



# **NUTRITIONAL INFORMATION GUIDE**



# Papa Gino's

PIZZERIA



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**Menu items may vary by location.**



## Nutritional Information

### Pizza and Toppings

#### Small Traditional Thin Crust Pizza

##### Portion is 1/6th of a Pizza

	Servings	Per Serving (g)	Calories (cal)	Fat Calories (cal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrate (g)	Fiber (g)	Sugars (g)	Protein (g)
Boss BBQ Chicken	6	105	230	70	8	3	0	25	610	30	1	5	10
Cheese	6	87	170	45	5	2.5	0	15	470	24	1	2	7
Crispy Buffalo Chicken w/Blue Chs	6	102	260	100	12	4	0	25	790	27	2	1	10
Crispy Buffalo Chicken w/Ranch	6	119	240	90	10	3.5	0	25	770	28	2	1	11
Meat Combo	6	107	240	90	10	4.5	0	30	660	25	1	2	11
Pepperoni	6	93	200	70	8	3.5	0	20	570	24	1	2	9
Sausage Ricotta	6	122	270	110	13	6	0	35	610	28	0	4	12
Super Veggie	6	137	190	50	6	2.5	0	15	530	27	2	3	8
Works	6	127	220	80	9	4	0	25	560	26	1	2	10
Mac n Cheese	6	100	210	60	6	3.5	0	20	510	28	1	1	8
Buffalo Mac n Cheese	6	125	250	70	8	4	0	25	760	32	2	1	11
Chicken Bacon Ranch	6	90	240	100	11	4	0	30	570	23	1	1	11





## Nutritional Information

### Large Traditional Thin Crust Pizza

#### Portion is 1/8th of a Pizza

	Servings	Per Serving (g)	Calories (cal)	Fat Calories (cal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrate (g)	Fiber (g)	Sugars (g)	Protein (g)
Boss BBQ Chicken	8	139	310	100	11	4.5	0	35	860	39	1	7	14
Cheese	8	113	230	63	7	4	0	20	630	32	1	2	10
Crispy Buffalo Chicken w/Blue Chs	8	136	370	160	18	6	0	35	940	36	2	2	14
Crispy Buffalo Chicken w/Ranch	8	137	340	140	16	5	0	35	960	36	2	1	14
Meat Combo	8	168	390	140	16	7	0	45	1040	44	2	2	17
Pepperoni	8	123	280	100	11	5	0	30	780	32	1	2	12
Sausage Ricotta	8	165	380	170	19	9	0	50	850	35	1	5	16
Super Veggie	8	174	250	70	8	4	0	20	670	35	2	3	11
Works	8	159	310	120	13	6	0	40	770	33	2	3	14
Mac n Cheese	8	140	290	80	9	5	0	30	710	39	1	2	12
Buffalo Mac n Cheese	8	173	360	110	12	6	0	35	1010	44	2	2	16
Chicken Bacon Ranch	8	124	320	130	15	6	0	40	780	31	1	1	15

### X-Large Traditional Thin Crust Pizza

#### Portion is 1/8th of a Pizza

Boss BBQ Chicken	8	176	440	160	18	8	0	55	1270	49	1	9	21
Cheese	8	148	300	90	10	6	0	30	840	38	2	3	14
Crispy Buffalo Chicken w/Blue Chs	8	189	470	210	23	8	0	50	1540	44	3	2	19
Crispy Buffalo Chicken w/Ranch	8	210	460	190	21	8	0	55	1330	45	2	3	21
Meat Combo	8	190	440	200	22	10	0	65	1190	39	2	3	21
Pepperoni	8	167	390	150	17	8	0	45	1100	42	2	3	17
Sausage Ricotta	8	236	550	260	29	14	0.5	80	1220	46	2	7	24
Super Veggie	8	227	330	100	11	6	0	30	880	43	3	5	15
Works	8	212	430	180	20	9	0.5	65	1030	40	2	3	22
Mac n Cheese	8	191	390	120	14	8	0	45	970	49	2	3	16
Buffalo Mac n Cheese	8	231	470	150	17	8	0	50	1300	55	2	3	21
Chicken Bacon Ranch	8	163	420	190	21	8	0	60	1030	37	1	2	20



## Nutritional Information

### X-Large Traditional Crust Large (Mass Pike Locations)

#### Portion is a single slice

	Servings	Per Serving (g)	Calories (cal)	Fat Calories (cal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrate (g)	Fiber (g)	Sugars (g)	Protein (g)
Breakfast Egg & Cheese	1	180	430	150	16	8	0	165	1010	49	2	1	21
Breakfast Bacon Egg & Cheese	1	189	480	180	20	10	0	175	1190	49	2	1	24
Breakfast Sausage Egg & Cheese	1	208	520	220	25	11	0	180	1180	49	2	1	25
Breakfast Veggie Egg & Cheese	1	247	450	150	17	8	0	165	1010	52	3	3	22
Boss BBQ Chicken	1	235	590	220	24	10	0	75	1700	65	2	12	28
Cheese	1	198	400	120	14	7	0	45	1120	51	2	4	18
Crispy Buffalo Chicken w/Blue Chs	1	252	630	280	31	11	0	70	2100	58	4	3	26
Crispy Buffalo Chicken w/Ranch	1	280	610	250	28	11	0.5	70	1790	60	3	4	27
Meat Combo	1	212	500	190	21	9	0	60	1380	55	2	3	23
Pepperoni	1	210	460	170	19	10	0	55	1320	51	2	4	21
Super Veggie	1	259	400	100	11	5	0	30	1030	59	4	5	17
Works	1	234	460	150	17	8	0	45	1160	57	3	4	20
Mac n Cheese	1	255	520	170	18	10	0.5	55	1290	65	2	4	21
Buffalo Mac n Cheese	1	307	630	200	23	11	0.5	70	1740	73	3	5	28
Chicken Bacon Ranch	1	217	560	250	28	10	0.5	80	1370	50	2	2	27

### Individual Pizza Slices

#### Portion is a single slice

Cheese	1	198	400	120	14	7	0	45	1120	51	2	4	18
Pepperoni	1	199	410	130	14	8	0	45	1140	51	2	4	18

### Toppings (Per Small Slice – Traditional Crust)

Bacon	6	7	30	25	2.5	1	0	120	0	0	0	0	2
Banana Peppers	6	13	0	0	0	0	0	0	65	0	0	0	0
Black Olives	6	12	15	10	1.5	0	0	0	90	1	0	0	0
Broccoli	6	18	5	0	0	0	0	0	0	1	0	0	0
Capicola	6	4.5	7	0	0	0	0	0	60	0	0	0	1
Chicken Breast	6	9	10	5	0	0	0	0	0	0	0	0	2



## Nutritional Information

	Servings	Per Serving (g)	Calories (cal)	Fat Calories (cal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrate (g)	Fiber (g)	Sugars (g)	Protein (g)
<b>Toppings (Per Small Slice – Traditional Crust)cont'd</b>													
Chicken Tender	6	16	45	20	2.5	0	0	5	85	3	0	0	2
Extra Cheese	6	8	25	15	2	1	0	5	75	0	0	0	2
Feta	6	9	25	20	2	1	0	5	110	0	0	0	2
Garlic	6	1.5	5	0	0	0	0	0	0	0	0	0	0
Green pepper	6	16	5	0	0	0	0	0	0	1	0	0	0
Hamburger	6	9	25	15	1.5	0.5	0	10	5	0	0	0	2
Jalapeños	6	7	0	0	0	0	0	0	95	0	0	0	0
Linguica	6	17	40	25	2.5	1	0	10	150	0	0	0	3
Meatball	6	11	35	25	3	1	0	5	70	1	0	0	2
Mushrooms	6	14	5	0	0	0	0	0	0	0	0	0	0
Onions	6	12	5	0	0	0	0	0	0	1	0	1	0
Pepperoni	6	6	30	25	3	1	0	5	105	0	0	0	1
Pineapple	6	14	10	0	0	0	0	0	0	2	0	2	0
Ricotta	6	17	30	20	2.5	1.5	0	10	15	1	0	1	2
Sausage	6	14	45	40	4	1.5	0	10	85	0	0	0	2
Sliced Tomato	6	19	5	0	0	0	0	0	0	1	0	0	0
<b>Toppings (Per Large Slice – Traditional Crust)</b>													
Bacon	8	5	25	20	2	1	0	5	10	0	0	0	2
Banana Peppers	8	12	0	0	0	0	0	0	60	1	0	0	0
Black Olives	8	12	15	10	0	0	0	0	90	1	0	0	0
Broccoli	8	19	5	0	0	0	0	0	5	1	0	0	1
Capicola	8	7	5	0	0	0	0	5	90	0	0	0	1
Chicken Breast	8	14	15	5	0	0	0	10	0	0	0	0	3
Chicken Tender	8	23	60	25	2.5	0	0	5	125	4	0	0	4
Extra Cheese	8	12	35	25	3	2	0	10	110	0	0	0	2
Feta Cheese	8	14	40	25	3	2	0	10	160	0	0	0	3
Garlic	8	2	5	5	0	0	0	0	0	0	0	0	0
Green pepper	8	19	5	0	0	0	0	0	0	1	0	0	0
Hamburger	8	13	35	20	2.5	1	0	10	10	0	0	0	3



## Nutritional Information

### Toppings (Per Large Slice – Traditional Crust) cont'd

	Servings	Per Serving (g)	Calories (cal)	Fat Calories (cal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrate (g)	Fiber (g)	Sugars (g)	Protein (g)
Jalapenos	8	11	5	0	0	0	0	0	150	1	0	0	0
Linguica	8	25	60	35	4	1.5	0	20	230	0	0	0	5
Meatball	8	19	60	45	5	2	0	10	130	1	0	0	3
Mushrooms	8	15	5	0	0	0	0	0	0	0	0	0	0
Onions	8	11	5	0	0	0	0	0	0	1	0	0	0
Pepperoni	8	9	45	40	4.5	1.5	0	10	160	0	0	0	2
Pineapple	8	19	15	0	0	0	0	0	0	3	0	0	0
Ricotta Cheese	8	25	45	30	3.5	2	0	10	25	1	0	1	3
Sausage	8	21	70	60	6	2	0	15	125	0	0	0	3
Sliced Tomato	8	28	5	0	0	0	0	0	0	1	0	1	0

### Toppings (Per XL Slice – Traditional Crust)

Bacon	8	8	35	25	3	1	0	10	140	0	0	0	2
Banana Peppers	8	25	0	0	0	0	0	0	125	0	0	0	0
Black Olives	8	12	15	10	1.5	0	0	0	90	1	0	0	0
Broccoli	8	18	5	0	0	0	0	0	0	1	0	0	0
Capicola	8	8	10	5	0	0	0	5	110	0	0	0	1
Chicken Breast	8	21	25	5	0	0	0	10	0	0	0	0	5
Chicken Tender	8	29	70	30	3	0	0	10	150	6	0	0	4
Extra Cheese	8	14	40	30	3.5	2	0	10	125	0	0	0	3
Feta Cheese	8	28	80	50	6	3.5	0	20	330	1	0	0	6
Garlic	8	3	5	5	0	0	0	0	0	1	0	0	0
Green pepper	8	23	5	0	0	0	0	0	0	1	0	0	1
Hamburger	8	15	45	25	3	1	0	15	10	0	0	0	4
Jalapenos	8	21	5	0	0	0	0	0	290	1	0	1	0
Meatball	8	21	70	50	6	2	0	10	140	1	0	0	3
Mushrooms	8	19	5	0	0	0	0	0	0	1	0	0	1
Onions	8	13	5	0	0	0	0	0	0	1	0	1	0
Pepperoni	8	14	70	60	6	2.5	0	15	230	0	0	0	3



## Nutritional Information

	Servings	Per Serving (g)	Calories (cal)	Fat Calories (cal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrate (g)	Fiber (g)	Sugars (g)	Protein (g)
<b>Toppings (Per XL Slice – Traditional Crust) cont'd</b>													
Pineapple	8	21	15	0	0	0	0	0	0	3	0	3	0
Ricotta Cheese	8	25	45	30	3.5	2	0	10	25	1	0	1	3
Sausage	8	28	90	80	8	3	0	20	170	0	0	0	4
Sliced Tomato	8	32	5	0	0	0	0	0	0	1	0	1	0

## Sides

BBQ Chicken Tender	3	141	350	160	18	3	0	35	1050	32	1	9	15
Buffalo Chicken Tender	3	148	390	240	27	5	0	45	1240	19	2	2	15
Chicken Tender	3	93	220	90	10	1.5	0	25	500	18	1	0	14
French Fries (small)	1	290	450	170	19	3.5	0	0	490	67	7	3	7
Mozzarella Sticks	2	195	600	410	46	9	0	30	1230	30	0	7	17

## Sides (Large)

French Fries (large)	1	435	680	260	29	6	0	0	730	100	10	5	10
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## Baskets

Hot Dog & Fries	1	422	880	490	55	11	0	35	1580	99	8	8	20
Plain Tenders & Fries	1	423	820	330	37	6	0	55	1390	90	7	3	34
Buffalo Tenders & Fries	1	469	840	340	38	6	0	55	2430	90	10	3	34
BBQ Tenders and Fries	1	498	980	330	37	6	0	55	2440	129	7	29	34
Plain Wings and Fries	1	646	1310	630	70	17	0	275	3230	90	7	3	73
Buffalo Wings & Fries	1	738	1350	640	71	17	0	275	5310	90	12	5	74
BBQ Wings & Fries	1	738	1510	630	70	17	0	275	4530	139	7	36	73
Small Lobster Roll & Fries	1	489	860	430	49	7	0	150	1350	97	8	8	29
Medium Lobster Roll & Fries	1	545	980	510	59	9	0	225	1620	97	8	8	38
Large Lobster Roll & Fries	1	602	1100	600	69	11	0	225	1890	97	8	8	46





## Nutritional Information

### Breadsticks (small)

	Servings	Per Serving (g)	Calories (cal)	Fat Calories (cal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrate (g)	Fiber (g)	Sugars (g)	Protein (g)
Cheese w/Marinara	5	106	230	70	8	4	0	20	620	30	1	2	10

### Breadsticks (large)

Cheese w/Marinara	10	106	230	70	8	4	0	20	620	30	1	2	10
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### Salads & Dressings

#### Entrée Salads

Caesar	1	206	190	90	10	3.5	0	40	370	18	4	2	9
Garden	1	332	190	80	8	1.5	0	0	300	27	6	6	6

#### Salads Add Ons

Grilled Chicken	1	113	170	30	3.5	1	0	80	490	2	0	0	29
Chicken Tender	1	139	320	130	14	2.5	0	40	740	27	1	0	21
Steak	1	62	140	100	11	4.5	0	50	40	0	0	0	10
Tuna	1	57	170	140	17	3	0	25	210	0	0	0	7



## Nutritional Information

### Dressings

	Servings	Per Serving (g)	Calories (cal)	Fat Calories (cal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrate (g)	Fiber (g)	Sugars (g)	Protein (g)
Blue Cheese	1	50	270	252	28	5	0	25	370	3	0	3	2
Caesar	1	43	200	198	22	3.5	0	15	370	1	0	0	1
Greek	1	43	210	216	24	3.5	0	0	210	1	0	1	0
Honey Mustard	1	43	220	180	20	3	0	15	250	9	0	9	1
Italian Romano	1	43	140	130	14	2.5	0	5	740	4	0	3	1
Light Olive Oil Vinaigrette	1	43	90	81	9	1	0	0	330	4	0	3	0
Ranch	1	43	150	135	15	2.5	0	15	380	2	0	1	1

### Pasta

#### Entrée

Papa Platter Penne	1	631	1000	280	31	9	0.5	90	1900	147	7	24	39
Papa Platter Fettuccine	1	575	1030	280	31	9	0.5	170	2600	143	1	23	40
Papa Platter Spaghetti	1	631	910	270	30	9	0.5	90	1900	130	6	23	36
Penne	1	471	580	60	6	0	0	0	730	118	7	16	20
Spaghetti	1	471	500	50	6	0	0	0	730	101	6	16	17
Penne Alfredo	1	426	730	200	23	11	0.5	65	660	112	6	8	23
Penne Alfredo Chicken Broccoli	1	610	920	240	26	13	0.5	145	680	118	7	9	55
Spaghetti Alfredo	1	426	650	200	22	11	0.5	65	660	95	5	8	20
Spaghetti Alfredo Chicken Broccoli	1	610	840	230	26	13	0.5	145	1170	100	6	9	52



## Nutritional Information

**Pasta (cont'd)****Entrée**

	<b>Servings</b>	<b>Per Serving (g)</b>	<b>Calories (cal)</b>	<b>Fat Calories (cal)</b>	<b>Total Fat (g)</b>	<b>Saturated Fat (g)</b>	<b>Trans Fat (g)</b>	<b>Cholesterol (mg)</b>	<b>Sodium (mg)</b>	<b>Carbohydrate (g)</b>	<b>Fiber (g)</b>	<b>Sugars (g)</b>	<b>Protein (g)</b>
Ravioli	1	369	530	120	13	6	0	100	1340	76	1	15	27
Fettuccine Marinara	1	414	620	60	7	0	0	80	1420	114	1	16	21
Fettuccine & Meatballs	1	499	880	250	28	7	0.5	135	2340	122	1	22	32
Penne & Meatballs	1	556	840	240	27	7	0.5	55	1640	126	7	22	31
Spaghetti & Meatballs	1	556	760	240	27	7	0.5	55	1640	109	6	22	28
Fettuccine Alfredo Chicken Broccoli	1	554	920	240	27	12	0.5	205	1380	113	2	9	52
Fettuccine Alfredo	1	369	760	210	23	11	0.5	145	1360	108	0	8	24
Fettuccine Chicken Parm	1	622	1040	260	29	7	0	135	2560	140	3	19	50
Spaghetti Chicken Parm	1	673	940	250	28	7	0	65	1920	128	7	19	47
Mac & Cheese	1	581	960	420	47	28	1.5	160	2400	85	2	12	38
Buffalo Mac & Cheese	1	750	1320	580	65	31	1.5	200	3660	113	5	3	60
Bacon Mac & Cheese	1	607	1080	510	57	32	1.5	190	2880	85	2	12	46
Penne Chicken Parm	1	673	1010	260	29	7	0	65	1920	143	8	19	50

**Side**

Meatballs	1	128	280	198	22	7	0.5	55	1070	12	0	9	12
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**Subs & Pockets****Subs**

BLT	1	366	720	390	45	12	0	70	1590	60	4	6	25
Italian	1	252	790	390	43	16	0	125	2550	59	2	3	42
Meatball	1	434	990	520	58	18	1.5	140	3300	84	3	25	39
Meatball Parm	1	476	1140	620	69	24	1.5	170	3600	85	3	25	50
Tuna	1	391	820	460	55	8	0	80	1220	58	3	5	32
Turkey	1	399	450	50	6	0	0	50	2160	62	4	8	38
Turkey Club	1	447	740	320	37	7	0	90	2660	62	4	8	44
Chicken Breast Filet	1	435	1050	440	51	8	0	95	2040	101	5	3	49
Chicken Parm	1	499	1050	370	41	11	0	105	2590	109	5	9	60



## Nutritional Information

### Subs & Pockets (cont'd)

#### Subs

	Servings	Per Serving (g)	Calories (cal)	Fat Calories (cal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrate (g)	Fiber (g)	Sugars (g)	Protein (g)
Lobster, Roll (includes roll) Sm.	1	198	410	260	30	3.5	0	150	860	31	1	5	22
Lobster, Roll (includes roll) Med.	1	255	530	340	40	5	0	225	1130	31	1	5	31
Lobster, Roll (includes roll) Lge.	1	312	650	430	50	7	0	295	1400	31	1	5	40

#### Pockets

BLT	1	365	860	460	53	17	0	75	2270	72	3	5	32
Chicken Caesar	1	468	1020	510	56	10	0.5	110	1870	81	5	2	46
Chicken Cutlet	1	466	1100	440	51	8	0	95	2200	110	5	2	51
Chicken Parm	1	530	1100	370	41	11	0	105	2740	119	5	8	62
Italian	1	286	850	380	43	17	0	125	2720	70	2	1	43
Meatball	1	468	1050	520	57	18	1.5	140	3470	95	3	24	41
Meatball Parm	1	510	1200	620	69	25	1.5	170	3770	96	3	24	52
Tuna	1	425	880	460	55	9	0	80	1390	69	3	4	35
Turkey	1	433	510	50	5	0	0	50	2330	73	4	7	40
Turkey Club	1	481	800	320	37	7	0	90	2830	73	4	7	46

### Grilled Specials

#### Subs

Hot Dog w/Roll	1	128	400	225	25	7	0	35	900	31	2	4	13
Steak	1	294	720	330	37	14	0	145	700	54	2	2	41
Steak & Cheese	1	328	740	350	39	15	0	150	820	55	2	2	42
Super Steak	1	541	800	350	39	15	0	150	830	67	5	8	46



## Nutritional Information

**Grilled Specials (cont'd)****Hot Sandwiches (available at select dual locations only)**

	Servings	Per Serving (g)	Calories (cal)	Fat Calories (cal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrate (g)	Fiber (g)	Sugars (g)	Protein (g)
Chicken Parm (small)	1	235	500	230	26	7	0	65	1210	35	2	4	31
Chicken Parm (medium)	1	325	670	300	34	10	0	90	1680	47	3	6	43
Chicken Parm (large)	1	464	950	410	46	13	0	130	2430	70	4	7	62

**Pockets**

Hot Veggie	1	392	510	110	13	6	0	20	1330	79	5	8	23
Hot Veggie no Cheese	1	355	400	25	3	0	0	0	820	77	5	7	15
Steak	1	328	770	330	36	14	0	145	930	65	2	1	42
Steak & Cheese	1	362	870	400	45	19	0	150	1400	67	2	2	49
Super Steak	1	511	910	410	45	19	0	150	1400	76	4	6	51

**Burgers**

Hamburger	1	179	520	250	28	9	1	90	480	36	2	2	34
Hamburger with fries	1	469	970	420	47	13	1	90	970	103	9	5	40
Dble. Hamburger	1	282	800	420	46	16	1.5	180	560	36	2	2	60
Dble. Hamburger with fries	1	573	1250	590	65	20	1.5	180	1050	103	9	5	67
Cheese burger	1	190	550	270	31	10	1	95	660	37	2	2	36
Cheese Burger with fries	1	480	980	430	48	13	1	95	1010	103	9	5	41
Double Cheese Burger	1	294	830	440	49	17	1.5	185	740	37	2	2	62
Double Cheese Burger with fries	1	584	1260	590	66	20	1.5	185	1090	103	9	5	68
Classic	1	247	690	390	44	12	1	100	890	42	2	6	36
Classic with fries	1	540	1120	540	61	15	1	100	1250	108	9	9	41
Dble. Classic	1	362	1000	580	65	21	2	195	1140	43	2	6	65
Dble. Classic with fries	1	658	1410	720	80	22	2	195	1380	108	9	9	69
Bacon Cheddar	1	330	890	560	65	19	1	145	1000	39	3	4	44
Bacon Cheddar with fries	1	620	1340	730	84	23	1	145	1480	106	10	7	50
Dble. Bacon Cheddar	1	455	1260	790	90	30	1.5	260	1210	39	3	4	75





## Nutritional Information

	Servings	Per Serving (g)	Calories (cal)	Fat Calories (cal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrate (g)	Fiber (g)	Sugars (g)	Protein (g)
<b>Burgers (cont'd)</b>													
Dble. Bacon Cheddar with fries	1	745	1710	960	109	34	1.5	260	1700	106	10	7	82
Mushroom Cheddar Burger	1	292	890	580	67	18	1	130	790	38	3	3	41
Mushroom Cheddar with fries	1	582	1340	750	86	22	1	130	1280	105	9	6	47
Dbl. Mushroom Cheddar Burger	1	417	1260	810	92	28	1.5	245	1000	38	9	6	72
Dbl. Mushroom Cheddar with fries	1	707	1710	980	111	33	1.5	245	1490	105	9	6	79
Add Fries	1	290	450	170	19	3.5	0	0	490	67	7	3	7
<b>Breads &amp; Toppings</b>													
American Cheese	1	34	100	80	9	5	0	5	520	2	0	1	6
Cheddar Cheese	1	42	180	120	14	8	0	40	270	0	0	0	10
Provolone Cheese	1	43	150	100	11	7	0	35	300	1	0	0	11
Hot Peppers	1	21	5	0	0	0	0	0	170	1	0	0	0
Mayonnaise	1	28	200	200	24	4	0	20	130	0	0	0	0
Onions	1	71	30	0	0	0	0	0	0	7	1	3	1
Pickles	1	28	5	0	0	0	0	0	260	1	0	0	0
7" Hot dog roll	1	57	160	90	10	0	0	0	310	30	1	4	5
Green Bell Pepper	1	71	15	0	0	0	0	0	0	3	1	2	1
Tomato	1	100	20	0	0	0	0	0	0	4	1	3	1
Fresh Baked Pocket	1	141	340	25	2.5	0	0	0	750	65	2	1	12
Mushroom	1	71	15	0	0	0	0	0	0	2	1	1	2
Sub Roll	1	107	280	27	3	0	0	0	580	54	2	2	10
<b>Chicken Wings</b>													
Plain	3	148	360	190	21	6	0	115	1140	10	0	0	28
Buffalo	3	179	370	190	22	6	0	115	1780	10	2	0	28
BBQ	3	179	420	190	21	6	0	115	1570	26	0	11	28
Teriyaki	3	179	430	190	21	6	0	115	1630	24	0	13	29
Sweet Red Chili	3	179	420	190	22	6	0	115	1460	26	0	15	28



## Nutritional Information

	Servings	Per Serving (g)	Calories (cal)	Fat Calories (cal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrate (g)	Fiber (g)	Sugars (g)	Protein (g)
<b>Pasta Catering Platter 8-10</b>													
Penne Marinara	10	193	240	25	2.5	0	0	0	310	48	3	7	8
Spaghetti Marinara	10	193	200	20	2.5	0	0	0	310	41	2	7	7
Fettuccine Marinara	10	175	270	25	3	0	0	35	600	51	1	6	9
Chicken Parm & Penne	10	232	360	100	12	2.5	0	30	790	45	3	7	19
Chicken Parm & Fettuccine	10	230	390	110	12	2.5	0	50	980	49	1	7	20
Chicken Parm & Spaghetti	10	232	340	100	12	2.5	0	30	790	41	2	6	18
3 Cheese Ravioli	10	184	260	60	6	3	0	50	670	38	1	7	13
Fettuccine and Meatballs	10	211	420	190	21	7	0	70	1300	40	1	11	16
Penne and Meatballs	10	214	390	190	21	7	0	50	1110	37	2	11	15
Spaghetti and Meatballs	10	214	370	190	21	7	0	50	1110	33	2	11	14
Penne Chicken Broccoli Alfredo	10	258	380	110	12	6	0	55	340	48	3	4	21
Fett Chicken Broccoli Alfredo	10	258	440	120	13	6	0	95	690	56	1	4	23
Meatballs	10	164	300	200	22	7	0.5	55	1220	15	1	12	12
Bacon Mac n Cheese	10	195	350	170	19	10	0	60	950	27	1	4	15
Mac & Cheese	10	186	300	130	15	9	0	50	770	27	1	4	12
Buffalo Chicken Mac & Cheese	10	283	500	210	23	10	0	75	1510	44	2	4	25
Penne Marinara	10	214	260	25	3	0	0	0	340	53	3	8	9
Chicken Parm & Fettuccine	10	257	370	130	13	4	0	45	1060	40	2	8	23
Meatballs	10	183	330	220	25	8	0.5	60	1350	17	1	13	13
Bacon Mac n Cheese	10	198	523	317	35	14	0	65	1250	29	1	2	23

**Catering Sandwiches**

Sandwich Box	10	229	530	223	26	7	0	70	1660	46	0	3	30
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## Nutritional Information

**Catering Salads**

	Servings	Per Serving (g)	Calories (cal)	Fat Calories (cal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrate (g)	Fiber (g)	Sugars (g)	Protein (g)
Caesar	10	118	100	45	5	2	0	20	200	10	3	1	5
Garden	10	147	80	30	3.5	0.5	0	0	120	11	3	2	3

**Catering Salad Add Ons**

Grilled Chicken	10	34	50	10	1	0	0	25	150	1	0	0	9
Bacon	10	5	25	20	2	1	0	5	95	0	0	0	2
Feta	10	17	50	30	3.5	2	0	10	200	1	0	0	3
Shredded Cheddar	10	9	35	25	2.5	1.5	0	10	55	0	0	0	2
Shaved Parmesan	10	7	30	15	2	1.5	0	20	75	0	0	0	2
Black Olives	10	13	15	15	1.5	0	0	0	95	1	0	0	0
Banana Peppers	10	11	1	0	0	0	0	0	0	0	0	0	0

**Catering Sides**

Chicken Tenders	10	112	260	110	12	2	0	30	590	21	1	0	17
Small Breadstick	5	106	230	70	8	4	0	20	620	30	1	2	10
Large Breadstick	10	106	230	70	8	4	0	20	620	30	1	2	10
Chicken Wing 36 count	10	171	480	300	34	7	0	125	1230	11	0	0	30
Chicken Wing 50 count	15	159	460	290	32	7	0	115	1140	10	0	0	28

**Desserts**

Brownie Platter	10	99	360	140	16	4.5	0	0	220	44	0	21	6
Cookie Platter	10	85	350	68	7	5	0	15	240	50	2	20	2
Cookie & Brownie Platter	10	92	360	104	12	5	0	10	23	47	1	20	4



## Nutritional Information

**Gluten Free Pizza****Small****Portion is 1/6th of a Pizza**

	<b>Servings</b>	<b>Per Serving (g)</b>	<b>Calories (cal)</b>	<b>Fat Calories (cal)</b>	<b>Total Fat (g)</b>	<b>Saturated Fat (g)</b>	<b>Trans Fat (g)</b>	<b>Cholesterol (mg)</b>	<b>Sodium (mg)</b>	<b>Carbohydrate (g)</b>	<b>Fiber (g)</b>	<b>Sugars (g)</b>	<b>Protein (g)</b>
Cheese GF	6	63	140	65	7	3	0	20	370	13	0	3	6
Meat Combo GF	6	82	190	100	11	4.5	0	30	530	13	0	3	8
Pepperoni GF	6	69	150	80	8	3.5	0	20	440	13	0	3	6
Sausage Ricotta GF	6	97	220	120	13	6	0	35	480	16	0	5	9
Super Veggie GF	6	112	140	60	6	2.5	0	15	390	16	1	4	5
Works GF	6	102	170	90	10	4	0	25	430	15	1	3	8

**Toppings (Per Small Slice)**

Bacon	6	7	30	25	2.5	1	0	120	0	0	0	0	2
Banana Peppers	6	13	0	0	0	0	0	0	65	0	0	0	0
Black Olives	6	12	15	10	1.5	0	0	0	90	1	0	0	0
Broccoli	6	18	5	0	0	0	0	0	0	1	0	0	0
Capicola	6	4.5	7	0	0	0	0	0	60	0	0	0	1
Extra Cheese	6	8	25	15	2	1	0	5	75	0	0	0	2
Feta Cheese	6	9	25	20	2	1	0	5	110	0	0	0	2
Garlic	6	1.5	5	0	0	0	0	0	0	0	0	0	0
Green pepper	6	16	5	0	0	0	0	0	0	1	0	0	0
Hamburger	6	9	25	15	1.5	0.5	0	10	5	0	0	0	2
Jalapenos	6	7	0	0	0	0	0	0	95	0	0	0	0
Mushrooms	6	14	5	0	0	0	0	0	0	0	0	0	0
Onions	6	12	5	0	0	0	0	0	0	1	0	1	0
Pepperoni	6	6	30	25	3	1	0	5	105	0	0	0	1
Pineapple	6	14	10	0	0	0	0	0	0	2	0	2	0
Ricotta	6	17	30	20	2.5	1.5	0	10	15	1	0	1	2
Sausage	6	14	45	40	4	1.5	0	10	85	0	0	0	2
Sliced Tomato	6	19	5	0	0	0	0	0	0	1	0	0	0



## Nutritional Information

# INGREDIENTS

### Alfredo Sauce

Light Cream, Milk, Water, Grated Romano Cheese (Sheep's Milk, Cheese Rennet, Salt) Cornstarch, Butter(Cream, Salt), Cream Cheese (Pasteurized Milk and Cream, Cheese Culture, Salt, Carbo Bean Gum), 2% or less of Chicken Base (Chicken Meat, Salt, Chicken Fat, Dextrose, Sugar, Natural Flavor, Chicken Flavor [Chicken Fat, Flavor, Safflower Oil], Chicken Broth, Turmeric), Salt, Spices, Garlic, Pepper Sauce(Vinegar, Red Pepper, Salt), Canola Oil, Xanathan Gum      **Allergens: Milk**

### American Cheese

Skim Milk, American Cheese, (Milk, Cheese Cultures, Salt, Enzymes,). Palm oil, Casien (Milk Protein), Modified Food Starch, Sodium Citrate, Natural Flavor, Whey, Citric Acid, Sorbic Acid, (as a preservative), Anatto and Tumeric (color), Lecithin(Soy)      **Allergens: Milk, Soy**

### Asiago Cheese

Pasteurized milk, cheese cultures, salt, enzymes, potato starch, and powdered cellulose (to prevent caking), Natamycin (natural mold inhibitor)      **Allergens: Milk**

### Bacon

Cured with: water, salt, sugar, sodium phosphates, sodium erythorbate, sodium nitrate

### Balsamic Vinaigrette

Water, vinegar (balsamic, distilled), soybean oil, olive oil, sugar, salt, garlic, spices, rice starch, xanthan gum, red bell pepper, onion, calcium disodium & EDTA as a preservative      **Allergens: Soy**

### Banana Peppers

Water distilled vinegar, Salt, Sodium, Benzoate, Calcium Chloride, Yellow \$ 5 Natural Flavor

### Barbecue Sauce

Tomato paste, high fructose corn syrup, water, corn syrup, distilled vinegar, molasses, salt, mustard bran, natural hickory smoke flavor, spices, onion powder, sodium benzoate (0.1% as a preservative), caramel color, sugar, natural flavors

### Black Olives

Ripe olives, water, salt, and ferrous gluconate added to preserve color





## Nutritional Information

### Blue Cheese Dressing

Soybean oil, vinegar, blue cheese, corn syrup, egg yolk, water, salt, spices, propylene glycol alginate, onion, xanthan gum, garlic, dextrose, caramel, natural flavor

Allergens: Soy, Milk, Egg

### Bread Stick Seasoning

Romano (Romano cheese, pasteurized cheese cultures, salt, enzymes, imitation Romano cheese, (modified food starch, cellulose, soy oil, water, palm oil,) casein, natural flavoring, sodium casienate, sodium phosphate, lactic acid, sorbic acid, sodium alginate, artificial color, powdered cellulose added to prevent caking, potassium sorbate to preserve flavor, oregano Allergens: Milk, Soy

### Buffalo Sauce

Vinegar, aged cayenne red peppers, water, salt, soybean oil, natural flavor, xanthan gum, guar gum, DATEM, oleoresin paprika, paprika, sodium benzoate (preservative), garlic powder, and polysorbate 60 Allergens: Soy

### Buttermilk Ranch Dressing

Vegetable oil (soybean, canola), water, buttermilk, egg yolk, vinegar, food starch-modified, salt, monosodium glutamate, buttermilk solids, sugar, garlic, spices, xanthan gum, egg white, onion, citric acid, sorbic acid, calcium disodium EDTA to protect flavor, natural flavor Allergens: Soy, Milk, Egg

### Broccoli

Broccoli florets

### Caesar Dressing

Vegetable oil (soybean, canola), water, parmesan cheese, pasteurized milk, cheese culture, salt, egg yolk, lemon juice, anchovy paste, Worcestershire sauce, salt, garlic, xanthan gum, potassium sorbate and calcium disodium EDTA as preservatives, spice, onion Allergens: Soy, Milk, Eggs, Fish

### Capicola

Cured with: water, salt, sodium lactate, dextrose, spices, sodium phosphate, sodium erythorbate, flavorings, sodium nitrate

### Cheddar Cheese, Shredded

Pasteurized milk, cheese culture, salt, enzymes annatto (vegetable color), potato starch and powdered cellulose (to prevent caking), Natamycin (natural mold inhibitor). Microbial rennet Allergens: Milk



## Nutritional Information

### **Cheddar Cheese, Sliced**

Pasteurized milk, cheese culture, salt, enzymes    **Allergens: Milk**

### **Chicken Breast Grilled Sliced**

Boneless, skinless, chicken with rib meat, water, Contains 2% or less of the following: Maltodextrin, modified food starch, dextrose, salt, garlic powder, potassium phosphates, onion powder, dehydrated soy sauce (wheat, soybeans, salt), soybean oil, potassium chloride, yeast extract, food starch, carboxymethyl cellulose, lactic acid, caramel color, disodium inosinate, disodium guanylate, xanthan gum, flavors(including smoke flavor), grill flavor( from sunflower oil), deactivated yellow mustard, dehydrated onion, gum arabic, spice extractives    **Allergens: Soy, Wheat**

### **Chicken Breast Strips**

Chicken breast tenderloin, water, seasoning (modified potato starch, nonfat dry milk), salt, sugar, sodium caseinate and reduced lactose whey, soy lecithin  
**Allergens: Milk, Soy**

### **Chicken Tenders (Breaded)**

Containing up to 22% solution of water, modified food starch, soy protein concentrate, sodium phosphates, salt. Breaded with: wheat flour, water, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine, mononitrate, riboflavin, folic acid), contains 2% or less of salt, wheat gluten, spices, dextrose, onion powder, paprika, dried egg whites, dried whey, wheat starch, extractives of paprika, leavening (sodium bicarbonate, sodium aluminum phosphate, monocalcium phosphate, sodium acid pyrophosphate) Breeding set in vegetable oil    **Allergens: Egg, Milk, Soy, Wheat**

### **Chicken Wings, bone in (Breaded)**

Chicken Wings bone in, (1st and 2nd sections, water, seasonings, (enriched flour wheat flour, niacin, riboflavin, iron, thiamine mononitrate, and folic acid], salt, monosodium glutamate red pepper, spice and natural spice extractives, sodium phosphates, and salt, breaded with wheat flour, salt, modified food starch, monosodium glutamate, soy flour, spices, dextrose, paprika, soybean oil, onion powder, garlic powder extractives of paprika, natural flavor    **Allergens: Soy, Wheat**

### **Cinnamon Stick Icing**

Sugar, water, corn syrup, stearic acid, artificial color, agar, salt, potassium, sorbate (preservative), guar gum, pectin, dextrose, sodium, hexametaphosphate, natural & artificial flavor



## Nutritional Information

### Croutons

High Protein wheat flour, rye flour, soy oil, water, rye meal, garlic, salt, yeast, caraway, ascorbic acid, soy lecithin      **Allergens:** Wheat, Soy

### Feta Cheese

Feta cheese pasteurized skim milk, salt, enzymes, calcium chloride      **Allergens:** Milk

### Fettuccine

Semolina, Water, Eggs, Salt, Beta Carotene      **Allergens:** Eggs, Wheat

### French Fry

Potatoes, vegetable oil (contains one or more of the following oils: canola, soybean, cottonseed, sunflower, corn), dextrose, sodium acid pyrophosphate added to preserve natural color

### Fresh Baked Pocket

Wheat flour, dry yeast, salt, water, soybean oil, semolina      **Allergens:** Wheat, Soy

### Garlic

Natural garlic, water, phosphoric acid

### Greek Dressing

Soybean Oil, Water, Vinegar (Cider, Red Wine), Contains less than 2% of: Parmesan Cheese (Cultured Milk, Salt, Enzymes), Salt, Sugar, Garlic, Onion, Spices, Monosodium Glutamate, Xanthan Gum, Lemon Juice Concentrate      **Allergens:** Soy, Milk

### Green Bell Peppers

Sliced, raw bell peppers

### Hamburger

Fresh beef: chuck, round, sirloin blend

## Nutritional Information

### Hamburger Bun

Enriched unbleached flour (wheat flour, malted barley flour, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), water, yeast, may contain 2% or less of each of the following: sugar, salt, vital wheat gluten, soybean oil, dough conditioners (sodium stearoyl lactylate, potassium bromate, ascorbic acid, L-cysteine, enzymes), sesame seeds, calcium propionate (to retard spoilage) **Allergens: Soy, Wheat - contains sesame**

### Honey Mustard Dressing

Soybean oil, vinegar, Dijon mustard (distilled vinegar and water, mustard seed, salt, white wine, citric acid, tartaric acid, spices), honey, invert syrup, egg yolk, corn syrup, prepared mustard (water, vinegar, mustard seed, salt, tumeric, spices), sugar, salt, water, sodium benzoate, calcium disodium EDTA as preservatives, spice, xanthan gum, natural flavor, annatto **Allergens: Soy, Egg**

### Hot Dog

Beef and pork, water, corn syrup, salt, potassium lactate, flavorings, dextrose, sodium diacetate, ascorbic acid (vitamin c), oleoresin of paprika, ascorbic acid, and sodium nitrate

### Long Hot Dog Roll

Ingredients: Enriched wheat flour, (flour, malted barley flour, reduced iron, niacin, thiamin mononitrate, (Vitamin B1), riboflavin (Vitamin B2), folic acid, water, high fructose corn syrup, yeast, wheat gluten, soybean oil, salt, calcium propionate(preservative), monoglycerides, DATEM, grain vinegar, calcium sulphate, citric acid, potassium iodate, soy lecithin **Allergens: Wheat, Soy**

### Hot Peppers

Peppers, water, distilled vinegar, salt, calcium chloride, natural flavors, xanthan gum, guar gum, sodium benzoate as a preservative

### Italian Romano Dressing

Soybean oil vinegar, water, Romano cheese(cultured milk, salt, (contains less than 2%) sugar, garlic, xanthan gum, onion, lemon juice concentrate, red bell peppers, dextrose, spice paprika, annatto **Allergens: Soy, Milk**

### Jalapenos

Jalapeno peppers, water, vinegar, salt, calcium chloride, sodium benzoate (preservative), natural flavors, yellow # 5, sodium metabisulphate

### Ketchup

Tomato concentrate made from red ripe tomatoes, distilled vinegar, high fructose corn syrup, corn syrup, salt, onion powder, spice, natural flavoring



## Nutritional Information

### **Lettuce (Sandwiches)**

Iceberg Lettuce

### **Linguica**

pork, water, vinegar, nonfat dried milk, salt, paprika, spices, garlic, sodium nitrite. **Allergen: Milk**

### **Liquid Margarine**

Liquid and fully hydrogenated soybean oil, salt, soy lecithin, natural and artificial flavor, beta carotene, TBHQ and citric acid added to protect flavors, dimethylpolysiloxane **Allergen: Soy**

### **Lite Olive Oil Balsamic Vinaigrette**

Water, vinegar (balsamic, distilled), soybean oil, olive oil, sugar, salt, garlic, spices, rice starch, xanthan gum, red bell pepper, onion, calcium disodium EDTA as a preservative **Allergen: Soy**

### **Lobster**

100% lobster meat **Allergen: Shellfish**

### **Lobster Salad**

Mayonnaise bound Lobster Salad, 100% lobster meat, mayonnaise, Soybean oil, egg yolk, distilled vinegar, corn syrup, water, salt, spice, and lemon juice concentrate **Allergen: Shellfish, Soy, Egg**

### **Mac & Cheese**

Cooked Elbow Macaroni (Water, Semolina, Egg Whites, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes), Light Cream, Whey, Contains 2% or less of: Whey Protein Concentrate, Wheat Flour, Modified Corn & Tapioca Starch, Butter (Cream, Salt), Sodium Citrate, Lactic Acid, Skim Milk, Milkfat, Yeast Extract, Oleoresin Paprika & Annatto (For Color), Nisin Preparation and Salt **Allergen: Wheat, Egg, Milk**





## Nutritional Information

### **Marinara**

Tomatoes, corn oil, corn syrup, onions, salt, garlic puree, spices, parsley, xanthan gum, oleoresin capsicum, may contain citric acid

### **Mayonnaise**

Soybean oil, egg yolk, distilled vinegar, corn syrup, water, salt, spice, and lemon juice concentrate     **Allergens: Soy, Egg**

### **Meatballs**

Pork, Beef, Water, Soy Protein Concentrate, Seasoning (nonfat dry milk, salt, granulated onion and garlic, spices, sodium phosphate, caramel color, parsley flakes, silicon dioxide), Egg Whites, Breadcrumbs (unbleached wheat flour, salt, yeast), Romano Cheese (Pasteurized Part-Skim Cow's Milk, Cheese Cultures, Salt, Enzymes), Soy Lecithin     **Allergens: Soy, Wheat, Egg, Milk**

### **Mortadella**

Pork, pork fat, water, beef hearts, salt, flavorings (hydrolyzed soy protein and hydrolyzed whey protein), corn syrup, spices, sugar, dextrose, sodium erythorbate, garlic, sodium nitrite     **Allergen: Soy**

### **Mozzarella Sticks**

Mozzarella Cheese (Pasteurized Part-Skim Milk, Cultures, Salt, Enzymes), Bleached Wheat Flour, Water, Yellow Corn Flour, Modified Food Starch, Salt, Dextrose, Whey, Soybean Oil, Parmesan And Romano Cheese (Part Skim Cow's Milk, Cheese Cultures, Salt, Enzymes), Sugar, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Spices (Including Mustard), Parsley, Yeast, Garlic Powder, Guar Gum, Onion Powder, Disodium Inosinate And Disodium Guanylate, Disodium Phosphate, Natural Flavor, Extractives of Paprika And Annatto, Not More Than 2% Sodium Silico Aluminate Added To Prevent Caking     **Allergens: Soy, Wheat, Eggs, Milk**

### **Mushrooms**

Fresh sliced white mushrooms

### **Mustard**

Distilled vinegar, water, Mustard seed, salt, Mustard bran, turmeric, paprika



## Nutritional Information

### **Parmesan Cheese**

Pasteurized part-skim milk, milk, salt, cheese culture, enzymes, [potato starch and powdered cellulose (to prevent caking), Natamycin (natural mold inhibitor)]. Aged 10 months or more    **Allergen: Milk**

### **Penne**

Semolina, ferrous sulfate, niacin, thiamin, mononitrate, riboflavin    **Allergen: Wheat, Egg (not ingredient, plant processes egg)**

### **Pepperoni**

Pork, beef, salt, natural flavorings, water, dextrose, lactic acid starter culture, oleoresin of paprika, dehydrated garlic, sodium nitrate, BHA, BHT, citric acid

### **Pickles**

Cucumbers, water, distilled vinegar, salt, calcium chloride, sodium benzoate (preservative) propylene glycol, polysorbate 80, natural flavoring and yellow 5 (coloring).

### **Pineapple Tidbits**

Pineapple, water, sugar, citric acid

### **Pizza Cheese**

Mozzarella cheese (pasteurized milk, cultures, salt, enzymes), Aged cheddar cheese (pasteurized milk, cultures, salt, enzymes), romano cheese (sheeps milk, rennet, salt), oregano, natural flavors, salt, sodium citrate, sodium propionate    **Allergen: Milk**

### **Pizza Crust**

Wheat flour, dry yeast, salt, water, soybean oil    **Allergen: Wheat, Soy**

### **Pizza Sauce**

Tomatoes, salt, black pepper, oregano, garlic powder, citric acid

### **Provolone Cheese**

Cultured pasteurized milk, enzymes, salt    **Allergen: Milk**



## Nutritional Information

### **Ravioli Pasta**

Filling: Ricotta Cheese, (Why, Milk, Vinegar, Salt, Carrageenan, Vitamin A Palmitate), Pecorino Romano Cheese (Sheeps Milk, Cheese Rennet, Salt), Bread Crumbs (Wheat Flour, Dextrose, Yeast, Salt), Light Cream, Milk, Eggs, 2% or less of Salt, Spices, Modified Cornstarch, Carrageenan, Garlic, Canola Oil. Pasta: Semolina, Water, Eggs, Beta Carotene **Allergens: Wheat, Egg, Milk**

### **Red Onions**

Onion

### **Red Wine Vinegar**

Red wine vinegar dilute with water to 5% acidity, sulphur dioxide added to wine to protect color **Ricotta Cheese**

Whey, milk, vinegar, xanthan gum, locust bean gum, guar gum (stabilizers) **Allergens: Milk**

### **Romaine Lettuce**

100 % Romaine Leaf

### **Romano Cheese**

Romano cheese, pasteurized cow's milk, cheese cultures, salt, enzymes, imitation Romano cheese ( modified food starch, cellulose, soy oil, water, palm oil), casein, natural flavoring, sodium casinate, sodium phosphate, lactic acid, sorbic acid, sodium alginate artificial color, powdered cellulose added to prevent caking, potassium sorbate to preserve flavor, oregano **Allergen: Milk, Soy**

### **Salami**

Pork, beef, salt, water, corn syrup, dextrose, sugar, wine, flavorings, sodium erythorbate, sodium nitrate, lactic acid starter culture, sodium nitrate, garlic

### **Sausage Pizza Topping**

Pork, water, corn syrup solids, salt, spices, dextrose, paprika, garlic, lemon juice powder (corn syrup solids, lemon juice, lemon oil), flavorings, BHA, BHT, citric acid

### **Semolina**

Semolina, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid



## Nutritional Information

### Special Sauce/ Thousand Island Dressing

Soybean oil, Chili sauce (tomatoes, corn syrup, vinegar, salt, spices, natural flavors, garlic powder, citric acid), Vinegar, Corn syrup, Water, Pickle relish, (cucumbers, high fructose corn syrup, vinegar, sugar, salt, mustard seed, dried red bell pepper, water, xanthan gum), Egg yolk, contains less than 2% of : salt, spices, propylene glycol alginate, Onion, Sodium benzoate, and Calcium disodium EDTA as preservative, Xanthan gum, Garlic, Paprika, Red Bell pepper **Allergens: Egg, Soy**

### Spicy Red Chile Sauce

High fructose corn syrup, vinegar, sugar, chili, chili sauce (red chili, wine vinegar, sugar, salt, garlic, acetic acid, lactic acid, red chili powder, xanthan gum), aged cayenne pepper, salt, modified food starch, contains less than 2% of water, soybean oil, wheat, soybeans(soy), garlic, chicken base [chicken meat including natural chicken juices, salt, sugar, chicken fat, hydrolyzed (corn and wheat gluten, soy) proteins, dried whey (Milk), maltodextrin, natural flavors, partially hydrogenated cottonseed and soybean oil, corn oil, disodium inosinate and disodium guanylate, yeast extract, lactic acid, natural extractives of tumeric and annatto], spices, red bell pepper, potassium sorbate and sodium benzoate as preservatives,, xanthan gum, sodium bisulfate, paprika **Allergens: Soy, Milk, Wheat**

### Steak

100% sirloin steak

### Sub Roll

Enriched unbleached flour (wheat flour, malted barley flour, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), water, contains 2% or less of the following: yeast, soybean oil, salt, sugar, vital wheat gluten, dough conditioner (ascorbic acid, enzymes), degerminated yellow cornmeal, calcium propionate [to retain freshness]. May contain sesame seeds **Allergens: Wheat, Soy**

### Sweet Teriyaki Sauce

High fructose corn syrup, soy sauce (water, wheat, soybeans, salt), sugar, vinegar (distilled, rice), modified food starch, water, contains less than 2% of: sesame seeds soybean oil, pineapple juice concentrate, spices, salt, sodium acid, sulfate, potassium sorbate and sodium benzoate as a preservative, garlic, xanthan gum, caramel color, onion **Allergens: Wheat, Soy - contains sesame**

### Tomatoes

Fresh sliced tomatoes



## Nutritional Information

### **Tuna**

Chunk yellowfin, spring water, salt, vegetable broth, pyrophosphate    **Allergen: Fish**

### **Tuna Salad**

Tuna (chunk yellowfin), water, salt, and additives (if not disallowed) mayonnaise (soybean oil, egg yolks, distilled vinegar, corn syrup, water, salt, spice and lemon juice concentrate, calcium disodium EDTA added to protect flavor    **Allergens: Fish, Soy, Egg**

### **Turkey Breast**

Turkey breast, turkey broth, 2% or less of dextrose, salt, sodium phosphate, browned in soybean oil    **Allergen: Soy**

### **Udi's Gluten Free Crust**

Water, tapioca starch, brown rice flour, non-GMO canola oil, egg whites, dried cane syrup, tapioca syrup, tapioca maltodextrin, salt, xanthan gum, yeast, cultured corn syrup solids and citric acid (natural mold inhibitor), enzymes    **Allergen: Egg**

### **Vegetable Oil**

Blend of Canola and Olive Oil

### **White Onions**

Onions





## Nutritional Information

	Wheat	Eggs	Milk	Soy	Peanuts	Tree nuts	Fish	Shellfish
<b>Sides One Size</b>								
BBQ Chicken Tender	x	x	x	x				
Buffalo Chicken Tender	x	x	x	x				
Chicken Tender	x	x	x	x				
French Fries				x				
Mozzarella Sticks	x		x	x				
<b>Baskets</b>								
Hot Dog & Fries	x	x	x	x				
Plain Tenders & Fries	x	x	x	x				
Buffalo Tenders & Fries	x	x	x	x				
BBQ Tenders and Fries	x	x	x	x				
Plain Wings and Fries	x			x				
Buffalo Wings & Fries	x			x				
BBQ Wings & Fries	x			x				

(\*)- French Fries are cooked in oil that also cooks breaded items



## Nutritional Information

	Wheat	Eggs	Milk	Soy	Peanuts	Tree nuts	Fish	Shellfish
<b>Small Traditional Thin Crust Pizza</b>								
<b>Portion is 1/6th of a Pizza</b>								
Boss BBQ Chicken	x		x	x				
Cheese	x		x	x				
Crispy Buffalo Chicken/Blue Cheese	x	x	x	x				
Crispy Buffalo Chicken/Ranch	x	x	x	x				
Meat Combo	x		x	x				
Pepperoni	x		x	x				
Sausage Ricotta	x		x	x				
Super Veggie	x		x	x				
Works	x		x	x				
Mac n Cheese	x		x	x				
Buffalo Mac n Cheese	x	x	x	x				
Chicken Bacon Ranch	x	x	x	x				

**Large Traditional Thin Crust Pizza****Portion is 1/8th of a Pizza**

Boss BBQ Chicken	x		x	x				
Cheese	x		x	x				
Crispy Buffalo Chicken/Blue Cheese	x	x	x	x				
Crispy Buffalo Chicken/Ranch	x	x	x	x				
Meat Combo	x		x	x				
Pepperoni	x		x	x				
Sausage Ricotta	x		x	x				



## Nutritional Information

	Wheat	Eggs	Milk	Soy	Peanuts	Tree nuts	Fish	Shellfish
<b>Large Traditional Thin Crust Pizza (cont'd)</b>								
<b>Portion is 1/6th of a Pizza</b>								
Super Veggie	x		x	x				
Works	x		x	x				
Mac n Cheese	x		x	x				
Buffalo Mac n Cheese	x	x	x	x				
Chicken Bacon Ranch	x	x	x	x				
<b>Extra Large Traditional Thin Crust Pizza</b>								
<b>Portion is 1/8th of a Pizza</b>								
Boss BBQ Chicken	x		x	x				
Cheese	x		x	x				
Crispy Buffalo Chicken/Blue Cheese	x	x	x	x				
Crispy Buffalo Chicken/Ranch	x	x	x	x				
Meat Combo	x		x	x				
Pepperoni	x		x	x				
Sausage Ricotta	x		x	x				
Super Veggie	x		x	x				
Works	x		x	x				
Mac n Cheese	x		x	x				
Buffalo Mac n Cheese	x	x	x	x				
Chicken Bacon Ranch	x	x	x	x				



## Nutritional Information

	Wheat	Eggs	Milk	Soy	Peanuts	Tree nuts	Fish	Shellfish
<b>X-Large Large Traditional Thin Crust Pizza (Mass Pike Locations)</b>								
<b>Portion is Single Slice of Pizza</b>								
Breakfast Egg & Cheese	x	x	x	x				
Breakfast Bacon Egg & Cheese	x	x	x	x				
Breakfast Sausage Egg & Cheese	x	x	x	x				
Breakfast Veggie Egg & Cheese	x	x	x	x				
Boss BBQ Chicken	x		x	x				
Cheese	x		x	x				
Crispy Buffalo Chicken/Blue Cheese	x	x	x	x				
Crispy Buffalo Chicken/Ranch	x	x	x	x				
Meat Combo	x		x	x				
Pepperoni	x		x	x				
Sausage Ricotta	x		x	x				
Super Veggie	x		x	x				
Works	x		x	x				
Mac n Cheese	x		x	x				
Buffalo Mac n Cheese	x	x	x	x				
Chicken Bacon Ranch	x	x	x	x				

**Individual Pizza Slices****Portion is Single Slice of Pizza**

Pepperoni	x		x	x				
Cheese	x		x	x				



## Nutritional Information

	Wheat	Eggs	Milk	Soy	Peanuts	Tree nuts	Fish	Shellfish
<b>Toppings</b>								
Bacon								
Banana Peppers								
Black Olives								
Broccoli								
Capicola								
Chicken Breast	x			x				
Chicken Tenders	x		x	x				
Extra Cheese			x					
Feta			x					
Garlic								
Green Peppers								
Hamburger								
Jalapeños								
Meatball	x	x	x	x				
Mushrooms								
Onions								
Pepperoni								
Pineapple								
Ricotta			x					
Sausage								
Sliced Tomato								
<b>Entrée Salads (no dressing)</b>								
Caesar	x		x	x				
Garden	x			x				

[illegible]





## Nutritional Information

	Wheat	Eggs	Milk	Soy	Peanuts	Tree nuts	Fish	Shellfish
<b>Pasta Entrées</b>								
Papa Platter Penne	x	x	x	x				
Papa Platter Fettuccine	x	x	x	x				
Papa Platter Spaghetti	x	x	x	x				
Penne	x							
Spaghetti	x							
Penne Alfredo	x		x					
Penne Alfredo Chicken Broccoli	x		x	x				
Spaghetti Alfredo	x		x					
Spaghetti Alfredo Chicken Broccoli	x		x	x				
Ravioli	x	x	x					
Fettuccine Marinara	x	x						
Fettuccine & Meatballs	x	x	x	x				
Penne & Meatballs	x	x	x	x				
Spaghetti & Meatballs	x	x	x	x				
Fettuccine Alfredo Chicken Broccoli	x	x	x	x				
Fettuccine Alfredo	x	x	x					
Fettuccine Chicken Parm	x	x	x	x				
Spaghetti Chicken Parm	x		x	x				
Mac & Cheese	x		x	x				
Buffalo Mac & Cheese	x	x	x	x				
Bacon Mac n Cheese	x		x	x				
Penne Chicken Parm	x		x	x				



## Nutritional Information

	Wheat	Eggs	Milk	Soy	Peanuts	Tree nuts	Fish	Shellfish
<b>Sides</b>								
Meatballs (2)	x	x	x	x				
<b>Subs</b>								
BLT	x	x	x	x				
Italian	x		x	x				
Meatball	x	x	x	x				
Meatball Parm	x	x	x	x				
Tuna	x	x		x			x	
Turkey	x			x				
Turkey Club	x	x		x				
Chicken Breast Filet	x	x	x	x				
Chicken Parm	x	x	x	x				
Garden Salad w/ Lobster		x		x				x
Lobster, Roll (includes roll) Sm.	x	x		x				x
Lobster, Roll (includes roll) Med.	x	x		x				x
Lobster, Roll (includes roll) Lge.	x	x		x				x



## Nutritional Information

	Wheat	Eggs	Milk	Soy	Peanuts	Tree nuts	Fish	Shellfish
<b>Pockets</b>								
BLT	x	x	x	x				
Chicken Caesar	x	x	x	x			x	
Chicken Cutlet	x	x	x	x				
Chicken Parm	x	x	x	x				
Italian	x		x	x				
Meatball	x	x	x	x				
Meatball Parm	x	x	x	x				
Tuna	x	x	x	x			x	
Turkey	x			x				
Turkey Club	x	x		x				
<b>Subs (grilled)</b>								
Steak	x			x				
Steak & Cheese	x		x	x				
Super Steak	x		x	x				
<b>Hot Sandwiches (grilled)</b>								
Chicken Parm	x	x	x	x				
<b>Pockets (grilled)</b>								
Hot Veggie	x	x	x	x				
Hot Veggie no Cheese	x							
Steak	x							
Steak & Cheese	x		x	x				
Super Steak	x		x	x				



## Nutritional Information

	Wheat	Eggs	Milk	Soy	Peanuts	Tree nuts	Fish	Shellfish
<b>Burgers</b>								
Hamburger	x			x				
Hamburger with fries	x			x				
Dble. Hamburger	x			x				
Dble. Hamburger with fries	x			x				
Cheese Burger	x		x	x				
Cheese Burger with fries	x		x	x				
Double Cheese Burger	x		x	x				
Double Cheese Burger with fries	x		x	x				
Classic	x	x	x	x				
Classic with fries	x	x	x	x				
Dble. Classic	x	x	x	x				
Dble. Classic with fries	x	x	x	x				
Bacon Cheddar	x	x	x	x				
Bacon Cheddar with fries	x	x	x	x				
Dble. Bacon Cheddar	x	x	x	x				
Dble. Bacon Cheddar with fries	x	x	x	x				
Mushroom Cheddar Burger	x	x	x	x				
Mushroom Cheddar Burger w/fries	x	x	x	x				
Dble. Mushroom Cheddar Burger	x	x	x	x				
Dble. Mushroom Cheddar Burger w/fries	x	x	x	x				
Add Fries				x				
<b>Breads &amp; Toppings</b>								
American Cheese small				x				
American Cheese larg				x				
Cheddar Cheese				x				
Provolone Cheese small				x				
Provolone Cheese large				x				



## Nutritional Information

	Wheat	Eggs	Milk	Soy	Peanuts	Tree nuts	Fish	Shellfish
<b>Breads &amp; Toppings (cont'd)</b>								
Hot Peppers								
Mayonnaise		x		x				
Onions								
Pickles								
Fresh Baked Pocket	x			x				
7" Hot dog roll	x			x				
Sub Roll/large	x			x				
Sub Roll/small	x			x				
Green Bell Pepper								
Tomato								
<b>Chicken Wings One Size</b>								
Plain	x			x				
Buffalo	x			x				
BBQ	x			x				
Teriyaki	x		x	x				
Sweet Red Chili	x		x	x				
<b>Pasta Catering Trays 8-10</b>								
Penne Marinara	x							
Spaghetti Marinara	x	x						
Fettuccine Marinara	x	x						
Chicken Parm Penne	x	x	x	x				
Chicken Parm & Fettuccine	x	x	x	x				
Chicken Parm & Spaghetti	x		x	x				
Three Cheese Ravioli	x	x	x					
Fettuccine & Meatballs	x	x	x	x				
Penne & Meatballs	x	x	x					
Spaghetti & Meatballs	x	x	x	x				



## Nutritional Information

	Wheat	Eggs	Milk	Soy	Peanuts	Tree nuts	Fish	Shellfish
<b>Pasta Catering Trays 8-10 (cont'd)</b>								
Penne Chicken Broccoli Alfredo	x		x	x				
Fettuccine Chicken Broccoli Alfredo	x	x	x	x				
Spaghetti Chicken Broccoli Alfredo	x		x	x				
Meatballs	x		x	x				
Bacon Mac n Cheese	x		x	x				
Mac & Cheese	x	x	x	x				
Buffalo Mac & Cheese	x	x	x	x				
Caesar Salad	x	x	x	x			x	
Garden Salad	x							
<b>Catering Salad Add-Ons</b>								
Grilled Chicken	x		x	x				
Bacon								
Feta			x					
Shredded Cheddar			x					
Shaved Parmesan			x					
Black Olives								
Banana Peppers								
<b>Sandwiches</b>								
Sandwich Box	x	x	x	x			x	
<b>Gluten-Free Pizza (small)</b>								
<b>Portion is 1/6th of a Pizza</b>								
Cheese GF		x	x					
Meat Combo GF		x	x					
Pepperoni GF		x	x					
Sausage Ricotta GF		x	x					



## Nutritional Information

	Wheat	Eggs	Milk	Soy	Peanuts	Tree nuts	Fish	Shellfish
<b>Gluten-Free Pizza (small)</b>								
Super Veggie GF		x	x					
Works GF		x	x					
<b>Gluten-Free Pizza (medium)</b>								
<b>Portion is 1/8th of a Pizza</b>								
Cheese GF		x	x					
Meat Combo GF		x	x					
Pepperoni GF		x	x					
Sausage Ricotta GF		x	x					
Super Veggie GF		x	x					
Works GF		x	x					
<b>Gluten-Free</b>								
Bacon								
Banana Peppers								
Black Olives								
Broccoli								
Capicola								
Extra Cheese			x					
Feta Cheese			x					
Garlic								
Green Peppers								
Hamburger								
Jalapeños								
Mushrooms								
Onions								
Pepperoni								
Pineapple								
Ricotta			x					
Sausage								
Tomatoes								