

Camper will receive the following medications/supplements at the indicated times:

Time	Days	Medication	Purpose	Dosage	Frequency	Special Instructions	Initial
8:00 am	Mo Tu We Th Fr Sa	Brimonidine 0.2% eye solution	glaucoma treatment	1 drop in each eye	twice daily	SE--asthenia, dizziness, allergic conjunctivitis, ocular hyperemia, pruritus, burning, inflammation, dryness	
8:00 am	Mo Tu We Th Fr Sa	Carbamazepine ER (Carbatrol)	anti-seizure	220 mg/capslet--dose is 3 caplets	twice daily--8 am and 5 pm	Do not crush or split ER tablets. SE--ataxia, dizziness, drowsiness, vertigo, worsening of seizures, confusion, arrhythmias, heart failure. AVOID GRAPEFRUIT JUICE. Take with food to minimize GI effects. Do not take broken or chipped tablets. Notify provider if fever, sore throat, mouth ulcers or easy bruising or bleeding.	
8:00 am	Su Mo Tu We Th Fr Sa	Hydrocortisone cream	ant inflammation	1% cream--apply small amount to rash areas on back	twice daily--AM and bedtime		
8:00 am	Mo Tu We Th Fr Sa	Oyster Shell 500 Vitamin D3 200	nutritional supplement	1 tablet	three times daily--8 am, 5 pm, 9 pm		
8:00 am	Mo Tu We Th Fr Sa	RisperidoneAM	mood stabilizer--anti- psychotic	2 mg/tablet--dose is 1 tablet	daily in AM	SE--drowsiness, akathisia, dystonia, headache, insomnia, agitation, anxiety, tachycardia, orthostatic hypotension	
8:00 am	Mo Tu We Th Fr Sa	Thera-M	nutritional supplement	1 tablet	daily in am		
8:00 am	Mo Tu We Th Fr Sa	Triamcinolone 0.5%	steroid cream	apply small amount to affected area	twice daily--AM and bedtime	Apply to brown skin discoloration areas.	

Camper will receive the following medications/supplements at the indicated times:

Time	Days	Medication	Purpose	Dosage	Frequency	Special Instructions	Initial
5:00 pm	Su Mo Tu We Th Fr Sa	Brimonidine 0.2% eye solution	glaucoma treatment	1 drop in each eye	twice daily	SE--asthenia, dizziness, allergic conjunctivitis, ocular hyperemia, pruritus, burning, inflammation, dryness	
5:00 pm	Su Mo Tu We Th Fr Sa	Carbamazepine ER (Carbatrol)	anti-seizure	220 mg/capslet--dose is 3 caplets	twice daily--8 am and 5 pm	Do not crush or split ER tablets. SE--ataxia, dizziness, drowsiness, vertigo, worsening of seizures, confusion, arrhythmias, heart failure. AVOID GRAPEFRUIT JUICE. Take with food to minimize GI effects. Do not take broken or chipped tablets. Notify provider if fever, sore throat, mouth ulcers or easy bruising or bleeding.	
5:00 pm	Su Mo Tu We Th Fr Sa	Oyster Shell 500 Vitamin D3 200	nutritional supplement	1 tablet	three times daily--8 am, 5 pm, 9 pm		
5:00 pm	Su Mo Tu We Th Fr Sa	Simvastatin	cholesterol lowering agent	20mg/tab--dose is 1 tablet	once daily in evening	SE--asthenia, headache, abdominal pain, constipation, flatulence. AVOID USE OF GRAPEFRUIT JUICE.	
8:00 pm	Su Mo Tu We Th Fr	Hydrocortisone cream	ant inflammation	1% cream--apply small amount to rash areas on back	twice daily--AM and bedtime		

Guardian Signature Sheet

Miyashiro, Cindy

JEMS Special Camp 2019

Page 3

Camper will receive the following medications/supplements at the indicated times:

Time	Days	Medication	Purpose	Dosage	Frequency	Special Instructions	Initial
9:00 pm	Su Mo Tu We Th Fr	Chlorhexidine 0.12% mouth rinse	treatment for gum disease	1/2 oz undiluted rinse in mouth	once daily at bedtime	Daily at bedtime after brushing her teeth. Rinse and swish and spit out.	
9:00 pm	Su Mo Tu We Th Fr Sa	Citalopram HBR (Celexa)	antidepressant	40 mg/tablet--dose is 1 tablet	daily at bedtime--9 pm	SE--somnolence, insomnia, anxiety, agitation, dizziness, paresthesia, tachycardia, orthostatic hypotension, rash. Recognize risk for serotonin toxicity--fever, mental status changes, muscle twitching, excessive sweating, shivering, shaking, diarrhea, loss of coordination	
9:00 pm	Su Mo Tu We Th Fr	Latanoprost	glaucoma treatment	0.005%--dose is 1 drop in each eye	daily at bedtime--9 pm	SE--blurred vision, burning, itching, stinging, conjunctival hyperemia, dry eye, excessive tearing, eye pain. If more than one ophthalmic drug is being used, give at least 5 minutes apart.	
9:00 pm	Su Mo Tu We Th Fr Sa	Oyster Shell 500 Vitamin D3 200	nutritional supplement	1 tablet	three times daily--8 am, 5 pm, 9 pm		
9:00 pm	Su Mo Tu We Th Fr Sa	Risperidone HS dose 0.5 mg tab	mood stabilizer--anti-psychotic	0.5 mg/tab---1 tablet	daily at 9 pm	Total HS dose is 2 tabs--1 tab of 1 mg tablet and 1 tab of 0.5 mg tablet. SE--akathisia, somnolence, dystonia, headache, insomnia, agitation, anxiety, pain, tachycardia, orthostatic hypotension	
9:00 pm	Su Mo Tu We Th Fr Sa	Risperidone HS dose 1 mg tablet	mood stabilizer, anti-psychotic	1 mg/tablet--dose is 1 tablet	daily at bedtime--9 pm	SE--drowsiness, akathisia, dystonia, headache, insomnia, agitation, anxiety, parkinsonism, dizziness	
9:00 pm	Su Mo Tu We Th Fr	Triamcinolone 0.5%	steroid cream	apply small amount to affected area	twice daily--AM and bedtime	Apply to brown skin discoloration areas.	
9:00 pm	Su Mo Tu We Th Fr	Vitamin E cream	promotes skin health	apply to affected areas of skin rash to back of legs	daily at bedtime		

I acknowledge that the above medications listed are complete and accurate for the above camper.

signed: _____ relationship to camper: _____ date: _____