



*Shybusters ELI That Work!*



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# GOOD-BYE *to* SHY

*85 Shybusters That Work!*

LEIL LOWNDES

***McGraw-Hill***

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# **GOOD-BYE to SHY**

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**LEIL LOWNDES**

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*Good-Bye to Shy* is dedicated to those  
who know the anguish of shyness that I,  
too, suffered for many years.

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