

Here's your lesson plan:

Title:

Exploring Ages in Preschool

Objective:

- To introduce children to the concept of age, and develop an understanding that people of different ages have different characteristics and interests.

Duration:

1 hour

Materials:

- Picture books or flashcards depicting people of different age groups
- Pictures of age-related activities or interests
- Large chart paper or whiteboard
- Markers
- Age-related props (e.g., baby doll, walking cane, toy smartphone)

Warm-up (5 minutes):

- Begin the lesson with a circle time discussion. Ask the children questions related to age, such as:
 - How old are you?
 - Do you have any brothers or sisters? How old are they?
 - Do you know anyone who is older or younger than you?

Introduction (5 minutes):

- Show the children pictures of people representing different age groups, such as babies, toddlers, children, teenagers, adults, and elderly individuals. Discuss each age group and their characteristics.
- Briefly explain that people of different ages have different needs, abilities, and interests.

Activity 1:

Age Sorting (15 minutes):

- Prepare a set of flashcards or pictures representing people of various age groups and several objects or activities associated with each age group (e.g., a pacifier for babies, a soccer ball for children, a smartphone for teenagers, knitting needles for elderly individuals).
- Spread the cards or pictures out on a table or the floor.
- Divide the children into small groups and provide each group with a set of cards or pictures.
- Instruct the children to sort the cards or pictures into different piles based on age groups. Encourage discussions and reasoning within each group.

Activity 2:

Age-Related Discussion and Draw (20 minutes):

- Show the children pictures of various age-related activities or interests such as playing with toys, going to school, playing sports, and helping others. Discuss each picture with the children, emphasizing the different activities or interests of each age group.
- Place a large chart paper or use a whiteboard and draw columns labeled with different age groups (e.g., baby, child, teenager, adult, elderly).
- Ask the children to brainstorm and share ideas of activities or interests specific to each age group, and write them under the corresponding columns on the chart paper or whiteboard.
- Encourage the children to draw a picture of themselves engaged in one of the activities discussed, labeling their drawing with their age.

Wrap-up (10 minutes):

- Gather the children together and review the different age groups and their corresponding characteristics.
- Display the chart paper or whiteboard with the age-related activities and interests.
- Conclude the lesson by reassuring the children that as they grow older, they too will have new and exciting opportunities and abilities.

Extension Activity:

- Encourage the children to interview their family members or friends to find out what activities they enjoyed or what they were capable of doing at different ages.
- Provide the children with art supplies to create a collage or a mini-book showcasing various age-related activities and interests.