



Lesson Plan: The Book "Don't Hug Doug"

Overview:

This lesson plan is designed for preschoolers aged 3-5 and focuses on the book "Don't Hug Doug." The lesson aims to explore the themes of personal space and consent, helping children understand the importance of respecting others' boundaries. Through engaging activities, children will learn how to ask for and give consent, as well as develop social-emotional skills.

Materials:

- Picture book: "Don't Hug Doug" by Carrie Finison
- Large chart paper or whiteboard
- Markers
- Art supplies (paper, crayons, markers)
- Playdough or modeling clay

Introduction:

Start the lesson by gathering the children in a circle and introduce the book "Don't Hug Doug." Show them the cover and ask questions like "What do you think this story is about?" or "Why do you think it's important to ask before hugging someone?" This introduction will help engage their curiosity and set the context for the learning objectives.

Activities:

1. Read Aloud & Discussion (15 minutes):

- Read the book "Don't Hug Doug" aloud to the children, emphasizing the illustrations and the messages of personal space and consent.
- After reading, facilitate a discussion about the book. Ask questions such as:
 - "Why didn't Doug want to be hugged?"
 - "What did the characters do to respect his personal space?"
 - "How do you think Doug felt when his boundaries were respected?"

2. Setting Personal Space (15 minutes):

- Discuss the concept of personal space with the children, explaining that everyone has their own personal space bubble.
 - Use the chart paper or whiteboard to draw an outline of a person and label it as "Personal Space."
 - Invite the children to come up one by one and stand inside the outline, demonstrating the idea of personal space.
 - Discuss scenarios with the children, asking them whether it's appropriate to enter someone's personal space in specific situations (e.g., when someone is eating, when someone is playing, etc.).
 - Encourage the children to share their thoughts and respect individual boundaries.

3. Art Activity:

Drawing Boundaries (15 minutes):

- Provide art supplies and ask the children to draw a self-portrait or themselves.
- Encourage them to draw a bubble or border around their picture to represent their personal space.
- Support them in labeling their drawing with the words "Personal Space."
- Display the drawings in the classroom or create a "Personal Space" wall to reinforce the concept.

4. Playdough Boundaries (15 minutes):

- Give each child a small amount of playdough or modeling clay.
- Encourage them to mold the playdough into shapes to represent their personal space.
- Discuss the shapes and sizes of their playdough boundaries, emphasizing that everyone's personal space is different and should be respected.

Closure:

To conclude the lesson, gather the children in a circle and have a brief discussion. Ask questions like "What did you learn about personal space and consent?" and "Why is it important to respect others' boundaries?" Summarize the key points discussed during the lesson and remind the children of the importance of asking for and giving consent.

Extension Activities:

1. Role-Play: Create scenarios where the children can practice asking for and respecting personal space. Assign roles and encourage them to act out situations with guidance.
2. Storytelling: Ask the children to create their own story about personal space and consent. They can use their drawings from the art activity as inspiration.
3. Personal Space Dance: Play music and guide the children in a movement activity where they explore personal space by moving like different objects (e.g., tree, car, cloud).

Assessment Objectives:

1. Social-Emotional:

- Demonstrates respect for others' personal space and boundaries
- Participates cooperatively and constructively in group activities

2. Physical:

- Demonstrates body awareness and self-control when respecting personal space boundaries

3. Language:

- Listens to the story and follows along with the discussion
- Uses language to express thoughts and understanding of personal space and consent

4. Cognitive:

- Demonstrates positive approaches to learning by engaging in discussions and activities
 - Remembers and connects experiences by discussing the themes of personal space and consent

Assessment Methods:

Observations will be made throughout the lesson to assess the children's social-emotional interactions, physical actions, language skills, and cognitive engagement. The teacher will also listen to the children during the discussions and provide individual feedback during the art and playdough activities. Assessment results will inform teaching practices by identifying areas where additional support or extension activities may be required.