

# Guardian Signature Sheet

Refuerzo, Melling

JEMS Special Camp 2019  
Page 1

Camper will receive the following medications/supplements at the indicated times:

Time	Days	Medication	Purpose	Dosage	Frequency	Special Instructions	Initial
8:00 am	Mo Tu We Th Fr Sa	Bupirone	anti-anxiety	10 mg--1 tablet	twice daily: 8 am and 5 pm	SE--dizziness, nausea, headache, nervousness, lightheaded, drowsiness, fatigue, blurred vision. Give water before giving medication. DO NOT USE GRAPEFRUIT JUICE.	
8:00 am	Mo Tu We Th Fr Sa	Citalopram HBR (Celexa)	anti-depressant	40 mg--1 tablet	once daily--8 am	SE-nausea, dry mouth, loss of appetite, fatigue, drowsiness, sweating, blurred vision, yawning	
8:00 am	Mo Tu We Th Fr Sa	Lisinopril	treat high blood pressure	10 mg--1 tablet	daily in the morning--8 am	SE--dizziness, lightheadedness, fatigue, headache, dry cough.	
8:00 am	Mo Tu We Th Fr Sa	Metformin	controls high blood sugar	1000 mg--1 tablet	twice daily--8 am and 5 pm	Give before meals. Peak action is in 2-4 hours. SE--muscle weakness, headache, dizziness, chills, lightheadedness, diarrhea, low blood sugar, stomach upset	
8:00 am	Mo Tu We Th Fr Sa	RisperidoneAM	treatment of mental/mood disorder	1 mg--1 tablet	once daily--8 am	SE--drowsiness, dizziness, lightheadedness, drooling, nausea, tiredness, agitation, neuroleptic malignant syndrome(EPS effects, hyperthermia, autonomic disturbance), tremor, orthostatic hypotension, tachycardia.WEAR SUNBLOCK; USE CAUTION IN HOT WEATHER TO PREVENT HEATSTROKE.	

# Guardian Signature Sheet

Refuerzo, Melling

JEMS Special Camp 2019  
Page 2

Camper will receive the following medications/supplements at the indicated times:

Time	Days	Medication	Purpose	Dosage	Frequency	Special Instructions	Initial
5:00 pm	Su Mo Tu We Th Fr	Bupirone	anti-anxiety	10 mg--1 tablet	twice daily: 8 am and 5 pm	SE--dizziness, nausea, headache, nervousness, lightheaded, drowsiness, fatigue, blurred vision. Give water before giving medication. DO NOT USE GRAPEFRUIT JUICE.	
5:00 pm	Su Mo Tu We Th Fr	Metformin	controls high blood sugar	1000 mg--1 tablet	twice daily--8 am and 5 pm	Give before meals. Peak action is in 2-4 hours. SE--muscle weakness, headache, dizziness, chills, lightheadedness, diarrhea, low blood sugar, stomach upset	
8:00 pm	Su Mo Tu We Th Fr	Loratadine	relief of seasonal allergies	10 mg--1 tablet	daily in the evening--8 pm	SE--drowsiness, impaired motor function, blurred vision, constipation, dry mouth and dry throat	
8:00 pm	Su Mo Tu We Th Fr	Risperidone PM dose	treatment of mental/mood disorder	2 mg--1 tablet	once daily in evening--8 pm	SE--drowsiness, dizziness, lightheadedness, drooling nausea, tiredness, agitation, neuroleptic malignant syndrome (EPS symptoms, hyperthermia, autonomic disturbance) tremor, orthostatic hypotension, tachycardia. WEAR SUNBLOCK; USE CAUTION IN HOT WEATHER TO PREVENT HEATSTROKE.	
8:00 pm	Su Mo Tu We Th Fr	Simvastatin	cholesterol lowering agent	20 mg--1 tablet	daily at bedtime--8 pm	SE--stomach upset, bloating, constipation, gall stones. AVOID USE OF GRAPEFRUIT JUICE.	

I acknowledge that the above medications listed are complete and accurate for the above camper.

signed: \_\_\_\_\_ relationship to camper: \_\_\_\_\_ date: \_\_\_\_\_