

Katherine “Kit” Wislocki, M.A.

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EDUCATION

University of California, Irvine, Irvine, CA
(2021-Present) Doctoral Student
Psychological Science - Clinical Psychology
(Overall GPA: 4.00)

University of Pennsylvania, Philadelphia, PA
(2019-2021) Master’s/Post-Baccalaureate Student
(Overall GPA: 4.00)

The Ohio State University, Columbus, OH
(2015-2018) Bachelor of Arts, Spring 2018
summa cum laude
Major: Political Science (Overall GPA: 4.00)

AWARDS & HONORS

- 2025: Carol Kupers Whalen Graduate Research Award, University of California, Irvine (\$1000)
- 2024: Symposium Sponsorship, Association of Behavioral and Cognitive Therapies (ABCT) Military and Veteran Psychology Special Interest Group (SIG)
- 2024: Academic Senate’s Council on Research, Computing and Libraries (CORCL) Award, University of California, Irvine (\$3000)
- 2023: Social Ecology Mentoring Award, University of California, Irvine
- 2022: Institute of Clinical & Translational Science Dissemination and Implementation (D&I) Travel Award, University of California, Irvine (\$1000)
- 2022-2023: Graduate Assistance in Areas of National Need (GAANN) Fellow, Department of Psychological Science, University of California, Irvine
- 2022: Undergraduate Research Opportunities Program Fellowship (Mentored Student), University of California, Irvine
- 2022: National Science Foundation (NSF) Graduate Research Fellowship Program (GRFP) Honorable Mention
- 2021: Department of Psychological Science Merit Fellowship, University of California, Irvine (\$1000)
- 2020: Student Poster Award, Association of Behavioral and Cognitive Therapies (ABCT) Dissemination and Implementation Science Special Interest Group
- 2019: Dean’s List, University of Pennsylvania
- 2018: Lawrence J. Herson Award, The Ohio State University
- 2015-2018: Dean’s List, The Ohio State University

PUBLICATIONS

* Indicates co-first authors

1. **Wislocki, K.**, Naderi, G., Borrelli, J., Pollack, M., Pine, D. S., Granger, D., Cenkenner, D. P., Canady, M., & Zalta, A. K. (In Preparation). Detection of PTSD with Rest-Activity Data: A Machine Learning Approach Using Wearable and Self-Report Data. *JMIR mhealth and uhealth*.
2. Kaveladze, B. T., Voelkel, J. G., Stagnaro, M. N., Huang, M., Smock, A. E., Sullivan, E. K., Xu, Y.

- M., McCall, M. P., Zapata, J. P., Ahmed, S. I., Bhattacharjee, A., Georgieva, I., Hernandez-Ramos, R., Huber, K. S., Jennings, J. K., ... Schleider, J. L. (Under Review). A crowdsourced megastudy of 12 digital single-session interventions for depression in American adults. *Nature Human Behaviour*.
3. **Wislocki, K.**, Bridgwater, M., Petti, E., Cenkner, D., Hernandez-Ramos, R., Tran, M.-L., Naderi, G., Murphy, H., Walker, L., & Zalta, A. K. (Under Review). Psychotherapy Treatment Manuals for Youth (1950-2025): A Scoping Review. *Journal of Clinical Child & Adolescent Psychology*.
4. **Wislocki, K.**, Bridgwater, M., Petti, E., Cenkner, D., Hernandez-Ramos, R., Tran, M.-L., Naderi, G., Murphy, H., Walker, L., & Zalta, A. K. (Revise & Resubmit). Psychotherapy Treatment Manuals for Adults (1950-2025): A Scoping Review. *Clinical Psychology Review*.
5. Cenkner, D. P., Dent, A. L., Zhou, A., **Wislocki, K. E.**, Stevens, S. K., Lee, S., Amindari, K., Sereno, M., Lu, D., Chang, M., Uwadia, H., Smith, E. G., Woo, R., Nip, H., Serrano, B., & Zalta, A. K. (Under Review). Posttraumatic Stress Disorder Symptoms and Suicidality among Active-Duty Service Members and Veterans: A Systematic Review and Meta-Analysis of Suicidal Ideation, Suicide Attempt, and Suicide Risk. *Clinical Psychology Review*.
6. **Wislocki, K.**, Sabahat, S., Liberzon, G., & Zalta, A. K. (2025). Comparing Clinical Decision-Making from Mental Health Professionals and Generative Artificial Intelligence. *JMIR Mental Health*.
7. **Wislocki, K.**, & Zalta, A. K. (2025). Predictors of trauma-related diagnostic overshadowing bias. *Behaviour Research and Therapy*, 184, 104651. <https://doi.org/10.1016/j.brat.2024.104651>
8. **Wislocki, K.**, Naderi, G., Schueller, S. M., & Zalta, A. K. (2024). Assessing similarities and differences in thematic content across online mental health communities dedicated to trauma-related mental health conditions. *Psychological Trauma: Theory, Research, Practice, and Policy*. <https://doi.org/10.1037/tra0001817>
9. Okamura, K. H., Palafu, T., Harris, C. J., Crane, M., **Wislocki, K.**, Galanti, R., Osborne, T. L., Reiser, R. P., Sze, J. A., & Persons, J. B. (2024). Translating science to practice: A demonstration project using professional listserv and Twitter to disseminate research findings in mental health to practitioners. *The Behavior Therapist*.
10. **Wislocki, K.**, Jager-Hyman, S., Brady, M., Weiss, M., Schaechter, T., Khazanov, G., Young, S., & Becker-Haimes, E. (2023). Freely Available Training Videos for Suicide Prevention: Scoping Review. *JMIR Mental Health*, 10, e48404. <https://doi.org/10.2196/48404>
11. **Wislocki, K.**, Tran, M.-L., Petti, E., Hernandez-Ramos, R., Cenkner, D., Bridgwater, M., Naderi, G., Walker, L., & Zalta, A. K. (2023). The Past, Present, and Future of Psychotherapy Manuals: Protocol for a Scoping Review. *JMIR Research Protocols*, 12, e47708. <https://doi.org/10.2196/47708>
12. **Wislocki, K.**, & Zalta, A. K. (2023). Assessing the existence of trauma-related diagnostic overshadowing in adult populations. *Psychological Trauma: Theory, Research, Practice and Policy*, 10.1037/tra0001484
13. **Wislocki, K.**, Keller, N., Okamura, K., & Becker-Haimes, E. M. (2023). Evidence-Based Practice in Youth Psychotherapy. In J. Matson (Ed.), *Handbook of Clinical Child Psychology: Theory to Practice*. New York City, United States: Springer.
14. Stewart, R. E., **Wislocki, K.**, Wolk, C. B., Bellini, L., Livesey, C., Kugler, K., Kwon, N., Cardamone, N. C., & Becker-Haimes, E. M. (2023). Implementing a resilience coach program to support first year housestaff during the COVID-19 pandemic: early pilot results and comparison with non-housestaff sessions. *BMC Health Services Research*, 23(1), 915. <https://doi.org/10.1186/s12913-023-09951-1>
15. Becker-Haimes, E. M., **Wislocki, K.**, Schriger, S. H., Kratz, H. E., Sanchez, A. L., Clapp, D., & Frank, H. E. (2023). Preliminary Implementation Outcomes of a Free Online Toolkit to Support

- Exposure Therapy Implementation for Youth. *Child & Youth Care Forum*, 1–18. Advance online publication. <https://doi.org/10.1007/s10566-023-09732-1>
16. **Wislocki, K.**, Kratz, H. E., Martin, G., & Becker-Haimes, E. M. (2022). The Relationship Between Trauma Exposure and Obsessive–Compulsive Disorder in Youth: A Systematic Review. *Child Psychiatry & Human Development*, 54(6), 1624–1652. <https://doi.org/10.1007/s10578-022-01352-5>
 17. Becker-Haimes, E. M., **Wislocki, K.**, DiDonato, S., & Jensen-Doss, A. (2022). Predictors of Clinician-Reported Self-Efficacy in Treating Trauma-Exposed Youth. *Journal of Traumatic Stress*, 35(1), 109–119. <https://doi.org/10.1002/jts.22688>
 18. Arnold, K. T., Becker-Haimes, E. M., **Wislocki, K.**, Bellini, L., Livesey, C., Kugler, K., Weiss, M., & Wolk, C. B. (2022). Increasing access to mental health supports for healthcare workers during the COVID-19 pandemic and beyond through a novel coaching program. *Frontiers in Psychiatry*, 13, 1073639. <https://doi.org/10.3389/fpsy.2022.1073639>
 19. Buchholz, J. L., Ojalehto, H. J., Maddox, B. B., Hellberg, S. N., **Wislocki, K.**, Abramowitz, J. S., Davidson, C. A., Cattie, J. E., & Becker-Haimes, E. M. (2022). Treatment of co-occurring obsessive-compulsive and psychotic symptoms: A systematic review. *Journal of Obsessive-Compulsive and Related Disorders*. 32 (2022). <https://doi.org/10.1016/j.jocrd.2021.100704>
 20. Becker-Haimes, E.M., Mandell, D.S., Fishman, J., Williams, N., Wolk, C.B., **Wislocki, K.**, Reich, D., Schaechter, T., Brady, M., Maples, N., Creed, T. (2021). Assessing Causal Pathways and Targets of Implementation Variability for EBP use (Project ACTIVE): a study protocol. *Implementation Science Communications*. 2, 144 (2021). <https://doi.org/10.1186/s43058-021-00245-3>
 21. Davis, M., Siegel, J., Becker-Haimes, E. M., Jager-Hyman, S., Beidas, R. S., Young, J. F., **Wislocki, K.**, Futterer, A., Mautone, J. A., Bутtenheim, A. M., Mandell, D. S., Marx, D., & Wolk, C. B. (2021). Identifying Common and Unique Barriers and Facilitators to Implementing Evidence-Based Practices for Suicide Prevention across Primary Care and Specialty Mental Health Settings. *Archives of Suicide Research*, 1–23. <https://doi.org/10.1080/13811118.2021.1982094>
 22. Becker-Haimes, E. M., **Wislocki, K.**, DiDonato, S., Beidas, R. S., & Jensen-Doss, A. (2021). Youth Trauma Histories are Associated with Under-diagnosis and Under-treatment of Co-occurring Youth Psychiatric Symptoms. *Journal of Clinical Child and Adolescent Psychology*, 1–12. <https://doi.org/10.1080/15374416.2021.1923020>
 23. Davis, M., Wolk, C. B., Jager-Hyman, S., Beidas, R. S., Young, J. F., Mautone, J. A., Bутtenheim, A. M., Mandell, D. S., Volpp, K. G., **Wislocki, K.**, Futterer, A., Marx, D., Dieckmeyer, E. L., & Becker-Haimes, E. M. (2020). Implementing nudges for suicide prevention in real-world environments: project INSPIRE study protocol. *Pilot and Feasibility Studies*, 6, 143. <https://doi.org/10.1186/s40814-020-00686-y>

PRESENTATIONS

1. **Wislocki, K.** & Zalta, A. (2025). *Comparing Rates of Trauma-Related Diagnostic Overshadowing Bias Among GAI Models and Mental Health Professionals*. Symposium presented at the 13th Scientific Meeting of the International Society for Research on Internet Interventions (ISRII), San Diego, CA.
2. **Wislocki, K.**, Naderi, G., & Zalta, A. (2024). Using Actigraphy and Machine Learning to Predict PTSD Diagnosis in Veterans. In **Wislocki, K.**, & Malek, N. (Co-Chairs). *Leveraging Technology to Support PTSD Assessment and Intervention for Veteran Populations*. Symposium presented at the 58th Annual Meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
3. **Wislocki, K.**, Bridgwater, M., Cenknner, D.P., Tran, M., Petti, E., Hernandez-Ramos, R., Naderi, G., Walker, L., & Zalta, A. (2023). Past, Present, and Future of CBT Manuals for Adult Populations. In Adamo, C. (Chair). *The Joys of Cultivating CBT Competency and EBP Fidelity*. Symposium

presented at the 57th Annual Meeting of the Association for Behavioral and Cognitive Therapies, Seattle, WA.

4. **Wislocki, K.**, Jager-Hyman, S., Brady, M., Weiss, M., Schaechter, T., Young, S., Khazanov, G.K., & Becker-Haimes, E.M. (2023). Freely-Available Resources for Youth Suicide Prevention. In Hernandez-Ramos, R. & **Wislocki, K.** (Co-Chairs). *Building Capacity for Non-Traditional Service Delivery of Evidence-Based Interventions for Minoritized and Underserved Youth*. Symposium presented at the 57th Annual Meeting of the Association for Behavioral and Cognitive Therapies, Seattle, WA.
5. Becker-Haimes, E.M., **Wislocki, K.**, Kratz, H. E., Schriger, S., Sanchez, A., Frank, H. E. (2021). Three-year Outcomes of a Free Online Toolkit to Support Exposure Therapy Implementation for Anxious Youth. In Frank, H.E. & Becker-Haimes, E.M. (Co-Chairs). *From Neurological Processes to Implementation Strategies: Targets and Strategies for Adaptations Across the Translational Spectrum to Advance the Reach of Effective Treatment for Anxiety*. Symposium presented at the 55th Annual Meeting of the Association for Behavioral and Cognitive Therapies, New Orleans, LA.
6. Davis, M., Siegel, J., Becker-Haimes, E. M., Jager-Hyman, S., Beidas, R. S., **Wislocki, K.**, Futterer, A., Young, J. F., Mautone, J. A., Bутtenheim, A. M., & Wolk, C. B. (2021). Barriers and facilitators to evidence-based suicide screening, assessment, and intervention in primary care and specialty mental health settings. In C. Hostutler (Chair), *Innovative methods to screen for and address common presenting concerns in integrated primary care: Pre- and post-pandemic, and beyond*. Symposium presented at the Developing and Researching Advanced Models of Integrated Primary Care (DREAM IPC) Conference, Wilmington, DE.
7. Becker-Haimes, E. M., **Wislocki, K.**, DiDonato, S., Beidas, R. S., & Jensen-Doss, A. (2020). Clinician Diagnostic Bias: Obsessive-Compulsive Disorder is Misdiagnosed When There is a Co-occurring Trauma History. In J. Buchholz (Chair), *Addressing Diagnostic Challenges in Obsessive-Compulsive Disorder, Psychosis, and Autism Spectrum Disorder*. Symposium presented at the 54th Annual Meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
8. Jager-Hyman, S., Becker-Haimes, E. M., Wolk, C. B., Davis, M., Beidas, R. S., **Wislocki, K.**, Futterer, A., Marx, D., Young, J. F., Mautone, K. A., & Bутtenheim, A. M. (2020). Application of behavioral economics strategies to improve provider use of evidence-based suicide prevention strategies in primary care. In A. Dopp (Chair), *Novel intervention and implementation approaches to improve behavioral health care access and outcomes in primary care settings*. Symposium presented at the 54th Annual Meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

POSTERS

(*Mentored Students)

1. *Naderi, G., **Wislocki, K.**, Cenkner, D. P., Canady, M., Borelli, J. L., & Zalta, A. K. (2025, September). *Impact of maternal and paternal posttraumatic stress disorder symptom severity on child psychopathology*. Poster presented at the 41st Annual Meeting of the International Society for Traumatic Stress Studies 2025, Baltimore, MD.
2. *Chen, Y., **Wislocki, K.**, & Zalta, A. (2025). *Examining the Relationship Between Paternal Mental Health Symptoms and Parenting Styles: A Multi-Informant Study*. Poster presented at the 2025 Undergraduate Research Symposium, University of California, Irvine, CA.
3. *Liberzon, G., **Wislocki, K.**, & Zalta, A. (2025). *Examining Effects of Written Exposure Therapy As a Preventative Intervention for Trauma-Exposed Populations*. Poster presented at the Association for Psychological Science, Washington, D.C.

4. **Wislocki, K.,** Hernandez-Ramos, R., West, A., Montgomery, R., King, A., & McFarr, L. (2024). *Identifying Transdiagnostic Predictors of Dialectical Behavior Therapy Response: A Machine Learning Approach*. Poster presented at the 29th Annual Meeting of the International Society for the Improvement and Teaching of Dialectical Behavior Therapy (ISITDBT), Philadelphia, PA.
5. **Wislocki, K.,** Hernandez-Ramos, R., West, A., Montgomery, R., King, A., & McFarr, L. (2024). *Predicting Dialectical Behavior Therapy Response Using Machine Learning*. Poster presented at the 58th Annual Meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
6. *Murphy, H., **Wislocki, K.,** Zalta, A.K. (2024). *The Relationship Between a History of Unwanted Sexual Contact and Perceptions of Social Relationships in an Undergraduate Sample*. Poster presented at the 58th Annual Meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
7. **Wislocki, K.,** Hernandez-Ramos, R., West, A., Montgomery, R., King, A., & McFarr, L. (2024). *Identifying Predictors of DBT Treatment Response: A Machine Learning Approach*. Poster presented at the Annual Scientific Sessions of CBT California, Beverly Hills, CA.
8. *Naderi, G., **Wislocki, K.,** Zalta, A.K. (2024, May). *Exploring the Relationship between Obstetric Violence and Postpartum PTSD In Black And Hispanic Women Across Time*. Poster presented at the Association for Psychological Science Conference, San Francisco, CA.
9. **Wislocki, K. & Zalta, A.** (2023). *Investigating Moderators of Trauma-Related Diagnostic Overshadowing Bias*. Poster presented at the 57th Annual Meeting of the Association for Behavioral and Cognitive Therapies, Seattle, WA.
10. *Walker, L., **Wislocki, K.,** Zalta, A.K. (2023). *The Relationship between PTSD Symptoms and Post-Stroke Communication Deficits*. Poster presented at the American Psychological Science Conference, Washington, D.C.
11. *Adade, B. **Wislocki, K.,** Zalta, A.K. (2023). *Examining Whether Racial Discrimination During Morally Injurious Events is Associated with Guilt and Shame*. Poster presented at the 35th Annual Meeting of the Association for Psychological Science, Washington, D.C.
12. *Naderi, G., **Wislocki, K.,** Zalta, A.K. (2023). *Reactions to Disclosure of Morally-Injurious Events*. Poster presented at annual conference for the International Society for Traumatic Stress Studies, Los Angeles, CA.
13. *Naderi, G., **Wislocki, K.,** Zalta, A.K. (2023). *The relationship between disclosure of morally injurious events and current distress*. Poster presented at the 2023 American Psychologist Association convention, Washington, D.C.
14. *D'Amico, E., **Wislocki, K.,** Zalta, A.K. (2023). *Role of Shame & Guilt-Proneness in Flourishing Amongst Female Victims of Unwanted Sexual Contact*. Poster presented at annual conference for the International Society for Traumatic Stress Studies, Los Angeles, CA.
15. **Wislocki, K.,** Jager-Hyman, S., Weiss, M., Brady, M., Schaechter, T., Khazanov, G. K., Young, S., & Becker-Haimes, E. M. (2022). *Methodology for reviewing freely-available trainings in evidence-based practices: a scoping review of suicide prevention*. Poster presented at the 15th Annual Conference on the Science of Dissemination and Implementation in Health, Washington, D.C.
16. **Wislocki, K. & Zalta, A.** (2022). *Assessing the Existence of Trauma-Related Diagnostic Overshadowing in Adult Populations*. Poster presented at the 56th Annual Meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
17. **Wislocki, K. & Zalta, A.** (2022). *Examining Thematic Elements and Sentiment Differences in Trauma-Oriented Subreddits Using Machine Learning*. Poster presented at the 56th Annual Meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
18. **Wislocki, K. & Zalta, A.** (2022). *Online Social Support and Heart Rate Variability*. Poster presented at the Society for Improving Psychological Science (SIPS), Victoria, BC.

19. *Cuevas, S., *Lu, D., **Wislocki, K.**, Zalta, A.K. (2022). *Evaluating the Psychopathology Outcomes of Witnesses of MI: The Role of Experiencing Helplessness and Failing to Provide Aid*. 2022 Undergraduate Research Symposium, University of California, Irvine, CA.
20. *Gaviria, N. D., *Reyes, R., **Wislocki, K.**, & Zalta, A. K. (2022). *Gender as a moderator of the relationship between cognitive flexibility and flourishing*. Poster presented at the 2022 Undergraduate Research Symposium, University of California, Irvine, CA.
21. Wolk, C.B., Davis, M., Siegel, J., Becker-Haimes, E. M., Jager-Hyman, S., Beidas, R. S., **Wislocki, K.**, Futterer, A., Young, J. F., Mautone, J. A., & Battenheim, A. M. (2021). *Barriers and Facilitators to Evidence-Based Suicide Screening, Assessment, and Intervention Implementation across Mental Health Settings*. Poster presented at the 54th Annual Conference of the American Association for Suicidology, Orlando, FL.
22. **Wislocki, K.**, Becker-Haimes, E. M., Wolk, C. B., Davis, M., Jager-Hyman, S., Futterer, A., Marx, D., Young, J. F., Mautone, J. A., Beidas, R. S. (2020). *Variability in Attitudes Towards Safety Planning Across Provider Type*. Poster presented at the 54th Annual Meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
23. **Wislocki, K.**, Jensen-Doss, A., DiDonato, S., Beidas, R. S., & Becker-Haimes, E. (2020). *Youth Trauma Exposure and Under-Treatment of Co-Occurring Mental Health Concerns*. Poster presented at the 54th Annual Meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
24. Davis, M., Siegel, J., Becker-Haimes, E., Jager-Hyman, S., Beidas, R.S., **Wislocki, K.**, Futterer, A., Young, J.F., Mautone, J.A., Battenheim, A.M., & Wolk, C.B. (2020). *Barriers and facilitators to evidence-based suicide screening, assessment, and intervention in primary care and specialty mental health settings*. Poster presented at the 13th Annual Conference on the Science of Dissemination and Implementation in Health in Washington D.C.

PROFESSIONAL EXPERIENCE

Graduate Student Researcher, allcove, University of California, Irvine — Summer 2025 – Present

- Developed, reviewed, and maintained policies and procedures for a drop-in community mental health center focused on youth and young adults aged 12-25
- Assisted with onboarding, training, and support for peer support specialists, clinical trainees, and staff
- Supported strategic planning and development in alignment with allcove program model
- Designed and facilitated new programs focused on mental health and well-being

Graduate Student Researcher, Department of Psychological Science, University of California, Irvine — Summer 2022 – Summer 2025

- Contributed to the development of administrative procedures, operational policies, and systems for the psychology training clinic at UCI
- Designed and managed onboarding and training programs for clinic staff, ensuring efficient integration and professional development
- Facilitated the creation of clinical practicum opportunities for doctoral trainees through collaborations with local community organizations
- Assisted in the development and delivery of high-quality clinical training seminars and continuing education events for students, externship supervisors, and community partners
- Co-authored the formal APA accreditation application for the UCI Clinical Psychology doctoral program

Teaching Assistant, Department of Psychological Science, University of California, Irvine — Fall 2021 – Winter 2022

- Graded coursework and provided feedback to 160 students in an undergraduate Health Psychology course
- Led weekly office hours to address student questions, clarify course material, and manage administrative tasks
- Organized and facilitated review sessions for course exams, helping students prepare and reinforcing key concepts

Clinical Research Coordinator, Center for Mental Health, Perelman School of Medicine at the University of Pennsylvania — Autumn 2019 – Summer 2021

PI: Dr. Emily Becker-Haimes

- Served as the lead research coordinator for an NIMH-funded administrative supplement to the Penn ALACRITY Center aimed at improving the implementation of evidence-based practices for suicide prevention
- Managed research operations for multiple projects at the intersection of clinical psychology, implementation science, and behavioral economics
- Oversaw data collection, management, and analysis related to project aims and outcomes
- Led the design and development of a website to house materials supporting suicide screening and assessment for use by community partners
- Assisted with grant writing, research proposals, and manuscript submissions for current and future projects at the Penn Center for Mental Health

Academic Performance Analyst, Columbus City Schools — Autumn 2018 – Summer 2019

- Conducted data collection, analysis, and reporting for 25+ urban public schools
- Led instruction on data, programs, and professional development for educators and administrators in a public school district with 50,000+ students
- Developed socio-emotional and academic data models for relevant stakeholders
- Assisted with grant writing, research proposals, program implementation, policy development, and school improvement efforts

Research Assistant, The Ohio State University — Winter 2018 – Summer 2018

PI: Dr. Erin Lin

- Served as the lead research assistant on an interdisciplinary project analyzing the long-term impacts of conflict in Cambodia
- Collaborated on-site in Cambodia with NGOs to perform data collection in areas contaminated with unexploded ordnance (UXO) and landmines
- Planned, conducted, and transcribed semi-structured qualitative interviews with community stakeholders
- Contributed to research protocols, grant applications, and budget management

CLINICAL EXPERIENCE

Extern, UCI Psychological Services Center — Summer 2024 – Present

- Provided evidence-based psychotherapy to adults within an outpatient mental health clinic

- Delivered evidence-based structured neuropsychological assessments (e.g., WASI-II) and semi-structured psychodiagnostic assessments (e.g., DIAMOND) to adult clients in an outpatient mental health clinic
- Developed integrated reports combining neuropsychological and psychodiagnostic assessment results to inform treatment planning and delivery
- Participated in weekly individual supervision led by a licensed clinical psychologist

Extern, allcove — Summer 2025 – Present

- Conduct comprehensive biopsychosocial assessments for youth and young adults aged 12-25 within a drop-in community mental health center
- Develop and implement individualized treatment plans, using evidence-based modalities (e.g. CBT, DBT, motivational interviewing) to address presenting issues
- Provide individual therapy, group therapy/support groups, crisis intervention and stabilization services, and follow-up monitoring
- Assisted with onboarding and training for peer support specialists, clinical trainees, and staff

Extern, Compass Behavioral Health — Summer 2024 – Summer 2025

- Provided evidence-based individual and group Cognitive Behavioral Therapy (CBT) and Dialectical Behavior Therapy (DBT) to adolescent and adult clients in outpatient, intensive outpatient, partial hospitalization, and residential settings
- Facilitated two weekly DBT Skills Groups for young adult and adolescent clients experiencing life-interfering behaviors in partial hospitalization and residential programs
- Participated in weekly individual supervision and group consultation led by licensed clinical psychologists
- Engaged in weekly didactic seminars related to evidence-based psychotherapeutic treatments

Extern, CBT California — Summer 2023 – Summer 2024

- Provided evidence-based individual psychotherapy (e.g., Cognitive Behavioral Therapy [CBT], Dialectical Behavior Therapy [DBT]) to 8 adult clients in an outpatient setting
- Co-facilitated a weekly DBT Skills Group for adult clients experiencing life-interfering behaviors
- Participated in weekly individual supervision and group consultations led by licensed clinical psychologists
- Engaged in weekly didactic seminars related to evidence-based psychotherapeutic treatments
- Completed 40+ hours of intensive training in Dialectical Behavior Therapy, Cognitive Behavioral Therapy, and Cognitive Behavioral Analysis System of Psychotherapy
- Co-developed research projects focused on evaluating treatment outcomes for clients

Extern, COPE Psychological Center — Summer 2022 – Summer 2023

- Provided evidence-based individual psychotherapy (e.g., Cognitive Behavioral Therapy [CBT], Dialectical Behavior Therapy [DBT], Acceptance and Commitment Therapy [ACT]) to 4-6 adult clients in an outpatient setting
- Co-facilitated a weekly DBT Skills Group for adult clients experiencing self-harm, suicidal ideation, and other life-interfering behaviors
- Participated in weekly individual and group supervision led by licensed clinical psychologists
- Engaged in consultation and didactic seminars with other licensed clinicians and externs

Assessor, Trauma and Resilience Lab, University of California, Irvine — Winter 2021 – Present

- Conducted evidence-based structured neuropsychological assessments (e.g., WASI-II) and semi-structured psychodiagnostic assessments (e.g., SCID-V-R) with adult and youth research participants enrolled in a study focused on the intergenerational transmission of trauma
- Engaged in consultation and didactic seminars on evidence-based assessment
- Participated in individual and group supervision led by a licensed clinical psychologist

Volunteer Resilience Coach, Coping First Aid Program, Perelman School of Medicine at the University of Pennsylvania — Spring 2020 – Summer 2021

- Provided brief psychosocial support via telehealth, grounded in the principles of Psychological First Aid, to individuals in and around Penn Medicine, supporting frontline workers experiencing distress related to COVID-19
- Provided referrals for mental healthcare and related resources
- Attended weekly supervision with a licensed psychologist

PROFESSIONAL MEMBERSHIPS

- AcademyHealth
- Association for Behavioral and Cognitive Therapies (ABCT)
- ABCT Dissemination and Implementation Science Special Interest Group
- American Psychological Association (APA)
 - American Psychological Association of Graduate Students (APAGS)
 - American Psychological Association (APA) Division 42

INSTITUTIONAL SERVICE & OTHER EXPERIENCE

Committee Leader, Diversifying Psychology— Summer 2021 – Present

- Contributed to the development of an annual workshop series for undergraduate and post-baccalaureate students interested in clinical psychology
- Co-facilitated annual workshops focused on applying for graduate school and gaining research experience for undergraduate and post-baccalaureate students interested in clinical psychology
- Served as a mentor for undergraduate and post-baccalaureate students looking to apply to graduate programs in psychology

Committee Leader, Stats & Snacks— Summer 2021 – Summer 2023

- Organized seminars on statistical topics for 100+ graduate students
- Conducted outreach to inform development and implementation of didactic opportunities
- Aggregated and disseminated statistical resources to graduate students

Creator & Group Leader, Social Technologies Affinity Group — Fall 2021 – Present

- Created a multi-disciplinary interest group focused on social technologies
- Organized and facilitated group meetings and collaborations
- Developed resource-sharing network for group members

Development Volunteer, Coping First Aid Program, Perelman School of Medicine at the University of Pennsylvania — Spring 2020 – Summer 2021

- Contributed to the development, maintenance, and expansion of the Coping First Aid program
- Provided key administrative support to program directors, volunteer coaches, and supervisory staff
- Worked with the Coping First Aid program directors to facilitate programmatic activities

INVITED TALKS

- Advancing Translational Research for Trauma-Exposed Populations (Spring 2024). 10th Annual ASUCI Reclaim Mental Health Conference, University of California, Irvine, Irvine, California.
- Developing Research Questions (Spring 2024). Seminar at the second annual Diversifying Psychology Workshop Series, University of California, Irvine, Irvine, California.
- Professionalism Workshop (Spring 2024). Seminar at the second annual Diversifying Psychology Workshop Series, University of California, Irvine, Irvine, California.
- Assessing the Existence of Trauma-Related Diagnostic Overshadowing in Adult Populations (Spring 2023). Department of Psychological Science Colloquium Seminar, University of California, Irvine, Irvine, California.
- Paths to Becoming a Mental Health Professional (Spring 2023). Seminar at the first annual Diversifying Psychology Workshop Series, University of California, Irvine, Irvine, California.
- Introduction to Qualtrics Survey Software (Summer 2022). Seminar at the Trauma & Resilience Lab, University of California, Irvine, Irvine, California.
- Demystifying Clinical Psychology Series (Spring 2022). Seminar Series through the University of California, Irvine, Department of Psychological Science, Irvine, California.
- UCI Psychological Science Graduate Student Panel (Spring 2022). Guest Panel at the University of California, Irvine, Department of Psychological Science, Irvine, California.
- First Gen in Academia (Spring 2022). Guest Talk at the University of California, Irvine, Wellness in Social Ecology (WISE), Department of Psychological Science, Irvine, California.
- Introduction to Research Methods (Fall 2021). Guest Lecture at the University of California, Irvine, Department of Psychological Science, Irvine, California.

REVIEWS

- Reviewer, Journal of Medical Internet Research (2023)
- Reviewer, Journal of Consulting and Clinical Psychology (2023)
- Reviewer, Association for Behavioral and Cognitive Therapies (ABCT) Convention (2022)
- Reviewer, European Journal of Psychotraumatology (2021)

SKILLS

- R
- SPSS
- Python
- SQL
- Excel
- REDCap
- Qualtrics