

Japanese scientists' 'living skin' implant glows to warn of illness

M The Messenger | 7 hours ago

The next generation of **wearable** health devices has been successfully trialled in mice by scientists in Japan.



AI pendants back in vogue at CES after early setback

RTE RTE Online | 13 hours ago

Pendants and brooches packed with artificial intelligence abounded at CES 2026, using cameras and microphones to watch and listen through the day like a vigilant personal assistant.



Technology can be a great tool for boosting your health, but motivation is the foundation of sustained change

phillyvoice.com | 23 hours ago

Before buying a **wearable** or exercise app, take time to identify the inspiration and structure needed to build — and maintain — new habits in 2026.



Watch your fitness: six of best tech wearables to help you achieve your goals

M Irish Daily Mirror | 1 day ago

From screen-free trackers to high-end adventure sport watches, we've got you covered for your 2026 health and fitness drive



The Neurotechnology Shift: how next-generation wearables interface with the brain itself

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