Patient's Name:	

Today's Date: \_\_\_\_\_

## Childhood Asthma Control Test for children 4 to 11 years Know your score.

**Parent or Guardian:** The Childhood Asthma Control Test\* is a way to help your child's healthcare provider determine if your child's asthma symptoms are well controlled. Take this test with your child (ages 4 to 11). Share the results with your child's healthcare provider.

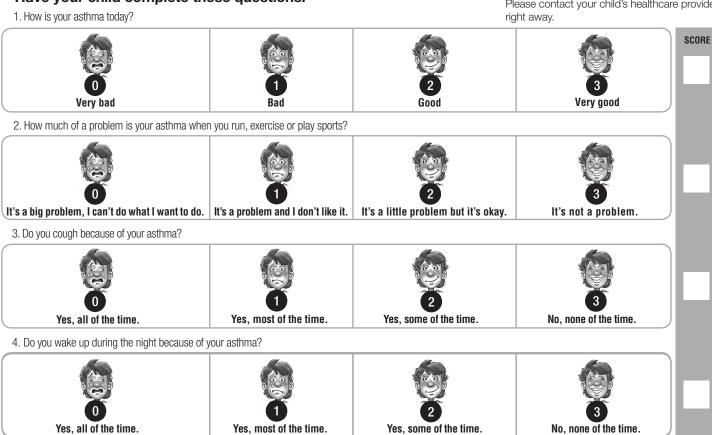
- Step 1: Have your child answer the first four questions (1 to 4). If your child needs help, you may help, but let your child choose the answer.
- **Step 2:** Answer the last **three questions (5 to 7)** on your own. Don't let your child's answers influence yours. There are no right or wrong answers.
- **Step 3:** Write the number of each answer in the score box to the right.
- Step 4: Add up each score box for the total.
- Step 5: Take the COMPLETED test to your child's healthcare provider to talk about your child's total score.

## Have your child complete these questions.



IF YOUR CHILD'S SCORE IS 19
OR LESS, Your child's asthma
symptoms may not be as well
controlled as they could be. No matter
what the score, bring this test to your
child's healthcare provider to talk
about your child's results.

NOTE: If your child's score is 12 or less, his or her asthma may be very poorly controlled. Please contact your child's healthcare provider right away.



## Please complete the following questions on your own.

5. During the <u>last 4 weeks</u>, how many days did your child have any daytime asthma symptoms?



6. During the last 4 weeks, how many days did your child wheeze during the day because of asthma?

- 5 - <u></u> ,	, , ,				
5	4	3	2	1	0
Not at all	1-3 days	4-10 days	11-18 days	19-24 days	Everyday

7. During the last 4 weeks, how many days did your child wake up during the night because of the asthma?

	5	4	3	2	0	0
No	ot at all 1-	3 days 4-	-10 days 11-	·18 days 19·	-24 days Ev	eryday

<sup>\*</sup>The Childhood Asthma Control Test was developed by GSK.

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