# The 100 Marriage Assessment - Series 1

### **Couple Discussion Guide**



### Michael Johnson & Sarah Williams

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Thank you for completing The 100 Marriage Assessment - Series guide provides insights into your perspectives on marriage and hi conversation may strengthen your relationship.

### **Understanding Your Compatibility Score:**

Your compatibility score reflects the alignment of your perspective sections. A higher score indicates greater similarity in your views while a lower score highlights areas where your expectations different relationship quality, but rather a tool to identify areas for meaningf

## **Score Comparison**

Section	Michael's Score	Sarah's Score	Difference
Your Foundation	92%	85%	7%
Your Faith Life	84%	75%	9%
Your Marriage Life	88%	88%	0%
Your Parenting Life	78%	90%	12%
Your Family/Home Life	82%	76%	6%
Your Finances	76%	72%	4%
Your Health and Welln	es\$6%	82%	4%
Your Marriage and Bou	un <b>₫â%</b> es	82%	10%
Overall	82%	81%	1%

## **Areas of Strong Alignment**

Your Faith Life Your Parenting Life Your Foundation

### **Areas for Additional Conversation**

Your Family/Home Life Your Marriage and Boundaries

### **Key Differences to Discuss**

These are questions where your responses showed notable differences. Using these as conversation starters can help strengthen your understanding of each other's perspectives.

#### How important is it to plan finances together? (Your Finances)

Michael: Very important, all financial decisions should be made together

Sarah: Somewhat important, but we should maintain some financial

independence

#### **Discussion Guide:**

How might you create a financial approach that respects both viewpoints?

#### What role should in-laws play in your marriage? (Your Family/Home Life)

Michael: Limited involvement, with clear boundaries

Sarah: Regular involvement and guidance from both families

#### **Discussion Guide:**

What family boundaries would make both of you comfortable?

Reference: See "The 100 Marriage" for more guidance on your family/home life.

#### How do you prefer to resolve conflicts? (Your Marriage and Boundaries)

Michael: Address issues immediately and directly

Sarah: Take time to cool off before discussing sensitive topics

#### **Discussion Guide:**

How can you establish relationship boundaries that feel right to both of you?

Reference: See "The 100 Marriage" for more guidance on your marriage and boundaries.

### **Your Psychographic Profiles**

Michael: Balanced Visionary (General), Structured Leader (Male-Specific)

Sarah: Balanced Partnership (General), Adaptive Nurturer (Female-Specific)

Your complementary profiles suggest a relationship with unique strengths and growth areas. Refer to your individual assessment reports for detailed explanations of each profile.



## Continue Your Journey with "The 100 Marriage"

Lawrence Adjah's bestselling book provides a comprehensive framework for addressing each of the areas highlighted in this assessment. Use it alongside this discussion guide to deepen your conversations and strengthen your relationship foundation.

For a personal consultation to discuss your results: https://lawrence-adjah.clientsecure.me/request/service