

The following are to be administered by camper's Camper Care Group in his/her dorm:

Day	Time	Medication	Dosage	Frequency	Special Instructions	Purpose	Admin	Witness
Sunday	5:00 pm	Calcium Gummies	500 mg/tablet--dose is 1 tablet	twice daily before breakfast and dinner	Chew thoroughly before swallowing.	nutritional supplement		
Sunday	5:00 pm	Vitamin C	1000 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner		nutritional supplement		
Sunday	5:00 pm	Vitamin D Gummy	1500 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner		nutritional supplement		
Sunday	5:00 pm	Women's Gummy Vitamin	1 Gummy Vitamin	twice daily before breakfast and dinner		nutritional supplement		
Monday	8:00 am	Calcium Gummies	500 mg/tablet--dose is 1 tablet	twice daily before breakfast and dinner	Chew thoroughly before swallowing.	nutritional supplement		
Monday	8:00 am	Vitamin C	1000 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner		nutritional supplement		
Monday	8:00 am	Vitamin D Gummy	1500 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner		nutritional supplement		
Monday	8:00 am	Women's Gummy Vitamin	1 Gummy Vitamin	twice daily before breakfast and dinner		nutritional supplement		
Monday	5:00 pm	Calcium Gummies	500 mg/tablet--dose is 1 tablet	twice daily before breakfast and dinner	Chew thoroughly before swallowing.	nutritional supplement		
Monday	5:00 pm	Vitamin C	1000 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner		nutritional supplement		
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Tuesday	8:00 am	Calcium Gummies	500 mg/tablet--dose is 1 tablet	twice daily before breakfast and dinner	Chew thoroughly before swallowing.	nutritional supplement		
Tuesday	8:00 am	Vitamin C	1000 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner		nutritional supplement		
Tuesday	8:00 am	Vitamin D Gummy	1500 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner		nutritional supplement		
Tuesday	8:00 am	Women's Gummy Vitamin	1 Gummy Vitamin	twice daily before breakfast and dinner		nutritional supplement		
Tuesday	5:00 pm	Calcium Gummies	500 mg/tablet--dose is 1 tablet	twice daily before breakfast and dinner	Chew thoroughly before swallowing.	nutritional supplement		
Tuesday	5:00 pm	Vitamin C	1000 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner		nutritional supplement		
Tuesday	5:00 pm	Vitamin D Gummy	1500 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner		nutritional supplement		
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Wednesday	8:00 am	Calcium Gummies	500 mg/tablet--dose is 1 tablet	twice daily before breakfast and dinner	Chew thoroughly before swallowing.	nutritional supplement		
Wednesday	8:00 am	Vitamin C	1000 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner		nutritional supplement		
Wednesday	8:00 am	Vitamin D Gummy	1500 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner		nutritional supplement		
Wednesday	8:00 am	Women's Gummy Vitamin	1 Gummy Vitamin	twice daily before breakfast and dinner		nutritional supplement		
Wednesday	5:00 pm	Calcium Gummies	500 mg/tablet--dose is 1 tablet	twice daily before breakfast and dinner	Chew thoroughly before swallowing.	nutritional supplement		
Wednesday	5:00 pm	Vitamin C	1000 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner		nutritional supplement		
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Thursday	8:00 am	Calcium Gummies	500 mg/tablet--dose is 1 tablet	twice daily before breakfast and dinner	Chew thoroughly before swallowing.	nutritional supplement		
Thursday	8:00 am	Vitamin C	1000 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner		nutritional supplement		
Thursday	8:00 am	Vitamin D Gummy	1500 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner		nutritional supplement		
Thursday	8:00 am	Women's Gummy Vitamin	1 Gummy Vitamin	twice daily before breakfast and dinner		nutritional supplement		
Thursday	5:00 pm	Calcium Gummies	500 mg/tablet--dose is 1 tablet	twice daily before breakfast and dinner	Chew thoroughly before swallowing.	nutritional supplement		
Thursday	5:00 pm	Vitamin C	1000 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner		nutritional supplement		
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Friday	8:00 am	Vitamin C	1000 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner		nutritional supplement		
Friday	8:00 am	Vitamin D Gummy	1500 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner		nutritional supplement		
Friday	8:00 am	Women's Gummy Vitamin	1 Gummy Vitamin	twice daily before breakfast and dinner		nutritional supplement		
Friday	5:00 pm	Calcium Gummies	500 mg/tablet--dose is 1 tablet	twice daily before breakfast and dinner	Chew thoroughly before swallowing.	nutritional supplement		
Friday	5:00 pm	Vitamin C	1000 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner		nutritional supplement		
Friday	5:00 pm	Vitamin D Gummy	1500 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner		nutritional supplement		
Friday	5:00 pm	Women's Gummy Vitamin	1 Gummy Vitamin	twice daily before breakfast and dinner		nutritional supplement		
Saturday	8:00 am	Calcium Gummies	500 mg/tablet--dose is 1 tablet	twice daily before breakfast and dinner	Chew thoroughly before swallowing.	nutritional supplement		
Saturday	8:00 am	Vitamin C	1000 mg/tablet--dose is 1 tablet	twice daily breakfast and dinner		nutritional supplement		
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