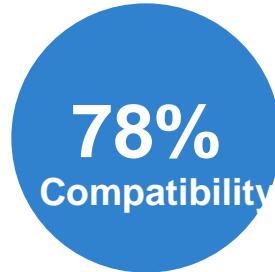


# The 100 Marriage Assessment - Series 1

## Couple Discussion Guide



**Michael Johnson & Sarah Williams**

Completed on 5/10/2025

Thank you for completing The 100 Marriage Assessment - Series 1 as a couple. This discussion guide provides insights into your perspectives on marriage and highlights areas where further conversation may strengthen your relationship.

### **Understanding Your Compatibility Score:**

Your compatibility score reflects the alignment of your perspectives across all assessment sections. A higher score indicates greater similarity in your views on key marriage dimensions, while a lower score highlights areas where your expectations differ. This is not a judgment of relationship quality, but rather a tool to identify areas for meaningful discussion.

# Score Comparison

## Understanding Your Scores

The scores below reflect how each of you answered the assessment, with your individual percentages showing your unique perspective in each section, based on the specific weight of your responses. These aren't "good" or "bad" scores—they're simply a mirror of your personal expectations and priorities. What matters most is the "Difference" column, which highlights how closely your responses and expectations align in each section and overall. Why does this matter? We believe that the more aligned your expectations are, the stronger foundation you'll build for a thriving, healthy marriage.

Section	Michael's Score	Sarah's Score	Difference
Your Foundation	92%	85%	7%
Your Faith Life	84%	75%	9%
Your Marriage Life	88%	88%	0%
Your Parenting Life	78%	90%	12%
Your Family/Home Life	82%	76%	6%
Your Finances	76%	72%	4%
Your Health and Wellness	86%	82%	4%
Your Marriage and Boundaries	72%	82%	10%
Overall	82.3%	81.3%	1%

### Areas of Strong Alignment

Your Faith Life  
Your Parenting Life  
Your Foundation

### Areas for Additional Conversation

Your Family/Home Life  
Your Marriage and Boundaries

## Key Differences to Discuss

These are questions where your responses showed notable differences. Using these as conversation starters can help strengthen your understanding of each other's perspectives.

### How important is it to plan finances together? (Your Finances)

**Michael:** Very important, all financial decisions should be made together

**Sarah:** Somewhat important, but we should maintain some financial independence

#### Discussion Guide:

How might you create a financial approach that respects both viewpoints?

### What role should in-laws play in your marriage? (Your Family/Home Life)

**Michael:** Limited involvement, with clear boundaries

**Sarah:** Regular involvement and guidance from both families

#### Discussion Guide:

What family boundaries would make both of you comfortable?

Reference: See ["The 100 Marriage"](#) for more guidance on your family/home life.

### How do you prefer to resolve conflicts? (Your Marriage and Boundaries)

**Michael:** Address issues immediately and directly

**Sarah:** Take time to cool off before discussing sensitive topics

#### Discussion Guide:

How can you establish relationship boundaries that feel right to both of you?

Reference: See ["The 100 Marriage"](#) for more guidance on your marriage and boundaries.

# Your Psychographic Profiles

**Michael: Balanced Visionary (General), Structured Leader (Male-Specific)**

**Sarah: Balanced Partnership (General), Adaptive Nurturer (Female-Specific)**

Your complementary profiles suggest a relationship with unique strengths and growth areas. Refer to your individual assessment reports for detailed explanations of each profile.

## Continue Your Journey with "The 100 Marriage"

If you do not already own the book, purchase your copy of the bestselling book, The 100 Marriage, so you and your significant other have the opportunity to go back through each question together at your own pace.

Alternatively, you can follow the path of many couples who complete The 100 Marriage and decide they would like to walk through their points of misaligned with counsel.

**For a personal consultation to discuss your results:**  
<https://lawrence-adjah.clientsecure.me/request/service>

# Psychographic Profiles Reference Guide

This guide provides information about all psychographic profiles in the 100 Marriage Assessment system. Use it to better understand your own profile and potential compatibility with others.

## Unisex Profiles

SB

### Steadfast Believers

You have a strong commitment to faith as the foundation of your relationship. You value traditional marriage roles and have clear expectations for family life. Your decisions are firmly guided by your interpretation of scripture, and you're unwavering in your convictions.

Compatible with profiles that emphasize: Your Foundation, Your Faith Life

*Ideal match: Steadfast Believers*

*Next best matches: Harmonious Planners, Balanced Visionaries*

HP

### Harmonious Planners

You value structure and careful planning in your relationship while maintaining strong faith values. You're committed to establishing clear expectations and boundaries in your marriage while prioritizing your spiritual foundation.

Compatible with profiles that emphasize: Your Foundation, Your Marriage Life, Your Finances

*Ideal match: Harmonious Planners*

*Next best matches: Steadfast Believers, Balanced Visionaries*

FF

### Flexible Faithful

While your faith is important to you, you balance spiritual conviction with practical adaptability. You value communication and compromise, seeking to honor your beliefs while remaining flexible in how you apply them to daily life.

Compatible with profiles that emphasize: Your Faith Life, Your Marriage Life

*Ideal match: Flexible Faithful*

*Next best matches: Balanced Visionaries, Pragmatic Partners*

PP

### Pragmatic Partners

You approach marriage with a practical mindset, valuing clear communication and shared responsibility. While faith plays a role in your relationship, you also emphasize mutual respect and fairness in all aspects of your relationship.

Compatible with profiles that emphasize: Your Finances, Your Marriage Life

*Ideal match: Pragmatic Partners*

*Next best matches: Flexible Faithful, Individualist Seekers*

IS

### Individualist Seekers

You value personal growth and independence within your relationship. While you appreciate the spiritual dimension of marriage, you also believe in maintaining individuality and creating a relationship that evolves as you both grow.

Compatible with profiles that emphasize: Your Faith Life, Your Marriage Life

*Ideal match: Individualist Seekers*

*Next best matches: Pragmatic Partners, Balanced Visionaries*

BV

### Balanced Visionaries

You have a strong foundation of faith-centered expectations paired with practical wisdom. You value clear communication, mutual respect, and shared spiritual growth. Your balanced approach to relationships positions you well for a fulfilling marriage built on aligned expectations and shared values.

Compatible with profiles that emphasize: Your Faith Life, Your Marriage Life, Your Marriage and Boundaries

*Ideal match: Balanced Visionaries*

*Next best matches: Flexible Faithful, Harmonious Planners*

## Female-Specific Profiles

RN

### Relational Nurturers (Female)

You prioritize emotional connection and nurturing in your marriage. Your faith influences how you care for your relationship and future family, and you value creating a supportive, loving home environment.

Compatible with profiles that emphasize: Your Parenting Life, Your Marriage Life

*Ideal match: Faithful Protectors*

*Next best matches: Balanced Providers, Structured Leaders*

AC

### Adaptive Communicators (Female)

You excel at building bridges through communication and emotional intelligence. Your faith informs your values, but you're also skilled at finding common ground and creating harmony in your relationship.

Compatible with profiles that emphasize: Your Marriage Life, Your Faith Life

*Ideal match: Balanced Providers*

*Next best matches: Structured Leaders, Faithful Protectors*

IT

### Independent Traditionalists (Female)

You value traditional marriage foundations while maintaining your unique identity. You believe in honoring faith-based principles but also advocate for mutual respect and equality within your relationship.

Compatible with profiles that emphasize: Your Foundation, Your Finances

*Ideal match: Structured Leaders*

*Next best matches: Faithful Protectors, Balanced Providers*

FH

### Faith-Centered Homemakers (Female)

You place high value on creating a nurturing home environment guided by faith principles. You balance traditional family values with modern perspectives, focusing on building a strong spiritual foundation for your family while maintaining your own identity and growth.

Compatible with profiles that emphasize: Your Faith Life, Your Family/Home Life

*Ideal match: Faithful Protectors*

*Next best matches: Structured Leaders, Balanced Providers*

## Male-Specific Profiles

FP

### Faithful Protectors (Male)

You see yourself as the spiritual leader and protector of your family. Your faith deeply influences how you approach your role as a husband, and you take seriously your responsibility to provide guidance and security.

Compatible with profiles that emphasize: Your Foundation, Your Faith Life

*Ideal match: Faith-Centered Homemakers*

*Next best matches: Relational Nurturers, Independent Traditionalists*

SL

### Structured Leaders (Male)

You value order and clarity in your approach to marriage. Your faith provides a framework for how you lead in your relationship, and you believe in establishing clear boundaries and expectations for family life.

Compatible with profiles that emphasize: Your Finances, Your Parenting Life

*Ideal match: Independent Traditionalists*

*Next best matches: Faith-Centered Homemakers, Relational Nurturers*

BP

### Balanced Providers (Male)

You prioritize providing stability while maintaining strong spiritual values. You seek balance between work, family responsibilities, and personal growth. Your approach to marriage combines traditional values with openness to new perspectives, creating a dynamic and supportive relationship.

Compatible with profiles that emphasize: Your Finances, Your Faith Life, Your Health and Wellness

*Ideal match: Adaptive Communicators*

*Next best matches: Relational Nurturers, Independent Traditionalists*