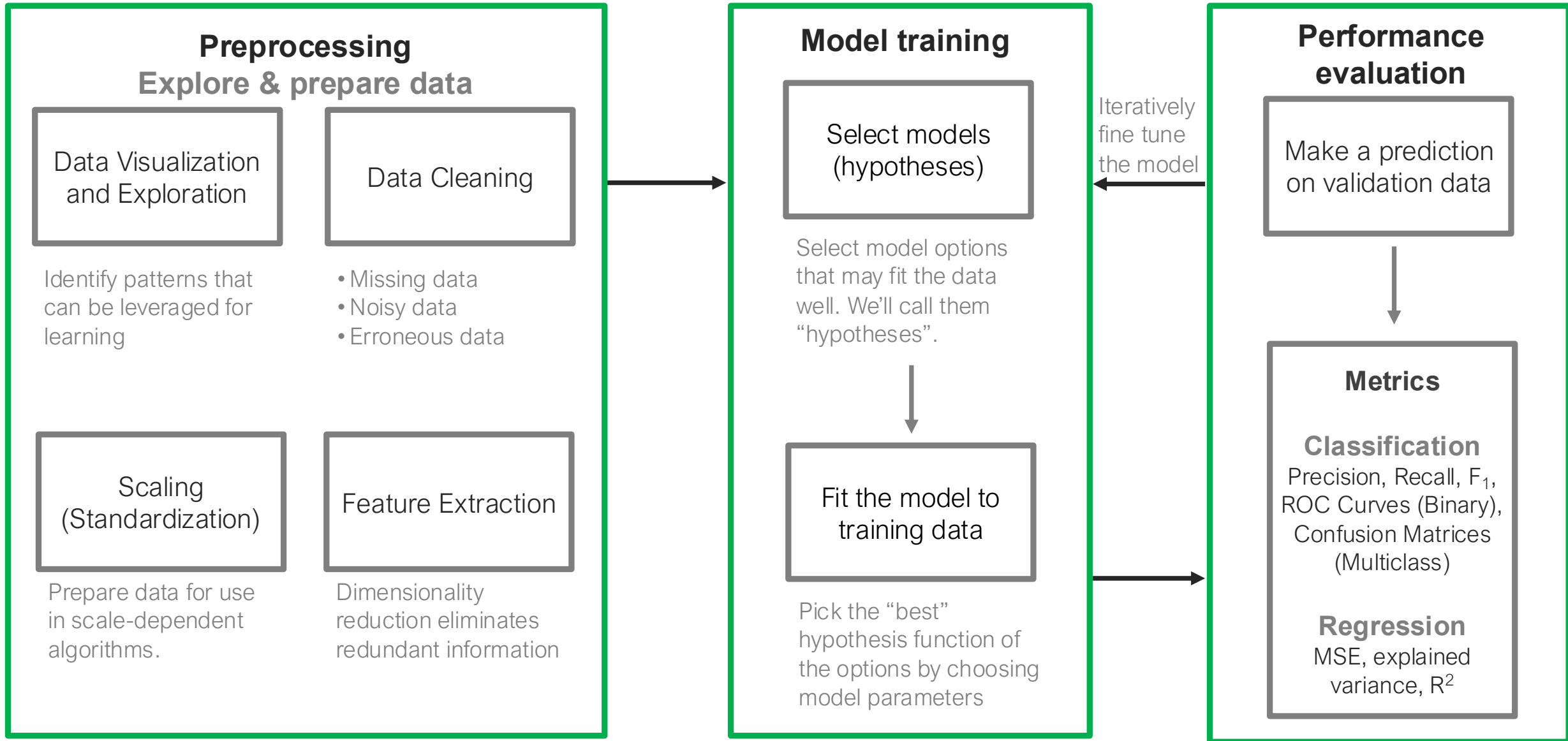
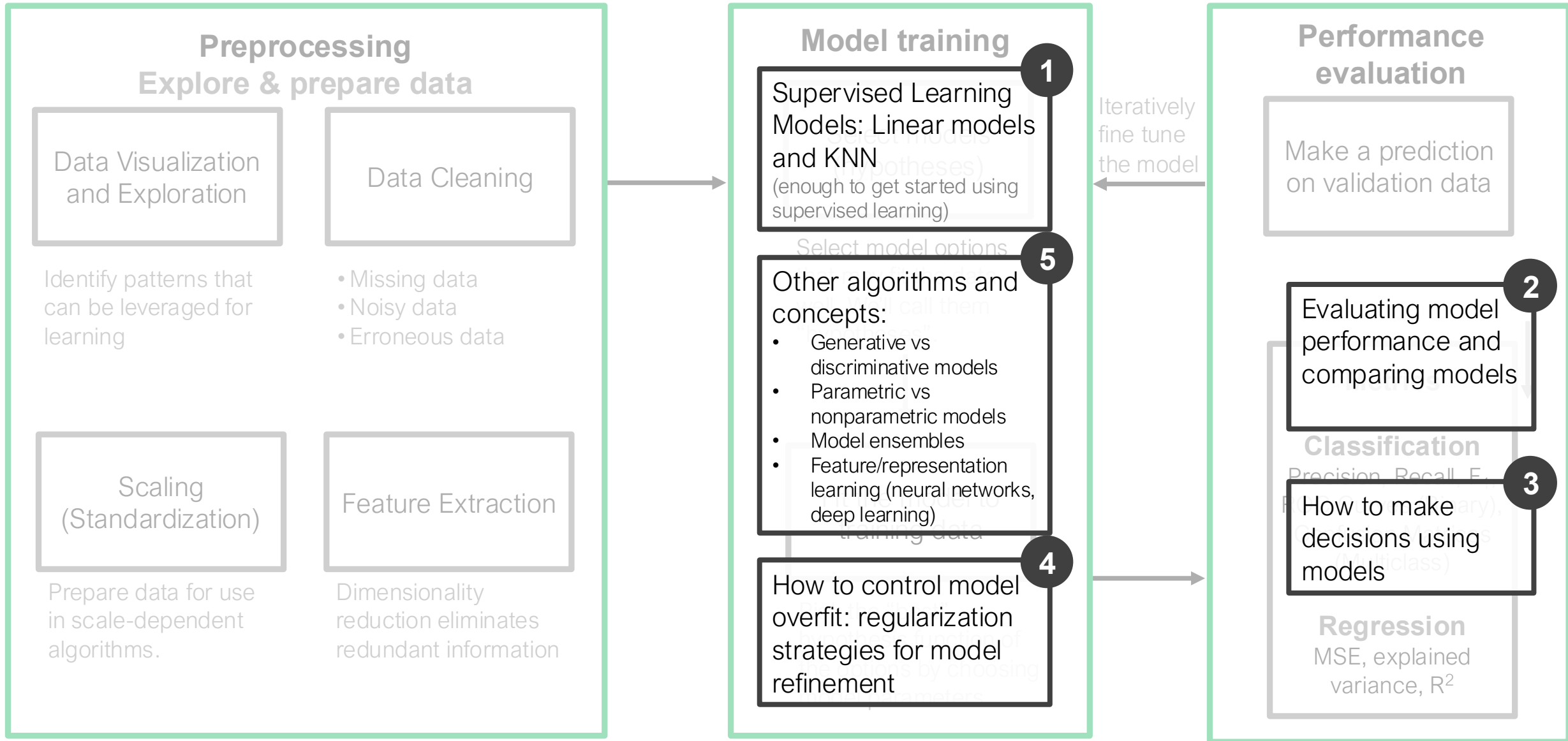


# Reducing Overfit

# Supervised learning in practice



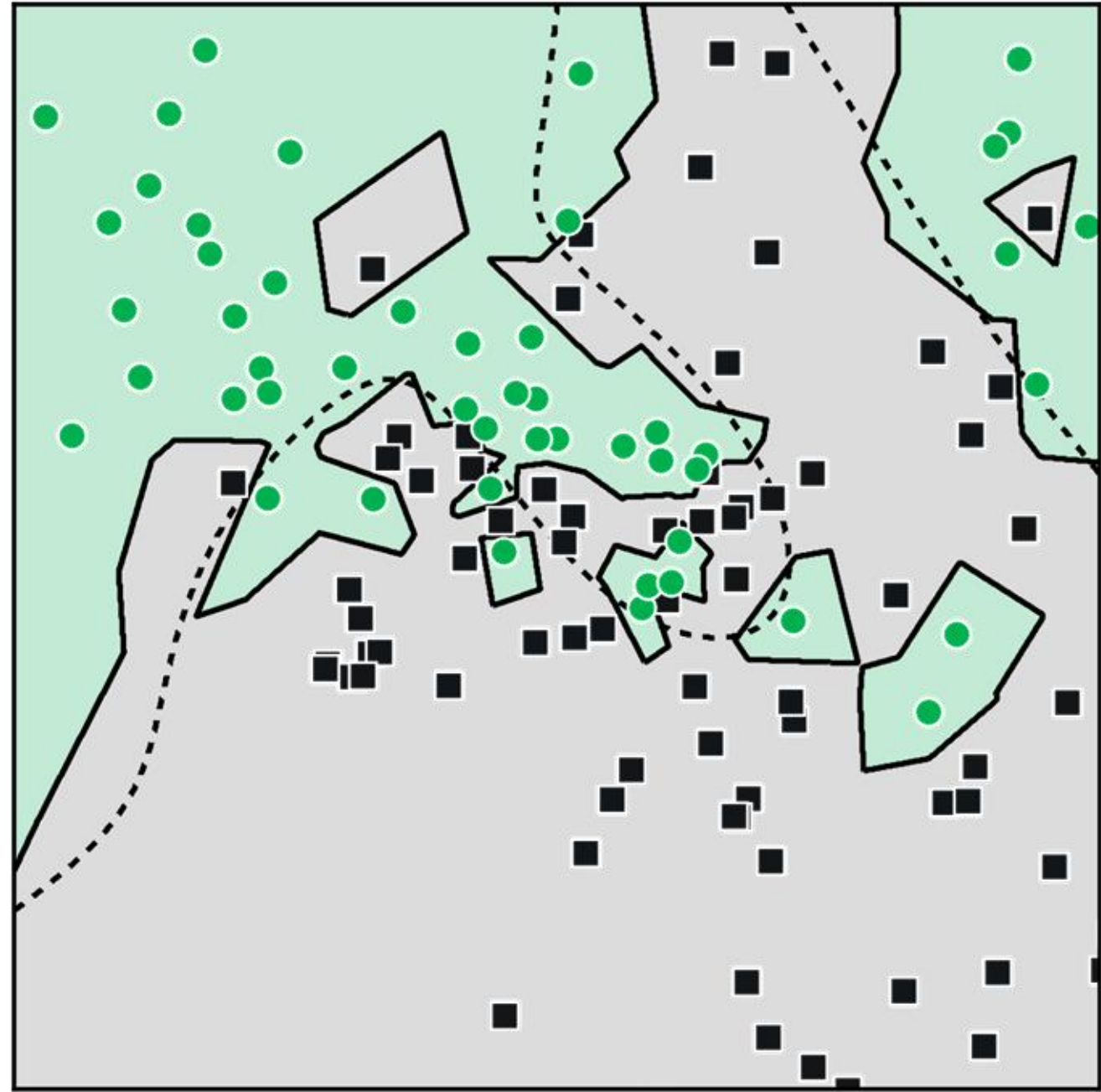
# Supervised learning in practice



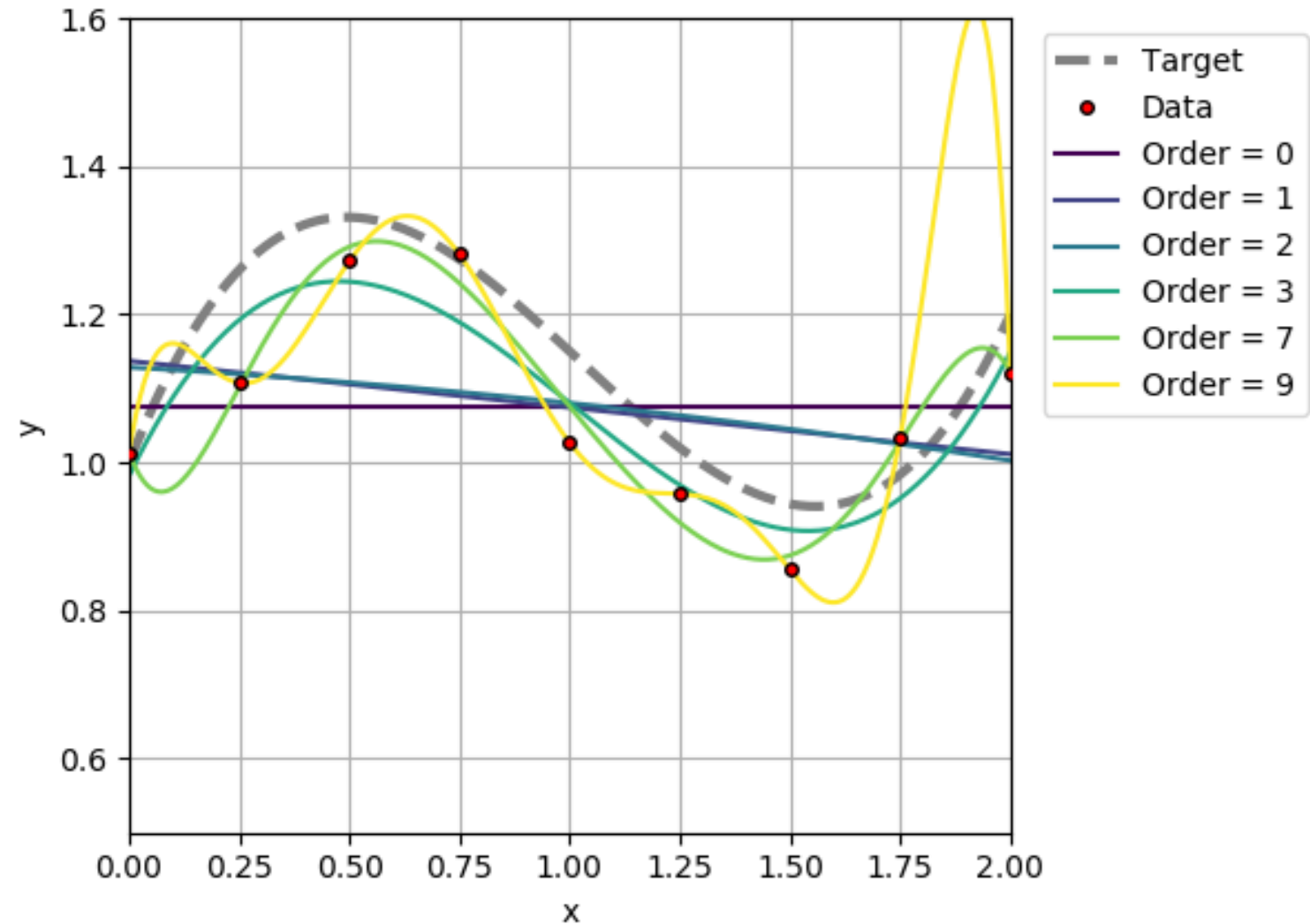
We've seen  
overfit in  
classification...

**Overfitting** to the  
training data

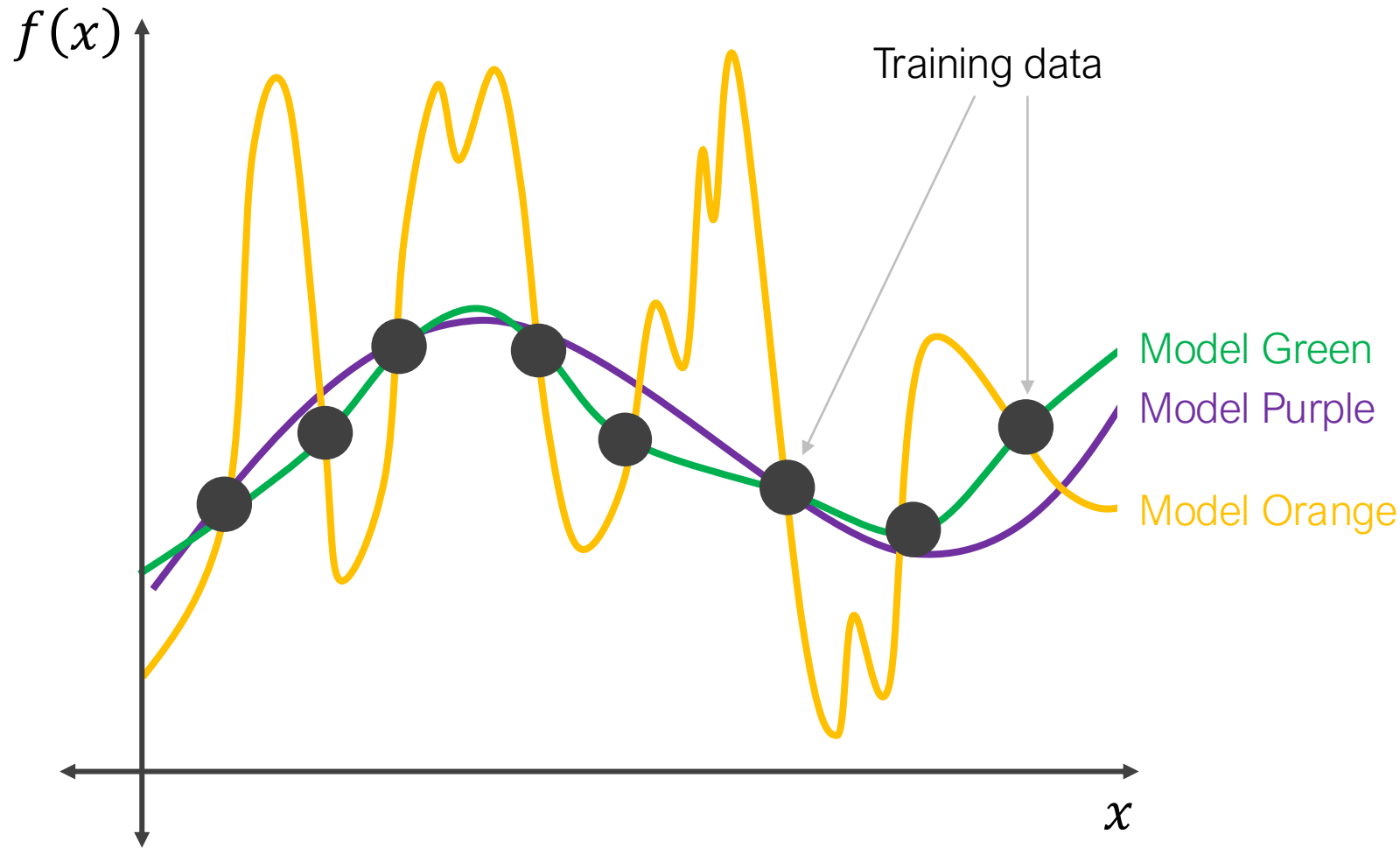
High model **variance**



# ...and have seen overfit in regression...



# How do we limit overfitting?



How do we know which solution is best?

- Models **orange** and **green** both perfectly fit the training data
- If there are more parameters than training data, you typically have an infinite number of perfect solutions
- Use which model **generalizes best** on held out data

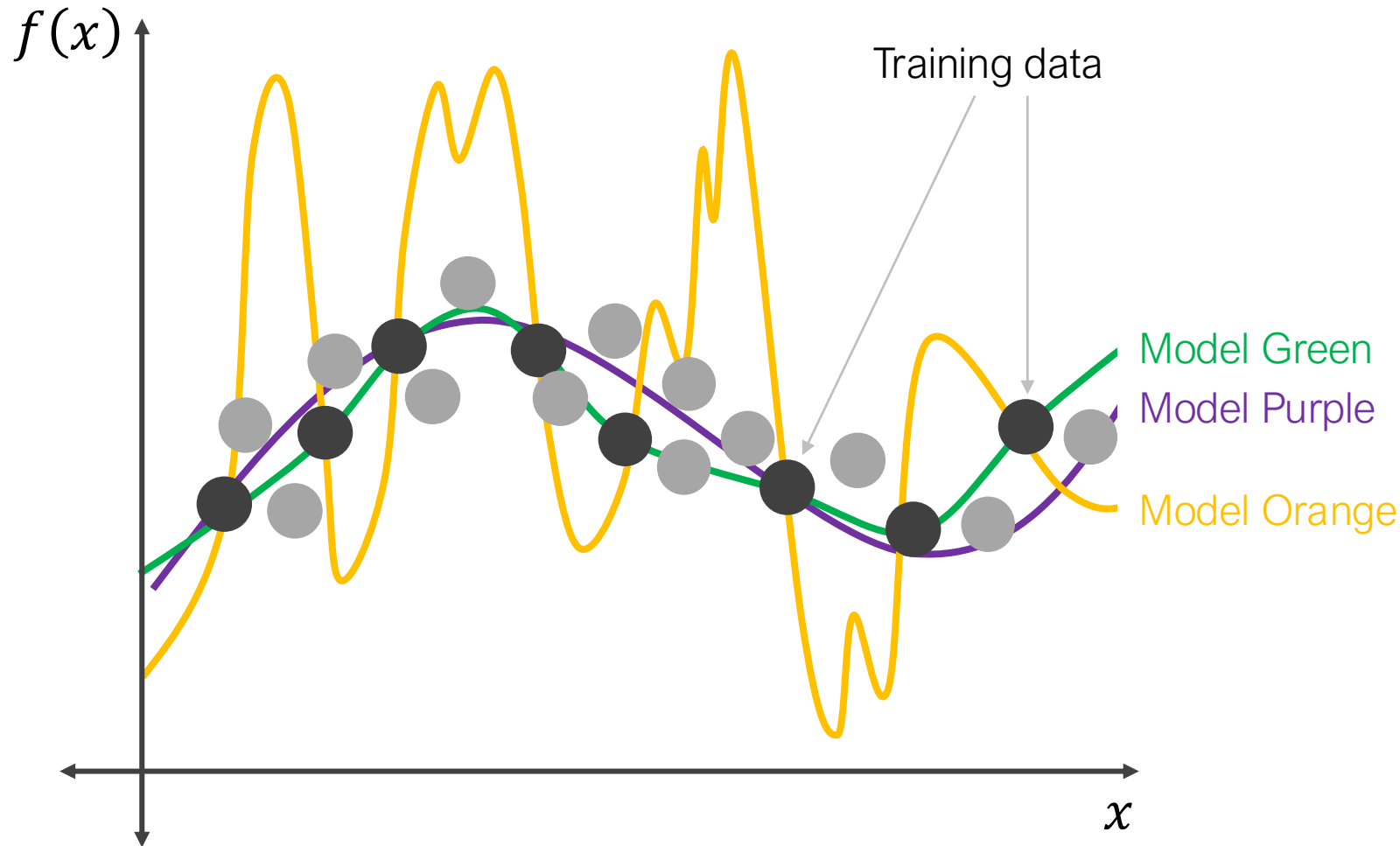
How do enable the algorithm to find solutions that generalize better?

**Option #1: Add more data!**

(Not always possible)

**Option #2: Limit model flexibility to  
reduce overfit**

# Adding representative training data typically helps



## Adding more data...

Reduces spurious correlations

“fills in” the feature space

Constrains the model to perform well on a broader set of examples

**...is not always an option**

# How do we reduce overfit?

**Regularization** is the practice of **intentionally constraining or biasing** a learning algorithm so that, among many models that fit the training data, it prefers **simpler, more stable solutions that generalize better to unseen data.**

# Our conceptual tool...



Image from Speckyboy.com

# Occam's Razor / Law of Parsimony

All else being equal, choose the **simpler** solution

# Options for limiting model flexibility

## 1. Data-space regularization

- Add more training data (not always possible)
- Augment data

## 2. Model selection / capacity control

- Variable/feature subset selection
- Dimensionality reduction

## 3. Parameter space regularization: shrinkage

# Options for limiting model flexibility

## 1. Data-space regularization

- Add more training data (not always possible)
- Augment data

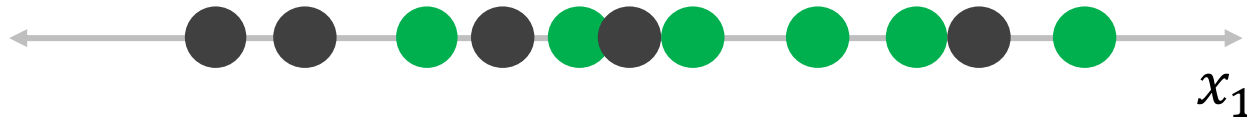
## 2. Model selection / capacity control

- **Variable/feature subset selection**
- Dimensionality reduction

## 3. Parameter space regularization: shrinkage

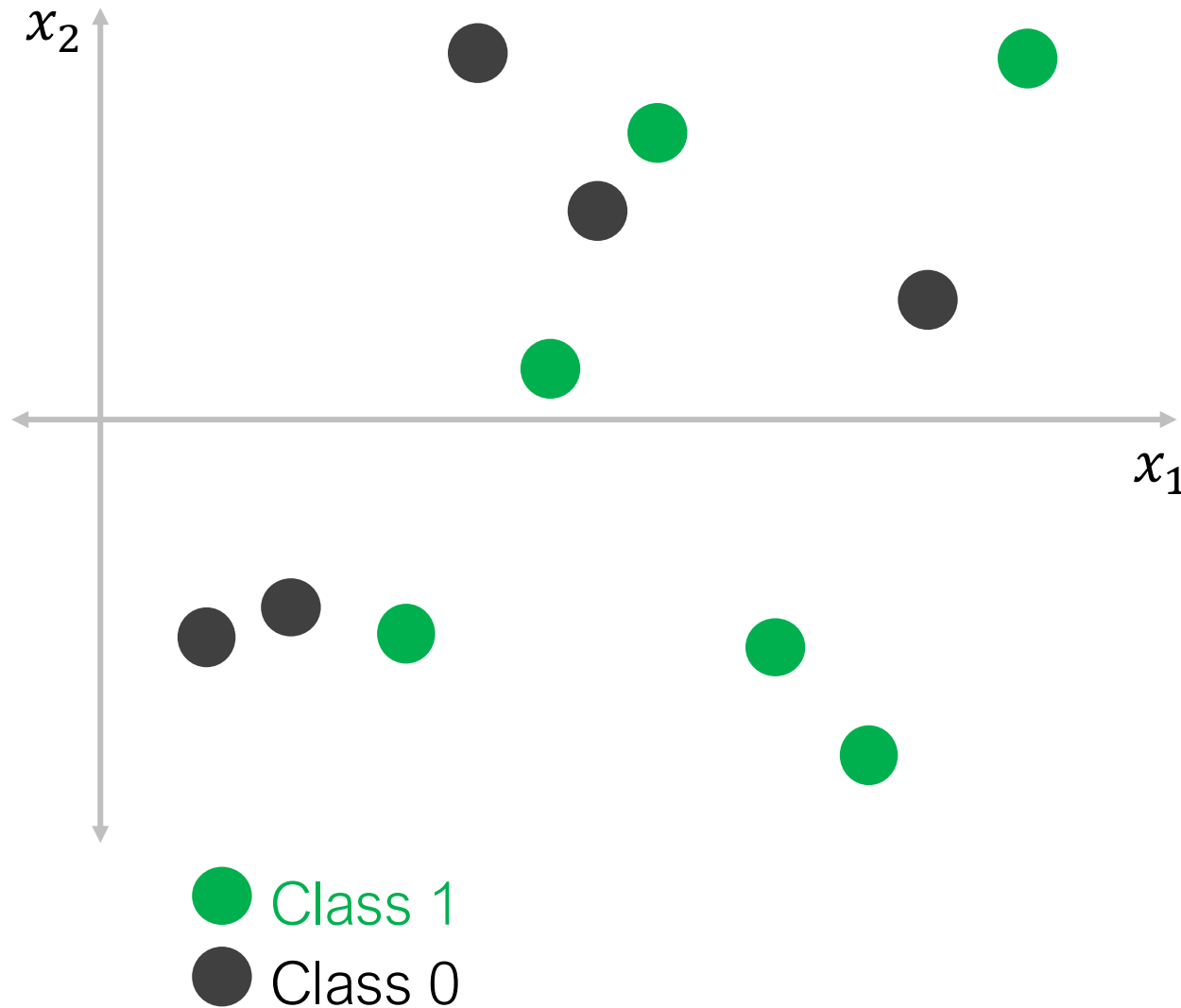
# What's the problem with adding features?

Binary classification with one feature



● Class 1  
● Class 0

# What's the problem with adding features?



Features that are not meaningful make the problem harder

Additional features increase flexibility in most models

(e.g. a linear model with an extra feature will have an extra parameter)

**Example:** what if  $x_2$  is random noise? The model may still use it in its predictions.

# Feature (variable) selection

Manual feature engineering

(e.g. use domain knowledge to remove less informative features)

Filter methods

(e.g. remove highly correlated features)

Wrapper methods

(e.g. subset selection)

Embedded methods

(e.g. LASSO regularization)

# Wrapper methods for variable subset selection

Search for subsets of features that perform well

- Exhaustive search
- Forward selection
- Backwards selection
- Simulated annealing
- Genetic algorithms
- Particle swarm optimization

**Challenge:** requires rerunning the training algorithm (computationally expensive)

# Forward selection

- Start with no features
- Greedily include the one feature that most improves performance
- Stop when a desired number of features is reached

# Backward selection

- Start with all features included
- Greedily remove the feature that decreases performance least
- Stop when a desired number of features is reached

Challenge: requires rerunning the training algorithm (computationally expensive)

# Options for limiting model flexibility

## 1. Data-space regularization

- Add more training data (not always possible)
- Augment data

## 2. Model selection / capacity control

- Variable/feature subset selection
- Dimensionality reduction

## 3. Parameter space regularization: shrinkage

# Parameter space regularization

Modifies the learning objective (cost function) to favor simpler models

# Parameter space regularization

a.k.a. shrinkage

Adjust the **cost/loss function** to penalize larger parameters

$$C(\mathbf{w}) = E(\mathbf{w}, \mathbf{X}, \mathbf{y}) + \lambda R(\mathbf{w})$$

E is our cost / loss function:

- MSE for regression
- Cross entropy/log loss for classification

For regression:

$$C(\mathbf{w}) = \sum_{i=1}^n (\hat{f}(\mathbf{x}_i, \mathbf{w}) - y_i)^2 + \lambda \sum_{j=1}^p w_j^2$$

Here  $\hat{f}$  is our model.  
For linear regression,

$$\hat{f}(\mathbf{x}_i, \mathbf{w}) = \mathbf{w}^T \mathbf{x}_i$$

↑  
Square error

↑  
**L<sub>2</sub> regularization penalty**

This term causes the estimated parameter values to “shrink”

# Parameter space regularization

a.k.a. shrinkage

Here we assume a regression example

Adjust the **cost/loss function** to penalize larger parameter values

a.k.a....

$L_2$  regularization

$$C(\mathbf{w}) = \sum_{i=1}^n (\hat{f}(\mathbf{x}_i, \mathbf{w}) - y_i)^2 + \lambda \sum_{j=1}^p w_j^2$$

**ridge regression** or  
weight decay  
(Tikhonov regularization)

$L_1$  regularization

$$C(\mathbf{w}) = \sum_{i=1}^n (\hat{f}(\mathbf{x}_i, \mathbf{w}) - y_i)^2 + \lambda \sum_{j=1}^p |w_j|$$

least absolute shrinkage  
and selection operator  
(**LASSO**)

$L_2$  &  $L_1$   
regularization

$$C(\mathbf{w}) = \sum_{i=1}^n (\hat{f}(\mathbf{x}_i, \mathbf{w}) - y_i)^2 + \lambda_1 \sum_{j=1}^p |w_j| + \lambda_2 \sum_{j=1}^p w_j^2$$

**elastic net**  
regularization

# To explain how regularization works, we need to know our Norms



Normal Rockwell (painter)



Norm Macdonald (comedian)

...other norms



Norman Borlaug (agronomist)



Norm Peterson (character on Cheers)

Images from Wikipedia, Norm MacDonald photo by playerx licensed under CC BY 2.0

# Norm

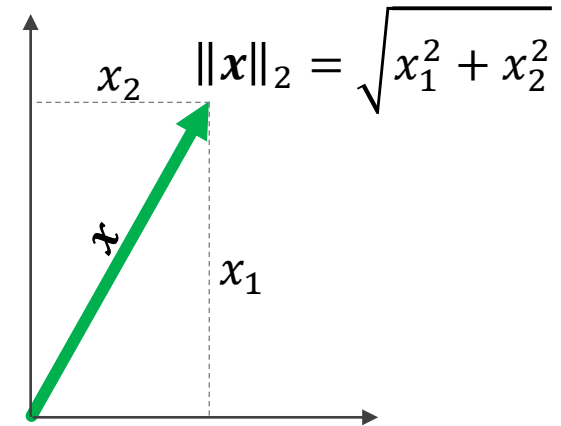
A function that assigns a positive **length or size** to a vector

The most familiar is likely the **Euclidean**, or  $L_2$  norm:

$$\|\mathbf{x}\|_2 \triangleq \sqrt{x_1^2 + \dots + x_n^2} = \left( \sum_{i=1}^n x_i^2 \right)^{\frac{1}{2}} = \sqrt{\mathbf{x}^T \mathbf{x}}$$

You'll often see this in its squared form:

$$\|\mathbf{x}\|_2^2 \triangleq x_1^2 + \dots + x_n^2 = \sum_{i=1}^n x_i^2 = \mathbf{x}^T \mathbf{x}$$

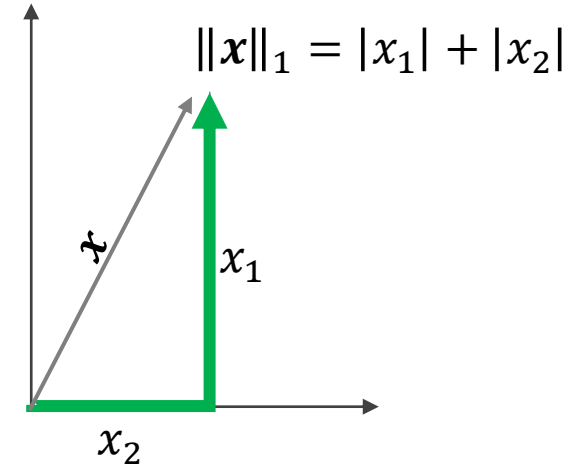


# Norms

There's also the  **$L_1$  norm**

(a.k.a taxicab or Manhattan distance)

$$\|\mathbf{x}\|_1 \triangleq |x_1| + \cdots + |x_n| = \sum_{i=1}^n |x_i|$$



The general  **$L_p$  norm**:

$$\|\mathbf{x}\|_p \triangleq \left( \sum_{i=1}^n |x_i|^p \right)^{\frac{1}{p}}$$

In the limit, the **infinity norm** is the maximum entry of the vector  $\mathbf{x}$ :

$$\|\mathbf{x}\|_\infty \triangleq \max_i |x_i|$$

# Norms for a vector

Assume a 2-D vector:  $\mathbf{w} = \begin{bmatrix} 1 \\ 3 \end{bmatrix}$

$$\|\mathbf{w}\|_1 = |w_1| + |w_2|$$

$$= |1| + |3|$$

$$= 4$$

$$\|\mathbf{w}\|_2 = \sqrt{w_1^2 + w_2^2}$$

$$= \sqrt{1^2 + 3^2}$$

$$= \sqrt{10} \approx 3.2$$

$$\|\mathbf{w}\|_\infty = \max_i |w_i|$$

$$= 3$$

# Unit Norms

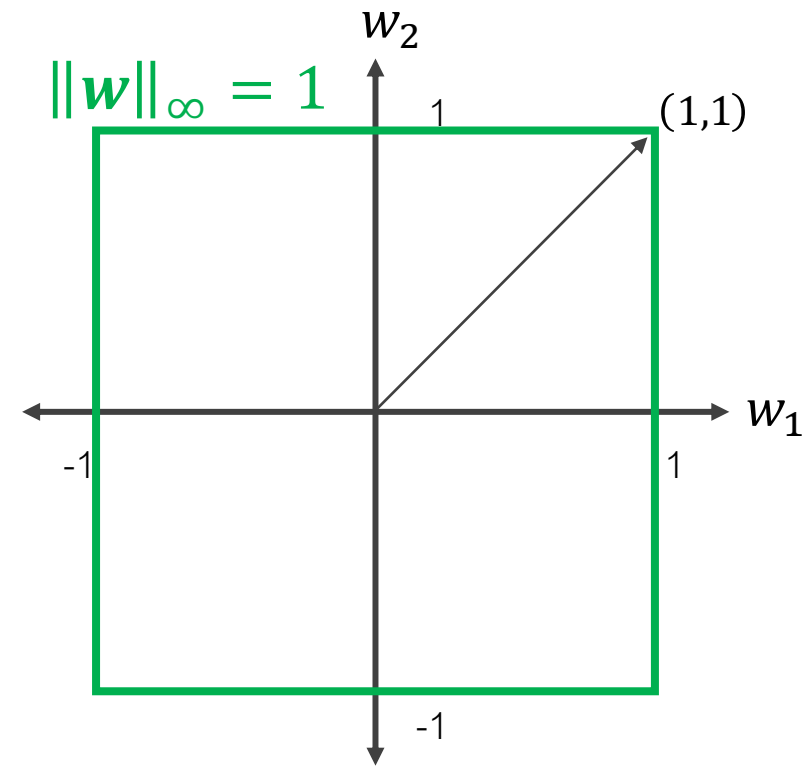
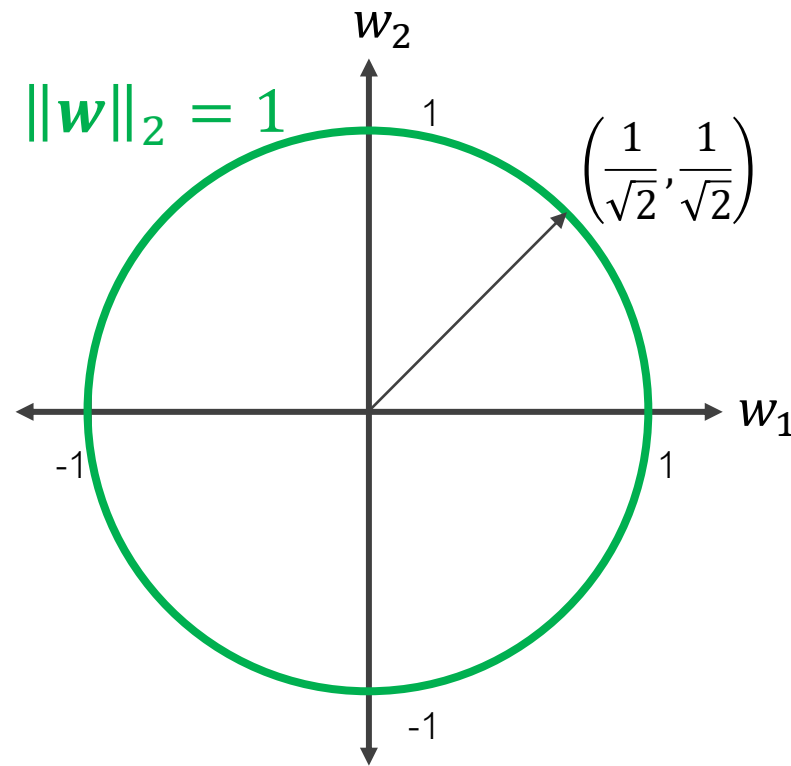
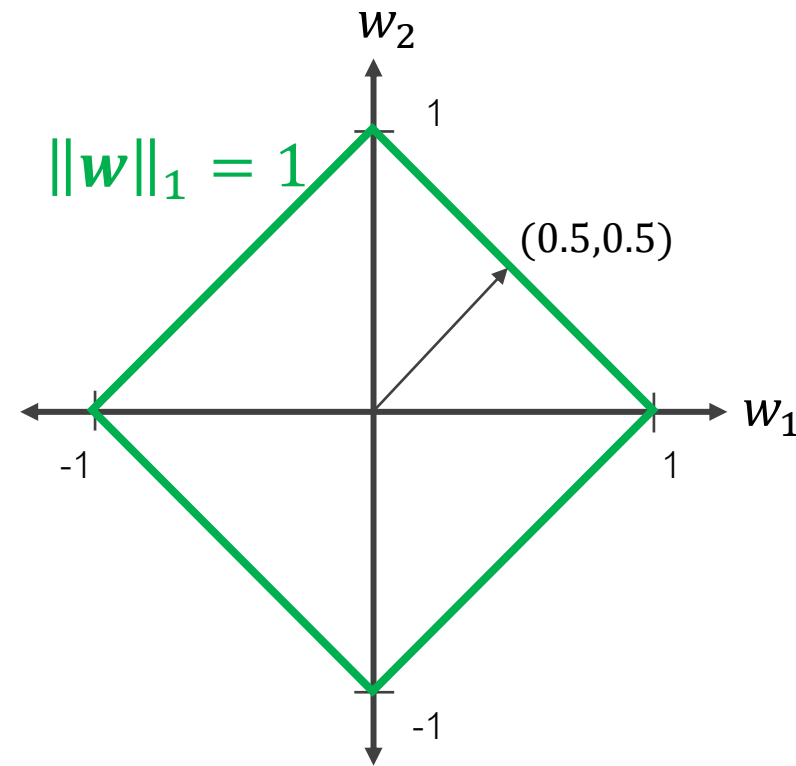
Assume a 2-D vector:  $\mathbf{w} = \begin{bmatrix} w_1 \\ w_2 \end{bmatrix}$

All possible values of  $\mathbf{w}$  that have a norm of 1  
(Plotted as the green lines below)

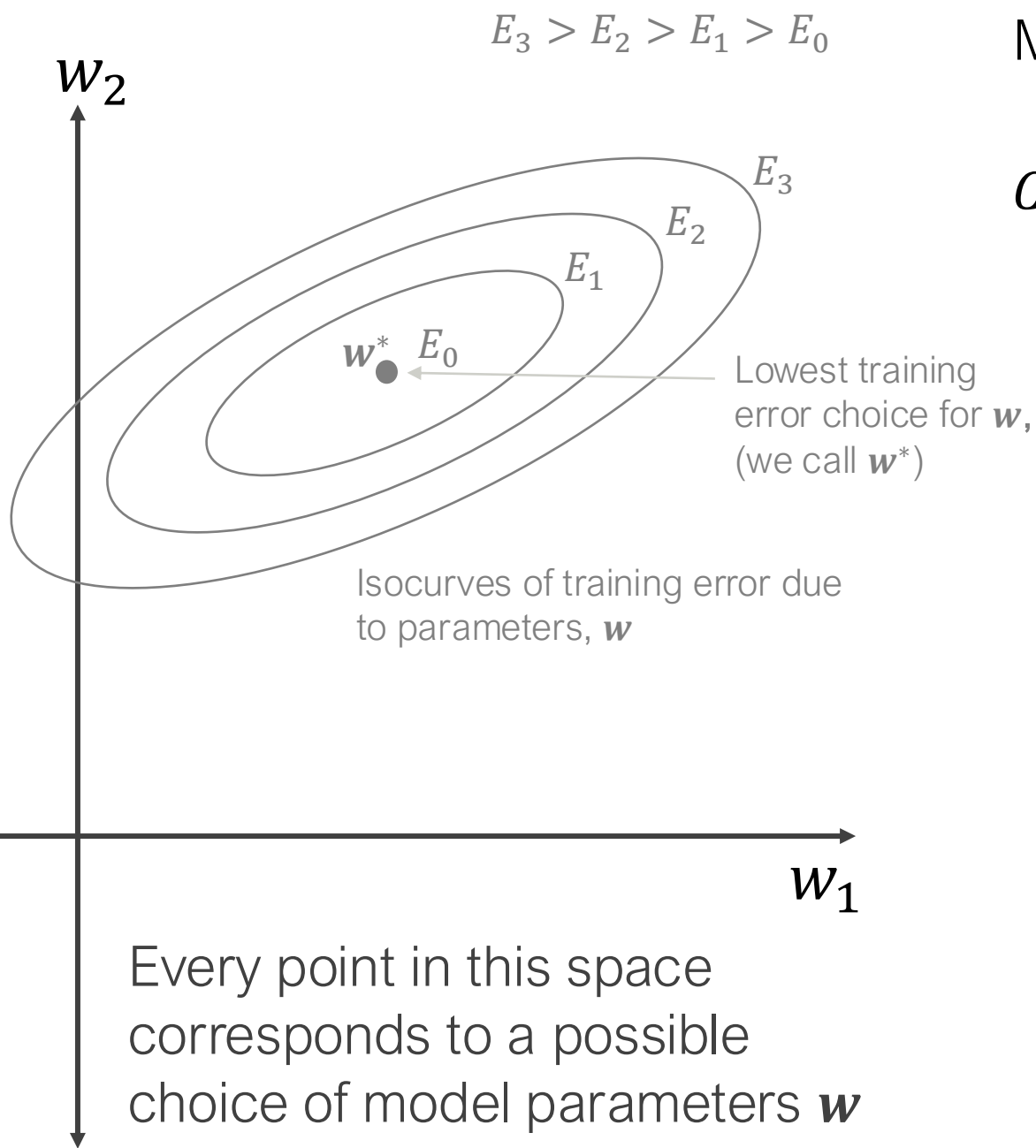
$$\|\mathbf{w}\|_1 = \sum_{i=1}^n |w_i|$$

$$\|\mathbf{w}\|_2 = \sqrt{w_1^2 + w_2^2}$$

$$\|\mathbf{w}\|_\infty = \max_i |w_i|$$



$$\mathbf{w} = \begin{bmatrix} w_1 \\ w_2 \end{bmatrix}$$



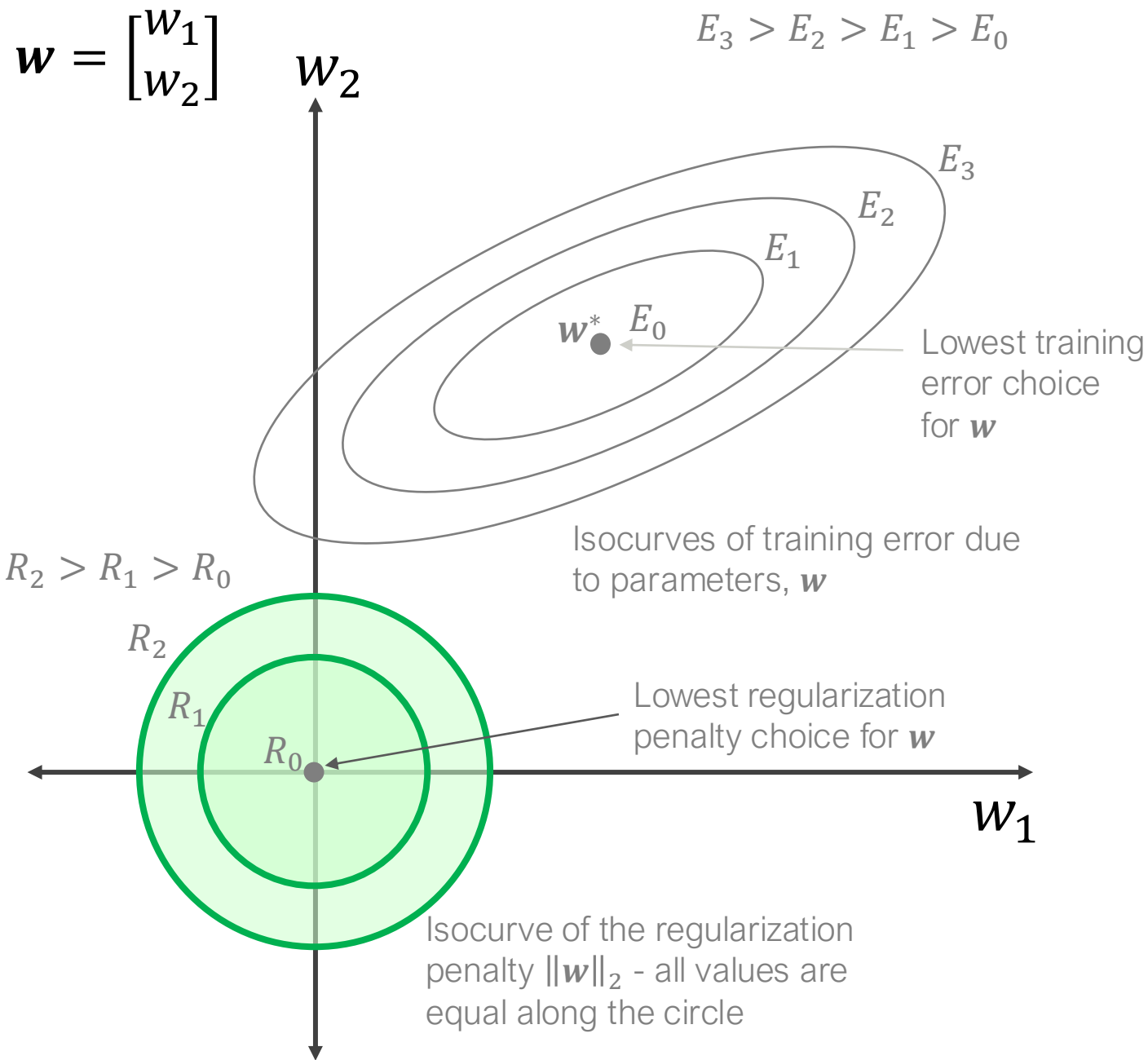
Minimize cost function:

$$C(\mathbf{w}) = \sum_{i=1}^n (\hat{f}(\mathbf{x}_i, \mathbf{w}) - y_i)^2$$


---

Training error term (E)

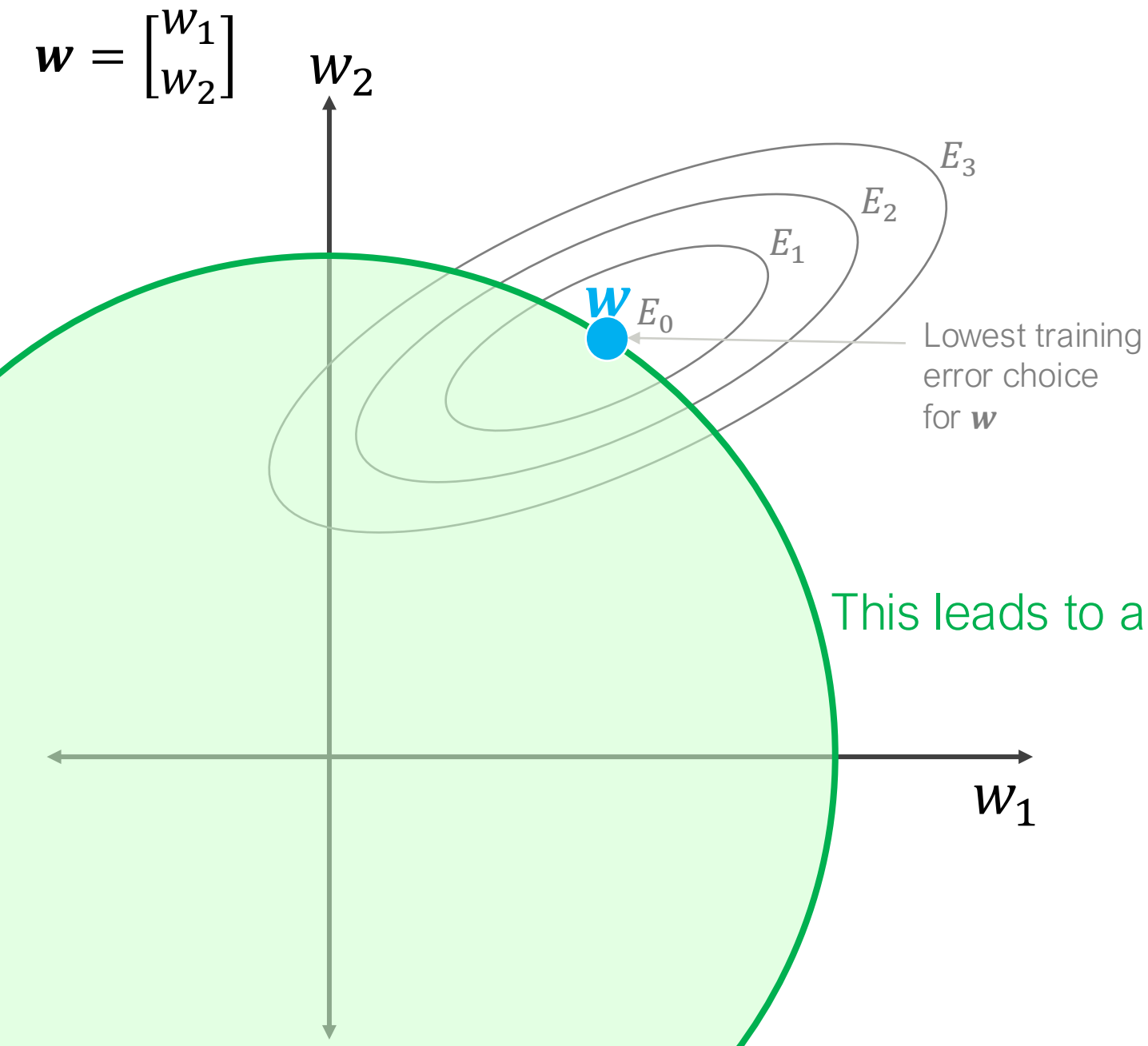
**First, let's just minimize training error**



Minimize cost function:

$$C(\mathbf{w}) = \underbrace{\sum_{i=1}^n (\hat{f}(\mathbf{x}_i, \mathbf{w}) - y_i)^2}_{\text{Training error term (E)}} + \underbrace{\lambda \sum_{j=1}^p w_j^2}_{\text{Regularization penalty (R)}}$$

**Next, let's add a regularization penalty**



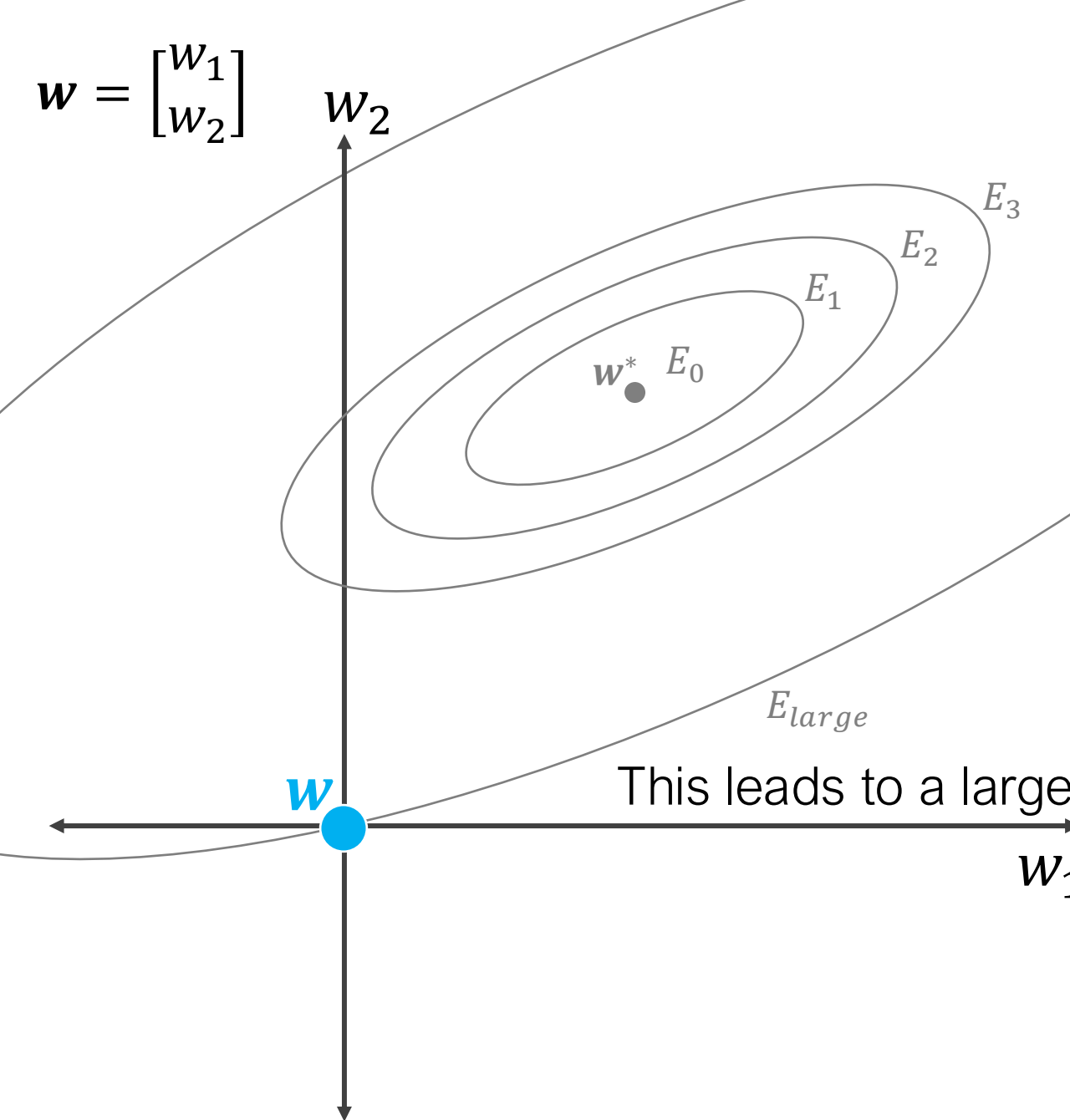
Minimize cost function:

$$C(\mathbf{w}) = \underbrace{\sum_{i=1}^n (\hat{f}(\mathbf{x}_i, \mathbf{w}) - y_i)^2}_{\text{Training error}} + \underbrace{\lambda \sum_{j=1}^p w_j^2}_{\text{Regularization penalty}}$$

**Small** **Large**

This leads to a large regularization penalty

Now if we **only minimize training error**, the regularization penalty is large



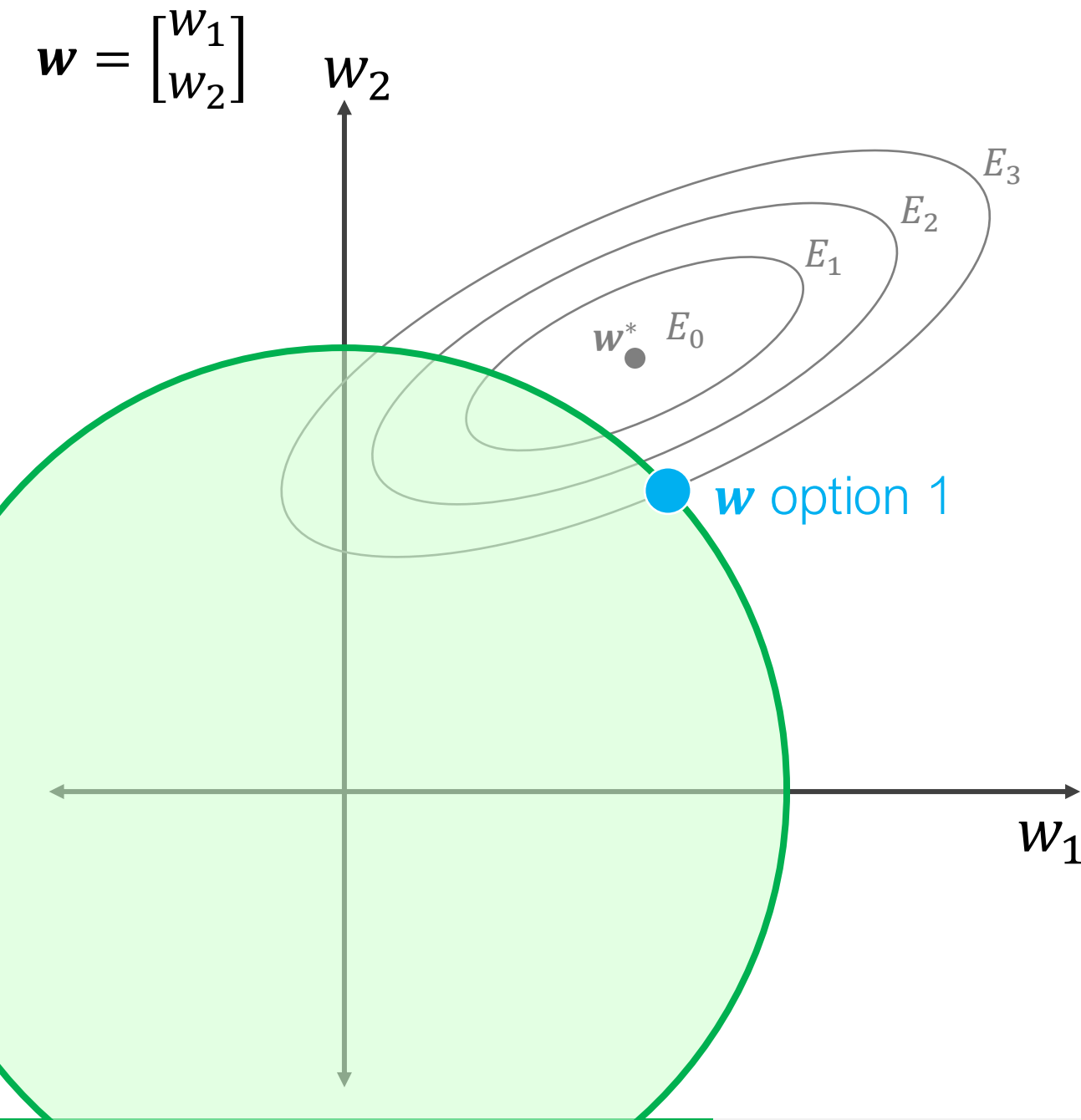
This leads to a large training error term...

Minimize cost function:

$$C(\mathbf{w}) = \underbrace{\sum_{i=1}^n (\hat{f}(\mathbf{x}_i, \mathbf{w}) - y_i)^2}_{\text{Training error}} + \underbrace{\lambda \sum_{j=1}^p w_j^2}_{\text{Regularization penalty}}$$

**Large**                      **Small**

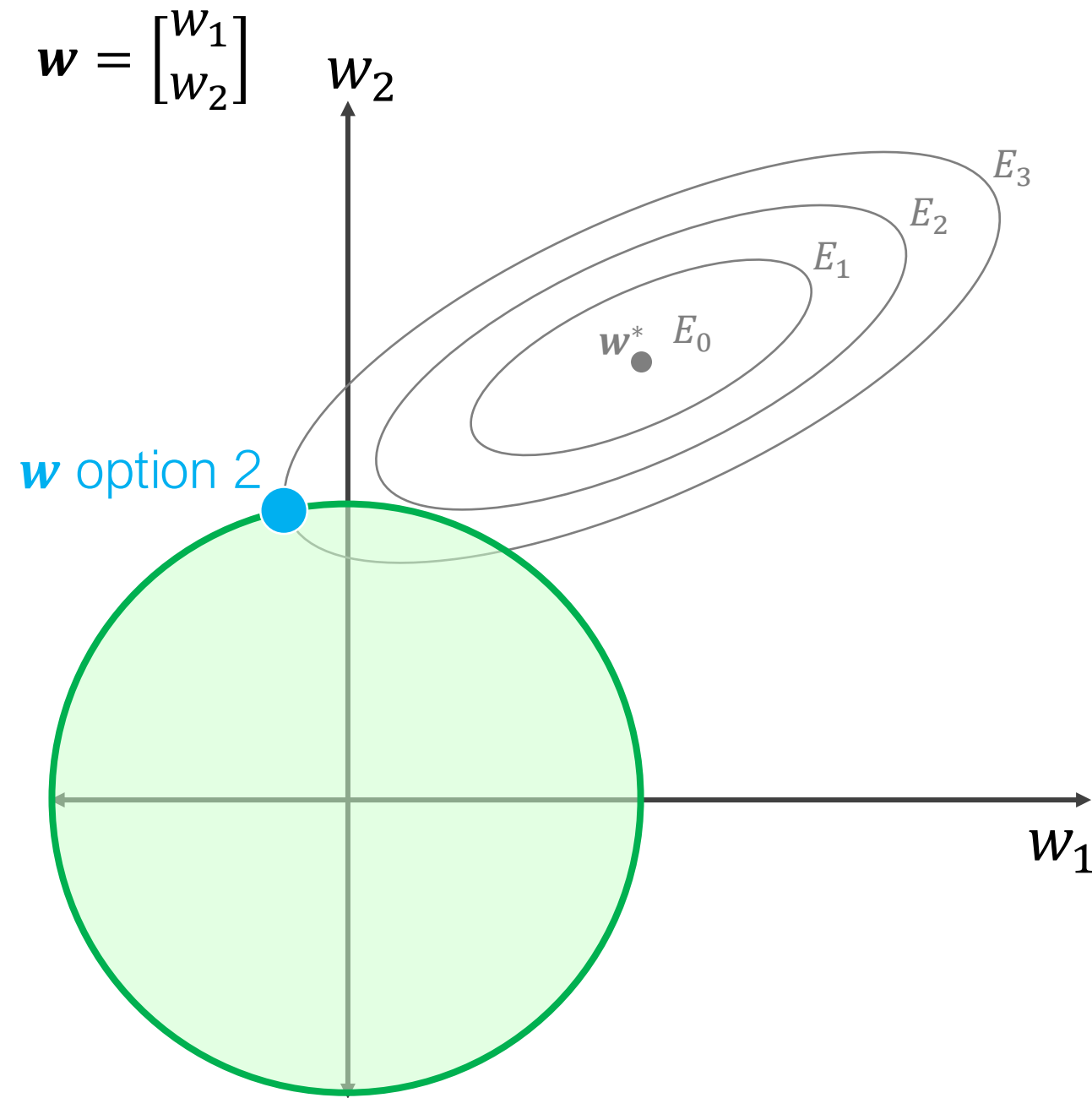
Now if we **only minimize regularization penalty**, the training error is large



Minimize cost function:

$$C(\mathbf{w}) = \underbrace{\sum_{i=1}^n (\hat{f}(\mathbf{x}_i, \mathbf{w}) - y_i)^2}_{\text{Training error}} + \underbrace{\lambda \sum_{j=1}^p w_j^2}_{\text{Regularization penalty}}$$

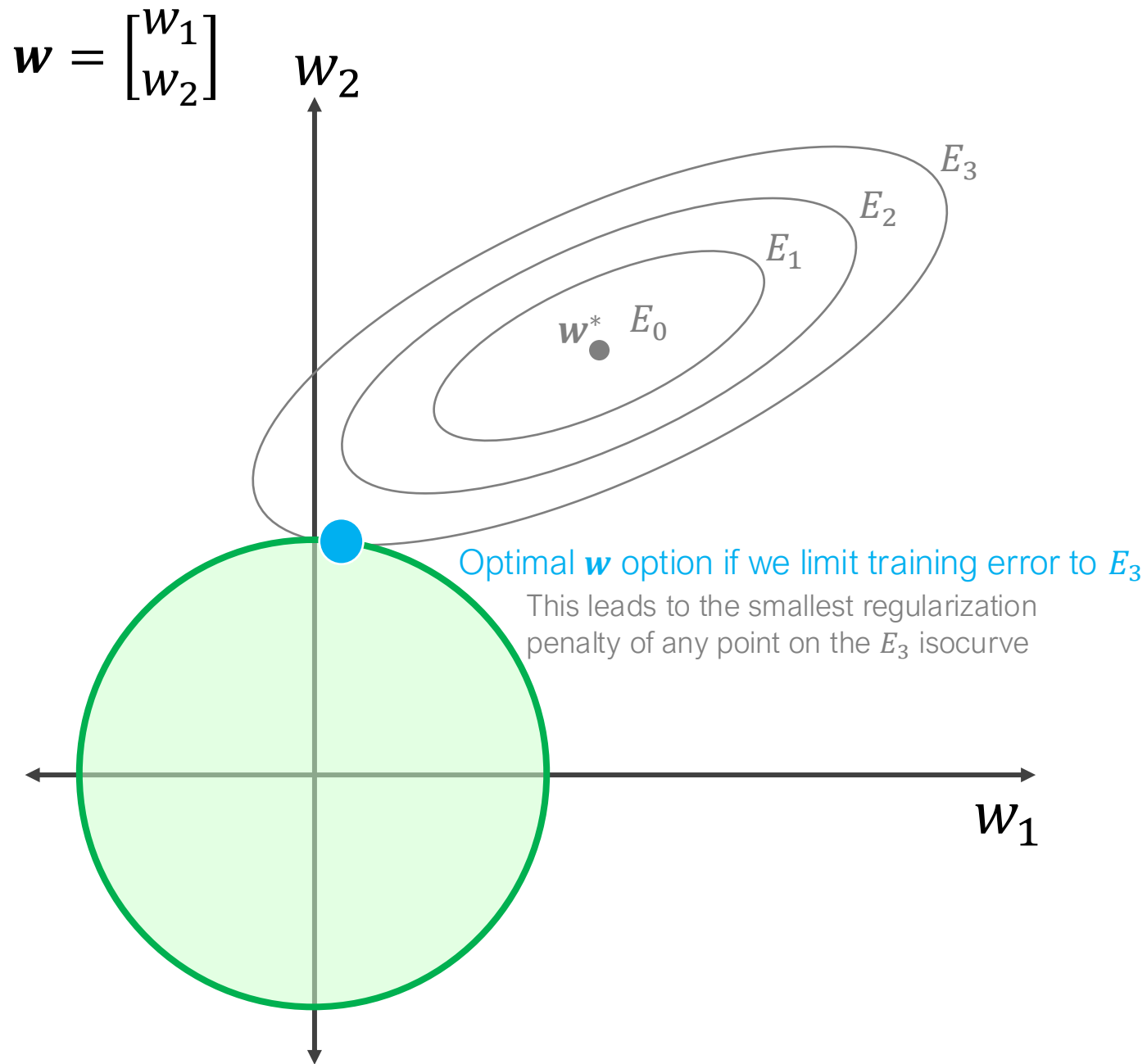
For any level of training error (assume  $E_3$  here), there may be many parameter values that result in an equivalent training error



Minimize cost function:

$$C(\mathbf{w}) = \underbrace{\sum_{i=1}^n (\hat{f}(\mathbf{x}_i, \mathbf{w}) - y_i)^2}_{\text{Training error}} + \underbrace{\lambda \sum_{j=1}^p w_j^2}_{\text{Regularization penalty}}$$

For any level of training error (assume  $E_3$  here), there may be many parameter values that result in an equivalent training error

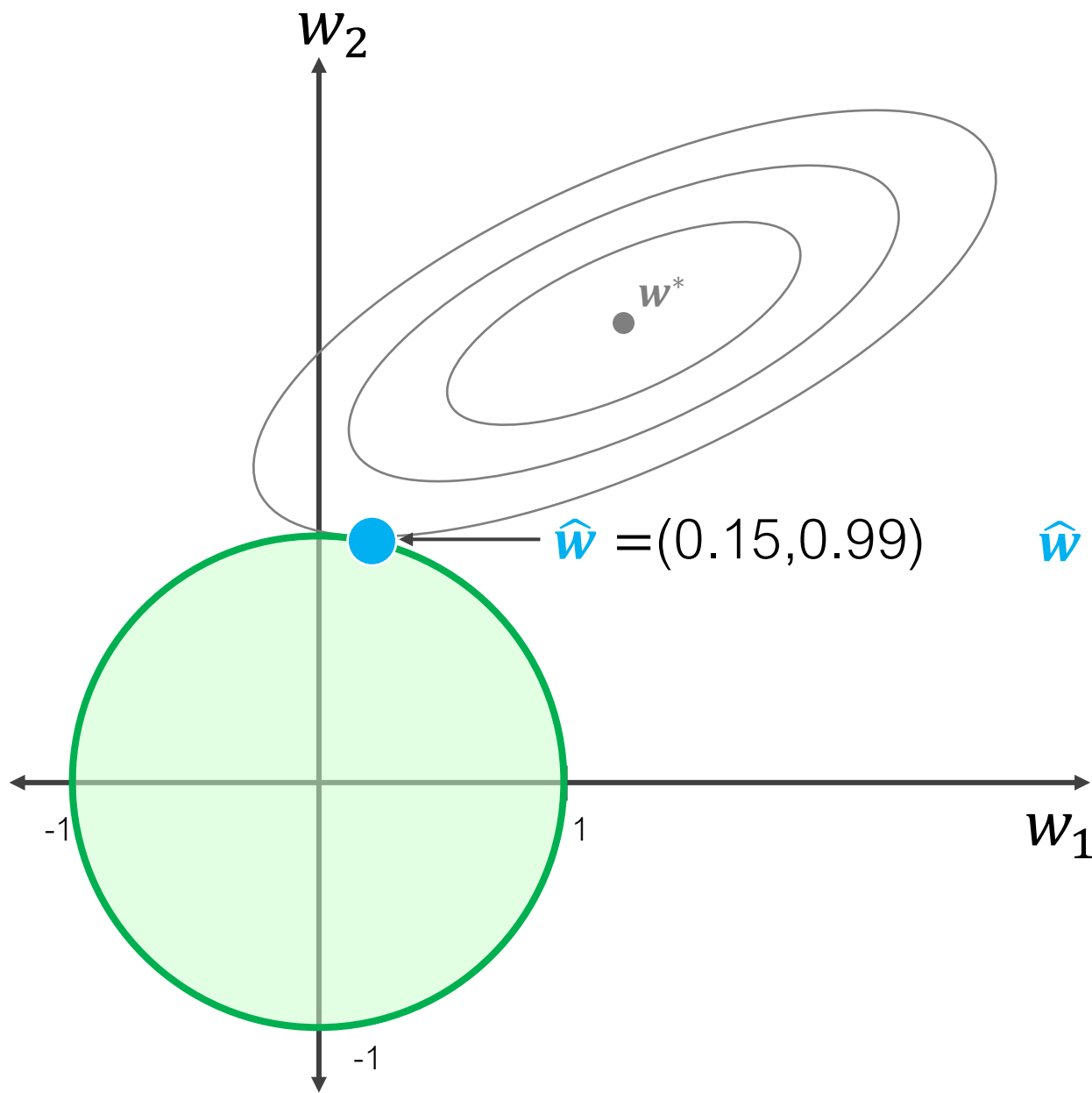


Minimize cost function:

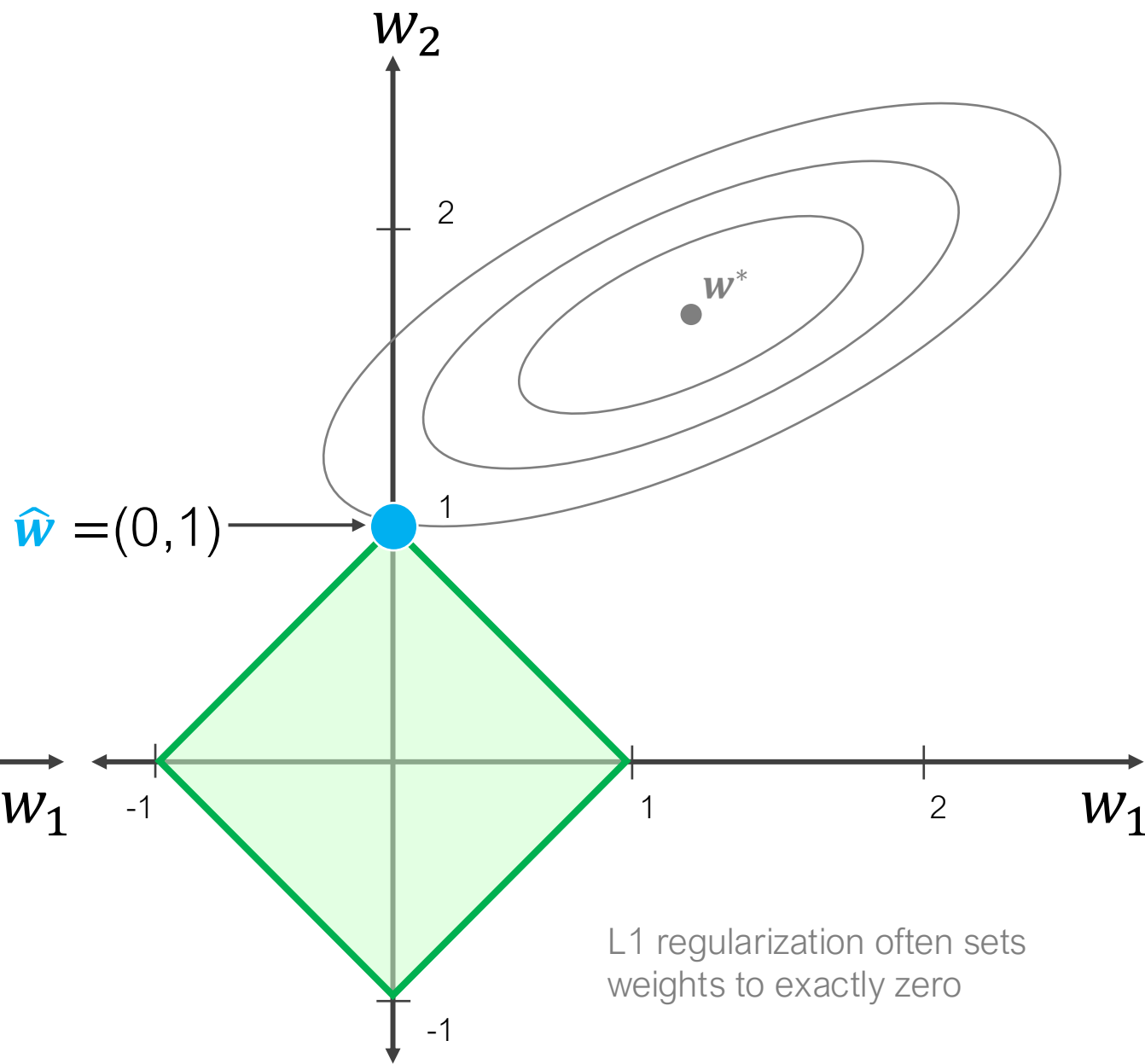
$$C(\mathbf{w}) = \underbrace{\sum_{i=1}^n (\hat{f}(\mathbf{x}_i, \mathbf{w}) - y_i)^2}_{\text{Training error}} + \underbrace{\lambda \sum_{j=1}^p w_j^2}_{\text{Regularization penalty}}$$

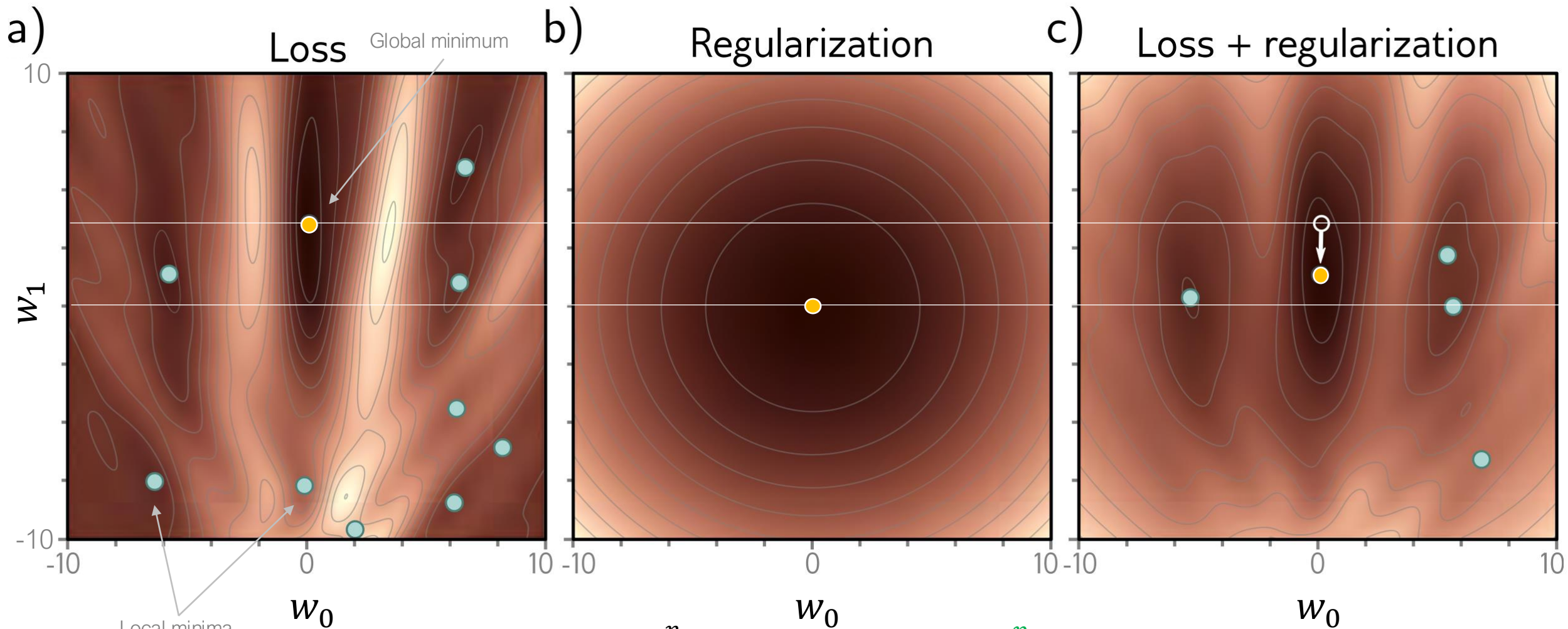
However, we can choose between the options by minimizing the regularization penalty

## Ridge: $L_2$ regularization



## LASSO: $L_1$ regularization





$$\mathcal{C}(\mathbf{w}) = \underbrace{\sum_{i=1}^n (\hat{f}(\mathbf{x}_i, \mathbf{w}) - y_i)^2}_{\text{Training error (a.k.a. loss)}} + \underbrace{\lambda \sum_{j=1}^p w_j^2}_{\text{Regularization penalty}}$$

**Visualizing  
Regularization in  
Action**

# Regularization reduces variance

Leads to smaller model parameters

$L_1$  regularization also performs variable selection

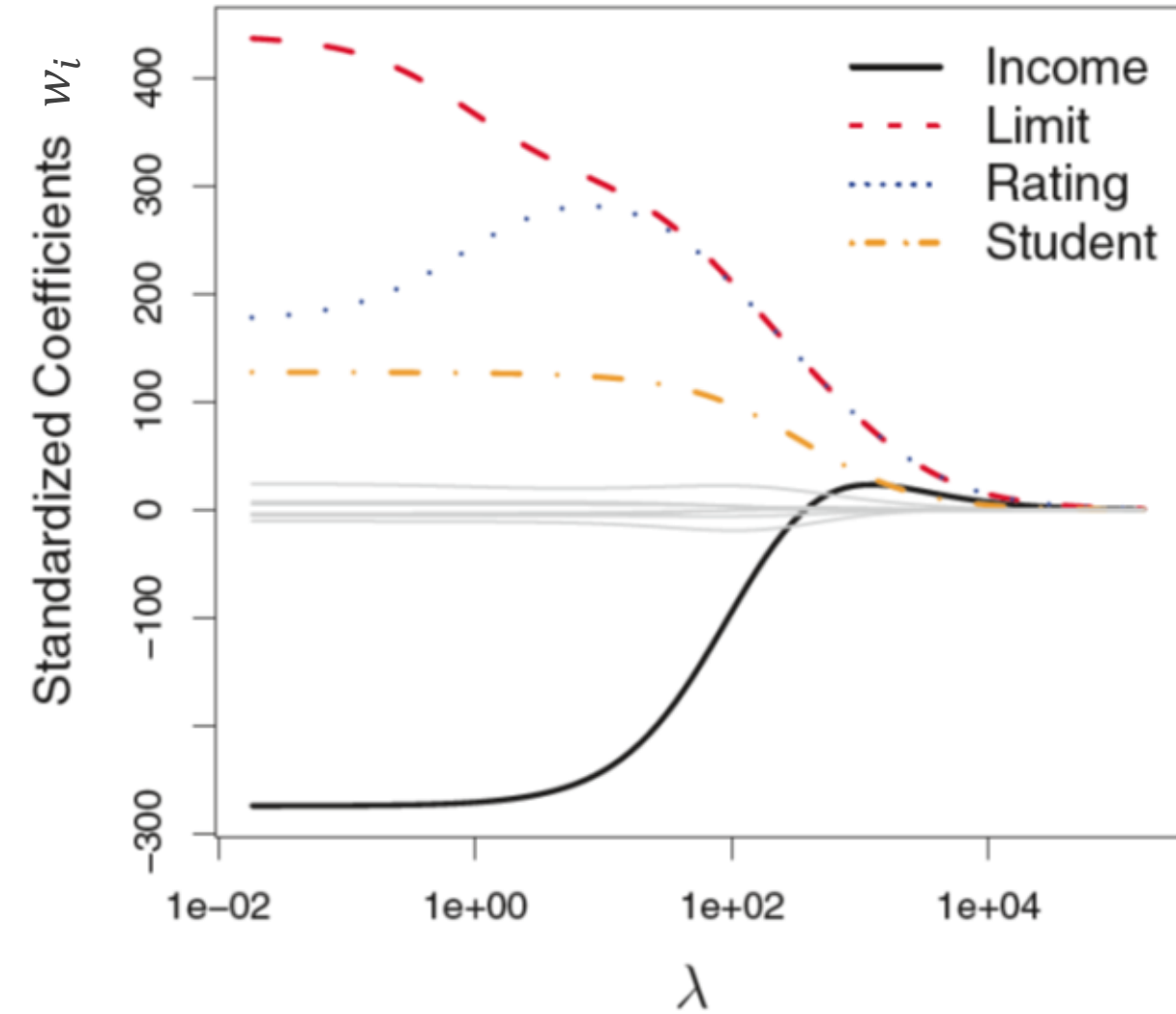
# Example: predicting credit default

11 features to use to predict default:

- Income
- Credit limit
- Credit rating
- Credit balance
- Number of credit cards
- Age
- Education
- Gender
- Student status
- Ethnicity
- Marriage status

## $L_2$ regularization

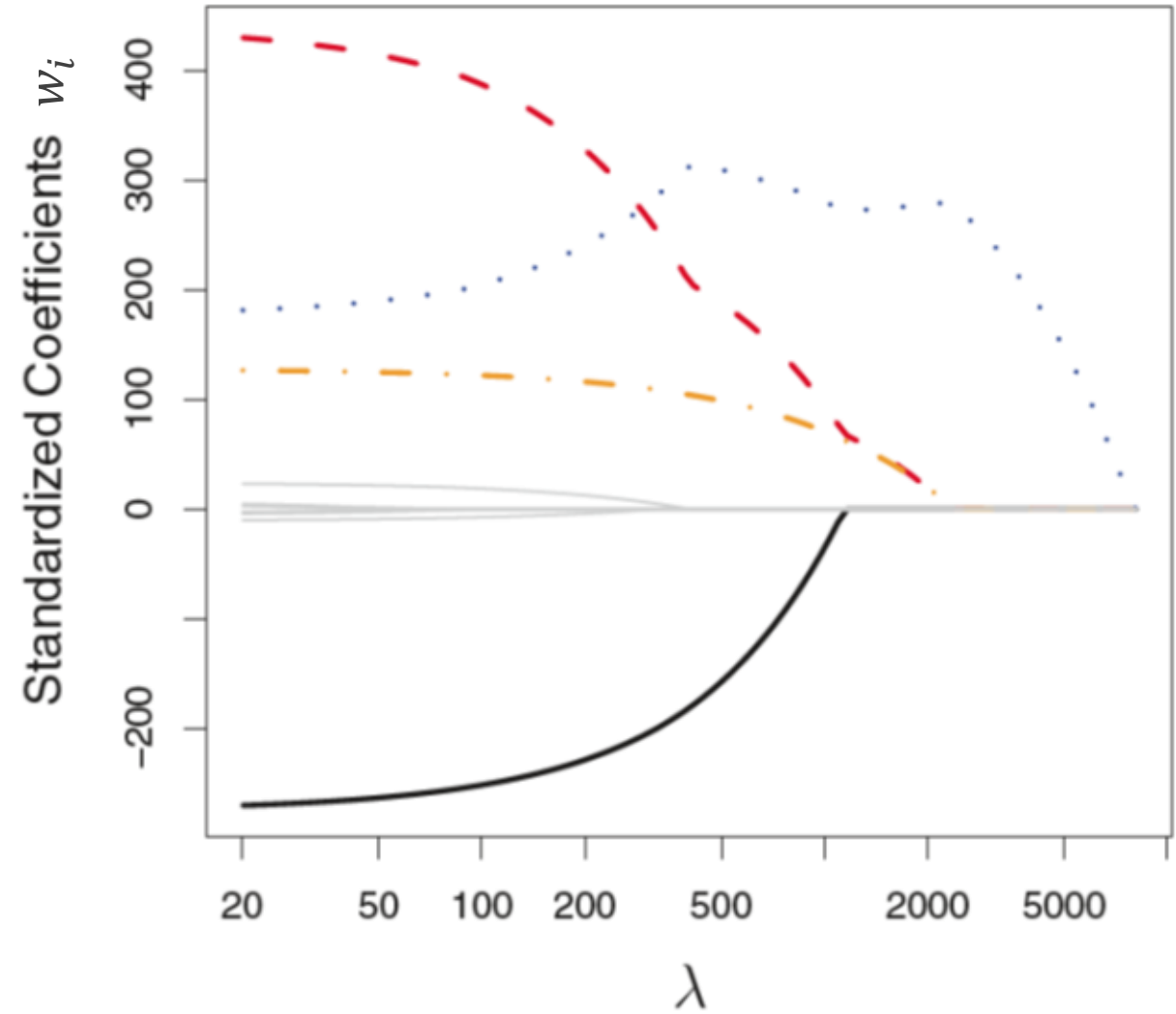
Ridge regression



Regularization penalty

## $L_1$ regularization

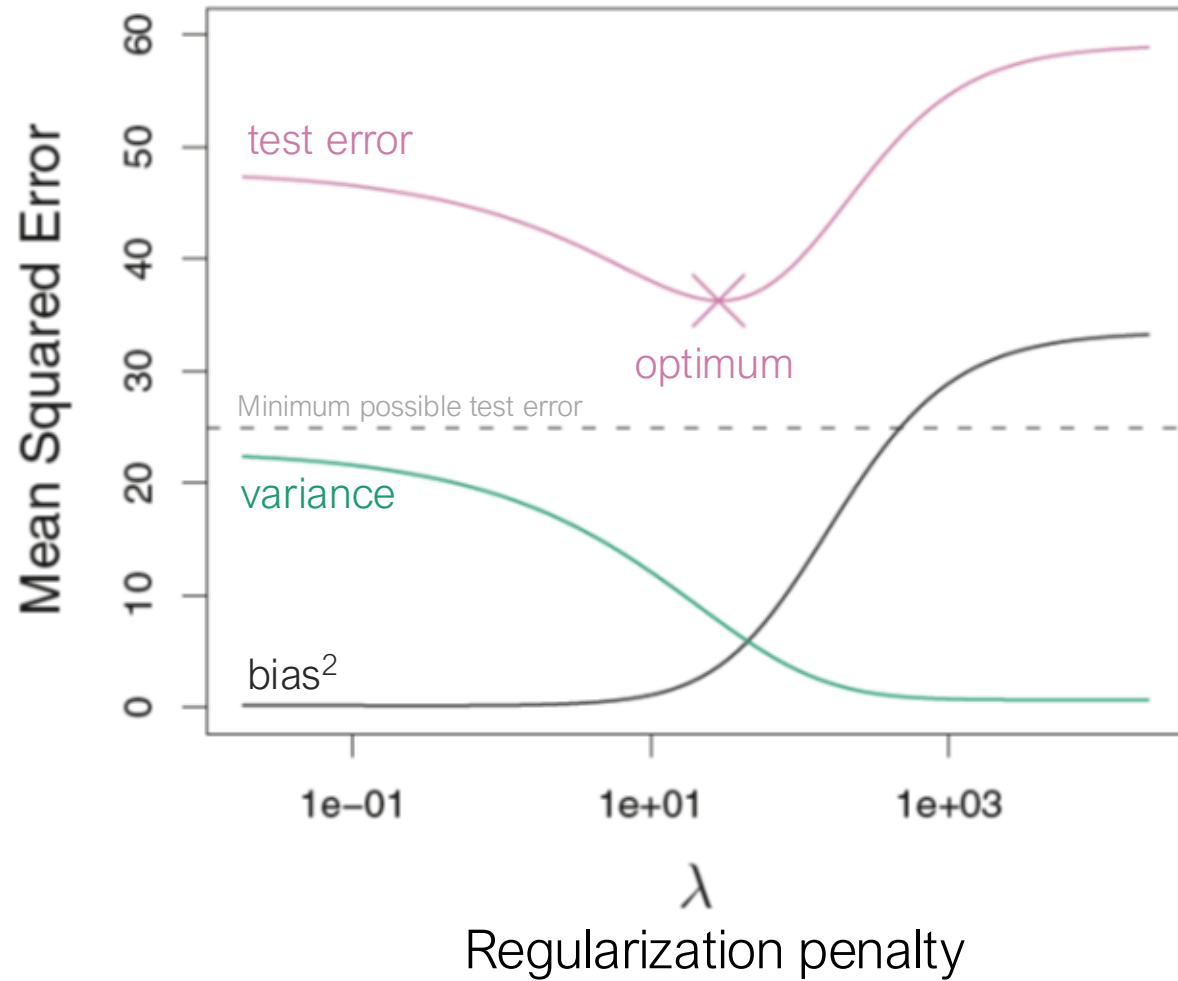
LASSO regularization



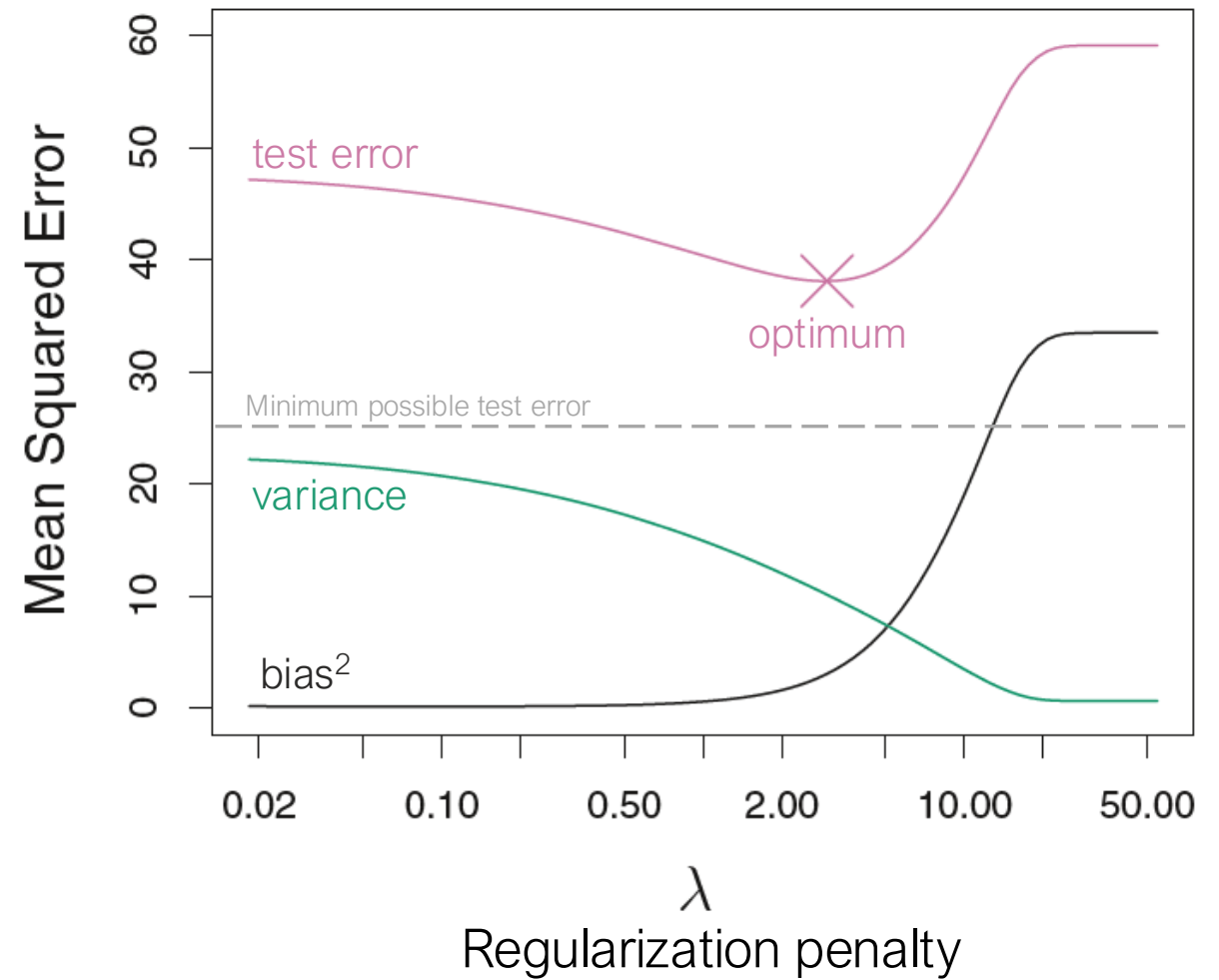
Regularization penalty

Images from James et al., An Introduction to Statistical Learning

## $L_2$ regularization



## $L_1$ regularization



Images from James et al., An Introduction to Statistical Learning

# Underdetermined systems and OLS

$$X = \begin{bmatrix} & & & & \\ & & & & \\ & & & & \\ & & & & \\ & & & & \end{bmatrix}$$

Number of features  $p$

$N$   
Number of samples

If  $p > N$ , then the system is **underdetermined**

Often means there are infinitely many solutions

Ridge regression makes this problem solvable

# Choosing the regularization parameter $\lambda$

- $\lambda$  is a hyperparameter
- Use a training, validation, and test set
- Can also apply nested cross validation

**Train**

Used for model training / fitting

**Validation**

Used to optimize  
hyperparameters

**Test**

Used to evaluate  
generalization  
performance

# Strengths of $L_1$ and $L_2$ regularization

Ridge regression ( $L_2$  regularization) handles **multicollinearity** well

LASSO regularization ( $L_1$  regularization) reduces the number of predictors in a model (yields **sparse** models)

You can use a little of both via elastic net regularization

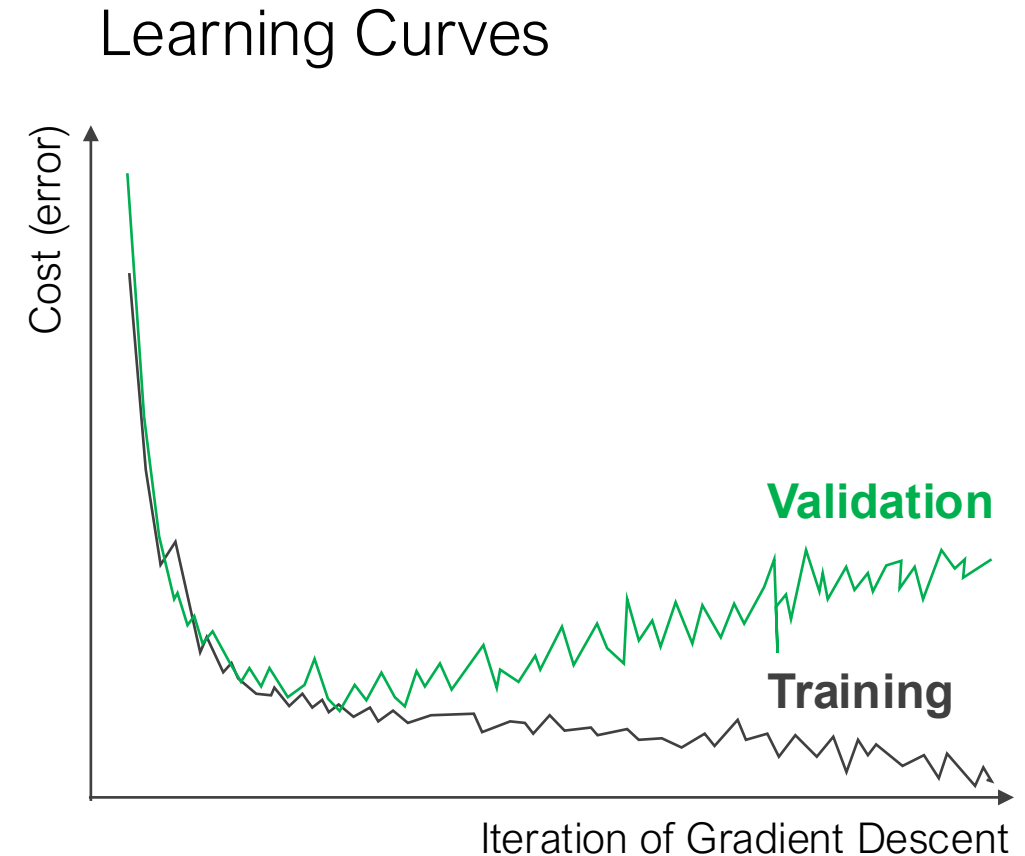
These approaches can be easily added to many cost functions

# One more approach: Early Stopping

Iterative learning (training) methods, (e.g. gradient descent) tend to learn more complex models over time

Stop the fitting process earlier, before overfit has occurred

Common in neural network training



# Takeaways

Reducing the number of features in a model may improve generalization error by reducing overfit

Overly flexible models can be regularized to reduce overfit (reducing variance)

$L_1$  and  $L_2$  regularization are effective tools for battling overfit and broadly used