pain | yes |
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Wednesday, 2019-07-03

JEMS Special Camp 2019 Page 1

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|---------------|------------|--|--|------------------------|----|
| 7:00 am | Abacolo lerry | | apply to affected area of rash on L abd. | twice dailyAM and bedtime after shower | anti fungal medication | no |
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| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|-----------------|--|-----------------------------------|---|--|-----|
| 8:00 am | Abasolo, Jerry | Atenolol | 25 mg/tabdose is 1 tab | twice daily | anti-hypertensive | yes |
| 8:00 am | Abasolo, Jerry | CVS Stool softener | 250 mg/capsuledose is 1 capsule | twice daily | stool softener | yes |
| 8:00 am | Abasolo, Jerry | Hydrocodone (Norco) | 5/325 mg/1 tabletdose is 1 tablet | two times daily8 am; 4 pm | relief of pain | yes |
| 8:00 am | Abasolo, Jerry | Lamictal (Lamotrigine) | 200 mg/tabdose is 2 tablets | three times daily8 am; noon; 4 pm | seizure control | yes |
| 8:00 am | Abasolo, Jerry | Potassium Citrate ER | 10 meq/tabdose is 1 tablet | three times a day | prevent kidney stones | yes |
| 8:00 am | Abasolo, Jerry | Pravastatin | 20 mg/tabdose is 1 tablet | daily in am | cholesterol lowering agent | yes |
| 8:00 am | Abasolo, Jerry | Probiotic | 1 capsule | twice daily | nutritional supplementgut health | yes |
| 8:00 am | Abasolo, Jerry | Zonegran (Zonisamide) cap | 100 mg/capsuledose is 2 capsules | three times a day8 am; noon; 4 pm | seizure control | yes |
| 8:00 am | Chen, Jonathan | Gabapentin | 400 mg/capsuledose is 1 capsule | three times per day8 am; 2 pm; 9 pm | relief of neuropathic pain | yes |
| 8:00 am | Kanemori, David | Active C | 500 mg/capsuledose is 1 capsule | twice dailybefore breakfast and before dinner | immune system support | no |
| 8:00 am | Kanemori, David | All-In-One | 1 tablet | before breakfast and before dinner | multi-vitamin/mineral supplement | no |
| 8:00 am | Kanemori, David | Benfotiamine | 250 mg/capsuledose is 1 capsule | daily before breakfast | protection from high blood sugar | no |
| 8:00 am | Kanemori, David | Magnesium Glycinate | 400 mg/capsuledoae is 1 capsule | daily before breakfast | nutritional supplement to balance glutamate, aids muscle flexibility, calming effect | no |
| 8:00 am | Kanemori, David | Pantothenic Acid | 500 mg/tabletdose is 1 tablet | daily before breakfast | nutritional supplement to prevent allergies | no |
| 8:00 am | Kanemori, David | Probiotic | 1 capsule | twice daily before breakfast and before dinner | nutritional supplement to promote intestinal health | no |
| 8:00 am | Kanemori, David | Pteridin4 (Tetrahydrobiopterin 2.5 mg) | 1 tablet | daily before breakfast | Nutritional supplement | no |
| 8:00 am | Kanemori, David | Vitamin D3 | 1 capsule | daily before breakfast | 5000 IU/capsuledose is 1 capsule | no |
| 8:00 am | Kanemori, David | Wobenzyme | 1 capsule | twice daily before breakfast and before dinnner | nutritional supplement digestive enzyme | no |
| 8:00 am | Kanemori, David | Yeast Formula | 2 tabs | daily before breakfast | Nutritional supplement | no |

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|------------------|---------------------------------|---|---|---|-----|
| 8:00 am | Mar, Jodi | Lamotrigine | 25 mg/chewable dispersible tabletdose is 100 mg or 4 chewable dispersible tablets | twice dailybreakfast and dinner | seizure control | yes |
| 8:00 am | Mar, Jodi | Levothyroxine | 50 mcg1 tablet | daily in the morning | thyroid hormone replacement | yes |
| 8:00 am | Miyashiro, Cindy | Hydrocortisone cream | 1% creamapply small amount to rash areas on back | twice dailyAM and bedtime | ant inflammation | no |
| 8:00 am | Miyashiro, Cindy | Triamcinolone 0.5% | apply small amount to affected area | twice dailyAM and bedtime | steroid cream | no |
| 8:00 am | Miyashiro, Cindy | Brimonidine 0.2% eye solution | 1 drop in each eye | twice daily | glaucoma treatment | yes |
| 8:00 am | Miyashiro, Cindy | Carbamazepine ER (Carbatrol) | 220 mg/capsletdose is 3 caplets | twice daily8 am and 5 pm | anti-seizure | yes |
| 8:00 am | Miyashiro, Cindy | Oyster Shell 500 Vitamin D3 200 | 1 tablet | three times daily 8 am, 5 pm, 9 pm | nutritional supplement | yes |
| 8:00 am | Miyashiro, Cindy | RisperidoneAM | 2 mg/tabletdose is 1 tablet | daily in AM | mood stabilizeranti-psychotic | yes |
| 8:00 am | Miyashiro, Cindy | Thera-M | 1 tablet | daily in am | nutritional supplement | yes |
| 8:00 am | Narahara, Craig | Benztropine (Cogentin) | 1 mg/tabdose is 1 tablet | twice daily8 am and 6 pm | control drooling, salivationanti-cholinergic agent | yes |
| 8:00 am | Narahara, Craig | Divalproex | 500 mg/tabletdose is 1 tablet | twice daily8 am and 6 pm | seizure disorder | yes |
| 8:00 am | Narahara, Craig | Fiber Pill | 625 mg/tabletdose is 1 tablet | twice daily8 am and 6 pm | promote bowel regularity | yes |
| 8:00 am | Narahara, Craig | Levitiracetam (Keppra) | 750 mg/tabletdose is 1 tablet | three times per day8 am; 2 pm; 9 pm | seizure control | yes |
| 8:00 am | Narahara, Craig | Oyster Calcium | 500 mg/tabletdose is 1 tablet | twice daily 8 am and 6 pm | nutritional supplement | yes |
| 8:00 am | Narahara, Craig | Vitamin D3 | 2000 IU/tabletdose is 1 tablet | once daily in am | nutritional supplement | yes |
| 8:00 am | Nishio, Marc | LomotilODD Days | 2.5 mg/tabdose is 1 tablet | twice daily | anti-diarrhea | yes |
| 8:00 am | Nishio, Marc | Omeprazole | 20 mg/capsuledose is 1 capsule | daily in am | control heartburn | yes |
| 8:00 am | Nishio, Marc | Risperidone | 0.5 mg/tab1 tablet | twice daily | control of stimulatory behaviors | yes |
| 8:00 am | Ouye, Jamie | Calcium Gummies | 500 mg/tabletdose is 1 tablet | twice daily before breakfast and dinner | nutritional supplement | no |

Wednesday, 2019-07-03

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|-------------------|---|---|---|-----------------------------------|-----|
| 8:00 am | Ouye, Jamie | Vitamin C | 1000 mg/tabletdose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 8:00 am | Ouye, Jamie | Vitamin D Gummy | 1500 mg/tabletdose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 8:00 am | Ouye, Jamie | Women's Gummy Vitamin | 1 Gummy Vitamin | twice daily before breakfast and dinner | nutritional supplement | no |
| 8:00 am | Refuerzo, Melling | Buspirone | 10 mg1 tablet | twice daily: 8 am and 5 pm | anti-anxiety | yes |
| 8:00 am | Refuerzo, Melling | Citalopram HBR (Celexa) | 40 mg1 tablet | once daily8 am | anti-depressant | yes |
| 8:00 am | Refuerzo, Melling | Lisinopril | 10 mg1 tablet | daily in the morning8 am | treat high blood pressure | yes |
| 8:00 am | Refuerzo, Melling | Metformin | 1000 mg1 tablet | twice daily8 am and 5 pm | controls high blood sugar | yes |
| 8:00 am | Refuerzo, Melling | RisperidoneAM | 1 mg1 tablet | once daily8 am | treatment of mental/mood disorder | yes |
| 8:00 am | Verzani, Amanda | Trileptal (Oxcarbazepine)AM | 300 mg/tablet dose is 450 mg1.5 tablets | daily in AM | anti-seizure | yes |
| 8:00 am | Visitacion, Dana | Buspirone AM | 5 mg/tabdose is 3 tabs or 15 mg | daily in AM. (there is a different dose in PM) | anti-anxiety | yes |
| 8:00 am | Visitacion, Dana | Claritin (Non-Drowsy Allergy Relief) | 10mg1 tablet | once daily in am | seasonal allergies | yes |
| 8:00 am | Visitacion, Dana | Fluvoxamine Maleate | 50mg/tabdose is 100 mg or 2 tabs | once daily in morning | antidepressant | yes |
| 8:00 am | Visitacion, Dana | Jolessa | 0.15-0.03 mg/1 tab dose is 1 tab | once daily in morning | regulate menstrual cycles | yes |
| | | | | | | |
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| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|---------------------|--|----------------------------------|--|---|-----|
| 9:00 am | Chien, Stephen | Valsartan | 160 mg/tabdose is 1 tablet | once daily after breakfast | anti-hypertensive | yes |
| 9:00 am | Chua, Hannah | Acetyl L-carnitine | 500 mg/capsuledose is 1 capsule | three times daily | Nutritional supplement | no |
| 9:00 am | Chua, Hannah | Fish Oil | 1000mg/capsuledose is 1 capsule | twice daily | Nutritional supplement | no |
| 9:00 am | Chua, Hannah | Vitamin D3 | 2000 IU/capsuledose is 1 capsule | once daily at breakfast | nutritional supplement | no |
| 9:00 am | Chua, Hannah | Levonorgestrel / estradiol | 0.15-0.03 mg/1 tab dose is 1 tab | daily in AM | to control menses | yes |
| 9:00 am | Chua, Hannah | Miralax | 1/2 capful | twice daily breakfast and dinner | prevent constipation | yes |
| 9:00 am | Eugenio, Benjamin | Fish Oil | 1 capsule | daily at breakfast | nutritional supplement | no |
| 9:00 am | Eugenio, Benjamin | Magnesium | 1 capsule | daily in AM | Nutritional supplement | no |
| 9:00 am | Gong, Richard | Bio-Kult probiotic | 1 capsule | twice dailywith breakfast and dinner meal | promotes healthy digestion and immune system | no |
| 9:00 am | Gong, Richard | Integrative Nutrivitamin Enzyme Complex, without iron | 1 capsule | twice daily with morning meal and evening meal | multivitamin, general nutritional health supplement | no |
| 9:00 am | Gong, Richard | Radiant Life Krill Extra | 1 capsule | twice daily with morning meal and dinner meal | Fish Oil nutritional supplement | no |
| 9:00 am | Hata, Randall | Fish Oil | 1000 mg/capsuledose is 1 capsule | once daily in am | nutritional supplement | no |
| 9:00 am | Hata, Randall | Multi- Vitamin | 1 tablet | daily in AM | nutritional supplement | no |
| 9:00 am | Hata, Randall | Vitamin C | 500 mg/tabletdose is 1 tablet | once daily in am | nutritional supplement | no |
| 9:00 am | Hata, Randall | Docusate Sodium | 250 mg/capsuledose is 1 capsule | twice daily | stool softener | yes |
| 9:00 am | Mar, Jodi | Fish Oil | one gummy 500 mg | once daily in the morning or at breakfast | nutritional supplement to reduce triglycerides | no |
| 9:00 am | Mar, Jodi | Multi-vites Gummy Vitamin | 2 adult multivatmin gummies | once daily at breakfast | nutritional supplement | no |
| 9:00 am | Nagao, Lacey | One A Day Multivitamin for Womer | 1 tablet | daily at breakfast | nutritional supplement | no |
| 9:00 am | Nagao, Lacey | Vitamin D3 | 1 soft gel | daily at breakfast | nutritional supplement | no |
| 9:00 am | Nakagaki, Christine | Adult Multivitamn Gummies | 2 gummies | once daily at breakfast | nutritional supplement | no |
| 9:00 am | Nakagaki, Christine | Claritin Reditabs | 10 mg/tabletdose is 1 tablet | once daily at breakfast | control of seasonal allergies | yes |
| 9:00 am | Nishio, Marc | Calcium wtih Vitamin D | 500 mg/tabletdose is 1 tablet | twice dailybreakfast and dinner | nutritional supplement | no |
| 9:00 am | Nishio, Marc | Vitamin D3 | 1000IU/capsuledose is 1 capsule | daily | nutritional supplement | no |
| 9:00 am | Peeler, Jennifer | amphetamine salts | 5 mg/tabdose is 3 tabs or 15 mg | twice daily breakfast and lunchtime | treatment for ADHD | yes |
| | | | | | 2010.05.07 | |

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|------------------|--------------------------------|---------------------------------|---|---|-----|
| 9:00 am | Peeler, Jennifer | Oxybutynin | 5 mg/tabletdose is 1 tablet | twice dailymorning and evening | urinary antispasmodic | yes |
| 9:00 am | Takamune, Lisa | Vitamin B-12 | 500 mg/tabletdose is 1 tablet | daily after breakfast | nutritional supplement | no |
| 9:00 am | Takamune, Lisa | Vitamin C | 500 mg/tabletdose is 1 tablet | daily after breakfast | nutritional supplement | no |
| 9:00 am | Takamune, Lisa | Clopidogrel | 75 mg/tabletdose is 1 tablet | daily in AM | anti platelet action; promotes heart and blood circulation | yes |
| 9:00 am | Visitacion, Dana | Multi- Vitamin | 1 tablet | once daily in morning | nutritional supplement | no |
| 9:00 am | Visitacion, Dana | Vitamin C | 1000 mg/tabdose is 1 tablet | once daily in morning | nutritional supplement | no |
| 9:00 am | Wang, Rebecca | Areds 2 Eye Vitamin | 1 tablet | twice daily with morning meal and dinner meal | nutritional supplement for eyes | no |
| 9:00 am | Wang, Rebecca | Calcium Gummies | 1 gummy | daily in the morning | nutritional supplement to promote bone health | no |
| 9:00 am | Wang, Rebecca | Flax Seed Oil | 1400 mg/tablet dose is 1 tablet | daily in the morning | nutritional supplement for heart health | no |
| 9:00 am | Wang, Rebecca | Move Free | 1 tablet | once daily in the morning | nutritional supplement to promote joint health | no |
| 9:00 am | Wang, Rebecca | One a Day for Women | 1 tablet | once daily in the morning | nutritional supplement multivitamin | no |
| 9:00 am | Wang, Rebecca | Vitamin D3 | 2000 IU/tabletdose is 1 tablet | once daily in the morning | nutritional supplement | no |
| 9:00 am | Wang, Rebecca | Azelastine Hcl 0.05% eye drops | 1 drop in both eyes | twice daily | antihistamine | yes |
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Wednesday, 2019-07-03

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|------------------|--|----------------------------------|--|----------------------------|-----|
| 12 noon | Abasolo, Jerry | Curamin Extra Strength Pain Relief Supplement tablets | 1 tablet | daily at noon | relief of mild pain | yes |
| 12 noon | Abasolo, Jerry | Lamictal (Lamotrigine) | 200 mg/tabdose is 2 tablets | three times daily8 am; noon; 4 pm | seizure control | yes |
| 12 noon | Abasolo, Jerry | Oyster Shell Calcium, Vit D tablet | 1 tablet | daily at noon | Nutritional supplement | yes |
| 12 noon | Abasolo, Jerry | Potassium Citrate ER | 10 meq/tabdose is 1 tablet | three times a day | prevent kidney stones | yes |
| 12 noon | Abasolo, Jerry | Prune Juice | 1 bottle | daily at noon | promote bowel regularity | yes |
| 12 noon | Abasolo, Jerry | Zonegran (Zonisamide) cap | 100 mg/capsuledose is 2 capsules | three times a day8 am; noon; 4 pm | seizure control | yes |
| 12 noon | Chua, Hannah | Acetyl L-carnitine | 500 mg/capsuledose is 1 capsule | three times daily | Nutritional supplement | no |
| 12 noon | Peeler, Jennifer | amphetamine salts | 5 mg/tabdose is 3 tabs or 15 mg | twice daily breakfast and lunchtime | treatment for ADHD | yes |
| | | | | | | |
| | | | | | | |
| 2:00 pm | Chen, Jonathan | Gabapentin | 400 mg/capsuledose is 1 capsule | three times per day8 am; 2 pm; 9 pm | relief of neuropathic pain | yes |
| 2:00 pm | Narahara, Craig | Levitiracetam (Keppra) | 750 mg/tabletdose is 1 tablet | three times per day8 am; 2 pm; 9 pm | seizure control | yes |
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| | · | | | | 2019-06-27 | |

Wednesday, 2019-07-03

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|----------------|---------------------------|-----------------------------------|--------------------------------------|----------------------------------|-----|
| 4:00 pm | Abasolo, Jerry | CVS Stool softener | 250 mg/capsuledose is 1 capsule | twice daily | stool softener | yes |
| 4:00 pm | Abasolo, Jerry | Hydrocodone (Norco) | 5/325 mg/1 tabletdose is 1 tablet | two times daily8 am; 4 pm | relief of pain | yes |
| 4:00 pm | Abasolo, Jerry | Lamictal (Lamotrigine) | 200 mg/tabdose is 2 tablets | three times daily8 am; noon; 4 pm | seizure control | yes |
| 4:00 pm | Abasolo, Jerry | Potassium Citrate ER | 10 meq/tabdose is 1 tablet | three times a day | prevent kidney stones | yes |
| 4:00 pm | Abasolo, Jerry | Probiotic | 1 capsule | twice daily | nutritional supplementgut health | yes |
| 4:00 pm | Abasolo, Jerry | Zonegran (Zonisamide) cap | 100 mg/capsuledose is 2 capsules | three times a day8 am; noon; 4 pm | seizure control | yes |
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| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|-------------------|---------------------------------|---|---|---|-----|
| 5:00 pm | Kanemori, David | Active C | 500 mg/capsuledose is 1 capsule | twice dailybefore breakfast and before dinner | immune system support | no |
| 5:00 pm | Kanemori, David | All-In-One | 1 tablet | before breakfast and before dinner | multi-vitamin/mineral supplement | no |
| 5:00 pm | Kanemori, David | Cat's Claw | 500 mg/capsuledose is 1 capsule | daily before dinner | prevents Lyme disease | no |
| 5:00 pm | Kanemori, David | Probiotic | 1 capsule | twice daily before breakfast and before dinner | nutritional supplement to promote intestinal health | no |
| 5:00 pm | Kanemori, David | Wobenzyme | 1 capsule | twice daily before breakfast and before dinnner | nutritional supplement digestive enzyme | no |
| 5:00 pm | Mar, Jodi | Lamotrigine | 25 mg/chewable dispersible tabletdose is 100 mg or 4 chewable dispersible tablets | twice dailybreakfast and dinner | seizure control | yes |
| 5:00 pm | Miyashiro, Cindy | Brimonidine 0.2% eye solution | 1 drop in each eye | twice daily | glaucoma treatment | yes |
| 5:00 pm | Miyashiro, Cindy | Carbamazepine ER (Carbatrol) | 220 mg/capsletdose is 3 caplets | twice daily8 am and 5 pm | anti-seizure | yes |
| 5:00 pm | Miyashiro, Cindy | Oyster Shell 500 Vitamin D3 200 | 1 tablet | three times daily 8 am, 5 pm, 9 pm | nutritional supplement | yes |
| 5:00 pm | Miyashiro, Cindy | Simvastatin | 20mg/tabdose is 1 tablet | once daily in evening | cholesterol lowering agent | yes |
| 5:00 pm | Nishio, Marc | LomotilODD Days | 2.5 mg/tabdose is 1 tablet | twice daily | anti-diarrhea | yes |
| 5:00 pm | Ouye, Jamie | Calcium Gummies | 500 mg/tabletdose is 1 tablet | twice daily before breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Ouye, Jamie | Vitamin C | 1000 mg/tabletdose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Ouye, Jamie | Vitamin D Gummy | 1500 mg/tabletdose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Ouye, Jamie | Women's Gummy Vitamin | 1 Gummy Vitamin | twice daily before breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Refuerzo, Melling | Buspirone | 10 mg1 tablet | twice daily: 8 am and 5 pm | anti-anxiety | yes |
| 5:00 pm | Refuerzo, Melling | Metformin | 1000 mg1 tablet | twice daily8 am and 5 pm | controls high blood sugar | yes |
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| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|------------------|--|--------------------------------------|--|---|-----|
| 6:00 pm | Chua, Hannah | Acetyl L-carnitine | 500 mg/capsuledose is 1 capsule | three times daily | Nutritional supplement | no |
| 6:00 pm | Chua, Hannah | Fish Oil | 1000mg/capsuledose is 1 capsule | twice daily | Nutritional supplement | no |
| 6:00 pm | Chua, Hannah | Miralax | 1/2 capful | twice daily breakfast and dinner | prevent constipation | yes |
| 6:00 pm | Gong, Richard | Bio-Kult probiotic | 1 capsule | twice dailywith breakfast and dinner meal | promotes healthy digestion and immune system | no |
| 6:00 pm | Gong, Richard | Integrative Nutrivitamin Enzyme Complex, without iron | 1 capsule | twice daily with morning meal and evening meal | multivitamin, general nutritional health supplement | no |
| 6:00 pm | Gong, Richard | Radiant Life Krill Extra | 1 capsule | twice daily with morning meal and dinner meal | Fish Oil nutritional supplement | no |
| 6:00 pm | Hata, Randall | Crestor | 20mg/tabdose is 1 tablet | daily in pm. | cholesterol lowering agent | yes |
| 6:00 pm | Hata, Randall | Docusate Sodium | 250 mg/capsuledose is 1 capsule | twice daily | stool softener | yes |
| 6:00 pm | Narahara, Craig | Benztropine (Cogentin) | 1 mg/tabdose is 1 tablet | twice daily8 am and 6 pm | control drooling, salivationanti-cholinergic agent | yes |
| 6:00 pm | Narahara, Craig | Divalproex | 500 mg/tabletdose is 1 tablet | twice daily8 am and 6 pm | seizure disorder | yes |
| 6:00 pm | Narahara, Craig | Fiber Pill | 625 mg/tabletdose is 1 tablet | twice daily8 am and 6 pm | promote bowel regularity | yes |
| 6:00 pm | Narahara, Craig | Oyster Calcium | 500 mg/tabletdose is 1 tablet | twice daily 8 am and 6 pm | nutritional supplement | yes |
| 6:00 pm | Nishio, Marc | Calcium wtih Vitamin D | 500 mg/tabletdose is 1 tablet | twice dailybreakfast and dinner | nutritional supplement | no |
| 6:00 pm | Peeler, Jennifer | Cephalexin Oral Suspension | 250 mg/5mls. dose is 5 mls or 1 tsp. | daily in evening | antibiotic for prevention of bladder infection | yes |
| 6:00 pm | Peeler, Jennifer | Escitalopram Oxalate (Lexapro) oral solution | 5 mg/5 mls. dose is 20 mls. | daily every evening | antidepressant;treatment for generalized anxiety disorder | yes |
| 6:00 pm | Peeler, Jennifer | Oxybutynin | 5 mg/tabletdose is 1 tablet | twice dailymorning and evening | urinary antispasmodic | yes |
| 6:00 pm | Takamune, Lisa | L-Arginine | 500 mg/tabdose is 2 capsules | daily after dinner | nutritional supplement for the heart | no |
| 6:00 pm | Wang, Rebecca | Areds 2 Eye Vitamin | 1 tablet | twice daily with morning meal and dinner meal | nutritional supplement for eyes | no |
| 6:00 pm | Wang, Rebecca | Citracal Calcium Citrate | 630 mg/tabletdose is 1 tablet | once daily in the evening | nutritional supplement to promote bone health | no |

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|---------------|---------------------|--------------------------------|---------------------------|--|----|
| 6:00 pm | Wang, Rebecca | Digestive Advantage | 1 gummy | once daily in the evening | nutritional supplement to promote digestive health | no |
| 6:00 pm | Wang, Rebecca | Vitamin B-12 | 1000 mg/tabletdose is 1 tablet | once daily in the evening | nutritional supplement fort energy health | no |
| 6:00 pm | Wang, Rebecca | Vitamin C | 500 mg/tabletdose is 1 tablet | once daily in the evening | nutritional supplement | no |
| | | | | | | |
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| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|-------------------|------------------------------------|--|------------------------------------|---|-----|
| 8:00 pm | Miyashiro, Cindy | Hydrocortisone cream | 1% creamapply small amount to rash areas on back | twice dailyAM and bedtime | ant inflammation | no |
| 8:00 pm | Nishio, Marc | Montelukast (generic for Singular) | 10 mg/tab1 tablet | once daily at bedtime | seasonal allergy control | yes |
| 8:00 pm | Nishio, Marc | Risperidone | 0.5 mg/tab1 tablet | twice daily | control of stimulatory behaviors | yes |
| 8:00 pm | Refuerzo, Melling | Loratadine | 10 mg1 tablet | daily in the evening8 pm | relief of seasonal allergies | yes |
| 8:00 pm | Refuerzo, Melling | Risperidone PM dose | 2 mg1 tablet | once daily in evening8 pm | treatment of mental/mood disorder | yes |
| 8:00 pm | Refuerzo, Melling | Simvastatin | 20 mg1 tablet | daily at bedtime8 pm | cholesterol lowering agent | yes |
| 8:00 pm | Tani, Glenn Ricky | Celexa (Citalopram) | 40 mg/tabletdose is 1 tablet | daily at bedtime | anti-anxietyanti-depressant | yes |
| 8:00 pm | Tani, Glenn Ricky | Cogentin (Benztropine) | 1 mg/tabdose is 1 tablet | daily at bedtime8 pm | antiparkinsonian, anticholinergic, anti-agitation | yes |
| 8:00 pm | Tani, Glenn Ricky | Seroquel (Quetiapine Fumartate) | 300 mg/tabdose is 1/2 tab or 150 mg | daily at bedtime8 pm | anti-psychotic, anti-depressant, anti-anxiety | yes |
| 8:00 pm | Visitacion, Dana | Buspirone PM | 5 mg/tabletdose is 1 tablet or 5 mg | daily at pmone hour before bedtime | anti-anxiety | yes |
| 8:00 pm | Visitacion, Dana | Guanfacine | 1 mg/tabdose is 1 tab | once daily in evening | anti-hypertensive | yes |
| 8:00 pm | Visitacion, Dana | Melatonin | 3 mg/1 tab and 5 mg/1 tabdose is 1 tab of each for total of 8 mg total | once daily in the evening | promote sleep | yes |
| 8:00 pm | Visitacion, Dana | Nortriptyline | 10 mg/capsule. dose is 40 mg or 4 capsules | once daily in evening | anti-depressant and to promote sleep | yes |
| 8:00 pm | Visitacion, Dana | Theanine | 100 mg/tabdose is 1 tab | once daily in evening | amino acid | yes |
| | | | | | | |
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| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|------------------|--------------------------------------|---|---|--|-----|
| 9:00 pm | Abasolo, Jerry | Terbinafine HCL 1% cream (Lamisil) | apply to affected area of rash on L abd. | twice dailyAM and bedtime after shower | anti fungal medication | no |
| 9:00 pm | Abasolo, Jerry | Vinegarexternal use | soak Qtip and swab both ears up until line indicated on Qtip. | daily at bedtime | treatment for ear itch eczema | no |
| 9:00 pm | Abasolo, Jerry | Allerclear Loratadine | 10mg/tabdose is 1 tablet | daily at bedtime | allergy relief, antihistamine, itchy or allergic skin reaction | yes |
| 9:00 pm | Abasolo, Jerry | Atenolol | 25 mg/tabdose is 1 tab | twice daily | anti-hypertensive | yes |
| 9:00 pm | Abasolo, Jerry | Hydrocodone / Acetaminophen -BEDTIME | 5/325 mg/tabdose is 2 TABLETS | daily at bedtime | pain relief | yes |
| 9:00 pm | Abasolo, Jerry | Lamictal Bedtime | 200 mg/tabdose is 3 tablets | daily at bedtime9 pm | seizure control | yes |
| 9:00 pm | Abasolo, Jerry | Zonegran (Zonisamide) Bedtime | 100 mg/capdose is 3 capsules | daily at bedtime9 pm | seizure control | yes |
| 9:00 pm | Chen, Jonathan | Gabapentin | 400 mg/capsuledose is 1 capsule | three times per day8 am; 2 pm; 9 pm | relief of neuropathic pain | yes |
| 9:00 pm | Chua, Hannah | Magnesium | 400 mg/tabletdose is 1 tablet | daily at bedtimecan take half hour before with melatonin | nutritional supplement | no |
| 9:00 pm | Chua, Hannah | Melatonin | 1 mg/tabletdose is 1 tablet | daily at bedtimecan take half hour before | Nutritional supplement | no |
| 9:00 pm | Hata, Randall | Aquaphor spray | spray to affected areas on arms and legs | daily after showering | prevent skin dryness | no |
| 9:00 pm | Miyashiro, Cindy | Chlorhexidine 0.12% mouth rinse | 1/2 oz undiluted rinse in mouth | once daily at bedtime | treatment for gum disease | no |
| 9:00 pm | Miyashiro, Cindy | Triamcinolone 0.5% | apply small amount to affected area | twice dailyAM and bedtime | steroid cream | no |
| 9:00 pm | Miyashiro, Cindy | Vitamin E cream | apply to affectd areas of skin rash to back of legs | daily at bedtime | promotes skin health | no |
| 9:00 pm | Miyashiro, Cindy | Citalopram HBR (Celexa) | 40 mg/tabletdose is 1 tablet | daily at bedtime9 pm | antidepressant | yes |
| 9:00 pm | Miyashiro, Cindy | Latanoprost | 0.005%dose is 1 drop in each eye | daily at bedtime9 pm | glaucoma treatment | yes |
| 9:00 pm | Miyashiro, Cindy | Oyster Shell 500 Vitamin D3 200 | 1 tablet | three times daily 8 am, 5 pm, 9 pm | nutritional supplement | yes |
| 9:00 pm | Miyashiro, Cindy | Risperidone HS dose 0.5 mg tab | 0.5 mg/tab1 tablet | daily at 9 pm | mood stabilizeranti-psychotic | yes |
| 9:00 pm | Miyashiro, Cindy | Risperidone HS dose 1 mg tablet | 1 mg/tabletdose is 1 tablet | daily at bedtime9 pm | mood stabilizer, anti-psychotic | yes |

| 9:00 pm Narahara, Craig Gemfibrozii (Lopid) 600 mg/tablet—dose is 1 tablet three times per day—8 am; seizure control yether three times | | | I | I . | 1 | | |
|--|--------------|-------------------|--------------------------------|------------------------------------|--------------------------------|------------------------------------|-----|
| 200 pm Narahara, Craig Levitiracetam (Keppra) 750 mg/tablet-dose is 1 tablet 2 pm; 9 pm seizure control yes 2 pm; 9 pm seizure yes 2 pm; 9 pm | Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
| 2 pm; 9 pm 1 Takamune, Lisa 1 Zioptan 1 one drop bothe yes 1 daily at bedtime 1 glaucoma treatment 1 yes 1 glaucoma treatment 1 | 9:00 pm | Narahara, Craig | Gemfibrozil (Lopid) | 600 mg/tabletdose is 1 tablet | daily at bedtime9 pm | cholesterol control | yes |
| 20 mg/tabdose is 1 tablet daily at bedtime9 pm anti-spasticity yes 300 mg/tabdose is 2 tabs at bedtime anti-spasticity yes 300 mg/tabdose is 2 tabs at bedtime anti-spasticity yes 300 mg/tabdose is 2 tabs at bedtime anti-spasticity yes 300 mg/tabdose is 2 tabs at bedtime anti-spasticity yes 300 mg/tabdose is 2 tabs at bedtime anti-spasticity yes 300 mg/tabdose is 2 tabs at bedtime anti-spasticity yes 300 mg/tabdose is 2 tabs at bedtime. 9 pm anti-spasticity yes 300 mg/tabdose is 2 tabs at bedtime anti-spasticity yes 300 mg/tabdose is 2 tabs at bedtime. 9 pm anti-spasticity yes 300 mg/tabdose is 2 tabs at bedtime. 9 pm anti-spasticity yes 300 mg/tabdose is 2 tabs at bedtime. 9 pm anti-spasticity yes 300 mg/tabdose is 2 tabs at bedtime. 9 pm anti-spasticity yes 300 mg/tabdose is 1 tablet aliquity at bedtime9 pm anti-spasticity yes 300 mg/tabdose is 1 tablet aliquity at bedtime9 pm anti-spasticity yes 300 mg/tabdose is 1 tablet aliquity at bedtime9 pm anti-spasticity yes 300 mg/tabdose is 1 tablet aliquity at bedtime9 pm anti-spasticity anti-spasticity yes 300 mg/tabdose is 1 tablet aliquity at bedtime9 pm anti-spasticity anti-spasticity anti-spasticity yes 300 mg/tabdose is 1 tablet aliquity at bedtime9 pm anti-spasticity an | 9:00 pm | Narahara, Craig | Levitiracetam (Keppra) | 750 mg/tabletdose is 1 tablet | | seizure control | yes |
| 9:00 pm Verzani, Amanda Trileptal(Oxcarbazepine)HS 300 mg/tab-dose is 2 tabs at bedtime 4:00 pm Verzani, Amanda Trileptal(Oxcarbazepine)HS 300 mg/tab-dose is 2 tabs at bedtime 4:00 pm Verzani, Amanda Trileptal(Oxcarbazepine)HS 300 mg/tab-dose is 2 tabs at bedtime 4:00 pm Verzani, Amanda Trileptal(Oxcarbazepine)HS 300 mg/tab-dose is 2 tabs at bedtime 4:00 pm Verzani, Amanda Trileptal(Oxcarbazepine)HS 300 mg/tab-dose is 2 tabs at bedtime 4:00 pm Verzani, Amanda Trileptal(Oxcarbazepine)HS 300 mg/tab-dose is 2 tabs at bedtime 4:00 pm Verzani, Amanda Trileptal(Oxcarbazepine)HS 300 mg/tab-dose is 2 tabs at bedtime 4:00 pm Verzani, Amanda Trileptal(Oxcarbazepine)HS 300 mg/tab-dose is 2 tabs at bedtime 4:00 pm Verzani, Amanda Trileptal(Oxcarbazepine)HS 300 mg/tab-dose is 2 tabs at bedtime 4:00 pm Verzani, Amanda Trileptal(Oxcarbazepine)HS 300 mg/tab-dose is 2 tabs at bedtime 4:00 pm Verzani, Amanda Trileptal(Oxcarbazepine)HS 300 mg/tab-dose is 2 tabs at bedtime 4:00 pm Verzani, Amanda Illergia 5:00 mg/tab-dose is 2 tabs at bedtime 4:00 pm Verzani, Amanda Illergia 5:00 mg/tab-dose is 2 tabs at bedtime 4:00 pm Verzani, Amanda Illergia 5:00 mg/tab-dose is 2 tabs at bedtime 4:00 pm Verzani, Amanda Illergia 5:00 mg/tab-dose is 2 tabs are 1:00 mg/tab-dose is 1 table 4:00 mg/tab-dose is 1 tab 4:00 mg/tab-dose is 1 tab 5:00 mg/tab-dose is 1 tab 6:00 mg/tab-dose is | 9:00 pm | Takamune, Lisa | Zioptan | one drop both eyes | daily at bedtime | glaucoma treatment | yes |
| Provided the provided by the p | 9:00 pm | Verzani, Amanda | Baclofen | 20 mg/tabdose is 1 tablet | daily at bedtime9 pm | anti-spasticity | yes |
| Eugenio, Benjamin Xyzal 5 mg/tabdose is 1 tablet as needed for allergy symptoms at bedtime, if needed on the eded as needed for allergy symptoms at bedtime, if needed as needed for allergy symptoms at bedtime, if needed; do not exceed 6 doses in 24 hrs. Biggin as needed for allergy symptoms at bedtime, if needed; do not exceed 6 doses in 24 hrs. Biggin as needed for allergy symptoms at bedtime, if needed; do not exceed 6 doses in 24 hrs. Biggin as needed for eye dryness as needed for eye dryness eye lubrication to prevent dryness no not exceed 6 doses in 24 hrs. Biggin as needed for eye dryness eye lubrication to prevent dryness not needed for sinus congestion relief of nasal congestion yet as needed for sinus congestion relief of nasal congestion yet as needed for sinus congestion as needed for sinus congestion as needed for sinus congestion relief of nasal congestion yet as needed every 4 hrs for allergy symptoms—1 tablet as needed for scrapes and cuts homeopathic ointment for healing not not needed areas Biggin as needed for scrapes and cuts homeopathic ointment for healing not not needed areas Biggin as needed for scrapes and cuts homeopathic ointment for healing not not needed areas Biggin as needed for cuts and scrapes topical antibiotic ointment not not needed for cuts and scrapes and allergies/common cold yet specific not not needed for seasonal allergies as needed for seasonal allergies as needed for seasonal allergies as needed for headache or mild pain yet stated for headache or mild | 9:00 pm | Verzani, Amanda | Trileptal(Oxcarbazepine)HS | | daily at bedtime9 pm | anti-seizure | yes |
| sas as needed Fugenio, Benjamin Ayzar Simylabertose is 1 tablet bedtime, if needed bedtime, if needed sas as needed Fugenio, Benjamin Ayzar Simylabertose is 1 tablet bedtime, if needed some possible of the symptoms as needed for above symptoms as needed for above symptoms as needed for eye dryness eye lubrication to prevent dryness no as needed for eye dryness eye lubrication to prevent dryness no as needed for sinus congestion relief of nasal congestion yes as needed every 4 hrs for allergy symptoms—1 tablet seasonal allergies yes seasonal yes yes hereded for headache or mild pain yes yes labertos as needed for headache or mild pain yes yes labertos yes la | 9:00 pm | Wang, Rebecca | Azelastine Hcl 0.05% eye drops | 1 drop in both eyes | twice daily | antihistamine | yes |
| sas as needed Fugenio, Benjamin Ayzar Simylabertose is 1 tablet bedtime, if needed bedtime, if needed sas as needed Fugenio, Benjamin Ayzar Simylabertose is 1 tablet bedtime, if needed some possible of the symptoms as needed for above symptoms as needed for above symptoms as needed for eye dryness eye lubrication to prevent dryness no as needed for eye dryness eye lubrication to prevent dryness no as needed for sinus congestion relief of nasal congestion yes as needed every 4 hrs for allergy symptoms—1 tablet seasonal allergies yes seasonal yes yes hereded for headache or mild pain yes yes labertos as needed for headache or mild pain yes yes labertos yes la | | | | | | | |
| sas as needed Fugenio, Benjamin Ayzar Simylabertose is 1 tablet bedtime, if needed bedtime, if needed sas as needed Fugenio, Benjamin Ayzar Simylabertose is 1 tablet bedtime, if needed some possible of the symptoms as needed for above symptoms as needed for above symptoms as needed for eye dryness eye lubrication to prevent dryness no as needed for eye dryness eye lubrication to prevent dryness no as needed for sinus congestion relief of nasal congestion yes as needed every 4 hrs for allergy symptoms—1 tablet seasonal allergies yes seasonal yes yes hereded for headache or mild pain yes yes labertos as needed for headache or mild pain yes yes labertos yes la | | | | | | | |
| symptoms not exceed 6 doses in 24 hrs. itchy or allergic skin reaction yes as needed Hata, Randall Refresh eye drops 1 drop in each eye as needed for eye dryness eye lubrication to prevent dryness no no as needed for eye dryness as needed for sinus congestion relief of nasal congestion yes as needed every 4 hrs for allergy seasonal allergies yes seasonal allergies yes seasonal allergies yes as needed Kanemori, David Calendula apply small amount to affected areas as needed for scrapes and cuts homeopathic ointment for healing no as needed for scrapes and cuts homeopathic ointment for healing no as needed Nishio, Marc Lomotil 2.5 mg/tabdose is 1 tablet AS NEEDED FOR DIARRHEAAN ADDITIONAL 1 TABLET PER DAY as needed Verzani, Amanda Neosporin as needed to cover cuts or scarped as needed for cuts and scrapes topical antibiotic ointment no seasonal allergy symptoms seasonal allergy seasonal allergies/common cold symptoms yes needed for headache or mild pain yes needed for headache or mild pain yes needed for headache or mild relief of headache or mild pain yes needed for headache or mild relief of headache or mild pain yes needed for headache or mild relief of headache or mild pain yes needed for headache or mild p | as needed | Eugenio, Benjamin | Xyzal | 5 mg/tabdose is 1 tablet | | treatment for sinus allergies | yes |
| needed Hata, Randall Refresh eye drops I drop in each eye as needed for eye dryness eye lubrication to prevent dryness no as needed. Hata, Randall Fluticasone 50 mcg Nasal Spray I puff each nostril as needed for sinus congestion relief of nasal congestion yes as needed. Kanazawa, Curtis Chlorpheniramine 4 mg1 tablet as needed every 4 hrs for allergy symptoms1 tablet homeopathic ointment for healing no as needed for scrapes and cuts homeopathic ointment for healing no as needed. Nishio, Marc Lomotil 2.5 mg/tabdose is 1 tablet AS NEEDED FOR DIARRHEAAN ADDITIONAL 1 TABLET PER DAY control diarrhea yes as needed for cuts and scrapes with topical antibiotic ointment no as needed for seasonal allergy seasonal allergy seasonal allergy seasonal allergy seasonal allergy symptoms. Visitacion, Dana Benadryl 25 mg/tabdose is 2 tabs or 50 mg as needed for headache or mild relief of headache or mild pain yes | as needed | Gong, Richard | Diphenhydramine | - | | | yes |
| Hata, Randall Fluticasone 50 mcg Nasal Spray 1 puff each nostril as needed for sinus congestion relief of nasal congestion yes as needed Kanazawa, Curtis Chlorpheniramine 4 mg1 tablet as needed every 4 hrs for allergy symptoms1 tablet seasonal allergies yes seasonal allergies yes as needed for scrapes and cuts homeopathic ointment for healing scrapes and cuts as needed for scrapes and cuts homeopathic ointment for healing scrapes and cuts as needed for Spray and cuts are spray as needed for Spray as needed for Spray as needed for Spray as needed for Spray and Control diarrhea yes as needed for Spray as needed for | as needed | Hata, Randall | Refresh eye drops | 1 drop in each eye | as needed for eye dryness | eye lubrication to prevent dryness | no |
| needed Kanazawa, Curtis Chiorpheniramine 4 mg1 tablet symptoms1 tablet seasonal allergies yet seasonal allergies yet as meeded Kanemori, David Calendula apply small amount to affected as needed for scrapes and cuts homeopathic ointment for healing no scrapes and cuts. AS NEEDED FOR DIARRHEAAN and control diarrhea yet as needed Verzani, Amanda Neosporin as needed to cover cuts or scarped as needed for cuts and scrapes topical antibiotic ointment no as needed Visitacion, Dana Benadryl 25 mg/tabdose is 2 tabs or 50 mg as needed for seasonal allergy seasonal allergies/common cold symptoms yet as needed for headache or mild pain yet as | as needed | Hata, Randall | Fluticasone 50 mcg Nasal Spray | 1 puff each nostril | as needed for sinus congestion | relief of nasal congestion | yes |
| needed Nishio, Marc Lomotil 2.5 mg/tabdose is 1 tablet AS NEEDED FOR DIARRHEAAN ADDITIONAL 1 TABLET PER DAY control diarrhea yes as needed for cuts and scrapes and cuts scrapes are scrapes and cuts scrapes are scrapes are scrapes and cuts scrapes are scra | as needed | Kanazawa, Curtis | Chlorpheniramine | 4 mg1 tablet | | seasonal allergies | yes |
| ADDITIONAL 1 TABLET PER DAY AS needed for cuts and scrapes ADDITIONAL 1 TABLET PER DAY AS needed for cuts and scrapes ADDITIONAL 1 TABLET PER DAY AS needed for cuts and scrapes AS needed for seasonal allergy seasonal allergy symptoms AS needed for seasonal allergy symptoms AS Needed for headache or mild symptoms AS needed for headache or mild relief of headache or mild pain ADDITIONAL 1 TABLET PER DAY AS needed for cuts and scrapes AS needed for seasonal allergy symptoms AS needed for headache or mild relief of headache or mild pain ADDITIONAL 1 TABLET PER DAY | as needed | Kanemori, David | Calendula | | as needed for scrapes and cuts | | no |
| as needed Verzani, Amanda Neosporin as needed to cover cuts or scarped as needed for cuts and scrapes topical antibiotic ointment no as needed Visitacion, Dana Benadryl 25 mg/tabdose is 2 tabs or 50 mg as needed for seasonal allergy symptoms seasonal allergies/common cold symptoms yes | as needed | Nishio, Marc | Lomotil | 2.5 mg/tabdose is 1 tablet | | control diarrhea | yes |
| needed Visitacion, Dana Ibuprofen 200 mg/tabdose is 1 tab symptoms symptoms symptoms yes | as needed | Verzani, Amanda | Neosporin | as needed to cover cuts or scarped | as needed for cuts and scrapes | topical antibiotic ointment | no |
| Teller of field and find pair yes | as needed | Visitacion, Dana | Benadryl | 25 mg/tabdose is 2 tabs or 50 mg | | | yes |
| | as needed | Visitacion, Dana | Ibuprofen | 200 mg/tabdose is 1 tab | | relief of headache or mild pain | yes |
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Thursday, 2019-07-04

JEMS Special Camp 2019 Page 1

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|---------------|------------------------------------|--|--|------------------------|----|
| 7:00 am | Abacolo larry | Terbinafine HCL 1% cream (Lamisil) | apply to affected area of rash on L abd. | twice dailyAM and bedtime after shower | anti fungal medication | no |
| | | | | | | |
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| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|-----------------|--|-----------------------------------|---|--|-----|
| 8:00 am | Abasolo, Jerry | Atenolol | 25 mg/tabdose is 1 tab | twice daily | anti-hypertensive | yes |
| 8:00 am | Abasolo, Jerry | CVS Stool softener | 250 mg/capsuledose is 1 capsule | twice daily | stool softener | yes |
| 8:00 am | Abasolo, Jerry | Hydrocodone (Norco) | 5/325 mg/1 tabletdose is 1 tablet | two times daily8 am; 4 pm | relief of pain | yes |
| 8:00 am | Abasolo, Jerry | Lamictal (Lamotrigine) | 200 mg/tabdose is 2 tablets | three times daily8 am; noon; 4 pm | seizure control | yes |
| 8:00 am | Abasolo, Jerry | Potassium Citrate ER | 10 meq/tabdose is 1 tablet | three times a day | prevent kidney stones | yes |
| 8:00 am | Abasolo, Jerry | Pravastatin | 20 mg/tabdose is 1 tablet | daily in am | cholesterol lowering agent | yes |
| 8:00 am | Abasolo, Jerry | Probiotic | 1 capsule | twice daily | nutritional supplementgut health | yes |
| 8:00 am | Abasolo, Jerry | Zonegran (Zonisamide) cap | 100 mg/capsuledose is 2 capsules | three times a day8 am; noon; 4 pm | seizure control | yes |
| 8:00 am | Chen, Jonathan | Gabapentin | 400 mg/capsuledose is 1 capsule | three times per day8 am; 2 pm; 9 pm | relief of neuropathic pain | yes |
| 8:00 am | Kanemori, David | Active C | 500 mg/capsuledose is 1 capsule | twice dailybefore breakfast and before dinner | immune system support | no |
| 8:00 am | Kanemori, David | All-In-One | 1 tablet | before breakfast and before dinner | multi-vitamin/mineral supplement | no |
| 8:00 am | Kanemori, David | Benfotiamine | 250 mg/capsuledose is 1 capsule | daily before breakfast | protection from high blood sugar | no |
| 8:00 am | Kanemori, David | Magnesium Glycinate | 400 mg/capsuledoae is 1 capsule | daily before breakfast | nutritional supplement to balance glutamate, aids muscle flexibility, calming effect | no |
| 8:00 am | Kanemori, David | Pantothenic Acid | 500 mg/tabletdose is 1 tablet | daily before breakfast | nutritional supplement to prevent allergies | no |
| 8:00 am | Kanemori, David | Probiotic | 1 capsule | twice daily before breakfast and before dinner | nutritional supplement to promote intestinal health | no |
| 8:00 am | Kanemori, David | Pteridin4 (Tetrahydrobiopterin 2.5 mg) | 1 tablet | daily before breakfast | Nutritional supplement | no |
| 8:00 am | Kanemori, David | Vitamin D3 | 1 capsule | daily before breakfast | 5000 IU/capsuledose is 1 capsule | no |
| 8:00 am | Kanemori, David | Wobenzyme | 1 capsule | twice daily before breakfast and before dinnner | nutritional supplement digestive enzyme | no |
| 8:00 am | Kanemori, David | Yeast Formula | 2 tabs | daily before breakfast | Nutritional supplement | no |

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|------------------|---------------------------------|---|---|---|-----|
| 8:00 am | Mar, Jodi | Lamotrigine | 25 mg/chewable dispersible tabletdose is 100 mg or 4 chewable dispersible tablets | twice dailybreakfast and dinner | seizure control | yes |
| 8:00 am | Mar, Jodi | Levothyroxine | 50 mcg1 tablet | daily in the morning | thyroid hormone replacement | yes |
| 8:00 am | Miyashiro, Cindy | Hydrocortisone cream | 1% creamapply small amount to rash areas on back | twice dailyAM and bedtime | ant inflammation | no |
| 8:00 am | Miyashiro, Cindy | Triamcinolone 0.5% | apply small amount to affected area | twice dailyAM and bedtime | steroid cream | no |
| 8:00 am | Miyashiro, Cindy | Brimonidine 0.2% eye solution | 1 drop in each eye | twice daily | glaucoma treatment | yes |
| 8:00 am | Miyashiro, Cindy | Carbamazepine ER (Carbatrol) | 220 mg/capsletdose is 3 caplets | twice daily8 am and 5 pm | anti-seizure | yes |
| 8:00 am | Miyashiro, Cindy | Oyster Shell 500 Vitamin D3 200 | 1 tablet | three times daily 8 am, 5 pm, 9 pm | nutritional supplement | yes |
| 8:00 am | Miyashiro, Cindy | RisperidoneAM | 2 mg/tabletdose is 1 tablet | daily in AM | mood stabilizeranti-psychotic | yes |
| 8:00 am | Miyashiro, Cindy | Thera-M | 1 tablet | daily in am | nutritional supplement | yes |
| 8:00 am | Narahara, Craig | Benztropine (Cogentin) | 1 mg/tabdose is 1 tablet | twice daily8 am and 6 pm | control drooling, salivationanti-cholinergic agent | yes |
| 8:00 am | Narahara, Craig | Divalproex | 500 mg/tabletdose is 1 tablet | twice daily8 am and 6 pm | seizure disorder | yes |
| 8:00 am | Narahara, Craig | Fiber Pill | 625 mg/tabletdose is 1 tablet | twice daily8 am and 6 pm | promote bowel regularity | yes |
| 8:00 am | Narahara, Craig | Levitiracetam (Keppra) | 750 mg/tabletdose is 1 tablet | three times per day8 am; 2 pm; 9 pm | seizure control | yes |
| 8:00 am | Narahara, Craig | Oyster Calcium | 500 mg/tabletdose is 1 tablet | twice daily 8 am and 6 pm | nutritional supplement | yes |
| 8:00 am | Narahara, Craig | Vitamin D3 | 2000 IU/tabletdose is 1 tablet | once daily in am | nutritional supplement | yes |
| 8:00 am | Nishio, Marc | LomotilEVEN days | 2.5 mg/tabdose is 1 tablet | three times daily | anti-diarrhea | yes |
| 8:00 am | Nishio, Marc | Omeprazole | 20 mg/capsuledose is 1 capsule | daily in am | control heartburn | yes |
| 8:00 am | Nishio, Marc | Risperidone | 0.5 mg/tab1 tablet | twice daily | control of stimulatory behaviors | yes |
| 8:00 am | Ouye, Jamie | Calcium Gummies | 500 mg/tabletdose is 1 tablet | twice daily before breakfast and dinner | nutritional supplement | no |

Thursday, 2019-07-04

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|-------------------|---|---|---|-----------------------------------|-----|
| 8:00 am | Ouye, Jamie | Vitamin C | 1000 mg/tabletdose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 8:00 am | Ouye, Jamie | Vitamin D Gummy | 1500 mg/tabletdose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 8:00 am | Ouye, Jamie | Women's Gummy Vitamin | 1 Gummy Vitamin | twice daily before breakfast and dinner | nutritional supplement | no |
| 8:00 am | Refuerzo, Melling | Buspirone | 10 mg1 tablet | twice daily: 8 am and 5 pm | anti-anxiety | yes |
| 8:00 am | Refuerzo, Melling | Citalopram HBR (Celexa) | 40 mg1 tablet | once daily8 am | anti-depressant | yes |
| 8:00 am | Refuerzo, Melling | Lisinopril | 10 mg1 tablet | daily in the morning8 am | treat high blood pressure | yes |
| 8:00 am | Refuerzo, Melling | Metformin | 1000 mg1 tablet | twice daily8 am and 5 pm | controls high blood sugar | yes |
| 8:00 am | Refuerzo, Melling | RisperidoneAM | 1 mg1 tablet | once daily8 am | treatment of mental/mood disorder | yes |
| 8:00 am | Verzani, Amanda | Trileptal (Oxcarbazepine)AM | 300 mg/tablet dose is 450 mg1.5 tablets | daily in AM | anti-seizure | yes |
| 8:00 am | Visitacion, Dana | Buspirone AM | 5 mg/tabdose is 3 tabs or 15 mg | daily in AM. (there is a different dose in PM) | anti-anxiety | yes |
| 8:00 am | Visitacion, Dana | Claritin (Non-Drowsy Allergy Relief) | 10mg1 tablet | once daily in am | seasonal allergies | yes |
| 8:00 am | Visitacion, Dana | Fluvoxamine Maleate | 50mg/tabdose is 100 mg or 2 tabs | once daily in morning | antidepressant | yes |
| 8:00 am | Visitacion, Dana | Jolessa | 0.15-0.03 mg/1 tab dose is 1 tab | once daily in morning | regulate menstrual cycles | yes |
| | | | | | | |
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| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|---------------------|--|----------------------------------|--|---|-----|
| | • | | | . , | , | |
| 9:00 am | Chien, Stephen | Valsartan | 160 mg/tabdose is 1 tablet | once daily after breakfast | anti-hypertensive | yes |
| 9:00 am | Chua, Hannah | Acetyl L-carnitine | 500 mg/capsuledose is 1 capsule | three times daily | Nutritional supplement | no |
| 9:00 am | Chua, Hannah | Fish Oil | 1000mg/capsuledose is 1 capsule | twice daily | Nutritional supplement | no |
| 9:00 am | Chua, Hannah | Vitamin D3 | 2000 IU/capsuledose is 1 capsule | once daily at breakfast | nutritional supplement | no |
| 9:00 am | Chua, Hannah | Levonorgestrel / estradiol | 0.15-0.03 mg/1 tab dose is 1 tab | daily in AM | to control menses | yes |
| 9:00 am | Chua, Hannah | Miralax | 1/2 capful | twice daily breakfast and dinner | prevent constipation | yes |
| 9:00 am | Eugenio, Benjamin | Fish Oil | 1 capsule | daily at breakfast | nutritional supplement | no |
| 9:00 am | Eugenio, Benjamin | Magnesium | 1 capsule | daily in AM | Nutritional supplement | no |
| 9:00 am | Gong, Richard | Bio-Kult probiotic | 1 capsule | twice dailywith breakfast and dinner meal | promotes healthy digestion and immune system | no |
| 9:00 am | Gong, Richard | Integrative Nutrivitamin Enzyme Complex, without iron | 1 capsule | twice daily with morning meal and evening meal | multivitamin, general nutritional health supplement | no |
| 9:00 am | Gong, Richard | Radiant Life Krill Extra | 1 capsule | twice daily with morning meal and dinner meal | Fish Oil nutritional supplement | no |
| 9:00 am | Hata, Randall | Fish Oil | 1000 mg/capsuledose is 1 capsule | once daily in am | nutritional supplement | no |
| 9:00 am | Hata, Randall | Multi- Vitamin | 1 tablet | daily in AM | nutritional supplement | no |
| 9:00 am | Hata, Randall | Vitamin C | 500 mg/tabletdose is 1 tablet | once daily in am | nutritional supplement | no |
| 9:00 am | Hata, Randall | Docusate Sodium | 250 mg/capsuledose is 1 capsule | twice daily | stool softener | yes |
| 9:00 am | Mar, Jodi | Fish Oil | one gummy 500 mg | once daily in the morning or at breakfast | nutritional supplement to reduce triglycerides | no |
| 9:00 am | Mar, Jodi | Multi-vites Gummy Vitamin | 2 adult multivatmin gummies | once daily at breakfast | nutritional supplement | no |
| 9:00 am | Nagao, Lacey | One A Day Multivitamin for Women | 1 tablet | daily at breakfast | nutritional supplement | no |
| 9:00 am | Nagao, Lacey | Vitamin D3 | 1 soft gel | daily at breakfast | nutritional supplement | no |
| 9:00 am | Nakagaki, Christine | Adult Multivitamn Gummies | 2 gummies | once daily at breakfast | nutritional supplement | no |
| 9:00 am | Nakagaki, Christine | Claritin Reditabs | 10 mg/tabletdose is 1 tablet | once daily at breakfast | control of seasonal allergies | yes |
| 9:00 am | Nishio, Marc | Calcium wtih Vitamin D | 500 mg/tabletdose is 1 tablet | twice dailybreakfast and dinner | nutritional supplement | no |
| 9:00 am | Nishio, Marc | Vitamin D3 | 1000IU/capsuledose is 1 capsule | daily | nutritional supplement | no |
| 9:00 am | Peeler, Jennifer | amphetamine salts | 5 mg/tabdose is 3 tabs or 15 mg | twice daily breakfast and lunchtime | treatment for ADHD | yes |

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|------------------|--------------------------------|---------------------------------|---|---|-----|
| 9:00 am | Peeler, Jennifer | Oxybutynin | 5 mg/tabletdose is 1 tablet | twice dailymorning and evening | urinary antispasmodic | yes |
| 9:00 am | Takamune, Lisa | Vitamin B-12 | 500 mg/tabletdose is 1 tablet | daily after breakfast | nutritional supplement | no |
| 9:00 am | Takamune, Lisa | Vitamin C | 500 mg/tabletdose is 1 tablet | daily after breakfast | nutritional supplement | no |
| 9:00 am | Takamune, Lisa | Clopidogrel | 75 mg/tabletdose is 1 tablet | daily in AM | anti platelet action; promotes heart and blood circulation | yes |
| 9:00 am | Visitacion, Dana | Multi- Vitamin | 1 tablet | once daily in morning | nutritional supplement | no |
| 9:00 am | Visitacion, Dana | Vitamin C | 1000 mg/tabdose is 1 tablet | once daily in morning | nutritional supplement | no |
| 9:00 am | Wang, Rebecca | Areds 2 Eye Vitamin | 1 tablet | twice daily with morning meal and dinner meal | nutritional supplement for eyes | no |
| 9:00 am | Wang, Rebecca | Calcium Gummies | 1 gummy | daily in the morning | nutritional supplement to promote bone health | no |
| 9:00 am | Wang, Rebecca | Flax Seed Oil | 1400 mg/tablet dose is 1 tablet | daily in the morning | nutritional supplement for heart health | no |
| 9:00 am | Wang, Rebecca | Move Free | 1 tablet | once daily in the morning | nutritional supplement to promote joint health | no |
| 9:00 am | Wang, Rebecca | One a Day for Women | 1 tablet | once daily in the morning | nutritional supplement multivitamin | no |
| 9:00 am | Wang, Rebecca | Vitamin D3 | 2000 IU/tabletdose is 1 tablet | once daily in the morning | nutritional supplement | no |
| 9:00 am | Wang, Rebecca | Azelastine Hcl 0.05% eye drops | 1 drop in both eyes | twice daily | antihistamine | yes |
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| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|------------------|--|----------------------------------|--|----------------------------|-----|
| 12 noon | Abasolo, Jerry | Curamin Extra Strength Pain Relief Supplement tablets | 1 tablet | daily at noon | relief of mild pain | yes |
| 12 noon | Abasolo, Jerry | Lamictal (Lamotrigine) | 200 mg/tabdose is 2 tablets | three times daily8 am; noon; 4 pm | seizure control | yes |
| 12 noon | Abasolo, Jerry | Oyster Shell Calcium, Vit D tablet | 1 tablet | daily at noon | Nutritional supplement | yes |
| 12 noon | Abasolo, Jerry | Potassium Citrate ER | 10 meq/tabdose is 1 tablet | three times a day | prevent kidney stones | yes |
| 12 noon | Abasolo, Jerry | Prune Juice | 1 bottle | daily at noon | promote bowel regularity | yes |
| 12 noon | Abasolo, Jerry | Zonegran (Zonisamide) cap | 100 mg/capsuledose is 2 capsules | three times a day8 am; noon; 4 pm | seizure control | yes |
| 12 noon | Chua, Hannah | Acetyl L-carnitine | 500 mg/capsuledose is 1 capsule | three times daily | Nutritional supplement | no |
| 12 noon | Nishio, Marc | LomotilEVEN days | 2.5 mg/tabdose is 1 tablet | three times daily | anti-diarrhea | yes |
| 12 noon | Peeler, Jennifer | amphetamine salts | 5 mg/tabdose is 3 tabs or 15 mg | twice daily breakfast and lunchtime | treatment for ADHD | yes |
| | | | | | | |
| | | | | | | |
| 2:00 pm | Chen, Jonathan | Gabapentin | 400 mg/capsuledose is 1 capsule | three times per day8 am; 2 pm; 9 pm | relief of neuropathic pain | yes |
| 2:00 pm | Narahara, Craig | Levitiracetam (Keppra) | 750 mg/tabletdose is 1 tablet | three times per day8 am; 2 pm; 9 pm | seizure control | yes |
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Thursday, 2019-07-04

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|----------------|---------------------------|-----------------------------------|--------------------------------------|----------------------------------|-----|
| 4:00 pm | Abasolo, Jerry | CVS Stool softener | 250 mg/capsuledose is 1 capsule | twice daily | stool softener | yes |
| 4:00 pm | Abasolo, Jerry | Hydrocodone (Norco) | 5/325 mg/1 tabletdose is 1 tablet | two times daily8 am; 4 pm | relief of pain | yes |
| 4:00 pm | Abasolo, Jerry | Lamictal (Lamotrigine) | 200 mg/tabdose is 2 tablets | three times daily8 am; noon; 4 pm | seizure control | yes |
| 4:00 pm | Abasolo, Jerry | Potassium Citrate ER | 10 meq/tabdose is 1 tablet | three times a day | prevent kidney stones | yes |
| 4:00 pm | Abasolo, Jerry | Probiotic | 1 capsule | twice daily | nutritional supplementgut health | yes |
| 4:00 pm | Abasolo, Jerry | Zonegran (Zonisamide) cap | 100 mg/capsuledose is 2 capsules | three times a day8 am; noon; 4 pm | seizure control | yes |
| | | | | | | |
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| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|-------------------|---------------------------------|---|---|---|-----|
| 5:00 pm | Kanemori, David | Active C | 500 mg/capsuledose is 1 capsule | twice dailybefore breakfast and before dinner | immune system support | no |
| 5:00 pm | Kanemori, David | All-In-One | 1 tablet | before breakfast and before dinner | multi-vitamin/mineral supplement | no |
| 5:00 pm | Kanemori, David | Cat's Claw | 500 mg/capsuledose is 1 capsule | daily before dinner | prevents Lyme disease | no |
| 5:00 pm | Kanemori, David | Probiotic | 1 capsule | twice daily before breakfast and before dinner | nutritional supplement to promote intestinal health | no |
| 5:00 pm | Kanemori, David | Wobenzyme | 1 capsule | twice daily before breakfast and before dinnner | nutritional supplement digestive enzyme | no |
| 5:00 pm | Mar, Jodi | Lamotrigine | 25 mg/chewable dispersible tabletdose is 100 mg or 4 chewable dispersible tablets | twice dailybreakfast and dinner | seizure control | yes |
| 5:00 pm | Miyashiro, Cindy | Brimonidine 0.2% eye solution | 1 drop in each eye | twice daily | glaucoma treatment | yes |
| 5:00 pm | Miyashiro, Cindy | Carbamazepine ER (Carbatrol) | 220 mg/capsletdose is 3 caplets | twice daily8 am and 5 pm | anti-seizure | yes |
| 5:00 pm | Miyashiro, Cindy | Oyster Shell 500 Vitamin D3 200 | 1 tablet | three times daily 8 am, 5 pm, 9 pm | nutritional supplement | yes |
| 5:00 pm | Miyashiro, Cindy | Simvastatin | 20mg/tabdose is 1 tablet | once daily in evening | cholesterol lowering agent | yes |
| 5:00 pm | Nishio, Marc | LomotilEVEN days | 2.5 mg/tabdose is 1 tablet | three times daily | anti-diarrhea | yes |
| 5:00 pm | Ouye, Jamie | Calcium Gummies | 500 mg/tabletdose is 1 tablet | twice daily before breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Ouye, Jamie | Vitamin C | 1000 mg/tabletdose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Ouye, Jamie | Vitamin D Gummy | 1500 mg/tabletdose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Ouye, Jamie | Women's Gummy Vitamin | 1 Gummy Vitamin | twice daily before breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Refuerzo, Melling | Buspirone | 10 mg1 tablet | twice daily: 8 am and 5 pm | anti-anxiety | yes |
| 5:00 pm | Refuerzo, Melling | Metformin | 1000 mg1 tablet | twice daily8 am and 5 pm | controls high blood sugar | yes |
| | | | | | | |
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| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|---------------------|--|---|--|---|-----|
| 6:00 pm | Chua, Hannah | Acetyl L-carnitine | 500 mg/capsuledose is 1 capsule | three times daily | Nutritional supplement | no |
| 6:00 pm | Chua, Hannah | Fish Oil | 1000mg/capsuledose is 1 capsule | twice daily | Nutritional supplement | no |
| 6:00 pm | Chua, Hannah | Miralax | 1/2 capful | twice daily breakfast and dinner | prevent constipation | yes |
| 6:00 pm | Gong, Richard | Bio-Kult probiotic | 1 capsule | twice dailywith breakfast and dinner meal | promotes healthy digestion and immune system | no |
| 6:00 pm | Gong, Richard | Integrative Nutrivitamin Enzyme Complex, without iron | 1 capsule | twice daily with morning meal and evening meal | multivitamin, general nutritional health supplement | no |
| 6:00 pm | Gong, Richard | Radiant Life Krill Extra | 1 capsule | twice daily with morning meal and dinner meal | Fish Oil nutritional supplement | no |
| 6:00 pm | Hata, Randall | Crestor | 20mg/tabdose is 1 tablet | daily in pm. | cholesterol lowering agent | yes |
| 6:00 pm | Hata, Randall | Docusate Sodium | 250 mg/capsuledose is 1 capsule | twice daily | stool softener | yes |
| 6:00 pm | Nakagaki, Christine | Miralax | 17 grams/packetdose is 1 packet. Dissolve in 4-8 oz fluid. | Dinner on Sunday, Tuesday, Thursday only | constipation relief | yes |
| 6:00 pm | Narahara, Craig | Benztropine (Cogentin) | 1 mg/tabdose is 1 tablet | twice daily8 am and 6 pm | control drooling, salivationanti-cholinergic agent | yes |
| 6:00 pm | Narahara, Craig | Divalproex | 500 mg/tabletdose is 1 tablet | twice daily8 am and 6 pm | seizure disorder | yes |
| 6:00 pm | Narahara, Craig | Fiber Pill | 625 mg/tabletdose is 1 tablet | twice daily8 am and 6 pm | promote bowel regularity | yes |
| 6:00 pm | Narahara, Craig | Oyster Calcium | 500 mg/tabletdose is 1 tablet | twice daily 8 am and 6 pm | nutritional supplement | yes |
| 6:00 pm | Nishio, Marc | Calcium wtih Vitamin D | 500 mg/tabletdose is 1 tablet | twice dailybreakfast and dinner | nutritional supplement | no |
| 6:00 pm | Peeler, Jennifer | Cephalexin Oral Suspension | 250 mg/5mls. dose is 5 mls or 1 tsp. | daily in evening | antibiotic for prevention of bladder infection | yes |
| 6:00 pm | Peeler, Jennifer | Escitalopram Oxalate (Lexapro) oral solution | 5 mg/5 mls. dose is 20 mls. | daily every evening | antidepressant;treatment for generalized anxiety disorder | yes |
| 6:00 pm | Peeler, Jennifer | Oxybutynin | 5 mg/tabletdose is 1 tablet | twice dailymorning and evening | urinary antispasmodic | yes |
| 6:00 pm | Takamune, Lisa | L-Arginine | 500 mg/tabdose is 2 capsules | daily after dinner | nutritional supplement for the heart | no |
| 6:00 pm | Wang, Rebecca | Areds 2 Eye Vitamin | 1 tablet | twice daily with morning meal and dinner meal | nutritional supplement for eyes | no |

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| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|---------------|--------------------------|--------------------------------|---------------------------|--|----|
| 6:00 pm | Wang, Rebecca | Citracal Calcium Citrate | 630 mg/tabletdose is 1 tablet | once daily in the evening | nutritional supplement to promote bone health | no |
| 6:00 pm | Wang, Rebecca | Digestive Advantage | 1 gummy | once daily in the evening | nutritional supplement to promote digestive health | no |
| 6:00 pm | Wang, Rebecca | Vitamin B-12 | 1000 mg/tabletdose is 1 tablet | once daily in the evening | nutritional supplement fort energy health | no |
| 6:00 pm | Wang, Rebecca | Vitamin C | 500 mg/tabletdose is 1 tablet | once daily in the evening | nutritional supplement | no |
| | | | | | | |
| | | | | | | |

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|-------------------|------------------------------------|--|------------------------------------|---|-----|
| 8:00 pm | Miyashiro, Cindy | Hydrocortisone cream | 1% creamapply small amount to rash areas on back | twice dailyAM and bedtime | ant inflammation | no |
| 8:00 pm | Nishio, Marc | Montelukast (generic for Singular) | 10 mg/tab1 tablet | once daily at bedtime | seasonal allergy control | yes |
| 8:00 pm | Nishio, Marc | Risperidone | 0.5 mg/tab1 tablet | twice daily | control of stimulatory behaviors | yes |
| 8:00 pm | Refuerzo, Melling | Loratadine | 10 mg1 tablet | daily in the evening8 pm | relief of seasonal allergies | yes |
| 8:00 pm | Refuerzo, Melling | Risperidone PM dose | 2 mg1 tablet | once daily in evening8 pm | treatment of mental/mood disorder | yes |
| 8:00 pm | Refuerzo, Melling | Simvastatin | 20 mg1 tablet | daily at bedtime8 pm | cholesterol lowering agent | yes |
| 8:00 pm | Tani, Glenn Ricky | Celexa (Citalopram) | 40 mg/tabletdose is 1 tablet | daily at bedtime | anti-anxietyanti-depressant | yes |
| 8:00 pm | Tani, Glenn Ricky | Cogentin (Benztropine) | 1 mg/tabdose is 1 tablet | daily at bedtime8 pm | antiparkinsonian, anticholinergic, anti-agitation | yes |
| 8:00 pm | Tani, Glenn Ricky | Seroquel (Quetiapine Fumartate) | 300 mg/tabdose is 1/2 tab or 150 mg | daily at bedtime8 pm | anti-psychotic, anti-depressant, anti-anxiety | yes |
| 8:00 pm | Visitacion, Dana | Buspirone PM | 5 mg/tabletdose is 1 tablet or 5 mg | daily at pmone hour before bedtime | anti-anxiety | yes |
| 8:00 pm | Visitacion, Dana | Guanfacine | 1 mg/tabdose is 1 tab | once daily in evening | anti-hypertensive | yes |
| 8:00 pm | Visitacion, Dana | Melatonin | 3 mg/1 tab and 5 mg/1 tabdose is 1 tab of each for total of 8 mg total | once daily in the evening | promote sleep | yes |
| 8:00 pm | Visitacion, Dana | Nortriptyline | 10 mg/capsule. dose is 40 mg or 4 capsules | once daily in evening | anti-depressant and to promote sleep | yes |
| 8:00 pm | Visitacion, Dana | Theanine | 100 mg/tabdose is 1 tab | once daily in evening | amino acid | yes |
| | | | | | | |
| | | | | | | |

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|------------------|--------------------------------------|---|---|--|-----|
| 9:00 pm | Abasolo, Jerry | Terbinafine HCL 1% cream (Lamisil) | apply to affected area of rash on L abd. | twice dailyAM and bedtime after shower | anti fungal medication | no |
| 9:00 pm | Abasolo, Jerry | Vinegarexternal use | soak Qtip and swab both ears up until line indicated on Qtip. | daily at bedtime | treatment for ear itch eczema | no |
| 9:00 pm | Abasolo, Jerry | Allerclear Loratadine | 10mg/tabdose is 1 tablet | daily at bedtime | allergy relief, antihistamine, itchy or allergic skin reaction | yes |
| 9:00 pm | Abasolo, Jerry | Atenolol | 25 mg/tabdose is 1 tab | twice daily | anti-hypertensive | yes |
| 9:00 pm | Abasolo, Jerry | Hydrocodone / Acetaminophen -BEDTIME | 5/325 mg/tabdose is 2 TABLETS | daily at bedtime | pain relief | yes |
| 9:00 pm | Abasolo, Jerry | Lamictal Bedtime | 200 mg/tabdose is 3 tablets | daily at bedtime9 pm | seizure control | yes |
| 9:00 pm | Abasolo, Jerry | Zonegran (Zonisamide) Bedtime | 100 mg/capdose is 3 capsules | daily at bedtime9 pm | seizure control | yes |
| 9:00 pm | Chen, Jonathan | Gabapentin | 400 mg/capsuledose is 1 capsule | three times per day8 am; 2 pm; 9 pm | relief of neuropathic pain | yes |
| 9:00 pm | Chua, Hannah | Magnesium | 400 mg/tabletdose is 1 tablet | daily at bedtimecan take half hour before with melatonin | nutritional supplement | no |
| 9:00 pm | Chua, Hannah | Melatonin | 1 mg/tabletdose is 1 tablet | daily at bedtimecan take half hour before | Nutritional supplement | no |
| 9:00 pm | Hata, Randall | Aquaphor spray | spray to affected areas on arms and legs | daily after showering | prevent skin dryness | no |
| 9:00 pm | Miyashiro, Cindy | Chlorhexidine 0.12% mouth rinse | 1/2 oz undiluted rinse in mouth | once daily at bedtime | treatment for gum disease | no |
| 9:00 pm | Miyashiro, Cindy | Triamcinolone 0.5% | apply small amount to affected area | twice dailyAM and bedtime | steroid cream | no |
| 9:00 pm | Miyashiro, Cindy | Vitamin E cream | apply to affectd areas of skin rash to back of legs | daily at bedtime | promotes skin health | no |
| 9:00 pm | Miyashiro, Cindy | Citalopram HBR (Celexa) | 40 mg/tabletdose is 1 tablet | daily at bedtime9 pm | antidepressant | yes |
| 9:00 pm | Miyashiro, Cindy | Latanoprost | 0.005%dose is 1 drop in each eye | daily at bedtime9 pm | glaucoma treatment | yes |
| 9:00 pm | Miyashiro, Cindy | Oyster Shell 500 Vitamin D3 200 | 1 tablet | three times daily 8 am, 5 pm, 9 pm | nutritional supplement | yes |
| 9:00 pm | Miyashiro, Cindy | Risperidone HS dose 0.5 mg tab | 0.5 mg/tab1 tablet | daily at 9 pm | mood stabilizeranti-psychotic | yes |
| 9:00 pm | Miyashiro, Cindy | Risperidone HS dose 1 mg tablet | 1 mg/tabletdose is 1 tablet | daily at bedtime9 pm | mood stabilizer, anti-psychotic | yes |

| 9:00 pm Narahara, Craig Gemfibrozii (Lopid) 600 mg/tablet—dose is 1 tablet three times per day—8 am; seizure control yether three times | | | I | I . | 1 | | |
|--|--------------|-------------------|--------------------------------|------------------------------------|--------------------------------|------------------------------------|-----|
| 200 pm Narahara, Craig Levitiracetam (Keppra) 750 mg/tablet-dose is 1 tablet 2 pm; 9 pm seizure control yes 2 pm; 9 pm seizure yes 2 pm; 9 pm | Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
| 2 pm; 9 pm 1 Takamune, Lisa 1 Zioptan 1 one drop bothe yes 1 daily at bedtime 1 glaucoma treatment 1 yes 1 glaucoma treatment 1 | 9:00 pm | Narahara, Craig | Gemfibrozil (Lopid) | 600 mg/tabletdose is 1 tablet | daily at bedtime9 pm | cholesterol control | yes |
| 20 mg/tabdose is 1 tablet daily at bedtime9 pm anti-spasticity yes 300 mg/tabdose is 2 tabs at bedtime anti-spasticity yes 300 mg/tabdose is 2 tabs at bedtime anti-spasticity yes 300 mg/tabdose is 2 tabs at bedtime anti-spasticity yes 300 mg/tabdose is 2 tabs at bedtime anti-spasticity yes 300 mg/tabdose is 2 tabs at bedtime anti-spasticity yes 300 mg/tabdose is 2 tabs at bedtime anti-spasticity yes 300 mg/tabdose is 2 tabs at bedtime. 9 pm anti-spasticity yes 300 mg/tabdose is 2 tabs at bedtime anti-spasticity yes 300 mg/tabdose is 2 tabs at bedtime. 9 pm anti-spasticity yes 300 mg/tabdose is 2 tabs at bedtime. 9 pm anti-spasticity yes 300 mg/tabdose is 2 tabs at bedtime. 9 pm anti-spasticity yes 300 mg/tabdose is 2 tabs at bedtime. 9 pm anti-spasticity yes 300 mg/tabdose is 1 tablet aliquity at bedtime9 pm anti-spasticity yes 300 mg/tabdose is 1 tablet aliquity at bedtime9 pm anti-spasticity yes 300 mg/tabdose is 1 tablet aliquity at bedtime9 pm anti-spasticity yes 300 mg/tabdose is 1 tablet aliquity at bedtime9 pm anti-spasticity anti-spasticity yes 300 mg/tabdose is 1 tablet aliquity at bedtime9 pm anti-spasticity anti-spasticity anti-spasticity yes 300 mg/tabdose is 1 tablet aliquity at bedtime9 pm anti-spasticity an | 9:00 pm | Narahara, Craig | Levitiracetam (Keppra) | 750 mg/tabletdose is 1 tablet | | seizure control | yes |
| 9:00 pm Verzani, Amanda Trileptal(Oxcarbazepine)HS 300 mg/tab-dose is 2 tabs at bedtime 4:00 pm Verzani, Amanda Trileptal(Oxcarbazepine)HS 300 mg/tab-dose is 2 tabs at bedtime 4:00 pm Verzani, Amanda Trileptal(Oxcarbazepine)HS 300 mg/tab-dose is 2 tabs at bedtime 4:00 pm Verzani, Amanda Trileptal(Oxcarbazepine)HS 300 mg/tab-dose is 2 tabs at bedtime 4:00 pm Verzani, Amanda Trileptal(Oxcarbazepine)HS 300 mg/tab-dose is 2 tabs at bedtime 4:00 pm Verzani, Amanda Trileptal(Oxcarbazepine)HS 300 mg/tab-dose is 2 tabs at bedtime 4:00 pm Verzani, Amanda Trileptal(Oxcarbazepine)HS 300 mg/tab-dose is 2 tabs at bedtime 4:00 pm Verzani, Amanda Trileptal(Oxcarbazepine)HS 300 mg/tab-dose is 2 tabs at bedtime 4:00 pm Verzani, Amanda Trileptal(Oxcarbazepine)HS 300 mg/tab-dose is 2 tabs at bedtime 4:00 pm Verzani, Amanda Trileptal(Oxcarbazepine)HS 300 mg/tab-dose is 2 tabs at bedtime 4:00 pm Verzani, Amanda Trileptal(Oxcarbazepine)HS 300 mg/tab-dose is 2 tabs at bedtime 4:00 pm Verzani, Amanda Illergia 5:00 mg/tab-dose is 2 tabs at bedtime 4:00 pm Verzani, Amanda Illergia 5:00 mg/tab-dose is 2 tabs at bedtime 4:00 pm Verzani, Amanda Illergia 5:00 mg/tab-dose is 2 tabs at bedtime 4:00 pm Verzani, Amanda Illergia 5:00 mg/tab-dose is 2 tabs are 1:00 mg/tab-dose is 1 table 4:00 mg/tab-dose is 1 tab 4:00 mg/tab-dose is 1 tab 5:00 mg/tab-dose is 1 tab 6:00 mg/tab-dose is | 9:00 pm | Takamune, Lisa | Zioptan | one drop both eyes | daily at bedtime | glaucoma treatment | yes |
| Provided the provided by the p | 9:00 pm | Verzani, Amanda | Baclofen | 20 mg/tabdose is 1 tablet | daily at bedtime9 pm | anti-spasticity | yes |
| Eugenio, Benjamin Xyzal 5 mg/tabdose is 1 tablet as needed for allergy symptoms at bedtime, if needed on the eded as needed for allergy symptoms at bedtime, if needed as needed for allergy symptoms at bedtime, if needed; do not exceed 6 doses in 24 hrs. Biggin as needed for allergy symptoms at bedtime, if needed; do not exceed 6 doses in 24 hrs. Biggin as needed for allergy symptoms at bedtime, if needed; do not exceed 6 doses in 24 hrs. Biggin as needed for eye dryness as needed for eye dryness eye lubrication to prevent dryness no not exceed 6 doses in 24 hrs. Biggin as needed for eye dryness eye lubrication to prevent dryness not needed for sinus congestion relief of nasal congestion yet as needed for sinus congestion relief of nasal congestion yet as needed for sinus congestion as needed for sinus congestion as needed for sinus congestion relief of nasal congestion yet as needed every 4 hrs for allergy symptoms—1 tablet as needed for scrapes and cuts homeopathic ointment for healing not not needed areas Biggin as needed for scrapes and cuts homeopathic ointment for healing not not needed areas Biggin as needed for scrapes and cuts homeopathic ointment for healing not not needed areas Biggin as needed for cuts and scrapes topical antibiotic ointment not not needed for cuts and scrapes and allergies/common cold yet specific not not needed for seasonal allergies as needed for seasonal allergies as needed for seasonal allergies as needed for headache or mild pain yet stated for headache or mild | 9:00 pm | Verzani, Amanda | Trileptal(Oxcarbazepine)HS | | daily at bedtime9 pm | anti-seizure | yes |
| sas as needed Fugenio, Benjamin Ayzar Simylabertose is 1 tablet bedtime, if needed bedtime, if needed sas as needed Fugenio, Benjamin Ayzar Simylabertose is 1 tablet bedtime, if needed some possible of the symptoms as needed for above symptoms as needed for above symptoms as needed for eye dryness eye lubrication to prevent dryness no as needed for eye dryness eye lubrication to prevent dryness no as needed for sinus congestion relief of nasal congestion yes as needed every 4 hrs for allergy symptoms—1 tablet seasonal allergies yes seasonal yes yes hereded for headache or mild pain yes yes labertos as needed for headache or mild pain yes yes labertos yes la | 9:00 pm | Wang, Rebecca | Azelastine Hcl 0.05% eye drops | 1 drop in both eyes | twice daily | antihistamine | yes |
| sas as needed Fugenio, Benjamin Ayzar Simylabertose is 1 tablet bedtime, if needed bedtime, if needed sas as needed Fugenio, Benjamin Ayzar Simylabertose is 1 tablet bedtime, if needed some possible of the symptoms as needed for above symptoms as needed for above symptoms as needed for eye dryness eye lubrication to prevent dryness no as needed for eye dryness eye lubrication to prevent dryness no as needed for sinus congestion relief of nasal congestion yes as needed every 4 hrs for allergy symptoms—1 tablet seasonal allergies yes seasonal yes yes hereded for headache or mild pain yes yes labertos as needed for headache or mild pain yes yes labertos yes la | | | | | | | |
| sas as needed Fugenio, Benjamin Ayzar Simylabertose is 1 tablet bedtime, if needed bedtime, if needed sas as needed Fugenio, Benjamin Ayzar Simylabertose is 1 tablet bedtime, if needed some possible of the symptoms as needed for above symptoms as needed for above symptoms as needed for eye dryness eye lubrication to prevent dryness no as needed for eye dryness eye lubrication to prevent dryness no as needed for sinus congestion relief of nasal congestion yes as needed every 4 hrs for allergy symptoms—1 tablet seasonal allergies yes seasonal yes yes hereded for headache or mild pain yes yes labertos as needed for headache or mild pain yes yes labertos yes la | | | | | | | |
| symptoms not exceed 6 doses in 24 hrs. itchy or allergic skin reaction yes as needed Hata, Randall Refresh eye drops 1 drop in each eye as needed for eye dryness eye lubrication to prevent dryness no no as needed for eye dryness as needed for sinus congestion relief of nasal congestion yes as needed every 4 hrs for allergy seasonal allergies yes seasonal allergies yes seasonal allergies yes as needed Kanemori, David Calendula apply small amount to affected areas as needed for scrapes and cuts homeopathic ointment for healing no as needed for scrapes and cuts homeopathic ointment for healing no as needed Nishio, Marc Lomotil 2.5 mg/tabdose is 1 tablet AS NEEDED FOR DIARRHEAAN ADDITIONAL 1 TABLET PER DAY as needed Verzani, Amanda Neosporin as needed to cover cuts or scarped as needed for cuts and scrapes topical antibiotic ointment no seasonal allergy symptoms seasonal allergy seasonal allergies/common cold symptoms yes needed for headache or mild pain yes needed for headache or mild pain yes needed for headache or mild relief of headache or mild pain yes needed for headache or mild relief of headache or mild pain yes needed for headache or mild relief of headache or mild pain yes needed for headache or mild p | as needed | Eugenio, Benjamin | Xyzal | 5 mg/tabdose is 1 tablet | | treatment for sinus allergies | yes |
| needed Hata, Randall Refresh eye drops I drop in each eye as needed for eye dryness eye lubrication to prevent dryness no as needed. Hata, Randall Fluticasone 50 mcg Nasal Spray I puff each nostril as needed for sinus congestion relief of nasal congestion yes as needed. Kanazawa, Curtis Chlorpheniramine 4 mg1 tablet as needed every 4 hrs for allergy symptoms1 tablet homeopathic ointment for healing no as needed for scrapes and cuts homeopathic ointment for healing no as needed. Nishio, Marc Lomotil 2.5 mg/tabdose is 1 tablet AS NEEDED FOR DIARRHEAAN ADDITIONAL 1 TABLET PER DAY control diarrhea yes as needed for cuts and scrapes with topical antibiotic ointment no as needed for seasonal allergy seasonal allergy seasonal allergy seasonal allergy seasonal allergy symptoms. Visitacion, Dana Benadryl 25 mg/tabdose is 2 tabs or 50 mg as needed for headache or mild relief of headache or mild pain yes | as needed | Gong, Richard | Diphenhydramine | - | | | yes |
| Hata, Randall Fluticasone 50 mcg Nasal Spray 1 puff each nostril as needed for sinus congestion relief of nasal congestion yes as needed Kanazawa, Curtis Chlorpheniramine 4 mg1 tablet as needed every 4 hrs for allergy symptoms1 tablet seasonal allergies yes seasonal allergies yes as needed for scrapes and cuts homeopathic ointment for healing scrapes and cuts as needed for scrapes and cuts homeopathic ointment for healing scrapes and cuts as needed for Spray and cuts are spray as needed for Spray as needed for Spray as needed for Spray as needed for Spray and Control diarrhea yes as needed for Spray as needed for | as needed | Hata, Randall | Refresh eye drops | 1 drop in each eye | as needed for eye dryness | eye lubrication to prevent dryness | no |
| needed Kanazawa, Curtis Chiorpheniramine 4 mg1 tablet symptoms1 tablet seasonal allergies yet seasonal allergies yet as meeded Kanemori, David Calendula apply small amount to affected as needed for scrapes and cuts homeopathic ointment for healing no scrapes and cuts. AS NEEDED FOR DIARRHEAAN and control diarrhea yet as needed Verzani, Amanda Neosporin as needed to cover cuts or scarped as needed for cuts and scrapes topical antibiotic ointment no as needed Visitacion, Dana Benadryl 25 mg/tabdose is 2 tabs or 50 mg as needed for seasonal allergy seasonal allergies/common cold symptoms yet as needed for headache or mild pain yet as | as needed | Hata, Randall | Fluticasone 50 mcg Nasal Spray | 1 puff each nostril | as needed for sinus congestion | relief of nasal congestion | yes |
| needed Nishio, Marc Lomotil 2.5 mg/tabdose is 1 tablet AS NEEDED FOR DIARRHEAAN ADDITIONAL 1 TABLET PER DAY control diarrhea yes as needed for cuts and scrapes and cuts scrapes are scrapes and cuts scrapes are scrapes are scrapes and cuts scrapes are scra | as needed | Kanazawa, Curtis | Chlorpheniramine | 4 mg1 tablet | | seasonal allergies | yes |
| ADDITIONAL 1 TABLET PER DAY AS needed for cuts and scrapes ADDITIONAL 1 TABLET PER DAY AS needed for cuts and scrapes ADDITIONAL 1 TABLET PER DAY AS needed for cuts and scrapes AS needed for seasonal allergy seasonal allergy symptoms AS needed for seasonal allergy symptoms AS Needed for headache or mild symptoms AS needed for headache or mild relief of headache or mild pain ADDITIONAL 1 TABLET PER DAY AS needed for cuts and scrapes AS needed for seasonal allergy symptoms AS needed for headache or mild relief of headache or mild pain ADDITIONAL 1 TABLET PER DAY | as needed | Kanemori, David | Calendula | | as needed for scrapes and cuts | | no |
| as needed Verzani, Amanda Neosporin as needed to cover cuts or scarped as needed for cuts and scrapes topical antibiotic ointment no as needed Visitacion, Dana Benadryl 25 mg/tabdose is 2 tabs or 50 mg as needed for seasonal allergy symptoms seasonal allergies/common cold symptoms yes | as needed | Nishio, Marc | Lomotil | 2.5 mg/tabdose is 1 tablet | | control diarrhea | yes |
| needed Visitacion, Dana Ibuprofen 200 mg/tabdose is 1 tab symptoms symptoms symptoms yes | as needed | Verzani, Amanda | Neosporin | as needed to cover cuts or scarped | as needed for cuts and scrapes | topical antibiotic ointment | no |
| Teller of field and find pair yes | as needed | Visitacion, Dana | Benadryl | 25 mg/tabdose is 2 tabs or 50 mg | | | yes |
| | as needed | Visitacion, Dana | Ibuprofen | 200 mg/tabdose is 1 tab | | relief of headache or mild pain | yes |
| | | | | | | | |
| | | | | | | | |

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HS Master Schedule

Friday, 2019-07-05

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|----------------|------------------------------------|--|--|------------------------|----|
| 7:00 am | Abasolo, Jerry | Terbinafine HCL 1% cream (Lamisil) | apply to affected area of rash on L abd. | twice dailyAM and bedtime after shower | anti fungal medication | no |
| | | | | | | |
| | | | | | | |

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|-----------------|--|-----------------------------------|---|--|-----|
| 8:00 am | Abasolo, Jerry | Atenolol | 25 mg/tabdose is 1 tab | twice daily | anti-hypertensive | yes |
| 8:00 am | Abasolo, Jerry | CVS Stool softener | 250 mg/capsuledose is 1 capsule | twice daily | stool softener | yes |
| 8:00 am | Abasolo, Jerry | Hydrocodone (Norco) | 5/325 mg/1 tabletdose is 1 tablet | two times daily8 am; 4 pm | relief of pain | yes |
| 8:00 am | Abasolo, Jerry | Lamictal (Lamotrigine) | 200 mg/tabdose is 2 tablets | three times daily8 am; noon; 4 pm | seizure control | yes |
| 8:00 am | Abasolo, Jerry | Potassium Citrate ER | 10 meq/tabdose is 1 tablet | three times a day | prevent kidney stones | yes |
| 8:00 am | Abasolo, Jerry | Pravastatin | 20 mg/tabdose is 1 tablet | daily in am | cholesterol lowering agent | yes |
| 8:00 am | Abasolo, Jerry | Probiotic | 1 capsule | twice daily | nutritional supplementgut health | yes |
| 8:00 am | Abasolo, Jerry | Zonegran (Zonisamide) cap | 100 mg/capsuledose is 2 capsules | three times a day8 am; noon; 4 pm | seizure control | yes |
| 8:00 am | Chen, Jonathan | Gabapentin | 400 mg/capsuledose is 1 capsule | three times per day8 am; 2 pm; 9 pm | relief of neuropathic pain | yes |
| 8:00 am | Kanemori, David | Active C | 500 mg/capsuledose is 1 capsule | twice dailybefore breakfast and before dinner | immune system support | no |
| 8:00 am | Kanemori, David | All-In-One | 1 tablet | before breakfast and before dinner | multi-vitamin/mineral supplement | no |
| 8:00 am | Kanemori, David | Benfotiamine | 250 mg/capsuledose is 1 capsule | daily before breakfast | protection from high blood sugar | no |
| 8:00 am | Kanemori, David | Magnesium Glycinate | 400 mg/capsuledoae is 1 capsule | daily before breakfast | nutritional supplement to balance glutamate, aids muscle flexibility, calming effect | no |
| 8:00 am | Kanemori, David | Pantothenic Acid | 500 mg/tabletdose is 1 tablet | daily before breakfast | nutritional supplement to prevent allergies | no |
| 8:00 am | Kanemori, David | Probiotic | 1 capsule | twice daily before breakfast and before dinner | nutritional supplement to promote intestinal health | no |
| 8:00 am | Kanemori, David | Pteridin4 (Tetrahydrobiopterin 2.5 mg) | 1 tablet | daily before breakfast | Nutritional supplement | no |
| 8:00 am | Kanemori, David | Vitamin D3 | 1 capsule | daily before breakfast | 5000 IU/capsuledose is 1 capsule | no |
| 8:00 am | Kanemori, David | Wobenzyme | 1 capsule | twice daily before breakfast and before dinnner | nutritional supplement digestive enzyme | no |
| 8:00 am | Kanemori, David | Yeast Formula | 2 tabs | daily before breakfast | Nutritional supplement | no |

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|------------------|---------------------------------|---|---|---|-----|
| 8:00 am | Mar, Jodi | Lamotrigine | 25 mg/chewable dispersible tabletdose is 100 mg or 4 chewable dispersible tablets | twice dailybreakfast and dinner | seizure control | yes |
| 8:00 am | Mar, Jodi | Levothyroxine | 50 mcg1 tablet | daily in the morning | thyroid hormone replacement | yes |
| 8:00 am | Miyashiro, Cindy | Hydrocortisone cream | 1% creamapply small amount to rash areas on back | twice dailyAM and bedtime | ant inflammation | no |
| 8:00 am | Miyashiro, Cindy | Triamcinolone 0.5% | apply small amount to affected area | twice dailyAM and bedtime | steroid cream | no |
| 8:00 am | Miyashiro, Cindy | Brimonidine 0.2% eye solution | 1 drop in each eye | twice daily | glaucoma treatment | yes |
| 8:00 am | Miyashiro, Cindy | Carbamazepine ER (Carbatrol) | 220 mg/capsletdose is 3 caplets | twice daily8 am and 5 pm | anti-seizure | yes |
| 8:00 am | Miyashiro, Cindy | Oyster Shell 500 Vitamin D3 200 | 1 tablet | three times daily 8 am, 5 pm, 9 pm | nutritional supplement | yes |
| 8:00 am | Miyashiro, Cindy | RisperidoneAM | 2 mg/tabletdose is 1 tablet | daily in AM | mood stabilizeranti-psychotic | yes |
| 8:00 am | Miyashiro, Cindy | Thera-M | 1 tablet | daily in am | nutritional supplement | yes |
| 8:00 am | Narahara, Craig | Benztropine (Cogentin) | 1 mg/tabdose is 1 tablet | twice daily8 am and 6 pm | control drooling, salivationanti-cholinergic agent | yes |
| 8:00 am | Narahara, Craig | Divalproex | 500 mg/tabletdose is 1 tablet | twice daily8 am and 6 pm | seizure disorder | yes |
| 8:00 am | Narahara, Craig | Fiber Pill | 625 mg/tabletdose is 1 tablet | twice daily8 am and 6 pm | promote bowel regularity | yes |
| 8:00 am | Narahara, Craig | Levitiracetam (Keppra) | 750 mg/tabletdose is 1 tablet | three times per day8 am; 2 pm; 9 pm | seizure control | yes |
| 8:00 am | Narahara, Craig | Oyster Calcium | 500 mg/tabletdose is 1 tablet | twice daily 8 am and 6 pm | nutritional supplement | yes |
| 8:00 am | Narahara, Craig | Vitamin D3 | 2000 IU/tabletdose is 1 tablet | once daily in am | nutritional supplement | yes |
| 8:00 am | Nishio, Marc | LomotilODD Days | 2.5 mg/tabdose is 1 tablet | twice daily | anti-diarrhea | yes |
| 8:00 am | Nishio, Marc | Omeprazole | 20 mg/capsuledose is 1 capsule | daily in am | control heartburn | yes |
| 8:00 am | Nishio, Marc | Risperidone | 0.5 mg/tab1 tablet | twice daily | control of stimulatory behaviors | yes |
| 8:00 am | Ouye, Jamie | Calcium Gummies | 500 mg/tabletdose is 1 tablet | twice daily before breakfast and dinner | nutritional supplement | no |

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|-------------------|---|---|---|-----------------------------------|-----|
| 8:00 am | Ouye, Jamie | Vitamin C | 1000 mg/tabletdose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 8:00 am | Ouye, Jamie | Vitamin D Gummy | 1500 mg/tabletdose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 8:00 am | Ouye, Jamie | Women's Gummy Vitamin | 1 Gummy Vitamin | twice daily before breakfast and dinner | nutritional supplement | no |
| 8:00 am | Refuerzo, Melling | Buspirone | 10 mg1 tablet | twice daily: 8 am and 5 pm | anti-anxiety | yes |
| 8:00 am | Refuerzo, Melling | Citalopram HBR (Celexa) | 40 mg1 tablet | once daily8 am | anti-depressant | yes |
| 8:00 am | Refuerzo, Melling | Lisinopril | 10 mg1 tablet | daily in the morning8 am | treat high blood pressure | yes |
| 8:00 am | Refuerzo, Melling | Metformin | 1000 mg1 tablet | twice daily8 am and 5 pm | controls high blood sugar | yes |
| 8:00 am | Refuerzo, Melling | RisperidoneAM | 1 mg1 tablet | once daily8 am | treatment of mental/mood disorder | yes |
| 8:00 am | Verzani, Amanda | Trileptal (Oxcarbazepine)AM | 300 mg/tablet dose is 450 mg1.5 tablets | daily in AM | anti-seizure | yes |
| 8:00 am | Visitacion, Dana | Buspirone AM | 5 mg/tabdose is 3 tabs or 15 mg | daily in AM. (there is a different dose in PM) | anti-anxiety | yes |
| 8:00 am | Visitacion, Dana | Claritin (Non-Drowsy Allergy Relief) | 10mg1 tablet | once daily in am | seasonal allergies | yes |
| 8:00 am | Visitacion, Dana | Fluvoxamine Maleate | 50mg/tabdose is 100 mg or 2 tabs | once daily in morning | antidepressant | yes |
| 8:00 am | Visitacion, Dana | Jolessa | 0.15-0.03 mg/1 tab dose is 1 tab | once daily in morning | regulate menstrual cycles | yes |
| 8:00 am | Wang, Rebecca | Alendronate Sodium | 70 mg/tabletdose is 1 tablet | once per week on Friday morning, 30 minutes before breakfast | promotes bone health | yes |
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| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|---------------------|--|----------------------------------|--|---|-----|
| 9:00 am | Chien, Stephen | Valsartan | 160 mg/tabdose is 1 tablet | once daily after breakfast | anti-hypertensive | yes |
| 9:00 am | Chua, Hannah | Acetyl L-carnitine | 500 mg/capsuledose is 1 capsule | three times daily | Nutritional supplement | no |
| 9:00 am | Chua, Hannah | Fish Oil | 1000mg/capsuledose is 1 capsule | twice daily | Nutritional supplement | no |
| 9:00 am | Chua, Hannah | Vitamin D3 | 2000 IU/capsuledose is 1 capsule | once daily at breakfast | nutritional supplement | no |
| 9:00 am | Chua, Hannah | Levonorgestrel / estradiol | 0.15-0.03 mg/1 tab dose is 1 tab | daily in AM | to control menses | yes |
| 9:00 am | Chua, Hannah | Miralax | 1/2 capful | twice daily breakfast and dinner | prevent constipation | yes |
| 9:00 am | Eugenio, Benjamin | Fish Oil | 1 capsule | daily at breakfast | nutritional supplement | no |
| 9:00 am | Eugenio, Benjamin | Magnesium | 1 capsule | daily in AM | Nutritional supplement | no |
| 9:00 am | Gong, Richard | Bio-Kult probiotic | 1 capsule | twice dailywith breakfast and dinner meal | promotes healthy digestion and immune system | no |
| 9:00 am | Gong, Richard | Integrative Nutrivitamin Enzyme Complex, without iron | 1 capsule | twice daily with morning meal and evening meal | multivitamin, general nutritional health supplement | no |
| 9:00 am | Gong, Richard | Radiant Life Krill Extra | 1 capsule | twice daily with morning meal and dinner meal | Fish Oil nutritional supplement | no |
| 9:00 am | Hata, Randall | Fish Oil | 1000 mg/capsuledose is 1 capsule | once daily in am | nutritional supplement | no |
| 9:00 am | Hata, Randall | Multi- Vitamin | 1 tablet | daily in AM | nutritional supplement | no |
| 9:00 am | Hata, Randall | Vitamin C | 500 mg/tabletdose is 1 tablet | once daily in am | nutritional supplement | no |
| 9:00 am | Hata, Randall | Docusate Sodium | 250 mg/capsuledose is 1 capsule | twice daily | stool softener | yes |
| 9:00 am | Mar, Jodi | Fish Oil | one gummy 500 mg | once daily in the morning or at breakfast | nutritional supplement to reduce triglycerides | no |
| 9:00 am | Mar, Jodi | Multi-vites Gummy Vitamin | 2 adult multivatmin gummies | once daily at breakfast | nutritional supplement | no |
| 9:00 am | Nagao, Lacey | One A Day Multivitamin for Women | 1 tablet | daily at breakfast | nutritional supplement | no |
| 9:00 am | Nagao, Lacey | Vitamin D3 | 1 soft gel | daily at breakfast | nutritional supplement | no |
| 9:00 am | Nakagaki, Christine | Adult Multivitamn Gummies | 2 gummies | once daily at breakfast | nutritional supplement | no |
| 9:00 am | Nakagaki, Christine | Claritin Reditabs | 10 mg/tabletdose is 1 tablet | once daily at breakfast | control of seasonal allergies | yes |
| 9:00 am | Nishio, Marc | Calcium wtih Vitamin D | 500 mg/tabletdose is 1 tablet | twice dailybreakfast and dinner | nutritional supplement | no |
| 9:00 am | Nishio, Marc | Vitamin D3 | 1000IU/capsuledose is 1 capsule | daily | nutritional supplement | no |
| 9:00 am | Peeler, Jennifer | amphetamine salts | 5 mg/tabdose is 3 tabs or 15 mg | twice daily breakfast and lunchtime | treatment for ADHD | yes |

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|------------------|--------------------------------|---------------------------------|---|--|-----|
| 9:00 am | Peeler, Jennifer | Oxybutynin | 5 mg/tabletdose is 1 tablet | twice dailymorning and evening | urinary antispasmodic | yes |
| 9:00 am | Takamune, Lisa | Vitamin B-12 | 500 mg/tabletdose is 1 tablet | daily after breakfast | nutritional supplement | no |
| 9:00 am | Takamune, Lisa | Vitamin C | 500 mg/tabletdose is 1 tablet | daily after breakfast | nutritional supplement | no |
| 9:00 am | Takamune, Lisa | Clopidogrel | 75 mg/tabletdose is 1 tablet | daily in AM | anti platelet action; promotes heart and blood circulation | yes |
| 9:00 am | Visitacion, Dana | Multi- Vitamin | 1 tablet | once daily in morning | nutritional supplement | no |
| 9:00 am | Visitacion, Dana | Vitamin C | 1000 mg/tabdose is 1 tablet | once daily in morning | nutritional supplement | no |
| 9:00 am | Wang, Rebecca | Areds 2 Eye Vitamin | 1 tablet | twice daily with morning meal and dinner meal | nutritional supplement for eyes | no |
| 9:00 am | Wang, Rebecca | Calcium Gummies | 1 gummy | daily in the morning | nutritional supplement to promote bone health | no |
| 9:00 am | Wang, Rebecca | Flax Seed Oil | 1400 mg/tablet dose is 1 tablet | daily in the morning | nutritional supplement for heart health | no |
| 9:00 am | Wang, Rebecca | Move Free | 1 tablet | once daily in the morning | nutritional supplement to promote joint health | no |
| 9:00 am | Wang, Rebecca | One a Day for Women | 1 tablet | once daily in the morning | nutritional supplement multivitamin | no |
| 9:00 am | Wang, Rebecca | Vitamin D3 | 2000 IU/tabletdose is 1 tablet | once daily in the morning | nutritional supplement | no |
| 9:00 am | Wang, Rebecca | Azelastine Hcl 0.05% eye drops | 1 drop in both eyes | twice daily | antihistamine | yes |
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| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|------------------|--|----------------------------------|--|----------------------------|-----|
| 12 noon | Abasolo, Jerry | Curamin Extra Strength Pain Relief Supplement tablets | 1 tablet | daily at noon | relief of mild pain | yes |
| 12 noon | Abasolo, Jerry | Lamictal (Lamotrigine) | 200 mg/tabdose is 2 tablets | three times daily8 am; noon; 4 pm | seizure control | yes |
| 12 noon | Abasolo, Jerry | Oyster Shell Calcium, Vit D tablet | 1 tablet | daily at noon | Nutritional supplement | yes |
| 12 noon | Abasolo, Jerry | Potassium Citrate ER | 10 meq/tabdose is 1 tablet | three times a day | prevent kidney stones | yes |
| 12 noon | Abasolo, Jerry | Prune Juice | 1 bottle | daily at noon | promote bowel regularity | yes |
| 12 noon | Abasolo, Jerry | Zonegran (Zonisamide) cap | 100 mg/capsuledose is 2 capsules | three times a day8 am; noon; 4 pm | seizure control | yes |
| 12 noon | Chua, Hannah | Acetyl L-carnitine | 500 mg/capsuledose is 1 capsule | three times daily | Nutritional supplement | no |
| 12 noon | Peeler, Jennifer | amphetamine salts | 5 mg/tabdose is 3 tabs or 15 mg | twice daily breakfast and lunchtime | treatment for ADHD | yes |
| | | | | | | |
| | | | | | | |
| 2:00 pm | Chen, Jonathan | Gabapentin | 400 mg/capsuledose is 1 capsule | three times per day8 am; 2 pm; 9 pm | relief of neuropathic pain | yes |
| 2:00 pm | Narahara, Craig | Levitiracetam (Keppra) | 750 mg/tabletdose is 1 tablet | three times per day8 am; 2 pm; 9 pm | seizure control | yes |
| | | | | | | |
| | | | | | 2019-06-27 | |

Friday, 2019-07-05

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|----------------|---------------------------|-----------------------------------|--------------------------------------|----------------------------------|-----|
| 4:00 pm | Abasolo, Jerry | CVS Stool softener | 250 mg/capsuledose is 1 capsule | twice daily | stool softener | yes |
| 4:00 pm | Abasolo, Jerry | Hydrocodone (Norco) | 5/325 mg/1 tabletdose is 1 tablet | two times daily8 am; 4 pm | relief of pain | yes |
| 4:00 pm | Abasolo, Jerry | Lamictal (Lamotrigine) | 200 mg/tabdose is 2 tablets | three times daily8 am; noon; 4 pm | seizure control | yes |
| 4:00 pm | Abasolo, Jerry | Potassium Citrate ER | 10 meq/tabdose is 1 tablet | three times a day | prevent kidney stones | yes |
| 4:00 pm | Abasolo, Jerry | Probiotic | 1 capsule | twice daily | nutritional supplementgut health | yes |
| 4:00 pm | Abasolo, Jerry | Zonegran (Zonisamide) cap | 100 mg/capsuledose is 2 capsules | three times a day8 am; noon; 4 pm | seizure control | yes |
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| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|-------------------|---------------------------------|---|--|---|-----|
| 5:00 pm | Kanemori, David | Active C | 500 mg/capsuledose is 1 capsule | twice dailybefore breakfast and before dinner | immune system support | no |
| 5:00 pm | Kanemori, David | All-In-One | 1 tablet | before breakfast and before dinner | multi-vitamin/mineral supplement | no |
| 5:00 pm | Kanemori, David | Cat's Claw | 500 mg/capsuledose is 1 capsule | daily before dinner | prevents Lyme disease | no |
| 5:00 pm | Kanemori, David | Probiotic | 1 capsule | twice daily before breakfast and before dinner | nutritional supplement to promote intestinal health | no |
| 5:00 pm | Kanemori, David | Wobenzyme | 1 capsule | twice daily before breakfast and before dinnner | nutritional supplement digestive enzyme | no |
| 5:00 pm | Mar, Jodi | Lamotrigine | 25 mg/chewable dispersible tabletdose is 100 mg or 4 chewable dispersible tablets | twice dailybreakfast and dinner | seizure control | yes |
| 5:00 pm | Miyashiro, Cindy | Brimonidine 0.2% eye solution | 1 drop in each eye | twice daily | glaucoma treatment | yes |
| 5:00 pm | Miyashiro, Cindy | Carbamazepine ER (Carbatrol) | 220 mg/capsletdose is 3 caplets | twice daily8 am and 5 pm | anti-seizure | yes |
| 5:00 pm | Miyashiro, Cindy | Oyster Shell 500 Vitamin D3 200 | 1 tablet | three times daily 8 am, 5 pm, 9 pm | nutritional supplement | yes |
| 5:00 pm | Miyashiro, Cindy | Simvastatin | 20mg/tabdose is 1 tablet | once daily in evening | cholesterol lowering agent | yes |
| 5:00 pm | Nishio, Marc | LomotilODD Days | 2.5 mg/tabdose is 1 tablet | twice daily | anti-diarrhea | yes |
| 5:00 pm | Ouye, Jamie | Calcium Gummies | 500 mg/tabletdose is 1 tablet | twice daily before breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Ouye, Jamie | Vitamin C | 1000 mg/tabletdose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Ouye, Jamie | Vitamin D Gummy | 1500 mg/tabletdose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Ouye, Jamie | Women's Gummy Vitamin | 1 Gummy Vitamin | twice daily before breakfast and dinner | nutritional supplement | no |
| 5:00 pm | Refuerzo, Melling | Buspirone | 10 mg1 tablet | twice daily: 8 am and 5 pm | anti-anxiety | yes |
| 5:00 pm | Refuerzo, Melling | Metformin | 1000 mg1 tablet | twice daily8 am and 5 pm | controls high blood sugar | yes |
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| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|------------------|--|--------------------------------------|--|---|-----|
| 6:00 pm | Chua, Hannah | Acetyl L-carnitine | 500 mg/capsuledose is 1 capsule | three times daily | Nutritional supplement | no |
| 6:00 pm | Chua, Hannah | Fish Oil | 1000mg/capsuledose is 1 capsule | twice daily | Nutritional supplement | no |
| 6:00 pm | Chua, Hannah | Miralax | 1/2 capful | twice daily breakfast and dinner | prevent constipation | yes |
| 6:00 pm | Gong, Richard | Bio-Kult probiotic | 1 capsule | twice dailywith breakfast and dinner meal | promotes healthy digestion and immune system | no |
| 6:00 pm | Gong, Richard | Integrative Nutrivitamin Enzyme Complex, without iron | 1 capsule | twice daily with morning meal and evening meal | multivitamin, general nutritional health supplement | no |
| 6:00 pm | Gong, Richard | Radiant Life Krill Extra | 1 capsule | twice daily with morning meal and dinner meal | Fish Oil nutritional supplement | no |
| 6:00 pm | Hata, Randall | Crestor | 20mg/tabdose is 1 tablet | daily in pm. | cholesterol lowering agent | yes |
| 6:00 pm | Hata, Randall | Docusate Sodium | 250 mg/capsuledose is 1 capsule | twice daily | stool softener | yes |
| 6:00 pm | Narahara, Craig | Benztropine (Cogentin) | 1 mg/tabdose is 1 tablet | twice daily8 am and 6 pm | control drooling, salivationanti-cholinergic agent | yes |
| 6:00 pm | Narahara, Craig | Divalproex | 500 mg/tabletdose is 1 tablet | twice daily8 am and 6 pm | seizure disorder | yes |
| 6:00 pm | Narahara, Craig | Fiber Pill | 625 mg/tabletdose is 1 tablet | twice daily8 am and 6 pm | promote bowel regularity | yes |
| 6:00 pm | Narahara, Craig | Oyster Calcium | 500 mg/tabletdose is 1 tablet | twice daily 8 am and 6 pm | nutritional supplement | yes |
| 6:00 pm | Nishio, Marc | Calcium wtih Vitamin D | 500 mg/tabletdose is 1 tablet | twice dailybreakfast and dinner | nutritional supplement | no |
| 6:00 pm | Peeler, Jennifer | Cephalexin Oral Suspension | 250 mg/5mls. dose is 5 mls or 1 tsp. | daily in evening | antibiotic for prevention of bladder infection | yes |
| 6:00 pm | Peeler, Jennifer | Escitalopram Oxalate (Lexapro) oral solution | 5 mg/5 mls. dose is 20 mls. | daily every evening | antidepressant;treatment for generalized anxiety disorder | yes |
| 6:00 pm | Peeler, Jennifer | Oxybutynin | 5 mg/tabletdose is 1 tablet | twice dailymorning and evening | urinary antispasmodic | yes |
| 6:00 pm | Takamune, Lisa | L-Arginine | 500 mg/tabdose is 2 capsules | daily after dinner | nutritional supplement for the heart | no |
| 6:00 pm | Wang, Rebecca | Areds 2 Eye Vitamin | 1 tablet | twice daily with morning meal and dinner meal | nutritional supplement for eyes | no |
| 6:00 pm | Wang, Rebecca | Citracal Calcium Citrate | 630 mg/tabletdose is 1 tablet | once daily in the evening | nutritional supplement to promote bone health | no |

Friday, 2019-07-05

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|---------------|---------------------|--------------------------------|---------------------------|--|----|
| 6:00 pm | Wang, Rebecca | Digestive Advantage | 1 gummy | once daily in the evening | nutritional supplement to promote digestive health | no |
| 6:00 pm | Wang, Rebecca | Vitamin B-12 | 1000 mg/tabletdose is 1 tablet | once daily in the evening | nutritional supplement fort energy health | no |
| 6:00 pm | Wang, Rebecca | Vitamin C | 500 mg/tabletdose is 1 tablet | once daily in the evening | nutritional supplement | no |
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| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|-------------------|---------------------------------------|--|------------------------------------|---|-----|
| 8:00 pm | Miyashiro, Cindy | Hydrocortisone cream | 1% creamapply small amount to rash areas on back | twice dailyAM and bedtime | ant inflammation | no |
| 8:00 pm | Nishio, Marc | Montelukast (generic for Singular) | 10 mg/tab1 tablet | once daily at bedtime | seasonal allergy control | yes |
| 8:00 pm | Nishio, Marc | Risperidone | 0.5 mg/tab1 tablet | twice daily | control of stimulatory behaviors | yes |
| 8:00 pm | Refuerzo, Melling | Loratadine | 10 mg1 tablet | daily in the evening8 pm | relief of seasonal allergies | yes |
| 8:00 pm | Refuerzo, Melling | Risperidone PM dose | 2 mg1 tablet | once daily in evening8 pm | treatment of mental/mood disorder | yes |
| 8:00 pm | Refuerzo, Melling | Simvastatin | 20 mg1 tablet | daily at bedtime8 pm | cholesterol lowering agent | yes |
| 8:00 pm | Tani, Glenn Ricky | Celexa (Citalopram) | 40 mg/tabletdose is 1 tablet | daily at bedtime | anti-anxietyanti-depressant | yes |
| 8:00 pm | Tani, Glenn Ricky | Cogentin (Benztropine) | 1 mg/tabdose is 1 tablet | daily at bedtime8 pm | antiparkinsonian, anticholinergic, anti-agitation | yes |
| 8:00 pm | Tani, Glenn Ricky | Seroquel (Quetiapine Fumartate) | 300 mg/tabdose is 1/2 tab or 150 mg | daily at bedtime8 pm | anti-psychotic, anti-depressant, anti-anxiety | yes |
| 8:00 pm | Visitacion, Dana | Buspirone PM | 5 mg/tabletdose is 1 tablet or 5 mg | daily at pmone hour before bedtime | anti-anxiety | yes |
| 8:00 pm | Visitacion, Dana | Guanfacine | 1 mg/tabdose is 1 tab | once daily in evening | anti-hypertensive | yes |
| 8:00 pm | Visitacion, Dana | Melatonin | 3 mg/1 tab and 5 mg/1 tabdose is 1 tab of each for total of 8 mg total | once daily in the evening | promote sleep | yes |
| 8:00 pm | Visitacion, Dana | Nortriptyline | 10 mg/capsule. dose is 40 mg or 4 capsules | once daily in evening | anti-depressant and to promote sleep | yes |
| 8:00 pm | Visitacion, Dana | Theanine | 100 mg/tabdose is 1 tab | once daily in evening | amino acid | yes |
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| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|------------------|--------------------------------------|---|---|--|-----|
| 9:00 pm | Abasolo, Jerry | Terbinafine HCL 1% cream (Lamisil) | apply to affected area of rash on L abd. | twice dailyAM and bedtime after shower | anti fungal medication | no |
| 9:00 pm | Abasolo, Jerry | Vinegarexternal use | soak Qtip and swab both ears up until line indicated on Qtip. | daily at bedtime | treatment for ear itch eczema | no |
| 9:00 pm | Abasolo, Jerry | Allerclear Loratadine | 10mg/tabdose is 1 tablet | daily at bedtime | allergy relief, antihistamine, itchy or allergic skin reaction | yes |
| 9:00 pm | Abasolo, Jerry | Atenolol | 25 mg/tabdose is 1 tab | twice daily | anti-hypertensive | yes |
| 9:00 pm | Abasolo, Jerry | Hydrocodone / Acetaminophen -BEDTIME | 5/325 mg/tabdose is 2 TABLETS | daily at bedtime | pain relief | yes |
| 9:00 pm | Abasolo, Jerry | Lamictal Bedtime | 200 mg/tabdose is 3 tablets | daily at bedtime9 pm | seizure control | yes |
| 9:00 pm | Abasolo, Jerry | Zonegran (Zonisamide) Bedtime | 100 mg/capdose is 3 capsules | daily at bedtime9 pm | seizure control | yes |
| 9:00 pm | Chen, Jonathan | Gabapentin | 400 mg/capsuledose is 1 capsule | three times per day8 am; 2 pm; 9 pm | relief of neuropathic pain | yes |
| 9:00 pm | Chua, Hannah | Magnesium | 400 mg/tabletdose is 1 tablet | daily at bedtimecan take half hour before with melatonin | nutritional supplement | no |
| 9:00 pm | Chua, Hannah | Melatonin | 1 mg/tabletdose is 1 tablet | daily at bedtimecan take half hour before | Nutritional supplement | no |
| 9:00 pm | Hata, Randall | Aquaphor spray | spray to affected areas on arms and legs | daily after showering | prevent skin dryness | no |
| 9:00 pm | Miyashiro, Cindy | Chlorhexidine 0.12% mouth rinse | 1/2 oz undiluted rinse in mouth | once daily at bedtime | treatment for gum disease | no |
| 9:00 pm | Miyashiro, Cindy | Triamcinolone 0.5% | apply small amount to affected area | twice dailyAM and bedtime | steroid cream | no |
| 9:00 pm | Miyashiro, Cindy | Vitamin E cream | apply to affectd areas of skin rash to back of legs | daily at bedtime | promotes skin health | no |
| 9:00 pm | Miyashiro, Cindy | Citalopram HBR (Celexa) | 40 mg/tabletdose is 1 tablet | daily at bedtime9 pm | antidepressant | yes |
| 9:00 pm | Miyashiro, Cindy | Latanoprost | 0.005%dose is 1 drop in each eye | daily at bedtime9 pm | glaucoma treatment | yes |
| 9:00 pm | Miyashiro, Cindy | Oyster Shell 500 Vitamin D3 200 | 1 tablet | three times daily 8 am, 5 pm, 9 pm | nutritional supplement | yes |
| 9:00 pm | Miyashiro, Cindy | Risperidone HS dose 0.5 mg tab | 0.5 mg/tab1 tablet | daily at 9 pm | mood stabilizeranti-psychotic | yes |
| 9:00 pm | Miyashiro, Cindy | Risperidone HS dose 1 mg tablet | 1 mg/tabletdose is 1 tablet | daily at bedtime9 pm | mood stabilizer, anti-psychotic | yes |

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|--------------|-------------------|--------------------------------|---|---|---|-----|
| 9:00 pm | Narahara, Craig | Gemfibrozil (Lopid) | 600 mg/tabletdose is 1 tablet | daily at bedtime9 pm | cholesterol control | yes |
| 9:00 pm | Narahara, Craig | Levitiracetam (Keppra) | 750 mg/tabletdose is 1 tablet | three times per day8 am; 2 pm; 9 pm | seizure control | yes |
| 9:00 pm | Takamune, Lisa | Zioptan | one drop both eyes | daily at bedtime | glaucoma treatment | yes |
| 9:00 pm | Verzani, Amanda | Baclofen | 20 mg/tabdose is 1 tablet | daily at bedtime9 pm | anti-spasticity | yes |
| 9:00 pm | Verzani, Amanda | Trileptal(Oxcarbazepine)HS | 300 mg/tab-dose is 2 tabs at bedtime | daily at bedtime9 pm | anti-seizure | yes |
| 9:00 pm | Wang, Rebecca | Azelastine Hcl 0.05% eye drops | 1 drop in both eyes | twice daily | antihistamine | yes |
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| | | | | | | |
| as needed | Eugenio, Benjamin | Xyzal | 5 mg/tabdose is 1 tablet | as needed for allergy symptoms at bedtime, if needed | treatment for sinus allergies | yes |
| as needed | Gong, Richard | Diphenhydramine | 1-2 capsules as needed for above symptoms | as needed evey 4 hrs if needed; do not exceed 6 doses in 24 hrs. | allergy relief, antihistamine, itchy or allergic skin reaction | yes |
| as needed | Hata, Randall | Refresh eye drops | 1 drop in each eye | as needed for eye dryness | eye lubrication to prevent dryness | no |
| as needed | Hata, Randall | Fluticasone 50 mcg Nasal Spray | 1 puff each nostril | as needed for sinus congestion | relief of nasal congestion | yes |
| as needed | Kanazawa, Curtis | Chlorpheniramine | 4 mg1 tablet | as needed every 4 hrs for allergy symptoms1 tablet | seasonal allergies | yes |
| as needed | Kanemori, David | Calendula | apply small amount to affected areas | as needed for scrapes and cuts | homeopathic ointment for healing scrapes and cuts | no |
| as needed | Nishio, Marc | Lomotil | 2.5 mg/tabdose is 1 tablet | AS NEEDED FOR DIARRHEAAN ADDITIONAL 1 TABLET PER DAY | control diarrhea | yes |
| as needed | Verzani, Amanda | Neosporin | as needed to cover cuts or scarped | as needed for cuts and scrapes | topical antibiotic ointment | no |
| as needed | Visitacion, Dana | Benadryl | 25 mg/tabdose is 2 tabs or 50 mg | as needed for seasonal allergy symptoms | seasonal allergies/common cold symptoms | yes |
| as needed | Visitacion, Dana | Ibuprofen | 200 mg/tabdose is 1 tab | as needed for headache or mild pain1 tab every 4 hrs if needed | relief of headache or mild pain | yes |
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Saturday, 2019-07-06

JEMS Special Camp 2019 Page 1

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|----------------|------------|--|--|------------------------|----|
| 7:00 am | Abasolo, Jerry | | apply to affected area of rash on L abd. | twice dailyAM and bedtime after shower | anti fungal medication | no |
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| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|-----------------|--|-----------------------------------|---|--|-----|
| 8:00 am | Abasolo, Jerry | Atenolol | 25 mg/tabdose is 1 tab | twice daily | anti-hypertensive | yes |
| 8:00 am | Abasolo, Jerry | CVS Stool softener | 250 mg/capsuledose is 1 capsule | twice daily | stool softener | yes |
| 8:00 am | Abasolo, Jerry | Hydrocodone (Norco) | 5/325 mg/1 tabletdose is 1 tablet | two times daily8 am; 4 pm | relief of pain | yes |
| 8:00 am | Abasolo, Jerry | Lamictal (Lamotrigine) | 200 mg/tabdose is 2 tablets | three times daily8 am; noon; 4 pm | seizure control | yes |
| 8:00 am | Abasolo, Jerry | Potassium Citrate ER | 10 meq/tabdose is 1 tablet | three times a day | prevent kidney stones | yes |
| 8:00 am | Abasolo, Jerry | Pravastatin | 20 mg/tabdose is 1 tablet | daily in am | cholesterol lowering agent | yes |
| 8:00 am | Abasolo, Jerry | Probiotic | 1 capsule | twice daily | nutritional supplementgut health | yes |
| 8:00 am | Abasolo, Jerry | Zonegran (Zonisamide) cap | 100 mg/capsuledose is 2 capsules | three times a day8 am; noon; 4 pm | seizure control | yes |
| 8:00 am | Chen, Jonathan | Gabapentin | 400 mg/capsuledose is 1 capsule | three times per day8 am; 2 pm; 9 pm | relief of neuropathic pain | yes |
| 8:00 am | Kanemori, David | Active C | 500 mg/capsuledose is 1 capsule | twice dailybefore breakfast and before dinner | immune system support | no |
| 8:00 am | Kanemori, David | All-In-One | 1 tablet | before breakfast and before dinner | multi-vitamin/mineral supplement | no |
| 8:00 am | Kanemori, David | Benfotiamine | 250 mg/capsuledose is 1 capsule | daily before breakfast | protection from high blood sugar | no |
| 8:00 am | Kanemori, David | Magnesium Glycinate | 400 mg/capsuledoae is 1 capsule | daily before breakfast | nutritional supplement to balance glutamate, aids muscle flexibility, calming effect | no |
| 8:00 am | Kanemori, David | Pantothenic Acid | 500 mg/tabletdose is 1 tablet | daily before breakfast | nutritional supplement to prevent allergies | no |
| 8:00 am | Kanemori, David | Probiotic | 1 capsule | twice daily before breakfast and before dinner | nutritional supplement to promote intestinal health | no |
| 8:00 am | Kanemori, David | Pteridin4 (Tetrahydrobiopterin 2.5 mg) | 1 tablet | daily before breakfast | Nutritional supplement | no |
| 8:00 am | Kanemori, David | Vitamin D3 | 1 capsule | daily before breakfast | 5000 IU/capsuledose is 1 capsule | no |
| 8:00 am | Kanemori, David | Wobenzyme | 1 capsule | twice daily before breakfast and before dinnner | nutritional supplement digestive enzyme | no |
| 8:00 am | Kanemori, David | Yeast Formula | 2 tabs | daily before breakfast | Nutritional supplement | no |

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|------------------|---------------------------------|---|---|---|-----|
| 8:00 am | Mar, Jodi | Lamotrigine | 25 mg/chewable dispersible tabletdose is 100 mg or 4 chewable dispersible tablets | twice dailybreakfast and dinner | seizure control | yes |
| 8:00 am | Mar, Jodi | Levothyroxine | 50 mcg1 tablet | daily in the morning | thyroid hormone replacement | yes |
| 8:00 am | Miyashiro, Cindy | Hydrocortisone cream | 1% creamapply small amount to rash areas on back | twice dailyAM and bedtime | ant inflammation | no |
| 8:00 am | Miyashiro, Cindy | Triamcinolone 0.5% | apply small amount to affected area | twice dailyAM and bedtime | steroid cream | no |
| 8:00 am | Miyashiro, Cindy | Brimonidine 0.2% eye solution | 1 drop in each eye | twice daily | glaucoma treatment | yes |
| 8:00 am | Miyashiro, Cindy | Carbamazepine ER (Carbatrol) | 220 mg/capsletdose is 3 caplets | twice daily8 am and 5 pm | anti-seizure | yes |
| 8:00 am | Miyashiro, Cindy | Oyster Shell 500 Vitamin D3 200 | 1 tablet | three times daily 8 am, 5 pm, 9 pm | nutritional supplement | yes |
| 8:00 am | Miyashiro, Cindy | RisperidoneAM | 2 mg/tabletdose is 1 tablet | daily in AM | mood stabilizeranti-psychotic | yes |
| 8:00 am | Miyashiro, Cindy | Thera-M | 1 tablet | daily in am | nutritional supplement | yes |
| 8:00 am | Narahara, Craig | Benztropine (Cogentin) | 1 mg/tabdose is 1 tablet | twice daily8 am and 6 pm | control drooling, salivationanti-cholinergic agent | yes |
| 8:00 am | Narahara, Craig | Divalproex | 500 mg/tabletdose is 1 tablet | twice daily8 am and 6 pm | seizure disorder | yes |
| 8:00 am | Narahara, Craig | Fiber Pill | 625 mg/tabletdose is 1 tablet | twice daily8 am and 6 pm | promote bowel regularity | yes |
| 8:00 am | Narahara, Craig | Levitiracetam (Keppra) | 750 mg/tabletdose is 1 tablet | three times per day8 am; 2 pm; 9 pm | seizure control | yes |
| 8:00 am | Narahara, Craig | Oyster Calcium | 500 mg/tabletdose is 1 tablet | twice daily 8 am and 6 pm | nutritional supplement | yes |
| 8:00 am | Narahara, Craig | Vitamin D3 | 2000 IU/tabletdose is 1 tablet | once daily in am | nutritional supplement | yes |
| 8:00 am | Nishio, Marc | LomotilEVEN days | 2.5 mg/tabdose is 1 tablet | three times daily | anti-diarrhea | yes |
| 8:00 am | Nishio, Marc | Omeprazole | 20 mg/capsuledose is 1 capsule | daily in am | control heartburn | yes |
| 8:00 am | Nishio, Marc | Risperidone | 0.5 mg/tab1 tablet | twice daily | control of stimulatory behaviors | yes |
| 8:00 am | Ouye, Jamie | Calcium Gummies | 500 mg/tabletdose is 1 tablet | twice daily before breakfast and dinner | nutritional supplement | no |

Saturday, 2019-07-06

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|-------------------|---|---|---|-----------------------------------|-----|
| 8:00 am | Ouye, Jamie | Vitamin C | 1000 mg/tabletdose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 8:00 am | Ouye, Jamie | Vitamin D Gummy | 1500 mg/tabletdose is 1 tablet | twice daily breakfast and dinner | nutritional supplement | no |
| 8:00 am | Ouye, Jamie | Women's Gummy Vitamin | 1 Gummy Vitamin | twice daily before breakfast and dinner | nutritional supplement | no |
| 8:00 am | Refuerzo, Melling | Buspirone | 10 mg1 tablet | twice daily: 8 am and 5 pm | anti-anxiety | yes |
| 8:00 am | Refuerzo, Melling | Citalopram HBR (Celexa) | 40 mg1 tablet | once daily8 am | anti-depressant | yes |
| 8:00 am | Refuerzo, Melling | Lisinopril | 10 mg1 tablet | daily in the morning8 am | treat high blood pressure | yes |
| 8:00 am | Refuerzo, Melling | Metformin | 1000 mg1 tablet | twice daily8 am and 5 pm | controls high blood sugar | yes |
| 8:00 am | Refuerzo, Melling | RisperidoneAM | 1 mg1 tablet | once daily8 am | treatment of mental/mood disorder | yes |
| 8:00 am | Verzani, Amanda | Trileptal (Oxcarbazepine)AM | 300 mg/tablet dose is 450 mg1.5 tablets | daily in AM | anti-seizure | yes |
| 8:00 am | Visitacion, Dana | Buspirone AM | 5 mg/tabdose is 3 tabs or 15 mg | daily in AM. (there is a different dose in PM) | anti-anxiety | yes |
| 8:00 am | Visitacion, Dana | Claritin (Non-Drowsy Allergy Relief) | 10mg1 tablet | once daily in am | seasonal allergies | yes |
| 8:00 am | Visitacion, Dana | Fluvoxamine Maleate | 50mg/tabdose is 100 mg or 2 tabs | once daily in morning | antidepressant | yes |
| 8:00 am | Visitacion, Dana | Jolessa | 0.15-0.03 mg/1 tab dose is 1 tab | once daily in morning | regulate menstrual cycles | yes |
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| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|---------------------|--|----------------------------------|--|---|-----|
| 9:00 am | Chien, Stephen | Valsartan | 160 mg/tabdose is 1 tablet | once daily after breakfast | anti-hypertensive | yes |
| 9:00 am | Chua, Hannah | Acetyl L-carnitine | 500 mg/capsuledose is 1 capsule | three times daily | Nutritional supplement | no |
| 9:00 am | Chua, Hannah | Fish Oil | 1000mg/capsuledose is 1 capsule | twice daily | Nutritional supplement | no |
| 9:00 am | Chua, Hannah | Vitamin D3 | 2000 IU/capsuledose is 1 capsule | once daily at breakfast | nutritional supplement | no |
| 9:00 am | Chua, Hannah | Levonorgestrel / estradiol | 0.15-0.03 mg/1 tab dose is 1 tab | daily in AM | to control menses | yes |
| 9:00 am | Chua, Hannah | Miralax | 1/2 capful | twice daily breakfast and dinner | prevent constipation | yes |
| 9:00 am | Eugenio, Benjamin | Fish Oil | 1 capsule | daily at breakfast | nutritional supplement | no |
| 9:00 am | Eugenio, Benjamin | Magnesium | 1 capsule | daily in AM | Nutritional supplement | no |
| 9:00 am | Gong, Richard | Bio-Kult probiotic | 1 capsule | twice dailywith breakfast and dinner meal | promotes healthy digestion and immune system | no |
| 9:00 am | Gong, Richard | Integrative Nutrivitamin Enzyme Complex, without iron | 1 capsule | twice daily with morning meal and evening meal | multivitamin, general nutritional health supplement | no |
| 9:00 am | Gong, Richard | Radiant Life Krill Extra | 1 capsule | twice daily with morning meal and dinner meal | Fish Oil nutritional supplement | no |
| 9:00 am | Hata, Randall | Fish Oil | 1000 mg/capsuledose is 1 capsule | once daily in am | nutritional supplement | no |
| 9:00 am | Hata, Randall | Multi- Vitamin | 1 tablet | daily in AM | nutritional supplement | no |
| 9:00 am | Hata, Randall | Vitamin C | 500 mg/tabletdose is 1 tablet | once daily in am | nutritional supplement | no |
| 9:00 am | Hata, Randall | Docusate Sodium | 250 mg/capsuledose is 1 capsule | twice daily | stool softener | yes |
| 9:00 am | Mar, Jodi | Fish Oil | one gummy 500 mg | once daily in the morning or at breakfast | nutritional supplement to reduce triglycerides | no |
| 9:00 am | Mar, Jodi | Multi-vites Gummy Vitamin | 2 adult multivatmin gummies | once daily at breakfast | nutritional supplement | no |
| 9:00 am | Nagao, Lacey | One A Day Multivitamin for Womer | 1 tablet | daily at breakfast | nutritional supplement | no |
| 9:00 am | Nagao, Lacey | Vitamin D3 | 1 soft gel | daily at breakfast | nutritional supplement | no |
| 9:00 am | Nakagaki, Christine | Adult Multivitamn Gummies | 2 gummies | once daily at breakfast | nutritional supplement | no |
| 9:00 am | Nakagaki, Christine | Claritin Reditabs | 10 mg/tabletdose is 1 tablet | once daily at breakfast | control of seasonal allergies | yes |
| 9:00 am | Nishio, Marc | Calcium wtih Vitamin D | 500 mg/tabletdose is 1 tablet | twice dailybreakfast and dinner | nutritional supplement | no |
| 9:00 am | Nishio, Marc | Vitamin D3 | 1000IU/capsuledose is 1 capsule | daily | nutritional supplement | no |
| 9:00 am | Peeler, Jennifer | amphetamine salts | 5 mg/tabdose is 3 tabs or 15 mg | twice daily breakfast and lunchtime | treatment for ADHD | yes |
| | | | | | 2010.05.07 | |

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|------------------|--------------------------------|---------------------------------|---|--|-----|
| 9:00 am | Peeler, Jennifer | Oxybutynin | 5 mg/tabletdose is 1 tablet | twice dailymorning and evening | urinary antispasmodic | yes |
| 9:00 am | Takamune, Lisa | Vitamin B-12 | 500 mg/tabletdose is 1 tablet | daily after breakfast | nutritional supplement | no |
| 9:00 am | Takamune, Lisa | Vitamin C | 500 mg/tabletdose is 1 tablet | daily after breakfast | nutritional supplement | no |
| 9:00 am | Takamune, Lisa | Clopidogrel | 75 mg/tabletdose is 1 tablet | daily in AM | anti platelet action; promotes heart and blood circulation | yes |
| 9:00 am | Visitacion, Dana | Multi- Vitamin | 1 tablet | once daily in morning | nutritional supplement | no |
| 9:00 am | Visitacion, Dana | Vitamin C | 1000 mg/tabdose is 1 tablet | once daily in morning | nutritional supplement | no |
| 9:00 am | Wang, Rebecca | Areds 2 Eye Vitamin | 1 tablet | twice daily with morning meal and dinner meal | nutritional supplement for eyes | no |
| 9:00 am | Wang, Rebecca | Calcium Gummies | 1 gummy | daily in the morning | nutritional supplement to promote bone health | no |
| 9:00 am | Wang, Rebecca | Flax Seed Oil | 1400 mg/tablet dose is 1 tablet | daily in the morning | nutritional supplement for heart health | no |
| 9:00 am | Wang, Rebecca | Move Free | 1 tablet | once daily in the morning | nutritional supplement to promote joint health | no |
| 9:00 am | Wang, Rebecca | One a Day for Women | 1 tablet | once daily in the morning | nutritional supplement multivitamin | no |
| 9:00 am | Wang, Rebecca | Vitamin D3 | 2000 IU/tabletdose is 1 tablet | once daily in the morning | nutritional supplement | no |
| 9:00 am | Wang, Rebecca | Azelastine Hcl 0.05% eye drops | 1 drop in both eyes | twice daily | antihistamine | yes |
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| | | | | | | |
| 12 noon | Chua, Hannah | Acetyl L-carnitine | 500 mg/capsuledose is 1 capsule | three times daily | Nutritional supplement | no |
| | | | | | | |
| | | | | | | |
| 2:00 pm | Narahara, Craig | Levitiracetam (Keppra) | 750 mg/tabletdose is 1 tablet | three times per day8 am; 2 pm; 9 pm | seizure control | yes |
| | | | | | | |
| | | | | | 2010.06.27 | |

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|------------------|---------------------------------|---------------------------------|---------------------------------------|---|-----|
| 5:00 pm | Miyashiro, Cindy | Brimonidine 0.2% eye solution | 1 drop in each eye | twice daily | glaucoma treatment | yes |
| 5:00 pm | Miyashiro, Cindy | Carbamazepine ER (Carbatrol) | 220 mg/capsletdose is 3 caplets | twice daily8 am and 5 pm | anti-seizure | yes |
| 5:00 pm | Miyashiro, Cindy | Oyster Shell 500 Vitamin D3 200 | 1 tablet | three times daily 8 am, 5 pm, 9 pm | nutritional supplement | yes |
| 5:00 pm | Miyashiro, Cindy | Simvastatin | 20mg/tabdose is 1 tablet | once daily in evening | cholesterol lowering agent | yes |
| | | | | | | |
| | | | | | | |
| 6:00 pm | Chua, Hannah | Acetyl L-carnitine | 500 mg/capsuledose is 1 capsule | three times daily | Nutritional supplement | no |
| 6:00 pm | Chua, Hannah | Fish Oil | 1000mg/capsuledose is 1 capsule | twice daily | Nutritional supplement | no |
| 6:00 pm | Chua, Hannah | Miralax | 1/2 capful | twice daily breakfast and dinner | prevent constipation | yes |
| 6:00 pm | Hata, Randall | Crestor | 20mg/tabdose is 1 tablet | daily in pm. | cholesterol lowering agent | yes |
| 6:00 pm | Hata, Randall | Docusate Sodium | 250 mg/capsuledose is 1 capsule | twice daily | stool softener | yes |
| 6:00 pm | Narahara, Craig | Benztropine (Cogentin) | 1 mg/tabdose is 1 tablet | twice daily8 am and 6 pm | control drooling, salivationanti-cholinergic agent | yes |
| 6:00 pm | Narahara, Craig | Divalproex | 500 mg/tabletdose is 1 tablet | twice daily8 am and 6 pm | seizure disorder | yes |
| 6:00 pm | Narahara, Craig | Fiber Pill | 625 mg/tabletdose is 1 tablet | twice daily8 am and 6 pm | promote bowel regularity | yes |
| 6:00 pm | Narahara, Craig | Oyster Calcium | 500 mg/tabletdose is 1 tablet | twice daily 8 am and 6 pm | nutritional supplement | yes |
| | | | | | | |
| | | | | | | |

Saturday, 2019-07-06

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|---------|------------------|---------------------------------|-------------------------------|--|---------------------------------|-----|
| 9:00 pm | Miyashiro, Cindy | Citalopram HBR (Celexa) | 40 mg/tabletdose is 1 tablet | daily at bedtime9 pm | antidepressant | yes |
| 9:00 pm | Miyashiro, Cindy | Oyster Shell 500 Vitamin D3 200 | 1 tablet | three times daily 8 am, 5 pm, 9 pm | nutritional supplement | yes |
| 9:00 pm | Miyashiro, Cindy | Risperidone HS dose 0.5 mg tab | 0.5 mg/tab1 tablet | daily at 9 pm | mood stabilizeranti-psychotic | yes |
| 9:00 pm | Miyashiro, Cindy | Risperidone HS dose 1 mg tablet | 1 mg/tabletdose is 1 tablet | daily at bedtime9 pm | mood stabilizer, anti-psychotic | yes |
| 9:00 pm | Narahara, Craig | Gemfibrozil (Lopid) | 600 mg/tabletdose is 1 tablet | daily at bedtime9 pm | cholesterol control | yes |
| 9:00 pm | Narahara, Craig | Levitiracetam (Keppra) | 750 mg/tabletdose is 1 tablet | three times per day8 am; 2 pm; 9 pm | seizure control | yes |
| | | | | | | |
| | | | | | 2010 05 27 | |

Saturday, 2019-07-06

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|--------------|------------------|--------------------------------|---|---|---|-----|
| as needed | Gong, Richard | Diphenhydramine | 1-2 capsules as needed for above symptoms | as needed evey 4 hrs if needed; do not exceed 6 doses in 24 hrs. | allergy relief, antihistamine, itchy or allergic skin reaction | yes |
| as needed | Hata, Randall | Refresh eye drops | 1 drop in each eye | as needed for eye dryness | eye lubrication to prevent dryness | no |
| as needed | Hata, Randall | Fluticasone 50 mcg Nasal Spray | 1 puff each nostril | as needed for sinus congestion | relief of nasal congestion | yes |
| as needed | Kanazawa, Curtis | Chlorpheniramine | 4 mg1 tablet | as needed every 4 hrs for allergy symptoms1 tablet | seasonal allergies | yes |
| as needed | Kanemori, David | Calendula | apply small amount to affected areas | as needed for scrapes and cuts | homeopathic ointment for healing scrapes and cuts | no |
| as needed | Nishio, Marc | Lomotil | 2.5 mg/tabdose is 1 tablet | AS NEEDED FOR DIARRHEAAN ADDITIONAL 1 TABLET PER DAY | control diarrhea | yes |
| as needed | Verzani, Amanda | Neosporin | as needed to cover cuts or scarped | as needed for cuts and scrapes | topical antibiotic ointment | no |
| as needed | Visitacion, Dana | Benadryl | 25 mg/tabdose is 2 tabs or 50 mg | as needed for seasonal allergy symptoms | seasonal allergies/common cold symptoms | yes |
| as needed | Visitacion, Dana | Ibuprofen | 200 mg/tabdose is 1 tab | as needed for headache or mild pain1 tab every 4 hrs if needed | relief of headache or mild pain | yes |
| | | | | | | |
| | | | | | 2010.06.27 | |

HS Master Schedule As Needed JEMS Special Camp 2019 Page 1

| Time | Camper | Medication | Dosage | Frequency | Purpose | HS |
|--------------|---------------------|------------------------|--|--|---|-----|
| as needed | Chua, Hannah | Acetaminophen | 500 mg1 tablet | as needed every 4 hrs for pain; do not exceed 5 doses in 24 hrs. | mild pain relief | yes |
| as needed | Nakagaki, Christine | Ibuprofen Jr. Strength | 100 mg/tabdose is 3 tablets; CHEWABLE | I tever every h-x nrs it needed | as needed for relief of menstrual cramps, fever | yes |
| as needed | Verzani, Amanda | Tylenol Extra Strength | 1 tablet | as needed for headache, injury, menstrual cramp | 500 mg1 tablet | yes |
| | | | | | | |
| | | | | | | |