



## Doctor's Notes

☐ GP

☐ FP

☐ Specialty Neuro

Patient Name Eric Sarpong Boateng

Age 24 yrs

Gender M

Weight 75kg

Height 1.7m

BP 125/61mmHg

Temperature 36.8°C

Pulse 76bpm

Respiratory 18rpm

Complaints History, Diagnosis, Investigations, Medications

Recurrent low back pain - mostly upper  
back - 5 yrs.

Intermittent self-limiting episodes mostly triggered  
by sitting.

No associated neck pain. No radicular  
symptoms. Prescribed Bowel/bladder  
normality.

On  
looks well. In moderate pain  
Neurological exam normal apart from  
? subtle hyperreflexia L3/L4.

Plan  
- Continue self-care  
FBC/ESR

Encourage exercise.

Doctor's Signature