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Batch start date:24/11/2025

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Project title: *mindful companion*

Project link:

<https://vibe.wix.com/projects/f9e7f0be-3b29-4337-b4e1-9898bded0890/v/edi>

MINDFUL COMPANION



A trusted companion for mental wellness,
designed for rural communities with
multilingual support and offline access.

Find techniques, track your emotional
journey, and connect with support services
whenever you need them.

MINDFUL

MINDFUL COMPANION



START TRACKING

EXPLORE RESOURCES



MINDFUL COMPANION



YOUR WELLNESS TOOLS



MOOD TRACKER

Log daily emotions and track patterns
to better understand your wellness
journey.

EXPLORE →



Description

Helps people with stress, loneliness, exam pressure, depression tendencies

Useful for government schools, rural communities, NGOs, women groups

Thankyou

IBM & magic bus foundation