



THE

BABADOOK

[illegible]

What happened during and the aftermath of the car accident?

start my labor, I could not get the image of him sprawled over the
the hospital staff to calm me down after that. When she was gone after
get the image of him sprawled over the driving wheel as blood dripped
after that. When she was gone after she helped me settle to get
ed over the driving wheel as blood dripped down his head. It was hard
gone after she helped me settle to get ready to start my labor, I could
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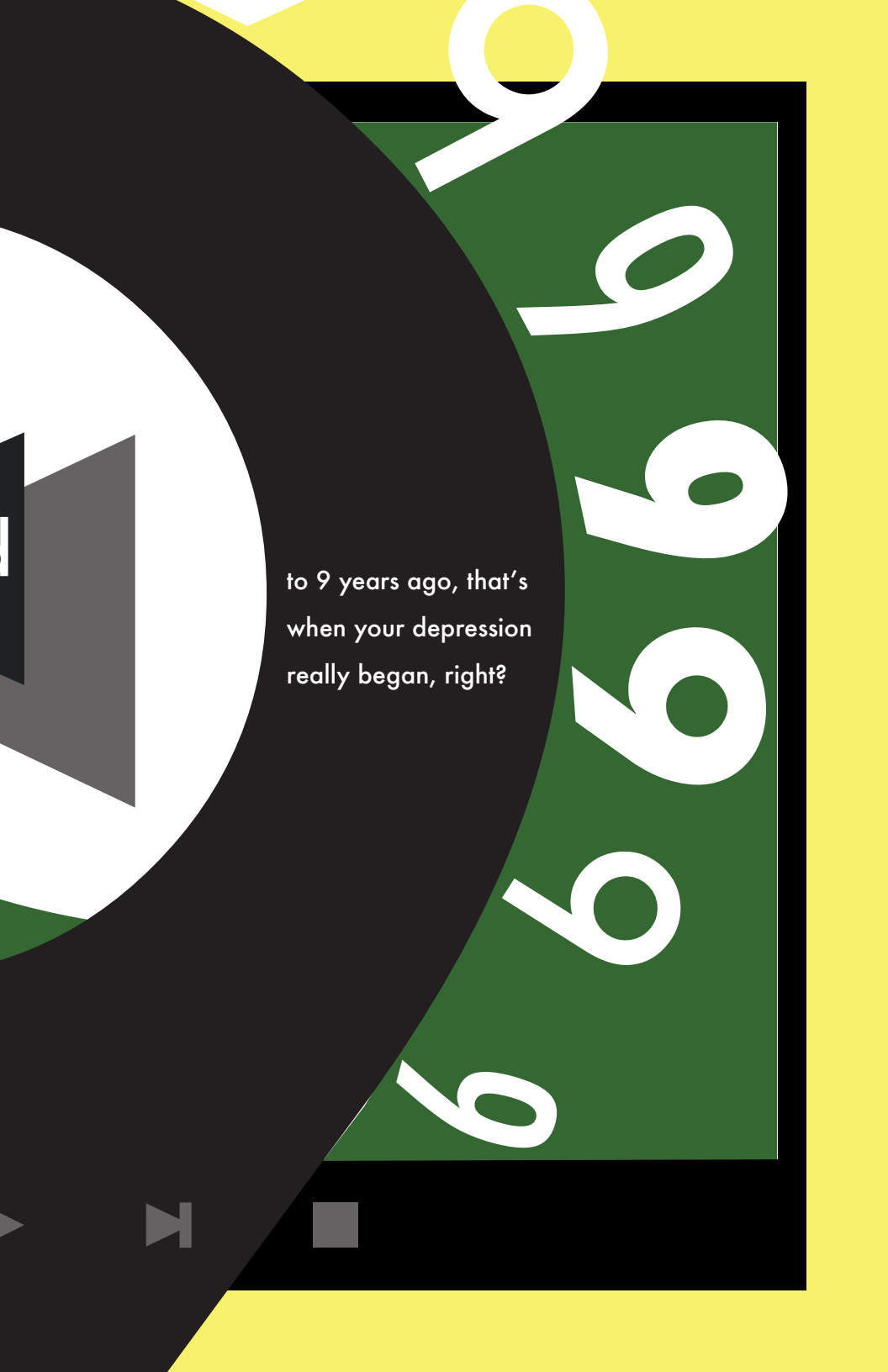




Yes,

rewinding





to 9 years ago, that's
when your depression
really began, right?

I was denying
my grief and
pain.

acting
up

did not
fit in

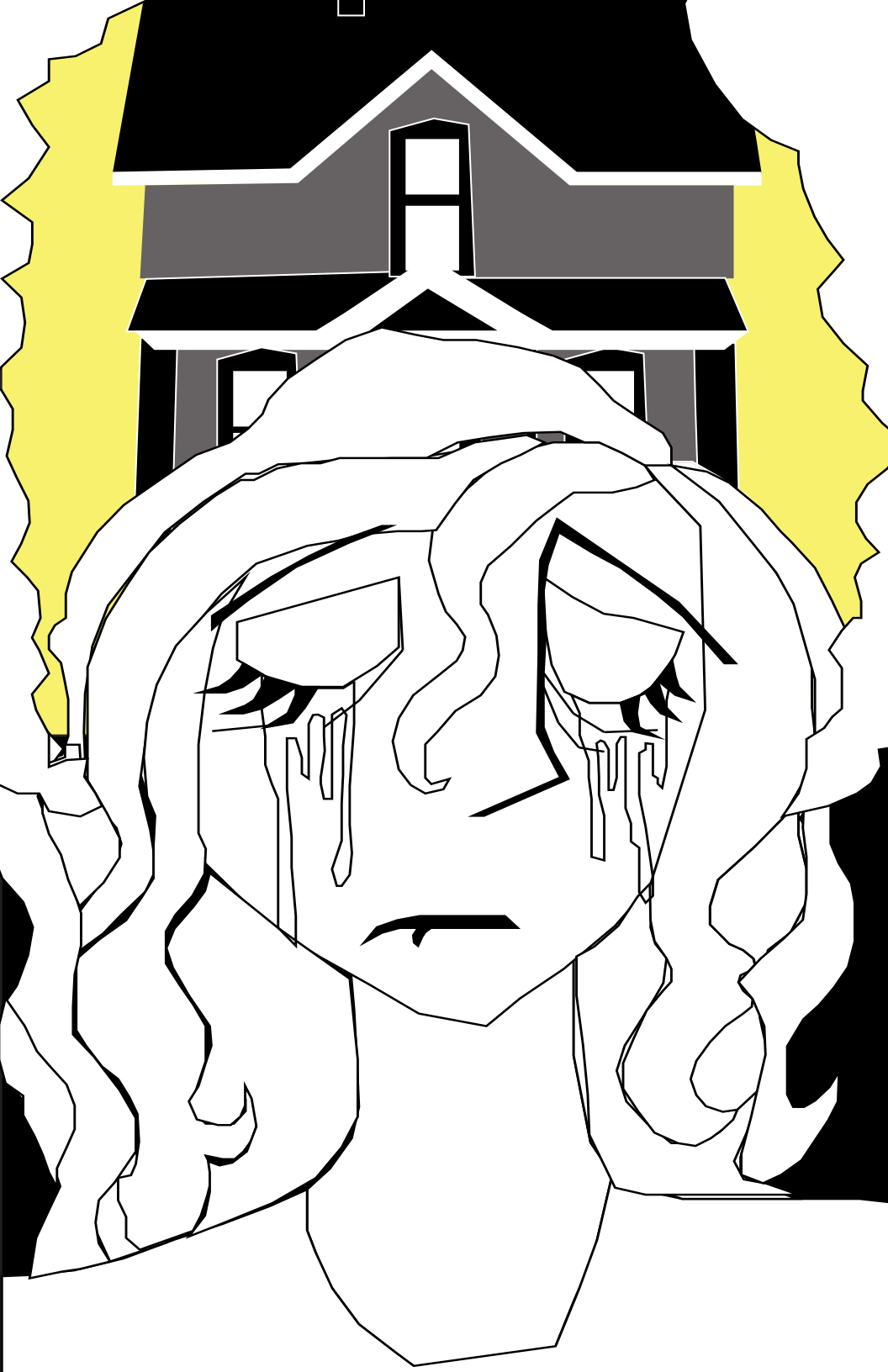
aggressive
behavior

BAD relationships
with teacher
neighbors,
& even my sister.

losing
my job

The depression
only grew
stronger.






Can you explain
the symptoms of
your depression
episodes and
how your son as
affected by it?



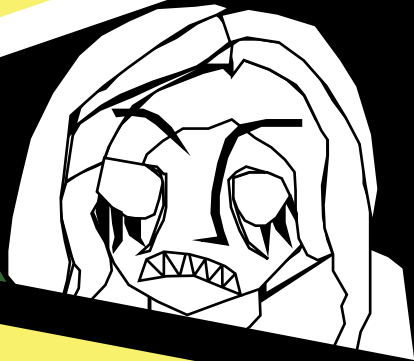
I have all these
negative thoughts
in my head.
Like cockroaches
infesting and
eating at
my own mind.
I keep having nightmares
I would go downstairs
to watch TV. To keep
and it's





How did your
son deal
with your
depression?

was at its peak one day and I slapped him hard to the ground,



he kept saying he doesn't want to lose me too.



That is strong of you.

It is great that you can
confront your demons.


And because of my son's display of love

I realized how my actions might have hurt him

because everywhere I am in his sight, he sees a different me and
almost gave in. My demons almost tempted me to go back to my depressive th
but my son shook me out of my reverie. And suddenly,

Thoughts of my son and my desire to keep him safe overpowered all other

**"YOU DON'T LIVE
IN THIS HOUSE
ANYMORE!"**



We're all proud of
you. Any last words?

My depression
may still be living
somewhere in my
head

and I may sometimes feed
to my negative thoughts,

but I will fight it
every day for my
son.

I don't want
to kill his
future.

And I hope my story and my words inspire you somehow
if you are battling the same thing.