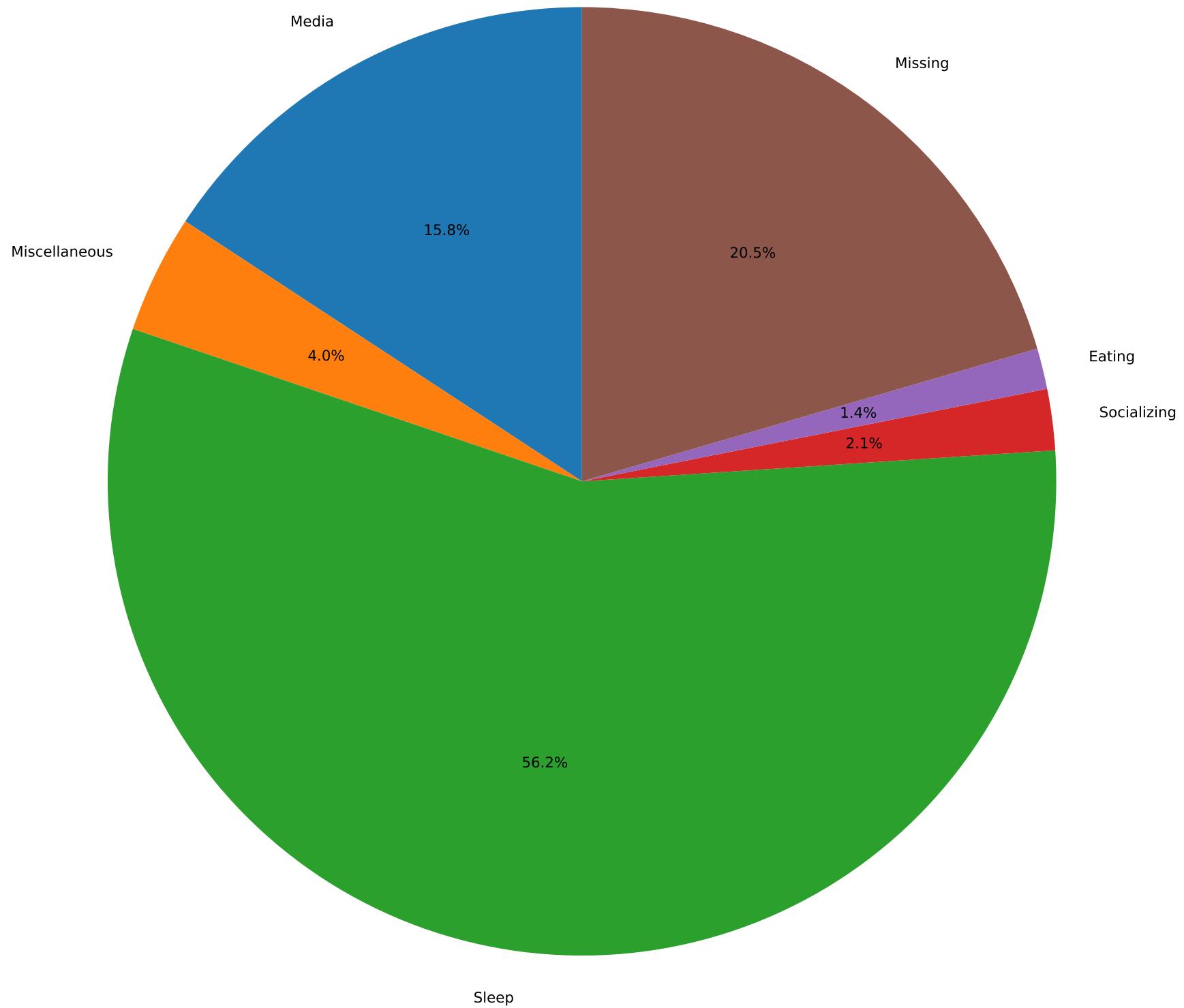
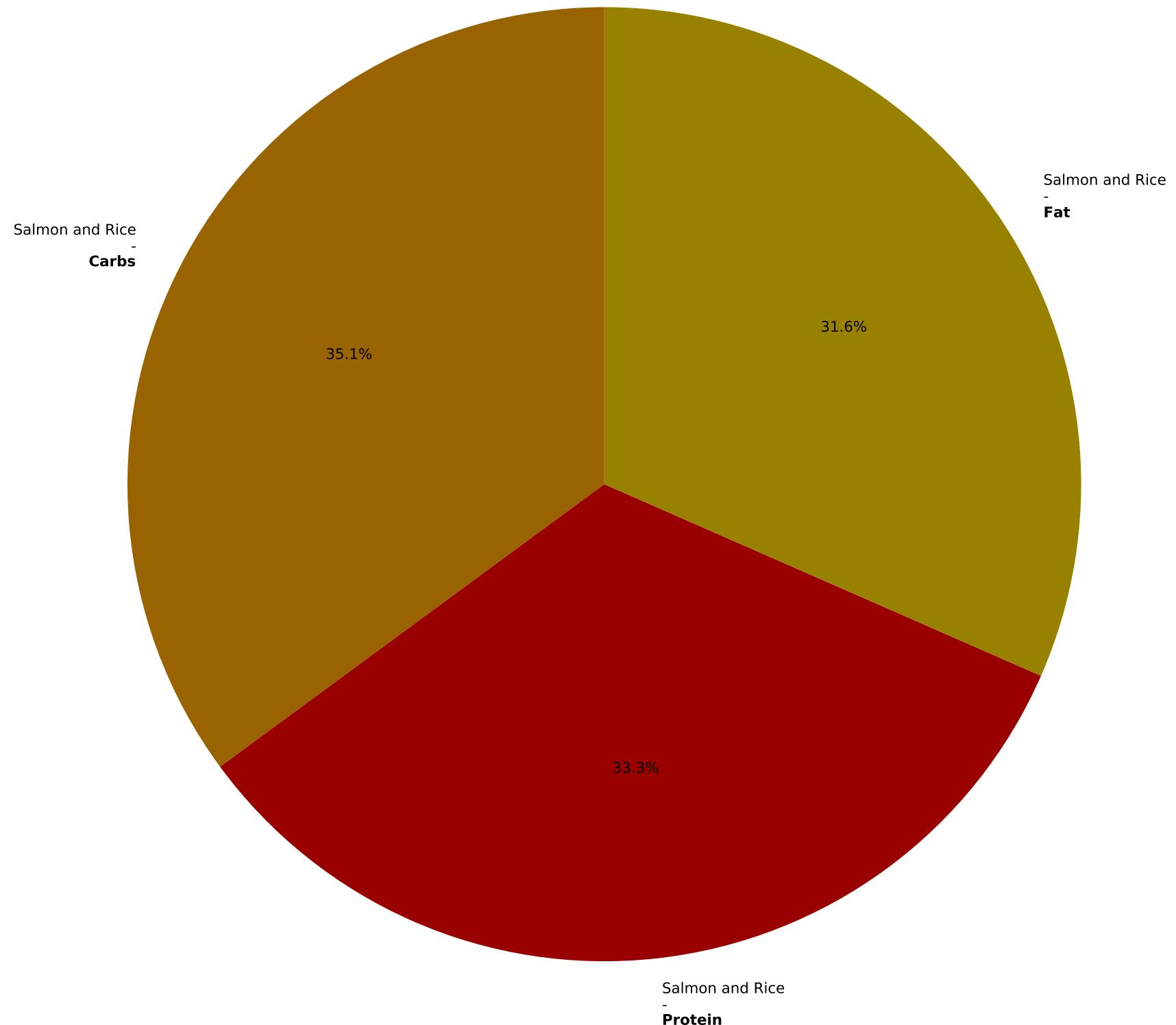


Daily Activity Breakdown (2026-01-11)



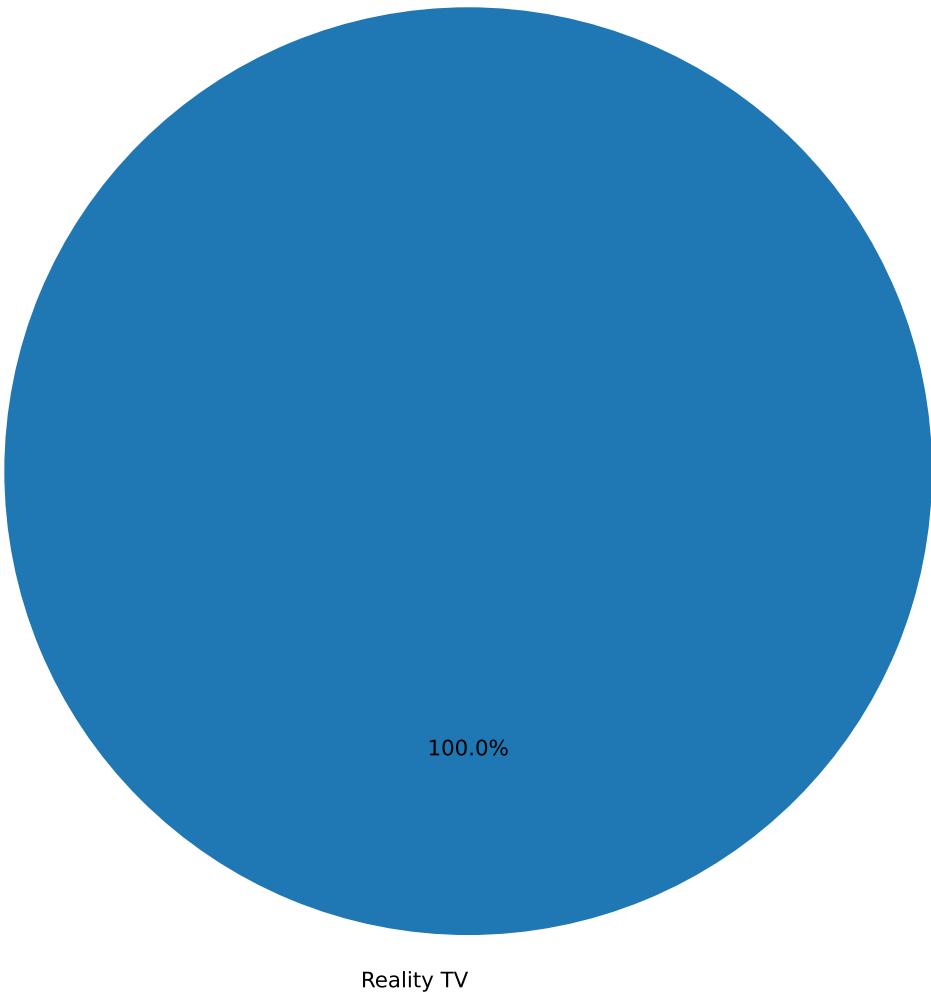
Meal Breakdown (2026-01-11)



Meal & Snack Macro Table (2026-01-11)

Meal/Snack	Carbs (cal)	Protein (cal)	Fat (cal)	Total (cal)
Salmon and Rice	160	152	144	456
TOTAL	160	152	144	456

Daily Media Breakdown by Category (2026-01-11)



Daily Media Breakdown by Name (2026-01-11)

