



Lesson Plan: The Book "My Shadow Is Purple"

Overview:

This lesson plan is designed for preschoolers aged 3-6 and is centered around the book "My Shadow is Purple". The lesson aims to introduce children to the concept of diversity, individuality, and acceptance. Through engaging activities, children will explore colors, emotions, and personal identity.

Materials:

- Book: "My Shadow is Purple" by Monique Duncan
- Chart paper or whiteboard
- Markers
- Construction paper
- Scissors
- Glue
- Art supplies (crayons, markers, colored pencils)
- Mirrors
- Music (optional)

Introduction:

Begin the lesson by gathering the children in a circle and introducing the book "My Shadow is Purple". Show them the cover of the book and ask questions such as "What do you notice about the title?", "What do you think the book is going to be about?", and "Have you ever seen a purple shadow?". Engage the children in a discussion about colors, shadows, and the uniqueness of every individual.

Activities:

1. Storytime and Discussion (20 minutes):

- Read aloud "My Shadow is Purple" to the children, pausing at important moments to ask open-ended questions about the characters, their actions, and emotions.
- After reading, lead a discussion about the story's themes of diversity, individuality, and acceptance. Ask questions like "How did the characters feel about their shadows being different?", "Did they embrace their differences?", and "Why is it important to accept and celebrate our differences?".

2. Expressing Emotions Collage (20 minutes):

- Provide each child with construction paper, markers, and scissors.
 - Ask the children to think about a color that represents a specific emotion (e.g., red for anger, blue for sadness, yellow for happiness).
 - Instruct them to draw and cut out shapes or symbols associated with that emotion, and glue them onto their construction paper.
 - Encourage the children to share their collages with the class, explaining the emotions they chose and why they associate them with specific colors.

3. Colorful Self-Portraits (20 minutes):

- Distribute mirrors and art supplies (crayons, markers, colored pencils).
 - Have the children observe their reflections and discuss their unique features, such as eye color, hair color, and skin color. Talk about how these individual features make each person special.
 - Instruct the children to create self-portraits, emphasizing the uniqueness of their features and incorporating vibrant colors.
 - Display the self-portraits around the classroom as a visual representation of the children's individuality.

Closure:

Gather the children in a circle and reflect on the activities. Ask questions like "What did you learn about yourself today?", "How did it feel to express your emotions through art?", and "What makes each of us special?". Summarize the key points discussed during the lesson and reinforce the importance of accepting and celebrating our differences.

Extension Activities:

1. Song and Dance: Choose a song about diversity, individuality, or acceptance and encourage the children to dance and move to the music, celebrating their unique qualities.
2. Guess My Emotion: Play a game where one child displays an emotion using their face, while others guess the emotion being portrayed.
3. Rainbow of Feelings: Create a large rainbow on chart paper or using colored ribbons. Discuss different emotions and have children place colored dots or write down words describing their feelings onto the corresponding colors.

Assessment Objectives:

1. Social-Emotional:
 - Demonstrates respect and acceptance of others' differences during discussions and activities
 - Expresses emotions and communicates needs appropriately

2. Physical:

- Demonstrates fine-motor skills when creating collages and self-portraits
- Shows positive body awareness and self-acceptance

3. Language:

- Listens attentively during storytime and participates in discussions
- Uses language to express emotions and thoughts during the activities

4. Cognitive:

- Understands and embraces the concept of diversity and individuality
- Recognizes and identifies different emotions through artwork and self-reflection

Assessment Methods:

Observations will be made throughout the lesson to assess the children's social-

emotional interactions, physical abilities, language skills, and cognitive understanding. The teacher will also engage in individual and group discussions, providing feedback and guiding questions. Assessment results will inform teaching practices by identifying areas where additional support or extension activities may be required.