

The 100 Marriage Assessment - Series 1

Couple Discussion Guide



Michael Johnson & Sarah Williams

Completed on 4/23/2025

Thank you for completing The 100 Marriage Assessment - Series 1. This discussion guide provides insights into your perspectives on marriage, where further conversation may strengthen your relationship.

Understanding Your Compatibility Score:

Your compatibility score reflects the alignment of your perspectives across the assessment sections. A higher score indicates greater similarity in your views across dimensions, while a lower score highlights areas where your experiences differ. This is not a judgment of relationship quality, but rather a tool to identify areas for discussion.

Score Comparison

The scores below show how each of you responded to the assessment. Your individual percentages represent how closely your responses align with certain expectations of marriage. The "Difference" column shows the gap between your scores—smaller differences mean you're more aligned in that area, while larger differences indicate topics you may want to discuss more deeply.

Section	Michael's Score	Sarah's Score	Difference
Your Foundation	NaN%	0%	NaN%
Your Faith Life	NaN%	0%	NaN%
Your Marriage Life	NaN%	0%	NaN%
Your Parenting Life	NaN%	0%	NaN%
Your Family/Home Life	NaN%	0%	NaN%
Your Finances	NaN%	0%	NaN%
Your Health and Wellness	NaN%	0%	NaN%
Your Marriage and Boundaries	NaN%	0%	NaN%
Overall	NaN%	NaN%	NaN%

Areas of Strong Alignment

Your Marriage and Boundaries
Your Health and Wellness
Your Finances

Areas for Additional Conversation

Your Foundation
Your Faith Life

Key Differences to Discuss

These are questions where your responses showed notable differences. Using these as conversation starters can help strengthen your understanding of each other's perspectives.

Your Foundation: Marriage + Family - What is your faith position? (Your Foundation)

Michael: Strongly Agree

Sarah: Neutral

Discussion Guide:

Consider discussing how your different perspectives might complement each other.

Your Foundation: Marriage Preparation: Legal (Incapacitation) - What is your position on Power of Attorney? (Your Foundation)

Michael: Strongly Agree

Sarah: Disagree

Discussion Guide:

Consider discussing how your different perspectives might complement each other.

Your Foundation: Marriage Preparation: Legal (Estate) - What is your position on creating a will? (Your Foundation)

Michael: Agree

Sarah: Disagree

Discussion Guide:

Consider discussing how your different perspectives might complement each other.

Reference: See ["The 100 Marriage"](#) for more guidance on your foundation.

Your Psychographic Profiles

Michael: Balanced Visionaries (General), Faithful Protectors (Male-Specific)

Sarah: Balanced Visionaries (General), Relational Nurturers (Female-Specific)

Your complementary profiles suggest a relationship with unique strengths and growth areas. Refer to your individual assessment reports for detailed explanations of each profile.

BOOK
COVER

Continue Your Journey with "The 100 Marriage"







Lawrence Adjah's bestselling book provides a comprehensive framework for addressing each of the areas highlighted in this assessment. Use it alongside this discussion guide to deepen your conversations and strengthen your relationship foundation.

For a personal consultation to discuss your results:
<https://lawrence-adjah.clientsecure.me/request/service>




Psychographic Profiles Reference Guide

This guide provides information about all psychographic profiles in the 100 Marriage Assessment system. Use it to better understand your own profile and potential compatibility with others.

Unisex Profiles

	Steadfast Believers Steadfast Believers place strong commitment to faith as the foundation of your relationship. You value traditional marriage roles and have clear expectations for family life. Your decisions are firmly guided by your interpretation of scripture, and you're unwavering in your convictions. Compatibility: Your strong faith and traditional values mean you'll thrive with someone who shares your spiritual commitment and family focus. Expectation alignment is highest with Steadfast Believers, but Harmonious Planners and Balanced Visionaries can complement your values if faith is discussed.
	Harmonious Planners Harmonious Planners value thoughtful planning in your relationship while maintaining strong faith values. You're committed to establishing clear expectations and boundaries in your marriage while prioritizing your spiritual foundation. Compatibility: You value structure and faith, so you'll connect best with partners who share your planning mindset. Harmonious Planners are ideal, while Steadfast Believers and Balanced Visionaries offer similar alignment with slight variations.
	Flexible Faithful Flexible Faithfuls find faith important to you, you balance spiritual conviction with practical adaptability. You value communication and compromise, seeking to honor your beliefs while remaining flexible in how you apply them in daily life. Compatibility: Your balance of faith and adaptability makes you versatile. Flexible Faithful matches align best, but Balanced Visionaries and Pragmatic Partners complement your communication focus with mutual respect.
	Balanced Visionaries Balanced Visionaries take a balanced approach to marriage. You value both tradition and modern perspectives, seeking harmony between stability and flexibility. Your responses show a well-rounded understanding of marriage with a natural ability to adapt while maintaining core values. Compatibility: Your balanced approach pairs well with similar mindsets. Balanced Visionaries are ideal, while Steadfast Believers and Flexible Faithful share your values with slight variations.
	Individualist Seekers Individualist Seekers value personal growth and autonomy within relationships. While respecting personal boundaries and expect independence. Your approach to marriage emphasizes equality and mutual support while preserving individual identity. Compatibility: Your focus on independence connects with partners who respect autonomy. Individualist Seekers, Pragmatic Partners and Flexible Faithful offer complementary practicality and adaptability.
	Pragmatic Partners Pragmatic Partners approach marriage with a practical, results-oriented mindset. You value clear communication and shared responsibility. Your decisions are based on what works best for your family and traditions. Compatibility: You prioritize practicality and communication, thriving with partners who share your focus on results, while Flexible Faithful and Individualist Seekers align on practicality with less faith in tradition.

Female-Specific Profiles

	Relational Nurturers (Female) As a Relational Nurturer, you have a natural ability to create emotional safety and warmth in your relationships. You prioritize family cohesion and emotional well-being, making you a supportive and caring partner. Compatibility: Your nurturing nature thrives with a partner who values family and emotional connection. Relational Nurturers and Balanced Providers offer stability and support, while Balanced Providers and Structured Leaders offer stability and structure.
	Adaptive Communicators (Female) As an Adaptive Communicator, you excel at creating open and honest communication in your relationships. Your approach to relationships emphasizes openness, and you're skilled at navigating challenges through conversation. Compatibility: Your communication skills pair with a partner who values open dialogue. Adaptive Communicators, Protectors and Balanced Providers complement your faith and communication focus.
	Faith-Centered Homemakers (Female) As a Faith-Centered Homemaker, your focus on creating a spiritually nurturing environment and your commitment to living provides stability and moral guidance for your family. Compatibility: Your spiritual home focus thrives with partners who share your faith and values. Faith-Centered Homemakers and Structured Leaders support your family and faith focus.

IT

Independent Tradition

As an Independent Tradition, you value relationship structures while maintaining traditional values with modern perspectives.

Compatibility: Your blend of traditional protectors and structured leadership makes you an

Male-Specific Profiles

PP

Principled Protector

As a Principled Protector, you are dedicated to establishing a strong foundation for your family, making you an

FP

Faithful Protector

As a Faithful Protector, you provide guidance and support, making you a

Compatible Relationship

SL