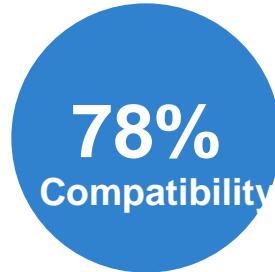


# The 100 Marriage Assessment - Series 1

## Couple Discussion Guide



**Michael Johnson & Sarah Williams**

Completed on 4/23/2025

Thank you for completing The 100 Marriage Assessment - Series 1. This guide provides insights into your perspectives on marriage and how this conversation may strengthen your relationship.

### **Understanding Your Compatibility Score:**

Your compatibility score reflects the alignment of your perspectives across the assessment sections. A higher score indicates greater similarity in your views, while a lower score highlights areas where your expectations differ. This is not a measure of relationship quality, but rather a tool to identify areas for meaningful conversation.

# Score Comparison

The scores below show how each of you responded to the assessment. Your individual percentages represent how closely your responses align with certain expectations of marriage. The "Difference" column shows the gap between your scores—smaller differences mean you're more aligned in that area, while larger differences indicate topics you may want to discuss more deeply.

Section	Michael's Score	Sarah's Score	Difference
Your Foundation	92%	85%	7%
Your Faith Life	84%	75%	9%
Your Marriage Life	88%	88%	0%
Your Parenting Life	78%	90%	12%
Your Family/Home Life	82%	76%	6%
Your Finances	76%	72%	4%
Your Health and Wellness	86%	82%	4%
Your Marriage and Boundaries	72%	82%	10%
Overall	82%	81%	1%

## Areas of Strong Alignment

Your Faith Life  
Your Parenting Life  
Your Foundation

## Areas for Additional Conversation

Your Family/Home Life  
Your Marriage and Boundaries

## Key Differences to Discuss

These are questions where your responses showed notable differences. Using these as conversation starters can help strengthen your understanding of each other's perspectives.

### How important is it to plan finances together? (Your Finances)

**Michael:** Very important, all financial decisions should be made together

**Sarah:** Somewhat important, but we should maintain some financial independence

#### Discussion Guide:

How might you create a financial approach that respects both viewpoints?

### What role should in-laws play in your marriage? (Your Family/Home Life)

**Michael:** Limited involvement, with clear boundaries

**Sarah:** Regular involvement and guidance from both families

#### Discussion Guide:

What family boundaries would make both of you comfortable?

Reference: See "The 100 Marriage" for more guidance on your family/home life.

### How do you prefer to resolve conflicts? (Your Marriage and Boundaries)

**Michael:** Address issues immediately and directly

**Sarah:** Take time to cool off before discussing sensitive topics

#### Discussion Guide:

How can you establish relationship boundaries that feel right to both of you?

Reference: See "The 100 Marriage" for more guidance on your marriage and boundaries.

## Your Psychographic Profiles

**Michael: Balanced Visionary (General), Structured Leader (Male-Specific)**

**Sarah: Balanced Partnership (General), Adaptive Nurturer (Female-Specific)**

Your complementary profiles suggest a relationship with unique strengths and growth areas. Refer to your individual assessment reports for detailed explanations of each profile.

BOOK  
COVER

### Continue Your Journey with "The 100 Marriage"

Lawrence Adjah's bestselling book provides a comprehensive framework for addressing each of the areas highlighted in this assessment. Use it alongside this discussion guide to deepen your conversations and strengthen your relationship foundation.

**For a personal consultation to discuss your results:**  
<https://lawrence-adjah.clientsecure.me/request/service>

# Psychographic Profiles Reference Guide

This guide provides information about all psychographic profiles in the 100 Marriage Assessment system. Use it to better understand your own profile and potential compatibility with others.

## Unisex Profiles

SB

### Steadfast Believers

You have a strong commitment to faith as the foundation of your relationship. You value traditional marriage roles and have clear expectations for family life. Your decisions are firmly guided by your interpretation of scripture, and you're unwavering in your convictions.

Compatible with profiles that emphasize: Your Foundation, Your Faith Life

HP

### Harmonious Planners

You value structure and careful planning in your relationship while maintaining strong faith values. You're committed to establishing clear expectations and boundaries in your marriage while prioritizing your spiritual foundation.

Compatible with profiles that emphasize: Your Foundation, Your Marriage Life, Your Finances

FF

### Flexible Faithful

While your faith is important to you, you balance spiritual conviction with practical adaptability. You value communication and compromise, seeking to honor your beliefs while remaining flexible in how you apply them to daily life.

Compatible with profiles that emphasize: Your Faith Life, Your Marriage Life

PP

### Pragmatic Partners

You approach marriage with a practical mindset, valuing clear communication and shared responsibility. While faith plays a role in your relationship, you also emphasize mutual respect and fairness in all aspects of your relationship.

Compatible with profiles that emphasize: Your Finances, Your Marriage Life

IS

### Individualist Seekers

You value personal growth and independence within your relationship. While you appreciate the spiritual dimension of marriage, you also believe in maintaining individuality and creating a relationship that evolves as you both grow.

Compatible with profiles that emphasize: Your Faith Life, Your Marriage Life

BV

### Balanced Visionaries

You have a strong foundation of faith-centered expectations paired with practical wisdom. You value clear communication, mutual respect, and shared spiritual growth. Your balanced approach to relationships positions you well for a fulfilling marriage built on aligned expectations and shared values.

Compatible with profiles that emphasize: Your Faith Life, Your Marriage Life, Your Marriage and Boundaries

## Female-Specific Profiles

RN

### Relational Nurturers (Female)

You prioritize emotional connection and nurturing in your marriage. Your faith influences how you care for your relationship and future family, and you value creating a supportive, loving home environment.

Compatible with profiles that emphasize: Your Parenting Life, Your Marriage Life

AC

### Adaptive Communicators (Female)

You excel at building bridges through communication and emotional intelligence. Your faith informs your values, but you're also skilled at finding common ground and creating harmony in your relationship.

Compatible with profiles that emphasize: Your Marriage Life, Your Faith Life

IT

### **Independent Traditionalists (Female)**

You value traditional marriage foundations while maintaining your unique identity. You believe in honoring faith-based principles but also advocate for mutual respect and equality within your relationship.

Compatible with profiles that emphasize: Your Foundation, Your Finances

FH

### **Faith-Centered Homemakers (Female)**

You place high value on creating a nurturing home environment guided by faith principles. You balance traditional family values with modern perspectives, focusing on building a strong spiritual foundation for your family while maintaining your own identity and growth.

Compatible with profiles that emphasize: Your Faith Life, Your Family/Home Life

## **Male-Specific Profiles**

FP

### **Faithful Protectors (Male)**

You see yourself as the spiritual leader and protector of your family. Your faith deeply influences how you approach your role as a husband, and you take seriously your responsibility to provide guidance and security.

Compatible with profiles that emphasize: Your Foundation, Your Faith Life

SL

### **Structured Leaders (Male)**

You value order and clarity in your approach to marriage. Your faith provides a framework for how you lead in your relationship, and you believe in establishing clear boundaries and expectations for family life.

Compatible with profiles that emphasize: Your Finances, Your Parenting Life

BP

### **Balanced Providers (Male)**

You prioritize providing stability while maintaining strong spiritual values. You seek balance between work, family responsibilities, and personal growth. Your approach to marriage combines traditional values with openness to new perspectives, creating a dynamic and supportive relationship.

Compatible with profiles that emphasize: Your Finances, Your Faith Life, Your Health and Wellness