# Categorical Predictor Variables

Utrecht University Winter School: Regression in R



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2022-02-02

#### Outline

#### **Dummy Codes**

#### **Effects Codes**

Unweighted Effects Codes Weighted Effects Codes

Significance Testing



#### **Categorical Predictors**

Most of the predictors we've considered thus far have been *quantitative*.

- Continuous variables that can take any real value in their range
- · Interval or Ratio scaling
- If we use ordinal items as predictors, we assume interval scaling.

We often want to include grouping factors as predictors.

- These variables are qualitative.
  - Their values are simply labels.
  - There is no ordering of the categories.
  - Nominal scaling



### How to Model Categorical Predictors

We need to be careful when we include categorical predictors into a regression model.

• The variables need to be coded before entering the model.

Consider the following indicator of major:  $X_{mai} = \{1 = Law, 2 = Economics, 3 = Data Science\}$ 

 What would happen if we naïvely used this variable to predict program satisfaction?



### How to Model Categorical Predictors

# How to Model Categorical Predictors

# **Dummy Coding**

The most common way to code categorical predictors is dummy coding.

- A *G*-level factor (i.e., one that represents *G* groups) will be transformed into a set of *G* − 1 dummy codes.
- Each code is a variable on the dataset that equals 1 for observations corresponding to the code's group and equals 0, otherwise.
- The group without a code is called the reference group.



### Example Dummy Code

Let's look at the simple example of coding biological sex:

	sex	male
		indic
1	female	0
2	male	1
3	male	1
4	female	0
5	male	1
6	female	0
7	female	0
8	male	1
9	female	0
10	female	0



# **Example Dummy Codes**

Now, a slightly more complex example:

	drink	juice	tea
1	juice	1	0
2	coffee	0	0
3	tea	0	1
4	tea	0	1
5	tea	0	1
6	tea	0	1
7	juice	1	0
8	tea	0	1
9	coffee	0	0
10	juice	1	0



First, an example with a single, binary dummy-coded variable:

```
## Read in some data:
cDat <- readRDS(pasteO(dataDir, "cars_data.rds"))
## Fit and summarize the model:
out1 <- lm(price ~ mtOpt, data = cDat)</pre>
```

#### Fit a more complex model:

#### Include two sets of dummy codes:

# **Effects Coding**

Another useful form of categorical variable coding is effects coding.

• Effects codes can be weighted or unweighted.



# **Effects Coding**

Another useful form of categorical variable coding is effects coding.

• Effects codes can be weighted or unweighted.

We'll first discuss unweighted effects codes.

- Unweighted effects codes are identical to dummy codes except that "reference group" rows get values of -1 on all codes.
- The intercept is interpreted as the unweighted mean of the group-specific means of Y.
- The slope associated with each code represents the difference between the coded group's mean of Y and the mean of the group-specific means of Y.

# Example Unweighted Effects Codes

	sex	male.ec
1	female	-1
2	male	1
3	male	1
4	female	-1
5	male	1
6	female	-1
7	female	-1
8	male	1
9	female	-1
10	female	-1

	drink	juice.ec	tea.ec
1	juice	1	0
2	coffee	-1	-1
3	tea	0	1
4	tea	0	1
5	tea	0	1
6	tea	0	1
7	juice	1	0
8	tea	0	1
9	coffee	-1	-1
10	juice	1	0

# Weighted Effects Coding

Weighted effects codes differ from the unweighted version only in how they code the "reference group" rows.

- In weighted effects codes the "reference group" rows get negative fractional values on all codes.
  - Let q = 1, 2, ..., G index groups.
  - Take the first group as the "reference group."
  - $\circ~$  Then, the gth code's reference group rows will take values of  $-N_g/N_1.$
- The intercept is interpreted as the weighted mean of the group-specific outcome means.
  - The arithmetic mean of Y.
- Each slope represents the difference from that group's mean outcome and the overall mean of Y.

# **Example Weighted Effects Codes**

	sex	male.wec
1	female	$-N_{male}/N_{female}$
2	male	1
3	male	1
4	female	$-N_{male}/N_{female}$
5	male	1
6	female	$-N_{male}/N_{female}$
7	female	$-N_{male}/N_{female}$
8	male	1 1
9	female	$-N_{male}/N_{female}$
10	female	$-N_{male}/N_{female}$

	drink	juice.wec	tea.wec
1	juice	1	0
2	coffee	$-N_{\text{juice}}/N_{\text{coffee}}$	$-N_{tea}/N_{coffee}$
3	tea	0 "	1 "
4	tea	0	1
5	tea	0	1
6	tea	0	1
7	juice	1	0
8	tea	0	1
9	coffee	$-N_{\rm juice}/N_{\rm coffee}$	$-N_{tea}/N_{coffee}$
10	juice	1 "	0

For variables with only two levels, we can test the overall factor's significance by evaluating the significance of its single code.

For variables with more than two levels, we need to simultaneously evaluate the significance of all of the variable's codes.

```
summary(out3)$r.squared - summary(out1)$r.squared
[1] 0.1767569
anova(out1, out3)
Analysis of Variance Table
Model 1: price ~ mtOpt
Model 2: price ~ mtOpt + front + rear
 Res.Df RSS Df Sum of Sq F Pr(>F)
 91 7668.9
 89 6151.6 2 1517.3 10.976 5.488e-05 ***
Signif. codes:
0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
```

For models with a single nominal factor is the only predictor, we use the omnibus F-test.

Let's dig into some numerical properties of the three coding schemes.

Compare the parameter estimates to their theoretical equivalents:

```
coef(dcOut)[1] - grpMeans["4WD"]
  (Intercept)
-1.421085e-14
coef(ecOut)[1] - mean(grpMeans)
  (Intercept)
-3.552714e-15
coef(wecOut)[1] - mean(cDat$price)
  (Intercept)
-1.065814e-14
```

Compare the  $R^2$  values from each coding scheme:

```
summary(dcOut)$r.squared
[1] 0.2006386
summary(ecOut)$r.squared
[1] 0.2006386
summary(wecOut)$r.squared
[1] 0.2006386
```

#### Compare the F-statistics:

#### Compare the residual standard errors:

```
summary(dcOut)$sigma
[1] 8.731638
summary(ecOut)$sigma
[1] 8.731638
summary(wecOut)$sigma
[1] 8.731638
```

### Choosing a Coding Scheme

Any valid coding scheme will represent the information in the categorical variable equally well.

· All valid coding schemes produce equivalent models.

We choose a particular coding scheme based on the interpretations that we want.

- Dummy coding is useful with a meaningful reference group.
  - Control group in an experiment
  - An "industry standard" or benchmark implementation of some feature
- Dummy coding is also preferred if we don't care about interpretation.
  - Dummy codes are the simplest to construct.

### Choosing a Coding Scheme

- Weighted effects codes are good when you believe your sample is representative of the population.
  - Larger groups should be weighted more heavily in the model.
  - Parameter estimates will correctly generalize to the population.
- Unweighted effects codes are good when the group sizes in your sample do not generalize to the population.
  - Convenience samples, for example, are usually not representative.
  - When your sample is not representative, larger groups should not be weighted more heavily.
  - Unweighted effects codes are "agnostic" to differing group sizes.
    - We need to be careful with very small groups.
- Weighted effects codes with known weights are another option.