**四级真题词汇串讲（2+3）**

**主讲老师：刘畅 @刘畅的南瓜地**

* **2017年6月卷（2）**
* **新闻1：**
* 1. B) Human drivers become easily **distracted心神不定的，精神无法集中的** or tired while driving.
* D) Most drivers have test driven cars with **automatic braking features自动制动功能**.
* 2. A) Their drivers would feel safe after getting used to the automatic **devices设备；仪器**.
* C) Their increased comfort levels have **boosted促进；推动** their sales.
* D) They are not actually as safe as **automakers汽车制造商** advertise.
* **Still**仍然, 60% of drivers would like to get some kind of self-driving feature, such as **automatic braking or self-parking自动泊车**, the next time they buy a new car. The attitudes are published in a new AAA **survey调查** of 1, 800 drivers.
* **Advocates拥护者；提倡者** of self-driving cars argue they would be safer than in cars driven by humans because they wouldn't get distracted or drive when tired.
* But those surveyed by AAA say they trust their own driving skills. Many feel the technology is too new and **unproven未经证实的**.
* John Nielsen, AAA's **managing director〔大公司或大机构的〕总经理，总裁** of **automotive汽车的** engineering and repair, said tests suggest drivers may be **overestimating高估** their own abilities.
* **新闻2：**
* 3. A) **Thefts偷窃** of **snowmobile雪地机动车，摩托雪橇** dogs in Alaska.
* B) **A series of一系列的；一连串的** injuries to snowmobile drivers.
* C) Attacks on some **Iditarod艾迪塔罗德（美国城市）Race赛跑；赛车；速度比赛competitors参赛者；竞争对手**.
* One dog has been killed and **multiple多的；多种的** dogs have been injured by a snowmobile driver in what appears to be an **intentional attack蓄意攻击** on competitors in the Iditarod Race in Alaska.
* A snowmobile driver had repeatedly attempted to harm her and her team, and one of Zirkle's dogs had received **a non-life-threatening无生命危险的 injury**.
* Alaska State Troopers **released a statement发表了一份声明** saying they've **arrested逮捕** Arnold Demoski, 26. He **faces trial on several charges面临多项指控**.
* **新闻3：**
* 5. A) It **sank下沉；沉没** into the sea due to **overloading超负荷；过载**.
* B) It **ran into跑进；撞上；偶遇** **Nicaragua尼加拉瓜**'s Big Corn Island.
* C) It disappeared between two large islands.
* D) It **turned over翻转** because of strong winds.
* 7. A) He has helped with the **rescue营救** effort.
* C) He was **drowned溺死；淹没；盖过** with the passengers.
* A **tour boat游览船** turned over off the coast of Nicaragua, killing at least 13 people and leaving more passengers missing, official said.
* Some passengers remain missing, the Costa Rican Foreign Ministry said, but did not **specify具体指明；明确说明；详述** how many.
* Nicaraguan **naval authorities海军当局** had **banned禁止** sea travel in the area because of bad weather and strong winds, but the tour boat **proceeded继续进行；继续做** anyway.
* Blandon, the boat's owner, has been arrested by Nicaraguan authorities, **the state-run news agency国营新闻机构** said. Both he and **a crew全体船员；〔飞机上的〕全体机组人员 member** are being investigated for **unintentional murder无意谋杀** and exposing people to danger, according to police.
* **长对话1：**
* 8. B) At a **community社区** college.
* C) At an **accountancy会计行业；会计工作** firm.
* D) At an **IT信息技术（information technology）** company.
* 9. A) **Helping out帮助…做事; 借钱给 with data input数据输入**.
* C) **Sorting** **application** forms. D) Making phone calls.
* 11. A) Purchase some **business suits〔指日常工作穿的〕西服，西装；职业装**. C) Improve his **programming程序编写，程序设计；节目；电视/广播节目策划，编排** skills.
* D) **Review回顾；复习** some accountancy **terms术语**.
* I know they have at least two **temporary positions临时职位 available可用的；可获得的**. And I don't think they have anyone else yet.
* Hmm...If they **take you on聘用**, tell them you know a friend who'd be really good too. I really need the money and the experience would look good on my **résumé简历**.
* But perhaps you should **put in提出提交 an application申请** anyway.
* M: Thanks, Susan. That's great. Listen, do you **want a lift搭车** to the city?
* **长对话2：**
* 12. A) They **are keen on热衷于** high technology.
* D) They feel **superior比…好的；有优越感的；上级的** in science and technology.
* 13. C) **Poles波兰人**.
* 14. B) **Texting发短信**.
* D) **Literacy读写能力**.
* 15. A) It is **undergoing a drastic reform经历一场激进的改革**.
* B) It **lays emphasis on强调** **creative thinking创造性思维**.
* D) It **prioritizes优先考虑** training of practical skills.
* Let's start with the bad news that Americans are terrible at technology skills, using email, **naming a file命名一个文件** on a computer, using a link on a webpage, or just texting someone.
* Younger adults who went to **college or graduate school大学或研究生院** were doing **pretty相当地；颇** well. In literacy, they were actually doing better than their **peers同龄人；同等地位的人** in other countries.
* But when you look at Americans who have a high school **diploma毕业文凭，学位证书**, they look a lot like other countries' high school **dropouts辍学者**.
* **篇章1：**
* 18. A) They were found quite **nutritious有营养的**.
* C) People discovered their **medicinal药用的；有疗效的** value.
* With wild carrots, the roots are white, small and **skinny极瘦的，皮包骨的；〔裤子〕紧身的，贴身的**…
* Machines do most of the planting and picking, and carrots are easy to **store贮藏；存储** and **ship运送**, so they are cheap almost everywhere.
* **篇章2：**
* 19. A) She could **update更新；为…增加最新信息** her family any time she liked.
* C) She could **locate找出…的准确位置** her friends wherever they were.
* 20. B) She enjoyed reading her friends' **status状态；地位 updates最新消息；快讯**.
* 21. A) She could barely **respond作出反应，回应** to all her 500 Facebook friends.
* Another thing Katherine loved about Facebook was that she didn't have to think about **time zones时区** when updating family.
* **篇章3：**
* 22. A) They have strong **muscles肌肉**.
* 23. D) It was donated by a U. S. **ambassador大使**.
* 24. A) They met and exchanged ideas on **animal breeding家畜育种；动物养殖**.
* B) They participated in a **mule骡-driving** competition.
* 25. B) The arrival of **tractors拖拉机；牵引车头**.
* C) A **shrinking缩水的；缩小的** animal trade.
* Held in Columbia, Tennessee, Mule Day had its beginnings as **"Breeder's Day饲养员纪念日"** in the 1840s.
* A **parade〔庆祝〕游行；列队行进** was added to Mule Day in 1934 to attract more people.
* **选词填空：**
* As if you needed another reason to hate the **gym健身房；体操**, it now **turns out结果为；被发现是** that exercise can **exhaust使精疲力竭；用完耗尽** not only your muscles, but also your eyes. **Fear not不用害怕**, however, for coffee can **stimulate刺激** them again. During **vigorous积极的强有力的；精力旺盛的** exercise, our muscles tire as they **run out of fuel没油** and build up waste products. Muscle performance can also be affected by a phenomenon called "**central fatigue中枢性疲劳**, " in which an **imbalance不平衡** in the body's chemical **messengers信使** prevents the central nervous system from directing muscle movements effectively. It was not known, however, whether central fatigue might also affect **motor systems运动系统** not directly involved in the exercise itself, such as those that move the eyes. To find out, researchers gave 11 **volunteer志愿者 cyclists骑自行车的人** a **carbohydrate 碳水化合物的** **solution〔对问题或困难局面的〕解决，解决方法** either with a **moderate适度的** **dose剂量** of **caffeine咖啡因**, which is known to stimulate the central nervous system, or as a **placebo安慰剂** without, during 3 hours of **cycling骑自行车**. After exercising, the scientists tested the cyclists with **eye-tracking眼球追踪** cameras to see how well their brains could still control their **visual system视觉系统**. The team found that exercise reduced the speed of rapid eye movements by about 8% , preventing their ability to **capture捕获** new visual information. The caffeine, the **equivalent等价物** of two strong cups of coffee, was **sufficient足够的，充分的** to **reverse逆转** this effect, with some cyclists even **displaying显示展示** increased eye movement speeds. So it might be a good idea to get someone else to drive you home after that **marathon马拉松**.

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| * A) **cautiously慎重地；谨慎地** * B) **commit犯〔错误或罪行〕；使承担义务，作出保证** |

* **Passage One**
* **Penny-pinching吝啬的，小气的** UK consumers choose cheaper products from **discounters折扣商店** such as Aldi and Lidl rather than **luxury奢侈（的）** **alternatives替代品；可供选择的事物**.
* This has **wiped** 6% **off除去；还清（债款等）** the value of the **soft tissue paper软巾纸** market in the UK.
* In the last year alone, despite an increase in the UK population and a **subsequent随后的** rise in the number of **households家庭**, sales of toilet paper fell by 2% , with the average household reducing their toilet **roll卷** spending from ￡43 in 2014 to ￡41 in 2015.
* **Overall总的来说**, almost three in five people say they try to limit their usage of paper—including **facial tissue面巾纸** and **kitchen roll厨房卷纸**—to save money. "Strength, softness and thickness remain **the leading indicators指标** of toilet paper quality, with just a small proportion of consumers preferring more **luxurious奢侈的** alternatives, such as those with flower patterns or **perfume香水；香味**, " said Mintel analyst Jack Duckett. "These extra features are **deemed认为；视作** unnecessary by the majority of shoppers…."
* While consumers are spending less on toilet paper, they remain **fussy爱挑剔的**.
* One in 10 buyers **rank确定…的地位/等级** toilet rolls made from **recycled paper再生纸** **among their top considerations主要考虑**, **highlighting突出强调** how overall the environment is much less of a consideration for shoppers than product quality. In a challenge for **manufacturers制造商**, 81% of paper product users said they would consider buying recycled toilet tissue if it were **comparable可比较的；比得上的** in quality to standard paper.
* 46. its quality **has seen marked improvement明显改善**
* Britons have **developed the habit培养习惯 of** saving
* 47. B) It will remain **gloomy前景黯淡的**.
* C) It will **experience ups and downs经历起起落落**.
* 48. B) Consumers **are loyal to忠于** certain brands.
* 49. D) They **reject拒绝** using toilet paper with unnecessary features.
* 50. Toilet paper manufacturers are **facing a great challenge面临着巨大的挑战 in** promoting its sales.
* **Passage Two**
* By studying about 700 adult smokers, she found out that her mom quit the right way—by stopping **abruptly突然地** and completely.
* In her study, **participants参与者** were **randomly随机地** **assigned分配；分派** to two groups. One had to quit abruptly on a given day, going from about a **pack包** a day to zero. The other cut down gradually over the course of two weeks. People in both groups used **nicotine尼古丁 patches贴片；补丁** before they quit, in addition to a second form of nicotine **replacement代替者**, like **gum口香糖** or **spray喷雾**. They also had talk **therapy治疗；疗法** with a nurse before and after quit day.
* And the quit rates were particularly convincing **given（prep.）考虑到** that ….
* Instead of giving people practice, the gradual reduction likely gave them **cravings瘾** and **withdrawal symptoms脱瘾症状；戒断症状** before they even reached quit day.
* "**Regardless of不管；不顾** your stated preference, if you're ready to quit, quitting abruptly is more effective, " says Dr. Gabriela Ferreira. "When you can quote a specific number like a fifth of the patients were able to quit, that's **compelling令人信服的；引人入胜的**.
* But at least, she says, they can **maximize最大化 the odds〔事物发生的〕可能性 of success**.
* 52. B) They were looked after by **physicians内科医生**.
* C) They were encouraged by **psychologists心理学家**.
* 53. A) It is **idealized理想化的**.
* D) It is **misleading使人产生误解的，误导人的**.
* 54. The idea of "a marathon" **illustrates阐明** the popular belief that quitting smoking
* A) is something few can **accomplish〔尤指通过努力〕完成，实现**
* **2017年6月卷（3）**
* **选词填空：**
* **Hops** (啤酒花), for example, which give **many a许多** modern beer its **bitter flavor苦味**, are a **relatively比较而言；相对地** recent addition to the **beverage饮料**. This was first mentioned **in reference to关于** **brewing酿造** in the ninth century. Now, researchers have found a surprising **ingredient成分；食材** in **residue** (残留物) from 5, 000-year-old beer brewing equipment. While **digging挖掘 two pits坑** at a site in the **central plains中原** of China, scientists discovered **fragments碎片** from **pots壶；盆；罐** and **vessels〔盛液体用的〕容器，器皿**. The different shapes of the containers suggest they were used to brew, **filter过滤**, and store beer. They may be ancient "beer-making tools," and the earliest **direct evidence直接证据** of beer brewing in China, the researchers reported in **the Proceedings of the National Academy of Sciences美国国家科学院院刊**. To **test that theory验证理论**, the team examined the **yellowish微黄的**, dried **remains剩余部分；遗迹** inside the vessels. The majority of the grains, about 80% , were from **cereal crops粮食作物** like **barley** (大麦), and about 10% were bits of roots, including **lily百合（花）**, which would have made the beer sweeter, the scientists say. Barley was an unexpected find: the crop was **domesticated驯养；引种** in Western **Eurasia欧亚大陆** and didn't become **a staple主要的；最重要的 food** in central China until about 2, 000years ago, according to the researchers. Based on that timing, they indicate barley may have arrived in the **region地区** not as food, but as **raw生的；未经加工的 material** for beer brewing.
* **Passage One：**
* **The phrase almost completes itself: midlife crisis中年危机**. It's the stage in the middle of the journey **when people feel youth vanishing消失；突然不见, their prospects前景 narrowing and death approaching**. 青春正在消逝，前路变得狭窄，死亡正在迫近。
* There's only one problem with the **cliché** (套话). It isn't true.
* "In fact, there is almost no **hard evidence确凿的证据** for midlife crisis **other than除了；不同于** a few **small pilot studies初步研究 conducted〔尤指为获取信息或证实某事时〕进行；实施；执行** decades ago, " Barbara Hagerty writes in her new book, *Life Reimagined*. **The bulk（某物的）主要部分，大半 of** the research shows that there may be a **pause暂停**, or **a shifting of gears排挡** in the 40s or 50s, but this shift "can be exciting, **rather than而不是 terrifying令人恐惧的**."
* Barbara Hagerty looks at some of the features of people who **turn midlife into a rebirth把中年变为重生**. They **break routines打破常规**, because “**autopilot自动驾驶仪（顺其自然） is death**.” They **choose purpose over happiness他们选择追求目标而不是安于幸福** — having a clear sense of purpose even reduces the risk of **Alzheimer's disease阿尔茨海默病，早老性痴呆病**. They **give priority to优先考虑** relationships, as careers often **recede** (逐渐淡化).
* Life Reimagined **paints a picture of middle age that is far from gloomy令人沮丧的；阴郁的**. Your **identity身份；〔区别人或群体的〕特性 has been formed**; you've **built up your resources建立资源**; and now you have the chance to **take the big risks承担大的风险** **precisely精确地** because your **foundation地基，基础 is already secure**.
* At middle age, he wrote, "**the sowing播种 is behind; now is the time to reap收货. The run has been taken; now is the time to leap跳跃. Preparation has been made; now is the time for the venture风险项目，风险投资；冒险事业 of the work itself.** "
* The middle-aged person, Barth continued, can **see death in the distance在远处**, but **moves with a "measured慎重的；沉着的 haste匆忙**" to get big new things done while there is still time.
* What Barth wrote decades ago is even truer today. People are healthy and **energetic精力充沛的** longer. We have **presidential candidates总统候选人** **running for竞选** **their first term第一个任期 in office执政，在位** at age 68, 69 and 74. A longer **lifespan寿命** is changing **the narrative structure叙事结构** of life itself. What could have been considered the beginning of a **descent下降** is now **a potential turning point一个潜在的转折点** — the turning point you are most equipped to **take full advantage of充分利用**.
* 46. A) It has led to a lot of **debate辩论**.
* B) **It is widely acknowledged人们普遍承认**.
* D) It **misrepresents故意错误地描述，歪曲** real life.
* 47. D) It may see old-age diseases **approaching接近**.
* 48. A) It can be quite **rosy充满成功希望的，美好的**.
* B) It can be **burdensome成为负担的，累赘的；令人烦恼的**.
* C) It **undergoes radical transformation经历根本的改变**.
* D) It **makes for the best part最好的时期** of one's life.
* 49. B) to **mature成熟**
* C) to **harvest收割**
* D) to **reflect反射；反思**
* 50. D) It is likely to be **a critical turning point关键的转折点** in one's life.
* **Passage Two：**
* In spring, chickens start **laying下蛋；产卵** again, bringing **a welcome source受欢迎的来源** of **protein蛋白质 at winter's end在冬天的结束**. So it's no surprise that cultures around the world celebrate spring by **honoring给…荣誉，表彰，表扬** the egg.
* Some traditions are simple, like the red eggs that get **baked烤** into Greek **Easter复活节** breads. Others **elevate提升** the egg into a **fancy别致的，华丽的** art, like the **heavily jewel珠宝-covered** "eggs" that were favored by the Russians starting in the 19th century.
* **Contemporary当代的** artists have followed this tradition to create eggs that speak to the anxieties of our age: Life is precious, and **delicate脆弱的**. Eggs are, too.
* "There's something about their delicate nature that **appeals to吸引** me," says New Yorker cartoonist Roz Chast.
* But there's an **appeal吸引力** in that **vulnerability易损性**. "There's part of this **sickening horror令人作呕的恐惧** of knowing you're walking on the edge with this…" Chast's designs, such as a worried man alone in **a tiny rowboat一个小划艇**, reflect that delicateness.
* The **elaborate精心制作的** patterns were believed to **offer protection against** evil.
* "There's an ancient legend that as long as these eggs are made, evil will not **prevail盛行，流行** in the world, "says Joan Brander.
* The tradition, **dating back to追溯到 300 B.C.公元前**, was later **incorporated把〔某事物〕并入；包含 into** the Christian church. The old symbols, however, still endure. **A decorated装饰；修饰 egg with a bird on it, given to a young married couple夫妇, is a wish for children**.
* 52. B) They are **cherished重视；珍视** by the rich.
* 53. A) Eggs **serve as an enduring symbol of持久地象征** new life.
* B) Eggs have an **oval椭圆的；卵形的** shape appealing to artists.
* D) Eggs provide a unique **surface表面** to paint on.
* 54. B) She can **add multiple details to加入多种细节** the design to communicate her idea.
* C) She always **derives great pleasure from获得极大的愉悦** designing something new.
* 55. C) It is the most **time-honored历史悠久的；因古老而受到尊重的** form of fancy art.