

FAQ



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In-Flight Meals (41)

Q What kind of foods are served in a vegetarian vegan meal?

To request (or cancel) a Vegetarian vegan meal, please select [**View Details**] → [**Display More**] on your **reservation**. (Request should be made at least 24 hours before flight departure.)

- Vegetarian vegan meals strictly exclude all types of meat, fish, poultry, animal fat, and gelatin as well as eggs and dairy products.

[Request](#) >**Q What kind of foods are served in a vegetarian hindu meal?**

To request (or cancel) a Vegetarian Hindu meal, please select [**View Details**] → [**Display More**] on your **reservation**. (Request should be made at least 24 hours before flight departure.)

- Vegetarian Hindu meals contain no meat, fish, poultry, animal fat, gelatin, and eggs, but may contain dairy products.

[Request](#) >**Q What kind of foods are served in a vegetarian jain meal?**

To request (or cancel) a Vegetarian Jain meal, please select [**View Details**] → [**Display More**] on your **reservation**. (Request should be made at least 24 hours before flight departure.)

- Vegetarian Jain meals strictly exclude all types of meat, fish, poultry, eggs, dairy products, all animal products, and root vegetables such as onions, garlic, and ginger.

[Request](#) >**Q What kind of foods are served in a vegetarian oriental meal?**

To request (or cancel) a Vegetarian oriental meal, please select [**View Details**] → [**Display More**] on your **reservation**. (Request should be made at least 24 hours before flight departure.)

- Vegetarian oriental meals contain no meat, poultry, fish, dairy products, and eggs, and may contain root vegetables such as onion, garlic, and ginger.

[Request](#) >**Q What kind of foods are served in a raw vegetarian meal?**

To request (or cancel) a raw vegetarian meal, please select [**View Details**] → [**Display More**] on your **reservation**. (Request should be made at least 24 hours before flight departure.)



- Raw vegetarian meals include pure raw vegetables and raw fruits. Beverages containing caffeine, preservatives/additives, and processed foods are excluded.

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Q Do you provide baby essentials such as infant milk, diapers, milk bottles on board? ^

We don't provide baby essentials such as formula, diapers, milk bottles on board. Please prepare baby essentials for air travel personally.

Q What kind of foods are served in a bland meal? ^

To request (or cancel) a bland meal, please select [[View Details](#)] → [[Display More](#)] on your reservation. (Request should be made at least 24 hours before flight departure.)

- A bland meal is offered to passengers with digestion issues. Bland meals limit the use of strong spices, gas-causing vegetables, and greasy foods, and use lean meats or whitefish as the main ingredients.

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Q What kind of foods are served in a diabetic meal? ^

To request (or cancel) a Diabetic meal, please select [[View Details](#)] → [[Display More](#)] on your reservation. (Request should be made at least 24 hours before flight departure.)

- Diabetic meals are prepared in consideration of daily allowances of calories, protein, fat, and sugar to ensure a balanced amount of food and saturated fat intake.

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Q What kind of foods are served in a vegetarian gluten-intolerant meal? ^

To request (or cancel) a Gluten-intolerant meal, please select [[View Details](#)] → [[Display More](#)] on your reservation. (Request should be made at least 24 hours before flight departure.)

- Gluten-intolerant meals strictly limit the amount of gluten in food ingredients by excluding gluten-containing food products.

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Q What kind of foods are served in a low calorie meal? ^

To request (or cancel) a low-calorie meal, please select [[View Details](#)] → [[Display More](#)] on your reservation. (Request should be made at least 24 hours before flight departure.)

- A low-calorie meal is a meal with limited calories for weight control.

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