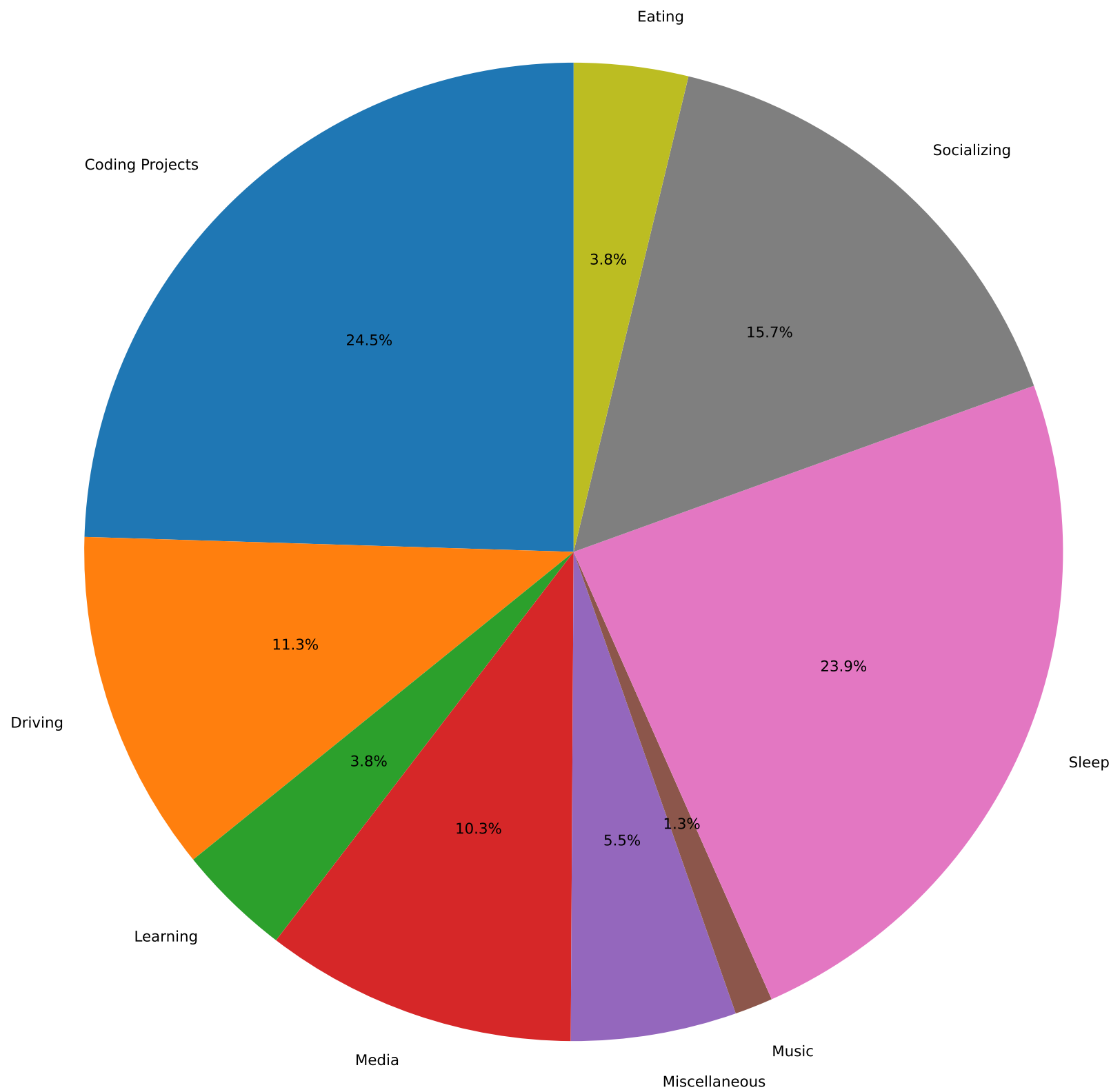
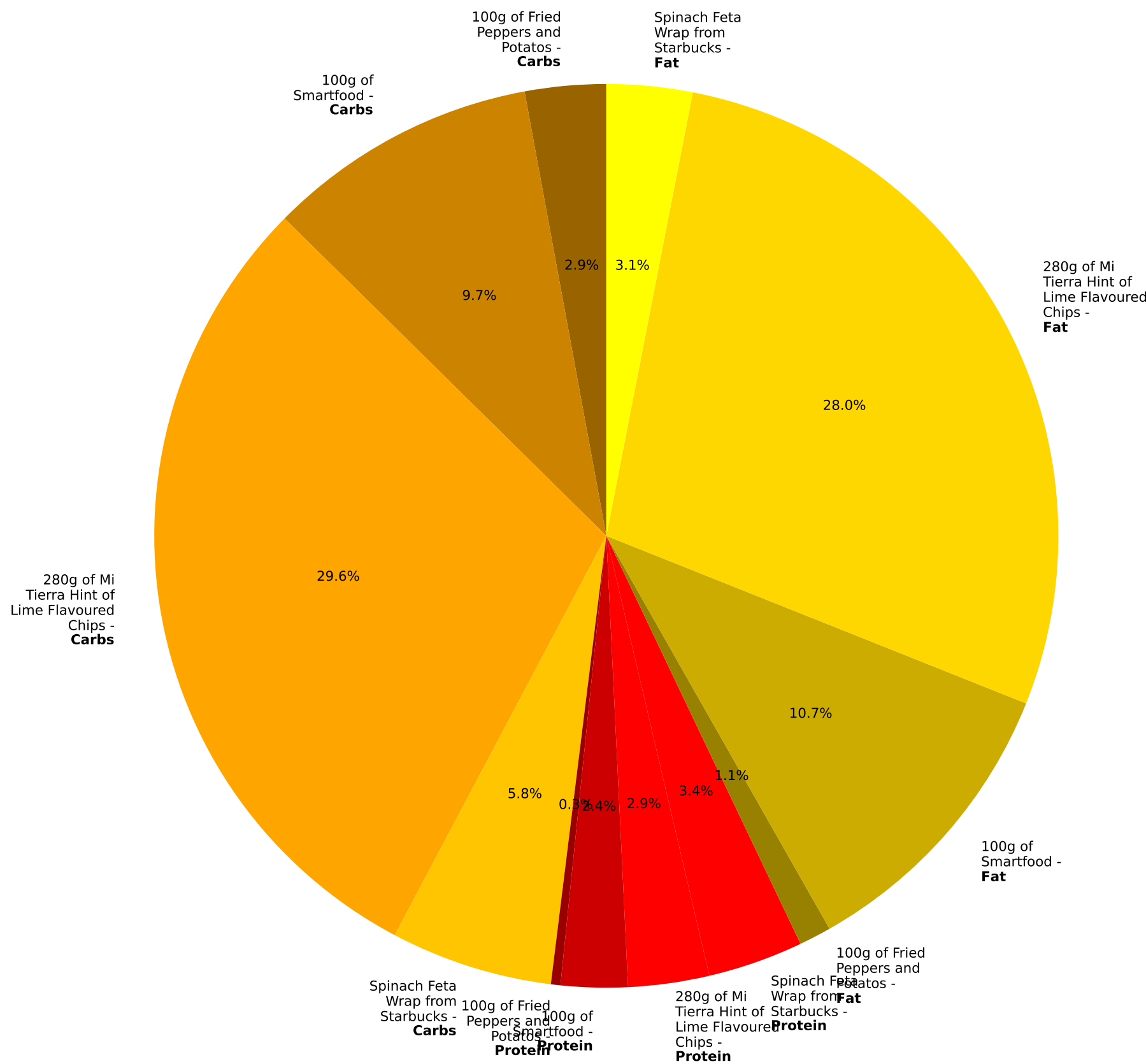


Daily Activity Breakdown (2026-01-17)



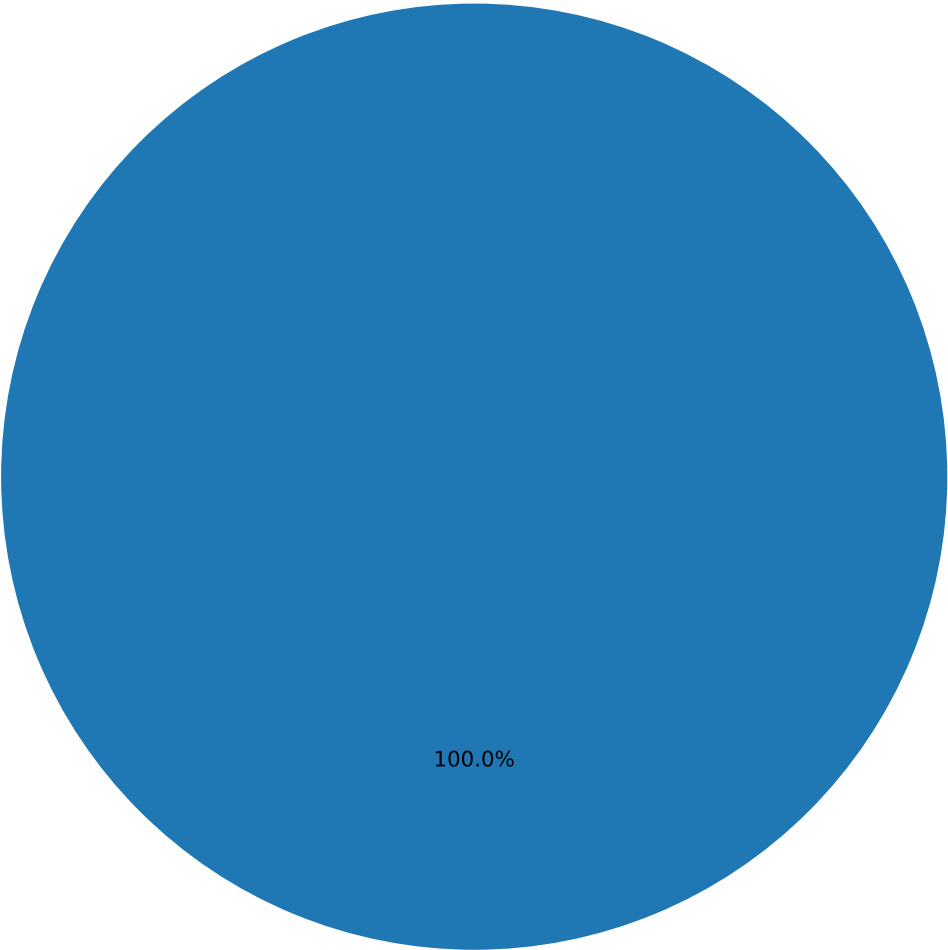
Meal Breakdown (2026-01-17)



Meal & Snack Macro Table (2026-01-17)

Meal/Snack	Carbs (cal)	Protein (cal)	Fat (cal)	Total (cal)
100g of Fried Peppers and Potatos	68	8	27	103
100g of Smartfood	228	56	252	536
280g of Mi Tierra Hint of Lime Flavoured Chips	696	68	657	1421
Spinach Feta Wrap from Starbucks	136	80	72	288
TOTAL	1128	212	1008	2348

Daily Media Breakdown by Category (2026-01-17)



Sports

Daily Media Breakdown by Name (2026-01-17)

