

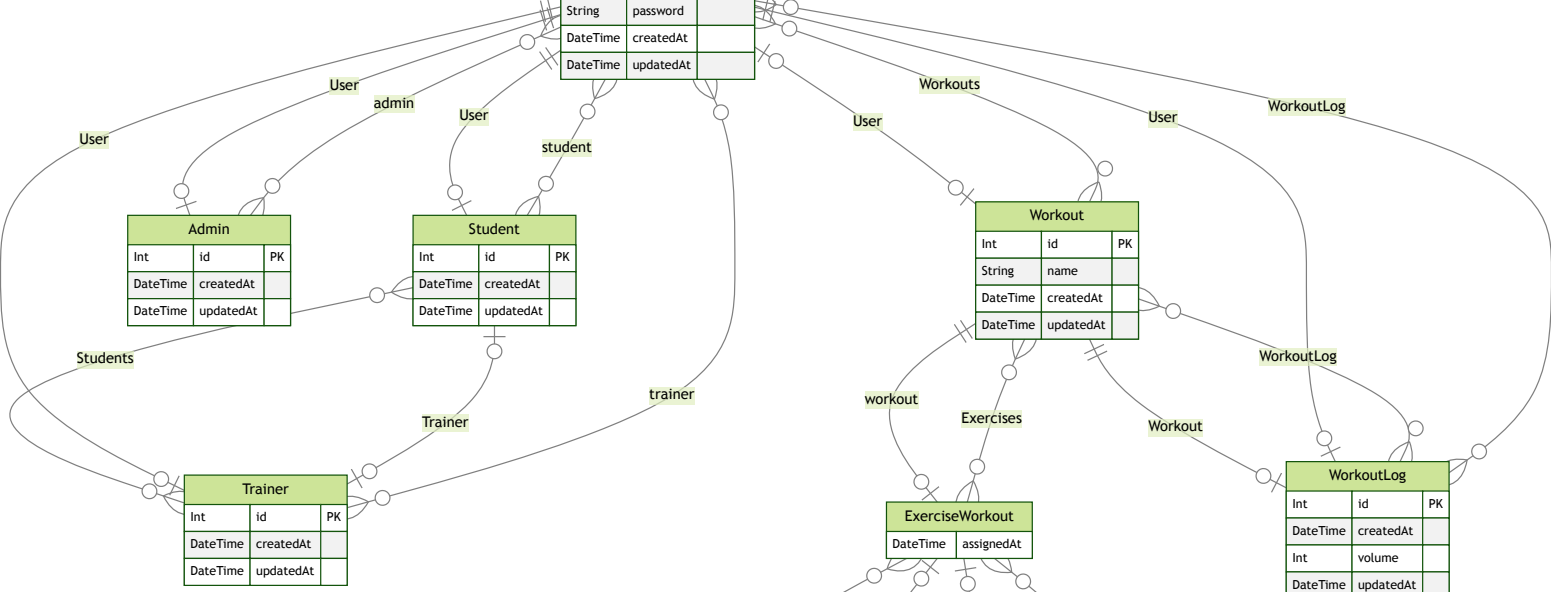
Role		
Int	rid	PK
String	name	
DateTime	createdAt	
DateTime	updatedAt	

role UserRoles

UserRoles	
DateTime	assignedAt

UserRoles user

User		
Int	id	PK
String	email	
String	name	nullable
String	password	
DateTime	createdAt	
DateTime	updatedAt	



Admin		
Int	id	PK
DateTime	createdAt	
DateTime	updatedAt	

Student		
Int	id	PK
DateTime	createdAt	
DateTime	updatedAt	

Workout		
Int	id	PK
String	name	
DateTime	createdAt	
DateTime	updatedAt	

Trainer		
Int	id	PK
DateTime	createdAt	
DateTime	updatedAt	

ExerciseWorkout	
DateTime	assignedAt

WorkoutLog		
Int	id	PK
DateTime	createdAt	
Int	volume	
DateTime	updatedAt	

Exercise		
Int	id	PK
String	name	
String	description	nullable
DateTime	createdAt	
DateTime	updatedAt	

Series		
Int	id	PK
Int	reps	
Int	weight	