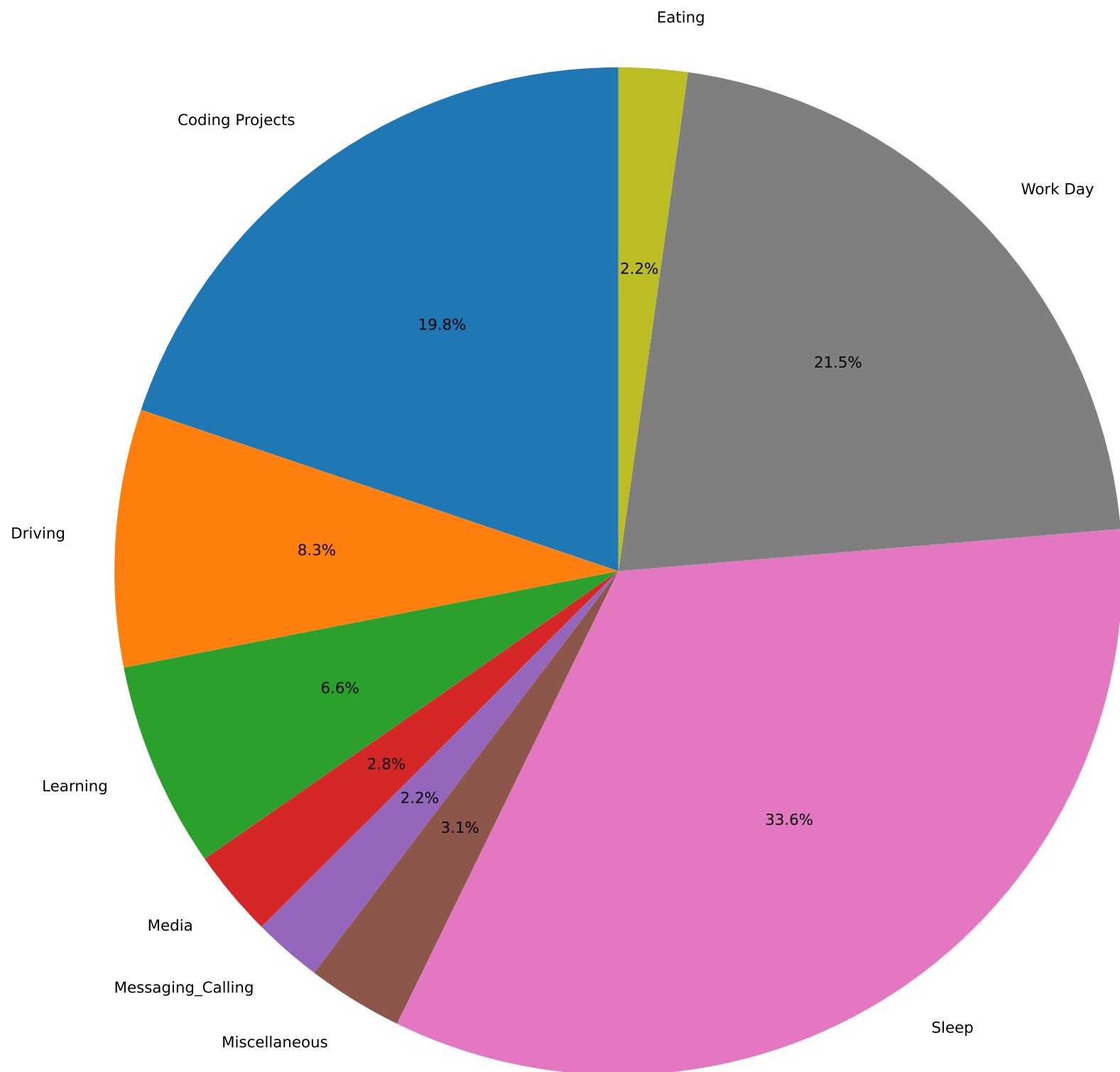
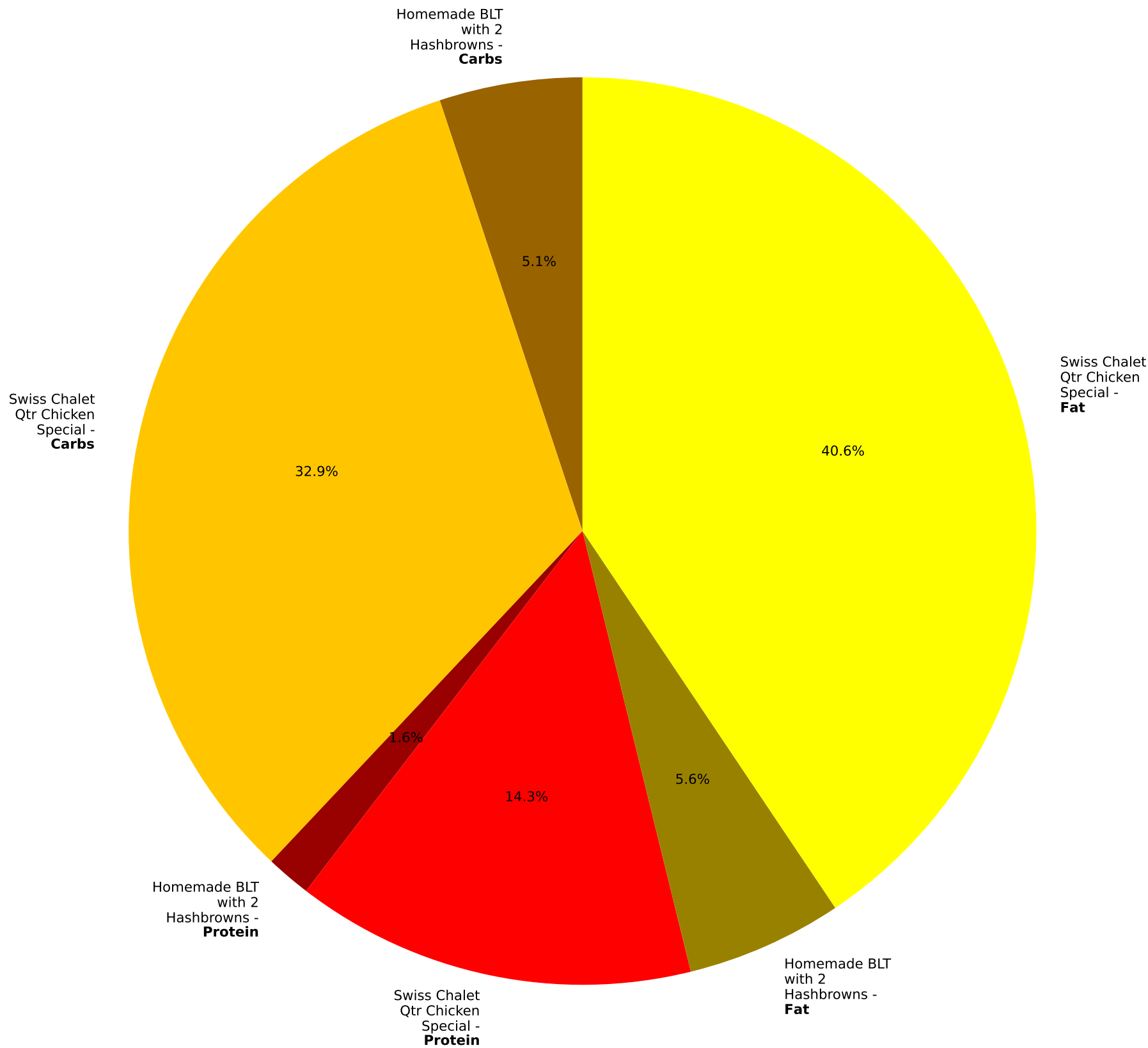


Daily Activity Breakdown (2026-01-14)



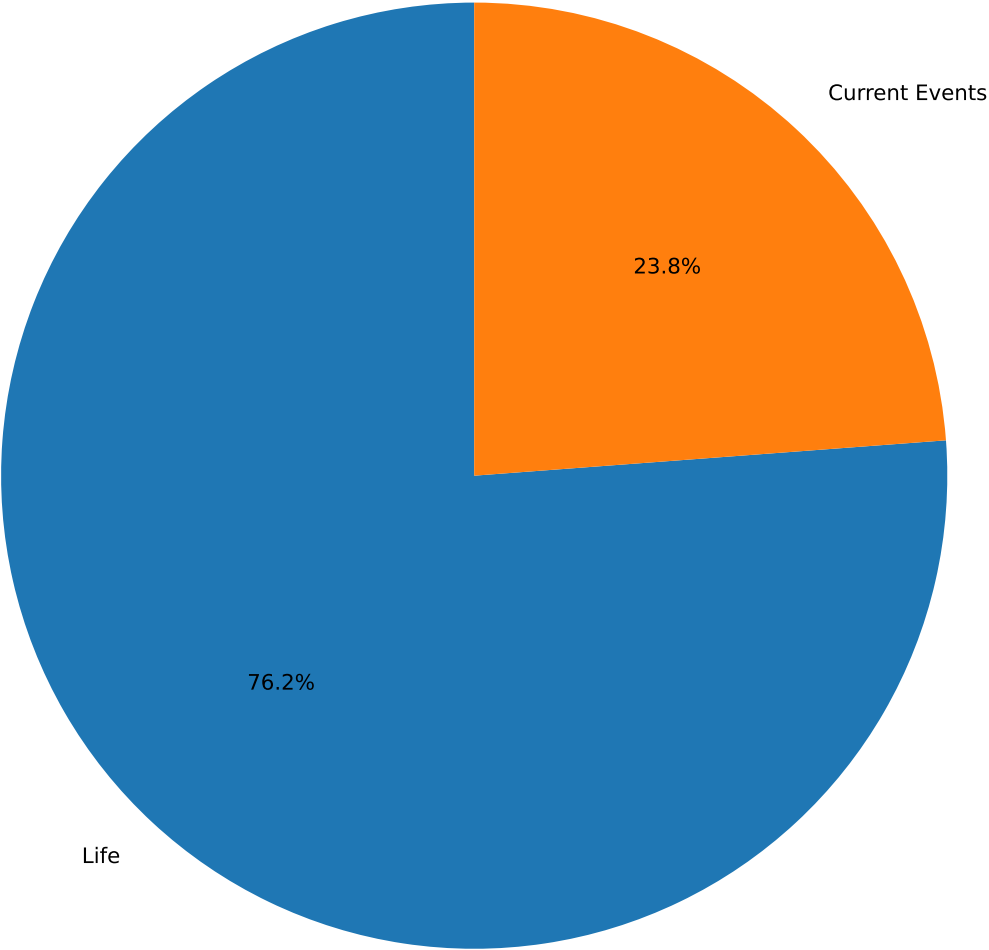
Meal Breakdown (2026-01-14)



Meal & Snack Macro Table (2026-01-14)

Meal/Snack	Carbs (cal)	Protein (cal)	Fat (cal)	Total (cal)
Homemade BLT with 2 Hashbrowns	140	44	153	337
Swiss Chalet Qtr Chicken Special	904	392	1116	2412
TOTAL	1044	436	1269	2749

Daily Media Breakdown by Category (2026-01-14)



Daily Media Breakdown by Name (2026-01-14)

