## Camper will receive the following medications/supplements at the indicated times:

Time	Days	Medication	Purpose	Dosage	Frequency	Special Instructions	Initial
8:00 am	Mo Tu We Th Fr Sa	Buspirone	anti-anxiety	10 mg1 tablet	twice daily: 8 am and 5 pm	SEdizziness, nausea, headache, nervousness, lightheaded, drowsiness, fatigue, blurred vision. Give water before giving medication. DO NOT USE GRAPEFRUIT JUICE.	
8:00 am	Mo Tu We Th Fr Sa	Citalopram HBR (Celexa)	anti-depressant	40 mg1 tablet	once daily8 am	SE-nausea, dry mouth, loss of appetite, fatigue, drowsiness, sweating, blurred vision, yawning	
8:00 am	Mo Tu We Th Fr Sa	Lisinopril	treat high blood pressure	10 mg1 tablet	daily in the morning8 am	SEdizziness, lightheadedness, fatigue, headache, dry cough.	
8:00 am	Mo Tu We Th Fr Sa	Metformin	controls high blood sugar	1000 mg1 tablet	twice daily8 am and 5 pm	Give before meals. Peak action is in 2-4 hours. SEmuscle weakness, headache, dizziness, chills, lightheadedness, diarrhea, low blood sugar, stomach upset	
8:00 am	Mo Tu We Th Fr Sa	RisperidoneAM	treatment of mental/mood disorder	1 mg1 tablet	once daily8 am	SEdrowsiness, dizziness, lightheadedness, drooling, nausea, tiredness, agitation, neuroleptic malignant syndrome(EPS effects, hyperthermia, autonomic disturbance), tremor, orthostatic hypotension, tachycardia.WEAR SUNBLOCK; USE CAUTION IN HOT WEATHER TO PREVENT HEATSTROKE.	

2019-06-17

Camper will receive the following medications/supplements at the indicated times:

Time	Days	Medication	Purpose	Dosage	Frequency	Special Instructions	Initial
5:00 pm	Su Mo Tu We Th Fr	Buspirone	anti-anxiety	10 mg1 tablet	twice daily: 8 am and 5 pm	SEdizziness, nausea, headache, nervousness, lightheaded, drowsiness, fatigue, blurred vision. Give water before giving medication. DO NOT USE GRAPEFRUIT JUICE.	
5:00 pm	Su Mo Tu We Th Fr	Metformin	controls high blood sugar	1000 mg1 tablet	twice daily8 am and 5 pm	Give before meals. Peak action is in 2-4 hours. SEmuscle weakness, headache, dizziness, chills, lightheadedness, diarrhea, low blood sugar, stomach upset	
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8:00 pm	Su Mo Tu We Th Fr	Loratadine	relief of seasonal allergies	10 mg1 tablet	daily in the evening8 pm	SEdrowsiness, impaired motor function, blurred vision, constipation, dry mouth and dry throat	
8:00 pm	Su Mo Tu We Th Fr	Risperidone PM dose	treatment of mental/mood disorder	2 mg1 tablet	once daily in evening8 pm	SEdrowsiness, dizziness, lightheadedness, drooling nausea, tiredness, agitation, neurolopetic malignant syndrome (EPS symptoms, hyperthermia, autonomic disturbance) tremor, orthostatic hypotension, tachycardia. WEAR SUNBLOCK; USE CAUTION IN HOT WEATHER TO PREVENT HEATSTROKE.	
8:00 pm	Su Mo Tu We Th Fr	Simvastatin	cholesterol lowering agent	20 mg1 tablet	daily at bedtime8 pm	SEstomach upset, bloating, constipation, gall stones. AVOID USE OF GRAPEFRUIT JUICE.	

I acknowledge that the above medications listed are complete and accurate for the above camper.					
signed:	relationship to camper:	date:			