

# Introduction to Structural Equation Modeling using lavaan

Exploratory and Confirmatory Factor Analysis

R. M. Kuiper (and many others)

Department of Methodology & Statistics  
Utrecht University

# Outline of this lecture

SAPI

EFA and CFA

EFA in R

CFA in R

Scaling

The end

Extra

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SAPI

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# Example: South African Personality Inventory Project (SAPI)



Carin Hill  
Leon Jackson  
Deon Meiring  
J. Aleweyn Nel

Ian Rothmann  
Michael Temane  
Velichko H. Valchev  
Fons J. R. van de Vijver

# SAPI details

- 1216 participants from 11 official language groups
- From about 50,000 descriptive responses to 262 personality items
- Nine personality clusters:
  - Conscientiousness
  - Emotional Stability
  - Extraversion
  - Facilitating
  - Integrity
  - Intellect
  - Openness
  - Relationship Harmony
  - Soft-Heartedness (Ubuntu)
- Our data: selection of 1000 participants

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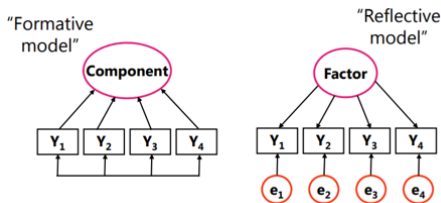
Extra

# Factor Analysis

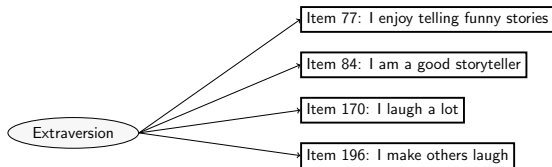
Factor Analysis: Modeling measurement of a latent variable

- EFA: Exploratory Factor Analysis.
- CFA: Confirmatory Factor Analysis.

Both EFA and CFA use a “reflective” measurement model, not a “formative” model.



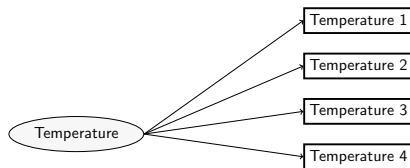
# Reflective measurement model



- Items are dependent variables, caused by the factor!
- Latent variable 'extraversion' explains item correlations:  
The factor is the reason for the covariances/correlations.



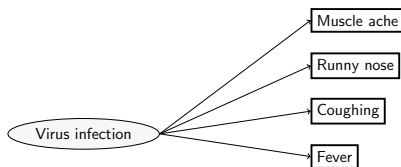
# Reflective measurement model



Note:

Thermometer readings are the dependent variables,  
caused by the temperature!

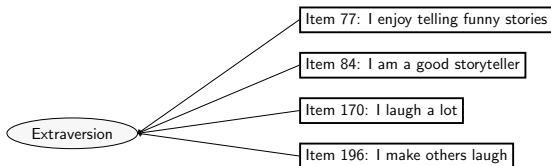
# Reflective measurement model



Note:  
symptoms are the dependent variables,  
caused by the virus infection!

# Formative measurement model

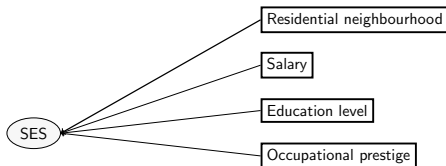
If formative measurement model:



Note:

- Extraversion is the dependent variable, predicted by the items.
- **Extraversion is defined as a (weighted) sum of the items:**  
This is not a testable measurement model, but a definition.

# Formative measurement model



Note:

SES is defined as a (weighted) sum of the items.

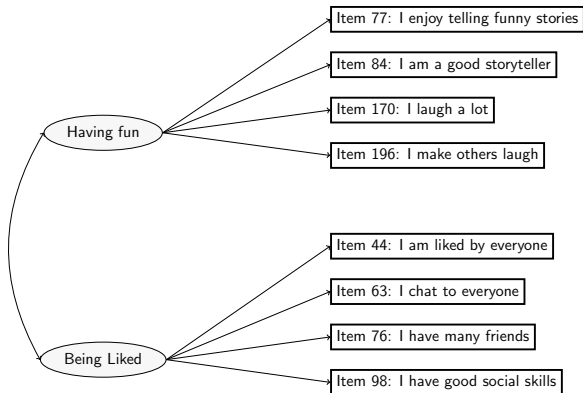
# Interesting read

Interesting read on theory & latent variables:

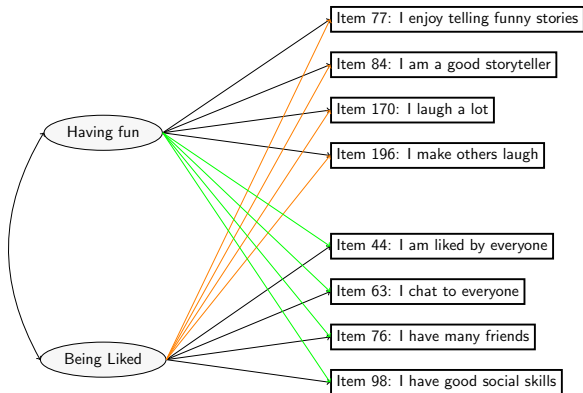
Borsboom, D., Mellenbergh, G.J., & Van Heerden, J. (2003). The theoretical status of latent variables. *Psychological review*, 110(2), 203.

# Confirmatory or exploratory?

# Two sub-scales of extraversion

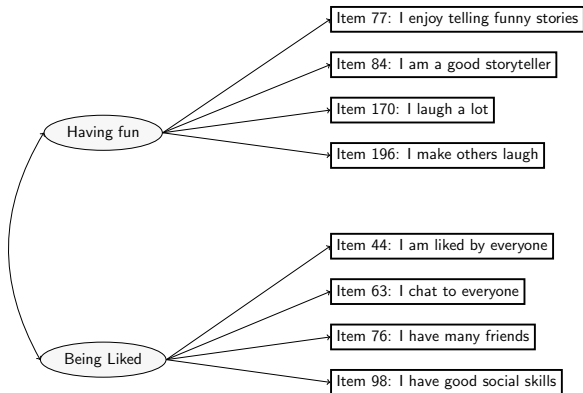


# EFA: all loadings including cross-loadings





# CFA: only hypothesized loadings



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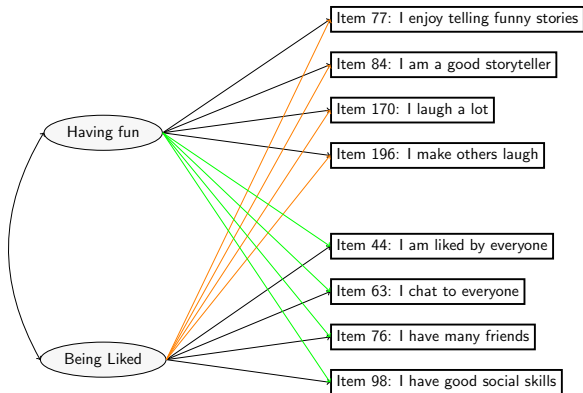
Extra

# Step 1: Loading data into R

```
data_sapi <- read.table("Sapi.txt", header = T)

data_sapi[sapply(data_sapi,
  function(x) as.character(x) %in% c("-999") )] <- NA
```

## Step 3: Draw your model



## Step 4: Specify EFA in lavaan (general case)

In factor analysis (EFA and CFA):

- $\rightarrow$  is latent variable definition ('is measured by'):  $=\sim$
- $\leftrightarrow$  is covariance. By default, factors are related.
- In EFA: use `efa("efa")*` in front of the latent variable / factor.

```
# 1-factor model
f1 <- '
efa("efa")*f1 =~ y1 + y2 + y3 + ...
'

# 2-factor model
f2 <- '
efa("efa")*f1 +
efa("efa")*f2 =~ y1 + y2 + y3 + ...
'

# 3-factor model
f3 <- '
efa("efa")*f1 +
efa("efa")*f2 +
efa("efa")*f3 =~ y1 + y2 + y3 + ...
```

## Step 4: Specify our SAPI EFA model

In factor analysis (EFA and CFA):

- $\rightarrow$  is latent variable definition ('is measured by'):  $=\sim$
- $\leftrightarrow$  is covariance. By default, factors related.
- Use `efa("efa")*` in front of the latent variable / factor.

```
# two-factor EFA
model.2EFA <- "
  efa('block1')*Havingfun  =~ Q77 + Q84 + Q170 + Q196 +
                                Q44 + Q63 + Q76  + Q98
  efa('block1')*Beingliked =~ Q77 + Q84 + Q170 + Q196 +
                                Q44 + Q63 + Q76  + Q98
"
```

## Step 5: Fit the model

Use the `cfa()` function in lavaan.

```
fit_2EFA <- cfa(model.2EFA, data=data_sapi,  
               missing='fiml', fixed.x=F) # use FIML  
# Note: FIML will be discusses in the Missing Data lecture.
```

## Step 5. Fit the EFA model: All code

```
# Data
data_sapi <- read.table("Sapi.txt", header = T)
data_sapi[sapply(data_sapi,
  function(x) as.character(x) %in% c("-999") )] <- NA

# Model: two-factor EFA
model.2EFA <- "
  efa('block1')*Havingfun  =~ Q77 + Q84 + Q170 + Q196 +
                                Q44 + Q63 + Q76  + Q98
  efa('block1')*Beingliked =~ Q77 + Q84 + Q170 + Q196 +
                                Q44 + Q63 + Q76  + Q98
"

# Fit model
fit_2EFA <- cfa(model.2EFA, data=data_sapi,
  missing='fiml', fixed.x=F) # use FIML
```



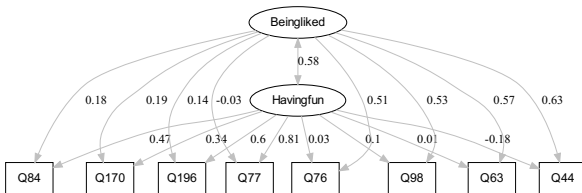
## Step 6: Plot the lavaan model in R

```
if (!require("lavaanPlot")) install.packages("lavaanPlot")  
library(lavaanPlot)
```

```
lavaanPlot(model = fit_2EFA,  
            node_options = list(shape = "box",  
                                fontname = "Helvetica"),  
            edge_options = list(color = "grey"),  
            coefs = T,  
            stand = T, # standardized  
            covs = T)
```

## Step 6: Plot the lavaan model in R Ctd.

```
lavaanPlot(model = fit_2EFA,  
  node_options = list(shape = "box",  
                        fontname = "Helvetica"),  
  edge_options = list(color = "grey"),  
  coefs = T, stand = T, covs = T)
```



## Step 9: Acquiring the summary

```
summary(fit_2EFA)

parameterEstimates(fit_2EFA)

fitMeasures(fit_2EFA, c("chisq", "df", "pvalue",
                        "cfi", "tli",
                        "rmsea", "srmr"))

# As an example, there are more.
```

## Step 9: Acquiring the summary

```
parameterEstimates(fit_2EFA)[1:16,1:5][,-4]
```

##		lhs	op	rhs	est
## 1	Havingfun	=~	Q77	0.884	
## 2	Havingfun	=~	Q84	0.493	
## 3	Havingfun	=~	Q170	0.336	
## 4	Havingfun	=~	Q196	0.523	
## 5	Havingfun	=~	Q44	-0.163	
## 6	Havingfun	=~	Q63	0.014	
## 7	Havingfun	=~	Q76	0.031	
## 8	Havingfun	=~	Q98	0.085	
## 9	Beingliked	=~	Q77	-0.028	
## 10	Beingliked	=~	Q84	0.186	
## 11	Beingliked	=~	Q170	0.187	
## 12	Beingliked	=~	Q196	0.119	
## 13	Beingliked	=~	Q44	0.576	
## 14	Beingliked	=~	Q63	0.632	
## 15	Beingliked	=~	Q76	0.595	

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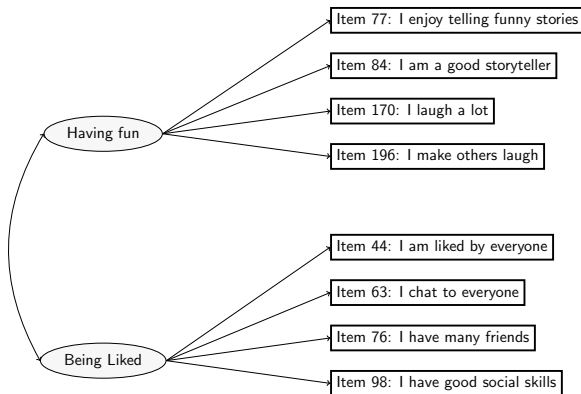
Extra

# Step 1: Loading data into R

```
data_sapi <- read.table("Sapi.txt", header = T)

data_sapi[sapply(data_sapi,
  function(x) as.character(x) %in% c("-999") )] <- NA
```

## Step 3: Draw your model



## Step 4: Specify CFA in lavaan (general case)

- $\rightarrow$  is latent variable definition ('is measured by'):  $=\sim$
- $\leftrightarrow$  is covariance. By default, factors are related.

```
# k-factor model
model.kCFA <- '
latent variable_1 =~ indicator11 + indicator12 + ...
latent variable_2 =~ indicator21 + indicator22 + ...
...
latent variable_k =~ indicatork1 + indicatork2 + ...
'
```



## Step 4: Specify our SAPI CFA model

CFA: Only hypothesized loadings.

CFA vs EFA: force cross-loadings to zero.

In lavaan:

one can fix loadings to zero, BUT instead:

let manifest variables only appear in the equation of their factor.

```
# two-factor CFA
model.2CFA <- "
  Havingfun =~ Q77 + Q84 + Q170 + Q196
  Beingliked =~ Q44 + Q63 + Q76 + Q98
"
```

## Step 5: Fit the model

Use the `cfa()` function in lavaan.

```
fit_2CFA <- cfa(model.2CFA, data=data_sapi,  
               missing='fiml', fixed.x=F) # use FIML  
# Note: FIML will be discusses in the Missing Data lecture.
```

## 5. Fit the CFA model: All code

```
# Data
data_sapi <- read.table("Sapi.txt", header = T)
data_sapi[sapply(data_sapi,
  function(x) as.character(x) %in% c("-999") )] <- NA

# Model: two-factor CFA
model.2CFA <- "
  Havingfun  =~ Q77 + Q84 + Q170 + Q196
  Beingliked =~ Q44 + Q63 + Q76  + Q98
"

# Fit model
fit_2CFA <- cfa(model.2CFA, data=data_sapi,
  missing='fiml', fixed.x=F) # use FIML
```

## Step 6: Plot the lavaan model in R

```
if (!require("lavaanPlot")) install.packages("lavaanPlot")  
library(lavaanPlot)
```

```
lavaanPlot(model = fit_2CFA,  
            node_options = list(shape = "box",  
                                fontname = "Helvetica"),  
            edge_options = list(color = "grey"),  
            coefs = T,  
            stand = T,  
            covs = T)
```



## Step 9: Acquiring the summary

```
summary(fit_2CFA)

parameterEstimates(fit_2CFA)

fitMeasures(fit_2CFA, c("chisq", "df", "pvalue",
                        "cfi", "tli",
                        "rmsea", "srmr"))

# As an example, there are more.
```

```
#The factors scores for each subject can be required via:
predict(fit_2CFA)
```

# CFA: modification indices - lavaan commands

Remark: Blending confirmatory and exploratory!  
Make sure it makes sense!

In lavaan, modification indices can be requested

- within the summary call:

```
summary(fit_2CFA, modindices = TRUE)
```

- directly:

```
modindices(fit_2CFA, sort = TRUE)
```

- for specific parameters, say, factor loadings:

```
mi <- modindices(fit)  
mi[mi$op == "=~",]
```

Also, have a look at the `lavTestScore()` function.

# CFA: modification indices - interpretation

```
#modindices(fit, sort = TRUE, maximum.number = 7) # or:
modindices(fit_2CFA, sort = TRUE)[1:7,] # first 7 rows
```

##		lhs	op	rhs	mi	epc	sepc.lv	sepc.all	sepc.nox
## 51		Q170	~~	Q196	36.273	0.138	0.138	0.271	0.271
## 38		Q77	~~	Q84	35.431	0.194	0.194	0.305	0.305
## 46		Q84	~~	Q196	31.126	-0.143	-0.143	-0.276	-0.276
## 45		Q84	~~	Q170	20.426	-0.123	-0.123	-0.170	-0.170
## 50		Q84	~~	Q98	16.530	0.092	0.092	0.156	0.156
## 35	Beingliked	=	~	Q84	13.085	0.552	0.234	0.222	0.222
## 39		Q77	~~	Q170	12.876	-0.104	-0.104	-0.166	-0.166

- mi: If parameter freely estimated, overall Chi-square statistic could decrease by approximately this amount.
- epc (= expected parameter change): Approximate value that a parameter is expected to attain.



# CFA: modification indices - cross-loadings

## Cross-loadings:

	lhs	op	rhs	mi	epc	sepc.lv	sepc.all	sepc.nox
	Q170	~~	Q196	36.273	0.138	0.138	0.271	0.271
	Q77	~~	Q84	35.431	0.194	0.194	0.305	0.305
	Q84	~~	Q196	31.126	-0.143	-0.143	-0.276	-0.276
	Q84	~~	Q170	20.426	-0.123	-0.123	-0.170	-0.170
	Q84	~~	Q98	16.530	0.092	0.092	0.156	0.156
beingliked	=~		Q84	13.085	0.552	0.234	0.222	0.222
	Q77	~~	Q170	12.876	-0.104	-0.104	-0.166	-0.166
beingliked	=~		Q77	12.564	-0.586	-0.249	-0.229	-0.229
Havingfun	=~		Q44	11.853	-0.255	-0.203	-0.221	-0.221
	Q77	~~	Q44	10.621	-0.078	-0.078	-0.129	-0.129

# CFA: modification indices - residual variances

## Residual covariances:

	lhs	op	rhs	mi	epc	sepc.lv	sepc.all	sepc.nox
	Q170	~~	Q196	36.273	0.138	0.138	0.271	0.271
	Q77	~~	Q84	35.431	0.194	0.194	0.305	0.305
	Q84	~~	Q196	31.126	-0.143	-0.143	-0.276	-0.276
	Q84	~~	Q170	20.426	-0.123	-0.123	-0.170	-0.170
	084	~~	098	16.530	0.092	0.092	0.156	0.156
Beingliked	=~		084	13.085	0.552	0.234	0.222	0.222
	Q77	~~	Q170	12.876	-0.104	-0.104	-0.166	-0.166
Beingliked	=~		Q77	12.564	-0.586	-0.249	-0.229	-0.229
Havingfun	=~		Q44	11.853	-0.255	-0.203	-0.221	-0.221
	Q77	~~	Q44	10.621	-0.078	-0.078	-0.129	-0.129

# CFA: modification indices - be aware!

```
      lhs op rhs      mi      epc sepc.lv sepc.all sepc.noX
51  Q170 ~ Q196 36.273 0.138 0.138 0.271 0.271
38  Q77 ~ Q84 35.431 0.194 0.194 0.305 0.305
46  Q84 ~ Q196 31.126 -0.143 -0.143 -0.276 -0.276
45  Q84 ~ Q170 20.426 -0.123 -0.123 -0.170 -0.170
50  Q84 ~ Q98 16.530 0.092 0.092 0.156 0.156
35  Beingliked ~ Q84 13.600 0.552 0.234 0.222 0.222
39  Q77 ~ Q170 12.000 0.104 -0.104 -0.166 -0.166
34  Beingliked ~ Q77 11.000 0.086 -0.249 -0.229 -0.229
30  Havingfun ~ Q44 10.000 0.205 -0.203 -0.221 -0.221
41  Q77 ~ Q44 9.000 0.078 -0.129 -0.129
33  Havingfun ~ Q44 8.000 0.192 0.220 0.220
61  Q44 ~ Q77 7.000 0.088 0.108 0.108
60  Q44 ~ Q77 6.000 0.070 0.096 0.096
44  Q77 ~ Q44 5.000 0.087 -0.087
49  Q8 ~ Q44 4.000 0.065 0.065
55  Q1 ~ Q44 3.000 0.066 0.066
65  Q1 ~ Q44 2.000 0.082 -0.082
36  Beingliked ~ Q44 1.006 0.106
48  Q77 ~ Q44 0.52 -0.052
62  Q77 ~ Q44 0.57 -0.057
58  Q77 ~ Q44 0.47 -0.047
57  Q77 ~ Q44 0.38 0.038
    0.045
    0.034
    0.053
    0.009
43  Q77 ~ Q76 0.068 0.008 0.008 0.011 0.011
47  Q84 ~ Q44 0.042 0.005 0.005 0.007 0.007
54  Q170 ~ Q76 0.011 0.003 0.003 0.004 0.004
```

**DANGER!**  
Capitalization on  
chance

# CFA: modification indices - modification

```
modindices(fit_2CFA, sort = TRUE)[1,]
```

```
##      lhs op  rhs      mi   epc sepc.lv sepc.all sepc.nox
## 51 Q170 ~~ Q196 36.273 0.138   0.138   0.271   0.271
```

```
# Allow residuals of Q170 and Q196 to covary
```

```
# Modified model:
```

```
# two-factor CFA + residual covariance Q170 and Q196
```

```
model.2CFA_mod <- "
```

```
  Havingfun =~ Q77 + Q84 + Q170 + Q196
```

```
  Beingliked =~ Q44 + Q63 + Q76 + Q98
```

```
  Q170 ~~ Q196
```

```
"
```

```
# Fit model
```

```
fit_2CFA_mod <- cfa(model.2CFA_mod, data=data_sapi,
                    missing='fiml', fixed.x=F) # use FIML
```

# CFA: modification indices - test modification

```
anova(fit_2CFA, fit_2CFA_mod)[,-c(2,3)] # without AIC & BIC

##           Df      Chisq Chisq diff      RMSEA Df diff Pr(>Chisq)
## fit_2CFA_mod 18   88.738
## fit_2CFA     19 124.170      35.432 0.18556      1 2.641e-09
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
```

```
modindices(fit_2CFA, sort = TRUE)[1,]

##      lhs op  rhs      mi   epc sepc.lv sepc.all sepc.nox
## 51 Q170 ~~ Q196 36.273 0.138   0.138   0.271   0.271
```

# CFA: modification indices - new parameter value

```
parameterEstimates(fit_2CFA_mod)[9,-c(5,6,7)] # no se, z, and p
```

```
##      lhs op  rhs    est ci.lower ci.upper
## 9 Q170 ~~ Q196 0.137    0.089    0.184
```

```
modindices(fit_2CFA, sort = TRUE)[1,1:5] # no sepc
```

```
##      lhs op  rhs      mi    epc
## 51 Q170 ~~ Q196 36.273 0.138
```

# CFA: cross-loadings approximately zero

## Problem:

- Restricting cross-loadings to exactly zero can be too strict.
- Consequence: rejection of the model, model modifications that capitalise on chance.

## (Possible) solution in Bayesian SEM (BSEM) blavaan:

- Replace exact zero restrictions with approximate ones.
- Using Bayesian small-variance priors.

## Interesting reading:

- Merkle, E. C., & Rosseel, Y. (2018). blavaan: Bayesian Structural Equation Models via Parameter Expansion. *Journal of Statistical Software*, 85(4), 1–30. <https://doi.org/10.18637/jss.v085.i04>
- Muthén, B., & Asparouhov, T. (2012). Bayesian structural equation modelling: A more flexible representation of substantive theory. *Psychological Methods*, 17(3), 313-335.

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Scaling

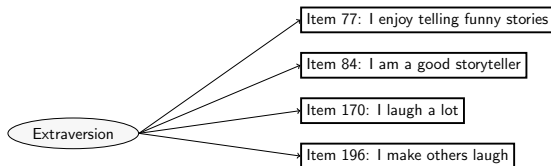
The end

Extra

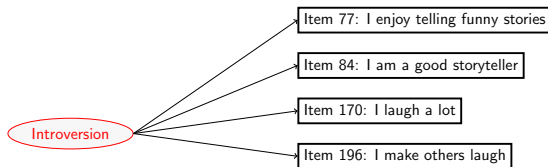


# Latent variable scaling

Latent variables are not observed, thus no inherent scale.



## Latent variable scaling Ctd.



Therefore, set up model such that scale of latent variable is clear.

# Three common ways

## 1. Marker-variable method

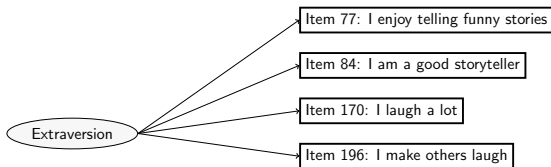
Constrain one of the factor loadings (default).

## 2. Reference group method:

Constrain the factor variance.

## 3. Effect coding:

Constrain the average of the loadings.



# 1. Marker-variable method (default)

## Default parameterization:

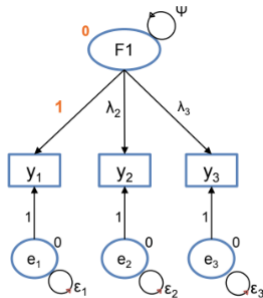
- First factor loading constrained at 1.
- Factor mean constrained at 0.

## Other defaults:

- Mean of residuals is by definition 0.
- Residuals have a loading of 1.

## Estimated:

- factor variance ( $\Psi$ ),
- 'other' factor loadings ( $\lambda_2, \lambda_3$ ),
- all item intercepts ( $\nu_1, \nu_2, \nu_3$ ),
- all residual variances ( $\epsilon_1, \epsilon_2, \epsilon_3$ ).



# 1. Default marker-variable method - lavaan

```
# Model
model.1CFA <- '
  Extraversion =~ Q77 + Q84 + Q170 + Q196
'

# Fit model
fit_1CFA <- cfa(model.1CFA, data=data_sapi,
                missing='fiml', fixed.x=F) # use FIML
```

- First factor loading constrained at 1:

```
Extraversion =~
  Q77                1.000
```

- Factor mean constrained at 0:

```
Extraversion      0.000
```

# 1. Default marker-variable method - lavaan Ctd

```
parameterEstimates(fit_1CFA)[1:4,-c(5,6,7)]
```

```
##           lhs op  rhs   est ci.lower ci.upper
## 1 Extraversion =~  Q77 1.000    1.000    1.000
## 2 Extraversion =~  Q84 0.708    0.616    0.799
## 3 Extraversion =~ Q170 0.567    0.466    0.668
## 4 Extraversion =~ Q196 0.742    0.640    0.845
```

Factor loading of first indicator fixed to 1.  
all other loadings are relative to that.

If reference category changed, other loadings also change.

## 2. Reference-group method

### Parameterization:

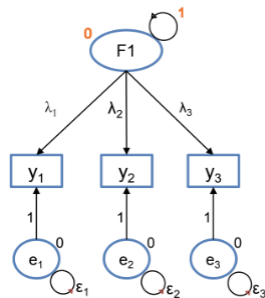
- Factor variance constrained at 1.
- Factor mean constrained at 0.\*

### Defaults:

- Mean of residuals is by definition 0.
- Residuals have a loading of 1.

### Estimated:

- all factor loadings ( $\lambda_1$ ,  $\lambda_2$ ,  $\lambda_3$ ),
- all item intercepts ( $\nu_1$ ,  $\nu_2$ ,  $\nu_3$ ),
- all residual variances ( $\epsilon_1$ ,  $\epsilon_2$ ,  $\epsilon_3$ ).



\* In a multi-group model (discussed in another lecture), the mean of the (by default) first group is set to 0 (hence, the name 'reference-group').

## 2. Reference-group method - lavaan

```
# Model
model.1CFA_RefGr <- '
  # Free first factor loading, using: NA*
  Extraversion =~ NA*Q77 + Q84 + Q170 + Q196

  # Set factor variance to 1, using: 1*
  Extraversion ~~ 1*Extraversion
'
```

```
# Fit model
fit_1CFA_RefGr <- cfa(model.1CFA_RefGr, data=data_sapi,
  missing='fiml', fixed.x=F) # use FIML
```

Shortcut to fix the variances of (all the) latent variables to 1:

```
fit_1CFA_RefGr2 <- cfa(model.1CFA,      # ! 'original' model !
  std.lv = TRUE, # fix variances to 1
  data=data_sapi, missing='fiml', fixed.x=F)
```



## 2. Reference-group method - lavaan Ctd

```
parameterEstimates(fit_1CFA_RefGr)[1:4,-c(5,6,7)]
```

##		lhs	op	rhs	est	ci.lower	ci.upper
## 1	Extraversion	=~	Q77	0.835	0.759	0.910	
## 2	Extraversion	=~	Q84	0.591	0.520	0.662	
## 3	Extraversion	=~	Q170	0.473	0.404	0.543	
## 4	Extraversion	=~	Q196	0.619	0.559	0.680	

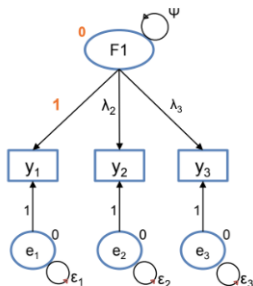
```
#parameterEstimates(fit_1CFA_RefGr2)[1:4,-c(5,6,7)]
```

Advantage:

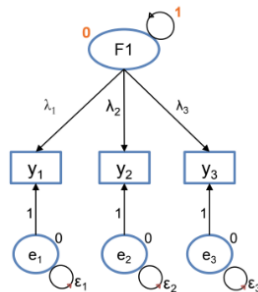
All factor loadings and scores on standardized metric.

# Which method to choose?

## 1. Marker-variable method



## 2. Reference-group method



Does not matter for substantive conclusions.  
Sometimes, pragmatic reasons.

### 3. Effects-coding method

#### Parameterization:

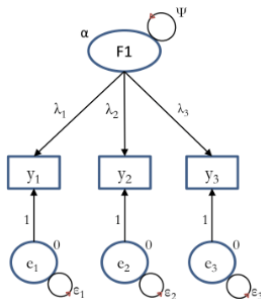
- Constrain the average of the factor loadings to 1:  $\frac{1}{3} \sum_{i=1}^3 \lambda_i = 1$ .
- Constrain the average of the item intercepts to 0:  $\frac{1}{3} \sum_{i=1}^3 \nu_i = 0$ .

#### Defaults:

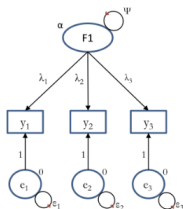
- Mean of residuals is by definition 0.
- Residuals have a loading of 1.

#### Estimated (subject to the constraints):

- factor variance ( $\Psi$ ),
- factor mean ( $\alpha$ ),
- all factor loadings ( $\lambda_1, \lambda_2, \lambda_3$ ),
- all item intercepts ( $\nu_1, \nu_2, \nu_3$ ),
- all residual variances ( $\epsilon_1, \epsilon_2, \epsilon_3$ ).



### 3. Effects-coding method Ctd



Interpretations can be intuitive:

- Factor on similar scale as the indicators.
- Factor variance ( $\Psi$ ): average variance of each indicator that can be explained by the factor.
- Factor mean ( $\alpha$ ): weighted mean of the indicator means

### 3. Effects-coding method - lavaan model

```
# Model
model.1CFA_EffC <- '
  # Label parameters, such that they can be constrained
  Extraversion =~ lambda1*Q77 + lambda2*Q84 +
                  lambda3*Q170 + lambda4*Q196

  # intercepts
  Q77 ~ nu1*1
  Q84 ~ nu2*1
  Q170 ~ nu3*1
  Q196 ~ nu4*1

  # Constrain average of loadings to 1, i.e., set sum to 4
  lambda1 == 4 - lambda2 - lambda3 - lambda4
  # Constrain average of item intercepts to 0,
  # i.e., set sum to 0
  nu1 == 0 - nu2 - nu3 - nu4
  '
```

### 3. Effects-coding method - fit lavaan model

Now, use the `lavaan()` function:

```
# Fit model: Now, use the lavaan() function!  
fit_1CFA_EffC <- lavaan(model.1CFA_EffC, data=data_sapi,  
                        missing='fiml', fixed.x=F,  
                        auto.var = TRUE,  
                        auto.fix.first = FALSE,  
                        auto.cov.lv.x = TRUE,  
                        int.ov.free = TRUE)
```

### 3. Effects-coding method - lavaan output

- Constrain the average of the factor loadings to 1:  $\frac{1}{4} \sum_{i=1}^4 \lambda_i = 1$ .

```
parameterEstimates(fit_1CFA_EffC)[1:4,1:5]
##           lhs op  rhs  label  est
## 1 Extraversion =~  Q77 lambda1 1.197
## 2 Extraversion =~  Q84 lambda2 1.027
## 3 Extraversion =~  Q170 lambda3 0.879
## 4 Extraversion =~  Q196 lambda4 0.898
```

- Constrain the average of the item intercepts to 0:  $\frac{1}{4} \sum_{i=1}^4 \nu_i = 0$ .

```
parameterEstimates(fit_1CFA_EffC)[5:8,1:5]
##    lhs op rhs label  est
## 5  Q77 ~1      nu1 -0.765
## 6  Q84 ~1      nu2 -0.521
## 7  Q170 ~1     nu3  0.738
## 8  Q196 ~1     nu4  0.548
```

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# Summary

- EFA and CFA
- Scaling

# Thanks & How to proceed

Thanks for listening!

Are there any questions?

- Ask fellow participant on course platform.
- Ask teacher during Q&A (or via course platform).
- See if making the lab exercises help.
- Check the lavaan tutorial: e.g.,  
<https://lavaan.ugent.be/tutorial/index.html>.
- Do not forget that Google is your best friend :-).

You can start working on the lab exercises.

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# Extra:

## Sample size

based on <https://www.theanalysisfactor.com/sample-size-needed-for-factor-analysis/>

# Sample Size Rules of Thumb - total sample size

Some authors use a criterion based on the total sample size:

- 100 subjects = sufficient if clear structure; more is better (Kline, 1994).
- 100 subjects = poor; 300 = good; 1000+ = excellent (Comrey & Lee, 1992).
- 300 subjects, though fewer works if correlations are high among variables (Tabachnik & Fidell, 2001).

# Sample Size Rules of Thumb - ratio cases vs variables

Others base it on a ratio of the number of cases to the number of variables involved in the factor analysis:

- 10-15 subjects per variable (Pett, Lackey, & Sullivan).
- 10 subjects per variable (Nunnally, 1978).
- 5 subjects per variable or 100 subjects, whichever is larger (Hatcher, 1994).
- 2 subjects per variable (Kline, 1994).

# Sample Size Rules of Thumb - ratio cases vs factors

And then others base it on a ratio of cases to the number of factors:

- 20 subjects per factor (Arrindel & van der Ende, 1985).

# Extra:

## Categorical/Ordinal or continuous indicators?

Note: in `cfa()` you can, for example use `'ordered = TRUE'` for endogenous variable.

Default then: `estimator = "WLSMV"`.

More information on: <https://lavaan.ugent.be/tutorial/cat.html>



Q77

Q84



Q170

Q196



## Remark!

Do NOT use a  $\chi^2$  test or IC (AIC or BIC)  
to compare categorical and continuous models:

- Obviously not nested (so, no  $\chi^2$  test anyway).
- AND likelihoods of categorical and continuous indicator models are incomparable!

Note:  $\chi^2$  test and IC are based on (log) likelihood (= fit).

## Interesting Reading (1/2)

<https://lavaan.ugent.be/tutorial/cat.html>

Muthén, B. (1984). A general structural equation model with dichotomous, ordered categorical, and continuous latent variable indicators. *Psychometrika*, 49(1), 115-132.

Rhemtulla, M., Brosseau-Liard, P.É., & Savalei, V. (2012). When can categorical variables be treated as continuous? A comparison of robust continuous and categorical SEM estimation methods under suboptimal conditions. *Psychological Methods*, 17(3), 354-373.

Sventina, D., Rutkowski, D. (2020). Multiple group invariance with categorical outcomes using updated guidelines: an illustration using Mplus and the lavaan/semtools packages. *Structural Equational Modelling: A Multidisciplinary Journal*, 27(1), 111-130

## Interesting Reading (2/2)

More information regarding rotation:

Sass DA, Schmitt TA. A Comparative Investigation of Rotation Criteria Within Exploratory Factor Analysis. *Multivariate Behav Res.* 2010 Jan 29;45(1):73-103. doi: 10.1080/00273170903504810. PMID: 26789085.

<https://www.statmodel.com/download/Sass%20Schmitt%202010%20MBR.pdf>

Bonferroni-type corrections (p. 120-121):

Byrne, B. M. (2012). *Structural equation modeling with Mplus: Basic concepts, applications, and programming*. Routledge/Taylor & Francis Group. [https://www.researchgate.net/publication/236176286\\_Structural\\_equation\\_modeling\\_with\\_Mplus\\_Basic\\_concepts\\_applications\\_and\\_programming#fullTextFileContent](https://www.researchgate.net/publication/236176286_Structural_equation_modeling_with_Mplus_Basic_concepts_applications_and_programming#fullTextFileContent)

Effects-coding method:

Little, T. D., Slegers, D. W., & Card, N. A. (2006). A non-arbitrary method of identifying and scaling latent variables in SEM and MACS models. *Structural Equation Modeling*, 13(1), 59–72.

[https://doi.org/10.1207/s15328007sem1301\\_3](https://doi.org/10.1207/s15328007sem1301_3)