Programme Open Belgian Championships Swimming (ANTWERP \* 12-13-14/05/2017)

	Friday	12/05/2017	Programme	Deigia	Saturday	13/05/2017	ANTIVETTE 12-13-	14/03/2017)	Sunday	14/05/2017	
Heats	09h00	(warm-up > 07h3)	0 - 08h45)	Heats	09h00	(warm-up > 07h30	0 - 08h45)	Heats	09h00	(warm-up > 07h30	) - 08h45)
C1	200m	Backstroke	Women	C16	100m	Breaststroke	Women	C30	100m	Free Style	Women
C2	200m	Free Style	Men	C17	100m	Breaststroke	Men	C31	100m	Free Style	Men
C3	800m (#)	Free Style	Women	C18	200m	Butterfly	Women	C32	200m	Breaststroke	Women
C4	400m	Medley	Men	C19	200m	Butterfly	Men	C33	200m	Breaststroke	Men
C5	50m	Butterfly	Women	C20	50m	Free Style	Women	C34	50m	Backstroke	Women
C6	50m	Butterfly	Men	C21	50m	Free Style	Men	C35	50m	Backstroke	Men
C7	50m	Breaststroke	Women	C22	100m	Backstroke	Women	C36	800m (#)	Free Style	Men
C8	50m	Breaststroke	Men	C23	100m	Backstroke	Men	C37	100m	Butterfly	Women
C9	200m	Free Style	Women	C24	400m	Free Style	Women	C38	100m	Butterfly	Men
C10	200m	Backstroke	Men	C25	400m	Free Style	Men	C39	1500m(#)	Free Style	Women
C11	400m	Medley	Women	C26	200m	Medley	Women	C40	4x100m	Free Style	Mixed
C12	1500m (#)	Free Style	Men	C27	200m	Medley	Men		UM C40	rice otyle	WIACU
C13	4x100m	Medley	Mixed	027	5000m	Free Style	Mixed	1 05		(#) -> from 0th - 16th o	ntry time
	IUM C13	wicalcy	WIIACG		Break			800m & 1500m (#) => from 9th - 16th entry time  Break			
. 05		(#) => from 9th - 16th e	ntry time	Finals (*)	16h00	(warm-up > 14h30	0 - 15h45)	Finals (*)	16h00	(warm-up > 14h30	) - 15h45)
	000111 @ 1500111	Break	in y time	i indio ( )	400m	Free Style	Girls 11y	i indio ( )	400m	Free Style	Boys 12y
		2.00			400m	Free Style	Boys 13y		400m	Free Style	Girls 13y
					400m	Free Style	Girls 12y		400m	Free Style	Boys 14y
					200m	Ind. Medley	Boys 12y		200m	Ind. Medley	Girls 11y
					200m	Ind. Medley	Girls 13y		200m	Ind. Medley	Boys 13y
Finals (*)	16h00	(warm-up > 14h3	0 - 15h45)		200m	Ind. Medley	Boys 14y		200m	Ind. Medley	Girls 12y
F1 (O&J)	200m	Backstroke	Women	F15 (O&J)		Breaststroke	Women	F29 (O&J)		Free Style	Women
F2 (O&J)		Free Style	Men	F16 (O&J)		Breaststroke	Men	F30 (O&J)		Free Style	Men
F3 ´	800m (*)	Free Style	Women	F17 (O&J)		Butterfly	Women	F31 (O&J)		Breaststroke	Women
F4	400m	Medley	Men	F18 (O&J)		Butterfly	Men	F32 (O&J)		Breaststroke	Men
PODI	UM F1-F3				F15-F17	•			M F29-F31		
F5 (O&J)	50m	Butterfly	Women	F19 (O&J)	50m	Free Style	Women	F33 (O&J)	50m	Backstroke	Women
F6 (O&J)	50m	Butterfly	Men	F20 (O&J)	50m	Free Style	Men	F34 (O&J)	50m	Backstroke	Men
F7 (O&J)	50m	Breaststroke	Women	F21 (O&J)		Backstroke	Women	F35 ´	800m (*)	Free Style	Men
F8 (O&J)	50m	Breaststroke	Men	F22 (O&J)		Backstroke	Men	PODIU	M F32-F34	·	
	UM F4-F7				F18-F21			F36 (O&J)	100m	Butterfly	Women
F9 (O&J)	200m	Free Style	Women	F23	400m	Free Style	Women	F37 (O&J)		Butterfly	Men
F10 (O&J)		Backstroke	Men	F24	400m	Free Style	Men	F38	1500m(*)	Free Style	Women
F11	400m	Medley	Women	F25 (O&J)	200m	Medley	Women	PODIU	M F35-F38	-	
F12	1500m(*)	Free Style	Men	F26 (O&J)		Medley	Men	C41	4 x 100m	Medley	Men
PODIL	JM F8-F12	•			F22-F26	-		C42	4 x 100m	Medley	Women
C14	4 x 100m	Free Style	Women	C28	4 x 200m	Free Style	Women	PODIUI	/I C41-C42	•	
C15	4 x 100m	Free Style	Men	C29	4 x 200m	Free Style	Men				
PODIU	M C14-C15	•		PODIUN	/I C28-29	•					
	800m & 1500m (*) = 1st - 8th entry time								800m & 1500m	(*) = 1st - 8th entry time	•









(\*) FINALS OPEN Best 8 times of ALL age categories (with max. 2 foreign athletes)

YOUTH/JEU Best 8 times of YOUTH category (Boys born in 1999 & later / Girls born in 2000 & later, which are not swimming the OPEN final / with max. 2 foreign athl.)

The "OPEN" final is always swum before the "YOUTH" final. La finale "OPEN" sera toujours nagé avant la finale "JEU". De finale "OPEN" wordt steeds eerst gezwommen.

## KONINKLIJKE BELGISCHE ZWEMBOND - FEDERATION ROYALE BELGE DE NATATION

Event Limit Times Open Belgian Championships Swimming (ANTWERP \* 12-13-14/05/2017)
Women Men

		Women	Men
50m	Free	0.28.80	0.25.90
100m	Free	1.02.40	0.56.80
200m	Free	2.15.40	2.04.40
400m	Free	4.46.20	4.25.20
800m	Free	9.47.90	9.13.70
1500m	Free	18.52.70	17.33.30
50m	Backstroke	0.33.10	0.29.50
100m	Backstroke	1.11.20	1.03.50
200m	Backstroke	2.33.20	2.19.90
50m	Breaststroke	0.36.70	0.32.60
100m	Breaststroke	1.19.50	1.11.70
200m	Breaststroke	2.51.80	2.37.50
50m	Butterfly	0.30.90	0.27.70
100m	Butterfly	1.08.50	1.01.40
200m	Butterfly	2.34.40	2.18.80
200m	Ind Medley	2.35.20	2.19.60
400m	Ind Medley	5.30.00	5.00.00
4x100m	Free	no limit	no limit
4x200m	Free	no limit	no limit
4x100m	Medley	no limit	no limit

No limit on the number of entries of relay teams per club!

But only 1 relay team per club
for the podium and for the championships points!

De limiettijden moeten op de dag van de competitie gezwommen worden. Elke overschrijding van de limiettijd zal beboet worden.

Les temps limites doivent être réalisés le jour même de la compétition. Chaque dépassement de temps limite sera pénalisé d'une amende.

The event limit times must be achieved on the day of the competition. Any exceeding of the event limit time will be fined.





