

## KATHERINE S. ZEE

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<https://kzee.github.io>

### EDUCATION

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#### Columbia University

PhD in Psychology	Expected 2021
MPhil in Psychology	2018
MA in Psychology	2016

#### Columbia University

BA in Psychology, <i>magna cum laude</i>	2012
Phi Beta Kappa	
Departmental Honors in Psychology	

### ADDITIONAL TRAINING

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Structural Equation Modeling Workshop Instructors: Dr. Patrick Curran & Dr. Daniel Bauer	2020
Social Psychological Interventions, Summer Institute in Social and Personality Psychology Instructors: Dr. David Sherman & Dr. Jeffrey Fisher	2017
Dynamical Systems Modeling Workshop, Modern Modeling Methods Conference Instructor: Dr. Steven Boker	2017

### FELLOWSHIPS

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Ruth L. Kirschstein Predoctoral National Research Service Award (F31), National Institutes of Health	2019 – 2020
Teaching Scholars Fellowship, Columbia University	2019 – 2020
Elaine H. and Clarence H. Graham Fellowship, Columbia University	2018
National Science Foundation Graduate Research Fellowship	2014 – 2017
Dean's Fellowship, Graduate School of Arts and Sciences, Columbia University	2014 – 2019

### AWARDS & GRANTS

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Graduate Paper Award, Relationship Researchers Interest Group, SPSP	2019, 2021
Presidential Teaching Award, Columbia University (3 winners out of >400 nominations)	2019
Heritage Dissertation Award, Society for Personality and Social Psychology (SPSP) (\$2000)	2019
Dissertation Research Grant, Society of Multivariate Experimental Psychology (\$4800)	2019
PEO Scholar Award	2019
Behavioral Research Lab Grant, Columbia Business School (\$1000)	2018
Graduate School of Arts and Sciences Travel Award, Columbia University	2018
Graduate Poster Award Winner, Society for Personality and Social Psychology	2017

Workshop Travel Award, Society of Multivariate Experimental Psychology	2017, 2019
Graduate Student Advisory Council Travel Award, Columbia University	2016
Behavioral Research Lab Grant, Columbia Business School (\$475)	2016
Richard Christie Award in Social Psychology, Columbia University (\$1000)	2016
Graduate Poster Award Runner-Up, Society for Personality and Social Psychology	2016
Graduate Travel Award, Society for Personality and Social Psychology	2016
Psychology Department Travel Award, Columbia University	2014 – 2019
Stanford Conference Prize Honorable Mention	2013

## RESEARCH INTERESTS

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Interpersonal relationships, self-regulation and motivation, goals, emotion, stress, psychophysiology, individual differences, lifespan development, dynamical systems, statistical methods

## PUBLICATIONS

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- Zee, K. S.,** Bolger, N., & Higgins, E. T. (2020). Regulatory effectiveness of social support. *Journal of Personality and Social Psychology*. Advance online publication.  
 \*\*\*Winner: Graduate Paper Award, Relationship Researchers Interest Group, SPSP
- Rossignac-Milon, M., Bolger, N., **Zee, K. S.,** Boothby, E., & Higgins, E. T. (2020). Merged minds: Generalized shared reality in dyadic relationships. *Journal of Personality and Social Psychology*. Advance online publication.
- Uchino, B. N., Landvatter, J., **Zee, K. S.,** & Bolger, N. (2020). Social support and antibody responses to vaccination: A meta-analysis. *Annals of Behavioral Medicine*, 54, 567–574.
- Zee, K. S.,** & Bolger, N. (2020). Using coupled oscillators to examine physiological coregulation during social support interactions. *Multivariate Behavioral Research*, 55, 157-158.
- Zee, K. S.,** & Kumashiro, M. (2019). Investigating mechanisms of social support effectiveness: The case of locomotion motivation. *Personal Relationships*, 26, 654–679.
- Zee, K. S.,** & Weiss, D. (2019). High-quality relationships strengthen the benefits of a younger subjective age across adulthood. *Psychology and Aging*, 34, 374–388.
- Bolger, N., & **Zee, K. S.** (2019). Heterogeneity in temporal processes: Implications for theories in health psychology. *Applied Psychology: Health & Well-being*, 11, 198-201.
- Zee, K. S.,** & Bolger, N. (2019). Visible and invisible social support: How, why, and when. *Current Directions in Psychological Science*, 28, 314-320.
- Bolger, N., **Zee, K. S.,** Rossignac-Milon, M., & Hassin, R. R. (2019). Causal processes in psychology are heterogeneous. *Journal of Experimental Psychology: General*, 148, 601-618.
- Zee, K. S.,** Cavallo, J. V., Flores, A. J., Bolger, N., & Higgins, E. T. (2018). Motivation moderates the effects of social support visibility. *Journal of Personality and Social Psychology*, 114, 735-765.  
 \*\*\*Winner: Graduate Student Paper Award, Relationship Researchers Interest Group, SPSP

Cavallo, J. V., **Zee, K. S.**, Higgins, E. T. (2016). Giving what is needed: Regulatory mode orientations and social support provision. *Personality and Social Psychology Bulletin*, 42, 1111-1128.

## **PAPERS IN REVISION**

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**Zee, K. S.**, & Bolger, N. (in revision). Physiological coregulation during social support interactions. Revise and resubmit at *Emotion*. Preprint: <https://psyarxiv.com/83hpa>

## **PAPERS IN PREPARATION**

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<sup>+</sup> Undergraduate mentee

**Zee, K. S.**, & Bolger, N. (in preparation). Heterogeneity in dyadic interaction and implications for self-regulation.

**Zee, K. S.**, & Bolger, N. (in preparation). Increasing precision in meta-analytic estimates by modeling variability due to outcomes.

Cavallo, J. V., **Zee, K. S.**, & Higgins, E. T. (in preparation). Tailoring help to fit: Why motivation matters for effective social support.

Leach, C. W., **Zee, K. S.**, Kenny, D. A., & Cidam, A. (in preparation). Difficulties in distinguishing correlated constructs: The example of guilt and shame.

<sup>+</sup>Paek, J., **Zee, K. S.**, Fitzsimons, G. M., & Higgins, E. T. (under review). Congratulations, so happy for you! Motivation predicts social support for positive events.

Turetsky, K. M. & **Zee, K. S.** (in preparation). Toward a unified perspective on the effect of stress on relationships.

## **INVITED TALKS**

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Economics and Strategic Management, Rady School of Management, UC San Diego (2020)

Management and Organizations, Stern School of Business, New York University (2020)

Quantitative Developmental Systems Methodology Core, Penn State University (2020)

Psychology Department, Rutgers, The State University of New Jersey (2020)

West Interpersonal Perception Lab (PI: Tessa West), New York University (2019)

Summer Institute for Social and Personality Psychology, University of Southern California (2017)

Close Relationships Pre-Conference, Four Colleges Conference, Yale University (2016)

## **CONFERENCE TALKS (SELECTED)**

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**Zee, K. S.**, Bolger, N., & Higgins, E. T. (anticipated 2021, February). *Regulatory Effectiveness of Social Support*. Graduate Student Paper Award address, Close Relationships Pre-Conference, Society for Personality and Social Psychology.

- Zee, K. S., & Bolger, N.** (2020, February). *Physiological coregulation during social support interactions*. Talk presented at the Emotion Pre-Conference, Society for Personality and Social Psychology, New Orleans, LA.
- Zee, K. S., Cavallo, J. V., Flores, A. J., Bolger, N., & Higgins, E. T.** (2019, February). *Motivation moderates the effects of social support visibility*. Graduate Student Paper Award address, Close Relationships Pre-Conference, Society for Personality and Social Psychology, Portland, OR.
- Zee, K. S., & Bolger, N.** (2019, February). *Leveraging between-dyad variability to examine “good” vs. “bad” emotional covariation*. Paper presented at the annual meeting of the Society for Personality and Social Psychology, Portland, OR.
- Zee, K. S., Bolger, N., & Higgins, E. T.** (2018, May). *Distinguishing relational benefits and regulatory benefits of social support*. Paper presented at the annual meeting of the Association for Psychological Science, San Francisco, CA.
- Zee, K. S., & Bolger, N.** (2018, April). *Social support and physiological covariation in romantic partner dyads*. Flash talk presented at the Emotions in Social Relationships: Parents, Peers, and Partners Pre-Conference of the Society for Affective Science, Los Angeles, CA.
- Zee, K. S., Bolger, N., & Higgins, E. T.** (2018, March). *Regulatory Effectiveness of Social Support*. Blitz talk presented at the annual meeting of the Society for Personality and Social Psychology, Atlanta, GA.
- Zee, K. S., Higgins, E. T., & Bolger, N.** (2017, May). *Perceptions of warmth and competence predict social support seeking*. Paper presented at the annual meeting of the Five Colleges Conference, New York, NY.
- Zee, K. S., Cavallo, J. V., Flores, A. J., Bolger, N., & Higgins, E. T.** (2016, July). *The “When”: The benefits of invisible support depend on recipient motivation*. Paper presented at the International Association for Relationships Research meeting, Toronto, ON.
- Zee, K. S., Cavallo, J. V., Flores, A. J., Bolger, N., & Higgins, E. T.** (2016, May). *Motivation moderates the effects of social support visibility*. Paper presented at the annual meeting of the Association for Psychological Science, Chicago, IL.
- Zee, K. S., Cavallo, J. V., Flores, A. J., Bolger, N., & Higgins, E. T.** (2016, April). *Motivation moderates the effects of social support visibility*. Paper presented at the annual meeting of the Four Colleges Conference, New Haven, CT.
- Zee, K. S., & Kumashiro, M.** (2015, February). *Function over form: Locomotion motivation and preferences for goal support*. Paper presented at the annual meeting of the Society for Personality and Social Psychology, Long Beach, CA.

#### **LEAD AUTHOR CONFERENCE POSTERS (SELECTED)**

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- Zee, K. S., & Bolger, N.** (2019, October). *Physiological Self-Regulation and Coregulation during Social Support Interactions*. Poster presented at the annual meeting of the Society of Multivariate Experimental Psychology, Baltimore, MD.

- Zee, K. S.,** Pinelli, F., Higgins, E. T., & Bolger, N. (2017, January). *Perceptions of warmth and competence predict social support seeking*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.  
\*\*\*Winner: Graduate Poster Award, Society for Personality and Social Psychology
- Zee, K. S.,** Cavallo, J. V., Flores, A. J., Bolger, N., & Higgins, E. T. (2016, January). *Motivation moderates the effects of invisible support*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.  
\*\*\*Runner-Up: Graduate Poster Award, Society for Personality and Social Psychology
- Zee, K. S.,** Higgins, E. T., & Bolger, N. (2015, May). *Constructing a motivational model of social support*. Poster presented at the annual meeting of the Association for Psychological Science, New York, NY.
- Zee, K. S.,** Cavallo, J. V., & Higgins, E. T. (2014, February). *Helping with rose-colored glasses: Regulatory mode and biased perceptions of social support provision*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.
- Zee, K. S. & Kumashiro, M.** (2014, February). *Self-regulation and social support: The role of chronic regulatory mode*. Poster presented at the Self-Regulation Pre-Conference of the Society for Personality and Social Psychology, Austin, TX.

*Co-authored 17 additional posters with Undergraduate/Post-Baccalaureate Mentees as lead authors.*

## **CHAired SYMPOSIA**

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- Bolger, N., & Zee, K. S.** (2019, May). *One Size Doesn't Fit All: Experimental Effects in Psychology are Heterogeneous*. Symposium presented at the annual meeting of the Association for Psychological Science, Washington, D.C.  
Speakers: Yuichi Shoda, Niall Bolger, Kathleen Gates, & David Kenny
- Zee, K. S., & Butler, E. A.** (2019, February). *Four Things You Need to Know about Studying Interpersonal Dynamics*. Symposium chaired at the annual meeting of the Society for Personality and Social Psychology, Portland, OR.  
Speakers: Emilio Ferrer, Katherine Thorson, **Katherine Zee**, & Emily Butler
- Zee, K. S., & Lee, D. S.** (2018, May). *New Insights into the Ingredients of Effective Social Support: Implications for Theory and Application*. Symposium chaired at the annual meeting of the Association for Psychological Science, San Francisco, CA.  
Speakers: Justin Cavallo, David Lee, **Katherine Zee**, & Nancy Collins
- Zee, K. S., & McClure, M. J.** (2016, July). *Maximizing Social Support's Benefits: The Who, When, What, Why and How*. Symposium chaired at the meeting of the International Association for Relationships Research, Toronto, ON.  
Speakers: Maryhope Howland, **Katherine Zee**, & M. Joy McClure
- Zee, K. S., & Kumashiro, M.** (2015, February). *Social support and goal pursuit: A new perspective*. Symposium chaired at the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.

Psychology, Long Beach, CA.  
Speakers: **Katherine Zee**, Niall Bolger, Madoka Kumashiro, & Shelly Gable

## **TEACHING**

---

### **Statistics Teaching**

APA Advanced Training Institute: Intensive Longitudinal Data Analysis 2020

Role: Lab Instructor

Level: Graduate/Professional (PhD students and faculty in social science disciplines)

Lead Instructors: Drs. Nilam Ram, Kevin Grimm, Niall Bolger, & Jean-Philippe Laurenceau

Labs: Generalized Multilevel Modeling, Moderated 1-1-1 Within-Person Mediation Analysis

Introduction to Statistical Modeling in Psychology (graduate course), Columbia University 2019

Role: Teaching Assistant with weekly 2-hr lab taught in R

Level: Graduate (PhD students in Psychology)

Supervisor: Dr. Niall Bolger

Evaluation: Mean = 5.0/5, Median = 5.0/5

Analysis of Change (graduate course on multilevel modeling), Columbia University 2018

Role: Teaching Assistant with weekly 2-hr lab taught in R

Level: Graduate (PhD students in Management and Psychology)

Supervisor: Dr. Niall Bolger

Evaluation: Mean = 4.6/5, Median = 5.0/5

Psychophysiological Methods & Analysis (graduate course), Columbia University 2018

Role: Guest lecturer

Level: Graduate (PhD students in Management and Psychology)

Guest Lecture: “Dyadic Psychophysiological Methods & Analysis”

Psychophysiological Methods & Analysis (graduate course), Columbia University 2016

Role: Teaching Assistant with weekly 2-hr lab

Level: Graduate (PhD students in Management and Psychology)

Supervisor: Niall Bolger

Evaluation: Mean = 5.0/5, Median = 5.0/5

### **Psychology Teaching**

Stress in an Interpersonal Context, Columbia University 2020

Role: Instructor of Record. Developed course and designed syllabus.

Level: Undergraduate (advanced seminar)

*No formal evaluations were collected due to COVID-19 outbreak*

Social Psychology, Barnard College 2019

Role: Grader

Level: Undergraduate

Supervisor: Dr. Colin Leach

Guest Lecture: “Interpersonal Relationships”

Research Methods: Social Cognition and Emotion, Columbia University 2015 – 2017  
 Role: Teaching Assistant with weekly 2-hr lab (5 sections over 3 semesters)  
 Level: Undergraduate  
 Supervisor: Dr. Kevin Ochsner  
 2015 Evaluation: Mean = 4.7/5, Median = 5.0/5  
 2016 Evaluation: Mean = 4.2/5, Median = 5.0/5  
 2017 Evaluation: Mean = 4.8/5, Median = 5.0/5

The Science of Psychology, Columbia University 2015  
 Role: Teaching Assistant  
 Level: Undergraduate  
 Supervisor: Dr. Patricia Lindemann  
 Guest Lecture: “Attachment Across the Lifespan”  
 Evaluation: Mean = 4.2/5, Median = 4.0/5

General Foundations of Psychology, Birkbeck, University of London 2012 – 2013  
 Role: Seminar Leader (led weekly 2-hr seminar, 2 sections over 2 terms)  
 Level: Undergraduate  
 Supervisor: Dr. Simon Green

### **Management Teaching**

Leadership in Organizations, London Business School 2013  
 Role: Teaching Assistant  
 Level: Graduate (Masters in Management students)  
 Supervisor: Dr. Xi Zou

### **MENTORING**

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<sup>+</sup> Honors thesis student

\* Winner, Undergraduate Poster Award, Society for Personality and Social Psychology

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| 1. Russell Borenstein-Burd, 2018 – 2019        | 19. Lana Khamash, 2016 – 2017               |
| 2. Clare Bradley, 2018 – Present               | 20. Lauryn Kim, 2019                        |
| 3. Carina Brown, 2015 – 2017                   | 21. Samantha Kirshon, 2018                  |
| 4. Eunjoo Byeon, 2019                          | 22. Alex Kleinman, 2015 – 2016              |
| 5. Jordan Cline, 2016                          | 23. Michelle Lee, 2016                      |
| 6. Lauren Cohen, 2015 – 2017                   | 24. Shelagh Mahbubani, 2015 – 2016          |
| 7. Maia Collins, 2016                          | 25. Laura Martin, 2017                      |
| 8. Yassaman Ebadat, 2015 – 2016                | 26. Max Mikelic, 2016 – 2019                |
| 9. Amelia Edwards, 2015                        | 27. John Miller, 2018 – Present             |
| 10. Emily Felber, 2015 – 2017                  | 28. <sup>+</sup> *Jessica Paek, 2015 – 2018 |
| 11. Alexander Fulmer, 2016 – 2017              | 29. Courtney Peters, 2016 – 2017            |
| 12. Jessica Gingrich, 2017 – 2018              | 30. Federica Pinelli, 2015 – 2017           |
| 13. Sarah Goetzke Greve, 2016                  | 31. Sam Pitasky, 2016 – 2018                |
| 14. Sophia Golden, 2016 – 2018                 | 32. Natasha Porter, 2016 – 2017             |
| 15. Kevin Graves, 2017 – 2018                  | 33. Kate Puglia, 2015 – 2016                |
| 16. <sup>+</sup> Naomi Greenfield, 2017 – 2019 | 34. Emily Radhamy, 2016                     |
| 17. Katarina Hermanova, 2019                   | 35. Kyle Ross, 2018 – 2019                  |
| 18. Kevin Hernandez, 2018 – Present            | 36. Ariel Rosario, 2015 – 2016              |

37. \*Emma Routhier, 2015 – 2016
38. Siena Rumbough 2019 – Present
39. Ariane Singh, 2015 – 2016
40. Audrey Stevens, 2015 – 2016
41. <sup>†</sup>Farah Tamizuddin, 2014 – 2015

42. Rachel Tayler, 2015 – 2016
43. Tema Watstein, 2015
44. Saya Weissman, 2016 – 2017
45. Lauren Wolfe, 2019
46. Desmond Yeoh, 2019

## UNIVERSITY SERVICE

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Selection Committee, Presidential Teaching Award, Columbia University	2020
Founding President, Columbia Association for Social Psychological Research	2014 – 2017
Undergraduate Mentoring Co-Chair, Women in Science at Columbia University	2014 – 2017
Psychology Department Representative, Women in Science at Columbia University	2014 – 2017

## PROFESSIONAL SERVICE

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### Editorial Assistant

*Journal of Personality and Social Psychology: Interpersonal Relations and Group Processes*, 2020

### Ad-Hoc Reviewer

*Journal of Personality and Social Psychology*, *Psychological Methods*, *Emotion*, *Psychology and Aging*, *Personality and Social Psychology Bulletin*, *Clinical Psychological Science*, *GeroPsych*, *Journal of Social and Personal Relationships*

### Other Reviewing

Graduate Poster Session, annual meeting of the Society for Multivariate Experimental Psychology, 2020

### Committee

Membership Committee, International Association for Relationships Research (IARR), 2017

## PROFESSIONAL MEMBERSHIPS

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Society for Personality and Social Psychology, Association for Psychological Science, International Association for Relationships Research, Gerontological Society of America



## REFERENCES

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Columbia University  
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Wilfrid Laurier University  
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