1 Strong Form of Elasticity using Taylor-Hood elements

The strong form is posed as:

$$\begin{cases}
\nabla \cdot \sigma + \mathbf{b} = 0 \\
& \text{in } \Omega_3 \\
-\nabla \cdot \mathbf{u} = \frac{1}{\kappa} p
\end{cases} \tag{1}$$

where **u** is the displacement, **b** is the body force, κ is the material bulk modulus and σ is the Cauchy stress tensor, which can be decomposed in its deviatoric and hydrostatic counterparts as:

$$\sigma = \sigma' - p\mathbf{I}$$

where p is the hydrostatic pressure, I is the indentity matrix, ϵ is the strain tensor defined as:

$$\epsilon(\mathbf{u}) = \frac{\nabla \mathbf{u} + \nabla \mathbf{u}^T}{2}$$

 σ' is the deviatoric stress tensor that depends on the constitutive model adopted. Let's consider three different cases: for 3D elasticity, 2D elasticity and Stokes flows.

$$\begin{cases}
\sigma' = 2\mu\epsilon - \frac{2}{3}(\mu + \lambda)tr\epsilon\mathbf{I} & \text{for 3D elasticity} \\
\sigma' = 2\mu\epsilon - \mu tr\epsilon\mathbf{I} & \text{for 2D elasticity} \\
\sigma' = 2\mu\epsilon & \text{for 2D/3D stokes}
\end{cases} (2)$$

with μ and λ standing for Lamé parameters, computed as:

$$\mu = \frac{E}{2(1+\nu)}$$
$$\lambda = \frac{E\nu}{(1+\nu)(1-2\nu)}$$

The problem boundary conditions can be stated as:

$$\mathbf{u} = \mathbf{u}_D \quad \text{on } \partial\Omega_D \sigma \mathbf{n} = \mathbf{g} \quad \text{on } \partial\Omega_N$$
 (3)

where \mathbf{u}_D is the imposed displacemente and \mathbf{g} is the imposed traction.

It is noted that the material bulk modulus might be different for different cases as defined next:

$$\begin{cases}
\kappa = \lambda + \frac{2}{3}\mu & \text{for 3D elasticity} \\
\kappa = \lambda + \mu & \text{for plane strain} \\
\kappa = \mu \frac{(2\mu + 3\lambda)}{\lambda + 2\mu} & \text{for plane stress} \\
\kappa = \infty & \text{for 2D/3D stokes}
\end{cases}$$
(4)

One observes that when $\nu \to 0.5$, $\lambda \to \infty$, so $\kappa \to \infty$ for all the aforementioned cases, and a full incompressible formulation is recovered.

2 Weak Form

Define the following spaces:

$$\mathcal{V} = \{ \mathbf{v} \in H^1(\Omega) \mid \mathbf{v} = 0 \text{ on } \partial \Omega_D \}$$

$$\mathcal{U} = \{ \mathbf{u} \in H^1(\Omega) \mid \mathbf{u} = \mathbf{u}_D \text{ on } \partial \Omega_D \}$$

We multiply the strong form by test functions $v \in \mathcal{V}$ and $q \in L^2(\Omega)$ and pose to find $\mathbf{u} \in \mathcal{U}$ and $p \in L^2(\Omega)$, such that:

$$\begin{cases}
\int_{\Omega} \mathbf{v} \nabla \cdot \boldsymbol{\sigma} \, \partial\Omega + \int_{\Omega} \mathbf{v} \cdot \mathbf{b} \, \partial\Omega &= 0 & \forall \mathbf{v} \in \mathcal{V} \\
-\int_{\Omega} q \nabla \cdot \mathbf{u} \, \partial\Omega - \int_{\Omega} q \frac{1}{\kappa} p \, d\Omega &= 0 & \forall q \in L^{2}(\Omega)
\end{cases}$$
(5)

Integrating by parts:

$$\begin{cases}
\int_{\Omega} \nabla \mathbf{v} \cdot \boldsymbol{\sigma} \, \partial\Omega &= \int_{\partial\Omega_{N}} \mathbf{v} \cdot \mathbf{g} \, d\partial\Omega + \int_{\Omega} \mathbf{v} \cdot \mathbf{b} \, \partial\Omega & \forall \mathbf{v} \in \mathcal{V} \\
-\int_{\Omega} q \nabla \cdot \mathbf{u} \, \partial\Omega - \int_{\Omega} q_{\kappa}^{1} p \, d\Omega &= 0 & \forall q \in L^{2}(\Omega)
\end{cases} (6)$$

Plugging the formula for σ :

$$\begin{cases}
\int_{\Omega} \nabla \mathbf{v} \cdot (2\mu\epsilon - p\mathbf{I}) \, \partial\Omega &= \int_{\partial\Omega_N} \mathbf{v} \cdot \mathbf{g} \, d\partial\Omega + \int_{\Omega} \mathbf{v} \cdot \mathbf{b} \, \partial\Omega & \forall \mathbf{v} \in \mathcal{V} \\
-\int_{\Omega} q \nabla \cdot \mathbf{u} \, \partial\Omega - \int_{\Omega} q \frac{1}{\kappa} p \, d\Omega &= 0 & \forall q \in L^2(\Omega)
\end{cases}$$
(7)

And rearranging:

$$\begin{cases}
\int_{\Omega} \nabla \mathbf{v} \cdot 2\mu \epsilon - \nabla \mathbf{v} \cdot p \mathbf{I} \, \partial \Omega &= \int_{\partial \Omega_N} \mathbf{v} \cdot \mathbf{g} \, d\partial \Omega + \int_{\Omega} \mathbf{v} \cdot \mathbf{b} \, \partial \Omega & \forall \mathbf{v} \in \mathcal{V} \\
- \int_{\Omega} q \nabla \cdot \mathbf{u} \, \partial \Omega - \int_{\Omega} q \frac{1}{\kappa} p \, d\Omega &= 0 & \forall q \in L^2(\Omega)
\end{cases}$$
(8)

Or, using the strain tensor:

$$\begin{cases}
\int_{\Omega} \epsilon(\mathbf{v}) \cdot 2\mu \epsilon(\mathbf{u}) - p \nabla \cdot \mathbf{v} \, \partial \Omega &= \int_{\partial \Omega_N} \mathbf{v} \cdot \mathbf{g} \, d \partial \Omega + \int_{\Omega} \mathbf{v} \cdot \mathbf{b} \, \partial \Omega & \forall \mathbf{v} \in \mathcal{V} \\
- \int_{\Omega} q \nabla \cdot \mathbf{u} \, \partial \Omega - \int_{\Omega} q \frac{1}{\kappa} p \, d \Omega &= 0 & \forall q \in L^2(\Omega)
\end{cases}$$
(9)

Note also that the space of p could be $H^1(\Omega)$ since $H^1(\Omega) \in L^2(\Omega)$.