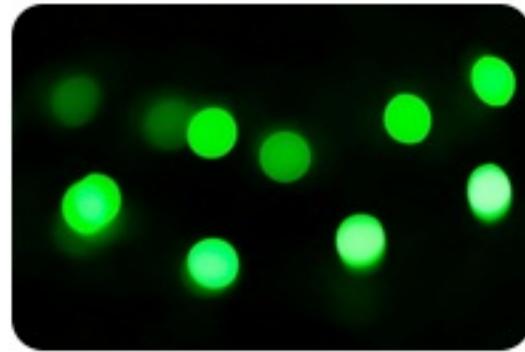


Japanese scientists' 'living skin' implant glows to warn of illness

 The Messenger | 7 hours ago

The next generation of wearable health devices has been successfully trialled in mice by scientists in Japan.



AI pendants back in vogue at CES after early setback

 RTE Online | 13 hours ago

Pendants and brooches packed with artificial intelligence abounded at CES 2026, using cameras and microphones to watch and listen through the day like a vigilant personal assistant.



Technology can be a great tool for boosting your health, but motivation is the foundation of sustained change

 phillyvoice.com | 23 hours ago

Before buying a wearable or exercise app, take time to identify the inspiration and structure needed to build — and maintain — new habits in 2026.



Watch your fitness: six of best tech wearables to help you achieve your goals

 Irish Daily Mirror | 1 day ago

From screen-free trackers to high-end adventure sport watches, we've got you covered for your 2026 health and fitness drive



The Neurotechnology Shift: how next-generation wearables interface with the brain itself

 The Conversation en Español | 5 days ago

