

# Guardian Signature Sheet

Conville, Mariko

JEMS Special Camp 2019  
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Camper will receive the following medications/supplements at the indicated times:

Time	Days	Medication	Purpose	Dosage	Frequency	Special Instructions	Initial
8:00 am	Mo Tu We Th Fr Sa	Cytomel	Treatment for Hashimoto's hypothyroiditis	5 mcg/tablet--dose is 2 tablets	daily in morning	SE--chest pain, irregular pulse, leg cramps, excessive sweating, srnsitivity to heat, vomiting, nervousness	
8:00 am	Mo Tu We Th Fr Sa	Kristalose	reduce constipation	20 mg/packet--dose is 1 packet	twice daily--breakfast and dinner	Mix with liquid.	
8:00 am	Mo Tu We Th Fr Sa	Lorazepam (Ativan) AM	anti anxiety	1 mg/tablet--dose is 3 tablets	daily in AM	SE--drowsiness, amnesia, agitation, dizziness, weeakness, unsteadiness, disorientation, hypotension, visual disturbance	
8:00 am	Mo We Th Sa	Synthroid	Hashimoto's hypothyroiditis--thyroid hormone replacement	88 mcg/tablet --dose is 1 tablet	daily in am on MWTHSAT	SE--insomnia, tremor, headache, tachycardia, arrhythmias	
8:00 am	Tu Fr	Synthroid 1/2 tab Tu, Fri.	Hashimoto's hypothyroiditis	88 mcg/tablet--dose is 1/2 tab on TU and Fri only	Tuesday and Friday AM only	SE--insomnia, tremor, headache, fever, fatigue, anxiety tachycardia, palpitations, arrhythmias	
6:00 pm	Su Mo Tu We Th Fr	Kristalose	reduce constipation	20 mg/packet--dose is 1 packet	twice daily--breakfast and dinner	Mix with liquid.	

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Camper will receive the following medications/supplements at the indicated times:

Time	Days	Medication	Purpose	Dosage	Frequency	Special Instructions	Initial
9:00 pm	Su Mo Tu We Th Fr	Benztropine (Cogentin)	anti-parkinsonians, anticholinergic	1 mg/tab--dose is 1 tablet	daily at bedtime--9 pm	SE--confusion, memory impairment, nervousness, depression, disorientation, hallucinations, tachycardia, constipation, dry mouth, urine retention, decreased sweating. Limit hot weather activities because drug induced lack of sweating may cause overheating.	
9:00 pm	Su Mo Tu We Th Fr	Lorazepam BEDTIME	anti-anxiety	1 mg/tab--dose is 1 tablet	daily at bedtime	SE--drowsiness, amnesia, agitation, dizziness, weakness, unsteadiness, disorientation, hypotension, visual disturbance	
9:00 pm	Su Mo Tu We Th Fr	Myrbetriq	bladder antispasmodic	50 mg/tab--dose is 1 tablet	daily at bedtime	DO NOT CRUSH OR DIVIDE TABLETS. SE--headache, fatigue, dizziness, hypertension, dry mouth, constipation	
9:00 pm	Su Mo Tu We Th Fr	Trader Joe's OTC Folic Acid/B6/B12	nutritional supplement	1 tablet	daily at bedtime		

I acknowledge that the above medications listed are complete and accurate for the above camper.

signed: \_\_\_\_\_ relationship to camper: \_\_\_\_\_ date: \_\_\_\_\_