

Guardian Signature Sheet

Conville, Mariko

JEMS Special Camp 2019

Page 1

Camper will receive the following medications/supplements at the indicated times:

Time	Days	Medication	Purpose	Dosage	Frequency	Special Instructions	Initial
8:00 am	Mo Tu We Th Fr Sa	Cytomel	Treatment for Hashimoto's hypothyroiditis	5 mcg/tablet--dose is 2 tablets	daily in morning	SE--chest pain, irregular pulse, leg cramps, excessive sweating, srnsitivity to heat, vomiting, nervousness	
8:00 am	Mo Tu We Th Fr Sa	Kristalose	reduce constipation	20 mg/packet--dose is 1 packet	twice daily--breakfast and dinner	Mix with liquid.	
8:00 am	Mo Tu We Th Fr Sa	Lorazepam (Ativan) AM	anti anxiety	1 mg/tablet--dose is 3 tablets	daily in AM	SE--drowsiness, amnesia, agitation, dizziness, weeakness, unsteadiness, disorientation, hypotension, visual disturbance	
8:00 am	Mo We Th Sa	Synthroid	Hashimoto's hypothyroiditis--thyroid hormone replacement	88 mcg/tablet --dose is 1 tablet	daily in am on MWTHSAT	SE--insomnia, tremor, headache, tachycardia, arrhythmias	
8:00 am	Tu Fr	Synthroid 1/2 tab Tu, Fri.	Hashimoto's hypothyroiditis	88 mcg/tablet--dose is 1/2 tab on TU and Fri only	Tuesday and Friday AM only	SE--insomnia, tremor, headache, fever, fatigue, anxiety tachycardia, palpitations, arrhythmias	
6:00 pm	Su Mo Tu We Th Fr	Kristalose	reduce constipation	20 mg/packet--dose is 1 packet	twice daily--breakfast and dinner	Mix with liquid.	

2019-06-19

Guardian Signature Sheet

Conville, Mariko

JEMS Special Camp 2019

Page 2

Camper will receive the following medications/supplements at the indicated times:

Time	Days	Medication	Purpose	Dosage	Frequency	Special Instructions	Initial
9:00 pm	Su Mo Tu We Th Fr	Latuda	relief of Kleefstra behavioral symptoms; anti-psychotic	20 mg/tab--dose is 2 tablets	daily at bedtime	SE--somnolence, akathisia, parkinsonism, drooling, extrapyramidal disorder, agitation, dystonia, secures, dizziness, insomnia. AVOID GRAPEFRUIT JUICE OR GRAPEFRUIT. Monitor for neuroleptic malignant syndrome: fever, diaphoresis, muscle rigidity, altered mental status, irregular pulse or BP, cardiac arrhythmia, rhabdomyolysis, acute renal failure.	
9:00 pm	Su Mo Tu We Th Fr	Lorazepam BEDTIME	anti-anxiety	1 mg/tab--dose is 1 tablet	daily at bedtime	SE--drowsiness, amnesia, agitation, dizziness, weakness, unsteadiness, disorientation, hypotension, visual disturbance	
9:00 pm	Su Mo Tu We Th Fr	Myrbetriq	bladder antispasmodic	50 mg/tab--dose is 1 tablet	daily at bedtime	DO NOT CRUSH OR DIVIDE TABLETS. SE--headache, fatigue, dizziness, hypertension, dry mouth, constipation	
9:00 pm	Su Mo Tu We Th Fr	Trader Joe's OTC Folic Acid/B6/B12	nutritional supplement	1 tablet	daily at bedtime		

I acknowledge that the above medications listed are complete and accurate for the above camper.

signed: _____ relationship to camper: _____ date: _____

2019-06-19