Prompt Patterns Workbook

Practice Strong AI Workflows

Purpose: Use this workbook to practice strong AI workflows. Write clear prompts. Improve outputs through revision. Record what worked and why.

1 Task Setup

1.1 Problem Statement

Describe the task in one sentence.

> **Task:**

1.2 Desired Outcome

Describe what a good result looks like.

> **Outcome:**

1.3 Constraints

State limits such as time, tone, or format.

> **Constraints:**

2   Pattern 1 — Role and Goal

State a role. State a goal. Keep it simple.

> **Pattern:**
> You are a _____. Your goal is _____. Produce _____.

2.0.1   Attempt 1

Prompt:

Output:

Notes:

2.0.2   Revision 1

Improvement made:

Revised prompt:

Output:

Result compared to prior attempt:

3   Pattern 2 — Step-By-Step Method

Ask for steps. Ask for clear structure. Ask for reasoning.

Pattern:
Follow clear steps. Explain the approach. Produce the final result at the end.

3.0.1   Attempt 1

Prompt:

Output:

Notes:

3.0.2   Revision 1

Improvement made:

Revised prompt:

Output:

Result compared to prior attempt:

4   Pattern 3 — Example → Imitation

Show an example. Ask the model to match the structure and style.

Pattern:
Here is an example. Match the style and structure. Do not copy content.

Example:
sert example here

Now produce:

4.0.1   Attempt 1

> **Prompt:**

> **Output:**

> **Notes:**

4.0.2   Revision 1

> **Improvement made:**

> **Revised prompt:**

> **Output:**

> **Result compared to prior attempt:**

5   Pattern 4 — Critique and Improve

Ask the model to score its own work. Then ask it to improve the weak parts.

> **Pattern:**
> Critique the result. Identify weaknesses. Improve the result based on the critique.

5.0.1   Attempt 1

> **Prompt:**

> **Output:**

> **Weaknesses identified:**

5.0.2   Improved Version

> **Revised prompt:**

> **Output:**

Improvement observed:

6   Pattern 5 — Constraints and Format

Give structure. Require format. Remove ambiguity.

Pattern:
Follow this format. Use these sections: Purpose, Method, Result, Next Action. Keep the answer concise.

6.0.1   Attempt 1

Prompt:

Output:

Notes:

6.0.2   Revision 1

Improvement made:

Revised prompt:

Output:

Result compared to prior attempt:

7   Reflection

Answer these questions after practice.

What pattern worked best and why:

Where outputs improved the most:

What still causes weak results:

Next skill to practice:

8 Personal Pattern Library

Record prompt patterns that worked well for you.

lightgray **Pattern Name**	When To Use	Core Structure	Notes