Cardiologist-Level Arrhythmia Detection with Convolutional Neural Networks

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Cardiologist-level arrythmia detection from ECG signals.

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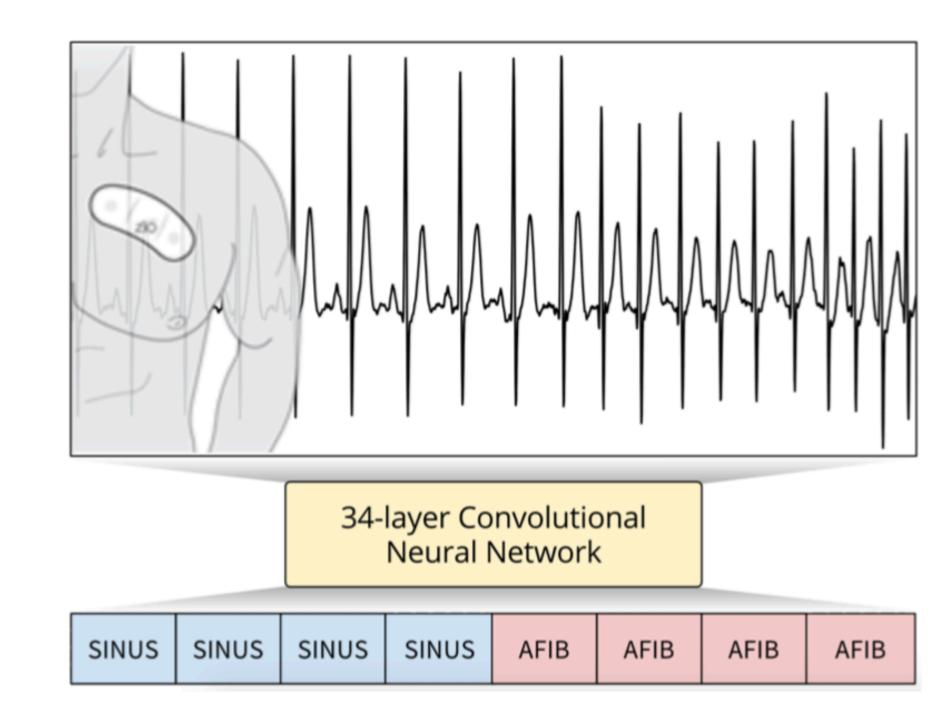
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Cardiologist-Level Arrhythmia Detection with CNN

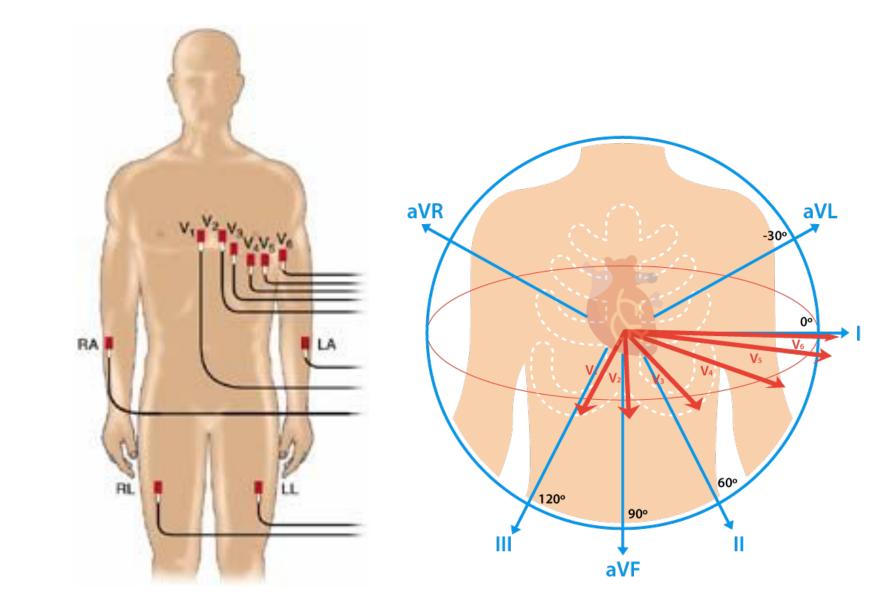
- Developed an algorithm which exceeds the performance of board certified cardiologists in detecting a wide range of heart arrhythmias (irregular heart rhythms) from ECG recorded with a single-lead wearable monitor
- Built a dataset with more than 500 times the number of unique patients than previously studied corpora
 - Make class balance of the dataset more even
- Trained a 34-layer CNN which maps a sequence of ECG samples to a sequence of rhythm classes



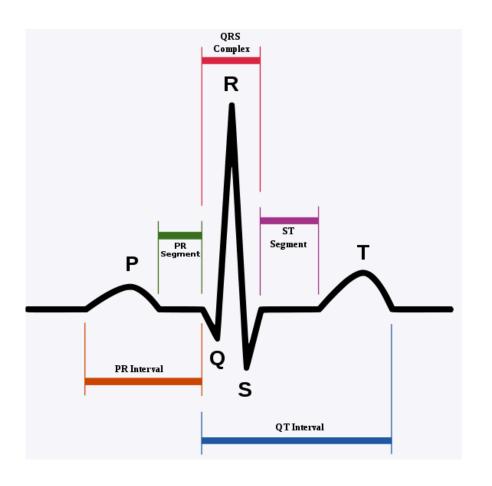
Electrocardiogram (ECG)

ECG

- The process of recording the electrical activity of the heart over a period of time using electrodes placed on the skin
- Conventional 12-lead ECG, 10 electrodes are placed and the overall magnitude of the heart's electrical potential is then measured from 12 different angles (leads)



- ECG normal sinus rhythm
 - The basic pattern of electrical activity across the heart
 - It comprises three waves named P, QRS, and T



Heart arrhythmias

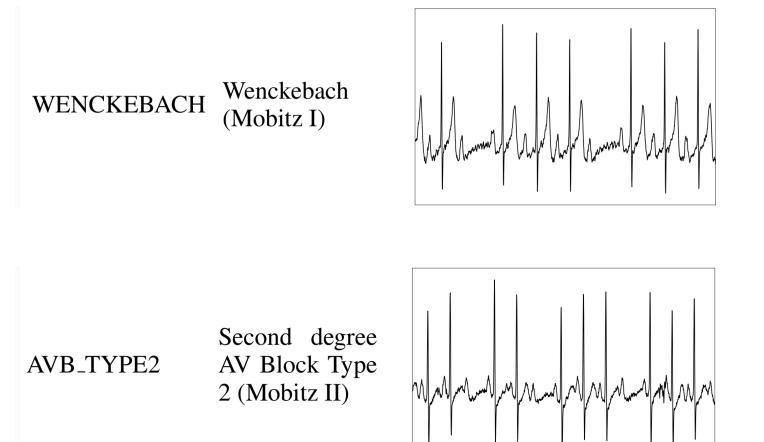
- Twelve Irregular heart rhythms
- Many heart diseases include Myocardial Infarction, AV Block, Ventricular Tachycardia and Atrial Fibrillation

Class	Description	Example	Class
AFIB	Atrial Fibrilla- tion		JUNCT
AFL	Atrial Flutter		NOISE
AVB_TYPE2	Second degree AV Block Type 2 (Mobitz II)	MM MANAMAN MANAMAN	SINUS
BIGEMINY	Ventricular Bigeminy	Myllyllyllylly	SVT
СНВ	Complete Heart Block		TRIGE
EAR	Ectopic Atrial Rhythm		VT
IVR	Idioventricular Rhythm	1/	WENC

Class	Description	Example
JUNCTIONAL	Junctional Rhythm	
NOISE	Noise	
SINUS	Sinus Rhythm	
SVT	Supraventricular Tachycardia	
TRIGEMINY	Ventricular Trigeminy	
VT	Ventricular Tachycardia	
WENCKEBACH	Wenckebach (Mobitz I)	1/2/2/2/2/2/2/2/2/2/2/2/2/2/2/2/2/2/2/2

Motivation

- Arrhythmia detection is a challenging task
 - Must implicitly recognize the distinct wave types and discern the complex relationships between them over time
 - Difficult due to the variability in wave morphology between patients as well as presence of noise
 - -Distinction between the rhythms can be subtle yet critical for treatment
 - Wenckebach is considered benign and Mobitz II is considered pathological requiring immediate attention
- Existing works performed poorly
 - One study, predictions for non-sinus rhythms, only about 50% were correct
 - Another study, only 1 out of every 7 presentations of second degree
 AV block were correctly recognized



Problem formulation

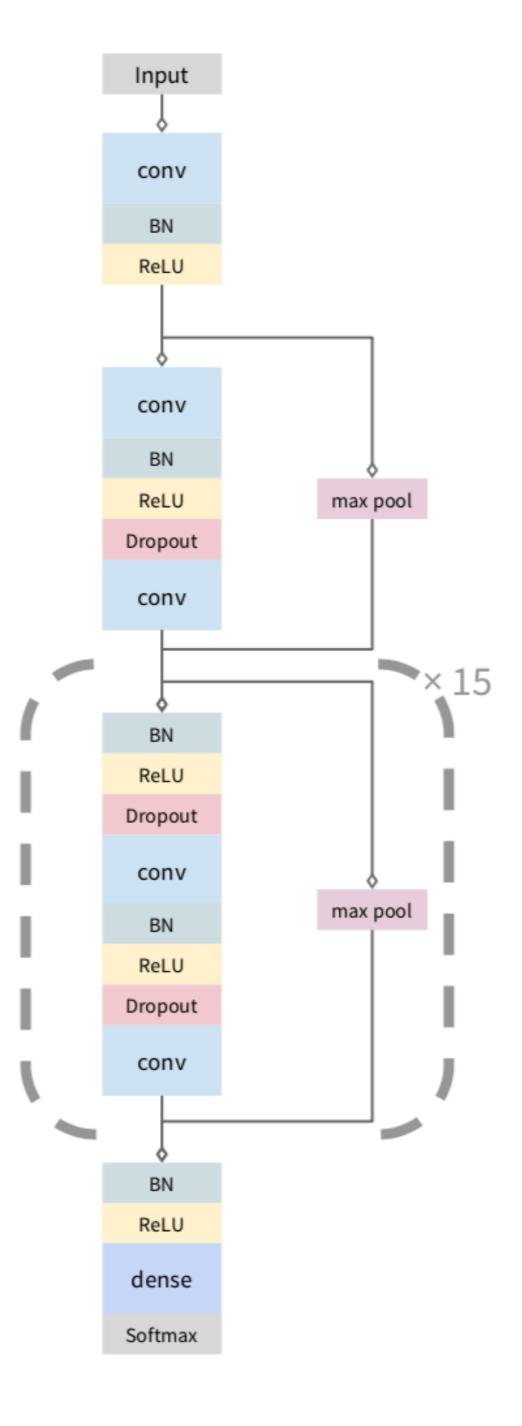
- lacktriangle ECG arrhythmia detection task is a **sequence-to-sequence task** which takes as input an ECG signals X
 - $=[x_1, \dots x_n]$ and outputs a sequence of labels $r=[r_1, \dots r_n]$
 - Input: 30 second long ECG signal is sampled at 200Hz (30 x 200 length)
 - Output: a new prediction once every second (30 output)
 - Each labels take on one of the m different rhythm classes

■ For a single example in the training set, we optimize the cross-entropy objective function

$$\mathcal{L}(X,r) = \frac{1}{n} \sum_{i=1}^{n} \log p(R = r_i \mid X)$$

Model architecture & training

- Use CNN for the sequence-to-sequence learning task
- The network takes as input a time-series of raw ECG signal, and outputs a sequent of label predictions
- Architecture
 - An architecture which is 33 layers of convolution followed by a fully connected layer and a softmax
 - Shortcut connections (ResNet Architecture) employed
 - 16 residual blocks with 2 convolutional layers per block
 - Before input is fed into the network it is normalized using robust normalization strategy
 - Residual block: Conv layer + Batch Norm + ReLU + Dropout + Conv layer



Data

Annotation

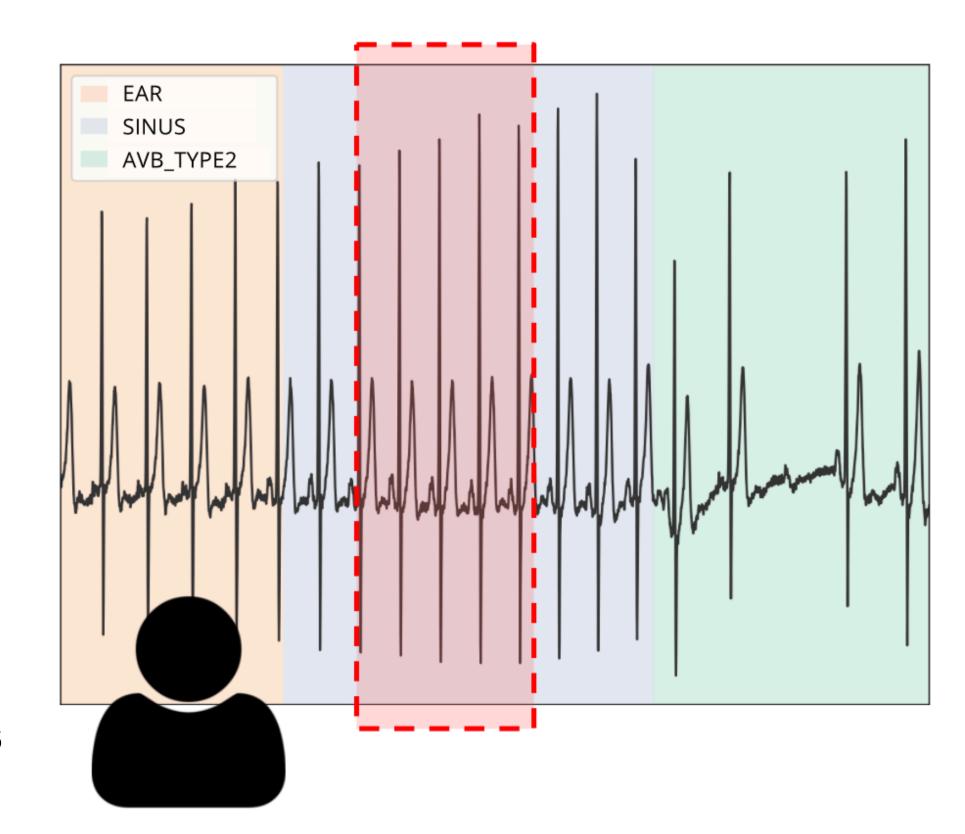
The three cardiologists discussed each individual record as a group and came to a consensus labeling

Training

- Collected a training dataset of 64,121 ECG records from 29,163 patients
- Sample rate: 200 Hz (collected from a single-lead monitor)
- Each ECG record in the training set is 30 seconds long

Testing

- Collected a test set of 336 ECG records from 328 unique patients
- -For each record in the test set we also collect 6 individual annotations from cardiologists not participating in the group (used for assessing performance of the model)



Rhythm classes

 The task is to identify 12 heart arrhythmias, sinus rhythm and noise for a total of 14 output classes

Class	Description	Example
AFIB	Atrial Fibrilla- tion	
AFL	Atrial Flutter	Why May May May May May May May May May Ma
AVB_TYPE2	Second degree AV Block Type 2 (Mobitz II)	May many my
BIGEMINY	Ventricular Bigeminy	
СНВ	Complete Heart Block	
EAR	Ectopic Atrial Rhythm	
IVR	Idioventricular Rhythm	

Class	Description	Example
JUNCTIONAL	Junctional Rhythm	
NOISE	Noise	
SINUS	Sinus Rhythm	1 - U - U - U - U - U - U - U - U - U -
SVT	Supraventricular Tachycardia	
TRIGEMINY	Ventricular Trigeminy	
VT	Ventricular Tachycardia	
WENCKEBACH	Wenckebach (Mobitz I)	142/2/2/2/2/2/2/2/2/2/2/2/2/2/2/2/2/2/2/

Evaluation Metrics

- Sequence Level Accuracy (F1)
 - Average overlap between the prediction and the ground truth sequence labels
- Set Level Accuracy (F1)
 - -The set of unique arrhythmias present in each 30 second record is considered as the ground truth annotation
 - Set Level Accuracy does not penalize for time-misalignment within a record
- In both the sequence and set case, the F1 score for each class is computed separately

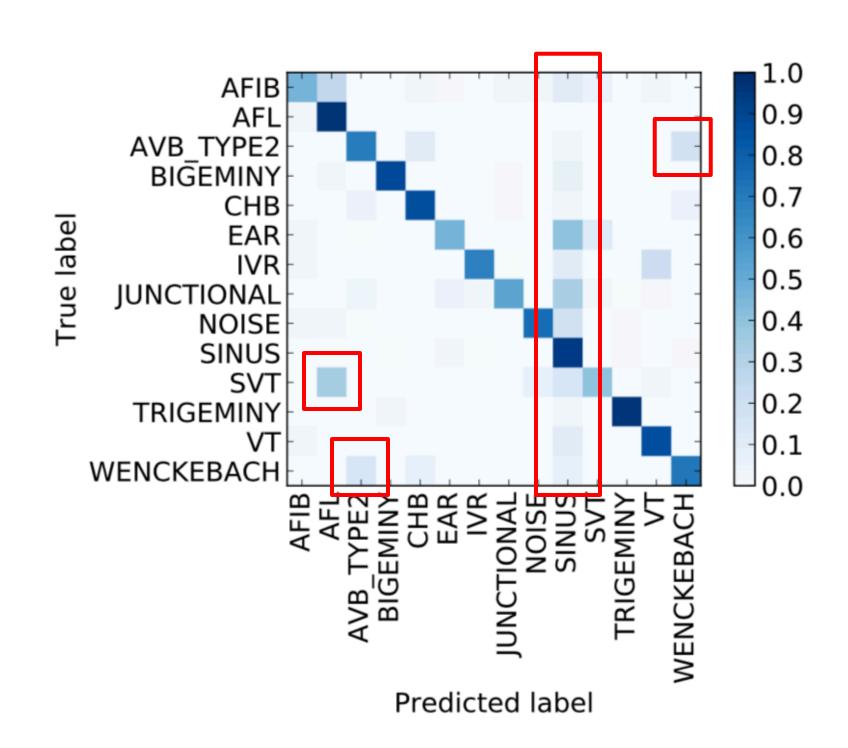
Model vs. Cardiologist Performance

- To assess cardiologist performance for each class, the average of all the individual cardiologist F1 scores are averaged using the group label as the ground truth annotation
- The model outperforms the average cardiologist performance on most rhythms, noticeably outperforming the cardiologists in the AV Block set of arrhythmias which includes Mobitz I (Wenckebach), Mobitz II (AVB_type2) and complete heart block (CHB)

	Seq		Set	
	Model	Cardiol.	Model	Cardiol.
Class-level F1 Score				
AFIB	0.604	0.515	0.667	0.544
AFL	0.687	0.635	0.679	0.646
AVB_TYPE2	0.689	0.535	0.656	0.529
BIGEMINY	0.897	0.837	0.870	0.849
CHB	0.843	0.701	0.852	0.685
EAR	0.519	0.476	0.571	0.529
IVR	0.761	0.632	0.774	0.720
JUNCTIONAL	0.670	0.684	0.783	0.674
NOISE	0.823	0.768	0.704	0.689
SINUS	0.879	0.847	0.939	0.907
SVT	0.477	0.449	0.658	0.556
TRIGEMINY	0.908	0.843	0.870	0.816
VT	0.506	0.566	0.694	0.769
WENCKEBACH	0.709	0.593	0.806	0.736
Aggregate Results				
Precision (PPV)	0.800	0.723	0.809	0.763
Recall (Sensitivity)	0.784	0.724	0.827	0.744
F1	0.776	0.719	0.809	0.751

Mistakes made by the model are understandable

- Many arrhythmias are confused with the sinus rhythm, this is due to the sometimes ambiguous location of the exact onset and offset of the arrhythmia in the ECG record
- Often the mistakes made by the model are understandable
 - e.g., confusing Wenckebach and AVB_Type2 makes sense given that the two rhythms in general have similar ECG morphologies
 - Similarly, SVT and AFIB are often confused with AFL since they are all atrial arrhythmias
 - IVR is sometimes mistaken as VT which again makes sense given that two only differ in heart-rate and are difficult to distinguish close to the 100 beats per minute delineation



Conclusion

- Developed model exceeds the cardiologist performance in detecting a wide range of heart arrhythmias from single-lead EG records
- Key to the performance of the model is a large annotated dataset and a very deep convolutional network which can map a sequence of ECG samples to a sequence of arrhythmia annotations
- High-accuracy diagnosis from ECG can save expert clinicians and cardiologists considerable time and decrease the number of misdiagnoses
- Technology coupled with low-cost ECG devices enables more widespread use of ECG as a diagnostic tool in place where access to a cardiologist is difficult