

# Guardian Signature Sheet

Abasolo, Jerry

JEMS Special Camp 2019

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Camper will receive the following medications/supplements at the indicated times:

Time	Days	Medication	Purpose	Dosage	Frequency	Special Instructions	Initial
8:00 am	Mo Tu We Th Fr Sa	Atenolol	anti-hypertensive	25 mg/tab--dose is 1 tab	twice daily	SE--dizziness, bradycardia, hypotension, heart failure, intermittent claudication, bronchospasm	
8:00 am	Mo Tu We Th Fr Sa	CVS Stool softener	stool softener	250 mg/capsule--dose is 1 capsule	twice daily		
8:00 am	Mo Tu We Th Fr Sa	Hydrocodone (Norco)	relief of pain	5/325 mg/1 tablet--dose is 1 tablet	three times daily--8 am; noon; 4 pm	BEDTIME DOSE IS 2 TABLETS. GIVE WITH FOOD. SE--lightheadness, dizziness, sedation, mental clouding, bradycardia, nausea, vomiting, constipation, hypotension	
8:00 am	Mo Tu We Th Fr Sa	Lamictal (Lamotrigine)	seizure control	200 mg/tab--dose is 2 tablets	three times daily--8 am; noon; 4 pm	SE--ataxia, dizziness, headache, somnolence, seizures, aggravated reaction, anxiety, concentration disturbance, blurred vision, nausea, vomiting, constipation, dry mouth, rash, photosensitivity reactions. AVOID EXCESS SUN EXPOSURE.	
8:00 am	Mo Tu We Th Fr Sa	Potassium Citrate ER	prevent kidney stones	10 meq/tab--dose is 1 tablet	three times a day	SE--confusion, anxiety, irregular heartbeat, leg discomfort, muscle weakness, numbness or tingling feeling in hands or feet, stomach pain, diarrhea. TAKE WITH LOTS OF WATER.	
8:00 am	Mo Tu We Th Fr Sa	Pravastatin	cholesterol lowering agent	20 mg/tab--dose is 1 tablet	daily in am	SE--dizziness, fatigue, headache, chest pain, rhinitis, nausea, abdominal pain, constipation, myopathy, rhabdomyolysis	
8:00 am	Mo Tu We Th Fr Sa	Zonegran (Zonisamide) cap	seizure control	100 mg/capsule--dose is 2 capsules	three times a day--8 am; noon; 4 pm	SE--dizziness, nausea, headache, somnolence, seizures, difficulties in concentration, mental slowing, diplopia, dry mouth, nausea, kidney stones, rash. DO NOT CRUSH OR OPEN CAPSULE. ENCOURAGE FLUIDS TO AVOID DEHYDRATION.	

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Camper will receive the following medications/supplements at the indicated times:

Time	Days	Medication	Purpose	Dosage	Frequency	Special Instructions	Initial
12 noon	Mo Tu We Th Fr	Hydrocodone (Norco)	relief of pain	5/325 mg/1 tablet--dose is 1 tablet	three times daily--8 am; noon; 4 pm	BEDTIME DOSE IS 2 TABLETS. GIVE WITH FOOD. SE--lightheadness, dizziness, sedation, mental clouding, bradycardia, nausea, vomiting, constipation, hypotension	
12 noon	Mo Tu We Th Fr	Lamictal (Lamotrigine)	seizure control	200 mg/tab--dose is 2 tablets	three times daily--8 am; noon; 4 pm	SE--ataxia, dizziness, headache, somnolence, seizures, aggravated reaction, anxiety, concentration disturbance, blurred vision, nausea, vomiting, constipation, dry mouth, rash, photosensitivity reactions. AVOID EXCESS SUN EXPOSURE.	
12 noon	Mo Tu We Th Fr	Oyster, Calcium and D supplement	nutritional supplement	500/200mg/tab--dose is 1 tablet	daily at noon		
12 noon	Mo Tu We Th Fr	Potassium Citrate ER	prevent kidney stones	10 meq/tab--dose is 1 tablet	three times a day	SE--confusion, anxiety, irregular heartbeat, leg discomfort, muscle weakness, numbness or tingly feeling in hands or feet, stomach pain, diarrhea. TAKE WITH LOTS OF WATER.	
12 noon	Mo Tu We Th Fr	Zonegran (Zonisamide) cap	seizure control	100 mg/capsule--dose is 2 capsules	three times a day--8 am; noon; 4 pm	SE--dizziness, nausea, headache, somnolence, seizures, difficulties in concentration, mental slowing, diplopia, dry mouth, nausea, kidney stones, rash. DO NOT CRUSH OR OPEN CAPSULE. ENCOURAGE FLUIDS TO AVOID DEHYDRATION.	

2019-06-19

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Camper will receive the following medications/supplements at the indicated times:

Time	Days	Medication	Purpose	Dosage	Frequency	Special Instructions	Initial
4:00 pm	Su Mo Tu We Th Fr	CVS Stool softener	stool softener	250 mg/capsule--dose is 1 capsule	twice daily		
4:00 pm	Su Mo Tu We Th Fr	Hydrocodone (Norco)	relief of pain	5/325 mg/1 tablet--dose is 1 tablet	three times daily--8 am; noon; 4 pm	BEDTIME DOSE IS 2 TABLETS. GIVE WITH FOOD. SE--lightheadness, dizziness, sedation, mental clouding, bradycardia, nausea, vomiting, constipation, hypotension	
4:00 pm	Su Mo Tu We Th Fr	Lamictal (Lamotrigine)	seizure control	200 mg/tab--dose is 2 tablets	three times daily--8 am; noon; 4 pm	SE--ataxia, dizziness, headache, somnolence, seizures, aggravated reaction, anxiety, concentration disturbance, blurred vision, nausea, vomiting, constipation, dry mouth, rash, photosensitivity reactions. AVOID EXCESS SUN EXPOSURE.	
4:00 pm	Su Mo Tu We Th Fr	Potassium Citrate ER	prevent kidney stones	10 meq/tab--dose is 1 tablet	three times a day	SE--confusion, anxiety, irregular heartbeat, leg discomfort, muscle weakness, numbness or tingly feeling in hands or feet, stomach pain, diarrhea. TAKE WITH LOTS OF WATER.	
4:00 pm	Su Mo Tu We Th Fr	Zonegran (Zonisamide) cap	seizure control	100 mg/capsule--dose is 2 capsules	three times a day--8 am; noon; 4 pm	SE--dizziness, nausea, headache, somnolence, seizures, difficulties in concentration, mental slowing, diplopia, dry mouth, nausea, kidney stones, rash. DO NOT CRUSH OR OPEN CAPSULE. ENCOURAGE FLUIDS TO AVOID DEHYDRATION.	

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Camper will receive the following medications/supplements at the indicated times:

Time	Days	Medication	Purpose	Dosage	Frequency	Special Instructions	Initial
9:00 pm	Su Mo Tu We Th Fr	Allerclear Loratadine	allergy relief, antihistamine, itchy or allergic skin reaction	10mg/tab--dose is 1 tablet	daily at bedtime		
9:00 pm	Su Mo Tu We Th Fr	Atenolol	anti-hypertensive	25 mg/tab--dose is 1 tab	twice daily	SE--dizziness, bradycardia, hypotension, heart failure, intermittent claudication, bronchospasm	
9:00 pm	Su Mo Tu We Th Fr	Hydrocodone / Acetaminophen -BEDTIME	pain relief	5/325 mg/tab--dose is 2 TABLETS	daily at bedtime	SE--dizziness, nausea, vomiting, constipation, hypotension	
9:00 pm	Su Mo Tu We Th Fr	Lamictal Bedtime	seizure control	200 mg/tab--dose is 3 tablets	daily at bedtime--9 pm	SE--nausea, dizziness, confusion, rash. DO NOT TAKE ON AN EMPTY STOMACH.	
9:00 pm	Su Mo Tu We Th Fr	Vinegar--external use	treatment for ear itch eczema	soak Qtip and swab both ears up until line indicated on Qtip.	daily at bedtime	CAUTION TO AVOID INJURY TO EAR DRUM.	
9:00 pm	Su Mo Tu We Th Fr	Zonegran (Zonisamide) Bedtime	seizure control	100 mg/cap--dose is 3 capsules	daily at bedtime--9 pm	SE--nausea, dizziness, confusion	

I acknowledge that the above medications listed are complete and accurate for the above camper.

signed: \_\_\_\_\_ relationship to camper: \_\_\_\_\_ date: \_\_\_\_\_

2019-06-19