# The 100 Marriage Assessment - Series 1

### **Couple Assessment Report**

#### Michael Johnson & Sarah Williams

#### **Couple Compatibility Score**



## **Good Compatibility**

This compatibility score represents how well aligned your expectations are as a couple. A higher score means you have more similar views on marriage-related topics, which can lead to greater harmony and understanding in your relationship.

# **Relationship Insights**

#### **Strength Areas**

- 1. Your Professional Life
- 2. Your Communication
- 3. Your Parenting Life

#### **Areas Needing Alignment**

- 1. Your Faith Life
- 2. Your Partnership
- 3. Your Foundation

# **Individual Assessment Scores**

Michael's Profile: Balanced Visionaries Sarah's Profile: Faith-Centered Traditionalists

Overall Score: 81% Overall Score: 81%

Male-Specific Profile: Faithful Protectors Female-Specific Profile: Relational Nurturers

# **Section Score Comparison**

This table shows how your scores compare in each assessment section. Larger differences may indicate areas where you have different perspectives that could benefit from discussion.

Assessment Section	Michael	Sarah	Difference
Your Faith Life	85%	65%	• 20%
Your Health and Wellness	70%	85%	• 15%
Your Foundation	92%	75%	• 17%
Your Finances	65%	88%	! 23%
Your Partnership	78%	90%	• 12%
Your Family/Home Life	88%	92%	' 4%
Your Intimacy and Sex Life	72%	78%	' 6%
Your Communication	80%	82%	' 2%
Your Social Life	74%	84%	' 10%
Your Professional Life	90%	76%	• 14%
Your Parenting Life	84%	80%	' 4%

### **Key Differences to Discuss**

These questions highlight areas where you had significant differences in your responses. Discussing these topics can help you better understand each other's perspectives and expectations.

1. I believe regular worship and prayer together are essential for a strong marriage.

Michael: Strongly Agree

Sarah: Neutral

2. I believe we should agree on our core values and life philosophy before marriage.

Michael: Strongly Agree

Sarah: Neutral

3. I think our financial decisions should be made together, even for small purchases.

Michael: **Disagree** 

Sarah: Strongly Agree

4. I expect my spouse to be my closest confidant and best friend.

Michael: Strongly Agree

Sarah: Disagree

5. I believe in splitting household responsibilities based on individual strengths rather than traditional gender roles.

Michael: Neutral

Sarah: Strongly Agree

# **Discussion Guide: Where Your Perspectives Differ**

These are the most significant areas where your answers differed. We recommend scheduling dedicated time to discuss these topics together using "The 100 Marriage" book as your guide. The book provides valuable context and discussion points that will help you align your expectations more effectively.

# **Top Differences to Discuss Together:**

Question 5: I believe regular worship and prayer together are essential for a strong marriage.

Michael's Response: Sarah's Response:

Strongly Agree Neutral

Question 17: I believe we should agree on our core values and life philosophy before marriage.

Michael's Response: Sarah's Response:

Strongly Agree Neutral

Question 25: I think our financial decisions should be made together, even for small purchases.

Michael's Response: Sarah's Response:

Disagree Strongly Agree

Question 30: I expect my spouse to be my closest confidant and best friend.

Michael's Response: Sarah's Response:

Strongly Agree Disagree

Question 42: I believe in splitting household responsibilities based on individual strengths rather than traditional gender roles.

Michael's Response: Sarah's Response:

Neutral Strongly Agree



# Use The 100 Marriage Book as Your Discussion Companion

This book provides the perfect framework to navigate important conversations and alignment.

**GET THE BOOK** 

## **Additional Key Sections for Discussion**

**Section: Your Faith Life** 

Walk through the questions in this section together with the book as your companion.

**Section: Your Partnership** 

Walk through the questions in this section together with the book as your companion.

**Section: Your Foundation** 

Walk through the questions in this section together with the book as your companion.



## Don't have the book yet?

Get your copy at lawrenceadjah.com/the100marriagebook

to deepen your discussions and strengthen your relationship.

## **Next Steps for Your Relationship**

- 1. Review this report together and discuss the key areas of difference.
- 2. Focus on understanding each other's perspectives rather than trying to change them.
- 3. Use "The 100 Marriage" book to guide your discussions on areas needing alignment.
- 4. Consider scheduling a consultation with Lawrence E. Adjah for additional support.
- 5. Revisit the assessment after 6-12 months to track your alignment progress.

#### To schedule a consultation:

https://lawrence-adjah.clientsecure.me/request/service

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