Pause to begin

"If You judge a fish by its ability to climb a tree it will spend its whole life believing you're stupid" -  Einstein

All of us are able. Only that sometimes, we are unable to find resources for our abilities. And to find such resources we have to take a pause and accept that it’s a moment of full stop for work, brain, sex, laptops, bars, beers , peers etcetera.

Ladakh for me was such a Pause.

A pause that helped me begin something new in life. A pause that caused a noise within , to find solace on these unending empty roads. Solace, as I saw not the poetic panoramas but real ‘spaces’ in Ladakh.

I am still unaware whether Solace was found or not but I am sure I found my little lost life there. And a little bit of what I understood of Maezumi’s Philosophy,

“*Just live that life. It doesn’t matter whether it is life or hell, life of the hungry ghost, life of the animal, it’s okay; just live that life, see. And as a matter of fact there is no other way. Where you stand, where you are, that’s what your life is right there, regardless of how painful it is or how enjoyable it is. That’s what it is.”*