

# Guardian Signature Sheet

Gong, Richard

JEMS Special Camp 2019  
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Camper will receive the following medications/supplements at the indicated times:

Time	Days	Medication	Purpose	Dosage	Frequency	Special Instructions	Initial
9:00 am	Mo Tu We Th Fr Sa	Bio-Kult probiotic	promotes healthy digestion and immune system	1 capsule	twice daily --with breakfast and dinner meal	SE--temporary increase in gas and bloating	
9:00 am	Mo Tu We Th Fr Sa	Integrative Nutrivitamin Enzyme Complex, without iron	multivitamin, general nutritional health supplement	1 capsule	twice daily with morning meal and evening meal		
9:00 am	Mo Tu We Th Fr Sa	Radiant Life Krill Extra	Fish Oil nutritional supplement	1 capsule	twice daily with morning meal and dinner meal		
6:00 pm	Su Mo Tu We Th Fr	Bio-Kult probiotic	promotes healthy digestion and immune system	1 capsule	twice daily --with breakfast and dinner meal	SE--temporary increase in gas and bloating	
6:00 pm	Su Mo Tu We Th Fr	Integrative Nutrivitamin Enzyme Complex, without iron	multivitamin, general nutritional health supplement	1 capsule	twice daily with morning meal and evening meal		
6:00 pm	Su Mo Tu We Th Fr	Radiant Life Krill Extra	Fish Oil nutritional supplement	1 capsule	twice daily with morning meal and dinner meal		
as needed	Su Mo Tu We Th Fr Sa	Diphenhydramine	allergy relief, antihistamine, itchy or allergic skin reaction	1-2 capsules as needed for above symptoms	as needed every 4 hrs if needed; do not exceed 6 doses in 24 hrs.	SE--drowsiness, sedation, dizziness, incoordination, seizures, confusion, insomnia, headache vertigo, restlessness, palpitations, hypotension	

I acknowledge that the above medications listed are complete and accurate for the above camper.

signed: \_\_\_\_\_ relationship to camper: \_\_\_\_\_ date: \_\_\_\_\_